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Optimizing photosynthetic photon flux density and light quality for maximizing space use efficacy in edamame at the vegetative growth stage

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Compared with conventional crop cultivation in greenhouses or fields, plant factories with artificial light (PFAL) have advantages in the highly efficient use of space, energy, and resources available for cultivation. However, few studies on environmental controls for improving the space use efficacy (SUE) of PFAL in the production of edamame, a vegetable soybean, have been reported. Therefore, developing an environmental control method for high productivity with minimal space and energy requirements is of high priority. The aims of this study were to (1) identify the optimal photosynthetic photon flux density (PPFD) and light quality to enhance the SUE of edamame at the vegetative growth stage, and (2) examine the effects of PPFD, light quality, and their interaction on edamame plant growth at the vegetative stage. SUE is defined as the crop biomass produced per unit cubic volume of cultivation during the growth period. We examined three PPFD treatments (300, 500, and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$) with three color temperature LED lamps (3,000, 5,000, and 6,500 K), for a total of nine treatments. The results demonstrated that, under the same light quality treatment, higher PPFDs resulted in larger fresh and dry weights of all organs, higher stem length, and lower specific leaf area. Under the same PPFD treatment, a high ratio of blue (400–499 nm) to red (600–699 nm) photon flux density increased the plant height but decreased the projected leaf area. The values of SUE at 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ increased by 213, 163, and 92% with 3,000, 5,000, and 6,500 K, respectively compared with those at 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$. The values of SUE at 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ increased by 34 and 23% in 5,000 and 6,500 K treatments, respectively compared with that in the 3,000 K treatment. In conclusion, a combination of 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ PPFD and 5,000 K color temperature is the suitable condition to increase the SUE of edamame at the vegetative growth stage in a PFAL.

KEYWORDS

biomass accumulation, color temperature, cumulative volume, white LED, plant factory with artificial light, plant height, vegetable soybean, vertical farming

1 Introduction

With the decrease in agricultural land resources, increase in unusual weather, and aggravated environmental pollution, a stable, safe, and sustainable food production system is necessary. To solve these problems, many studies have been conducted on closed-plant production systems have been proposed (Goto, 2012; Kozai, 2013; Ji et al., 2023). Recently, plant factories with artificial light (PFALs) and vertical farms—characterized by a multilayered cultivation system and utilization of artificial light—have been widely used to produce high-quality and fresh agricultural products throughout the year (Kozai and Niu, 2016; Benke and Tomkins, 2017; Sharath Kumar et al., 2020; Van Gerrewey et al., 2022). PFAL controls environmental factors such as light, temperature, humidity, CO₂ enrichment, and air velocity for plant growth. It has water and CO₂ savings for production compared with greenhouses and fields (Kozai, 2005; Graamans et al., 2018).

Soybeans are crucial crops containing high-quality proteins. Vegetable soybeans, also called edamame in Japanese, are harvested and consumed at the immature R6 developmental stage which occurs when the seeds or pods become larger but do not turn yellow (Ogles et al., 2016; Carneiro et al., 2020). Therefore, the difference between soybeans and edamame lies in the harvest or consumption time. Because edamame also contains high levels of protein, isoflavones, edible oil, and dietary fiber, it is very popular in the United States, Japan, China, and several other countries (Sánchez et al., 2005; Zeipina et al., 2017). In addition, edamame takes only 70–100 days from planting to harvest, shorter than that of soybeans (Konovsky et al., 1994; Moseley et al., 2021). In our preliminary study using a PFAL, edamame was harvested ~65 d after germination; therefore, it is more suitable for high-efficiency PFAL production. There have been some reports on PFAL cultivation of fruits and vegetables, such as strawberries and tomatoes (Yoshida et al., 2013; Ke et al., 2023; Park et al., 2023), wherein the time from germination to harvest is 100–150 d (Li et al., 2019). In comparison, edamame requires a shorter cultivation period, rendering it a marketable crop produced using PFAL. It is common for crops to be cultivated without agrichemicals in a PFAL; therefore, fresh and agrichemical-free edamame could be produced and made available to the market in the future (Wang, 2018).

In a PFAL, the energy consumption includes that of lamps and air conditioning systems for cooling, heating, and dehumidification (Graamans et al., 2018) and is a major production cost. Therefore, energy consumption should be reduced using lamps with higher electric efficiency and performance air conditioning systems. Reducing the space of the cultivation shelf of the multilayered cultivation system in a PFAL is also a good means to reduce the operational cost of the air-conditioning system because the volume of the targeted air to be controlled. Space use efficacy (SUE) is defined as the dry biomass produced per unit of cumulative volume of cultivation during a growth period and that combines both the integrated volume occupied by crops and dry biomass production. According to this definition, it is considered that SUE is improved by reducing the volume of cultivation space and/or increasing the dry biomass of crops. The volume of space required for crop production is determined by crop shape, with plant height being the most influential factor. For more efficient use of space, short plants are desirable to increase the number of plant layers in a multilayered cultivation system.

Photosynthetic photon flux density (PPFD) may influence SUE because it can affect plant morphology (Van Roekel and Purcell, 2014;

Graham and Wheeler, 2017). Additionally, PPFD can affect dry biomass production, and decreased PPFD or shading conditions can significantly decrease soybean yield and total dry biomass accumulation (Kurosaki and Yumoto, 2003; Zhang et al., 2011; Wu et al., 2016). Moreover, light quality, as defined by color temperature in the present study, may also affect SUE. Developing a strategy to control the edamame light environment during the vegetative stage is important for determining its morphology and yield (Feng et al., 2018; Moseley et al., 2021). In addition, PPFD and light quality can affect the biomass accumulation and morphology of edamame, which are principal SUE determinants. Maximizing SUE is the primary strategy for achieving a high edamame yield in a PFAL. Biomass accumulation, such as that of non-structural carbohydrates, is essential for high translocation from leaves to seeds during the reproductive stage. This study had two objectives. The first was to assess the influence of PPFD and light quality on edamame SUE and to identify the optimal PPFD and light quality for improving SUE during the vegetative growth stage. The second was to identify the influence of PPFD and light quality, and their effect on edamame plant growth at the vegetative stage.

