



The Response of Lentil (*Lens culinaris* Medik.) to Soil Moisture and Heat Stress Under Different Dates of Sowing and Foliar Application of Micronutrients

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Soil moisture and air temperature stress are the two major abiotic factors limiting lentil (Lens culinaris Medik.) growth and productivity in the humid tropics. Field experiments were conducted during winter seasons (November to March) of 2018-2019 and 2019-2020 on clay loam soil (AericHaplaguept) of Eastern India to cultivate rainfed lentil, with residual moisture. The objective was to study the effect of different time of sowing and foliar spray of micronutrients in ameliorating the effect of heat and moisture stress lentil crop experience in its reproductive stage. The study was conducted with two different dates of sowing, November and December, as main plot treatment and micronutrients foliar spray of boron, iron, and zinc either alone or in combination as subplot treatment. No foliar spray treatment was considered as a control. The soil moisture content is depleted from 38 to 18% (sowing to harvest) during November sowing; however, in December sowing, the depletion is from 30 to 15%. The foliar spray of micronutrients helped to have a better canopy cover and thus reduced soil evaporation during the later stages of crop growth when the temperature was beyond the threshold temperature of the crop. Crop growth rate (CGR) and biomass were significantly higher ($p \le 0.05$) for November sown crop and with foliar spray of boron and iron (FSB + FE) micronutrients. In the later stages of the crop when the soil moisture started depleting with no precipitation, the canopy temperature increased compared with air temperature, leading to positive values of Stress Degree Days (SDD) index. Delay in sowing reduced the duration by 11.4 days (113.5 vs. 102.1 days), resulting in varied accumulated Growing Degree Days (GDD). FSB + FE resulted in the highest yield in both years (1,436 and $1,439 \text{ kg ha}^{-1}$). The results of the study concluded that the optimum time of sowing and foliar spray of micronutrients may be helpful to alleviate the soil moisture and heat stress for the sustainability of lentil production in the subtropical region.

Keywords: lentil, moisture stress, heat stress, sowing times, SDDI, micronutrients

1

INTRODUCTION

Abiotic stresses, such as high temperature and moisture, are major environmental factors that limit the growth and productivity of crops. Climate change has increased the intensity of adverse crop environment, resulting in severe economic loss in agricultural and horticultural crops (Beck et al., 2007). Elevated temperatures and moisture stress can cause various morpho-anatomical, physiological, reproductive, and biochemical changes in plants, which can affect plant growth and development and ultimately lead to reduction in economic yield (Bita and Gerats, 2013). High temperature is very often related to reducing the availability of water (Barnabás et al., 2008). The effects of abiotic stresses, mainly at the time of the reproductive stage of plants, are gaining attention, as they are a serious threat to the productivity of leguminous crops by reducing pollen viability, fertilization, and pod set (Gaur et al., 2015). The incidence of drought, accompanied by heat stress, is likely to increase in the near future (IPCC, 2014), which highlights the need to investigate a more economical management option to reduce its adverse effect.

Lentil (Lens culinaris L.) is the second most important coolseason legume crop in India (Ram and Punia, 2018). It covers an area of 1.51 million ha with a production of 1.56 million tons and productivity of 1,032 kg ha⁻¹ (Directorate of Economics and Statistics, 2020). Lentil is generally grown as a rain-fed crop during the winter season. It can be grown on residual soil moisture without any additional irrigation in the vast fallow land in India just after the harvest of Kharif rice (previous crop). However, fluctuation in temperature limits the growth and productivity of lentil in the country. During the cool season, legumes are adapted to the low and mild temperature and, hence, show high sensitivity to heat stress, as observed in chickpea (Kaushal et al., 2013) and lentil (Sita et al., 2018). Lentil is reported for its high sensitivity to high temperature and moisture stress, particularly during the reproductive stage, leading to a drastic reduction in yield (Sita et al., 2017). It requires low temperatures at the time of vegetative growth but comparatively warm temperatures during the maturity stage: for optimum growth, the required temperature ranges from 18 to 30°C (Sinsawat et al., 2004). Temperatures above 32/20°C (max/min) at the time of flowering and pod filling in lentil can drastically reduce seed yield and quality(Delahunty et al., 2015; Bourgault et al., 2018). In addition, the cultivation of longduration rice inhibits the sowing of lentil as a sole crop in India. Long-term trend data showed that the crop would face the adverse effect of heat and moisture stress when sown late. Apart from the temperature stress during the reproductive stage, the crop may face initial or late moisture stress because of the hard layer of puddled rice soil and depleting soil moisture as no external irrigation is provided. It has been reported that lentil is largely affected by temperature, rainfall, and sowing date (Saxena, 2009).

Foliar application of micronutrients helps in the rapid translocation when compared with soil application, which is very pertinent in mitigating stress in plants especially under late sown conditions. Exogenous application of nutrients might

prove a potent tool to alleviate the deleterious impacts of heat (Waraich et al., 2012). All three micronutrients, zinc, iron, and boron, have a diverse role in plant reproductive development. Zinc is a micronutrient known for its metabolic and regulatory functions (Broadly et al., 2007). It also plays a pivotal role in the reproductive phase of the crop. Iron (Fe) is important for various biochemical pathways of plants (Briat et al., 1995; Rout and Sahoo, 2015). The impact of boron deficiency on assimilate partitioning may greatly influence the ability of plants to cope with other unfavorable environmental conditions such as soil water deficit and low supply of other nutrients. Boron plays an important role in the reproductive growth of plants (Dear and Lipsett, 1987; Dell and Huang, 1997). Various earlier literatures revealed that zinc, iron and boron can also regulate the biosynthesis of chlorophyll, improve photosynthetic rate, and, thus, alleviate the effect of stress on crops (Marschner, 2012). Thus, we hypothesize that foliar sprays of micronutrients would be effective agronomic management that can help in mitigating stress and improving yield. Against this background, the study was conducted with two objectives: (1) appropriate date of sowing and foliar spray of micronutrient will have a positive impact on CGR, biomass, LAI (leaf area index), and growth; and (2) the appropriate time of sowing and foliar spray of micronutrients will have an impact on canopy temperature, SDD index, soil water availability, and phenology of crops and better vield.

