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# Hepatic injury and hepatic failure adverse events in 3,4-methylene dioxymethamphetamine users reported to the FDA Adverse Event Reporting System

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3,4-Methylenedioxymethamphetamine (MDMA) is being investigated in controlled clinical trials for use as an adjunct medication treatment for post-traumatic stress disorder. MDMA is metabolized by N-demethylation, primarily by CYP2D6, to its main inactive metabolite, 4-hydroxy-3-methoxymethamphetamine. It is also metabolized to a lesser extent by CYP1A2, CYP2B6, and CYP3A4 to its active metabolite, 3,4-methylenedioxyamphetamine. Considering the extensive hepatic metabolism and excretion, MDMA use in psychiatry raises concerns over drug-induced liver injury (DILI), a rare but dangerous event. Majority of the drugs withdrawn from the market for liver injury caused death or transplantation at frequencies under 0.01%. Unfortunately, markers for liver injury were not measured in most published clinical trials. At the same time, no visible DILI-related symptoms and adverse events were observed. Idiosyncratic DILI cases are rarely registered during clinical trials due to their rare nature. In this study, we surveyed a larger, over 1,500, and a more diverse set of reports from the FDA Adverse Event Reporting System and found 23 cases of hepatic injury and hepatic failure, in which MDMA was reported to be taken in addition to one or more substances. Interestingly, 22 out of 23 cases had one or more listed drugs with a known DILI concern based on the FDA's DILLrank dataset. Furthermore, only one report had MDMA listed as the primary suspect. Considering the nearly 20 million doses of MDMA used annually, this single report is insufficient for establishing a significant association with DILI.

## KEYWORDS

DILI (drug-induced liver injury), MDMA, DDI (drug-drug interaction), FAERS, adverse events, MDMA (3,4-methylenedioxymethamphetamine)

## Introduction

MDMA or 3,4-methylenedioxyamphetamine is currently a controlled Class A substance in the United Kingdom and Schedule I substance in the United States and the European Union. Based on efficacy and safety findings in multiple clinical trials (1–5), there is an ever-increasing interest in MDMA use in psychiatry.

MDMA is metabolized through N-demethylation primarily by cytochrome P450 2D6 (CYP2D6). This pathway produces its main inactive metabolite 4-hydroxy-3-methoxymethamphetamine. MDMA is also metabolized to a lesser extent by CYP1A2, CYP2B6, and CYP3A4 to its active metabolite, 3,4-methylenedioxyamphetamine. Most of the drugs associated with drug-induced liver injury (DILI) are metabolized through the hepatic pathway (6). However, there is no correlation with any specific CYP450 metabolic pathway and liver injury or failure. Most DILI cases are of idiosyncratic nature (7, 8) with a few exceptions such as in the case with acetaminophen (paracetamol) (9). Although DILI has not been observed in controlled clinical trials using MDMA (1, 2, 10, 11), considering the rare nature of this adverse event [13.9–24.0 per 100,000, and severe cases under 10 per 100,000 (12, 13)], it is rarely captured in clinical trials and cannot be completely ruled out. There have been published case reports of liver injury and liver failure with detectable MDMA levels, suggesting a possible association of its use with DILI (14–20). However, in every single case, the confounding factors, such as known DILI-concern concomitant drugs and infectious or other hepatitis, had not been addressed to justify causality assessment of MDMA as a culprit.

The lack of any concrete evidence of MDMA association with DILI warranted a further evaluation of MDMA user reports associated with liver injury and liver failure from the United States Food and Drug Administration Adverse Event Reporting System (FDA AERS or FAERS) reported to the FDA through MedWatch (21). In this study, FAERS reports were evaluated for the presence of MDMA as the sole reported drug and for the presence of any additional drugs with a known association with DILI based on the DILIRank database (13, 22).

## Methods

### FDA Adverse Event Reporting System

The FDA Adverse Event Reporting System (FAERS) is dataset repository, which hosts adverse events (AEs) submitted to the FDA through MedWatch AE forms 3,500 and 3500A by manufacturers, consumers, lawyers, and healthcare professionals (21).

Although initially intended for postmarketing safety surveillance of approved drugs and biologics, FAERS is a useful and significant source of safety information on drugs still under investigation, drugs such as Schedule I/Class A substances not yet approved by regulatory authorities, but available to the public through illicit means.

## Case selection

FAERS/AERS quarterly datasets, each including separate tables for demographics, country, drug, indication, outcome, reaction, and report source, were downloaded individually from the FDA public repository in dollar sign-separated text format (23–25). Unix shell scripts were used for data restructuring and filtering (26).

