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Effects of contact tracing and non-Markovian awareness process on the spread of air-borne diseases

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Contact tracing is an important tool to contain the spread of many airborne diseases. We develop an approximated pairwise model to investigate the impact of non-Markovian awareness process among infectious individuals represented by pairwise endemic models. We derive the basic reproduction number and the final epidemic size, which are dependent on the tracing rate and the distribution of awareness process. The model analysis provides the threshold of contact tracing rate. When the contact tracing rate is greater than the threshold, the basic reproduction number will be less than one, then the epidemic will eventually die out. The analysis further shows that, higher variance in the awareness process generates smaller basic reproduction number, lower tracing threshold, and larger final epidemic size, when the mean awareness period is fixed. Extensive numerical analysis show the comprehensive effects of tracing rates and non-Markovian awareness processes on human behavior and the transmissibility ability of epidemic. It turns out that large tracing rates and high variances in awareness process lead to obvious reductions in contacts between susceptible and infectious individuals, so as to curb the transmission of infectious diseases. Moreover, contact tracing is more effective in reducing the number of infected individuals and the contacts between susceptible and infected individuals when the awareness process has a larger variance.

KEYWORDS

infectious diseases, contact tracing, non-Markovian, awareness, pairwise model

1 Introduction

Mutual contacts among individuals exist in the real world. It is necessary to incorporate the interaction among infectious and susceptible individuals when studying the epidemic spread. Many approaches (based on nodes, pairwise, edges and so on) have been established and used to investigate the interaction of individuals in the network [1–5]. Contact tracing is a useful strategy in epidemic surveillance [6, 7]. The close contacts of an infected individual can be identified by contact tracing and have the chance to be infected. Screening and isolating these individuals is an effective way of identifying potentially infected individuals. By tracing the contacts of infected individuals,

the identified infected individuals can be isolated and treated, and the transmission chains of epidemic can be detected and stopped so as to mitigate the spread of the epidemic.

Many mathematical models are developed to investigate the effect of contact tracing in controlling the spread of infectious diseases from the individual-based models (IBMs) to the ordinary differential equations (ODEs) at the population level. Kretzschmar et al. (1996) used IBMs to study the spread of two sexually transmitted diseases through simulations and found that contact tracing for targeting the highly sexually active core group is very effective in reducing the prevalence [8]. Kasaie et al. (2014) investigated the impact of household contact tracing for tuberculosis in a moderate-burden setting [9]. Peak et al. (2017) used IBMs to compare the effectiveness of contact tracing for Ebola, influenza, and SARS in simulations [10]. To obtain more analytic results on contact tracing, mean-field and pairwise approximation models are developed [11–13]. Eames (2007) utilized pairwise models on networks to compare the effects of recursive tracing and one-step tracing [14]. Heijne et al. (2010) applied pair approximation models to predict the impact of contact tracing on chlamydia prevalence [15]. Barlow (2020) studied the effect of contact tracing from the view of branching processes and phenomenological approaches [16].

In addition, the awareness of infection among infected individuals plays a key role in the spread of slowly progressive diseases. Many researchers focused on studying the roles of the public awareness among susceptible individuals in the spreading of diseases, and showed that raising awareness of protection among susceptible individuals can effectively contain epidemic spread [17–21]. However, to examine the effects of the infection awareness among infected individuals on the epidemic theoretically is still a great challenge. Some previous studies indicated that asymptomatic or mild infections are likely to cause outbreaks and rapid transmission in communities [22–24]. Even rapid contact tracing and antigen testing are effective in control the spread of infectious diseases and can be widely used, large numbers of infected individuals are unaware of their infection so that the epidemic spread is uncertain [25–27]. Considering the complexity of awareness process, we define the awareness process of infectious status, which starts from being infected to the time when realizing being infected, as a non-Markovian process in this study. The reason is that recent empirical observations show that non-Markovian transmission process, which refers to the spreading processes with non-exponential distributions, is more realistic [28–30]. Kiss et al. (2015) presented pairwise network models with non-Markovian recovery period to provide links between non-Markovian dynamics and pairwise delay differential systems [31]. Sherborne et al. analyzed the characteristics of an edge-based model with arbitrary transmission and recovery process [32]. Li et al. (2018) considered the fixed infectious period in an SIR pairwise model [33]. The existence of non-exponential distribution shows richer dynamics of epidemic spread [34–38], where the

epidemic curves are different when the infectious periods have different distributions even with the same mean [39, 40].

In this work, we incorporate the non-Markovian process into pairwise models to consider the impacts of contact tracing and the awareness of infection status on the epidemic spread. Our work has following contributions. First, we derive the basic reproduction number and the contact tracing threshold for the non-Markovian pairwise model, and prove that the basic reproduction number will be less than one when the contact tracing rate is larger than the threshold. Second, we investigate the impacts of contact tracing and the awareness of infectious status on epidemic spreading. The work is organized as follows. We develop pairwise models incorporating contact tracing and non-Markovian awareness process for epidemic networks in Section 2. In Section 3, we analyze the positive invariance of the model, derive the basic reproduction number, and obtain the final epidemic size relation by rigorous analysis. Section 4 provides the theoretical results on the threshold of effective tracing rate and the effects of non-Markovian awareness processes. Numerical simulations are given in Section 5. Discussion is presented in Section 6.

2 Model description

We develop a pairwise network model with continuous non-Markovian awareness process to investigate the impacts of contact tracing on epidemics. Five classes are included in this model, namely, susceptible individuals (S), infected individuals (I), traced infected individuals (Q_c), infected individuals who are aware of their own infectious status and treated (Q_a), and recovered individuals (R). The susceptible individuals become infectious when they are infected. The infected individuals can be divided into three groups, that is, those who will be traced at the rate, τ , those who recover naturally at the rate, α , and those who are aware of infection and go to the hospital initiatives in a non-Markovian process. We consider the transition process from the state I to the state Q_a as the awareness process of infection among infected individuals, which can be described by a random variable, X . The probability density function of X is $f(s)$. The corresponding cumulative function is $F(s)$ and the survival function is $\zeta(s) = 1 - F(s)$. $\phi(s)$ represents the density of nodes from state I to state Q_a with respect to the age of s at the initial time. Furthermore, all individuals in classes Q_c and Q_a will be quarantined and treated. The infected individuals who are successfully treated will enter the recovered class at the rate, γ . The total number of individuals is N , i.e., $[S] + [I] + [Q_c] + [Q_a] + [R] = N$, where $[A]$ is the number of individuals in state A . We use the notation $[AB]$ to represent the expected number of links that connect a node in state A and a node in state B . Let m be the average degree in this network model.

