



# Vegetarian and Vegan Private Label **Products as a Challenging Trend in Addressing the Customers Within** Sustainable Food Consumption—A Case Study of Slovakia

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The meat consumption at the current level is highly unsustainable. Because of the problems that meat production causes to the environment, it is considered as one of the main problems. Vegetarian and vegan private label products represent a new challenging trend in addressing the customers within sustainable food consumption at affordable prices. The submitted paper aimed to find out whether Slovak consumers know and subsequently buy products of the private brand targeted on vegans and vegetarians, in which product categories they do so, how they perceive them and what attracts and discourages them. The research was carried out in the period from September to December 2020, when a total of 2,011 respondents from all over Slovakia took part. As we have focused only on consumers who know the product line of private labels targeted on vegans and vegetarians (product line of vegan and vegetarian products), we have further analyzed and interpreted only the answers of 978 respondents. For the need to obtain the main aim of the research, we have formulated four theoretical assumptions and five hypotheses, whose veracity was verified with the use of selected statistical methods and techniques processed out at statistical programs XL Stat, SAS Enterprise Guide 7.1. and SAS 9.4. The key finding of our research is, that even if it could be assumed that the products of this specific private label will be bought only by respondents from the vegan or vegetarian category, the opposite is true—the private label is known and bought by the respondents from the category "I eat everything," which means that it is necessary to think about this product line, to wider it and continue in the improvement of its quality

Keywords: private label, vegan, vegetarian, consumer behavior, sustainable food consumption

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as this is what the customers want.

# INTRODUCTION

The meat industry is facing some major sustainability problems. Animal livestock uses a disproportionally large amount of land and the meat industry is also a major source of environmental damage, with the UN describing animal agriculture as "one of the most significant contributors to the most serious environmental problems, at every scale from local to global." Whilst many of the problems associated with animal agriculture could be solved by large percentages of the world's population giving up meat, this seems extremely unlikely, regardless of environmental or ethical reasons. As such, there is a large opportunity for any company that can create a realistic substitute for meat products (Dent, 2020).

How does the market reflect on this challenging trend in sustainable food consumption? Could be also taken into consideration a requirement of many customers for the affordable price of vegan and vegetarian products? The answer comes with the private label vegetarian and vegan product lines.

Marques et al. (2020) stated that private labels have had several different definitions over the years, however, they are commonly known as super and hypermarkets' brands and products, sold exclusively on their stores, alongside other brands (Sutton-Brady et al., 2017).

As Gil-Cordero et al. (2020) state, in general terms, private labels are brands that can be manufactured by the distributor or a manufacturer, managed and marketed by the distributor under the name of the ensign or its brand, and that can be distributed in the ensign's establishments or those of other chains (Lybeck et al., 2006). Private labels represent a significant threat to their national label competitors (Hoch and Banerji, 1993; Anesbury et al., 2020; Bronnenberg et al., 2020; Marques et al., 2020; Pinar and Tulay, 2020). With the development of private labels, individual retailers now play an active role in producing final products. These products, which represent between 10 and 40% of food retail sales in the different countries of the European Union, are a strategic tool used by retailers to increase profits (Gil-Cordero and Cabrera-Sánchez, 2020; Gil-Cordero et al., 2020). It is not surprising that private labels provide additional market power to retailers (Bontemps et al., 2008).

As it was pointed out in several studies (Chan and Coughlan, 2006; Košičiarová and Nagyová, 2014; Lim et al., 2019; Kádeková et al., 2020a; Košičiarová et al., 2020a,b,etc.), one of the characteristic features and at the same time key strategies of retail chains and companies is to address as many customers as possible and, if it is possible, all customer groups, i.e., focus not only on price-sensitive customers but also those who seek for the quality. These realities have to be satisfied by the products or services we have researched, which are collectively referred to as private labels, whose share in Europe, especially in Slovakia, is constantly growing.

The growing market share of private brands began many years before the global economic recession of 2008 (Cuneo et al., 2012). In these receptions, some authors investigated how different macroeconomic variables affected private brand share (Samit and Cazacu, 2016; Gil-Cordero et al., 2020). In this sense and the

different receptions, the growth of private labels in Europe and the USA in recent years has been extraordinary, since in the last decade they have become present in more than 90% of the categories of products packaged for the final consumer (Kumar, 2007).

Private labels become not just a source of competitive advantage, but especially a means of building customer loyalty and thus the overall corporate image, which cannot be (by the quality of private labels) only significantly improved but also worsen (Kádeková et al., 2020a). It can be stated that while in Austria the share of private labels (in household expenditure) still represents a level above 40%, in the case of the V4 countries this level is above 30% and it has mostly increased in the case of the Czech Republic, by 1%. Interestingly, while in France private labels represent 1/3 of the sold products, in Switzerland and Spain it is up to ½ products (PLMA, 2020).

However, in according to the results of research by Gfk in 2021, private labels are gaining increasing share in expenses for fast-moving goods. They currently represent a quarter of the market value (25.5%; Mediaguru, 2021).

As Li et al. (2021) explained, that some studies have also focused on the private-brand quality-positioning problem (Chung and Lee, 2017; Nalca et al., 2018). Wang et al. (2021) suggested that the retailer should lower the quality of the store brand to reduce competition intensity with the manufacturer.

