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Regulation of hydrogen rich water on strawberry seedlings and root endophytic bacteria under salt stress

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Salt stress could lead to plant growth barriers and crop yield reduction. Strawberries are sensitive to salt stress, and improving salt tolerance is important for strawberry production. This study aimed to explore the potential of hydrogen-rich water (HRW) to enhance salt tolerance in strawberries. Through pot experiments, we investigated how HRW affects plant growth, ion absorption, osmotic stress, oxidative stress, antioxidant enzyme levels, hormone levels, and root endophytic bacteria in strawberry seedlings under salt stress. The results showed that under 100 mM NaCl treatment, 50% and 100% HRW treatments significantly increased strawberry biomass by 0.29 g and 0.54g, respectively, wherein, 100% HRW significantly increased the shoot and root length by 15.34% and 24.49%, respectively. In addition, under salt stress the absorption of K⁺ by strawberry seedlings was increased with the HRW supplement, while the absorption of Na⁺ was reduced. Meanwhile, HRW treatment reduced the transfer of Na⁺ from root to shoot. Furthermore, under salt stress, HRW treatment increased the relative water content (RWC) by 12.35%, decreased the electrolyte leakage rate (EL) by 7.56%. HRW modulated phytohormone levels in strawberry seedlings, thereby alleviating the salt stress on strawberries. Moreover, HRW was found to promote plant growth by altering the diversity of bacteria in strawberry roots and recruiting specific microorganisms, such as Tistella. Our findings indicate that HRW could help restore the microecological homeostasis of strawberry seedlings, thus further mitigating salt stress. This study provides a novel perspective on the mechanisms by which HRW alleviates salt stress, thereby enriching the scientific understanding of hydrogen's applications in agriculture.

KEYWORDS

endophytic bacteria, hydrogen, hydrogen rich water (HRW), salt stress, strawberry



1 Introduction

Strawberry (Fragaria ananassa duch.) is a perennial herb belonging to genus Fragaria in the family Rosaceae, which is widely planted in the world. The world's strawberry planting area and yield have indeed been increasing, with the planting area reaching 396,400 hectares and the yield reaching 8.89 million tons. This indicates a positive trend in the global strawberry production industry (Lv et al., 2021). China is the world's largest producer of strawberry, and the planting area and output are also increasing (Su et al., 2022). Additionally, Strawberry has become one of the most popular fruits because of its unique taste and flavor. Strawberries are rich in potential functional compounds such as phenols, phenylpropane compounds, L-ascorbic acid, and other compounds with antioxidant potential. Therefore, they are classified as a functional food source with a variety of health benefits Its demand and availability in the market have greatly increased (Crizel et al., 2020; Moradi et al., 2022). However, strawberries are relatively sensitive to salinity and are vulnerable to salinity. Salt stress will affect the growth and development of strawberries, affecting the absorption of mineral elements, the activity of antioxidant enzymes and the quality of strawberries (Perin et al., 2019; Saidimoradi et al., 2019). Therefore, improving the salt tolerance of strawberries can expand the suitable range of strawberries.

Soil salinity is a major environmental stress that affects agricultural production and environmental health. This phenomenon poses a serious threat to crop growth and also has a profound impact on the physicochemical properties of soil and the stability of ecosystems. In the context of current population growth and climate change, it also poses a threat to food and cultivated land security (Hayat et al., 2020a). Currently, approximately 20% of the

global arable land is impacted by salt stress, with around 33% of irrigated land being categorized as affected and deteriorated by salinity (Tefera et al., 2022). Soil salinity will affect the sustainable development of agriculture, ecological environment and food safety. Excessive salinity can alter plant osmotic potential, leading to a decrease in water absorption. Additionally, excessive accumulation of Na⁺ can disrupt ion homeostasis and lead to ion toxicity (Sun et al., 2018; Yang and Guo, 2018b). Na⁺ excessive accumulation effects include inducing the outflow of cell cytosolic K⁺, thereby reducing the cell cytosolic K/Na ratio (Guo et al., 2020). Furthermore, salt stress can cause a sharp increase in H₂O₂ levels within plant cells, which might be a crucial signal for salt stress. The excessive accumulation of ROS disrupts cellular metabolism by oxidizing lipids, proteins and nucleic acids, leading to severe oxidative damage (Miller et al., 2010; Xiao and Zhou, 2023). This highlights the urgency of finding solutions to mitigate the adverse effects of soil salinity on crops.

Hydrogen is one of the abundant elements in the universe, and also one of the basic elements of life. Hydrogen is a weak reducing gas with simple structure, which widely exists in the primitive atmosphere. As the most promising energy carrier, hydrogen contributes to the transformation of low-carbon energy and has been widely studied (Zhang et al., 2023). Similarly, numerous studies have shown that hydrogen can significantly improve the oxidative damage of animal cells caused by trauma (Tian et al., 2021; Zhao et al., 2019). In 1964, the botanical effect of H₂ was first confirmed in Secale cereale. In 2007, Japanese scholars first published hydrogen rich solution, which can be used as a safe and effective exogenous H₂ source for scientific research (Wang et al., 2024). It is found in nature that microalgae and cyanobacteria can express hydrogen and reduce protons to gaseous H₂ (Yacoby et al., 2011). Using hydrogen rich water (HRW) as hydrogen supply

