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Corrigendum: Decrease in social zeitgebers is associated with worsened delayed sleep-wake phase disorder: findings during the pandemic in Japan

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KEYWORDS

delayed sleep-wake phase disorder, coronavirus disease 2019, COVID-19, state of emergency, Japan, social zeitgeber, bipolar disorder, depression

A corrigendum on

Decrease in social zeitgebers is associated with worsened delayed sleep-wake phase disorder: findings during the pandemic in Japan

by Otsuki, R., Matsui, K., Yoshiike, T., Nagao, K., Utsumi, T., Tsuru, A., Ayabe, N., Hazumi, M., Fukumizu, M., and Kuriyama, K. (2022). *Front. Psychiatry* 13:898600. doi: 10.3389/fpsyt.2022.898600

In the published article, there was an error in Table 1 as published. The entry for Developmental disorders, originally listed as 11 (21.7), is incorrect; the correct figure is Developmental disorders, 11 (18.3). Similarly, the entry for Psychostimulants, previously stated as 5 (7.4), is incorrect; the accurate figure is Psychostimulants, 5 (8.3). The entry for combined therapy with both (n = 5) is also incorrect; the correct number is combined therapy with both (n = 6). Finally, the entry for Antipsychotics was listed as 15 (25) without decimal point, but the correct version is Antipsychotics, 15 (25.0). The corrected Table 1 and its caption appear below.

In the published article, there was an error in Table 3 as published. Within the footnotes, the entry for combination therapy of both, originally listed as (n = 5), is incorrect; the correct number is combination therapy of both (n = 6). Additionally, the footnote c) was missing the information about the combination of obstructive sleep apnea with sleep-related movement disorders, which should have been mentioned as (n = 1). The corrected Table 3 and its caption appear below.

In the published article, there was also an error in the text. The term "?² test" was incorrect, and the correct term is the " χ^2 test".

An amendment has been made in the Methods section, specifically the Statistical analysis part, on Line 2.

Originally, the sentence stated:

"Based on baseline severity, a comparison between mild DSWPD and moderate-to-severe DSWPD was made using the ?² test for categorical variables and the Mann-Whitney U-test for the following continuous variables:"

The corrected sentence appears below:

"Based on baseline severity, a comparison between mild DSWPD and moderate-to-severe DSWPD was made using the χ^2 test for categorical variables and the Mann–Whitney *U*-test for the following continuous variables:"

The authors apologize for these errors and state that this does not change the scientific conclusions of the article in any way. The original article has been updated.

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Age, median (range), year	24.0 (16–71)				
Male, <i>n</i> (%)	34 (56.7)				
BMI, median (range), kg/cm ²	20.5 (15.9–32.3)				
Student, n (%)	26 (43.3)				
Unemployed or did not attend school, n (%)	20 (33.3)				
Cohabitation, <i>n</i> (%)	43 (71.7)				
Decreased social zeitgebers, n (%)	38 (63.3)				
Baseline CGI-S, median (range) ^a	3.0 (2.0-6.0)				
Endpoint CGI-S, median (range) ^b	4.0 (2.0-6.0)				
Coexisting mental disorders					
Schizophrenia, <i>n</i> (%)	1 (1.7)				
Mood disorders, <i>n</i> (%) ^c	13 (21.7)				
Anxiety disorders, $n (\%)^d$	6 (10.0)				
Developmental disorders, n (%) ^e	11 (18.3)				
*					
Other coexisting sleep disorders					
Other coexisting sleep disorders Obstructive sleep apnea, <i>n</i> (%)	12 (20.0)				
Other coexisting sleep disordersObstructive sleep apnea, n (%)Central disorders of hypersomnolence, n (%) ^f	12 (20.0) 3 (5.0)				
Other coexisting sleep disorders Obstructive sleep apnea, n (%) Central disorders of hypersomnolence, n (%) ^f Sleep-related movement disorders, n (%) ^g	12 (20.0) 3 (5.0) 3 (5.0)				
Other coexisting sleep disorders Obstructive sleep apnea, n (%) Central disorders of hypersomnolence, n (%) ^f Sleep-related movement disorders, n (%) ^g Parasomnias, n (%) ^h	12 (20.0) 3 (5.0) 3 (5.0) 1 (1.7)				
Other coexisting sleep disorders Obstructive sleep apnea, n (%) Central disorders of hypersomnolence, n (%) ^f Sleep-related movement disorders, n (%) ^g Parasomnias, n (%) ^h Chronobiological intervention at baseline ⁱ	12 (20.0) 3 (5.0) 3 (5.0) 1 (1.7) 44 (73.3)				
Other coexisting sleep disorders Obstructive sleep apnea, n (%) Central disorders of hypersomnolence, n (%) ^f Sleep-related movement disorders, n (%) ^g Parasomnias, n (%) ^h Chronobiological intervention at baseline ⁱ Psychotropic medication other than rame	12 (20.0) 3 (5.0) 3 (5.0) 1 (1.7) 44 (73.3) elteon and melatonin				
Other coexisting sleep disorders Obstructive sleep apnea, n (%) Central disorders of hypersomnolence, n (%) ^f Sleep-related movement disorders, n (%) ^g Parasomnias, n (%) ^h Chronobiological intervention at baseline ⁱ Psychotropic medication other than rame Antipsychotics, n (%)	12 (20.0) 3 (5.0) 3 (5.0) 1 (1.7) 44 (73.3) elteon and melatonin 15 (25.0)				
Other coexisting sleep disorders Obstructive sleep apnea, n (%) Central disorders of hypersonnolence, n (%) ^f Sleep-related movement disorders, n (%) ^g Parasomnias, n (%) ^h Chronobiological intervention at baseline ⁱ Psychotropic medication other than rame Antipsychotics, n (%) Antidepressants, n (%)	12 (20.0) 3 (5.0) 3 (5.0) 1 (1.7) 44 (73.3) elteon and melatonin 15 (25.0) 12 (20.0)				
Other coexisting sleep disorders Obstructive sleep apnea, n (%) Central disorders of hypersomnolence, n (%) ^f Sleep-related movement disorders, n (%) ^g Parasomnias, n (%) ^h Chronobiological intervention at baseline ⁱ Psychotropic medication other than rame Antipsychotics, n (%) Antidepressants, n (%)	12 (20.0) 3 (5.0) 3 (5.0) 1 (1.7) 44 (73.3) elteon and melatonin 15 (25.0) 12 (20.0) 6 (10.0)				
Other coexisting sleep disorders Obstructive sleep apnea, n (%) Central disorders of hypersonnolence, n (%) ^f Sleep-related movement disorders, n (%) ^g Parasomnias, n (%) ^h Chronobiological intervention at baseline ⁱ Psychotropic medication other than rame Antipsychotics, n (%) Mood stabilizers, n (%) Benzodiazepines, n (%)	12 (20.0) 3 (5.0) 3 (5.0) 1 (1.7) 44 (73.3) elteon and melatonin 15 (25.0) 12 (20.0) 6 (10.0) 12 (20.0)				
Other coexisting sleep disorders Obstructive sleep apnea, n (%) Central disorders of hypersomnolence, n (%) ^f Sleep-related movement disorders, n (%) ^g Parasomnias, n (%) ^h Chronobiological intervention at baseline ⁱ Psychotropic medication other than rame Antipsychotics, n (%) Mood stabilizers, n (%) Benzodiazepines, n (%)	12 (20.0) 3 (5.0) 3 (5.0) 1 (1.7) 44 (73.3) elteon and melatonin 15 (25.0) 12 (20.0) 6 (10.0) 12 (20.0) 7 (11.7)				
Other coexisting sleep disorders Obstructive sleep apnea, n (%) Central disorders of hypersonnolence, n (%) ^f Sleep-related movement disorders, n (%) ^g Parasomnias, n (%) ^h Chronobiological intervention at baseline ⁱ Psychotropic medication other than rame Antipsychotics, n (%) Mood stabilizers, n (%) Benzodiazepines, n (%) Non-benzodiazepines, n (%)	12 (20.0) 3 (5.0) 3 (5.0) 1 (1.7) 44 (73.3) elteon and melatonin 15 (25.0) 12 (20.0) 6 (10.0) 12 (20.0) 7 (11.7) 8 (13.3)				