MATERIALS AND METHODS

Site Characteristics

The field experiment was conducted during the rabi season of 2018–2019 and 2019–2020 at the Seed Farm of Bidhan Chandra Krishi Viswavidyalaya (latitude $22^{\circ}58'$ N and longitude $88^{\circ}32'$ E), Kalyani, West Bengal, India. The study site is flat and is located at an altitude of 9.75 m above mean sea level (AMSL). The soil is well-drained Gangetic alluvial soil (order: inceptisol), which belonged to the class of clayey loam with medium fertility and almost neutral in reaction. The soil was low in organic carbon (wet digestion method), available nitrogen (alkaline permanganate-oxidizable), zinc (DTPA-extractable), boron (azomethine H), and iron (DTPA extractable) (0.52%; 138 kg ha⁻¹; 0.4, 0.49, and 0.45, respectively), fairly rich in available P₂O₅ (Bray'P), and K₂O (NH₄OAC-extractable) (30 and 160 kg ha⁻¹, respectively).

Treatment Description and Experimental Design

The experiment was laid in a split-plot design with three replications. The main plots were two different dates of sowing, November (normal) and December (late), and the subplots were foliar spray of different micronutrients. Treatment abbreviations along with the definition of treatments are given in **Table 1**. In this study, we used a popular lentil variety, namely, Moitree ("WBL 77"). It is a red, small-seeded lentil variety. This is the most preferred variety among farmers because of its medium duration and better yield. The foliar sprays were given at the flower and pod initiation stages.

TABLE 1 | Treatment description and abbreviation used.

Treatment Abbreviati				
	Appreviation			
No spray (Control)	NS _C			
Foliar spray of tap water	FST			
Foliar spray of Zn at 0.5% (ZnSO ₄ .7H ₂ O)	FS _{ZN}			
Foliar Spray of Fe at 0.5% (FeSO ₄ .7H ₂ O)	FS _{FE}			
Foliar spray of B at 0.2% (Borax 10.5%)	FS _B			
Foliar spray of Zn at 0.5% + B at 0.2%	FS _{ZN+B}			
Foliar spray of Zn at 0.5% + Fe at 0.5%	FS _{ZN+FE}			
Foliar spray of B at 0.2% + Fe at 0.5%	FS_{B+FE}			
Foliar spray of Zn at 0.5% + Fe at 0.5% + B at 0.2%]	$FS_{ZN+FE+B}$			

Crop Management

The seeds were sown at 30 cm row spacing in an experimental plot of 5 \times 4 m as per the sowing time of various main plot treatments. Standard crop management practices, such as a uniform fertilizer dose of 20:40:40 kg ha⁻¹ of N: P₂O₅ and K₂O, and one hand weeding at 25–30 days after sowing (DAS), were given. No irrigation was provided, because lentil was grown on residual soil moisture along with little precipitation during the rabi season.

Weather

The meteorological data for the period of investigation (November 2018 to March 2019 and November 2019 to March 2020) were collected from the AICRP at the Agrometeorology unit, Directorate of Research, Kalyani, West Bengal. The mean Tmax, Tmin, and rainfall received during different growth stages are reported in **Table 2** and **Figure 1**.

Measurement of Crop Growth, Thermal Indices, Phenology, and Yield Attributes

For sampling, 20 random plants were selected from each plot, excluding border row, for taking observation on growth and yield attributes of lentil. The phenological stages (viz., emergence, flower, and pod initiation and maturity) of the crop sown on different dates were noted by a regular field inspection method. Phenophase-wise growing degree days (GDD) were calculated following Nuttonson (Nuttonson, 1955) by taking a base temperature of 5° C.

For the analysis of leaf area index (LAI) and dry biomass production of lentil, plant samples were taken from 10 randomly selected plants per plot at vegetative (30–45 DAS), flowering (45– 75 DAS), pod formation (75–90 DAS), and maturity (90–105 DAS) stages. The green leaf portions were separated, and the area of the leaves was measured. Mean value per plant was used in calculating the LAI, which was derived using Equation 1:

$$LAI = \frac{Measure \ leaf \ area \ per \ plant}{Ground \ area \ (m^2)} \times \ number \ of \ plants}$$
(1)

Crop growth rate (CGR) is the rate of dry biomass production per unit ground area per unit time. It was calculated using Equation 2 and expressed as $g m^{-2} da y^{-1}$.

$$CGR = \frac{W_2 - W_1}{t_2 - t_1} gm^{-2} day^{-1}$$
(2)

where, W_1 is the dry weight of the plant (g m⁻²) at time t₁; W_2 is the dry weight of the plant (g m⁻²) at time t₂; (t₁-t₂), the time interval in days; the dry biomass was measured at the vegetative, flowering, and at pod-formation stages of the crop. The net assimilation rate (NAR g m⁻² day⁻¹) was worked out from the ratio of and LAI using Equation 3:

$$NAR = \frac{CGR}{LAI}gm^{-2}day^{-1}$$
(3)

After lentil attained physiological maturity, grain yield was determined by hand-harvesting on the whole-plot basis from each plot, and the yield data were normalized to 14% seed moisture content.

Canopy temperature (°C) was measured at 11:30 h with the help of an infrared thermometer.

The same was used in calculating the SDD index using Equation 4:

$$SDDI = T_c - T_a^{\circ}C \tag{4}$$

where $T_c = canopy$ temperature at midday and $T_a = air$ temperature at mid day.

A line quantum sensor was placed across the row 25 cm above the crop canopy to measure the incident radiation. The instrument was lowered down the canopy horizontally and placed above the soil surface to measure the radiation at the bottom. The reflected PAR was measured from the same position by simply inverting the sensor. The PAR use efficiency (PARUE) was estimated using Equation 5:

$$PARUE\left[gMJ^{-1}\right] = \frac{Drymatteraccumulation (gm^{-2})}{AccumulatedabsorbedPAR (MJm^{-2})}$$
(5)

where accumulated absorbed PAR (APAR) was estimated using Equation 5.1.

$$APAR = [PAR(o) + RPAR(s)] - [TPAR + RPAR(c)]$$
(5.1)

where PAR (o) = the portion of the incident PAR above the canopy.

RPAR (s) = reflected PAR from the surface under the lentil canopy (reflected PAR value at the bottom level of crop.

TPAR = transmitted portion of the PAR through the canopy to the soil surface (Incident PAR value at the bottom of the crop).

RPAR(c) = reflected PAR from the crop (reflected PAR value at the uppermost layer of the crop canopy).

Measurement of Soil Moisture

Soil moisture measurement was carried out gravimetrically. Moisture was recorded from three depths, viz., 0–15, 15–30, and 30–45 cm. All the samples were dried in an oven at 105°C for 24–48 h, so that the moisture present in the soil samples may be lost. Thereafter, all dried soil samples again were weighed on an

TABLE 2 Phenological-stage wise mean rainfall, and maximum and minimum temperature during the study period.

