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# Vermicompost application enhances soil health and plant physiological and antioxidant defense to conferring heavy metals tolerance in fragrant rice

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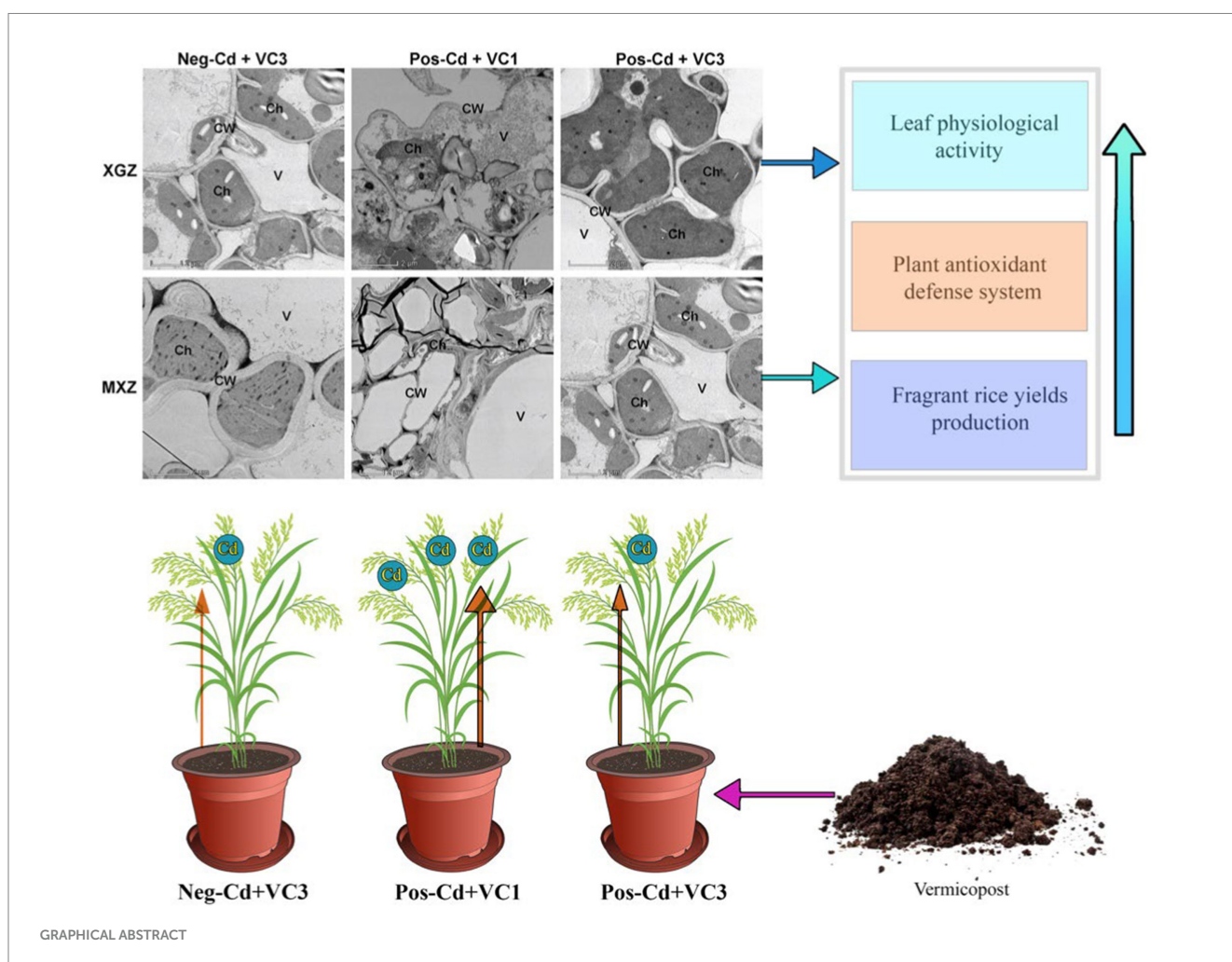
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Cadmium (Cd) contamination in agricultural soils and its accumulation in plant organs have become a global issue due to its harmful effects on human health. The *in-situ* stabilizing technique, which involves using organic amendments, is commonly employed for removing Cd from agricultural soils. Thus, the current study investigated the effect of vermicompost (VC) on soil properties and plant physio-biochemical attributes, leaf ultrastructure analysis, antioxidant defense mechanisms, and grain yields of two different fragrant rice cultivars, Xiangyaxiangzhan (XGZ) and Meixiangzhan-2 (MXZ-2), under Cd-stress conditions. The results showed that Cd toxicity deteriorates soil quality, the plant's photosynthetic apparatus, and the plant's antioxidant defense mechanism. Moreover, under Cd stress, both cultivars produced significantly lower ( $p < 0.05$ ) rice grain yields compared to non-Cd stress conditions. However, the VC application alleviated the Cd toxicity and improved soil qualitative traits, such as soil organic carbon, available nitrogen, total nitrogen, phosphorus, and potassium. Similarly, VC amendments improved leaf physiological activity, photosynthetic apparatus function, antioxidant enzyme activities and its related gene expression under Cd stress. These enhancements led to increased grain yields of both fragrant under Cd toxicity. The addition of VC mitigated the adverse effects of Cd on the leaf chloroplast structure by reducing Cd uptake and accumulation in tissues. This helped prevent Cd-induced peroxidation damage to leaf membrane lipids by increasing the activities of antioxidant enzymes such as ascorbate peroxidase (APX), catalase (CAT), peroxidase (POD), and superoxide dismutase (SOD). On average across the growth stages, the Pos-Cd + VC3 treatment increased SOD, APX, CAT, and POD activities by 122.2 and 112.5%, 118.6, and 120.6%, 44.6 and 40.6%, and 38.6 and 33.2% in MXZ-2 and XGZ, respectively, compared to the plants treated with Pos-Cd treated alone. Enhancements in leaf physiological activity and plant antioxidant enzyme activity strengthen the plant's antioxidant defense mechanism against Cd toxicity. In

addition, correlation analysis showed a strong relationship between the leaf net photosynthetic rate and soil chemical attributes, suggesting that improved soil fertility enhances leaf physiological activity and boosts rice grain yields. Of the treatments, Pos-Cd + VC3 proved to be the most effective treatment in terms of enhancing soil health and achieving high fragrant rice yields. Thus, the outcomes of this study show that the addition of VC in Cd-contaminated soils could be useful for sustainable rice production and safe utilization of Cd-polluted soil.

KEYWORDS

antioxidant-encoding genes, cadmium toxicity, fragrant rice, leaf physiological activity, soil fertility, vermicompost



## 1 Introduction

Heavy metals, especially Cd, pose significant hazards due to their high toxicity and propensity for substantial uptake and accumulation in cereal grains (Singh et al., 2020). The Cd accumulation in arable soil is caused by industrial processes such as waste discharge, fertilization, mining, and smelting (Islam et al., 2017; Tang et al., 2019; Seleiman et al., 2020). Cd is more soluble and mobile than other metals, making it easily absorbed by plants, translocated within them, and deposited in various plant parts (Chen Q. et al., 2018;

Chen Y. et al., 2018; Adil et al., 2020). Furthermore, Cd is commonly non-recyclable and difficult to remove from the soil, and it can migrate to cereal grains via the soil–plant–food cycle, thereby posing health hazards to humans (Rizwan et al., 2016; Seleiman et al., 2020). The Cd inputs and availability in soil adversely affect soil microbial biodiversity and its associated ecosystem function (Xue et al., 2017; Haider et al., 2021; Iqbal et al., 2024a). Cadmium garnered a lot of attention in arable soil because of its toxicity, availability, and persistence in living organisms (Rizwan et al., 2016; Huang et al., 2019).

Additionally, high Cd levels in arable fields may affect soil health, physiochemical characteristics, and plant metabolism, resulting in lower crop growth and reduced productivity (Mitra et al., 2018; Iqbal et al., 2023a). Cd also inhibits plant photosynthesis and reduces plant uptake of essential mineral nutrients, resulting in a decrease in agricultural output (Tran and Popova, 2013; Chen Q. et al., 2018; Chen Y. et al., 2018). In addition, Cd toxicity in plants can produce physiological, biochemical, and physical changes, including reduction in root growth, stomatal density, and chlorosis (Bari et al., 2019; Huybrechts et al., 2020). The plant photosynthetic apparatus is often more vulnerable to Cd-induced damage. Plant chlorophyll is essential for photosynthesis, and any decrease in plant chlorophyll production due to Cd toxicity declines the photosynthesis process (Li et al., 2010; Parmar et al., 2013). Cd stress affects mitochondrial function in plants by affecting redox control and promoting the generation of additional reactive oxygen species (ROS), that damage membrane lipids and alter overall metabolic activity (Chen Q. et al., 2018; Chen Y. et al., 2018; Huybrechts et al., 2020). The ROS generated under stress is responsible for cellular oxidative injury and genotoxicity (Gallego et al., 2012; Khan et al., 2022). As a result, Cd, one of the most harmful contaminants, demands special attention to regulate its mobility in arable soils.

Rice is an important cereal crop for about 3.5 billion people worldwide (Dabral et al., 2019). Rice is a key ingredient and staple diet for Chinese people (Chauhan et al., 2017). The majority of Cd in the food channel could come from agricultural products, and Cd in soil plants accumulates up by roots and finally enters the food, posing health concerns to the human immunological, neurological, and reproductive organs (Parmar et al., 2013; Adil et al., 2020). *In situ* stabilization technique, using organic additions such as cattle fertilizer, biochar, and compost, is an environmentally friendly approach to preventing Cd (Hamid et al., 2020; Ullah et al., 2020; Yuan et al., 2022; Ali et al., 2022a,b,c; Iqbal et al., 2024b). However, these techniques are ineffective and problematic because of the accompanying costs and additional pollutants (Shaheen and Rinklebe, 2015; Pramanik et al., 2018). In addition, according to Igalavithana et al. (2017) the use of these organic fertilizers alone might enhance the risk of arsenic pollution; for instance, applying wood bark organic biochar increases exchangeable arsenic in soil by 84.5%.

Vermicompost (VC), is the product of the decomposition process using species of worms, usually white worms, red wigglers, and other earthworms to create a mixture of decomposing vegetables, food waste and vermicas (Charan et al., 2024). The VC, a nutrient-rich fertilizer, is turning more common for heavy metal-contaminated arable soil rehabilitation (Wang et al., 2018; Zhang et al., 2020). Alam et al. (2020) found that VC is more beneficial and effective than wasted mushroom and organic fertilizer for reducing Cd and other metals accumulation and uptake in plants. Earthworms can accumulate various heavy metals such as Cd, Pb, Hg, and Zn, and store it in benign forms in the chloragogenous tissues (Song et al., 2015). The peak absorption rate of 170.65 mg/g of Cd<sup>2+</sup> on VC indicates that VC is a possible *in situ* sorbent for Cd-polluted soil (Zhu et al., 2017). Moreover, VC treatment may affect soil physical and biochemical parameters and alter the chemical composition of Cd in soils, reducing Cd bioavailability in soils by adsorption, immobilization, and precipitation (Bradham et al., 2018; Cambier et al., 2019). After soil application, VC provides polysaccharides, the release of mucus from earthworms and

microorganisms, and improves soil physical structure, i.e., aeration, porosity, aggregate stability, and drainage, all of which are beneficial to crop root growth, as well as nutrient uptake by plants (Lim et al., 2015; Hussain et al., 2021). VC is a rich source of plant micronutrients and macronutrients, hence adding VC improved the mineral elements in soils, resulting in increased plant growth and production (Maji et al., 2017; Dubey et al., 2020; Goswami et al., 2024). However, limited studies have evaluated VC's effects on paddy soil properties, fragrant rice Cd uptake, plant physiological and antioxidant defense function, and rice production under Cd toxicity.