The schematic diagram is depicted in Figure 1. Let $i(t, a)$ be the density of the infected nodes with infection age a at time t , then the total number of infected nodes at time t is

$[I](t) = \int_0^\infty i(t, a)da$. Due to the McKendrick-von Foerster equation [41], the changes of $i(t, a)$ can be given by the following partial differential equation

$$\frac{\partial i(t, a)}{\partial t} + \frac{\partial i(t, a)}{\partial a} = -(\tau + \alpha + h(a))i(t, a), \tag{1}$$

in which $h(a) = -\xi'(a)/\xi(a) = f(a)/\xi(a)$, $i(t, 0) = \beta[SI](t)$, and $i(0, a) = \phi(a)$. Here, we assume that $\lim_{a \rightarrow \infty} \phi(a) = 0$ according to the biological feasibility. From Eq. 1 and the boundary conditions of $i(t, a)$, we deduce the representation of $i(t, a)$ according to the work in [37] as follows.

$$i(t, a) = \begin{cases} \beta[SI](t-a)e^{-\int_{t-a}^t (\tau+\alpha)ds} e^{-\int_0^a h(b)db}, & \text{if } t > a. \\ \phi(a-t)e^{-\int_0^{(t+a)} (\tau+\alpha)ds} e^{-\int_{a-t}^a h(b)db}, & \text{if } t \leq a. \end{cases} \tag{2}$$

Then, using the properties of $h(a)$, we obtain that

$$\begin{aligned} \frac{d}{dt}[I](t) &= \int_0^\infty \frac{\partial}{\partial t} i(t, b)db = \int_0^\infty (-\tau i(t, b) - \alpha i(t, b) \\ &\quad - h(b)i(t, b) - \frac{\partial}{\partial t} i(t, b))db \\ &= \beta[SI](t) - (\tau + \alpha)[I](t) - \int_0^\infty h(b)i(t, b)db \\ &= \beta[SI](t) - (\tau + \alpha)[I](t) \\ &\quad - \int_0^t \frac{\beta[SI](t-s)f(s)}{e^{(\tau+\alpha)s}} ds - \int_t^\infty \frac{\phi(s-t)f(s)}{e^{(\tau+\alpha)t}\xi(s-t)} ds. \end{aligned} \tag{3}$$

Similarly, the expected number of links between S and I at time t is $[SI](t) = \int_0^\infty Si(t, a)da$. Considering the removal of S-I links, we describe the deviation of $Si(t, a)$ by the following partial differential equation.

$$\frac{\partial Si(t, a)}{\partial t} + \frac{\partial Si(t, a)}{\partial a} = -\beta Si(t, a) - (\beta + \tau + \alpha + h(a))Si(t, a), \tag{4}$$

where $Si(t, 0) = \beta[SSI](t)$ and $Si(0, a) \approx \frac{m}{N}[S](0)\phi(a)$. To break higher order moments, we use the closure approximation formula $[AXB](t) = \frac{m-1}{m} \frac{[AX](t)[XB](t)}{[X](t)}$ in [42]. Because $\frac{d}{dt}[SI](t) = \int_0^\infty Si(t, a)da$, we find

$$\begin{aligned} \frac{d}{dt}[SI](t) &= -\int_0^\infty \left(\beta \frac{m-1}{m} \frac{[SI](t)}{[S](t)} + \beta + \tau + \alpha + h(a) \right) Si(t, a)da \\ &\quad - \int_0^\infty \frac{\partial}{\partial a} Si(t, a)da \\ &= \beta \frac{1-m}{m} \frac{[SI]^2(t)}{[S](t)} - (\beta + \tau + \alpha)[SI](t) - \int_0^\infty h(a)Si(t, a)da \\ &\quad + \beta \frac{m-1}{m} \frac{[SS](t)[SI](t)}{[S](t)}. \end{aligned} \tag{5}$$

Solving the Eq. 4, we obtain the representation of $Si(t, a)$ according to the work in [37].

$$Si(t, a) = \begin{cases} \beta \frac{m-1}{m} \frac{[SS](t-a)[SI](t-a)}{[S](t-a)} e^{-\int_{t-a}^t \left(\beta \frac{m-1}{m} \frac{[SI](s)}{[S](s)} + \beta + \tau + \alpha \right) ds} e^{-\int_0^a h(b)db}, & \text{if } t > a; \\ \frac{m}{N} [S](0)\phi(a-t) e^{-\int_0^t \left(\beta \frac{m-1}{m} \frac{[SI](s)}{[S](s)} + \beta + \tau + \alpha \right) ds} e^{-\int_{a-t}^a h(b)db}, & \text{if } t \leq a. \end{cases} \tag{6}$$

Applying the Eqs 5, 6, we have

$$\begin{aligned} \frac{d}{dt}[SI](t) &= \beta \frac{m-1}{m} \frac{[SS](t)[SI](t)}{[S](t)} - \beta \frac{m-1}{m} \frac{[SI](t)[SI](t)}{[S](t)} \\ &\quad - (\beta + \tau + \alpha)[SI](t) \\ &\quad - \int_0^t \frac{\beta(m-1)[SS](t-s)[SI](t-s)f(s)}{m[S](t-s)e^{\int_{t-s}^t \left(\beta \frac{m-1}{m} \frac{[SI](u)}{[S](u)} + \beta + \tau + \alpha \right) du}} ds \\ &\quad - \int_t^\infty \frac{m[S](0)\phi(s-t)f(s)}{Ne^{\int_0^t \left(\beta \frac{m-1}{m} \frac{[SI](u)}{[S](u)} + \beta + \tau + \alpha \right) du} \xi(s-t)} ds. \end{aligned} \tag{7}$$

