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EDITED BY

Reza Rastmanesh,
American Physical Society, United States

REVIEWED BY

Jing Si,
Beijing Forestry University, China
Antero Ramos-Fernández,
Instituto de Ecología (INECOL), Mexico

*CORRESPONDENCE

Di Liu
✉ liudi@ybu.edu.cn

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Metabolomics profiles of the liquid co-culture of *Sanghuangporus vaninii* and *Pleurotus sapidus*

Yuantian Lu¹ and Di Liu^{1,2*}

¹Agricultural College, Yanbian University, Yanji, China, ²Institute of Edible and Medicinal Fungi, Agricultural College, Yanbian University, Yanji, China

Introduction: Fungal secondary metabolites (SMs) have broad application prospects in the food and medicine industries. Co-culturing strategies that simulate natural symbiotic relationships among microorganisms are used to discover and enhance the production of new SMs. We aimed to use the abundant resources of large edible and medicinal fungi to enhance the yield of desired metabolites through co-culture and potentially produce metabolites that cannot be generated in pure cultures.

Methods: We assessed the biomass and intracellular polysaccharide (IPS) content of liquid co-cultures of *Sanghuangporus vaninii* and *Pleurotus sapidus*. Subsequently, the effect of the liquid co-culture on fungal intracellular metabolites was studied using UPLC-QTOF.

Results: Co-culturing of *S. vaninii* with *P. sapidus* resulted in significantly increased biomass and IPS content; however, *P. sapidus* had a significant inhibitory effect on the growth of *S. vaninii*. Metabolomic data further indicated that amino acid, nucleotide, and glycerophospholipid metabolisms were the primary metabolic pathways affected by symbiosis.

Discussion: This study provides insights into fungal interactions and cellular metabolic mechanisms, contributing to the understanding and enhancement of the fungal fermentation potential.

KEYWORDS

Sanghuangporus vaninii, *Pleurotus sapidus*, polysaccharide, co-culture, metabolomics profiles

1 Introduction

Secondary metabolites (SMs) are a class of low-molecular-weight compounds produced by microorganisms with various biological activities (Wang Y. et al., 2023). In a continuous interaction state, microorganisms activate complex regulatory mechanisms, specifically for SM production, to induce the biosynthesis of highly symbiotic natural products or novel metabolic compounds (Liu et al., 2022). Rather than passively existing in natural or unnatural growth environments, microorganisms establish physiological and metabolic interactions and adapt to changes in their living environments by regulating their metabolism, particularly through SM production (Singh and Lee, 2018). However, the underlying mechanisms regulating microbial interactions, community composition, dynamics, and functions remain elusive (Bertrand et al., 2013a,b). Fungal SMs have broad application prospects in the food and medicine industries (Guo et al., 2024). Therefore, many studies have been conducted on the

co-cultures of microorganisms to increase SM yield (Li et al., 2023; Tan et al., 2024; Xu et al., 2024).

In 1925, Sack first proposed the concept of microbial co-culture (Sun, 2022). Microbial co-culture usually involves the culturing of two or more strains (including fungus–fungus, fungus–bacteria, and bacteria–bacteria) in one culture vessel (Mantravadi et al., 2019) and is considered an excellent strategy to enhance SM yield and variety (Caudal et al., 2022). As microorganisms continually interact, they compete for survival space and nutrients, which activates the expression of gene clusters encoding SMs, affecting the metabolic activities of the strains (Costa et al., 2019). Because microbial co-cultures involve interactions between different species or strains of the same species, effective detection methods for metabolites in co-cultures are particularly essential (Adnani et al., 2015).

Metabolomic analysis has been shown to effectively reveal the metabolic accumulation mechanisms of co-cultured microorganisms (Li et al., 2024) and enable the simultaneous measurement of changes in various cellular small-molecule metabolites to determine all metabolic changes in a biological system before and after stimulation, elucidating the metabolic network (Wang J. et al., 2024). Metabolomics represents a significant tool for studying fungus-induced changes in metabolites during fermentation and has broad applications in fields such as food science, agriculture, and microbiology, with metabolite levels revealing the functional state of the cell (Liu et al., 2022). For example, co-culturing *Eurotium amstelodami* GZ23 and *Bacillus licheniformis* GZ241 significantly enhanced the inhibitory effect on *Staphylococcus aureus* ATCC25923. Non-targeted metabolomics analysis revealed that, intracellularly, the differential metabolites primarily involved the metabolism of amino acids, nucleic acids, and glycerophospholipids (Wang Y. et al., 2023). When *Aspergillus oryzae* AS3.951 and *Zygosaccharomyces rouxii* HH18 were co-cultured, *A. oryzae* significantly inhibited the growth of *Z. rouxii*. Analysis of intracellular and extracellular metabolites using UPLC-QTOF-MS technology showed that the main pathways affected by co-culturing included histidine metabolism and Phenylalanine, tyrosine, and tryptophan biosynthesis (Liu et al., 2022).

Sanghuangporus spp., belonging to the genus *Sanghuangporus*, are large medicinal mushrooms with food and medicinal purposes (Gao et al., 2024). Their medicinal value was first recorded in the Chinese herbal classic “Shennong Bencao Jing,” and they are internationally recognized among the best medicinal large fungi with anti-cancer effects (Luan et al., 2022; Wu et al., 2022; Hu et al., 2024). Polysaccharides are among the primary active components of *Sanghuang* that contribute to its pharmacological effects (Wang et al., 2022) and possess anti-tumor (Boateng et al., 2024), anti-inflammatory (Hou et al., 2020), hepato-protective (Chiu et al., 2023), and immunomodulating properties (Wang F. et al., 2024). The current studies on *Sanghuang* polysaccharides primarily focus on fruiting bodies and pure liquid cultures, whereas studies on its co-cultures are rare.

