#### Check for updates

#### **OPEN ACCESS**

EDITED BY Matteo Dell'Anno, University of Milan, Italy

REVIEWED BY Ishtiyaq Ahmad, Sher-e-Kashmir University of Agricultural Sciences and Technology, India Lefei Jiao, Ningbo University, China Abdallah Ghonimy, Yellow Sea Fisheries Research Institute (CAFS), China

\*CORRESPONDENCE Xiaolin Meng Imengxiaolinqdio@126.com Junming Deng Imuning@163.com

RECEIVED 03 July 2024 ACCEPTED 13 November 2024 PUBLISHED 27 November 2024

#### CITATION

Zhang X, Wang H, Lin B, Meng X and Deng J (2024) Impact of arabinoxylan-enriched diets on the intestinal chemical barrier and microbiota composition in rainbow trout (*Oncorhynchus mykiss*). *Front. Vet. Sci.* 11:1459001. doi: 10.3389/fvets.2024.1459001

#### COPYRIGHT

© 2024 Zhang, Wang, Lin, Meng and Deng. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

# Impact of arabinoxylan-enriched diets on the intestinal chemical barrier and microbiota composition in rainbow trout (*Oncorhynchus mykiss*)

# Xindang Zhang<sup>1,2</sup>, Hengzhi Wang<sup>3</sup>, Beibei Lin<sup>2</sup>, Xiaolin Meng<sup>1\*</sup> and Junming Deng<sup>2,4\*</sup>

<sup>1</sup>College of Fisheries, Henan Normal University, Xinxiang, China, <sup>2</sup>College of Animal Science and Technology, Yunnan Agricultural University, Kunming, China, <sup>3</sup>Tongwei Agricultural Development Co., Ltd., Chengdu, China, <sup>4</sup>College of Fisheries, Guangdong Ocean University, Zhanjiang, China

**Introduction:** This study was conducted to evaluate the effects of dietary AX inclusion on the chemical barrier, antioxidant function and intestinal microbiome of rainbow trout.

**Methods:** Five isoproteic and isolipidic experimental diets were formulated to contain 0.03% arabinoxylanase, as well as 0%, 2.5%, 5% and 10% AX (CAX, Con, AX2.5, AX5 and AX10), respectively.

**Results:** The trypsin and maltase activities in the foregut of AX10 group were significantly lower than those in Con group. Similarly, the amylase and sucrase activities of the middle intestinal mucosa, maltase of the distal intestinal mucosa, and *MUC2* mRNA levels of the middle and distal intestinal mucosa in AX10 group were also lower than those in Con group. Additionally, the levels of GSH, GST, MDA in the plasma, SOD and CAT in the middle and distal intestinal mucosa, as well as MDA in the middle intestinal mucosa, were significantly higher in AX10 group compared to the CAX and Con groups. Conversely, the levels of CAT, GSH-Px, IGF-1, mTOR, AST in the plasma and AMPD, GDH in the liver were significantly lower in AX10 group compared to the CAX and Con groups. Furthermore, the Chao 1, Shannon index, and the abundance of Cyanobacteria, *Aurantimicrobium*, *Bacteroides* decreased with the decreasing dietary AX content. In contrast, the abundance of Proteobacteria, Actinobacteria, and *Stenotrophomonas* were increased in AX10 group compared to Con group.

**Discussion and conclusion:** These results suggest that high AX (10%) diets may reduce the chemical barrier, antioxidant function, and protein metabolism in rainbow trout, while also reducing intestinal microbiome  $\alpha$ -diversity and retarding the colonization of beneficial bacteria.

#### KEYWORDS

arabinoxylan, chemical barrier, intestinal microbiome, antioxidant function, rainbow trout

# Highlights

- Excessive dietary arabinoxylan (10%) damaged the chemical barrier of rainbow trout.
- Dietary 10% arabinoxylan reduced the antioxidant function of rainbow trout.
- Excessive dietary arabinoxylan retarded the colonization of beneficial bacteria in rainbow trout.

## **1** Introduction

For decades, the rapidly expanding aquaculture industry has driven a sharp increase in the demand for fish meal, making it a significant constraint on fishery resources (1, 2). Consequently, it is necessary to identify alternative protein sources for aquatic feed to mitigate the reliance on fish meal (3). Recently, plant proteins have emerged as a sustainable alternative to fish meal in aquatic feed formulations (4, 5). However, the extensive inclusion of plant proteins in diets can result in high levels of antinutritional factors, including phytic acid, tannic acid, non-starch polysaccharides (NSPs), and soybean agglutinin, which are detrimental to the growth and health of fish (6). Arabinoxylan (AX), a major class of NSP found in various cereals such as wheat, barley, rice, and maize, presents a particular challenge (7). Numerous studies in monogastric animals, including fish, indicate that they struggle to break down and digest AX in feed due to the absence of the necessary enzymes in their gastrointestinal tracts (8). Furthermore, AX's high water-binding capacity can increase the viscosity of chyme, hindering the binding of nutrients and digestive enzymes and affecting the digestion and absorption of nutrients in the intestine (9, 10). Additionally, AX slows down digestion and reduces oxygen utilization, potentially creating a favorable environment for the growth of anaerobic bacteria and certain pathogens (11). As such, the anti-nutritional effects of AX may arise from its impact on intestinal digestive enzymes and the structure of the microbial community.

Intestinal mucosal chemical barrier mainly refers to mucopolysaccharides, digestive enzymes, active factors, and gastrointestinal hormones secreted by mucous cells within the mucous layer, which are closely related to the physiological functions of fish (12, 13). It resists the invasion of external harmful substances through biochemical action and protects the stability of the intestinal environment (14). Among these, protease, amylase, and lipase are the most common digestive enzymes, which participate in the decomposition of proteins, carbohydrates, and lipids, respectively (15). Additionally, the main components of mucus are mucins, a variety of glycosylated proteins synthesized and secreted by goblet cells (16). Mucoprotein 2 (MUC2) is a major mucin that can isolate bacteria and intestinal epithelial cells through its continuous renewal and supplementation, thereby defending against bacteria invasion of the intestinal epithelial cells and playing a barrier function (17). Further, studies have shown that the synthesis and secretion of MUC2 are affected by microorganisms and their metabolites (18). The adjustment of the intestinal microbiota crucial for the growth and health of the host, as it may be involved in the animal's immune system, nutrient digestion and absorption, vitamin synthesis, the production of short-chain fatty acids, and the control of pathogen growth (19, 20). However, the physiological effects of dietary AX on fish intestinal microbiota, whether beneficial or harmful, remain controversial (21). For example, AX extracted from Plantago asiatica has been shown to alleviate type 2 diabetes by modulating the gut microbiota and its metabolites, while AX from corn bran has been reported to alter the composition of the bacterial community and decrease  $\alpha$ -diversity (21, 22). This discrepancy may be due to the differences in AX structure, which lead to varying physiological functions and impacts on gut microbiota. Unfortunately, there are limited studies that focus on these tissues in fish.

As a carnivorous fish, the rainbow trout (Oncorhynchus mykiss) has emerged as one of the primary cold-water fish species bred in China, with an annual output of 30,000 tons (23). Several previous studies have demonstrated the adverse effects of dietary NSPs, such as cellulose and guar gum, on the growth performance and digestibility of rainbow trout (24, 25). Furthermore, our previous research within our group has indicated that the inclusion of 2.5-10% AX in the diet increases intestinal mucosal permeability, triggers an intestinal inflammatory response, and consequently impairs the intestinal mucosal barrier function and growth performance of rainbow trout (26). However, to date, no studies have confirmed the impact of AX on the intestinal chemical barrier and microbial community structure in rainbow trout. Therefore, the primary objective of this study is to investigate the effects of AX on intestinal digestive enzymes, antioxidant activity, and microbial community structure in rainbow trout, with the aim of elucidating the mechanisms by which dietary AX modulates the intestinal microbiota to influence intestinal health in carnivorous fish.

# 2 Materials and methods

### 2.1 Experimental diets

The four isoproteic and isolipidic experimental diets were supplemented with 0, 2.5, 5 and 10% AX (Con, AX2.5, AX5 and AX10). In addition, 300 mg/kg arabinoxylanase (800,000 U/g) was supplemented in the Con diet (CAX). The ingredients and proximate composition of the experimental diet was shown in Table 1. The experimental ingredients were ground through a 320-µm mesh sieve. All ingredients were thoroughly mixed with soybean oil and soybean lecithin, and the mixture was pelleted by an experimental pellet feed mill (KS-180; Jiangsu Jingu Rice Mill Co., Ltd., Jiangsu, China) through a 1.5-mm diameter die. The moist pellets were dried at 40°C for about 12 h in room temperature, and then stored at  $-20^{\circ}$ C until used (26).

## 2.2 Fish and experimental procedure

Rainbow trout (*Oncorhynchus mykiss*) obtained from a local commercial farm was acclimatized to the experimental conditions for 2 weeks before the start of the experiment. At the start of the feeding trial, healthy fish with similar sizes (initial average weight  $3.14 \pm 0.02$  g) were distributed into 15 tanks ( $1.0 \text{ m} \times 0.7 \text{ m} \times 0.8 \text{ m}$ ) with 35 juveniles per tank. Each tank was then randomly assigned to one of three replicates of the five dietary treatments. Water was recirculated through biological and mechanical filters utilizing high-density polyester screens to remove particulate material and provide substrate for nitrifying bacteria. Fish were hand-fed to apparent satiation twice (07:00 and 17:00) daily for 9 weeks. During the feeding experiment, the water quality parameters were recorded as follows: temperature ranged from 16°C to 18°C, dissolved oxygen 7.8–9.2 mg/L, pH 6.7–7.7, total ammonia nitrogen 0.04–0.07 mg/L, and nitrite 0.02–0.04 mg/L.

