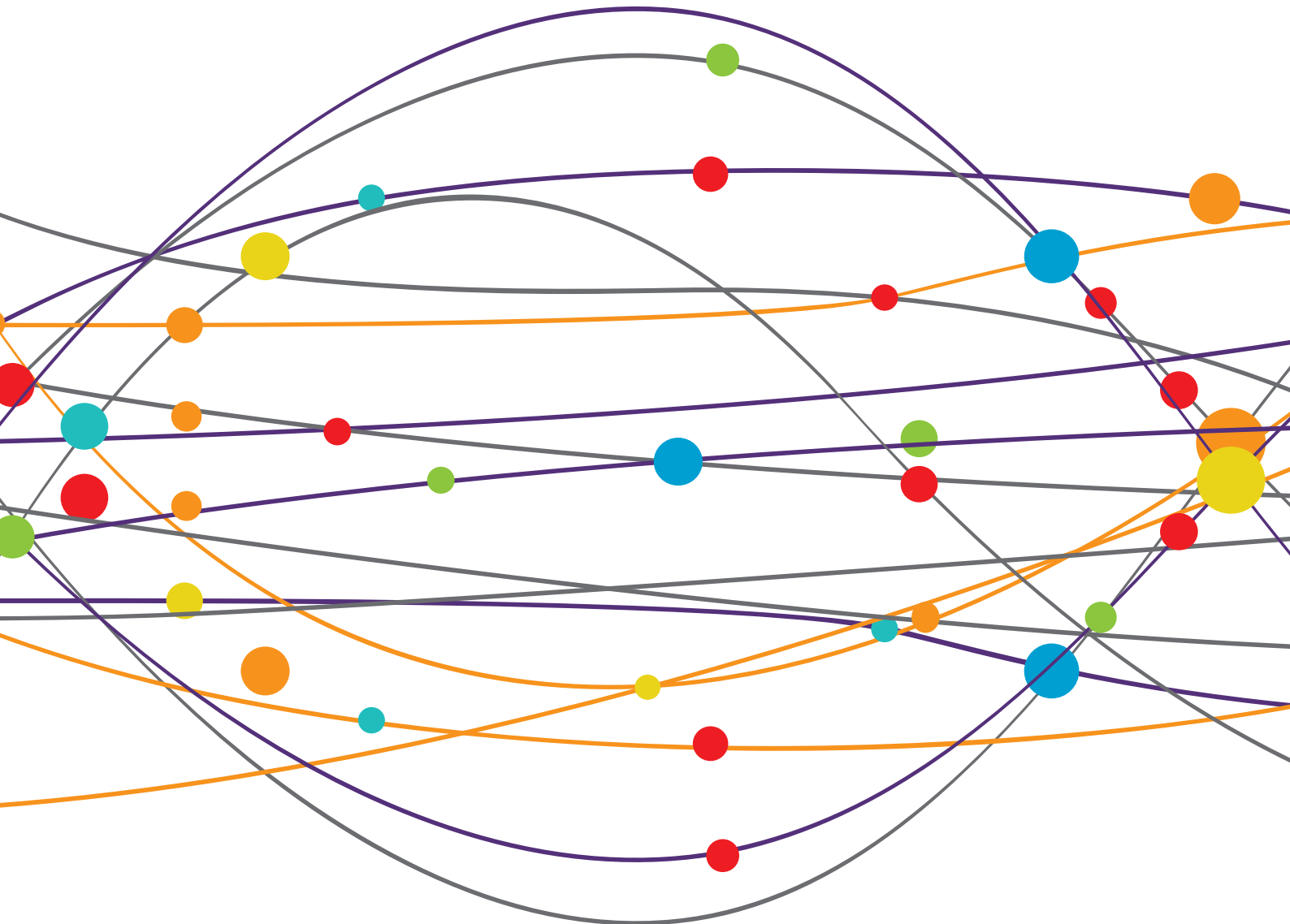


# PREDICTIVE IMAGABLE BIOMARKERS FOR BRAIN DISORDERS

EDITED BY: Pravat K. Mandal and Lars Erland

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# PREDICTIVE IMAGABLE BIOMARKERS FOR BRAIN DISORDERS

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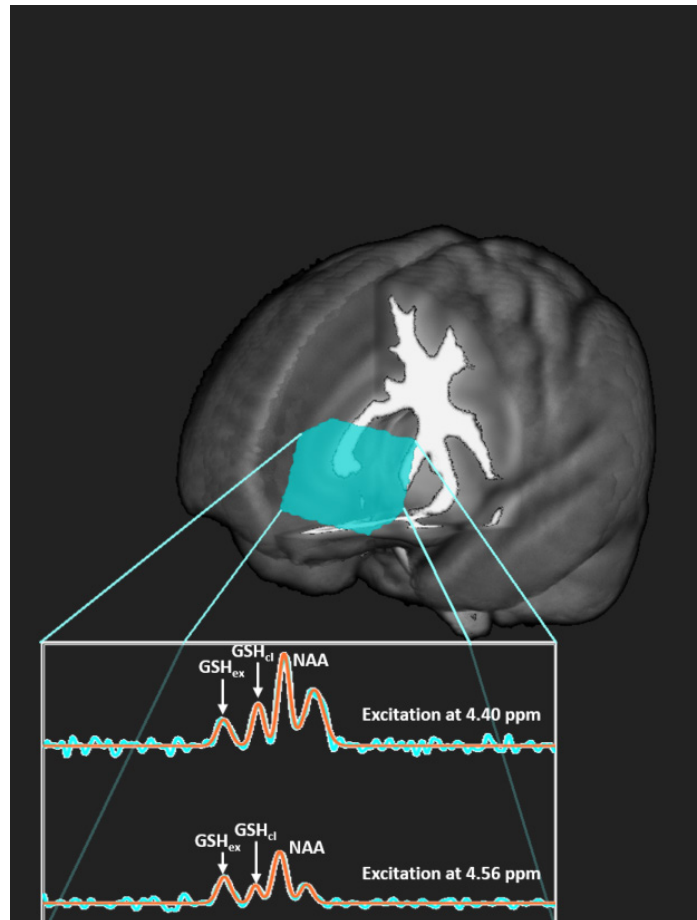


Image caption: Characterization of two glutathione (GSH) conformers (Extended and Closed forms) in the brain using MEGA-PRESS sequence.

Image credit: Dr. Praful P. Pai and Khushboo Punjabi, NBRC, India.

Recent research on Neurodegenerative disorders such as Alzheimer's Disease, Parkinson's Disease, etc. and Neuropsychiatric disorders such as Schizophrenia, has shown strong evidence that altered brain tissue structure, physiology, and connectivity reflect the extent of severity of behavioral and physical abnormalities. With the advancement of high field strength MR technologies like MRS (Magnetic Resonance Spectroscopy), fMRI (functional Magnetic Resonance Imaging) and DTI (Diffusion Tensor Imaging), it has become possible to non-invasively measure these changes brain microenvironment in terms of levels of antioxidants; neurotransmitters;

regional activity, susceptibility and connectivity during transition from healthy to pathological conditions, and during progression of disease stages.

Advanced Machine Learning (ML) and Statistical modeling algorithms are utilizing features extracted from multimodal MR based, neuropsychological and neurophysiological data to build classifiers that identify highly sensitive and specific biomarkers to aid in understanding the causal processes of these brain disorders and can be translated from bench to bedside clinical practices for non-invasive diagnostic testing. It is also important to have global clinical research data sharing platforms that utilize data mining and ML to identify early biomarkers and test the sensitivity of old ones from time to time with advancement in research.

This Research Topic updates the reader about the latest research in imagable biomarkers using MR methodologies and use of AI for testing the sensitivity of these biomarkers.

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# Table of Contents

- 06 Editorial: Predictive Imagable Biomarkers for Neurodegenerative and Neurodevelopmental Diseases**  
Pravat K. Mandal and Lars Erland

## **SECTION 1**

### **MULTI-MODAL IMAGING IN PREDICTING BIOMARKERS**

- 09 Combinatory Biomarker Use of Cortical Thickness, MUNIX, and ALSFRS-R at Baseline and in Longitudinal Courses of Individual Patients With Amyotrophic Lateral Sclerosis**  
Anna M. Wirth, Andrei Khomenko, Dobri Baldaranov, Ines Kobor, Ohnmar Hsam, Thomas Grimm, Siw Johannesen, Tim-Henrik Bruun, Wilhelm Schulte-Mattler, Mark W. Greenlee and Ulrich Bogdahn
- 20 Basal Forebrain Volume, but not Hippocampal Volume, is a Predictor of Global Cognitive Decline in Patients With Alzheimer's Disease Treated With Cholinesterase Inhibitors**  
Stefan J. Teipel, Enrica Cavedo, Harald Hampel and Michel J. Grothe for the Alzheimer's Disease Neuroimaging Initiative and Alzheimer Precision Medicine Initiative (APMI)
- 31 Beyond Dopamine: GABA, Glutamate, and the Axial Symptoms of Parkinson Disease**  
Ruth L. O'Gorman Tuura, Christian R. Baumann and Heide Baumann-Vogel
- 40 Decreased Gray Matter Volume of Right Inferior Parietal Lobule is Associated With Severity of Mental Disorientation in Patients With Mild Cognitive Impairment**  
Ayame Oishi, Takao Yamasaki, Ayako Tsuru, Motozumi Minohara and Shozo Tobimatsu
- 45 No Effects of Anodal tDCS on Local GABA and Glx Levels in the Left Posterior Superior Temporal Gyrus**  
Gerard E. Dwyer, Alexander R. Craven, Marco Hirnstein, Kristiina Kompus, Jörg Assmus, Lars Erland, Kenneth Hugdahl and Renate Grüner

## **SECTION 2**

### **ARTIFICIAL INTELLIGENCE AND MACHINE LEARNING IN PREDICTING IMAGABLE BIOMARKERS**

- 55 Corpus Callosum Radiomics-Based Classification Model in Alzheimer's Disease: A Case-Control Study**  
Qi Feng, Yuanjun Chen, Zhengluan Liao, Hongyang Jiang, Dewang Mao, Mei Wang, Enyan Yu and Zhongxiang Ding
- 62 BHARAT: An Integrated Big Data Analytic Model for Early Diagnostic Biomarker of Alzheimer's Disease**  
Ankita Sharma, Deepika Shukla, Tripti Goel and Pravat Kumar Mandal

## SECTION 3

### REVIEWS

- 69** *Understanding the Physiopathology Behind Axial and Radial Diffusivity Changes—What do we Know?*  
Pawel J. Winklewski, Agnieszka Sabisz, Patrycja Naumczyk, Krzysztof Jodzio, Edyta Szurowska and Arkadiusz Szarmach
- 75** *Parkinson's Disease: Biomarkers, Treatment, and Risk Factors*  
Fatemeh N. Emamzadeh and Andrei Surguchov
- 89** *Driving Ability in Alzheimer Disease Spectrum: Neural Basis, Assessment, and Potential Use of Optic Flow Event-Related Potentials*  
Takao Yamasaki and Shozo Tobimatsu



# Editorial: Predictive Imagable Biomarkers for Neurodegenerative and Neurodevelopmental Diseases

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**Keywords:** imagable biomarkers, neurodevelopmental, neurodegenerative, glutathione conformations, imaging techniques

## Editorial on the Research Topic

### Predictive Imagable Biomarkers for Neurodegenerative and Neurodevelopmental Diseases

In the last four decades, tremendous economic and technological development has helped to improve the quality of life and average life span has increased substantially. As a consequence, the number of people with much higher age is increasing and reports of aging associated disorders are multiplying due to various neurodegenerative disorders such as Alzheimer's, Parkinson's frontotemporal, dementia with Lewy body disease etc. The causal process of these neurodegenerative disorders is not known yet; however, oxidative stress is recognized to play an important role (1–3). At the same time, the number of cases with neurodevelopmental disorders [Autism Spectrum Disorders (ASD) (4), Epilepsy (5) and Attention Deficit Hyperactivity Disorder (6)] is increasing rapidly in the early part of the life due to multifactorial reasons. Two major health related issues in two distinct age groups need urgent attention to identify the causal process and subsequently a therapeutic development for cure.

The advancements in different imaging techniques [e.g., Magnetic Resonance Imaging (MRI), MR Spectroscopy (MRS), functional MRI (fMRI), functional MRS, Magnetic Encephalography, Diffusion Tensor Imaging etc.] provide various critical features for reliably predicting the individuals who will progress from asymptomatic pre-clinical phase to clinical phases.

In this context, it is critical to investigate the factors which may impact the brain microenvironment these could trigger the early causal processes. In neurodevelopmental and neurodegenerative disorders, the roles of various neurochemicals receptors or antioxidants and their abnormal modulations are getting huge attention for more in-depth research. Recently it was discovered that brain microenvironment has the role to modulate the two distinct conformations of glutathione (GSH), a major antioxidant involved in neutralizing harmful radicals (**Figure 1**). GSH exists in two conformational states (extended and closed form) in the brain (7, 10, 11). It is therefore paramount to identify novel imagable diagnostic biomarkers involving antioxidants, neurotransmitters and physiological parameters that can aid in discovering the causal processes of these brain disorders and can be translated into clinical practices for simplified diagnostic tests and advocating appropriate lifestyle changes to delay the onset of symptoms.

This special issue has a total of ten articles from various laboratories. Mandal and co-workers have developed a Hadoop-based big data framework (BHARAT) integrating non-invasive MRI, MRS as well as neuropsychological test outcomes to identify early diagnostic biomarkers of AD. The framework for AD incorporates the three “V”s (volume, variety and velocity) with advanced data mining, machine learning, and statistical modeling algorithms Sharma et al.

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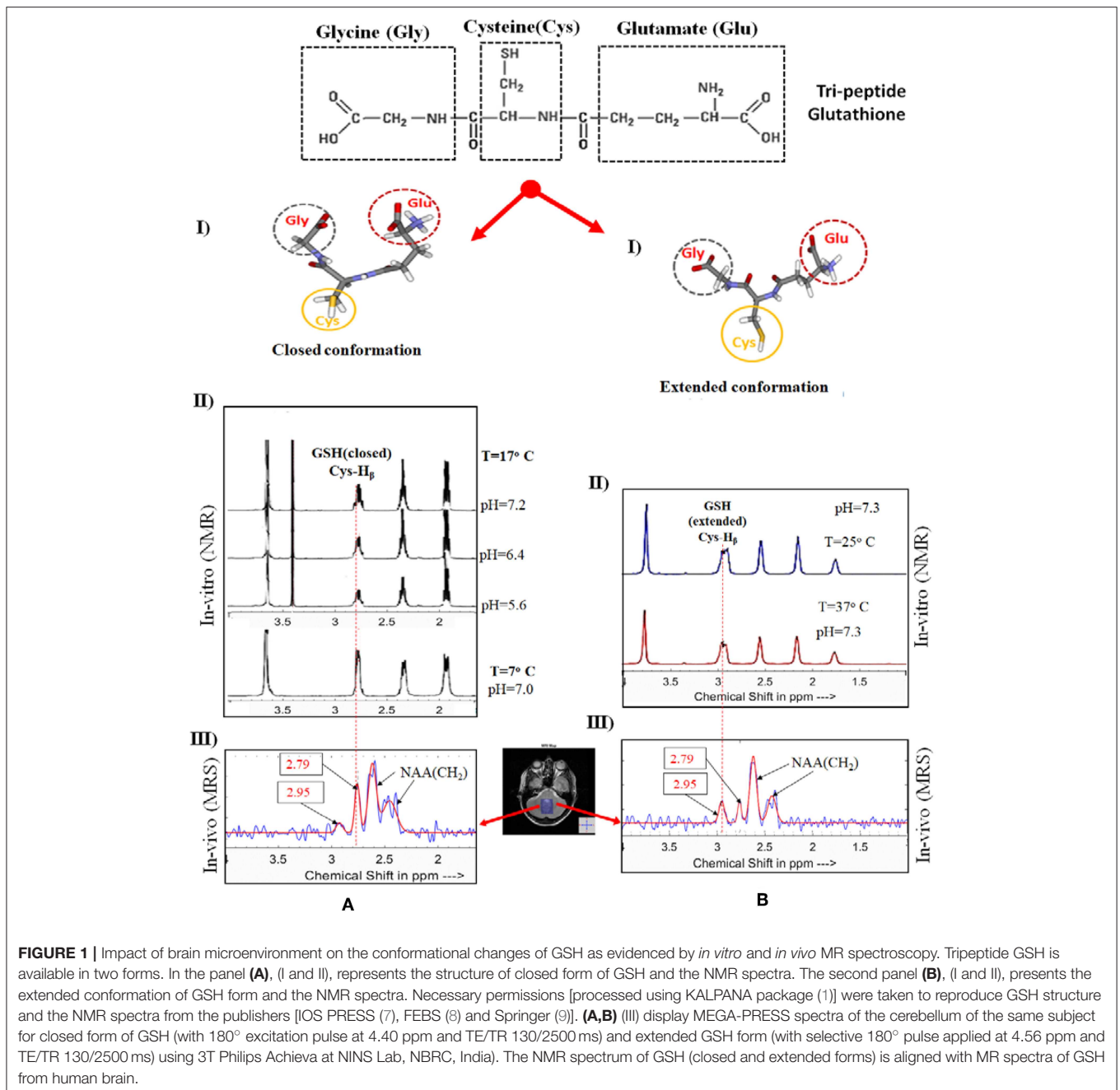
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Feng et al. have used corpus callosum (CC) radiomic features related to the diagnosis of AD. They have aimed to identify the CC radiomic features related to the diagnosis of AD and build classification model based on machine learning for the diagnosis of AD.

Teipel et al. have used MRI and cognitive data from 124 patients, derived from ANDI-1 cohort (follow up period 0.4–3.1 years). They conclude that basal forebrain volume, but not hippocampus volume, is a significant predictor of rates for global cognitive decline to predict subsequent cognitive decline during cholinergic treatment.

Yamasakhi et al. have studied the driving ability in the Alzheimer's Disease Spectrum (ADS) and have hypothesized that

feasibility of event-related potentials can be a possible predictive biomarker of driving ability in ADS. Interestingly, even in the early stage of the disease, patients with ADS are characterized by the impairment of visuospatial function such as radial optic flow perception related to self-motion perception.

Oishi et al., using functional MRI, found a significant relationship between low Gray Matter (GM) volume in the right inferior parietal lobule (IPL) and severity of mental disorientation. They hypothesize that right IPL is responsible for mental disorientation in amnesic MCI (aMCI) based on voxel-based morphometry. A significant decreased GM volume has been found in the right IPL, which correlates with lower orientation scores on the COGNISTAT cognitive testing tool.

O’Gorman Tuura et al. have investigated the relationship between the axial symptoms of PD and GABA and glutamate levels have quantified using MRS (PD patients  $N = 20$  and 17 healthy control). The study showed associations between GABA and Glx and axial symptoms scores are typically more prominent in akinetic-rigid patients than in tremor-dominant patients.

Emamzadeh et al. have presented various risk factors for PD and PD treatment options. Potential risk factors include environmental toxins, drugs, pesticides, brain microtrauma, focal cerebrovascular damage, and genomic defects. Conventional pharmacological treatment of PD is based on the replacement of dopamine using dopamine precursors (levodopa, L-DOPA, L-3,4 dihydroxyphenylalanine), dopamine agonists (amantadine, apomorphine) and MAO-B inhibitors (selegiline, rasagiline), which can be used alone or in combination with each other.

Amyotrophic lateral sclerosis (ALS) is a progressive neurodegenerative process affecting upper and lower motor neurons as well as non-motor systems. Wirth and coworkers report the precentral and postcentral cortical thinning detected by structural MRI combined with clinical (ALS-specific functional rating scale revised, ALSFRS-R) and neurophysiological (motor unit number index, MUNIX) biomarkers in both cross-sectional and longitudinal analyses. Their study concludes that a combinatory use of structural MRI, neurophysiological and clinical biomarkers allows for an appropriate and detailed assessment of clinical state and course of disease of ALS Wirth et al.

Dwyer et al. have reported that no significant changes in GABA, Glx, or NAA levels are observed as a result of anodal stimulation, or between active and sham stimulation, suggesting that a single session of anodal tDCS to the pSTG may be less effective than in other cortical areas.

Winklewski et al. report that DTI can reveal strategic information with respect to white matter tracts, disconnection

mechanisms, and related symptoms. Axial and radial diffusivity are likely to provide quite consistent information in healthy subjects, and in pathological conditions with limited edema and inflammatory changes. DTI remains one of the most promising non-invasive diagnostic tools in medicine.

It is our sincere efforts to bring the latest research from leading laboratories to enrich the area, and we believe that multi-centric research collaboration could immensely help to identify various factors responsible for brain microenvironment changes. These critical features can be used in big data analytics, and it should subsequently help in setting a successful clinical trial (9, 12).

## AUTHOR CONTRIBUTIONS

PKM conceptualized the idea and wrote the first draft. LE discussed and participated in the draft finalization. The final version was approved by both authors.

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# Combinatory Biomarker Use of Cortical Thickness, MUNIX, and ALSFRS-R at Baseline and in Longitudinal Courses of Individual Patients With Amyotrophic Lateral Sclerosis

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**Objective:** Amyotrophic lateral sclerosis (ALS) is a progressive neurodegenerative process affecting upper and lower motor neurons as well as non-motor systems. In this study, precentral and postcentral cortical thinning detected by structural magnetic resonance imaging (MRI) were combined with clinical (ALS-specific functional rating scale revised, ALSFRS-R) and neurophysiological (motor unit number index, MUNIX) biomarkers in both cross-sectional and longitudinal analyses.

**Methods:** The unicenter sample included 20 limb-onset classical ALS patients compared to 30 age-related healthy controls. ALS patients were treated with standard Riluzole and additional long-term G-CSF (Filgrastim) on a named patient basis after written informed consent. Combinatory biomarker use included cortical thickness of atlas-based dorsal and ventral subdivisions of the precentral and postcentral cortex, ALSFRS-R, and MUNIX for the musculus abductor digiti minimi (ADM) bilaterally. Individual cross-sectional analysis investigated individual cortical thinning in ALS patients compared to age-related healthy controls in the context of state of disease at initial MRI scan. Beyond correlation analysis of biomarkers at cross-sectional group level ( $n = 20$ ), longitudinal monitoring in a subset of slow progressive ALS patients ( $n = 4$ ) explored within-subject temporal dynamics of repeatedly assessed biomarkers in time courses over at least 18 months.

**Results:** Cross-sectional analysis demonstrated individually variable states of cortical thinning, which was most pronounced in the ventral section of the precentral cortex. Correlations of ALSFRS-R with cortical thickness and MUNIX were detected. Individual longitudinal biomarker monitoring in four slow progressive ALS patients revealed evident differences in individual disease courses and temporal dynamics of the biomarkers.



**Conclusion:** A combinatory use of structural MRI, neurophysiological and clinical biomarkers allows for an appropriate and detailed assessment of clinical state and course of disease of ALS.

**Keywords:** amyotrophic lateral sclerosis, magnetic resonance imaging, cortical thickness, MUNIX, ALSFRS-R

## INTRODUCTION

Amyotrophic lateral sclerosis (ALS) is a rapidly progressive neurodegenerative disorder affecting upper and lower motor neurons as well as non-motor systems (1). The degeneration of motor neurons results in muscular fasciculation, progressive weakness, and eventual paralysis (2). Average survival in ALS is 3–5 years, but patients evidently vary in phenotype and disease progression (2, 3). The great clinical heterogeneity in ALS is reflected by different phenotypes with variability regarding the involvement of upper motor neuron (UMN) and lower motor neuron (LMN) signs, site of onset (bulbar, limb), rate of progression, and involvement of neurobehavioral deficits (2, 4). Therefore, clinical and biological biomarkers are helpful in describing disease severity and progression (3).

Magnetic resonance imaging (MRI) has produced potential biomarkers that clarify the role of brain structure and function in the progress of the disease (5, 6). In structural morphometric studies, cortical thickness compared to surface and volume was most sensitive to disease-related changes (7). A variety of studies investigating structural surface-based morphometry showed reduced cortical thickness primarily in the precentral cortex (8–16). Cortical thinning was not restricted to the primary motor cortex. Several studies reported cortical thinning to spread to non-motor cortex areas like the temporal, frontal, parietal, and postcentral cortex (8, 10, 15). However, not all published MRI studies detected alterations in the cortical thickness (17) or cortical volume (18, 19) of the precentral cortex of ALS patients. Essentially, precentral cortical thinning was reported to be focal, and dependent on the clinical phenotype, rate of progression, and age (8, 11, 13). Additionally, several longitudinal MRI studies revealed no further cortical thinning of the precentral cortex in the course of disease (9, 14–17).

In addition to MRI, clinical and electrophysiological biomarkers are among the most currently used and prominent biomarkers (20). The widely used ALS-specific functional rating scale revised (ALSFRS-R) and its subscales are correlated with survival (3). However, correlations between precentral cortical thickness and ALSFRS-R scores were rather weak

(10, 21) or not detected in several neuroimaging studies so far (9, 12, 13, 16, 22). While MRI is considered a suitable biomarker for UMN function, neurophysiological motor unit number estimation (MUNE) and motor unit number index (MUNIX) are treated as biomarkers for the estimation of functional lower motor units (23, 24). MUNE is calculated from the division of maximal compound muscle action potential (CMAP) by the mean surface single motor unit action potential (SMUP) (25). In contrast, MUNIX is derived from a mathematical model based on CMAP and electromyographic surface interference patterns (SIP) (26). MUNE and MUNIX scores are inter-correlated in ALS patients (23). As the acquisition of MUNIX is easier and less time consuming than that of MUNE, MUNIX has become a promising biomarker of motor unit loss (27, 28). MUNIX scores were correlated with ALSFRS-R scores (26), but they declined faster than ALSFRS-R scores over time in ALS patients (29). Only few studies investigated the relationship between neurophysiological biomarkers and cortical thickness and failed to find a significant correlation with MUNE or other motor evoked potential indices (21, 30). To our knowledge, no published study investigated correlations between cortical thickness and MUNIX as a biomarker potentially affected by both lower and UMN function (23).

Aim of the study was to investigate individual states of cortical thinning of the precentral and postcentral cortex in a limb-onset ALS sample with respect to young-onset, and slow disease progression. It is the first study to analyze combinatory biomarker use of MRI cortical thickness, neurophysiological MUNIX, and routine ALSFRS-R in both cross-sectional group analysis of the whole sample, and in longitudinal monitoring exploring differences in temporal dynamics between biomarkers in a subgroup of slow progressive ALS patients.

## MATERIALS AND METHODS

### Participants

Cross-sectional group analysis included 20 limb-onset classical ALS patients (5 females,  $M = 48$  years,  $SD = 11$ ) compared to 30 age-related healthy controls (14 females,  $M = 45$  years,  $SD = 13$ ). Mean age of ALS patients was lower than that reported in other ALS studies, as the sample included several young-onset patients. Mean ALSFRS-R score across all 20 patients at the time point of first MRI scan was 36 score points ( $SD = 8$ ; range: 23–48). The sample included both slow and fast progressive ALS patients indicated by disease progression rates ( $M = 0.51$ ,  $SD = 0.27$ ; range: 0.00–1.00). The presence of both UMN and LMN signs in all patients allowed no clear differentiation in UMN or LMN predominance of disease. Patients' characteristics are

**Abbreviations:** ADM, abductor digiti minimi; ALS, amyotrophic lateral sclerosis; ALSFRS-R, ALS-specific functional rating scale revised; CMAP, compound muscle action potential; G-CSF, granulocyte-colony stimulating factor; LMN, lower motor neuron; MNI, Montreal Neurological Institute; MPRAGE, magnetization prepared rapid gradient echo sequence; MRI, magnetic resonance imaging; MUNE, motor unit number estimation; MUNIX, motor unit number index; PoD, postcentral dorsal; PoV, postcentral ventral; PreD, precentral dorsal; PreV, precentral ventral; ROI, region of interest; SIP, surface interference pattern; SMN, sensorimotor network; SMUP, single motor unit potential; UMN, upper motor neuron.

**TABLE 1** | Patients' characteristics at baseline.

#	Range of age	ALSFRS-R [0 48]	MUNIX left	MUNIX right	Time span since onset	Onset	Progression rate
1	21–25	30	6.63	10.43	49	Arm	0.37
2	26–30	35	8.20	29.21	28	Arm	0.46
3	31–35	24	6.94	2.83	28	Leg	0.86
4	41–45	24	*	*	28	Leg	0.86
5	41–45	41	54.12	38.00	19	Leg	0.37
6	41–45	28	4.85	0.70	38	Arm	0.53
7	41–45	46	*	*	16	Arm	0.13
8	46–50	39	138.40	41.88	56	Leg	0.16
9	46–50	48	170.10	187.30	19	Leg	0.00
10	46–50	24	48.37	18.51	24	Arm	1.00
11	46–50	46	213.60	193.00	3	Leg	0.67
12	46–50	40	114.50	97.18	21	Leg	0.38
13	46–50	38	*	*	25	Leg	0.40
14	51–55	42	27.25	21.62	7	Arm	0.86
15	51–55	35	*	*	33	Leg	0.39
16	56–60	38	123.90	101.60	29	Leg	0.34
17	56–60	44	126.90	0.00	13	Leg	0.31
18	61–65	42	83.10	119.00	10	Leg	0.60
19	61–65	24	12.34	9.66	33	Leg	0.73
20	66–70	21	6.94	2.83	36	Leg	0.75

Summary of baseline characteristics of all 20 limb-onset ALS patients including age (in ranges of years), ALSFRS-R sum score upon initial MRI scan (48 in clinical non affected), neurophysiological MUNIX scores for left and right ADM upon initial MRI scan, the length of time span between symptom onset and initial MRI scan in months, onset of disease (arm, leg), and progression rate. In four out of 20 ALS patients (marked with \*), neurophysiological assessment was still conducted using MUNE technique (patient 4: left MUNE = 2, right MUNE = 1; patient 7: left MUNE = 3, MUNE right = 77; patient 13: left MUNE = 275, right MUNE = 85; patient 15: left MUNE = 240, right MUNE = 120). No MUNIX scores were obtained in these four patients. Progression rates were calculated by  $[48 - \text{ALSFRS-R sum score}] / \text{months since symptom onset}$ ; see (8). Neuropsychological assessment using the Edinburgh Cognitive and Behavioral ALS Screen (ECAS) was conducted only in patient 3 (129/136 score points) and patient 9 (100/136 score points).

summarized in **Table 1**. These included age (in ranges of years), ALSFRS-R sum scores and neurophysiological MUNIX scores for left and right ADM upon initial MRI scan, time interval between symptom onset and initial T1 MRI scan (in months), onset of disease (arm, leg), and progression rates  $[(48 - \text{ALSFRS-R}) / \text{months since symptom onset}]$  (8). Genetic background of ALS was exhibited in one patient only (patient 8). All other patients were diagnosed as sporadic ALS.

All patients received standard Riluzole treatment and additional G-CSF (granulocyte-colony stimulating factor, Filgrastim) treatment on a named patient basis. Application modes and doses of G-CSF were individually adapted, treatment duration was up to 7 years. For safety and monitoring of progression, structural MRI and MUNIX were assessed every 3 months. ALSFRS-R scores were acquired monthly, but were integrated in the analysis only at the time points of MRI scanning. MRI cortical thickness was combined with ALSFRS-R sum scores, and MUNIX scores for left and right ADM in both cross-sectional analysis and longitudinal biomarker monitoring.

The unicenter project was carried out in accordance with the Declaration of Helsinki (31) and approved by the ethics committee at the University of Regensburg (ethics approval: 15-101-0106). Written informed consent was obtained prior to participation in all participants.

## Data Acquisition

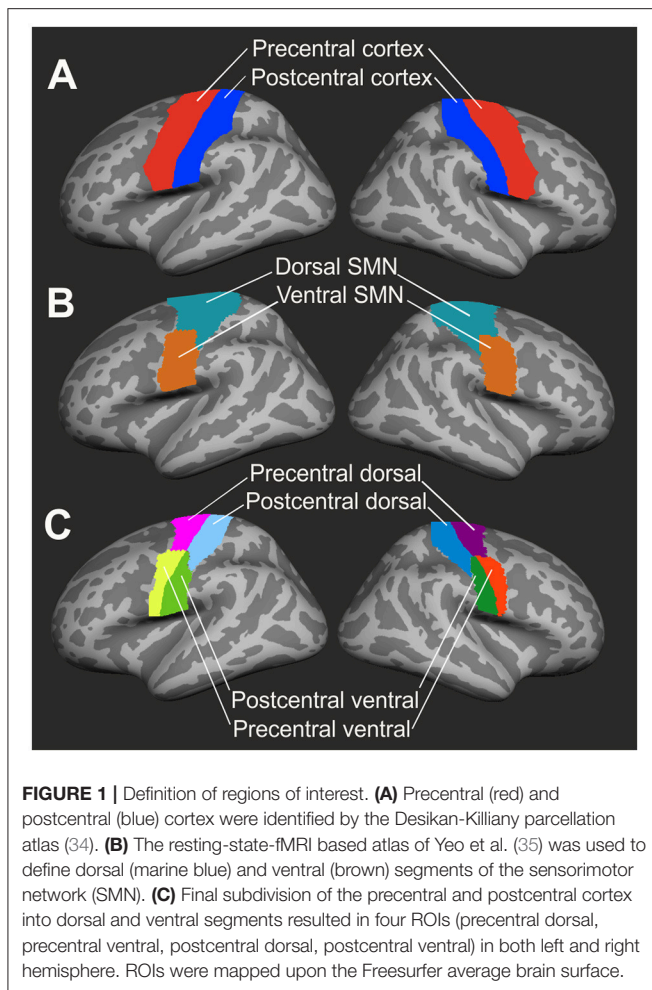
Structural MRI was conducted at a 1.5 Tesla clinical scanner (Aera, Siemens Medical, Erlangen, Germany). For each patient, a high-resolution T1-weighted structural scan was obtained by a magnetization prepared rapid gradient echo sequence (MPRAGE; time-to-repeat TR: 2220 ms, time-to-echo TE: 5.97 ms, flip angle FA: 15°, voxel size:  $1 \times 1 \times 1 \text{ mm}^3$ , field of view FOV:  $256 \times 256 \text{ mm}^2$ , 176 sagittal slices covering the whole brain).

MUNIX estimates the number of motor units in a muscle by a mathematical algorithm involving both the compound muscle action potentials (CMAP) and the continuous electromyographic surface interference pattern (SIP) of the muscles (23, 27). In contrast to original MUNIX, MUNIX recordings of this project implicated continuous SIP recordings during increasing muscle contraction. SIP data were modified by baseline correction, filter settings, rectifications, and SIP intervals. Artifacts were corrected by exclusion of SIP intervals below a specified baseline threshold. As MUNIX was introduced more recently as a neurophysiological biomarker, four out of 20 ALS patients received the assessment of MUNE only (see **Table 1**).

## MRI Data Preprocessing

T1-weighted structural images were reconstructed by Freesurfer software version 5.3 (Martinos Center for Biomedical Imaging,





Charlestown, MA). The reconstruction procedure included automatic segmentation of gray matter and subcortical white matter (32) and tessellation and registration of the cortical surface to a spherical atlas (33). For group analysis, T1-weighted images of the 20 individual patients' brains were registered to the Freesurfer average structural brain by using the Freesurfer linear and non-linear image registration tools (FLIRT, FNIRT).

## ROI Definition

Cortical thickness analysis focused on precentral and postcentral regions of interest (ROI) as defined by the Desikan-Killiany parcellation atlas [(34); see Figure 1A]. Dorsal and ventral subdivisions of the sensorimotor network were defined by a resting-state-functional MRI (fMRI) data-based atlas (35) in volumetric MNI (Montreal Neurological Institute) space. These ROIs were subsequently registered to the Freesurfer volumetric space and then to the Freesurfer average brain surface (see Figure 1B). As all ROIs were mapped upon the Freesurfer average brain space, ROIs were identically sized in each patient and healthy control.

## Computation of Cortical Thickness

Cortical thickness was computed according to a workflow recommended by Freesurfer software. Individual surface-based cortical thickness data were mapped upon the Freesurfer average brain surface. By the use of a segmentation statistical tool of Freesurfer software, cortical thickness in each of the four ROIs (PreD: precentral dorsal, PreV: precentral ventral, PoD: postcentral dorsal, PoV: postcentral ventral, see Figure 1C) was calculated and extracted as a mean value across vertices.

## Cross-Sectional Group Analysis

Group-analysis of mean cortical thickness was conducted using a repeated measures ANOVA with the within-subject factors region (PreD, PreV, PoD, PoV) and hemisphere (left vs. right), and the between-subject factors group (ALS vs. controls), gender (male vs. female), and the covariate age. Differences in cortical thickness between regions were investigated by paired *t*-tests and differences between patients and controls were analyzed using independent-samples *t*-tests. *T*-tests were corrected by Bonferroni correction. Correlation analyses were conducted to investigate relations between cortical thickness, ALSFRS-R sum scores and subscores, and MUNIX by the Bravais-Pearson correlation coefficient. Significance level was set to  $p < 0.05$ . Multiple comparison errors were controlled by Bonferroni correction procedure in *post-hoc* analyses.

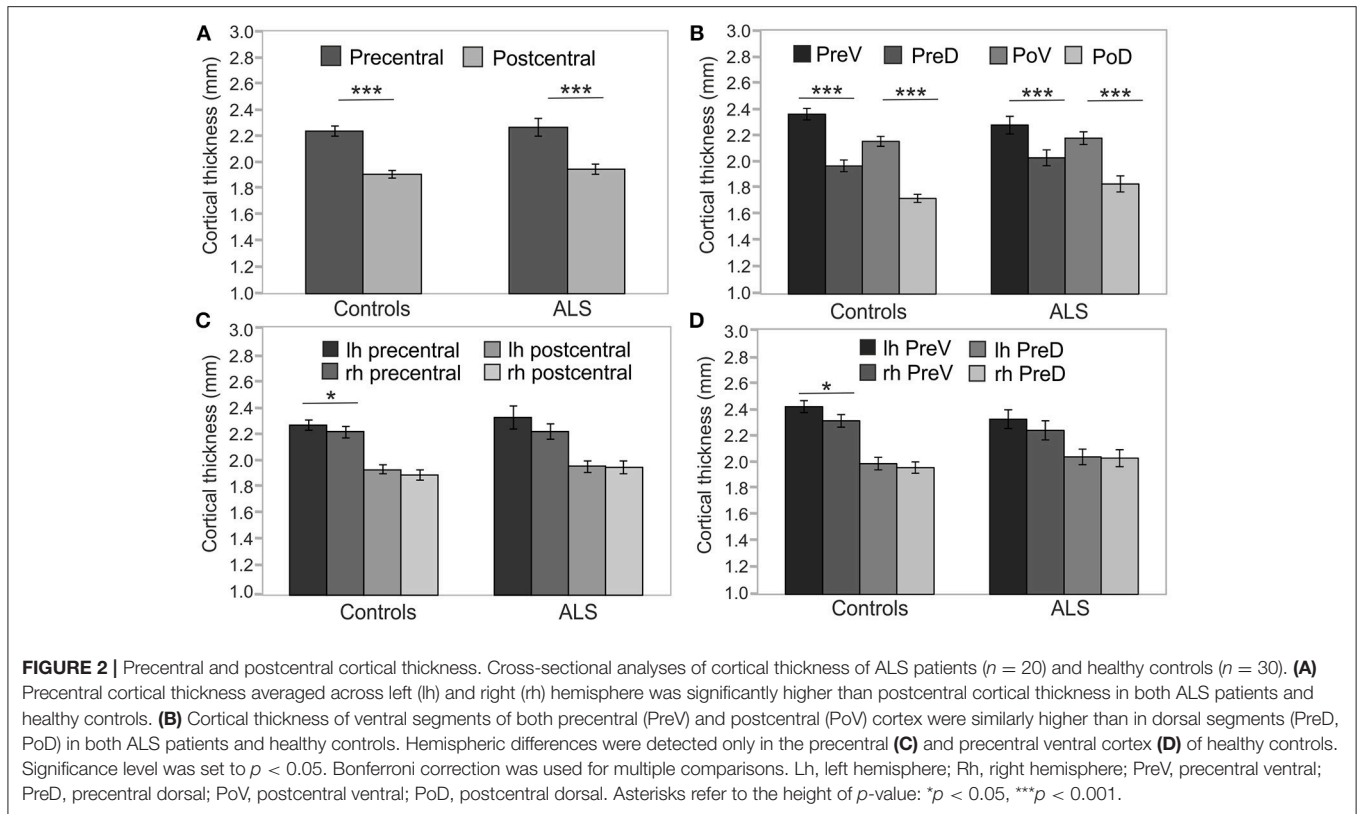
## Individual Cortical Thickness Analysis

In addition to cross-sectional group analysis, this project focused on the interindividual variability of cortical thinning. For this purpose, we compared the cortical thickness of all 20 patients to age-related controls, resulting in individual *z*-transformed deviations of cortical thickness from healthy control level. As age effects on cortical thickness are well described (36), ALS patients were compared to one out of two possible age groups. Based on the mean age of ALS patients, the 30 healthy controls were differentiated into two comparably sized subgroups (1: age  $< 48$  years,  $n = 17$ ; 2: age  $\geq 48$  years,  $n = 13$ ). Furthermore, *z*-transformed deviations of cortical thickness from healthy controls as well as biomarkers MUNIX and ALSFRS-R were monitored in four individual slow progressive ALS patients over a time course of at least 18 months (patient 1, 2, 8, 9, see Table 1). All other patients exhibited MRI time courses of a maximum of 9 months only (3 scans:  $n = 2$ ; 2 scans  $n = 6$ ; 1 scan:  $n = 8$ ) due to high disability and lack of T1 MRI data.

## RESULTS

### Cross-Sectional Group Analysis

As Mauchly's test indicated that the assumption of sphericity was violated [ $\chi^2_{(5)} = 22.42$ ,  $p < 0.001$ ], degrees of freedom were corrected using Greenhouse-Geisser estimates of sphericity ( $\epsilon = 0.79$ ). Cortical thickness was not significantly different between patients and healthy controls [ $F_{(1, 45)} = 1.314$ ;  $p = 0.258$ ] at cross-sectional group level. Cortical thickness significantly varied across cerebral regions [ $F_{(3, 135)} = 23.351$ ,  $p < 0.001$ ] and with respect to age [ $F_{(1, 45)} = 21.776$ ,  $p < 0.001$ ]. Cortical thickness was significantly higher in precentral than in



postcentral regions in both ALS patients [ $T_{(19)} = 8.584$ ,  $p < 0.05$ , corrected], and healthy controls [ $T_{(29)} = 16.521$ ,  $p < 0.05$ , corrected] (**Figure 2A**). Ventral subdivisions of precentral and postcentral cortex showed greater cortical thickness than dorsal subdivisions in both ALS patients [ $T_{(19)} = 9.906$ ,  $p < 0.05$ , corrected] and healthy controls [ $T_{(29)} = 12.389$ ;  $p < 0.05$ , corrected] (**Figure 2B**). The ANOVA revealed no significant main effect of hemisphere, as significant hemispheric differences in cortical thickness were restricted to the precentral [ $T_{(29)} = 3.445$ ,  $p < 0.05$ , corrected] (**Figure 2C**) and precentral ventral cortex [ $T_{(29)} = 3.596$ ,  $p < 0.05$ , corrected] of healthy controls (**Figure 2D**). ALSFRS-R sum scores correlated with cortical thickness of the precentral ventral cortex ( $r = 0.570$ ,  $p = 0.009$ ) and the postcentral ventral region ( $r = 0.481$ ,  $p = 0.032$ ). Cortical thickness did not significantly correlate with MUNIX scores for left and right ADM in any ROI. MUNIX scores for the left ( $r = 0.767$ ,  $p < 0.05$ , corrected) and right ( $r = 0.791$ ,  $p < 0.05$ , corrected) ADM correlated with ALSFRS-R sum scores. Highest correlations of cortical thickness with ALSFRS-R subscores were found for turning (PreV:  $r = 0.501$ ,  $p = 0.024$ ; PoV:  $r = 0.652$ ,  $p = 0.002$ ), walking (PoV:  $r = 0.603$ ,  $p = 0.005$ ), and cutting (PreV:  $r = 0.453$ ,  $p = 0.045$ ). MUNIX scores predominantly correlated with ALSFRS-R subscores on handwriting (left ADM:  $r = 0.637$ ,  $p = 0.008$ ; right ADM:  $r = 0.678$ ,  $p = 0.005$ ), cutting (left ADM:  $r = 0.840$ ,  $p < 0.001$ ; right ADM:  $r = 0.834$ ,  $p < 0.001$ ), dressing (left ADM:  $r = 0.793$ ,  $p < 0.001$ , right ADM:  $r = 0.806$ ,  $p < 0.001$ ), turning (left ADM:  $r = 0.609$ ,  $p = 0.012$ ; right ADM:  $r = 0.663$ ,  $p = 0.007$ ), and climbing stairs (left ADM:

$r = 0.563$ ,  $p = 0.023$ ; right ADM:  $r = 0.611$ ,  $p = 0.016$ ). ALS patients were separated *post-hoc* in arm-onset ( $n = 7$ ) and leg-onset ( $n = 13$ ) groups. Arm-onset patients showed significantly lower MUNIX scores for ADM (left:  $M = 19$ ,  $SD = 19$ ; right:  $M = 16$ ,  $SD = 11$ ) than leg-onset patients (left:  $M = 95$ ,  $SD = 69$ ; right:  $M = 72$ ,  $SD = 72$ ) [left ADM:  $T_{(14)} = -3.399$ ,  $p < 0.05$ , corrected; right ADM:  $T_{(14)} = -2.506$ ;  $p = 0.029$ ]. Arm-onset and leg-onset patients did not significantly differ in disease progression, ALSFRS-R sum scores and subscores.