In a preliminary study (Lu and Liu, 2024), we screened seven species of large edible and medicinal fungi and found that a co-culture of *Sanghuangporus vaninii* and *Pleurotus sapidus* yielded the optimum results. Based on preliminary research findings, it is

speculated that under co-culture conditions, *S. vaninii* and *P. sapidus* interact to alter the abundance of intracellular metabolites, affecting their functions. In this study, we compared and measured the biomass and intracellular polysaccharide (IPS) content of pure cultures and co-cultures of *S. vaninii* and *P. sapidus* through liquid cultures. Additionally, we conducted a differential analysis of the intracellular metabolites of pure cultures and co-cultures of *S. vaninii* and *P. sapidus* using non-targeted metabolomics to explore the impact of co-culture on intracellular metabolism. This study primarily aimed to (1) understand the interactions between co-cultures of *S. vaninii* and *P. sapidus*; (2) determine and analyze the biomass and IPS content of pure cultures and co-cultures of *S. vaninii* and *P. sapidus*; and (3) explore the changes in the abundance of intracellular metabolites after co-culturing *S. vaninii* and *P. sapidus*. We aimed to use the abundant resources of large edible and medicinal fungi to enhance the yield of desired metabolites through co-culture and potentially produce metabolites that cannot be generated in pure cultures. This study seeks to contribute theoretical reference materials for the diversification of *S. vaninii* or *P. sapidus* products and the sustainable development of the industry.

2 Materials and methods

2.1 Strains

Strains of *S. vaninii* ST (NMDC Accession: NMDCN0003GMT) and *P. sapidus* BLZ (NMDC Accession: NMDCN0002T9L) were obtained from the Institute of Edible and Medicinal Fungi, Agricultural College, Yanbian University, Yanji, China.

2.2 Culture medium

PDA medium: potato 200 g/L, glucose 20 g/L, agar 20 g/L, and natural pH.

Seed medium: yeast extract 5 g/L, glucose 20 g/L, KH_2PO_4 1.5 g/L, $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$ 0.5 g/L, and natural pH.

Co-culture medium: yeast extract 6 g/L, glucose 30 g/L, KH_2PO_4 1.5 g/L, $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$ 2 g/L, and pH 9.

2.3 Strain activation

Using an inoculating loop, 0.5*0.5 cm mycelial block was transferred from the seed tube into a fresh PDA medium plate and incubated invertedly in the dark at 28°C. The mycelium grew until it covered approximately 90% of the plate, indicating completion of strain activation.

2.4 Liquid co-culture of *Sanghuangporus vaninii* and *Pleurotus sapidus*

Cultivate according to the methods in the preliminary research findings (Lu and Liu, 2024).

Five blocks of *S. vaninii* and one block of *P. sapidus*, each 9 mm in diameter, were inoculated separately into 250-mL shake flasks

Abbreviations: SMs, Secondary metabolites; IPS, Intracellular polysaccharide; PCA, Principal component analysis; OPLS-DA, Orthogonal partial least squares discriminant analysis; VIP, Variable importance in projection; TCA, Tricarboxylic acid.

containing 100 mL of seed medium. The *S. vaninii* and *P. sapidus* were cultured for 7 and 5 days, respectively. After culturing, the seed culture solution was homogenized using an adjustable high-speed homogenizer. At an inoculation volume of 20% (v/v), the seed culture solution was transferred into 250-mL shake flasks containing 80 mL of seed medium. The *S. vaninii* and *P. sapidus* were cultured for 2 and 0 days, respectively, to obtain the seed pre-culture solution.

Pure culture of *S. vaninii* and *P. sapidus*: With an inoculation volume of 10% (v/v), the seed pre-culture solutions of *S. vaninii* and *P. sapidus*, which were cultured for 0 days, were transferred into 250-mL shake flasks containing 95 mL of a co-culture medium, where *S. vaninii* and *P. sapidus* were cultured for 7 and 5 days, respectively.

Co-culture of *S. vaninii* and *P. sapidus*: With inoculation volumes of 6.9 and 3.1% (v/v), the seed pre-culture solutions of *S. vaninii* and *P. sapidus* were transferred into 250-mL shake flasks containing 95 mL of a co-culture medium and cultured for 5 days. All culture conditions were at 28°C and 150 × g.

2.5 Biomass determination and sample preparation

After culturing, all fermentation liquids were centrifuged at 5,000 × g at 4°C for 5 min. The supernatant was discarded, and the mycelia were collected, which were washed with distilled water and divided into two parts. One part was dried in a 60°C constant temperature oven until a constant weight was achieved, cooled, and weighed for biomass measurement. The dried mycelia were crushed and sieved through a 60-mesh standard sieve, and the samples were collected for IPS concentration determination. For the other part, based on the different mycelium colors and morphologies of different strains, the mycelia were isolated from the co-culture to obtain a pure mycelial strain, which was treated with liquid nitrogen and stored at −80°C for metabolomics analysis.

2.6 IPS content determination

We adopted the method of Wang (2021) with slight modifications.

(1) **IPS extraction:** The tested sample (0.3 g) was placed in a centrifuge tube, followed by the addition of distilled water at a material-to-liquid ratio of 1:30 (g/mL) and extraction at 90°C in a constant temperature water bath for 2 h. Subsequently, centrifugation was performed at 6,000 × g for 10 min, and the supernatant was collected. The extraction was repeated twice, and the supernatants were combined. The supernatant was concentrated to one-fifth of the original volume in a 60°C electric constant temperature drying oven. Four times the volume of anhydrous ethanol was added, and the mixture was allowed to stand for 12 h at 4°C. Next, centrifugation was performed at 8,000 × g for 30 min, and the precipitate was collected, dried at 60°C, and dissolved in distilled water. The volume was made up to obtain the IPS solution for testing.