Given previous consideration, this research investigated the application of VC as a soil conditioner, which is a potential remediation technique in Cd-polluted fields. We used aromatic rice cultivars MXZ-2 and XGZ, which are popular in southern China due to their pleasant flavor (Luo H. et al., 2020; Luo Y. et al., 2020; Zhang et al., 2022). Rice, a semi-aquatic tropical plant grown on marshy lands, is very susceptible to Cd uptake and accumulation in organs (Wu et al., 2014). The presence of Cd in arable soil is common, particularly in China, it can be absorbed by rice plants. This metal accumulates in the grains, posing a significant threat to both the quality and nutritional value of rice. This contamination adversely affects human health and crop production (Zeng et al., 2019; Adil et al., 2024). High concentrations of Cd in rice grains not only alter their taste and texture but also diminish their nutritional content (Bin Rahman and Zhang, 2023). Consumption of Cd-contaminated rice grains can lead to health issues such as kidney damage, skeletal abnormalities, and potentially cancer (Song et al., 2015). Therefore, addressing Cd toxicity in rice cultivation is crucial for ensuring the food safety and nutritional security of communities globally. In this study, we applied VC as a composite material in Cd-contaminated soil to counteract the negative impacts of Cd on soil fertility, plant physiological and biochemical attributes, and grain yield. To the best of our knowledge, there is a lack of knowledge regarding the measured variables in this study in the context of soil and fragrant rice crops relative to different VC amendments under Cd toxicity conditions. The main objectives of the study were: (1) to investigate the impacts of VC on soil environmental parameters and soil fertility (2) to assess the role of VC in plant physiology, especially its impact on photosynthetic performance and leaf ultrastructure (i.e., chloroplast, cell wall, and vacuole), and biochemical attributes (3) to explore the effect of VC application on fragrant-rice yield and the role of soil fertility in plant physiological and biochemical activity. The present work hypothesized that applying VC can improve soil health which in turn increases plant physiological activity and antioxidant defense systems under Cd toxicity. This work will produce a conceptual framework for safe and sustainable crop production in Cd-contaminated soils.

## 2 Materials and methods

### 2.1 Experimental place and basic soil qualities

A pot study was carried out at the South China Agriculture University Research Station. The soil of the experimental site (0–15 cm) is slightly acidic, with a pH of 5.88. Furthermore, the soil has 23.75 g kg<sup>-1</sup> organic matter, 1.18 g kg<sup>-1</sup> TN, 145.40 mg kg<sup>-1</sup> available

N, and 0.98 g kg<sup>-1</sup> phosphorus. [Supplementary Table S1](#) also includes details about the soil's qualities.

## 2.2 Experimental details

In the present research, we used two different fragrant rice varieties, MXZ-2 and XGZ, which respond differently to Cd-stress conditions ([Imran et al., 2020](#)). Both cultivars were obtained from the College of Agriculture, South China Agriculture University. The experiment was conducted in complete block design in the early season of 2023 (March–July). The soil was obtained to a depth of 15 cm from the paddy field and then placed into plastic pots. Further, it was ensured that all pots contained the same size and weight of soil to minimize experimental error. The recommended dose of VC was applied 1 week ago from seedling transplantation. The applied VC was manufactured by Hubei Tianhenjia Biological Environmental Protection Technology Co., Ltd., Wuxue City, Hubei Province, China; it consisted of 34.90% organic matter, 1.48% TN, 2.76% P<sub>2</sub>O<sub>5</sub>, and 1.00% K<sub>2</sub>O, and had a pH of 7.6. Three VC rates, such as VC1 = 0 t ha<sup>-1</sup>, VC2 = 3 t ha<sup>-1</sup>, and VC3 = 6 t ha<sup>-1</sup> and two doses of Cd (Cd, 0 and 50 mg Cd kg<sup>-1</sup>) were tested. The study included six treatments: (1) Neg-Cd + VC1 = 0 mg Cd + 0 t ha<sup>-1</sup> VC, (2) Neg-Cd + VC2 = 0 mg Cd + 3 t ha<sup>-1</sup> VC, (3) Neg-Cd + VC3 = 0 mg Cd + 6 t ha<sup>-1</sup> VC, (4) Pos-Cd + VC1 = 50 mg Cd + 0 t ha<sup>-1</sup> VC, (5) Pos-Cd + VC2 = 50 mg Cd + 3 t ha<sup>-1</sup> VC, and (6) Pos-Cd + VC3 = 50 mg Cd + 6 t ha<sup>-1</sup> VC. The seeds of the fragrant rice cultivars were used as a test crop and cultivated in a plastic pot, with each pot containing three hills. The seedlings were transplanted into pots in mid-March, and the rice crops were harvested in mid-July. The NPK dose was 300:150:300 (kg ha<sup>-1</sup>) 1.80 g of N was used as urea, 0.90 g of P<sub>2</sub>O<sub>5</sub> as superphosphate, and 2.20 g of potassium chloride. Uniform flooding irrigation was maintained from the planting of seedlings to physiological maturity to establish anaerobic conditions in the pots. Usual farming practices, such as insecticide and pesticide application, were applied in all treatments.

## 2.3 Sampling and analysis

### 2.3.1 Soil chemical attributes

A core sampler was used to gather soil samples at a depth of 15 cm before to seedlings and after harvest. The samples were then separated into two separate portions, one half for soil nutritional evaluations and the other for molecular analysis and stored at -80°C. Soil organic C (SOC) was examined using the K<sub>2</sub>Cr<sub>2</sub>O<sub>7</sub>-H<sub>2</sub>SO<sub>4</sub> oxidation method posted by [Wang et al. \(2003\)](#). Furthermore, the [Ohyama \(1991\)](#) approach was employed for TN. The TN was determined using [Jackson's \(1956\)](#) micro-Kjeldahl technique. Finally, [Lu's \(2000\)](#) techniques evaluated soil pH, AN, TP, and TK.

### 2.3.2 Rice grain yield and leaf physiological attributes

At maturity, rice plants from the pot were picked to examine grain yield adjusted to 14% moisture content. Moreover, at the tillering and heading stages, several gaseous exchange parameters were examined, including transpiration rate (Tr), net photosynthetic rate (Pn), intercellular CO<sub>2</sub> concentration (Ci), and stomatal conductance (gs).

On a sunny day, a transportable photosynthesis machine (Li-6800, Li-COR USA) was utilized to measure photosynthesis.

Fresh leaf samples (size 1 mm<sup>2</sup>) were chosen for transmission electron microscope (TEM) analysis. Small slices of leaves, about 1–3 mm, were fixed in 4% glutaraldehyde (v/v) in 0.2 mol/L PBS (sodium phosphate buffer, pH 7.2) for 6–8 h, then in 1% OsO<sub>4</sub> for 1 h, and finally in 0.2 mol/L PBS (pH 7.2) for 1–2 h. Dehydration was performed in a graded ethanol series (50, 60, 70, 80, 90, and 100%), followed by acetone, before samples were filtered and embedded in Spurr's resin. Finally, ultra-thin sections (80 nm) were produced and placed on copper grids for TEM imaging ([Roland and Vian, 1991](#)).

### 2.3.3 Antioxidant enzyme activities

The antioxidant enzymes, such as superoxide dismutase (SOD), peroxidase (POD), catalase (CAT), and ascorbate peroxidase (APX) activities in fresh leaves were determined by using previously described by [Wu et al. \(2003\)](#). Briefly, fresh rice leaves were homogenized using sodium phosphate buffer (50 mM, pH 7.5). The homogenized sample was centrifuged at 12,000 rpm for 10 min at 4°C. The supernatant was then collected and used for subsequent assays. In the enzyme extract, the measurement of the activity of SOD was done using the enzyme solution containing methionine (750 mM), NBT (5.2 mM), EDTA (0.1 mM) and PBS (50 mM). The enzymatic activities of SOD, POD, CAT, and APX were measured as previously reported procedures ([Jiang and Zhang, 2001](#)).

### 2.3.4 Total RNA extraction and qRT-PCR analysis

Total RNA was isolated from the samples using TRIzol reagent (Invitrogen, Carlsbad, California, United States). The qRT-PCR was then evaluated using the [Pfaffl \(2001\)](#) technique, as previously reported. Rice ACTIN (Os03g50885) was utilized as a reference gene for relative quantification. [Supplementary Table S1](#) provides information about nucleotide sequences and specific annealing temperatures. Three biological repetitions were employed, and expressions were calculated by normalizing the Ct value for every gene compared to the ACTIN value. Quantification was done using the 2<sup>-ΔΔCt</sup> approach, as indicated in the previous study ([Pfaffl, 2001](#)).

### 2.3.5 Measurements of MDA and H<sub>2</sub>O<sub>2</sub>

Leaf malondialdehyde (MDA) content during the vegetative and reproductive was measured by the previously reported method ([Velikova et al., 2000](#)). To measure MDA contents, fresh rice leaves were sampled and immediately homogenized in 0.1% (w/v) cold TCA, and the homogenate was centrifuged at 12,000 g for 20 min at 4°C. The reaction mixture contained 0.5 mL of supernatant, and 2.5 mL of 0.5% thiobarbituric acid (TBA) solution (dissolved in 20% TCA). The reaction mixture was boiled for 30 min, and then rapidly cooled and centrifuged for 5 min at 12,000 × g. The difference between the absorbance values at 532 and 600 nm with an extinction coefficient of 155 mM cm<sup>-1</sup> was applied to calculate the MDA contents. In addition, hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) was investigated from the fresh samples by the technique recommended earlier ([Bates et al., 1973](#)). Fresh leaf samples (0.2 g) were crushed in liquid nitrogen and homogenized with 1 mL of 0.1% trichloroacetic acid (TCA) and centrifuged at 12,000 g for 20 min (4°C) for the measurement of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>). The reaction mixture was comprised of 0.5 mL of potassium phosphate buffer (pH 6.8, 100 mM), 1 mL potassium iodide (1 M), and 0.5 mL supernatant. The H<sub>2</sub>O<sub>2</sub> contents

were measured by spectrophotometer (UV-VIS 2550, Shimadzu, Japan) at 390 nm.

### 2.3.6 Assessment of proline and protein level

As stated in earlier studies, the amount of proline in fresh leaves was determined using Bradford's (1976) technique. The solution was purified with 5 mL of toluene, and the absorption of red chromophore in the methanol component was obtained at the 520 nm range. Fresh leaves (0.1 g) were standardized in 50 mM sodium phosphate buffer (1 mM EDTA-Na<sub>2</sub>, 2% polyvinyl pyrrolidone-40) and spun at 10,000 × g for 15 min at 4°C and finally, the reaction solution was scanned at 595 nm for final protein content.