At the time of the analysis, FAERS/AERS contained 19,190,582 reports from January 2004 to March 2023. A total of 1,575 reports involving reported MDMA/ecstasy were selected for further analysis. Liver failure and liver injury FDA medical queries (FMQs) were used to filter out the cases of interest (see Table 1 for a comprehensive list of the search terms). Cases with any of the FMQs reported to be associated with viral or ischemic hepatitis were excluded. Each individual remaining case was reviewed for exclusion of any duplicates by multiple reporters.

## Results

There was a total of seven unique liver failure narrow-FMQ AE cases in the FEARS database. All of these cases were reported by healthcare professionals, and one of the seven was also reported by a consumer. Four out of seven cases were overdose cases, and six of these reported one or more drugs known to be associated with liver injury according to the DILIRank dataset. No cases reported MDMA as a “primary suspect” of the AEs. One overdose case had cocaine, and MDMA both reported as “secondary suspects” with no “primary suspect” listed (Table 2).

There were 16 unique liver injury narrow-FMQ AE cases in the FEARS database, including 14 cases reported by healthcare professionals, one by a lawyer, and one by a consumer. Five out of 16 cases were overdose cases, and as many as 15 out of the 16 cases had reported one or more drugs known to be associated with liver injury according to the DILIRank. One case was reported with MDMA as a “primary suspect” with alcohol listed as a “secondary suspect” (Table 3). The cases for both hepatic failure and injury are summarized in Table 4.

## Discussion

In this study, we evaluated liver failure and liver injury cases reported as associated with a list of drugs including MDMA, from the United States Food and Drug Administration FAERS. We found no cases where MDMA was the sole reported compound. This was in line with the absence of liver injury or liver failure AEs in the clinical trials. Additionally, we observed a limited number of 23 (seven hepatic failure and 16 hepatic injury cases) originating from a list of drugs including MDMA in the last ~18 years. Of these 23

TABLE 1 FAERS database search (June 2023) keywords and search terms.

| MDMA and Metabolite Search Terms  |
|---|
| <p>Chemical names: MDMA, 3,4-MDMA, midomphetamine, midomafetamine, methylenedioxyamphetamine, 3,4-methylenedioxyamphetamine, 3,4-methylenedioxyamphetaminolamine</p> <p>Common or street names (may include if MDMA presence confirmation described in studies): Adam, Beans, Clarity, Disco Biscuit, E, Ecstasy, Eve, Go, Hug Drug, Lover’s Speed, Molly, Peace, STP, X, and XTC</p> <p>Metabolites: MDA, 3,4-methylenedioxyamphetamine, HMMA, 4-Hydroxy-3-methoxyamphetamine, HMA, 4-hydroxy-3-methoxyamphetamine, HHA, DHA, 3,4-dihydroxyamphetamine, <math>\alpha</math>MeDA, alphamethyldopamine.</p>  |
| Hepatic Injury and Hepatic Failure FMQs (narrow) PTs  |
| <p>Hepatic injury narrow-FMQ scope: Acquired hepatocerebral degeneration, acute hepatic failure, acute yellow liver atrophy, alanine aminotransferase increased, allergic hepatitis, autoimmune hepatitis, ammonia increased, aspartate aminotransferase increased, biliary ascites, biliary cirrhosis, biliary cirrhosis primary, biliary fibrosis, bilirubin conjugated increased, Child–Pugh–Turcotte score abnormal, Child–Pugh–Turcotte score increased, chronic hepatic failure, chronic hepatitis, coma hepatic, cryptogenic cirrhosis, cytolytic hepatitis, drug-induced liver injury, fetor hepaticus, gallbladder varices, gastric variceal injection, gastric variceal ligation, gastric varices, gastric varices hemorrhage, granulomatous liver disease, hepatic cirrhosis, hepatic encephalopathy, hepatic failure, hepatic fibrosis marker abnormal, hepatic function abnormal, hepatic hydrothorax, hepatic hypertrophy, hepatic infiltration eosinophilic, hepatic lymphocytic infiltration, hepatic necrosis, hepatic pain, hepatic steato-fibrosis, hepatic vascular resistance increased, hepatitis, hepatitis acute, hepatitis cholestatic, hepatitis chronic active, hepatitis chronic persistent, hepatitis fulminant, hepatitis mumps, hepatitis toxic, hepatobiliary disease, hepatobiliary scan abnormal, hepatocellular damage, hepatocellular injury, hepatomegaly, hepatopulmonary syndrome, hepatorenal failure, hepatorenal syndrome, hepatosplenomegaly, hepatotoxicity, hyperammonemia, hyperammonemic crisis, intestinal varices, intestinal varices hemorrhage, intrahepatic portal hepatic venous fistula, jaundice hepatocellular, Kayser–Fleischer ring, liver disorder, liver injury, minimal hepatic encephalopathy, mixed hepatocellular-cholestatic injury, mixed liver injury, non-alcoholic fatty liver, nonalcoholic fatty liver disease, non-alcoholic steatohepatitis, non-cirrhotic portal hypertension, edema due to hepatic disease, esophageal varices hemorrhage, peripancreatic varices, periportal edema, portal fibrosis, portal hypertension, portal hypertensive colopathy, portal hypertensive enteropathy, portal hypertensive gastropathy, portal shunt, portal triaditis, portal vein cavernous transformation, portal vein dilatation, portal vein flow decreased, portal vein pressure increased, portopulmonary hypertension, primary biliary cholangitis, regenerative siderotic hepatic nodule, Reye’s syndrome, splenic varices, splenic varices hemorrhage, steatohepatitis, stomal varices, subacute hepatic failure, total bile acids increased, ultrasound liver abnormal, varices esophageal, varicose veins of abdominal wall, white nipple sign, X-ray hepatobiliary abnormal</p> <p>Hepatic failure narrow-FMQ Narrow scope: Acute hepatic failure, acute on chronic liver failure, acute yellow liver atrophy, ammonia increased, chronic hepatic failure, coma hepatic, hepatic encephalopathy, hepatic failure, hepatitis fulminant, hepatopulmonary syndrome, hepatorenal failure, hepatorenal syndrome, hyperammonemic crisis, liver dialysis, minimal hepatic encephalopathy, subacute hepatic failure</p> |