TABLE 1 Demographic and clinical data of patients with DSWPD (n = 60).

^aBaseline CGI-S: before the COVID-19 pandemic.

^bEndpoint CGI-S: during the COVID-19 pandemic.

^c Including major depressive disorder (n = 9) and bipolar disorder (n = 4). ^d Including generalized anxiety disorder (n = 1), social anxiety disorder (n = 3), and

obsessive-compulsive disorder (n = 2).

^eIncluding attention-deficit/hyperactivity disorder (n = 2), autism spectrum disorder (n = 8), and a combination of both (n = 1).

^fIncluding narcolepsy type two (n = 2) and idiopathic hypersonnia (n = 1). ^gIncluding restless legs (n = 1) and periodic limb movements (n = 2).

^hSleep-related eating disorder.

ⁱIncluding use of ramelteon or melaton in (n = 37), bright light therapy (n = 1), and combined therapy with both (n = 6).

DSWPD, delayed sleep-wake phase disorder; BMI, body mass index; CGI-S, clinical global impressions - severity of illness scale.

TABLE 3 Factors associated with worsened DSWPD symptoms^a.

	Univariate relative risk (95% CI) ^b	р	Multivariate relative risk (95% CI) ^b	р	
Age	1.004 (0.965–1.045)	n.s.			
Male sex	0.700 (0.250–1.957)	n.s.			
BMI	1.072 (0.929–1.238)	n.s.			
Student	1.429 (0.511–3.995)	n.s.			
Unemployed or did not attend school	0.388 (0.124-1.212)	n.s.			
Cohabitation	2.514 (0.755-8.368)	n.s.			
Decreased social zeitgebers	4.675 (1.427–15.321)	0.011	6.668 (1.653-26.891)	0.008	
Coexisting mental disorders					
Schizophrenia	—	_			
Mood disorders	5.882 (1.421-24.355)	0.015	8.876 (1.714-45.974)	0.009	
Anxiety disorders	1.250 (0.231-6.760)	n.s.			
Developmental disorders	0.646 (0.167-2.493)	n.s.			
Other coexisting sleep disorders ^c	0.968 (0.319-2.940)	n.s.			
Chronobiological intervention during the pandemic ^d	1.242 (0.399–3.871)	n.s.			
Psychotropic medications other than ramelteon and melatonin	2.400 (0.837-6.882)	n.s.			

 a Using the difference in CGI-S scores before and during the COVID-19 pandemic, we defined the worsened group as one or more points increase. b Relative risks approximated to odds ratios.

^cIncluding obstructive sleep apnea (n = 11), central disorders of hypersomnolence (n = 3), sleep-related movement disorders (n = 2), parasomnias (n = 1), and combination of obstructive sleep apnea with sleep-related movement disorders (n = 1). ^d Including use of ramelteon or melatonin (n = 36), bright light therapy (n = 1), and combination therapy of both (n = 6).