Therefore, the resulting pairwise model can be constructed with integro-differential terms in Model (8) as follows

$$\begin{cases} \frac{d}{dt}[S](t) = -\beta[SI](t), \\ \frac{d}{dt}[I](t) = \beta[SI](t) - (\tau + \alpha)[I](t) - \int_0^t \frac{\beta[SI](t-s)f(s)}{e^{(\tau+\alpha)s}} ds \\ \quad - \int_t^\infty \frac{\phi(s-t)f(s)}{e^{(\tau+\alpha)t}\xi(s-t)} ds, \\ \frac{d}{dt}[SS](t) = -2\beta \frac{m-1}{m} \frac{[SS](t)[SI](t)}{[S](t)}, \\ \frac{d}{dt}[SI](t) = \beta \frac{m-1}{m} \frac{[SS](t)[SI](t)}{[S](t)} - \beta \frac{m-1}{m} \frac{[SI](t)[SI](t)}{[S](t)} \\ \quad - (\beta + \tau + \alpha)[SI](t) - \int_0^t \frac{\beta(m-1)[SS](t-s)[SI](t-s)f(s)}{m[S](t-s)e^{\int_{t-s}^t \left(\beta \frac{m-1}{m} \frac{[SI](u)}{[S](u)} + \beta + \tau + \alpha \right) du}} ds \\ \quad - \int_t^\infty \frac{m[S](0)\phi(s-t)f(s)}{Ne^{\int_0^t \left(\beta \frac{m-1}{m} \frac{[SI](u)}{[S](u)} + \beta + \tau + \alpha \right) du} \xi(s-t)} ds, \\ \frac{d}{dt}[Q_c](t) = \tau[I](t) - \gamma[Q_c](t) \\ \frac{d}{dt}[Q_a](t) = \int_0^t \beta[SI](t-s) \frac{f(s)}{e^{(\tau+\alpha)s}} ds \\ \quad + \int_t^\infty \frac{\phi(s-t)f(s)}{e^{(\tau+\alpha)s}\xi(s-t)} ds - \gamma[Q_a](t), \\ \frac{d}{dt}[R](t) = \alpha[I](t) + \gamma([Q_c](t) + [Q_a](t)). \end{cases} \tag{8}$$

In Model (8), the spread of the disease relates to the number of contacts between susceptible and infected individuals. Therefore, we use Model (9), a simplified form of Model (8), to study the dynamics of the spreading process.

$$\begin{cases} \frac{d}{dt} [S](t) = -\beta [SI](t), \\ \frac{d}{dt} [I](t) = \beta [SI](t) - (\tau + \alpha) [I](t) - \int_0^t \beta [SI](t-s) \frac{f(s)}{e^{(\tau+\alpha)s}} ds \\ - \int_t^\infty \frac{f(s)\phi(s-t)}{\xi(s-t)e^{(\tau+\alpha)t}} ds, \\ \frac{d}{dt} [SS](t) = -2\beta \frac{m-1}{m} \frac{[SS](t)[SI](t)}{[S](t)}, \\ \frac{d}{dt} [SI](t) = \beta \frac{m-1}{m} \frac{[SS](t)[SI](t)}{[S](t)} - \beta \frac{m-1}{m} \frac{[SI](t)[SI](t)}{[S](t)} \\ - (\beta + \tau + \alpha) [SI](t) \\ - \int_0^t \beta \frac{m-1}{m} \frac{[SS](t-s)[SI](t-s)}{[S](t-s)} \frac{f(s)}{e^{(\tau+\alpha)s}} ds \\ - \int_t^\infty \frac{m[S](0)\phi(s-t)f(s)}{N\xi(s-t)e^{\int_0^t (\beta \frac{m-1}{m} \frac{[SI](u)}{[S](u)} + \beta + \tau + \alpha) du}} ds. \end{cases} \quad (9)$$

$$\int_0^{t^*} \beta \frac{m-1}{m} \frac{[SS](t^*-s)[SI](t^*-s)}{[S](t^*-s)} e^{-\int_{t^*-s}^{t^*} (\beta \frac{m-1}{m} \frac{[SI](u)}{[S](u)} + \beta + \tau + \alpha) du} \xi(s) ds < 0, \quad (10)$$

where $[S](t-s) > 0$ and $[SS](t-s) > 0$ when $s < t$. Then, there exists $s_0 \in (0, t^*)$ such that $[SI](t^* - s_0) < 0$, which contradicts with the definition of t^* . Therefore, $[SI](t)$ is non-negative. Then, $[I](t)$ is also non-negative.

According to Model (9), we obtain that $\frac{d}{dt} [S] + \frac{d}{dt} [I] \leq 0$ and $\frac{d}{dt} [SS] + \frac{d}{dt} [SI] \leq 0$. Hence, the values of $[S](t) + [I](t)$ and $[SS](t) + [SI](t)$ are decreasing with time t . Because the total number of population N is constant, the inequations hold: $0 \leq [S](t) + [I](t) \leq N$ and $0 \leq [SS](t) + 2[SI](t) \leq mN$.

3 Mathematical analysis

In this section, we determine the feasible solution region, calculate the basic reproduction number, and derive the final epidemic size of Model (9).

3.1 Feasible solution region

We study the feasible solution region of Model (9), and the following proposition holds.

Theorem 3.1. *The set $\Omega = \{([S], [I], [SS], [SI]) \in \mathbb{R}_+^4 | 0 \leq [S], [I] \leq N, 0 \leq [SS], [SI] \leq mN, 0 \leq [S] + [I] \leq N, 0 \leq [SS] + 2[SI] \leq mN\}$ is the feasible region of Model (9).*

Proof. To derive the expression of $[SS](t)$, we solve the third equation of Model (9) and obtain that $[SS](t) = [SS](0)e^{-2\beta \frac{m-1}{m} \int_0^t \frac{[SI](s)}{[S](s)} ds}$. Since $e^{-2\beta \frac{m-1}{m} \int_0^t \frac{[SI](s)}{[S](s)} ds}$ is positive and $[SS](0) \geq 0$, $[SS](t)$ is non-negative when $t \geq 0$.

For $[S](t)$, we obtain the relation between $[SS](t)$ and $[S](t)$ by the first and third equations of Model (9) as follows: $\frac{d[SS]}{d[S]} = 2 \frac{m-1}{m} \frac{[SS]}{[S]}$. Solving the differential equation, we can find $[SS](t) = C[S]^{\frac{2m-2}{m}}(t)$, where C is a constant. According to the initial conditions, $C = \frac{[SS](0)}{[S]^{\frac{2m-2}{m}}(0)} \geq 0$. Since $[SS](t) \geq 0$, $[S](t)$ is non-negative when $t \geq 0$.

Further, we solve the second and fourth equations of Model (9) and obtain that

$$\begin{aligned} [I](t) &= \int_0^t \beta [SI](t-s) e^{-(\tau+\alpha)s} \xi(s) ds + \int_t^\infty \phi(s-t) e^{-(\tau+\alpha)t} \frac{\xi(s)}{\xi(s-t)} ds, \\ [SI](t) &= \int_0^t \beta (m-1) [SS](t-s) [SI](t-s) \frac{f(s)}{m[S](t-s) e^{\int_{t-s}^t (\beta \frac{m-1}{m} \frac{[SI](u)}{[S](u)} + \beta + \tau + \alpha) du}} \xi(s) ds \\ &+ \int_t^\infty \frac{m\xi(s)[S]_0\phi(s-t)}{N\xi(s-t)e^{\int_0^t (\beta \frac{m-1}{m} \frac{[SI](u)}{[S](u)} + \beta + \tau + \alpha) du}} ds, \end{aligned}$$

where $S_0 = [S](0)$ is the initial number of susceptible individuals.