## 2.3 Sample collection

At the end of the feeding trial, the fish were fasted for 24 h before harvesting. The experimental fish were anesthetized with

TABLE 1 Ingredients and proximate composition of experimental diets (%, dry matter basis).

Ingredients	CAX	Con	AX2.5	AX5	AX10
Fish meal <sup>1</sup>	50.00	50.00	50.00	50.00	50.00
Rapeseed meal <sup>1</sup>	5.00	5.00	5.00	5.00	5.00
Soybean meal <sup>1</sup>	5.50	5.50	5.50	5.50	5.50
Corn gluten meal <sup>1</sup>	3.00	3.00	3.00	3.00	3.00
Wheat starch	21.12	21.15	18.65	16.15	11.15
Arabinoxylan <sup>2</sup>	0.00	0.00	2.50	5.00	10.00
Arabinoxylanase <sup>3</sup>	0.03	0.00	0.00	0.00	0.00
Soybean oil	12.00	12.00	12.00	12.00	12.00
Vitamin premix <sup>4</sup>	1.00	1.00	1.00	1.00	1.00
Mineral premix <sup>4</sup>	0.50	0.50	0.50	0.50	0.50
Others <sup>5</sup>	1.85	1.85	1.85	1.85	1.85
Proximate composition					
Dry matter (DM, %)	94.47	94.52	93.93	93.08	93.48
Crude protein (% DM)	40.55	40.42	40.27	40.62	40.37
Crude lipid (% DM)	17.13	17.05	17.15	17.15	17.11
Ash (% DM)	14.15	14.35	14.44	14.37	14.33
Total energy (MJ/kg DM)	20.44	20.34	20.71	20.59	20.50
Soluble arabinoxylan (% DM)	0.37	0.39	2.82	5.11	9.87
Total arabinoxylan (% DM)	1.10	1.12	3.57	5.88	10.62
Viscosity (cP)	12.00	12.00	12.50	13.00	14.00

<sup>1</sup>Supplied by Yunnan Xinhaifeng Food Co., Ltd. (Kunming, China): fish meal, crude protein, 67.59%, crude lipid, 7.72%; rapeseed meal, crude protein, 36.63%, crude lipid, 11.64%; soybean meal, crude protein, 46.27%, crude lipid, 0.73%; corn gluten meal, crude protein, 67.63%, crude lipid, 1.55%.

<sup>2</sup>Supplied by Kunming Saijie Biotechnology Co., Ltd. (Kunming, China).

<sup>3</sup>Supplied by Guangdong VTR Bio-Tech Co., Ltd. (Zhuhai, China).

<sup>4</sup>Vitamin and mineral premix were supplied by Kunming Tongwei Co., Ltd. (Kunming, China). Vitamins premix (g kg<sup>-1</sup>): vit. A, 2; vit. D3, 0.03; vit. E, 30; vit. K3, 3; aneurine hydrochloride, 8; vit. B2, 11; vit. B6, 8; vit. B12, 0.02; vit. C, 50; folic acid, 1; biotin, 0.1; niacin, 30; calcium panate, 32; Inositol, 25. Mineral mixture (g kg<sup>-1</sup>): MgSO<sub>4</sub>-7H<sub>2</sub>O, 180; KI, 1; FeSO<sub>4</sub>-H<sub>2</sub>O, 260; ZnSO<sub>4</sub>-H<sub>2</sub>O, 260; CuSO<sub>4</sub>-H<sub>2</sub>O, 25; Na<sub>2</sub>Se<sub>2</sub>O<sub>3</sub>, 0.01; MnSO<sub>4</sub>-H2O, 180; CoCl<sub>2</sub>-6H<sub>2</sub>O, 0.75.

<sup>5</sup>Others including soybean lecithin, 0.5%; Ca(H<sub>2</sub>PO<sub>4</sub>)<sub>2</sub>, 1.0%; L-ascorbate-2-polyphosphate (35%), 0.02%; ethoxyquin (30%), 0.03%; choline chloride (50%), 0.3%.

eugenol (1:12,000; Shanghai Reagent Corporation, Shanghai, China) before sampling. A total of six fish per tank were randomly collected from each tank, and samples of plasma, liver, intestine, and intestinal mucosa were collected. Blood was collected from the caudal vein using a heparinised syringe and transferred into a heparinised tube. Plasma was recovered after centrifugation (4,000 g, 10 min) at 4°C and immediately stored at -80°C until analysis. The intestines of six fish per tank were quickly removed, then segmented into proximal (the section from the pyloric sphincter to the last pyloric cecum, PI), middle (the section distal to the most distal pyloric cecum and proximal to the increase in intestinal diameter, MI) and distal intestine (the section from the distal end of the MI to the anus, DI). The mucosa of PI, MI and DI were scraped from the serosa and stored frozen in liquid nitrogen and then stored at  $-80^{\circ}$ C for subsequent determination. Another six fish were randomly collected from each tank for intestinal contents.

Dissections were performed on a low temperature sterile bench to avoid sample contamination. The whole intestinal contents of two fish in each cage were mixed to form a sample, collected in a 2-mL storage tube, and quickly frozen in liquid nitrogen and then transferred to  $-80^{\circ}$ C for storage.

## 2.4 Chemical analysis

#### 2.4.1 Proximate composition

The proximate composition of feed ingredients and experimental diets were subjected following standard methods of AOAC: dry matter by drying to constant weight at 105°C; crude protein ( $N \times 6.25$ ) by the regular Kjeldahl method; crude lipid by the Soxhlet method with ether extraction; ash by incineration at 550°C for 16 h; gross energy in a bomb calorimeter (Parr1351; Parr Instrument Co., Moline, IL, United States). The total arabinoxylan contents were determined by the colorimetric method (70). For dietary viscosity measurement, 10 g crushed samples were mixed with 40 mL of distilled water, incubated for 30 min at 28°C, and then centrifuged at 12,000 × g for 10 min. The viscosity of the supernatant was immediately measured by NDJ-8S digital viscometer (Shanghai Precision & Scientific Instrument Co., Ltd., Shanghai, China), absolute viscosity was expressed in centipoise (cP) at a shear rate of 750/s.

# 2.4.2 Intestinal mucosal chemical barrier-related parameters

The supernatant was obtained from the sample treated with reference to Deng et al. (26) as the enzyme source. The cholecystokinin

(CCK) level in the foregut was measured using commercial ELISA kits for fish (Shanghai Enzyme Link Biotechnology Co., Ltd., Shanghai, China) according to the manufacturer's protocols. Trypsin, lactase, maltase, sucrase, amylase and lysozyme activities were detected using commercial assay kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, China) according to the manufacturer's instructions (No. A080-2-2, No. A082-1-1, No. A082-3-1, No. A082-2-1, No. C016-1-1, No. A050-1-1). Specific enzyme activities were expressed as enzyme activity per gram soluble protein. The soluble protein content of extracts was determined according to Bradford (27).

#### 2.4.3 MUC2 gene expression

Total RNA was extracted from intestinal (proximal, middle and distal) mucosa with RNAiso Plus (TaKaRa Biotechnology (Dalian) Co. Ltd., Dalian, China) (No. 9108), the concentration and integrity were determined by a nanophotometer (Nano Photometer NP80 Touch, Implen, Berlin, Germany) and 1.0% agarose gels. The qualified RNA samples were prepared to cDNA by an Evo M-MLV reverse transcription kit [TaKaRa Biotechnology (Dalian) Co. Ltd., Dalian, China] (No. 2680) and stored at  $-20^{\circ}$ C for further use. The *MUC2* qPCR primers (Table 2) were designed using Primer 5.0 software based on the gene sequences in GenBank. The 18s was selected as the internal standard. The degrees of gene expression were identified by RT-qPCR (Bio-Rad, Richmond, CA, United States). The expressions of the target genes were determined by the  $2^{-\Delta\Delta C_{T}}$ method (28).

#### 2.4.4 Antioxidant-related parameters

Plasma, middle, distal intestinal mucosa glutathione (GSH), superoxide dismutase (SOD), catalase (CAT), glutathione S-transferase (GST), malondialdehyde (MDA) contents and plasma glutathione peroxidase (GSH-Px), middle, distal intestinal mucosa reactive oxygen species (ROS) contents were measured by commercial kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, China) (No. A006-2-1, No. A001-3-2, No. A007-2-1, No. A004-1-1, No. A003-1-2, No. A007-2-1, No. E004-1-1). The protein content in the microsomes was assayed according to the method described by Bradford (27).