(2) **Glucose standard curve preparation:** Glucose standard solution (0.1 mg/mL): Glucose standard (0.1 g) was placed in a 100-mL beaker and dissolved in distilled water (to obtain a volume of 1,000 mL) and stored at 4°C. Pipettes (0, 0.2, 0.4, 0.6, 0.8, and

1.0 mL) of the glucose standard solution were placed into test tubes, followed by the addition of distilled water (to obtain a volume of 1.0 mL) and thorough mixing. Subsequently, 1 mL of 5% phenol and 5 mL of concentrated sulfuric acid were added, mixed thoroughly, placed in a boiling water bath for 15 min, and quickly cooled under running water. After 10 min at room temperature, the absorbance was measured at 490 nm using distilled water as the blank. The glucose standard curve was plotted with glucose content (mg) on the *x*-axis and absorbance on the *y*-axis. The linear regression equation for the glucose standard is $Y = 10.185X - 0.0453$ ($R^2 = 0.9927$).

(3) **IPS content determination:** We measured according to step (2) and calculated the IPS content thus:

$$\text{IPS content (mg / g)} = \frac{m_1 \times V_1}{m \times V} \times N$$

where m_1 is the glucose content calculated from the standard curve (mg), V_1 is the volume (mL), N is the dilution factor, m is the sample mass (g), and V is the volume of the sample solution used for the measurement (mL).

2.7 Metabolomic analysis

2.7.1 Intracellular metabolite extraction

Frozen samples were mixed into a fine powder in liquid nitrogen. A 50 mg sample and 1,000 μL of extraction liquid (methanol: acetonitrile: deionized water = 2:2:1, v/v) and 20 mg/L internal standard (L-2-chlorophenylalanine) were vortexed for 30 s. The mixture was thoroughly ground using a grinder (45 Hz, with steel balls), followed by ultrasonic extraction for 10 min in an ice-water bath. Subsequently, the samples were left to stand at −20°C for 1 h and centrifuged for 15 min (13,000 × g, 4°C), and 500 μL of the supernatant was collected into a PE tube, where they extracted a vacuum concentrator. To the extract, 160 μL of extraction liquid (acetonitrile: deionized water = 1:1, v/v) was added, followed by vortexing for 30 s, ultrasonication for 10 min (in an ice-water bath), and centrifugation for 15 min (12,000 × g, 4°C). Next, 120 μL of the supernatant was taken into a 2 mL sample vial, with 10 μL from each sample mixed into a QC sample for analysis (Dunn et al., 2011).

2.7.2 Metabolomics detection

The samples were analyzed using Waters Acquity I-Class PLUS ultra-performance liquid chromatography on a Waters Xevo G2-XS QTOF high-resolution mass spectrometer. The chromatographic column was Waters Acquity UPLC HSS T3 (1.8 μm, 2.1 mm × 100 mm). The operational parameters were as follows: injection volume 1 μL; flow rate 400 μL/min; mobile phase, 0.1% (v/v) formic acid aqueous solution (A) and formic acid acetonitrile (B). The gradient program was as follows: 2% solvent B (0 min) increased to 98% (10 min) and maintained at 98% for 3 min, reduced to 2% at 13.00–13.10 min and maintained at 2% for 1.90 min; the total runtime was 15 min. Mass charge ratio (*m/z*) acquisition range 50–1,200, capillary voltage 2,500 V (positive ion mode) or −2,000 V (negative ion mode), cone voltage 30 V, ion source temperature 100°C, desolvation gas temperature 500°C, cone gas flow rate 50 L/h, desolvation gas flow rate 800 L/h, a low collision energy of 2 V, a high

collision energy range of 10–40 V, and the scanning frequency was 0.2 s/spectrum (Wang et al., 2016).

2.8 Data processing and statistical analysis

The determination of biomass and IPS content in pure and co-cultured liquid cultures of *S. vaninii* and *P. sapidus* was performed thrice, and metabolomic analyses were performed six times. Data were presented as mean \pm standard deviation. Microsoft Excel 2022 was used for the statistical analysis and plotting. Biomass and IPS contents were determined using a one-way ANOVA and Duncan's test ($p < 0.05$).

The raw data collected using MassLynx V4.2 were processed using Progenesis QI software for peak extraction, peak alignment, and other data processing operations, based on the Progenesis QI software online METLIN database and Biomark's self-built library for identification, as well as theoretical fragment identification and mass deviation, which were within 100 ppm (Wang et al., 2016). After normalizing the original peak area information to the total peak area, a follow-up analysis was performed. Principal component analysis (PCA) and Spearman's correlation analysis were used to assess the repeatability of the samples within the group and the quality control samples. The identified compounds were searched for classification and pathway information in the KEGG, HMDB, and lipid map databases. Based on the grouping information, we calculated and compared the difference multiples, and a *t*-test was used to calculate the significance *p*-value of each compound. The R language package *ropls* was used to perform orthogonal partial least squares discriminant analysis (OPLS-DA) modeling, and permutation tests were performed 200 times to verify the reliability of the model. The variable importance in the projection (VIP) value of the model was calculated using multiple cross-validations. The method of combining the difference multiple, *p* value, and VIP value of the OPLS-DA model was adopted to screen the differential metabolites. The screening criteria were (VIP) ≥ 1 and *p* value ($p < 0.05$). Differences in metabolites with significant KEGG pathway enrichment were calculated using the hypergeometric distribution test.

3 Results and discussion

3.1 Physical interactions in the co-culture of *Sanghuangporus vaninii* and *Pleurotus sapidus*

Extensive interactions between microbes of the same or different species regulate the activities (such as replication, transcription, translation, and metabolism) of this biological community at different levels (Wu and Liu, 2022). We conducted a liquid co-culture study to understand the interactions between *S. vaninii* and *P. sapidus* during liquid co-culturing. After the co-culturing, we assessed the mycelial growth rate by comparing the size of the mycelia of the strains with those of the pure cultures. The mycelium morphology (Figures 1A–C) showed that the growth rate of *P. sapidus* under co-culture conditions did not significantly decline compared with that under pure culture conditions, and the color of the mycelial pellets showed no significant changes. However, under co-culture conditions, *S. vaninii* was slowed

down, the color of the mycelial pellets became lighter, the pellets were smaller, and the mycelia were fewer and shorter, indicating that *P. sapidus* inhibited *S. vaninii* growth. Therefore, further studies were conducted on the biomass and IPS content in the co-culture and pure cultures of *S. vaninii* and *P. sapidus* to assess the influence of the co-culture on the fungi. The biomass under co-culture conditions was 3.23 and 1.08 times those of *S. vaninii* and *P. sapidus*, respectively, in pure cultures (Figure 1D); the IPS content under co-culture conditions was 5.08 and 1.23 times those of *S. vaninii* and *P. sapidus*, respectively, in pure cultures (Figure 1E), indicating that the co-culture of *S. vaninii* and *P. sapidus* enhanced the biomass and IPS content in the liquid co-culture system.