## Variability of Cortical Thinning

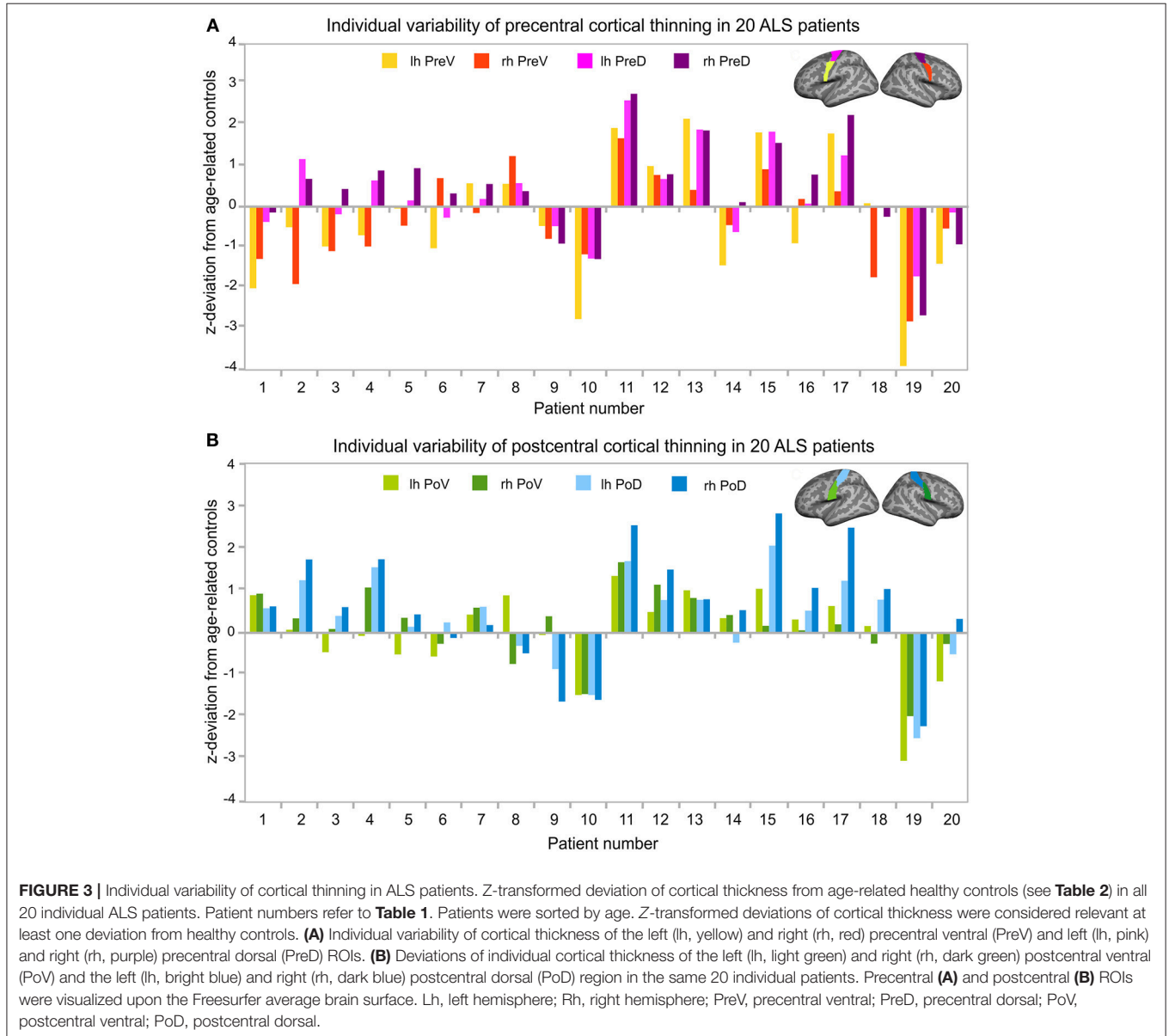
Thirty healthy controls were differentiated into two groups of age (1. age  $< 48$  years, 2. age  $\geq 48$  years, see section Individual Cortical Thickness Analysis). In each of the two subgroups, means of cortical thickness of all precentral and postcentral ROIs (see **Table 2**) were calculated. These mean values were used as reference values for the calculation of  $z$ -transformed deviations of ROI-specific cortical thickness of individual ALS patients (for patient numbers see **Table 1**) from healthy control level.

Cortical thickness alterations below at least one deviation from healthy control level were detected in eleven out of twenty patients (patients 1, 2, 3, 4, 6, 10, 14, 16, 18, 19, 20) and marginally indicated in two patients (patients 5, 9). Cortical thinning was primarily observed in the precentral cortex, especially in the ventral segment (**Figure 3A**). Most pronounced cortical thinning in all precentral ROIs was detected in patient 10 and patient 19. Leg-onset patient 19 was characterized by older age (range: 61–65 years), low ALSFRS-R score (24 score points), low MUNIX

**TABLE 2** | References values of cortical thickness.

		Lh PreV (mm)	Rh PreV (mm)	Lh PreD (mm)	Rh PreD (mm)	Lh PoV (mm)	Rh PoV (mm)	Lh PoD (mm)	Rh PoD (mm)
1	M	2.542	2.442	2.106	2.068	2.276	2.205	1.804	1.798
	SD	0.205	0.139	0.194	0.158	0.165	0.188	0.158	0.163
2	M	2.249	2.132	1.827	1.807	2.072	2.016	1.663	1.584
	SD	0.184	0.275	0.242	0.232	0.198	0.244	0.141	0.145

Cortical thickness (mm) of healthy control participants subdivided into two age groups (1: age <48 years, 2: age ≥48 years). Mean age of the two subgroups: Group 1: M = 36, SD = 7, n = 17; Group 2: M = 52, SD = 15, n = 13. Lh, left hemisphere; Rh, right hemisphere; PreV, precentral ventral; PreD, precentral dorsal; PoV, postcentral ventral; PoD, postcentral dorsal.



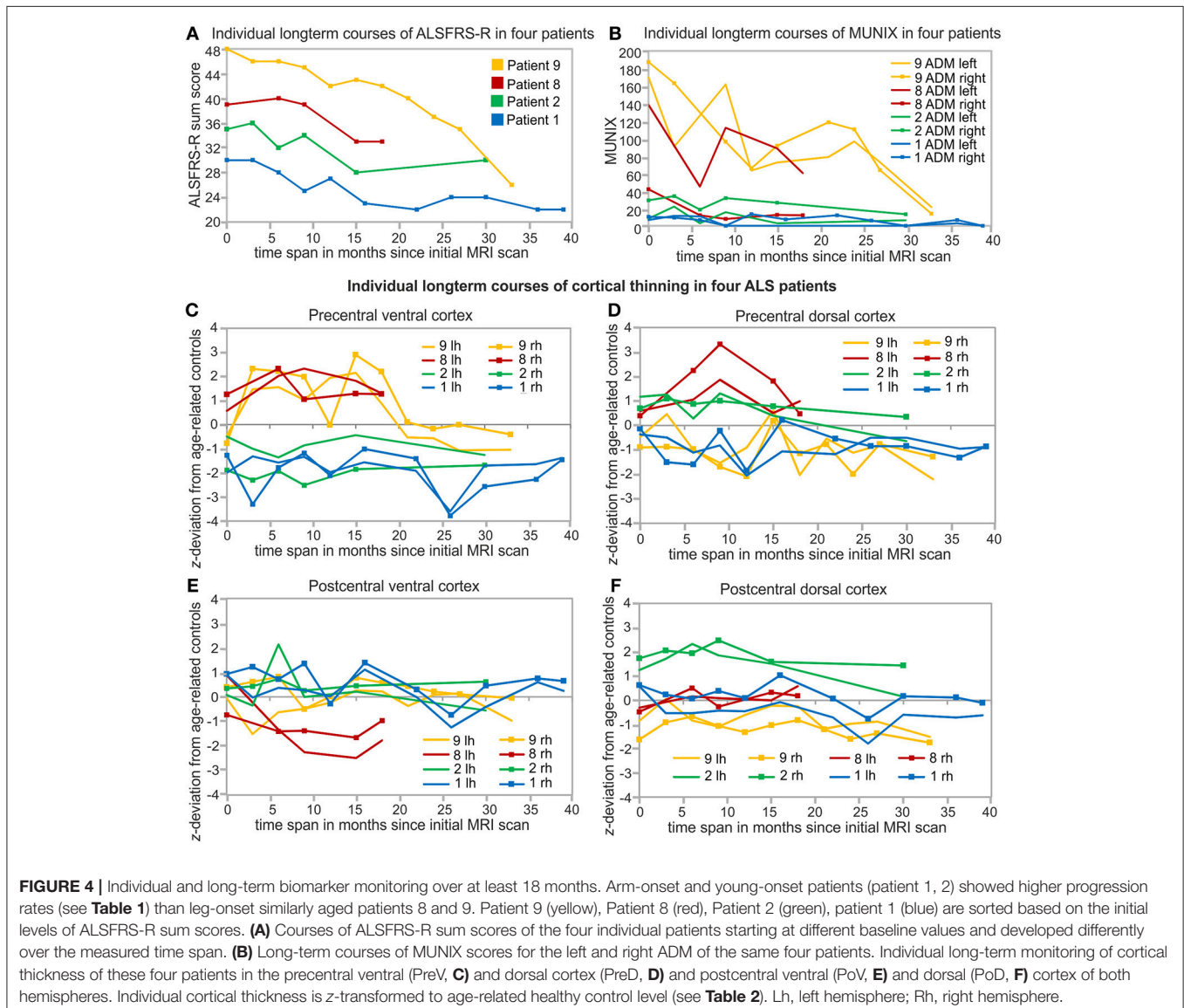
scores of ADM, and high disease progression rate (0.73). Patient 10 was much younger (range: 46–50 years), but showed low ALSFRS-R score (24 score points), and the highest progression

rate (1.00) of the entire patient sample (see **Table 1**). The two youngest ALS patients (patients 1–2, age ranges: 21–25 and 26–30 years) shared similar patterns of cortical thinning, similar mode

of disease (arm-onset), low ALSFRS-R scores, low MUNIX scores for ADM, and similar disease progression rates (see **Table 1**, see **Figure 3A**). Cortical thinning in the postcentral cortex was detected in four patients (patients 9, 10, 19, 20; **Figure 3B**). Three out of these four patients also exhibited evident precentral cortical thinning. Leg-onset patient 9 stood out of the sample with the highest ALSFRS-R score, high MUNIX scores for ADM, lowest progression rate (0.00), and more pronounced cortical thinning of the postcentral cortex than of the precentral cortex. Increased levels of cortical thickness above healthy control level were more prominent in the postcentral cortex than in the precentral cortex. Seven patients exhibited unremarkable levels of cortical thickness (patients 7, 8, 11, 12, 13, 15, 17). Six (patients 7, 8, 12, 13, 15, 17) out of these seven patients exhibited disease progression rates less or equal to 0.40 (see **Table 1**).

## Longitudinal Monitoring of Cortical Thickness, ALSFRS-R, and MUNIX

Repeated long-term follow-up T1 MRI data exceeding 18 months were available in two leg-onset patients (patients 8, 9) and two arm-onset patients (patients 1, 2). The four patients presented different initial levels and longitudinal courses of ALSFRS-R sum scores (**Figure 4A**), MUNIX scores (**Figure 4B**), and cortical thickness alterations (**Figures 4C–F**). Both patients 1 and 2 have in common young-onset (21–30 years), arm-onset diagnosis, low levels of ALSFRS-R scores (patient 1: 30 score points, patient 2: 35 score points) upon first MRI scan, low MUNIX scores for left and right ADM (see **Table 1**), and similar progression rates (patient 1: 0.37, patient 2: 0.46). In both patients, ALSFRS-R sum scores decreased over time (patient 1: blue; patient 2: green; **Figure 4A**). In contrast, MUNIX for left and right ADM stagnated at low level (patient 1: blue; patient 2: green;





**Figure 4B**). Cortical thickness of the precentral ventral cortex persisted below healthy control level over time in both patients (patient 1: blue, patient 2: green; **Figure 4C**). Cortical thickness of the precentral dorsal cortex decreased below healthy control level in patient 1 in the longitudinal course (**Figure 4D**). No cortical thinning consistently below healthy control level was found for the postcentral ROIs in both patients 1 and 2 (**Figures 4E,F**). Patient 8 and 9 (both aged 46–50 years) were diagnosed with leg-onset disease and obtained high ALSFRS-R sum scores at time point of initial MRI scan (**Table 1**). Progression rates of patient 8 (0.16) and 9 (0.00) were much lower than for patients 1 and 2. In both patients, ALSFRS-R sum scores declined over time (patient 8: red, patient 9: yellow, **Figure 4A**). MUNIX scores of patient 9 similarly decreased for the left and right ADM (yellow, **Figure 4B**). In patient 8, MUNIX scores for the left ADM started at much higher level than for the right ADM and showed a more pronounced decline of scores over time (red, **Figure 4B**). Patient 8 exhibited progressive cortical thinning only in the postcentral ventral cortex (**Figure 4E**). In patient 9, cortical thinning of the right precentral dorsal cortex spread to the left hemisphere over the time course (yellow, **Figure 4D**). Cortical thickness of the postcentral dorsal cortex further decreased over time (yellow, **Figure 4F**). Despite fluctuations, ventral sections of precentral and postcentral cortex of patient 9 persisted at healthy control level (yellow, **Figures 4C,E**).

## DISCUSSION

Cortical thinning was heterogenous and most pronounced in the precentral ventral cortex. ALSFRS-R sum score was associated with both cortical thickness and MUNIX scores. Individual longitudinal monitoring of clinical ALSFRS-R, neurophysiological MUNIX, and MRI cortical thickness indicated both interindividual differences among ALS patients as well as differences in temporal dynamics between biomarkers over the course of disease.

### Cortical Thickness of the Precentral and Postcentral Cortex

Cortical thickness was highly age-dependent and significantly different between precentral and postcentral cortex as well as between ventral and dorsal subdivisions of precentral and postcentral cortex. Postmortem (37) and MRI (38, 39) studies showed approximately 1.5 times greater cortical thickness of the precentral compared to the postcentral cortex. The only study addressing gradients of postcentral cortical thickness in humans (40) reported greatest cortical thickness in the area defined as ventral segment in our study. Age effects on precentral and postcentral cortical thickness have been well described (36).

### Variability of Cortical Thinning

Individual cross-sectional analysis revealed heterogenous individual states of cortical thinning, which was more pronounced in the precentral than in the postcentral cortex. Postcentral cortical thinning was only present in four patients. Three out of these four patients also showed pronounced cortical thinning of the precentral cortex. These observations are

consistent with studies reporting postcentral atrophy was rather less prominent or not detectable (12, 41). Instead, postcentral atrophy was discussed to result from the spread of cortical degeneration in the course of disease (41, 42). With respect to the spread of disease, interestingly, individual longitudinal analysis revealed that patient 8 developed postcentral cortical thinning despite lack of precentral cortical thinning. Cortical thinning was most pronounced in the ventral segment of the precentral cortex. The precentral ventral cortex as defined here was also reported to exhibit alterations in ALS patients in other studies (14, 43, 44). Seven out of twenty patients exhibited no indications of cortical thinning. This finding is supported by a meta-analysis reporting cortical atrophy only in a percentage of ALS cases (45) and other MRI studies failing to find alterations in the precentral cortex of ALS patients (17–19). The lack of cortical thinning in ALS patients may be explained by low progression rates and young-onset. Cortical thinning was primarily observed in ALS patients with faster progression or advanced stage of disease (46). Six out of seven patients exhibiting no indications of cortical thinning were characterized with disease progression rates less or equal to 0.40. Moreover, the ALS sample of the current study was much younger than ALS patients involved in most MRI studies (8, 13, 17, 43, 47, 48). Individual cross-sectional analysis also revealed enhanced levels of cortical thickness predominantly in the postcentral cortex. Future studies may investigate if enhanced levels of cortical thickness may be associated with processes of neuroplasticity or treatment effects. Finally, heterogeneous alterations in cortical thickness (including increases and decreases) argue for the need of individual perspective on ALS patients beyond group averages (6).

### Longitudinal Monitoring of Cortical Thickness, ALSFRS-R, and MUNIX

Longitudinal monitoring of cortical thickness in four patients revealed differences in temporal dynamics of clinical ALSFRS-R, neurophysiological MUNIX, and MRI cortical thickness in the same individual patients. The long-term biomarker monitoring was limited to the patients who survived for longer periods of time and who underwent more than three MRI scans. All other patients of the sample received three MRI scans or less due to short survival or lack of scan capability. Similar to Abhinav et al. (49), patients showed very different baseline levels and various progression types of ALSFRS-R sum scores over time. While the decline of high-level ALSFRS-R sum scores of patient 9 (ALSFRS-R baseline: 48) was evidently observable, changes in ALSFRS-R sum scores of progressed stage patient 1 (ALSFRS-R baseline: 30) were less evident. These observations are consistent with ALSFRS-R being considered to be less sensitive for short-term time windows and slow disease progression (3, 24, 50). ALSFRS-R is also regarded as a rather general severity summary scale without sensitivity for mode of disease (17, 29). The unspecific character of ALSFRS-R may also explain why correlations between ALSFRS-R and cortical thickness were weak or not detectable (9, 15, 21). In contrast to ALSFRS-R, MUNIX significantly differentiated

between arm and leg-onset of disease. Corresponding to Grimaldi et al. (26), MUNIX scores significantly correlated with ALSFRS-R scores, but showed much faster longitudinal dynamics than ALSFRS-R scores as reported by Neuwirth et al. (29). Once at very low level MUNIX scores stagnated across time in arm-onset patients 1 and 2. The phenomenon of a floor effect of MUNIX measurements at low level in completely wasted muscles was described by Neuwirth et al. (51). In contrast, higher level MUNIX scores for ADM in leg-onset patients 8 and 9 showed a fast decrease over time. Consistent with these observations, clinical markers are considered to be more sensitive to changes than MRI markers (17). Although MUNIX is considered a candidate biomarker like MUNE for LMN function (24), MUNIX scores may be influenced by both lower and UMN function (23). Existing studies investigating correlations of cortical thickness to MUNE or other neurophysiological techniques failed to find significant correlations (21, 30). As the first study combining MRI cortical thickness with MUNIX, we also found no significant correlations. Differences in both individual state of disease and within-subject temporal dynamics of various biomarkers may explain the difficulty to find significant correlations in multimodal biomarker use.

## Methodological Limitations

Some methodological limitations need to be considered. First, the sample size was limited to 20 patients. As ALS MRI studies suffer from high costs and high drop-out rates due to increasing disability of patients (50), many published unicenter ALS MRI studies included samples smaller than 20 ALS patients (12, 41, 52, 53). Second, the MRI magnetic field strength was 1.5T. Although MRI magnetic field strength of 3T may have been beneficial, 1.5T still was sufficient for the detection of gray matter alterations in ALS MRI studies (11, 12, 22, 41, 54). Third, by the use of a more conservative ROI based approach than a vertex-based approach, the study may have failed to detect very focal cortical thinning inside of the ROIs. However, this approach did not only reduce the influence of false positive results but still successfully detected cortical thinning. Fourth, MUNIX scores were not assessed in leg muscles. However, this study is the first cross-sectional and longitudinal study combining cortical thickness analysis with both ALSFRS-R and MUNIX with respect to the individual patient. Fifth, longitudinal monitoring of biomarkers was limited to four patients of the sample due to high disability ( $n = 6$ ), death ( $n = 4$ ), lack of T1 data ( $n = 6$ ). Still, our long-term biomarker

monitoring analysis is unique, as to our knowledge, none of the published longitudinal MRI studies showed longitudinal courses of both MRI cortical thickness and MUNIX biomarkers using as many repeated measures in a time course longer than 18 months as presented in the current study. Moreover, most MRI studies focused on group analysis irrespective of the individual patient (9, 10, 14–17), although the individual perspective has been increasingly demanded in ALS neuroimaging research (6, 24, 55, 56).

## CONCLUSIONS

The present study demonstrated that MRI is a potential biomarker for the differentiation of individual states of cortical thinning in an ALS sample including young-onset and slow progressive patients. Longitudinal monitoring of MRI, clinical, and neurophysiological biomarkers in the same patient reveal substantial differences in temporal dynamics. Combinatory biomarker use contributes a substantial gain of information about individual state of disease beyond group averages. Future studies may expand the idea of combining neuroimaging techniques with other clinical or molecular biomarkers to deepen our understanding of multisystem/multifactorial ALS disease progression.

## AUTHOR CONTRIBUTIONS

AW: substantial contribution to the conception and the design of the study, acquisition, analysis, interpretation of the MRI data, and composition of the manuscript. AK and DB: substantial contribution to the conception of the study, data acquisition, interpretation of the data, and revision of the manuscript. IK, TG, SJ, WS-M, T-HB, and UB: substantial contribution to the conception of the study, acquisition, analysis, and interpretation of clinical and neurophysiological data, and revision of the manuscript. SJ, OH, AK, DB, WS-M, and UB: care for ALS patients in outpatient clinic, treatment concept. MG: substantial contribution to the conception of the study, supervision of MRI data analysis and data interpretation, and revision of the manuscript.

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# Basal Forebrain Volume, but Not Hippocampal Volume, Is a Predictor of Global Cognitive Decline in Patients With Alzheimer's Disease Treated With Cholinesterase Inhibitors

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**Background:** Predicting the progression of cognitive decline in Alzheimer's disease (AD) is important for treatment selection and patient counseling. Structural MRI markers such as hippocampus or basal forebrain volumes might represent useful instruments for the prediction of cognitive decline. The primary objective was to determine the predictive value of hippocampus and basal forebrain volumes for global and domain specific cognitive decline in AD dementia during cholinergic treatment.

**Methods:** We used MRI and cognitive data from 124 patients with the clinical diagnosis of AD dementia, derived from the ADNI-1 cohort, who were on standard of care cholinesterase inhibitor treatment during a follow-up period between 0.4 and 3.1 years. We used linear mixed effects models with cognitive function as outcome to assess the main effects as well as two-way interactions between baseline volumes and time controlling for age, sex, and total intracranial volume. This model accounts for individual variation in follow-up times.

**Results:** Basal forebrain volume, but not hippocampus volume, was a significant predictor of rates of global cognitive decline. Larger volumes were associated with smaller rates of cognitive decline. Left hippocampus volume had a modest association with rates of episodic memory decline. Baseline performance in global cognition and memory was significantly associated with hippocampus and basal forebrain volumes; in addition, basal forebrain volume was associated with baseline performance in executive function.

**Conclusions:** Our findings indicate that in AD dementia patients, basal forebrain volume may be a useful marker to predict subsequent cognitive decline during cholinergic treatment.

**Keywords:** cholinergic treatment, MRI, prediction, memory, executive function, basal forebrain, hippocampus

## INTRODUCTION

A prediction of the individual course of cognitive change in Alzheimer's disease (AD) would help adequate resource allocation, patient care, and counseling. Evidence suggests that the hippocampus supports the consolidation of long-term declarative memory (1, 2), showing neurodegeneration in autopsy data and atrophy in *in vivo* MRI scans as early as in predementia stages of AD (3, 4). Its measurement is standardized, robust, accessible and feasible for *in vivo* studies using established volumetric protocols, with the most recent advance being an internationally harmonized protocol for a consistent delineation of the hippocampus' anatomical borders on MRI scans (5). The cholinergic basal forebrain is the main source of neocortical acetylcholine (6), and is involved in attentional processes, such as immediate recall and executive function (7). Autopsy studies found degeneration of cholinergic basal forebrain neurons in early clinical stages of AD (8, 9), and the resulting reduction of cholinergic cortical activity represents the rationale for the use of cholinergic treatment in AD dementia. The hippocampus represents a key input area of cholinergic projections from the basal forebrain (10). In recent years, MRI based protocols for an automated measurement of cholinergic basal forebrain volumes have been established that make use of stereotactic information derived from combined post mortem MRI and histology (11–13). Based on these protocols, several MRI volumetric studies have shown consistent pattern of hippocampus and cholinergic basal forebrain atrophy in AD dementia (11, 14) and prodromal at-risk stages of AD dementia, such as amnesic mild cognitive impairment (MCI) (15, 16) or individuals with amyloid positive MCI (17).

Based on these findings, hippocampus and cholinergic basal forebrain volumes may help to predict cognitive change and response to cholinergic treatment in patients with AD dementia or prodromal AD. A previous study found that the thickness of the substantia innominata, a potential proxy of cholinergic basal forebrain integrity (18), was associated with rates of cognitive change in 82 AD dementia patients during 9 months of treatment with a cholinesterase inhibitor, with smaller rates of cognitive decline in people with a lower thickness of the substantia innominata (19). In people with MCI, hippocampus volume was associated with rates of cognitive decline with a moderate effect size (20–24). In 37 AD dementia cases, smaller hippocampus volume was associated with faster global cognitive decline during cholinergic treatment (25). In a recent randomized controlled trial of donepezil, we found that hippocampus volume, but not basal forebrain volume, was a predictor of subsequent cognitive decline in 216 MCI cases (26); this effect, however, was independent of treatment. In summary, in MCI cases hippocampus volume, but not basal forebrain volume, was found to be a significant predictor of cognitive decline, irrespective of treatment. In studies on AD dementia cases, hippocampus volume and a proxy for basal forebrain volume were found significant predictors of cognitive decline during cholinergic treatment.

Here, we used longitudinal cognitive data of 124 AD dementia cases retrieved from the Alzheimer's Disease Neuroimaging

Initiative (ADNI-1) database, all receiving cholinergic treatment. Based on the previous evidence on the potential predictive value of these brain regions in AD, we determined the association of hippocampus and basal forebrain volume with rates of global and domain-specific cognitive decline during cholinergic treatment. We expected that lower basal forebrain (hippocampus) volume would predict a faster rate of global and executive (global and episodic memory) function. Secondly, we determined the predictive use of basal forebrain and hippocampus volumes for the identification of cognitively stable vs. cognitively declining patients, where we expected that cognitively stable patients would have larger basal forebrain and hippocampus volumes at baseline. These data help to assess the potential usefulness of volumetric MRI to identify people with a more rapid disease progression; such data would support clinical decision making on allocation of treatment resources and care.

## METHODS

### Study Population

Data used in the preparation of this article were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database ([adni.loni.usc.edu](http://adni.loni.usc.edu)). The ADNI was launched in 2003 as a public-private partnership, led by Principal Investigator Michael W. Weiner, MD. The primary goal of ADNI has been to test whether serial magnetic resonance imaging (MRI), positron emission tomography (PET), other biological markers, and clinical and neuropsychological assessment can be combined to measure the progression of mild cognitive impairment (MCI) and early Alzheimer's disease (AD). A fuller description of ADNI and up-to-date information is available at [www.adni-info.org](http://www.adni-info.org). We retrieved data of participants of the ADNI-1 study who had a clinical diagnosis of AD dementia at baseline, a baseline MRI scan, neuropsychological testing at baseline and follow-up and documented treatment with any cholinesterase inhibitor during follow-up time. We retrieved 124 cases, 56 women, fulfilling these conditions. We included only people with a clinical diagnosis of AD dementia, because cholinesterase inhibitor treatment is only approved for this diagnosis, but not for MCI or other diagnoses.

### Neuropsychological Tests

We used ADAScog11 as measure of global cognitive decline (27–29). ADAScog 11 has frequently been used in clinical efficacy trials of cholinesterase inhibitors in AD as primary endpoint (30, 31). In addition, we used composite measures for memory and executive function, respectively, to account for the different versions of the word lists of neuropsychological tests employed in the ADNI psychometric assessment. The ADNI composite scores have been previously defined and they appear to: (i) have good validity, (ii) include additional information, incorporating all of the domain-specific information available from the neuropsychological battery administered in ADNI, and (iii) be strongly associated with a priori specified neuroimaging parameters selected on the basis of their known association with the respective cognitive domain (32, 33).

## MRI Acquisition

ADNI MRI data were acquired on multiple 1.5 Tesla MRI scanners using phantom-calibrated scanner-specific T1-weighted sagittal 3D MPRAGE sequences. In order to increase signal uniformity across the multicenter scanner platforms, original MPRAGE acquisitions in ADNI undergo standardized image pre-processing correction steps. Standardization of MRI sequences across ADNI sites and centralized image pre-processing steps have been described in detail previously (34) and are documented on the ADNI website (<http://adni.loni.usc.edu/methods/>).

## MRI Data Processing

The processing of structural MRI scans was implemented through statistical parametric mapping, SPM8 (Wellcome Dept. of Imaging Neuroscience, London), and the VBM8-toolbox (<http://dbm.neuro.uni-jena.de/vbm/>) implemented in MATLAB 7.1 (Mathworks, Natwick), and has been described in detail previously (35, 36). Briefly, MRI scans were automatically segmented into gray matter (GM), white matter (WM), and cerebrospinal fluid (CSF) partitions of 1.5 mm isotropic voxel-size, using the segmentation routine of the VBM8-toolbox. The resulting GM and white matter partitions of each subject in native space were then high-dimensionally registered to an aging/AD-specific reference template based on a completely independent cohort (37) using the Diffeomorphic Anatomic Registration using Exponentiated Lie algebra (DARTEL) algorithm (38). Individual flow-fields obtained from the DARTEL registration to the reference template were used to warp the GM segments and voxel-values were modulated for volumetric changes introduced by the high-dimensional normalization, such that the total amount of GM volume present before warping was preserved. All preprocessed GM maps passed a visual inspection for overall segmentation and registration accuracy.

The total intracranial volume (TIV) was calculated as the sum of the total segmented GM, WM, and CSF volumes (38). GM volumes of the hippocampus and basal forebrain cholinergic nuclei were automatically extracted by summing up the modulated GM voxel values within respective regions of interest (ROI) in the reference space. The basal forebrain ROI was based on a recently published cytoarchitectonic map of basal forebrain cholinergic nuclei in MNI space, derived from combined histology, and in cranio MRI of a post-mortem brain (13). This cytoarchitectonic map matches standard MNI space and was projected into the aging-AD specific template space using non-linear warping parameters obtained from a DARTEL registration. Although the cytoarchitectonic basal forebrain map comprises detailed outlines of different cholinergic subdivisions within the basal forebrain, including cell clusters corresponding to the medial septum, diagonal band, nucleus subputaminalis, and nucleus basalis Meynert, in the current study we only considered the entire volume of the map, including all cholinergic subdivisions, as a proxy for overall basal forebrain cholinergic system integrity. The ROI mask for the hippocampus was obtained by manual delineation of the hippocampus in the reference template of aging-AD specific anatomy (37) using the interactive software package Display (McConnell Brain Imaging

Centre at the Montreal Neurological Institute) and a previously described protocol for segmentation of the medial temporal lobe (39). An illustration of both ROIs in the gray matter fraction of the reference space template employed in our current study can be found in the previous publications (15, 40, 41).

## Statistical Analysis

We conducted two types of analysis. The first analysis determined associations of volumetric markers with rates of change in cognitive scores as continuous outcomes. The second analysis determined the accuracy of response prediction in cognitive scores as binary outcome.

### Association With Rates of Change

We determined the main effects and the two-way interactions of baseline volumes by time on neuropsychological performance as dependent variable using linear mixed effects models with subject-related random effects for intercept and time, controlling for age, sex, and TIV. The model fit was compared between nested models (random intercept vs. uncorrelated random intercept and slope vs. correlated random intercept and slope) using Akaike's information criterion (AIC) (42). Significance of parameters was determined using t-statistics with degrees of freedom determined according to the Satterthwaite approximation. Mixed effect model analyses were calculated in R, including the libraries "lme4" and "lmerTest," available at <http://cran.r-project.org/web/packages>.

### Response Prediction

We originally had planned to determine response prediction. Similarly to previous studies (43), we defined response as more than 4 points improvement (i.e., at least 4 points decline) in ADAScog11 over one year. This criterion, however, yielded only three responders so that an analysis was not feasible. Consequently, we relaxed the response criterion and discriminated between non-decliners (zero change or better) vs. decliners in the cognitive endpoints. Rates of change in cognitive scores were derived from the coefficients of the subject-related random effect for time on the cognitive scores, controlling for age and sex. We determined logistic regression models regressing the binary endpoint of decline vs. non-decline on those volumetric markers that had shown a significant association with the continuous rates of cognitive decline in the previous models.

We used block-wise cross validation with repeated random sampling, based on Gaussian-distributed random numbers generated in R. We repeatedly split the data set into 63.2% of training data and 36.8% of test data. For each of the repeatedly drawn training samples, the logistic regression parameters were estimated and subsequently applied to the remaining test data set. Bootstrapping aimed to assess levels of predictive accuracy in the test data so to avoid overestimation of accuracy levels that occurs when assessment is based on the training data. We recorded areas under the receiver operating characteristic curves (AUC) for each test data set; different to the rate of correctly identified cases, the AUC is insensitive to an uneven distribution of outcomes. The entire cross-validation process was iterated 100 times to determine the variability of the estimates of accuracy

**TABLE 1** | Baseline demographic characteristics.

N (women)	124 (56)
Age, mean (SD) in years	75.3 (7.4)
MMSE, mean (SD)	23.5 (1.9)
ADAScog11, mean (SD)	19.0 (6.4)
ADNI-MEM, mean (SD)	-0.9 (0.5)
ADNI-EXE, mean (SD)	-0.9 (0.8)
L. hippocampus volume (SD) in mm <sup>3</sup>	2,038 (337)
R. hippocampus volume (SD) in mm <sup>3</sup>	2,212 (374)
Basal forebrain volume (SD) in mm <sup>3</sup>	481 (85)

ADAScog11 - 11-items version of the Alzheimer's Disease Assessment Scale-Cognitive subscale, higher values indicate worse performance.

ADNI-MEM - ADNI memory score (32); this scale provides z-standardized performance scores, lower values indicate worse performance.

ADNI-EXE - ADNI executive function score (33); this scale provides z-standardized performance scores, lower values indicate worse performance.

across runs. We determined nonparametric bootstrap confidence intervals with the 2.5 and 97.5 percentiles defining the lower and upper limits of the confidence interval [(44), Chapter 13]. Logistic regression analysis was calculated in R, using function glm with the parameter family = binary.

All analyses were performed with RStudio, version 0.98.1102, a user interface of R Project for Statistical Computing Analyses.

## RESULTS

### Sample

We retrieved 124 (56 women) cases with AD dementia fulfilling the inclusion criteria. Follow-up times ranged between 0.4 and 3.1 years, number of follow-up time points ranged between 1 and 5. Baseline demographic characteristics and hippocampus and basal forebrain volumes are given in **Table 1**.

### Association With Global and Domain-Specific Cognitive Rates of Change

For **ADAScog11**, the best fit was achieved with a model allowing for a correlated random intercept and slope. Detailed results are shown in **Table 2**. **ADAScog11** showed a significant worsening over time with 4.3 points increase per year. Left and right hippocampus and basal forebrain volumes were significantly correlated with **ADAScog11** baseline performance, with better performance with higher volume. In addition, basal forebrain volume was associated with less worsening in **ADAScog11** performance over time ( $t = -2.9$ , 115 df,  $p < 0.005$ ) with the effect amounting to 1.6 points less increase in **ADAScog11** per year when the volume of basal forebrain was one standard deviation higher (**Figure 1**). The partial correlation coefficient (controlling for TIV) between slopes of **ADAScog11** change from the mixed effects model and basal forebrain baseline volume was  $r = -0.23$ ,  $p < 0.01$ . Left and right hippocampus volumes had no significant effects on the **ADAScog11** rates of change over time ( $p > 0.22$  for all comparisons).

For **ADNI memory score**, the best fit was achieved with a model allowing for an uncorrelated random intercept and

slope. Detailed results are shown in **Table 2**. On average, patients lost 0.21 z-score points per year. Left and right hippocampus and basal forebrain volumes were significantly associated with baseline memory performance, with higher performance associated with higher volume. In addition, left hippocampus volume was associated with less worsening in the ADNI memory score over time ( $t = -2.0$ , 109 df,  $p < 0.05$ ) with the effect amounting to 0.04 less z-score points lost per year when the volume was one standard deviation higher (**Figure 2**). The partial correlation coefficient (controlling for TIV) between slopes of ADNI memory rates of change from the mixed effects model and left hippocampus baseline volume was  $-0.15$ ,  $p < 0.1$ . Right hippocampus and basal forebrain volumes had no significant effects on the ADNI memory rates of change over time ( $p > 0.16$  for all comparisons).

For **ADNI executive function score** the best fit was achieved with a model allowing for an uncorrelated random intercept and slope. Detailed results are shown in **Table 2**. On average, patients lost 0.29 z-score points per year ( $t = -10.1$ , 98 df,  $p < 0.001$ ). Basal forebrain was significantly associated with baseline executive function performance ( $t = 3.2$ , 123 df,  $p < 0.002$ ), with better performance associated with higher volume; there was no effect for left or right hippocampus volume. Neither bilateral hippocampus nor basal forebrain volumes had a significant effect on the executive function rates of change over time ( $p > 0.20$  for all comparisons).

The covariates that were used in the model showed no effect of age, sex or total intracranial volume on **ADAScog**; age had a significant effect on ADNI memory and executive function scores ( $p < 0.05$ ), but sex and TIV had no significant effects on these scores.

### Response Prediction

Basal forebrain volume was significantly associated with the outcome of non-decline in **ADAScog11** with an odds ratio of 2.5 ( $p < 0.05$ ), i.e., a one standard deviation higher basal forebrain volume increased the odds of non-decline by a factor of 2.5. The corresponding bootstrapped AUC in the test data was 0.78, the 2.5/97.5 percentile confidence interval was 0.50 to 0.98. For the ADNI memory score there were no non-decliners, rendering further analysis infeasible.

## DISCUSSION

We found significant decline of global cognitive function as well as memory and executive function in AD dementia cases during follow-up. Higher basal forebrain volume was associated with slower global cognitive decline, and higher left hippocampus volume was associated with slower memory decline. The prognostic use of basal forebrain volume to discriminate between cognitive decliners and cognitive stable persons based on the global **ADAScog11** score reached a cross-validated area under the ROC curve of 0.78, indicating a fair accuracy, however with a broad bootstrapped confidence interval including the random guessing level of AUC = 0.5.

The clear decline of global cognitive function as assessed by **ADAScog11** is consistent with previous studies on the course of



**TABLE 2** | Summary of predictor effects.

		Left Hp t(df); p	Right Hp t(df); p	BF t(df); p
<b>ADAScog11</b>	Volume	-2.1(120); <0.04	-3.6 (120); <0.001	-3.0(119); <0.004
	Time	8.0(109); $10^{-11}$	8.0(109); $10^{-11}$	8.0(109); $10^{-11}$
	Time*Volume	n.s.	n.s.	-2.9(115); <0.005
<b>ADNI-MEM</b>	Volume	2.3(129); <0.03	3.3(128); <0.002	3.9(128); <0.001
	Time	-10.7(112); $10^{-14}$	-10.7(112); $10^{-14}$	-10.7(112); $10^{-14}$
	Time*Volume	-2.0(109); <0.05	n.s.	n.s.
<b>ADNI-EXE</b>	Volume	n.s.	n.s.	3.2(123); <0.002
	Time	-10.1(98); $10^{-14}$	-10.1(98); $10^{-14}$	-10.1(98); $10^{-14}$
	Time*Volume	n.s.	n.s.	n.s.

Reported are the main effect of time and volume and the interaction effects of volume by time. All models were controlled for age, sex, and total intracranial volume. Data are given as: t-values (t); number of degrees of freedom (df); p-value (p).

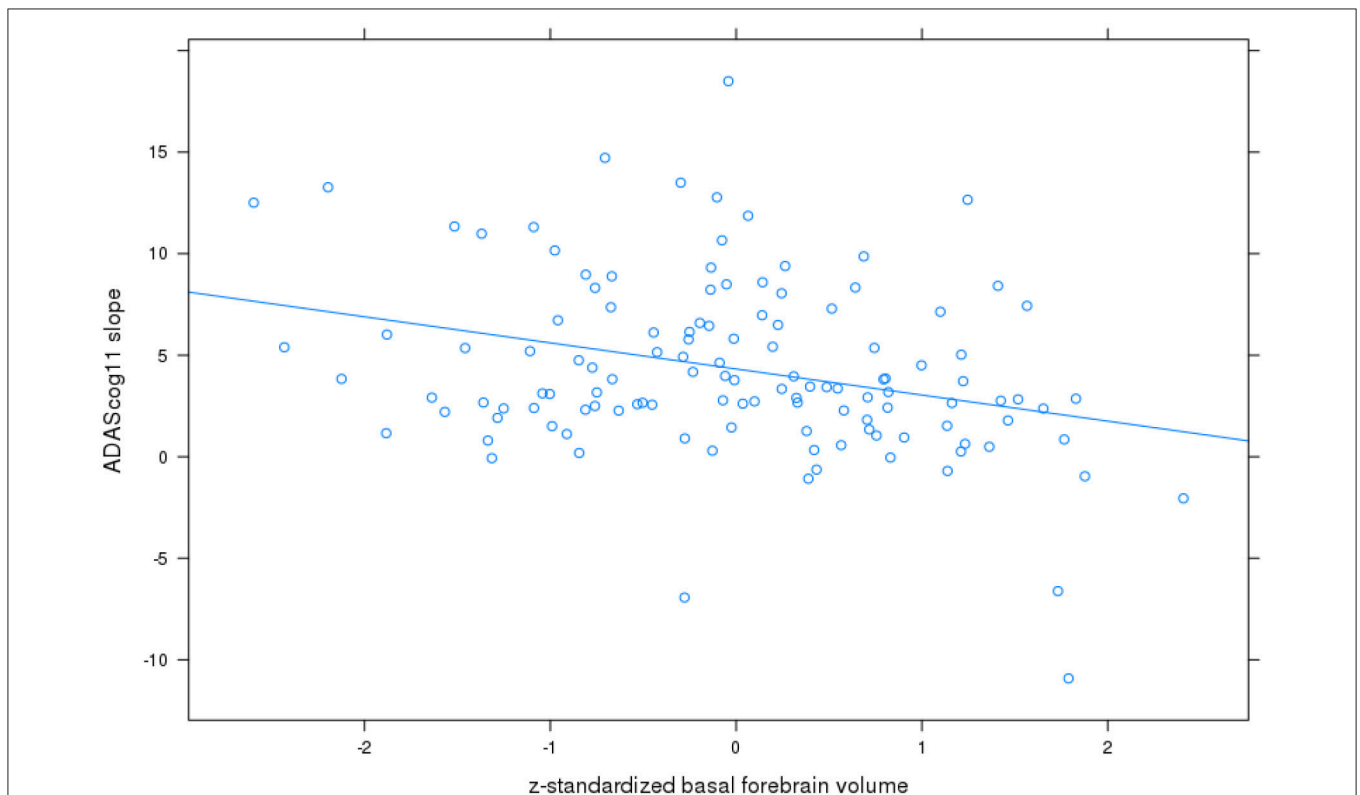
Please note: the sign of the t-value gives the direction of the effect, i.e., a positive t-value indicates that test scores were higher with higher volume and vice versa. Hp, hippocampus.

BF, basal forebrain.

ADAScog11, 11-items version of the Alzheimer's Disease Assessment Scale-Cognitive subscale.

ADNI-MEM, ADNI memory score (32).

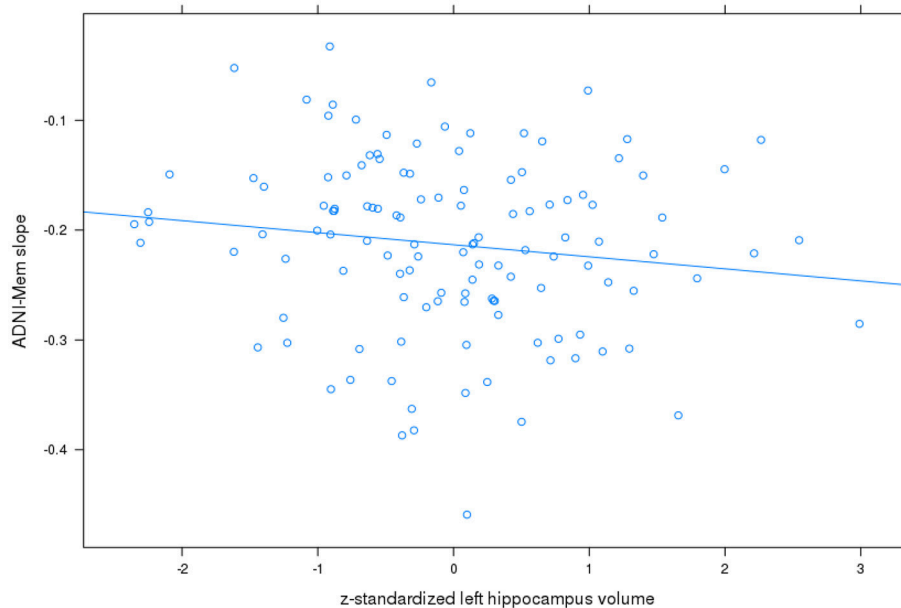
ADNI-EXE, ADNI executive function score (33).



**FIGURE 1** | Basal forebrain volume and rates of change in ADAScog11. Plot of z-standardized basal forebrain volume on mixed effects linear model estimates of rates of change in ADAScog score controlling for age and sex, with linear regression line.

cognitive decline in dementia stages of AD (45). A large cohort study of 622 cases with cholinesterase inhibitor treatment and paired assessments of MMSE at baseline and after 3 to 4 months showed a response rate of 37%, when defining response by at least 2 points MMSE increase (46). The findings in this large

cohort study agree with findings in randomized controlled trials with cholinesterase inhibitors showing an increase of MMSE or decrease in ADAScog scores in the first 3 to 6 months of treatment with subsequent decline (47, 48). Here, we assessed longer term follow-up, between 0.4 and 3.1 years, accounting for



**FIGURE 2 |** Left hippocampus volume and rates of change in ADNI memory score. Plot of z-standardized left hippocampus volume on mixed effects linear model estimates of rates of change in ADNI memory (ADNI-Mem) score controlling for age and sex, with linear regression line.

the low number of cases fulfilling response criteria (only 10 of 124 cases, even when defining response as non-decline).