mode can improve the tolerance to abiotic and biological stresses, regulate plant growth and development, improve nutritional quality, prolong the shelf life of fruits, and prolong the in bottlelife of fresh cut flowers (Cui et al., 2013; Hu et al., 2018; Su et al., 2019). In addition, the explosion limit of hydrogen in air is 4%-75.6% (Shirvill et al., 2019), and the dissolution limit of hydrogen in water is far less than the explosion concentration. Therefore, it is of great significance to use hydrogen rich water to improve the salt stress resistance of strawberries, alleviate adverse stress, and maintain their normal growth and development, which is a green and sustainable method. In addition, hydrogen can alter the composition of soil bacteria and promote plant growth (Dong et al., 2003). However, the impact of hydrogen on endophytic bacteria within plant roots is still unclear. Therefore, conducting hydrogen research is of great significance for enriching the application of hydrogen in agriculture and improving the theoretical system.

In this study, *Fragaria*×*ananassa* Duch.'Benihoppe' was used as the experimental material to screen for salt stress and HRW concentrations that met experimental requirements. The objectives of this study were to: (1) evaluate the effects of hydrogen-rich water (HRW) on the growth of strawberry seedlings under salt stress; (2) investigate the changes in ion absorption, osmotic response, oxidative stress, antioxidant enzyme levels, and hormone levels in strawberry seedlings under salt stress with HRW treatment; and (3) investigate the response of root endophytic bacteria to HRW under salt stress. The study aimed to explore the mechanisms by which HRW alleviates growth inhibition in strawberry seedlings under salt stress, providing a theoretical foundation for the practical application of hydrogen in agricultural environments, thereby contributing to the broader application of hydrogen in enhancing agricultural sustainability.

2 Materials and methods

2.1 Preparation of HRW

To prepare hydrogen-rich water (HRW) with different saturation levels, pure hydrogen gas (99.99%, v/v) was produced through electrolysis using a QL-300 hydrogen generator from Saikesaisi Hydrogen Energy Co., Ltd., Shandong, China (Su et al., 2019). This hydrogen gas was then bubbled into 4000 mL of deionized water at a flow rate of min⁻¹ for a duration of 2h. After the saturation process, the resultant saturated HRW was immediately diluted to create concentrations of 50% and 100% saturation, respectively.

2.2 Experimental design

The sources of plant materials and the locations of experiments were provided in the supplemental information. The experiment used a completely randomized block design, with 5 strawberry seedlings planted in each plastic pot (length 44 cm * width 33 cm * height 21 cm). The experiment set up 3 NaCl concentrations: CK (0), Na1 (50 mM), Na2 (100 mM), and 3 hydrogen rich water concentrations: T1(0), T2 (50%), T3 (100%) for a total of 9 treatments (n = 4 each), To mitigate osmotic shock, the plants were watered with a total of 2800 mL of NaCl solution, administered in increments of 400 mL every other day over a period of 2 weeks. Treated with HRW every 2 days. Measured all indicators after 21 days of treatment. The growth parameters of seedlings were determined and frozen at -80°C for other analysis.

2.3 Determination of plant physicochemical properties

After 21 days of NaCl stress, the plants were removed from the soilless substrate and washed 3 times with deionized water. Then, divide the plant into shoot and root parts based on the surface of the medium as the boundary. After measuring the length and fresh weight, the separated plants oven-drying at 105°C for 30 minutes, and dry at 70°C for 72 hours until reach a constant weight, measured the dry weight. Dried plant samples were further investigated for determining nutrient elements content and ion accumulation.

2.4 Determination MDA, H_2O_2 , TP and proline

The content of malondialdehyde (MDA) was tested using the thiobarbituric acid (TBA) method at a wavelength of 450, 532 and 530 nm. For the determination of H_2O_2 , a modified titanium sulfate method was employed, with absorbance measured at 405 nm. The proline content was determined by the acid ninhydrin method, which was measured at a wavelength of 520 nm (Wang et al., 2020; Yang et al., 2023a). The total protein (TP) content in the tissue was measured using a Coomassie Brilliant Blue assay kit, and absorbance was measured at 595 nm using a microplate reader (Nanjing Jiancheng Bioengineering Institute).

2.5 Determination of osmotic stress response in strawberry

After washing and wiping the surface of the fresh leaves dry, 2cm x 1cm leaf sections were cut away from the main vein and weighed for their fresh weight (FW). The leaves were then incubated at room temperature (25°C) in 50 ml centrifuge tubes with 20 ml of deionized water for 24 hours, shaken periodically. After incubation, the surface of the leaves was wiped dry again, and they were re-weighed for their turgid weight (TW). Finally, the samples were dried at 70°C for 72 hours, after which they were weighed for their dry weight (DW) (Fairoj et al., 2023). The following formula was used for calculations:

RWC (%) =
$$[(FW - DW)/(TW - DW)] \times 100$$
 (1)

Leaves were washed with deionized water and cut into 2 cm lengths (Lutts et al., 1996). It was placed in a 15 mL centrifuge tube containing 10 mL of deionized water and incubated on a shaking

table at 30°C for 6 hours. The conductivity (EC1) of the sample solution was measured using a conductivity meter (Orion Star TM A212, Thermo Scientific, USA). The centrifuge tubes were boiled in water for 30 minutes, and then measured the conductivity of the sample solution again (EC2).

$$EL = EC1/EC2$$
(2)

2.6 Determination of antioxidant enzymatic activities

For the assessment of oxidative damage and the activities of antioxidant enzymes in strawberry seedlings, leaf tissues weighing 0.5 g were pulverized in an ice bath using 2 mL of cold phosphate buffer solution (PBS, 0.1 M, pH 7.4). The homogenate was then centrifuged at a speed of 4000 rpm for 15 minutes at a temperature of 4°C. Subsequently, the clear liquid above the sediment, or supernatant, was extracted for additional analyses. The oxidative damage in strawberry seedlings was evaluated by measuring the contents of hydrogen peroxide (H₂O₂), malondialdehyde (MDA), and free proline. Antioxidative enzymes including SOD, POD, CAT and APX according to the Wang's method (Wang et al., 2020).