2 Materials and methods

2.1 Plant material and growth conditions

This experiment was conducted in a PFAL at the Matsudo Campus, Chiba University, Japan using the soybean cultivar, *Glycine max* L. Merrill. Enrei, which is available as both a vegetable and a conventional soybean. This cultivar accounted for 9% of the total soybean planting area in Japan in 2014 (Shimomura et al., 2015); consequently, 'Enrei' was chosen for the present study. Edamame seeds were sterilized in a 20% sodium hypochlorite (NaClO) solution for 10 min, washed with distilled water, and then germinated on wet filter paper in the dark for 4 d. After germination, the seedlings were put under white fluorescent lamps (FL, FHF32EXNH; Panasonic Corporation, Osaka, Japan) with 200 μmol m⁻² s⁻¹ PPFD at the top of the seedling canopy. Conditions were maintained at 1000 μmol mol⁻¹ CO₂ concentration, 25/20°C (day/night period) air temperature with 65–70% relative humidity, and 16/8 h (light/dark) photoperiod. All seedlings were cultivated using tap water for irrigation for 12 d after sowing (DAS). At 12 DAS—when the first true leaf had fully expanded—the seedlings were transplanted into the treatment area. Seedlings were cultivated using 1/2 OAT house A nutrients (OAT Agrio Co., Ltd., Tokyo, Japan). The height of the cultivation shelf and the area of cultivation area used in the study were 60 cm and 0.78 m², respectively.

2.2 Light treatment

Different color temperatures of LED lamps with various spectral characteristics were used for the light quality treatments here (Tables 1, 2). White LED lamps (XLX450DELP LE9, XLX450NHNU LE9, and XLX460NEDT LE9; Panasonic Corporation, Osaka, Japan) with the color temperatures of 3,000 K (31.9 W), 5,000 K (26.3 W) and 6,500 K (43.1 W) were used as light sources, respectively. A spectroradiometer (USR-45DA, USHIO INC., Japan) was used to

TABLE 1 Spectral characteristics of each light source.

Light quality (Color temperature, K)	Photon flux density (%)				B/R	R/FR
	400–499 nm (Blue)	500–599 nm (Green)	600–699 nm (Red)	700–800 nm (Far-red)		
3,000	10.0	39.3	45.1	5.6	0.22	8.05
5,000	21.0	46.8	29.9	2.2	0.70	13.59
6,500	26.3	45.9	25.2	2.7	1.04	9.33

White light emitting diode lamps (XLX450DELP LE9; XLX450NHNU LE9; and XLX460NEDT LE9; Panasonic Corporation, Osaka, Japan) were used as light sources. Photon flux density (%) means a proportion of photon flux density at a given wavelength range to total photosynthetic photon flux density (PPFD). B/R means the ratio of blue to red photon flux density. R/FR means the ratio of red to far-red photon flux density.

TABLE 2 Photon flux density (PFD) of blue, green, red, and far-red wavelengths in different photosynthetic photon flux density (PPFD) and light quality treatments.

Light quality (Color temperature, K)	PPFD ($\mu\text{mol m}^{-2} \text{s}^{-1}$)	PFD ($\mu\text{mol m}^{-2} \text{s}^{-1}$)			
		400–499 nm (Blue)	500–599 nm (Green)	600–699 nm (Red)	700–800 nm (Far-red)
3,000	300	31.8	124.7	143.5	16.8
	500	53.0	207.9	239.2	28.0
	700	74.2	219.0	334.8	39.3
5,000	300	65.5	143.5	92.0	6.6
	500	107.5	239.2	153.3	11.1
	700	150.5	334.9	214.6	15.5
6,500	300	81.0	141.3	77.7	8.1
	500	134.9	235.6	129.5	13.5
	700	188.9	329.8	181.3	18.9

measure the spectral photon flux distribution of the lamps (spectral data are shown in Figure 1). The photon flux density (PFD) was recorded at three wavelengths: 400–499 nm (blue light), 500–599 nm (green light), and 600–699 nm (red light), the ratio of blue-to-red photon flux (B/R) and ratio of red-to-far-red photo flux (R/FR) ratio was calculated (Table 1 and Supplementary Figure S1). The ratios of B/R for the 3,000, 5,000, and 6,500 K lamps were 0.22, 0.70, and 1.04, respectively. There were three levels of PPFD: 300, 500, and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ with daily light integrals (DLIs) of 17.28, 28.80, and 40.32 $\text{mol m}^{-2} \text{d}^{-1}$, respectively. In each PPFD level, there were three light qualities: 3,000, 5,000, and 6,500 K. The blue and red photon flux densities (BPFD and RPF), green, and far-red wavelengths in different PPFDs and color temperature treatments are shown in Table 2. The power and energy consumptions in each light treatment are shown in Supplementary Table S1. Each treatment was performed in duplicate.

2.3 Growth measurement

The growth parameters were measured at 21 DAS with stem length, leaf area, and fresh and dry weights of the leaves, stems, branches, and roots of each plant measured using a ruler, leaf area meter (LI-3000C; LI-Cor Inc., Lincoln, NE, United States), and a digital balance, respectively. Plant organs were put in a convection oven (DV600 dry oven, Yamato Scientific Co., Ltd., Japan) and dried for 72 h at 80°C. The specific leaf area (SLA) of all leaves at 21 DAS was calculated by using the leaf area by the leaf dry weight. Daily canopy

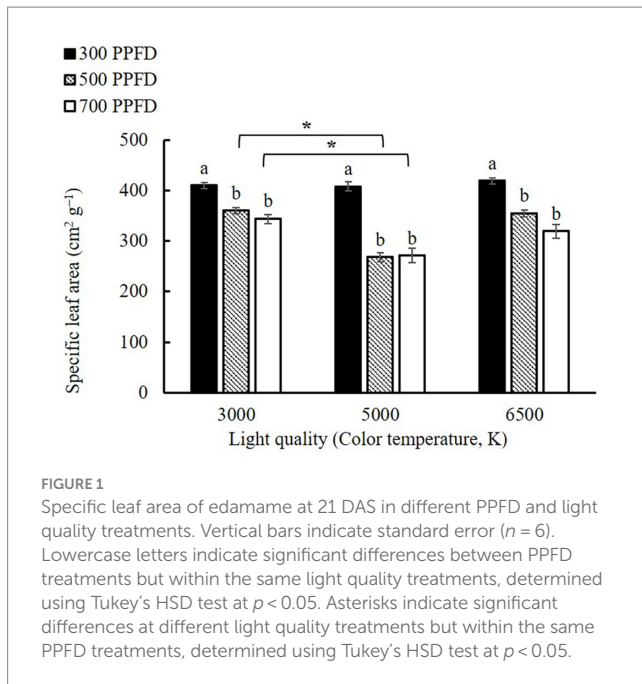
photographs from the top of the plants were used to calculate the projected leaf area (PLA) using a free imaging software (LIA 32 ver. 0.378).