Parameter	Year	Sowing time	Germination	Flowering	Pod initiation	Maturity
Rainfall (mm)	2018–2019	Normal	0	21.4	0	0
		Late	5.2	13.6	0.6	51
	2019-2020	Normal	0	15.4	0	0
		Late	0	0	0	0.3
Tmax (°C)	2018-2019	Normal	29.6	26.4	24.7	25.9
		Late	25.7	24.3	26.5	29.4
	2019–2020	Normal	30.1	25.5	23.1	26.4
		Late	27	22.4	24	29.8
Tmin (°C)	2018-2019	Normal	17.7	13.6	9.2	10.7
		Late	10.5	9.6	11.9	11.5
	2019–2020	Normal	18.1	13.6	11.5	12.8
		Late	15.4	11	11.1	16.7

electrical balance, and the readings were noted. Actual moisture content in each soil sample was calculated using Equation 6.

Soil moisture (%) =
$$\frac{Fresh \text{ weight of soil } (g) - Dry \text{ weight of soil } (g)}{Dry \text{ weight of soil } (g)} \times 100 \quad (6)$$

From percent soil moisture, soil moisture on a depth basis was estimated using Equation 7.

Soil moisture (cm) = Soil moisture content (%)
$$\times$$
 A_i \times D (7)

where A_i = apparent specific gravity of soil (or bulk density of soil, dimensionless) and D = depth of soil (cm).

The profile water contribution (ΔS) from soil at various depths was computed from moisture content of the soil. It was determined from the difference in soil moisture content at sowing, and harvesting of lentil and was estimated using Equation (8).

$$\Delta S = \sum_{i=10}^{60} \frac{M_s - M_h}{100} \times A_i \times D_i \tag{8}$$

where ΔS -profile water contribution (mm); M_s -moisture content of the soil at sowing (%); M_h -moisture content of the soil at harvest (%); A_i -apparent specific gravity of soil of ith profile (orbulk density of soil, dimensionless) and Di-depth of soil (mm) of the ith profile.

Statistical Analysis

Statistical analysis of the data was performed applying the analysis of variance (ANOVA) technique of split-plot design (Gomez and Gomez, 1984). When the data were similar during both years, pooled analysis was carried out and presented. presented.ANOVA was conducted, and least significant values were calculated ($p \le 0.05$). Tukey's *post-hoc* test was applied to compare differences between the mean values.

RESULTS

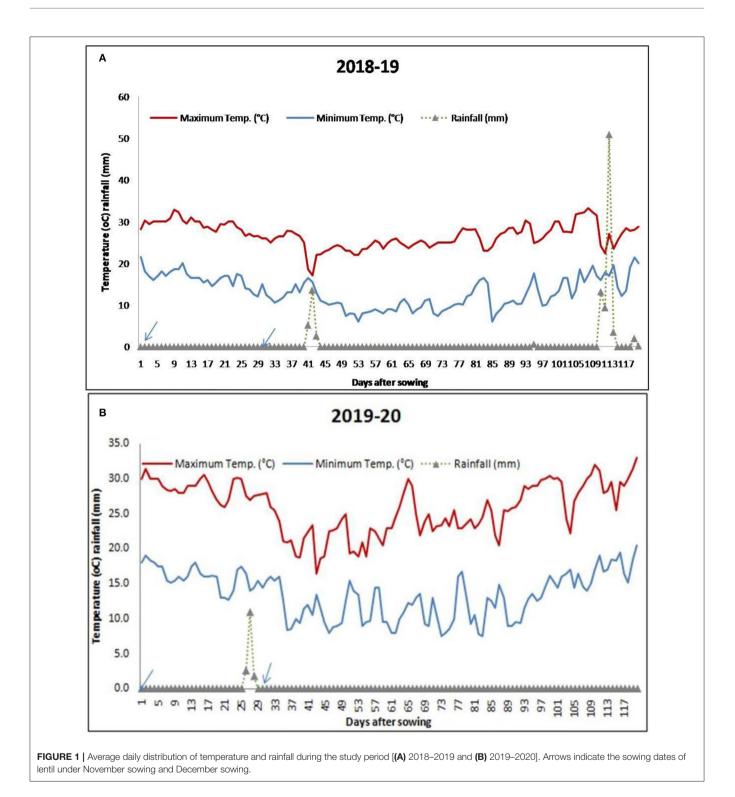
Temperature and Rainfall Prevailed During Lentil Growth

Daily distribution of rainfall and temperature (max and min) varied during the growth of lentil for the two consecutive years (**Figures 1A,B**) under different sowing dates. The range of temperatures at the time of flowering to pod formation (55–75 days) of lentil during 2018–2019 and 2019–2020 seasons were 6–28.4 and 9–32.2°C for the November-sown and 7.8–30 and 8.9–32°C for the December sown crops. **Figure 1** shows that the crop received 16.2 cm of rainfall at vegetative to the flowering period (35–70 DAS) in the 2018–2019 season. However, the crop grown in the year 2019–2020 did not receive any rainfall during its vegetative phase.

Effect of Different Date of Sowing and Foliar Spray of Micronutrients on Soil Moisture Distribution

Temporal soil moisture distribution indicated a decreasing trend from sowing to harvesting (Figures 2A,B) at each depth in different tillage systems for two consecutive years. During sowing, the moisture content varied between 28 and 38% in the November sowing, and 30 and 38% in the December sowing across the depth (0-45 cm). It started depleting throughout the crop season. The foliar spray of micronutrients did not show any significant result across the treatments. However, the foliar spray of FS_{B+FE} and FS_{B+FE+ZN} reported slightly more soil moisture availability than the control in the later stages. In the year 2018-2019, the soil moisture content ranged from 35 to 37, 25 to 29, 20 to 24, 18 to 22, and 15 to 18% for sowing to vegetative (S-V), vegetative to flowering (V-F), flowering to pod development (F-P), pod development to maturity (P-M), and maturity to harvest (M-H) periods, respectively, for the November sown crop.