In the cross-sectional analyses, baseline volumes of basal forebrain, and left and right hippocampus were associated with global cognitive function as well as memory performance, as assessed by the ADNI memory composite score. These findings agree with previous studies showing that hippocampus volume was associated with episodic memory (49) and global cognitive (50) performance in AD patients. Similarly, previous studies have described associations of basal forebrain volume with global cognitive and episodic memory performance in AD dementia and MCI cases in cross-sectional analysis (15, 40, 41). In addition, in the current study, basal forebrain volume was associated with the executive function composite score. This agrees with the observation that cholinergic activity subserves executive function and attention that is supported by the adverse effects of anticholinergic treatment on executive function and attention (51–53), and by findings of similar associations in independent cohorts (15, 40, 41).

Cholinergic basal forebrain volume was significantly associated with subsequent global cognitive decline as assessed by ADAScog11. AD dementia cases with a one standard deviation higher basal forebrain volume had 1.6 points less worsening in ADAScog11 per year, accounting for 37% of the annual overall rate of ADAScog11 worsening. Basal forebrain volume allowed correct discrimination between cognitive non-decliners and cognitive decliners with an AUC of 0.78. We used the AUC as measure of accuracy, because this measure is less sensitive to the proportion of non-decliners; in contrast, the level of correct case identification would have been uninformative,

because with only 10 non-decliners simply predicting non-conversion in all cases would already yield correct classification in 114 out of 124 cases. Our findings indicate that in the presence of cholinergic treatment, a high cholinergic basal forebrain volume is associated with more benign global cognitive decline. Our findings agree with a previous exploratory study, where response to cholinergic treatment over 9 months as measured by the MMSE score was significantly associated with gray matter volume in basal forebrain regions from a voxel based regression analysis in 23 AD cases (54). Our findings disagree with a study in 82 AD dementia patients using the substantia innominata thickness as a proxy of cholinergic basal forebrain integrity (18); here smaller rate of cognitive decline was found associated with a smaller thickness of the substantia innominata during 9 months cholinergic treatment (19). The number of subjects was higher and the average follow-up time was longer in our study compared to the previous study. In addition, manual measurement of the thickness of the substantia innominata is prone to intra- and inter-rater variability, and assesses only a small subsection of the cholinergic basal forebrain compared to the automated measurement of basal forebrain volume based on a post mortem reference map (11).

Hippocampus volume was not associated with the subsequent rate of global cognitive decline. In a small sample of 37 AD patients, a previous study found a higher hippocampus volume associated with less worsening of ADAScog score over 0.5 to 2 years of follow-up (25). A part of these 37 individuals had been classified as very mild AD, resembling rather the prodromal MCI than the dementia stage of AD. This outcome therefore

agrees with the results of our previous study on 216 MCI cases, where we found that higher hippocampus volume, rather than basal forebrain volume, was associated with more benign rates of global cognitive and memory decline (26). Taken together these findings suggest that hippocampus volume may be a proxy of reserve capacity in MCI individuals, but no more in AD dementia patients. This interpretation would agree with the notion that hippocampus atrophy begins to degenerate earlier than basal forebrain and reaches a plateau in the dementia stage of AD so that the functional relevance of hippocampus volume variation would be limited in the dementia stage of the disease. In contrast, changes in basal forebrain volume may still dynamically progress during AD dementia and may thus serve as a better predictor of disease progression in more advanced disease stages (37).

In contrast to global cognitive decline, left hippocampus volume was significantly associated with the rate of episodic memory score decline, consistent with previous evidence in subjects with MCI (26, 55). Different to global cognitive decline we could not determine the predictive accuracy of hippocampus volume for non-decline, as non-decline did not occur in our sample. The partial  $r$  of  $-0.15$ , however, points to a small effect size for left hippocampus volume on subsequent rate of memory decline, consistent with a limited role of hippocampus volume for predicting subsequent cognitive decline in the AD dementia stage, even when considering the hippocampus-specific functional measure of episodic memory performance.

Beyond structural markers, such as hippocampus or basal forebrain volumes, a previous study found cortical network functional integrity in functional MRI as a significant predictor of cholinergic treatment response, but the study included only 18 cases (56).

Several limitations have to be considered with our study. First, similar to previous studies in AD dementia (19, 25) we determined the predictive value of hippocampus and basal forebrain volumes for cognitive decline in patients who all received treatment. Therefore, we can only derive conclusions on prediction of cognitive decline during treatment, but not on prediction of treatment effects; in our view this distinction is sometimes not made explicit enough in the literature (19, 25). We had decided to exclude AD dementia cases without documentation of cholinergic treatment since the lack of documentation of treatment may not be a reliable indicator for the lack of treatment in the ADNI cohort. In addition, the lack of treatment in a cohort like ADNI will likely be related to selection bias; the ADNI cohort by design features no random allocation to treatment. Furthermore, information on the duration of treatment before inclusion in the ADNI cohort was not available so that stratification according to duration of treatment was not possible. Our findings encourage the analysis of prospective controlled clinical trials in AD dementia for a potential association of basal forebrain and hippocampus volumes with rates of subsequent cognitive change in dependency of treatment. Secondly, observation periods were very heterogeneous in the ADNI cohort. We used a mixed effects model to explicitly model variability in observation periods. Indeed, the models including a random effects term for time provided a better fit than models excluding such

term. Thirdly, it would have been interesting following previous evidence on the corticotopic organization of the cholinergic basal forebrain to analyze a differential involvement of antero-medial vs. postero-lateral basal forebrain subregions. Anterior-medial basal forebrain nuclei project mainly to the hippocampus and ventromedial cortical regions, whereas posterior-lateral nuclei project more densely to lateral neocortical areas (6, 57, 58), which may also be related to different functional representation of these subnuclei. However, the overall small size of the basal forebrain volume restricts the accuracy of subregional assessments so that we did not include such an analysis. Fourthly, we had selected the ADNI memory and executive function composite scores to reduce the dimensionality of our analyses. Previous studies had shown that both composite measures exhibited more consistent rates of change in MCI and AD dementia individuals than the respective single tests (32, 33). Finally, we aimed to determine odds ratios of volumes for predicting clinically significant response to treatment. Such response has previously been defined to equal at least 4 points decrease in ADAScog11 (43). Since only 3 cases fulfilled this response criterion, we could not conduct the intended analysis. When we used a more liberal criterion of no cognitive decline, i.e.,  $\leq 0$  points change in ADAScog11, we found a significant odds ratio of 2.5. This indicates that a person with a one standard deviation higher basal forebrain volume has a 2.5 higher chance of no decline, all other variables kept constant. However, this analysis detects a clinically potentially less relevant endpoint than the originally planned analysis of 4 points change.

In summary, we found significant decline of global cognitive function as well as memory and executive function in AD dementia patients treated with cholinesterase inhibitors. Basal forebrain volume, but not hippocampus volume, was a predictor of global cognitive decline with a cross-validated accuracy of approximately 78% to discriminate between non-decliners and decliners, albeit based on a small sample of non-decliners. In contrast, left hippocampus volume showed only a modest association with subsequent rates of memory decline during cholinergic treatment. Our data suggest that with the transition from prodromal MCI to AD dementia the brain areas with biologically meaningful dynamic variation and ensuing predictive value may shift from the hippocampus to the basal forebrain region. The use of hippocampus and basal forebrain volumes to predict response to cholinergic treatment in AD dementia needs to be studied in cohorts with controlled treatment.

## ETHICS APPROVAL AND CONSENT TO PARTICIPATE

All procedures performed in the ADNI studies involving human participants were in accordance with the ethical standards of the institutional research committees and with the 1964 Helsinki declaration and its later amendments. Written informed consent was obtained from all participants or their authorized representatives.

The study procedures were approved by the institutional review boards of all participating centers ([https://adni.loni.usc.edu/wp-content/uploads/how\\_to\\_apply/ADNI\\_Acknowledgement\\_List.pdf](https://adni.loni.usc.edu/wp-content/uploads/how_to_apply/ADNI_Acknowledgement_List.pdf).) Oregon Health and Science University; University of Southern California; University of California—San Diego; University of Michigan; Mayo Clinic, Rochester; Baylor College of Medicine; Columbia University Medical Center; Washington University, St. Louis; University of Alabama at Birmingham; Mount Sinai School of Medicine; Rush University Medical Center; Wien Center; Johns Hopkins University; New York University; Duke University Medical Center; University of Pennsylvania; University of Kentucky; University of Pittsburgh; University of Rochester Medical Center; University of California, Irvine; University of Texas Southwestern Medical School; Emory University; University of Kansas, Medical Center; University of California, Los Angeles; Mayo Clinic, Jacksonville; Indiana University; Yale University School of Medicine; McGill University, Montreal-Jewish General Hospital; Sunnybrook Health Sciences, Ontario; U.B.C. Clinic for AD & Related Disorders; Cognitive Neurology—St. Joseph's, Ontario; Cleveland Clinic Lou Ruvo Center for Brain Health; Northwestern University; Premiere Research Inst (Palm Beach Neurology); Georgetown University Medical Center; Brigham and Women's Hospital; Stanford University; Banner Sun Health Research Institute; Boston University; Howard University; Case Western Reserve University; University of California, Davis—Sacramento; Neurological Care of CNY; Parkwood Hospital; University of Wisconsin; University of California, Irvine—BIC; Banner Alzheimer's Institute; Dent Neurologic Institute; Ohio State University; Albany Medical College; Hartford Hospital, Olin Neuropsychiatry Research Center; Dartmouth-Hitchcock Medical Center; Wake Forest University Health Sciences; Rhode Island Hospital; Butler Hospital; UC San Francisco; Medical University South Carolina; St. Joseph's Health Care Nathan Kline Institute; University of Iowa College of Medicine; Cornell University and University of South Florida: USF Health Byrd Alzheimer's Institute.

## AVAILABILITY OF DATA AND MATERIALS

The datasets analyzed during the current study are available in the ADNI repository, [www.adni-info.org](http://www.adni-info.org).

## AUTHOR CONTRIBUTIONS

ST and MG have made substantial contributions to conception and design of the study, and the analysis and interpretation of data, drafted the manuscript, given final approval of the version to be published, agreed to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. EC and HH have made substantial contributions to analysis and interpretation of data, been involved in revising the manuscript critically for important intellectual content, given final approval of the version to be published, agreed to be accountable for all aspects of the work in ensuring that questions

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measure the progression of mild cognitive impairment (MCI) and early Alzheimer's disease (AD). Determination of sensitive and specific markers of very early AD progression is intended to aid researchers and clinicians to develop new treatments and monitor their effectiveness, as well as lessen the time and cost of clinical trials.

The Principal Investigator of this initiative is Michael W. Weiner, MD, VA Medical Center and University of California—San Francisco. ADNI is the result of efforts of many co-investigators from a broad range of academic institutions and private corporations, and subjects have been recruited from over 50 sites across the U.S. and Canada. The initial goal of ADNI was to recruit 800 subjects but ADNI has been followed by ADNI-GO and ADNI-2. To date these three protocols have recruited over 1500 adults, ages 55 to 90, to participate in the research, consisting of cognitively normal older individuals, people with early or late MCI, and people with early AD. The follow up duration of each group is specified in the protocols for ADNI-1, ADNI-2, and ADNI-GO. Subjects originally recruited for ADNI-1 and ADNI-GO had the option to be followed in ADNI-2. For up-to-date information, see [www.adni-info.org](http://www.adni-info.org).

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# Beyond Dopamine: GABA, Glutamate, and the Axial Symptoms of Parkinson Disease

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**Introduction:** The axial symptoms of Parkinson disease (PD) include difficulties with balance, posture, speech, swallowing, and locomotion with freezing of gait, as well as axial rigidity. These axial symptoms impact negatively on quality of life for many patients, yet remain poorly understood. Dopaminergic treatments typically have little effect on the axial symptoms of PD, suggesting that disruptions in other neurotransmitter systems beyond the dopamine system may underlie these symptoms. The purpose of the present study was to examine the relationship between the axial symptoms of PD and GABA and glutamate levels quantified with magnetic resonance spectroscopy.

**Methods:** The participant group included 20 patients with PD and 17 healthy control participants. Water-scaled GABA and Glx (glutamate + glutamine) concentrations were derived from GABA-edited MEGA-PRESS spectra acquired from the left basal ganglia and prefrontal cortex, and additional water-scaled Glx concentrations were acquired from standard PRESS spectra acquired from the pons. Spectra were analyzed with LCModel. The axial symptoms of PD were evaluated from subscales of the Unified Parkinson’s Disease rating scale (MDS-UPDRS).

**Results:** PD patients demonstrated significantly higher GABA levels in the basal ganglia, which correlated with the degree of gait disturbance. Basal ganglia Glx levels and prefrontal GABA and Glx levels did not differ significantly between patient and control groups, but within the PD group prefrontal Glx levels correlated negatively with difficulties turning in bed. Results from an exploratory subgroup analysis indicate that the associations between GABA, Glx, and axial symptoms scores are typically more prominent in akinetic-rigid patients than in tremor-dominant patients.

**Conclusion:** Alterations in GABAergic and glutamatergic neurotransmission may contribute to some of the axial symptoms of PD.

**Keywords:** Parkinson disease, magnetic resonance spectroscopy, GABA, glutamate, basal ganglia, prefrontal cortex, gait, axial symptoms



## INTRODUCTION

Parkinson disease (PD) is a progressive neurodegenerative disorder thought to affect over 4 million patients worldwide (1). The core motor symptoms of PD include akinesia, rigidity, resting tremor, and postural and balance difficulties, but patients can also suffer from a broad spectrum of non-motor symptoms (2). While some of the motor symptoms can be improved by dopaminergic (e.g., levodopa) therapy, the non-motor symptoms and the “axial” motor symptoms, including difficulties with gait, posture, speech, swallowing, and postural stability, typically do not respond well to dopaminergic therapy (3). These axial symptoms have a severe, long-lasting negative impact on quality of life and have been identified as a top research priority by patients, family members, and carers affected by PD, second only to the overarching aim to find an effective cure (2).

The neural origin of the axial symptoms of PD is not well-understood, and treatment options are limited. However, converging evidence indicates that disruptions in other neurotransmitter systems beyond the dopamine system are present in PD and may underlie some of the non-motor and axial symptoms (4–6).

Two of the other major neurotransmitter systems implicated in basal ganglia regulation and in PD, namely the glutamate and  $\gamma$ -amino butyric acid (GABA) systems, can be probed non-invasively using magnetic resonance spectroscopy (MRS) (7). Previous MRS studies in PD have reported increased GABA in the pons, basal ganglia, and thalamus (8–10), decreased cortical glutamate (11), and an increased GABA/glutamate ratio in the substantia nigra (12). In other neurodegenerative disorders, altered GABA and glutamate levels have been linked to symptoms which are also present in PD, including cognitive impairment (13, 14) and depression (15). In mice, altered GABA and Glycine neurotransmission was observed to trigger the cardinal features of rapid eye movement sleep behavior disorder (RBD) (16), a premotor symptom of PD which may represent a biomarker for overall disease severity (17). However, few studies have examined altered GABA and glutamate levels in relation to PD symptomatology, and currently the link between alterations in the GABAergic and glutamatergic systems and the axial symptoms of PD remains unclear. The purpose of the present study was to examine the relationship between the axial symptoms of PD, GABA, and glutamate levels in the basal ganglia and prefrontal cortex, and glutamate levels in the pons. Based on previous reports, we hypothesized that patients with PD would show increased GABA levels in the basal ganglia and decreased glutamate in the prefrontal cortex and pons, and that more pronounced abnormalities in the GABA and glutamate levels would correlate positively with the severity of the axial symptoms of PD.

## MATERIALS AND METHODS

### Participants

The patient group consisted of 20 patients with PD (4 female, mean age 63 years, range 50–75) recruited from the Neurology Department of the University Hospital of Zürich,

Switzerland (see **Table 1** for demographics). All 20 patients had bilateral impairment, and 9/20 patients were treated with levodopa without dopamine agonists, while 11/20 patients were treated with a combination of levodopa and dopamine agonists. Patients were enrolled consecutively. Seventeen healthy control participants (4 female, mean age 62 years, range 28–77) with no history of neurological or psychiatric illness were also recruited. All participants gave written and verbal informed consent to participate in the study, which was approved by the cantonal ethics committee of the Canton of Zürich, Switzerland.

### MRI/MRS Acquisition and Analysis

Magnetic resonance imaging and spectroscopy data were acquired with a 3T GE MR750 scanner (GE Healthcare, Milwaukee, WI, USA), using an 8-channel receive-only head coil. On the day of the scan, patients were scanned at a time when their dopaminergic medication was wearing off, before their next dose could be taken. The MRI protocol included a 3D T1-weighted fast spoiled gradient echo (SPGR) scan (echo time (TE) = 3 ms, repetition time (TR) = 8 ms, inversion time (TI) = 600 ms; voxel resolution =  $1 \times 1 \times 1 \text{ mm}^3$ , flip angle =  $8^\circ$ ), used for localization of the MRS voxels and correction of the GABA and glutamate levels for partial volume CSF contamination (18).

Single voxel PRESS spectra were acquired from a 3.4 mL ( $15 \times 15 \times 15 \text{ mm}^3$ ) voxel in the pons, with TE = 35 ms, TR = 3000 ms, 128 spectral averages, and 16 unsuppressed water reference lines, resulting in a total scan time of 7 min, (see **Figure 1** for an illustration of the voxel positions and representative spectra).

Single-voxel GABA-edited spectra were acquired from a 30 mL voxel centered on the left basal ganglia using the MEGAPRESS method (19), with TE = 69 ms, TR = 1800 ms, 320 spectral averages (160 edit ON/OFF pairs), and an eight-step phase cycle. MEGA-editing was achieved with 16-ms Gaussian editing pulses applied at 1.9 and 7.5 ppm in alternate spectral lines. For each metabolite spectrum, 16 unsuppressed water reference lines were also acquired, resulting in a total acquisition time of 10 min. To achieve a consistent voxel position between participants, voxels were prescribed on an axial plane where the putamen was widest in the lateral (right-left) direction, such that the anterior and medial borders of the voxel were aligned with the anterior and medial margins of the head of the caudate nucleus.

Additional GABA-edited MEGAPRESS spectra were collected from a subset of  $n = 31$  participants ( $n = 16$  PD patients,  $n = 15$  controls), using a 30 mL voxel in the left prefrontal cortex, with TE = 69 ms, TR = 1800 ms, 320 spectral averages (160 edit ON/OFF pairs), and an eight-step phase cycle. MEGA-editing was achieved as described above for the basal ganglia. In order to achieve a consistent voxel position between participants, the voxel was localized according to a standard set of anatomical measurements. (20).

Spectra were analyzed with LCModel version 6.31-H (21). Edited MEGA-PRESS spectra were analyzed with a simulated basis set including basis spectra for GABA, N-acetyl aspartate (NAA), glutamate (Glu), Glutamine (Gln), glutathione, and N-acetyl aspartyl glutamate (NAAG), using the control parameter `sptype=mega-press-3` to avoid mis-assignment of the spectral baseline to the GABA peak (22). Since no attempt was

**TABLE 1** | Patient characteristics and MDS-UPDRS scores.

Patient	Disease duration (years)	PD Type	Most affected side	LED	MDS-UPDRS			
					I	II	III	IV
1	18	Akinetic rigid	Right	1500	22	14	31	8
2	14	Tremor-dominant	Right	1300	18	10	41	6
3	5	Tremor-dominant	Right	600	8	15	13	6
4	6	Tremor-dominant	Left	900	17	16	31	4
5	11	Akinetic rigid	Left	1550	15	14	46	9
6	11	Akinetic rigid	Right	1200	10	12	18	1
7	8	Tremor-dominant	Left	800	8	7	25	6
8	8	Akinetic rigid	Left	1500	11	10	27	10
9	16	Akinetic rigid	Right	950	12	14	26	10
10	9	Tremor-dominant	Left	800	13	17	21	8
11	5	Akinetic rigid	Left	750	11	17	26	8
12	11	Akinetic rigid	Left	1500	20	14	31	10
13	12	Akinetic rigid	Right	1550	7	17	33	6
14	8	Tremor-dominant	Left	450	12	14	20	10
15	3	Akinetic rigid	Left	650	23	11	32	0
16	10	Akinetic rigid	Right	850	14	10	21	9
17	12	Akinetic rigid	Right	900	3	5	17	5
18	12	Tremor-dominant	Left	1050	8	12	40	7
19	4	Tremor-dominant	Left	1600	13	15	31	7
20	2	Tremor-dominant	Left	775	15	5	29	6

made to quantify the co-edited macromolecule underlying the GABA peak in the edited MEGAPRESS spectra, the GABA concentrations should be considered to represent GABA+ rather than pure GABA.

PRESS spectra from the pons were analyzed using a standard GE basis set including basis spectra for Alanine, Aspartate, Creatine, GABA, Glucose, Gln, Glu, glycerophosphorylcholine, phosphorylcholine, lactate, myo-inositol, NAA, NAAG, Scyllo-inositol, and Taurine. For all pontine PRESS spectra the default LCModel baseline fit settings were used.

Metabolite concentrations were calculated in institutional units (I.U.) after referencing each metabolite signal to the unsuppressed water signal and correcting both the metabolite and water signals for partial volume CSF contamination within the voxel (18). Additional water and metabolite relaxation time corrections were not performed. Since our hypotheses focused on alterations in the GABA and glutamate systems, only the GABA and Glx (Glu+Gln) levels from the basal ganglia and prefrontal cortex, and the Glx levels from the pons were entered into the statistical analysis (see below for statistical methods).

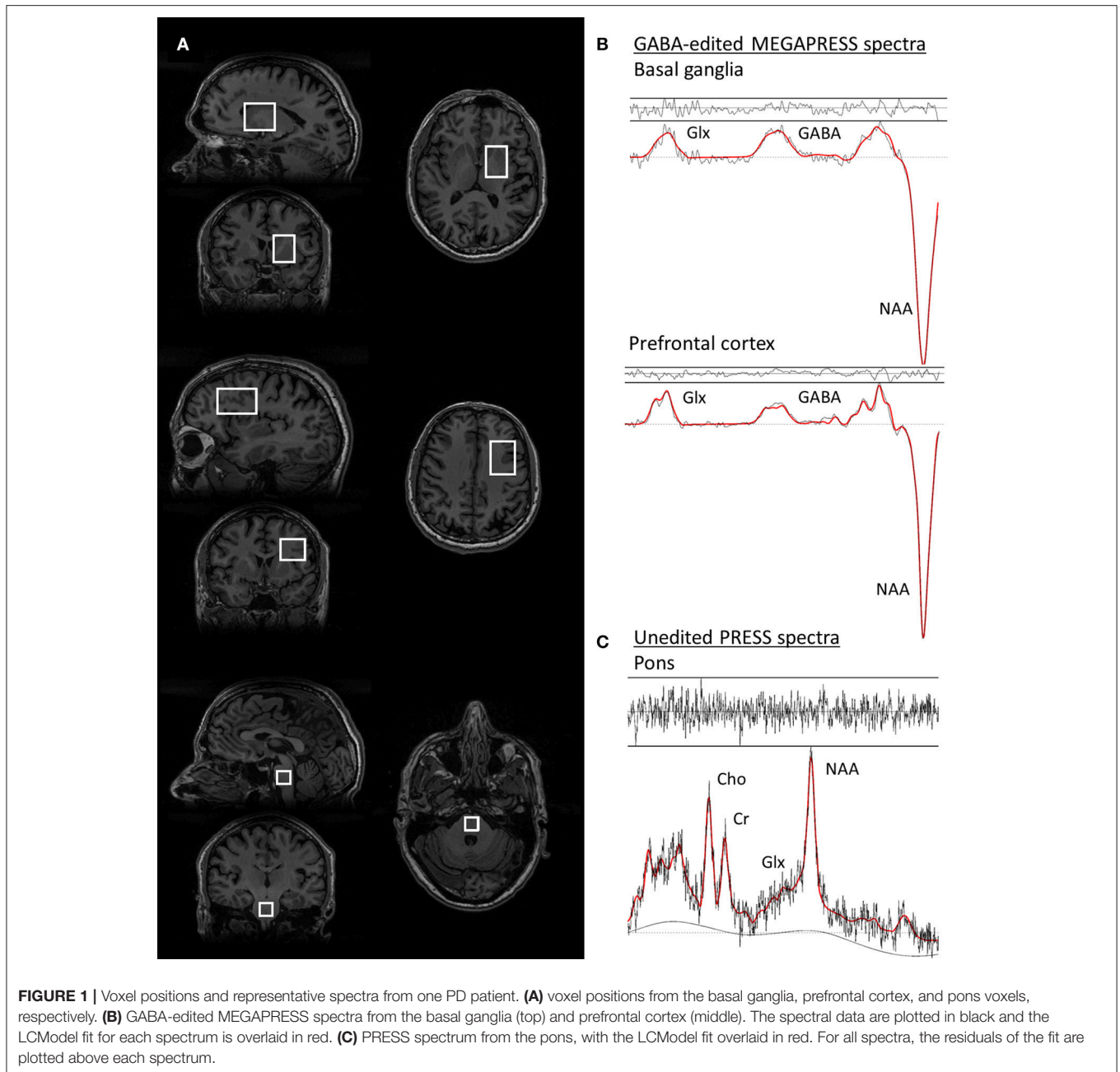
## Symptom Evaluation

Axial symptoms were evaluated from subscales of the Unified Parkinson's Disease rating scale (MDS-UPDRS) (23) including speech/dysarthria (2.1), swallowing (2.3), turning in bed (2.9), arising from a chair (3.9), freezing of gait (2.13, 3.11), gait (3.10), postural stability (3.12), and posture (3.13). Since several symptom scores pertain to gait disturbance,

a summary score for the gait symptoms was derived by summing together the individual scores for items 2.13, 3.10, and 3.11, and an overall summary score of the axial symptoms was also derived by adding together the symptom scores from each of the axial subscales. The UPDRS scores were derived while the patients were in the ON medication state.

## Statistical Analysis

GABA and Glx concentrations and symptom scores were tested for normality with a Shapiro-Wilk test. Group comparisons (PD vs. control) were assessed with a two-sided *t*-test for normally-distributed variables and a Mann-Whitney test for non-normally distributed variables. A non-parametric bivariate correlation (Spearman's rho) was used to investigate the association between GABA and Glx levels and axial symptom scores from the MDS-UPDRS. In the event of a significant group difference or correlation emerging for Glx, *post-hoc* tests were performed to ascertain if this difference or association was driven by Glu or Gln. Since the patient group included both tremor-dominant and akinetic-rigid PD patients who are known to demonstrate differences in the progression of axial motor symptoms, (24–26) the relationship between GABA and Glx levels and the overall axial summary score was evaluated in the tremor-dominant and akinetic-rigid subgroups separately, after dichotomising patients according to their motor signs at disease onset (27). In the event of a significant association between the axial summary score and neurotransmitter levels emerging in one or both of the



subgroups, additional *post-hoc* correlations with the individual symptom scores were performed in the relevant subgroup(s) in order to ascertain which symptoms were likely to underly the observed association with neurotransmitter levels. In order to investigate the influence of medication on the association between neurotransmitter levels and symptom scores, additional *post-hoc* correlations were also performed for all significant associations between GABA, Glx, and symptom scores after controlling for the levodopa equivalent dose. All statistical analyses were performed with SPSS version 22, with a two-tailed significance threshold of  $p < 0.05$ . No correction was made for multiple comparisons.

## RESULTS

Representative spectra from the pons, basal ganglia, and prefrontal cortex in one PD participant are shown in **Figure 1**, together with images depicting the voxel positions.

GABA-edited MEGAPRESS data was not collected from one patient with a lesion in the basal ganglia, and the basal ganglia Glx levels were excluded for one patient in whom an artifact was visible over the Glx doublet in the MEGA-PRESS subtraction spectrum.

Glx levels in the pons and GABA levels in the basal ganglia followed a normal distribution, but GABA and Glx levels in the

**TABLE 2** | Demographic data and neurotransmitter levels for the PD and control groups.

	PD	Controls	PD vs. Control
Age (Median $\pm$ IQR)	62.9 $\pm$ 11.5	66.2 $\pm$ 12.4	$p = 0.563$
(Mean $\pm$ SD)	63.6 $\pm$ 6.8	62.5 $\pm$ 12.8	
Gender	16M, 4F	13M, 4F	$p = 0.798$
Left Basal Ganglia GABA <sup>§</sup>	4.61 $\pm$ 0.57	3.93 $\pm$ 0.75	$p = 0.005^*$
Left Basal Ganglia Glx	8.27 $\pm$ 3.5	6.66 $\pm$ 2.0	$p = 0.069$
Left Prefrontal GABA	3.48 $\pm$ 0.90	2.96 $\pm$ 0.96	$p = 0.114$
Left Prefrontal Glx	8.19 $\pm$ 0.98	7.98 $\pm$ 0.84	$p = 0.114$
Pons Glx <sup>§</sup>	13.6 $\pm$ 4.02	14.2 $\pm$ 3.16	$p = 0.58$

<sup>§</sup>Indicates a normally distributed variable, described by Mean  $\pm$  SD.

Data are summarized as median  $\pm$  inter-quartile range and tested with a Mann-Whitney U test unless indicated otherwise. [MRS levels are given in institutional units (I.U.)].

prefrontal cortex and Glx levels in the basal ganglia were not normally distributed ( $p < 0.05$ , Shapiro–Wilk test). The axial symptom scores and the corresponding summary score were also not normally distributed ( $p < 0.05$ , Shapiro–Wilk test).

PD and control groups did not differ in terms of age or gender ( $p > 0.5$ , Mann–Whitney test, see **Table 2**). PD patients demonstrated increased GABA in the basal ganglia ( $t = 2.874$ ,  $p = 0.007$ , 2-tailed  $t$ -test). After removal of one outlier in the PD group with a GABA level 6 standard deviations away from the mean, GABA levels in the basal ganglia remained significantly higher in the PD group ( $t = 3.009$ ,  $p = 0.005$ , 2-tailed  $t$ -test). The corresponding Glx data for this outlier was also removed from further statistical analyses. No significant differences were observed between GABA and Glx levels in the prefrontal cortex or Glx levels in the basal ganglia and pons between the PD and control groups.

Significant associations between GABA and Glx concentrations and axial symptom scores are plotted in **Figure 2**. GABA levels in the left basal ganglia correlated positively with the gait summary score (Spearman's rho = 0.491,  $p = 0.038$ ), as well as the individual gait (MDS 3.10) subscore (Spearman's rho = 0.495,  $p = 0.037$ ) of the motor part of the MDS-UPDRS. Both correlations were present at trend level in the subgroup of akinetic-rigid patients (Gait summary score: Spearman's rho = 0.580,  $p = 0.079$ , MDS 3.10: Spearman's rho = 0.604,  $p = 0.064$ ), but not in the tremor-dominant subgroup. For the summary score incorporating all the axial symptoms from the UPDRS, basal ganglia GABA levels showed a trend-level association in the full patient group (Spearman's rho = 0.441,  $p = 0.067$ ), which was significant in the subgroup of akinetic rigid patients (Spearman's rho = 0.671,  $p = 0.034$ ), but not in the subgroup of tremor-dominant patients (Spearman's rho = 0.345,  $p = 0.403$ ). In the subgroup of akinetic-rigid patients, basal ganglia GABA levels were significantly correlated with difficulties arising from a chair (MDS 3.9, Spearman's rho = 0.838,  $p = 0.002$  and with posture (MDS 3.13, Spearman's rho = 0.838,  $p = 0.002$ ).

No significant correlations were observed between basal ganglia or pontine Glx levels and the axial symptom scores, but prefrontal Glx levels were negatively correlated with the

turning in bed (MDS 2.9) subscore, both in the full patient group (Spearman's rho =  $-0.546$ ,  $p = 0.029$ ), and in the subgroup of akinetic-rigid patients (Spearman's rho =  $-0.686$ ,  $p = 0.041$ ). Prefrontal GABA levels were negatively correlated with the postural stability score (MDS 3.12, Spearman's rho =  $-0.842$ ,  $p = 0.004$ ), in the akinetic-rigid subgroup only.

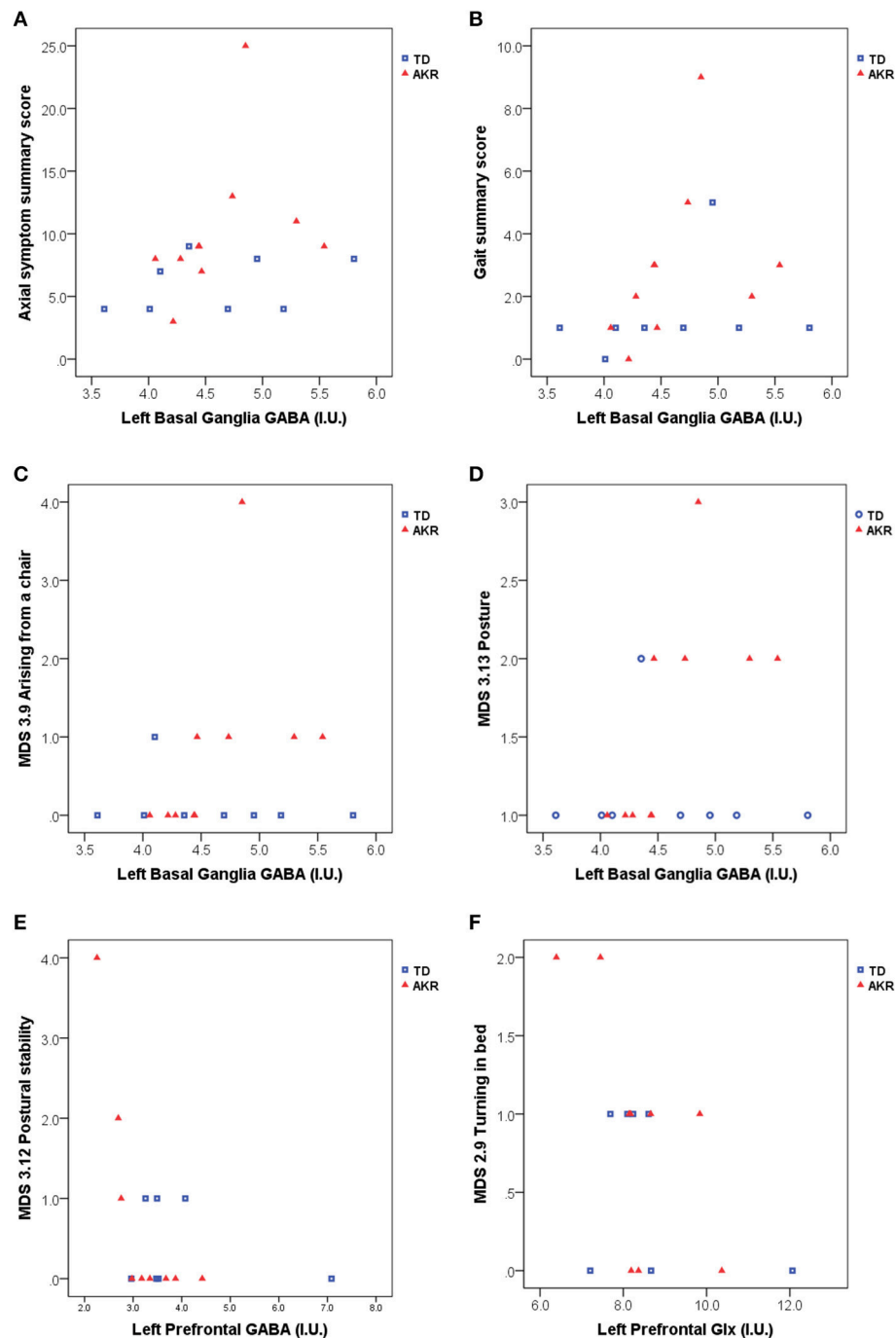
The correlations between basal ganglia GABA and the gait subscore and summary score became non-significant after controlling for the levodopa equivalent dose (Spearman's rho = 0.324/0.341,  $p = 0.224/0.196$  for the gait summary score and subscore, respectively), as did the correlation between basal ganglia GABA levels and the axial symptom summary score in the akinetic-rigid subgroup (Spearman's rho = 0.403,  $p = 0.322$ ). However, correlations between basal ganglia GABA levels and difficulties arising from a chair (MDS 3.9) remained significant in the akinetic-rigid subgroup after controlling for levodopa equivalent dose (Spearman's rho = 0.845,  $p = 0.008$ ), as did the correlation between basal ganglia GABA and problems with posture (MDS 3.13, Spearman's rho = 0.845,  $p = 0.008$ ). The correlation between prefrontal Glx and turning in bed diminished to trend level after controlling for levodopa equivalent dose (Spearman's rho =  $-0.491$ ,  $p = 0.074$ ), but the correlation between prefrontal GABA and difficulties with postural stability (MDS 3.12) in the akinetic-rigid subgroup remained significant after controlling for the levodopa equivalent dose (Spearman's rho =  $-0.76$ ,  $p = 0.047$ ).

## DISCUSSION

Gait and locomotion, turning in bed, arising from a chair, and postural stability all depend on efficient sensorimotor integration (28, 29), which is affected in PD (30–32). The basal ganglia act as an important hub for sensorimotor integration (33, 34) and descending basal ganglia projections to the midbrain have been reported to play an important role in gait and postural control (35, 36). One of the ways in which the basal ganglia are thought to influence sensorimotor integration is by gating or controlling the access of sensory information to motor neurons, via a balance of neurotransmitter activity (30, 37, 38). In PD, the motor systems can become hypo-excitability following an increased inhibition of sensory inputs to the basal ganglia, leading to a diminished motor response to certain sensory stimuli (30). This diminished responsiveness to sensory stimuli is thought to underlie the observed difficulties experienced by PD patients in regulating the amplitude of movements in the absence of external visual or auditory cues, when they are dependent on sensory feedback for accurate motor control, (31, 32, 38) and may also contribute to the axial symptoms.

In the present study, the observed link between increased GABA levels in the left basal ganglia in PD patients and the degree of gait disturbance (**Figure 2**) may be associated with an over-inhibition of the processing of sensory inputs necessary for maintaining posture and initiating locomotion. This observation is consistent with the reported role of GABAergic outputs from the basal ganglia in the control of posture and locomotion (35, 39, 40). However, since locomotion can be initiated by stimulation





**FIGURE 2 |** Basal ganglia GABA, prefrontal GABA and prefrontal Glx appear to be associated with axial symptom scores including gait and postural difficulties assessed with the MDS-UPDRS. **(A)** left basal ganglia GABA levels were significantly associated with higher axial symptom summary scores in akinetic-rigid (AKR) patients ( $p = 0.034$ ), but not in tremor-dominant (TD) patients ( $p = 0.403$ ), while the full patient group showed a trend-level association between basal ganglia GABA and axial summary scores ( $p = 0.067$ ). **(B)** Elevated GABA levels were also associated higher gait summary scores ( $p = 0.038$ , full group). In the AKR subgroup, increased GABA levels were significantly positively associated with difficulties arising from a chair **(C)**, ( $p = 0.002$ ) and difficulties with posture **(D)**, ( $p = 0.002$ ). Left prefrontal GABA levels were negatively associated with postural stability in the AKR subgroup ( $p = 0.004$ , **E**), while left prefrontal Glx levels were negatively associated difficulties turning in bed, both in the full group ( $p = 0.029$ , **F**), and in the AKR subgroup ( $p = 0.041$ , **F**).

of the midbrain locomotor region, (36) one would expect corresponding neurotransmitter abnormalities to be observed in the pons, related to problems with gait. In the present study,

we were not able to measure GABA in the pons due to the large voxel size required for GABA measurement with MEGA-PRESS, but we did not observe any apparent relationship between

the pontine Glx concentrations (from standard PRESS) and problems with gait. However, since the PRESS voxel volume (3.4 mL) is large in comparison to the size of the midbrain locomotor region or the pedunculopontine nucleus of the pons, two of the pontine regions implicated in gait control and muscle tone regulation, the lack of an apparent relationship between pontine Glx and posture or gait symptoms may be due to a lack of regional specificity of the pontine MRS measurement. Future studies at higher field strengths (e.g., 7T), where smaller voxel volumes can be used and where GABA can be quantified without the need for spectral editing, may be able to extend the present findings to clarify the link between gait difficulties and pontine neurotransmitter levels.

In the subgroup analysis, the observed link between basal ganglia GABA levels and the gait and axial summary scores seemed to be mostly driven by GABA and symptom changes in the akinetic-rigid subgroup of patients rather than the tremor-dominant patients. Longitudinal studies have shown that the akinetic-rigid subtype of PD presents a risk factor for greater progression of the motor symptoms, including freezing of gait and other axial symptoms. (24–26) Akinetic-rigid PD patients have also been shown to demonstrate differences in structural and functional connectivity in comparison to tremor-dominant patients, (41–43) and differences in iron deposition between the subtypes indicates that different pathological mechanisms may underly the observed differences in symptom progression (44). In light of the small group sizes, the subgroup analysis in the present study should be considered exploratory, and we hope these results can be replicated in a larger sample. Given the evidence for differences in brain structure and function as well as symptom progression in different subtypes of PD, it would be interesting to examine differences in the metabolite profile, including neurotransmitter changes, between akinetic-rigid and tremor-dominant PD patients in more detail in a larger cohort.

While basal ganglia GABA levels appeared to be related to gait difficulties, prefrontal Glx levels correlated negatively with difficulties turning in bed (Figure 2), and prefrontal GABA levels correlated negatively with postural stability, in the akinetic-rigid subgroup. The negative correlation between prefrontal Glx and symptom scores would be consistent with previous reports of decreased cortical Glx in PD, (11) under the assumption that patients more severely affected by axial symptoms like turning in bed would have lower prefrontal Glx levels. However, since in the present study no significant differences in prefrontal Glx were observed at the group level, the apparent correlation between frontal Glx and symptom scores seen in the present study cannot be interpreted in the context of abnormal Glx levels in the patient group. The link between prefrontal GABA and posture is also consistent with the putative role of prefrontal and parietal cortical regions in maintaining postural equilibrium, (45) but should also be interpreted with caution in light of the lack of a significant difference in prefrontal GABA between the patient and control groups. It is possible that these associations with individual symptom scores may be affected by outliers, given the small group sizes and the limited distribution of symptoms in

some domains. These results should therefore be considered with caution until they can be replicated in a larger sample.

Since the symptom scores were assessed while patients were in the ON medication state, while the MRS was performed just before the next dose was due and thus rather in an OFF state, medication effects could potentially confound the comparison between GABA and Glx levels and the axial symptom scores. While most of the axial symptoms do not typically respond well to levodopa, dopamine replacement therapy has been reported to reduce freezing of gait in patients with PD, (46) and in the present sample the levodopa equivalent dose showed a trend-level association with basal ganglia GABA ( $p = 0.09$ , Spearman’s rho). The effect of levodopa on freezing of gait may explain why the correlations between basal ganglia GABA levels and the gait and axial symptom summary scores diminished in significance after controlling for the levodopa equivalent dose, particularly in akinetic-rigid patients. In contrast, the association between neurotransmitter levels and other symptom scores such as rising from a chair, turning in bed, posture, and postural stability, seemed relatively independent of levodopa effects, but in addition to levodopa 11 patients were additionally medicated with dopamine agonists. Previous studies in children with attention deficit hyperactivity disorder (ADHD) have reported that treatment with dopamine agonists like methylphenidate can reduce striatal Glx levels (47), although methylphenidate did not appear to influence frontal Glx levels, (47) and another study of medication-naïve and medicated adults with ADHD failed to find differences in Glx related to medication status (48). However, since treatment with dopamine agonists or other medications may introduce additional variability into the Glx and GABA signals measured MRS, it would be instructive to clarify the effects of dopaminergic and other medications on the GABA and Glx levels in a future study, where the cohort of PD patients is sufficiently large to enable separation into subgroups according to medication status.

## CONCLUSION

MRS offers a unique opportunity to study the complex interplay between excitatory and inhibitory neurotransmitter activity both within and outside the motor network. The present pilot study provides evidence of a link between alterations in GABA and glutamate levels and the axial symptoms of Parkinson’s disease, lending important insight into the neural origin of these symptoms, and opening up potential avenues for treatment.

## AUTHOR CONTRIBUTIONS

RO: conception, organization, and execution of research project, design and execution of data analysis, and writing of the first draft of the manuscript. CB: conception of Research Project, design and review and critique of data analysis, and review and critique of the manuscript. HB-V: conception, organization, and execution of research project, design and review and critique of data analysis, and review and critique of the manuscript.

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# Decreased Gray Matter Volume of Right Inferior Parietal Lobule Is Associated With Severity of Mental Disorientation in Patients With Mild Cognitive Impairment

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**Background:** Mental disorientation in time, space, and with respect to people is common in patients with Alzheimer's disease (AD) and mild cognitive impairment (MCI). Recently, a high-resolution functional MRI (fMRI) study revealed that the inferior parietal lobule (IPL) and precuneus are important regions related to mental orientation in healthy individuals. We hypothesized that the IPL and/or precuneus are crucial regions for mental disorientation in patients with amnesic MCI (aMCI). Therefore, our aim was to assess our hypothesis in these patients using voxel-based morphometry (VBM).

**Methods:** Fifteen patients with aMCI participated. The Neurobehavioral Cognitive Status Examination (COGNISTAT) as well as the Mini-Mental State Examination (MMSE) were used to evaluate mental disorientation. Subsequently, we used VBM analysis to identify brain regions that exhibited gray matter (GM) volume loss associated with mental disorientation. Based on our hypothesis, four brain regions (bilateral IPLs and precuneus) were selected as regions of interest (ROIs).

**Results:** We found a significant decreased GM volume in the right IPL, which was correlated with lower orientation scores on the COGNISTAT. In contrast, GM volume in other ROIs did not show a significant positive correlation with mental disorientation. Regarding the MMSE, no significant reduction in GM associated with decline in orientation were observed in any ROI.

**Conclusion:** We found the significant relationship between low GM volume in the right IPL and severity of mental disorientation. Therefore, the right IPL is responsible for mental disorientation in aMCI.