2.4 Measurement of chlorophyll pigment

Chlorophyll pigments were extracted from the first fully expanded leaf from the top of the seedlings at 21 DAS. Fresh leaves (0.08 g) were soaked in 2 mL 80% acetone for 24 h. The absorbance of the leaf extracts was measured at 663 and 645 nm using an ultraviolet–visible spectrophotometer (V-750; JASCO Co., Ltd., Japan), according to the method described by Porra et al. (1989).

2.5 Leaf net photosynthetic rate

A LI-6400 portable photosynthesis system (LI-COR Inc., Lincoln, NE, USA) with a leaf chamber containing a transparent cuvette was used to measure the net leaf photosynthetic rate (Pn). The first fully expanded leaf from the top of the edamame plant at 21 DAS for each of the nine treatments was used. For the measurements, the leaf was clamped in the chamber and environmental conditions of the leaf chamber were set as $25 \pm 1^\circ\text{C}$ leaf temperature, 1,000 $\mu\text{mol mol}^{-1} \text{CO}_2$ concentration, 65–70% relative humidity, and 500 $\mu\text{mol s}^{-1}$ air flow rate through the system. The leaves from each treatment were clamped, and Pn was measured after both Pn and stomatal conductance had stabilized.



2.6 Space use efficacy

SUE (g m^{-3}) is defined as the ratio of the accumulated total dry biomass to the cumulative volume occupied by the plant at the growth stage as:

$$\text{SUE} = \frac{W}{V} \quad (1)$$

Where W (g) is the accumulated total dry biomass at the growth stage and V (m^3) is the cumulative volume occupied by the plant at the growth stage. W (g) during the growth period is defined as:

$$W = W_m - W_n \quad (2)$$

Where W_n (g) and W_m (g) are the plant dry weights at day 'm' and day 'n'. In the experiment, 'm' and 'n' are, respectively, 21 and 12. The V (m^3) during the growth period is defined as:

$$V = \sum_{t=n}^m [\text{PLA}(t) \times h(t)] \quad (3)$$

Where $\text{PLA}(t)$ (m^2) is the plant projected leaf area on day t ($n \leq t \leq m$, integer) and $h(t)$ (m) is the plant height on day t .

2.7 Statistical analysis

The mean values \pm standard deviation of six individuals in each of the nine treatments are expressed in the results. SPSS for Windows (Version 24.0; SPSS Inc., Chicago, IL, United States) was used to conduct two-way analysis of variance (ANOVA) to determine if there was an interactive effect between 'PPFD' and 'light quality' variables on measurement and calculation parameters. An open-source

statistical software program, JASP (Version 0.16.4; JASP Team, Amsterdam, The Netherlands), was used for the Test of Simple Effects to uncover the extent to which one factor exhibited different effectiveness at each level of a second factor. Subsequently, a post-hoc analysis was performed using Tukey's HSD test method and $p < 0.05$ was considered as statistically significant (Goss-Sampson, 2020).

3 Results

3.1 Biomass accumulation

Biomass accumulation at 21 DAS is shown in Table 3. Biomass accumulation significantly increased with increasing PPFD under the same light quality treatments. In the 3,000, 5,000, and 6,500 K treatments, the W values of at 21 DAS increased by 175, 189, and 88%, respectively at 700 compared to 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$. Moreover, they increased by 119, 74, and 62%, respectively at 500 compared to 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$. At 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$, the W values increased with an increasing ratio of B/R, and at 500 $\mu\text{mol m}^{-2} \text{s}^{-1}$, the W values decreased with an increasing ratio of B/R. When PPFD was 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$, the W values were significantly higher in the 3,000 and 5,000 K treatments than those in the 6,500 K treatment. In addition, the interaction between the PPFD and light quality affected W (Table 4).

3.2 Specific leaf area

The SLA values were significantly higher at 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$ than those at 500 and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ (Figure 1). Additionally, the SLA was significantly higher in the 3,000 K treatment than that in the 5,000 K treatment when the PPFD was 500 and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$. There was an interaction effect between PPFD and light quality on SLA (Table 4).

3.3 Plant height and stem length

Figure 2 shows the plant height from 12 to 21 DAS in edamame under different PPFDs and light qualities, the interaction between which affected both plant height and stem length (Table 4). Plant height increased rapidly at 17 DAS (Figure 2). The plant height at 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ in 3,000, 5,000, and 6,500 K at 21 DAS increased by 13.0, 26.4, and 11.6%, respectively, compared to that at 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$. In addition, plant height in the same PPFD treatments was higher in the 3,000 K treatment than that in the 5,000 and 6,500 K treatments. At all PPFD treatments, the plant height in the 6,500 K treatment at 21 DAS increased by 30.4, 29.6, and 28.8% at 300, 500, and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$, respectively, compared to that in the 3,000 K treatment.

Figure 3 shows the effects of B/PFD and the ratio of B/PFD/PPFD on stem length at 21 DAS. The stem length decreased with increasing B/PFD. Interestingly, the stem length significantly decreased with increase in B/PFD up to 107.5 $\mu\text{mol m}^{-2} \text{s}^{-1}$ and then slightly declined when B/PFD further increased up to 188.9 $\mu\text{mol m}^{-2} \text{s}^{-1}$. Both the B/PFD and B/PFD/PPFD affected stem elongation. Far-red photon flux density (FRPFD) had a slightly stronger effect on stem elongation than B/PFD did.

TABLE 3 The cumulative volume occupied by the plant (V), dry biomass accumulation during the growth period (W), and space use efficacy (SUE) of edamame at 21 DAS under different PPFD and light quality treatments.

Light quality (Color temperature, K)	PPFD ($\mu\text{mol m}^{-2} \text{s}^{-1}$)	B/R	V ($\times 10^{-4} \text{m}^3$)	W (g)	SUE (kg DW m^{-3})
3,000	300	0.22	17.16 \pm 1.23 ^A	0.85 \pm 0.02 ^{Bc}	0.51 \pm 0.05 ^{Bb}
	500		14.88 \pm 0.43 ^A	1.87 \pm 0.12b	1.27 \pm 0.10a
	700		14.83 \pm 0.82 ^A	2.35 \pm 0.07 ^{Aa}	1.60 \pm 0.13a
5,000	300	0.70	12.22 \pm 0.58 ^B	1.03 \pm 0.06 ^{ABc}	0.81 \pm 0.07 ^{ABc}
	500		11.81 \pm 0.20 ^B	1.79 \pm 0.11b	1.49 \pm 0.12b
	700		11.06 \pm 0.29 ^B	2.35 \pm 0.06 ^{Aa}	2.14 \pm 0.10a
6,500	300	1.04	10.66 \pm 0.85 ^B	1.07 \pm 0.07 ^{Ab}	1.02 \pm 0.14 ^{Ab}
	500		10.29 \pm 0.46 ^B	1.73 \pm 0.14a	1.47 \pm 0.16ab
	700		10.08 \pm 0.28 ^B	2.01 \pm 0.12 ^{Ba}	1.97 \pm 0.19a

Data are shown as the mean \pm standard error of the five biological replicates. B/R means the ratio of blue photon flux density to red photon flux density. Lowercase letters within the column indicate significant differences between PPFD treatments, but within the same light quality treatments, as determined using Tukey's HSD test at $p < 0.05$. Uppercase letters within the column indicate significant differences between light quality treatments, but within the same PPFD treatments, as determined using Tukey's HSD test at $p < 0.05$.