It can be said that most chains continue to develop and evolve their brands in response to changing market conditions, the development of science and technology, as well as the customers' needs (Kádeková et al., 2020a,b).

In the case of 2018 and 2020, further positive activities in the area can be observed, as several retail chains (especially Kaufland and Lidl) have introduced new private label product lines focused not only on domestic products and their producers, but also on the development and expansion of the range of foods aimed at people with food intolerances and specific needs when they introduced new categories of private labels such as "K-take it veggie," "K-bio," "K-free," or "Vegan friendly," "Free from"etc.

Although the popularity of vegetarian diets has varied over the centuries, the prevalence of vegetarianism is currently high (Amato and Partridge, 2008; Timko et al., 2012), which can also contribute to sustainable consumption, agriculture, and the economy. The research studies by Segovia-Siapco and Sabaté (2019) and Sanchez-Sabate et al. (2019) mention that in countries like the United States or the UK, vegetarians account for <5% of their respective populations. According to a News Gallup (2020), 5% of U.S. adults consider themselves to be vegetarian and the US vegan population is 3% of adults (News Gallup, 2020). Recognizing the difference between what people eat and what they think they are can explain the inconsistency between the lack of an increase in the number of people who identify as vegetarians and reports of reductions in the consumption of meat (Šimčikas, 2018).

The current position is that the number of people who maintain a vegetarian or vegan diet 100% of the time holds at 3% of the population and still increases. Interest in veganism has reached an all-time high in 2020, based on the data from Google Trends (Google Trends, 2020). It reflects the notable rise

in popularity of plant-based diets and vegan lifestyles around the world (Ho, 2021).

"Vegetarianism" refers to a spectrum of inter-related food selection and food avoidance patterns (Beardsworth and Keil, 1993). Technically, ovo-vegetarians include eggs but no dairy products in their diet, Lacto-vegetarians include dairy products but exclude eggs, and Lacto-ovo vegetarians include both eggs and dairy products in their diet (Messina and Burke, 1997; Trautman et al., 2008). Semi-vegetarians restrict the type of meat they consume only to a certain extent, with some consuming only fish (Pesco-vegetarian), some only poultry (Pollo-vegetarian), and some consuming both fish and poultry (Pesco Pollo vegetarians). Finally, individuals who adhere to a vegan diet exclude all red meat, fish, poultry, dairy, and other animal-origin foods such as eggs from their diets, and generally also avoid nonedible animal products such as leather (Vegan Official Labels, 2020).

Šedík et al. (2017) have pointed out, that hypermarket Kaufland responded to changing trend in food consumption by creating its private label brand "K-take it veggie." All these products are offered to consumers with conscious consumption (Kaufland.sk, 2021).

In a new retail landscape, retailers have realized that the most important engine to drive both growth and profitability is strategically building private labels (Gangwani et al., 2020).

The submitted contribution is focused on the issue of specific categories of private labels, specifically private labels designed primarily for vegans and vegetarians, where we try to prove and find out whether these products have their place in the private label market, whether they have found their customer and whether this customer is just a vegan/vegetarian.

## MATERIALS AND METHODS

The submitted contribution intended to point out the fact that Slovak consumers are starting to focus on new categories of private labels, specifically on vegan/vegetarian products, which are still just looking for their regular consumers. For this reason, the main aim of our research was to find out whether Slovak consumers know and subsequently buy products of the private brand targeted on vegans and vegetarians, in which product categories they do so, how they perceive them and what attracts and discourages them.

The research was carried out in the period from September to December 2020, when a total of 2,011 respondents took part in it (based on the mentioned, our sample can be considered reliable, as  $n \geq 1,849$  at a 99% confidence level and 3% margin of tolerable mistakes).

As we have focused (in the research) only on consumers who know the product line of private labels targeted on vegans and vegetarians (product line of vegan and vegetarian products), we have further analyzed and interpreted only the answers of these respondents and thus their final number was 978 (the sample is reliable at 99% confidence and 5% margin of tolerable mistakes,

as  $n \ge 665.64$ ). The specific representation of respondents can be seen in **Table 1**.

For the needs of fulfilling the main aim of the research, we have formulated the following theoretical assumptions, which we wanted to confirm, or refute by the research:

- Assumption 1—we assume that the private label targeted on vegans and vegetarians is bought only by vegans, resp. vegetarians,
- Assumption 2—the most frequently purchased food under the private label targeted on vegans and vegetarians is tofu,
- Assumption 3—the quality of products labeled with private brands targeted at vegans and vegetarians is comparable to the quality of similar products of traditional brands,
- Assumption 4—respondents from the selected aspects of products under the private label targeted on vegans and vegetarians evaluate as the best their quality level.

