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SPECIALTY SECTION

This article was submitted to Plant Nutrition, a section of the journal Frontiers in Plant Science

RECEIVED 04 November 2022 ACCEPTED 05 January 2023 PUBLISHED 31 January 2023

CITATION

Xu R, Shi W, Kamran M, Chang S, Jia Q and Hou F (2023) Grass-legume mixture and nitrogen application improve yield, quality, and water and nitrogen utilization efficiency of grazed pastures in the loess plateau. Front. Plant Sci. 14:1088849. [doi: 10.3389/fpls.2023.1088849](https://doi.org/10.3389/fpls.2023.1088849)

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[Grass-legume mixture](https://www.frontiersin.org/articles/10.3389/fpls.2023.1088849/full) [and nitrogen application](https://www.frontiersin.org/articles/10.3389/fpls.2023.1088849/full) [improve yield, quality, and](https://www.frontiersin.org/articles/10.3389/fpls.2023.1088849/full) [water and nitrogen utilization](https://www.frontiersin.org/articles/10.3389/fpls.2023.1088849/full) effi[ciency of grazed pastures in](https://www.frontiersin.org/articles/10.3389/fpls.2023.1088849/full) [the loess plateau](https://www.frontiersin.org/articles/10.3389/fpls.2023.1088849/full)

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Grazing on cultivated grassland is a green agricultural model. However, in China's Loess Plateau, the type of cultivated grassland suitable for grazing and the amount of nitrogen application is still unclear, which has led to the failure of this model to be widely implemented. In this context, we set up an experiment using three grass planting types, including monoculture of alfalfa (Medicago sativa L.), monoculture of brome (Bromus inermis L.), and mixed planting of the two forages. Under each planting type, there were six management measures: grazing and no nitrogen application (GN1), grazing and 80 kg ha⁻¹ nitrogen application (GN2), grazing and 160 kg ha⁻¹ nitrogen application (GN3), cutting and no nitrogen application (MN1), cutting and 80 kg ha⁻¹ nitrogen application (MN2), and cutting and 160 kg ha⁻¹ nitrogen application (MN3). To explore the impacts of these treatments on pastures, we studied the effects on the yield, quality, and water use efficiency of the three cultivated grasslands. Results showed that alfalfa monoculture and alfalfa-brome mixed sowing grassland resulted in significantly higher hay yield, crude protein yield, water use efficiency (WUE), precipitation use efficiency (PUE), nitrogen use efficiency (NUE), and agronomic efficiency of nitrogen (AEN) as compared to brome monoculture grassland. In addition, the crude protein, ether extract, and crude ash content of alfalfa monoculture and alfalfa-brome mixture were increased significantly while the contents of neutral detergent fiber (NDF) were reduced, thereby increasing the relative feed value (RFV) during the two years. The forage hay yield, crude protein yield, ether extract, crude ash content, RFV, PUE, and WUE were significantly higher with GN1, GN2, and GN3 treatments than that with MN1 treatment. In contrast, the NDF and acid detergent fiber (ADF) content was significantly lower than the MN1 treatment. Furthermore, the fresh forage yield, crude protein yield, PUE, and WUE of GN3 treatment were significantly higher than that of GN1 and GN2 treatments in both years, while the

NUE and AEN were significantly higher in GN2 and GN3 treatments than that of MN3 treatment. Based on these results, alfalfa-brome mixed cropping with the application of 160 kg ha⁻¹ nitrogen under grazing conditions is an appropriate management practice for improving the forage yield, quality, and water- and nitrogen utilization efficiency of cultivated grassland in the Loess Plateau of China. This integrated management model is applicable to the cultivation and utilization of mixed grassland on nutrient-poor land in the Loess Plateau.

KEYWORDS

grazing, water and nitrogen utilization efficiency, alfalfa, forage yield, quality

1 Introduction

Soil erosion has resulted in a gradual increase in land barrenness and deterioration of the ecological environment, severely restricting the development of local industrial and agricultural production [\(Zhou](#page-16-0) [et al., 2013](#page-16-0)). Planting perennial pastures in the loess plateau region is of practical importance because it will not only relieve the grazing pressure of natural grasslands but will also solve the problem of insufficient forage for livestock in the winter and spring seasons ([Hou](#page-15-0) [et al., 2008\)](#page-15-0). In addition, cultivating grasslands in the Loess Plateau is an effective way of changing the land use patterns in the region and promoting ecological and economic development [\(Komarek et al.,](#page-15-0) [2015\)](#page-15-0). Compared to monoculture grasses, alfalfa and gramineous mixed grassland can not only increase the forage yield [\(Sanderson](#page-16-0) [et al., 2005;](#page-16-0) [Deak et al., 2009\)](#page-15-0) but will also improve the nutritional quality of pasture [\(Tekeli and Ates, 2005\)](#page-16-0). In addition, grazing on the grass-legume mixed grassland can improve grassland productivity by better-storing moisture and inorganic salt in the soil ([Pykälä, 2005\)](#page-16-0). In alfalfa-brome mixed sowing grassland, brome can utilize the nitrogen fixed by alfalfa, improve the N_2 fixation efficiency of alfalfa, and promote the absorption of nitrogen by brome [\(Lahiri](#page-15-0) [et al., 2009;](#page-15-0) [Li et al., 2011](#page-16-0)).

In addition, fertilization is one of the important agronomic measure for improving the yield and quality of pastures. Nitrogen application in cultivated grassland can improve the yield and crude protein content of dry matter, thus improving the nutritional quality of pasture [\(Mbatha and Ward, 2010](#page-16-0); Tomić [et al., 2012\)](#page-16-0). Nitrogen is a major component of protein synthesis, and increased application of nitrogen fertilizer has been known to have positive effects on the nutrient absorption and utilization of cultivated grassland ([Xiong](#page-16-0) [et al., 2013](#page-16-0); [Gou et al., 2016\)](#page-15-0). However, nitrogen application has a threshold effect in regulating crop growth, i.e. excessive nitrogen application is not conducive to improving crop growth and yield ([Mon et al., 2016](#page-16-0); [Wang et al., 2017;](#page-16-0) [Wang H. et al., 2018\)](#page-16-0). The crude protein content and yield of Urochloa brizantha and Marandu pastures were increased with the increase in nitrogen application rates during each grazing cycle, while the content of neutral detergent fiber (NDF) was reduced, and in the case of continuous grazing, moderate nitrogen application (180 kg $^{-1}$ N) resulted in high yield and quality forage [\(Campos et al., 2016](#page-15-0); [Delevatti et al., 2019](#page-15-0)). [Brueck et al.](#page-15-0) [\(2010\)](#page-15-0) showed that nitrogen application can improve the water use efficiency (WUE) of pasture regardless of water supply ([Mckenzie](#page-16-0)

[et al., 2006](#page-16-0); [Brueck et al., 2010\)](#page-15-0). However, [Li et al. \(2003\)](#page-15-0) suggested that measuring soil nitrogen supply capacity and plant nitrogen demand at different stages, and providing timely and appropriate nitrogen fertilizer supply can improve the soil nutrient status, production performance, and sustainable productivity of cultivated grassland.