#### 2.4.5 Protein metabolism-related parameters

The plasma and hepatic mammalian target of rapamycin (mTOR), glutamate dehydrogenase (GDH), adenosine monophosphate deaminase (AMPD) level and plasma growth hormone (GH), insulin growth factor-1 (IGF-1) level were measured using commercial ELISA kits for fish (Shanghai Enzyme Link Biotechnology Co., Ltd., Shanghai, China) according to the manufacturer's protocols (No. ml001595, No. ml001447, No. ml261272, No. ml028539, No. ml025861). The aspartate aminotransferase (AST) and alanine aminotransferase (ALT) activities in plasma and hepatic were determined by using commercially available kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, China) according to the manufacturer's protocols (No. C010-1-1, No. C009-1-1).

#### 2.4.6 Intestinal flora analysis

The fresh intestinal contents collected were transported to Beijing Novogene Bioinformation Technology Co., Ltd. (Beijing, China), and total DNA was extracted. The 16S rRNA gene comprising V3–V4 regions was amplified using common primer pair and the microbial diversity analysis was performed. Briefly, the raw sequences were first quality-controlled using QIIME with default parameters, then demultiplexed and clustered into species-level (97% similarity) operational taxonomic units (OTUs). Taxonomic annotation analysis was obtained and the community composition of each sample was counted at each classification level using the Mothur method and the SSUrRNA database of Silva. Strain alpha diversity analysis and beta diversity analysis were performed using QIIME. In addition, the Venn diagram was drawn based on the data processed by homogenization and LEfSe analysis was used to identify species with significant differences between the groups.

## 2.5 Statistical analysis

All data were analyzed using one-way ANOVA, followed by a Tukey's multiple range test. The significance level was set to p < 0.05. Statistical analysis was carried out using the SPSS 16.0 (SPSS Inc., Chicago, IL, United States) for Windows.

## **3** Results

### 3.1 Intestinal mucosal chemical barrier

The activities of foregut trypsin and maltase generally decreased with increasing dietary AX content. Notably, the trypsin and CCK activities in the AX10 group was significantly lower than that in other groups (p < 0.05; Table 3), and the maltase activity in the AX10 group was significantly lower than in the CAX group. There were no significant differences in the activities of LZM, lactase, and sucrase in the foregut among the different diets.

Sucrase activity in the proximal intestinal mucosa exhibited a trend of initially increasing and then decreasing with increasing dietary AX content. The AX2.5 group showed the highest sucrase

TABLE 2 Forward and reverse primers for real-time quantitative PCR.

Name	Primer sequence (5′-3′)		NCBI Accession Number	Length (bp)	Temperature (°C)
MUC2	Forward	CCAGGCACAGAAAAGACAGATGC	XM_036968563.1	23	62.9
	Reverse	GGATGTAGGAGTGCTTGACC		20	
18S	Forward	TAACGAACGAGACTCCGGCA	NC_048575.1	20	62.8
	Reverse	GTTCATCGGGTTACCCACGC		20	

MUC2, mucoprotein 2.

	CAX	Con	AX2.5	AX5	AX10	<i>p</i> -value		
Intestinal contents								
рН	$7.60 \pm 0.09$	$7.63\pm0.08$	$7.64 \pm 0.09$	$7.83 \pm 0.01$	$7.46 \pm 0.11$	0.950		
Foregut								
CCK (ng/g protein)	$17.58 \pm 1.34^{a}$	$20.26\pm1.42^{ab}$	$19.53 \pm 1.58^{ab}$	$19.43\pm0.58^{ab}$	$23.17 \pm 1.74^{\rm b}$	0.048		
LZM (µg/mg protein)	$0.14 \pm 0.01$	$0.16 \pm 0.02$	$0.14 \pm 0.01$	$0.21 \pm 0.01$	$0.19 \pm 0.04$	0.182		
Trypsin (U/g protein)	$38.47 \pm 2.16^{\rm b}$	$58.09 \pm 8.29^{b}$	$47.55 \pm 4.16^{\rm b}$	$45.96 \pm 5.48^{\mathrm{b}}$	$8.92 \pm 0.77^{a}$	0.002		
Lactase (U/mg protein)	$4.31 \pm 0.88$	4.53 ± 1.48	3.97 ± 0.51	3.00 ± 0.63	$4.17 \pm 2.03$	0.917		
Maltase (U/mg protein)	$33.10\pm4.35^{\mathrm{b}}$	$26.42 \pm 3.11^{ab}$	$26.83\pm4.32^{ab}$	$22.93\pm3.58^{ab}$	$13.91 \pm 1.04^{a}$	0.033		
Sucrase (U/mg protein)	$40.62 \pm 3.92$	31.83 ± 7.72	29.05 ± 5.08	30.32 ± 5.61	35.66 ± 3.42	0.572		
Proximal intestinal mucosa								
Trypsin (U/g protein)	$10.35 \pm 1.83$	$10.34 \pm 1.09$	$10.20 \pm 0.67$	$9.12 \pm 0.38$	7.93 ± 0.56	0.438		
Amylase (U/mg protein)	5.55 ± 1.10	$5.03 \pm 0.62$	5.36 ± 0.67	5.76 ± 0.62	5.48 ± 0.99	0.977		
Lactase (U/g protein)	0.23 ± 0.05	$0.16 \pm 0.02$	$0.16\pm0.04$	$0.23 \pm 0.05$	$0.20 \pm 0.02$	0.522		
Maltase (U/g protein)	$0.97\pm0.06$	$1.87\pm0.39$	$1.97\pm0.19$	$0.96 \pm 0.07$	$1.48 \pm 0.73$	0.250		
Sucrase (U/mg protein)	$59.25 \pm 7.55^{a}$	$90.33\pm9.56^{ab}$	$101.21\pm6.84^{\rm b}$	$84.05\pm8.29^{ab}$	$77.39 \pm 10.96^{ab}$	0.042		
Middle intestinal mucosa								
Trypsin (U/g protein)	9.23 ± 1.17	$10.53 \pm 0.56$	$9.04 \pm 0.10$	$7.80 \pm 0.68$	$7.35 \pm 0.00$	0.054		
Amylase (U/mg protein)	$8.90 \pm 1.44^{\rm a}$	$18.15 \pm 1.13^{\rm b}$	$13.59\pm1.40^{ab}$	$12.06 \pm 1.06^{a}$	$11.91 \pm 0.70^{a}$	0.003		
Lactase (U/mg protein)	98.49 ± 5.96	110.59 ± 4.41	80.87 ± 5.61	94.67 ± 10.35	82.15 ± 3.65	0.064		
Maltase (U/g protein)	$0.11 \pm 0.01^{\circ}$	$0.16\pm0.01^{\rm b}$	$0.11 \pm 0.01^{a}$	$0.12\pm0.00^{\mathrm{a}}$	$0.09\pm0.01^{a}$	0.002		
Sucrase (U/mg protein)	$26.27 \pm 1.75^{a}$	72.60 ± 8.26°	$53.21 \pm 2.84^{bc}$	$48.51\pm7.33^{ab}$	$31.11\pm0.13^{ab}$	0.001		
Distal intestinal mucosa								
Trypsin (U/g protein)	$7.08 \pm 0.93$	$6.84 \pm 1.55$	$7.89 \pm 0.61$	$6.66 \pm 0.24$	7.29 ± 1.11	0.916		
Amylase (U/mg protein)	$2.20\pm0.12$	$2.30\pm0.13$	$2.22 \pm 0.16$	2.19 ± 0.09	$2.28\pm0.12$	0.954		
Lactase (U/g protein)	$0.14\pm0.01^{\mathrm{b}}$	$0.09\pm0.00^{\mathrm{a}}$	$0.13\pm0.01^{ab}$	$0.13\pm0.01^{\rm ab}$	$0.12\pm0.01^{ab}$	0.021		
Maltase (U/g protein)	$0.10\pm0.01^{ab}$	$0.11\pm0.01^{\mathrm{b}}$	$0.08\pm0.01^{ab}$	$0.08\pm0.01^{\rm ab}$	$0.07 \pm 0.00^{a}$	0.040		
Sucrase (U/g protein)	$0.07 \pm 0.01^{a}$	$0.16 \pm 0.02^{\rm b}$	$0.17 \pm 0.02^{b}$	$0.15 \pm 0.01^{ab}$	$0.14\pm0.02^{ab}$	0.014		

TABLE 3 The chemical barrier-related parameters in the intestinal contents, foregut and proximal, middle and distal intestinal mucosa of rainbow trout fed diets with different arabinoxylan content.

abcValues are presented as means  $\pm$  SE (n = 3). Means in the same row with different superscripts are significantly different (p < 0.05).

activity (p < 0.05; Table 3). There were no significant differences in the activities of trypsin, amylase, lactase, and maltase in the distal intestinal mucosa among the different diets.

The activities of amylase, maltase, and sucrase in the middle intestinal mucosa generally decreased with increasing dietary AX content. Particularly, the activities of amylase and sucrase in the Con group were significantly higher than those in the AX5 and AX10 groups (p < 0.05; Table 3). Maltase activity in the Con group was significantly higher than that in the AX2.5, AX5, and AX10 groups. No significant differences in the activities of trypsin and lactase were observed in the middle intestinal mucosa among the different diets.

Maltase activity in the distal intestinal mucosa of the Con group was significantly higher than that in the AX10 group (p < 0.05; Table 3). Lactase activity in the CAX group was significantly higher than that in the Con group. Conversely, sucrase activity in the CAX group was significantly lower than that in the C and AX2.5 groups. No significant differences in the trypsin and amylase activities of the distal intestinal mucosa were found among the different diets.