**Keywords:** mild cognitive impairment, mental disorientation, Neurobehavioral Cognitive Status Examination (COGNISTAT), Mini-Mental State Examination, inferior parietal lobule, voxel-based morphometry, magnetic resonance imaging



## INTRODUCTION

Alzheimer's disease (AD) is a progressive neurodegenerative disorder and the most common form of dementia in older people. It is characterized by numerous cognitive deficits including memory disturbance, disorientation, and visuospatial deficits (1, 2). In contrast, mild cognitive impairment (MCI) is an intermediate state between normal aging and dementia (3) and is classified into two subtypes: amnesic and non-amnesic MCI. Amnesic MCI (aMCI) is widely viewed as a preclinical stage of AD (4).

Orientation in time, space, and to people is fundamental for one's own behavior. Recently, a high-resolution functional magnetic resonance imaging (fMRI) study has revealed that common cortical activity related to orientation for time, space and people is mainly localized in the IPL and precuneus in healthy people (5). AD is a pathology known to preferentially involve temporo-parietal association areas, and this is true even in MCI (6). Nevertheless, which brain regions are associated with disorientation is still unclear in aMCI, even though disorientation is a major symptom.

Mini-Mental State Examination (MMSE) is the most commonly used tool for assessing cognitive functions including orientation to time (5 points) and space (5 points) for clinical and research purposes. However, it does not assess, orientation to people. Recently, the Neurobehavioral Cognitive Status Examination (COGNISTAT) has been introduced as a way to evaluate cognitive functions. COGNISTAT is a short cognitive battery that contains subtests for orientation to people (2 points), time (6 points), and space (4 points). Furthermore, AD patients exhibited significantly lower scores on many subtests of COGNISTAT compared with healthy older individuals (7). The total number of impaired scores on COGNISTAT is also useful for discriminating AD from non-AD dementia (7). Thus, COGNISTAT is likely a better tool than MMSE for studying the core brain regions associated with overall mental disorientation (including time, space, and people) in aMCI and AD.

Voxel-based morphometry (VBM) is a brain imaging method that can measure gray matter (GM) volume (GMV). The results can be used to assess the relationship between GMV and scores on neuropsychological tests related to various neurodegenerative disorders (8, 9). Therefore, VBM can reveal which brain regions are related to disorientation in aMCI and AD. The aim of this study was to use VBM to identify the brain regions associated with overall mental disorientation in aMCI using neuropsychological tests (COGNISTAT and MMSE). Based on the recent fMRI finding showing the important role of the IPL and precuneus on orientation in healthy humans (5), we tested the hypothesis that the IPL and/or precuneus are brain regions crucial for overall mental disorientation in aMCI.

## MATERIALS AND METHODS

We analyzed data from the orientation subtests of COGNISTAT and MMSE (Japanese versions) and from high-resolution three-dimensional (3D) T1-weighted MRI images obtained from 15 aMCI patients who visited the Memory Clinic (outpatient

dementia service) at the Minohara Hospital. The protocol for the present study was approved by the internal ethics review boards of Minohara Hospital.

## Patients

We retrospectively reviewed the medical records of 15 aMCI patients (9 females; age: 63–84 [mean:  $75.3 \pm 6.8$ ] years; education: 9–16 [mean:  $12.7 \pm 2.0$ ] years) from their first visit until September 2017. At the first visit, all patients underwent clinical neurological examinations by an experienced neurologist (T.Y.). Neuropsychological assessments were also performed by a clinical psychologist (A.T.), including the administration of COGNISTAT and MMSE, the delayed recall of logical memory on the Wechsler Memory Scale-Revised (delayed LM WMS-R), the Clinical Dementia Rating (CDR) scale, and the Geriatric Depression Scale (GDS). Furthermore, all patients completed electroencephalography, MRI, single photon emission computed tomography (SPECT), and standard laboratory tests. Inclusion criteria for aMCI followed the criteria of the Japanese Alzheimer's Disease Neuroimaging Initiative (10).

## MRI Acquisition and Analysis

T1-weighted 3D sagittal images were acquired using a 1.5-Tesla MRI scanner (MRT200PP3, Toshiba Medical Systems Corporation, Japan). The acquisition parameters were as follows; repetition time = 13.5 ms; echo time = 5.5 ms; flip angle =  $20^\circ$ ; field of view = 220 mm; acquisition matrix =  $256 \times 256$ , and slice thickness = 1.5 mm.

T1 images were processed using the VBM in SPM12 (Functional Imaging Laboratory, University College London, UK) running on MATLAB R2015b (The Mathworks, Inc., USA). In the segmentation, registration, normalization and modulation process, we used default settings for all parameters but "Preserve" was changed from "Preserve Concentrations" to "Preserve Amount" for converting to volume. The images were segmented according to tissue type into GM, white matter (WM), and cerebrospinal fluid images (CSF), and non-tissue types (bones, soft tissue, and air). Then, the Diffeomorphic Anatomical Registration using Exponentiated Lie Algebra (DARTEL) tool box in SPM12 for registration, normalization, and modulation. DARTEL templates were created from all the present data (11). The registered images were transformed to Montreal Neurological Institute (MNI) space. Finally, the normalized and modulated images were smoothed with 8-mm full width half maximum Gaussian kernel and analyzed with SPM12 software. The volumes of the different tissue classes and the total intracranial volume (TIV, sum of GM, WM, and CSF) were calculated using a MATLAB script ([http://www0.cs.ucl.ac.uk/staff/g.ridgway/vbm/get\\_totals.m](http://www0.cs.ucl.ac.uk/staff/g.ridgway/vbm/get_totals.m)).

Statistical analysis of GMV data was performed using SPM12. To test our hypothesis that the IPL and/or precuneus are important regions for disorientation in aMCI, four brain regions (bilateral IPLs and precuneus) were selected as regions of interest (ROIs). These ROIs were based on the anatomically defined ROIs in the WFU PickAtlas toolbox (12). For each ROI, small volume correction was performed (voxel-level FWE corrected,  $p < 0.05$ ) with TIV as a covariate. Furthermore, for the peak MNI



coordinate within each ROI, Pearson's correlation coefficient was calculated to evaluate the relationship between the GMV resulting from SPM12 analysis to extract raw voxel values within each ROI (13) and orientation scores on COGNISTAT and MMSE. We also adjusted the  $p$ -values to determine the effects of age, sex, and length of education for COGNISTAT and MMSE analyses, and additionally total MMSE score for COGNISTAT analysis. The difference of GMV loss associated with orientation scores between converters and non-converters were compared by the two-sample  $t$ -test. Further, a *post-hoc* statistical power analysis was conducted using G\*power 3.1.9.2 [power  $(1-\beta) > 0.8$  was generally acceptable] (14).

## RESULTS

### Progression From MCI to AD

During the follow-up period (mean  $19 \pm 17$  months), 10 of 15 patients who were diagnosed with aMCI converted to probable AD on the basis of medical records, neurological evaluation, or interviews.

### Neuropsychological Tests

The mean score on the orientation subtest of COGNISTAT was  $10.6 \pm 1.5$  (full = 12, higher scores indicate better orientation). For the MMSE, the mean scores of total and orientation subtest were  $25.8 \pm 2.3$  (full = 30) and  $8.9 \pm 1.1$  (full = 10), respectively. The mean score on the Delayed LM WMS-R was  $2.8 \pm 2.3$  (full = 25), and that for the GDS was  $4.4 \pm 3.1$  (normal < 6). The mean CDR score was 0.5 (range = 0–3).

### VBM Analysis

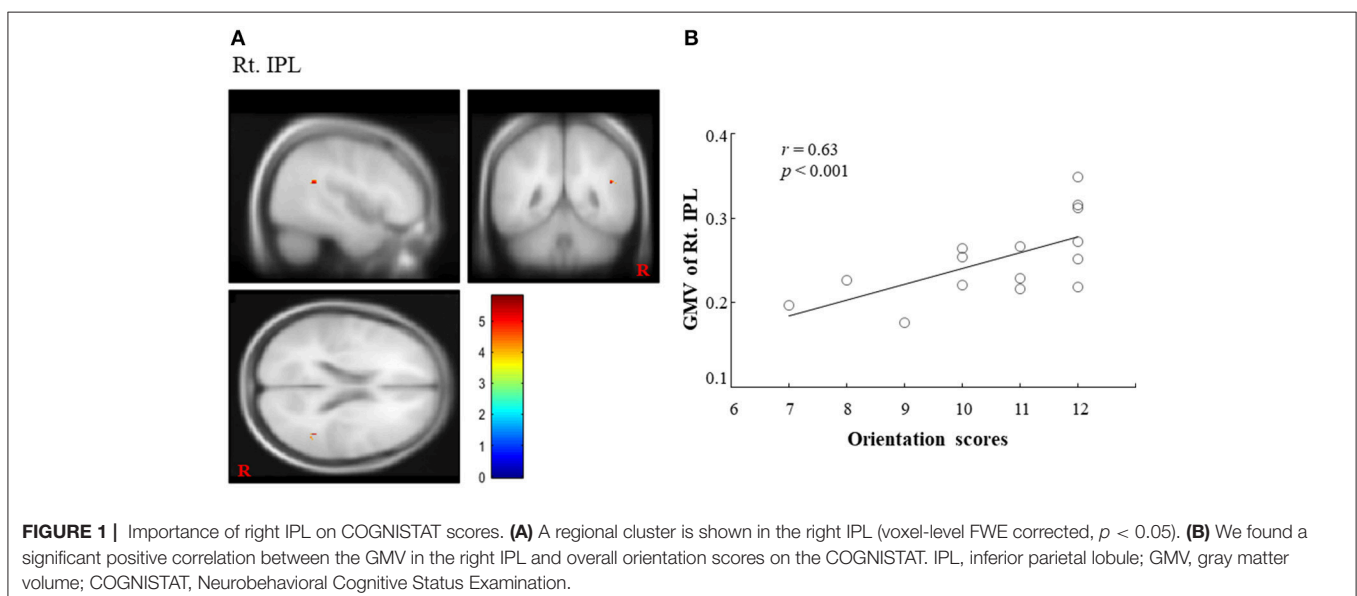
Regarding COGNISTAT, we found a regional cluster (15, 16) that exhibited a significant positive correlation between GMV and orientation scores in the right IPL. In this ROI, the peak location (MNI coordinate) was  $x = 45, y = -48, z = 21$  (cluster

size = 15 voxels; voxel-level FWE corrected,  $p < 0.05$ ,  $(1-\beta) = 0.949$ ; **Figure 1A**). The correlation coefficient ( $r$ ) between GMV in the right IPL and the orientation scores was 0.63 (**Figure 1B**), which suggested the positive correlation. Although there was no statistically significant difference after adjusting for sex, age, length of education and total MMSE score (FWE corrected,  $p = 0.193$ ,  $(1-\beta) = 0.934$ ), there was a statistical significance or a trend toward significance for the adjustment for sex, age, length of education, and total MMSE score, respectively (FWE corrected,  $p < 0.05$ ,  $(1-\beta) = 0.947$ ;  $p = 0.054$ ,  $(1-\beta) = 0.947$ ;  $p = 0.063$ ,  $(1-\beta) = 0.947$ ;  $p < 0.05$ ,  $(1-\beta) = 0.947$ ). In contrast, other ROIs (left IPL and bilateral precuneus) did not exhibit a significant positive correlation between GMV and orientation scores. Regarding MMSE, we did not find any significant correlations between GMV and orientation score in any ROI. Finally, we could not find statistically significant differences in any brain regions between converters and non-converters.

## DISCUSSION

MMSE is a frequently used assessment tool for cognitive function (7) that can identify disorientation in early AD and in those at high-risk of cognitive decline (17). COGNISTAT has recently been introduced to evaluate cognitive function because its diagnostic accuracy and clinical utility were better than those for MMSE in a primary care population (18). COGNISTAT includes an orientation subtest for people, besides those for time and space. Thus, we used COGNISTAT as the primarily means to evaluate orientation. To our knowledge, this is the first VBM study to identify core brain regions associated with overall mental disorientation in aMCI.

We found that brain atrophy (lower GMV) was related to greater severity of overall mental disorientation in the right IPL of aMCI patients. This finding partially supports our hypothesis that IPL and/or the precuneus is important for



disorientation in aMCI. However, we did not find any significant correlation between disorientation as assessed by MMSE and any of our hypothesized brain regions. These results suggest that COGNISTAT may be superior to MMSE in its ability to identify overall mental disorientation related to brain atrophy.

Only the right IPL showed a significant correlation between GMV and disorientation. Brain regions related to disorientation are mostly localized in the right hemisphere, which partially overlaps with the default mode network (DMN) (19–21). Furthermore, a previous neuropathological study on AD demonstrated that the relationship between disorientation (time and place) and parietal lobe was stronger in the right hemisphere (22). Taken together, the right IPL of aMCI may be more involved in overall mental disorientation than the left IPL.

Recent fMRI study demonstrated that common cortical activity related to orientation in time, space, and to people are precisely localized to the IPL and precuneus (5). This finding partially supports our findings that the IPL plays an important role in disorientation in aMCI. Among aMCI and AD, the distribution of amyloid deposition is remarkably similar to the spatial pattern of the DMN (23). Therefore, the orientation network is probably impaired in aMCI because pathological changes in it were observed in AD (22).

Although a previous SPECT study of AD showed hypoperfusion of the precuneus (24), we could not observe a relationship between GMV in the precuneus and disorientation. Interestingly, a recent diffusion MRI study revealed that the IPL was anatomically connected with the precuneus by short-range bilateral white matter tracts (25). This functional communication between areas is important for processing cognitive functions, including orientation. Accordingly, low GMV in the IPL might induce dysfunction of the precuneus, which results in disorientation in aMCI.

It is interesting to note that glutathione (GSH) serves as a marker of oxidative stress that is an important factor in MCI and AD (26–29). Mandal et al. (27) reported that GSH levels in hippocampus measured by magnetic resonance spectroscopy (MRS) accurately discriminated MCI from healthy individuals

and that GSH levels correlated with cognitive function. The parietal cortex has more GSH content than other brain regions in healthy people in MRS (26). Decreased GSH level in the parietal cortex may underlie low orientation scores of aMCI in this study. Thus, the combined use of GSH-MRS and VBM analysis is useful to clarify the neural correlates of disorientation in aMCI.

This study was limited by the relatively small sample size. Particularly, we could not find a positive correlation between the right IPL and orientation scores after adjusting for demographical variables. There was also no significant difference in GMV loss between converters and non-converters. We could not assess the correlation with orientation subtests. Since orientation scores of COGNISTAT does not show normal distribution, it may be smeared by ceiling effect. Further longitudinal and larger scale VBM studies should be considered to verify the brain regions associated with disorientation in time, space, and to people in aMCI.

In conclusion, the right IPL is responsible for overall mental disorientation in aMCI. Therefore, brain atrophy in the right IPL can be useful for early detection of aMCI.

## AUTHOR CONTRIBUTIONS

AO, TY, AT, and MM collected data. AO analyzed the data. AO, TY, and ST wrote the manuscript. AO, TY, ST, AT, and MM have read and approved the final version of the manuscript.

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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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# No Effects of Anodal tDCS on Local GABA and Glx Levels in the Left Posterior Superior Temporal Gyrus

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A number of studies investigating the biological effects of transcranial direct current stimulation (tDCS) using magnetic resonance spectroscopy (MRS) have found that it may affect local levels of  $\gamma$ -aminobutyric acid (GABA), glutamate and glutamine (commonly measured together as “Glx” in spectroscopy), and N-acetyl aspartate (NAA), however, these effects depend largely on the stimulation parameters used and the cortical area targeted. Given that different cortical areas may respond to stimulation in different ways, the purpose of this experiment was to assess the as yet unexplored biological effects of tDCS in the posterior superior temporal gyrus (pSTG), an area that has attracted some attention as a potential target for the treatment of auditory verbal hallucinations in schizophrenia patients. Biochemical changes were monitored using continuous, online MRS at a field strength of 3 Tesla. Performing intrascanner stimulation, with continuous spectroscopy before, during and after stimulation, permitted the assessment of acute effects of tDCS that would otherwise be lost when simply comparing pre- and post-stimulation differences. Twenty healthy participants underwent a repeated-measures experiment in which they received both active anodal and sham intrascanner stimulation in a stratified, randomized, double-blind experiment. No significant changes in GABA, Glx, or NAA levels were observed as a result of anodal stimulation, or between active and sham stimulation, suggesting that a single session of anodal tDCS to the pSTG may be less effective than in other cortical areas that have been similarly investigated.

**Keywords:** tDCS, GABA, Glutamate, magnetic resonance spectroscopy, MRS

## INTRODUCTION

Transcranial direct current stimulation (tDCS) is a non-invasive neurostimulation technique that uses constant, low level (0.5–2.0 mA) direct current to modulate cortical excitability in a polarity dependent manner (1). Nitsche and Paulus (2) used the magnitude of motor-evoked potentials (MEP) as generated by transcranial magnetic stimulation (TMS) as an indication of changes in excitability and found that tDCS was able to induce changes in excitability of up to 40%, with anodal stimulation having an excitatory effect, and cathodal stimulation having an inhibitory



effect. Subsequent studies showed that effects may outlast the duration of stimulation, with short applications inducing excitability shifts during stimulation, and ~10 min or more of stimulation producing persistent effects lasting up to 90 min after current flow has ceased (3) suggesting that tDCS has the ability to induce long term potentiation (LTP)-like effects on synaptic plasticity (4).

Due to its purported effects on excitability and synaptic plasticity, tDCS has been investigated as a potential treatment for a range of neurological and psychiatric disorders such as Parkinson's disease (5), depression (6), and for the treatment of auditory verbal hallucinations in schizophrenia. A case reported by Homan et al. (7) found that cathodal tDCS halfway between T3 and P3 in the 10–20 electroencephalography (EEG) system was successful in alleviating both hallucinations (–60% Hallucination Change Scale (HCS) score) and global symptoms (–20% Positive and Negative Syndrome Scale (PANSS) score). A randomized control trial conducted by Brunelin et al. (8) using a similar stimulation paradigm at 2.0 mA also showed improvement in hallucinations (–31% Auditory Hallucination Rating Scale (AHRS) score) and global symptoms (–13% PANSS score). Subsequent studies, using similar stimulation parameters have found both reductions (9) and no significant differences (10, 11) in symptoms. While tDCS shows great promise as a potential treatment for schizophrenia, the lack of consistent findings between these studies highlight the need for a deeper understanding of the effects of tDCS.

Although generally accepted that anodal stimulation typically facilitates excitability and cathodal stimulation inhibits excitability (12), studies have shown that the effects of tDCS on excitability are not so simplistic, and depend on a number of factors such as electrode size and placement, stimulation intensity and duration, as well as the orientation of neurons relative to the stimulating electrodes (12–14). Furthermore, Batsikadze et al. (15) found that while 20 min of cathodal stimulation at 1.0 mA had an inhibitory effect, 20 min of cathodal stimulation at 2.0 mA had an excitatory effect, increasing the magnitude of measured MEPs. Esmailpour et al. (16) showed that the dose-response relationship in tDCS is not necessarily linear, and that although increasing current produces a corresponding increase in brain electric field, it may not necessarily enhance a neurophysiological, behavioral or clinical outcome. As Woods et al. (14) caution, it cannot be taken for granted that what is effective in a particular cortical area is transferable and applicable to others, rather recommending a “titration” of parameters.

**Abbreviations:** BOLD, Blood Oxygen Level Dependent; EEG, Electroencephalography; ERETIC, Electronic reference to access *in vivo* concentrations; FWHM, Full width at half maximum; GABA, Gamma-aminobutyric acid; Glx, Glutamate and glutamine; GSH, Glutathione; LTP, Long-term potentiation; MEGA-PRESS, Mescher-Garwood point resolved spectroscopy; MEP, Motor evoked potential; MRS, Magnetic Resonance Spectroscopy; NAA, N-acetylaspartate; NAAG, N-acetylaspartylglutamate; pSTG, Posterior superior temporal gyrus; tDCS, Transcranial direct current stimulation; TE, Echo time; TMS, Transcranial Magnetic Stimulation; TR, Repetition time

Despite the observed effectiveness of tDCS, the exact mechanisms by which it works are not yet fully understood. Horvath et al. (17) show that changes in cognitive effects alone may be an unreliable measure of effectiveness. Computational forward models and simulations have been useful in imaging current flow, aiding in the design of stimulation paradigms (18) but do not provide information about neuronal responses to delivered current or whether the effect is excitatory or inhibitory in nature.

Krause et al. (19) suggest that tDCS may modulate the excitation/inhibition balance, that is, the relative contributions of excitatory and inhibitory inputs to a neural circuit corresponding to a neuronal event. Using *in vivo* magnetic resonance spectroscopy (MRS), the excitation-inhibition balance may be characterized in terms of the local concentrations of the excitatory neurotransmitter glutamate and inhibitory neurotransmitter gamma-aminobutyric acid (GABA). Studies that have used MRS to investigate the effect of tDCS have found anodal tDCS to reduce local cortical GABA concentration in the motor cortex (20, 21) and to increase local concentrations of glutamate and glutamine, measured together as “Glx,” and N-acetyl aspartate (NAA) in the intraparietal and prefrontal cortices (22, 23), the observed reduction in inhibitory neurotransmitter levels and concurrent increases in excitatory neurotransmitter levels being consistent with the facilitatory nature of anodal stimulation. Thus, *in vivo* MRS provides a window into the biochemical events underlying tDCS that may also be used as a biomarker indicating the effectiveness and nature of a stimulation paradigm.

In this study, MRS was used to investigate the acute biochemical effects of tDCS in validating its potential for use as a treatment for auditory-verbal hallucinations in schizophrenia. However, rather than simply comparing pre- and post-stimulation spectral acquisitions, biochemical changes were measured continuously using online MRS in a manner similar to those used by Bachtiar et al. (24) and Hone-Blanchet et al. (23). By acquiring spectra continuously over the course of stimulation, spectral frames could be combined in such a way that metabolite levels could be measured and tracked before, during and post stimulation, allowing better insight into the acute effects of stimulation as opposed to the lasting effects. Findings in other cortical areas suggest that if anodal tDCS were to have a similar effect on the local excitation-inhibition balance, it may be measured as a statistically significant increase in Glx and NAA levels (22, 25) and decrease in GABA levels (20, 21, 24) and that these changes would be significantly different under active stimulation when compared to sham.

## MATERIALS AND METHODS

This study was carried out in accordance with the recommendations and ethical approval of the regional committee for medical and health research ethics (REK-Vest) REK case number 2013/2342. All subjects gave written informed consent in accordance with the Declaration of Helsinki and the



guidelines drawn up by The Norwegian National Research Ethics Committee for medical and health research (NEM).

## Participants

Twenty healthy participants (mean age: 25 years, range: 19–32; 10 male) participated in the study. All participants were required to complete a Norwegian language version of the Edinburgh handedness inventory (26) to determine right-handedness in an attempt to control for issues related to lateralization of cortical areas, such that stimulation in the left hemisphere affects approximately the same functional area in each participant. The test assessed dominance of right and left hand in performing 10 everyday activities to produce a score ranging between  $-100$  (exclusively left handed) and  $+100$  (exclusively right handed), participants with a score greater than  $+40$  were considered to be right handed and were permitted into the study (mean score:  $+80$ , SD: 24). Based on self-report, participants were free from psychiatric and neurologic conditions and had not used any psychoactive/psychotropic substances, including no smoking or other tobacco based or nicotine containing products, for 6 months prior to participating in the experiment. Participants were also instructed not to consume alcohol for at least 24 h prior to participation.

Data from one female participant was omitted from final analyses due to abnormally high measurements of Glx more than three standard deviations above the group mean (Glx levels almost 5 times higher than average values), suggesting an error in spectral acquisition.

## tDCS Stimulation

Stimulation was performed using an MR-compatible DC-Stimulator MR (neuroConn GmbH, Ilmenau, Germany) fitted with two  $5 \times 7$  cm ( $35$  cm<sup>2</sup>) MR compatible rubber electrodes. Given that the motivation for this study was the potential for tDCS to be used as a treatment for schizophrenia, stimulation parameters were chosen to emulate those used in previous studies. Intensity was set at 2.0 mA (27) and although the majority of studies using tDCS as a treatment for auditory-verbal hallucinations have stimulated for 20 min, the prohibitively long scan time this would necessitate in order to have three equally long spectroscopy windows meant that stimulation had to be limited to 10 min. The anodal electrode was placed with the center of the pad on an area over the pSTG, such that the lower corners of the 7 cm edge of the electrode touch points T3 and T5 in the EEG 10-20 system. The cathodal electrode was placed over the contralateral orbitofrontal cortex, a site commonly used in tDCS montages for placement of the reference electrode (2, 12) such that the center of the electrode covered point AF8 in the EEG 10-20 system. Each electrode was coated with a layer of Ten20 conductive paste (Weaver and Company, Aurora, United States of America) at the interface between electrode and skin to improve both adhesion and conductivity. Once the electrodes were in place, participants were placed in the scanner with electrodes attached but not connected to the stimulation box. Electrodes were only connected prior to spectroscopy sequences.

This study followed a stratified, randomized, double-blind design, with both participants and experimenters blind to the stimulation condition. Each subject participated in two MR-scanning sessions with tDCS: one with active and one with sham stimulation, separated by a wash-out period of 1 h outside of the scanner (12, 28) counterbalanced for order. Double-blinding was performed by having the stimulation condition determined by a code, independently predetermined by a researcher not present at the stimulation, such that each participant underwent both active and sham stimulation conditions and that equal numbers experienced active and sham stimulation as the first condition.

## MR-Imaging and Spectroscopy

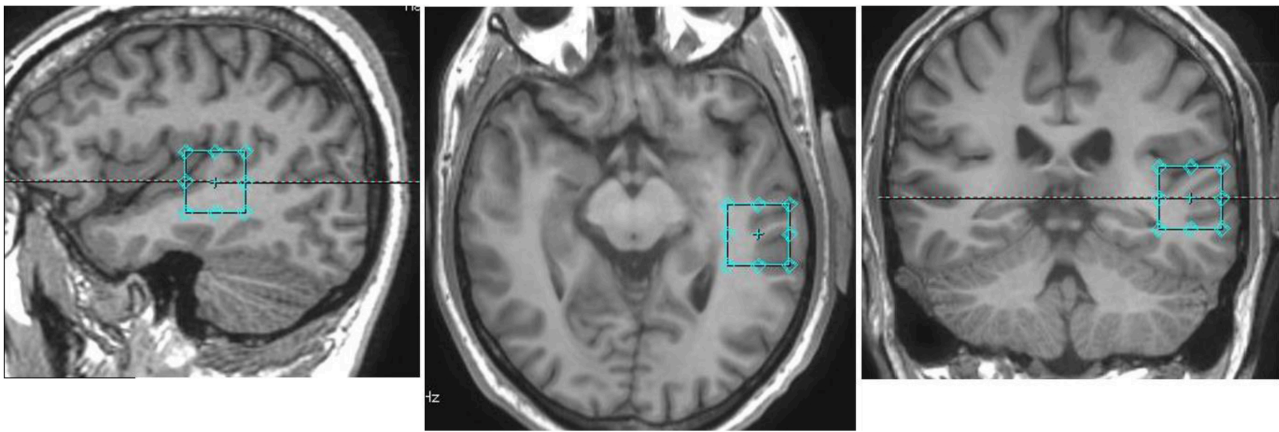
All imaging and spectroscopy was performed on a 3 T GE 750 Discovery Scanner from GE Healthcare (General Electric, Milwaukee, United States of America) using a standard 8-channel head coil from Invivo (Invivo corp., Gainesville, Florida, United States of America).

Following a 3-plane localizer sequence (2D Spin Echo, TE = 80 ms, FOV = 240 mm, slice thickness = 8 mm, slice spacing = 15 mm) structural anatomical imaging was performed using a 3D T1 weighted fast spoiled gradient sequence (FSPGR) (number of slices = 192, slice thickness = 1.0 mm, repetition time (TR) = 7.8 ms, echo time (TE) = 2.95 ms, field of view =  $260 \times 260$  mm<sup>2</sup>, flip angle = 14 degrees, matrix =  $256 \times 256$ ). These structural images were used to position a  $24 \times 24 \times 24$  mm<sup>3</sup> voxel for the spectroscopy component of this experiment in the left pSTG, centered around the primary auditory cortex, aligned orthogonally in the axial scan plane with no angulation (Figure 1).

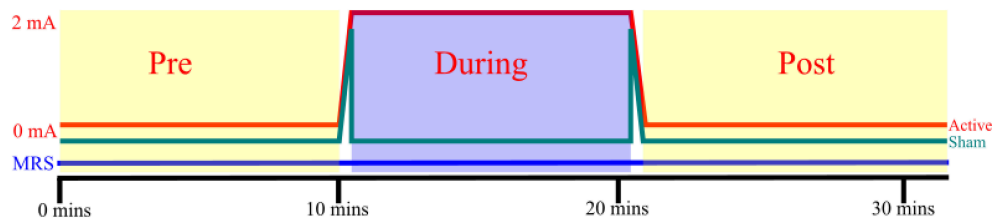
Since the aim of this study was to characterize acute biochemical changes in terms of the excitation-inhibition balance, a GABA specific MEGA-PRESS sequence (29) was used as it provides accurate and stable measurements of GABA, as well as a measurement of glutamate and glutamine combined as “Glx” (30). Spectroscopy was performed using a MEGA-PRESS sequence (TE = 68 ms, TR = 1,500 ms, 8-way phase cycling, editing at 1.9 and 7.5 ppm in alternating frames) of 628 paired repetitions, followed by 16 unsuppressed reference acquisitions for a total scan time of 31 min and 48 s. Once 10 min of spectroscopy had elapsed, stimulation was initiated at the control box located outside the scanner at the control room. Active stimulation was delivered for 10 min with 24 s of ramping time both before and after the stimulation/sham period at a constant intensity of 2.0 mA. For the sham stimulation condition, intensity was ramped up to 2.0 mA over 24 s, then delivered for another 40 s, before being ramped down to zero, giving participants a similar sensation to that they would experience during active stimulation. Spectroscopy acquisition continued for 10 min in order to assess post-stimulation effects (Figure 2).

## Spectral Analysis

While no spectral artifacts were observed during steady-state tDCS stimulation, mild artifacts were seen in spectral frames acquired during the ramping periods for both active and sham stimulation. Frames from these periods were omitted from all subsequent analyses.



**FIGURE 1** | Voxel placement in the pSTG in one participant: Sagittal (left), axial (middle), and coronal (right) views overlaid on an anatomical scan.



**FIGURE 2** | tDCS and MRS: Each participant received both active and sham stimulation, separated by a washout period of 1 h, counterbalanced for order. 24 s of ramping up and down were incorporated into both active and sham stimulation. MRS was acquired constantly throughout each session. The pre-, during, and post-stimulation spectroscopy windows did not include frames acquired during ramping.

Following phase adjustment, coil combination, and realignment, each continuous acquisition was first subdivided into three smaller blocks of  $\sim 10$  min, with exact length depending on how many frames were excluded due to ramping artifacts, comprising a pre-, during-, and post stimulation block for each session, hereafter referred to as a three point analysis. Frames within each block were then averaged together and within each block, ON, and OFF spectrum pairs were subtracted to produce a difference spectrum then subjected to quantitative analysis with LCModel (version 6.3-1J) (31, 32) using a simulated basis set (33) with Kaiser coupling constants (34) to provide an estimate of average levels of GABA, glutamate and glutamine measured together as Glx, glutathione (GSH), NAA, and N-acetyl aspartate glutamate (NAAG). Metabolite levels were scaled relative to the unsuppressed water signal acquired at the end of each spectroscopy sequence.

One issue that affects MEGA-edited GABA spectroscopy is co-editing of macromolecule (MM) resonances at 1.7 ppm contaminating the GABA signal in the difference spectrum. GABA, in this report, refers to both GABA and the co-edited macromolecule, typically denoted GABA+ (35).

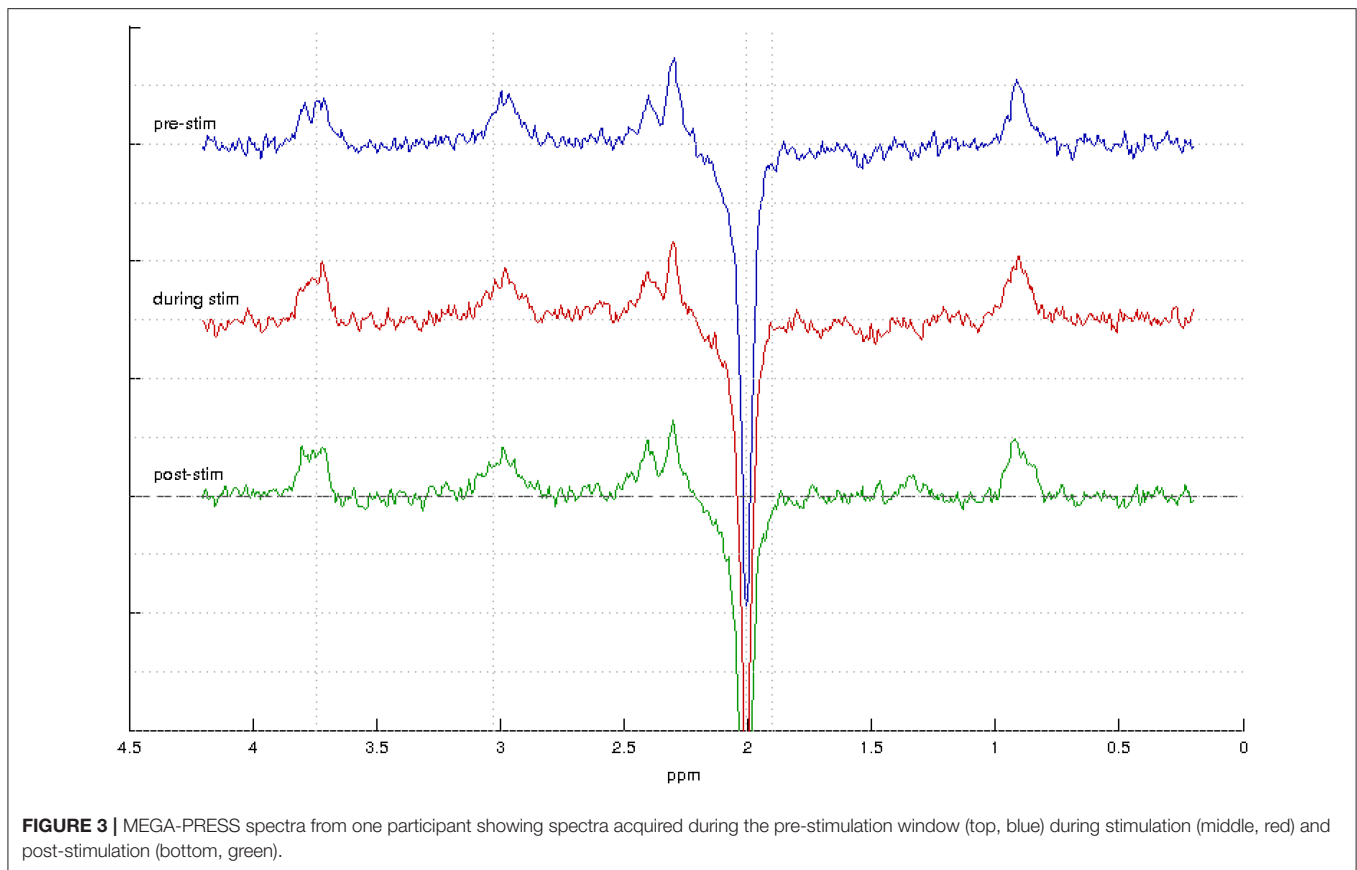
To further investigate acute effects of tDCS, and eliminate the possibility short-lived metabolic fluctuations being obscured through averaging, a second analysis was performed in which the during- and post-stimulation blocks were further subdivided into

two smaller windows in an attempt to uncover any changes in metabolite concentration during this period, thus providing five time points over the acquisition, hereafter referred to as the five point analysis: one 10 min pre-stimulation window, two 5 min during-, and two 5 min post-stimulation windows.

MRS signals have been demonstrated to be susceptible to line-broadening artifacts associated with local blood-oxygen-level dependent (BOLD) effects (36). As an indication of potential BOLD interference, the full width at half maximum (FWHM) values as determined by LCModel were used as a measure of quality control, to ensure the MRS signal had not been significantly affected between time points.

## Statistical Analysis

Statistical analyses were performed using R (37) and the nlme package (38) to perform a linear mixed effects model analysis of the effect of tDCS on the concentrations of three metabolites of interest, namely NAA, Glx, and GABA, over time. This model specified two groups of participants (active-first and sham-first) and time period as fixed effects as well as an interaction effect between the two, with the subject as a random effect. This model was also used to investigate crossover effects between the active and sham stimulation conditions due to the within-subject design of the study, to determine whether order of stimulation, active first or sham first, may have had



any significant effect on results and whether the stimulation condition in the first session had any lasting effect on the second. The same model was used for both the 3-point and 5-point analyses.

## RESULTS

Sample spectra from the three-point analysis of an individual participant are shown in **Figure 3** along with spectral quality metrics for all participants in **Table 1**. A linear mixed effects model of the average metabolite concentration across three time windows (pre-, during-, and post-stimulation) revealed no significant fluctuations in any of the metabolites of interest between any time points (**Figure 4** and **Appendix A**). Similarly, no significant fluctuations in any of the metabolites of interest were found between any time points in the five-time point analysis (**Figure 4** and **Appendix B**).

No significant crossover effects were found (**Figure 4**, **Appendices A, B**) indicating both that the order in which participants received the two different stimulation conditions had no significant effect on results and that there were no crossover effects from the first session significantly affecting the second. There was no significant difference in the change between groups over time, indicating no difference in fluctuations for any of the metabolite levels between active and sham conditions.

The FWHM as reported by LCModel was used as an indication of potential BOLD interference (**Tables 2, 3**), but saw very little fluctuation between time points, making BOLD interference an unlikely source of error.

## DISCUSSION

The montage and stimulation parameters used in this experiment did not induce a statistically significant effect on Glx, GABA, or NAA levels as measured with the MRS sequence used, and there was no significant difference in response observed between the active and sham stimulation conditions.

The active hypothesis for this experiment was informed by previous studies in which active anodal stimulation was found to be associated with increases in Glx and NAA levels (22, 23) and decreases in GABA levels (20, 21, 24) as measured by MRS. In comparing these studies with the findings presented here, there are three key elements to be considered, namely the stimulation parameters, the MRS acquisition parameters and the site of stimulation and spectroscopy.

As stated in section tDCS Stimulation, due to limitations of the experimental design, stimulation could only be delivered for 10 min as opposed to the 20 min previously used in the treatment of schizophrenia symptoms. Although as little as 7 min of stimulation has been

shown to induce lasting effects after stimulation has ceased (39), it cannot be taken for granted that the 10 min delivered in this session was sufficient to induce a change. While the stimulation window was shorter than the 30 min used by both Clark et al.

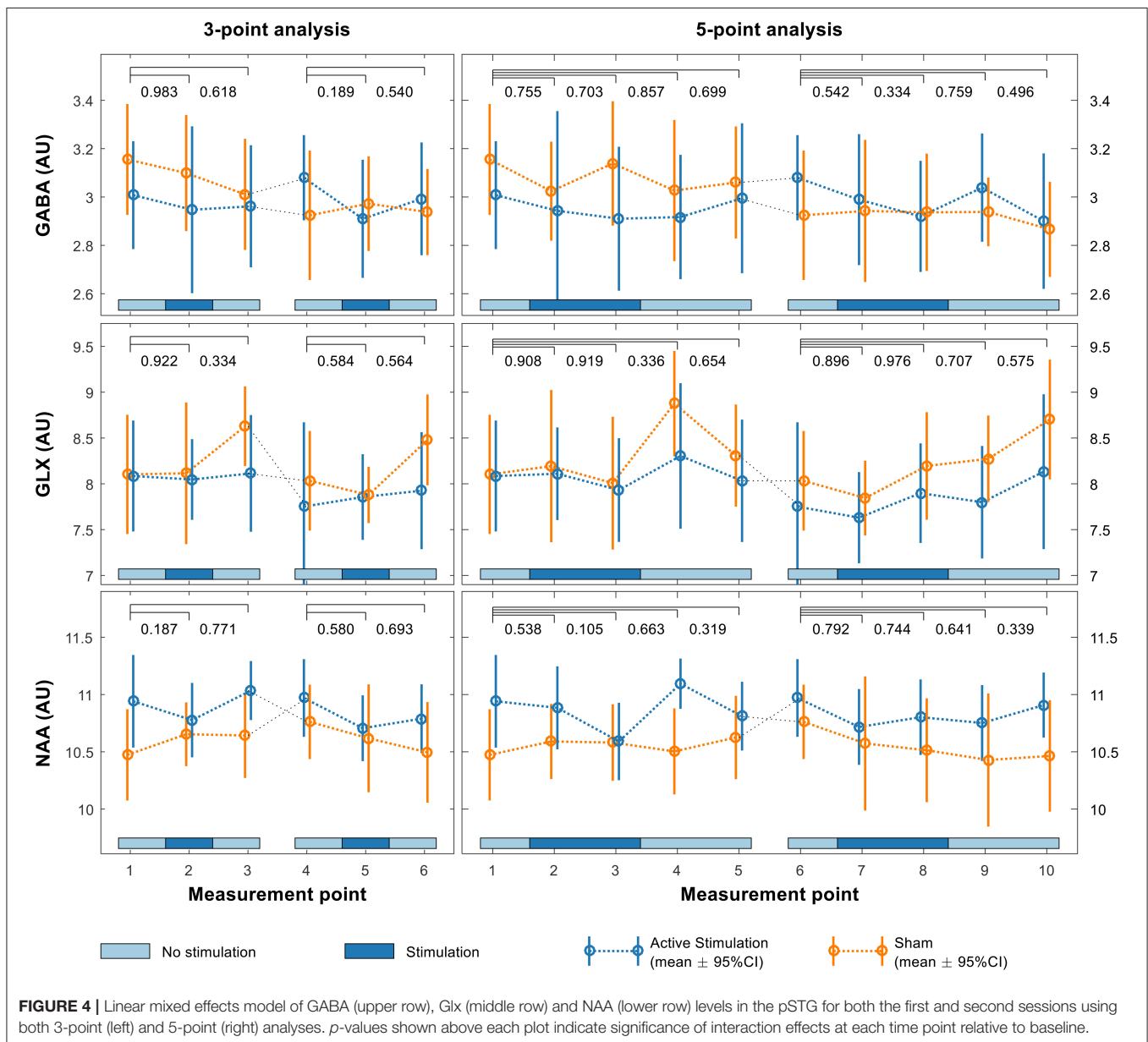
(22) and Hone-Blanchet et al. (23) and the 20 min and 15 min used by Bachtiar et al. (24) and Kim et al. (20), respectively, Stagg et al. (21) were able to detect significant changes in GABA and Glx levels in the left sensorimotor cortex using a similar

**TABLE 1 |** Spectral Quality: FWHM, SNR, and mean %CRLB for GABA and Glx for each stimulation window.

Window	FWHM (Hz)	SNR	Mean GABA %CRLB	Mean Glx %CRLB
Pre Stim	8.22 ± 2.34	20.47 ± 4.71	5.12	4.54
During Stim	8.39 ± 2.41	20.83 ± 4.20	5.16	4.41
Post Stim	8.03 ± 2.18	21.67 ± 4.04	4.91	4.24

**TABLE 2 |** Average FWHM and standard deviation (sd) as estimated by LCMModel for the 3-point analysis.

	Mean FWHM–3-point analysis (Hz)					
	Pre	sd	During	sd	Post	sd
Active	7.95	1.86	7.98	1.79	7.59	1.38
Sham	8.46	2.24	8.64	2.24	8.32	2.30



**TABLE 3** | Average FWHM and standard deviation (sd) as estimated by LCModel for the 5-point analysis.

	Mean FWHM–5-point analysis (Hz)									
	Pre	sd	During1	sd	During2	sd	Post1	Sd	Post2	sd
Active	7.95	1.86	8.00	1.77	7.94	1.69	7.74	1.73	7.77	1.55
Sham	8.46	2.24	8.50	0.02	8.46	2.06	8.28	2.42	8.46	1.96

MEGA-PRESS sequence at 3T given only 10 min of anodal stimulation at 1.0 mA. The findings of Batsikadze et al. (15) and Esmaeilpour et al. (16) suggest it is possible that stimulating at 2.0 mA had a different effect to the one predicted. However, studies conducted by Brunelin et al. (8) and Mondino et al. (9) both found significant reductions in symptoms of auditory-verbal hallucinations using stimulation in this area following cathodal stimulation at 2.0 mA, suggesting an issue more likely related to electrode polarity than stimulation intensity. While no significant changes, nor non-significant tendencies toward changes in any of the metabolites under investigation were seen during stimulation, even in the five-point analysis, it is unlikely that allowing a full 20 min of stimulation would induce a measurable effect, though it cannot be ruled out conclusively.

One of the unique features of this study was the use of continuous, online MRS as opposed to separate acquisitions. While Hone-Blanchet et al. (23) also acquired spectra during stimulation, also using a MEGA-PRESS sequence with an echo time of 68 ms and 11 min acquisition blocks, their study does not include a pre-stimulation window. Similarly, Clark et al. (22) acquired multiple spectra during the pre- and post-stimulation windows, also using a MEGA-PRESS sequence with an echo time of 68 ms, but with spectra acquired sequentially rather than continuously in blocks of 4 min and 48 s. While there is little difference in terms of the resultant spectra whether acquired continuously or sequentially, acquiring separate scans may introduce more variability as each pre-scan affects parameters such as shim, gain adjustment and center-frequency tuning between each segment. It may be considered more robust to acquire all spectra with the same parameters, as was done in this study with single continuous acquisitions. Compared with previous studies using similar sequences, comparable or shorter acquisition times, and smaller voxel sizes, i.e.,  $20 \times 20 \times 20 \text{ mm}^3$  (21, 22, 24), there is little evidence to suggest an error in the MRS acquisition. Intuitively, a larger voxel size provides a higher signal-to-noise ratio, but may come at the expense of some focality in terms of covering the site of stimulation. It is possible that the larger voxel size used in this study may have incorporated spectra from cells not affected by stimulation. However, the voxel dimensions are still small compared to the surface area of the stimulating electrode, and tDCS is not a particularly focused stimulation technique.