### 2.3.7 Determination of plant Cd content

The dried samples were ground and processed at a 4:1 (v/v) ratio in HNO<sub>3</sub> and HClO<sub>4</sub> before being diluted up to 25 mL. Then, Cd levels in rice organs were subsequently analyzed with a flame atomic absorption spectrometer as earlier advised by Cao et al. (2014).

## 2.4 Statistical analysis

The results collected on soil chemical attributes and fragrant rice physiological, biochemical attributes and grain yield were analyzed using relevant ANOVA procedures for completely randomized design, using Statistix 8.1 software (Analytical Software). Before analysis, results were normalized using the arcsine function. Tukey's *post-hoc* test was conducted to compare multiple means for variables with significant influence from experimental factors.

## 3 Results

### 3.1 Effect of VC on soil fertility

The addition of VC considerably enhanced soil chemical characteristics, including SOC, pH, AN, TN, TP, and TK as compared to sole Cd-stressed soil: Pos-Cd + VC1 (Table 1). The application mitigated the adverse effects of Cd on soil health, and the effect was most pronounced in all evaluated parameters at high VC amendments. Off the treatments, the non-Cd stressed soil (Neg-Cd + VC3) had higher values for soil qualitative features (i.e., pH, TN, AN, and SOC), while the solo Pos-Cd soil had the lowest values. Related to

Pos-Cd + VC1, Pos-Cd + VC3 enhanced soil SOC, pH, TN, and AN by 5.78, 43.13, 178.54, and 11.38%, respectively, in Cd-contaminated soil. Likewise, low VC input increased each examined variable, although not as much as compared to VC amendments under Cd toxicity.

### 3.2 Effect of VC on leaf gas exchange attributes and grain yield

Fragrant rice varieties, XGZ and MXZ-2, showed substantial variations in photosynthesis rate with VC application in a Cd stress condition (Figures 1, 2). In Cd-contaminated soil, the VC treatment improved leaf photosynthetic characteristics such as *Pn*, *Tr*, *gs*, and *Ci*. In addition, the treatments followed a similar pattern across both development phases. Pos-Cd + VC3 enhanced *Pn* and *Tr* by 60.66 and 42.44%, correspondingly, in MXZ-2 and 66.40 and 42.44% in the XGZ, as related compared to the High VC treatment: Pos-Cd + VC3, as shown in Figure 1. Similarly, low-VC-treated pots considerably boosted leaf physiological activity over Cd-stressed plants.

Across the growth, differences in *gs* and *Ci* were also substantially higher compared with Cd-stressed plants (Figures 2A–D). Across the growth stages, the Pos-Cd + VC3 enhanced *gs* and *Ci* by 60.64 and 15.30%, correspondingly, in MXZ-2 and 56.45 and 15.80%, in XGZ cultivars under Cd toxicity. Similarly, low VC-treated plants significantly ( $p < 0.05$ ) increased *gs* and *Ci* than only Cd-stressed plants. Furthermore, findings showed that XGZ was more resilient to Cd stress than the MXZ-2 cultivar.

### 3.3 Leaf ultrastructure analysis under Cd toxicity

Plant growth and development depend primarily on cell elongation and division. In the present study, the plant physiological, biochemical, and yield improved with the addition of VC amendments. Thus, Pos-Cd + VC1, Pos-Cd + VC3, and Neg-Cd + VC3 treated plants were selected for leaf ultrastructure (TEM) analysis and analyzed the changes in the ultrastructure cells of fragrant rice leaves (Figure 3). The leaf ultrastructure analysis showed that the Cd toxicity damages the shape and size of the cell relative to High VC-treated plants: Pos-Cd + VC3 and Neg-Cd + VC3. Under no Cd stress conditions (no Cd) supplemented with vermicomposting (Neg-Cd + VC3), chloroplasts in XGZ and MXZ-2 exhibited well-organized grana and stroma lamellae,

TABLE 1 The impact of vermicompost on soil chemical composition in Cd contaminated soil.

Treatment	pH	SOC (g kg <sup>-1</sup> )	TN (g kg <sup>-1</sup> )	AN (mg kg <sup>-1</sup> )	TP (g kg <sup>-1</sup> )	TK (g kg <sup>-1</sup> )
Neg-Cd + VC1	5.95 ± 0.86 e	11.20 ± 1.42 e	1.12 ± 0.16 d	146.52 ± 12.54 d	0.94 ± 0.02 d	17.40 ± 1.04 c
Neg-Cd + VC2	6.23 ± 0.64 b	14.12 ± 1.40 c	1.28 ± 0.62 b	158.09 ± 14.62 b	1.18 ± 0.02 b	19.06 ± 2.22 b
Neg-Cd + VC3	6.30 ± 0.62 a	16.44 ± 2.02 a	1.38 ± 0.10 a	178.50 ± 15.78 a	1.28 ± 0.04 a	23.34 ± 2.20 a
Pos-Cd + VC1	5.94 ± 0.74 d	11.05 ± 1.08 d	1.08 ± 0.06 e	140.16 ± 12.70 e	0.92 ± 0.03 d	13.35 ± 1.08 d
Pos-Cd + VC2	6.05 ± 0.36 c	12.05 ± 1.70 d	1.14 ± 0.08 c	155.55 ± 10.50 c	0.98 ± 0.03 c	16.46 ± 1.64 d
Pos-Cd + VC3	6.24 ± 0.54 b	14.64 ± 2.12 b	1.30 ± 0.18 b	156.06 ± 12.50 b	1.20 ± 0.03 b	18.98 ± 1.84 b

Cd, Cadmium; VC, vermicompost; SOC, soil organic carbon; TN, total nitrogen; AN, available nitrogen; TP, total phosphorus; TK, total potassium. Neg-Cd + VC1 = 0 mg Cd + 0 t ha<sup>-1</sup> VC, Neg-Cd + VC2 = 0 mg Cd + 3 t ha<sup>-1</sup> VC, Neg-Cd + VC3 = 0 mg Cd + 6 t ha<sup>-1</sup> VC, Pos-Cd + VC1 = 50 mg Cd + 0 t ha<sup>-1</sup> VC, Pos-Cd + VC2 = 50 mg Cd + 3 t ha<sup>-1</sup> VC, Pos-Cd + VC3 = 50 mg Cd + 6 t ha<sup>-1</sup> VC. Tukey tests were used to assess the treatment means. The lettering was done by the Tukey HSD test at 5%. Statistics reveal that the values in the column with similar letters are statistically ( $p < 0.05$ ) the same.

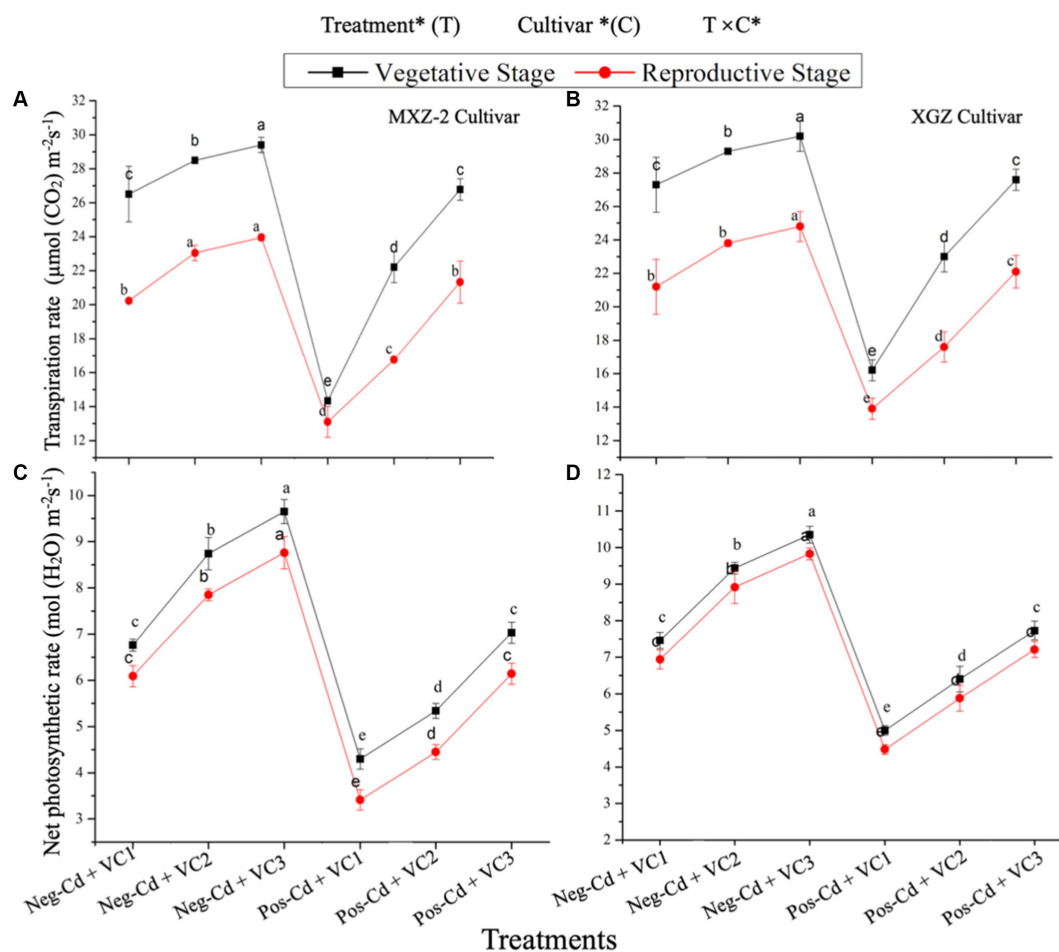


FIGURE 1

Effect of vermicompost application on net photosynthetic rate (A,B) and transpiration rate (C,D) of rice MXZ-2 and XGZ at different growth periods under Cd toxicity. Tukey analyses were performed to compare the means of the treatments, and the findings were interpreted using a simple test based on the Tukey HSD test at ( $p < 0.05$ ). Error bars are standard errors of the mean. At  $p < 0.05$ , bars with different letters show significant ( $p < 0.05$ ) differences among the treatments. \*\* and \* indicate significance level at 1% and 5%, correspondingly. See Table 1 for treatment combination details.

developing complete thylakoid membrane systems. However, under Cd stress (Pos-Cd + VC1), chloroplast morphology changed gradually from oblong round to expanding spindle-like shapes, with severe deformities observed in MGZ-2 such as irregular shapes with distorted plastids and dissolution of grana lamellae. In contrast, the changes in chloroplasts (thylakoid and grana lamellae) were less severe in XGZ under Cd stress. Following vermicomposting under Cd stress (Pos-Cd + VC3), chloroplasts and thylakoid membranes in MXZ-2 partially recovered, while chloroplast structures in XGZ resembled those in plants under Neg-Cd + VC3 conditions. Resultantly, vermicomposting application eased the negative effects of Cd on chloroplast structure in both varieties (XGZ and MXZ-2) of fragrant rice.