Subsequently, we have formulated the following statistical hypotheses:

- H1 there is no dependence between the consent to the statement and the form of the respondent's diet,
- H2 there is no dependence between the purchase of the private label targeted on vegans and vegetarians and the form of the respondent's diet,
- H3 there is no dependence between the consumption of specific products of the private label targeted on vegans and vegetarians and the respondent's sex,
- H4 there is no dependence between the perception of the quality of products labeled with the private label targeted on vegans and vegetarians and the preference for their purchase,
- H5 there is no dependence between the preference of products labeled with the private label targeted on vegans and vegetarians and the comparability of the quality of its products,

whose veracity was verified with the help of selected statistical methods and techniques. We have tested the above-mentioned hypotheses with the help of statistical programs XL Stat, SAS Enterprise Guide 7.1. and SAS 9.4, where we have used the statistical methods, techniques and tests such as:

- Pearson's Chi-square goodness of fit test—which is a statistical test applied to sets of categorical data to evaluate how likely it is that any observed difference between the sets arose by chance (Pearson, 1900),
- Cramer's contingency coefficient—which is a measure of association between two nominal variables, giving a value between 0 and +1 (inclusive). It is based on Pearson's chi-squared statistic and was published by Cramer (1946),
- Pearson's correlation coefficient—is a measure of linear correlation between two sets of data. It is the ratio between the covariance of two variables and the product of their standard deviations; thus it is essentially a normalized measurement of the covariance, such that the result always has a value between —1 and 1 (University Libraries, 2022),
- Phi coefficient—is a measure of association for two binary variables. In machine learning, it is known as the Matthews correlation coefficient (MCC) and it is used as a measure of the

TABLE 1 | Characteristics of respondents.

Category of respondents	Number	Net monthly income of the household	Number
Men	223	Up to 500 €	74
Women	755	501-800 €	106
The age structure of respondents		801-1,100 €	191
<17 years	42	1,101-1,500€	245
17-20 years	136	Over 1,501 €	362
21–30 years	644	Number of household members	
31–40 years	101	One member	93
41–50 years	37	Two members	309
51–60 years	11	Three members	221
61–70 years	3	Four members	289
Over 70 years	4	Other	66
The educational structure of respondents		Place of residence of the respondents	
Primary education	62	A city with a population of over 100,000	207
Secondary education without GCSE	39	City with population from 10,000 to 19,999	32
Secondary education with GCSE	397	A city with a population from 2,000 to 4,999	87
Higher education I. degree	256	A city with a population from 20,000 to 49,999	190
Higher education II. degree	208	A city with a population from 5,000 to 9,999	113
Other	16	City with population from 50,000 to 99,999	132
The economic activity of respondents		A town/village with a population of up to 999	108
Student	448	A town / village with population from 1,000 to 1,999	109
Employed	379	Region of	
Unemployed	26	Banská Bystrica	66
Self-employed person	69	Bratislava	238
Maternity leave	33	Košice	43
Retired	9	Nitra	298
Other	14	Prešov	43
		Trenčín	125
		Trnava	93
		Žilina	72
Total number of respondents			978

Source: Results of the questionnaire survey.

quality of binary classifications (Matthews, 1975). Introduced by Karl Pearson (Cramér, 1976) and also known as the Yule phi coefficient from its introduction by Yule (1912) this measure is similar to the Pearson correlation coefficient in its interpretation—Pearson correlation coefficient estimated for two binary variables will return the phi coefficient (Guilford, 1936). The phi coefficient is related to the chi-squared statistic for a  $2 \times 2$  contingency table,

- Friedman's test—is a non-parametric statistical test developed by Friedman (1937) and it is used to detect differences in treatments across multiple test attempts. The procedure involves ranking each row (or block) together, then considering the values of ranks by columns (Friedman, 1940),
- Kruskal-Wallis—is a non-parametric method for testing whether samples originate from the same distribution. It is used for comparing two or more independent samples of equal or different sample sizes. It extends the Mann–Whitney *U*-test, which is used for comparing only two groups (Kruskal, 1952),
- the Correspondence analysis—is a multivariate statistical technique, which offers a visual understanding of relationships between qualitative (i.e., categorical) variables. Correspondence analysis is a method for visualizing the rows and columns of a table of non-negative data as points in a map, with a specific spatial interpretation. Data are usually counts in a cross-tabulation, although the method has been extended to many other types of data using appropriate data transformations (Greenacre, 2001), and
- Categorical principal component analysis (CATPCA) with Varimax rotation and Kaiser normalization—which is appropriate for data reduction when variables are categorical (e.g., ordinal) and the researcher is concerned with identifying the underlying components of a set of variables (or items) while maximizing the amount of variance accounted for in those items (by the principal components; Data Science and Analytics, 2022). This method has shown a great potential when applying for validation of questionnaire especially for Likert scale or different measures due to optimal scaling.

Furthermore, it explains higher variance in comparison to FA or PCA (Campos et al., 2020). CATPCA was applied for ordinal data obtained from respondents who evaluated selected aspects regarding vegetarian and vegan private label products (5-points scale was applied).

## RESULTS AND DISCUSSION

Based on results of research by Dodds et al. (1991), Sweeney and Soutar (2001), Flavián et al. (2006), Vahie and Paswan (2006), Liljander et al. (2009), Beneke et al. (2013), Diallo (2012), Diallo et al. (2013), Beneke and Carter (2015), and Gfk (2021) and many others can be concluded the private labels have found their important place worldwide. Also in Slovakia, the Slovak consumers recognize and purchase private label products more often, which was proved by the research agencies such as IRI, Nielsen, Gfk Slovakia, TNS Slovakia, etc. This fact was supported also by findings and results of our research, which we have been conducting since 2014 when we recorded the major shifts in the perception and evaluation of private labels by Slovak consumers.