3.2 Metabolite qualitative and quantitative analysis and data quality assessment

Fungal SMs have several applications in the food and medicine industries. Therefore, the co-culture of multiple microorganisms has a common application in various studies to increase SM yield (Liu et al., 2022). However, studies on the differences in SMs between *S. vaninii* and *P. sapidus* under pure culture and co-culture conditions are rare. To determine the changes in related metabolomes after co-culturing *S. vaninii* and *P. sapidus*, we conducted an untargeted metabolomic analysis of the mycelia of both species under pure culture and co-culture conditions. The 17,589 peaks were detected in the positive and negative ion modes, annotating 3,188 metabolites. Multivariate statistical analysis was performed to determine changes in metabolite profiles between the different treatments. PCA score plots showed a significant separation trend of metabolites for the pure culture of *S. vaninii* (S), co-culture of *S. vaninii* (S_C), pure culture of *P. sapidus* (P), and co-culture of *P. sapidus* (P_C) (PC1: 35.11%, PC2: 14.34%) (Figure 2A), indicating significant differences between groups and good consistency within the groups. This trend was also illustrated in the sample correlation graph (Figure 2B), a possible "stress" response during co-culturing.

To show a smaller value, we plotted OPLS-DA score graphs for the pure cultures and co-cultures of *S. vaninii* and *P. sapidus*. The results showed that Component 1 accounted for 41 and 26% of the variation, whereas Component 2 accounted for 18 and 25% (Figures 2C,D). In the PCA score plot, the overlapping samples (P and P_C) were distinguished in the OPLS-DA score plot. The R²Y values were 0.99 and 0.967, and the Q²Y values were 0.942 and 0.854, respectively. R²Y explains the calibration of the model samples, and Q²Y describes the predictive capability. According to a study, when the R²Y and Q²Y are strikingly similar, the model in the OPLS-DA score plot shows meaningful results (Bevilacqua and Bro, 2020). Thus, this result implies that the model is stable, reliable, and suitable for further screening of differential metabolites and indicates significant reprogramming of the metabolome after co-culturing *S. vaninii* and *P. sapidus*.

3.3 Differential metabolite analysis

Based on the OPLS-DA, differential metabolites were determined using VIP ≥ 1 and $p < 0.05$ as criteria. A total of 1,591 significantly different metabolites were found between the pure cultures and