Moderate grazing is an effective way of managing grassland vegetation ([Huntsinger et al., 2007](#page-15-0)). Moderate grazing is not only a management measure for preventing habitat loss or fragmentation but also a way for improving grassland biodiversity ([Bartolome et al.,](#page-15-0) [2014\)](#page-15-0). Previous studies have found an increase in the biomass and crude protein content of the above-ground plants with the increase in the stocking rate ([Schönbach et al., 2012a;](#page-16-0) [Müller et al., 2014](#page-16-0); [Ren](#page-16-0) [et al., 2016](#page-16-0)), while the content of neutral detergent fiber only decreased in the short term with the increase of stocking rate ([Schönbach et al., 2009](#page-16-0)). [Schönbach et al., 2012a](#page-16-0) showed that compared with light and heavy grazing, the available feed biomass under moderate grazing increased by 2 to 3 times, and plant nutrients were improved. However, some studies have reported that grazing has little impact on forage nutritional quality, but forages in grazing land had higher crude protein content in the late rainy season ([Mbatha and](#page-16-0) [Ward, 2010\)](#page-16-0). Grazing not only increases the forage yield and improves nutritive quality but also the water use efficiency ([Fenetahun et al., 2020\)](#page-15-0). [Peng et al. \(2007\)](#page-16-0) reported that the water use efficiency (WUE) of Cleistogenes squarrosa, Agropyron cristatum, and Potentilla acaulis increased significantly as the grazing intensity increased, reaching the highest value at moderate grazing intensity. Because of trampling disturbs soil by enhancing evaporation of water, sheep's dunk or urine might contribute to increase soil moisture ([Peng et al., 2007\)](#page-16-0). Under grazing conditions, Leymus chinensis is more sensitive to water deficit. It responds to grazing disturbance by reducing transpiration rate and improving WUE (D'[Andrea et al.,](#page-15-0) [2017\)](#page-15-0). Grazing improves the water use efficiency of pasture, possibly due to the concentration of grazing grass roots to the surface soil, thus increasing the absorption and utilization of water by plant roots ([Zheng et al., 2011\)](#page-16-0).

Intensive grazing not only increase stocking rates and reduce costs but also improve soil moisture status and reduce soil erosion ([Sone et al., 2020\)](#page-16-0). Several studies have shown that grazing in the Loess Plateau, where "returning cropland to grassland" is practiced, significantly reduced soil erosion and improved soil characteristics ([Wang et al., 2009](#page-16-0); [Chen et al., 2015](#page-15-0); [Yang and Lu, 2018\)](#page-16-0). The results

of [Yu et al. \(2019\)](#page-16-0) also showed that light grazing not only reduced soil erosion but also protected natural resources. Without disrupting the soil environment, grazing management may benefit the economic development of local animal husbandry and increase the income of local farmers to ensure food security and resolve conflicts of interest between agricultural development and nature protection ([Sparovek](#page-16-0) [et al., 2010;](#page-16-0) [Spera, 2017\)](#page-16-0). In the Loess Plateau of China, reasonable grazing of cultivated grassland is a sustainable grassland management model, and one of the strategies to achieve the dual goals of ecological and economic benefits [\(Wang and Zhang, 2003\)](#page-16-0). However, most studies on grazing activities are concentrated on natural grasslands. There are few studies on grazing management of cultivated grasslands in the Loess Plateau, and the appropriate amount of nitrogen fertilizer for grass-legume mixed grassland is still uncertain. Therefore, this study explored the effect of grazing combined with nitrogen application on the yield, quality, water, and nitrogen utilization of cultivated grassland under the grassland types of monoculture alfalfa, monoculture brome, and mixed planting of the two forages. The objectives were to (a) explore the advantages of grass-legume mixed grassland compared with pasture monoculture; (b) clarify the appropriate management measures for improving the yield, quality, WUE, and NUE of cultivated grassland in the Loess Plateau.

2 Materials and methods

2.1 Overview of the research area

The study area is located in Huan xian Grassland Agricultural Experiment Station of Lanzhou University, Qingyang City, Gansu Province (36° 17′10″ N, 107° 31′36 ″E), with an altitude of 1218 m. It is a hilly and gully area on the Loess Plateau in eastern Gansu, with a typical river valley agricultural production system and semi-arid continental climate. The average annual rainfall is 430 mm and is mostly concentrated in July-September, accounting for 58.2% of the total annual precipitation. The annual potential evaporation reaches 1850 mm; the annual mean temperature is 9.2°C. The frost-free period is 165 days and the annual mean sunshine duration is 2596.2 hours. Compared with the 30-year average rainfall, 2019 (505.5 mm) was considered as a wet year, while 2020 (434.1 mm) as a normal year. Before the commencement of the experiment, the soil (0-20 cm soil layer) had the following soil properties; pH value of 8.5, soil organic carbon of 4.9 g kg^{-1} , the total nitrogen content of 0.67 g kg^{-1} , the available phosphorus content of 11.6 mg kg^{-1} , available potassium content 142 mg kg^{-1} .

2.2 Experimental design and field management

This study was arranged in a split-plot design. The main plot factor includes three grassland types: monoculture of alfalfa, monoculture of brome, and mixed cropping of alfalfa and brome. The sub-plot factor included six management measures: grazing and 0

