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Eugenol improves salt tolerance via enhancing antioxidant capacity and regulating ionic balance in tobacco seedlings

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Salt stress inhibits plant growth by disturbing plant intrinsic physiology. The application of exogenous plant growth regulators to improve the plant tolerance against salt stress has become one of the promising approaches to promote plant growth in saline environment. Eugenol (4-allyl-2- methoxyphenol) is the main ingredient in clove oil and it is known for its strong antioxidant and antimicrobial activities. Eugenol also has the ability of inhibiting several plant pathogens, implying the potential use of eugenol as an environmental friendly agrichemical. However, little is known about the possible role of eugenol in the regulation of plant tolerance against abiotic stress. Therefore, here we investigated the effectiveness of phytochemical eugenol in promoting salt tolerance in tobacco seedlings through physiological, histochemical, and biochemical method. The seedling roots were exposed to NaCl solution in the presence or absence of eugenol. Salt stress inhibited seedling growth, but eugenol supplementation effectively attenuated its effects in a dosedependent manner, with an optimal effect at 20 µM. ROS (reactive oxygen species) accumulation was found in seedlings upon salt stress which was further resulted in the amelioration of lipid peroxidation, loss of membrane integrity, and cell death in salt-treated seedlings. Addition of eugenol highly suppressed ROS accumulation and reduced lipid peroxidation generation. Both enzymatic and non-enzymatic antioxidative systems were activated by eugenol treatment. AsA/DHA and GSH/GSSG were also enhanced upon eugenol treatment, which helped maintain redox homeostasis upon salinity. Eugenol treatment resulted in an increase in the content of osmoprotectants (e.g. proline, soluble sugar and starch) in salt-treated seedlings. Na⁺ levels decreased significantly in seedlings upon eugenol exposure. This may result from the upregulation of the expression of two ionic transporter genes, SOS1 (salthypersensitive 1) and NHX1 (Na⁺/H⁺ anti-transporter 1). Hierarchical cluster combined correlation analysis uncovered that eugenol induced salt tolerance was mediated by redox homeostasis and maintaining ionic balance in tobacco

seedlings. This work reveals that eugenol plays a crucial role in regulating plant resistant physiology. This may extend its biological function as a novel biostimulant and opens up new possibilities for improving crop productivity in the saline agricultural environment.

KEYWORDS

eugenol, oxidative stress, reactive oxygens species, redox homeostasis, salt stress, tobacco

1 Introduction

Soil salinity is one of the important environmental problems worldwide (Al-Turki et al., 2023; Xiao and Zhou, 2023). About 20% of the world's irrigated land is affected by salinity (Wang et al., 2023b). Poor irrigation and industrial pollution continue to exacerbate soil salinization (Yu et al., 2020; Ge et al., 2023). It has been estimated that about 50% of the world's arable land would be salinized in 2050 (Shrivastava and Kumar, 2015). Salt stress inhibits crop growth, leading to the decrease in crop yield (Guijarro-Real et al., 2020). Salt stress-induced phytotoxicity involves various plant physiological disorders. High salinity results in plant dehydration by inducing osmotic stress. Plants activate osmotic adjustment to combat salt stress (van Zelm et al., 2020). Plant cells tend to accumulate carbohydrates (e.g. sugar and starch) to maintain cell turgor under saline conditions (Wang et al., 2021). Proline is another important osmotic regulator (Patani et al., 2023). Proline accumulation plays vital roles in adjusting osmotic potential in plant cells upon salt stress (Mansour and Ali, 2017).

ROS (reactive oxygen species) overaccumulation is one of the typical consequences of salinity-induced phytotoxicity (Wang et al., 2023a). Basically, ROS comprises non-radical form (e.g. hydrogen peroxide, H_2O_2) and free radical form (e.g. superoxide radical, O_2^{-}) (Gill and Tuteja, 2010). Salinity-induced ROS frequently attacks macromolecules in plant cells, resulting in oxidative stress and cell death (Liu et al., 2023). Accordingly, plants detoxify excessive ROS by deploying endogenous antioxidative systems, such as enzymatic system including a set of antioxidative enzymes (e.g. superoxide dismutase, SOD; peroxidase, POD; catalase, CAT; and ascorbate peroxidase, APX) and non-enzymatic system including various antioxidants (e.g. AsA, ascorbic acid; GSH, glutathione; and proline) (Hasanuzzaman et al., 2021). GSSG and DHA (dehydroascorbic Acid) are the oxidized form of GSH and AsA, respectively (Luo et al., 2023). The redox balance can be modulated by GSH/GSSG and AsA/DHA, which play a role in plant responses to abiotic stress (Kumari et al., 2023). Promoting plant salt tolerance has been closely associated with the enhancement of antioxidant capacity and the maintenance of redox status (Gao et al., 2022).

