



High Sensitivity and Label-Free Detection of the SARS-CoV-2 S1 Protein Using a Terahertz Meta-Biosensor

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High sensitivity and quantitative detection of the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) spike protein (S protein) is of great significance for the diagnosis and treatment of coronaviruses. Here, we utilized terahertz time-domain spectroscopy (THz-TDS) integrated with a metamaterial (MM)-based biosensor and biological modification technology to demonstrate a high accuracy and label-free detection of the SARS-CoV-2 S1 protein by comparing the changes of the dielectric environment before and after binding the S1 protein. To confirm the sensing characteristics observed in the experiments and provide a further insight into the sensing mechanisms, we performed numerical simulations through varying the thickness, quantity, position, and refractive index of analyte aggregates. The sensitivity increases with the increase of the number of gaps and the amount of analyte near the gaps, which convincingly proves that the frequency shift and sensing performance are strongly influenced by the field enhancement and near-field coupling at the gap area.

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INTRODUCTION

Spike protein is a kind of structural protein with spines on the surface of coronaviruses, which is also known as S protein and contains information on the pathogenic mechanism, source, treatment method, and pathogenicity of the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) [1]. The S protein is composed of two subunits, the amino-terminal (N-terminal) S1 subunit (spherical) and the carboxy-terminal (C-terminal) S2 subunit (rod-shaped). In particular, the S1 protein plays an important role in the process of specific recognition and binding to the host cell surface receptor [2–5]. Therefore, it is of great significance to detect the trace SARS-CoV-2 S1 protein for the diagnosis and treatment of coronaviruses.

At present, great advancements have been made to achieve the diagnosis of SARS-CoV-2, including reverse transcription-polymerase chain reaction (RT-PCR) and the antibody detection method [6–11]. Based on the known RNA sequence of the virus, the RT-PCR technique can be used to convert the viral RNA in the nasal or the throat into DNA, and the DNA concentration will be subsequently amplified and detectable. This method has a high accuracy but it is time-consuming, which usually takes 5 h to obtain the results. Lateral flow immunoassay (LFIA), which uses test strips to detect viral antigens or IgM antibodies in the patient's blood, shortens the test time to about 20 min, but the accuracy and sensitivity are very low, and the false positive rate is relatively high. Thus, it is highly desired to develop innovative high sensitivity and specific

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TABLE 1 Geometric parameters of the unit cell.								
R	r	w	g (µm)	t ₁ t ₂		θ	P (µm)	
20 µm	17 µm	3 µm	2	0.2 µm	1,000 µm	120°	50	

diagnostic techniques for the SARS-CoV-2 S1 protein in both qualitative and quantitative manner that are easily accessible and low-cost.

As a developing spectroscopic technique bridging the gap between microwave and infrared spectroscopies, terahertz time-domain spectroscopy (THz-TDS) based on the coherent detection technology has been rapidly developed and consequently applied to biomolecular detection due to a high signal-to-noise ratio (SNR), low photon energy of THz radiation, and a broad bandwidth [12, 13]. More recently, combined with metamaterial (MM)-based THz biosensors with subwavelength artificial structures, the sensitivity of typical THz-TDS detection





FIGURE 3 (**A**) Transmission spectra of the TSR resonator under different refractive indices. (**B**) Frequency shift (Δf) as a function of refractive index for dip 1 and dip 2. (**C**) Transmission spectra of the TSR resonator under various overlayer thicknesses. The inset is the schematic diagram of the layered analyte coating on the surface of a meta-biosensor. (**D**) Frequency shift (Δf) as a function of thickness for dip 1 and dip 2.