kg ha⁻¹ nitrogen application level of (GN1), grazing and 80 kg ha⁻¹ nitrogen application level of (GN2), grazing and 160 kg ha⁻¹ nitrogen application level of (GN3), cutting and 0 kg ha^{-1} nitrogen application level (MN1), cutting and 80 kg ha⁻¹ nitrogen application level (MN2), and cutting and 160 kg ha^{-1} nitrogen application level (MN3). In this way the experiment consisted of a total of 18 treatments with three replications, resulting in a total of 54 treatment plots. The area of each treatment plot was 40 m² (5 m \times 8 m), separated by a 1 m wide isolation belt. In addition, fences were set up around the grazing plots. The grassland was planted in August 2017, and 225 kg ha^{-1} diammonium hydrogen phosphate was used as the base fertilizer for each sowing plot. No irrigation was provided during the experimental period. The alfalfa variety Qianjing (Medicago sativa L. 'Vison'), and the brome American variety (Bromus inermis L. 'Vns') were used in the experiment. Before planting, ploughing (30 cm depth) was employed for removing weeds. Seeds were sown by drill sowing method at a row spacing of 30 cm, and planting depth of 2 to 3 cm. The seeding rate for monoculture alfalfa was 30 kg ha^{-1} , for monoculture brome was 45 kg ha^{-1} , while that of alfalfa and brome mixed grassland was 15.0 and 22.5 kg ha⁻¹, respectively. In both years, no fertilizers were applied to the N1 treated plots. The N2 plots were fertilized on 3rd June 2019 and 8th June 2020; while the N3 plots were fertilized on 3rd June and 1st August 2019, and 8th June and 5th August 2020. Urea (CH_4N_2O) was used as a nitrogen source and 80 kg N ha⁻¹ was applied in trenches each time. Rotational grazing was carried out approximately every 30 days. There were 81 sheep in total and 9 sheep were allotted to each plot, and all the forages in the plot were grazed. Overall, 12 grazing cycles were performed during the two years. The cutting treatment was carried out at the flowering stage of the leguminous family or the heading period of the gramineous family. The stubble height was maintained at 5 cm, and 6 cuttings were carried out in two years, corresponding to May 21, July 23, September 24 in 2019, and May 24, July 15, and September 6 in 2020.

2.3 Sampling and measurements

2.3.1 Determination of forage yield and nutritional quality

For grazing treatments, samplings were carried out before each grazing, and for cutting treatments, samplings were performed at the leguminous flowering period or gramineous heading period. For cutting, 1 m^2 area was randomly selected at three different locations in each plot and immediately weighed for the fresh weight. The samples were put in a mesh bag, transported to the lab, and later oven-dried at 65°C for 48 h or until constant weight, and dry matter yield was determined. The seasonal total fresh grass and hay yields were the sum of the fresh and hay yields of each cutting throughout the growing period. The crude protein yield was calculated using the following formula:

$$
Y_P(t \ \text{ha}^{-1}) = C_P \times Y \times 0.01
$$

where Y_P is crude protein yield (t·ha⁻¹), C_P is crude protein content $(%)$, Y is hay yield $(kg ha⁻¹)$.

The dried samples were crushed and were analyzed for the determination of nutrient values. The content of ether extract (ether extract, EE) was determined by the Soxhlet ether extraction method using an ether extract analyzer (XT15, Ankom, America) (Association of Official Analytical Chemists, 2000). Crude protein (CP) content was determined by the Kjeldahl method using the nitrogen analyzer (Kjeltec 2300, Foss Tecator, Sweden) [\(Jee, 1995\)](#page-15-0). The crude ash content was determined by the incineration method in a muffle furnace (LE14/16/R6, Nabertherm, Germany) at 550°C [\(Van](#page-16-0) [Soest, 1994](#page-16-0)). The content of neutral detergent fiber (NDF) and acid detergent fiber (ADF) was measured in a fiber analyzer (2000, Ankom, America) using the paradigm detergent fiber analysis method [\(Van Soest et al., 1991](#page-16-0)). The relative feeding value (RFV) was calculated using the following formulae ([Kamran et al., 2022;](#page-15-0) [Kamran et al., 2023\)](#page-15-0):

$$
RFV = (120/NDF) \times (88.9 - 0.799 ADF)/1.29
$$

Whereas NDF and ADF represent the neutral and acid detergent fiber, respectively.

2.3.2 Water utilization status

To determine the soil quality content of the soil samples were collected at recovering and withering date of the pasture A soil drill was used for collecting soil samples from 0-200 cm soil layer, each with a 20 cm increment. The soil was placed aluminum box and ovendried at 105°C for 24 h or to a constant weight. The soil moisture contents in terms of soil water storage (SWS) were calculated following the formula [\(Wu et al., 2015](#page-16-0)):

$$
SWS(mm) = \sum_{i}^{n} h_i \times p_i \times b_i
$$

Where SWS is the soil water storage capacity (mm), hi is the depth of the soil layer (cm); p_i is the soil bulk density of the soil layer (g cm⁻³); b_i is the absolute soil of the soil layer Mass moisture content (%); n is the number of soil layers.

The water consumption in terms of evapotranspiration (ET) from the field was calculated using the formula [\(Huang et al., 2005\)](#page-15-0) is as follows:

$$
ET (mm) = P + I + C + W1 - W2 - D - R
$$

Where P (mm) is the rainfall during the growth period, I (mm) is the irrigation volume, C (mm) is the amount of groundwater at the roots zones, and W1 (mm) is the water storage at recovering date of 0-200 cm soil layer, W2 (mm) is the water storage at the withering date of 0- 200 cm soil layer, D (mm) is the water discharge outside the roots, and R (mm) is the surface runoff loss. However, the runoff loss can be ignored as the test site is relatively flat, and ridges around the plot prevent runoff. The groundwater level of the test site was deeper than 80 m. As no irrigation was provided, therefore, the amount of groundwater flowing into the roots, rainfall-runoff loss, irrigation, and water discharge beyond the roots can be ignored ([Zhao](#page-16-0) [et al., 2014\)](#page-16-0).

The calculation formulas for precipitation use efficiency and water use efficiency (are as follows [Huang et al., 2005](#page-15-0)):

$$
PUE\ (kg\ ha^{-1}\ mm^{-1})\ =\ Y/P
$$

Whereas PUE is the precipitation use efficiency ($kg \text{ ha}^{-1} \text{ mm}^{-1}$), WUE is water use efficiency (kg ha⁻¹ mm⁻¹), Y is hay yield (kg ha⁻¹), and ET is field water consumption (mm), P is the rainfall during the growth period (mm).

2.3.3 Nitrogen utilization status

Determination of forage nitrogen content was carried out using FOSS-NIRS DS 2500 (Denmark) Near-Infrared Spectrometer. The nitrogen uptake, nitrogen use efficiency, and agronomic efficiency of nitrogen were calculated using the following formulas [\(Guo et al.,](#page-15-0) [2014\)](#page-15-0):

$$
N_U (kg ha-1) = N_C * Y
$$

$$
NUE (kg kg-1) = (U_N - U_0)/F_N
$$

$$
AEN (kg kg-1) = (Y_N - Y_0)/F_N
$$

where, N_U and Nc are nitrogen absorption (kg ha⁻¹) and nitrogen content (%); NUE is nitrogen utilization efficiency (kg kg⁻¹), U_N and U_0 are nitrogen absorption (kg ha⁻¹) in the nitrogen application treatment and no nitrogen application treatment; AEN is nitrogen agronomic efficiency (kg kg^{-1}), Y_N and Y₀ are yield (kg ha⁻¹) of nitrogen application treatment and no nitrogen application treatment; and $\rm F_N$ is the N rate (kg $\rm{ha}^{-1})$ in N application treatments.