As for the specific interest of Slovaks in the private labels, it can be said that as in the case of retail chains and customers, their interest in them is constantly growing—this is confirmed not only by the representatives of the most important retail chains operating in Slovakia but also by the results of research by Nielsen (2019) that found out that revenues from private labels exceeded 4 billion EURO in 2018, which means that they have increased by 0.5% year-on-year (the share of private labels on the Slovak market accounts for more than 1/5 of the total turnover of fast-moving products and maintains approximately the same level).

Nielson's Report (2018) that "The largest markets for privatelabel products are found primarily in the more mature European retail markets." Regarding the exposure of private labels, we can also talk about a significant shift, as the results of research conducted by Go4insight (conducted for the Slovak Food Chamber in 2019; Tovarandpredaj, 2017) show that while in 2013 the share of private labels was longer at the level of 20%, in 2019 it was found that this share increased by 1.3% (compared to the previous year) and it has reached a level of more than 25%. Most private labels are represented on the shelves of retail chains Lidl (56%), followed by Kaufland and Coop Jednota (23%) and the lowest share is held by the CBA chain at 13%. Interesting findings of the mentioned research are that private labels in Slovakia have the largest representation in the category of food in discount stores and warehouses, where their share is up to 50%; the share of private labels on store shelves in Slovakia is as follows-milk (68%), canned products (40%), packaged meat products (42%), pasta (39%), natural cheeses (37%), other dairy products (35%), oils (34%), packaged long-life bread (31%), soft drinks (29%), processed products (27%), water and mineral water (24%), chocolate confectionery (22%), nonchocolate confectionery (12%) spirits (9%), beer (9%), and wine (6%); the share of private labels is 25%, with 18% representing foreign production and the remaining 7% domestic, Slovak. At the same time, most foreign private labels are displayed in the Lidl chain, up to 51% (Kádeková et al., 2020a). Unfortunately, as far as the vegan product category is concerned, there is no detailed database yet that can be used as a basis for evaluating how many of these products are represented in the private label category. However, this is a modern trend and it is therefore highly likely that the number/share of the products in question will continue to increase over time.

Muruganantham and Priyadharshini (2017) pointed out that the highest number of research studies were carried out in the food and grocery product category as a leading private label's research area. In terms of the percentage of private labels in individual product categories, it can be said that in Europe, private labels are currently mostly represented in the category of frozen and chilled foods, or detergents, animal feed and consumer food (IRI, 2018; Figure 1); or to the fact that according to the results of research carried out by IRI in 2017, household cleaners (36.2%), personal care products (34.2%) and hygiene products (36.4%), resp. alcoholic beverages (26%), frozen meals (24.8%) and ready meals (22.2%) are the most preferred product lines in Greece. The results of Nielsen's research from the same year carried out in the Czech Republic show that Czechs prefer private milk and dairy products (average 31.25%), cooking oils (36%), canned food (average 34%), salty snacks (29%), packaged bread (27%), or sweet packaged pastries (25%) and juices (22%).

As far as customers themselves and thus consumers are concerned, a significant shift in the perception and purchase of private labels can be also observed. While the results of research carried out by the GfK Slovakia in 2010 show, that every Slovak household has popular brands in its usual and regular purchases, which it prefers, while in some categories of goods there is a stronger preference for brands, resp. while in the case of longlife milk, "less prestigious" private labels account for almost 80% of total consumption (TASR, 2010); thus, the results of a survey conducted by TNS Slovakia in June 2012 clearly stated that the most popular private labels are TESCO brands (49% of respondents), COOP Jednota (44% of respondents), Kaufland (32% of respondents), Billa (23% of respondents), and CBA (21% of respondents); and that products sold under the private labels of the COOP Jednota and TESCO are bought by women rather than by men (Fedorková, 2012). These then underline and supplement our findings in the given area, when in 2014 we found out, that of a total of 644 respondents, up to 57% of respondents purchase the private labels regularly, up to 17% explicitly prefer them over traditional brands (especially in the case of the TESCO retail chain), and that the most frequently purchased categories of private labels include milk and dairy products, salty snacks and water, lemonades and juices (Nagyová and Košičiarová, 2014). In the case of our further research, we have gradually recorded a slight shift in the area, as in 2020 we have found out, that of the total number of 1,190 respondents, up to 81.26% buy private labels (of which 28.49% buy them regularly and 52.77% buy them sporadically); furthermore, up to 30.17% explicitly prefer them in their purchases over traditional brands; up to 39.83% buy mainly classic private labels; and that as far as specific product categories are concerned, private labels are most often purchased in the product categories milk and dairy products, then mineral waters, lemonades and juices, salty



FIGURE 1 | Percentage of private labels in individual product categories in Europe (2013 and 2014, resp. 2016 and 2017). Source: own processing according to available sources.

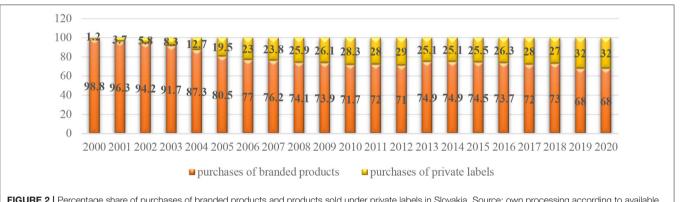


FIGURE 2 | Percentage share of purchases of branded products and products sold under private labels in Slovakia. Source: own processing according to available sources.