cases, 21 listed one or more co-reported drugs associated with liver injury or liver failure according to DILrank (13) (Table 5). MDMA was listed as a primary suspect only in a single case, which contained alcohol use, a known substance to cause liver damage, concurrent with MDMA. There is still the possibility that MDMA may have played a role in the other drugs’ hepatotoxic effects due to a potential CYP2D6-mediated drug–drug interaction (27, 28). However, considering the worldwide widespread MDMA use (~20 million annually) (29), the single report with liver injury/failure reported to the FAERS database was insufficient to establish a meaningful association signal.

TABLE 2 Hepatic failure FDA Medical Query cases.

| Cases reported by healthcare professionals |            |             |                               |         |   |            |  |              |                            |
|--|------------|-------------|-------------------------------|---------|---|------------|--|--------------|----------------------------|
| CaseID # (number of submission)            | Age (yrs.) | Weight (kg) | Sex<br>Male (M)<br>Female (F) | Country | Concomitant medications/drugs   | Indication | Adverse events   | Outcome code | Reporter (occupation code) |
| 1 (6)                                      | 16         | unk         | M                             | US      | ps: acetaminophen and hydrocodone bitartrate<br>ss: amphetamine<br>ss: cocaine<br>ss: marijuana<br>ss: methamphetamine hcl<br>ss: methylenedioxyamphetamine | unk        | disseminated intravascular coagulation, <b>hepatorenal failure</b> , hyperthermia malignant, hypoglycemia, hypoxic ischemic encephalopathy, intentional drug misuse, multi organ failure, multiple drug overdose intentional, rhabdomyolysis, serotonin syndrome, shock, death | DE, HO, RI   | LT, HP, MD                 |

(Continued)

TABLE 2 Continued

| Cases reported by healthcare professionals |            |             |                               |         |   |                 |  |              |                            |
|--|------------|-------------|-------------------------------|---------|---|-----------------|--|--------------|----------------------------|
| CaseID # (number of submission)            | Age (yrs.) | Weight (kg) | Sex<br>Male (M)<br>Female (F) | Country | Concomitant medications/drugs   | Indication      | Adverse events   | Outcome code | Reporter (occupation code) |
| 2  | 16         | 59          | F                             | CA      | ps: Abilify (aripiprazole)<br>ss: methylenedioxyamphetamine<br>c: desogestrel | unk             | cholestasis,<br><b>hepatitis fulminant</b> ,<br>intensive care,<br>liver transplant  | HO, OT, LT   | PH                         |
| 3(11)                                      | 21         | 56          | M                             | DE      | ps: pregabalin,<br>ps: clonazepam**<br>ss: methylenedioxyamphetamine          | drug abuse, unk | blood lactic acid increased,<br>coagulopathy,<br>dehydration,<br>drug abuse,<br>gastrointestinal hemorrhage,<br>generalized tonic clonic seizure,<br>hemoglobin decreased,<br>hemorrhage,<br><b>hepatic failure</b> ,<br>hyperpyrexia,<br>hyperthermia,<br>hypoglycemia,<br>mydriasis,<br>nervous system disorder,<br>platelet count decreased,<br>renal failure,<br>rhabdomyolysis,<br>tachycardia,<br>toxicity to various agents<br>acute kidney injury,<br>muscle hemorrhage,<br>tonic clonic movements | HO, LT, OT   | PH, HP                     |
| 4  | 32         | unk         | M                             | IT      | ps: acetaminophen<br>ss: citalopram<br>ss: midomafetamine<br>ss: trazodone    | unk             | <b>acute hepatic failure</b> ,<br>drug abuse,<br>drug interaction,<br><b>hepatotoxicity</b> ,<br>overdose,<br>toxicity to various agents,<br>death   | DE, OT       | HP                         |
| 5  | 49         | unk         | M                             | FR      | ps: acetaminophen<br>ss: cocaine<br>ss: midomafetamine                        | unk             | acute kidney injury,<br>drug abuse,<br><b>hepatitis fulminant</b> ,<br>hypoxia,<br>multiple organ dysfunction syndrome,  | DE, OT       | MD                         |