The most significant difference between this study and other studies that have measured biochemical changes associated with tDCS with MRS is the cortical region being investigated, both as a stimulation site and volume of interest in spectroscopy. As Woods et al. (14) illustrated, it cannot be taken for granted

that all cortical areas will respond to stimulation in the same manner, and compared to areas such as the sensorimotor cortex and frontal areas such as the dorsolateral prefrontal cortex, the temporoparietal and temporal regions have not been quite as thoroughly investigated. One study investigating the use of anodal tDCS in an adjacent cortical area, namely the left mid-posterior temporal gyrus, on improving performance in a range of reading and naming tasks (40) did not find any significant improvement in performance. Although different stimulation parameters were used, the agreement between the null-findings of this and the present study suggest it is possible that the pSTG and adjacent areas in the region, are not as responsive to anodal stimulation as other areas that have been investigated, but that the effectiveness of tDCS as a treatment for hallucinations is based on its ability to modulate over-active areas in the brain with cathodal stimulation. That is to say, anodal stimulation may not affect excitability in the pSTG, but cathodal stimulation may be effective in modulating activity in over-active or pathologically active networks such as those that might be associated with hallucinations. Computer modeling may be able to determine whether the responsiveness of this cortical area may be due to anatomical features such as skull thickness or cerebrospinal fluid density. It may be of interest to repeat a similar experiment looking at the effects of cathodal stimulation in this area in conjunction with computer models that may be able to determine whether the absence of an observed effect may be attributed to issues of anatomy and current flow.

In an investigation into the effect of active, intrascanner tDCS on the BOLD response as measured with functional MRI, Antal et al. (41) found that the presence of an electric current in the magnetic field inside an MRI scanner produces artifacts that may result in confounding false-positive activity patterns. While mild artifacts were observed during the ramping periods before and after stimulation, and these spectral frames were removed from subsequent analyses, there were no artifacts observed during active or sham stimulation periods. Furthermore, there were no statistically significant differences observed between the pre- and post-stimulation windows, where no ongoing active or sham stimulation was present. This, coupled with the findings of previous studies using online MRS acquired during stimulation (23, 24) suggest that interference caused by ongoing intrascanner tDCS during spectral acquisition is not a likely source of error.

Another potential explanation for the null findings of this experiment is insufficient power as a result of too few participants. An analysis conducted in G\*Power (42) determined



there were enough participants to detect at least a medium sized effect (i.e., effect size  $> 0.6$ ,  $1-\beta = 0.8$ ,  $\alpha = 0.05$ ). Many of the studies that have previously investigated biochemical effects of tDCS have noted significant findings with smaller sample sizes than the 19 used in this study, including  $N = 12$  (22),  $N = 17$  (23), and  $N = 11$  (21). To this end it is believed that the study was sufficiently powered, in terms of the participant sample size, to detect a comparable effect. One of the problems with statistical power as outlined by Button et al. (43) is that while problems of low statistical power are typically associated with reduced chances of detecting a true effect, they may also reduce the likelihood of a statistically significant result being indicative of a true effect. That is, finding false positive effects due to inflated effect sizes. As Westwood et al. (40) illustrate, while it may be of value to include more participants in future studies, it calls the effectiveness of a single session of tDCS into question if the effects are so small. Referring to a meta-analysis in preparation, Westwood et al. (40) discuss an analysis of pooled studies looking at anodal stimulation in the frontal and temporal lobes which produced a sample size of almost 200 participants in which there was still no evidence of an effect of a single session of tDCS. In light of this, it is not believed that an increased sample size would have improved the outcome of this experiment.

One problem affecting the spectroscopy aspect of this study is that of how to quantify metabolite levels. Typical methods make use of water as an endogenous reference, or report the concentration as a ratio relative to an internal reference such as creatine or NAA. While creatine is typically favored as an internal reference (44) its use is complicated when using the MEGA-PRESS sequence as creatine signals are eliminated during subtraction and are not present in the difference edited spectrum, though they may be recovered from the spectra acquired without an editing pulse (commonly referred to as the “OFF” spectrum in the spectral pairs used to create the difference spectrum). NAA was not used as an internal reference as it has been demonstrated to be affected by anodal tDCS (22, 23), although no changes in NAA levels were measured over the course of the acquisition. The use of water as an endogenous reference can be problematic for studies such as this that attempt to measure metabolic changes in a dynamic manner, i.e., in relation to activity over time, as MRS signals have been shown to be susceptible to line-broadening artifacts associated with local BOLD effects (36). Using a fixed water reference taken at the end of the acquisition, as was done in this study, the reference signal was not subject to fluctuations as the result of a BOLD effect throughout the scan as the metabolites of interest were, i.e., comparing an unchanging reference to a signal subject to interference may increase the likelihood of a false change being detected. As a single, fixed water reference was used, it is difficult to decisively rule out any incidental BOLD-related fluctuations. However, such fluctuations would likely be manifest across all metabolites in the FWHM estimate given by LCModel, which is not seen in our data (Tables 2, 3), making it unlikely to be a significant source of error. Ideally, an experiment such as this would benefit from the use of external referencing, such as the Electronic Reference To access *in vivo* Concentrations (ERETIC) method (45, 46).

In interpreting these findings, it is important to consider that tDCS is regarded as a neuromodulatory technique, it does not induce activity or action potentials, but rather facilitates increases or decreases in neuronal excitability. Bikson and Rahman (47) discuss the idea of activity-selectivity and task-specific modulation, that is, that tDCS will preferentially modulate a neuronal network that is already active, while not modulating a separate network that is inactive. One of the problems with the region of interest in this study is that it contains the primary auditory cortex and adjacent areas responsible for the sensation of sound and processing of speech (48). While other paradigms have investigated cortical areas that may be associated with a task, e.g., the primary motor cortex and force adaptation task (20), that may distinguish between blocks of activity and rest, the auditory cortex will experience ongoing sensory input during scanning. It is possible that no biochemical changes were observed between blocks as the local cortical circuit was already in an active state during the pre-stimulation window and that tDCS was not able to drive a higher level of activity.

In conclusion, using continuous online MRS, no significant change in the levels of Glx, GABA, or NAA in the left pSTG was observed that could be attributed to an effect of active, anodal tDCS. Despite this, the method provides a useful insight into the acute effects of stimulation paradigms and their effect on local neuronal circuitry. Further research investigating an effect of tDCS in this area suggests performing a similar experiment using cathodal tDCS, redesigning the experiment to allow 20 min of stimulation, perhaps combining this experiment with computer models and also using an external referencing method to avoid possible confounding variables associated with how metabolite levels are measured.

## AUTHOR CONTRIBUTIONS

GD, AC, MH, KK, KH, and RG were involved in the conception and design of the study. GD, AC, MH, and KK contributed to planning and performing of the experiments. AC performed the spectral analysis component of this study. JA performed statistical analyses. LE contributed to acquisition of MR-Spectra. GD wrote the manuscript with the assistance and critical feedback of all contributing authors.

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## SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fneur.2018.01145/full#supplementary-material>

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**Conflict of Interest Statement:** We wish to draw to the attention of the Editor that co-authors AC, LE, KH, and RG have shares in the company NordicNeuroLab A/S which produces add-on equipment for MRI examinations that were used in this study.

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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# Corpus Callosum Radiomics-Based Classification Model in Alzheimer's Disease: A Case-Control Study

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**Background:** Alzheimer's disease (AD) is a progressive neurodegenerative disease that causes the decline of some cognitive impairments. The present study aimed to identify the corpus callosum (CC) radiomic features related to the diagnosis of AD and build and evaluate a classification model.

**Methods:** Radiomics analysis was applied to the three-dimensional T1-weighted magnetization-prepared rapid gradient echo (MPRAGE) images of 78 patients with AD and 44 healthy controls (HC). The CC, in each subject, was segmented manually and 385 features were obtained after calculation. Then, the feature selection were carried out. The logistic regression model was constructed and evaluated according to identified features. Thus, the model can be used for distinguishing the AD from HC subjects.

**Results:** Eleven features were selected from the three-dimensional T1-weighted MPRAGE images using the LASSO model, following which, the logistic regression model was constructed. The area under the receiver operating characteristic curve values (AUC), sensitivity, specificity, accuracy, precision, and positive and negative predictive values were 0.720, 0.792, 0.500, 0.684, 0.731, 0.731, and 0.583, respectively.

**Conclusion:** The results demonstrated the potential of CC texture features as a biomarker for the diagnosis of AD. This is the first study showing that the radiomics model based on machine learning was a valuable method for the diagnosis of AD.

**Keywords:** magnetic resonance imaging, Alzheimer's disease, corpus callosum, radiomics, neuroimaging

## INTRODUCTION

Alzheimer's disease (AD) is a progressive neurodegenerative disease, resulting in the decline of some cognitive impairments that in turn can influence the immediate and delayed memory, language, calculation, attention, and visuospatial abilities. A definitive diagnosis of AD depends on the pathological findings from an invasive autopsy or biopsy that might not be available. Therefore, noninvasive and accurate AD diagnosis is critical. Although current pharmacotherapy cannot cure this disease, early intervention can delay the disease progression and also prolongs the lives of patients with AD.

The corpus callosum (CC) is the largest white matter tract in the human brain, which connects the two hemispheres that is essential for several neurological functions, including integration



of lateralized sensory input, regulation of higher-order cognitive, social function, and emotional processing (1). The CC atrophy has been found in patients with AD (2), and some of these studies have indicated that the CC atrophy might be related to the degree of cognitive impairment. Therefore, the CC atrophy might be ascribed as the neuroanatomy basis for memory decline in AD. Additionally, a recent study showed the relationship between the CC and AD by texture analysis (3).

Radiomics is a newly developed tumor diagnosis and auxiliary detection technique in recent years. It transforms the visual image information into deep features for quantitative research. Radiomics may provide almost unlimited feature information. The information includes the density, shape, size, and texture of the tumor as determined by phenotype and microenvironment, which aids in the evaluation of the efficacy and prognosis in tumor therapy. The radiomics analysis has been applied to various tumor diseases, such as glioma (4), nasopharyngeal cancer (5), breast cancer (6), hepatocellular carcinoma (7), lung cancer (8), and rectal cancer (9). Nowadays, radiomics is also applied in non-tumor areas, for example, attention-deficit hyperactivity disorder (10), Meniere's disease (11), and autism spectrum disorder (12).

In recent years, the most commonly used imaging method in radiomics studies is computed tomography (CT) that quantifies the tissue density. However, as compared to CT, magnetic resonance (MR) images can provide numerous sequences. It reflects not only the structure of the organization but also the functional metabolism and dynamic changes. MR imaging provides an enhanced tissue contrast, has a multidimensional volume, and does not require a radiation dose (13). Several MR methods have been used to study AD, including resting-state functional MRI (14), voxel-based morphometry (15), diffusion tensor imaging (16), and arterial spin labeling (17) among others. Although these methods are greatly valuable in the diagnosis of AD, they are rarely used in the related radiomics features.

In the present study, we used the T1-weighted MR images of the brain for radiomics analysis. A series of characteristics are obtained by analyzing the heterogeneity of the target area. Finally, clinical prediction and feature analysis were realized. Subsequently, we focused on studying the CC as it occupies a crucial position in AD and can be considered suitable for radiomics analysis. Therefore, the CC heterogeneity is investigated to construct a classification model for distinguishing between the patients with AD and HC.

## MATERIALS AND METHODS

### Patient Population and Data Acquisition

AD subjects were recruited from the Zhejiang Provincial People's Hospital from September 2016 to February 2018. The healthy control (HC) subjects were right-handed volunteers and recruited from the health promotion center of the hospital. All the subjects provided written informed consent. This prospective study was approved by the local Ethics Committee of the hospital (No. 2012KY002). The work has been carried out in accordance with the Declaration of Helsinki.

The patients underwent a set of standard dementia screening including medical history, neuropsychological testing, physical examinations, laboratory tests, and conventional brain MRI scans. Patients with AD were first diagnosed and were required to fulfill the criteria of the revised NINCDS-ADRDA (National Institute of Neurological and Communicative Disorders and Stroke and the Alzheimer's Disease and Related Disorders Association) (18). The subjects were evaluated using the Mini-Mental State Examination (MMSE) (19). Patients with AD received an MMSE score of  $\leq 24$ .

The criteria for HC subjects were as follows: (1) no neurological or psychiatric disorders such as stroke, epilepsy, or depression; (2) no neurological deficiencies such as hearing or visual loss; (3) no infarction, hemorrhage, or tumor lesion on conventional brain MRI; (4) achieved an MMSE score  $\geq 28$ .

The exclusion criteria for all the subjects were as follows: (1) vascular dementia or mixed dementia; (2) stroke; (3) cerebral trauma; (4) disorders that cause memory loss such as brain tumor, epilepsy, Parkinson's disease; (5) systemic diseases such as severe anemia, diabetes, and hypertension; (6) history of administering psychoactive substances or alcohol dependence. Therefore, 85 patients with AD and 50 HC subjects were recruited initially, followed by an MRI-based examination, and those with unusable data due to the head movement were excluded (7 patients in the AD group and 6 controls). Thus, 78 patients with AD and 44 HC subjects were ultimately included in the study.

All examinations were performed using an MR scanner (Discovery MR750 3.0T; GE Healthcare, Waukesha, WI, USA). The three-dimensional T1-weighted magnetization-prepared rapid gradient echo (MPRAGE) sagittal images were collected. The scan parameters were as follows: TR = 6.7 ms, TE = 2.9 ms, TI = 450 ms, FOV =  $256 \times 256 \text{ mm}^2$ , flip angle =  $12^\circ$ , slice thickness/gap = 1/0 mm, in-plane resolution =  $256 \times 256$ , and 192 sagittal slices in total. All collected data is from only one MR scanner.

### Segmentation

The CC is considered the region of interest (ROI). The manual segmentation of the CC was carried out using the software "ITK-SNAP" (<http://www.itksnap.org/>). We selected 9 sections from each image sequence in the sagittal view: the central section, 4 to the right and 4 to the left, as the boundary of CC can be recognizable easily in the sagittal images. Consequently, the segmentation was based on anatomy, which was supported by a previous study (20). All segmentations were conducted by a radiologist and checked by an expert neuroradiologist. The differences in the opinions were resolved by integrating another expert neuroradiologist's opinion. Artificial Intelligence Kit (A.K) is a software developed by GE Healthcare Life Sciences for feature extraction and analysis. It can be combined with software "ITK-SNAP" to obtain 3D images.

### Feature Calculation

First, we loaded the original three-dimensional T1-weighted MPRAGE data and ROI images in bulk into the A.K software. Then, the features including Histogram, Formfactor, Haralick, gray level co-occurrence matrix (GLCM), and gray level



run-length matrix (RLM), desired for computation were selected in the data selection window. The displacement vectors were selected as 1, 4, and 7 in the relevant window. The histogram parameters were concerned with the properties of individual pixels that described the distribution of the voxel intensities in the image via basic metrics. The Formfactor parameters include descriptors of the three-dimensional shape and size of the tumor ROI. The texture is one of the major characteristics in identifying the ROI in an image. Texture represents the appearance of the surface and the distribution pattern of the voxels. The GLCM  $P(i, j | \theta, d)$  calculates the number of times a pixel with gray -level  $i$  occurs with another pixel with a gray value  $j$  jointly. It is defined as the joint probability of specific pixels having certain gray -level values. The rotation angles of an offset are  $0^\circ, 45^\circ, 90^\circ, 135^\circ$ , and the distance to the neighboring pixel is 1, 2, 3...; the same images have different co-occurrence distributions (21). The RLM  $P_r(i, j | \theta)$  represents the number of runs for pixels with gray level  $i$  and run length  $j$  for a given direction  $\theta$ . The following ten features of RLM were derived: short run emphasis, long run emphasis, gray level non-uniformity, run length non-uniformity, low gray level run emphasis, high gray level run emphasis, short run low gray level emphasis, short run high gray level emphasis, long run low gray level emphasis, and long run high gray level emphasis (22, 23). The formulas for some parameters are displayed in **Table 1**. The total number of features extracted from this data is 385. Then, the AD or HC label was added for each subject.

### Feature Selection

The preprocessing before feature selection was divided into three steps. The first step was dealing with the abnormal value. Here,

we replaced the abnormal values by mean. The second step was to set the data to the training data proportion of 0.7 and the testing data proportion of 0.3. The third step was to preprocess the training data after division and perform the same operation on the testing data. This method is known as standardization. The feature selection steps are as follows.

- Step 1: The software first sought to identify the features that contribute to the result using the  $T$ -test ( $P < 0.05$ ). The rank sum test was used to select the features with significant differences ( $P < 0.05$ ), and the features of  $T$ -test and rank sum test were selected together.
- Step 2: The correlation analysis reduced the dimension. The filter threshold was set to 0.9 for the Spearman rank correlation coefficient analysis that was conducted on any two feature columns. The two features were highly correlated if the correlation coefficient was  $> 0.9$ , thereby excluding of one of them.

**TABLE 2 |** Demographics performances of the AD and healthy controls.

	AD group	HC group	Statistic	p value
Sample size	78	44	NA	NA
Age (years, mean $\pm$ SD)	69.18 $\pm$ 12.23	65.43 $\pm$ 9.70	-1.75	0.08
Gender (Male: Female)	25:53	20:24	2.17*	0.14*
Education (years, mean $\pm$ SD)	7.54 $\pm$ 4.16	7.09 $\pm$ 3.38	-0.61	0.54
MMSE	16.94 $\pm$ 5.94	29.14 $\pm$ 0.77	17.87	<0.01

SD standard deviation; Statistics were calculated with  $t$  tests unless otherwise indicated; \* $\chi^2$  test was used; MMSE mini-mental state examination.

**TABLE 1 |** Definition of the features measures computed in this study after feature selection.

Type of measure	Name	Formula
Texture Parameter	ClusterShade_AllDirection_offset1	$\sum_{i,j} ((i - \mu) + (j - \mu))^3 g(i, j)$
GLCM Parameter	InverseDifferenceMoment_AllDirection_offset1	$f_5 = \sum_{i=1}^{N_g} \sum_{j=1}^{N_g} \frac{1}{1+(i-j)^2} p(i, j)$
GLCM parameter	InverseDifferenceMoment_AllDirection_offset4_SD	$f_5 = \sum_{i=1}^{N_g} \sum_{j=1}^{N_g} \frac{1}{1+(i-j)^2} p(i, j)$
RLM parameter	ShortRunEmphasis_angle45_offset1	$SRE(\theta) = \frac{1}{n_r} \sum_{i=1}^M \sum_{j=1}^N \frac{p(i, j, \theta)}{j^2}$
RLM parameter	RunLengthNonuniformity_AllDirection_offset4_SD	$RLN(\theta) = \frac{1}{n_r} \sum_{j=1}^N (\sum_{i=1}^M p(i, j, \theta))^2$
RLM parameter	ShortRunHighGreyLevelEmphasis_AllDirection_offset4_SD	$SRHGE(\theta) = \frac{1}{n_r} \sum_{j=1}^N \sum_{i=1}^M \frac{p(i, j, \theta)^2}{j^2}$
RLM parameter	ShortRunEmphasis_angle90_offset7	$SRE(\theta) = \frac{1}{n_r} \sum_{i=1}^M \sum_{j=1}^N \frac{p(i, j, \theta)}{j^2}$
RLM parameter	LongRunEmphasis_AllDirection_offset4_SD	$LRE(\theta) = \frac{1}{n_r} \sum_{i=1}^M \sum_{j=1}^N p(i, j, \theta)^2$
RLM parameter	ShortRunEmphasis_angle0_offset4	$SRE(\theta) = \frac{1}{n_r} \sum_{i=1}^M \sum_{j=1}^N \frac{p(i, j, \theta)}{j^2}$
RLM parameter	ShortRunEmphasis_angle90_offset4	$SRE(\theta) = \frac{1}{n_r} \sum_{i=1}^M \sum_{j=1}^N \frac{p(i, j, \theta)}{j^2}$
RLM parameter	GreyLevelNonuniformity_AllDirection_offset7_SD	$GLN(\theta) = \frac{1}{n_r} \sum_{i=1}^M (\sum_{j=1}^N p(i, j, \theta))^2$

For texture parameter,  $g$  is a GLCM, where  $i, j$  are the spatial coordinates of  $g(i, j)$ . For GLCM parameters,  $i$  is a gray-level,  $j$  is a gray value,  $N$  is the number of classes of gray levels. For RLM parameters,  $n_r$  is the number of runs,  $N$  is the number of classes of gray levels, and  $M$  is the size in voxels of the largest region found.

Step 3: In the training data, the most useful features were selected by the least absolute shrinkage and selection operator (LASSO) Cox regression model. We need to minimize the sum of squares of residues, with the sum of the absolute values of the selected features coefficients being not more than a tuning parameter ( $\lambda$ ). We chose the  $\lambda$  which got the minimum criteria according to 10-fold cross-validation in the LASSO model. This method was suitable for the regression analysis of high-dimensional data, and patient features could be selected based on the associations with the survival endpoints and time (24).

## Machine Learning

Firstly, training data and testing data were loaded for the following up model building and testing. We subsequently selected the logical regression method to establish a classification model for AD diagnosis. This method was based on the linear function; it served as an independent variable into the sigmoid function. According to the probability  $P$  of the output (probability that the classification result is 1), the classification was determined. It's one of the machine learning methods.

## RESULTS

### Comparison of Demographic and Neuropsychological Performance

The demographic variables did not differ significantly between patients and control subjects, as assessed by SPSS (version 22.0). However, the neuropsychological performance was significantly different between the two groups (Table 2).

### Feature Selection Results

Step 1: A total of 385 features were extracted. The selective method was  $T$  test + MW. The remaining feature number was 196.

Step 2: The selective method was correlation analysis. The threshold value was 0.9, correlation method Spearman, and the remaining feature number was 89 (Figure 1).

Step 3: The selective method was Lasso. We found an optimal lambda by using cross-validation. The error-lambda graph is illustrated in Figure 2. The coefficients-lambda graph is shown in Figure 3. The remaining feature number was 11. The feature name order was as follows: "InverseDifferenceMoment\_AllDirection\_offset1"; "ClusterShade\_AllDirection\_offset1"; "ShortRunEmphasis\_angle45\_offset1"; "InverseDifferenceMoment\_AllDirection\_offset4\_SD"; "RunLengthNonuniformity\_AllDirection\_offset4\_SD"; "ShortRunHighGreyLevelEmphasis\_AllDirection\_offset4\_SD"; "ShortRunEmphasis\_angle90\_offset7"; "LongRunEmphasis\_AllDirection\_offset4\_SD"; "ShortRunEmphasis\_angle0\_offset4"; "ShortRunEmphasis\_angle90\_offset4"; "GreyLevelNonuniformity\_AllDirection\_offset7\_SD" (Table 1).

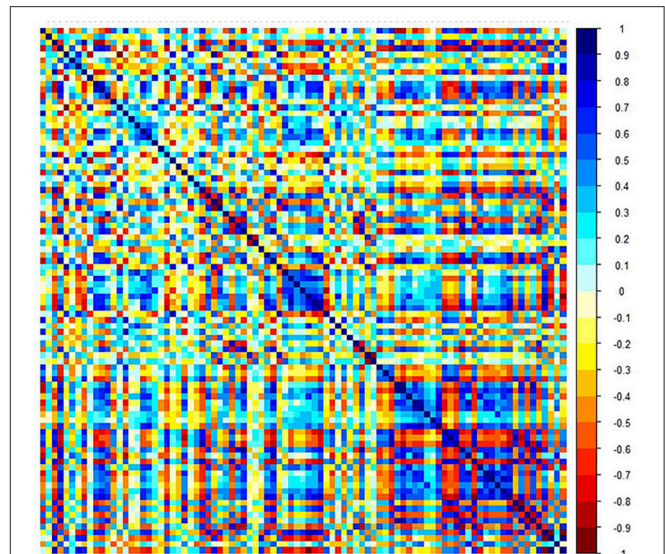


FIGURE 1 | Graph shows correlation analysis between the parameters of training data.

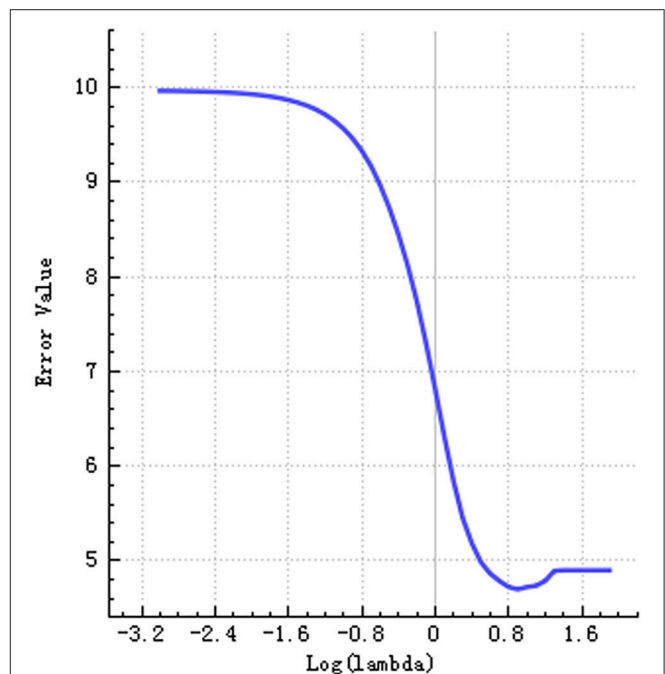
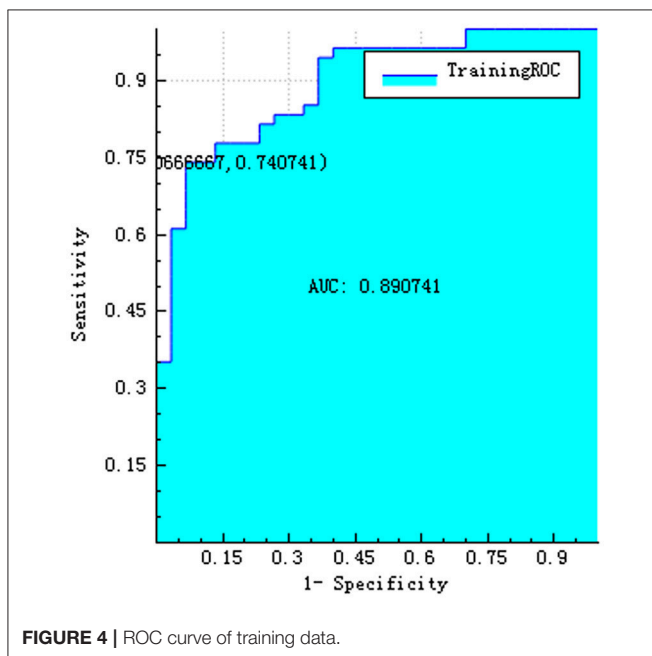
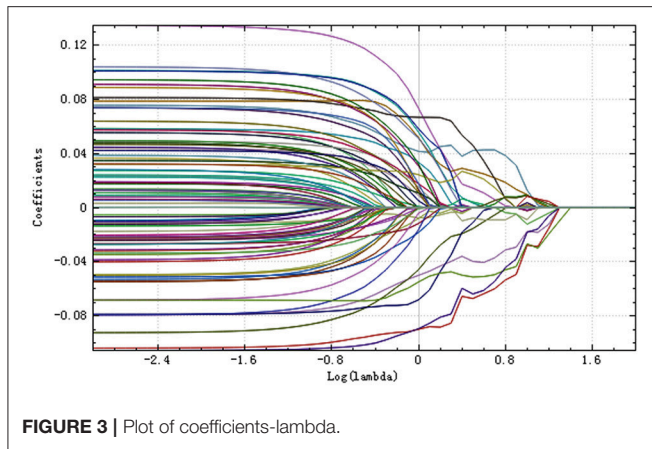


FIGURE 2 | Graph shows error-lambda.

### Machine Learning Results

The training and testing data were loaded, the proportion of the training data was 0.7, while that of the testing data was 0.3. While establishing the classifier discriminating the patients with AD from HC subjects, the selected method was logistic regression based on the selected features. The area under the receiver operating characteristic curve values (AUC), sensitivity, specificity, accuracy, precision, positive predictive value, and

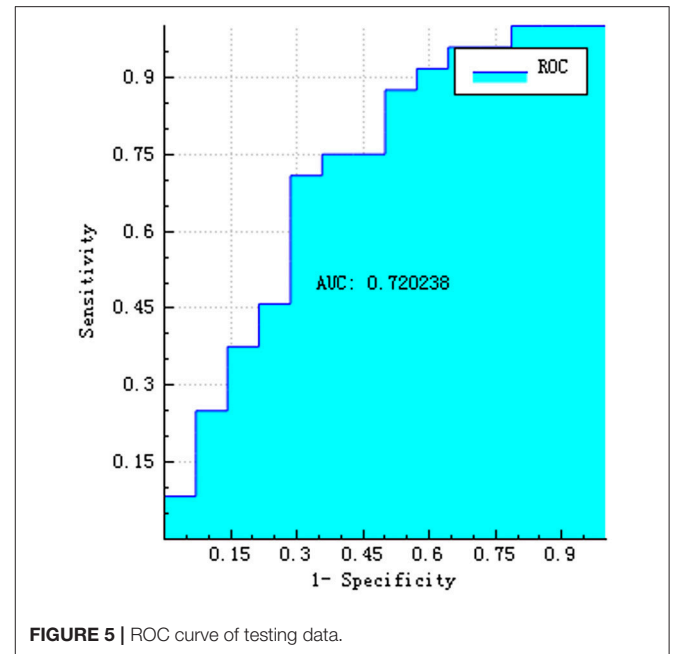


negative predictive value were 0.720, 0.792, 0.500, 0.684, 0.731, 0.731, and 0.583, respectively (**Figures 4–6**).

## DISCUSSION

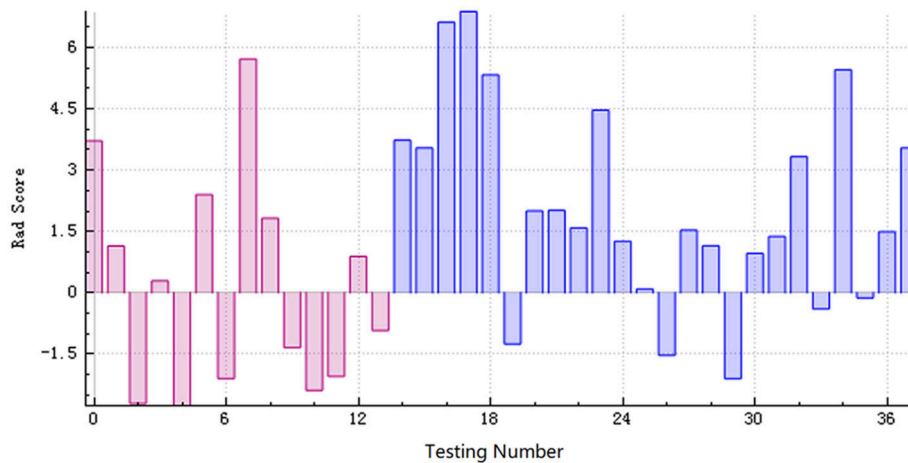
The major finding of the present study was that the CC radiomics-based classification model discriminated the patients with AD from HC subjects. After a three-step feature selection, an 11-feature radiomics signature was constructed using logistic regression model for the diagnosis of patients with AD. Although the specificity of this model was not extremely high, its diagnostic value was better than the other indicators.

The radiomics analysis has already been applied to neuropsychiatric disorders. For example, a radiomics study found texture differences between autism spectrum disorder and control groups in the right hippocampus, left choroid-plexus, CC, and cerebellar white matter (25). Another recent radiomics study indicated that cerebral morphometric alterations can allow discrimination between the patients with attention deficit



hyperactivity disorder and control subjects and also among the subtypes (10). This study has built random forest classifiers for diagnosis and subtyping. In addition, textures differences in the CC and thalamus were observed in AD and amnesic mild cognitive impairment (3). One study investigated the three-dimensional texture as a putative diagnostic marker of AD (26). However, currently, there is no study describing the establishment of the model in the analysis of AD radiomics studies. Thus, for the first time, the present study attempted to construct a classification model for the diagnosis of AD. In addition, the machine learning method was added to the modeling.

The CC presented abnormality in the surface-based morphometry and microstructural integrity in the patients with AD (27). Another study found significant volume reductions in anterior and posterior of the CC in severe AD patients (28). A voxel-based morphometry study in AD detected significant atrophy of CC in the anterosuperior splenium, the anterior and posterior portions of the body, and the rostral portion of the genu (29). The volume changes in the different portions of the CC might exist in different pathological processes. Reportedly, the anterior portion of CC consists of myelinated axons with a small diameter; however, the posterior portion consists of thick fibers (1). Thus, this abnormal development might result in the differences observed in the texture. In the current study, the texture features derived from the CC were used for differentiating between AD and HC subjects. Herein, we established an analysis framework on the basis of CC radiomics and machine learning methods for AD diagnosis, which suggested that the CC radiomics features could be used as biomarkers for AD diagnosis. Nevertheless, longitudinal developmental studies are essential to substantiate these interpretations. Structural data were involved in the process of classifier building, thereby providing a neuroanatomical evaluation of the disorder.



**FIGURE 6 |** The radiomics score based on the testing data. The red area below the horizontal line and the blue area above the horizontal line represented the accurate prediction. On the contrary, the red area above the horizontal line and the blue area below the horizontal line represented the false prediction.

The radiomics signature consisted of 11 imaging features that were deep features, extracted from the three-dimensional T1-weighted MPRAGE images. The deep features extracted from A.K. performed better than the conventional handcrafted features in the diagnosis of patients with AD. As expected, the deep features reflected higher order imaging patterns and captured more imaging heterogeneity as compared to the low-level shape, intensity, and texture features. Cluster Shade is one of the texture parameters. Cluster analysis is the task of grouping objects such that the objects in the same cluster are rather similar to each other than those in the other clusters. The inverse difference moment is one of the GLCM parameters. Short run emphasis, long run emphasis, run length non-uniformity, short-run high gray level emphasis, and gray level non-uniformity constitute the RLM parameters. They reflect the measurement of nonuniformity of the length and that of the grayscale. Thus, the observed abnormalities in the CC may be clinically relevant with respect to cognitive and behavioral issues in patients with AD. However, the relationship between the radiomics features and the genetic characteristics is yet challenging.

Nevertheless, the present study has several limitations. First, owing to the insufficient sample size, the classification performance may be limited. Thus, a large-scale multicenter study is required to fully assess the generalization ability of the radiomics model in future. Second, although no statistically significant difference was detected between the two groups in the sex ratio analysis, we did not achieve a complete 1:1 match, and hence, it was not possible to completely exclude the effect on the study results. Finally, there is no evaluation of white matter integrity using white matter imaging method, such as DTI and DKI, which need to be further studied.

Future radiomics work can use additional imaging modalities, such as diffusion tensor imaging and functional MRI. These radiomics models might contain additional anatomical structures related to AD, such as the hippocampus, medial temporal lobe, thalamus, as well as, the whole brain. Furthermore, we can improve the classification performance by combining the

radiomics analysis with established clinical risk factors such as age and MMSE score.

In conclusion, our findings indicated that a moderately successful diagnostic classification efficiency could be achieved between patients with AD and HC subjects using the CC radiomic features. The workflow was automatic, and therefore, potentially useful in the clinical setting. As a non-invasive MR-based imaging biomarker, the radiomics analysis might provide a valuable and practical method to identify the patients with AD and guide the individualized treatment.

## ETHICS STATEMENT

We confirm that we have read the Journal's position on issues involved in ethical publication and affirm that this report is consistent with those guidelines.

## AUTHOR CONTRIBUTIONS

QF, HJ, DM, EY, and ZD designed the study. ZL and QF collected patient data and provided clinical expertise. QF and MW segmented the MR images. QF drafted the manuscript. YC interpreted the data for the work. All the authors discussed the results and read and approved the final version of the manuscript.

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# BHARAT: An Integrated Big Data Analytic Model for Early Diagnostic Biomarker of Alzheimer's Disease

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Alzheimer's disease (AD) is a devastating neurodegenerative disorder affecting millions of people worldwide. Progressive and relentless efforts are being made for therapeutic development by way of advancing understanding of non-invasive imaging modalities for the causal molecular process of AD. We present a Hadoop-based big data framework integrating non-invasive magnetic resonance imaging (MRI), MR spectroscopy (MRS) as well as neuropsychological test outcomes to identify early diagnostic biomarkers of AD. This big data framework for AD incorporates the three "V"s (volume, variety, velocity) with advanced data mining, machine learning, and statistical modeling algorithms. A large *volume* of longitudinal information from non-invasive imaging modalities with colligated parametric *variety* and speed for both data acquisition and processing as *velocity* complete the fundamental requirements of this big data framework for early AD diagnosis. Brain structural, neurochemical, and behavioral features are extracted from MRI, MRS, and neuropsychological scores, respectively. Subsequently, feature selection and ensemble-based classification are proposed and their outputs are fused based on the combination rule for final accurate classification and validation from clinicians. A multi-modality-based decision framework (BHARAT) for classification of early AD will be immensely helpful.

**Keywords:** big data framework, Hadoop, Alzheimer's disease, glutathione depletion, structural MRI, MRS, neuropsychological score, ensemble-based classification

## INTRODUCTION

Alzheimer's disease (AD) is a neurodegenerative disorder affecting elderly people and no cure is available to date. Alzheimer's disease is evidenced by cognitive decline and colligated behavioral disruption affecting activities of daily life (1–3). The actual cause of AD is still unknown, but amyloid beta peptide deposition and oxidative stress, specifically depletion of antioxidant glutathione in the hippocampal region (4, 5), are believed to play important roles in AD pathogenesis. Multi-modal imaging techniques such as MRI, MRS, functional MRI (fMRI), and positron emission tomography (PET), are being used extensively to identify early diagnostic biomarkers for AD. The behavioral information derived from various neuropsychological tests such as clinical dementia rating (CDR) (6), mini-mental state examination (MMSE) (6), the functional assessment questionnaire (FAQ) (7), the Hachinski ischemic score (HIS) (8), the geriatric depression scale—short form (GDS-SF) (9), and trail-making test A and B (TMT-A and TMT-B) (10) are useful to aid in AD diagnosis. The heterogeneous and diverse data generated worldwide

from imaging, spectroscopy, and neuropsychology necessitate a common platform for a coherent multi-modal data processing and analysis scheme for the identification of distinctive diagnostic features specific to AD.

To date, machine learning (ML)-based techniques are being used with uni-modal data (structural MRI or fMRI) for early diagnostics of AD research (11–14). Meanwhile, some recent studies show an upgrade from uni-model to multi-model research involving two or more image modalities (MRI, fMRI, Pet etc.) (15–17) and behavioral information from neuropsychological tests (18). However, integration of respective modulation of neuro-chemicals with the imaging information as well as neuropsychological scores has never resulted in a correlation. Hence, there is an urgent need to unify the data diversity for early diagnostic biomarkers for AD.

Big data collections are combinations of multi-modal datasets that are individually manageable, but—as a group—are too large to handle seamlessly and accurately using a single machine. With the growth in data generation, ML faces the challenge of efficiently processing and learning from big data. In this context, the development of advanced tools involving big data analytics (BDA) is the current need for handling enormous volumes of diverse data, which grow with extraordinary velocity. A more comprehensive approach is required that can accommodate the velocity, volume and variety (19) in AD research. “Volume” (19) of data, the first characteristic, has been increasing because of the available size and diversity of heterogeneous data acquired using multi-modalities (e.g., MRI, MRS, and neuropsychological outcomes) with definite protocols. The second big data characteristic, i.e., “Variety” (19), relates to the heterogeneous nature of data generated from diverse data sources. Continuously growing data with exponential and high processing speed implicates “Velocity” (19) as the third important characteristic of the BDA system. As the data volume and variety are constantly increasing there is a need to store and process a large amount of diverse data. Therefore, a popular ecosystem, “Hadoop,” is being developed which offers distributed storage and processing at large-scale and is fast and accurate. Hadoop itself presently contains four modules named as follows: “Hadoop common,” which supports the other Hadoop modules; “Hadoop Distributed File System” (HDFS), which provide distributed storage; “Hadoop Yet Another Resource Negotiator” (YARN), for job scheduling and cluster resource management; and “Hadoop MapReduce,” for parallel processing of large data sets (20).

Comprehending the big data challenges in AD research (21), a new and specific Hadoop (20)-based platform is proposed which incorporates clinical data management, processing, and analysis of the diverse multi-modal imaging, neuro-chemical, and neuropsychological data. This perspective focuses on the available big imaging data generated from multiple modalities such as MRI, MRS, and neuropsychological tests and addresses the current research challenges with possible solutions on the development of a dedicated big data framework for AD research. The proposed novel scheme is a first step toward observation of a new research direction by combining the anatomical, metabolic

and cognitive changes, which can provide better understanding of the early onset and progression of AD.

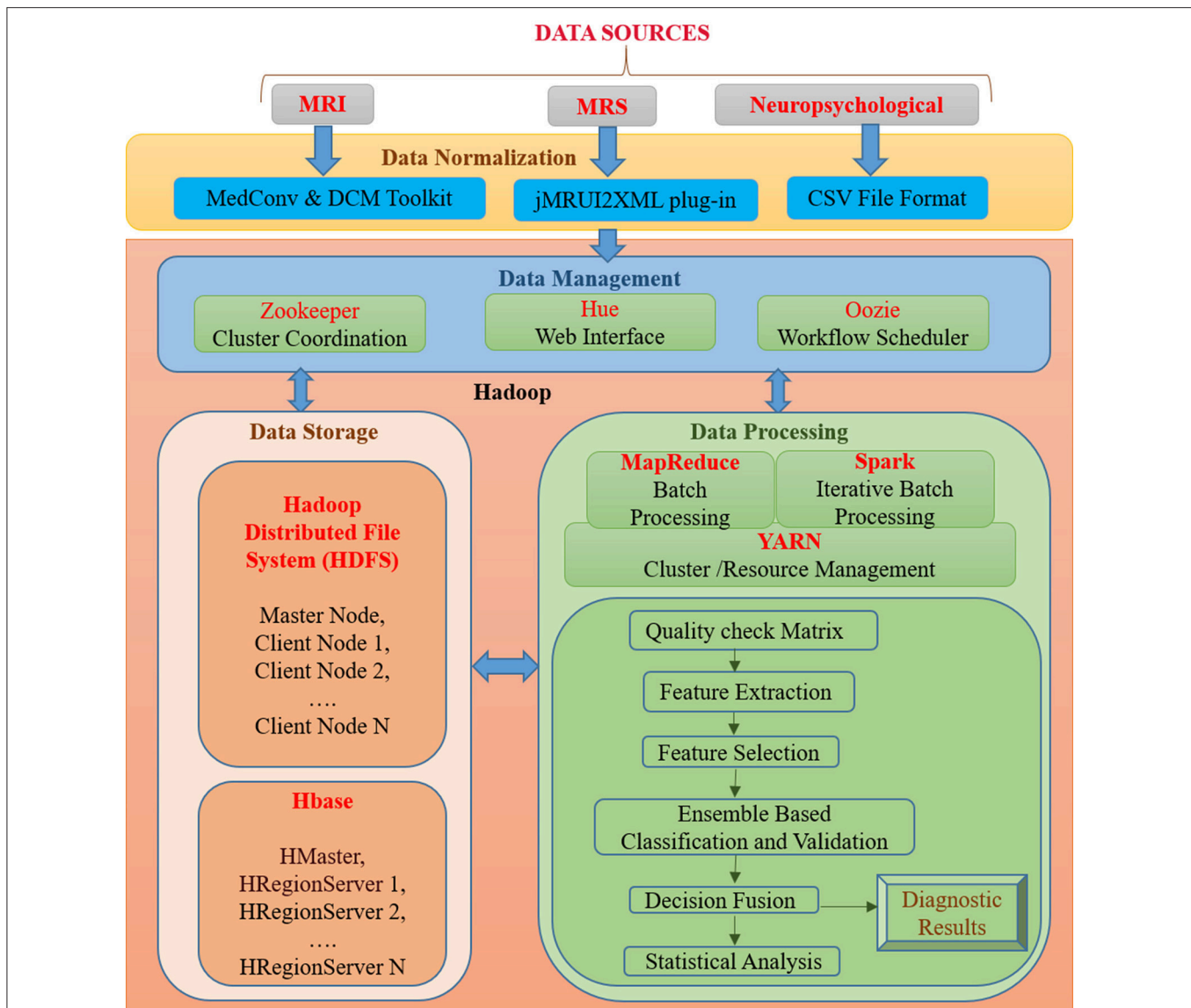
## BIG DATA CHALLENGES IN AD RESEARCH

Extensive research has been accomplished over the past few decades in the domain of ML for big data. But challenges remain inherent, some of which include the followings:

- *Large data size:* A major challenge of big data research in AD is to collect, store and standardize the large size of diversified and complex heterogeneous data from distributed sources for further processing and to analyze them at a high velocity. The captured distributed data from different data sources require common and standardized data acquisition protocols, data nomenclature, and data sharing standards for further processing.
- *Feature extraction:* High dimensionality is a common characteristic of big data, especially when using multi-modalities. Feature extraction is used to reduce the dimensionality of data, extracting information that is useful for classification. To date, limited literature is available on extracting features from multiple modalities. Feature selection for the reduction of dimensionality can be achieved using principal component analysis and other similar techniques.
- *Classification:* Selecting the classifiers for specific modality is also a challenging task. Hence, validation for proper benchmark classifier is essential.
- *Noise and missing values:* Sometimes, MRI images, and MRS signals are noisy or contain artifacts. Quality checks should be performed to identify, evaluate, and discard the data from the analysis pipeline. Also, neuropsychological data may contain some missing values. Inclusion of noisy data and missing values may lead to inaccurate models or may lead to overfitting.
- *Security:* Another challenge at a global level for AD research exists for data sharing and security. Data sharing standards should be strictly followed at every level.