The December sown crop was available with less soil moisture throughout the season when compared with the November sown one. It ranged from 30 to 33, 22 to 25, 16 to 19, 13 to 17, and 11 to 15% for the S–V, V–F, F–P, P–M, and maturity to harvest



(M–H) periods. In the year 2019–2020, throughout the root zone (0–45 cm), the soil moisture content ranged from 33 to 36, 25 to 31, 18 to 25, 17 to 20, and 15 to 18% during the S–V, V–F, F–P, P–M, and M–H periods, respectively, for the November sown crop. Similarly, for the December sown crop, the soil moisture content varied from 30 to 32, 25 to 28, 25 to 28, 19 to 22, and 13 to

15% during S–V, V–F, F–P, P–M, and M–H periods, respectively. The change in soil moisture for both years also supports the data (**Figure 3**) December sown crop experienced a drastic reduction in the soil moisture content when compared to the November sown one, except for the initial soil moisture since the crop received a fair amount of rain (15.4 mm) just before its sowing.

0.43

0.41 Soil Moisture (%) 0.39 0.37 0.35 0.33 0.31

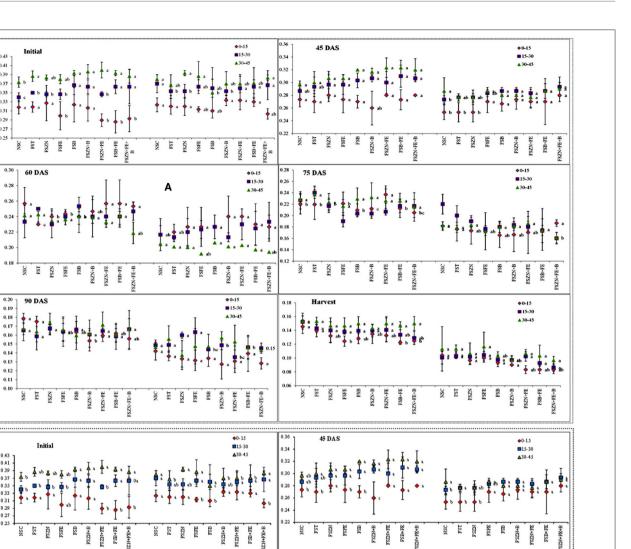
0.29 0.25

(%)

Soil Moisture

Soil Moisture (%)

Soil Moisture (%)



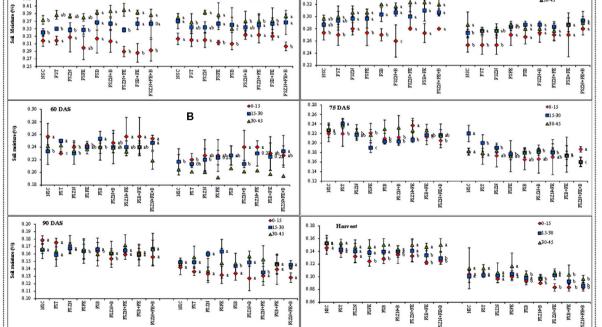


FIGURE 2 | (A) Soil moisture content at different growth periods under different dates of sowing and foliar spray (data of 2018–2019 crop season) (error bars represent the standard error of mean, and different letters indicate significant differences between means); and (B) soil moisture content at different growth periods under different dates of sowing and foliar spray (data of 2019–2020 crop season) (error bars represent the standard error of mean, and different letters indicate significant differences between means). Treatments details are available in Table 1.

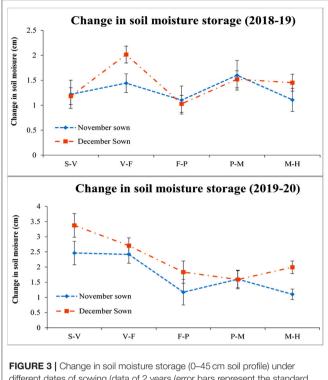


FIGURE 3 Change in soil moisture storage (0–45 cm soil profile) under different dates of sowing (data of 2 years (error bars represent the standard error of mean). S–V, sowing to vegetative; V–F, vegetative to flowering; F–P, flowering to pod development; P–M, pod development to maturity; and M–H, maturity to harvest.

Effect of Dates of Sowing and Foliar Spray of Micronutrients on Physiological and Growth Traits of Lentil

An increasing trend in LAI, CGR, and NAR from the early growing season was observed under both the dates of sowing in both the years. However, in the latter stages of the year 2018–2019, LAI and CGR decreased in the second date of sowing (**Figure 4A**). During the year 2018–2019, we observed heavy leaf fall in the later stages of the crop in the second sowing due to heavy wind prevalence during that period, thus decreasing the leaf area and crop growth rate.

LAI almost remained the same during the later stages, and CGR showed a decreasing trend (**Figure 4B**). Maximum LAI of 2.12 was observed for November and 1.97 was observed for December sown crops, respectively. Moisture stress (higher depletion rate) during pod development and maturity stages (**Figure 2**) reduced the LAI and CGR (**Figures 4A,B**). We observed only some significant changes in LAI with the foliar spray treatments and an increase in dry matter. The pooled data over 2 years of CGR, NAR, and biomass are presented in **Table 3**.

Effect of Dates of Sowing and Foliar Spray of Micronutrients on Thermal Indices and Phenology

The temperature in this region normally begins to rise from the end of February, reaches its maximum in May, and starts to decline from mid October, reaching a minimum of about 10° C by January. The variation in daily maximum and minimum temperature for 2 years during the crop season is given in **Figure 1**. During the first crop growing season, the total GDD accumulated was 1,676°C days for November sown crop and 1,514.9°C days for the December sown crop. The trend remained the same for the second crop season too. Mean GDD from sowing to emergence (S–E), germination to flower initiation (G–F), flower initiation to pod initiation (F–PI), pod initiation to maturity (PI–M), and total GDD accumulated for both the years are given in **Figure 5**.

Mean air temperature was higher for the December sown crop than the November sown one, which accelerated the phenological development of the later sown crop, especially during the flower initiation stage and early pod development stage. As lentil is an indeterminate crop, it keeps on producing flower as far as the source-sink relationship is maintained. SDD index is another thermal index that is largely used to estimate crop stress. Canopy temperature measurement is necessary to understand the plant-water status in a particular phenophase of a crop. The canopy temperature recorded at different stages of the crop is given in **Table 4**.

The normal sown crop recorded less canopy temperature when compared with the late sown crop. A variation of 3-5°C was observed at various growth stages. The increase in canopy temperature brought the crop under stress, as a result of which the late sown crop finished its life cycle almost 11 days earlier than the normal sown crop. However, this reduction in phenophase has a negative effect on crop yield and quality. The SDD index at various stages are presented in Figure 6. Lentil sown late recorded positive values at the later stage of crop growth (Figures 6A,B), indicating soil-moisture stress during this period. We have also observed low soil moisture as well as soil moisture storage at this stage (Figures 2, 3). The amount of intercepted PAR differed among sowing dates as well as treatments. The PARUE (g/MJ) among the treatments are given in Figures 7A,B.