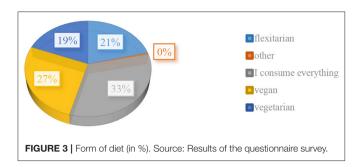
delicacies, confectionery, delicacies and preserves, frozen semifinished products, meat and fish, respectively coffee and tea and at least in product categories ready meals and alcoholic beverages (Košičiarová, 2020).

According to Yang (2012), the perceived quality disparities amongst private label brands and national brands are an important determining of intention to purchase. Private labels perceived quality directly affects the purchase intent of consumers toward private labels brands (Liljander et al., 2009; Yan et al., 2019). The findings of such studies conclude that the higher the strength or the more favorable the perception, the more likely the consumer will purchase the private labels and develop patronage toward them. Therefore, it can be assumed that private labels perceived quality has a positive effect on the consumer's private labels purchase intention (Gangwani et al., 2020).

Based on the results in **Figure 2**, it can be said that purchasing or the preference of private labels by the Slovak consumers has

an increasing tendency, which is largely caused not only by the lower price of the products but also by higher confidence in them, respectively their ever-increasing quality, which in many cases becomes not only comparable but also higher compared to traditional brands.

As we have in 2020 also focused on the research on how Slovak respondents perceive private labels, whether they are their end-users and whether they also buy them in new and specific categories of private labels (a total of 1,120 respondents participated in the given research)—when our results show that Slovaks buy private labels not only in the food segment, but also in the category of cosmetics and cleaning products, where they buy them every month, or in the category of clothing, which they buy mainly depending on the current offer; further that up to 45.45% of respondents buy also specific types of private labels, such as e.g., organic assortment, gluten-free assortment, low-fat assortment, etc., and they buy them mainly due to a healthy lifestyle (36.45% of respondents); respectively that



they are also the end-users of private label products (61.52% of respondents; Kádeková et al., 2020a,b). Perceived value is revealed to absolute influence consumer willingness to buy a product (Sweeney and Soutar, 2001). Furthermore, price-quality linkages significantly influence private labels purchase, especially in a category that consumers perceive as riskier (Sinha and Batra, 1999). Consumer's perceived value is debatably the most decisive determinant factor of purchase intention (Gangwani et al., 2020).

The submitted research paper focuses on those private labels, which aim to address customers with specific needs and requirements. As we have pointed out in the Material and Methods Section, the main aim of our research was to find out whether Slovak consumers know and subsequently buy products of the private brand targeted on vegans and vegetarians, in which product categories they do so, how they perceive them and what attracts and discourages them.

A total of 2,011 respondents participated in the research, of which up to 978 respondents (i.e., 48.67%) know, and 709 respondents (i.e., 35.26%) regularly buy products of the given private label, i.e., vegan products. The specific representation of respondents can be seen in **Table 1**, from which it is clear that in the case of our research the most represented were women (77.2%), respondents aged from 21 to 30 years (65.85%), respondents with secondary education (40.59%), students, respectively employed people (45.81 and 38.75%), households with two members (31.6%) and net monthly family income over 1,501  $\in$  (37.01%), respondents from a city with a population over 100,000 (21.17%) and respondents from Nitra and Bratislava region (30.47 and 24.34%).

At the same time, our results bring many interesting findings, especially the fact that even if it could be assumed that the given products are known and bought only by vegans, resp. vegetarians, it is not quite so—from the above sample of respondents (i.e., 978) up to 32.72% stated that in terms of consumption/their diet they fall into the category "I eat everything" (**Figure 3**; assumption 1 was not confirmed).

Nezlek and Forestell (2020) stated that not enough attention has been paid to possible differences among types of vegetarians, including differences in why people are vegetarians. Some research suggests that vegans are meaningfully different from other types of vegetarians (Matta et al., 2018; Nezlek et al., 2018; Rosenfeld, 2019), but more attention needs to be paid to possible differences between vegetarians who have similar eating habits but different reasons for being vegetarians. As noted by

Rosenfeld (2018) as well as by Nezlek and Forestell (2020), the recent research converges to suggest that the three most common motivations among vegetarians are concerns about animals, health, and the environment. It is important to note that these motives are not mutually exclusive. Most vegetarians report being motivated by a combination of motives to adopt a vegetarian diet (Janssen et al., 2016; Rosenfeld and Burrow, 2017a,b; Armstrong Soule and Sekhon, 2019). Finally, some people may be motivated to adopt a plant-based diet by the appeal of the "idea" of being vegetarian. This is referred to as social identity motivation and reflects the desire to identify with a social group because of its perceived positivity and potential benefits for one's self-esteem (Plante et al., 2019).

In our research, we were interested in the respondents' opinions on individual statements about veganism and vegetarianism, in the questionnaire survey we have also formulated certain statements to which the respondents had to react in the range of answers, i.e., on a scale from 1 to 5, where 1 meant I disagree at all and 5 I strongly agree. We have then looked at the answers not only in terms of which statement the respondents agree with the most and with which the least, but also whether there is a dependence between agreeing with the statement and the form of the respondent's diet.