To prove the non-negativity of $[SI](t)$, we assume that there exists a minimum time $t^* > 0$ such that $[SI](t^*) < 0$. Due to the non-negativity of the function $\phi(t)$ and $[S]_0$, the following result is obtained.

3.2 The basic reproduction number

In order to determine the expected number of infections generated by a new infection in a fully susceptible population [43], we derive the basic reproduction number. Note that Model (9) has a disease-free equilibrium $P_0(S_0, 0, \frac{m}{N}S_0^2, 0)$, where $[S](0) = S_0$ is the initial number of susceptible individuals.

We calculate the basic reproduction number, R_0 , of Model (9) according to the method in [44]. Here, R_0 is the expected lifetime of an S-I link multiplied by the number of newly generated S-I links per unit time [31]. In Model (9), an S-I link is removed in four ways: (I) the identification of I nodes by contact tracing, (II) the recovery of I nodes, (III) the infection of S nodes by I nodes, and (IV) the awareness of I nodes for seeking treatments initiatively. Let the random variable, Z , be the lifetime of an infected S-I link. Assume that the infection process of S node in the S-I link has density function $f_I(t)$ and survival probability $\xi_I(t)$, the tracing process on I node has density function $f_T(t)$ and survival probability $\xi_T(t)$, and the self-recovery process of I node has density function $f_R(t)$ and survival probability $\xi_R(t)$. Note that $f(t)$ and $\xi(t)$ are the density function and the survival probability of the awareness process from state I to state Q_a , respectively. Then, the expected lifetime of an S-I link can be described as follows.

$$\begin{aligned} E(Z) &= \int_0^\infty t f_I(t) \xi_T(t) \xi_R(t) \xi(t) dt + \int_0^\infty t \xi_I(t) f_T(t) \xi_R(t) \xi(t) dt \\ &+ \int_0^\infty t \xi_I(t) \xi_T(t) f_R(t) \xi(t) dt + \int_0^\infty t \xi_I(t) \xi_T(t) \xi_R(t) f(t) dt. \end{aligned} \quad (11)$$

We assume that the infection process and the tracing process follow Markovian processes, and the awareness process follows a non-Markovian process throughout this work. Hence, we have

$$\begin{aligned} E(Z) &= \int_0^\infty t [(\beta + \tau + \alpha) e^{-(\beta + \tau + \alpha)t} \xi(t) + e^{-(\beta + \tau + \alpha)t} f(t)] dt \\ &= \frac{1 - \mathcal{L}[f](\beta + \tau + \alpha)}{\beta + \tau + \alpha}, \end{aligned} \quad (12)$$

where $\mathcal{L}[f]$ is the Laplace transform of f and $\mathcal{L}[f](\beta + \tau + \alpha) = \int_0^\infty f(t) e^{-(\beta + \tau + \alpha)t} dt$. Further, the number of

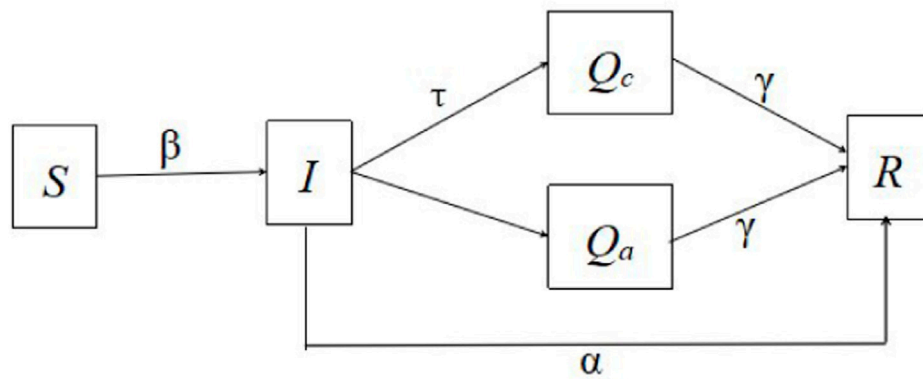


FIGURE 1
The schematic diagram of Model (8).

newly infected nodes per unit time in the pairwise Model (9) is $\beta \frac{m-1}{S_0} \frac{[SS]_0}{S_0} = \beta \frac{m-1}{N} S_0$. Hence, the basic reproduction number of the pairwise model (9) is $R_0 = \frac{\beta(m-1)(1-\mathcal{L}[f](\beta+\tau+\alpha))}{(\beta+\tau+\alpha)N} S_0$. By taking the derivative of R_0 with respect to τ , we can obtain that the basic reproduction number, R_0 , decreases as the contact tracing rate, τ . We further illustrate the effect of τ on the basic reproduction number in the following numerical analysis.

3.3 The final epidemic size

In this subsection, we derive the expression of final epidemic size that can be used to calculate the total number of infections during an epidemic. We denote $[S]_\infty = \lim_{t \rightarrow \infty} [S](t)$ and $s_\infty = [S]_\infty/S_0$. Solving the fourth equation of Model (9), we have

$$[SI](t) = e^{-\int_0^t g_1(w)dw} [SI](0) + \int_0^t e^{-\int_u^t g_1(w)dw} g_2(u)du, \quad (13)$$

where $g_1(t) = \beta + \tau + \alpha + \beta \frac{m-1}{m} \frac{[SI](t)}{[S](t)}$, and

$$g_2(t) = \beta \frac{m-1}{N} S_0^{\frac{2}{m}} [S]^{1-\frac{2}{m}}(t) [SI](t) - \int_0^t \frac{\beta(m-1)S_0^{\frac{2}{m}} [SI](t-s) [S]^{\frac{m-1}{m}}(t) f(s)}{N [S]^{\frac{1}{m}}(t-s) e^{(\beta+\tau+\alpha)s}} ds - \int_t^\infty \frac{mS_0^{\frac{1}{m}} f(s) \phi(s-t) [S]^{\frac{m-1}{m}}(t)}{N \xi(s-t) e^{(\beta+\tau+\alpha)t}} ds. \quad (14)$$