2.4 Data processing and statistical methods

Microsoft Excel 2010 was used to process the data and draw figures. After testing the data normality and homogeneity of variance, the data follows normal distribution and meets the homogeneity test of variance, the statistical software SPSS 24 (IBM, Chicago, IL, USA) was employed for the analysis of variance. To analyze the effects of different treatments on fresh hay yield, nutrient content, crude protein yield, relative feed value, water use efficiency, precipitation use efficiency, nitrogen use efficiency, and agronomic efficiency of nitrogen of forage, the Tukey significant difference test was employed for multiple comparisons ($P \le 0.05$). [Figures 1](#page-4-0), [2](#page-4-0).

3 Results

3.1 Fresh hay yield

The ANOVA results indicated significant effects ($P \le 0.01$) of the year (Y), grassland type (GT), and management style (MM) on fresh biomass of pastures [\(Table 1](#page-5-0)). The interaction effects were also significant ($P \le 0.01$). The fresh biomass yield of all treatments in 2019 was significantly higher by 20.5% than that in 2020. Among the grassland types, alfalfa-brome mixed sowing resulted in the highest fresh biomass compared to their monocultures (Table S1). In addition, the GN3 showed the most significant effect among the various management styles (Table S1).

When analyzed the interactive effects, the GN3 treatment in alfalfa-brome mixed sowing grassland achieved the highest fresh forage biomass (70.84 and 52.60 t ha⁻¹), and in alfalfa monoculture grassland (66.35 and 52.63 t ha⁻¹) in 2019 and 2020, respectively ([Figure 3\)](#page-6-0). In alfalfa-brome mixed pastures, the GN3 treatment increased the fresh biomass by 44.4 and 34.3%, 10.4 and 12.3%, 110.4 and 111.7%, 56.0 and 110.2%, 42.7 and 83.7% as compared to GN1, GN2, MN1, MN2, and MN3 treatments. Whereas in alfalfa monoculture, GN3 treatment increased the fresh biomass by 41.0 and 31.0%, 10.6 and 14.8%, 98.4 and 129.8%, 56.1 and 95.8%, 43.4 and 43.9% compared to GN1, GN2, MN1, MN2, and MN3 treatments.

The hay yield was significantly affected ($P \leq 0.01$) by year (Y), grassland type (GT), and management style (MM) on of pastures ([Table 1](#page-5-0)). The interaction effects were also significant ($P \le 0.01$). The hay yield of all treatments in 2019 was significantly higher by 4.5% than that in 2020. Among the grassland types, compared to brome monoculture, the hay yield in alfalfa-brome mixed sowing and alfalfa monoculture were significantly increased (Table S1). In addition, the GN3 showed the most significant effect among the various management styles (Table S1). For the interactive effects, the GN3 treatment showed the most significant effects on increasing hay yield in all grassland types compared to rest of the treatments in 2019 and 2020 ([Figure 4\)](#page-7-0). Among all the treatments, the GN3 treatment in alfalfa-brome mixed sowing grassland achieved the highest hay yield $(14.58$ and 11.45 t ha⁻¹), and in alfalfa monoculture grassland (12.96) and 12.00 t ha⁻¹) in 2019 and 2020, respectively ([Figure 4](#page-7-0)). In alfalfabrome mixed pastures, the GN3 treatment increased the hay yield by

and 54.8%, and 32.8%, 16.0 and 4.0%, 120.2 and 69.1%, 63.5 and 61.7%, 44.8 and 46.2% as compared to GN1, GN2, MN1, MN2, and MN3 treatments. Whereas in alfalfa monoculture, GN3 treatment increased the hay yield by 47.9 and 35.4%, 12.3 and 11.0%, 107.7 and 96.7%, 57.1 and 59.8%, 41.9 and 19.2% compared to GN1, GN2, MN1, MN2, and MN3 treatments.

3.2 Crude protein yield

The crude protein yield was significantly affected ($P \le 0.01$) by year (Y), grassland type (GT), and management style (MM) on of pastures [\(Table 1](#page-5-0)). The various interaction effects were also significant $(P \le 0.01)$. Crude protein yield of all treatments in 2019 was significantly higher by 5.4% than that in 2020. Among the grassland types, alfalfa-brome mixed sowing resulted in the highest crude protein yield whereas for management styles, GN3 showed the most significant effect (Table S1).

When analyzed the interactive effects, the GN3 treatment showed the most significant effects on increasing crude protein yield in all grassland types, compared to other treatments in both years ([Figure 5](#page-8-0)). Among all the treatments, the GN3 treatment in alfalfabrome mixed sowing grassland achieved the highest crude protein yield (2.97 and 2.50 t ha⁻¹), and in alfalfa monoculture grassland (2.72 and 2.53 t ha⁻¹) in 2019 and 2020, respectively ([Figure 5\)](#page-8-0). In alfalfabrome mixed pastures, the GN3 treatment increased the crude protein yield by 66.9 and 35.9%, 149.6 and 100.0%, 74.7 and 82.5%,

TABLE 1 ANOVA results for the effect of the year, grassland type, management style, and their interactions on fresh forage biomass, hay yield, crude protein yield, the content of crude protein, crude fat, crude ash, acid detergent fiber (ADF), neutral detergent fiber (NDF), and relative feed value (RFV); soil water storage, evapotranspiration, water use efficiency (WUE), precipitation use efficiency (PUE); nitrogen uptake, nitrogen content, nitrogen use efficiency (NUE) and agronomic efficiency of nitrogen (AEN) in 2019-2020.

* Significant at 5% probability level; ** Significant at 1% probability level; ns, Not significant.

50.8 and 64.5% as compared to GN1, MN1, MN2, and MN3 treatments. Whereas in alfalfa monoculture, GN3 treatment increased the crude protein yield by 47.9 and 35.4%, 107.7 and 96.7%, 57.1 and 59.8%, 41.9 and 19.2% compared to GN1, MN1, MN2, and MN3 treatments.

3.3 Nutritional quality

Our data portrayed significant effects ($P \le 0.01$) of the grassland type and management style on crude protein content of forage (Table 1). Year (Y), GT, MM and Y×GT had a highly significant ($P \le 0.01$) effect on crude fat content, crude ash content, acid detergent fiber (ADF) and neutral detergent fiber (NDF) content of the forage. Y, GT and MM had highly significant ($P \leq 0.01$) effects on RFV of forages, the interaction effects were also significant ($P \le 0.01$), except that of GT× MM and Y×GT×MM (Table 1).