Plant salt tolerance is also involved in maintaining intracellular ionic homeostasis (Song et al., 2021; Zhang et al., 2023b). In saline conditions, excessive solidum (Na⁺) in cytosol are toxic to plant cells (Xiao and Zhou, 2023). Plants activate SOS (Salt Overly Sensitive) pathway to prevent Na⁺ accumulation in cytosol. In this pathway, *SOS1* is a Na⁺ transporter localized in plasma membrane (Ma et al., 2022). *SOS1* excludes Na⁺ out of cells to detoxify Na⁺. *SOS2-SOS3* kinase complex can phosphorylate and activate *SOS1* (Ali et al., 2023). Plant cells also have another strategy to lower Na⁺ concentration in cytosol through Na⁺ sequestration in vacuole. For example, *NHX1* (*Na⁺/H⁺* antiporter 1) encodes a transporter localized in tonoplast. It can compartmentalize Na⁺ into vacuole in order to alleviate Na⁺ toxicity in cytosol (Zhang et al., 2017). In Arabidopsis, *NHX1* also has the ability to transport K⁺ for plant K⁺ uptake to regulate cell turgor upon salt stress (Barragán et al., 2012). Maintaining the proper balance between Na⁺ and K⁺ is vital for plant tolerance against salinity (Negrão et al., 2017).

Applying exogenous regulators to promote plant salt tolerance has been considering as a promising approach to improve the performance of crops in saline environment (Quamruzzaman et al., 2021). Eugenol ($C_{10}H_{12}O_2$, 4-allyl-2-methoxyphenol) is the main constituent of essential oil obtained from clove (Jia et al., 2020). Eugenol can also be produced by other plants (e.g. strawberry sweet basil and petunia), contributing to aroma (Koeduka et al., 2006; Aragüez et al., 2013). The clinical relevance of eugenol has been associated with its anti-inflammatory activity and antimicrobial activity (Taleuzzaman et al., 2021). As a natural bioactive compound, eugenol can be used as food preservative in food antisepsis field (Hu et al., 2018b). Eugenol inhibits the growth of several agricultural pathogens (Morcia et al., 2011; Olea et al., 2019), implying the potential application of eugenol in agriculture. There are limited reports for eugenol-regulated plant physiology. Several recent studies suggest that eugenol has the ability to modulate plant resistant physiology against abiotic stresses. Eugenol confers drought tolerance in tea plant and heavy metal tolerance in Brassica rapa by modulating antioxidant defense through hydrogen sulfide- and abscisic acid-mediated signaling, respectively (e.g. heavy metal, drought, and cold) (Hu et al., 2018a; Zhao et al., 2022). These reports imply the potentiality of using eugenol as an environmental-friendly agrichemical to induce plant tolerance. Till now, little is known about the possible role of eugenol in regulating plant physiology against salinity stress. Mining the capability and mechanism of eugenol-conferred plant

salt tolerance would help extend the biological function of eugenol in agriculture.

Tobacco is not only an importantly economic crop but also one of the model plants to study plant physiological adaptation under environmental stimuli (including salt stress). Tobacco plant activates salt tolerant responses by deploying antioxidative system, ion transport system (Na⁺ and K⁺ transporters), and osmotic regulation. In addition, some transcription factors (TFs) are involved in salt tolerant responses in tobacco. These TFs consist of AP2/ERF, WRKY, and zinc finger proteins, working on the regulation of the expression of genes that help decrease ROS and adjust osmotic response. CDPKs (calcium-dependent protein kinase) and MAPK (mitogen-activated protein kinases) are also play a role in modulating salinity stress by regulating ROS and hormonal signaling in tobacco plants (Sun et al., 2020). In this work, we detected the ability of eugenol in alleviating salt stress in tobacco seedlings. Then we studied the possible role of eugenol in antioxidation, osmotic adjudgment, and ionic balancing in tobacco seedlings upon salt stress. Finally, we discussed the possible mechanism of eugenol driving these physiological processes and their significance.

2 Materials and methods

2.1 Plant culture and treatment

The seeds of tobacco (K326) were provided by the Germplasm Resources Laboratory of Shandong Agricultural University. Tobacco seeds were rinsed with distilled water followed by sterilized with potassium permanganate (0.2%) for 10 min. Then the seeds were washed with distilled water again for three times. The seeds were placed on moistened triple-layer filter paper in Petri dishes for germination and growth. All the seedlings were cultured in a plant growth cabinet with light intensity of 5000 lx, photoperiod of 12 h, relative air humidity of 50%, and temperature at 26°C. Sixty identical seedlings (4-days old) with root length of 0.5 cm were selected and transferred into a new Petri dish with different concentrations of NaCl (sodium chloride) (0, 50, 100, 150, 200, and 250 mM). Eugenol (0, 5, 10, 20, 40, and 80 µM) was added to the treatment solution according to different treatment groups. The seedlings were harvested for physiological analysis after treatment for 3 days. For the time-course experiment, the seedling samples were analyzed at 0, 12, 24, 36, 48, 60, and 72 h, respectively.