## 3.2 MUC2 gene expression

In the middle and distal intestinal mucosa, the mRNA expression levels of *MUC2* decreased with the increasing dietary AX content (p < 0.05; Figure 1). The *MUC2* mRNA level in the middle intestinal mucosa was significantly lower in fish fed the AX10 diet compared to those fed the CAX and Con diets. Similarly, the *MUC2* mRNA level in the distal intestinal mucosa was significantly lower in fish fed the AX10 diet compared to those fed the other diets. However, no significant changes were found in the mRNA levels of *MUC2* in the proximal intestinal mucosa (p > 0.05).

## 3.3 Intestinal antioxidant capacity

Dietary inclusion of different levels of AX did not significantly affect the plasma SOD activity, middle intestinal mucosa GSH, GST, and ROS concentrations, or distal intestinal mucosa MDA and ROS concentrations (p > 0.05; Table 4). However, the plasma GSH, GST,

and MDA concentrations in the AX10 group were significantly higher than those in the CAX and Con groups (p < 0.05). Conversely, the plasma CAT and GSH-Px concentrations in the AX10 group were significantly lower than those in the CAX and Con groups.

In the middle intestinal mucosa, the SOD activity in the AX10 group was significantly higher than that in the other groups (p < 0.05; Table 4). Similarly, the CAT activity in the AX10 group was significantly higher than that in the CAX and Con groups. However, the MDA content in the AX10 group was significantly higher than that in the Con group.

In the distal intestinal mucosa, the GSH, SOD, and GST activities in the AX10 group were significantly higher than those in the other groups (p < 0.05; Table 4). Similarly, the CAT activity in the AX10 group was significantly higher than that in the CAX, Con, and AX5 groups.

### 3.4 Protein metabolism-related parameters

Dietary inclusion of different levels of AX did not significantly affect plasma GH, GDH, and ALT activities (p > 0.05; Table 5). Plasma IGF-1 and mTOR concentrations in the AX10 group were significantly lower than those in the CAX and Con groups (p < 0.05). Conversely, plasma AMPD and AST concentrations in the AX10 group were significantly higher than those in the other groups.

Dietary inclusion of different levels of AX did not significantly affect hepatic mTOR and AST activities (p > 0.05; Table 5). Hepatic AMPD concentration in the AX5 and AX10 groups was significantly lower than that in the Con group (p < 0.05). Similarly, hepatic GDH concentration in the AX5 and AX10 groups was significantly lower than that in the AX2.5 group. Conversely, hepatic ALT concentration in the AX10 group were significantly higher than that in the other groups.

#### 3.5 Microbiota structure analysis and functional prediction

A total of 348,747 effective reads were derived from the stool samples, with an average of 69,749.46 reads per sample. Alpha diversity was expressed as the Chao1 index (Figure 2A) and the Shannon index (Figure 2B), which together reflected the richness and diversity of microbial communities. The Chao 1 index in the CAX group was significantly higher than that in the AX supplemental groups (AX2.5, AX5, and AX10) (p < 0.05). Additionally, the Shannon index in the CAX, Con, AX2.5, AX5, and AX10 groups contained 409, 260, 76, 142, and 72 taxa in the OTUs, respectively (Figure 2C). Of all OTUs detected, 787 were commonly present in all five groups.

At the phylum level, the gut microbiota was primarily dominated by Proteobacteria, Firmicutes, Tenericutes, and Bacteroidetes (Figure 2D). The results showed that supplementation of 10% AX in the diet significantly increased the ratio of Firmicutes to Bacteroidetes (F/B) (p > 0.05; Figure 2E). Similarly, the relative abundance of Proteobacteria was significantly increased in the AX10 group (p < 0.05; Figure 2F). The relative abundance of Actinobacteria in the AX2.5 group was significantly higher than that in the Con and AX10



groups (p < 0.05; Figure 2G). In addition, the relative abundance of Cyanobacteria decreased as the dietary AX content increased (p < 0.05; Figure 2H).

At the genus level, the gut microbiota was primarily dominated by *Stenotrophomonas, Megamonas*, and *Mycoplasma* (Figure 2I). In addition, the abundance of *Stenotrophomonas* was significantly lower in the AX2.5 group compared to the AX10 group (p < 0.05; Figure 2J). Similarly, the abundance of *Aurantimicrobium* was significantly higher in the AX5 group than that in the AX10 group (p < 0.05; Figure 2K). The abundance of *Bacteroides* was significantly higher in the AX2.5 group than that in both the AX5 and AX10 groups (p < 0.05; Figure 2L).

The Tax4Fun tool was used to predict the function of the intestinal flora based on the analysis of effective reads (29), with the results presented in Figure 3A. Further, the cluster analysis more intuitively shows the changes in intestinal flora function (Figure 3B).

## 4 Discussion

This study aimed to investigate the effects of different levels of AX on the intestinal chemical barrier, antioxidant activity and microbial community structure of rainbow trout. The intestinal mucosal chemical barrier mainly refers to mucopolysaccharides, digestive enzymes, active factors, and gastrointestinal hormones secreted by mucous cells within the mucous layer, which are closely related to the physiological functions of fish (12, 13). Moreover, the intestine of fish is a complete organ that secretes digestive enzymes, which plays an indispensable role in digesting feed and absorbing nutrients (15, 30). Several reports have shown that the activity of digestive enzymes in fish intestines decreased from the proximal to the distal end (31). A similar downward trend in trypsin, lactase, and maltase activities was observed in rainbow trout, whereas no such tendency were found for amylase and sucrase activities in this study. Moreover, the results of this investigation showed that the activities of trypsin and maltase in the foregut were significantly decreased when supplemented with 10%AX, suggesting that excessive dietary AX could reduce fish digestion ability. Similarly, adding 16.8% soluble NSP to the diet significantly reduced the intestinal trypsin activity of rainbow trout

	CAX	Con	AX2.5	AX5	AX10	<i>p</i> -value	
Plasma							
GSH (nmol/L)	$0.06 \pm 0.01^{a}$	$0.07 \pm 0.00^{a}$	$0.11 \pm 0.02^{ab}$	$0.09 \pm 0.01^{ab}$	$0.14\pm0.02^{\mathrm{b}}$	0.025	
SOD (U/mL)	$12.85 \pm 0.43$	12.85 ± 0.29	11.96 ± 0.71	$11.25 \pm 0.80$	11.99 ± 1.00	0.473	
CAT (U/mL)	$2.95 \pm 0.06^{\rm b}$	$3.67\pm0.21^{\mathrm{b}}$	$3.22 \pm 0.64^{\text{b}}$	$3.76\pm0.47^{\mathrm{b}}$	$0.45\pm0.09^{a}$	0.002	
GST (U/mL)	$57.04 \pm 5.62^{a}$	$44.52 \pm 4.02^{a}$	$41.28 \pm 7.80^{a}$	$47.30 \pm 8.46^{a}$	$86.72\pm6.83^{\mathrm{b}}$	0.018	
GSH-Px (U/µL)	$16.84 \pm 2.11^{b}$	$16.84 \pm 2.11^{b}$	$14.74 \pm 2.11^{ab}$	$8.42 \pm 2.11^{a}$	$8.42 \pm 2.11^{a}$	0.027	
MDA (nmol/mL)	$8.99 \pm 1.94^{a}$	$5.58 \pm 0.31^{a}$	$6.11\pm0.48^{\rm a}$	$9.07 \pm 2.1^{a}$	$21.01 \pm 4.42^{\text{b}}$	0.005	
Middle intestinal mucosa							
GSH (µmol/g protein)	$0.06 \pm 0.01$	$0.06 \pm 0.02$	$0.06 \pm 0.01$	$0.07 \pm 0.01$	$0.05 \pm 0.01$	0.652	
SOD (U/mg protein)	$66.29 \pm 3.73^{a}$	$72.68 \pm 1.99^{a}$	67.17 ± 4.92ª	$69.98 \pm 4.30^{a}$	$104.55 \pm 6.66^{\text{b}}$	0.001	
CAT (U/g protein)	$4.55 \pm 0.63^{a}$	$4.46\pm0.33^{\rm a}$	$5.35\pm0.94^{ab}$	$5.85 \pm 0.18^{ab}$	$7.18 \pm 0.39^{b}$	0.036	
GST (U/mg protein)	32.02 ± 3.17	35.89 ± 3.80	35.78 ± 5.22	36.86 ± 3.54	$42.54 \pm 2.00$	0.428	
MDA (nmol/mg protein)	$5.77\pm0.81^{ab}$	5.56 ± 1.19ª	$7.05 \pm 1.44^{\rm ab}$	$8.49 \pm 1.78^{ab}$	$11.88 \pm 1.21^{\rm b}$	0.039	
ROS (IU/µg protein)	$0.12 \pm 0.01$	$0.11 \pm 0.01$	$0.12 \pm 0.01$	$0.12 \pm 0.01$	$0.14 \pm 0.01$	0.376	
Distal intestinal mucosa							
GSH (µmol/g protein)	$0.14\pm0.01^{a}$	$0.12\pm0.00^{\mathrm{a}}$	$0.09\pm0.02^{\rm a}$	$0.11\pm0.01^{a}$	$0.22\pm0.02^{\mathrm{b}}$	0.001	
SOD (U/mg protein)	$53.92 \pm 1.19^{a}$	$58.60 \pm 2.42^{a}$	$62.75 \pm 5.67^{a}$	$59.18 \pm 4.16^{\rm a}$	$94.99\pm8.20^{\rm b}$	0.001	
CAT (U/g protein)	$5.05\pm0.61^{\rm a}$	$4.92\pm0.60^{\rm a}$	$6.49\pm0.40^{ab}$	$5.23\pm0.27^{\rm a}$	$8.06\pm0.89^{\rm b}$	0.016	
GST (U/mg protein)	$97.08 \pm 5.93^{\mathrm{b}}$	$66.88 \pm 3.87^{a}$	$83.60\pm2.95^{ab}$	$101.28 \pm 4.97^{\mathrm{b}}$	$129.23 \pm 9.13^{\circ}$	0.003	
MDA (nmol/mg protein)	9.22 ± 1.46	9.14 ± 1.25	9.41 ± 1.27	$10.13 \pm 1.84$	13.16 ± 0.83	0.266	
ROS (IU/µg protein)	$0.15 \pm 0.01$	$0.11 \pm 0.02$	$0.13 \pm 0.01$	$0.14 \pm 0.01$	$0.15 \pm 0.02$	0.258	