TABLE 4 Analysis of two-way variance for the effects of PPFD, light quality, and their interactions on root dry weight (RDW), stem dry weight (SDW), leaf dry weight (LDW), branch dry weight (BDW), biomass accumulation during the growth period (W), plant height (PH), stem length (SL), stem diameter (SD), leaf area (LA), specific leaf area (SLA), project leaf area (PLA), chlorophyll a, b, and a + b concentrations, chlorophyll a/b ratio, and photosynthetic rate (Pn) of edamame at 21 DAS.

Parameter	PPFD	Light quality	PPFD \times Light quality
RDW	**	NS	NS
SDW	**	**	NS
LDW	**	NS	NS
BDW	**	NS	*
W	**	NS	*
PH	**	**	**
SL	**	**	**
SD	**	NS	NS
LA	**	NS	NS
SLA	**	**	**
PLA	NS	**	NS
Chl a	NS	NS	NS
Chl b	**	NS	NS
Chl a + b	*	NS	NS
Chl a/b	**	NS	*
Pn	**	NS	*

Asterisks indicate significance levels (* $p < 0.05$ and ** $p < 0.01$). NS indicates no statistical significance.

3.4 Projected leaf area

Under the same PPFD treatments, as PPFD/PPFD increased, PLA decreased (Figure 4). PLA was significantly higher in the 3,000 K treatment than those in the 5,000 and 6,500 K treatments when PPFD was 300 and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$.

3.5 Cumulative volume occupied by the plant

The V values were highest at 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$ under the same light quality treatments at 21 DAS (Table 3), and significantly increased after 17 DAS (Figure 5). Under the same PPFD treatments, as the ratio of B/R increased, V decreased. When PPFD was 300 and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$, the V values were significantly higher in the 3,000 K treatment than those in the 5,000 and 6,500 K treatments at 21 DAS.

3.6 Chlorophyll concentration

Chlorophyll a (Chl a) concentration decreased with increasing PPFD in the 5,000 K treatment (Figure 6). The Chl a concentration had the highest value at 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ in both 3,000 and 6,500 K treatments. Chlorophyll b (Chl b) concentration decreased with increasing PPFD, and it was significantly higher at 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$ than that at 500 and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ in the 5,000 K treatment. The chlorophyll a + b concentrations (Chl a + b) were higher at 300 and 500 $\mu\text{mol m}^{-2} \text{s}^{-1}$ compared to 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ in the same light quality treatments. The interaction between PPFD and light quality affected the ratio of chlorophyll a/b (Chl a/b) (Table 4) which was significantly higher at 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ than those at 300 and 500 $\mu\text{mol m}^{-2} \text{s}^{-1}$.

3.7 Leaf net photosynthetic rate

The interaction between PPFD and light quality affected Pn (Table 4) which increased with increasing PPFD under the same light quality (Figure 7). It was significantly higher at 500 and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ than at 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$. Moreover, Pn was significantly higher in the 3,000 K treatment than in the 5,000 and 6,500 K treatments when PPFD was 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$.

3.8 Space use efficacy

SUE values increased with increasing PPFD under the same light quality treatments (Table 3). Under the 3,000 K treatment, SUE values

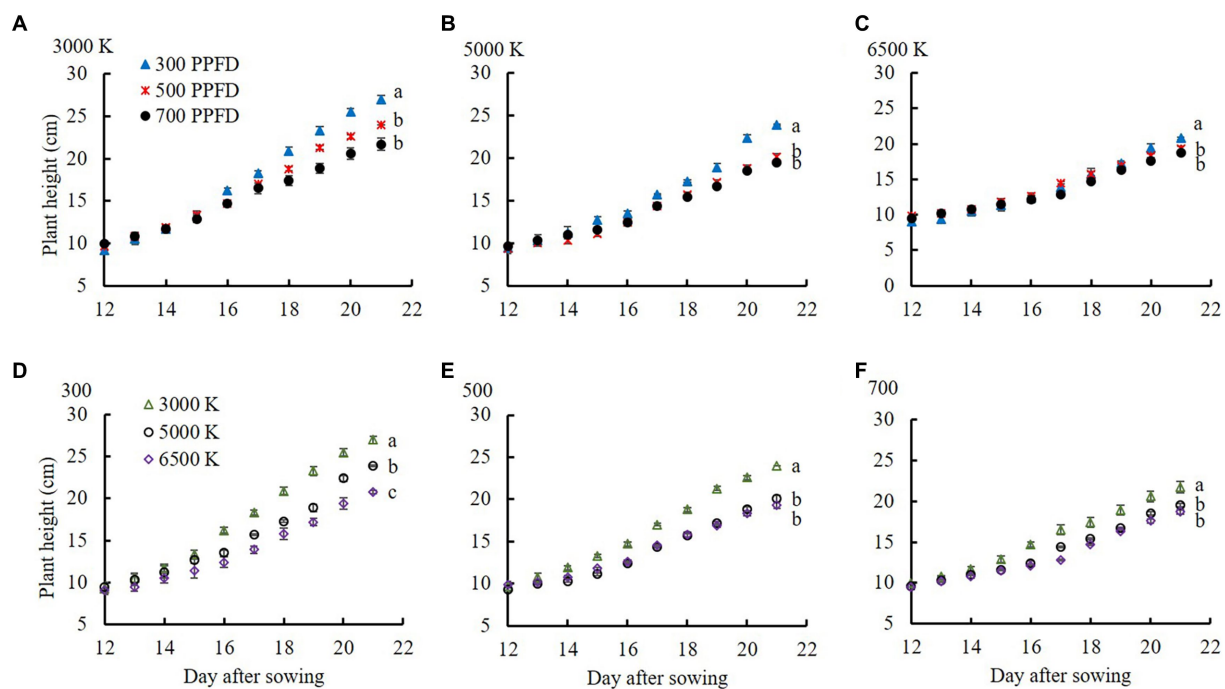


FIGURE 2

Plant height from 12 to 21 DAS in edamame regulated by different PPFDs and light qualities. Pictures (A–C) show the color temperatures of 3,000, 5,000, and 6,500 K, respectively. The B/R ratio of 3,000, 5,000, and 6,500 K lamps from Table 1 are 0.22, 0.74, and 1.22, respectively. Pictures (D–F) show the PPFDs were 300, 500, and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$, respectively. Vertical bars indicate standard error ($n = 6$). Lowercase letters indicate significant differences at different treatments, determined using Tukey's HSD test at $p < 0.05$.