2.2 Measurement of root elongation and fresh weight

We measured the root length of seedlings before and after treatment, respectively. The root elongation was calculated as the difference between these two values. The average root elongation was obtained based on 10-20 replicates for each treatment. The seedlings after treatment were surface-dried gently with filter paper before weighing. Ten seedlings were weighed together as one replicate. The average fresh weight (per 10 seedlings) was obtained based on three replicates for each treatment.

2.3 ROS measurement

Seedlings after treatment were harvested and washed with distilled water. Then the seedlings were used for determining the content of ROS quantified by measuring H_2O_2 and O_2^{--} . The seedling samples were ground and homogenized with cold sodium phosphate buffer (50 mM, pH 7.4), followed by centrifuging at 12, 000 g at 4°C for 20 min. Then the supernatant was collected for the quantification of H₂O₂ and O₂⁻⁻. A commercial Kit (BC3595, Beijing Solarbio Science & Technology Co., Ltd., Beijing, China) was used to determine H₂O₂ content based on spectrophotometric measurement of the product from the reaction between H₂O₂ and titanium sulfate (OD_{415 nm}). Another commercial kit (BC1290, Solarbio) was used to determine O2content based on spectrophotometric measurement of reaction between O_2^{-} and hydroxylamine hydrochloride (producing NO₂⁻ to further react with sulfanilamide and N-ethylenediamine) (OD_{530 nm}) (Sun et al., 2022).

Total ROS in root tips were detected histochemically by using specific fluorescent probe DCFH-DA (2',7'-dichlorofluorescein diacetate) based on our previously published method (Ye et al., 2017). The roots after treatment were incubated in DCFH-DA solution (10 μ M) at 25°C for 20 min in darkness. Then the roots were washed with distilled water for the observation of DCF fluorescence by using a fluorescence microscope (ECLIPSE, TE2000-S, Nikon, Melville, NY, USA).

The O_2^{--} in leaves were stained with NBT (nitro-blue tetrazolium) (Ye et al., 2016). The leaves were harvested and incubated in NBT solution (6 mM) for 3 h under light at 25°C. NBT can react with O_2^{--} in leaves to produce formazan compound that is navy blue. Then the leaves were washed with distilled water followed by transferring to boiling ethanol for 20 min to remove the chlorophyll background. A stereoscopic microscope (SteREO Discovery.V8, ZEISS) was applied to observe and to photograph the leaves.

2.4 Thiobarbituric acid reactive substances measurement

A TBARS Content Assay Kit (BC0025, Beijing Solarbio Science & Technology Co., Ltd., Beijing, China) was used to determine TBARS content in seedlings based on spectrophotometric assay of the reaction between TBA (1,3-diethyl-2-thiobarbituric acid) and TBARS in the presence of TCA (trichloroacetic acid) (Sun et al., 2022). The TBARS in root tips was also evaluated histochemically by using specific fluorescent probe C11-BODIPY(581/591) (a lipid peroxidation sensor) (Drummen et al., 2002). The roots were incubated in C11-BODIPY(581/591) solution (10 μ M) at 25°C in darkness for 10 min, followed by washing with distilled water and photographing C11-BODIPY fluorescence under a fluorescence microscope (ECLIPSE, TE2000-S, Nikon, Melville, NY, USA).

2.5 Detection of membrane integrity and cell death

Loss of membrane integrity in root tips was detected by using Evans blue staining (Ye et al., 2017). The roots were incubated in 0.025% Evans blue solution at 25°C for 60 min, followed by photographing under stereoscopic microscope (SteREO Discovery.V8, ZEISS).

Cell death in root tips were detected with specific fluorescent probe PI (propidium iodide) (Kellermeier et al., 2013). The roots were incubated in PI solution (20 μ M) at 25°C in darkness for 15 min, followed by visualization and photographing under fluorescent microscope (ECLIPSE, TE2000-S, Nikon, Melville, NY, USA).

Trypan blue staining was used to detect cell death in leaves (Ye et al., 2016). The leaves were incubated in Trypan blue solution (10 mg/mL) for 3 h under light at 25°C. Then the leaves were washed with distilled water followed by transferring to boiling ethanol for 20 min to remove the chlorophyll, allowing the appearance of blue. Then the leaves were observed and photographed by using a stereoscopic microscope (SteREO Discovery.V8, ZEISS).