## PROPOSED BIG DATA ANALYTICS (BDA) FRAMEWORK

BDA framework integrates structured and unstructured data organization, storage, processing, and analyzing a vast volume of complex data. It utilizes data organization, parallel computing, distributed storage techniques, and ML-based algorithms that can deliver fast and scalable data processing. A proposed BDA framework for multi-modal data to classify between healthy old (HO), mild cognitive impairment (MCI), and AD is shown in **Figure 1**. The proposed framework can be broadly partitioned into four major components, namely (1) Data Normalization, (2) Data Management, (3) Data Storage, and (4) Data Processing. This section discusses the details of each of the four components of the proposed Hadoop-based BDA framework for AD classification and its progression. The framework facilitates accommodation of a massive amount of heterogeneous data



**FIGURE 1 |** An integrated framework for Big Data Analytics (BHARAT) using Hadoop with four components: Data Normalization, Data Management, Data Storage, and Data Processing. Data Normalization includes conversion of raw data into a suitable format for further processing, which is collected from diverse data sources. Data Management deals with organization and management of data from diverse sources. For example, Zookeeper helps in maintaining synchronization among distributed sources and Hue supports querying and visualization of data. Data storage consists of the HDFS file storage system to store a large amount of data and HBase is a NoSQL database used to read/write data in real time. Data Processing component contains different packages and libraries for processing and analysis of data from different modalities. It performs feature extraction, selection, classification, and decision fusion for accurate classification of data followed by statistical analysis. Diagnostic results are provided as final outcomes and will be further verified from clinician.

followed by data-specific pre-processing, analysis of processed data outcomes, and inference of diagnostic results.

## Data Normalization

In the proposed BDA framework, multi-modal (MRI, MRS, and neuropsychological) data originating from distributed sources are ingested in a single platform. The data normalization component deals with the organization of heterogeneous multi-modal neuroimaging data acquired from different modalities, which requires interfaces to accommodate the diversified data in a single platform. In the proposed

framework, MRI DICOM images are used. Therefore, in the case of neuroimaging informatics technology initiative (nifti) MRI images, MedCon (22) is used for medical image conversion. DICOM Toolkit (DCMTK) (23) is an assortment of libraries and applications implementing the DICOM standards. It comprises of software for examining, constructing, sending and receiving images over a network connection. For MRS data processing, the jMRUI2XML (24) plugin is used to process the MRS data and then export it to XML format, which can be used for further processing. Neuropsychological scores are uploaded into the file system

in the Comma-Separated Values (CSV) file format usable for processing.

## Data Management

The data management component includes tools for organization and user interaction using a front-end and back-end system. Front-end refers to the interface for direct user interaction and accessibility of the system by way of the back end. Along with the front end, the back end deals with storage of raw as well as processed data. It also implements responses to the front end. Front-end functionality consists of the Hadoop user experience (Hue)<sup>1</sup>, Apache Zookeeper (25) and Oozie (26) for interface, coordination and scheduling. Hadoop user experience (HUE) provides a web interface for Hadoop for accessing, querying, and visualizing data. This interface stands between a large amount of warehouse and other tools such as HBase, YARN, Oozie etc. It features file browsers for HBase (27) and HDFS (28), and a job browser for YARN (29). It works in coordination with Oozie (26), YARN (29), HBase, HDFS, and many other big data tools. Zookeeper helps in maintaining synchronization among distributed sources and maintains configuration information. It is also able to handle partial network failures (25). Oozie is a workflow scheduler for Hadoop jobs that specifies a sequence of operations and coordinates between them to complete the job (26). Back-end functionality consists of the HDFS and HBase. The front and back ends jointly support in developing a complete framework composed of a web interface for input from diverse data sources and user interaction followed by storing input, processing and analyzing it.

## Data Storage

The data storage component is essential for organizing structured and unstructured data acquired from different modalities. Storage facility is provided by both HDFS and HBase. Hadoop Distributed File System (HDFS) is developed to store a large amount of data across different nodes of commodity hardware. It has master-slave architecture comprised of data nodes (slave node) wherein each stores blocks of data, fetches upon requirement, and acknowledges back to the name node (master node) (28). Metadata (data about data) storage is also a critical element for storage. In the data node actual data is stored and the name node stores the metadata, including file location, block size, file permission, etc. In case of any node failure, it has built-in fault tolerance mechanism. The main drawback of HDFS is that it operates on a write once read many (WORM) pattern. Therefore, if changes are required even on a single data point, the whole file must be rewritten. HBase is a non-relational, referred to as Not only SQL (NoSQL), database that provides quick random access to a large amount of structured data. HBase also supports structured, unstructured as well as semi-structured data. Data in HBase is stored in columns by sorting them according to key value pairs. It also contains cryptographic software to provide data security. HBase provides a library and runtime environment within the HBase region server and master processes for executing user code (30).

<sup>1</sup><http://gethue.com/>

## Data Processing

Data processing includes quality checks, feature extraction, selection, and decision incorporation. Subsequently, these features are used for classification of subjects into HO, MCI, and AD; followed by statistical analysis and verification. Each component of this layer is further discussed below.

### MapReduce, Spark, and YARN

The proposed framework classifies subject categories between HO, MCI, and AD using data from three different modalities. Such high-dimensional datasets have problems with storage, analysis, and visualization. MapReduce is a reliable and fault-tolerant framework used to process large amounts of data in parallel on large clusters (31). MapReduce has two functional phases: Map and Reduce. Map organizes raw data into key-value pairs and Reduce processes data in parallel. Apache Spark's MLlib machine learning library is used for feature extraction, dimensionality reduction, classification, and basic statistics (32). MLlib relies on iterative batch processing of Spark. Spark supports iterative processing and improves speed by utilizing in-memory computation (33). YARN helps in job-scheduling and cluster resource management. It also handles and schedules resource requests from the client to run an application and helps in executing the process.

### Quality Check Matrix

The quality of the data check was performed before starting the processing of multi-modality data. Further, the framework also takes care of missing values from data to avoid overfitting.

### Feature Extraction

Feature extraction is used to extract distinctive and disease-specific features from the image. For MRI data, structural statistical features will be extracted which consist of statistical information from regions of interest (ROI) specific to the AD disease process for AD patients. Statistical features include entropy, histogram-based features like mean and median, texture information of AD-related brain regions like the hippocampus, frontal cortices, etc. In MRS, spectral features representing metabolic information of ROI are extracted in the form of neurochemical content peak area. Neuropsychological data contain scores like MMSE (6), CDR, GDS-SF (9), HIS (8), FAQ (7), and TMT-A and TMT-B (10).

### Feature Selection

Features extracted from MRI, MRS, and neuropsychological data are still high-dimensional data for classification. Principle component analysis (PCA) (34) from the ML library is used to reduce the dimension of features by obtaining the set of principal values. The idea of PCA can be extended to high-dimensional space for maximizing variance using the kernel trick.

### Ensemble Based Classification and Decision Fusion

Our goal for using multi-modality is to improve the accuracy of the classification of AD patients compared to the decision made by using only one source of data. Therefore, ensemble-based classifiers and their decision fusion approach are proposed for accurate automated classification (35). The concept of using



the ensemble approach for data fusion is that a separate classifier is used to train each modality that comes from different source. Further, a decision made by an individual classifier will be combined according to the appropriate combination rule. We can use the sum rule to obtain data fusion to improve the diagnostic performance.

### Statistical Verification

The accuracy of disease diagnosis is important as it has a direct impact on patient treatment. Therefore, statistical analysis of classification accuracy will be conducted to validate the results of the proposed framework. Parameters for statistical analysis include sensitivity, specificity, classification accuracy, and receiver operating characteristics (ROC) (36–38). Diagnostic results are verified from clinicians.

## DISCUSSION

To date, AD pathogenesis and effective diagnostic intervention remain unclear. However, it is believed that the available solution is to control its progression from MCI to AD. Early diagnostic biomarkers originating from the combined analysis of the information derived from multi-modal data (MRI, MRS, and neuropsychological) can provide insights to the actual cause of AD. This will finally lead to therapeutic interventions to be followed by clinical trials.

To identify diagnostic AD biomarkers for a large amount of diversified data with the help of accurate feature extraction and classification, a new multi-modal BDA system framework is now proposed. The present BDA framework is designed for collecting, storing, organizing, and analyzing the multi-modal big data.

Big data framework with Hadoop provides an integration of various modalities at one platform. The proposed BDA framework facilitates to normalize and preprocess raw MRI, MRS, and neuropsych data into a suitable format that can be used for further processing. The pre-processed big data will be managed and stored using Hadoop. For improving speed and resource management, the MapReduce programming model and YARN resource manager will be used. Classification of subjects into specific class (HO, MCI, and AD) using neurochemical information from MRS data along with anatomical details of MRI data and neuropsychological data, is the main goal of this study. Feature extraction from a distinct modality is an important step; therefore, new feature extraction techniques are proposed for MRI as well MRS data. For dimensionality reduction of the extracted features, variants of PCA are proposed which contain maximum variance among features. For each modality a different classifier is used, and the decision of each classifier will be fused to get final diagnostic results. Statistical analysis is performed with Spark libraries for validation (39, 40).

Our focus is not only on best classification performance using multi-modality data, but also to determine complimentary information of these modalities with an ensemble-based classifier.

We would like to emphasize that BDA for early diagnostics from various modalities at present are only based on MRI images of patients. The neurochemical-like antioxidant glutathione depletion analysis from brain hippocampal regions are extremely

sensitive and specific, with more than 92% sensitivity and 94% specificity (5). This perspective brings these novel features to be included, which are close to the disease process and present a realistic approach.

We would also like to indicate that alternative approaches are available. There are equally promising BDA in Alzheimer's disease: Google BigQuery, Presto, Hydra, and Pachyderm. These alternative platforms compared to Hadoop hold huge promise in BDA for Alzheimer's disease in the coming years. To the best of our knowledge, we have not come across any manuscript where this type of scheme is proposed. We are aware that various research groups have started working in this important and challenging area.

We have already developed a prototype based on the scheme presented in **Figure 1** and it is operational for actual data analysis on a smaller scale. We have tested this scheme involving 128 MRI images, 128 MRS data points, and 128 neuro-psychological data points (scores) in a Scalable Hadoop cluster consisting of two nodes with 36 + 2 cores. The operation takes around 5 min to process these pilot data (MRI, MRS, and neuropsychological) in the PySpark toolbox using different deep-learning libraries along with tensor flow.

## CONCLUSIONS

Large-scale data analysis using brain imaging, metabolic, and neuropsychological scores provides information about disease progression and identifies early diagnostic biomarkers. Hence, conceptualization of BIG analytics using three critical points of information is an important step and it will likely to provide much contribution in the development of a working BDA framework, where medical physicists, clinicians, and engineers will work hand-in-hand to advance an effective tool for early diagnosis or prediction of AD.

## AUTHOR CONTRIBUTIONS

PKM conceptualized the idea, wrote the manuscript, contributed to the discussion, literature search, and figure modification, and proofread the manuscript. AS was involved in writing the manuscript, literature search, figure preparation and modification, participated in discussion, and proofread of the manuscript. DS and TG contributed equally to the literature search, manuscript preparation, participated in discussion, figure preparation, modification, and proofread the manuscript.

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## DEDICATION

PKM dedicates this manuscript in honor of his parents (Mr. Bhadreswar Mandal & Mrs. Kalpana Mandal) and volunteers (the elderly, MCI and AD patients who participated in various research studies in the NINS laboratory).



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# Understanding the Physiopathology Behind Axial and Radial Diffusivity Changes—What Do We Know?

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The use of the diffusion tensor imaging (DTI) is rapidly growing in the neuroimaging field. Nevertheless, rigorously performed quantitative validation of DTI pathologic metrics remains very limited owing to the difficulty in co-registering quantitative histology findings with magnetic resonance imaging. The aim of this review is to summarize the existing state-of-the-art knowledge with respect to axial ( $\lambda_{\parallel}$ ) and radial ( $\lambda_{\perp}$ ) diffusivity as DTI markers of axonal and myelin damage, respectively. First, we provide technical background for DTI and briefly discuss the specific organization of white matter in bundles of axonal fibers running in parallel; this is the natural target for imaging based on diffusion anisotropy. Second, we discuss the four seminal studies that paved the way for considering axial ( $\lambda_{\parallel}$ ) and radial ( $\lambda_{\perp}$ ) diffusivity as potential *in vivo* surrogate markers of axonal and myelin damage, respectively. Then, we present difficulties in interpreting axial ( $\lambda_{\parallel}$ ) and radial ( $\lambda_{\perp}$ ) diffusivity in clinical conditions associated with inflammation, edema, and white matter fiber crossing. Finally, future directions are highlighted. In summary, DTI can reveal strategic information with respect to white matter tracts, disconnection mechanisms, and related symptoms. Axial ( $\lambda_{\parallel}$ ) and radial ( $\lambda_{\perp}$ ) diffusivity seem to provide quite consistent information in healthy subjects, and in pathological conditions with limited edema and inflammatory changes. DTI remains one of the most promising non-invasive diagnostic tools in medicine.

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## INTRODUCTION

The number of studies using diffusion tensor imaging (DTI) has grown exponentially. A search for the term “diffusion tensor imaging” yields 13,841 records in PubMed. This is not surprising as DTI represent a highly promising method for characterizing microstructural evolution in neuropathology and treatment (1).

For instance, DTI allows developmental changes in the prefrontal cortex to be tracked. It is believed that brain maturation is associated with augmented myelination, organization, and integrity of frontal white matter; this is confirmed by DTI indices, such as fractional anisotropy, mean diffusivity, radial diffusivity ( $\lambda_{\perp}$ ), and axial diffusivity ( $\lambda_{\parallel}$ ). Therefore, DTI provides a tool to highlight patterns associated with the developmental time course of the frontal structural integrity, which correlates with the improvements in higher level cognitive functions taking place between adolescence and early adulthood (2). Interestingly, DTI studies reveal some consistent patterns in subjects exhibiting antisocial behavior. In particular, adult antisocial behavior was shown to be associated with greater

diffusivity within several white matter tracts, including the inferior fronto-occipital fasciculus, uncinate fasciculus, cingulum, thalamic radiations, corticospinal tract, and corpus callosum (3).

At the same time, a clinical meta-analysis in subjects with mild-traumatic brain injury produced conflicting results. This large review, consisting of 86 studies, concluded that “DTI is sensitive to a wide range of group differences in diffusion metrics, but currently lacks the specificity necessary for meaningful clinical application” (4). There is a clear lack of consensus among the experts about the use of DTI indices in a specific region of the brain as biomarkers for post-concussion syndrome, because no consistent trends for DTI variables in these subjects have been defined (5). On the contrary, in subjects suffering from cerebral small vessel disease, associations between DTI parameters and cognition have been confirmed in a multicenter study (6).

When reviewing the DTI studies it is quite striking that rigorous quantitative validation of DTI pathologic metrics remains very limited, most likely due to the difficulty in co-registering quantitative histopathology data with magnetic resonance imaging (MRI). It seems obvious that heterogenic pathologies within the brain white matter, including changes, such as brain edema and the inflammatory response, can potentially affect the consistency of DTI metrics. The aim of this review is to summarize the existing state-of-the-art knowledge with respect to axial ( $\lambda_{\parallel}$ ) and radial ( $\lambda_{\perp}$ ) diffusivity as DTI markers of axonal and myelin damage, respectively.

## TECHNICAL CONSIDERATIONS

The principles of diffusion-weighted MRI were first described in the mid-1980s (7–9); they were based on the concept of MRI imaging combined with bipolar magnetic field gradient pulses that were introduced earlier to encode molecular diffusion effects on the spin-echo experiment (10). In ideal conditions, diffusion can be considered a truly three-dimensional process. However, in biological materials like tissues, molecular mobility may be constrained or facilitated in particular directions. Such anisotropy results from the presence of obstacles that influence molecular movement. The MRI signal is generated from water molecules by combining radiofrequency pulses with magnetic field gradients. Importantly, only molecular movements occurring within the direction of the gradient pulses are encoded in MRI generated signal. Consequently, the effect of diffusion anisotropy is easily measured by alternating the direction of the gradient pulses and observing variations in diffusivity parameters in the three planes. This feature makes diffusion-weighted MRI unique and distinguishes it from routine T1 or T2 weighted images (11).

Optimization of MRI sequences and fine tuning of the processing and display of recorded MRI signals allows for the full extraction of diffusion anisotropy effects, and thus, provides details on tissue microstructure. This more rigorous and elaborated diffusion-weighted MRI technique is named DTI (12, 13). The DTI matrix is obtained from a series of diffusion-weighted images in various gradient directions. The three diffusivity parameters ( $\lambda_1$ ,  $\lambda_2$ , and  $\lambda_3$ ), are generated by matrix diagonalization. Diffusivities are scalar indices describing water diffusion in a specific voxels (the smallest volumetric elements in the image) associated with the geometry of white matter tracts (14, 15). The diffusivities ( $\lambda_1$ ,  $\lambda_2$ , and  $\lambda_3$ ) obtained by DTI matrix diagonalization can be delimited into parallel ( $\lambda_{\parallel}$ ) and perpendicular ( $\lambda_2$  and  $\lambda_3$ ) components to the axonal tract (16–18). Axial diffusivity,  $\lambda_{\parallel} \equiv \lambda_1 > \lambda_2, \lambda_3$ , describes the mean diffusion coefficient of water molecules diffusing parallel to the tract within the voxel of interest. Similarly, radial diffusivity,  $\lambda_{\perp} \equiv (\lambda_2 + \lambda_3)/2$ , can be defined as the magnitude of water diffusion perpendicular to the tract (19, 20). Fractional anisotropy in brain measures the total magnitude of water directional movement along the axonal fibers (16), while mean diffusivity is a measure of mean diffusion of each direction. Therefore, fractional anisotropy may be enhanced in situations of facilitated parallel diffusivity, restricted perpendicular diffusivity, or as a result of combination of both factors (21).

White matter in the brain, organized in bundles of axonal fibers running in parallel, is the natural target for imaging based on diffusion anisotropy. In principle, diffusion along the fibers should be faster than in the perpendicular direction. Based on the assumption that the direction of the fastest diffusion indicates the overall orientation of the fibers, color-coded maps of white matter tracts in the brain are created [Figure 1 (22)]. A non-invasive method to objectively quantify white matter abnormalities greatly support studies aiming at clarification of mechanisms of damage, matching pathology with neurologic function, and assessing therapeutic interventions.

## EARLY EXPERIMENTAL STUDIES

White matter impairment leading to neurological disorders can be categorized according to myelin abnormality (demyelination), axonal injury, or a combination of both (23, 24). There are several animal experimental models that allow for at least partial differentiation of these processes. One such model, congenitally dysmyelinated Shiverer mutant mice, was used by Song et al. (19) in his first study on radial ( $\lambda_{\perp}$ ) and axial ( $\lambda_{\parallel}$ ) diffusivity. Radial diffusivity ( $\lambda_{\perp}$ ) was significantly increased, while axial diffusivity ( $\lambda_{\parallel}$ ) was not altered in congenitally dysmyelinated shiverer



**FIGURE 1** | Example of maps computed from diffusion tensor imaging of the brain: (A) mean diffusivity, (B) axial diffusivity ( $\lambda_{\parallel}$ ), (C) radial diffusivity ( $\lambda_{\perp}$ ), and (D) fractional anisotropy.

mutant mice, as compared to wild-type mice (19), suggesting that radial diffusivity ( $\lambda_{\perp}$ ) may represent a potential non-invasive marker of myelin disintegration.

In a second study, Song et al. (20) used a mouse model of retinal ischemia. This model is characterized by acute inner retinal degeneration (25, 26) with initial axonal degeneration in the optic nerve, and secondary myelin fragmentation following retinal degeneration (27). Song et al. (20) observed distinct evolution patterns of axial ( $\lambda_{\parallel}$ ) and radial ( $\lambda_{\perp}$ ) diffusivity during the progression of optic nerve degeneration. Axial diffusivity ( $\lambda_{\parallel}$ ) diminished in the injured optic nerve by day 3 following ischemia, while change in radial diffusivity ( $\lambda_{\perp}$ ) between the injured optic nerves and control nerves was not detected until day 5. Radial diffusivity ( $\lambda_{\perp}$ ) reached its minimal value on day 5, and remained on this level on day 7 after ischemia. Importantly, this longitudinal DTI examination of the optic nerve was positively linked with neurofilament and myelin basic protein immunostaining (28) results at day 3 (axonal degeneration) and 7 (myelin fragmentation) after the injury.

The notion that demyelination might be associated with a marked increase in radial diffusivity ( $\lambda_{\perp}$ ), and modest often insignificant changes in axial diffusivity ( $\lambda_{\parallel}$ ), was further reinforced by the third seminal study of Song et al. (29). In this study, the cuprizone model, which is characterized by consistent demyelination of the corpus callosum in mouse brains, was used. Demyelination after several weeks of diet, including cuprizone (neurotoxicant that chelates copper) is extensive, yet can be reversed if the mice are back to normal chow (30–32). The axonal's damage time course was clearly different from the radial diffusivity time course, demonstrating that radial diffusivity ( $\lambda_{\perp}$ ) recognizes demyelination as distinct from axonal damage. However, although changes in axial diffusivity measured at the initial stage of cuprizone administration suggested acute axonal damage in white matter, the diminished axial diffusivity ( $\lambda_{\parallel}$ ) did not reach statistical significance (29). The uncertainty about the potential of axial diffusivity ( $\lambda_{\parallel}$ ) as a marker of axon damage was further clarified in the study by Sun et al. (33), from the same group using the same cuprizone mouse model. Biweekly *in vivo* DTI examinations showed a transient decrease in axial diffusivity ( $\lambda_{\parallel}$ ) in the corpus callosum after 2–6 weeks of cuprizone administration, while immunostaining for non-phosphorylated neurofilaments demonstrated corresponding axonal damage after 4 weeks of treatment.

In summary, in four seminal studies, Song and colleagues demonstrated that axial ( $\lambda_{\parallel}$ ) and radial ( $\lambda_{\perp}$ ) diffusivity may be useful *in vivo* surrogate markers of axonal and myelin damage, respectively, in selected mouse experimental models of white matter abnormalities.

## CRITIQUE OF THE METHOD

Interestingly, when a synthetic model of crossing fibers is used, the three diffusivities ( $\lambda_1$ ,  $\lambda_2$ , and  $\lambda_3$ ) may not detect the same underlying structural characteristics in particular datasets, because orientation of the related principal eigenvector (a characteristic vector whose direction does not change in the linear transformation and has got the largest magnitude) may differ (34). According to these authors, axial ( $\lambda_{\parallel}$ ) and radial ( $\lambda_{\perp}$ ) diffusivities,

i.e., the water diffusion coefficient parallel and perpendicular to the axons, may provide an acceptable approximation if the voxel includes a healthy fiber bundle determining the diffusion characteristic of the voxel. However, if the signal-to-noise ratio is low, if crossing fibers are present, or if pathology causes a decrease in anisotropy, such an approach can lead to misinterpretation of the results (35). This is an important statement as the latter situation occurs within brain lesions, characteristic, for instance, of multiple sclerosis (36).

Inflammation, often present in diseases associated with white matter impairment, poses another difficulty for the interpretation of DTI signals (37). In a cuprizone experimental mouse model, it has been shown that axial diffusivity ( $\lambda_{\parallel}$ ) values were diminished in the beginning of demyelination process in corpus callosum regions characterized by nonuniform axonal edema, beads, varicosities parallel to the axon segments, and microglia/macrophage activation. In the same animals, axial diffusivity ( $\lambda_{\parallel}$ ) was not decreased during prolonged demyelination, in which axonal atrophy was evident. The radial diffusivity ( $\lambda_{\perp}$ ) values generally were enhanced in chronically demyelinated corpus callosum voxels, but in regions with extensive axonal edema and prominent inflammatory cell presence, radial diffusivity ( $\lambda_{\perp}$ ) did not change, likely because of reduced intra-axonal water diffusivity following injury and/or the enhanced restriction related to the presence of infiltrating cells (38).

A combination of oligodendrocyte apoptosis and the development of vasogenic edema could also result in enhanced diffusivity across the axons, leading to discrepancies between radial diffusivity ( $\lambda_{\perp}$ ) and the histological picture (39). Thus, DTI-derived radial diffusivity ( $\lambda_{\perp}$ ) may not be specific to myelin integrity and may actually reflect both myelin integrity and extra-axonal water content (40–42). Finally, cerebrospinal fluid contamination represents another challenge. Cheng et al. (43) proposed a combination of the DTI technique and a FLAIR  $b = 0$  image to suppress cerebrospinal fluid partial volume effects and improve white matter fiber tractography.

Summing up, experimental studies from different pathogenic events: acute injury (ischemia, trauma), short term/progressive injury (cuprizone model), and congenial and long-term chronic injury (Shivered mice) are part of different cellular responses which can result in different DTI scalars anomalies (Table 1). In addition, some of the acute processes (trauma), include complex acute multicellular processes (inflammation) and chronic processes (scarring) which could radically change the white matter matrix structure and temporal course of the DTI parameters. Moreover, trophic iteration between neuronal and glial cell populations in the nervous tissue should be taken into consideration. The pathological changes occurring in one population may defectively alter another cell group and affect axial ( $\lambda_{\parallel}$ ) and radial ( $\lambda_{\perp}$ ) diffusivity.

## CLINICAL ASPECTS OF AXIAL AND RADIAL DIFFUSIVITY

Pathophysiological changes in multiple sclerosis encompass the dynamic evolution of inflammation, axonal injury, and myelin



**TABLE 1** | Summary of findings from specific experimental reports cited in the review.

Experimental model/disease	Axial diffusivity ( $\lambda_{\parallel}$ )	Radial diffusivity ( $\lambda_{\perp}$ )	Histopathological correlation	Reference
Congenitally demyelinated Shiverer mutant mice	Not changed	Increased	Yes, for axial (no axon damage—no $\lambda_{\parallel}$ change) and radial (demyelination) diffusivity	(19)
Mouse model of retinal ischemia	Decreased by day 3 after ischemia	Decreased on day 5 and present on day 7 after ischemia	Yes, at day 3 (axonal degeneration) and 7 (myelin fragmentation) after the injury	(20)
Mouse cuprizone model of experimental demyelination and myelination of corpus callosum	Tendency to decrease, but not reached statistical significance	Increased	Yes, for radial diffusivity (demyelination), only tendency for axial diffusivity (axon damage)	(29)
Mouse cuprizone model of experimental demyelination and myelination of corpus callosum	Decreased	Increased	Yes, for both axial (axon damage) and radial (demyelination)	(33)
Mathematical modeling			No, if the signal-to-noise ratio is low, if crossing fibers are present, or if pathology causes a decrease in anisotropy	(34, 35)
Rat model of liposaccharide injection into the corpus callosum		Increased	No, radial diffusivity increase due to vasogenic edema	(37)
Mouse cuprizone model of experimental demyelination and myelination of corpus callosum	Decreased	Increased	No, axial diffusivity did not correlate with axonal atrophy; did not correlate with myelin loss or astrogliosis	(38)
Mouse model of acute spinal cord injury	Increased	Increased	Good correlation in the epicenter and remotely to the changes, axial and radial diffusivity impacted by vasogenic edema	(39)
Mathematical modeling			Cellularity decrease axon diffusivity, have a limited impact on radial diffusivity; vasogenic edema increases radial diffusivity	(42)

loss, which creates a particularly challenging situation for imaging with axial ( $\lambda_{\parallel}$ ) and radial ( $\lambda_{\perp}$ ) diffusivity. The timing of inflammation relative to tissue injury is not always known. In addition to the temporal aspect, the pathology in multiple sclerosis is also complex and variable, with axon and myelin injury strongly interlinked. Nevertheless, Oh et al. (44, 45) demonstrated that fractional anisotropy, mean diffusivity, and radial diffusivity ( $\lambda_{\perp}$ ) could efficiently discriminate multiple sclerosis patients with high and low disability levels. Fractional anisotropy was diminished, mean diffusivity increased, and radial diffusivity ( $\lambda_{\perp}$ ) enhanced in subjects with high disability, as compared with low disability, demonstrating good reproducibility.

Kronlage et al. (46) demonstrated that fractional anisotropy and radial diffusivity ( $\lambda_{\perp}$ ) correlated strongly with electrophysiological markers of demyelination, whereas axial diffusivity ( $\lambda_{\parallel}$ ) did not correlate with markers of axonal neuropathy in subjects with chronic inflammatory demyelinating polyneuropathy. In another study, axial diffusivity ( $\lambda_{\parallel}$ ) and fractional anisotropy showed a significant correlation with axonal integrity, whereas radial diffusivity ( $\lambda_{\perp}$ ) was related to myelin compactness in an animal model of closed head traumatic brain injury (47). In this study, fractional anisotropy was sensitive to astrogliosis in the gray matter, whereas mean diffusivity was associated with augmented cellularity.

Interestingly, Naismith et al. (48) demonstrated that in remote optic neuritis (commonly one of the first manifestations of multiple sclerosis), radial diffusivity ( $\lambda_{\perp}$ ) may discriminate

visual outcomes. White matter tracts consisting of parallel axons tightly packed with myelin are anisotropic, or directional, to the diffusion of water. Chronic injury associated with demyelination and axons loss leads to reduced anisotropy. As a consequence diffusion perpendicular to the white matter tract (analogous to  $\lambda_{\perp}$ ) augments, overall diffusivity (mean diffusivity) increases, and tissue directionality diminishes. At the same time, within the human central nervous system, pathologic changes from the acute to the chronic stage result in axial diffusivity ( $\lambda_{\parallel}$ ) becoming less informative over time. As myelin debris is cleared, inflammation and edema diminish, demyelinated axons are less tightly packed, and the widening interstitial space dilutes the ability of DTI to detect and measure anisotropic diffusion ( $\lambda_{\parallel}$ ) within axons. Thus, the correlation between axial diffusivity and visual outcomes in subjects with remote optic neuritis was very modest (48).

To summarize, in cases of axon and myelin injury associated with inflammation and increased cellularity, DTI tends to underestimate the extent of demyelination, while at the same time, may exaggerate the extent of the axonal injury. The final outcome is undervalued radial diffusivity ( $\lambda_{\perp}$ ) and overvalued axial diffusivity ( $\lambda_{\parallel}$ ). In turn, in chronic diseases associated with intensive axonal loss, the increased isotropic diffusion seems to enhance both radial ( $\lambda_{\perp}$ ) and axial diffusivity ( $\lambda_{\parallel}$ ). Consequently, DTI can no longer provide sufficient reliability in terms of underlying pathologies when inflammation, axonal loss, axonal injury, and demyelination coexist.

## FUTURE PROSPECTS

Song and colleagues have proposed a new methodology called diffusion basis spectrum imaging (DBSI) to address the DTI inaccuracies with respect to radial ( $\lambda_{\perp}$ ) and axial diffusivity ( $\lambda_{\parallel}$ ). Phantom tests and *in vivo* experiments using cuprizone-treated mice suggest that DBSI might be capable of quantifying the extent of augmented cellularity and vasogenic edema, constituting a reliable marker of inflammation. Moreover, DBSI seems to improve the quantification of axial ( $\lambda_{\parallel}$ ) and radial ( $\lambda_{\perp}$ ) diffusivity, which distinguishes and reflects axonal versus myelin injury (40).

The DBSI model proposed by the Song research group has been validated in several animal and human studies, as reviewed by Cross and Song (49). The possible limitation of the reviewed research describing the interdependencies between axial ( $\lambda_{\parallel}$ ) versus radial ( $\lambda_{\perp}$ ) diffusivity, and axonal versus myelin injury (respectively), is that most of the discussed studies originated from one site. In particular, replication of DBSI-derived data is yet to be published. Animal models of neurodegenerative diseases featuring fluorescently labeled axons (50) represent another option to correlate axonal pathology to specific alterations in axial and radial diffusivities. Further development of DTI technology, including DBSI and other concepts (such as specific animal models), may enormously advance our understanding of underlying pathologies in several central nervous disorders.

Diffusion tensor imaging can reveal strategic information with respect to white matter tracts, disconnection mechanisms, and related symptoms. Axial ( $\lambda_{\parallel}$ ) and radial ( $\lambda_{\perp}$ ) diffusivity seem to provide quite consistent information in healthy subjects, and in pathological conditions with limited edema and inflammatory changes. DTI remains one of the most promising non-invasive diagnostic tools in medicine.

## AUTHOR CONTRIBUTIONS

PW and AS drafted and wrote the manuscript. PN, KJ, ES, and AS commented and revised the manuscript. All authors have read and approved the final version of the manuscript.

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# Parkinson's Disease: Biomarkers, Treatment, and Risk Factors

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Parkinson's disease (PD) is a progressive neurodegenerative disorder caused mainly by lack of dopamine in the brain. Dopamine is a neurotransmitter involved in movement, motivation, memory, and other functions; its level is decreased in PD brain as a result of dopaminergic cell death. Dopamine loss in PD brain is a cause of motor deficiency and, possibly, a reason of the cognitive deficit observed in some PD patients. PD is mostly not recognized in its early stage because of a long latency between the first damage to dopaminergic cells and the onset of clinical symptoms. Therefore, it is very important to find reliable molecular biomarkers that can distinguish PD from other conditions, monitor its progression, or give an indication of a positive response to a therapeutic intervention. PD biomarkers can be subdivided into four main types: clinical, imaging, biochemical, and genetic. For a long time protein biomarkers, dopamine metabolites, amino acids, etc. in blood, serum, cerebrospinal liquid (CSF) were considered the most promising. Among the candidate biomarkers that have been tested, various forms of  $\alpha$ -synuclein ( $\alpha$ -syn), i.e., soluble, aggregated, post-translationally modified, etc. were considered potentially the most efficient. However, the encouraging recent results suggest that microRNA-based analysis may bring considerable progress, especially if it is combined with  $\alpha$ -syn data. Another promising analysis is the advanced metabolite profiling of body fluids, called "metabolomics" which may uncover metabolic fingerprints specific for various stages of PD. Conventional pharmacological treatment of PD is based on the replacement of dopamine using dopamine precursors (levodopa, L-DOPA, L-3,4 dihydroxyphenylalanine), dopamine agonists (amantadine, apomorphine) and MAO-B inhibitors (selegiline, rasagiline), which can be used alone or in combination with each other. Potential risk factors include environmental toxins, drugs, pesticides, brain microtrauma, focal cerebrovascular damage, and genomic defects. This review covers molecules that might act as the biomarkers of PD. Then, PD risk factors (including genetics and non-genetic factors) and PD treatment options are discussed.

**Keywords:** Parkinson's disease, biomarkers,  $\alpha$ -synuclein, microRNAs, orexin

**Abbreviations:** 8-OHdG, 8-hydroxy-2'-deoxyguanosine; BBB, blood-brain barrier; CSF, cerebrospinal fluid; DBS, deep brain stimulation; DLBs, dementia with Lewy bodies; GBA, acid  $\beta$ -glucocerebrosidase; HDLs, high density lipoproteins; LBs, Lewy bodies; LDLs, low density lipoproteins; L-dopa, levodopa; LRRK2, leucine-rich repeat kinase 2; MAOA, monoamine oxidase A; MAOB, monoamine oxidase B; MAPKs, mitogen-activated protein kinases; MAPT, microtubule-associated protein tau; MPTP, 1-methyl-4-phenyl-1,2,3,6 tetrahydropyridine; PD, Parkinson's disease; PDD, Parkinson's disease dementia; PEA,  $\beta$ -phenylethylamine; PINK1, PTEN-induced putative kinase 1; SN, substantia nigra; TBP, TATA box-binding protein; TH, tyrosine hydroxylase; VLDLs, very low density lipoproteins.



## INTRODUCTION

Parkinson's disease is the second most common neurodegenerative disease characterized by a progressive loss of dopaminergic neurons in the SN pars compacta. In PD, there is a long latency between the first damage to cells in at-risk nuclei of the nervous system, and the onset of clinical symptoms. The symptoms and signs of PD usually do not develop until 70–80% of dopaminergic neurons have already been lost (El-Agnaf et al., 2006). Thus, identifying patients in the period between the presumed onset of dopaminergic cell loss and the appearance of clinical parkinsonism may be of major importance for the development of effective neuroprotective treatment strategies (Berendse et al., 2001). Staining of LBs, the pathological hallmark of PD, to identify affected neurons throughout the nervous system, revealed six neuropathological stages of this disease based on the localization of the involved brain regions (Braak et al., 2003). Examination of brain samples from hundreds of PD patients revealed that the pathological process was relatively uniform. The pathology in the first stage begins in the lower medulla oblongata, specifically the dorsal motor nucleus of the vagal nerve, and the anterior olfactory structures. In stage 2, lesions in the dorsal motor nucleus worsen, inclusions develop in the lower raphe nuclei, and Lewy neurites can be observed in the locus ceruleus. In stage three the SN is affected. In stage four, lesions appear in the cortex, specifically in the temporal mesocortex. In stage five, the pathology appears in the adjoining temporal neocortical fields, while in stage six cortical involvement is clearly seen. Importantly, cognitive status correlates with the neuropathological stage (Braak et al., 2003). It is also essential to find reliable molecular biomarkers that can distinguish PD from other conditions, monitor its progression, or give an indication of a positive response to therapeutic intervention (Siderowf et al., 2018).  $\alpha$ -Synuclein ( $\alpha$ -Syn) aggregates are assumed to be harmful to dopaminergic neurons in the SN, and their formation may trigger the transmission of toxic  $\alpha$ -syn from affected cells to other adjacent cells, resulting in a cascade of LBs formation and, subsequently, cell death (Angot and Brundin, 2009; Steiner et al., 2018). This promotes further dopaminergic cell loss caused by the spread of pathogenic forms of  $\alpha$ -syn to neighboring cells (Luk et al., 2012). The transmission of  $\alpha$ -syn between cells can be a normal pathway. However, in a stress condition, the aggregation of  $\alpha$ -syn may be initiated within the receiver cells, where pre-aggregated  $\alpha$ -syn acts as a 'seed' inducing more aggregation of soluble  $\alpha$ -syn in a 'prion-like' fashion (Bernis et al., 2015). Furthermore, because  $\alpha$ -syn aggregates are normally cleared by the proteasome system or by the lysosomes, any defect in clearance mechanisms could cause the spread of PD pathology as undigested toxic  $\alpha$ -syn transmits to other cells. In accordance with this concept lysosomal inhibition enhances the amount of insoluble  $\alpha$ -syn, leading to the elevated release of exosomes containing toxic  $\alpha$ -syn (Luk et al., 2012). In healthy neurons unwanted proteins are cleared via an exosome mediated pathway, thus explaining why  $\alpha$ -syn can be released from neurons in normal conditions, while any cellular or environmental problem that leads to higher  $\alpha$ -syn secretion can be harmful to neurons and can be

transmitted to other adjacent cells. There is a hypothesis that the accumulation of  $\alpha$ -syn in PD patients begins in the enteric nervous system that is in nerves in the upper gastrointestinal tract (GI).  $\alpha$ -Syn produced in GI is spread through vagus to the brain, suggesting a significant role of gut-brain axis in PD development (Liddle, 2018). Therefore, monitoring PD occurrence, diagnosis of early stage of this disease, ability to distinguish it from other parkinsonian syndromes, monitoring of its response to treatment and progression all require the identification of reliable biomarkers. After many years of disease PD can eventually evolve into PDD. The methods of diagnostics and distinctions between PD, PDD, and DLB are described in a recent comprehensive review (McKeith et al., 2017)

## NEUROCHEMICAL BIOMARKERS

### Orexin

Orexin, also known as hypocretin, is a neuropeptide hormone expressed by a small number of neurons of the dorsolateral hypothalamus. Orexin is secreted by the lateral and posterior neurons of the hypothalamus. The hormone regulates many physiological functions, such as the sleep-wake cycle (Hagan et al., 1999), cardiovascular responses, heart rate, and hypertension (Imperatore et al., 2017). PD patients usually suffer from narcolepsy due to the loss of hypocretin neurons in the hypothalamus. The concentration of orexin A is lower in PD patients than in healthy individuals, and the level of orexin is related to the severity of the disease. The more severe is the disease, the higher loss of hypocretin neurons and the lower orexin levels in the CSF are observed (Fronczek et al., 2007). In the late stages of PD, decreased orexin levels may be responsible for daytime sleepiness (Wienecke et al., 2012). In narcolepsy of PD patients elevated levels of glial fibrillary acidic protein (GFAP) in the CSF seem to be causative for the reduction of orexin levels (Takahashi et al., 2015) pointing to GFAP as another potential biomarker. GFAP is an intermediate filament protein of the cytoskeleton that is expressed mostly in astrocytes. Hypophosphorylation and overexpression of GFAP often occur in PD patients, suggesting that these alterations in astrocytes are associated with the pathogenesis of PD (Clairembault et al., 2014). Astrocytes may be involved in the progression of PD by the production of pro-inflammatory cytokines that damage dopaminergic neurons (Rappold and Tieu, 2010). Therefore, PD can be identified by elevated levels of GFAP as an astroglial marker.

### 8-Hydroxy-2'-Deoxyguanosine

Reactive oxygen species (ROS) species (such as  $O_2^-$ ,  $H_2O_2$ , and  $\cdot OH$ ) can damage biological molecules basically through irreversible reactions causing degenerative processes associated with aging. One of the DNA lesions caused by ROS is an oxidized form of 8-hydroxyguanine (8-OHG) known as 8-OHdG which can be used as a biomarker of DNA damage (Shigenaga et al., 1989). Likewise, an increase in 8-OHdG serum levels has been measured in PD patients compared to the normal individuals. CSF 8-OHdG levels are also higher in PD patients than in



normal cases, but the difference is not as significant as serum levels. Therefore, 8-OHdG could be developed as a potential biomarker for PD (Kikuchi et al., 2002). It has been shown in the rat model that PD stage is directly related to urinary 8-OHdG level, suggesting that it can be used as a severity biomarker for PD (Kikuchi et al., 2011). However, it should be remembered that 8-OHdG is a marker of oxidative DNA damage, but not of progression of PD, so its specificity is limited (Simon et al., 2015).

## Peripheral Proteasomes and Caspase Activity

Proteasomes are large protein complexes responsible for degrading and elimination of unwanted and misfolded proteins and therefore are important for cell survival. Damaged proteins that are tagged with ubiquitin molecules by ubiquitin ligase, trigger the ATP-dependent proteolytic activity of the proteasome (Lodish et al., 2004). In PD, the accumulation of proteins within the neurons leads to the formation of pathological intracellular inclusions called LBs. Proteasome dysfunction may be involved in the formation of protein aggregates and associated with LBs (Bentea et al., 2017). In PD mutations disturbing proteasome activity may lead to the accumulation of aggregated  $\alpha$ -syn (Shadrina et al., 2010; Ciechanover and Kwon, 2015). In some PD cases, mitochondrial deficiency causes the production of more ROS and higher  $\alpha$ -syn oxidation leading to increased ATP-independent proteasomal activity and higher  $\alpha$ -syn oligomerization. Depletion of ATP levels in this case inhibits 26S proteasome, but 20S complex still remains active and degrades oxidized  $\alpha$ -syn (Martins-Branco et al., 2012). In advanced PD, the severity and duration of PD correlate with reduced proteasome 20S activity and increased caspase 3 activity. The activation of caspase and thus initiation of apoptosis is the main reason of proteasome 20S activity reduction. Therefore, these proteasome and caspase components may be also considered as potential PD biomarkers (Blandini et al., 2006).

## Dopamine, Dopamine Receptor, and Dopamine Transporter Activity

A catecholamine neurotransmitter dopamine is secreted by the SN, hypothalamus and some other regions of the brain. TH synthesizes the dopamine precursor (L-DOPA) that is converted to dopamine by L-aromatic amino acid decarboxylase (AADC). In the brain, dopamine is used as the precursor of noradrenaline (norepinephrine) and adrenaline (epinephrine). Loss of dopaminergic neurons in the midbrain and SN of PD brains leads to the reduction of dopamine levels (Obeso et al., 2008). The dopamine transporter (DAT) controls dopamine levels by facilitating its reuptake back to the cytosol. However, free dopamine is toxic for neurons, since its oxidation creates poisonous reactive quinones. Therefore, the vesicular monoamine transporter 2 (VMAT2) stores excess dopamine in vesicles. Thus, any change in dopamine or DAT levels may be an indicator of PD. Moreover, dopamine activates five types of receptors (D1R–D5R) and the severity of PD is related to the decreased expression of the dopamine type 3 receptor (D3R), leading to more severe symptoms because of reduced dopamine

signals (Nagai et al., 1996). Therefore, D3R can be also considered as a potential biomarker for PD (Caronti et al., 2001).

Recent studies have point to 3-methoxy-4-hydroxyphenylglycol (MHPG) as a valuable biomarker to distinguish several forms of neurodegenerative diseases. This biogenic amine and norepinephrine's metabolite passes the BBB, and analysis of its level in serum and CSF may be helpful to determine cognitive staging in PD, distinguish PD from non-PD controls, DLB versus AD, etc. (Vermeiren and De Deyn, 2017; van der Zee et al., 2018). This method is promising, since the locus coeruleus becomes affected in an earlier stage than the SN by  $\alpha$ -syn.

In another recent article a preclinical phase of PD is identified by analysis of dopamine metabolites in CSF. Low CSF concentrations of 3,4-dihydroxyphenylacetic acid (DOPAC) and DOPA identify pre-clinical PD in at-risk healthy individuals (Goldstein et al., 2018).

Catecholamine neurons are not abundant in the nervous system, and their vulnerability in PD and related diseases (Goldstein et al., 2018) is not explained. A concept of autotoxicity assumes intrinsic cytotoxicity of catecholamines in cells in which it is produced. According to a recent theory, PD might develop when 3,4-dihydroxyphenylacetaldehyde (DOPAL) oligomerizes and aggregates  $\alpha$ -syn, providing a link between synucleinopathy and catecholamine neuron loss in LBD (Goldstein et al., 2018).

According to the "catecholaldehyde hypothesis" for the pathogenesis of PD, long-term increased build-up of DOPAL, the catecholaldehyde metabolite of dopamine, causes or contributes to the eventual death of dopaminergic neurons. LBs, a neuropathological hallmark of PD, contain precipitated  $\alpha$ -syn. Bases for the tendency of  $\alpha$ -syn to precipitate in the cytoplasm of catecholaminergic neurons have also been mysterious. Since DOPAL potently oligomerizes and aggregates  $\alpha$ -syn, the catecholaldehyde hypothesis provides a link between synucleinopathy and catecholamine neuron loss in Lewy body diseases. The concept developed here is that DOPAL and  $\alpha$ -syn are nodes in a complex nexus of interacting homeostatic systems.