TABLE 4 The antioxidant function-related parameters in the plasma, and middle, distal intestinal of rainbow trout fed diets with different arabinoxylan content.

abcValues are presented as means  $\pm$  SE (n = 3). Means in the same row with different superscripts are significantly different (p < 0.05).

(32). Moreover, it was also demonstrated that digestive enzymes activities were reduced in turbot fed high levels (5%) of soluble xylan (33). This indicated that higher levels of AX can create viscosity stress in the digesta, potentially damaging fish digestive organs and suppressing the secretion of digestive enzymes and other components (33, 34).

CCK is a widely distributed peptide in the gastrointestinal tract and central nervous system, which exhibits various physiological effects (35), including the stimulation of gallbladder contraction, gastric acid secretion, retardation of gastric emptying, and inhibition of energy intake (36). In this study, high dietary AX content (10%) significantly increased the foregut CCK concentration in rainbow trout, whereas no significant change was observed with low-dose dietary AX, suggesting that the effects of dietary AX on CCK secretion are dose-dependent. Several reports in mammals have shown that high levels of CCK can significantly reduce dietary intake by suppressing appetite and increasing satiety (37, 38). Additionally, MUC2 is the primary gel-forming and most abundant mucin in the intestine. It isolates bacteria and epithelial cells through its continuous renewal and secretion (17, 39). Furthermore, some studies have linked dietary intake of NSP to mucin concentrations in the gastrointestinal tract. For instance, the dietary addition of fiber or carboxymethyl cellulose increased ileal viscosity and mucin concentration in piglets (25), and dietary xylan at a concentration of 5% increased the expression of MUC2 in the turbot intestine (40). However, excessive dietary AX (10%) significantly decreased the mRNA expression levels of MUC2 in the middle and distal intestinal mucosa, while no significant change was observed with low-dose dietary AX (2.5–5%) in this study. These discordant findings may be attributed to differences in NSP species, as well as the structure and content of AX. These phenomena suggest that the poor growth of fish associated with a high AX diet may be related to the inhibitory effect of dietary AX on the intestinal chemical barrier.

It is well-known that antioxidant capacity encompasses enzymatic antioxidant activities (SOD, CAT, POD, GSH-Px) and non-enzymatic antioxidant contents (e.g., MDA) (41). Enzymatic antioxidants represent the body's first line of defense against free radicals, while MDA is the final decomposition product of membrane lipid peroxidation and its levels can reflect the extent of stress-induced damage in fish (42). In the current study, we observed that the activities of GSH-Px, SOD, and CAT in the plasma of the 10% AX group decreased, and the MDA content increased, suggesting that dietary excessive AX induced oxidative stress in rainbow trout, leading to severe oxidative damage within the body. Similarly, soluble NSP has also been shown to induce oxidative stress in largemouth bass (43), rainbow trout (32), and tilapia (44). Furthermore, the activities of SOD and CAT in the middle and distal intestinal mucosa of the 10% AX group increased in our research, which may be attributed to the protective response of the intestinal against oxidative stress.

Furthermore, efficient protein synthesis requires the sufficient availability of all essential amino acids, and an imbalance in amino acids can result in decreased protein synthesis and increased protein degradation (45). Among these mechanisms, protein synthesis is

	CAX	Con	AX2.5	AX5	AX10	<i>p</i> -value		
Plasma								
GH (µg/L)	22.68 ± 0.25	26.41 ± 0.37	24.29 ± 1.06	$25.05 \pm 0.37$	$23.07 \pm 1.54$	0.073		
IGF-1 (µg/L)	$28.79 \pm 0.83^{\mathrm{b}}$	$31.69 \pm 1.49^{\rm b}$	$28.27\pm0.96^{ab}$	$26.56\pm1.68^{ab}$	$21.76\pm2.06^{\rm a}$	0.009		
mTOR (pg/L)	$1.51\pm0.02^{\mathrm{b}}$	$1.48\pm0.02^{\rm b}$	$1.45\pm0.08^{\rm b}$	$1.26\pm0.07^{ab}$	$0.89\pm0.19^{a}$	0.004		
GDH (U/L)	$6.44 \pm 0.18$	$6.42 \pm 0.23$	$5.46 \pm 0.35$	$5.75 \pm 0.18$	6.15 ± 0.39	0.126		
AMPD (U/L)	$73.78 \pm 3.84^{a}$	$81.89 \pm 2.05^{a}$	$83.27 \pm 6.02^{a}$	85.27 ± 4.73ª	$104.83 \pm 1.87^{\rm b}$	0.003		
AST (U/L)	$61.24 \pm 3.32^{a}$	$56.10 \pm 6.23^{a}$	$60.91 \pm 3.93^{a}$	58.58 ± 4.73ª	$89.56 \pm 2.01^{b}$	0.001		
ALT (U/L)	$3.22\pm0.18$	$4.03\pm0.09$	$3.70\pm0.54$	$3.55 \pm 0.32$	$3.82\pm0.11$	0.426		
Hepatic								
AMPD (U/g protein)	$11.03\pm0.35^{ab}$	$12.44\pm1.12^{\rm b}$	$11.55\pm0.94^{ab}$	$9.21\pm0.98^{a}$	$8.80\pm0.75^{\rm a}$	0.043		
mTOR (pg/g protein)	$0.12 \pm 0.01$	$0.13 \pm 0.01$	$0.13 \pm 0.01$	$0.11 \pm 0.01$	$0.12\pm0.01$	0.503		
GDH (U/g protein)	$0.91\pm0.05^{ab}$	$0.96\pm0.03^{ab}$	$1.02\pm0.07^{\rm b}$	$0.82\pm0.04^{\rm a}$	$0.82\pm0.04^{\rm a}$	0.048		
AST (U/g protein)	9.69 ± 0.95	11.14 ± 1.96	10.69 ± 1.53	$10.99 \pm 1.73$	$10.04 \pm 0.61$	0.940		
ALT (U/g protein)	$5.25\pm0.17^{\rm a}$	$5.25\pm0.66^{\rm a}$	$5.64\pm0.47^{\rm a}$	$5.30 \pm 1.06^{a}$	$7.96\pm0.34^{\rm b}$	0.046		

TABLE 5 The protein metabolism-related parameters in the plasma and hepatic of rainbow trout fed diets with different arabinoxylan content.

<sup>a,b</sup>Values are presented as means  $\pm$  SE (n = 3). Means in the same row with different superscripts are significantly different (p < 0.05).

dependent on insulin/IGF-1, TOR, and degradation on the ubiquitinproteasome pathways, respectively (46). Additionally, when hepatocytes are severely necrotic or cell membrane permeability is increased, the content of AST/ALT distributed within hepatocytes rises, leading to elevated serum AST/ALT (47). Hence, the activities of IGF-1, mTOR, MAPD, GDH, AST, and ALT are considered critical markers for protein utilization and/or ammonia excretion (42). In this study, dietary excessive AX supplementation significantly reduced the levels of the protein synthesis indices mTOR and IGF-1 in rainbow trout plasma, while the content of the protein degradation index AMPD was significantly increased. This indicates that dietary excessive AX promotes protein decomposition and inhibits synthesis in rainbow trout, which would negatively impact growth performance. Furthermore, the AX10 group significantly increased plasma AST activity, suggesting that excessive AX caused liver function impairment in rainbow trout. Similarly, the inclusion of other soluble NSP in diets can also lead to liver function damage (32). For instance, dietary addition of 6% carboxymethyl cellulose severely damaged the liver in largemouth bass (43), and dietary addition of 15% pectin also severely damaged the liver in yellow catfish (48).