The crude protein content and RFV of all treatments in 2020 was significantly higher than that in 2019. Among the grassland types, alfalfa-brome mixed sowing and alfalfa monoculture resulted in significantly higher crude protein content and RFV compared to brome monoculture (Table S1) In addition, the crude protein content and RFV of GN3 showed the most significant effect among the various management styles (Table S1). Among the interactive effects, in alfalfa monoculture and alfalfa-brome mixed sowing grassland, there was no significant difference in the crude protein content of each treatment in both years, while in brome monoculture grassland, the GN3 treatment showed significant effects on increasing crude protein content compared to GN1 treatment in both years ([Table 2\)](#page-9-0). In brome monoculture grassland, the GN3 treatment showed significant effects on increasing ether extract content compared to GN1 and MN1 treatments in both years. However, in alfalfa monoculture and alfalfa-brome mixed sowing grassland, the GN3 treatment showed significant effects on increasing ether extract content only in 2019.

In brome monoculture grassland, the GN3 treatment showed significant effects on increasing crude ash content compared to GN1 and MN1 treatments in both years, while in alfalfa-brome mixed sowing grassland, the GN3 treatment showed significant effects on increasing crude ash content in 2020. In alfalfa monoculture and brome monoculture grassland, the MN1 treatment showed significant effects on increasing ADF content compared to GN2 and GN3 treatments in both years, while in alfalfa-brome mixed sowing grassland, the MN1 treatment showed significant effects on increasing ADF content compared to GN3 treatment in both years. In brome monoculture grassland, the MN1 treatment showed significant effects on increasing NDF content compared to GN3 treatment in both years, whereas in alfalfa monoculture and alfalfabrome mixed sowing grassland, the MN1 treatment showed significant effects on increasing NDF content in 2020.

application under cutting, and 160 kg ha $^{-1}$ nitrogen application under cutting, respectively.

The GN3 treatment showed significant effect on increasing RFV compared to MN1 treatment in 2019 among all the grassland types, whereas in 2020, the GN3 treatment showed significant differences compared to MN1 and MN2 treatments. Among all the treatments, the GN3 treatment in alfalfa-brome mixed sowing grassland achieved the highest crude protein content (20.36 and 21.76%), and in alfalfa monoculture grassland (20.97 and 21.76%) in 2019 and 2020, respectively [\(Table 2](#page-9-0)). The GN3 treatment in alfalfa-brome mixed sowing grassland achieved the RFV (154.49 and 178.28%), and in alfalfa monoculture grassland (157.63 and 201.72%) in 2019 and 2020, respectively. In brome monoculture grassland, the GN3 treatment increased the crude protein content by 16.7 and 24.7% as compared to MN1 treatment in 2019 and 2020. In alfalfa monoculture, brome monoculture and alfalfa-brome mixed pastures, the GN3 treatment increased the RFV by 19.8, 22.2 and 20.1% as compared to MN1 treatment in 2019; GN3 treatment increased the RFV by 31.7 and 25.7%, 29.4 and 15.4%, 23.1 and 16.1% as compared to MN1 and MN2 treatments in 2020.

3.4 Water use status

The ANOVA results indicated significant effects ($P \le 0.01$) of the grassland type, management style, Y×GT and Y×MM on the soil water storage (WS) at withering and soil water storage at recovering ([Table 1](#page-5-0)). Y and Y×GT had highly significant ($P \le 0.01$) effects on evapotranspiration. Y, GT and MM had highly significant ($P \le 0.01$) effects on water use efficiency (WUE), and precipitation use efficiency (PUE), the interaction effects were also significant ($P \le 0.01$). Alfalfabrome mixed sowing and alfalfa monoculture resulted in high WUE and PUE compared to brome monoculture (Table S1). In addition, the WUE and PUE of GN3 showed the most significant effect among the various management styles (Table S1).

When analyzed the interactive effects, under three grassland types, the MN1, MN2 and MN3 treatments showed significant effects on increasing the WS at recovering and withering date compared to GN1, GN2 and GN3 treatments in alfalfa monoculture and alfalfa-brome mixed sowing grassland in 2020

([Table 3\)](#page-11-0). In brome monoculture grassland, there was no significant difference in the WS at recovering date of all treatments, While the MN2 and MN3 treatments showed significant effects on increasing the WS at withering date compared to GN1 treatment in 2020. However, the MN1 treatment showed significant effects on increasing the WS at withering date compared to GN3 treatment in alfalfa monoculture and alfalfa-brome mixed sowing grassland in 2019. the GN3 treatment showed significant effects on increasing WUE and PUE compared to GN1, GN2, MN1, MN2 and MN3 treatments in 2019 under three grassland types. The GN2 and GN3 treatments showed significant effects on increasing WUE and PUE compared to GN1, MN1, MN2 and MN3 treatments in 2020 under three grassland types. Among all the treatments, the GN3 treatment in alfalfa-brome mixed sowing grassland achieved the highest WUE $(28.49 \text{ and } 27.78 \text{ kg.ha}^{-1} \text{mm}^{-1})$, and in alfalfa monoculture grassland $(24.66$ and 29.84 kg.ha⁻¹·mm⁻¹) in 2019 and 2020, respectively ([Table 3](#page-11-0)). the GN3 treatment in alfalfa-brome mixed sowing grassland achieved the PUE (30.48 and 28.33 kg.ha $^{-1}$ mm $^{-1}$), and in alfalfa monoculture grassland (27.09 and 29.70 kg.ha^{-1.}mm⁻¹) in 2019 and 2020, respectively. In alfalfa-brome mixed sowing grassland, the GN3 treatment increased the WUE by 52.5 and 37.6%, 114.0 and 83.6%, 61.9 and 61.4%, 42.8 and 47.5% as compared to GN1, MN1, MN2 and MN3 treatments in 2019 and 2020. Whereas the GN3 treatment increased the PUE by 54.7 and 32.8%, 120.4 and 69.2%, 63.4 and 61.7%, 44.7 and 46.2% as compared to GN1, MN1, MN2 and MN3 treatments in 2019 and 2020. In alfalfa monoculture, the GN3 treatment increased the WUE by 44.4 and 35.8%, 104.3 and 103.1%, 57.8 and 64.8%, 42.1 and 24.9% as compared to GN1, MN1, MN2 and MN3 treatments in 2019 and 2020. Whereas the GN3 treatment increased the PUE by 47.9 and 35.4%, 107.6 and 96.7%, 57.8 and 59.8%, 42.0 and 19.2% as compared to GN1, MN1, MN2 and MN3 treatments in 2019 and 2020.