Hence,

$$[SI](t) = \frac{[SI](0)[S]^{\frac{m-1}{m}}(t)}{S_0^{\frac{m-1}{m}} e^{(\beta+\tau+\alpha)t}} + \beta \frac{m-1}{N} S_0^{\frac{2}{m}} [S]^{1-\frac{1}{m}}(t) \int_0^t \frac{[S]^{-\frac{1}{m}}(u) [SI](u)}{e^{(\beta+\tau+\alpha)(t-u)}} du - \int_0^t \int_0^u \frac{\beta(m-1)[S]^{1-\frac{1}{m}}(t) [SI](u-s) f(s)}{S_0^{\frac{2}{m}} N e^{(\beta+\tau+\alpha)(t-u+s)} [S]^{\frac{1}{m}}(u-s)} ds du - \int_0^t \int_u^\infty \frac{m\phi(s-u) f(s) S_0^{\frac{1}{m}} [S]^{\frac{m-1}{m}}(t)}{N \xi(s-u) e^{(\beta+\tau+\alpha)t}} ds du. \quad (15)$$

Substituting the above expression of $[SI]$ into the first equation of Model (9) and integrating it, we have

$$[S]^{\frac{1}{m}}(t) = S_0^{\frac{1}{m}} - \frac{\beta}{m} \int_0^t M(a)da, \quad (16)$$

where

$$M(t) = \frac{S_0^{\frac{1}{m}-1} [SI](0)}{e^{(\beta+\tau+\alpha)t}} + \int_0^t \frac{S_0^{\frac{2}{m}} \beta(m-1) [SI](u)}{N e^{(\beta+\tau+\alpha)(t-u)} [S]^{\frac{1}{m}}(u)} du - \int_0^t \int_0^u \frac{\beta(m-1) S_0^{\frac{2}{m}} [SI](u-s) f(s)}{N [S]^{\frac{1}{m}}(u-s) e^{(\beta+\tau+\alpha)(t-u+s)}} ds du - \frac{m}{N} S_0^{\frac{1}{m}} \int_0^t \int_u^\infty \frac{\phi(s-u) \frac{f(s)}{\xi(s-u)}}{e^{(\beta+\tau+\alpha)t}} ds du. \quad (17)$$

Let $t \rightarrow \infty$ in Eq. 16, we get

$$[S]_\infty^{\frac{1}{m}} = S_0^{\frac{1}{m}} - \frac{\beta}{m} \int_0^\infty M(t)dt. \quad (18)$$

For the formation of final size, we need to solve the integration, $\int_0^\infty M(t)dt$. Here,

$$\int_0^\infty e^{-(\beta+\tau+\alpha)t} S_0^{\frac{1}{m}-1} [SI](0)dt = \frac{1}{\beta + \tau + \alpha} S_0^{\frac{1}{m}-1} [SI](0), \quad (19)$$

$$\int_0^\infty \int_0^t \frac{\beta(m-1) S_0^{\frac{2}{m}} [SI](u)}{N e^{(\beta+\tau+\alpha)(t-u)} [S]^{\frac{1}{m}}(u)} du dt = \frac{m S_0^{\frac{2}{m}} \left([S]_0^{1-\frac{1}{m}} - [S]_\infty^{1-\frac{1}{m}} \right)}{(\beta + \tau + \alpha) N}, \quad (20)$$

and

$$\int_0^\infty \int_0^t \int_0^u \frac{\beta(m-1) S_0^{\frac{2}{m}} [SI](u-s) f(s)}{N e^{(\beta+\tau+\alpha)(t-u+s)} [S]^{\frac{1}{m}}(u-s)} ds du dt = \frac{m S_0^{\frac{2}{m}} \left([S]_0^{1-\frac{1}{m}} - [S]_\infty^{1-\frac{1}{m}} \right)}{(\beta + \tau + \alpha) N} \int_0^\infty \frac{f(t)}{e^{(\beta+\tau+\alpha)t}} dt. \quad (21)$$

Moreover,

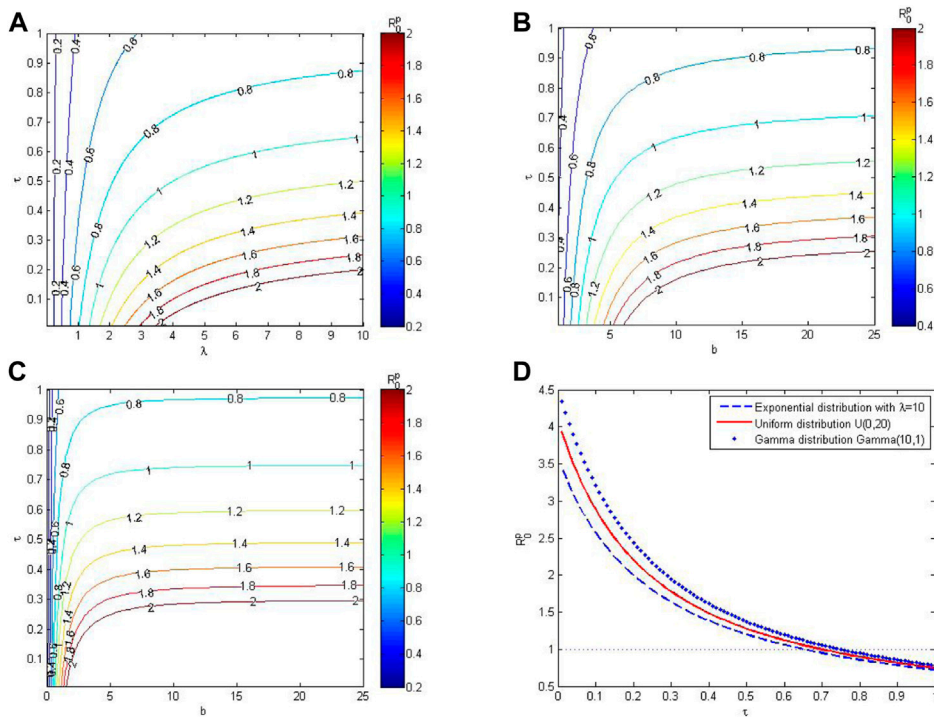


FIGURE 2 Effects of different contact tracing rates and awareness distributions on the basic reproduction number, R_0 . (A–C) Contours of R_0 as the function of tracing rates and distribution parameters. (D) The trend of R_0 as the function of tracing rate when the awareness processes have different distributions but the same mean. In which, the variances of $E(10)$, $U(0, 20)$, and $\text{Gamma}(10, 1)$ are 100, 100/3, and 10, respectively.