As it can be seen from **Tables 2**, **3**, our respondents mostly agree with the statement "Vegetarianism means the exclusion of any food from animals—meat, fish, eggs, milk, and insects" and the least with the statement "I was a vegetarian, but I returned to classic diet for health reasons" (so we have the least respondents of this category), respectively it can be seen that there are indeed dependencies between the level of agreement with the statement in the form of the respondent's diet, where these dependencies indicate higher levels of agreement between respondents from the vegan and vegetarian categories (**Table 3**, highlighted in yellow).

As our research further shows, up to 45.81% of respondents buy a given private label sporadically and another 26.69% buy it regularly, while we have shown a clear relationship between buying the given private label and the form of respondent's diet (p-value was at the level of significance  $\alpha$  < 0.001, the value of the Phi coefficient was equal to 0.5747 and the value of the Cramer's coefficient was 0.4064, which indicates a mean and at the same time statistically significant dependence). As we were interested, how often do the respondents buy or consume the researched private label products, we have focused on the given questions in the questionnaire survey. The results of our research show, that our respondents most often consume and at the same time buy tofu, vegetable cream and soy yogurt (almost daily; assumption 2 was confirmed). The least purchased foods in a given range of private labels are lasagne, vegetarian candies, vegetarian bullets and burger pancakes, which are bought and consumed only occasionally, or not at all. From the point of view of statistical evaluation of the obtained data, it proved to us that again it is true that the given products are rather bought and consumed by vegans and vegetarians, respectively, by women rather than men, where the preference was found for products such as tofu, lasagne, vegetable cream and soy yogurt (Table 4).

Subsequently, we have focused on the perception of the range of private labels in terms of their quality level, comparability

TABLE 2 | Results of the Friedman's test (statements).

Friedman's test:				
Q (Observed value)	5,542.221			
Q (Critical value)	33.924			
DF	22			
p-value (Two-tailed)	<0.0001			
alpha	0.05			

Sample	Frequency	Sum of ranks	Mean of ranks	Groups
I have been a vegetarian/vegan, but I have returned to the classic diet (because of health reasons).	978	4,599.5	4.703	A
Vegetarianism is not natural for humans and that is why I do not support it.	978	6,533	6.680	В
I prefer Vegetarianism /Veganism because my health, indulgence and love for animals are secondary to me.	978	7,784	7.960	С
There are plenty of Vegan products on the market.	978	8,403	8.592	C D
I have my favorite brand of veggie products.	978	9,390	9.601	D E
A vegetarian diet is not more expensive than a conventional type of diet.	978	9,967	10.191	E F
I'm not a vegetarian/vegan and I still like to buy vegetarian/vegan products. They are a healthy and tasty alternative to my diet.	978	9,972	10.196	E F
Thanks to the transition to vegetarianism/veganism, I feel happy.	978	10,718	10.959	F G
There are plenty of vegetarian products on the market.	978	11,331	11.586	G H
I buy various brands of veggie products.	978	11,513.5	11.772	G H
Vegetarianism carries certain risks that one may or not cope with, such as vitamin B12 deficiency.	978	11,691.5	11.954	G H
Vegans live longer on average, suffer much less from heart disease and cancer, have more energy and are less obese.	978	11,788	12.053	GHI
Veganism is a lifestyle, a belief that is for the whole life.	978	11,994.5	12.264	н і
Vegetarian/Vegan products are produced socially responsibly and in accordance with the environment.	978	12,092	12.364	н І
Vegetarianism allows us to make the world a better day every day.	978	12,816	13.104	ΙJ
The food menu for vegans could be more varied.	978	13,493.5	13.797	J K
Vegetarianism includes a very wide range of eating styles. The general principle is to partially or completely limit the consumption of animal products.	978	13,502	13.806	J K
Consumption of animal products and animal husbandry results in huge pollution and associated environmental problems.	978	14,206.5	14.526	K L
Vegetarianism/Veganism is a health care that represents a certain lifestyle, a philosophy of life, based on respect for animals and their rights, protection of nature.	978	14,674	15.004	L M
Vegetarianism/Veganism is a personal belief.	978	14,736	15.067	L M
I do not agree with the industrial processing of meat and the breeding of animals in undignified conditions.	978	15,460	15.808	M N
Veganism is different from vegetarianism. Not all vegans are vegetarians, but all vegans are vegetarians.	978	16,520	16.892	N O
Veganism means the exclusion of any food from animals - meat, fish, eggs, milk and insects.	978	16,742.5	17.119	0

Source: Results of the questionnaire survey, output of the XL Stat program.

of quality and subsequent preference for purchase by our respondents. The results of our research show that the respondents are generally satisfied with the range of these private labels—79.27% of respondents perceive the quality level of private labels targeted on vegans and vegetarians as good or appropriate; in terms of quality comparability 48.8%, respectively, 22.28% of respondents think that it is rather, respectively, certainly comparable to the quality of similar

products of traditional brands; in 79.27% of respondents the given private label evokes adequate quality at a reasonable price and up to 31.59% of respondents prefer the products of the given private label to traditional brand products in their purchase (12.13% explicitly prefer them; assumption 3 was confirmed). From the point of view of the results of the correspondence analysis, which is also called as a reciprocal averaging, and which is a useful data science visualization technique for finding out and

TABLE 3 | Results of the Kruskal-Wallis Test (dependence between agreement with the statement and the form of the respondent's diet).