3.5 Nitrogen utilization status

In brome monoculture grassland, the GN3 treatment showed significant effects on increasing the nitrogen content compared to

application under grazing, 160 kg ha⁻¹ nitrogen application under grazing, no nitrogen application under cutting, 80 kg ha⁻¹ nitrogen application under cutting, and 160 kg ha⁻¹ nitrogen application under cutting, respectively

MN1 treatment in 2019 ([Table 4\)](#page-12-0); while the GN3 treatment showed significant effects on increasing the nitrogen content compared to GN1 and MN1 treatments in 2020. In alfalfa monoculture grassland, the GN3 treatment showed significant effects on increasing the nitrogen content compared to MN1 treatment in 2020. In alfalfabrome mixed sowing grassland, the GN3 treatment showed significant effects on increasing the nitrogen content compared to GN1 treatment in 2020. In alfalfa monoculture and brome monoculture grassland, the GN3 treatment showed significant effects on increasing the nitrogen uptake compared to GN1, GN2, MN1, MN2 and MN3 treatments in 2019 and 2020. In alfalfa-brome mixed sowing grassland, the GN3 treatment showed significant effects on increasing the nitrogen uptake compared to GN1, GN2, MN1, MN2 and MN3 treatments in 2019, whereas the GN3 treatment showed significant effects on increasing the nitrogen uptake compared to GN1, MN1, MN2 and MN3 treatments in 2020.

In brome monoculture, The GN2, GN3 MN2 treatments showed significant effects on increasing the NUE and AEN compared to MN3 treatment in 2019. While in alfalfa monoculture and alfalfa-brome mixed sowing grassland, the GN2 treatment showed significant effects on

increasing NUE and AEN compared to GN3 and MN2 treatments in 2019 and 2020. However, the GN2, GN3 and MN3 treatments showed significant effects on increasing NUE compared to MN2 treatment in 2020 under brome monoculture. The MN3 treatment showed significant effects on increasing AEN compared to GN2, GN3 and MN2 treatments in 2020 under brome monoculture. Among all the treatments, the GN2 treatment in alfalfa-brome mixed sowing grassland achieved the highest NUE (1.53 and 1.04 kg kg⁻¹), and in alfalfa monoculture grassland (1.39 and 0.88 kg kg^{-1}) in 2019 and 2020, respectively [\(Table 4](#page-12-0)). the GN3 treatment in alfalfa-brome mixed sowing grassland achieved the AEN (39.36 and 29.84 kg kg⁻¹), and in alfalfa monoculture grassland (34.68) and 24.29 kg kg⁻¹) in 2019 and 2020, respectively. In alfalfa-brome mixed sowing grassland, the GN2 treatment increased the NUE by 28.6 and 60%, 50 and 372.7%, 96.2 and 300% as compared to GN3, MN2, and MN3 treatments in 2019 and 2020. Whereas the GN2 treatment increased the AEN by 22.1 and 68.8%, 36.8 and 659.3%, 82.1 and 349.6% as compared to GN3, MN2 and MN3 treatments in 2019 and 2020. In alfalfa monoculture, the GN2 treatment increased the NUE by 39.0 and 17.3%, 46.3 and 31.3% as compared to GN3 and MN2 treatments in 2019 and 2020. Whereas the GN2 treatment increased

TABLE 2 The content of crude protein, crude fat, crude ash, acid detergent fiber, neutral detergent fiber and relative feed value of pasture under different treatments in 2019 and 2020.

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(Continued)

the AEN by 32.3 and 23.9%, 41.1 and 38.4% as compared to GN3 and MN2 treatments in 2019 and 2020.

4 Discussion

4.1 Effects of grass-legume on forage yield, quality, water, and nitrogen utilization

Several studies have shown that the grass-legume mixed grassland results in higher forage yield than that of monoculture grassland ([Nyfeler et al., 2011](#page-16-0)). Our research also shows that the fresh/hay yield of mixed cropping of grasses with alfalfa and brome was signi ficantly higher than that of monoculture of brome. This may be due to the grass-legume mixed grassland that improved the resource utilization efficiency (such as light, moisture, and soil nutrients). [Ajayi et al.](#page-15-0) [\(2009\)](#page-15-0) reported that grass-legume mixed grassland not only increases the yield of forage but also improves the nutritional quality of forage. The results of [Carpici \(2017\)](#page-15-0) also showed that compared with monoculture grassland, oat-pea mixed grassland have a lower content of neutral detergent fiber and acid detergent fiber, and a higher relative feed value. Our results corroborated these findings, as the two-year mixed grassland with alfalfa and brome significantly reduced the neutral detergent fiber content of the forage and increased the relative feed value, and improved the nutritional quality of forage ([Table 2\)](#page-9-0). Compared with the monoculture of gramineous or leguminous crops, grass-legume mixed grassland has advantages such as balanced feeding value, improved resource utilization efficiency, and increased forage yield [\(Phelan et al., 2015\)](#page-16-0).

Studies have shown that mixed sowing of grass-legume increase the crude protein and dry matter yields of forages, and increases WUE to a certain extent [\(Zhang et al., 2018\)](#page-16-0). A previous study by [Dhakal](#page-15-0) [et al. \(2020\)](#page-15-0) showed that the forage yield and nitrogen yield under alfalfa/gramineous grasses mixed sowing increased respectively by 35% and 96% compared with the monoculture of gramineous grasses. The WUE of alfalfa-gramineous mixed grassland was higher than that of monoculture of gramineous grasses, compared with the monoculture of gramineous grasses increased by 25%. Our results are similar to the findings from the above mentioned study. Under monoculture of alfalfa and mixed cropping of grasses with alfalfa and brome, the crude protein yield and WUE in both were signi ficantly higher than those of monoculture of brome. This is due to the mixed sowing of gramineous grasses and alfalfa which can increase forage yield and increase nitrogen absorption, thereby increasing forage crude protein yield and WUE [\(Dhakal et al., 2020](#page-15-0)). At the same time, the strong root system of legumes forage and the shading effect of gramineous forage leaves promote the absorption and utilization of moisture by plants [\(Wang et al., 2015\)](#page-16-0). Gé[nard et al. \(2017\)](#page-15-0) showed that the nitrogen content of rape (Brassica napus L.) respectively intercropped with lupine (Lupinus micranthus Guss), clover (Trifolium), and Vetch (Vicia sepium L.) was higher than that of rape monoculture, which was increased by 34%, 140%, and 290%, respectively. The results showed that the nitrogen content of the mixed grassland of Leguminosae and Brassica was significantly higher than that of monoculture. In agreement with these finding our results

TABLE 2 Continued

FABLE 2 Continued

between grassland type and field management measures.

between grassland type and field management measures

TABLE 3 Soil water storage, evapotranspiration, water use efficiency (WUE) and precipitation use efficiency (PUE) under different treatments in 2019 and 2020.