## $\alpha$ -Synuclein

$\alpha$ -Synuclein, which is found in an aggregated and fibrillar form, has attracted considerable attention as a potential molecular biomarker of PD. (Emamzadeh, 2016). Human  $\alpha$ -syn is predominantly expressed in the brain in the neocortex, hippocampus, SN, thalamus and cerebellum, and is found in LBs (Surguchov, 2015). It is encoded by the SNCA gene that consists of six exons ranging in size from 42 to 1,110 bp (McLean et al., 2000; Yu et al., 2007). As noted above, the predominant form of  $\alpha$ -syn is the full-length protein, but other shorter isoforms have been described. Importantly, C-terminal truncation of  $\alpha$ -syn induces aggregation, suggesting that C-terminal modifications might be involved in the pathology of  $\alpha$ -syn (Venda et al., 2010). Changes in the levels of  $\alpha$ -syn have been reported in CSF and plasma of PD patients compared to control individuals (Hong et al., 2010). Recent evidence suggests that  $\alpha$ -syn can be secreted into the extracellular space of the brain and spread the pathology of PD by propagating in a prion-like fashion (Masuda-Suzukake et al., 2013). This extracellular form of the

protein can also be found in human body fluids, including blood and CSF (Mollenhauer et al., 2011). The gradual spread of  $\alpha$ -syn pathology leads to a high concentration of extracellular  $\alpha$ -syn that can potentially damage healthy neurons. Moreover, recent biomarker studies have shown changes in the level of  $\alpha$ -syn in blood plasma from patients with PD (Li et al., 2007; Foulds et al., 2011), suggesting that  $\alpha$ -syn might cross the BBB. Later, radiolabeled  $\alpha$ -syn was traced in the bidirectional path from blood to the CNS and vice versa (Sui et al., 2014). Therefore,  $\alpha$ -syn can be considered as a potential biomarker for PD.

### Apolipoprotein A1 (ApoA1)

ApoA1 is a 28 AA apolipoprotein with ~28 kDa molecular weight which is the main constituent of HDL particles (Brewer et al., 1983). This apolipoprotein is synthesized mostly by the liver and the small intestine and is responsible for gathering extra cholesterol from cells. ApoA1 in cooperation with apoE participates in lipid transport in the brain (Emamzadeh, 2017). ApoA1 together with another apolipoprotein, apoE are responsible for lipid transportation in the brain. Lower levels of one isoform of apoA1 and tetraoctin are reported in the CSF of PD patients, suggesting that apoA1 is a potential biomarker for PD (Wang et al., 2010; Swanson et al., 2015). ApoA1 cannot be secreted from neurons, but as the main component of HDL, it is required for cholesterol transportation to the brain. Therefore, it possibly passes through the BBB and contribute to the protective roles of HDL. In PD, lower level of apoA1 means less efficient HDL and reduced brain cholesterol homeostasis and function (Vitali et al., 2014).

### RNA-Based PD Biomarkers

Recent investigation of microRNAs (miRNAs) in PD point to their emerging role as potential PD biomarkers, especially due to their presence in CSF and peripheral circulation both free and in exosomes. miRNAs are small 21–24 nucleotide non-coding RNAs that regulate gene expression post-transcriptionally. Due to their ability to cross the BBB miRNAs have a high potential as convenient PD biomarkers. In a recent study Dos Santos et al. (2018) analyzed miRNA expression profile using next generation sequencing (NGS) in the CSF of early stage PD patients and controls. The authors have identified a miRNA-based biomarker panel for the early diagnosis of PD, including the five best ranking variables (Let-7f-5p, miR-125a-5p, miR-151a-3p, miR-27a-3p and miR-423-5p). The analysis showed high predictive value with 90% diagnostic sensitivity. Inclusion of  $\alpha$ -syn in the analysis further improves robustness of a miRNA-based panel. Several other teams confirmed that microRNAs may be used as new PD biomarkers suggesting a breakthrough for novel diagnostic and therapeutic approaches to this disease (Arshad et al., 2017; Vitali et al., 2018). Several other biomarkers are under investigation in a number of Medical Centers, the information about which can be found on the website: [https://clinicaltrials.gov/ct2/results?cond=Parkinson's Disease&term=biomarker&cntry=&state=&city=&dist=](https://clinicaltrials.gov/ct2/results?cond=Parkinson%27s+Disease&term=biomarker&cntry=&state=&city=&dist=)

## METABOLITE PROFILING

Metabolic profiling of human tissues and/or biological fluids mirrors the complex interaction of genes, proteins and the environment of an individual. Proton ( $^1\text{H}$ ) and phosphorus ( $^{31}\text{P}$ ) magnetic resonance spectroscopy (MRS) are non-invasive imaging techniques that have been used to the study metabolites involved in energy metabolism, including ATP, lactate, creatine and other low molecular weight metabolite (Havelund et al., 2017). Significant alterations in metabolites have been described in PD patients and in animal models, including rise of lactate in striatum (Henchcliffe et al., 2008) and decrease of *N*-acetylaspartate/creatine ratios in advanced PD (Seraji-Bozorgzad et al., 2015). Alterations in alanine, branched-chain amino acids and fatty acid metabolism point to mitochondrial dysfunction in PD (Havelund et al., 2017).

## NEUROIMAGING BIOMARKERS

Today's technology is able to detect brain's abnormalities in PD patients using imaging techniques, such as transcranial B-mode sonography (TCS), susceptibility-weighted imaging (SWI), diffusion weighted imaging (DWI) (Chung et al., 2009), positron emission tomography (PET) scan and, single-photon emission computed tomography (SPECT) scan.

### Transcranial B-Mode Sonography (TCS)

Transcranial B-mode sonography monitors the blood flow velocity of brain's vessels by measuring the frequency of ultrasounds waves and their echoes. This inexpensive and reliable method shows the higher echogenicity of the SN in PD brains compared to normal group that possibly occurs due to increased iron and gliosis levels in SN of PD patients (Skoloudik et al., 2014). The increased iron level in PD can be due to either alternation or malfunction of the BBB. In PD the increase in the number of iron-transferring receptors including both transferrin receptors of BBB and iron-binding receptors of neurons can lead to accumulation of iron in SN (Hare et al., 2013).

### Magnetic Resonance Imaging (MRI)

Diffusion weighted imaging is a form of MRI that measures the rate of water diffusion through a tissue to determine the structural details of that tissue. The higher measured diffusivity means the greater mobility of water molecules that can be due to the death of cells and the reduction of the region volume. This technique can differentiate PD from multiple system atrophy (MSA) in the early stage, while the clinical symptoms of these disorders are similar. In particular, the higher diffusivity of water in middle cerebellar peduncles in MSA patients in comparison to PD patients has been reported using DWI (Chung et al., 2009). DWI can also differentiate patients with progressive supranuclear palsy (PSP) from PD patients by detecting abnormalities in basal ganglia (Seppi et al., 2003). More traditional MRI methods, such as high-resolution 3-Tesla T1-weighted MRI can also detect the reduced volume of caudate and

putamen in PD patients in compared to controls (Saeed et al., 2017).

## Single-Photon Emission Computed Tomography (SPECT) Scan

Both PET and SPECT scans can detect the early onset of PD and loss of dopaminergic neurons using radiotracers and computer techniques to generate 3D images. The majority of radiotracers are non-invasive radiopharmaceuticals with a short lifetime that usually decay soon after the imaging is complete. Moreover, the 3D images of PET and SPECT scans reveal function of an organ, whereas MRI can only monitor the anatomy and structure (Histed et al., 2012).

The SPECT scan radiotracers have a longer life-time in comparison to PET radiotracers. They mostly are  $^{123}\text{I}$ iodine ( $^{123}\text{I}$ ) and  $^{99\text{m}}\text{Tc}$ technetium ( $^{99\text{m}}\text{Tc}$ ) that emit gamma rays. The DAT-SPECT imaging can monitor degeneration of presynaptic terminals in dopaminergic neurons by visualizing DAT quantity. This method is a good way to diagnose reduction of DAT in the brain, and importantly it can't distinguish PD and other Parkinsonian Syndromes. The DAT gamma-emitting ligands, such as  $^{123}\text{I}$ -iomopane ( $^{123}\text{I}$ - $\beta$ -CIT),  $^{123}\text{I}$ -ioflupane ( $^{123}\text{I}$ -FP-CIT),  $^{123}\text{I}$ -altropane ( $^{123}\text{I}$ -IPT) are the most common DAT-density SPECT tracers. These ligands are derivatives of tropane and dopamine reuptake inhibitors that target DAT (Wang et al., 2012; Brooks, 2016).

Single-photon emission computed tomography also employs dopamine D2 receptor radioligands that are dopamine antagonists. They include  $^{123}\text{I}$ -iodobenzamide ( $^{123}\text{I}$ -IBZM) (Reiche et al., 1995),  $^{123}\text{I}$ -IBF (Sasaki et al., 2003), and  $^{123}\text{I}$ -epidepride (Pirker et al., 1997).  $^{123}\text{I}$ -2'-iodospiperone (2'-ISP) is also used in some studies to monitor D2 dopamine receptors. Although this radiotracer can distinguish between PD and other form of parkinsonism due to the pattern of its uptake in basal ganglia, it produces a high imaging background and needs to be modified to improve its performance (Yonekura et al., 1995).

The number of vesicular acetylcholine transporter (VACHT) can be monitored by SPECT radiotracers as an approach for PD early diagnosis. Acetylcholine (ACh) is a neurotransmitter that is in balance with dopamine in healthy people. The death of dopaminergic neurons and reduction of dopamine levels in PD are associated with increased Ach.  $^{123}\text{I}$ -iodobenzovesamicol ( $^{123}\text{I}$ -IBVM) binds to VACHT and reveals the density of acetylcholine containing vesicles. Reduction of VACHT in parietal and occipital lobes in PD patients without dementia and reduced VACHT in all lobes of the cerebral cortex in PD patients with dementia has been established by this SPECT radiotracer (Niethammer et al., 2012).

$^{123}\text{I}$ -metaiodobenzylguanidine ( $^{123}\text{I}$ -MIBG) is another radiotracer that can distinguish between PD and MSA (Goldstein, 2001). The heart-to-mediastinum ration of  $^{123}\text{I}$ -MIBG uptake is impaired in idiopathic PD patients, but not in patients with MSA. PET/CT scanning of these PD patients illustrated also decreased FP-CIT striatal uptake (Oh et al., 2015).

MIBG scintigraphy allows to distinguish not only between PD versus MSA, but also between PD and DLB (Goldstein, 2001, 2013).

## Positron Emission Tomography (PET) Scan

The PET scan radiotracers emit electron anti-particles (positrons) that are positively charged with the same mass as an electron. The presence of presynaptic DAT in dopaminergic neurons of striatum and SN can be assessed with  $^{18}\text{F}$  and/or  $^{11}\text{C}$  radiolabeled dopamine analogs. These DAT radioligands include  $^{18}\text{F}$ -dopamine ( $^{18}\text{F}$ -dopa) (Ibrahim et al., 2016),  $^{18}\text{F}$ -FE-PE2I (Fazio et al., 2015),  $^{18}\text{F}$ - $\beta$ -CFT (Rinne et al., 1999),  $^{18}\text{F}$ -LBT999 (Arlicot et al., 2017), and  $^{11}\text{C}$ -methylphenidate. The VMAT2 quantification is also possible by using either  $^{11}\text{C}$  or  $^{18}\text{F}$  radiolabeled dihydrotetrabenazine (DTBZ) (Tong et al., 2008; Lin et al., 2013). Because of dopaminergic cell loss and subsequent loss of VMAT2, the PET signal of radiolabeled DTBZ is lower in PD patients than in controls. Both DAT and VMAT2 radioligands can detect the early signs of dopaminergic damage, although PD may not be differentiated from atypical Parkinsonism with dopaminergic dysfunction.  $^{11}\text{C}$ -MP4A is another PET radiotracer that monitors the level of acetylcholinesterase (AChE) activity. AChE hydrolyses deactivates Ach and terminates the signal. Impairment of cholinergic system and reduction of cortical AChE has been assessed by  $^{11}\text{C}$ -MP4A-PET scan. AChE activity reduces more in PDD than in PD, indicating that cholinergic dysfunction is correlated with dementia in PD (Bohnen et al., 2006).

## PARKINSON'S DISEASE TREATMENT

The development of neuroprotective drugs for PD is an important unmet medical need, since this disease progressively impair the patients' quality of life and functionality in activities of daily living. The identification of new therapeutic targets is therefore of great importance. Although different medications and therapies for controlling PD symptoms are currently available, no cure for PD exists. The development of treatments for PD, based on patients' symptoms and needs, vary from different medications to rehabilitation or even surgery. PD includes different clinical entities observed in several studies investigating the existence of PD subtypes. A cluster analysis permits to identify distinct PD subtypes according to the relevance of both motor and non-motor symptoms and select therapeutic approach according to cluster symptoms presentation (Lauretani et al., 2014).

## MEDICATIONS

The most common therapy for PD includes different commercially available medications that treat the lack of dopamine in the SN. These medications can temporarily alleviate PD symptoms in different ways by enhancing dopamine level, mimicking the role of dopamine or inhibiting dopamine



oxidative metabolism, which leads to the generation of reactive oxygen species (ROS) (Goldenberg, 2008). Formation of protein aggregates that lead to neuronal cell death is another important target for PD treatment. Among different PD medications, levodopa (L-dopa, L-3,4-dihydroxyphenylalanine) is an effective drug. Levodopa is the immediate metabolic precursor of dopamine which is produced by TH from L-tyrosine. In the dopaminergic neurons, dopa-decarboxylase converts levodopa into dopamine. The orally taken levodopa can be decarboxylated in peripheral sites before reaching the CNS. Therefore, levodopa is available in combination with carbidopa or benserazide that are peripheral inhibitors of Dopa decarboxylase, but do not pass through the BBB. Unchanged levodopa in the presence of decarboxylase peripheral inhibitors can penetrate into the CNS and is used as a precursor of dopamine (Goldenberg, 2008).

Levodopa, is more efficiently transformed into DA after vesicle storage by the serotonergic neurons, rather than the dopaminergic ones of the nigrostriatal system. Since the serotonergic distribution throughout the brain is very different than the dopaminergic one, this causes the well-known side effects of L-DOPA therapy and reduces its efficiency as a drug (De Deurwaerdère et al., 2017).

Sinemet was the first brand of carbidopa/levodopa combination in the pharmaceutical market (Scriabine, 1999). Rytary and duopa are two newly approved medications for PD by the Food and Drug Administration (FDA). Xadago (safinamide) is recently approved medication for PD patients who do not benefit from levodopa/carbidopa. Rytary is manufactured by Impax Laboratories as an oral capsule containing carbidopa-levodopa together with entacapone to prolong its effects. Doupa produced by AbbVie Company is used for the treatment of motor fluctuations in advanced PD. Doupa is an enteral gel made of levodopa-carbidopa that is pumped to patient intestines (Olanow et al., 2014).

A group of dopamine agonists are agents that bind to the dopaminergic post-synaptic receptors and trigger the same signal as dopamine itself. This group include pergolide, pramipexole dihydrochloride, ropinirole hydrochloride, rotigotine, and amorphine hydrochloride (Jankovic and Aguilar, 2008).

Inhibitors of MAOB – selegiline and rasagiline are also available as PD medications. Monoamine oxidase isoforms, including MAOA and MAOB, located on the outer membrane of mitochondria are involved in the oxidative deamination of biogenic amines, such as neurotransmitters and xenobiotic amines, e.g., 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) (Bach et al., 1988). The MAOs have a significant effect on the course of PD, because they are involved in the metabolism of dopamine. Oxidative metabolism of dopamine in the dopaminergic cells of SN by MAOs leads to ROS generation, oxidative damage and cell death (Reiter, 1995). Moreover, MAOB catalyzes the conversion of MPTP into 1-methyl-4-phenylpyridine (MPP+) which is responsible for parkinsonism in intravenous drug users (Langston, 1996). Selegiline and rasagiline can protect neurons against oxidative damage induced by dopamine metabolites diminishing MAOB activity. Moreover, several substances, such as entacapone and tolcapone that inhibit catechol-*o*-methyl transferase (COMT) are available as

alternative PD medications. These two medications block the conversion of levodopa into methylated levodopa. Therefore, inhibition of COMT activity by these medications can extend the existence of functional levodopa preventing its degradation (Goldenberg, 2008).

Additionally, some other chemicals can be considered as potential PD medicines. Rapamycin can be a useful treatment for PD as an up-regulator of autophagy. Rapamycin induces autophagy in cells by inhibition of a specific kinase activity called mTOR. Autophagy is a potential target for PD treatment, since it initiates the clearance of protein aggregates and inhibits apoptosis (Hochfeld et al., 2013). Adenosine A2A receptor antagonists, such as caffeine also reduces the risk of PD. Transgenic mice with mutant  $\alpha$ -syn and deleted adenosine A2A receptor genes are protected against PD. Thus, A2A receptor antagonists are potential candidates for prevention and treatment of PD (Kachroo and Schwarzschild, 2012).

Formation of protein aggregates that leads to neuronal cell death is a promising target for PD treatment. In January 2015, Neupore Therapies has announced phase I clinical trial of a new drug, NPT200-11 (UCB-1332) that inhibits oligomerization of  $\alpha$ -syn (Oertel, 2017). Another potential drug modulating the aggregation of  $\alpha$ -syn blocking or reducing the conversion of monomers to oligomers or later on to fibrils is ANLE138b (Levin et al., 2014). Several promising compounds are under development and/or in preclinical testing that may enhance autophagy of  $\alpha$ -syn. Recent screening of compounds protecting cells from  $\alpha$ -syn induced neurodegeneration identified a non-selective phosphodiesterase (PDE) inhibitor dipyrindamole. Importantly, PDE1 inhibition also protects dopaminergic neurons from  $\alpha$ -syn induced degeneration in mouse SN. PDE inhibitors are currently at preclinical testing (Höllerhage et al., 2017). Another antiaggregation compound – a natural product squalamine displaces  $\alpha$ -syn from the surfaces of lipid vesicles, thereby blocking the first steps in its aggregation process. Furthermore, squalamine suppresses the toxicity of  $\alpha$ -syn oligomers by inhibiting their interactions with lipid membranes (Perni et al., 2017).

## SURGERY

Deep brain stimulation therapy is rarely used for certain types of brain-related disorders including PD, dystonia, obsessive-compulsive disorder and treatment resistant depression (Herrington et al., 2016). When PD symptoms are very severe and medications cannot moderate them, surgery and DBS can be considered as the final options for the treatment. It involves sending electrical impulses to certain parts of the brain (usually SN or globus pallidus, which communicate with the SN) by a neurostimulator device that is a brain implant known as a 'brain pacemaker.' The target area of DBS is usually the subthalamic nucleus (STN). The stimulation of the dorsolateral STN border alongside the surgery can improve its efficiency (Herzog et al., 2004). Later it was found that stimulation of caudal zona incerta (cZI) can be more effective with fewer complications after the surgery (Plaha et al., 2006). Stimulation

of neurons may also lead to neurogenesis and neuroplasticity and thus can improve for a long time motor problems, such as dyskinesia and tremor, and all other levodopa-responsive symptoms, for a long time. However, there are two problems with DBS, namely a 3- to 6-month waiting period required for optimal results and the possibility of brain infection (Bronstein et al., 2011).

## GENE THERAPY

The development of gene therapy of PD has made a major progress in a recent decade. Advanced PD does not give a good response to levodopa therapy. Broaden loss of dopaminergic neurons is accompanied by reduction in aromatic amino acid decarboxylase (AADC) levels that converts L-DOPA to dopamine. After successful preclinical studies, adeno-associated viral vectors carrying human AADC gene are recently delivered into putamen neurons and subthalamic nucleus of PD patients. In this method, sufficient amount of dopamine production can be controlled by taking adequate levodopa dose. Orally taken levodopa can be converted into dopamine by AADC and sooth PD symptoms (Muramatsu et al., 2010). Safety and efficiency of the method have been proven over 4 years by annually PET imaging from patients who received specific dosages of AAV2-hAADC (Mittermeyer et al., 2012). Another target for gene therapy in PD is glutamic acid decarboxylase (GAD) that facilitate production of GABA in GABA-ergic neurons in the subthalamic nucleus. GABA as an inhibitory neurotransmitter regulates muscle tone and improve motor functions (Watanabe et al., 2002). Lack of dopamine in PD causes activation of the subthalamic nucleus and unnecessary muscular responses that GABA by its inhibitory effect can significantly improve. This method can be compared with DBS that by sending electric shocks to subthalamic nucleus reduces its hyperactivity and improve motor impairment (Coune et al., 2012). The human trial of this method was performed by bilateral injection of AAV2-GAD in the subthalamic nucleus of patients with advanced PD. This approach has shown safety and efficiency, although it needs more investigation to be considered as a treatment (LeWitt et al., 2011). Therapeutic effect of glial cell line-derived neurotrophic factor (GDNF) on neuronal function in non-human models of PD encouraged scientists to inject it directly into putamen of PD patients. This surgery helped patients with improved movement, reduced dyskinesia and increased dopamine storage in the putamen (Gill et al., 2003). Therefore, GDNF is a possible option for gene therapy. Neurturin gene is another candidate for PD gene therapy. Neurturin is a neurotrophic factor important for survival and differentiation of dopaminergic neurons (Lin et al., 1993). The human trial of this factor was conducted by bilateral injection of vector AAV2-neurturin (CERE-120) into the putamen biomarkers patients with advanced PD (Bartus et al., 2013). Injected neurturin cannot spread into SN and play its therapeutic role because of vast axonal transport defects in PD patients. Another consequence of this method may be the accumulation of  $\alpha$ -syn that leads

to downregulation of neurturin expression (Bartus et al., 2014).

## NON-GENETIC RISK FACTORS OF PARKINSON DISEASE

Only 10–15% of PD cases are early onset familial PD, while the remaining cases are idiopathic pointing to an important role of non-genetic and environmental factors in PD pathogenesis. Exposure to environmental toxins can cause dopaminergic cell death. The accumulation of heavy metals in the SN enhances the risk of developing PD. The effect of exposure to heavy metals could increase oxidative stress in dopaminergic cells, leading to PD. MAO in the presence of oxygen can mediate dopamine oxidation *in vitro* into 3,4-dihydroxyphenylacetaldehyde (DOPAL). DOPAL initiates oligomerization of  $\alpha$ -syn into non-fibrillar, SDS-resistant aggregates (Burke, 2003). However, another study has revealed that inhibition of MAO to stop the production of DOPAL is not sufficient to reduce oligomerization of  $\alpha$ -syn (Burke, 2003). The auto-oxidation of dopamine to dourmine quinone (DAQ) can also increase both formation and secretion of non-fibrillar  $\alpha$ -syn oligomers, thus promoting pathogenic  $\alpha$ -syn transmission to adjacent neurons and glia (Lee et al., 2011). Neuromelanin pigment is highly expressed in dopaminergic neurons, preventing oxidative stress related to the accumulation of cytosolic dopamine. On the other hand, dying neurons in PD brains release neuromelanin that activates neuroglia and triggers neuroinflammation (Zucca et al., 2014). Moreover, lipidated neuromelanin can interact with  $\alpha$ -syn and trigger its aggregation into the insoluble complex in PD patients (Double and Halliday, 2006).

Genetic polymorphisms of cytochrome P450 2D6 (CYP2D6) – an enzyme involved in metabolizing environmental toxins, are also related to the development of PD. For example, CYP2D6 deficient metabolizers are two times higher at risk of developing PD if they are also exposed to pesticides. Therefore, sufficient levels of CYP2D6 activity are required for the metabolism of pesticides (e.g., organophosphates, atrazine), which are linked to the pathogenesis of PD (Elbaz and Tranchant, 2007).

Reactive oxygen species and thus oxidative stress is also known as a pathological factor in PD. NADPH oxidase-2 enzyme (NOX2) is a membrane-bound oxidase present primarily in phagocytes generating ROS in phagosomes to kill bacteria. NOX2-derived ROS also damages dopaminergic neurons. Dopaminergic neurons in NOX2-knockout mice start to degenerate faster than similar cells in wild-type controls after administration of MPTP (Brieger et al., 2012).

In 1956 two neurologists, Poskanzer and Schwab hypothesized that PD is related to influenza infection (Estupinan et al., 2013). They studied a group of PD patients and revealed that age of disease onset is shifted in the direction of an age group who were born before or during the influenza pandemic in 1918 and mostly had been infected by the flu virus. However, other studies showed that influenza infection can cause PD-like symptoms, but cannot increase the risk of developing PD (Estupinan et al., 2013). Another hypothesis proposes that *Toxoplasma gondii*, an



intracellular parasite causing toxoplasmosis, may increase the risk of PD. The parasite in the brain infected those areas that are affected in PD, including basal ganglia (Miman et al., 2010), although other studies did not get a similar result (Mahami Oskouei et al., 2016).

## GENETIC FORMS AND GENETIC RISK FACTORS OF PD

Although most cases of PD are idiopathic forms of the disease, about 15% of PD patients are recognized as having a first-degree family member with this disease. Recently, the genetic factors and gene loci involving in autosomal dominant and autosomal recessive forms of PD have been discovered due to advanced molecular genetics (Samii et al., 2004; Karimi-Moghadam et al., 2018) (Tables 1, 2). The mutations in several genes, including  $\alpha$ -syn, LRRK2, PINK1, Parkin, DJ-1, VPS35 and GBA1 are linked to PD (Zeng et al., 2018). In addition to mutations in these genetic loci, polymorphisms, and trinucleotide repeats are recognized as PD genes, or susceptibility factors for PD (Table 3).

## EPIGENETIC RISK FACTORS OF PD

Epigenetics refer to chromatin alternations, including DNA methylation and histone post translational modifications that can alter gene expression without changes in DNA sequence. These modifications can be inherited, but environmental factors including nutritional, chemical and physical factors can also affect epigenetics (Surguchov et al., 2017). In sporadic form of PD involvement of environmental factors in initiation and progression of disease emerging an idea that epigenetic plays an important role in PD (Feng et al., 2015). One of the examples of epigenetic mechanism in PD is modification of  $\alpha$ -syn gene (SNCA). SNCA has two CpG islands with the first one being located in exon 1 (CpG-1) and the second one (CpG-2) within intron 1. Transcription factors (TFs) GATA and ZSCAN21 bind to the intron 1 CpG-2 island and modulate transcription of  $\alpha$ -syn. CpG-2 methylation prevents the binding of the TFs to SNCA and subsequently inhibits the overexpression of  $\alpha$ -syn. Interestingly, binding of transcription factors to  $\alpha$ -syn (Iwata et al., 2001) and another member of the synuclein family,  $\gamma$ -synuclein (Surgucheva and Surguchov, 2008), has been

**TABLE 1** | Autosomal recessive and X-linked genes involved in Parkinson's disease.

Inheritance pattern	Locus	Chr. location	Mutation site in	Involved protein	
<b>Autosomal recessive</b>	PARK2/PARKN	6q25.2-q27	<i>Parkin</i>	Ubiquitin-protein ligase (Kitada et al., 1988)	
	PARK6	1p36	<i>PINK1</i>	PTEN-induced putative kinase 1 (Valente et al., 2004)	
	PARK7	1p36.23	<i>DJ1</i>	Oncogene DJ1 (van Duijn et al., 2001)	
	PARK9	1p36	<i>ATP13A2</i>	Lysosomal type 5 P-type ATPase (Ramirez et al., 2006)	
	PARK14	22q13.1	<i>PLA2G6</i>	Phospholipase A2 (Paisan-Ruiz et al., 2009; Shi et al., 2011)	
	PARK15	22q12-q13	<i>FBXO7</i>	F-BOX only protein 7 (Paisan-Ruiz et al., 2009)	
	PARK19	1p32	<i>DNAJC6</i>	Putative tyrosine-protein phosphatase auxilin (Koroglu et al., 2013)	
	PARK20	21q22	<i>SYNJ1</i>	Synaptotagmin-1 (Krebs et al., 2013)	
	<b>X-linked</b>	PARK12	Xq21-q25	<i>TAF1</i>	TFIID subunit 1 (Graeber and Muller, 1992)

**TABLE 2** | Autosomal dominant genes involved in Parkinson's disease.

Inheritance pattern	Locus	Chr. location	Mutation site	Involved protein
<b>Autosomal dominant</b>	PARK1	4q21	<i>SNCA</i>	$\alpha$ -Syn (Xu et al., 2017)
	PARK3	2p13.2	<i>SPR</i>	Sepiapterin reductase in BH4 pathway (Karamohamed et al., 2003)
	PARK4	4q21	Triplication of <i>SNCA</i>	$\alpha$ -Syn (Singleton et al., 2003)
	PARK5	4p14	<i>UCHL1</i>	Ubiquitin C-terminal hydrolase (Leroy et al., 1998)
	PARK8	12q12	<i>LRRK2</i>	Leucine-rich repeat kinase 2 (Zimprich et al., 2004)
	PARK11	2q37	<i>GIGYF2</i>	GRB10-interacting GYF protein 2 (Lautier et al., 2008; Tan et al., 2009)
	PARK13	2p12	<i>HTRA2</i>	HTRA serine peptidase (Strauss et al., 2005; Lin et al., 2011)
	PARK16	1q32	Multiple independent sites?	Unknown (Satake et al., 2009; Li et al., 2011)
	PARK17	16p12.1-q12.1	<i>VPS35</i>	Vacuolar protein sorting 35 (Vilariño-Güell et al., 2011)
	PARK18	3q27	<i>EIF4G1</i>	Eukaryotic translation initiation factor 4 gamma 1 (Chartier-Harlin et al., 2011)
	PARK21	3q22	<i>DNAJC13</i>	DNAJ-domain-bearing protein (Appel-Cresswell et al., 2014; Vilariño-Güell et al., 2014)

**TABLE 3** | Susceptibility factors of Parkinson's disease.

Susceptibility factors	Involved gene	Chr. location	Putative function	Phenotype
	<i>GBA</i>	1q21	Acid $\beta$ -glucocerebrosidase	Gaucher disease (Pulkes et al., 2014)
	<i>MAPT</i>	17q21.1	Microtubule-associated protein tau	Supranuclear palsy, Dementia (Das et al., 2009)
	<i>MC1R</i>	16q24.3	Melanocyte-stimulating hormone receptor	Albinism (Tell-Marti et al., 2015)
	<i>ADH1C</i>	4q23	Alcohol dehydrogenase 1C	Alcohol dependence (Buervenich et al., 2005)
	<i>ADH4</i>	4q22	Alcohol dehydrogenase 4	Alcohol dependence (Buervenich et al., 2000)
	<i>HLA</i>	6p21.3	Major histocompatibility complex	Imamura et al., 2003
	<i>ATXN2</i>	12q24.1	Ataxin-2	Spinocerebellar ataxia 2 (Charles et al., 2007)
	<i>ATXN3</i>	14q21	Ataxin-3	Machado-Joseph disease (Gwinn-Hardy et al., 2001)
	<i>TBP</i>	6q27	TATA box-binding protein	Spinocerebellar ataxia 17 (Wu et al., 2004)
	<i>ATXN8OS</i>	13q21.33	Ataxin-8 opposite strand	Spinocerebellar ataxia 8 (Wu et al., 2004)
	<i>NR4A2</i>	2q24.1	Nuclear receptor subfamily 4 group A member 2 (transcription factor)	Le et al., 2003

described, suggesting that synuclein family members are involved in various complex mechanisms of gene expression regulation. Therefore, their role in PD is not limited to the formation of toxic aggregates, but may be complemented by participation in regulatory processes.

Matsumoto et al. (2010) found that CpGs in SNCA were hypermethylated in controls, but not methylated in PD patients, suggesting that methylation was an epigenetic risk factor for PD that is related to the pathogenesis of  $\alpha$ -syn. In PD, demethylated SNCA codes for a high amount of  $\alpha$ -syn that may initiate aggregation and promote neurodegeneration. Additionally, the levels of nuclear DNA (cytosine-5') methyltransferase 1 (DNMT1) in post-mortem PD brains is lower than in control brains. This methylase epigenetically suppresses gene expression by DNA methylation, and its reduced level in PD may be associated with SNCA hypomethylation.

Epigenetic modifications in other genes are also implicated in contributing to PD, including tumor necrosis factor  $\alpha$  (TNF- $\alpha$ ), PARK16, transmembrane glycoprotein NMB (GPNMB), and syntaxin-1B (STX1B) genes. Hypomethylation of the TNF- $\alpha$  promoter, hypermethylation of a CpG dinucleotide in synphilin-1, STX1B and hypermethylation of multiple CpG sites proximal to GPNMB are all described in PD (Yang et al., 2017). Moreover, the epigenetic changes in mitochondrial DNA (mtDNA) can also trigger PD. Several studies show the hypo-methylation and hyper-hydroxymethylation of mtDNA displacement loop (D-loop) in the SN of PD brains (Iacobazzi et al., 2013; Chuang et al., 2017).

## CONCLUSION

Pathology of PD is complex and include a combination of genetics, epigenetics and environmental factors. Current

medical, pathological, and experimental data support the Braak hypothesis (Braak et al., 2003) of spatiotemporal spread of PD pathology involving  $\alpha$ -syn propagation from the gastrointestinal and olfactory system via transsynaptic cell-to-cell transfer through the vegetative nervous systems to the CNS. Many non-motor symptoms, including sleep disorders, olfactory deficiency, hyposmia (reduced ability to smell and to detect odors), constipation and others may play an important role as successful, future diagnostic to target PD pathology and mechanisms during the initial stages of disease (Reichmann et al., 2016). Important contributing factors to PD are dysfunctions of mitochondria and endoplasmic reticulum, impairment of autophagy and endocytosis, and deregulation of immunity. Despite intensive investigation of PD mechanism the disease is still incurable. Future challenges for physicians and researchers working in the field of PD and similar disorders will be directed to the identification of biomarkers for an early diagnosis of these diseases at preclinical stage. New biomarkers should follow the progression of the disease and determine key metabolomic alterations to identify potential targets for intervention. Future tasks should be also directed to the development and application of preventive measures to stop or reduce disease progression at pre-symptomatic stages and the finding of novel antiparkinsonian drugs with specific neuroprotective effects on the dopaminergic system. In addition to conservative approach based on the identification of new protein biomarkers in blood, plasma and CSF, there is a growing hope that analysis of microRNAs may greatly contribute to early diagnosis of this disease. The development of induced pluripotent stem cell (iPSC) and genome editing technique open new hopes for the treatment of several human diseases, especially genetic disorders. For PD which is predominantly sporadic disease and

a mix of several relatively rare genetic causes these methods gave the opportunity to develop new models and study phenotypes in both genetic and sporadic cases to piece together pathogenic pathways involving their gene products.

## AUTHOR CONTRIBUTIONS

FE designed the article contents and wrote the original manuscript. AS revised and edited the manuscript, searched for additional related literature and discussed the writing with FE.

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# Driving Ability in Alzheimer Disease Spectrum: Neural Basis, Assessment, and Potential Use of Optic Flow Event-Related Potentials

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Driving requires multiple cognitive functions including visuospatial perception and recruits widespread brain networks. Recently, traffic accidents in dementia, particularly in Alzheimer disease spectrum (ADS), have increased and become an urgent social problem. Therefore, it is necessary to develop the objective and reliable biomarkers for driving ability in patients with ADS. Interestingly, even in the early stage of the disease, patients with ADS are characterized by the impairment of visuospatial function such as radial optic flow (OF) perception related to self-motion perception. For the last decade, we have studied the feasibility of event-related potentials (ERPs) in response to radial OF in ADS and proposed that OF-ERPs provided an additional information on the alteration of visuospatial perception in ADS (1, 2). Hence, we hypothesized that OF-ERPs can be a possible predictive biomarker of driving ability in ADS. In this review, the recent concept of neural substrates of driving in healthy humans are firstly outlined. Second, we mention the alterations of driving performance and its brain network in ADS. Third, the current status of assessment tools for driving ability is stated. Fourth, we describe ERP studies related to driving ability in ADS. Further, the neural basis of OF processing and OF-ERPs in healthy humans are mentioned. Finally, the application of OF-ERPs to ADS is described. The aim of this review was to introduce the potential use of OF-ERPs for assessment of driving ability in ADS.

**Keywords:** Alzheimer disease spectrum, radial optic flow perception, event-related potentials, driving ability, Alzheimer's disease, mild cognitive impairment

## INTRODUCTION

Driving is a complicated skill that needs to integrate multiple cognitive, perceptual and motor abilities (3), and is supported by widely distributed brain network responsible for these complex processes (4–8). The driving ability can be disturbed by a decline in these brain networks due to normal aging and cognitive impairment such as dementia (3, 9–11). In recent years, the number of individuals with dementia is steadily increasing due to aging of the population (12). Under such circumstances, traffic accidents in individuals with dementia have increased and become an urgent social problem (11).

Among dementia, Alzheimer's disease (AD) is the most common (12). AD progresses on a spectrum with three stages, so-called, "AD spectrum (ADS)" (13); (1) preclinical AD (14), (2) mild cognitive impairment (MCI) due to AD (15), and (3) AD dementia (16). AD dementia is



characterized by the impairment of short-term episodic memory, orientation, visuospatial function, language and executive function (12). The major neuropathological hallmarks of AD are deposition of  $\beta$  amyloid (senile plaques) and accumulation of neurofibrillary tangles, which cause a series of toxic events that result in synaptic dysfunction, neuronal loss and brain atrophy (12). Overall, multiple cognitive function associated with distributed brain network are impaired due to the AD pathology, resulting in the decline of driving ability in patients with AD.

There are various methods to assess driving ability, which include on-road test, driving simulation, and neuropsychological tests. However, recent systematic review and meta-analysis on these methods have demonstrated a lack of consistency of the findings among the studies though the several cognitive tests are considered to be the predictors of driving performance in AD patients (3, 17). So far, there have been no tests sufficient to determine driving safety, so it is necessary to establish a reliable method that can accurately evaluate driving ability in ADS. Interestingly, visuospatial dysfunction is often an early symptom even in the early stage of ADS (18, 19). Specifically, psychophysical studies demonstrated that AD patients exhibited selective elevation of motion coherence thresholds for radial optic flow (OF) motion which was related to self-motion perception (20), compared with those of coherent horizontal (HO) motion and static forms (19). In addition, the impaired OF perception was correlated with poor performance of the spatial navigation test (19). These findings suggest that the deficits of OF perception is responsible for the impairment of spatial navigation including the driving performance in AD patients. Some patients with MCI also exhibited selective impairment of coherent OF motion perception (18).

Event-related potentials (ERPs) are a pertinent tool to assess the visual function as well as dysfunction in humans because ERPs are non-invasive, objective, rapid, repeatable with the low cost. ERPs are also characterized by excellent temporal resolution ( $< 1$  ms) and can measure neural activity directly compared with functional magnetic resonance imaging (fMRI) (21, 22). Therefore, radial OF-ERPs may be a neural biomarker for decline of driving performance in ADS.

In this review, we first outline the neural basis of driving ability in healthy humans. Second, we describe the alterations of performance and associated brain function for driving in ADS. Third, we refer to current status of the assessment tests for driving and its problems. Fourth, ERP studies related to driving ability in ADS are stated. Further, we mention the neural basis of OF perception and findings of OF-related ERPs in healthy humans. Finally, we introduce the potential use of OF-ERPs for assessing driving ability of ADS. The aim of this review was to stress the feasibility of neurophysiological evaluation of OF perception that can be a neural biomarker for altered driving ability in ADS.

## NEURAL BASIS OF DRIVING ABILITY IN HEALTHY INDIVIDUALS

Driving requires the coordination of multiple cognitive functions and recruitment of associated multiple brain regions. Several fMRI studies on various driving tasks have demonstrated the

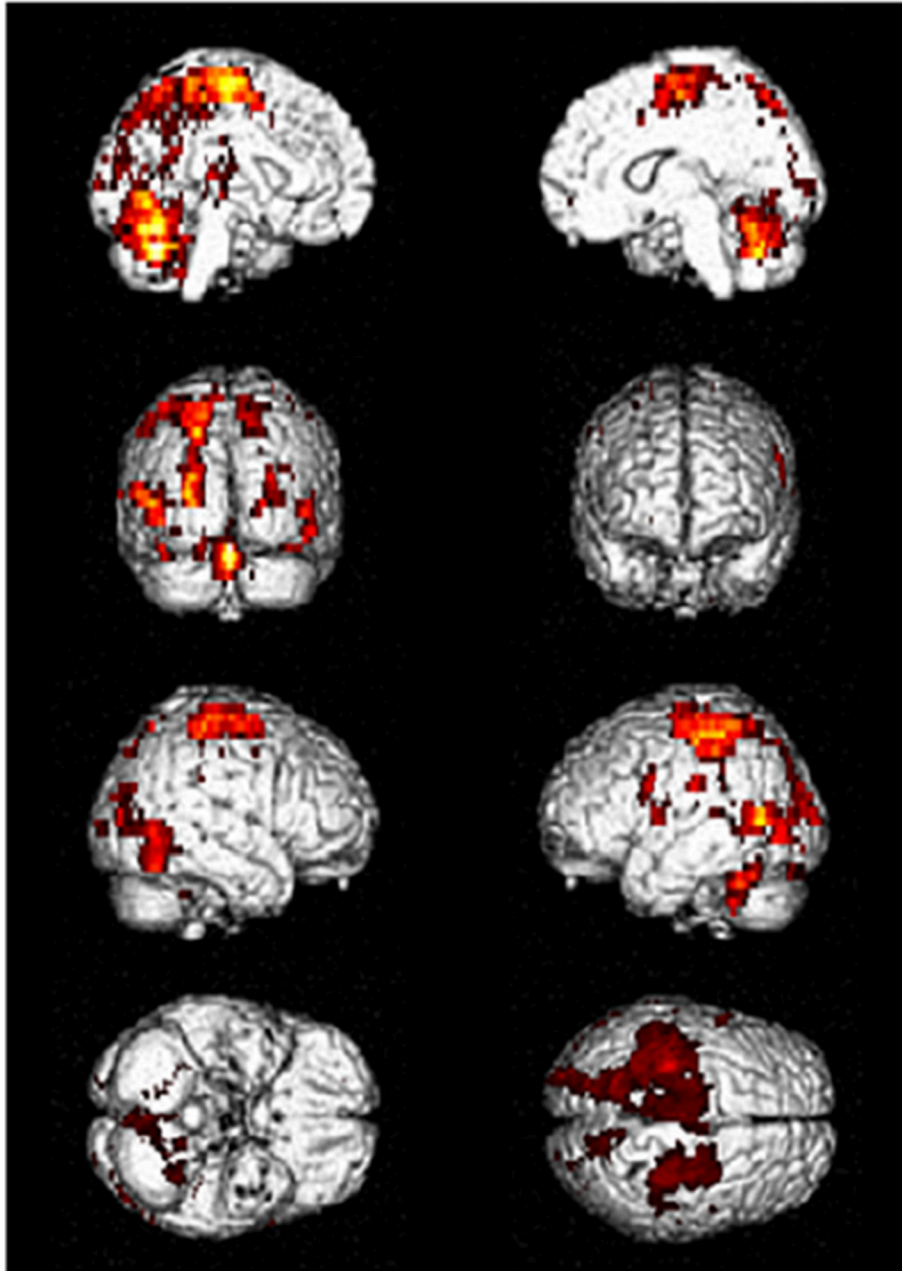
activation of widespread brain network including occipital, parietal, frontal, motor and cerebellar regions and others to maintain safe driving (4–8). **Figure 1** shows an example of activated brain regions while driving in a recent fMRI study (4). In their study, during driving only condition, the occipital activations were observed in the inferior, superior and middle occipital gyri and lingual gyrus. The activated areas of parietal lobe were superior and inferior parietal lobe, postcentral gyrus, and precuneus. The activations of frontal regions consisted of the inferior, middle and superior frontal gyri and precentral gyrus. The superior and middle temporal gyri were the activated areas of temporal regions. The activations of the cerebellum included the uvular, declive, and cerebellar tonsil. In addition, the limbic region such as cingulate gyrus, sub-lobar region including insula and lentiform nucleus were activated (4).

During driving, occipital and parietal regions plays a crucial role in visuospatial perception and attention to visual motion and fixed landmarks during vehicle movement. The frontal region is important for the executive function, working memory, processing thoughts, and decision-making. The motor and cerebellar regions engage in fine-control and action planning during movement execution (4–8). Furthermore, the recruitment of these brain regions is changeable but not uniform while driving. For instance, during distracted driving, brain activations shift the posterior regions to the frontal regions, particularly in the prefrontal areas (6). Taken together, because brain networks related to driving are broadly distributed, they may be susceptible to brain disorder such as ADS which shows extensive brain damage.

## ALTERED DRIVING PERFORMANCE IN ADS

Older drivers are at higher risk for traffic accidents such as crashes, injuries and deaths than other age groups (11). Further, individuals with AD dementia have an increased risk of traffic accidents compared to healthy older drivers (11). Severity of decline in driving performance was correlated with a degree of cognitive impairment in AD dementia (23). Individuals with MCI also had significantly more errors (collisions, center line crossings, road edge excursions, stop sign missed, speed limit exceedance) compared with healthy control drivers (10). MCI is classified into two types: amnesic MCI (aMCI) (with memory impairment) and non-aMCI (without memory impairment) (24). MCI is further classified into single-domain MCI (with impairment in single cognitive domain) and multiple-domain MCI (with impairment in multiple cognitive domain) (24). Patients with multiple-domain aMCI have the two or more impairments of memory, attention, visuospatial function, and executive function. Comparing multiple-domain aMCI with single-domain aMCI, the former demonstrates greater driving difficulty compared with the latter and healthy controls (10). Since all these cognitive functions are important for driving performance, multiple-domain aMCI may exhibit a greater driving difficulty than single-domain aMCI.