The intestinal is an important organ that has a huge surface area and allows for important interactions with microorganisms living within the intestine, known as the gut microbiome (19, 49). Additionally, the fish intestinal microbiome plays a crucial role in maintaining intestinal health, promoting intestinal development, resisting pathogen invasion, and facilitating nutrient digestion and absorption as well as lipid metabolism (40, 50, 51). Moreover, the formation and establishment of fish intestinal flora is complex, influenced by bacteria in dietary components and water environment (52, 53). Recently, the relationship between dietary NSP and the intestinal microbiome has garnered significant attention (54). In the present study, dietary supplementation with AX dramatically altered the Chao 1 and Shannon indices. More specifically, these indexes decreased with the increase of dietary AX content, and these were lowest in fish fed AX10 diet. In all the studies reviewed here, the Chao 1 and Shannon indices are used to reflect the richness and diversity of microbial communities (55). Healthy gut function requires microbial diversity, and a loss of diversity is associated with an increased risk of disease (49). Thus, these results suggest that excessive dietary AX tended to decrease the  $\alpha$ -diversity of the intestinal flora in rainbow trout, also indicating that excessive dietary AX is unfavourable for intestinal flora homeostasis.

Dietary supplementation with AX significantly altered the intestinal microbial species abundance in rainbow trout. The dominant phylum groups of the intestinal flora were Proteobacteria, Firmicutes, Tenericutes, and Bacteroidetes, which was consistent with the findings of other studies on rainbow trout (56). This suggests that these phyla may constitute the core flora of rainbow trout. Although the addition of AX did not change the dominant phylum species in rainbow trout, it significantly altered the abundance of these dominant phyla. The ratio of Firmicutes/Bacteroidetes is widely considered to have an important effect on the maintenance of normal intestinal homeostasis, these varieties marked an ecological imbalance, which rised usually associated with obesity and reduced associated with inflammatory bowel disease (57). In the present study, the ratio of Firmicutes/Bacteroidetes was increased in the AX10 group. This indicates that dietary excessive AX may cause changes in the physiological function of the intestinal flora. Previous research has shown that Proteobacteria is a phylum sensitive to dietary intake and includes many pathogens (58), such as Escherichia coli and Vibrio cholerae, which have been recognized as potential markers of biological disorders and disease risk (59). Meanwhile, Actinomycete is a group of Gram-positive bacteria that produce bioactive secondary metabolites, which reduce the pathogenicity of pathogens (60). In addition, some studies have shown that Actinomycetes can reflect intestinal health to a certain extent, with higher abundance of Actinomycetes with better intestinal health (61). Furthermore, Cyanobacteria in the ocean are known for their nitrogen-fixing ability and production of antibacterial and antiviral natural products (62). In the present study, dietary excessive AX (10%) significantly increased the abundance of Proteobacteria, while the abundance of



Samples. (D) Relative abundance of the bacterial phylum. (E) Ratio of Firmicutes to Bacteroidetes. Relative abundance of Proteobacteria (F), Actinobacteria (G), Cyanobacteria (H). (I) Relative abundance of bacteria in the top 10 genera. Relative abundance of *Stenotrophormonas* (J), *Aurantimicrobium* (K), *Bacteroides* (L). Values are means with their standard errors represented by vertical bars (n = 6). <sup>ab</sup>Bars with different superscripts are significantly different (p < 0.05).

Actinobacteria and Cyanobacteria were decreased in the AX10 group. These findings indicate that dietary excessive AX could lead to an disorders in the structure of the rainbow trout intestinal flora.

Further research revealed that *Stenotrophomonas, Megamonas,* and *Mycoplasma* were the dominant genera in the intestine of rainbow trout across all groups in this study. *Stenotrophomonas* is a Gramnegative bacterium, with *Stenotrophomonas maltophilia* being an opportunistic pathogen that poses a high risk of morbidity and mortality in humans with compromised immune systems (63). In recent years, there have been reports both domestically and internationally of this bacterium causing illness or death in various mammals (64), and it has been identified in African catfish (65), channel catfish (66), and the West African dwarf crocodile (67). In this

study, dietary supplementation with excessive AX (10%) significantly increased the abundance of *Stenotrophomonas*, which may help to explain the observed significant increase in the abundance of Proteobacteria in the AX10 group. Furthermore, dietary supplementation with excessive AX at 5 and 10% levels significantly decreased the abundance of *Bacteroides*. *Bacteroides* are capable of not only degrading feed proteins but also participating in carbohydrate metabolism and producing short-chain fatty acids (68), which not only provide energy for the host but also play a crucial role in mitigating the adverse effects of intestinal pathogens on host metabolism (69). The reduction in the abundance of *Bacteroides* may be one of the factors contributing to AX-induced enteritis in rainbow trout; however, this hypothesis requires further investigation (26).



and the clustering heatmap can more intuitively show the changes in intestinal flora function (B).

Collectively, these findings suggest that excessive AX (10%) may lead to an increase in the abundance of pathogenic microorganisms and a decrease in the abundance of beneficial bacteria, which is detrimental to the nutritional metabolism of rainbow trout.

## **5** Conclusion

The present results suggest that dietary low-dose arabinoxylan (<5%) had no significant negative effects on the intestinal chemical barrier and microbial community structure of rainbow trout. However, excessive dietary arabinoxylan (10%) exerted adverse effects on the intestinal chemical barrier by reducing intestinal digestive enzyme activities and *MUC2* gene expression, as well as simultaneous alterations in the abundance of Proteobacteria, Actinomycete, Cyanobacteria, and *Stenotrophomonas, Bacteroides*, which are associated with intestinal diseases. Furthermore, dietary 10% arabinoxylan also reduced the antioxidant function and protein metabolism of rainbow trout. Therefore, this study not only supplements and perfects the antinutritional mechanism of AX but also allows for the adjustment of the rainbow trout feed formula based on the results of this study, achieving efficient utilization of plantbased feed ingredients.

## Data availability statement

The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding authors.

## **Ethics statement**

The animal study was approved by the Animal Research and Ethics Committee of Henan Normal University (Xinxiang, China). The study was conducted in accordance with the local legislation and institutional requirements.

## References

1. Hussain SM, Bano AA, Ali S, Rizwan M, Adrees M, Zahoor AF, et al. Substitution of fishmeal: highlights of potential plant protein sources for aquaculture sustainability. *Heliyon*. (2024) 10:e26573. doi: 10.1016/j.heliyon.2024.e26573

2. Zhang Y, Chen P, Liang XF, Han J, Wu XF, Yang YH, et al. Metabolic disorder induces fatty liver in Japanese seabass, *Lateolabrax japonicas* fed a full plant protein diet and regulated by cAMP-JNK/NF-kB-caspase signal pathway. *Fish Shellfish Immunol.* (2019) 90:223–34. doi: 10.1016/j.fsi.2019.04.060

3. Zheng JC, Zhang WC, Dan ZJ, Zhuang YW, Liu YT, Mai KS, et al. Replacement of dietary fish meal with *Clostridium autoethanogenum* meal on growth performance, intestinal amino acids transporters, protein metabolism and hepatic lipid metabolism of juvenile turbot (*Scophthalmus maximus* L.). *Front Physiol.* (2022) 13:981750. doi: 10.3389/fphys.2022.981750

4. Hua K, Cobcroft JM, Cole A, Condon K, Jerry DR, Mangott A. The future of aquatic protein: implications for protein sources in aquaculture diets. *One Earth.* (2019) 1:316–29. doi: 10.1016/j.oneear.2019.10.018

5. Tazikeh T, Abedian KA, Esmaeili M. Effects of fish meal replacement by meat and bone meal supplemented with garlic (*Allium sativum*) powder on biological indices, feeding, muscle composition, fatty acid and amino acid profiles of whiteleg shrimp (*Litopenaeus vannamei*). *Aquac Res.* (2020) 51:674–86. doi: 10.1111/are.14416

6. He G, Zhang T, Zhou X, Liu X, Sun H, Chen Y, et al. Effects of cottonseed protein concentrate on growth performance, hepatic function and intestinal health in juvenile

## Author contributions

XZ: Conceptualization, Methodology, Project administration, Supervision, Validation, Visualization, Writing – original draft. HW: Data curation, Formal analysis, Investigation, Methodology, Resources, Writing – original draft. BL: Data curation, Formal analysis, Investigation, Methodology, Resources, Writing – original draft. XM: Conceptualization, Supervision, Writing – review & editing. JD: Conceptualization, Supervision, Writing – review & editing.

## Funding

The author(s) declare that financial support was received for the research, authorship, and/or publication of this article. This study received funding from National Natural Science Foundation of China (32273152 and 31760761); Key Scientific Research Projects of Henan Province (23A240004); and Henan Provincial Scientific and Technology Research Project (232102110121).