$$\int_0^\infty \int_0^t \int_0^\infty \frac{mS_0^{\frac{1}{m}} \phi(s-u) f(s)}{N e^{(\beta+\tau+\alpha)t} \xi(s-u)} du ds dt = \frac{mS_0^{\frac{1}{m}}}{(\beta+\tau+\alpha)N} \int_0^\infty \int_u^\infty \frac{\phi(s-u) f(s)}{e^{(\beta+\tau+\alpha)u} \xi(s-u)} ds du. \quad (22)$$

Because the number of initial infected individuals is small relative to the numbers of initial susceptible individuals and total population, we can assume that $\phi(a)/N \approx 0$ and $[SI](0)/S_0 \approx 0$. Denote $s_\infty = [S]_\infty/S_0$. Substituting the integrations (19), (20), (21) and (22) into Eq. 18, we obtain that

$$\begin{aligned} s_\infty^{\frac{1}{m}} &= 1 + \frac{R_0}{m-1} (s_\infty^{\frac{1}{m}} - 1) \\ &= 1 + \frac{\beta S_0 (1 - \mathcal{L}[f](\beta + \tau + \alpha))}{(\beta + \tau + \alpha)N} (s_\infty^{\frac{1}{m}} - 1). \end{aligned} \quad (23)$$

It is easy to prove that the equation $x^{1/m} = 1 + \frac{R_0}{m-1} (x^{1/m} - 1)$ has a unique root in $x \in (0, 1)$ when $1 < R_0 < m-1$.

4 Case study

In this section, we apply the pairwise network model to determine the threshold of contact tracing rate and the effects of non-Markovian awareness process on epidemics theoretically.

4.1 Threshold of effective contact tracing rate

To investigate the minimum value of the effective contact tracing rate, we rewrite the basic reproductive number, R_0 , as the function of τ , i.e.

$$R_0(\tau) = \frac{(m-1)\beta S_0}{N} g(\beta + \tau + \alpha), \quad (24)$$

where $g(u) = \frac{1}{u} (1 - \mathcal{L}[f](u))$. We assume that the basic reproduction number of epidemic without contact tracing strategies is larger than one, i.e., $R_0(0) > 1$. The contact tracing strategy with the rate, τ , is effective in reducing the basic reproduction number if $R_0(\tau) < 1$. Here, a threshold of effective contact tracing rate is introduced.

Theorem 4.1. Suppose that $R_0(0) > 1$, there exists a unique threshold $\tau^* = g^{-1}(\frac{N}{(m-1)\beta S_0}) - \beta - \alpha > 0$ such that $R_0^p(\tau) < 1$ when the contact tracing rate τ is larger than τ^* .

Proof. Due to the definition of $R_0^p(\tau)$ in Eq.24, we can obtain that $\frac{(m-1)\beta S_0}{N} g(\beta + \alpha) > 1$ and $\frac{(m-1)\beta S_0}{N} g(\beta + \alpha + \tau) < 1$. It is easy to prove that $g(u)$ is a decreasing function when $u \geq 0$. Hence, there exists a unique $\tau^* \in (0, +\infty)$ satisfying that $\frac{(m-1)\beta S_0}{N} g(\beta + \alpha + \tau^*) = 1$. Then, the threshold value of τ is

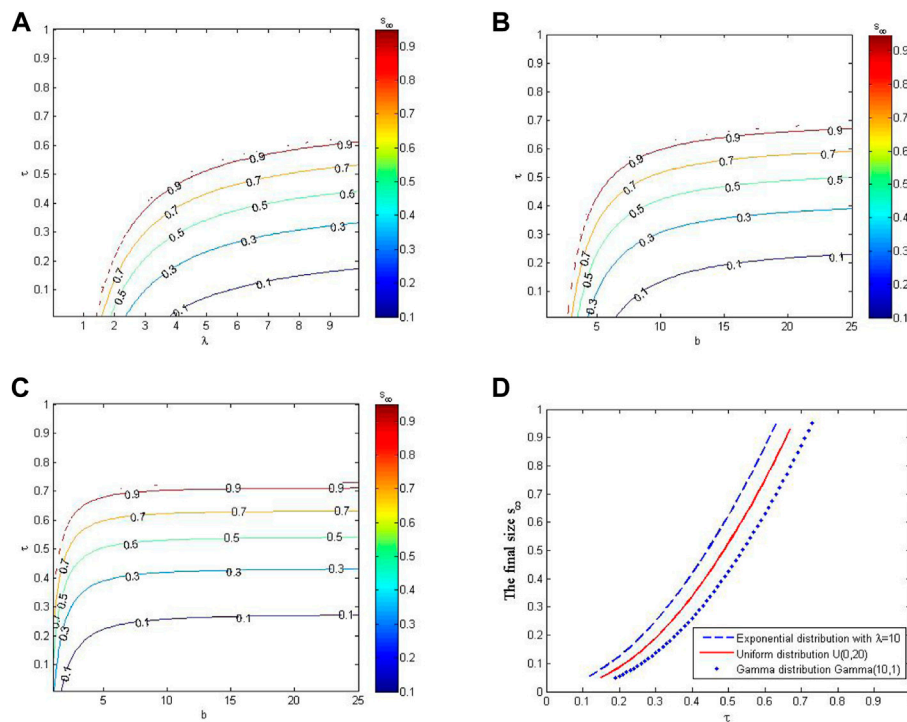


FIGURE 3 Effects of different contact tracing rates and awareness distributions on the final epidemic size, s_{∞} . (A–C) Contours of s_{∞} as the function of contact tracing rates and distribution parameters. (D) The trend of s_{∞} as the function of tracing rate when the awareness processes have different distributions but the same mean. Here, the variances of $E(10)$, $U(0, 20)$, and $\text{Gamma}(10, 1)$ are 100, 100/3, and 10, respectively.

$\tau^* = g^{-1}\left(\frac{N}{(m-1)\beta s_0}\right) - \beta - \alpha$, such that $R_0(\tau^*) = 1$ and $R_0(\tau) < 1$ when $\tau > \tau^*$, where g^{-1} is the inverse function of g .

The threshold of contact tracing rate, τ^* , provides the minimum critical value of effective tracing rate to reduce the basic reproduction number to be less than one.

4.2 Impacts of the variance of awareness process on the epidemic

The awareness process of infection among infectious individuals can be affected by many random factors, such as the propaganda for preventing the epidemic, the awareness level on the risks of disease and the immunity of an individual.

Here, we provide some conditions which insure that higher variance in the awareness process induces smaller basic reproduction number, larger final epidemic size, and smaller threshold of contact tracing rate. Let the random variable X be the transition time of awareness process with probability density function $f(t)$ and cumulative distribution function $F(t)$. Denote $\mathcal{F}(t) = \int_0^t F(s)ds$. According to [39], we first refer to Lemma 4.2 and derive Theorem 4.3 and Theorem 4.4.