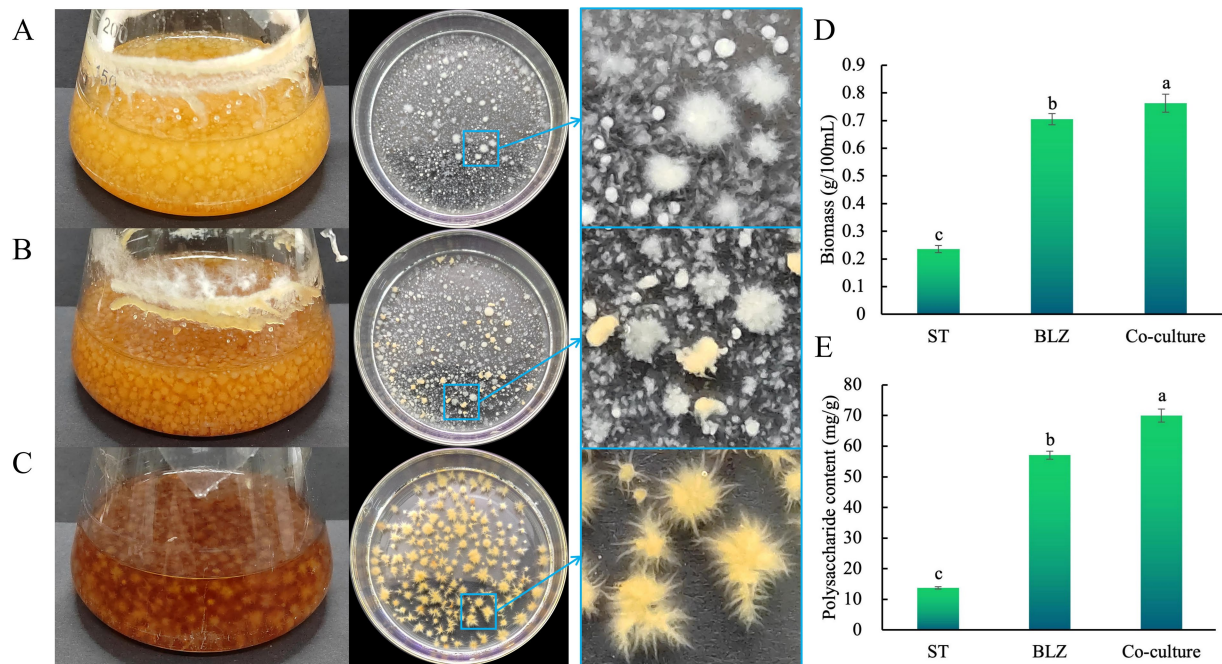


FIGURE 1

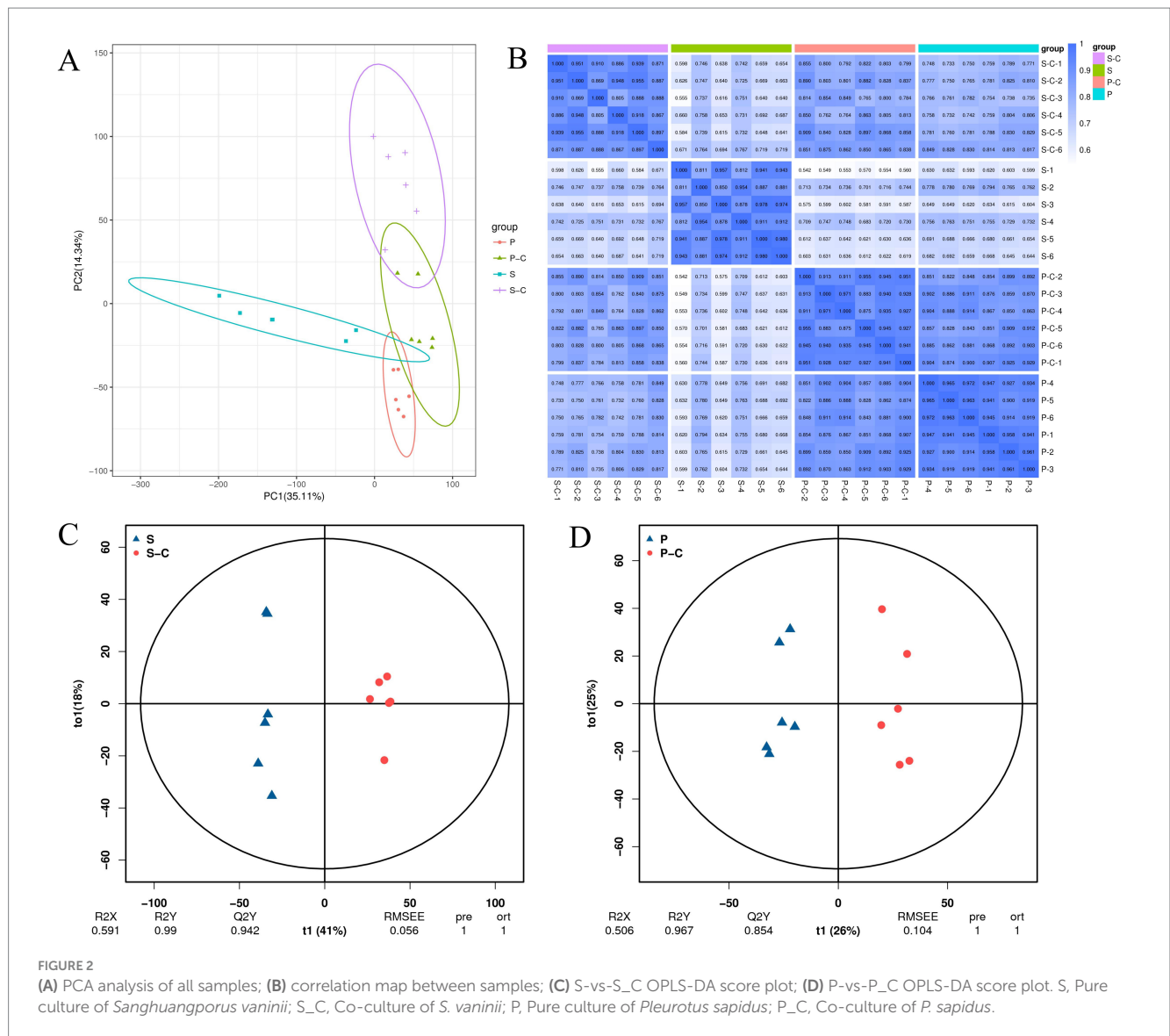
(A) Pure culture of *Pleurotus sapidus*; (B) co-culture of *Sanghuangporus vaninii* and *P. sapidus*; (C) pure culture of *S. vaninii*; (D) biomass; and (E) polysaccharide content. Lowercase letters indicate significant differences at a p value of <0.05 level.

co-cultures of *S. vaninii* (907 upregulated and 684 downregulated) (Figure 3A). Many upregulated metabolites were annotated as amino acids, peptides, and analogs (Supplementary Table S1), such as D-glutamine, D-proline, glutathione, L-threonine, L-histidine, L-isoleucine, and L-glutamate. Additionally, the contents of carbohydrates and carbohydrate conjugates (Supplementary Table S2) and fatty acids and conjugates, including D-fucose, D-ribulose, L-rhamnose, rutinose, isomaltose, undecylic acid, suberic acid, heptadecanoic acid, and nonadecanoic acid, were enhanced (Supplementary Table S3). However, during co-culturing, the content of certain amino acids, peptides, and analogs (Supplementary Table S4) and fatty acids and conjugates (Supplementary Table S5), such as L-aspartic acid, L-serine, L-asparagine, octanoic acid, azelaic acid, hexadecanedioate, and butanoic acid, were decreased, indicating that *S. vaninii* requires significant protein and fatty acid metabolism to cope with the competition for space and nutrients in the co-culture. The differentially expressed metabolites were used for functional pathway enrichment in the KEGG database. The results showed that the differential metabolites primarily participate in carotenoid biosynthesis, caffeine metabolism, indole diterpene alkaloid biosynthesis, lysine degradation, and carbon fixation in photosynthetic organisms (Figure 3C).