## **Conflict of interest**

HW is employed by Tongwei Agricultural Development Co., Ltd. The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

## Publisher's note

All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

largemouth bass, Micropterus salmoides. Aquac Rep. (2022) 23:101052. doi: 10.1016/j. aqrep.2022.101052

7. Luo S, He L, Zhang H, Li Z, Liu C, Chen T. Arabinoxylan from rice bran protects mice against high-fat diet-induced obesity and metabolic inflammation by modulating gut microbiota and short-chain fatty acids. *Food Funct.* (2022) 13:7707–19. doi: 10.1039/ d2fo00569g

8. Tiwari UP, Fleming SA, Rasheed MSA, Jha R, Dilger RN. The role of oligosaccharides and polysaccharides of xylan and mannan in gut health of monogastric animals. *J Nutr Sci.* (2020) 9:e21. doi: 10.1017/jns.2020.14

9. Dalsgaard J, Bach Knudsen KE, Verlhac V, Ekmann KS, Pedersen PB. Supplementing enzymes to extruded, soybean-based diet improves breakdown of nonstarch polysaccharides in rainbow trout (*Oncorhynchus mykiss*). Aquac Nutr. (2016) 22:419–26. doi: 10.1111/anu.12258

10. Haidar MN, Petie M, Heinsbroek LTN, Verreth JAJ, Schrama JW. The effect of type of carbohydrate (starch vs. nonstarch polysaccharides) on nutrients digestibility, energy retention and maintenance requirements in Nile tilapia. *Aquaculture*. (2016) 463:241–7. doi: 10.1016/j.aquaculture.2016.05.036

11. Stephan JG, Khalid S, Lourens W, Neill JG. Effects of dietary supplementation of endo-(1,4)-β-xylanase in plant-based diets on growth performance, hindgut microbial diversity, and blood chemistry in large on-growing African catfish (*Clarias gariepinus*). *J Appl Aquac.* (2023) 35:561–84. doi: 10.1080/10454438.2021.2000920

12. Rahimnejad S, Lu K, Wang L, Song K, Mai K, Davis DA, et al. Replacement of fish meal with *Bacillus pumillus* SE5 and *Pseudozyma aphidis* ZR1 fermented soybean meal in diets for Japanese seabass (*Lateolabrax japonicus*). *Fish Shellfish Immunol.* (2019) 84:987–97. doi: 10.1016/j.fsi.2018.11.009

13. Yu Z, Xu S, Zhao J, Zhao L, Zhang A, Li M. Toxic effects of hexavalent chromium (Cr<sup>6+</sup>) on bioaccumulation, apoptosis, oxidative damage and inflammatory response in *Channa asiatica. Environ Toxicol Phar.* (2021) 87:103725. doi: 10.1016/j.etap.2021.103725

14. Li G, Yuan H, Fu Z, Luo X, Xue Z, Zhang S. Investigating the impact of varied dietary protein levels on *Litopenaeus vannamei*: an exploration of the intestinal microbiota and transcriptome responses. *Animals*. (2024) 14:372. doi: 10.3390/ani14030372

15. Yu Z, Wu XQ, Zheng LJ, Dai ZY, Wu LF. Effect of acute exposure to ammonia and BFT alterations on *Rhynchocypris lagowski:* digestive enzyme, inflammation response, oxidative stress and immunological parameters. *Environ Toxicol Phar.* (2020) 78:103380. doi: 10.1016/j.etap.2020.103380

16. Villarejo CP, García AM, Qian S, Jiménez GS, Domínguez PV, Vélez PJF, et al. Under the hood: understanding the features of mucin in pseudomyxoma peritonei. *J Clin Med.* (2023) 12:4007. doi: 10.3390/jcm12124007

17. Bergstrom KS, Kissoon SV, Gibson DL, Ma C, Montero M, Sham HP, et al. Muc 2 protects against lethal infectious colitis by disassociating pathogenic and commensal bacteria from the colonic mucosa. *PLoS Pathog.* (2010) 6:e1000902. doi: 10.1371/journal. ppat.1000902

18. Cornick S, Tawiah A, Chadee K. Roles and regulation of the mucus barrier in the gut. *Tissue Barriers*. (2015) 3:e982426. doi: 10.4161/21688370.2014.982426

19. Dasriya VL, Samtiya M, Ranveer S, Dhillon HS, Devi N, Sharma V, et al. Modulation of gut-microbiota through probiotics and dietary interventions to improve host health. *J Sci Food Agric*. (2024) 104:6359–75. doi: 10.1002/jsfa.13370

20. Akhter N, Wu B, Memon AM, Mohsin M. Probiotics and prebiotics associated with aquaculture: a review. *Fish Shellfish Immunol.* (2015) 45:733–41. doi: 10.1016/j. fsi.2015.05.038

21. Nie Q, Hu J, Chen H, Geng F, Nie S. Arabinoxylan ameliorates type 2 diabetes by regulating the gut microbiota and metabolites. *Food Chem.* (2022) 371:131106. doi: 10.1016/j.foodchem.2021.131106

22. Nguyen NK, Deehan EC, Zhang Z, Jin M, Baskota N, Perez-Muñoz ME, et al. Gut microbiota modulation with long-chain corn bran arabinoxylan in adults with overweight and obesity is linked to an individualized temporal increase in fecal propionate. *Microbiome*. (2020) 8:118. doi: 10.1186/s40168-020-00887-w

23. Ma R, Liu XH, Meng YQ, Wu JH, Zhang L, Han BY, et al. Protein nutrition on sub-adult triploid rainbow trout (1): dietary requirement and effect on anti-oxidative capacity, protein digestion and absorption. *Aquaculture.* (2019) 507:428–34. doi: 10.1016/j.aquaculture.2019.03.069

24. Storebakken T. Binders in fish feeds: I. Effect of alginate and guar gum on growth, digestibility, feed intake and passage through the gastrointestinal tract of rainbow trout. *Aquaculture*. (1985) 47:11–26. doi: 10.1016/0044-8486(85)90004-3

25. Piel C, Montagne L, Sève B, Lallès JP. Increasing digesta viscosity using carboxymethylcellulose in weaned piglets stimulates ileal goblet cell numbers and maturation. J Nutr. (2005) 135:86–91. doi: 10.1093/jn/135.1.86

26. Deng JM, Zhang XD, Lin BB, Mi HF, Zhang L. Excessive dietary soluble arabinoxylan impairs the intestinal physical and immunological barriers via activating MAPK/NF-kB signaling pathway in rainbow trout (*Oncorhynchus mykiss*). Fish Shellfish Immunol. (2023) 141:109041. doi: 10.1016/j.fsi.2023.109041

27. Bradford MM. A rapid and sensitive method for the quantification of microgram quantities of proteins utilizing the principle of protein-dye binding. *Anal Biochem.* (1976) 72:248–54. doi: 10.1016/0003-2697(76)90527-3

28. Livak KJ, Schmittgen TD. Analysis of relative gene expression data using real-time quantitative PCR and the  $2^{-\Delta\Delta C_T}$  method. *Methods*. (2001) 25:402–8. doi: 10.1006/meth.2001.1262

29. Aßhauer KP, Wemheuer B, Daniel R, Meinicke P. Tax4Fun: predicting functional profiles from metagenomic 16S rRNA data. *Bioinformatics*. (2015) 31:2882–4. doi: 10.1093/bioinformatics/btv287

30. Zhao J, Yang L, Jiang J, Wu P, Chen GF, Jiang WD, et al. Effects of dietary isoleucine on growth, the digestion and absorption capacity and gene expression in hepatopancreas and intestine of juvenile Jian carp (*Cyprinus carpio* var. Jian). *Aquaculture*. (2012) 368–369:117–28. doi: 10.1016/j.aquaculture.2012.09.019

31. Mcleese JM, Stevens ED. The effect of acclimation temperature, assay temperature, and ration on the specific activity of trypsin and chymotrypsin from rainbow trout (*Salmo gairdneri*). *Comp Biochem. Physiol B.* (1982) 73:631–4. doi: 10.1016/0305-0491(82)90087-6

32. Deng J, Zhang X, Sun Y, Mi H, Zhang L. Effects of different types of non-starch polysaccharides on growth, digestive enzyme activity, intestinal barrier function and antioxidant activity of rainbow trout (*Oncorhynchus mykiss*). Aquac Rep. (2021) 21:100864. doi: 10.1016/j.aqrep.2021.100864

33. Hu HB, Mai KTN, Zhang YJ, Ai QH, Xu W, Zhang W, et al. Effects of dietary xylan on growth performance, digestive enzyme activity and intestinal morphology of juvenile turbot (*Scophthalmus maximus* L.). *Isr J Aquac - Bamidgeh.* (2015) 67:1115. doi: 10.46989/001c.20730

34. Sinha AK, Kumar V, Makkar HPS, Boeck GD, Becker K. Non-starch polysaccharides and their role in fish nutrition—a review. *Food Chem.* (2011) 127:1409–26. doi: 10.1016/j.foodchem.2011.02.042

35. Asim M, Wang H, Waris A, Qianqian G, Chen X. Cholecystokinin neurotransmission in the central nervous system: insights into its role in health and disease. *Biofactors*. (2024) 22:1–16. doi: 10.1002/biof.2081

36. Camilleri M. Gastrointestinal hormones and regulation of gastric emptying. *Curr Opin Endocrinol Diabetes Obes.* (2019) 26:3–10. doi: 10.1097/MED.00000000000448

37. Pathak V, Flatt PR, Irwin N. Cholecystokinin (CCK) and related adjunct peptide therapies for the treatment of obesity and type 2 diabetes. *Peptides*. (2018) 100:229–35. doi: 10.1016/j.peptides.2017.09.007

38. Hajishafiee M, Ullrich SS, Steinert RE, Poppitt SD, Luscombe-Marsh ND, Horowitz M, et al. Effects of intragastric tryptophan on acute changes in the plasma tryptophan/ large neutral amino acids ratio and relationship with subsequent energy intake in lean and obese men. *Food Funct.* (2020) 11:7095–103. doi: 10.1039/d0fo00773k

39. Garrett WS, Gordon JI, Glimcher LH. Homeostasis and inflammation in the intestine. *Cell.* (2010) 140:859–70. doi: 10.1016/j.cell.2010.01.023