2.6 Assay of the activity of antioxidative enzymes

About 0.1 g of fresh seedling samples were homogenized with 2 mL of cold phosphate buffer (50 mM, pH 7.0). Then the mixture was centrifuged at 12, 000 g for 15 min (4°C). The supernatant was collected for the determination of enzymatic activity. The SOD activity was determined spectrophotometrically (OD_{560 nm}) using a commercial kit (BC0170, Solarbio) based on the quantification of the inhibition of photochemical reaction of NBT (nitro-blue tetrazolium) in a reaction system with methionine and riboflavin. The CAT activity was determined spectrophotometrically (OD_{240 nm}) using a commercial kit (BC0205, Solarbio) based on the decomposition of H₂O₂. The POD activity was determined spectrophotometrically (OD470 nm) using a commercial kit (BC0090, Solarbio) based on the oxidation rate of guaiacol in the presence of H₂O₂. The APX activity was determined spectrophotometrically (OD_{290 nm}) using a commercial kit (BC0220, Solarbio) based on the oxidation rate of AsA in the presence of H_2O_2 (Chen et al., 2020b).

2.7 Measurement of metabolites

A commercial kit (BC1230, Solarbio) was applied to determine AsA content based on the oxidation rate of AsA catalyzed by AAO (ascorbic acid oxidase) (spectrophotometric measurement at OD_{265} nm). A commercial kit (BC1240, Solarbio) was applied to determine DHA content based on the production rate of AsA from DHA by DTT (1,4-dithiothreitol) (spectrophotometric measurement at $OD_{265 \text{ nm}}$). A commercial kit (BC1170, Solarbio) was applied to determine GSH content based on spectrophotometric measurement of the product from the reaction between GSH and DTNB (5,5'dithiobis-2-nitrobenoic acid) ($OD_{265 \text{ nm}}$). A commercial kit (BC1180, Solarbio) was applied to determine GSSG content based on the production rate of GSH (measurement of $OD_{265 nm}$ for the reaction between GSH and DTNB) from GSSG catalyzed by GR (GSH reductase). A commercial kit (BC0290, Solarbio) was applied to determine proline content based on spectrophotometric measurement of the product from the reaction between proline and ninhydrin ($OD_{520 nm}$). A commercial kit (BC0035, Solarbio) was applied to determine plant soluble sugar content based on anthrone colorimetric method ($OD_{620 nm}$). A commercial kit (BC0700, Solarbio) was applied to determine starch content based on the separation of starch with 80% ethanol and acid hydrolyzation to glucose, followed by anthrone colorimetric method ($OD_{620 nm}$) (Chen et al., 2020b).

2.8 Measurement of Na⁺ and K⁺ in seedlings

Dried seedling samples were digested with H_2SO_4 (with 10% H_2O_2) using microwave digestion system (MARS6, CEM Corporation, Matthews, NC, USA). Then the content of Na⁺ and K⁺ were determined by using atomic absorption spectrometer (PinAAcle 900T, PerkinElmer, Hopkinton, Massachusetts, USA).

2.9 Gene expression analysis

Total RNA was extracted from seedling samples using a plant RNA extraction kit (RNE05, Nobelab Biotech. Co., Ltd, Beijing, China). The first cDNA strand was synthesized from 1 µg of total RNA by using RescriptTM II RT SuperMix Reverse Transcriptase (Nobelab Biotech. Co., Ltd, Beijing, China). The qPCR (real-time quantitative polymerase chain reaction) was performed on a CFX96 Touch Real-Time PCR System (Bio-Rad, CA, USA) by using 2 \times SYBR Premix UrTaq II (Nobelab Biotech. Co., Ltd, Beijin, Beijing, China). The relative abundance of NtActin was determined as internal standard to normalize the expression level of target genes. The primers used for amplifying the genes are as follows: NtSOS1, forward 5'-TGGAGGAAGCGACCGATTC-3' and reverse 5'-CGATAACGAGAAGAGCGACAG-3'; NtNHX1, forward 5'-AAGAAGGTCATACTCAGTT-3' and reverse 5'- GGTAGCAAT AGTCTAATCAAT-3'; NtActin, forward 5'-GAAGAAGGTCCC AAGGGTTC-3' and reverse 5'-TCTCCCTTTAACACCAACGG-3'.

2.10 Data analysis

Each result was shown as the mean \pm standard deviation (SD) of 3 to 10 replicates. LSD (least significant difference) test was performed on the original data following ANOVA (one-way analysis of variance) tests to analyze the significant difference at p<0.05 among different treatments (SPSS 25.0, SPSS Inc., Chicago, IL, USA). The heatmap for hierarchical cluster analysis was generated by using TBtools (Chen et al., 2020a). Pearson correlation analysis was performed by using the package "corrplot" in R (Wei and Simko, 2017).

3 Results

3.1 Eugenol rescued the growth of tobacco seedlings under salt stress

Salt stress inhibited the root elongation of tobacco seedlings in time- and dose- dependent manner. NaCl at 50-250 mM began to inhibit root elongation at 12 h, followed with continuous decrease in the growth speed of roots (Figure 1A). Compared to the control group, the root elongation significantly decreased by 13.7%, 33.1%, 51.3%, 69.6%, and 79.1% upon NaCl exposure at 50, 100, 150, 200, and 250 mM, respectively, at the end of the exposure (72 h) (Figures 1A, B). We selected NaCl at 150 mM in the following experiments as it inhibited root elongation about half of control.