(Continued)

TABLE 2 Continued

| Cases reported by healthcare professionals |            |             |                               |         |   |            |   |              |                            |
|--|------------|-------------|-------------------------------|---------|---|------------|---|--------------|----------------------------|
| CaseID # (number of submission)            | Age (yrs.) | Weight (kg) | Sex<br>Male (M)<br>Female (F) | Country | Concomitant medications/drugs   | Indication | Adverse events  | Outcome code | Reporter (occupation code) |
|  |            |             |                               |         |   |            | septic shock, death   |              |                            |
| 6  | unk        | unk         | unk                           | GB      | ss: cocaine<br>ss: ecstasy  | unk        | <b>acute hepatic failure</b> , overdose, toxicity to various agents   | HO, LT       | OT                         |
| 7  | 21         | unk         | M                             | US      | ps: propofol: IV drip,<br>ss: methylenedioxymethamphetamine:<br>PO<br>c:n acetylcysteine                        | unk        | <b>acute hepatic failure</b> , cerebral hemorrhage, encephalopathy, hyperhidrosis, muscle rigidity, renal failure, rhabdomyolysis | HO           | HP, LT, OT                 |
| Cases reported by consumers                |            |             |                               |         |   |            |   |              |                            |
| 1***                                       | 16         | 60          | F                             | CA      | ps: Abilify (aripiprazole):PO<br>ss: methylenedioxymethamphetamine<br>c: desogestrel: PO<br>c: ethinylestradiol | unk        | cholestasis,<br><b>hepatitis fulminant</b> ,<br>intensive care  | HO, LT, OT   | CN                         |

\*\*Variable primary suspect assignments by multiple reporters. Unk, unknown; M, male; F, female; IE, Ireland; US, United States; AT, Austria; HK, Hong Kong; FR, France; CA, Canada; DE, Germany; IT, Italy; ES, Spain; PS, primary suspect; GB, Great Britain; SS, secondary suspect; C, concomitant; I, interacting; NAFLD, nonalcoholic fatty liver disease; HO, hospitalization; LT (outcome section), life threatening; DE, death; RI, requiring intervention; OT, other medically important event; MD, physician; HP (or OT), other healthcare professional; PH, pharmacist; LT (reporter section); literature. \*\*\*Case reported both by healthcare professional and consumer. Specific hepatic failure narrow-FMQs terms are shown in bold.

TABLE 3 Hepatic injury FDA Medical Query cases reported by healthcare professionals.