2.7 Determination of ion elements in plant

To analyze the presence of K, Na and nutrient elements (K, Na, Ca, Mg) within plant samples, a quantity of 50 mg of plant tissue was subjected to an acid digestion process using a blend of 69% HNO_3 and 30% $HClO_4$ (4:1 v/v) utilizing a graphite digestion unit. This process was continued until the mixture became a clear liquid (Chen et al., 2022). Concentrations of the nutrient elements in the plant tissues were subsequently quantified using an inductively coupled plasma optical emission spectrometry (ICP-OES, Optima 8000, PerkinElmer, USA).

2.8 Quantification of phytohormone content

A quantity of 1.5 g of fresh samples was triturated into powder in liquid nitrogen and placed into a glass tube. The extraction of the mixture was carried out by the addition of an isopropanol-waterhydrochloric acid solution, followed by the addition of 8 μ L of a 1 μ g/mL internal standard. This mixture was then subjected to shaking for 30 min at 4°C. Subsequently, dichloromethane was introduced, and shaking was continued for an additional 30 min under the 4°C. Afterwards, the mixture was centrifuged at 13,000 rpm at 4°C for 5 min, and the organic phase was collected. The organic phase was dried by blowing nitrogen gas under avoidance of light conditions and then re-dissolved in 0.1% v/v formic acid. The solution was subsequently centrifuged at 13,000 rpm at 4°C for 10 min and the supernatant was passed through a 0.22 μ m filter membrane. The levels of indole-3-acetic acid (IAA), abscisic acid (ABA), salicylic acid (SA), and gibberellin (GA1) were determined by HPLC-MS/MS (Agilent 1290, USA) (Chi et al., 2022; Wang et al., 2022). For detailed information on the HPLC-MS/MS detection conditions, please refer to the supporting information.

2.9 16S rRNA gene sequencing

The collected root samples were placed on ice (to remove impurities adhering to plant roots), the samples were washed with sterile water for 0.5 minutes, then the samples were washed in 75% ethanol for 1 minute, washed with 2% NaClO for 3 minutes, transferred to 75% sterile ethanol for 1 minute, and finally the plant tissue was washed with sterile water for 0.5 minutes (Chi et al., 2023). The nucleic acid extraction of surface disinfected root tissue is carried out at Shanghai Majorbio Biomedical Technology Co., Ltd. Detailed information on specific procedures and analysis can be obtained in the supporting information. The raw data has been uploaded to NCBI (PRJNA1172171).

2.10 Statistical analysis

All the data were evaluated as means \pm standard errors from three independent biological replications. Analysis of variance (ANOVA) was used for statistical analysis at p < 0.05 level, version 22.0 (SPSS, Chicago, IL, USA). Origin 2022b was used for mapping. In order to better understand the correlation between measured parameters, we applied Pearson's correlation coefficient for analysis.

3 Results

3.1 Effect of HRW on the growth of strawberry seedlings under salt stress

To evaluate the potential of HRW in alleviating the growth inhibition of strawberry seedlings under salt stress, the effect of HRW on the phenotype of strawberry seedlings was measured under salt stress. Overall, salt treatment inhibited the growth of strawberry seedlings (Figure 1). Under the CK treatment, HRW had no significant effect on growth parameters. Without HRW treatment, the growth parameters of strawberry seedlings decrease with increasing salt concentration. The lengths of shoots and roots are shown in Figures 1A, B. On CK and Na1 treatments, different HRW concentration had no significant effect on shoot and root length. However, in the Na2 treatment, compared with T1, T3 significantly increased shoot length and root length by 15.34% and 24.49%, respectively.

HRW had significantly increased the biomass of strawberry seedlings under salt stress (Figures 1C, D). Under Na1 treatment, T2 and T3 had significantly increased shoot dry weight by 0.15 g and 0.21 g compared with T1 (0.68 g). In addition, T3 had enhanced root dry weight 0.80 g to 0.96 g (p<0.05). Under Na2 treatment, compared with T1, T2 and T3 had significantly increased shoot dry



weight by 0.18 g and 0.30 g, and root dry weight by 0.11 g and 0.24 g, respectively. The phenotypic diagram of the plant is shown as Figure 1E. In summary, HRW significantly increased the shoot and root lengths and biomass of strawberry seedlings under Na2 treatment, indicating its potential application in alleviating salt stress-induced growth inhibition in strawberry seedlings.