Marked differences were found in the amount of PAR intercepted between treatments up to the final harvest. In the year 2018-2019, PARUE ranged from 0.15 to 0.47 g/MJ in the November sown crop and 0.15– 0.43 g/MJ in the December sown crop (Figure 7A). In the year 2019–2020, PARUE varied from 0.15 to 0.47 g/MJ under November sown conditions and 0.15-0.41 g/MJ under December sown conditions (Figure 7B). There was a marked difference in the PARUE of the treatments. The foliar spray had a positive influence on the crop growth and crop canopy; and hence, the radiation absorption was also better. We observed an improvement of 14-18% more PARUE in crops that received foliar spray of FS_{B+FE} and FS_{ZN+FE+B} when compared with control during both the years at the reproductive stage. We also found that APAR was strongly and positively correlated with LAI at the reproductive stage of the crop in both years (Figure 8), clearly indicating a better canopy cover intercepts and absorbs more radiation.

The duration of the lentil crop was drastically reduced with a delay in sowing from November to December (**Table 5**).

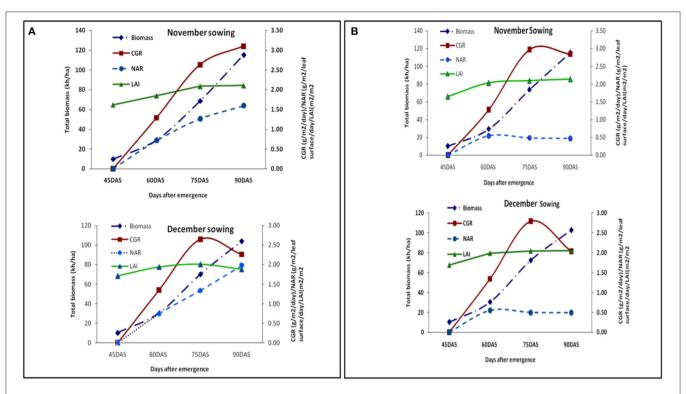


FIGURE 4 | (A) Growth parameters at different growth periods under different dates of sowing (data of 2018–2019 crop seasons); (B) growth parameters at different growth periods under different dates of sowing (data of 2019–2020 crop seasons).

TABLE 3 Growth parameters of lentil influenced by date of sowing and foliar spray of micronutrients (pooled data of 2 years).

Treatment	Net assimilation rate (g m ⁻² day ⁻¹)	Total dry matter (g/m²)	Crop growth rate (g m ⁻² day ⁻¹)	LAI
November sowing	1.03 ± 0.05a	115.3 ± 0.91a	$3.05 \pm 0.08a$	$2.12 \pm 0.04a$
December Sowing	$0.83\pm0.09b$	$103.3\pm2.35b$	$2.16 \pm 0.16b$	$1.97\pm0.02b$
NS _C	$0.92\pm0.05b$	$104.1 \pm 1.02c$	$2.50\pm0.09 \text{cd}$	$1.96\pm0.02b$
FS _T	$0.99\pm0.05 \mathrm{ab}$	$104.9\pm0.62c$	$2.62\pm0.07\mathrm{c}$	$1.97 \pm 0.02 b$
FS _{ZN}	$0.89\pm0.02b$	$107.8 \pm 1.42 bc$	$2.44\pm0.05d$	$1.98 \pm 0.02b$
FS _{FE}	$0.90 \pm 0.10 b$	$110.6 \pm 3.31 b$	$2.54\pm0.05cd$	$2.03\pm0.03b$
FS _B	$0.93 \pm 0.15b$	$109.9 \pm 3.35b$	$2.56\pm0.19 \text{cd}$	$2.03\pm0.02b$
FS _{ZN+B}	$0.91\pm0.04b$	$111.8 \pm 0.70 b$	$2.63\pm0.25\mathrm{c}$	2.10 ± 0.07 ab
FS _{ZN+FE}	$0.97 \pm 0.06 ab$	$111.8 \pm 1.54 b$	$2.73\pm0.06b$	$2.06\pm0.04b$
FS _{B+FE}	$1.08 \pm 0.06a$	$113.3 \pm 1.23 ab$	$3.05 \pm 0.11a$	$2.12 \pm 0.06a$
FS _{ZN+FE+B}	$0.90 \pm 0.09b$	119.5 ± 1.27a	2.38 ± 0.12 cd	$2.16 \pm 0.02a$

Values are means ±SEM. (n =3). Different letters indicate significant differences between means. Treatments details are available in Table 1.

On average, the lentil sown on the first week of November took 113.5 days from sowing to maturity. However, the crop sown on the first week of December completed its life cycle in 102 days. Mean days for the crop sown on the normal date of sowing from sowing to emergence (E), Germination to flowering initiation (FI), Flowering to pod initiation (PI), and maturity (M) were 7.1, 45.8, 17.2, 45.3, and 113.5. On the other hand, the delayed date of sowing finished the stages of growth in 8.1, 39.1, 19.1, 35.9, and 102.1 days, respectively.

Yield of Lentil Is Influenced by Date of Sowing and Foliar Spray of Micronutrients

With a maximum duration of the growth period, less soil moisture and temperature stress for the November sown crop led to higher grain yield (**Figure 9**). On an average, 1,309 and 1,347 kg ha⁻¹ yields were obtained from the November sown crop, which were almost 33% more than those from the December sown crop. Among the micronutrient foliar spray treatments, FS_{B+FE} resulted in the highest yield in both the years (1,436 and 1,439 kg ha⁻¹).

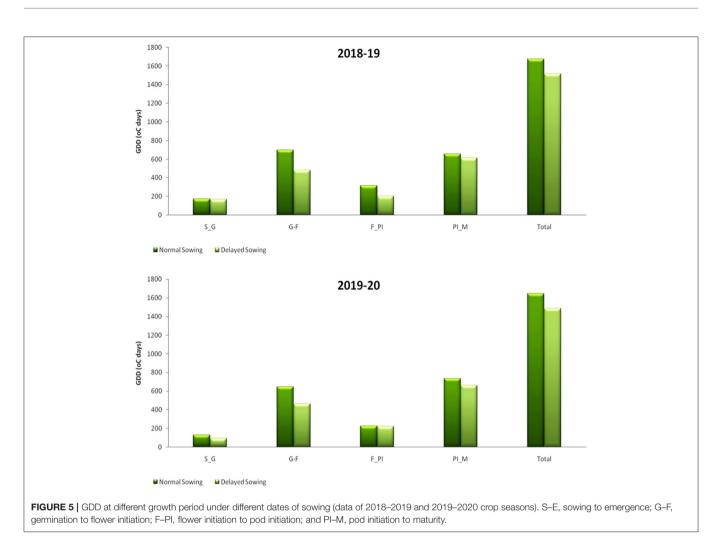


TABLE 4 | Canopy temperature of lentil influenced by date of sowing and foliar spray of micronutrients (pooled data of 2 years).