| Cases reported by healthcare professionals |            |             |                               |         |  |                |   |              |                            |
|--|------------|-------------|-------------------------------|---------|--|----------------|---|--------------|----------------------------|
| Case # (number of duplicates)              | Age (Yrs.) | Weight (kg) | Sex<br>Male (M)<br>Female (F) | Country | Concomitant medications/<br>drugs  | Indication     | Adverse events  | Outcome code | Reporter (occupation code) |
| 1  | unk        | 63.5        | M                             | IE      | ps: Invega (paliperidone)<br>ss: alcohol<br>ss: ecstasy<br>ss: olanzapine  | schizophrenia  | adverse reaction,<br>agitation,<br>anaphylactic reaction,<br><b>aspartate aminotransferase increased,</b><br>blood creatine phosphokinase increased,<br>blood lactate dehydrogenase increased,<br>chest pain,<br>multiple drug overdose,<br>psychotic disorder,<br>treatment noncompliance,<br>white blood cell count increased | HO, LT       | MD                         |
| 2  | 20         | 65          | F                             | AT      | ps: Seroquel: (quetiapine)<br>ss: Depakine (valproic acid)<br>c: alcohol<br>c: cocaine<br>c: dhc<br>c: ecstasy<br>c: speed | unk            | <b>ammonia increased,</b><br>drug abuse,<br>hypotension,<br>sinus bradycardia,<br>somnolence  | HO           | MD                         |
| 3  | 21         | 74.8        | M                             | US      | ps: mdma<br>ss: alcohol  | unk            | agitation,<br>confusional state,<br>convulsion,<br><b>hepatotoxicity,</b><br>hyperthermia,<br>international normalized ratio increased,<br><b>liver injury,</b><br>rhabdomyolysis   | HO           | PH                         |
| 4  | unk        | unk         | unk                           | HK      | ps: Ketalar (ketamine)<br>ss: alcohol<br>ss: cocaine<br>ss: crystal methamphetamine<br>ss: ecstasy                         | drug diversion | biliary dilatation,<br>biliary tract disorder,<br>drug abuse,<br><b>liver injury,</b><br><b>portal fibrosis,</b><br>urinary tract disorder  | OT           | MD                         |

(Continued)

TABLE 3 Continued

| Cases reported by healthcare professionals |            |             |                               |         |  |                    |   |                 |                                  |
|--|------------|-------------|-------------------------------|---------|--|--------------------|---|-----------------|----------------------------------|
| Case # (number of duplicates)              | Age (Yrs.) | Weight (kg) | Sex<br>Male (M)<br>Female (F) | Country | Concomitant medications/<br>drugs  | Indication         | Adverse events  | Outcome<br>code | Reporter<br>(occupation<br>code) |
| 5  | 24         | unk         | M                             | FR      | ps: Zelboraf (vemurafenib)<br>ss: Cotelllic: (cobimetinib)<br>c: alprazolam<br>c: ecstasy  | malignant melanoma | diarrhea,<br><b>hepatitis cholestatic</b> ,<br>maculopathy,<br>renal failure  | OT              | MD                               |
| 6(2)                                       | 55         | unk         | F                             | IT      | ps: acetaminophen<br>ps: bromazepam**<br>ss: carbamazepine<br>ss: trazodone<br>c:<br>methylenedioxyamphetamine<br>c:morphine   | Headache, unk      | atrial fibrillation,<br>bradycardia,<br>bradypnea,<br><b>hepatitis acuta</b> ,<br>hypokalemia,<br>hypotension,<br>hypothermia,<br>loss of consciousness,<br>mydriasis,<br>overdose,<br>product use in<br>unapproved indication  | HO,<br>LT, OT   | HP                               |
| 7(7)                                       | 27         | unk         | M                             | FR      | ps: quetiapine,<br>ps: buprenorphine**<br>ss: crack cocaine<br>ps: Lyrica (pregabalin)**<br>ss: mdma   | unk                | bradypnea, coma,<br><b>hepatic cytolysis</b><br>( <b>cytolytic hepatitis</b> ),<br>rhabdomyolysis   | HO              | MD                               |
| 8  | unk        | unk         | unk                           | AU      | ps: fentanyl<br>ss: alcohol<br>ss: buprenorphine<br>ss: cannabinal<br>ss: cocaine<br>ss: codeine<br>ss: hydromorphone<br>ss: methadone<br>ss: methamphetamine<br>ss: midomafetamine<br>ss: morphine<br>ss: olanzapine<br>ss: oxycodone<br>ss: promethazine<br>ss: quetiapine<br>ss: tapentadol<br>ss: tramadol hcl | unk                | arteriosclerosis<br>coronary artery,<br>aspiration,<br>asthma,<br>cardiac valve disease,<br>cardiomegaly,<br>cardiomyopathy,<br>emphysema,<br>fibrosis,<br><b>hepatic cirrhosis</b> ,<br><b>hepatic fibrosis</b> ,<br><b>hepatic hypertrophy</b> ,<br><b>hepatic steatosis</b><br>( <b>NAFLD</b> ),<br><b>hepatitis</b> ,<br>intentional self-injury,<br>kidney fibrosis,<br>nephrosclerosis,<br>overdose,<br>pneumonia,<br>pulmonary edema,<br>toxicity to various | DE, OT          | HP                               |

(Continued)