3.2 Effect of HRW on shoot oxidative stress in strawberry seedlings under salt stress

As shown in Figure 2, MDA and proline concentration increased with increasing salt concentration. Total protein concentration decreased with increasing salt treatment. Meanwhile, salt treatment increased H₂O₂ concentration. Compared with T1 (Figures 2A, D), T2 and T3 significantly decreased the MDA and proline concentrations under Na2 treatment, proline decreased by 34.40% and 39.52%, respectively. MDA decreased by 32.12% and 40.33%, respectively. In addition, compared with T1 under Na2 treatment, T3 significantly decreased H₂O₂ concentration from 241.75 to 220.96 mmol g⁻¹, and significantly increased total protein concentration from 1.18 to 1.80 g g⁻¹FW (Figures 2B, C). However, T2 had no significant effect on H₂O₂ concentration and total protein concentration. Overall, HRW significantly reduced the MDA and

proline concentrations, decreased H_2O_2 levels, and increased total protein concentration in strawberry seedlings under Na2 treatment, indicating its potential benefits in alleviating oxidative stress induced by salt stress.

3.3 Effect of HRW on nutrient absorption and ion homeostasis s in strawberry seedlings under salt stress

Based on the indicators mentioned above, we selected the following four groups of treatments for further research, as shown in Table 1. In terms of shoot nutrient absorption, Application of HRW had no significant effect on Mg content. Compared with CK, Na treatment was significantly increased Na content by 5.18 time. Similarly, Ca content had increased by 1.11 mg g⁻¹ (p < 0.05), and K content decreased by 2.14 mg g⁻¹ (p < 0.05). Compared with Na treatment, HRW treatment significantly reduced the Na and Ca content by 45.05% and 13.22%, respectively. Meanwhile, HRW treatment increased K content by 2.65 mg g⁻¹ (p < 0.05). K/Na ratio decreased by 80.27% which caused by salt stress, and after HRW treated K/Na ratio increased by 63.96% (p<0.05). We also noticed that treatment with HRW alone increased Ca content and K/Na ratio (p < 0.05). In root tissue, compared with CK, Na treatment showed a significant



T1: 0 HRW, T2: 50% HRW, T3: 100% HRW.

increase in Na⁺ by 71.17% and a significant decrease in K⁺ by 6.01%. Na_HRW treatment showed a significant increase of 39.94% in Na⁺. Under salt stress, after applying HRW, K⁺ significantly increased by 12.26%, Na⁺ significantly decreased by 18.25%, Mg²⁺ significantly increased by 4.85%, and K/Na significantly increased by 37.4%. Salt

stress significantly enhanced TF_{Na} , compared with Na treatment, applying HRW decreased TF_{Na} 32.39% (p < 0.05). In conclusion, HRW treatment significantly mitigated salt stress effects on ion uptake in strawberry shoots and roots, enhancing K/Na ratios, thereby improving plant resilience under salinity conditions.

TABLE 1 Nutrient element content in the shoot of strawl	erry seedlings.
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Treatments	Part	к	Na	Са	Mg	K/Na	ΤF _κ	TF_{Na}
		(mg g ⁻¹)	(mg g ⁻¹)	(mg g ⁻¹)	(mg g ⁻¹)	(mg g ⁻¹)		
СК	Shoot	26.38 ± 1.75ab	$0.78 \pm 0.10 \text{ c}$	12.51 ± 0.93 b	3.79 ± 0.23a	33.76 ± 1.93b	1.57 ± 0.10a	$0.24 \pm 0.02c$
	Root	16.84 ± 0.25b	3.33 ± 0.31 c	12.25 ± 0.22 a	3.15 ± 0.05bc	5.09 ± 0.50b		
HRW	Shoot	27.76 ± 0.55a	$0.78 \pm 0.01 \text{ c}$	13.62 ± 0.29 a	3.73 ± 0.08a	$35.80\pm0.85a$	$-1.62 \pm 0.06a$	0.26 ± 0.01c
	Root	17.17 ± 0.40ab	2.98 ± 0.09 d	11.64 ± 0.10 b	3.18 ± 0.03ab	5.76 ± 0.05a		
Na	Shoot	24.24 ± 0.94b	4.04 ± 0.19 a	14.37 ± 0.46 a	3.85 ± 0.10a	6.66 ± 0.04d	1.53 ± 0.05a	0.71 ± 0.03a
	Root	15.83 ± 0.56c	5.70 ± 0.06 a	12.10 ± 0.16 a	3.09 ± 0.05c	2.78 ± 0.11d		
Na_HRW	Shoot	26.89 ± 1.09a	2.22 ± 0.06 b	12.47 ± 0.17 b	3.87 ± 0.01a	10.92 ± 0.39c	1.51 ± 0.04a	0.48 ± 0.03b
	Root	17.77 ± 0.30a	4.66 ± 0.14 b	11.92 ± 0.27 ab	3.24 ± 0.03a	3.81 ± 0.11c		

Different lowercase letters indicate significant differences between different treatments (p < 0.05). CK: 0 NaCl+0 HRW, HRW: 0 NaCl+100% HRW, Na: 100 mM NaCl+0 HRW, Na_HRW: 100 mM NaCl+100% HRW.