Treatment	Vegetative	Flowering	Podding	Maturity
November sowing	$22.8 \pm 0.18 b$	$24.4 \pm 0.10 b$	25.8 ± 0.44 b	$28.5\pm0.07\text{b}$
December sowing	$24.4 \pm 0.22a$	$28.4 \pm 0.24a$	$30.0 \pm 0.24 b$	$32.1 \pm 0.26a$
NS _C	$23.5 \pm 0.12a$	$26.7 \pm 0.05a$	$28.3 \pm 0.10a$	$30.8 \pm 0.05 a$
FS _T	$23.6 \pm 0.23a$	$26.4 \pm 0.15a$	$28.1 \pm 0.27a$	$30.6 \pm 0.06 a$
FS _{ZN}	23.6 ± 0.15a	$26.6 \pm 0.16a$	27.7 ± 0.31a	$30.4 \pm 0.47 a$
FS _{FE}	$23.6 \pm 0.22a$	$26.5 \pm 0.18a$	$27.8 \pm 0.27a$	$30.4 \pm 0.28a$
FS _B	$23.6 \pm 0.29a$	$26.5 \pm 0.30a$	$27.9 \pm 0.48a$	$30.3 \pm 0.11 {\rm ab}$
FS _{ZN+B}	$23.6 \pm 0.20a$	$26.2 \pm 0.25b$	$27.9 \pm 0.39a$	$30.2\pm0.05b$
FS _{ZN+FE}	$23.5 \pm 0.25a$	$26.3 \pm 0.18 b$	$28.2 \pm 0.58a$	$30.0\pm0.09 \mathrm{b}$
FS _{B+FE}	$23.5 \pm 0.21a$	$26.2 \pm 0.15b$	27.7 ± 0.44a	$29.8\pm0.16b$
FS _{ZN+FE+B}	$23.5 \pm 0.12a$	$26.2 \pm 0.12b$	$27.5 \pm 0.20a$	$29.9\pm0.22b$

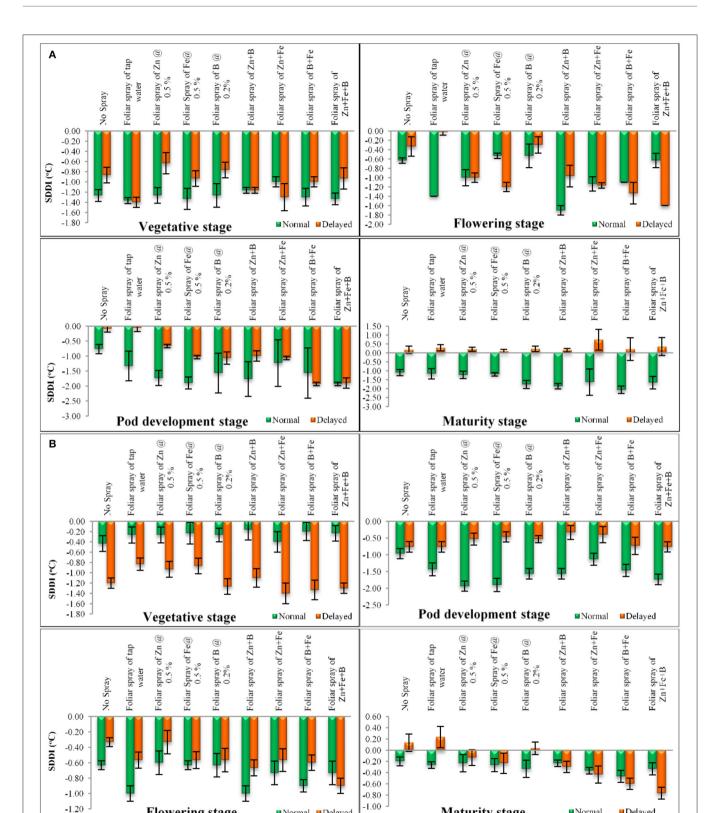
Values are means \pm SEM (n = 3). Different letters indicate significant differences between means. Treatments details are available in **Table 1**.

DISCUSSION

Moisture Availability and Storage

According to Yadav et al. (2007), lentil needs low temperatures at the time of vegetative growth, while maturity requires warm temperatures; the best temperature for its optimum growth has been found to be $30/18^{\circ}$ C (max/min), and above $32/20^{\circ}$ C

(max/min) during flowering and pod filling in lentil can drastically reduce seed yield and quality (Sita et al., 2018). The experiments revealed that the cooling periods were shorter, and that the heat periods were becoming longer under late sowing, further resulting in exposure of cool-season crops to heat stress and moisture stress, particularly in the reproductive stage. From **Table 2**, it is clear that during the reproductive stage (pod