Compared to NaCl treatment alone, adding eugenol at 5-40 μ M significantly rescued root elongation under NaCl treatment. Eugenol at 20 μ M showed the greatest effect on root growth, resulting in significant increase in root elongation by 57.1% as compared to NaCl treatment alone (Figures 1C, D). Eugenol at 20 μ M began to promote root elongation after treatment for 12 h, followed by enhanced growth speed of roots as compared to NaCl treatment alone (Figure 1E). Eugenol at 20 μ M also significantly enhanced the fresh weight of seedlings under NaCl stress (Figure 1F). Eugenol treatment alone slightly affect the growth of tobacco seedlings (Figures 1D–F).

3.2 Eugenol alleviates salt-induced oxidative injury in tobacco seedlings

Salinity always induces ROS accumulation in plants. NaCl exposure significantly increased the content of H_2O_2 and O_2^{--} increased by 43.7% and 101.9%, respectively, in tobacco seedlings. Adding eugenol resulted in significant decrease in the content of H_2O_2 and O_2^{--} by 22.3% and 41.1%, respectively, in NaCl-treated seedlings (Figures 2A, B). Then we measured TBARS content, a typical indicator of ROS-induced oxidative injury. Eugenol decreased TBARS content in seedlings by 22.3% as compared to NaCl treatment alone than induced TBARS accumulation (Figure 2C).

We performed a set of *in vivo* detection to further verify eugenol-alleviated oxidative injury in tobacco seedlings. Salt stress induced extensive DCF fluorescence (indicating total ROS) and C11-BODIPY (indicating TBARS) in roots. Adding eugenol effectively decreased the fluorescence of these two probes, suggesting the decrease in the content of ROS and TBARS in roots (Figures 3A, B). ROS-induced lipid peroxidation results in membrane damage. The loss of membrane integrity was indicated by Evans blue staining. Adding eugenol decreased the staining of Evans blue in NaCl-treated root, suggesting that eugenol attenuated NaCl-induced membrane damage in root (Figures 3C, D). Superoxide radical (one typical ROS) in leaves was stained with



FIGURE 1

Effect of eugenol on the growth of tobacco seedlings upon NaCl exposure. (A) Time-course monitoring of root elongation under NaCl stress (0-250 mM). n = 9. (B) The seedling photograph taken after NaCl treatment for 72 hours. (C) Effect of eugenol (0-80 μ M) on root elongation under NaCl (150 mM) stress for 72 h. n = 10. (D) Effect of eugenol at 20 μ M on the seedling growth under NaCl (150 mM) stress for 72 h. n = 10. (D) Effect of eugenol (20 μ M) treatment. n = 20. (F) Effect of eugenol at 20 μ M on seedling fresh weight growth under NaCl (150 mM) stress for 72 h. n = 3. Different lowercase letters indicate significant difference among different treatments (p < 0.05, LSD).



NBT. Salt stress induced extensive NBT staining in leaf. Addition of eugenol showed slight NBT staining in the leaf of seedlings under salt stress (Figure 3E). Eugenol was able to attenuated salt-induced cell death in leaf indicated by Trypan blue staining (Figure 3F). All of these results suggested that eugenol alleviated NaCl-induced oxidative injury in tobacco seedlings.

3.3 Eugenol enhanced antioxidative capacity in tobacco seedlings under salt stress

Four typical antioxidative enzymes (SOD, POD, CAT and APX) were measured in tobacco seedlings. The activities of these enzymes were enhanced upon NaCl exposure. Compared to NaCl treatment alone, adding eugenol further significantly increased the activity of SOD, POD, CAT and APX by 11.2%, 74.0%, 44.9%, and 78.8%, respectively (Figure 4). Treatment with eugenol alone was able to increase the activities of SOD, POD, and CAT as compared to the control (Figures 4A-C).

AsA and GSH are two important antioxidants, belonging to non-enzymatic antioxidative system. Compared to NaCl treatment alone, adding eugenol significantly enhanced the content of AsA and GSH by 30.6% and 19.8%, respectively, in tobacco seedlings (Figures 5A, B). DHA and GSSG are the oxidized forms of AsA and GSH, respectively. Compared to NaCl treatment alone, adding eugenol significantly decreased the content of DHA and GSSG by 26.9% and 24.9%, respectively, in tobacco seedlings (Figures 5C, D). In addition, salt stress remarkably decreased the ratio of AsA/DHA and GSH/GSSG in tobacco seedlings, but adding eugenol significantly increased them by 78.3% and 58.9%, respectively (Figures 5E, F).