The different lowercase letters indicate a significant difference among different treatment at P ≤ 0.05. The GN1, GN2, GN3, MN1, MN2 and MN3 treatments were no nitrogen applied under grazing, 80 kg ha⁻¹ nitrogen applied under grazing, 160 kg ha⁻¹ nitrogen applied under grazing, no nitrogen applied under cutting, 80 kg ha⁻¹ nitrogen application under cutting and 160 kg ha⁻¹ nitrogen application under cutting, respectively. GT denotes grassland type, MM denotes field management measures, and GT×MM denotes interaction between grassland type and field management measures.

TABLE 4 Nitrogen uptake, nitrogen content, nitrogen use efficiency and agronomic efficiency of nitrogen under different treatments in 2019 and 2020.

The different lowercase letters indicate a significant difference among different treatment at P ≤ 0.05. The GN1, GN2, GN3, MN1, MN2 and MN3 treatments were no nitrogen applied under grazing, 80 kg ha⁻¹ nitrogen applied under grazing, 160 kg ha⁻¹ nitrogen applied under grazing, no nitrogen applied under cutting, 80 kg ha⁻¹ nitrogen application under cutting and 160 kg ha⁻¹ nitrogen application under cutting, respectively. GT denotes grassland type, MM denotes field management measures, and GT×MM denotes interaction between grassland type and field management measures.

also showed that the nitrogen content and NUE of the two-year alfalfa monoculture and the alfalfa- brome mixed grassland were significantly higher than those of the brome monoculture. In explanation, the biological nitrogen fixation of alfalfa not only provides a nitrogen source for its growth but also provides a nitrogen source for the growth of brome, which effectively increases the NUE of forage ([Nyfeler et al., 2011](#page-16-0)).

4.2 Effects of grazing on forage yield, quality, and water use

[Patton et al. \(2007\)](#page-16-0) showed that light and moderate grazing levels can increase forage yields compared to no grazing. Our research has also found that grazing significantly increased the fresh/hay yield of forages compared to cutting treatments. A possible reason for higher yield could be higher nutrient use efficiency of plants in the grazing plot compared with cutting treatments, which promotes the restoration of grassland productivity (Delé[glise et al., 2015\)](#page-15-0). In addition, animal manure can provide higher nutrients for grazing grassland compared with cutting management, which could be another possible reason for higher forage yields ([De Boeck et al.,](#page-15-0) [2010\)](#page-15-0). [Wilson et al. \(2011\)](#page-16-0) reported that pasture is frequently used under grazing management usually reduces the annual dry matter yield of pasture, but increases the crude protein content of pasture compared with cutting treatment. The results of this experiment showed that the crude protein content and yield of grazing forages were significantly higher than those of conventional cutting. This is because grazing keeps plants in the active growth and tillering stage rather than achieving the natural maturity, improving the nutritional value of forage [\(Bruinenberg et al., 2002\)](#page-15-0).

Grazing can not only increase grassland productivity and improve forage quality but also increase the WUE of grassland ([Fenetahun](#page-15-0) [et al., 2020](#page-15-0)). [Peng et al. \(2007\)](#page-16-0) found that the WUE of Cleistogenes squarrosa, Agropyron cristatum, and Potentilla acaulis reached the highest value under moderate grazing intensity. Our experiment results are similar to the above research, grazing significantly improves the WUE and precipitation use efficiency of forages compared with cutting treatments. This is because the trampling of livestock may increase the compaction and sealing of the soil, thereby affecting infiltration, leading to the concentration of forage roots in the surface soil, thus increasing the absorption and utilization of moisture by plant roots [\(Sone et al., 2020\)](#page-16-0). Our research results showed that grazing significantly increased the hay yield of mixed grassland compared with cutting, but there was no significant increase in soil evapotranspiration, thus increasing the WUE of mixed grassland. The results of [Zhang et al. \(2020\)](#page-16-0) showed that the ammonia produced by fresh chicken manure under aerobic conditions was significantly lower than that under anaerobic conditions ([Schmidt et al., 2002\)](#page-16-0), therefore, adding chicken grazing to rice fields significantly increased the total nitrogen content and nitrogen uptake during rice growth. The results of this experiment were similar to those of the previous study as the nitrogen content, nitrogen uptake, NUE, and AEN under the two-year grazing treatment were significantly higher than those under the conventional cutting treatment. The possible reason for these results might be the increase in soil nitrogen availability under

grazing mainly through two pathways. Firstly, animal urine and feces under grazing are converted into nitrogen, so plants can more readily absorb it [\(Frank, 2020](#page-15-0)). Furthermore, grazing increase the labile organic compounds, stimulating microbial activity and enhancing the rate of nitrogen mineralization, and hence, inorganic nitrogen availability in the rhizosphere [\(Hamilton et al., 2008\)](#page-15-0).

4.3 Effects of nitrogen application on forage yield, quality, and water use

China is among the countries with high nitrogen fertilizer usage in the world, with the average annual nitrogen fertilizer application accounting for about 30% of global nitrogen fertilizer usage [\(Li et al.,](#page-15-0) [2003\)](#page-15-0). Undeniably, nitrogen application is essential for improving the yield and quality of different crops [\(Varga et al., 2007;](#page-16-0) [Izsaki, 2007;](#page-15-0) [Kamran et al., 2022;](#page-15-0) [Kamran et al., 2023\)](#page-15-0). According to [Ayub et al.](#page-15-0) [\(2009\),](#page-15-0) the highest fresh yield (67.14 t ha⁻¹) and hay yield (19.83 t ha⁻¹) were achieved with the nitrogen application rate of 180 kg ha⁻¹. [Leto](#page-15-0) [et al. \(2008\)](#page-15-0) reported that the application of 150 kg ha⁻¹ nitrogen fertilizer can increase the total hay yield of forage by 9% compared with no nitrogen application. In agreement, our results indicated that 160 kg ha⁻¹ nitrogen application significantly increased the fresh and hay yield of forage compared with control (no N) and 80 kg ha^{-1} nitrogen application. [Szeman \(2007\)](#page-16-0) also found that increasing the application of nitrogen fertilizer on the grassland reduced the number and diversity of species on the grassland, but increased the forage feed value and yield of forage. However, nitrogen application shows a threshold effect in regulating crop growth and yield, i.e., excessive nitrogen application may not be conducive to the improvement of crop growth and yield [\(Mon et al., 2016](#page-16-0); [Kamran et al., 2023\)](#page-15-0). In this experiment, the maximum nitrogen application rate (160 kg ha^{-1}) may not exceed the threshold, thus as the nitrogen application rate increased, the fresh hay yield of the pasture consistently increased.