3.4 Effect of HRW on osmotic stress in strawberry seedlings under salt stress

As shown in Table 2, compared with CK, Na treatment had significantly decreased RWC by 16.65%, after treated with HRW, RWC increased to 78.44% (p < 0.05). Under salt treatment, HRW significantly increased RWC by 12.35%. Compared with CK, Na treatment increased EL by 21.42%, HRW and Na_HRW treatment had decreased EL by 7.31% and 7.56%, respectively (p < 0.05). However, compared with Na treatment, Na_HRW treatment increased EL by 13.86% These results indicated that HRW could alleviate adverse effects on water status and electrolyte leakage under salt stress.

3.5 Effect of HRW on antioxidant enzyme activity and hormone in strawberry seedlings under salt stress

As shown in Figure 3, salt stress significantly decreased SOD and CAT activity. Under salt stress, HRW treatment had significantly increased POD, SOD and CAT activity by 1.15, 1.11 and 1.27 times. Unlike POD, SOD and CAT, both salt stress and HRW treatments had no significant impact on POD activity. According to Table 3, compared with CK, salt stress significantly reduced the IAA and ABA content in strawberry seedlings. While the SA and GA1 content significantly increased. Compared with Na treatment, Na_HRW treatment significantly increased the IAA, ABA and GA1by 32.23%, 5.75%, and 6.90%, respectively. HRW significantly elevated POD, SOD, and CAT activities in strawberry seedlings under salt stress, and increased the levels of IAA, ABA, and GA1, indicating its role in alleviating the negative effects of salt stress on plant physiological indicators.

3.6 The variation of endosphere bacterial communities in strawberry seedlings

As shown in Figures 4A, B, the Chao index of HRW and Na_HRW was significantly lower than that of CK. However, there was no significant difference between the Na treatment group and the CK and Na HRW treatment groups. The Shannon index showed that all treatments were significantly lower than CK, and the Na_HRW treatment group was significantly lower than the Na treatment

TABLE 2 Relative moisture content and electrolyte leakage rate of strawberry leaves.

Group	RWC(%)	EL(%)
СК	82.74 ± 3.63a	40.33 ± 3.87c
HRW	83.16 ± 1.77a	33.02 ± 1.83d
Na	66.09 ± 2.12b	61.75 ± 2.02a
Na_HRW	78.44 ± 2.51a	54.19 ± 5.50b

Different lowercase letters significant differences between different treatments (p < 0.05). CK: 0 NaCl+0 HRW, HRW: 0 NaCl+100% HRW, Na: 100 mM NaCl+0 HRW, Na_HRW: 100 mM NaCl+100% HRW.

group. In addition, Principal Component Analysis (PCA) based on Bray-Curtis showed significant differences between Na-HRW and Na treatments (Figure 4C). Further analysis was conducted on the differences in bacterial community composition, according to the results of ASV classification, as shown in Figure 4D. At the phylum level, Proteobacteria is the dominant bacterial phylum, followed by Actinobacteriota and Bacteroidota. Compared with CK, the relative abundance of Proteobacteria in the Na treatment group increased from 72.53% to 88.55%, and compared with Na treatment, the Na-HRW treatment increased to 92.50%. At the genus level, the top three genera in relative abundance in the control group were unclassified Alcaligenaceae (13.97%), Streptomyces (7.81%), and Stenotrophomonas (6.93%). HRW treatment significantly increased the relative abundance of unclassified _ Alcaligenaceae to 68.82%, while the abundance of other genera was below 5%. Na treatment, the relative abundance of unclassified _ Alcaligenaceae was 32.04%, Pseudomonas was 13.11%, and Novosphingobium was 7.96%. Na_HRW enhanced the relative abundance of unclassified _ Alcaligenaceae to 48.43%, while also increasing the abundance of Tistrella to 12.73% and Uliginosibacterium to 5.47% (Figure 4E).

Additionally, Linear Discriminant Analysis Effect Size (LEfSe) analysis was employed to identify the bacteria preferentially recruited by strawberry roots under various treatments, as illustrated in Supplementary Figure S1. CK treatment, Actinobacteriota and Rhizobiales emerged as the most significant biomarkers. For the HRW treatment, Alcaligenaceae and Burkholderiales were identified as the predominant biomarkers. In the Na treatment, Pseudomonas and Sphingomonadales were highlighted as the key biomarkers, while in the Na_HRW treatment, Proteobacteria and Tistrella were identified as the most significant biomarkers (LDA score = 4). We used PICRUSt2 to further investigate whether the use of HRW under salt stress alters the function of bacterial communities. Based on MetaCycle database predictions, results showed that PWY-7111 (pyruvate fermentation to isobutanol), PWY-5101 (L-isoleucine biosynthesis II), VALSYN-PWY (L-valine biosynthesis), ILEUSYN-PWY (Lisoleucine biosynthesis I) which in Na_HRW group was more abundant than Na treatment Endophytic bacteria (Supplementary Figure S2). HRW treatment significantly altered the composition of strawberry root bacterial communities under salt stress, increased the relative abundance of Proteobacteria, and identified key biomarkers for each treatment group through LEfSe analysis. Additionally, PICRUSt2 predictions indicated enhanced functional activity of bacterial communities, suggesting that these changes may contribute to the mechanism by which HRW mitigates salt stress in strawberry seedlings.