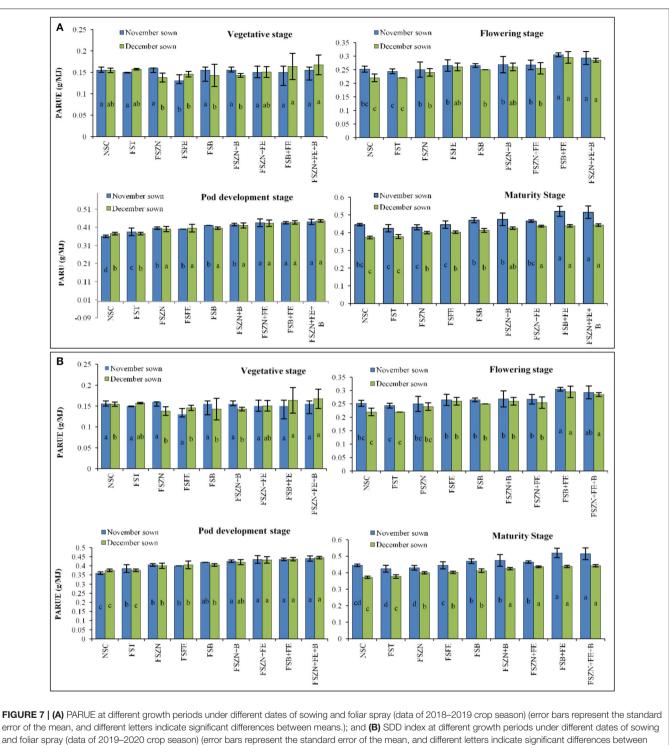
Maturity stage

■Normal ■Delayed

Flowering stage

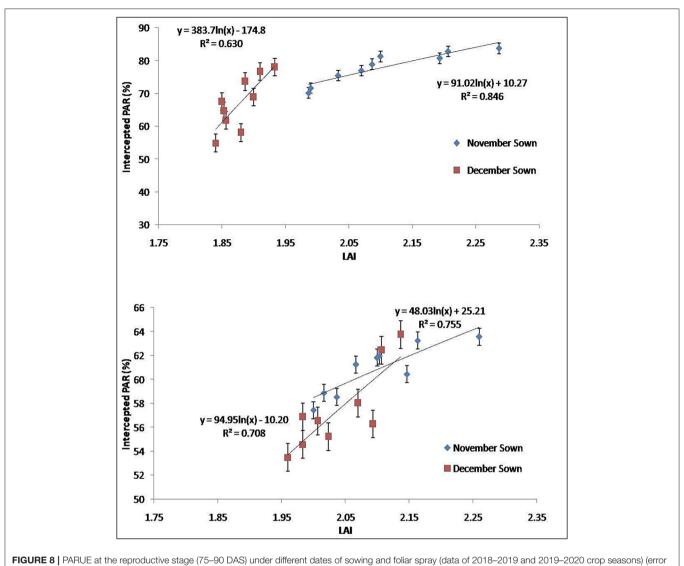
Normal

Delayed



means). Treatments details are available in **Table 1**.

initiation to maturity), there was a difference of $2-3^{\circ}$ C between the November and December sown crops in both the years. Moreover, there was an incidence of more than 32° C (Tmax) for 3–5 consecutive days. An increase in temperature beyond $32/20^{\circ}$ C (Tmax/Tmin) is reported to severely affect the yield of the crop. This finding is in accordance with that reported earlier (Saxena, 2009; Malik et al., 2015). In both years, the crop was exposed to supra-optimal temperatures, especially when sown late. Since the crop is also raised without irrigation, along with heat stress, the crop also experienced severe moisture stress

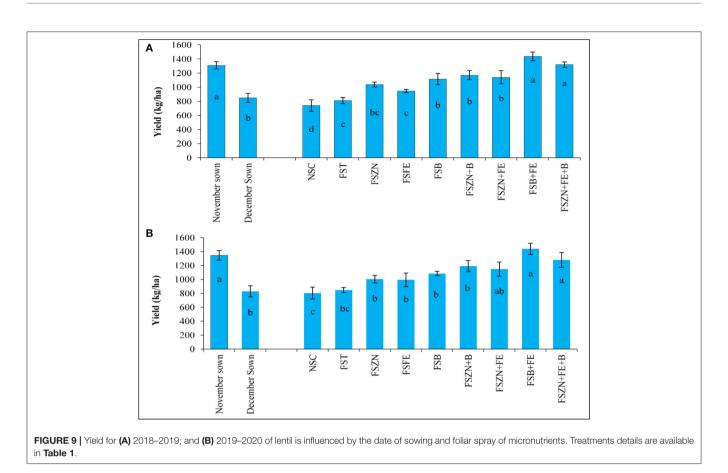


bars represent the standard error of mean).

TABLE 5 | Phenology of lentil influenced by date of sowing and foliar sprayof micronutrients (pooled data of 2 years).

Treatment	S–E	G–F	F-PI	PI-M	LC: S-M
November sowing	$7.1 \pm 0.00 b$	45.8 ± 0.62a	$17.2 \pm 0.36b$	43.3 ± 0.67a	113.5 ± 0.91a
December sowing	$8.1 \pm 0.32a$	$39.1\pm0.00b$	19.1 ± 0.55a	$35.9\pm0.57b$	$102.1 \pm 0.95 b$
NS _C	$7.8 \pm 0.00a$	$41.8 \pm 0.05a$	18.2 ± 0.57a	$38.6\pm0.57b$	$106.3 \pm 1.07a$
FS _T	$7.6 \pm 0.28a$	$42.3 \pm 0.05 a$	$17.7\pm0.78b$	$39.1\pm0.57b$	$106.8 \pm 1.05a$
FS _{ZN}	$7.4 \pm 0.28a$	$42.1 \pm 0.28a$	18.1 ± 0.76a	$39.4\pm0.50\mathrm{b}$	$107.2\pm0.85b$
FS _{FE}	$7.6 \pm 0.00 a$	$42.4 \pm 0.86a$	$17.7 \pm 0.28 b$	$39.6\pm0.28 \mathrm{ab}$	$107.3\pm0.78b$
FS _B	$7.7 \pm 0.28a$	$42.5 \pm 0.57a$	$17.8\pm0.57b$	$40.0 \pm 0.57a$	$108.0 \pm 1.00a$
FS _{ZN+B}	$7.7 \pm 0.28a$	$42.7 \pm 1.00a$	$18.3 \pm 0.28a$	$39.6\pm0.57 \text{ab}$	$108.2 \pm 1.07a$
FS _{ZN+FE}	$7.6 \pm 0.28a$	$42.8 \pm 0.86a$	$18.4 \pm 0.57a$	$39.6\pm0.78\mathrm{ab}$	$108.2 \pm 1.26a$
FS _{B+FE}	$7.5\pm0.00a$	$42.9 \pm 0.28a$	$18.5\pm0.28a$	$40.3 \pm 0.28a$	$109.3 \pm 0.78a$
FS _{ZN+FE+B}	$7.8 \pm 0.00 a$	$42.8 \pm 0.57a$	$18.5 \pm 0.00 a$	$40.6 \pm 0.29a$	$109.4 \pm 0.05a$

S-E, sowing to emergence; G-F, germination to flowering; F-PI, flowering to pod initiation; PI-M, pod initiation to maturity; LC-S-M, life cycle sowing to maturity; Values are means \pm SEM (n = 3). Different letters indicate significant differences between means. Treatments details are available in **Table 1**.



during the terminal stage, particularly when sown late. The severity increases when the crop faces both terminal heat and moisture stress together. Though late sowing of crop had lesser moisture availability, there was no significant effect of foliar spray except for FS_{B+FE} and $FS_{B+FE+ZN}$ reporting slightly more soil moisture availability than the control at the later stages probably due to a better foliage cover.