Between the pure cultures and co-cultures of *P. sapidus*, 855 significantly different metabolites were screened (401 upregulated and 454 downregulated) (Figure 3B). Compared with those in pure cultures, many upregulated metabolites, such as L-glutamine and tryptophyl-tryptophan, were annotated as amino acids, peptides, and analogs (Supplementary Table S6). Among the downregulated metabolites, L-serine and DL-O-tyrosine were annotated as amino acids, peptides, and analogs (Supplementary Table S7). Additionally,

the contents of some fatty acids and conjugates (Supplementary Table S8), such as itaconate, suberic acid, azelaic acid, and hexadecanoic acid, were decreased. Itaconate is a small-molecule metabolite with significant anti-inflammatory activity discovered in macrophages in recent years (Chen et al., 2022), playing a crucial role in antibacterial defense and inflammation inhibition (McGettrick et al., 2024). It was not until 2011 that it was identified as a related metabolite produced by macrophages (Lang and Siddique, 2024). However, some studies have shown that itaconate can be obtained through microbial fermentation processes, including filamentous fungi, yeasts, and bacteria (Diankrstanti and Ng, 2023; Blaga et al., 2024). Additionally, in the HMDB data, the route of exposure includes mushroom, such as *Chanterelle*, *Common mushroom*, and *Shiitake*.¹ Based on this, we hypothesize that *P. sapidus* can produce itaconate in co-cultures, and further research is needed to elucidate the molecular mechanisms by which it is produced through co-culture. The above indicates that *P. sapidus* requires significant protein and fatty acid metabolism to cope with the competition for space and nutrients in the co-culture. The primary KEGG functional pathways enriched with differential metabolites were vancomycin resistance, biosynthesis of various antibiotics, pentose phosphate pathway, furfural degradation, and one-carbon pool by folate (Figure 3D). Vancomycin is a clinically significant glycopeptide antibiotic, isolated in 1956 from *Amycolatopsis orientalis* (also known as *Streptomyces orientalis* and *Nocardia orientalis*) (Chen S. et al., 2024; Pisani et al., 2024). Moussa et al. (2022) summarized that 39 compounds and extracts from edible

¹ <https://hmdb.ca/metabolites/HMDB0002092>



mushrooms exhibited activity against VRSA (vancomycin-resistant *Staphylococcus aureus*), with terpenoids showing the strongest antimicrobial effects. Li et al. (2021) summarized the isolation of a tricyclic diterpenoid antibiotic, pleuromutilin, from the species *Pleurotus mutilis* and *Pleurotus passeckerianus*, which demonstrated good inhibitory activity against vancomycin-intermediate *Staphylococcus aureus* (VISA), heterogeneous VISA (hVISA), and vancomycin-resistant *Staphylococcus aureus* (VRSA). *Pleurotus sapidus*, *Pleurotus mutilis*, and *Pleurotus passeckerianus* all belong to the *Pleurotus*. In our study, the vancomycin-resistance pathway showed the most significant differences, while reports on vancomycin resistance in large edible and medicinal fungi are rare.

3.4 Analysis of key metabolic pathways

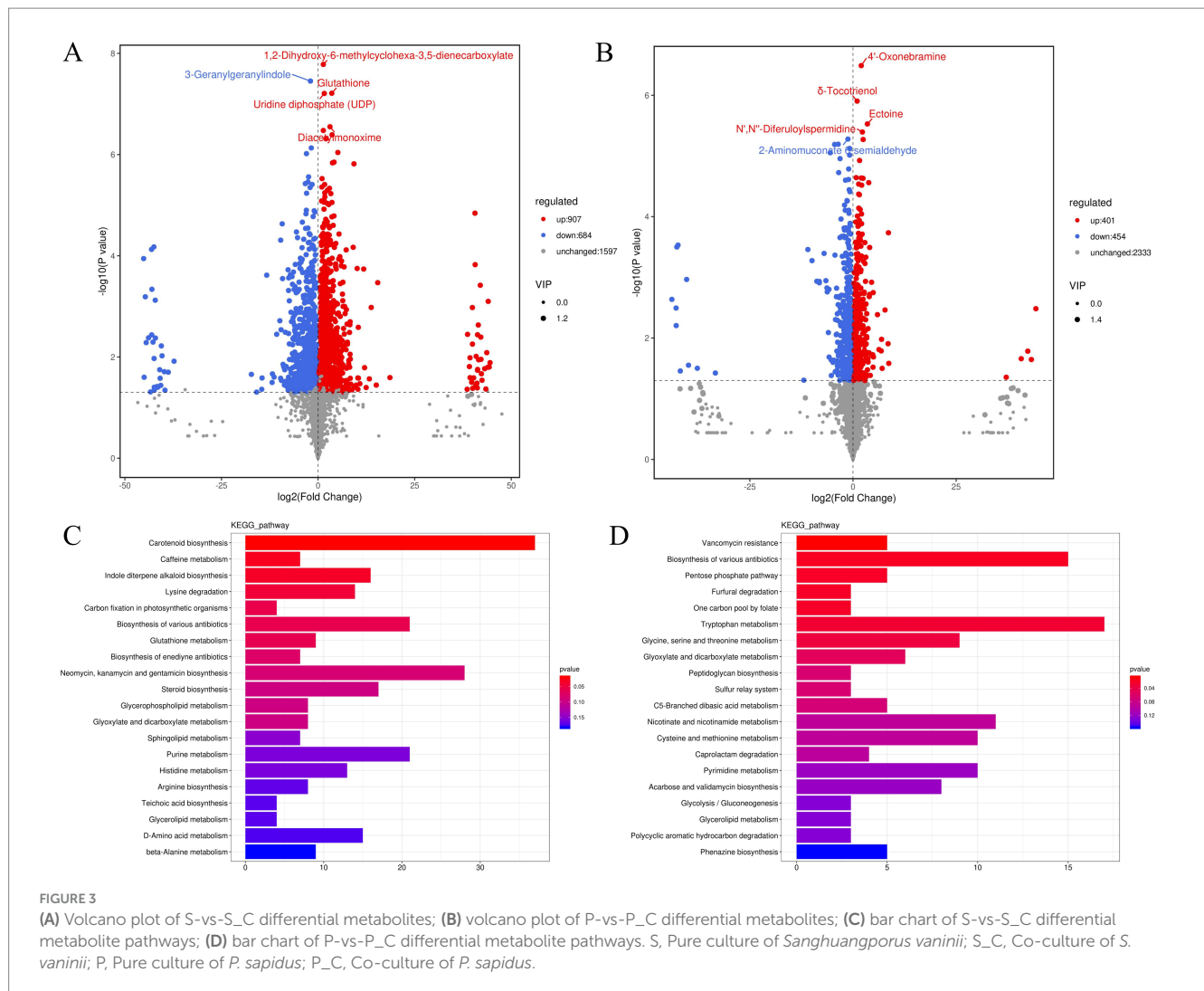
3.4.1 Glycolysis pathway

Glycolysis is an essential metabolic pathway for most organisms to obtain energy through the oxidation of sugars, consisting of a total of 10 enzymatic reactions (Pyrihová et al., 2024). In the seventh and