40. Yang P, Hu HB, Li YX, Ai QH, Mai KS. Effect of dietary xylan on immune response, tight junction protein expression and bacterial community in the intestine of juvenile turbot (*Scophthalmus maximus* L.). *Aquaculture*. (2019) 512:734361. doi: 10.1016/j.aquaculture.2019.734361

41. Cheng CH, Guo ZX, Ye CX, Wang AL. Effect of dietary astaxanthin on the growth performance, non-specific immunity, and antioxidant capacity of pufferfish (*Takifugu obscurus*) under high temperature stress. *Fish Physiol Biochem.* (2018) 44:209–18. doi: 10.1007/s10695-017-0425-5

42. Zhang XD, Zhang JW, Wang HZ, Lin BB, Chen LS, Li GB, et al. Evaluation of soybean meal as alternative to fish meal in diet for juvenile Asian red tailed catfish (*Hemibagrus wyckioides*). Aquac Nutr. (2019) 25:1036–49. doi: 10.1111/anu.12921

43. Shi C, Jiang Y, Zhong Y, Chen Y, Luo L, Lin S. Effects of dietary fiber sources on growth, plasma biochemical indexes, intestinal antioxidant capacity and histology of largemouth bass (*Micropterus salmoides*). *J Fish China*. (2019) 43:2485–93. doi: 10.11964/jfc.20190511814

44. Jiang W, Zhang Y, Yuan M, Liu Y, Deng J, Tan B. Effects of different types of nonstarch polysaccharides on growth, digestive enzyme activity, intestinal barrier function and antioxidant activity of tilapia (*Oreochromis niloticus*). *Aquac Rep.* (2022) 25:101198. doi: 10.1016/j.aqrep.2022.101198

45. Kumar S, Zs JS, Nagy Z, Fazekas G, Havasi M, Sinha AK, et al. Potential of processed animal protein versus soybean meal to replace fish meal in practical diets for European catfish (*Silurus glanis*): growth response and liver gene expression. *Aquac Nutr.* (2017) 23:1179–89. doi: 10.1111/anu.12487

46. Syntichaki P, Tavernarakis N. Signaling pathways regulating protein synthesis during ageing. *Exp Gerontol.* (2006) 41:1020–5. doi: 10.1016/j.exger.2006.05.014

47. Talaveron JL, Badía TMB, Lozano AT, Rigo BR, Leiva BE. Phytosterolemia and gamma glutamyltransferase in adults with parenteral nutrition: fish versus vegetal lipids, randomized clinical trial. *Nutrition*. (2019) 70:1–19. doi: 10.1016/j.nut.2019.110587

48. Cai C, Ren S, Cui G, Ni Q, Cao X. Short-term stress due to dietary pectin induces cholestasis, and chronic stress induces hepatic steatosis and fibrosis in yellow catfish, *Pelteobagrus fulvidraco. Aquaculture.* (2019) 516:734607. doi: 10.1016/j. aquaculture.2019.734607

49. Schupfer E, Ooi SL, Jeffries TC, Wang S, Micalos PS, Pak SC. Changes in the human gut microbiome during dietary supplementation with modified rice bran arabinoxylan compound. *Molecules*. (2023) 28:5400. doi: 10.3390/molecules28145400

50. Huang H, Zhou P, Chen P, Xia L, Hu S, Yi G, et al. Alteration of the gut microbiome and immune factors of grass carp infected with *Aeromonas veronii* and screening of an antagonistic bacterial strain (*Streptomyces flavotricini*). *Microb Pathog.* (2020) 143:104092. doi: 10.1016/j.micpath.2020.104092

51. Liu Y, Cao Y, Zhang Y, Fan J, Zhou H, Huang H, et al. Intestinal flora and immunity response to different viscous diets in juvenile largemouth bass, *Micropterus salmoides*. *Fish Shellfish Immunol.* (2022) 127:1012–23. doi: 10.1016/j.fsi.2022.06.054

52. Cryan JF, Dinan TG. Mind-altering microorganisms: the impact of the gut microbiota on brain and behaviour. *Nat Rev Neurosci.* (2012) 13:701-12. doi: 10.1038/nrn3346

53. Meng XL, Cai HM, Li H, You F, Jiang AX, Hu WP, et al. *Clostridium butyricum*fermented Chinese herbal medicine enhances the immunity by modulating the intestinal microflora of largemouth bass (*Micropterus salmoides*). *Aquaculture*. (2023) 562:738768. doi: 10.1016/j.aquaculture.2022.738768

54. Liu Y, Huang HJ, Fan JT, Zhou H, Zhang YM, Cao YX, et al. Effects of dietary non-starch polysaccharides level on the growth, intestinal flora and intestinal health of juvenile largemouth bass *Micropterus salmoides*. *Aquaculture*. (2022) 557:738343. doi: 10.1016/j.aquaculture.2022.738343

55. Forbes JD, Van Domselaar G, Bernstein CN. Microbiome survey of the inflamed and noninflamed gut at different compartments within the gastrointestinal tract of inflammatory bowel disease patients. *Inflamm Bowel Dis.* (2016) 22:817–25. doi: 10.1097/MIB.00000000000684

56. Hodkovicova N, Hollerova A, Blahova J, Mikula P, Crhanova M, Karasova D, et al. Non-steroidal anti-inflammatory drugs caused an outbreak of inflammation and

oxidative stress with changes in the gut microbiota in rainbow trout (*Oncorhynchus mykiss*). Sci Total Environ. (2022) 849:157921. doi: 10.1016/j.scitotenv.2022.157921

57. Stojanov S, Berlec A, Trukelj B. The influence of probiotics on the Firmicutes/ Bacteroidetes ratio in the treatment of obesity and inflammatory bowel disease. *Microorganisms*. (2020) 8:1715–30. doi: 10.3390/microorganisms8111715

58. Xu Y, Li Y, Xue M, Yang T, Luo X, Fan Y, et al. Effects of dietary *Saccharomyces cerevisiae* YFI-SC2 on the growth performance, intestinal morphology, immune parameters, intestinal microbiota, and disease resistance of crayfish (*Procambarus clarkia*). *Animals.* (2021) 11:1963. doi: 10.3390/ani11071963

59. Xie M, Zhang S, Xu L, Wu Z, Yuan J, Chen X. Comparison of the intestinal microbiota during the different growth stages of red swamp crayfish (*Procambarus clarkii*). Front Microbiol. (2021) 12:696281. doi: 10.3389/fmicb.2021.696281

60. Barka EA, Vatsa P, Sanchez L, Gaveau-Vaillant N, Jacquard C, Meier-Kolthoff JP, et al. Taxonomy, physiology, and natural products of *Actinobacteria*. *Microbiol Mol Biol Rev*. (2015) 80:1–43. doi: 10.1128/MMBR.00019-15

61. Maier TV, Lucio M, Lee LH, NC VB, Brislawn CJ, Bernhardt J, et al. Impact of dietary resistant starch on the human gut microbiome, metaproteome, and metabolome. *mBio.* (2017) 8:e01343. doi: 10.1128/mBio.01343-17

62. Niedermeyer TH. Anti-infective natural products from Cyanobacteria. *Planta Med.* (2015) 81:1309–25. doi: 10.1055/s-0035-1546055

63. Brooke JS. Advances in the microbiology of *Stenotrophomonas maltophilia*. *Clin Microbiol Rev.* (2021) 34:e0003019. doi: 10.1128/CMR.00030-19

64. Domosławska A, Zduczyk S, Jurczak A, Janowski T. *Stenotrophomonas maltophilia* isolated from prostatic fluid as an infertility factor in a male dog. *Andrologia*. (2017) 49:e12769. doi: 10.1111/and.12769

65. Abraham TJ, Paul P, Adikesavalu H, Patra A, Banerjee S. *Stenotrophomonas maltophilia* as an opportunistic pathogen in cultured African catfish *Clarias gariepinus* (Burchell, 1822). *Aquaculture*. (2016) 450:168–72. doi: 10.1016/j. aquaculture.2015.07.015

66. Geng Y, Wang K, Chen D, Huang X, He M, Yin Z. Stenotrophomonas maltophilia, an emerging opportunist pathogen for cultured channel catfish, *Ictalurus punctatus*, in China. Aquaculture. (2010) 308:132–5. doi: 10.1016/j. aquaculture.2010.08.032

67. Harris NB, Rogers DG. Septicemia associated with *Stenotrophomonas maltophilia* in a West African dwarf crocodile (*Osteolaemus tetraspis* subsp. *tetraspis*). *J Vet Diagn Invest.* (2001) 13:255–8. doi: 10.1177/104063870101300313

68. Power SE, O'Toole PW, Stanton C, Ross RP, Fitzgerald GF. Intestinal microbiota, diet and health. *Br J Nutr*. (2014) 111:387–402. doi: 10.1017/S0007114513002560

69. Cui Y, Zhang L, Wang X, Yi Y, Shan Y, Liu B, et al. Roles of intestinal *Parabacteroides* in human health and diseases. *FEMS Microbiol Lett.* (2022) 369:72. doi: 10.1093/ femsle/fnac072

70. Finnie SM, Bettge AD, Morris CF. Influence of cultivar and environment on watersoluble and water-insoluble arabinoxylans in soft wheat. *Cereal Chem.* (2006) 83:617–23. doi: 10.1094/CC-83-0617