Variable/Test	Kruskal-Wallis
Vegetarian / Vegan products are produced socially responsibly and in accordance with the environment.	<0.0001
Veganism means the exclusion of any food from animals - meat, fish, eggs, milk and insects.	<0.0001
Veganism is different from vegetarianism. Not all vegans are vegetarians, but all vegans are vegetarians.	<0.0001
Vegetarianism includes a very wide range of eating styles. The general principle is to partially or completely limit the consumption of animal products.	0.315
Vegetarianism carries certain risks that one may or not cope with, such as vitamin B12 deficiency.	0.116
Vegans live longer on average, suffer much less from heart disease and cancer, have more energy and are less obese.	<0.0001
Vegetarianism allows us to make the world a better day every day.	<0.0001
Veganism is a lifestyle, a belief that is for the whole life.	<0.0001
A vegetarian diet is not more expensive than a conventional type of diet.	<0.0001
I buy various brands of veggie products.	<0.0001
Thanks to the transition to vegetarianism/veganism, I feel happy.	<0.0001
The food menu for vegans could be more varied.	<0.0001
Vegetarianism/Veganism is a personal belief.	<0.0001
I prefer Vegetarianism/Veganism because my health, indulgence and love for animals are secondary to me.	<0.0001
There are plenty of vegan products on the market.	0.182
There are plenty of vegetarian products on the market.	<0.0001
Vegetarianism is not natural for humans and that is why I do not support it.	<0.0001
I do not agree with the industrial processing of meat and the breeding of animals in undignified conditions.	<0.0001
I'm not a vegetarian/vegan and I still like to buy vegetarian/vegan products. They are a healthy and tasty alternative to my diet.	<0.0001
Consumption of animal products and animal husbandry results in huge pollution and associated environmental problems.	<0.0001
Vegetarianism/Veganism is a health care that represents a certain lifestyle, a philosophy of life, based on respect for animals and their rights, protection of nature.	<0.0001
I have my favorite brand of veggie products.	<0.0001
have been a vegetarian/vegan, but I have returned to the classic diet (because of health reasons).	<0.0001

Source: Results of the questionnaire survey, output of the XL Stat program.

displaying the relationship between categories (Tibco.com, 2022; **Figure 4**), it can be said that it applies that those respondents who perceive the quality of the private label and its products as good and high also think that it is comparable to the quality of traditional brand products and they have a fundamental preference for the given private label.

The above-mentioned dependence between the preference of the products of the private label targeted on vegans and vegetarians and the perception of the quality of its products, resp. the dependence between the preference for products labeled with the private label targeted on vegans and vegetarians and the comparability of their quality is confirmed by the results obtained from SAS Enterprise Guide 7.1, which show a statistically significant dependence, but this dependence is perceived as small rather than medium (p-value was in both cases at the significance level  $\alpha \leq 0.001$ , the value of the Phi coefficient was equal to 0.4434 in the case of H4 and the value of the Cramer coefficient of 0.2217 and in the case of H5 0.3676 and 0.1838, which indicates a weak and statistically significant dependence).

The last questions we have focused on in our questionnaire survey are the questions:

• concerning the evaluation of selected aspects of vegan products of the private label targeted at vegans and vegetarians, where the respondents had on the scale of 1–5, where 1 meant

- very low and 5 very high, to evaluate aspects such as the level of promotion, price level, breadth of assortment, the attractiveness of design/packaging, level of quality, and overall acceptability of products; and
- regarding the decisive factors in the purchase of a given private label and the disincentives to purchase it.

The results of our research declare that in terms of perception, resp. evaluations of selected aspects are rated as the best acceptability of products and their quality level, as in these aspects the respondents gave the highest ratings (Appendix A; assumption 4 was confirmed), in terms of decisive factors "playing" in favor of purchasing private label products are the good previous experience and reasonable price and quality (Appendix B) and the factor that mainly discourages from the purchase of these products is their taste (Appendix C).

In addition, by applying CATPCA on selected aspects of the private label targeted on vegans and vegetarians we obtained a deeper insight into respondents' evaluations. Test explained 62.8 of variance and identified two latent factors based on component loading (**Figure 5**). The first latent component includes price and quality level. The second component involves promotion level, assortment width, attractiveness packaging, and product's overall acceptability.

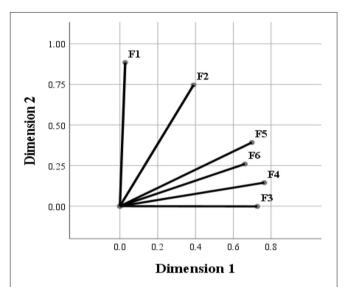
Marangon et al. (2016) also examined consumers' awareness of vegan food, to investigate the consumers' attitudes and preferences toward vegan food products. Factors related to the country of origin were found to be critical in the purchasing process. Assortment width and quality belong to one of the most important factors when purchasing vegetarian/vegan food products, however, the results suggested that only 8% of

customers are willing to pay a premium price. Based on results by Kapoor and Kumar (2019) and Underwood and Klein (2002), Yildirim et al. (2017), the attractiveness of products packaging is important especial for young people. For customers older than 25 is much more important the information provided by the producer on the packaging. Consumers tend to search for a vegan indicator and use their brand beliefs to give the conclusion of whether the product is vegetarian/vegan suitable. The result