A single-photon emission computed tomography (SPECT) study has demonstrated that severity of impaired driving



**FIGURE 1** | Activated brain regions during driving in fMRI. Distributed brain networks including occipital, parietal, frontal, motor, and cerebellar regions are mainly activated while driving only task. fMRI, functional magnetic resonance imaging. [Modified from (4), licensed under Creative Commons].

performance is significantly correlated with the changes of cerebral blood flow in the temporo-parietal regions in early stage of AD (25). A positron emission tomography (PET) study showed that the executive functioning was correlated with metabolism in the temporo-parietal regions, which was impaired in early stage of AD (26). Neuropsychological studies also reported a significant relationship between driving performance and visuospatial perceptual ability in AD (17). These findings

indicate that the hypoperfusion or hypometabolism of temporo-parietal regions reflects the impairments of visuospatial perception and executive function, which result in impaired driving performance in early stage of AD. Moreover, with increased severity of driving impairment, the perfusion of frontal region was also reduced in addition to temporo-parietal regions in SPECT (25). The AD pathology is observed in the temporo-parietal regions in the early stage of the disease while

that pathology spread into the frontal regions in the later stage (27). Therefore, the impairment of executive function involving the frontal regions can be more correlated with the driving impairment for the late stage of AD. Interestingly, a recent PET study have revealed that driving risk is strongly correlated with accumulation of amyloid even in the preclinical stage of AD (28). In another study using tau and amyloid PET, participants at Stage 2 [amyloid (+) and tau (+)] of preclinical AD (14) were more likely to receive a marginal/fail rating compared to participants at Stage 0 [amyloid (-) and tau (-)] or 1 [amyloid (+) and tau (-)] (11, 14). This finding suggests that individuals with preclinical AD (Stage 2) may already decline in driving skills.

Overall, the driving performance is gradually worsening along with the course of ADS from preclinical AD to AD dementia. These alterations of driving performance seem to be induced by the progression of AD pathology. In particular, the early pathological change in the posterior temporo-parietal regions associated with visuospatial function (OF perception) may be responsible for the impaired driving in the early stage of ADS.

## ASSESSMENT TOOLS FOR DRIVING ABILITY IN ADS

Various methods including on-road test, driving simulation and neuropsychological tests have been used for evaluating driving ability (3, 17, 29). The on-road test is the gold standard for assessing fitness to drive, but it requires much time for patients. There is also a need for someone who is proficient in the judgment. The driving simulation is similar to the on-road test, but it is expensive. Therefore, these two

tests cannot be routinely performed at the medical clinics. For this reason, neuropsychological tests are commonly used. Neuropsychological tests can evaluate various aspects of brain function including attention, executive function and visuospatial abilities known to be impaired in patients with ADS. For example, the following tests are frequently used; the Mini-Mental State Examination (MMSE) for memory, attention and language skill, the Trail Making Test Part A and B (TMT-A and -B) for cognitive flexibility, Drawing test for visuo-constructive ability, and Maze test for visual orientation (29). However, these neuropsychological examinations, especially when doing multiple tests, require a long time to perform, so that patients often get tired. Characteristics with some pros and cons of these assessment tools are briefly summarized in **Table 1**.

There have been many studies that investigate the usefulness of above mentioned tests as predictors of driving ability (3, 17, 29). However, a recent systematic review (17) demonstrated a lack of consistency in the findings, with some studies showing a relationship between cognitive test and driving performance for individuals with AD, whereas others did not. Further, this review suggested that deficits in a single cognitive ability were not a reliable predictor of driving performance. In contrast, a composite battery that assessed the multiple cognitive domains required to be an efficient driver was the best predictor of driving performance in individuals with AD (17). Another study compared the predictive value of the three types of assessment such as clinical interview, neuropsychological test battery (including multiple tests) and driving simulation (29). They found that neuropsychological assessment provided the best prediction of fitness to drive. Clinical interviews were less objective and less standardized than neuropsychological

**TABLE 1** | Assessment tools for driving ability in ADS.

Assessment tools	Characteristics	Pros	Cons
On-road test	<ul style="list-style-type: none"> <li>- Gold standard</li> <li>- Evaluate driving abilities using actual vehicle by a trained expert</li> </ul>	<ul style="list-style-type: none"> <li>- Close to driving in the natural environment</li> </ul>	<ul style="list-style-type: none"> <li>- Expensive</li> <li>- Limited availability</li> <li>- Need a trained expert</li> <li>- Long time to perform</li> <li>- Cannot examine the driving ability under hazardous conditions</li> </ul>
Driving simulators	<ul style="list-style-type: none"> <li>- Mimic real-world driving using a front monitor, a handle, an accelerator, a brake pedal, etc. which resemble an actual vehicle</li> </ul>	<ul style="list-style-type: none"> <li>- Wide range of test conditions (e.g., night and day, different weather conditions, or road environments)</li> <li>- Especially, we can safely examine the driving performance under hazardous conditions</li> </ul>	<ul style="list-style-type: none"> <li>- Expensive</li> <li>- Limited availability</li> </ul>
Neuropsychological tests	<ul style="list-style-type: none"> <li>- Assess various cognitive functions indispensable for driving (e.g., attention, executive function and visuospatial abilities, etc)</li> </ul>	<ul style="list-style-type: none"> <li>- Widely available</li> <li>- Multiple options for standardized measures</li> </ul>	<ul style="list-style-type: none"> <li>- Long time to perform</li> <li>- Need a trained expert</li> </ul>
ERPs	<ul style="list-style-type: none"> <li>- Directly measure neural activity from scalp electrodes while watching OF stimuli in the case of OF-ERPs</li> </ul>	<ul style="list-style-type: none"> <li>- Widely available</li> <li>- Non-invasive</li> <li>- Inexpensive</li> <li>- Short time to perform</li> <li>- Easy to use</li> </ul>	<ul style="list-style-type: none"> <li>- Currently not standardization for driving assessment</li> </ul>

ERPs, event-related potentials; OF, optic flow.

tests and driving simulation. Driving simulation is also not sufficiently predictive if used alone. However, combining all three types of assessments yielded the best prediction for fitness to drive in patients with AD (29). Other systematic review and meta-analysis have demonstrated that executive function, attention, visuospatial function and global cognition revealed by neuropsychological tests may be predictive of driving performance in patients with MCI and AD. Specifically, TMT-A and -B and Maze test emerged as the best single predictors of driving performance though there were variability and inconsistencies. On-road and simulator assessments have yielded inconsistent results in terms of the safety to drive in patients with MCI and AD (3).

From the results of these studies, there has been no single test sufficient to determine driving safety in patients with MCI and AD though the combined use of these tests is somewhat useful. Accordingly, it is necessary to establish an objective method that can be performed easily, in a short time, at a low cost, but has high reliability. Note that ERPs have all such features, therefore, ERPs are suitable for evaluating driving ability in ADS. In the following section, we describe ERP researches on driving evaluation in ADS.

## ASSESSMENT OF DRIVING ABILITY IN ADS USING ERPS

ERPs are electrical potential generated by the brain time-locked to a sensory, cognitive, or motor event and provide a powerful, non-invasive technique with superb temporal resolution, for studying the brain's synaptic function (30–32). In general, early ERP components (< 200 ms) reflect sensory processes as they depend mainly on the physical parameters of the stimulus, so-called exogenous component. Conversely, later ERP components (> 200 ms) are relatively more dependent on the mental operations performed on the stimuli as well as on non-sensory factors such as predictability, higher perceptual and semantic features, so-called endogenous component.

ERPs have been extensively used for functional evaluation of brain in ADS (30–32). The P300 component (around at 300–500 ms) elicited by an oddball paradigm has been most studied in ADS as the convenient measure of the cognitive dysfunction. In general, early sensory components at around 50–100 ms are relatively spared whereas potentials starting around 200 ms and beyond are more consistently abnormal even in the early stage of AD and MCI. Thus, ERPs may reveal neurophysiological changes related to the expansion of the neocortical association areas of AD pathology (32).

For the ERP research on driving, the P300 cognitive component is often used as an index of driving performance in healthy individuals (33–36). However, there have been no P300-ERP studies on driving ability in ADS. To our knowledge, only two ERP studies used N200 component for the driving ability of AD (37, 38) (Table 2). In a study of (37), ERPs were recorded in young and older normal controls, and early AD patients while participants viewed real-world videos and dot motion stimuli (OF) simulating self-movement scenes.

In both stimulus conditions, N200 latencies were delayed by aging whereas AD patients exhibited the diminished N200 amplitude. In addition, AD patients were uniquely unresponsive to increments in motion speed. Since OF is crucial for speed judgments and braking during vehicular navigation, the authors proposed that the AD unresponsiveness to accelerations might reveal some of the mechanism involved in their driving impairment and potentially help identify high-risk individuals at earlier stage. In another study (abstract form) (38), early AD patients and older normal control took a virtual reality driving evaluation that incorporates multiple cognitive, visual and motor tests. OF-ERPs were also recorded. Compared to older normal control, AD patients had significantly lower driving scores and smaller N200 amplitudes. Furthermore, there was a highly significant correlation between driving scores and N200 amplitudes. The authors concluded that significant correlations between vehicular driving scores and N200 amplitudes supported the role of extrastriate cortical dysfunction in impaired driving capacity and that the potential use of ERPs as screening tools for selective functional impairments and as biomarkers of AD.

These two studies (37, 38) suggest that OF-ERPs (sensory N200 component) may be useful for evaluation of driving ability in AD. However, it remains unknown whether the N200 component is the best predictor of driving ability in AD, and whether or not OF-ERPs can be an index of driving ability even in aMCI. For the last decade, we have been studying the feasibility of sensory ERPs in response to radial OF in aMCI and AD and proposed that OF-ERPs provided an additional information on the alteration of visuospatial perception in ADS (1, 2). The visuospatial deficits (impaired OF perception) related to the posterior temporo-parietal dysfunction play a key role in the navigational or driving impairment in ADS (18, 19, 25). Hence, we hypothesized that sensory ERPs elicited by OF but not P300 cognitive ERPs could be a neural biomarker in driving impairment even in the early stage of ADS. In the following section, we describe neural basis of OF processing in healthy humans and the potential use of OF-ERPs as a driving evaluation method.

## NEURAL BASIS OF OF PERCEPTION IN HEALTHY HUMANS

When we move through our environment with walking or cars, the radial pattern of OF is produced at the retina (Figure 2A). The ability of visual motion system that analyzes OF is biologically important because it provides visual cues that can be used to perceive the direction of self-motion, to guide locomotion and to avoid obstacles (20, 39). Thus, the drivers must analyze radial OF information continuously to control his/her vehicle during driving, so that the OF processing is indispensable for safe driving.

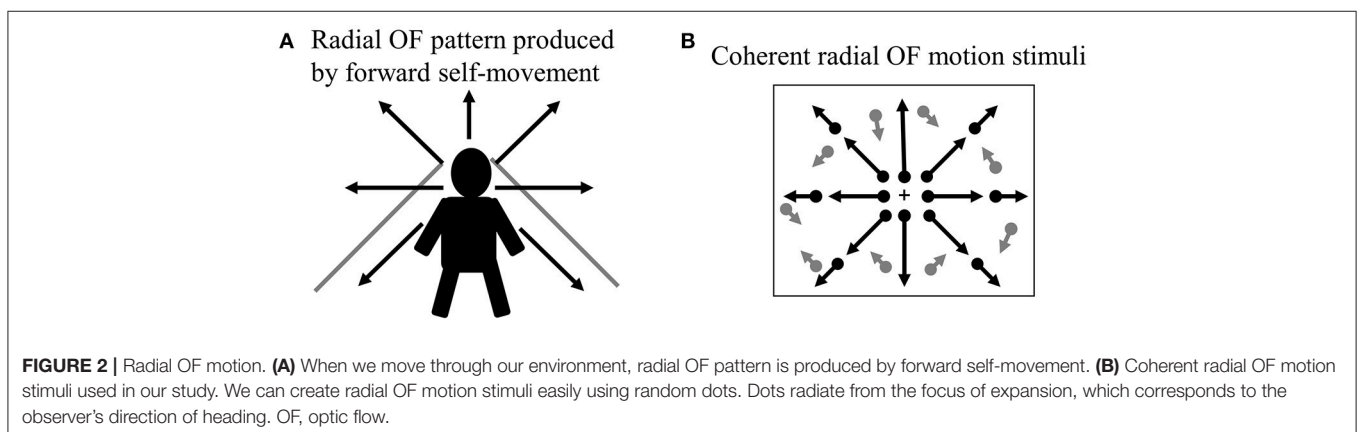
In humans, there are two functionally and anatomically segregated visual pathways: the ventral and dorsal pathways (Figure 3) (21, 22, 42). Both pathways begin in the retina and project to the primary visual cortex (V1). After V1, the ventral

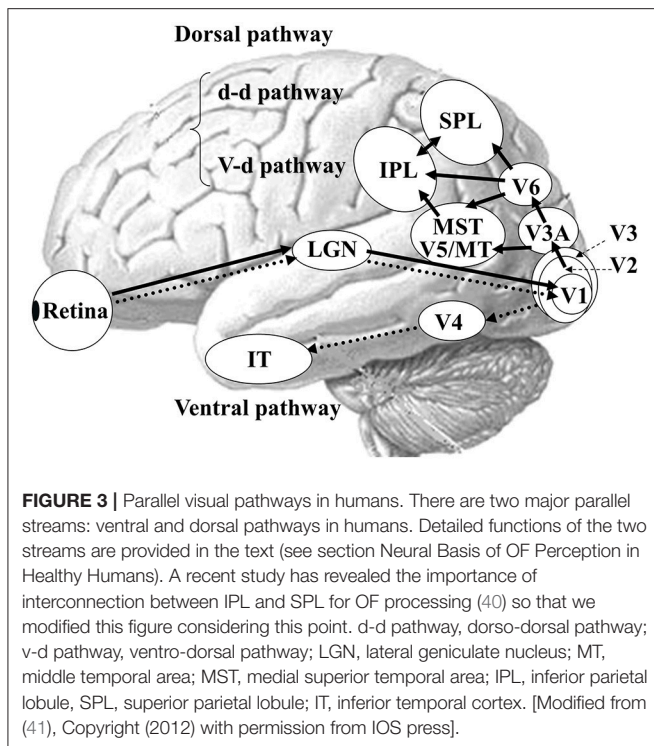


**TABLE 2 |** ERP studies on driving ability in ADS.

References	Participants	Study design and protocol	Outcome measure	Summary of main findings
Fernandez and Duffy (2012) (37)	<ul style="list-style-type: none"> <li>- [OF (dot motion)]</li> <li>- Early AD (<math>n = 15</math>; age, <math>78.6 \pm 8.0</math>)</li> <li>- Older normal control (<math>n = 16</math>; age, <math>76.2 \pm 10.0</math>)</li> <li>- Young normal control (<math>n = 12</math>; age, unknown) [Real-world video motion stimuli]</li> <li>- Early AD (<math>n = 6</math>; age, <math>73.2 \pm 6.3</math>)</li> <li>- Older normal control (<math>n = 5</math>; age, <math>70.6 \pm 6.4</math>)</li> <li>- Young normal control (<math>n = 9</math>; age, <math>29.33 \pm 8.5</math>)</li> </ul>	<ul style="list-style-type: none"> <li>- Cross-sectional study</li> <li>- ERPs evoked by OF (dot motion) (Changes of coherence and speed)</li> <li>- ERPs evoked by real-world video motion stimuli (Changes of coherence and speed)</li> </ul>	<ul style="list-style-type: none"> <li>- N200 amplitude and latency</li> </ul>	<ul style="list-style-type: none"> <li>- Diminished N200 amplitude in early AD</li> <li>- Increasing speed elicits smaller N200 amplitudes in early AD</li> </ul>
Fernandez-Romero and Cox (2016) (38) (abstract form)	<ul style="list-style-type: none"> <li>- Early AD (<math>n = \text{unknown}</math>; age, unknown)</li> <li>- Older normal control (<math>n = \text{unknown}</math>; age, unknown)</li> </ul>	<ul style="list-style-type: none"> <li>- Cross-sectional study</li> <li>- ERPs evoked by OF</li> <li>- Virtual reality driving evaluation</li> </ul>	<ul style="list-style-type: none"> <li>- N200 amplitude and latency</li> <li>- Multiple cognitive, visual and motor tests</li> </ul>	<ul style="list-style-type: none"> <li>- Smaller N200 amplitude in early AD</li> <li>- Lower driving score in early AD</li> <li>- Significant correlations between vehicular driving scores and N200 amplitudes</li> </ul>
Yamasaki et al (1)	<ul style="list-style-type: none"> <li>- aMCI (<math>n = 18</math>; age, <math>72.4 \pm 6.9</math>)</li> <li>- Early AD (<math>n = 18</math>; age, <math>75.5 \pm 5.7</math>)</li> <li>- Older normal control (<math>n = 18</math>; age, <math>71.8 \pm 4.1</math>)</li> <li>- Young normal control (<math>n = 18</math>; age, <math>28.2 \pm 5.1</math>)</li> </ul>	<ul style="list-style-type: none"> <li>- Cross-sectional study</li> <li>- ERPs evoked by OF and HO (dot motion)</li> </ul>	<ul style="list-style-type: none"> <li>- N170 and P200 amplitudes and latencies</li> </ul>	<ul style="list-style-type: none"> <li>- Prolonged latency of OF-specific P200 in aMCI</li> <li>- Prolonged latencies of N170 and P200 in early AD</li> <li>- Significant correlation between OF-specific P200 latency and MMSE score</li> </ul>
Yamasaki et al (2)	<ul style="list-style-type: none"> <li>- aMCI (<math>n = 15</math>; age, <math>74.4 \pm 4.4</math>)</li> <li>- Older normal control (<math>n = 15</math>; age, <math>73.5 \pm 4.5</math>)</li> <li>- Young normal control (<math>n = 15</math>; age, <math>27.9 \pm 5.0</math>)</li> </ul>	<ul style="list-style-type: none"> <li>- Cross-sectional study</li> <li>- ERPs evoked by OF (dot motion), faces, words, chromatic and achromatic gratings</li> </ul>	<ul style="list-style-type: none"> <li>- N170 and P200 amplitudes and latencies for OF</li> <li>- N170 amplitudes and latencies for faces and words</li> <li>- N120 amplitude and latency for chromatic gratings</li> <li>- Steady-state response for achromatic gratings</li> </ul>	<ul style="list-style-type: none"> <li>- Prolonged N170 and P200 latencies for OF in aMCI</li> <li>- Prolonged N170 latencies for faces and words in aMCI</li> <li>- Normal N120 for chromatic gratings in aMCI</li> <li>- Normal steady-state response for achromatic gratings in aMCI</li> <li>- Significant correlations between N170 latency for OF and LM WMS-R scores, and between P200 amplitude for OF and LM WMS-R scores</li> <li>- High AUC in N170 and P200 latencies for OF in ROC analysis</li> </ul>

aMCI, amnesic mild cognitive impairment; AD, Alzheimer's disease; ERPs, event-related potentials; OF, optic flow; MMSE, Mini-Mental State Examination; LM WMS-R, logical memory in Wechsler Memory Scale-Revised; ROC, receiver operating characteristic; AUC, area under the curve.





stream is important for form and color perception, projecting to V4 and the inferior temporal (IT) cortex. In contrast, the dorsal stream is responsible for motion perception, connecting to V5/middle temporal (MT)+ (V5/MT and medial superior temporal area [MST]), V6 and the posterior parietal cortex (21). The dorsal stream also comprises two distinct functional flows; the dorso-dorsal (d-d) and ventro-dorsal (v-d) streams (43). The d-d stream consists of V6 and the superior parietal lobule (SPL) while the v-d stream involves V5/MT and the inferior parietal lobule (IPL). From the concept of such visual processing mechanism, the OF perception is mainly processed by the dorsal stream.

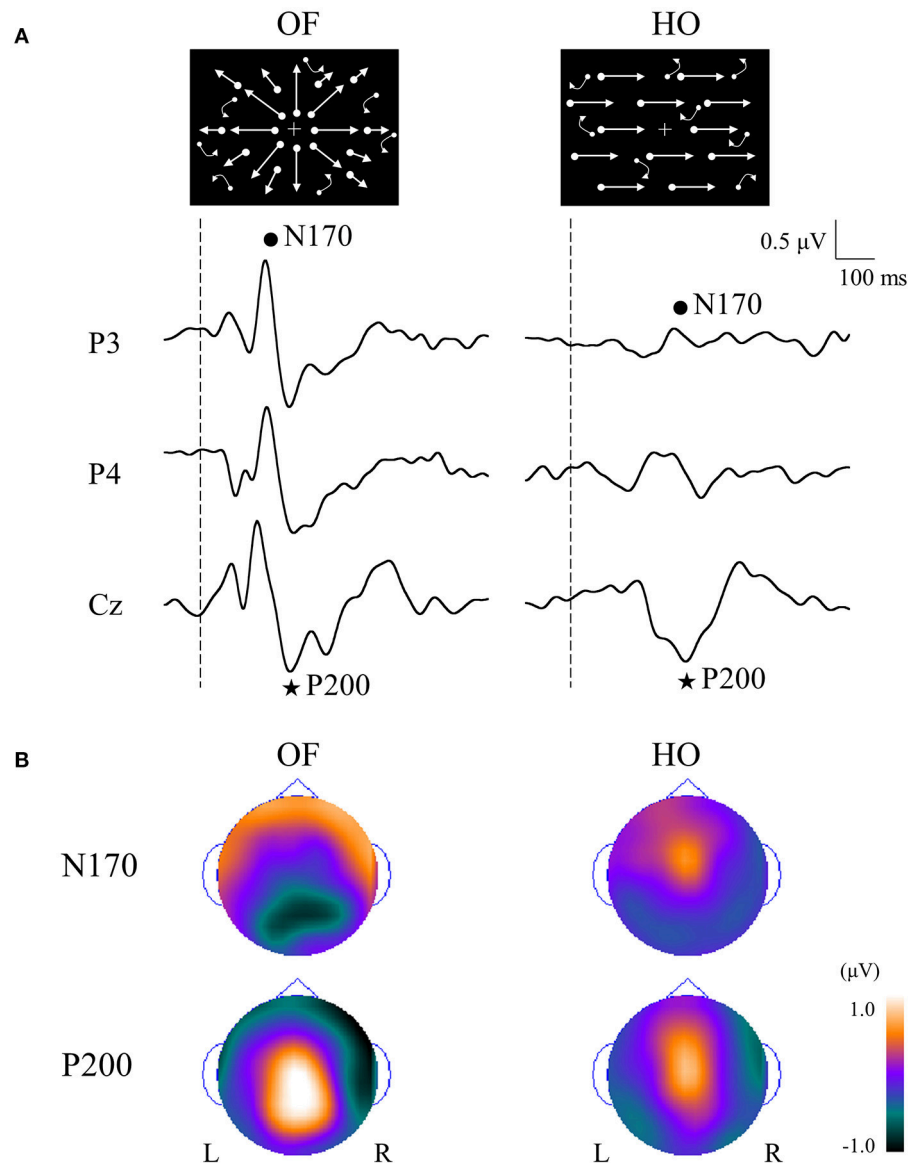
Primate studies have reported a number of cortical areas that selectively respond to OF, including the dorsal part of the MST (44), the ventral intraparietal area (VIP) (45), area 7a (46) as well as area PEc (47). Conversely, V5/MT neurons do not show such specific selectivity (48). In humans, several OF selective areas have been identified by neuroimaging studies within the dorsal streams (49–57). These OF selective areas contain visual areas such as MST and V6, multisensory areas such as the VIP, the precuneus motion area (PcM) and cingulate sulcus visual area, and vestibular areas such as the putative area 2v (p2v) and parieto-insular vestibular cortex (PIVC). A recent fMRI study have demonstrated that the posterior-insular cortex (PIC) area plays an important role in the integration of visual and vestibular stimuli for the perception of self-motion while the PIVC is selectively responsive to vestibular stimulation (58, 59). Overall, the VIP, PcM and p2V are located within the d-d stream (SPL) while the v-d stream (IPL) consists of PIC (40).

## OF-ERPS IN HEALTHY HUMANS

In order to compare OF processing with HO processing in healthy humans, we recorded ERPs for coherent OF and HO motion stimuli in healthy young subjects by using a high-density EEG system (60) (Figures 2B, 4). We used coherent motion stimuli as the visual stimuli, which consisted of 400 white square dots randomly distributed on a black background. The white dots moved at a velocity of  $5.0^\circ/\text{s}$ . Two types of motion stimuli (OF and HO) were used. OF stimuli contained dots that moved in a radial outward pattern while HO contained dots that moved leftward or rightward. The coherent level was 90% in both stimuli. Both stimuli had the same dot density, luminance, contrast and average dot speed. Random motion (RM) was used as a baseline condition. The OF and HO stimuli were presented for 750 ms, with the presentation of RM for 1,500–3,000 ms alternately. The N170 [analogous to N200 in previous ERP studies (37, 38), about 170 ms] and P200 (about 200 ms) were recorded as major components. We analyzed the peak latencies, amplitudes, scalp distribution and the sources in both components.

The N170 was distributed over occipito-temporal regions in response to both OF and HO stimuli. The distribution of the OF-N170 extended further into the parietal region compared with those of HO-N170 (Figure 4B). The OF-N170 amplitude was significantly larger and its latency was significantly shorter than those of HO-N170 (Figure 4A). Exact low resolution brain electromagnetic tomography (eLORETA) analysis of the N170 revealed that the current density was significantly elevated over the occipito-temporal areas including V5/MT+ in response to both stimuli compared with RM baseline (Figure 5A). These findings were consistent with those of minimum-norm estimate (MNE) of visual evoked magnetic fields (VEFs) (61). A direct comparison between OF and HO stimuli revealed no significant difference in the current density of the N170. Current density estimation with eLORETA in ERPs and MNE in VEFs provided strong evidence that the generator source of the N170 was located in V5/MT+ for both stimuli. Therefore, the N170 constitutes a non-specific motion component derived from an area close to V5/MT+. However, OF stimuli elicited an N170 with a higher amplitude and shorter latency, compared with HO (Figure 4A), which may reflect a higher activity of V5/MT+ during OF processing. Alternatively, V5/MT+ can be subdivided into V5/MT and MST (50, 62). V5/MT neurons respond to both OF and HO stimuli (48), whereas MST selectively responds to OF (44, 46). Thus, the selective activation of MST neurons may contribute to the higher amplitude and shorter latency of the OF-N170 response.

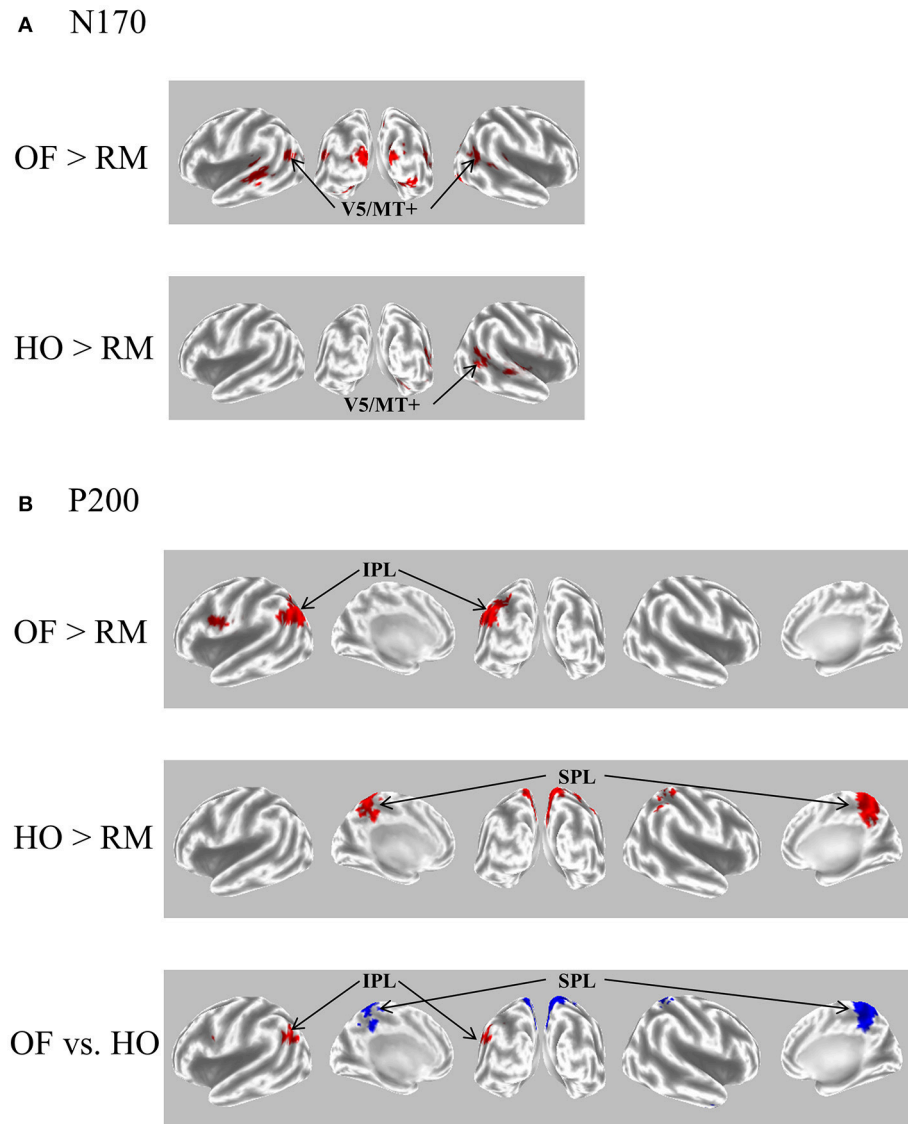
The P200 component exhibited distinct characteristics between OF and HO. The OF-P200 was distributed over the parieto-central region (Figure 4). HO stimulus also evoked an observable P200, but its topography was limited to the central region (Figure 4). The P200 amplitude was significantly larger for OF compared with HO stimuli. Similarly, the latency of OF-P200 was significantly faster compared with that of HO-P200 (Figure 4A). Regarding the parietal OF-P200, the current density was significantly elevated in the IPL (Figure 5B, top



**FIGURE 4 |** ERPs in response to coherent OF and HO motion stimuli and their scalp topography in healthy subjects. **(A)** It is evident that the N170 and P200 are distinct motion-related components. The N170 component was distributed over occipito-temporal areas regardless of the stimulus type, extending further to the parietal region in the OF condition only. **(B)** The P200 component in response to OF stimuli was distributed over the parieto-central region while that of HO was distributed over the central region. The color bar represents the amplitude value (red = positive, blue = negative). Please note that this figure was presented at 2009 International Symposium on Early Detection and Rehabilitation Technology of Dementia. December 11–12, 2009, Okayama, Japan. ERPs, event-related potentials; HO, horizontal motion.

row). In contrast, for the central HO-P200, the current density was distributed over the SPL (**Figure 5B**, middle row). A direct comparison revealed that the current density of the IPL in response to OF stimuli compared with HO stimuli was significantly elevated (red color). Conversely, the current density of SPL was significantly elevated in HO compared with OF (blue color) (**Figure 5B**, bottom row). Overall, these findings suggest that the parietal OF-P200 is functionally coupled with the IPL (the v-d stream) and that it is the OF-specific component.

Conversely, the central HO-P200 is related to the SPL (the d-d stream) (60). These functional dissociations between IPL (OF perception) and SPL (HO perception) were consistent with our fMRI study (41). Therefore, we propose that different spatio-temporal processing is driven by these motion stimuli within the two distinct dorsal streams in humans. From these findings, it is likely that ERPs with coherent OF and HO motion are useful for functional evaluation of the dorsal stream. More specifically, OF-related ERPs (OF-N170 and OF-P200 components) are



**FIGURE 5 |** eLORETA-based statistical nonparametric maps for a comparison between OF and HO in GFP peaks of N170 and P200. **(A)** The current density of N170 was significantly elevated over the occipito-temporal areas including V5/MT+ in both stimulus conditions. **(B)** The current density of the parietal P200 for OF was significantly elevated in the left IPL (BA 39/40). Conversely, there was a significant elevation of the current density of the central P200 for HO in the bilateral SPL (BA 7). In the figure at the bottom, red and blue mean OF and HO, respectively. Please note that this figure was presented at 2009 International Symposium on Early Detection and Rehabilitation Technology of Dementia. December 11–12, 2009, Okayama, Japan. eLORETA, exact low resolution brain electromagnetic tomography; GFP, global field power; RM, random motion.

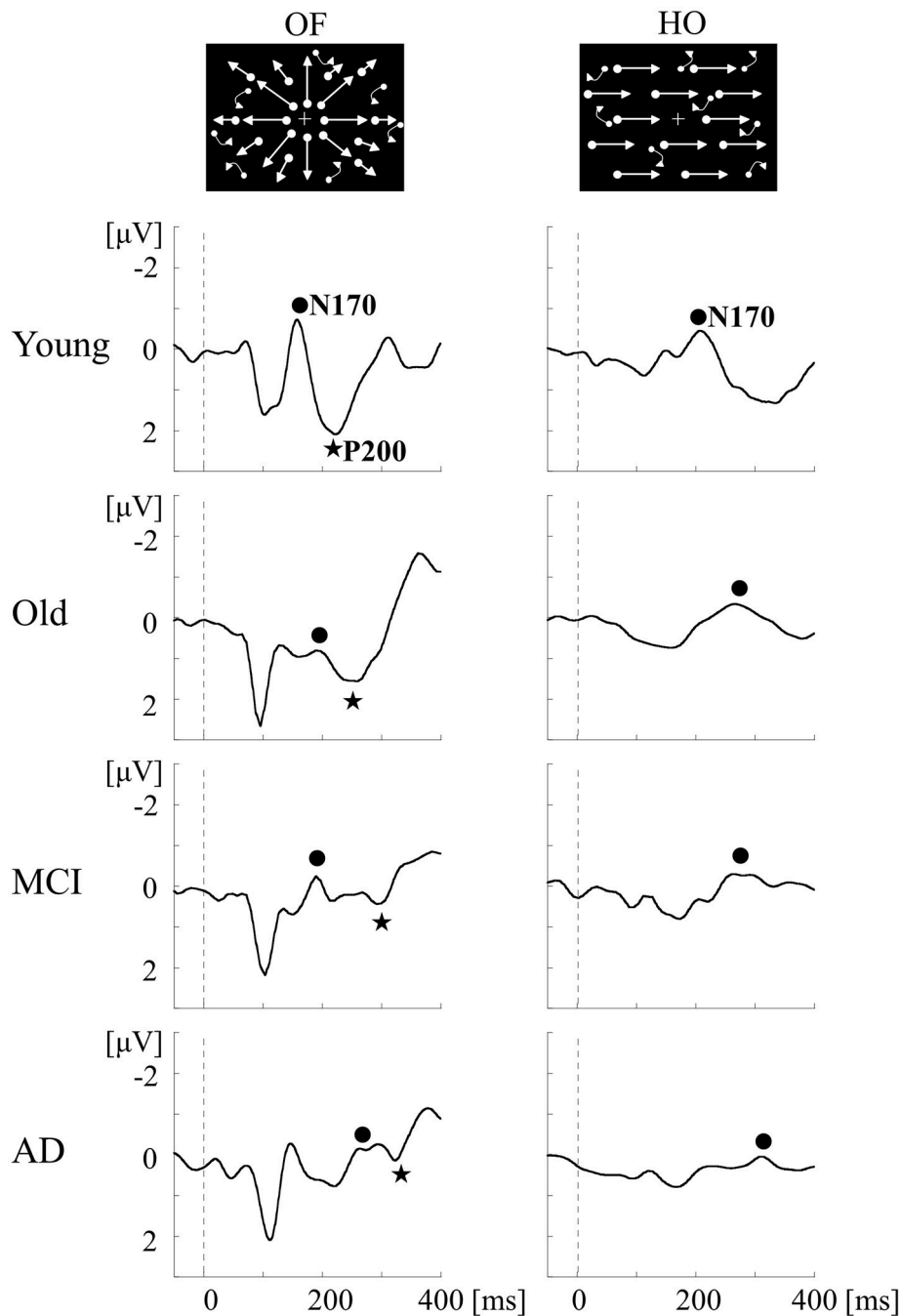
considered to be able to identify subtle changes of visuospatial function (OF perception) associated with driving ability in individuals.

## OF-ERPS IN ADS

To examine whether we can detect the impairment of OF perception in aMCI and AD, ERPs for OF and HO were recorded in patients with aMCI and AD, and in healthy old and young adults (1) (Table 2). aMCI was defined according to the criteria of Petersen (24). The patients with AD met the criteria for probable

AD according to NINCDS-ADRDA (63). Neuropsychological tests including MMSE and the Clinical Dementia Rating (CDR) were performed. Regarding ERPs, visual stimuli and analysis were same as the former study in healthy young subjects (60). There was no significant difference in both OF-N170 and HO-N170 responses between aMCI patients and healthy old adults (Figure 6). In contrast, the latency of OF-P200 was significantly prolonged in aMCI patients compared with healthy old adults (Figure 6). Therefore, within the dorsal stream, the v-d stream (IPL) related to OF perception, but not the d-d stream (SPL) associated with HO perception, is selectively impaired in aMCI





**FIGURE 6** | ERPs in response to coherent OF and HO motion stimuli in the MCI, AD and healthy control groups. MCI patients exhibit more prolongation of P200 latency for OF than healthy elderly adults, but no prolongation of N170 latency for both stimuli. AD patients show a prolongation of both N170 and P200 latencies compared with other groups. MCI, mild cognitive impairment. [Modified from (64), Copyright (2012) with permission from IEEE].

patients. On the other hand, AD patients showed a prolongation of N170 and P200 latencies for both OF and HO stimuli compared with healthy old adults and aMCI patients (**Figure 6**). Our results indicate that aMCI patients exhibit a selective impairment of OF perception related to the higher-level of dorsal stream (v-d stream including IPL). Conversely, AD patients show

the impairments of both OF and HO perception associated with the distributed higher-level dorsal stream (both v-d and d-d streams including IPL, SPL and V5/MT+). These findings were consistent with the spread of AD pathology following disease progression (1, 64). Thus, we can detect the impairment of OF perception even in patients with aMCI by using OF-ERPs.

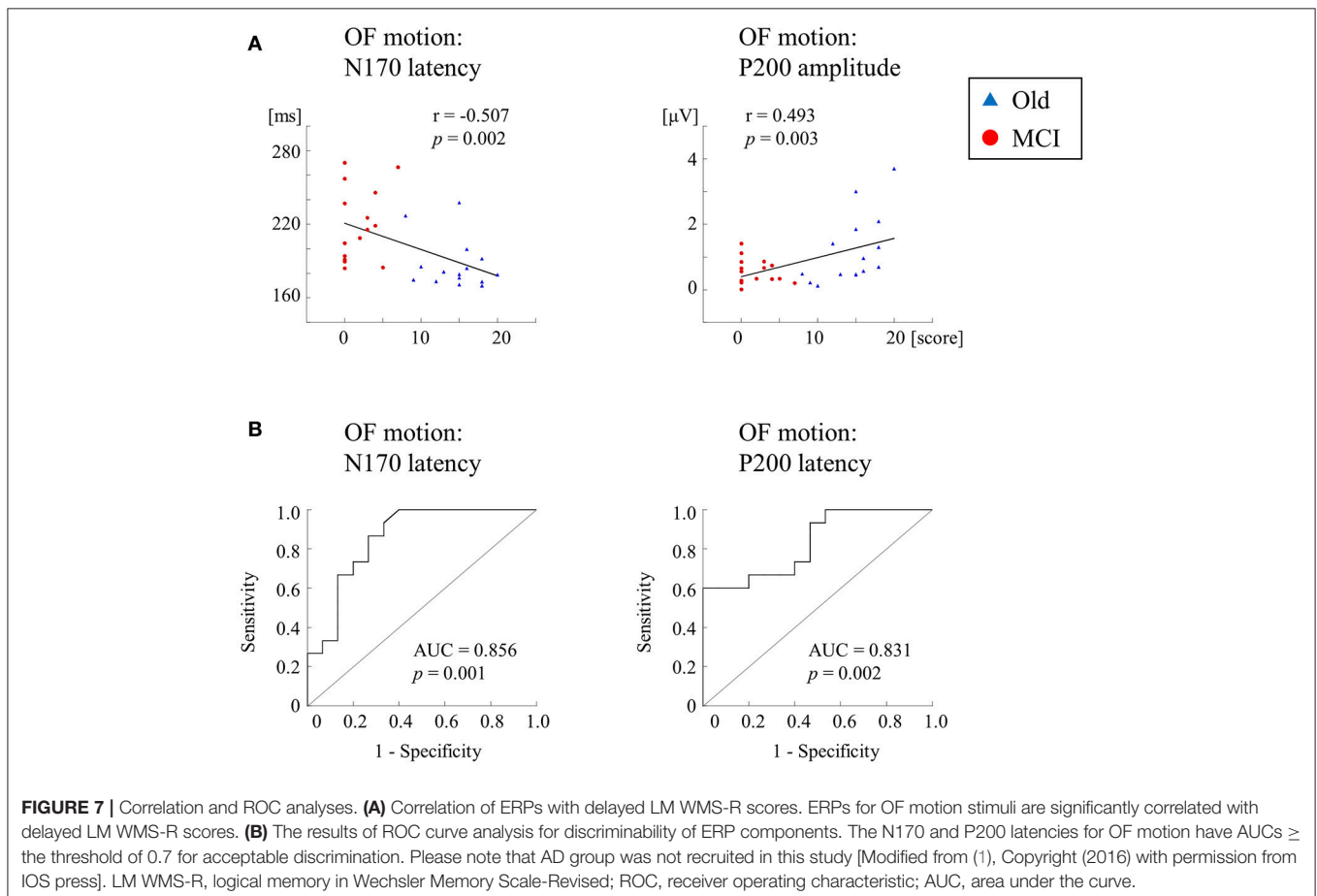
We further recorded ERPs to multimodal visual stimuli (chromatic and achromatic gratings, faces, kanji and kana words and OF motion) in aMCI patients, healthy old and young adults (2) (Table 2). Inclusion criteria for aMCI patients and healthy old adults followed the criteria of the Japanese Alzheimer's Disease Neuroimaging Initiative (65). These criteria were based on several neuropsychological tests: MMSE, CDR, Geriatric Depression Scale and the logical memory test (delayed recall) of the Wechsler Memory Scale-Revised (WMS-R). Multimodal visual stimuli were optimized to activate elements of each visual stream separately. The OF stimulus was same as the former studies (1, 60). ERP responses to lower (V1) level stimuli (chromatic and achromatic gratings) were not significantly differed between aMCI patients and healthy old adults. Conversely, ERP latencies for higher-ventral (faces and kanji words) and higher-dorsal (kana words and OF motion) were significantly prolonged in aMCI patients. Interestingly, OF-related ERPs were significantly correlated with the logical memory test (delayed recall) of the WMS-R (OF-N170 latency,  $r = -0.507$ ; OF-P200 amplitude,  $r = 0.493$ ) (Figure 7A). Furthermore, the receiver operating characteristic (ROC) analysis exhibited that the highest area under the curve (AUC) was observed for OF-ERP latencies (OF-N170 latency,  $AUC = 0.856$ ; OF-P200 latency,  $AUC = 0.831$ ) (Figure 7B).

This suggests that OF-ERPs have the best distinguishing ability between aMCI and healthy old adults.

## A POTENTIAL USE OF OPTIC FLOW-ERPS IN ASSESSING DRIVING ABILITY IN ADS

Overall, in our ERP studies (1, 2), OF-related visuospatial perception indispensable for driving was associated with cognitive function in ADS. As previously mentioned, severity of decline in driving ability was correlated with the degree of cognitive function (23) or visuospatial function (17). Therefore, we assume that OF-ERPs can detect early signs of decline in driving ability in patients with ADS.

In support of our view that altered OF-related visuospatial perception is associated with the driving disability in ADS, Vilhelmsen et al. (66) found that the latency of N2 (analogous to N170 in our study) increased as the speed of OF-motion increased (driving speeds 25, 50, and 75 km/h) in healthy young subjects. They supposed that the subjects perceived the OF stimulus with higher speeds as more complex than that of the lower speeds, which resulted in the increased N2 latency. Healthy individuals can handle our OF stimulus easily but the damaged ADS brain may need more effort because of an excessive



load for the visuospatial processing system. This interpretation may explain the delayed N170 and P200 latencies in our study (1, 2).

Based on ERP findings of our (1, 2) and other groups (37, 38), OF-ERPs (both N170 and P200 components) may be useful for evaluation of driving ability in aMCI and AD patients. However, it should be kept in mind that the relationship between OF-ERPs and the performance of on-road and driving simulator tests has not established. In addition, we have not yet determined the reference values of OF-ERPs (amplitude and latency) on driving ability. Thus, in the near future, we will perform a large-scale longitudinal ERP study for determining the relationship between driving ability and OF perception in a wide range of ADS. By doing so, we can assess driver's aptitude to prevent the traffic accidents in patients with ADS. Meanwhile, we are currently trying to develop the simple and reliable touch panel-type assessment system of driving ability using radial OF stimuli (measuring OF-detection threshold) (<https://kaken.nii.ac.jp/en/grant/KAKENHI-PROJECT-17K09801/>). This system may be useful for driving performance evaluation, which is much simpler than ERPs.

## CONCLUSIONS

To maintain safe driving, widespread brain networks including occipital, parietal, frontal, motor and cerebellar regions are recruited. These brain networks are vulnerable in ADS pathology that shows extensive neocortical brain damage. In ADS, the driving ability continues to gradually decline accompanied by the course of AD pathology. Especially, the early pathological change in the posterior temporo-parietal regions related to OF

perception is responsible for the impaired driving in the early stage of ADS. Although various methods including on-road test, driving simulation and neuropsychological tests are used for evaluating driving ability, there is no single test sufficient to determine driving safety in ADS patients. Conversely, ERPs are non-invasive and objective method that can be performed easily, in a short time, at a low cost, but has high reliability. Based on previous and our ERP studies, OF-ERPs can be an indicative neural biomarker for assessing the decline of driving ability in ADS.

## AUTHOR CONTRIBUTIONS

All authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

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