has been further improved and used for label-free biological detection because the localized electromagnetic field excited by surface plasmonic resonance is extremely sensitive to the surrounding dielectric environment [14-16]. At the same time, this technology has the advantages of low cost, less consumption, real-time, non-destructive detection, and so on. In 2008, O'Hara et al. [17] analyzed the sensing capability of a THz metamaterial with a double split ring structure fabricated on a silicon substrate. Tao et al. [18, 19] reported that the sensitivity of the THz biosensor can be significantly enhanced by fabricating THz MM on some thin and low-permittivity substrates to reduce the insertion loss and the induced capacitance. Furthermore, in 2013, Wu et al. [20] achieved a label-free, alkanethiol-functionalized, and a specific THz MM sensor for streptavidin-agarose (SA) by using the biological combination of biotin and streptavidin, and detected different concentrations of streptavidin using different redshifts of resonance frequency. Lately, various functionalized THz MM chips based on periodic hole arrays, metamaterials, absorbers, Fano resonances, and 2D materials have been employed for high-sensitivity sensing and accurate discrimination in biomedical detection of proteins [21], cancer

cells [22], DNA mutations [23], viruses [24], and microorganisms [25]. For example, Yoon et al. [26] demonstrated highly sensitive identification of viruses by comparing their dielectric permittivity. Ahmadivand et al. [27] designed a toroidal THz MM to detect SARS-CoV-2 S proteins at a low level. However, the proposed sensors do not exhibit the specific selectivity or the wide applicability due to an overlayer analyte forming by directly dropping or the complex experimental process.

In this work, we integrated THz-TDS, THz metamaterials, and biological modification technology to demonstrate a THz MM biosensor with a three-split ring (TSR) resonator for high accuracy SARS-CoV-2 S1 protein detection. Based on numerical simulations, we find that the three splits are crucial to the sensitivity enhancement of the proposed MM sensor due to the field localization and the near-field coupling between two terminals. In experiments, the resonance frequency shift and FWHM variation are almost proportional to the concentration of the S1 protein solution, and the limit of detection (LOD) is less than 5 ng. Consequently, a high sensitivity and label-free detection of S1 protein is achieved.

MATERIALS AND METHODS

Sample Preparation

The SARS-CoV-2 S1 protein solution was purchased from Nanjing Mingyan Biotechnology Co. China. For biological modification, the purchased S1 protein solution was diluted with phosphate buffer saline (PBS) to various concentrations from 1 to 30 µg/ml. According to the ratio of 1-(3-dimethylaminopropyl)-3-ethylcarbodiimide hydrochloride ($C_8H_{17}N_3$, EDC) and sulfo-N-hydroxysuccinimide ($C_4H_5NO_6S$, NHS) with 3:1, the EDC and NHS solutions were diluted with 18.2 M Ω ultrapure water to 22.5 mg/ml and 7.5 mg/ml, respectively. The ultrapure water was also used to dilute the 3-mercaptopropionic acid (MPA) solution to 5 mmol/L.

Biosensor Design and Simulation

A three-split ring (TSR) resonator, as illustrated in **Figure 1A**, was designed to realize the high-sensitivity THz sensor due to its more excellent sensing characteristics than SR resonators with single or double splits [23, 28]. The geometric parameters of the sensor are listed in **Table 1**. The structure was fabricated by conventional photolithography and metallization processing. A 200-nm-thick Au film was deposited on a 1-mm-thick silicon (Si) substrate. Although the sensitivity of the proposed TSR metamaterial on a silicon substrate is lower than that of thin-or low-permittivity substrates, its fabrication process and biological modification are simpler and of large area and low cost, which enables systematic and highly reproducible studies of their resonant properties. Finally, a lift-off process was performed to form the designed metamaterial. **Figure 1B** displays the microscopic image of a set of fabricated TSR unit cells.

To verify the experimental observation and gain an insight into the sensing mechanisms, we carry out finite element analysis (FEA) simulations using the CST Microwave Studio. The silicon substrate was set as a lossy-free material with dielectric permittivity $\varepsilon = 11.9$, the Au film was modeled as a perfect electric conductor with the conductivity of 4.56×10^7 S/m. The input THz pulse, polarized along the *x* axis, was at normal incidence to the metal surface of the sample, as shown in **Figure 1A**.

Process for Biological Modification

The specific modification process is shown in **Figure 1C**. Briefly, the MM sensor was immersed in the MPA solution to form Au–S bonds at room temperature (22°C) for about 24 h. Then, in order to enhance the activity of the carboxyl group on MPA, the mixed solution of EDC and NHS was dropped on the surface of the proposed MM sensor at room temperature (22°C) for 30 min. Finally, the S1 protein solution was incubated on the proposed MM for 30 min. Before the test, the MM sensor was rinsed three times with the PBS solution and purged with nitrogen gas.