Lemma 4.2. Consider two non-negative random variables X_1 and X_2 such that (a1) the expected values of X_1 and X_2 are the same, i.e., $E(X_1) = E(X_2) < \infty$; (a2) $\lim_{t \rightarrow \infty} t^3 f_i(t) = 0$, $i = 1, 2$; (a3) $\mathcal{F}_1(t) \neq \mathcal{F}_2(t)$ for all $t > 0$. If $\text{Var}(X_1) < \text{Var}(X_2) < \infty$, the Laplace transforms satisfy that $\mathcal{L}[f_1](t) < \mathcal{L}[f_2](t)$ for all $t > 0$. Here, $f_i(t)$ and $F_i(t)$ are the probability density function and the probability distribution function of random variable X_i , respectively. Moreover, $\mathcal{F}_i(t) = \int_0^t F_i(s)ds$, where $i = 1, 2$.

Theorem 4.3. If $\text{Var}(X_1) < \text{Var}(X_2) < \infty$, there exists $t_0 > 0$ such that the distributions $F_1(t) < F_2(t)$ for all $t < t_0$. Here, X_i satisfies the conditions (a1)-(a3) in Lemma 4.2, and $F_i(t)$ is the probability distribution function of X_i , $i = 1, 2$.

Proof. Define $\mathcal{F}_i(t) = \int_0^t F_i(s)ds$, $i = 1, 2$. According to [39], $\lim_{t \rightarrow \infty} (\mathcal{F}_1(t) - \mathcal{F}_2(t)) = 0$ and $\mathcal{F}_1(t) < \mathcal{F}_2(t)$ for all $t > 0$. Note that $\mathcal{F}_1(0) = \mathcal{F}_2(0)$. Then, there exists $t_0 > 0$ such that $\frac{d}{dt}\mathcal{F}_1(t) < \frac{d}{dt}\mathcal{F}_2(t)$ when $t < t_0$. Therefore, $F_1(t) < F_2(t)$ when $t < t_0$.

Theorem 4.3 indicates that when the awareness process of infection has a fixed mean and a larger variance, more infectious individuals are aware and seek treatment soon after being infected. Next, we derive the following impacts of the variance of awareness process on the threshold of effective contact tracing

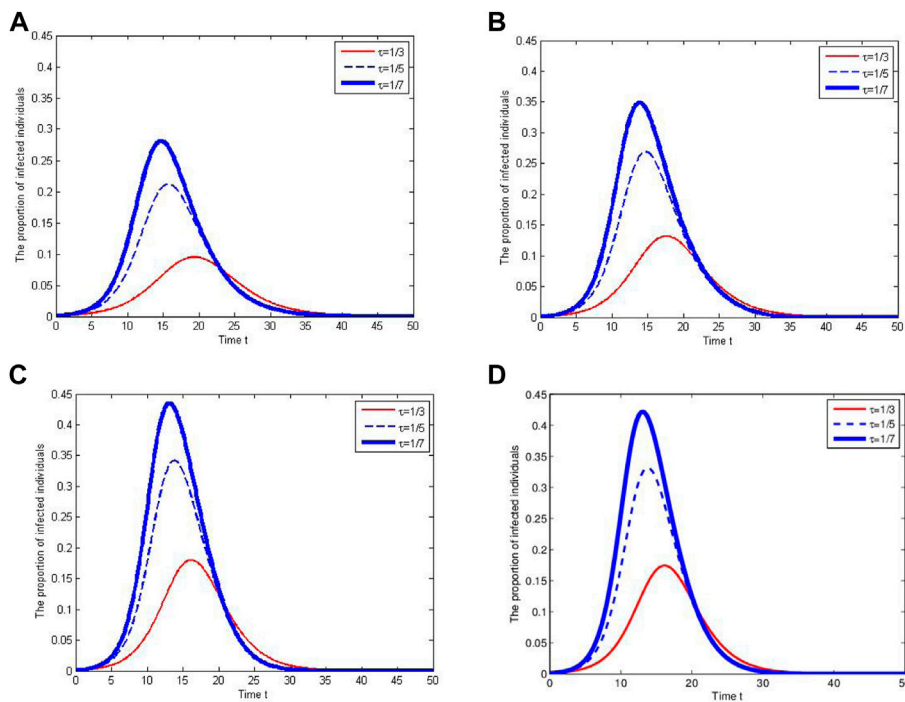


FIGURE 4 Effects of different contact tracing rates and awareness processes on the infection proportion. The awareness process follows the distribution $E(10)$ in (A), $U(0, 20)$ in (B), $Gamma(10, 1)$ in (C) and $Gamma(5, 2)$ in (D), respectively. Here, $E(10)$, $U(0, 20)$, $Gamma(10, 1)$ and $Gamma(5, 2)$ have the same mean but different variances.

rate, the basic reproduction number and the final epidemic size for Model (9).

Theorem 4.4. *Let two random variables X_1 and X_2 be the random transition times corresponding to the awareness process satisfying the conditions (a1)-(a3) in Lemma 4.2. If $Var(X_1) < Var(X_2) < \infty$, then $\tau_1^* > \tau_2^*$, $R_{0,1} > R_{0,2}$, and $s_{\infty,1} < s_{\infty,2}$, where τ_i^* is the threshold of effective contact tracing rate, $R_{0,i}$ is the basic reproduction number, and $s_{\infty,i}$ is the final epidemic size when the transition time of awareness process is X_i ($i = 1, 2$).*

Proof. First, let τ_i^* be the threshold of effective contact tracing rate when the transition time of awareness process is X_i and $u_i^* = \beta + \alpha + \tau_i^*$ ($i = 1, 2$). Denote $g_i(u_i^*) = \frac{1}{u_i^*} (1 - \mathcal{L}[f_i](u_i^*))$ ($i = 1, 2$), then $g_1(u_1^*) = g_2(u_2^*) = \frac{N}{\beta(m-1)S_0}$. Due to Lemma 4.2, $\mathcal{L}[f_1](t) < \mathcal{L}[f_2](t)$ when $Var(X_1) < Var(X_2)$. Then,

$$g_1(u_1^*) = (1 - \mathcal{L}[f_2](u_2^*)) / u_2^* < (1 - \mathcal{L}[f_1](u_2^*)) / u_2^* = g_1(u_2^*). \tag{25}$$

Because $g_1(u)$ is decreasing when u is increasing, we can obtain that $u_1^* > u_2^*$, then $\tau_1^* > \tau_2^*$.