TABLE 3 Continued

| Cases reported by healthcare professionals |            |             |                               |         |  |            |   |              |                            |
|--|------------|-------------|-------------------------------|---------|--|------------|---|--------------|----------------------------|
| Case # (number of duplicates)              | Age (Yrs.) | Weight (kg) | Sex<br>Male (M)<br>Female (F) | Country | Concomitant medications/<br>drugs  | Indication | Adverse events  | Outcome code | Reporter (occupation code) |
|  |            |             |                               |         |  |            | agents, ventricular hypertrophy, death  |              |                            |
| 9(3)                                       | 25         | unk         | M                             | US      | ps: sertraline<br>ss: cocaine<br>ss: midomafetamine<br>c: St John's wort             | unk        | abdominal pain upper, aggression, <b>alanine aminotransferase increased, aspartate aminotransferase increased,</b> blood potassium decreased, decreased appetite, disorientation, drug abuse, electrocardiogram qt prolonged, nausea, oxygen saturation decreased, serotonin syndrome, vomiting, weight decreased | OT           | HP, LT, OT                 |
| 10(4)                                      | 34         | unk         | M                             | AU      | ps: citalopram<br>ss: 6-acetylmorphine (heroin)<br>ss: alcohol<br>ss: midomafetamine | unk        | <b>hepatic steatosis (NAFLD),</b> prostatitis, serotonin syndrome, toxicity to various agents, death  | DE, OT       | HP, OT                     |
| 11(3)                                      | 26         | unk         | M                             | UK      | ps: codeine<br>ss: acetaminophen: PO<br>c: benzodiazepine<br>c: ecstasy              | unk        | coagulopathy, <b>hepatic function abnormal, liver disorder, overdose</b>  | HO           | OT, LT                     |
| 12   | 23         | unk         | M                             | ES      | ps: ritonavir<br>c: atazanavir<br>c: Truvada (emtricitabine + tenofovir)<br>i:       | unk        | coma scale abnormal, convulsion, depressed level of consciousness, disseminated   | HO, LT, OT   | OT, LT, HP                 |

(Continued)



TABLE 3 Continued

| Cases reported by healthcare professionals |            |             |                               |         |  |                                      |  |                 |                                  |
|--|------------|-------------|-------------------------------|---------|--|--------------------------------------|--|-----------------|----------------------------------|
| Case # (number of duplicates)              | Age (Yrs.) | Weight (kg) | Sex<br>Male (M)<br>Female (F) | Country | Concomitant medications/<br>drugs  | Indication                           | Adverse events   | Outcome<br>code | Reporter<br>(occupation<br>code) |
|  |            |             |                               |         | 3,4-<br>methylenedioxymethamphetamine  |                                      | intravascular<br>coagulation,<br>dizziness,<br>drug interaction,<br>drug level increased,<br><b>hepatic function<br/>abnormal</b> ,<br>hyperthermia,<br>malaise,<br>renal failure,<br>rhabdomyolysis,<br>toxicity to various<br>agents,<br>vision blurred,<br>vomiting |                 |                                  |
| 13   | 21         | unk         | F                             | GB      | ps: paracetamol<br>ss: alcohol<br>ss:<br>methylenedioxymethamphetamine   | unk                                  | <b>hepatic function<br/>abnormal</b> ,<br>overdose,<br>toxicity to<br>various agents   | HO              | HO, LT,OT                        |
| 14   | 28         | unk         | M                             | GB      | ps: Ketalar(ketamine)<br>ss: ecstasy<br>c: alimemazine<br>c: amphetamine<br>c: trazodone: PO   | drug abuse<br>Insomnia<br>depression | bladder wall<br>calcification,<br><b>liver function test<br/>abnormal</b> ,<br>pelvic pain,<br>pollakiuria   | OT              | OT                               |
| Cases reported by lawyers and consumers    |            |             |                               |         |  |                                      |  |                 |                                  |
| 1  | 15         | 100         | M                             | US      | ps: Accutane (isotretinoin):PO<br>c: cocaine<br>c: ecstasy<br>c: marijuana<br>c: methamphetamine hcl<br>c: prednisone tab<br>c: Zithromax (azithromycin) | Acne                                 | abnormal behavior,<br>affect lability,<br>aggression,<br><b>alanine<br/>aminotransferase<br/>increased</b> ,<br>alcoholism,<br>anger,<br>anhedonia,<br>anxiety,<br>automatism,<br>bone disorder,<br>bronchitis,<br>delirium,<br>delusion,                              | DS              | LW                               |

(Continued)