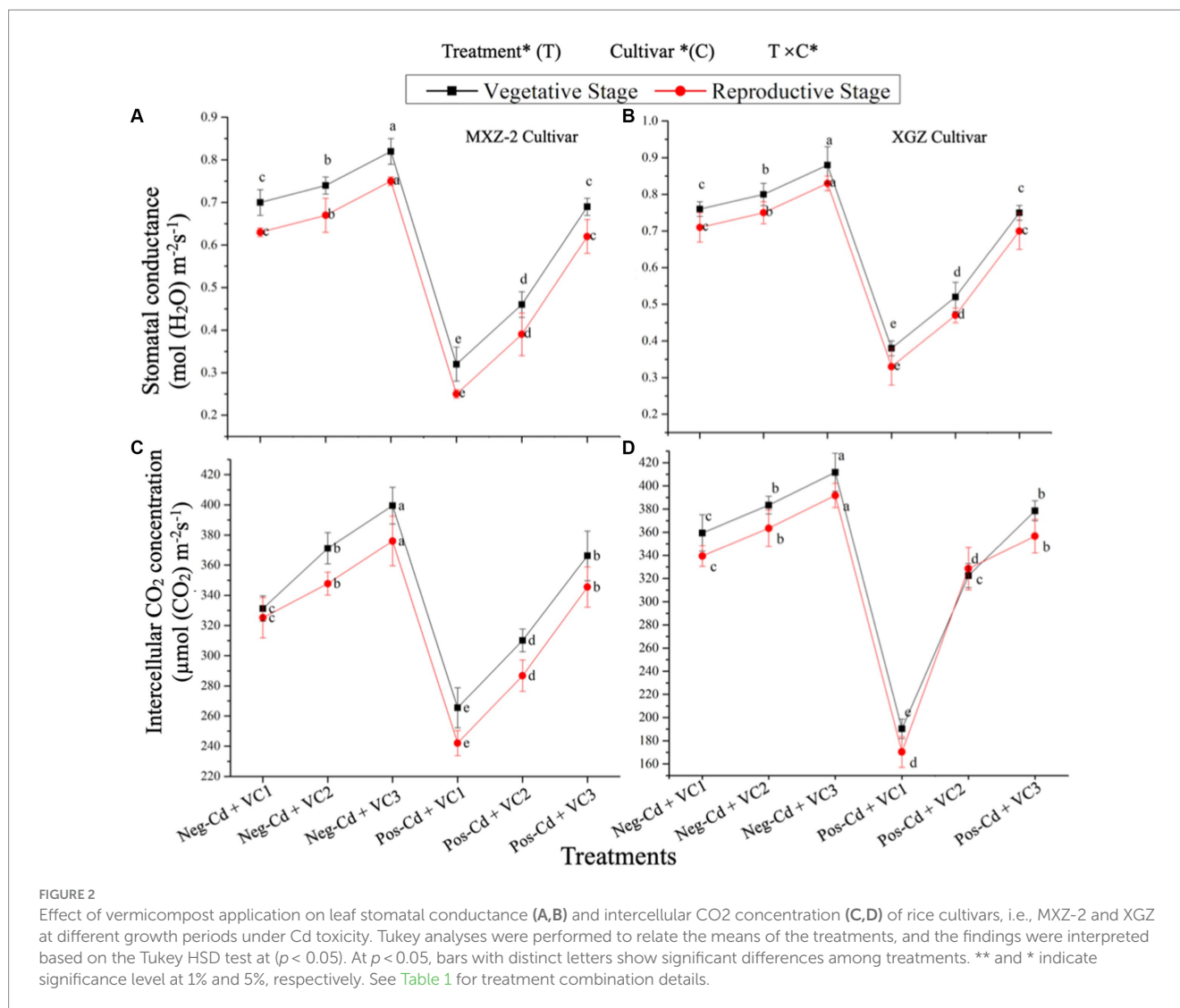
### 3.4 Effect of VC application on enzyme activity

Antioxidant-related enzyme activities were investigated to determine the role of VC additions in mitigating Cd-induced oxidative stress in both varieties (Figures 4, 5). The findings demonstrated that Cd stress significantly reduced the antioxidant enzyme activity of rice

cultivars than non-Cd stressed plants. Leaf antioxidants enzyme production changed substantially across cultivars, with XGZ exhibiting a slighter drop, indicating that it is more resistant to the Cd stress. Surprisingly VC application reduced Cd toxicity under High VC treatments while increasing antioxidant enzyme activities in leaves under Cd pollution. Across the development phases, the treatments followed a similar pattern. Averaged throughout development stages, Pos-CD + VC3 treatment substantially increased SOD (122.55 and 114.46%), POD (38.65 and 36.23%), CAT (42.46 and 45.66%), and APX (112.22 and 126.45%) activities in MXZ-2 and XGZ rice, respectively, related to Pos-Cd treated plants alone. Similarly, low VC-treated pots had significantly higher antioxidant enzyme activity than Cd-stressed plants.

### 3.5 Effect of VC application on the antioxidant genes expression pattern

In the current study, the expression patterns of antioxidant-related genes of both fragrant rice cultivars are shown in Figures 6, 7. The gene expression levels were altered by various VC treatments under Cd



intoxication. In both cultivars, Cd-stressed plants had considerably lower expression patterns of genes (such as *OsPOD*, *OsSOD*, *OsCAT*, and *OsAPX*) than Neg-Cd plants. However, High-VC treatment reduced Cd toxicity in plants and elevated the pattern of genes related to the plant defense system. Pos-Cd + VC3 substantially enhanced transcript levels *OsPOD* (82.36 and 920.28%), *OsSOD* (88.68 and 68.65%), *OsCAT* (122.55 and 145.85%), and *OsAPX* (97.34 and 85.75%) in MXZ-2 and XGZ, relative to Pos-Cd + VC1, averaged throughout development stages. Similarly, the other VC-treated plants showed significant increases in the transcription level of antioxidant-related genes.

### 3.6 Effect of VC application on protein and proline level

Soluble protein and proline production were significantly different with the use of VC under Cd toxicity (Table 2). Both cultivars had significant variations in protein and proline content. The results showed that the Cd toxicity significantly enhanced proline levels in both stages when compared to Neg-Cd experienced plants. However, the VC modifications reduced Cd stress and lowered proline synthesis. Proline

production followed a consistent pattern across development stages, and when Pos-Cd + VC3 was applied, leaf proline concentration dropped by 65.44 and 55.44% in XGZ and MXZ-2 cultivars, correspondingly, compared to Pos-Cd plants. Likewise, lesser VC addition significantly reduced proline content when compared to Cd-stressed plants. In comparison to proline, the Pos-Cd plants significantly reduced the soluble protein concentration. Soluble protein levels increased linearly from the vegetative to reproductive development phases. In comparison to Pos-Cd + VC1, Pos-Cd + VC3 treated pots increased leaf total protein content by 36.22 and 42.88% in XGZ and MXZ-2 cultivars, respectively (Table 2). Additionally, the results revealed that MXZ-2 had lower proline content and soluble protein than XGZ, suggesting that MXZ-2 is more vulnerable to stress conditions.

### 3.7 Influence of VC application on MDA and H<sub>2</sub>O<sub>2</sub> contents under toxicity

The current findings showed that VC treatment considerably reduced the concentrations of MDA and H<sub>2</sub>O<sub>2</sub> in both varieties under Cd conditions (Table 3). XGZ and MXZ-2 showed substantial

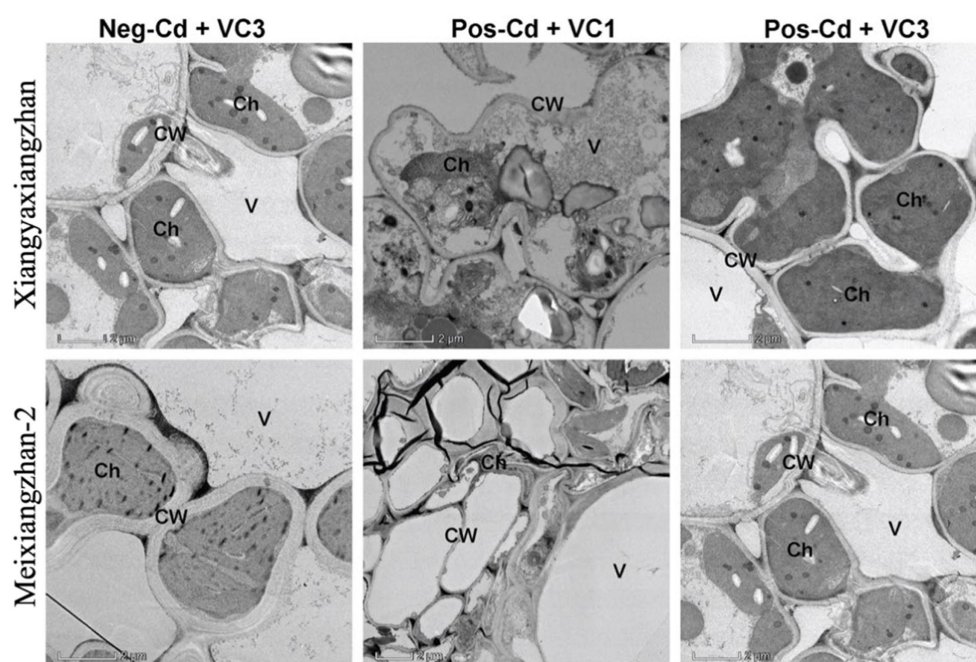


FIGURE 3

Effect of VC application on leaf ultrastructure analysis of rice cultivars such as Xiangyaxiangzhan and Meixiangzhan-2 under Cd toxicity. CW, cell wall; Ch, chloroplast; V, Vacuole. See Table 1 for treatment combination details.

( $p < 0.05$ ) variations for leaf MDA and  $H_2O_2$  levels. In contrast, solo Cd-stressed plants significantly elevated MDA and  $H_2O_2$  levels in both rice cultivars' leaves. Sole Cd-stressed treatment (Pos-Cd + VC1) substantially raised the level of MDA by 68.42 and 82.66% and  $H_2O_2$  by 72.66 and 82.34%, respectively, in XGZ and MXZ-2 cultivars (Table 3). Moreover, the outcomes revealed that the concentrations MDA and of  $H_2O_2$  in MXZ-2 were greater than in XGZ, showing that the XGZ cultivar is more resistant to Cd pollution compared to MXZ.

### 3.8 Influence of VC amendments on Cd uptake in plant different organs and rice grain yield

The accumulation of Cd in several organs (root, stem + leaves, and grains) of both rice varieties is significantly ( $p < 0.05$ ) higher in Cd stress plants (Table 4). However, the use of VC reduced Cd-related toxicity and significantly lowered Cd uptake in rice different organs. The Cd content in roots was higher than shoots and grains. Off the treatments, Neg-Cd + VC3 had the minimum Cd accumulation rice plant organs, whereas Pos-Cd + VC1 had the greatest levels. The use of VC significantly lowered Cd concentrations in roots, leaves, stems, and grain. Relative to Pos-Cd, the High VC (Pos-Cd + VC3) decreased the uptake of Cd in the MXZ-2 rice cultivar by 35.66, 46.65, and 73.55% in roots, shoots, and grains, respectively. Similarly, relative to Pos-Cd, the High-VC3 treatment reduced Cd absorption in XGZ cultivar by 33.45, 43.88, and 70.66% in roots, shoots, and grains, correspondingly. The data demonstrated that a high VC dosage significantly decreased Cd uptake in rice plants. Furthermore, the results showed that MXZ-2 accumulated more Cd than XGZ, implying

that the aromatic rice XGZ is more resistant to Cd contamination soil than MXZ-2.