3.7 Correlation between plant growth indicators and parameters

As shown in Figure 5A, PC1 and PC2 were contributed 80.6% of the variance. PC1 explained 68.4% of total variance, which was correlated with Na_s, TF_{Na} and RL. PC2 explained 12.2% of total variance, which was correlated with SL, POD and ABA. PCC (Figure 5B) showed that the plant biomass (SW and RW) and RL



were significantly positively correlated with SOD, POD, RWC and K/Na ratio etc., and negatively correlated with H_2O_2 , proline, Na content and EL etc. In contrast, SL was positively correlated with RWC and CAT, and negatively correlated with K_r. RL and RW were positively correlated with IAA, while SA was negatively correlated.

Redundancy analysis (RDA) was used to further characterize the relationship between the bacterial community and key elements in strawberry root endosphere (Figure 5C). RDA 1and RDA 2 together explained 88.69% of the variation. Key elements had a major impact on the bacterial community structure (Supplementary Table S2). Additionally, based on the selected elements, CK and the Na treatments demonstrated better separation along Axis 2. In contrast, the control group (CK) was more distinctly separated from both the HRW and the Na_HRW treatments along Axis 1. Moreover, Na treatment showed greater separation from the Na_HRW treatment along Axis 2. As illustrated in Figure 5D, the biomarkers from Na treatment have a significant positive correlation with Na⁺ content and TF_{Na} and a significant negative correlation with growth indicators. The biomarker Proteobacteria from Na_HRW treatment was significantly positively correlated

TABLE 3 The hormone content in strawberry seedlings.

Group	IAA	ABA	SA	GA1
СК	8.18 ± 0.46a	$1.36\pm0.14b$	134.61 ± 2.53c	$0.19 \pm 0.0013 d$
HRW	7.31 ± 0.31b	1.65 ± 0.10a	94.97 ± 5.97d	$0.25 \pm 0.0131c$
Na	3.63 ± 0.18d	0.99 ± 0.02c	144.97 ± 1.13b	$0.29 \pm 0.0073b$
Na_HRW	4.80 ± 0.17c	0.73 ± 0.02d	153.30 ± 3.00a	0.31 ± 0.0039a

Different lowercase letters significant differences between different concentrations of salt treatments under the same HRW treatment (p < 0.05).

with SA and negatively correlated with ABA. Moreover, *Tistrella* was significantly positively correlated with SL and Kr and negatively correlated with ABA. These results revealed the relationship between bacterial communities in strawberry roots and key elements, further indicating that HRW treatment improved the growth of strawberry seedlings under salt stress.

4 Discussion

Salt stress could inhibit plant growth, in this study, the application of HRW could alleviate the inhibition of salt stress on strawberry seedling growth (Figure 1). Previous studies have found that application of HRW can alleviate the inhibition of seedling growth (Zhao et al., 2021), reversed the reduced root length caused by salt stress (Wu et al., 2020), significantly increased fresh weight (Xie et al., 2012).

4.1 HRW regulates plant homeostasis and alleviates salt stress

Ion homeostasis is also an important manifestation of salt resistance. Excessive accumulation of Na ions could disrupt ion homeostasis, especially K/Na balance. In this study, Salt treatments increased the Na⁺ content by 5.18 fold, and HRW decreased by 1.82 fold. The K/Na ratio decreased by 5.07-fold under salt stress, while HRW increased the K/Na ratio by 63.96% under salt stress (Table 2). These results indicated that HRW positively regulates the potassium sodium ratio and reconstructs ion homeostasis. HRW treatment significantly reduced Na/K ratio under salt stress,



caused by the lower Na⁺ accumulation. Similarly, the transcription levels of *SOS1* and *AHA3*, plasma membrane-embedded proteins governing Na⁺ efflux, were measured in seedling roots (Xie et al., 2012). Moreover, during the Na⁺ influx phase, H₂ alleviated the harmful impact of salinity by enhancing the cytoplasmic K/Na balance in roots exposed to salt (Wu et al., 2020). Sustaining a high potassium-to-sodium ratio when exposed to NaCl is seen as a prime measure of a plant's salt tolerance and its detoxification mechanisms. Similarly, a high K/Na ratio in plant tissues was previously described as an important criterion for selecting salt tolerant/susceptible varieties (Cristina Paz et al., 2012; Hayat et al., 2020b).

A high concentration of Na in the soil can cause osmotic stress in plants, potentially leading to their dehydration. The main issue is that high levels of Na interfere with water potential, flow properties, and the permeability of cell membranes, thus hindering the soil and roots' ability to transmit water, subsequently reducing the amount of water that enters the plant (Munns, 2002). RWC (%) is a vital parameter for gauging plant metabolic function and water status under conditions of abiotic stress (Ashraf et al., 2013). In response to salinity stress, plants could activate osmoregulatory mechanisms to preserve cellular volume and sustain turgor pressure (van Zelm et al., 2020).75 mM salinity caused remarkable decrease in strawberry RWC (Zahedi et al., 2019). We found that salt stress significantly reduced leaf RWC and increased EL, indicating that salt stress caused osmotic stress in strawberry seedlings. This is in consistent with the decrease in RWC (%) under NaCl exposure in tomato plant (Tanveer et al., 2020). While HRW significantly increased RWC and decreased EL in strawberry leaves under salt stress. Meanwhile, HRW reduced the content of proline in strawberry leaves under salt stress, which indicated that HRW treatment alleviated osmotic stress caused by salt stress.