Histochemical detection of ROS and oxidative injury in tobacco seedlings upon NaCl and Eugenol treatment. (A) Total ROS in roots indicated by DCF fluorescence. (B) TBARS in roots indicated by C11BODYPI fluorescence. (C) Loss of membrane integrity in roots indicated by staining of Evans blue. (D) Cell death in roots indicated by PI fluorescence. (E) H₂O₂ content in leaves indicated by DAB staining. (F) Cell death in leaves indicated by Trypan blue staining



3.4 Eugenol enhanced the content osmotic metabolites in tobacco seedling under salt stress

In plant cells, proline is a metabolite regulating osmotic st adaption induced by salt stress. Proline content increased proline

in tobacco seedlings upon salt stress. Adding eugenol further enhanced proline content by 15.9% (Figure 6A). Compared to control, salt stress decreased the content of starch and soluble sugar in seedlings. Adding eugenol significantly the content of starch and soluble sugar by 26.9% and 24.9% (Figures 6B, C), respectively, as compared to NaCl-treatment alone.





3.5 Eugenol modulated ionic balance in tobacco seedlings under salt stress

 Na^+ and K^+ play negative and positive roles, respectively, in regulating plant growth under salt stress. Adding eugenol significantly decreased Na^+ content by 20.2% and increased K^+ content by 12.8% in NaCl-treated tobacco seedlings (Figures 7A, B). Salt stress decreased the ratio of K^+/Na^+ , but adding eugenol significantly increased the ratio by 41.0% in NaCl-treated seedlings (Figure 7C).

SOS1 and NHX1 are two important transporters maintaining ionic homeostasis in plant cells under salt stress. Compared to NaCl treatment alone, treatment with NaCl + eugenol resulted in significant increase in the expression of NtSOS1 and NtNHX1 by 57.2% and 135.9%, respectively, in tobacco seedlings (Figure 8).

3.6 Hierarchical cluster analysis of eugenol-regulated physiological changes

The hierarchical cluster analysis was performed to fully understand the changes of physiological parameters obtained above. All the parameters were clustered to three groups (I, II, and III) under the treatment of NaCl and eugenol (Figure 9A). The group I consisted of biomass indexes (root length and fresh weight), the content of starch and soluble sugar, AsA/DHA, GSH/GSSG, and NtNHX1 expression. All of these parameters were beneficial for plant tolerance against salt stress. In group I, NaCl treatment resulted in the decrease in these parameters while adding eugenol enhanced them in NaCl-treated seedlings. The group II consisted of TBARS, H₂O₂, and O₂⁻⁻, all of which were injury indexes. In group II, NaCl treatment enhanced all these three parameters while adding eugenol decreased them in NaCl-treated seedlings. Group III consisted of SOD, POD, CAT, APX, proline, and *NtSOS1* expression. All of these parameters were beneficial for plant growth under salt stress. All of these parameters were beneficial for plant increased these parameters while adding eugenol further enhanced them in NaCl-treated seedlings (Figure 9A).

Pearson correlation analysis was performed to help understand the relationships among different parameters during eugenolconferred salt tolerance (Figure 9B). The biomass indexes (root length and fresh weight) were positively correlated to K⁺/Na⁺, K⁺, GSH/GSSG, AsA/DHA, starch, and soluble sugar, respectively. This suggested that these parameters contributed to eugenol-promoted plant growth under salt stress. The biomass indexes were negatively correlated to Na⁺, GSSG, DHA, TBARS, H₂O₂, and O₂⁻⁻, suggesting that these parameters contributed to salt-induced phytotoxicity. Na⁺ was positively correlated to GSSG, DHA, TBARS, H₂O₂, and O₂⁻⁻, respectively. This suggested that Na⁺ accumulation led to





oxidative injury by damaging redox balance, an effect that could be reversed by adding eugenol. NtSOS1 was positively correlated to Na⁺, suggesting the role of *NtSOS1* in detoxifying excessive Na⁺.

4 Discussion

Seeking effective biostimulants with the ability of conferring plant salt tolerance is a promising approach to help crops combat salinity (Ahmad et al., 2022). Eugenol is natural compound derived from plants. Eugenol has broad antimicrobial activity (Marchese et al., 2017), but the role of eugenol in modulating plant

physiology is rarely known. In this study, we revealed the novel role of eugenol in inducing salt tolerance in plants. Eugenol triggered salt tolerance by activating antioxidative capacity, adjusting osmotic balance, and modulating ionic homeostasis in tobacco seedlings.