The results of [Rostamza et al. \(2011\)](#page-16-0) also showed that nitrogen application can significantly increase the crude protein content of forages. This is because the increase in nitrogen application improves plants' nitrogen absorption, thereby increasing the crude protein content. Our results also depicted higher crude protein content under the nitrogen treatment than that of no nitrogen application. We also found that nitrogen application significantly reduced acid and neutral detergent fiber content compared with no nitrogen application, and improved the relative feed value. This is because the increased application of nitrogen fertilizer promotes the increase of soluble substances such as protein, which accumulates in the plant cell body and leads to the dilution of the cell wall, reducing the acid detergent fiber content ([Peyraud and Astigarraga, 1998\)](#page-16-0). In the early autumn period, when nitrogen was applied to the grassland, the crude protein content of the forage is greater by about 20%. The combination of higher crude protein content and lower neutral detergent fiber content can further improve the nutritional quality of the forage (Mé[ndez et al., 2019](#page-16-0); [Kamran et al., 2022\)](#page-15-0). Tomić et al. [\(2011\)](#page-16-0) found that fertilization significantly increased the crude protein yield of monoculture and mixed grassland by 194.1 and 323.2 kg ha⁻¹ respectively when compared with no fertilization. Our research results are similar to Tomić [et al. \(2011\),](#page-16-0) indicating that nitrogen application significantly increased the crude protein yield of

forage compared with no nitrogen application, and the crude protein yield of forage under 160 kg ha⁻¹ nitrogen application was significantly higher than that of 80 kg ha^{-1} nitrogen treatment. This may be because increased nitrogen application increased the hay yield ([Figure 4](#page-7-0)) and crude protein content of the forage. The results of [Cohen et al. \(2004\)](#page-15-0) also showed that the crude protein content increased with the increase of nitrogen level, which may be caused by the increase in amino acid and protein synthesis.

Several studies have reported that nitrogen application can increase the water use efficiency of cultivated grassland ([Gu et al.,](#page-15-0) [2017\)](#page-15-0). [Mariotti et al. \(2015\)](#page-16-0) showed that the WUE of the highfertilizer treatment was significantly higher than that of the lowfertilizer treatment under the same grassland type. Our results are similar to the above research. The application of 160 kg ha $^{-1}$ nitrogen significantly increased the precipitation use efficiency and WUE of forage compared with the application of 80 kg ha^{-1} nitrogen and control treatments. Because fertilization can improve water and nutrients uptake by plants, thereby maximizing the forage yield ([Wang C. et al., 2018\)](#page-16-0). In addition, nitrogen application improves plant growth and canopy structure, decreases direct solar radiation to the ground, reduces soil evapotranspiration (ET), and thereby increases the WUE of forage ([Gu et al., 2016\)](#page-15-0).

Previously, [Xie et al. \(2015\)](#page-16-0) found that nitrogen fertilization significantly increased the nitrogen content of brome in monoculture and mixed grasslands compared with no nitrogen application. Consistently, our results showed that under the same grassland type, nitrogen application of 160 kg ha⁻¹ significantly increased the nitrogen content of forage compared with no nitrogen application in both years. This may be because the nitrogen use status of forages is affected by both water and nitrogen [\(Soon et al., 2008\)](#page-16-0). [Silva et al. \(2021\)](#page-16-0) showed that the NUE of Tithonia diversifolia was the highest when nitrogen application was $100kg$ ha⁻¹. This study showed that NUE and AEN were significantly higher with nitrogen application of 160 kg ha $^{-1}$ than without nitrogen application and with nitrogen application of 80 kg ha⁻¹. This may be due to competitive, complementary, or facilitative interactions in Grass-Legume mixed grasslands that increase the NUE of forages ([Jensen et al., 2020\)](#page-15-0). However, [Lv et al. \(2011\)](#page-16-0) studied the effects of 0, 120, 240, 360, 360, 480, 600, and 720 kg ha⁻¹ 7 nitrogen levels on maize and found that when the nitrogen application was higher than 360 kg ha⁻¹, the agronomic efficiency, absorption and utilization rate of nitrogen fertilizer were decreased significantly. Our results differ from those reported by [Lv et al. \(2011\).](#page-16-0) Possibly, the maximum nitrogen application $(160 \text{ kg} \cdot \text{ha}^{-1})$ rate used in our experiment might not exceed the threshold value, and hence, the NUE of pasture showed an increase with the increase of nitrogen application rates.

5 Conclusion

During the two years, monoculture alfalfa and the alfalfa and brome mixed cropping resulted in insignificantly higher fresh hay yield, crude protein yield, WUE, PUE, NUE, AEN, crude protein,

ether extract, and crude ash content, reduced NDF content and increase RFV compared with the monoculture of brome. The fresh hay yield, crude protein yield, WUE, PUE, NUE, and AEN of 160 kg ha⁻¹ nitrogen application was significantly higher than that of no nitrogen application and 80 kg ha⁻¹ nitrogen application. The application of 160 kg ha⁻¹ nitrogen significantly increased the crude protein, ether extract, crude ash content, and RFV, and reduced the NDF and ADF content compared with no nitrogen application. In addition, the fresh hay yield, crude protein yield, WUE, PUE, NUE, and AEN under the grazing treatment were significantly higher than those under the conventional cutting treatment. Therefore, the mixed cropping of alfalfa and brome and nitrogen application of 160 kg ha $^{-1}$ under grazing conditions can be adopted as an efficient management practice for improving the forage yield, nutritional quality, and water and nitrogen utilization efficiency of cultivated grassland in the Loess Plateau of China. This integrated management model is applicable to the cultivation and utilization of mixed grassland on nutrient-poor land in the Loess Plateau. However, this experiment has only been conducted for two years, Therefore, our research results and conclusions have some limitations and should be verified by longterm experiments in the future.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Author contributions

The paper is co-authored by RX, WS, MK, SC, QJ, FH. All authors have contributed to field measurements and writing of the manuscript. All authors contributed to the article and approved the submitted version.

Funding

This work was supported by the Project of the Second Tibetan Plateau Scientific Expedition and Research Program (2019QZKK0302-02), the National Natural Science Foundation of China (31901389), the Strategic Priority Research Program of Chinese Academy of Sciences (XDA2010010203), the 111 Project (B12002), Scientific research start-up cost of team construction funds of "Double First-Rate" guiding project of Lanzhou University (561119204).

Acknowledgments

We are grateful to Liye Yang and Xiaoming Xiao for their help during the experimental period and thank Elsevier Language Editing Services for the English language editing.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

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