Terahertz Time-Domain Spectroscopy Measurements and Data Analysis

As shown in **Figure 2A**, a homemade THz-TDS system was used to characterize samples, which composes of a femtosecond (fs) pulse laser, a pair of photoconductive antennas, time-delay line,



etc. An 800 nm, 100 fs, 82 MHz mode-locked Ti: sapphire laser is divided into probe and pump beams by a cubic beam splitter (CBS). The pump beam passing through a chopper and the time delay line is incident on a dipole antenna (THz emitter) to generate the terahertz pulse, which is collimated by a high-resistivity Si lens and a parabolic mirror. The probe light is focused on the THz receiver, and the instantaneous THz electric field is amplified and recorded by a lock-in amplifier. The entire system is located in an airtight enclosure to avoid water vapor absorption on the THz path. In measurements, the THz wave is normally incident to the designed MM biosensor, and the polarization direction of the THz electric field is parallel to the upper opening gap on the proposed MM, as shown in **Figure 2B**. All tests were performed at room temperature of 22°C and humidity below 5%.

The blank silicon wafer and the MM chips with or without samples were measured as the reference and sample signals of $E_{ref}(t)$ and $E_{sam}(t)$, respectively. Then, the corresponding amplitude spectra were obtained by fast Fourier transform (FFT) and denoted as $E_{ref}(\omega)$ and $E_{sam}(\omega)$. Finally, the amplitude transmission spectra are defined as $t(\omega) = E_{sam}(\omega)/$ $E_{ref}(\omega)$. For specific comparison, the THz pulses transmitted through the MM chips before and after the combination of S1 protein were measured, as shown in **Figure 2C**.

Evaluation Indicators for a Designed Biosensor

Sensitivity (*S*) and figure of merit (FOM) are usually used to describe the sensing performance of MM biosensors, which can be described as $S = \Delta f / \Delta n$ and FOM = $S / \Delta v$, respectively, where Δf is the redshift of the central frequency, Δn is the change of the refractive index of the analyte, and Δv is the full width at half maximum (FWHM) of the resonance dip. The sensitivity is used to represent the frequency shift of the resonance peak (or dip), which is of great significance to describe the distinguishing ability



shift and the refractive index.

TABLE 2 | Summary of sensitivity and FOM for the simulated LC and dipole resonances.

	S (GHz/RIU)	FOM		
	dip 1	dip 2	dip 1	dip 2
Layer analyte	48.9 (C3, C4, and C5)	73.2	0.543	0.191
1	32.4 (C3 and C5)	30.0	0.360	0.078
11	25.7 (C ₃)	23.3	0.286	0.061
Ш	6.7 (C5)	5.5	0.074	0.014
IV	0.7 (C5)	1.3	0.008	0.003

of the analytes with various refractive indices. The FOM takes into account both sensitivity and FWHM, which is used to characterize the performance of MM biosensors more reasonably. In this article, we use sensitivity and FOM as the main parameters to evaluate the proposed THz MM chip.

RESULTS AND DISCUSSION

Sensing Performance of an Analyte Overlayer

The transmission spectrum of the uncoated THz MM sensor is displayed in **Figure 3A** by the black curve. Two distinct resonances are observed as transmission dips. The low-frequency resonance mode (dip 1) originated from inductor-capacitor (*LC*) oscillation, whereas the high-frequency resonance mode (dip 2) is attributed to the electric dipole oscillator. The surface current and the electric field distribution at the resonant frequencies of dip 1 (0.680 THz) and dip 2 (1.627 THz) are shown in **Supplementary Figure S1**, indicating that the distributions of the electric field for both LC and dipole resonances are dominated by a substantial signal confinement and enhancement in the gap area. The resonance frequency and sensing performance are strongly influenced by the field localization and the near-field coupling between two terminals.