were significantly higher at 500 and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ than those at 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$. In the 5,000 K treatment, all SUE values differed significantly among the three PPFD treatments. Under 3,000, 5,000, and 6,500 K treatments, the SUE values at 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ increased by 213, 163, and 92%, respectively compared to those at 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$. Moreover, SUE at 500 $\mu\text{mol m}^{-2} \text{s}^{-1}$ increased by 150, 83, and 44%, respectively compared to 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$. When PPFD was 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$, the SUE values increased when the ratio of B/R was increased, and they also increased by 100 and 60% in 6,500 and 5,000 K treatments, respectively compared to those in the 3,000 K treatment. When PPFD was 500 $\mu\text{mol m}^{-2} \text{s}^{-1}$, SUE values increased by 16 and 17% in 6,500 and 5,000 K treatments, respectively compared to those in the 3,000 K treatment. When PPFD was 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$, SUE values in 6,500 and 5,000 K treatments increased by 23 and 34%, respectively compared to those in the 3,000 K treatment.

4 Discussion

4.1 Increased PPFD increases SUE by increasing dry biomass accumulation and V

The value of SUE depends on the W and V (Eq. 1) and W was calculated using (Eq. 2). Under the same light quality treatments, high PPFD (500 and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$) increased SUE by increasing the W and reducing the V (Table 3). As PPFD increased, the W increased and V decreased under the same light quality treatments. Moreover, PPFD affected the W more than the V. The W had a greater influence on SUE than V because there was a significant difference in W in the

different PPFD treatments under the same light quality. However, there were no significant differences in V among the different PPFD treatments under the same light quality.

Dry biomass production depends on Pn and leaf area (Trouwborst et al., 2011; Malek et al., 2012). The results of our study indicated that the Pn (Figure 7) of the leaves increased with increasing PPFD under the same light quality treatments. In addition, the leaf area increased with increasing PPFD (Supplementary Figure S2). The chlorophyll concentration in leaves is an important element that affects their photosynthetic capacity (Dai et al., 2009; Shao et al., 2014). Gong et al. (2017) found that soybean leaves have higher chlorophyll concentrations under shaded conditions, which enables a more effective capture of light. Our results showed high PPFD led to low chlorophyll concentrations and high ratio of Chl a/b (Figure 6). The greater decrease in Chl b concentration compared to Chl a concentration was mainly responsible for decreasing the ratio of Chl a/b at 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$. Chl b tends to absorb solar radiation scattered in a manner complementary to that of Chl a. Therefore, Chl b enhances the ability of plants to absorb solar radiation (Voitsekhovskaja and Tyutereva, 2015). With increasing PPFD, the requirement for light-harvesting complexes to efficiently capture light decreases, leading to a decrease in the Chl b concentration at a higher PPFD (Percy and Seemann, 1990). Leaf thickness and the relative proportions of conductive, assimilatory, and mechanical tissues were determined using SLA (Reich et al., 1998). In particular, the increased total leaf thickness with increasing PPFD primarily results from an increase in the thickness of the palisade parenchyma, epidermal tissue, and spongy parenchyma (Evans, 1999). Such a structure is beneficial for leaves to intercept more light resources. This is one of the main reasons why Pn