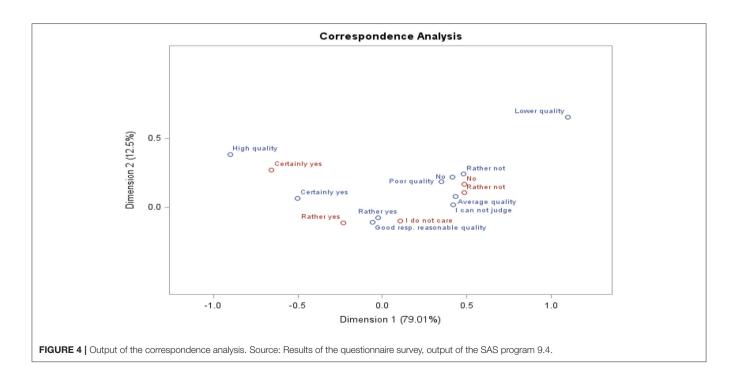
**TABLE 4** | Results of the Kruskal–Wallis test (dependence between the consumption of specific products of the researched private label and the respondent's sex).

Variable/Test	Kruskal-Wallis	
[Vegetable milk— soybean]	0.129	
[Vegetable milk—almond]	0.573	
[Vegetable milk-rice]	0.451	
[Vegetable milk—oats]	0.573	
[Tofu]	0.035	
[Lasagne]	<0.0001	
[Falafel]	0.662	
[Vegetarian nuggets]	0.745	
[Burger pancakes]	0.251	
[Vegetarian steak]	0.697	
[Vegetarian bullets]	0.780	
[Vegetable cream]	0.010	
[Soy yogurt]	0.024	
[Vegetarian ham]	0.484	
[Vegetarian ice cream]	0.073	
[Vegetarian candies]	0.586	

Source: Results of the questionnaire survey, output of the XL Stat program.



**FIGURE 5** Purchasing factors analyzed by CATPCA. Source: Results of the questionnaire survey, output of the SPSS version 25. F1- price level, F2-quality level, F3- promotion level, F4- assortment width, F5- product's overall acceptability, F6- attractiveness of packaging.



shows the role of the vegan indicator in the vegan product label. In this context can be concluded that the promotion level of vegetarian/vegan products belongs to the least important factors influencing the purchasing behavior of the customers worldwide.

## CONCLUSION

Purchasing affordable vegetarian and vegan products could be a solution to the problem regarding the sustainability of meat production and its consumption and also a new challenging trend. The submitted contribution intended to point out the fact that Slovak consumers are starting to focus on new categories of private labels, specifically on vegan/vegetarian products, which are still just looking for their regular consumers. For this reason, the main aim of our research was to find out whether Slovak consumers know and subsequently buy products of the private label targeted on vegans and vegetarians, in which product categories they do so, how they perceive them and what attracts and discourages them. The research was carried out on a sample of 2,011 respondents, where it was found that even though up to 48.67% of respondents know the given private label, only 35.26% of our respondents are its real consumers and users, so, indeed, the private label is still looking for its customers. However, our results point to another interesting finding, and therefore that even if it could be assumed that the products of this private label will be bought only by respondents from the vegan or vegetarian category, the opposite is true—the private label is known and bought by a respondent from the category "I eat everything." To fulfill the main aim of the article, we have formulated a total of four theoretical assumptions and five statistical hypotheses, based on the evaluation which we can say that three theoretical assumptions were confirmed and all examined dependencies were proved, although in some cases it can be said that they are weak rather than moderate addictions.

The importance of submitted research is highlighted by the fact that private labels have been growing. However, we realize that our research has also some limitations and barriers. We focused just to the limited area of Slovakia. There is also a fact that solved problem is evolving over time and situation described in the submitted paper may change in close future. This is the point from which further possibilities and trends for future research can arise. In terms of our recommendations for practice and possible limits of the research can be said unequivocally

that we are aware that this research is unique and specific and therefore it is not possible to provide a thorough discussion of our findings—the area of private labels is largely researched by us, as far as new and specific categories of these brands are concerned, there are still large gaps and reserves in the market. Therefore, we perceive this contribution as original and unique in the subject area and it can therefore serve as a guide for further similar research, whether in this area or even from managerial, economic or marketing point of view. Results of our research could be also used in the practice by food companies and sellers. As our results show that these products are also bought by omnivorous consumers, it is clear that chains should focus on the better promotion of these products, as it is still true that several respondents are unaware of this type of private label and therefore they do not buy me. In terms of the quality level of these products, our respondents are generally satisfied, but the possibilities for improvement can be still found and the customer regularly asks for them. It is questionable whether the chain wants to go into a "bigger" fight for a potential customer, but since it is still true that private labels are a source of competitive advantage and a means of building a positive corporate image (Košičiarová, 2020), we think it will pay off.

## DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**, further inquiries can be directed to the corresponding author/s.

## **AUTHOR CONTRIBUTIONS**

IK, ZK, PS, and LS contributed to all steps of research (concept, questionnaire, data collecting), database and manuscript as well as a literature review. IK, ZK, and PS did statistical evaluation. All authors contributed to manuscript revision, read, and approved the submitted version.

# SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fsufs. 2022.858048/full#supplementary-material

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