In order to characterize the sensitivity of the proposed MM biosensor, a 4-µm-thick analyte coating on the surface of the THz chip was evaluated at various refractive indices, as shown in Figure 3A. Upon increasing n from 1.1 to 1.6, the resonance frequencies of the LC and dipole modes experience an obvious shift toward low frequency. The linear relationship between the frequency shift and the refractive index is shown in Figure 3B, the sensitivities for dip 1 and dip 2 are 48.9 and 73.2 GHz/RIU, and the corresponding FOMs are 0.543 and 0.191, respectively. Also, the thickness-dependent transmission spectra are investigated and displayed in Figure 3C. It can be seen from Figure 3D that the proposed MM biosensor with a thicker analyte has a higher sensitivity than that with a thinner analyte, and the frequency shift and the overlayer thickness show a non-linear relationship. Hence, we can realize qualitative and quantitative identifications based on different concentrations (or thicknesses) and substances (or refractive indices) simultaneously.

According to the *LC* circuit model, the resonance frequency f_0 can be defined as [29, 30]

$$f_0 = \frac{1}{2\pi\sqrt{LC}},\tag{1}$$

where the equivalent inductance L is determined by the geometric parameters of the MM structure. Based on O'Hara's research [17], the equivalent capacitance (C) is determined approximately by the following equation: $C=C_1 + C_2 + C_3 + C_4 + C_5$, where C_1 , C_2 , C_3 , C_4 , and C_5 can be expressed as the flux within the substrate, the fringing flux between the substrate and the MM structure, the flux within the gap of the MM structure, the flux within the overlayer, and the fringing flux between the overlayer and the MM structure, respectively. Hence, the overlayer coating on the surface of the MM biosensors chip can effectively induce the redshift of dip 1 due to the increase of C₂, C₃, C₄, and C₅. Furthermore, we additionally designed the single split ring (SSR) and double split ring (DSR) MM biosensors (Supplementary Figure S2A). It can be seen from Supplementary Figures S2B, S2C that the proposed TSR biosensor has a higher sensitivity than SSR and DSR biosensors due to the enhancement of the equivalent capacitance and the superimposition of the resonance peak.

In the case of TSR MM, the dipole resonance is not composed of an isolated segment, but of a pair of segments (such as gap antenna) [31, 32]. The resonant frequency of the gap antenna is mainly governed by the resonance of each individual arm and the near-field coupling that results in the redshift of the resonant peak (or dip) [33–36]. Resonance angular frequency ω_{res} is described as $\omega_{res} = \omega_d - \Delta \omega$, where ω_d is the resonant angular frequency for the single strip segment and $\Delta \omega$ is the redshift of the resonant dip (or peak) due to near-field coupling between two terminals. ω_d can be expressed as [20]

$$\omega_{\rm d} \propto 1 / (2d\varepsilon_{eff}^{1/2}).$$
 (2)

Here, the value of *d* depends on the geometric size of the single strip. ε_{eff} is the effective permittivity of the dielectric environment surrounding the MM biosensor as follows:

$$\varepsilon_{\rm eff} = (1-k)\varepsilon_{air} + k\varepsilon_{sam} + \varepsilon_{sub},$$
 (3)

where ε_{air} , ε_{sam} , and ε_{sub} represent the dielectric constants of the air, sample, and substrate, respectively, and *k* is the filling fraction of the analyte surrounding the MM chip. If $\varepsilon_{air} \approx 1$, the ε_{eff} can be simplified as

$$\varepsilon_{\rm eff} = (1-k) + k\varepsilon_{sam} + \varepsilon_{sub}.$$
 (4)

For the 4-µm-layered analyte, $\Delta \omega$ can be considered as a constant, whereas k and ε_{eff} increase gradually with the increasing thickness and refractive index, respectively. As a result, the resonance frequency of dip 2 decreases with the increase of thickness and refractive index.

Sensing Performance of Analyte Aggregates

After the biological modification, we can observe under the microscope that the analyte covered on the surface of MM tends to partial aggregation instead of uniform film, which is



FIGURE 6 | (A) Measured time-domain waveforms. (B) Comparison of the transmission spectra of the proposed MM sensors before and after modification (TSR and 0 µg/ml). The inset shows the microscopy images of the sample (TSR, 0 µg/ml).