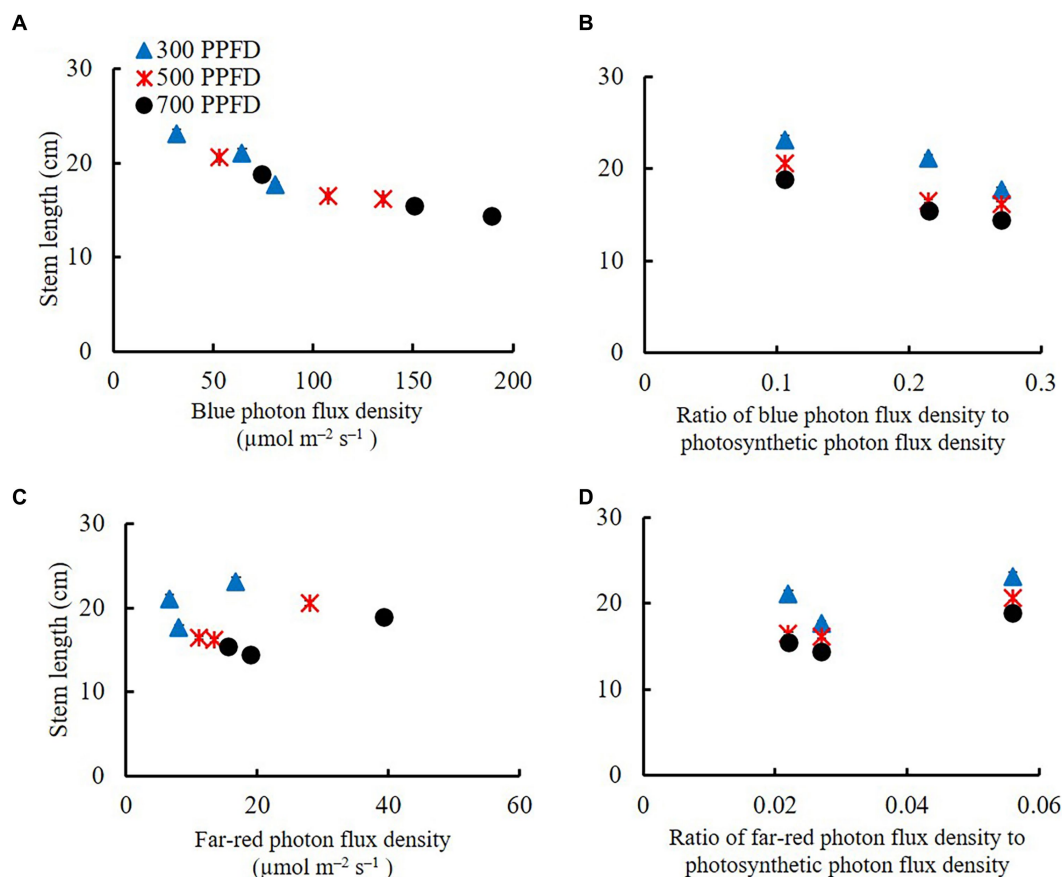


FIGURE 3
The effects of blue photon flux density (A) and ratio of blue photon flux density to photosynthetic photon flux density (B) on stem length in edamame at 21 DAS. The effects of far-red photon flux density (C) and the ratio of far-red photon flux density to photosynthetic photon flux density (D) on SL in edamame at 21 DAS. Vertical bars indicate standard error ($n = 6$). BPPFD means blue photon flux density ($\mu\text{mol m}^{-2} \text{s}^{-1}$). PPF means photosynthetic photon flux density ($\mu\text{mol m}^{-2} \text{s}^{-1}$). FRPFD means far-red photon flux density ($\mu\text{mol m}^{-2} \text{s}^{-1}$).

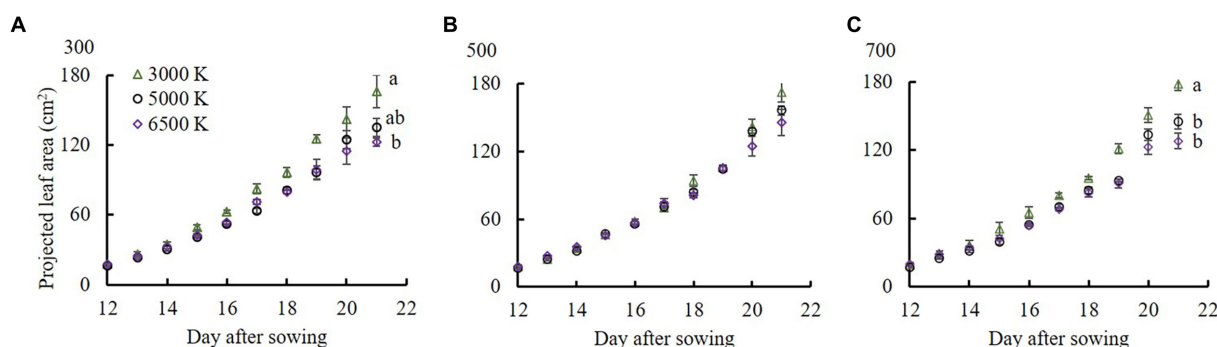


FIGURE 4
The projected leaf area from 12 to 21 DAS in edamame regulated by different PPFs and light qualities. Pictures (A–C) show the PPFs were 300, 500, and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$, respectively. The B/R ratio of 3,000, 5,000, and 6,500 K lamps from Table 1 are 0.22, 0.74, and 1.22, respectively. Vertical bars indicate standard error ($n = 5$). Lowercase letters indicate significant differences at different light quality treatments but within the same PPF treatments, determined using Tukey's HSD test at $p < 0.05$.

at 500 and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ was significantly higher than those at 300 $\mu\text{mol m}^{-2} \text{s}^{-1}$ under the same light quality treatments (Figure 7).

The value of V depends on the PLA and plant height (Eq. 3). PPF had a significant effect on V (Figure 5) because there was a significant

difference in plant height (Figure 2) among the different PPF treatments under the same light quality treatments. Some studies reported that the plant height increased with the increasing PPF from 200 to 290 $\mu\text{mol m}^{-2} \text{s}^{-1}$ in lettuce (Kang et al., 2013) and from 50 to

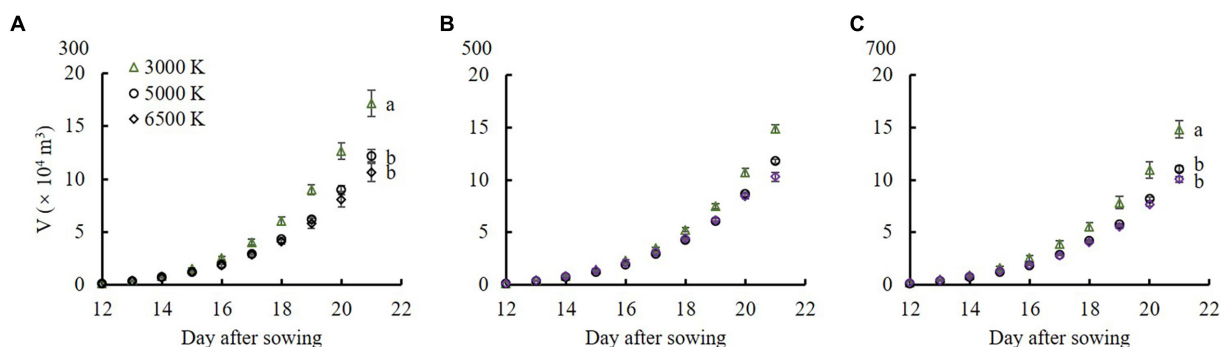


FIGURE 5

The cumulative volume (V) occupied by the plant from 12 to 21 DAS in edamame regulated by different PPFDs and light qualities. Pictures (A–C) show the PPFDs were 300, 500, and 700 $\mu\text{mol m}^{-2} \text{ s}^{-1}$, respectively. The B/R ratio of 3,000, 5,000, and 6,500 K lamps from Table 1 are 0.22, 0.74, and 1.22, respectively. Vertical bars indicate standard error ($n = 5$). Lowercase letters indicate significant differences between different light quality treatments but within the same PPFD treatments, determined using Tukey's HSD test at $p < 0.05$.