Additionally, the Cd stress reduced the fragrant rice yield and productivity. However, the VC application improved the rice yield and productivity; off the treatment, Neg-Cd + VC3 resulted in a higher rice grain yield. In addition, Pos-Cd + VC3 enhanced grain yield by 40.2% in MXZ-2 and 41.40% in the XGZ cultivar as compared to Pos-Cd + VC1 (Table 4). Similarly, low-VC-treated pots considerably improved the rice grain yield under Cd toxicity.

### 3.9 Relationship between soil properties, leaf net photosynthetic rate and antioxidant enzyme activity

A linear regression analysis were conducted to assess the role of soil quality in improving plant physiological activity and antioxidant defense system in the present study (Figure 8). A positive correlation was noted between the soil chemical traits, such as SOC and TN content with leaf net photosynthetic rate (Figures 8A,B). Furthermore, the correlation analysis showed that the SOC and TN were highly positively correlated with the net photosynthetic rate ( $R^2 = 0.63^*$ ; Figure 8A) and ( $R^2 = 0.60^*$ ; Figure 8B), respectively. The regression analysis exhibited that the improvements in leaf physiological activity are directly associated with soil quality, suggesting that higher soil health results in higher plant physiological activity. In addition, the correlation study among net photosynthetic levels and antioxidant enzyme activity also showed a highly positive correlation (Figure 9). The analysis showed that the photosynthetic rate was highly strongly correlated with the antioxidant enzyme activity (i.e., SOD;  $R^2 = 0.84^{**}$ ; Figure 9A, POD;  $R^2 = 0.92^{**}$ ; Figure 9B, CAT;  $R^2 = 0.90^{**}$ ; Figure 9C,



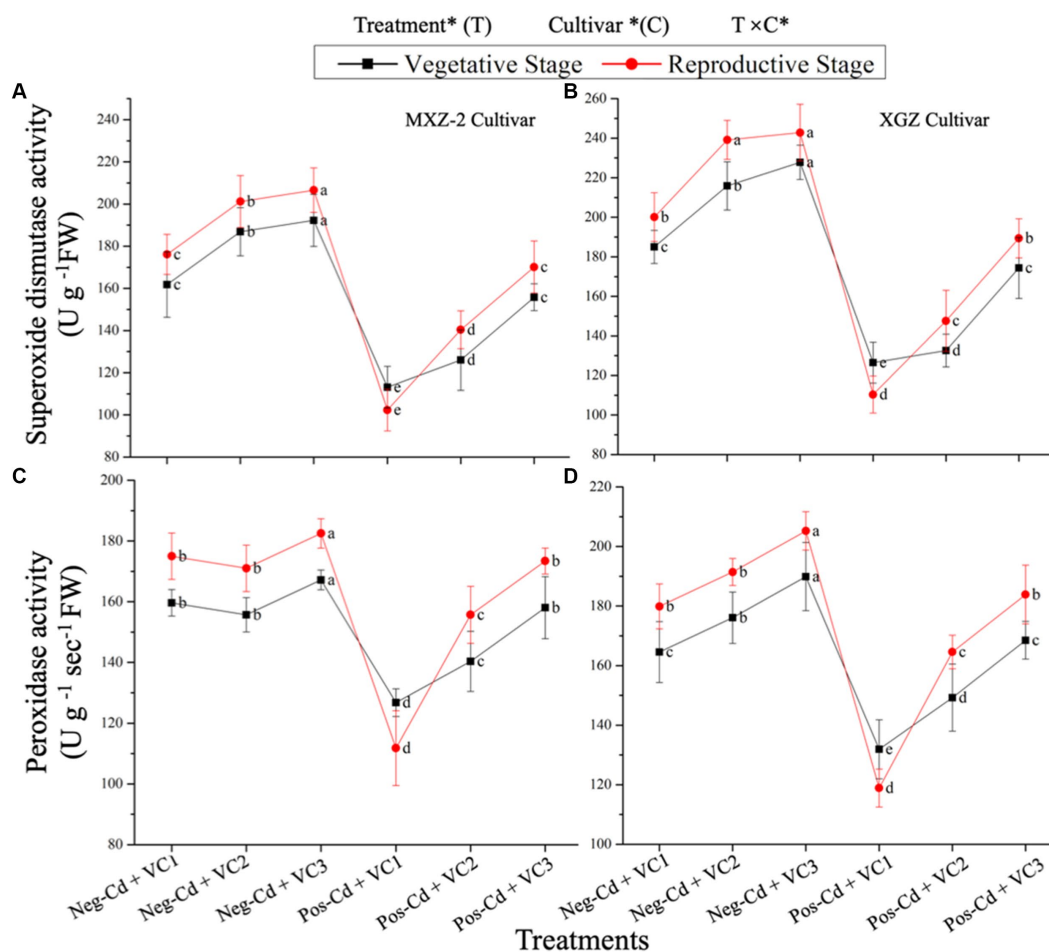


FIGURE 4

Effect of vermicompost application on the activity of superoxide dismutase (A,B) peroxidase (C,D) enzymes in the leaves of rice cultivars, i.e., MXZ-2 and XGZ at different growth periods under Cd toxicity conditions. Tukey analyses were performed to relate the means of the treatments, and the findings were interpreted based on the Tukey HSD test at ( $p < 0.05$ ). Error bars are standard errors of the mean. At  $p < 0.05$ , bars with distinct letters show significant differences among the treatments. \*\* and \* indicate significance level at 1% and 5%, respectively. See Table 1 for treatment combination details.

and APX;  $R^2 = 0.80^{**}$ ; Figure 9D). These analyses displayed that the improvement in leaf physiological activity is directly related to plant antioxidant defense systems. Thus, the improvements in plant antioxidant systems and physiological performance are related to soil health and fertility.

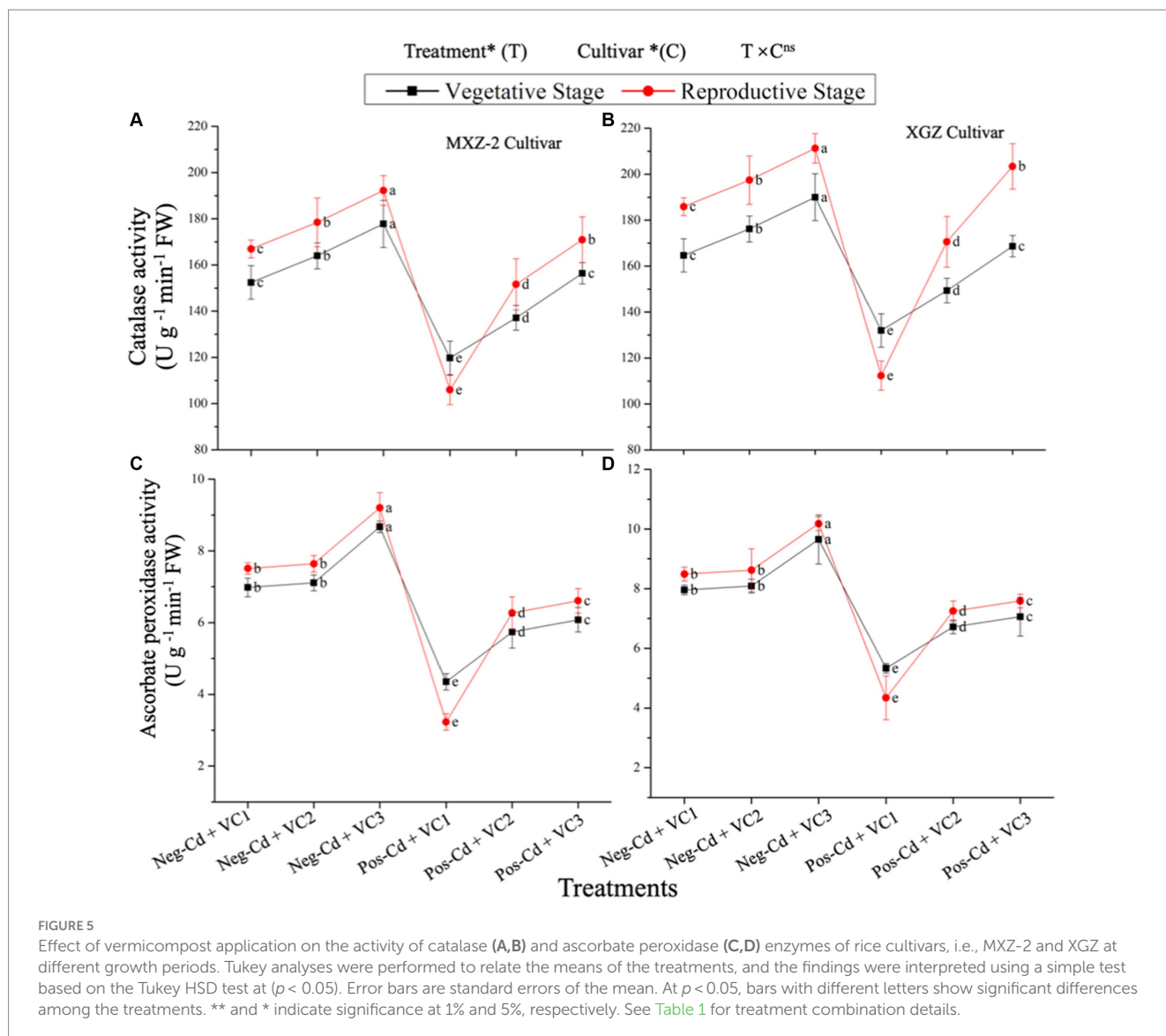
## 4 Discussion

The physio-biochemical and antioxidant defense systems of plants are all disrupted by heavy metal pollution, particularly Cd toxicity. This results in significant yield reductions and losses in yield production and quality, which act as a serious risk to human health via the food chain (Liang et al., 2017). *In situ* stabilization, which involves immobilizing Cd through the application of organic fertilizers such as cattle dung, vermicompost, and biochar, is an effective and environmentally benign method recently (Ali et al., 2020; Hamid et al., 2020). In the present investigation, we examined how VC amendments affected the chemical properties of the paddy soil, the physio-biochemical features of the plants, the antioxidant defense

systems, and the leaf ultrastructure of fragrant rice grown in soil contaminated with Cd.