distinctly different from the overlayer simulations, as shown in Figure 3. Therefore, in order to further explore the influence of the analyte aggregation on the sensing performance, we used discrete hemispheres with a radius of 3 µm located randomly at different positions of the MM surface to compare their sensing characteristics. Figure 4 shows notable discrepancy in sensing performance due to the inhomogeneity of the sample distribution, which has been categorized into four cases with the same quantity located at different positions: (I) all analytes are adhered to Au metal of the TSR resonator, (II) partial analytes are gathered in three gaps, (III) partial analytes are stuck to the Au circle segments, and (IV) partial analyte is localized near the three strips inside the ring. As shown in Figure 5, the frequency shift and sensitivity caused by the first case (I) are approximately equal to the sum of the latter three cases (II, III, and IV). It is also interesting to note that the redshifts for both dip 1 and dip 2 can hardly be observed in the cases of III and IV even if they occupy more surface area. Conversely, in the case of II, even less space fraction can lead to a larger redshift. Thus, the sensing performance of the proposed

THz-MM biosensor is mainly determined by the aggregated analytes concentrated at three gaps.

The relationship between the frequency shift and the refractive index in the four cases was obtained and fitted, as shown in **Figures 5E–H**. The simulated *S* and FOM for the *LC* and dipole resonances, respectively, are summarized in **Table 2**. For the *LC* oscillation of dip 1, the cases of II, III, and IV are mainly affected by C_3 , C_5 , and C_5 , respectively. Moreover, C_3 becomes the main factor because the electric energy concentrated at the opening gaps results in a higher sensitivity and FOM for the case of II. In addition, more splits will lead to the increase in the effective area of near-field coupling, which leads to a larger frequency shift.

For the electric dipole oscillator of dip 2, k is nearly constant in the cases of II–IV due to the same amount of analyte on the surface of the MM unit. The significant difference on sensitivity can be attributed to near-field coupling near the gap area, where the localized electromagnetic (EM) field provides a strong interaction between the THz wave and the analyte, resulting in a high sensitivity and FOM in the case of II. In the III and IV cases, however, the coupling between the analyte on the ring (or

TABLE 3	Comparison	of current	strategies	for S	ARS-CoV-2	detection
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Analytical strategy	Sample	Sensitivity/LOD	Advantage	Cost	Massive used	References
RT-PCR	RNA-dependent RNA polymerase (RdRp), envelope (E), and nucleocapsid (N)	140 cp/reaction for N and 14 cp/ reaction for RdRp and E	Gold standard test Sensitive	Expensive Easy to false negative	\checkmark	[37]
ELISA	SARS-CoV-2 antibody	9 µg/ml	Rapid Simple operation	Existing window period	\checkmark	[38]
RT-LAMP	SARS-CoV-2	~625 copies/µl	Rapid	Low sensitivity Easy to false negative Complex operation		[39]
LFIA	Anti-SARS-CoV-2 lgM/anti-SARS-CoV- 2 lgG	10 ng/ml/5 ng/ml	Rapid	Expensive Existing window period		[9]
THz-MM	SARS-CoV-2 spike protein	~4.2 fM	Sensitive Selective Lable-free	AuNP-based Expensive Complex operation		[27]
THz-MM	SARS-CoV-2 S1 protein	5 ng	Sensitive Selective Lable-free Simple and direct	Expensive		This work

RT-PCR, reverse transcriptase-polymerase chain reaction; ELISA, enzyme-linked immunosorbent assay.

RT-LAMP, real-time loop-mediated isothermal amplification; LFIA, lateral flow immunoassay.

AuNPs, Au nanoparticles.

rod) and the THz EM field is very weak, resulting in a small amount of redshift and sensitivity, even close to zero. The simulation results confirm that the resonant properties of the LC circuit and gap antennas are strongly determined by the field enhancement and the near-field coupling in the gap area.

In addition, the corresponding four cases with different quantities located at different positions (for the cases of I, II, III, and IV) are discussed in **Supplementary Figure S3**. It can be seen that the frequency shifts in the cases of III and IV with more analytes are hardly observable, while a significant redshift in the case of II with fewer analytes is presented. Furthermore, we have explored the sensing performance under a random distribution with different quantities located promiscuously at different positions (**Supplementary Figure S4**). In the cases of I, III, and IV, the similar frequency shift can be exhibited when the analyte gathers at the gaps (**Supplementary Figure S5**).