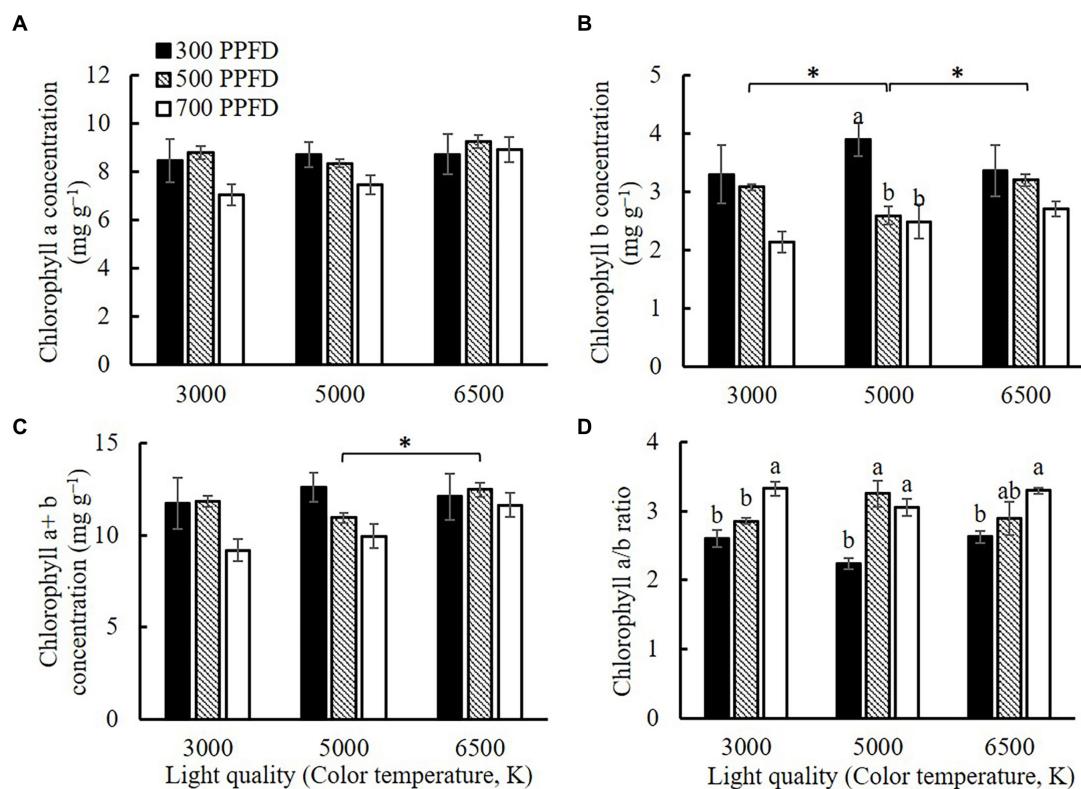
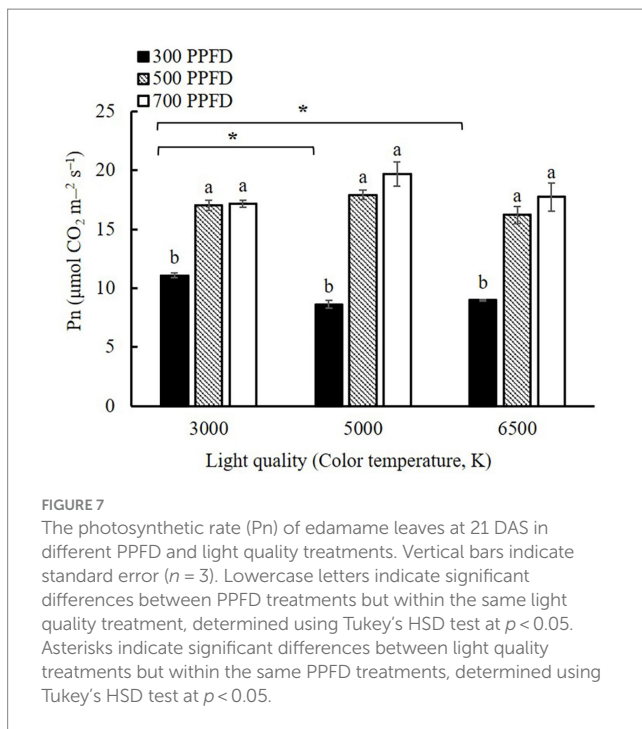


FIGURE 6

The chlorophyll a (A), chlorophyll b (B), and chlorophyll a + b (C) concentrations, and chlorophyll a/b ratio (D) of edamame at 21 DAS in different PPFD and light quality treatments. Vertical bars indicate standard error ($n = 6$). Lowercase letters indicate significant differences between PPFD treatments but within the same light quality treatment, determined using Tukey's HSD test at $p < 0.05$. Asterisks indicate significant differences between light quality treatments but within the same PPFD treatments, determined using Tukey's HSD test at $p < 0.05$.

600 $\mu\text{mol m}^{-2} \text{ s}^{-1}$ in basil (Larsen et al., 2020). However, some studies verified that the plant height decreased with increasing PPFD from 200 to 500 $\mu\text{mol m}^{-2} \text{ s}^{-1}$ in tomato (Ke et al., 2023) and from 100 to 800 $\mu\text{mol m}^{-2} \text{ s}^{-1}$ in wheat (Li et al., 2021). In the case of soybean, the plant height decreased when the PPFD increased from 63 to 700 $\mu\text{mol m}^{-2} \text{ s}^{-1}$ (Feng et al., 2018; Yang et al., 2020) which was consistent with our results (Figure 2). Low PPFD induces a shade

response in plants (Smith and Whitelam, 1997). Plants grown under shaded conditions allocate more biomass to stem growth than to leaf expansion (Franklin, 2008). Gibberellins (GAs) and auxins—two endogenous plant hormones—regulate the shade-induced differential growth and elongation of stems (Kurepin et al., 2007; Yamaguchi, 2008). Low PPFD increases GA levels in the internodes of soybeans (Yang et al., 2018) which may be the reason for increasing plant height of edamame



in the present study. The results suggest $700 \mu\text{mol m}^{-2} \text{s}^{-1}$ is the best PPFD for edamame at the vegetative growth stage to improve SUE.

4.2 Light quality affects SUE by affecting V

Under the same PPFD treatments, light quality increased SUE mainly by reducing V (Table 3) which is due to the difference in the B/R ratio between the different light quality treatments. Our results indicate that a high B/R ratio (0.70 and 1.04) led to a lower plant height (Figure 2) and PLA (Figure 4). The W increased with an increasing B/R ratio at $300 \mu\text{mol m}^{-2} \text{s}^{-1}$. However, the high B/R ratio decreased the W at 500 and $700 \mu\text{mol m}^{-2} \text{s}^{-1}$.

Blue light is an important single light source that alters plant morphology (Crosson and Moffat, 2001). Low blue light or low light intensity enhances gibberellin and auxin accumulation in plant stems, causing stem cells to elongate (Spalding and Cosgrove, 1989; Goyal et al., 2013). The elongation response of the stem to low blue light is consistent with the shade avoidance response to low PPFD, which causes low absolute blue light intensity (Cope and Bugbee, 2013; Hitz et al., 2019). Blue light reduces leaf area and stem elongation by inhibiting gibberellin synthesis (Lyu et al., 2021). Lyu et al. (2021) found that soybean stem length increased with increasing BPFDF from $4 \mu\text{mol m}^{-2} \text{s}^{-1}$ to $106 \mu\text{mol m}^{-2} \text{s}^{-1}$. Here, we found that the shade avoidance response can be triggered by a low BPFDF even under high PPFD (500 and $700 \mu\text{mol m}^{-2} \text{s}^{-1}$). Interestingly, stem length was more influenced by BPFDF than by BPFDF/PPFD, which is consistent with the findings of Cope and Bugbee (2013); however, the current study investigated a wider PPFD range. BPFDF instead of BPFDF/PPFD was found to be an important factor that determines the stem elongation response to blue light (Wheeler et al., 1991).