4.1 Eugenol reduces ROS accumulation under salt stress

Plant cells maintain low level of ROS working as signaling molecule to regulate cell functions and plant development, but over-



(A) Hierarchical cluster analysis. (B) Pearson correlation analysis.

accumulated ROS are detrimental to plants under stress conditions (Hasanuzzaman et al., 2020). Salt stress often induces ROS accumulation, leading top membrane lipid peroxidation and cell death (Zhao et al., 2021). Eugenol promoted seedlings growth was linked to the alleviation of oxidative injury and cell death. This mainly due to the decrease in the level of cellular ROS (including both H₂O₂ and O₂⁻⁻) in tobacco seedlings. Eugenol-restricted ROS may resulted from the enhancement of the activity of antioxidative enzymes in NaCl-treated seedlings. O2- is easily generated with only one electron transferred to oxygen. Therefore, O_2^{-} is often considered as the first ROS generated in plant cells upon stress conditions (Larosa and Remacle, 2018). SOD acts as the scavenger of O_2^{-} by catalyzing O_2^{-} to H_2O_2 that can be further metabolized to H₂O by CAT, POD, and APX (Choudhury et al., 2017). Exogenous regulation of salt tolerance has been associated with the activation of antioxidant enzymes in tomato and lettuce (Patani et al., 2023; El-Salam Shalaby, 2024). In the present study, we found that salt stress induced slight increase in the activity of these enzymes. The possible reason was that salt-induced ROS accumulation act as signal to initiate enzymatic antioxidative system (Yang and Guo, 2018). However, the increase in these enzymes may not enough to scavenge large amounts of ROS induced by salt. Adding eugenol further enhanced the activity of these enzymes, which may helped further decrease ROS level in tobacco seedlings under salt stress. It has been reported that eugenol acts as antioxidant agent protecting oxidative injury by activating antioxidative enzymes in liver and lung (Yogalakshmi et al., 2010; Huang et al., 2015). It seems that eugenol can activate enzymatic antioxidative system in both plant and mammalian cells upon stress conditions.

AsA and GSH are two important components of non-enzymatic antioxidative system in plants. AsA and GSH can scavenge ROS directly through transferring electron (Briviba et al., 1997; Smirnoff, 2000). The role of GSH and AsA in inhibiting plant ROS accumulation has been identified in salt acclimation (Kumari et al., 2023). Eugenol increased the content of these two antioxidants, which helped tobacco seedlings lower endogenous ROS level under salinity stress. AsA/DHA and GSH/GSSG has been termed as redox managers for maintaining the redox balance in plant cells. Plant cells tend to maintain a favorable cellular environment at a reduced state with relatively high AsA/DHA and GSH/GSSG under normal growth conditions. Stress conditions may disrupt the redox balance to make a shift to oxidized state, which is harmful for cell function and plant development (Debolt et al., 2007; Zechmann, 2017). Eugenol significantly enhanced both AsA/DHA and GSH/GSSG in salttreated tobacco seedlings, indicating the capability of eugenol in maintaining cell reduced state in order to combat ROS-induced oxidative stress. In addition, AsA-GSH cycle is an important pathway by coupling the transformation of AsA-DHA and GSH-GSSG. AsA-GSH pathway is one of the major pathways of antioxidative defense for detoxifying ROS in plant cells (Hasanuzzaman et al., 2019). Further studies maybe needed to possible regulation of AsA-GSH cycling by eugenol under salt stress.

It has been suggested that eugenol itself can quench ROS directly *in vitro*. And this ability has been associated with eugenol-reduced radicals in mammalian cells (Gülçin, 2011; Pérez-Rosés et al., 2016). Therefore, apart from activating antioxidative system, we speculate that the eugenol entered into plant cells may directly quench cellular ROS upon salt stress. This hypothesis should be confirmed by detecting the uptake and distribution of eugenol in plants and the *in vivo* interaction between eugenol and ROS in the future.

4.2 Eugenol regulates osmotic balance upon salt stress

Osmotic stress is a typical consequences of salt stress in plants. Carbohydrates (such as sugars and starch) and proline are important primary metabolites acting as osmoprotectants to combat salt-induced osmotic stress (Patel et al., 2020). Induction of these osmoregulatory metabolites has been linked to the enhancement of salt tolerance in citrus and cotton plants (Lu et al., 2023; Zhang et al., 2023a). Plant extracts could be used as potential biostimulants with the ability of inducing plant salt tolerance by priming the synthesis of soluble carbohydrates or proline (Ghezal et al., 2016; Pehlivan, 2018; Lorenzo et al., 2019; Rady et al., 2019; Desoky et al., 2020). Salt stress led to an increase in proline content and a decrease in soluble sugar and starch content in tobacco seedlings, suggesting the occurrence of osmotic stress upon salt exposure. Addition of eugenol induced the accumulation of these osmoregulatory substances in NaCltreated seedlings, indicating the activation of osmotic adjustment. Eugenol-induced high levels of these metabolites may result from the maintenance of cell membrane integrity. Salt stress caused cell membrane damage and the leakage of these metabolite, whereas eugenol stabilized the integrity of cell membrane to prevent metabolite leakage under salt stress. Plant extracts-triggered biosynthesis of osmotic metabolites to improve salinity acclimation via modulating hormonal signaling and metabolic reprogramming (Bulgari et al., 2015; Rehman et al., 2021). In the present study, induction of osmotic metabolites accumulation is one the important strategies for eugenolconferred salt tolerance. However, how eugenol regulates the biosynthesis and the metabolism of osmoprotectants against salt stress needs further investigation.