ROS are highly active and produced independently in all or most cell compartments, so their levels are controlled to prevent accidental oxidation of cells. This is achieved by balancing the generation, clearance and transport of reactive oxygen species, which will keep the concentration of reactive oxygen species low and control the reactive oxygen signal reaction and its results (Mittler et al., 2022). H₂O₂ is a typical ROS in plants. H₂O₂ accumulation is a response to a wide range of biotic and abiotic stress (Chen et al., 2021). MDA is a product of membrane lipid peroxidation and is often considered an indicator of damage in plants under stress conditions. Excessive accumulation of MDA and H₂O₂ in plants indicates that salt stress induces oxidative stress. Under salt stress, the overproduction of ROS could be detrimental to plant and lead to oxidative stress. Oxidative stress could cause lipid peroxidation, chlorophyll degradation, and damage to the cell membrane, thereby reducing the stability of plant cells (Yang and Guo, 2018a). Salt stress induced H_2O_2 increase significantly in both of leaves and roots. Meanwhile, MDA content in the leaves and roots of strawberry was significantly increased under salt stress, which induced oxidative damage in strawberry seedlings (Wu et al., 2020; Xie et al., 2012). Salt stress resulted in a 2.11-fold increase in H₂O₂ in strawberry leaves, while HRW treatment significantly reduced the H₂O₂ content. Salt stress increased the MDA of strawberry leaves by 1.36 folds, while HRW significantly reduced



(C) relationship between endophytic bacterial communities and key elements in strawberry roots (C). PCC analysis (D) between physicochemical factors with significant changes and biomarkers significantly enriched in endophytic bacterial of strawberry root. Plant growth, Na and K content, as well as osmotic and oxidative stress factors, paired with the plant's antioxidant enzyme activity, employing the Pearson correlation coefficient. Red hues denote positive relationships; blue hues signify negative ones, with deeper coloration corresponding to stronger correlation intensity. * and ** indicates significant differences at the 0.05 and 0.01 probability levels, correspondingly. Ks, K content in shoot part; Kr, K content in root part; SL, length of shoot; RL, length of root; SW, shoot weight; RW, root weight.

MDA by 40.32% (Figure 2). However, HRW could reconstruct redox homeostasis to alleviate oxidative damage caused by increased ROS levels in strawberry seedlings under salt stress.

Enhancing antioxidant defense capability is considered a key mechanism for plants to cope with various stresses. SOD is considered the first line to clear ROS. It converts superoxide anion radicals into H_2O_2 . Under normal conditions, POD, APX, and CAT can effectively remove H_2O_2 . Our results indicate that salt stress reduces the activity of antioxidant enzymes to a certain extent, HRW treatments enhanced the POD, SOD, CAT actives in strawberry seedlings under salt stress (Figure 3). *cAPX1* may be a target gene involved in H_2 signal transduction (Xie et al., 2012). Studies have found that HRW can enhance the activities of antioxidant enzymes such as SOD, POD, CAT, and APX, thereby improving salt tolerance in cucumber plants. Additionally, HRW treatment has been shown to upregulate the expression of key genes associated with the activities of *SOD*, *CAT*, and *POD* (Yu et al., 2023). In many plant stress studies, H_2 might act as a new antioxidant that can significantly reduce the levels of MDA and ROS in plants, and enhance the plant's antioxidant capacity by markedly increasing the activity of antioxidant enzymes (Cui et al., 2020; Wang et al., 2019; Zhao et al., 2021, 2017). HRW might enable H_2 readily permeate into the cell membrane thereby influencing gene expression of antioxidant genes (Cui et al., 2013). In summary, based on our results, hydrogen-rich water (HRW) could enhance the antioxidative capacity of strawberry seedlings.

4.2 HRW regulates plant hormones to promote strawberry seedlings growth

IAA is an important phytohormone that plays a crucial regulatory role in plant growth and development (Chi et al., 2022). Meanwhile, High concentrations of salt stress have been

found to decrease the ability of plant tissues to synthesize IAA, resulting in a decrease in IAA content in plants (Dunlap and Binzel, 1996; Zheng et al., 2020). Therefore, the decrease of IAA content in strawberry seedlings under salt stress may be one of the reasons for the inhibition of their growth and development. However, under salt stress, HRW significantly increased the IAA content in strawberry (Table 3). The IAA content exhibited a significant positive correlation with RL, RW, and SW (Figure 4). Thereby alleviating the growth limitation of salt stress on strawberry seedlings. Similarly, SA plays a crucial role in defense signal transduction. In this study, under salt stress, the application of HRW significantly increased the SA content in strawberry seedlings (Table 3). Previous studies found that SA promoted the production of antioxidant enzymes in cells, thereby alleviating salt stress (Arif et al., 2020). SA could maintain membrane permeability and regulate membrane channels and transport proteins. It mainly regulates plant sodium-potassium balance by limiting the influx of Na⁺ into roots and its transport in shoots, as well as by enhancing the activity of root H⁺ ATPase. Additionally, endogenous SA signaling can also increase the concentration of K⁺ in the aboveground parts, further contributing to the maintenance of ion homeostasis within cells (Fahad et al., 2015; Yang et al., 2023b). GA has been found to play an important role in promoting seed germination, stem elongation, fruit ripening, and enhancing the stress tolerance of plants. Additionally, the application of exogenous GA could also increase the salt tolerance of plants (Hamayun et al., 2010; Wang et al., 2022). Under salt stress, the GA1 content was significantly increased by HRW, indicating its potential involvement in alleviating salt stress in strawberry seedlings (Table 3). Therefore, the growth limitation of strawberry seedlings under salt stress might have been mitigated by HRW through the regulation of salt stress phytohormone levels.