A low R/FR ratio can trigger a shade avoidance response. Hitz et al. (2019) found that the stem length of soybeans was higher under a R/FR ratio of 1.5 than of 5. Yang et al. (2020) found that the stem

length of soybeans was higher under a R/FR ratio of 0.42 than of 1.33. However, in our study, far-red light had a weaker effect on stem elongation than blue light (Figure 3) because the R/FR ratio in our treatments was higher than that in studies by Hitz et al. (2019) and Yang et al. (2020). Under natural environmental conditions, the ratio of R/FR is ~ 1.2 in daylight, under a canopy with a leaf area index of 4 (Holmes and Smith, 1975). This ratio is lower than that observed in this study (Table 1); therefore, the R/FR ratio did not affect stem elongation. In addition, Lyu et al. (2021) showed that low blue PPFD predominantly induced excessive soybean stem elongation compared with far-red light, consistent with the results here.

Our results reveal that light quality had no significant influence on leaf area under the same PPFD treatments, consistent with the results of Cope and Bugbee (2013). Although an increase in the B/R ratio from 0.22 to 1.04 increased the photosynthetic capacity of the leaves under the same PPFD treatments (Supplementary Figure S3), the increase was smaller at a PPFD of $700 \mu\text{mol m}^{-2} \text{s}^{-1}$. This is because the R/FR ratios were higher in the 5,000 and 6,500 K treatments than in the 3,000 K treatment. Far-red light can increase Pn by increasing the quantum yield of photosystems (Zhen and van Iersel, 2017; Zhen et al., 2019). PLA was significantly influenced by the color temperature (Figure 4 and Supplementary Figure S4); additionally, the PLA content decreased as the B/R ratio increased. The reduction of PLA at the 6,500 K treatment was the main reason for the decrease in W at a PPFD of $700 \mu\text{mol m}^{-2} \text{s}^{-1}$. The reduction of W eventually led to the decreased SUE in the 6,500 K treatment compared to the 5,000 K treatment at PPFDs of 500 and $700 \mu\text{mol m}^{-2} \text{s}^{-1}$.

These results suggest that high levels of BPFDF (21.0 and 26.3%) increased the SUE by reducing plant height and PLA with the same PPFD. In addition, the SUE was higher in the 5,000 K treatment than in 3,000 and 6,500 K treatments at PPFDs of 500 and $700 \mu\text{mol m}^{-2} \text{s}^{-1}$. Furthermore, the energy consumptions of lamps in 5,000 K treatments were the lowest at the same PPFD (Supplementary Table S1). Therefore, the 5,000 K color temperature was the best light quality for edamame at the vegetative growth stage for improving SUE.

4.3 Effect of interaction between PPFD and light quality on SUE

PPFD and light quality can also affect SUE through their interactive effects on the growth and morphology of edamame. Effects of the interactions between PPFD and light quality were found for W, plant height, stem length, SLA, Chl a/b, and Pn (Table 4). We found that the light quality affected W at different PPFD levels (Table 3). W increased with the increasing B/R ratio at the PPFD of $300 \mu\text{mol m}^{-2} \text{s}^{-1}$; however, W decreased with the increasing B/R ratio at the PPFDs of 500 and $700 \mu\text{mol m}^{-2} \text{s}^{-1}$. This indicated that W was affected by the light quality, and the results of this effect depended on the PPFD. In addition to the anticipated increase in stem length in response to a low PPFD, a decrease in the ratio of B/R increased the elongation response to PPFD. Stem length decreased in response to increasing PPFD, with an additive effect of a decreasing B/R ratio. This may explain why BPFDF had a greater influence on stem length than BPFDF/PPFD. Therefore, stem length responds to PPFD, light quality, and their interactions, which ultimately affect plant height.

PPFD and light quality affected SUE differently. PPFD had a significant effect on SUE by influencing W and plant height;

however, light quality affected SUE by influencing the PLA and plant height. In addition, the interaction between PPFD and light quality indirectly affected SUE by affecting the W and height of edamame during the vegetative growth stage. White LEDs with full spectra were used in this study. From a physiological viewpoint, the influence of red, blue, and far-red light on the growth and SUE of edamame cannot be accurately explained. Moreover, light is an important resource in cultivation spaces, and its utilization efficiency affects SUE within a certain range. In addition, only the vegetative growth stage was considered in this study. Total dry weight increased significantly at 18 DAS (Supplementary Figure S5), and the plants were in a stage of rapid growth until 21 DAS. Therefore, the effects of PPFDs and light quality on the growth and SUE of edamame may differ between the reproductive and vegetative growth stages. Further research is necessary to determine the suitable light conditions to improve the SUE of edamame during the reproductive growth stage.

5 Conclusion

Our results show that increasing PPFD could significantly improve the SUE of edamame at the vegetative growth stage by increasing W and decreasing V. High PPFD improved W by increasing Pn and leaf area and decreased V by decreasing plant height or stem length. Moreover, a high color temperature improved SUE, mainly by reducing V. This was because the high B/R ratio decreased V by reducing plant height and PLA under LED lamps with a high color temperature. However, a high B/R ratio decreased W and further decreased SUE at the PPFDs of 500 and 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$. In conclusion, a combination of 700 $\mu\text{mol m}^{-2} \text{s}^{-1}$ PPFD and 5,000 K color temperature is recommended for edamame cultivation to improve SUE at the vegetative growth stage in a PFAL. This knowledge suggests that the optimal combination between PPFD and light quality can improve efficiency for the sustainable production of pesticide-free and high-quality edamame in commercial PFALs and further can be utilized in space agriculture.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary material, further inquiries can be directed to the corresponding author.

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Author contributions

QL: Conceptualization, Formal analysis, Investigation, Methodology, Validation, Visualization, Writing – original draft. XK: Writing – review & editing. HY: Writing – review & editing. SH: Writing – review & editing. EG: Conceptualization, Funding acquisition, Methodology, Writing – review & editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fsufs.2024.1407359/full#supplementary-material>

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