eighth enzymatic reactions, under the action of phosphoglycerate kinase, the high-energy phosphoryl group of 1,3-bisphosphoglycerate is transferred to ADP to form ATP and 3-phosphoglycerate. Subsequently, 3-phosphoglycerate is converted to 2-phosphoglycerate under the catalysis of phosphoglycerate mutase (Chandel, 2021a). Additionally, 3-phosphoglycerate is a key intermediate in several central metabolic pathways, including glycolysis and glucose generation (Jang et al., 2009). During co-culture, the expression of both 3-phosphoglycerate and 2-phosphoglycerate was significantly upregulated in *S. vaninii*, while both were significantly downregulated in *P. sapidus* (Supplementary Table S9). This indicates that in the co-culture system, the glycolytic activity of *S. vaninii* is stronger than that of *P. sapidus*, providing more energy and starting materials for synthesizing substances in other metabolic pathways.

3.4.2 Tricarboxylic acid cycle

The TCA cycle is the center of glucose, protein, lipid, and energy metabolisms within the cell (Kato et al., 2022). The expression of succinate and fumarate related to the TCA cycle was significantly upregulated in *S. vaninii*, whereas fumarate was significantly



downregulated in *P. sapidus* (Supplementary Table S10). Succinate plays a crucial role in mitochondrial energy production and is also involved in signaling pathways, reactive oxygen species generation, and other processes (Chen H. et al., 2024). Mitochondrial respiratory complex II (CII) reversibly oxidizes succinate to fumarate, producing electrons that are transported via the Fe-S cluster chain to the ubiquinone membrane pool, thus providing ubiquinol QH₂ for the respiratory chain during oxidative phosphorylation (Markevich et al., 2020). In summary, the *S. vaninii* TCA system in the co-culture system is in an active state, providing an effective energy and material exchange mechanism for its growth and metabolism. Co-culturing *S. vaninii* with *P. sapidus* accelerated the energy and material metabolism of *S. vaninii*, providing a material synthesis and energy foundation for maintaining the stability of *S. vaninii* in the external environment.

3.4.3 Nucleotide metabolism

Nucleotides are DNA and RNA components that provide energy, activate signaling pathways, and increase cellular biomass in living cells (Ariav et al., 2021; Chandel, 2021b). In the co-culture systems, the expression levels of cytidine and cytosine in cells were significantly downregulated, whereas those of uridine, uracil,

guanine, xanthosine, xanthine, and adenine were significantly upregulated (Supplementary Table S11). These results indicate that the interactions in the co-culture play a role in regulating cell division. This further suggests a symbiotic, mutually beneficial stage during the co-culturing process between *S. vaninii* and *P. sapidus*.

3.4.4 Amino acid metabolism

As a glutamine precursor, glutamate regulates cellular nitrogen assimilation through the synergistic action of glutamine synthetase/glutamate synthase (GS/GOGAT) (Sanz-Luque et al., 2015). In the co-culture, glutamate expression in *S. vaninii* was significantly increased along with the constancy of glutamine, and glutamine expression in *P. sapidus* was also significantly increased, indicating that the symbiotic system effectively utilized the nitrogen source in the medium to survive by maintaining stable levels of these amino acids (León-Vaz et al., 2021). Threonine, which has strong antioxidant properties (Huang et al., 2021), showed significantly increased expression in *S. vaninii* during co-culturing (Supplementary Table S12), indicating that it participates in the balance of oxidative stress in the system, further enhancing its self-defense capabilities.

3.4.5 Polysaccharide synthesis

The most extensively studied monosaccharides in mushrooms are glucose, mannose, galactose, xylose, arabinose, rhamnose, and fucose (Wang et al., 2017). Previous results showed that the IPS in the co-culture was higher than that in pure cultures of *S. vaninii* and *P. sapidus*. The expression levels of mannose, galactose, and glucose were significantly increased in *S. vaninii* but not in *P. sapidus*. In the fructose and mannose metabolism pathways, L-rhamnose expression in *S. vaninii* was significantly increased, with a difference multiple of 16.38 (Supplementary Table S13). These results indicate that the co-culture primarily promoted an increase in monosaccharide expression in *S. vaninii* cells, while the impact on *P. sapidus* was relatively small. This significant increase in monosaccharide expression enhanced the stability and resistance of *S. vaninii* cells to the co-culture environment.

3.4.6 Antioxidant system

The activation of a robust and complex antioxidant system is the reaction mechanism of the symbiotic system to environmental stress, including non-enzymatic antioxidants (glutathione, betaine, proline, and ascorbic acid) and antioxidant enzymes (Wang J. et al., 2023). The expression levels of reduced glutathione, oxidized glutathione, and D-proline were significantly increased in *S. vaninii* but not in *P. sapidus* (Supplementary Table S12). Glutathione is the most abundant intracellular antioxidant (Wang et al., 2014) that primarily alleviates intracellular oxidative stress (Mochizuki et al., 2023). Glutathione expression was significantly increased in *S. vaninii*, indicating its participation in alleviating cellular stress. Proline is a multifunctional amino acid that is essential for protein biosynthesis. Proline plays a significant role in enhancing abiotic stress tolerance (Jurkonienė et al., 2023), acting as an osmoprotectant, stabilizing macromolecules, scavenging free radicals, and maintaining redox balance (Alvarez et al., 2022). This indicates that the co-culture environment imposed survival pressure on *S. vaninii*, prompting the overexpression of

glutathione and proline under unfavorable conditions to maintain cellular homeostasis.