TABLE 3 Continued

| Cases reported by healthcare professionals |            |             |                               |         |                                   |            |  |              |                            |
|--|------------|-------------|-------------------------------|---------|-----------------------------------|------------|--|--------------|----------------------------|
| Case # (number of duplicates)              | Age (Yrs.) | Weight (kg) | Sex<br>Male (M)<br>Female (F) | Country | Concomitant medications/<br>drugs | Indication | Adverse events   | Outcome code | Reporter (occupation code) |
| Cases reported by lawyers and consumers    |            |             |                               |         |                                   |            |  |              |                            |
|  |            |             |                               |         |                                   |            | depersonalization,<br>depression,<br>distractibility,<br>disturbance in<br>attention,<br>drug abuser,<br>failed examinations,<br>fatigue,<br>fear,<br>feeling guilty,<br>feeling of despair,<br>feelings of<br>worthlessness,<br>flight of ideas,<br>gastrointestinal<br>disorder,<br>headache,<br>high density<br>lipoprotein decreased,<br>hypertriglyceridemia,<br>impulse control<br>disorder,<br>inflammatory bowel<br>disease,<br>injury,<br>insomnia,<br>irritability,<br>irritable bowel<br>syndrome,<br>laryngotracheo<br>bronchitis<br>legal problem<br>major depression,<br>mental disorder,<br>muscle<br>injury, performance<br>fear,<br>pharyngitis,<br>respiratory disorder,<br>restlessness,<br>rhinorrhea,<br>self-esteem decreased,<br>sleep disorder,<br>social problem, |              |                            |

(Continued)

TABLE 3 Continued

| Cases reported by healthcare professionals |            |             |                               |         |  |            |  |                 |                                  |
|--|------------|-------------|-------------------------------|---------|--|------------|--|-----------------|----------------------------------|
| Case # (number of duplicates)              | Age (Yrs.) | Weight (kg) | Sex<br>Male (M)<br>Female (F) | Country | Concomitant medications/<br>drugs  | Indication | Adverse events   | Outcome<br>code | Reporter<br>(occupation<br>code) |
| Cases reported by lawyers and consumers    |            |             |                               |         |  |            |  |                 |                                  |
|  |            |             |                               |         |  |            | theft,<br>tinea versicolor,<br>truancy,<br>xerosis   |                 |                                  |
| 2  | 19         | unk         | M                             | CA      | ps: Dilaudid: IV(hydromorphone)<br>ss: cocaine<br>ss: marijuana<br>ss:<br>methylenedioxyamphetamine<br>ss: morphine sulfate<br>ss: Oxycontin(oxycodone)<br>ss: Percocet(oxycodone/<br>acetaminophen)<br>ss: Ritalin(methylphenidate)<br>ss: sleeping pills | unk        | drug dependence,<br>euphoric mood,<br>infection,<br><b>jaundice</b> ,<br><b>liver injury</b> ,<br>mobility decreased,<br>edema peripheral,<br>overdose,<br>substance abuse | HO, OT          | CN                               |

\*\*Variable primary suspect assignments by multiple reporters. Unk, unknown; M, male; F, female; IE, Ireland; US, United States; AT, Austria; HK, Hong Kong; FR, France; CA, Canada; DE, Germany; IT, Italy; ES, Spain; PS, primary suspect; GB, Great Britain; SS, secondary suspect; C, concomitant; I, interacting; NAFLD, nonalcoholic fatty liver disease; HO, hospitalization; LT (outcome section), life threatening; DE, death; RI, requiring intervention; OT, other medically important event; MD, physician; HP (or OT), other healthcare professional; PH, pharmacist; LT (reporter section), literature; CN, consumer; LW, lawyer. Specific liver injury narrow-FMQ terms are shown in bold.

TABLE 4 Summary of FAERS hepatic failure and hepatic injury FMQ reports.

|   | Reported by healthcare professionals                 | Reported by consumers and lawyers                      | Total number of cases                                |
|---|--|--|--|
| Hepatic failure cases   | 7  | 1***   | 7  |
| Hepatic injury cases  | 14   | 2  | 16   |
| Cases with ecstasy as sole reported drug  | 0  | 0  | 0  |
| Polydrug use/polypharmacy cases   | 21   | 3***   | 23   |
| Cases with reported drug (s) listed in FDA DILIRank dataset as DILI concern drugs | hepatic injury cases —13<br>hepatic failure cases —6 | hepatic injury cases —2<br>hepatic failure cases —1*** | hepatic injury cases —15<br>hepatic failure cases —6 |
| Ecstasy/MDMA reported primary suspect cases                                       | 1 (alcohol as only secondary suspect)                | 0  | 1  |
| Ecstasy/MDMA as a secondary suspect drug  | hepatic injury cases —8<br>hepatic failure cases —7  | hepatic injury cases —1<br>hepatic failure cases —1*** | hepatic injury cases —9<br>hepatic failure cases —7  |
| Ecstasy/MDMA as a concomitant drug  | hepatic injury cases —4<br>hepatic failure cases —0  | hepatic injury cases —1<br>hepatic failure cases —0    | hepatic injury cases —5<br>hepatic failure cases —0  |
| Ecstasy/MDMA as an interacting drug   | hepatic injury cases —1<br>hepatic failure cases —0  | hepatic injury cases —0<br>hepatic failure cases —0    | hepatic injury cases —1<br>hepatic failure cases —0  |
| Overdose cases  | 8  | 1  | 9  |

\*\*\*Duplicate report by pharmacists and consumer not included in the total count.