Measurements and Analysis

The measured THz temporal waveforms of air, silicon substrate, and TSR metamaterial are shown in **Figure 6A**. Compared with the free space (air), the transmitted THz pulses using a silicon wafer and the TSR sample show a clear delay time of 8 ps due to a high refractive index and a 1-mm thickness of the silicon substrate. Unlike the clean ring-down signal of blank silicon substrate (E_{ref}), the time-domain THz signal transmitted through

TSR chip (E_{sam}) shows a slight decrease in amplitude and a strong oscillation after 16 ps, which can be attributed to the resonance absorption from *LC* and dipole oscillations.

The transmission spectra of the proposed MM sensor before and after modification (TSR and 0 µg/ml) are shown in Figure 6B, and dip 1 is chosen to detect the S1 protein due to its more excellent FOM. Compared with the bare TSR metamaterial (unmodified TSR chip), the resonance frequency of the modified TSR chip (0 µg/ml) shows a redshift of 3.6 GHz for dip 1, which convinces that the biological modification on the surface of the MM chip is successful. Figure 7A shows the measured transmission spectra of the S1 protein samples with different concentrations. The shifts in frequency fit linearly with concentration varying from 1 to 30 µg/ml, which can be described as: $\Delta f = 5.563 + 1.084^*x$, as illustrated in Figure 7B. The increase of the concentration results in the increase of the filling fraction k and the effective dielectric constant ε_{eff} . Meanwhile, with increasing S1 protein concentration, the FWHM of dip 1 is significantly increased due to the absorption of the analyte. The FWHM shown in Figure 7C is also proportional to the concentration, which is defined as $\Delta v = 0.130 + 0.002^* x$. Combined with the frequency shift and FWHM, the concentration of S1 protein solution can be estimated more accurately. In our measurements, the limit of detection (LOD) is less than 5 ng, achieving a high sensitivity,

quantitative, and label-free detection of the SARS-CoV-2 S1 protein.

Ultimately, we summarized and listed the important results of some analytical strategies in Table 3, which allows to reasonably compare the positives and negatives of different methods [9, 27, 37-39] for the detection of SARS-CoV-2. The THz metabiosensor is meeting the constant need for selectivity, repeatability, label-free, on-chip, and sensitivity. Also, THz waves have low energy (~few meV) that is below the ionization energies of atoms and molecules, making it possible to analyze materials without impairing the original bioactivity. Although a variety of effective approaches have been proposed to improve their sensing performance including specificity and sensitivity, THz MM biosensors cannot fully meet the real-world requirements, especially for clinical analysis where the sample matrix often contains the target protein and many other proteins. We will extend our research on SARS-CoV-2 and similar virus detection by conducting the following strategies [40-42]: 1) selecting ultrahigh specific antibodies or aptamers as biorecognizing elements can prove a great level of specificity and quantitative detection of SARS-CoV-2 S1 protein in aqueous environments; 2) further improvement of micro/nano processing technology resulting to in low cost of THz-MM chips is needed; 3) real-time monitoring with microfluidic devices is required for the large-scale application, while there is no need for qualified personnel and a special room; and 4) the metabiosensor can be reusable.

CONCLUSION

In summary, a TSR MM biosensor was proposed to detect the SARS-CoV-2 S1 protein with high sensitivity and label-free detection. In the simulation, the discrete hemispheres were used to explore the influence of analyte aggregation on the sensing performance, and the results prove that the frequency shift is mainly influenced by the change of the environmental dielectric constant at the MM gaps and the amount of analyte, which is in good agreement with the theory. The experimental results demonstrate the sensing capability of the THz-MM biosensor for the qualitative analysis of the S1 protein with high sensitivity and label-free detection. In addition, integrated

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with the frequency shift and FWHM, the sensing accuracy of S1 protein concentration can be further enhanced.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**, further inquiries can be directed to the corresponding author.

AUTHOR CONTRIBUTIONS

Conceptualization: QN and YY. Methodology: QN and YY. Formal analysis: YY and QN. Investigation: RZ and QN. Data curation: QN. Writing—original draft preparation: QN. Writing—review and editing: YY. Visualization: RZ. Supervision: YY. Project administration: YY. Funding acquisition: YY and QN.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fphy.2022.859924/full#supplementary-material

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