3.4.7 Transport proteins

ABC transport proteins are ubiquitous in prokaryotic (blue-green algae) and eukaryotic (fungi) cells and obtain energy through ATP hydrolysis to mediate active transmembrane transport (Nickerson et al., 2018). In the ATP hydrolysis process, ABC transport proteins transport natural metabolites and various xenobiotics, including antifungal compounds, making certain ABC transporters crucial players in antifungal resistance (Víglaš and Olejníková, 2021). The activation of the ABC transport protein system (Supplementary Table S14) in the co-culture system signifies that the environmental pressure exerted by co-culturing caused the rapid exchange and transport of substances inside and outside the cells to maintain the stability requirements of symbiosis between *S. vaninii* and *P. sapidus* in the co-culture system.

3.5 Metabolic molecular mechanism of the co-culture system of *Sanghuangporus vaninii* and *Pleurotus sapidus*

The cumulative effects on *S. vaninii* and *P. sapidus* owing to co-culturing are attributable to the fact that fungal interactions in the co-culture enhance IPS production within the system, making the production of commercially valuable products feasible. The synthesis of the intermediate product, UDP-Glc, was sufficient to support this conclusion. In *S. vaninii*, co-culturing leads to the upregulation of substances related to the glycolysis pathway, indicating that the stress produced by co-culturing benefits the cycle. The expression of substances involved in the TCA cycle was upregulated, leading to more SMs entering different pathways for amino acid, fatty acid, transport protein, and nucleotide synthesis (Figure 4). It provides a

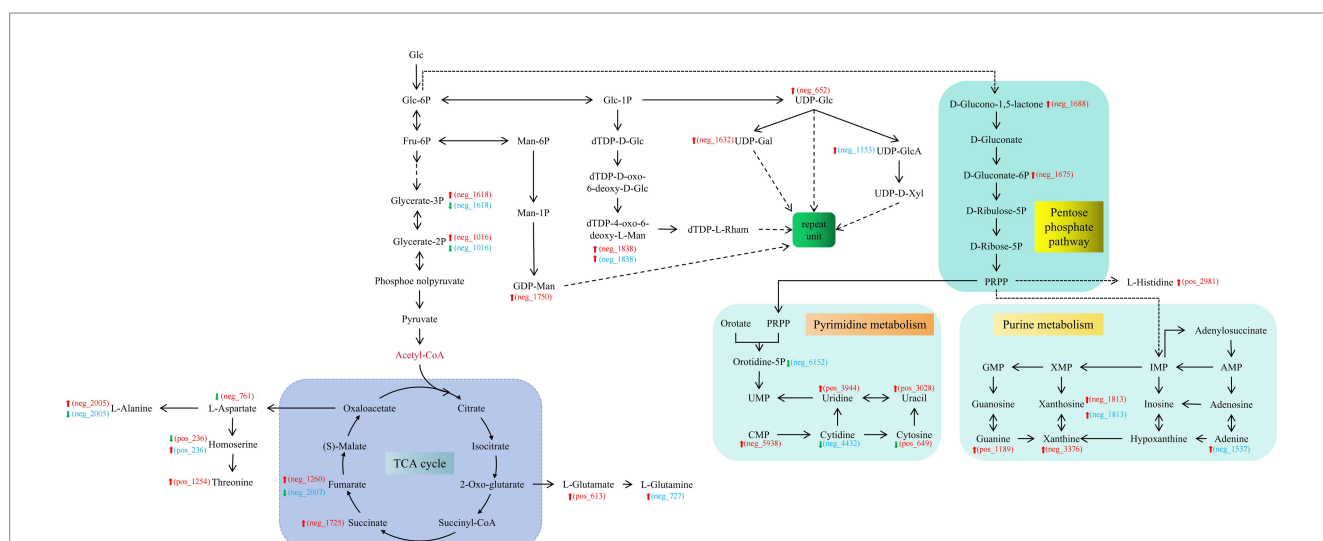


FIGURE 4 Key metabolic network diagram of the co-culture of *Sanghuangporus vaninii* and *Pleurotus sapidus*. The red font ID represents the differential metabolites in S_vs_S-C. The blue font ID represents the differential metabolites in P_vs_P-C. S, Pure culture of *S. vaninii*; S_C, co-culture of *S. vaninii*; P, Pure culture of *P. sapidus*; P_C, Co-culture of *P. sapidus*.

co-culture system with buffering and supplementation to cope with environmental pressures and nutritional competition.

4 Conclusion

The liquid co-culturing of *S. vaninii* and *P. sapidus* significantly enhanced the biomass and IPS content of the co-culture system. Similarly, *P. sapidus* exerted a noticeable inhibitory effect on *S. vaninii* growth. The detection of intracellular metabolites indicated that fungal co-culture affects SM production via multiple metabolic pathways. In addition, it elucidates the rapid adaptation to environmental changes in co-cultures, a process revealed to involve the regulation of several metabolic pathways (amino acid metabolism, TCA cycle, glycolysis pathway, polysaccharide metabolism, and nucleotide metabolism). These results provide new insights into the selection of good co-culture combinations and activation of silent gene clusters for microbial SM synthesis. In the future, we will investigate whether new metabolites are produced and explore the molecular mechanisms underlying these changes. This study will help enrich the product development of large edible and medicinal fungi by providing new ideas.

Data availability statement

The original contributions presented in the study are included in the article/[Supplementary material](#), further inquiries can be directed to the corresponding author.

Author contributions

YL: Conceptualization, Data curation, Formal analysis, Investigation, Methodology, Writing – original draft, Writing – review

& editing. DL: Funding acquisition, Project administration, Supervision, Writing – review & editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fsufs.2024.1445993/full#supplementary-material>

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