4.3 HRW modifies the endophytic bacterial community in strawberry roots to attract beneficial companions

The research conducted on the effects of hydrogen evolution during nitrogen fixation and the analysis of rhizosphere microorganisms led to the proposition of the "hydrogen fertilizer theory." According to this theory, the hydrogen gas liberated by nitrogen-fixing rhizobia, which do not possess hydrogenase enzymes, can facilitate the proliferation of rhizosphere hydrogenoxidizing bacteria, thereby augmenting plant growth. The successful isolation and purification of hydrogen-oxidizing bacteria provided empirical evidence that these microorganisms are capable of secreting 1-aminocyclopropane-1-carboxylate (ACC) deaminase, a mechanism that has been shown to stimulate plant growth significantly (Dong et al., 2003; Liu et al., 2010). We found that HRW treatment altered the community α -diversity and β -diversity under salt stress (Figures 4A, B). Under salt stress, hydrogen treatment was observed to have significantly reduced α -diversity (Figure 4A). This phenomenon was also detected in the rhizosphere soil, indicating that hydrogen treatment had decreased the α diversity of the rhizosphere soil (Li et al., 2018).

Furthermore, hydrogen treatment changed community composition. Hydrogen treatment changed the composition of the root community in strawberry seedlings. Under salt stress, HRW treatment increased the relative abundance of Proteobacteria in the roots of strawberry seedlings, indicating that HRW can enhance the resistance of Proteobacteria to salt stress in strawberry seedlings. Numerous studies have shown that Proteobacteria is a salt tolerant endophytic bacterium identified in plants such as Maize, Potato, Rice Soybean, and Tomato (Yadav et al., 2024). Most proteobacteria in nature were Gram-negative and were found extensively throughout various environments. They played crucial roles in the cycling of nitrogen, sulfur, and carbon within ecosystems (Yue et al., 2022). Proteobacteria significantly contributed to regulate root growth and plant health (Gao et al., 2021). Which might be one of the factors that HRW alleviated growth limitations of strawberry seedlings under salt stress.

Under salt stress, hydrogen treatment increased the relative abundance of unclassified _ Alcaligenaceae, and studies have indicated that certain bacteria within the Alcaligenaceae play a role in promoting plant growth, including the production of IAA, involvement in the nitrogen cycle, and enhancement of disease resistance (Hou et al., 2022; Legrifi et al., 2022). Similarly, the relative abundance of Tistrella has also been increased. Limited research has shown that Tistrella is a promising microorganism that can be used for bioremediation to remove PAH pollutants from contaminated sites (Zhao et al., 2008). Tistrella was capable of degrading chlorpyrifos and breaking it down into non-toxic intermediate metabolites. Research on the effects of intermediate metabolites on mung bean seed germination indicated that, compared to chlorpyrifos, these intermediate metabolites had no toxic impact on seed germination and resulted in increased lengths of shoots and roots (Ahir et al., 2020). Correlation analysis shows that Tistrella and unclassified Alcaligenaceae have a positive correlation with strawberry growth, hormone and K ion absorption. Indicated that Tistrella and unclassified Alcaligenaceae may have a positive impact on plants under stress. However, further research and analysis were needed to uncover deeper mechanisms.

5 Conclusion

Based on the current findings, this study demonstrated that the use of HRW could mitigate excessive Na uptake and shoot transport, enhance the K/Na ratio, thereby increasing RWC, reducing EL, H_2O_2 , and MDA accumulation. Furthermore, HRW alleviated osmotic stress and boosted antioxidant enzyme activity. HRW also mitigated the growth inhibition of strawberry seedlings caused by salt stress through phytohormone regulation. Notably, HRW altered the diversity of bacteria in strawberry seedling roots, recruiting beneficial bacteria to alleviate salt stress. Multiple mechanisms of HRW in improving plant salt tolerance were demonstrated from multiple perspectives. From the perspective of endophytic bacteria, this discovery not only expands our understanding of the mechanism of HRW action, but also provides a new perspective for improving plant salt tolerance through microbial community regulation. As a green method for enhancing plant salt tolerance, HRW provides valuable insights into the application of hydrogen in agricultural practices. Future research should focus on investigating the long-term effects of HRW on plant growth and further explore and evaluate the broader impacts of HRW across different ecological environments from a molecular ecology perspective.

Data availability statement

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found below: https://www.ncbi.nlm.nih.gov/, PRJNA1172171.

Ethics statement

The manuscript presents research on animals that do not require ethical approval for their study.

Author contributions

RW: Writing – review & editing, Conceptualization, Data curation, Investigation, Writing – original draft. XY: Conceptualization, Writing – review & editing. YC: Conceptualization, Investigation, Methodology, Writing – original draft. XZ: Investigation, Writing – original draft. XM: Methodology, Software, Writing – original draft. DZ: Conceptualization, Methodology, Writing – review & editing. TZ: Conceptualization, Writing – original draft. YR: Writing – original draft. HY: Writing – original draft. WD: Supervision, Writing – original draft. SC: Conceptualization, Writing – review & editing. PZ: Supervision, Writing – review & editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

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