4.3 Eugenol regulates ionic balance under salt stress

Maintaining ionic balance inside of cells is important for plants' adaption to salt stress. SOS1, a regulatory star of salt tolerance, works on Na⁺ detoxification by performing Na⁺ efflux out of cells (Núñez-Ramírez et al., 2012). NHX1 has been identified as a



Schematic model for eugenol-facilitated three strategies that confer salinity tolerance in tobacco cells. Purple, green, and blue module represents eugenol-regulated ionic balance, osmotic adjustment, and antioxidative capacity, respectively.

tonoplast-located Na⁺/H⁺ antiporter, detoxifying cytosolic Na⁺ through compartmentalizing Na⁺ in vacuole (Wu et al., 2019). Thymol can inhibit Na⁺ inward flow and reduces Na⁺ content in tobacco seedlings by activating NtSOS1 and NtNHX1 (Xu et al., 2022). The upregulation of NtSOS1 expression may contribute to eugenol-induced decrease in Na⁺ content in salt-treated tobacco seedlings. In addition, eugenol also up-regulated the expression of NtNHX1, which may facilitate the influx of Na⁺ into vacuole inside of tobacco cells. However, the distribution of Na⁺ in different organelles should be further investigated in order to confirm the possible function of eugenol in distributing intracellular Na⁺. Ca²⁺ is an essential regulator of SOS pathway that is a signaling cascade comprising SOS1, SOS2, and SOS3. The SOS3 can be activated through binding to Ca²⁺. Then Ca²⁺ activated SOS3 recruits and interacts with SOS2 to activate SOS1 (Wang et al., 2022). The Ca² +-SOS3-SOS2 module can also positively regulate vacuolar NHX (Zhao et al., 2021). Eugenol has been reported as an activator of Ca² ⁺ channel TRPV1 (transient receptor potential vanilloid channel 1) in mammals. Eugenol can increase intercellular Ca2+, further activating Ca²⁺ signaling cascade in mammalian cells (Jiang et al., 2022). Therefore, it is of interest to further investigate whether eugenol regulates cytosolic Na exclusion and vacuolar Na⁺ sequestration in plants by regulating Ca²⁺ signaling.

Plant salt tolerance also involves intrinsic gaseous signaling molecules, such as H_2S (hydrogen sulfide) and NO (nitric oxide). Both H_2S and NO can help plants reestablish redox homeostasis and ionic balance to combat salinity (Wang et al., 2012; Lai et al., 2014). The anti-inflammatory potential of eugenol has been associated with the regulation of endogenous NO in mammals (Barboza et al., 2018). Eugenol can intensify endogenous H_2S in rice plants against heavy metal stress (Hu et al., 2018a). Therefore, further studying the possible involvement of H_2S and NO in eugenol-conferred salt tolerance would help reveal eugenolprimed signaling network for plant salt tolerance.

5 Conclusion

In sum, the present study demonstrates that phytochemical eugenol has the ability of stimulating plant salt tolerance. Eugenol deploys three strategies to ameliorate the detrimental effect of salinity on the growth of tobacco seedlings (Figure 10). First, eugenol detoxifies intracellular Na⁺ by upregulating NtSOS1 (Na⁺ efflux) and NtNHX1 (Na⁺ sequestration in vacuole). Second, eugenol promotes osmotic adjustment by inducing the accumulation of metabolites (proline, sugar, and starch). Third, eugenol enhances antioxidative capacity by activating both antioxidants and antioxidative enzymes. The detailed molecular mechanism for eugenol-mediated reestablishment cellular redox homeostasis and ionic balance largely unknown, but our current data propose the novel function of eugenol in regulating plant salinity tolerance. These results would help develop new biostimulant for crop production in saline area, which is important for both applied and fundamental research.

Data availability statement

The original contributions presented in the study are included in the article/supplementary material. Further inquiries can be directed to the corresponding authors.

Author contributions

JX: Conceptualization, Investigation, Methodology, Writing – original draft. TW: Investigation, Writing – review & editing. CS: Investigation, Writing – review & editing. LP: Investigation, Writing – review & editing. JC: Data curation, Investigation, Methodology, Writing – review & editing. XH: Investigation, Writing – review & editing. TY: Investigation, Writing – review & editing. YG: Investigation, Writing – review & editing. ZL: Investigation, Writing – review & editing. LY: Conceptualization, Writing – review & editing. LZ: Conceptualization, Data curation, Investigation, Writing – review & editing.

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Conflict of interest

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