### 4.1 Soil properties

According to Table 1 of this investigation, the use of VC greatly improved the soil qualitative characteristics under Cd toxicity. We noted that VC biodegrades improve soil quality and slowly release of plant-required nutrients throughout plant growth. The higher pH values were noted under VC amendments addition as compared to non-VC treated soil. According to Ni et al. (2018), nitrification generates  $H^+$  and lowers soil pH when synthetic N fertilizer is used only. The acidic characteristics of synthetic N may cooperate in reducing soil pH (Iqbal et al., 2019; Adekiya et al., 2020). On the other hand, soil acidity was greatly decreased by adding organic N additions (Iqbal et al., 2021a,b, 2023b). Likewise, in this study, the addition of VC significantly enhanced the pH of the soil (Table 1). This could be explained by the fact that the hydroxyl ions ( $OH^-$ ) from a-charged functional group in organic additions and the hydrolysis of  $CaCO_3$



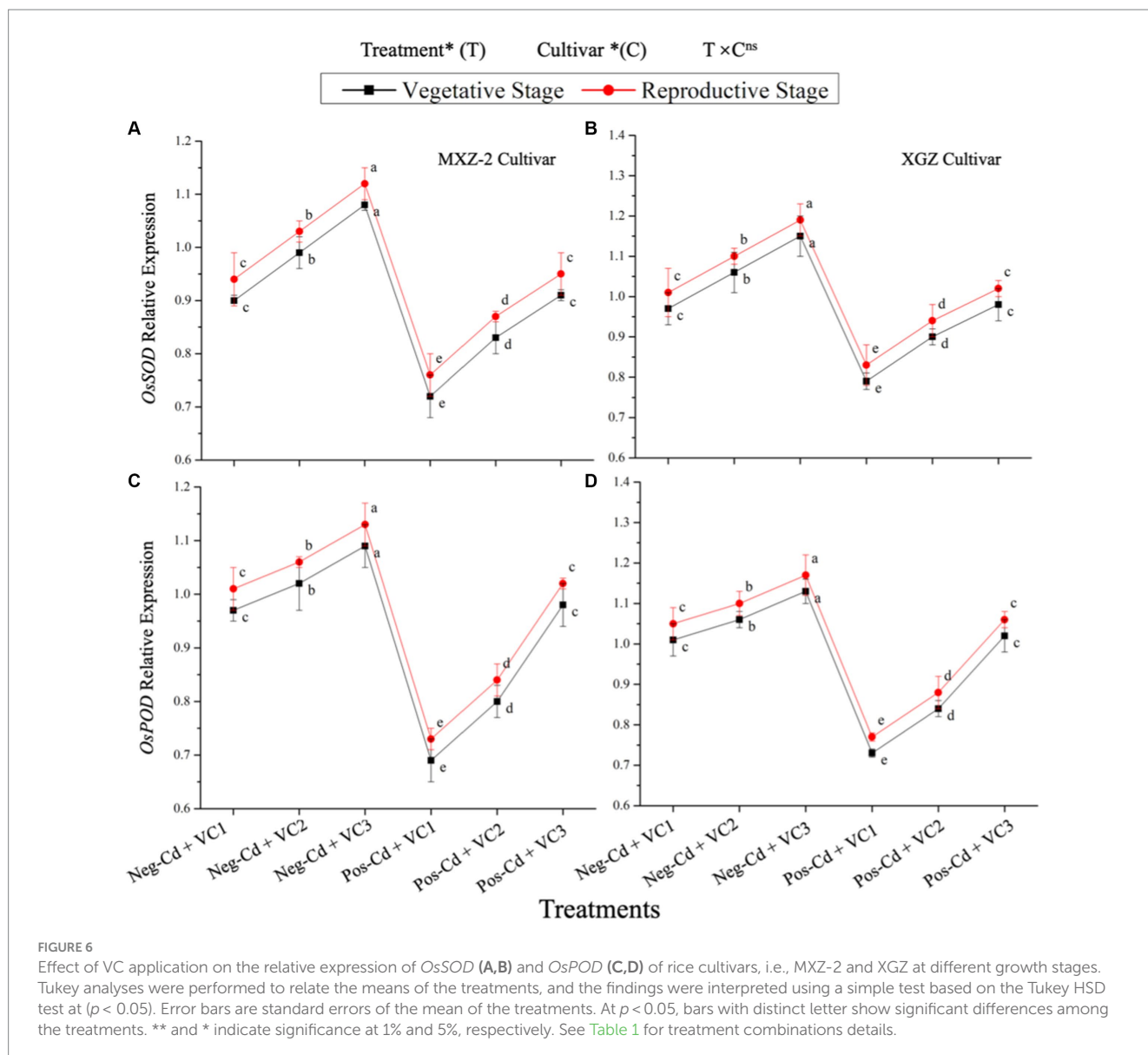
produce hydroxyl ions ( $\text{OH}^-$ ) that interact with  $\text{H}^+$  ions to increase the pH of the soil. These hydroxyl ions include phenolic, hydroxyl, and carboxyl groups (Gul et al., 2015). Most growing plants would benefit from the pH of the soil being adjusted by the VC to a roughly neutral level (Fernández-Bayo et al., 2009).

Additionally, the addition of VC significantly improved the soil nutrient status in the present study. The possible explanation for this is the fact that the organic compost has a high ratio of organic matter and other essential plant nutrients (Tejada et al., 2010; Iqbal et al., 2023a,b). According to Liang et al. (2017), heavy metals typically do not melt or migrate readily in high-pH soil. Thus, it is possible that the higher soil pH caused by the application of VC fertilizer played an important role in slowing Cd migration in the soil in this experiment. Furthermore, the addition of VC improved soil nutrient availability, leading to greater plant growth and productivity in the current study (Table 1). The application of VC facilitates the secretion of mucus by earthworms, polysaccharides, and microorganisms, all of which improve the soil's physical structure, which is important for plant root growth and nutrient uptake (Lim et al., 2015). In conclusion, vermicomposting enriches the soil with beneficial microbes, enzymes, and humic acids, hence improving soil structure and

water retention capacity (Iqbal et al., 2023a). This increases nutrient availability to plants, allowing stronger root development and better nutrient uptake (Iqbal et al., 2024b). Furthermore, the VC addition enhances soil biodiversity by promoting the beneficial microbes which in turn enhances plant growth directly by production of plant growth-regulating hormones and enzymes and indirectly by controlling plant pathogens, nematodes, and other pests, thereby enhancing plant health and minimizing yield loss (Pathma and Sakthivel, 2012). Interestingly, its slow release of nutrients provides long-term fertility, decreasing the demand for artificial fertilizers and minimizing environmental effects (Pathma and Sakthivel, 2012). Overall, the use of VC improves soil fertility while also encouraging sustainable farming practices by promoting long-term soil health and productivity.

## 4.2 Leaf physiological and plant biochemical attributes

Photosynthesis is the main element of plant physiological activity and productivity by enhancing crop growth and biomass



accumulation (Khan et al., 2017; Iqbal et al., 2020; Ali et al., 2021). In the present study, the VC enhanced the plant photosynthetic efficiency, including, Tr, g<sub>s</sub>, and Ci, in VC-treated plants as compared to non-VC-treated plants under Cd stress (Figures 1, 2). The enhancement in leaf photosynthetic activity induced under VC application could be primarily attributed to the improved soil fertility (Table 1), faster release of soil nutrients from VC in the early growth stages and gradual and slow release of crop-related nutrients from VC throughout the crop period (Yang et al., 2015; Luo H. et al., 2020; Luo Y. et al., 2020; Iqbal et al., 2022). Photosynthesis experienced a strong reaction to water and soil health (Makoto and Koike, 2007). A sufficient supply of water and nutrients will decrease the number of water-soluble nutrients and the stress-inducing root-sourced signal (ABA), which will open the stomata on leaves and increase their water potential and physiological activity (Daszkowska-Golec and Szarejko, 2013). In addition, the linear regression analysis in the present study also showed a highly positive relation between soil chemical traits and

leaf photosynthetic activity (Figure 8). Aslam et al. (2020), reported that the application of VC improves the plant's morphological and physiological attributes.

The VC addition enhances crop growth, yield, and quality due to its plant growth-promoting characteristics. VC stimulates plant emergence because of the availability of essential plant nutrients (Iqbal et al., 2024a,b). According to Khan et al. (2021), antioxidants can lessen oxidative damage and reactive oxidative stress in plants, which is important for plant defense systems. Under the Cd stress condition, the plant's physiological and biochemical attributes significantly ( $p < 0.05$ ) reduced in the current study (Figures 4, 5). Furthermore, the Cd toxicity damaged leaf ultrastructure components such as cell wall, chloroplast, and vacuoles (Figure 3). However, the VC addition counteracted the Cd toxicity and healed the plant's oxidative damage, which may be linked to an increase in the activity of antioxidant enzymes and the expression of genes encoding antioxidants (Figures 4–7). According to earlier research, SOD, POD, CAT, and APX protected plants against oxidative plant

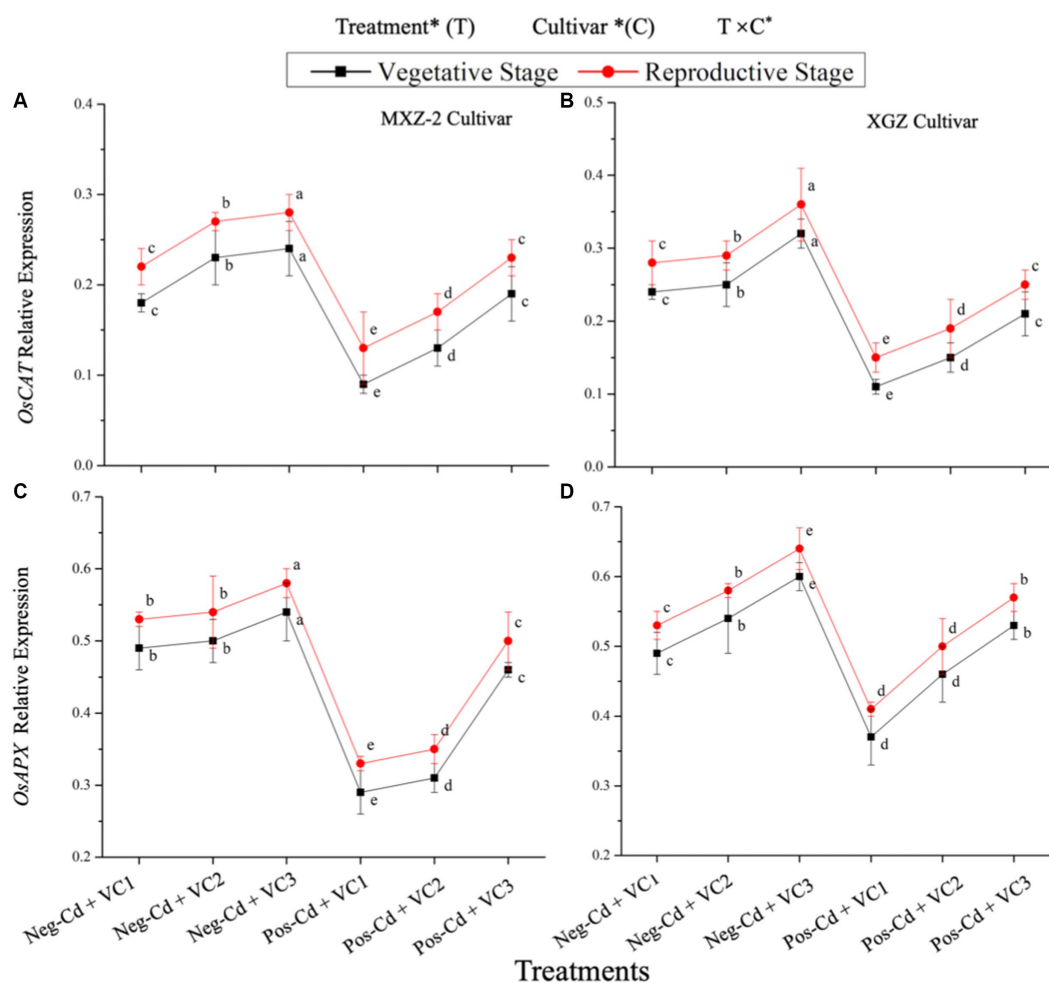


FIGURE 7

Effect of VC application on the relative expression of *OsCAT* (A,B) and *OsAPX* (C,D) of rice cultivars, i.e., MXZ-2 and XGZ at different growth periods. Tukey tests were performed to relate the means of the treatments, and the findings were interpreted using a simple test based on the Tukey HSD test at ( $p < 0.05$ ). Error bars are standard errors of the mean. At  $p < 0.05$ , bars with distinct letter show significant ( $p < 0.05$ ) differences among the treatments. \*\* and \* indicate significance at 1% and 5%, respectively. See Table 1 for details treatment combinations.