### Study limitations

Reporting to FAERS is mostly voluntary, apart from spontaneous reports forwarded from the manufacturers/authorization holders. Thus, the dataset represents only a subset of actual cases and should not be confused with absolute population frequencies. Most of the cases are not clinically assessed for causality. There was no consistent means for reporters to provide information on drug identification or detection. Since manufacture and distribution of MDMA is not regulated, it is uncertain whether the chemical compound listed in the cases could be confirmed as MDMA or MDMA laced with another compound.

TABLE 5 Drugs of concern according to DILIRank list in the FAERS liver injury and liver failure FMQ reports.

| Drug            | Label section            | FDA DILI concern       |
|-----------------|--------------------------|------------------------|
| Acetaminophen   | Warnings and precautions | Most DILI concern      |
| Amphetamine     | No match                 | Less DILI concern      |
| Alprazolam      | Adverse reactions        | Less DILI concern      |
| Aripiprazole    | Adverse reactions        | Ambiguous DILI concern |
| Atazanavir      | Warnings and precautions | Less DILI concern      |
| Azithromycin    | Adverse reactions        | Less DILI concern      |
| Bromazepam      | Unlisted                 |                        |
| Buprenorphine   | Unlisted                 |                        |
| Carbamazepine   | Warnings and precautions | Most DILI concern      |
| Citalopram      | Adverse reactions        | Less DILI concern      |
| Clonazepam      | Adverse reactions        | Less DILI concern      |
| Emtricitabine   | Warnings and precautions | Ambiguous DILI concern |
| Fentanyl        | Unlisted                 |                        |
| Hydromorphone   | Adverse reactions        | Ambiguous DILI concern |
| Isotretinoin    | Warnings and precautions | Most DILI concern      |
| Ketamine        | N/A                      | Less DILI concern      |
| Methadone       | Adverse reactions        | Ambiguous DILI concern |
| Methylphenidate | Adverse reactions        | Less DILI concern      |
| Olanzapine      | Adverse reactions        | Less DILI concern      |
| Prednisone      | Adverse reactions        | Less DILI concern      |
| Pregabalin      | N/A                      | Less DILI concern      |
| Promethazine    | Adverse reactions        | Less DILI concern      |
| Propofol        | Adverse reactions        | Less DILI concern      |
| Quetiapine      | Warnings and precautions | Less DILI concern      |
| Ritonavir       | Warnings and precautions | Most DILI concern      |
| Sertraline      | Adverse reactions        | Less DILI concern      |
| Tenofovir       | Warnings and precautions | Less DILI concern      |
| Tramadol        | Adverse reactions        | Ambiguous DILI concern |
| Trazodone       | Adverse reactions        | Less DILI concern      |
| Valproic acid   | Boxes warning            | Most DILI concern      |
| Vemurafenib     | Unlisted                 |                        |

Drug-Induced Liver Injury Rank (DILIRank) Dataset: <https://www.fda.gov/science-research/liver-toxicity-knowledge-base-ltkb/drug-induced-liver-injury-rank-dilirank-dataset>.

### Conclusion

In summary, reported use of MDMA as the only administered drug produced a single report of liver injury or liver failure in the FAERS system; it was far more common for hepatotoxicity-related AEs to arise when MDMA was reportedly combined with an additional substance with well-documented DILI-concern (22). The current findings in the FAERS system are in line with the failure of clinical trials to report DILI.

## Data availability statement

Publicly available datasets were analyzed in this study. This data can be found here: <https://fis.fda.gov/extensions/FPD-QDE-FAERS/FPD-QDE-FAERS.html>.

## Ethics statement

Ethical approval was not required for the study involving humans in accordance with the local legislation and institutional requirements. Written informed consent to participate in this study was not required from the participants or the participants' legal guardians/next of kin in accordance with the national legislation and the institutional requirements.

## Author contributions

TM: Writing – review & editing, Writing – original draft, Validation, Methodology, Investigation, Formal analysis, Conceptualization. RA: Writing – review & editing, Writing – original draft, Supervision, Software, Resources, Project administration, Methodology, Investigation, Funding acquisition, Data curation, Conceptualization.

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