Physiological Parameters

Though the November sown crop is the appropriate time for sowing, the farmers in this region could not take up this time of sowing. Since in a larger situation a long duration rice crop (more than 150 days) is taken up, the sowing of lentil always gets delayed to the end of November or December. In agreement with the previous reports, the yield of any particular lentil variety is low when no alleviation measures are taken up. In this study, we found better growth with the application of foliar spray, especially FS_{B+FE}. An increase in foliar growth of plants leading to more LAI and CGR, resulted in establishing a better canopy coverage, reducing the soil evaporation and thus higher soil moisture. According to Saxena (2009), the presence of abundant soil moisture greatly delays the maturity of lentil. Higher initial soil moisture in the soil profile under November sown lentil crop (after the harvest of rice), resulted in water availability for a longer period. The decrease in NAR and CGR may be due to low water uptake and higher transpiration rate under stress conditions (Talukdar, 2013). The rate of CGR to LAI indicates the NAR of the crop. An increasing or decreasing trend in LAI might promote the mutual shading of the leaves. Whenever the shading increases, it leads to a decrease in the average NAR of the leaves of lentil with an increase in the growth period (Sinclair and Muchow, 1999). The LAI of the crop gradually increased until early pod development, after which it started declining in the late sown crop because of a reduction in phenology due to stress. However, the normal sown crop maintained it until maturity. It was pointed out by Chaturvedi et al. (1980) that dropping of lower leaves did not contribute to photosynthesis but retained respiratory activity. Lower NAR at the later stages might have resulted in a lower photosynthetic rate. However, the respiratory activity would have remained high, leading to plant stress. In cluster bean, similar effects of soil moisture stress on NAR have been observed (Vyas et al., 2001).

Thermal Indices and Phenology

Changes in maximum and minimum temperatures reduce the duration of different phenological stages and adversely affect growth processes in crops (Parya et al., 2010). Any temperature change will bring a change in canopy temperature, which will affect the growth and development of a crop. Higher canopy temperature and SDD index negatively affect dry matter production and yield (Chakravarti et al., 2010). An increase in canopy temperature results in an increased rate of transpiration as diffusive resistance gets increased (Baligar et al., 2012). The interesting finding during this experiment

was that in the late sown crop, the treatment with foliar spray of $FS_{ZN+FE},\,FS_{B+FE}$ and $FS_{ZN+FE+B}$ recorded a negative SDD index value at this stage. This results from prominence the fact that micronutrients like zinc, iron, and born can ameliorate the increase in temperature to a better extent. Solar radiation is important for efficient photosynthesis. The absorption of photosynthetically active radiation depends on the canopy and duration of the crop. The higher interception of PAR in November sowing over December sowing was due to the longer duration. The November sown crop also has a higher canopy cover, which is clear from its LAI. Similar results were reported in lentil (Azam et al., 2002) and chickpea (Hussain et al., 1998). Improved PARUE is a clear indication of a high photosynthetic rate. All these factors might have led to improved productivity in crops that were sprayed with a foliar application of micronutrients.

The phenology of the crop reduced when the sowing was delayed. As the temperature started increasing and the crop started experiencing moisture and heat stress, the life cycle of the crop started reducing. A reduction in time to 50% flowering and maturity for the December sown lentil (cv. LG 308) was observed by Singh et al. (2005) and Sen et al. (2016). Though the differences between the stages are not standardized, the study found that G–F and PI–M influenced the life cycle of the lentil crop as a whole. The emergence of lentil seedlings was faster (7 days) in normally sown plots than in later sown dates, i.e., delayed (8 days), which may be due to better residual soil moisturization.

Yield of Lentil

We could observe from the SDD index and canopy temperature results that the crop experienced stress during the later stage of growth (reproductive stage). It has been reported that the reproductive stage is more sensitive to moisture and heat stress. The reproductive stage of growth is more sensitive to drought than the vegetative stage, resulting in poor seed set and, hence, affecting the yield (Pushpavalli et al., 2014). We could, however, observe that when the crop is sown late, the application of foliar nutrients can help in ameliorating the adverse effect of heat and moisture stress and help in reducing the stress, thereby improving the yield (Roy et al., 2009). Since lentil was raised as a rain-fed crop, the change in soil moisture storage has a big role to play. The increase in temperature along with the soil moisture stress has resulted in differences in the length of the growth period and, hence, the yield of the crop is drastically affected (Tiwari and Vyas, 1994). Change in higher soil moisture storage in the November sown crop compared with the December sown crop from sowing to harvesting resulted in less residual soil moisture evaporation or less transpiration. Apart from that, foliar spray of micronutrients, especially FS_{B+FE} and FS_{ZN+FE+B} resulted in ameliorating the effect of both heat and moisture stress to an enhanced extent. This result is in close agreement with Tuti et al. (2012) and Visha Kumari et al. (2019) in humid tropical and sub-tropical climates. Early sowing has an advantage in enabling the long flowering to pod filling period (70-100 DAS) that may influence fruit setting and yield. Foliar spray, though not very evident, has some effect on keeping the crop to flower more as lentil is an indeterminate crop.

CONCLUSIONS

The effect of sowing date and application of foliar spray of micronutrients implies an improvement in crop yield of lentil crop in Eastern India. This study found that the soil moisture storage experienced a continual reduction from sowing (relatively high storage) to harvest (much-reduced storage). However, it is highly influenced by the date of sowing and foliar spray (to some extent). Rapid depletion of soil moisture, along with an increase in air temperature in delayed sowing, increased soil moisture and plant heat stress, especially during the reproductive phase of the crop. The LAI, CGR, and NAR could be considered as important indices for the better expression of plant water stress. Canopy temperature, SDD index, phenology, and PARUE could be better indicators for heat stress. This study has concluded that appropriate time of sowing, along with foliar spray of micronutrients, could result in higher yield. Under delayed sowing conditions, foliar spray of boron at the rate of .2% and iron at the rate of .5% would help in reducing stress and could help farmers in sustaining better yield, especially during the rice-lentil cropping system.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding author/s.

AUTHOR CONTRIBUTIONS

VV, RN, and KS: conceptualization, validation, and investigation. VV and RN: methodology. VV: software and visualization. VV, AN, SB, and MC: formal analysis. RN and KS: resources and supervision. VV and AH: data curation. VV, RN, KS, AN, SB, and MC: writing—original draft preparation. ED, AA, MH, and AH: writing—review and editing and funding acquisition. RN: project administration. All authors have read and agreed to the published version of the manuscript.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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