damage by acting as antioxidant enzymes (Hasanuzzaman et al., 2020; Moustafa-Farag et al., 2020). In this study, we also found that pots containing Cd had lower SOD activity. This could be the case as SOD, which reduces reactive oxidative stress and transforms hazardous  $O_2$  into less toxic  $H_2O_2$ , is the antioxidant system's first line of defense (Anjum et al., 2011). Similarly, a similar pattern was observed in the activity of CAT, which protects plant cells by turning  $O_2$  into the less toxic  $H_2O_2$ , thereby reducing oxidative stress (Sanchez-Casas and Klessig, 1994; Iqbal et al., 2023a,b). The procedure involved in eliminating  $O_2$  and the increased formation of  $H_2O_2$  and MDA in the current investigation may be the cause of the significant decline in antioxidant enzyme activity under Cd stress (Table 3). On the other hand, both aromatic rice varieties' antioxidant enzyme activity was enhanced by VC addition, which may have been a major factor in improving plant growth and antioxidant defense system. Moreover, the results of the linear regression analysis demonstrated that increased leaf physiological activity enhanced the antioxidant defense system and leaf ultrastructure, including the cell wall, chloroplast, and vacuole

(Figures 3–5). Additionally, the expression level of antioxidants encoding genes is strongly elevated in plants treated with VC (Figures 6, 7). According to Gao et al. (2013), VC enhances the activity of antioxidant enzymes and so helps in the production of crops by shielding the leaf chloroplast structure from reactive  $O_2$ .

Plant cytoplasm contains a substance called proline, which regulates osmotic pressure by altering the water potential of cells (Muneer et al., 2011). In this study, under Cd-stress situations, leaf proline content was boosted significantly (Table 2). Plant proline levels are elevated by heavy metal stress, especially Cd toxicity because stressed plants are more resilient (Bauddh and Singh, 2012). Plant protein degradation may be linked to an increase in proline content and plant damage may be reflected in an increase in proline levels in plant tissue (Palma et al., 2002). Our results are consistent with Elmer and White (2018) and Cao et al. (2014) who reported that the increased protease activity caused protein deficiency under Cd stress conditions. Similar findings were stated by other researchers that the production of soluble protein is significantly affected by stress conditions, particularly by Cd stress

TABLE 2 Effect of VC application on proline and soluble protein content of different rice cultivars under Cd toxicity.

	Treatments	Vegetative stage		Reproductive stage	
		Proline content ( $\mu\text{g g}^{-1}$ FW)	Soluble protein ( $\text{mg g}^{-1}$ FW)	Proline content ( $\mu\text{g g}^{-1}$ FW)	Soluble protein ( $\text{mg g}^{-1}$ FW)
	Neg-Cd + VC1	19.34 ± 2.12 d	401.16 ± 12.33b	22.99 ± 1.86 c	435.45 ± 12.44 b
	Neg-Cd + VC2	18.87 ± 3.21 d	403.75 ± 22.24 b	19.44 ± 1.50 d	438.66 ± 22.25 b
MXZ-2	Neg-Cd + VC3	13.83 ± 1.45 e	423.32 ± 18.45 a	15.43 ± 1.22 e	457.64 ± 15.64 a
	Pos-Cd + VC1	21.23 ± 1.67 a	356.45 ± 14.45 e	28.88 ± 2.36 a	245.53 ± 12.30 e
	Pos-Cd + VC2	18.34 ± 2.44 b	375.44 ± 16.66d	25.99 ± 1.90 b	353.32 ± 14.34 d
	Pos-Cd + VC3	16.24 ± 2.22 c	390.28 ± 12.68 d	23.06 ± 2.22 c	414.55 ± 18.80 c
	Average	17.98 b	391.64 a	22.77b	401.75a
	Neg-Cd + VC1	20.63 ± 1.23 c	385.34 ± 14.44 c	25.85 ± 2.40 c	437.58 ± 19.34 b
	Neg-Cd + VC2	18.16 ± 1.22 d	415.94 ± 18.34 b	26.38 ± 1.66 d	431.17 ± 16.87 b
XGZ	Neg-Cd + VC3	17.90 ± 1.55 d	435.55 ± 16.22 a	23.34 ± 1.70 e	459.78 ± 22.32 a
	Pos-Cd + VC1	24.52 ± 2.23 a	318.68 ± 17.78 e	39.74 ± 2.22 a	311.76 ± 18.23 d
	Pos-Cd + VC2	21.63 ± 1.96 b	387.23 ± 12.20 d	27.85 ± 1.88 b	411.46 ± 15.44 c
	Pos-Cd + VC3	19.95 ± 1.45 c	392.46 ± 15.44 c	25.38 ± 2.11 c	426.69 ± 20.22 b
	Average	21.27 a	403.87a	28.65 a	414.57 a
	ANOVA				
	Treatment (T)	**	**	**	**
	Cultivar (C)	*	ns	*	ns
	T × C	ns	ns	ns	ns

Results are the averages of three replications, and Tukey tests were used to compare the treatment mean. The lettering was done using the Tukey HSD test at 5%. Cd, Cadmium; VC, vermicompost. ns, non-significant; \*\* and \* are significant at 1% and 5%, correspondingly. See Table 1 for treatment combinations.

(Palma et al., 2002; Cao et al., 2014). However, the VC application alleviated the adverse effect of Cd on plants and greatly increased the protein content in the leaves of rice in the present study (Table 2). According to our findings, adding VC amendments to the soil improved its fertility, which in turn improved the physiological and biochemical processes of the plant by facilitating the uptake and accumulation of vital nutrients. Moreover, the VC application lowered the leaf proline content and strengthened plant defense systems due to improved plant physiological activity, indicating a moderating effect in preserving plant osmotic balance under Cd-contaminated soil (Table 2). The results of the linear regression analysis also demonstrated a strong and positive correlation between plant antioxidant defense systems and the leaf net photosynthetic rate (Figure 9).

The present research demonstrated that increased MDA and  $\text{H}_2\text{O}_2$  generation were indicative of enhanced oxidative damage and leaf ultrastructure in the plant under Cd stress (Table 3). However, by lowering Cd uptake and aggregation in rice organs, VC treatments lessened the harmful effects of Cd (Table 4). Adding VC to soils not only gives plants vital nutrients for growth but also acts as a soil additive by causing heavy metals in the soil to become more complex, soluble, and precipitated. The VC reduces the mobility and uptake of Cd in plants (Huang et al., 2018). Therefore, by enhancing plant growth and antioxidant defense systems, the VC significantly decreased MDA and  $\text{H}_2\text{O}_2$  in rice leaf organs. This suggests that the VC application lessened intracellular membrane disruptions caused by Cd throughout plant growth and development.

### 4.3 Cd accumulation in rice plant's different organs and grain yield

In the current study, the use of VC dramatically decreased the absorption and content of Cd in rice in organs, including the roots, shoots, and grains (Table 4). The organic VC treatment, which reduced the accessibility and mobility of Cd in arable soil, is mostly responsible for this behavior. By enhancing the complexation and precipitation of metals in farming soil, VC addition can serve as a soil additive, giving plants nutrients and organic matter while simultaneously reducing their mobility and availability of heavy metals (Deng et al., 2017). However, VC amendments, because of its vast surface area, high cation exchange capacity, and richness in active functional groups, VC may be considered a promising treatment for stabilizing heavy metals in soil (Wang et al., 2018; Ding et al., 2021). When compared to soils that have not been treated with VC, the possibility of Cd absorption and uptake in plant roots is therefore much decreased. Additionally, Wan et al. (2020) noted that supplying more organic fertilizers significantly decreased the amount of Cd in rice grain, ranging from 7.8 to 79.3%. In a similar vein, Tang et al. (2015) discovered that adding organic amendments decreased the amount of metal in *B. chinensis* plant roots and shoots growing in acidic soil.

In the present study, the addition of VC significantly increased fragrant rice yields in Cd-stressed soil (Table 4). Improvements in crop production and quality are closely associated with enhancements in soil physiochemical and biological properties (Iqbal et al., 2021a,b). Organic fertilizers enhance soil health and fertility, which increases plant growth, crop yield, and yield elements (Ali et al., 2020; Iqbal et al., 2022). In this

TABLE 3 Effect of VC application on H<sub>2</sub>O<sub>2</sub> and MDA content of different fragrant rice cultivars (i.e., MXZ-2 and XGZ) under Cd toxicity.

	Treatments	Vegetative stage		Reproductive Stage	
		H <sub>2</sub> O <sub>2</sub> (μg g <sup>-1</sup> FW)	MDA (μg g <sup>-1</sup> FW)	H <sub>2</sub> O <sub>2</sub> (μg g <sup>-1</sup> FW)	MDA (μg g <sup>-1</sup> FW)
MXZ-2	Neg-Cd + VC1	16.44 ± 1.32 d	11.95 ± 0.88 c	19.87 ± 1.22 d	18.34 ± 1.02 c
	Neg-Cd + VC2	15.53 ± 0.98 e	10.70 ± 0.84 d	17.18 ± 1.08 e	15.05 ± 0.88 d
	Neg-Cd + VC3	14.47 ± 1.58 e	10.46 ± 1.10 e	16.99 ± 0.98 e	14.95 ± 0.94 d
	Pos-Cd + VC1	26.72 ± 2.34 a	18.98 ± 2.12 a	37.70 ± 2.66 a	26.74 ± 1.88 a
	Pos-Cd + VC2	22.66 ± 1.88 b	14.38 ± 1.54 b	29.98 ± 2.14 b	22.15 ± 1.22 b
	Pos-Cd + VC3	19.77 ± 1.20 c	12.05 ± 1.44 c	23.34 ± 1.88 c	18.34 ± 0.98 c
	Average	19.68b	12.80 a	24.30 a	20.24 a
XGZ	Neg-Cd + VC1	15.53 ± 0.92 d	10.14 ± 0.72 c	21.40 ± 1.55 d	13.80 ± 0.86 d
	Neg-Cd + VC2	13.03 ± 0.88 e	8.84 ± 0.54 d	19.44 ± 0.82 e	13.91 ± 0.45 d
	Neg-Cd + VC3	12.99 ± 1.08 e	8.80 ± 0.66 d	16.24 ± 1.20 f	12.24 ± 0.58 e
	Pos-Cd + VC1	28.76 ± 1.34 a	16.34 ± 1.22 a	40.34 ± 3.24 a	25.55 ± 1.44 a
	Pos-Cd + VC2	21.64 ± 0.88 b	14.34 ± 0.98 b	36.22 ± 2.22 b	22.70 ± 1.22 b
	Pos-Cd + VC3	18.30 ± 1.08 c	10.22 ± 0.88 c	26.76 ± 1.66 c	16.66 ± 0.98 c
	Average	21.12a	11.70 b	30.05 b	18.78 b
ANOVA					
Treatment (T)	**	**	**	**	
Cultivar (C)	*	*	*	*	
T × C	ns	ns	ns	ns	

Results are the means of three replications, and Tukey tests were used to compare the treatment mean. The lettering was done using the Tukey HSD test at 5%. The HSD Tukey test reveals significant variations among values with different letters ( $p < 0.05$ ). Cd, Cadmium; VC, vermicompost. ns, non-significant; \*\* and \* are significant at 1% and 5%, correspondingly. See Table 1 for details treatment combinations.

TABLE 4 The effect of VC uses on Cd accumulation in aromatic rice varieties in various organs and grain yield under Cd stress.

	Treatments	Cd content (μg g <sup>-1</sup> DW)			
		Root	Stem + leaf	Grain	Grain yield (g pot <sup>-1</sup> )
MXZ-2	Neg-Cd + VC1	22.83 ± 1.55d	10.87 ± 0.67d	0.15 ± 0.01d	75.08 ± 4.40 d
	Neg-Cd + VC2	20.24 ± 1.30e	9.78 ± 0.78e	0.12 ± 0.02e	95.80 ± 8.82 b
	Neg-Cd + VC3	10.76 ± 0.78f	8.423 ± 0.65f	0.09 ± 0.01f	120.35 ± 10.40 a
	Pos-Cd + VC1	214.76 ± 10.40a	42.875 ± 3.45a	1.56 ± 0.05a	65.40 ± 6.70 e
	Pos-Cd + VC2	189.95 ± 8.48b	36.96 ± 1.10b	0.98 ± 0.05b	79.46 ± 7.60 c
	Pos-Cd + VC3	156.98 ± 5.36c	28.88 ± 2.82c	0.76 ± 0.02c	92.35 ± 8.20 b
	Average	102.60 a	22.95a	0.61a	88.05b
XGZ	Neg-Cd + VC1	18.86 ± 1.35e	8.86 ± 0.86d	0.12 ± 0.02d	78.25 ± 4.45 d
	Neg-Cd + VC2	14.44 ± 1.33d	7.12 ± .88e	0.10 ± 0.02e	97.85 ± 7.85 b
	Neg-Cd + VC3	10.75 ± .77f	6.45 ± 0.44f	0.08 ± 0.01f	122.35 ± 11.45 a
	Pos-Cd + VC1	188.70 ± 10.42a	45.84 ± 3.40a	1.25 ± 0.04a	68.44 ± 6.50 e
	Pos-Cd + VC2	178.98 ± 8.85b	30.98 ± 2.18b	0.96 ± 0.03b	82.40 ± 7.80 c
	Pos-Cd + VC3	125.22 ± 5.38c	20.88 ± 1.80c	0.45 ± 0.02c	96.86 ± 8.20 b
	Average	89.50b	20.02b	0.49b	90.95a
ANOVA					
Treatments (T)	**	**	**	**	
Cultivar (T)	*	*	*	*	
T × C	ns	ns	ns	ns	

Values are the means of three replications, and Tukey tests were used to compare the treatment mean. The lettering was done using the Tukey HSD test at 5%. The HSD Tukey test reveals significant differences between values with different letters ( $p < 0.05$ ). Cadmium (Cd) and vermicompost (VC) are non-significant; \* and \*\* are significant at 5% and 1%, respectively. See Table 1 for details treatment combination.

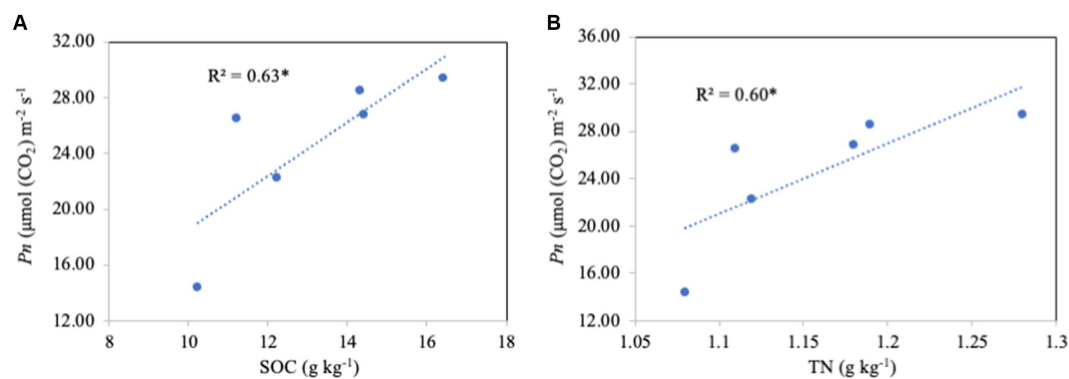


FIGURE 8

Linear regression analysis between soil organic carbon (SOC) and total nitrogen (TN) with leaf net photosynthetic rate ( $P_n$ ) under VC application in a Cd-contaminated soil ( $n = 6$ ).  $*P < 0.05$ .

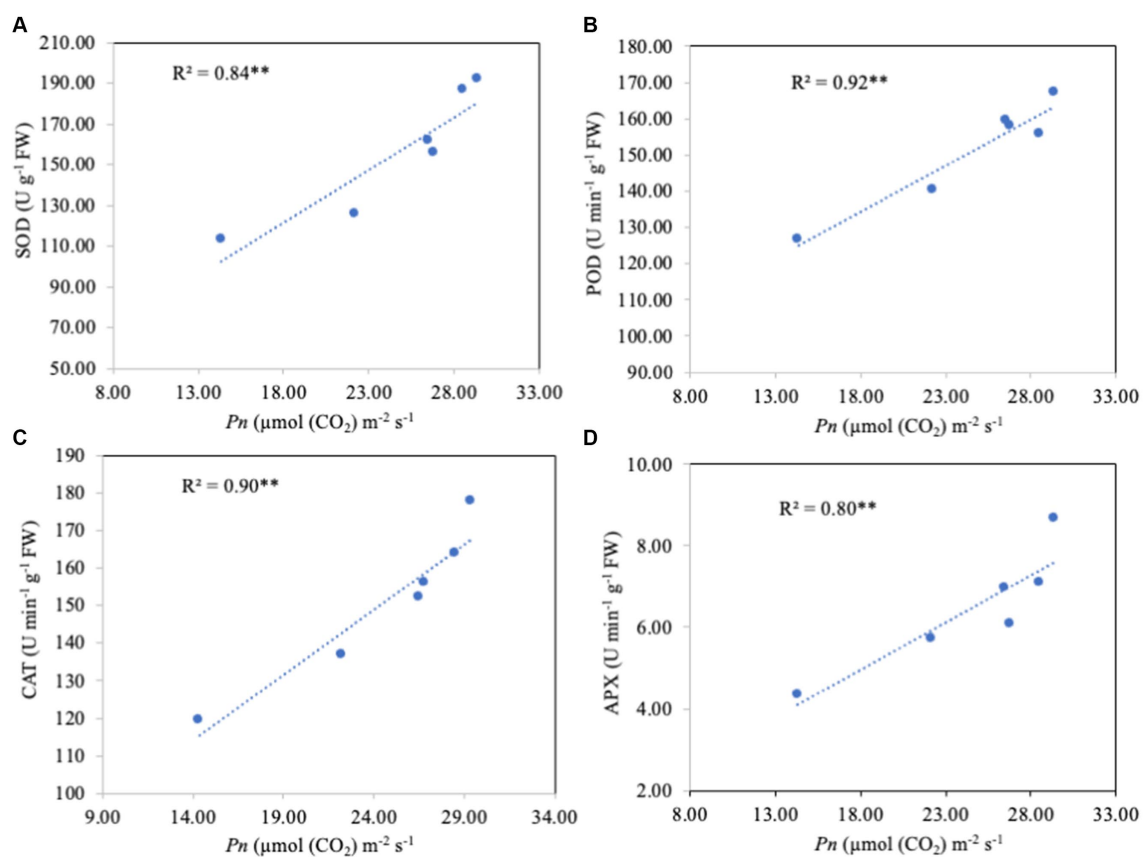


FIGURE 9

Linear regression analysis of leaf net photosynthetic rate ( $P_n$ ) with antioxidant enzyme activity [i.e., SOD (A), POD (B), CAT (C), and APX (D)] under the application in a Cd-contaminated soil ( $n = 6$ ).  $**P < 0.01$ .

study, increased soil nutritional values were found in VC-treated soil (Table 1), which improved aromatic rice growth, physiological activity, and yield by giving the necessary nutrients across the growing period. This was supported by linear regression, which revealed that soil chemical features were highly positively related to leaf physiological traits (Figure 8). Iqbal et al. (2022) found that differences in yield are positively linked with soil biochemical state. Thus, variations in rice yield and yield components are largely dependent on soil health and nutrition.

## 5 Conclusion

This study aimed to determine how VC application reduced the adverse impacts of Cd toxicity on soil health and fragrant rice growth and grain yield. The results showed that the soil quality and physiological and metabolic efficiency of the fragrant rice cultivars were adversely affected by Cd toxicity. Moreover, under Cd stress, there was an increase in proline, MDA, and  $\text{H}_2\text{O}_2$  production, as well

as Cd uptake and accumulation in rice organs, particularly in the roots and leaves. However, the VC application alleviated the Cd toxicity on soil health and plant physiological and biochemical attributes. The application of VC simultaneously immobilized Cd in paddy soil and enhanced the chemical characteristics of the soil due to its vast surface area, high cation exchange capacity, and richness in active functional groups and nutrients. Our findings concluded that the addition of VC enhances plant growth and production by promoting soil fertility which in turn enhances plant nutrient uptake and reduces Cd toxicity. Overall, the use of VC improves soil fertility while also encouraging sustainable farming practices by decreasing the demand for synthetic fertilizers and promoting long-term soil health and crop productivity.

## Data availability statement

The original contributions presented in the study are included in the article/[Supplementary material](#), further inquiries can be directed to the corresponding authors.

## Author contributions

AI: Conceptualization, Methodology, Project administration, Supervision, Visualization, Data curation, Formal analysis, Investigation, Software, Writing – original draft. RK: Methodology, Formal analysis, Software, Validation, Visualization, Writing – review & editing. QH: Formal analysis, Methodology, Software, Validation, Writing – review & editing, Conceptualization, Data curation, Investigation, Visualization. MI: Methodology, Formal analysis, Software, Validation, Visualization, Resources, Writing – review & editing. ZM: Conceptualization, Data curation, Investigation, Methodology, Software, Writing – review & editing, Project administration, Resources, Supervision. TH: Data curation, Formal analysis, Methodology, Software, Supervision, Visualization, Writing – review & editing, Project administration, Resources. MA: Conceptualization, Formal analysis, Methodology, Software, Supervision, Writing – review & editing, Data curation, Visualization. IA: Formal analysis, Funding acquisition, Methodology, Resources, Software, Supervision, Validation, Writing – review & editing. HR: Funding acquisition, Methodology, Supervision, Writing – review & editing, Conceptualization, Formal analysis, Project administration, Software. MS: Conceptualization, Methodology, Project administration, Supervision, Validation, Writing – review & editing, Formal analysis, Funding acquisition, Resources,

Software, Visualization. AE: Writing – review & editing, Funding acquisition, Methodology, Resources, Supervision, Validation. RL: Conceptualization, Methodology, Project administration, Supervision, Validation, Writing – review & editing. XT: Writing – review & editing.

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## Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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## Supplementary material

The Supplementary material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fsufs.2024.1418554/full#supplementary-material>

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