Next, it is easy to prove that $R_{0,1} > R_{0,2}$ by the definition of R_0 and Lemma 4.2.

Finally, according to Eq. 23, we obtain that $R_0 = (m-1) \frac{s_{\infty}^{1/m} - 1}{s_{\infty}^{1/m - 1}}$. We consider the monotony of $y = f(x) =$

$\frac{x^{1/m} - 1}{x^{1 - 1/m} - 1}$ when $x \in (0, 1)$ by calculating the derivative of y with respect to x as follows.

$$\frac{d}{dx} f(x) = \frac{m-1}{m(x^{1-1/m} - 1)^2} (2 - m - x^{1/m-1} + (m-1)x^{-1/m}). \tag{26}$$

Let $h(x) = 2 - m - x^{1/m-1} + (m-1)x^{-1/m}$. We can obtain that $h(1) = 0$, and $\frac{d}{dx} h(x) = \frac{m-1}{m} (x^{1/m-2} - x^{-1/m-1}) > 0$ when $x \in (0, 1)$ and $m \geq 2$. Then, $h(x) < 0$ and $\frac{d}{dx} f(x) < 0$ when $x \in (0, 1)$. Thus, $f(x)$ is decreasing when x increases within $(0,1)$. Therefore, $s_{\infty,1} < s_{\infty,2}$ when $R_{0,1} > R_{0,2}$.

5 Numerical simulations

To illustrate the accuracy of the analytical results, we compare the effects of different contact tracing rates and non-Markovian awareness processes by numerical simulations. The numerical simulations are performed with $N = 1000$, $\beta = 0.1$, $\alpha = 1/20$, $\gamma = 1/3$, and $m = 10$. The initial conditions are $[S](0) = 999$, $[I](0) = 1$, $[Q_c](0) = [Q_a](0) = [R](0) = 0$, $[SS](0) = \frac{m}{N} S^2(0)$ and $[SI](0) = m[S](0)[I](0)/N$. According to [44], we assume the initial distribution of awareness process is $\phi(s) = [Q_a]_0 \delta(s)$, where $\delta(s)$ is the Dirac delta function. Then,

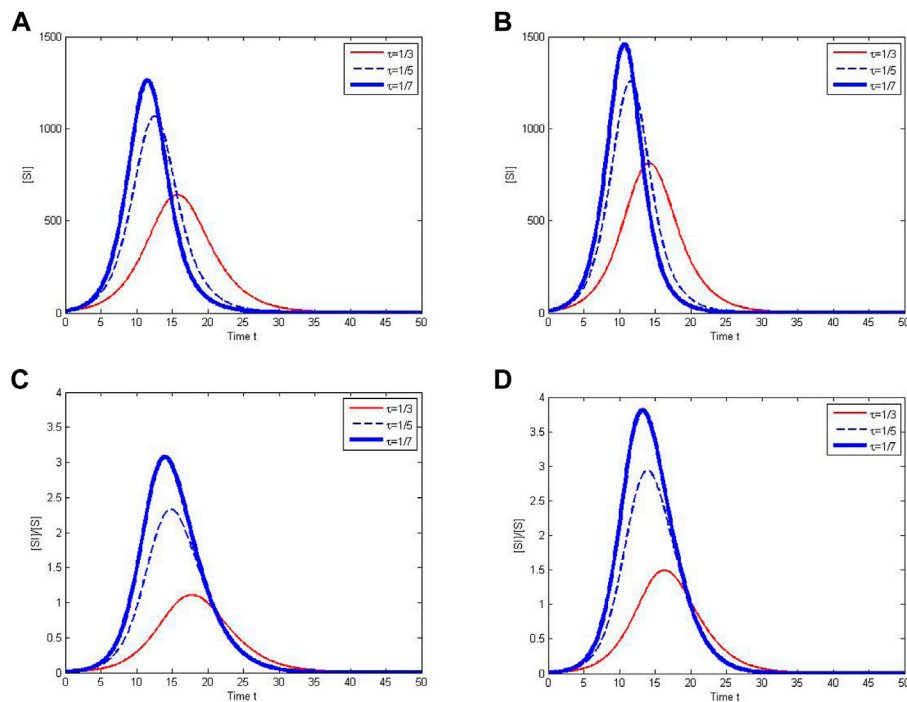


FIGURE 5
The contacts between susceptible and infected individuals under different tracing rates and awareness processes. In (A) and (C), the awareness process follows the uniform distribution $U(0, 20)$. In (B) and (D), the awareness process follows the gamma distribution $Gamma(10, 1)$.

$\int_t^\infty \phi(s-t)e^{-(\alpha+\tau)s} \frac{f(s)}{\xi(s-t)} ds = [Q_a]_0 f(t)e^{-(\alpha+\tau)t}$. The awareness process of infection among infectious individuals is assumed to follow Gamma or Uniform distribution. Here, Gamma distribution is widely used in the epidemiology literature to approximate empirically observed transition periods [29]. For Gamma distribution $Gamma(a, b)$, a is the shape parameter and b is the scale parameter. The probability density function is $f(x) = \frac{x^{a-1} e^{-x/b}}{\Gamma(a)b^a}$, when $x > 0$, where the function $\Gamma(x)$ is Gamma function. The expected value is ab and the variance is ab^2 . Note that $Gamma(1, \lambda)$ is Exponential distribution $E(\lambda)$. Further, $U(a, b)$ is a uniform distribution in the interval $[a, b]$ with $a \geq 0$ and $a < b$. The probability density function is $f(x) = \frac{1}{b-a}$ when $x \in [a, b]$, and the expected value and the variance are $(a+b)/2$ and $(b-a)^2/12$, respectively.

First, we focus on the effects of different contact tracing rates and awareness processes on the epidemic spreading.

Figure 2 shows the impacts of parameters on the basic reproduction number, R_0 . The contours of R_0 as the function of the contact tracing rate and distribution parameters of awareness process are provided in Figure 2A, Figure 2B and Figure 2C. These simulations indicate that the basic reproduction number decreases as the contact tracing rate, τ , increases and the mean of awareness process decreases. Besides, the reduction in R_0 that achieved by increasing τ is smaller when τ is larger. This means that it is relatively difficult to reduce the basic

reproduction number by increasing the contact tracing rate when the contact tracing rate is larger. In Figure 2D, the basic reproduction numbers are compared when awareness processes have the same mean but different variances. We can observe that when the mean of awareness process is fixed, higher variance in the awareness process leads to smaller basic reproduction number and larger threshold of contact tracing rate. The simulation results in Figure 2 are consistent with the results of our theoretical analysis.

Figure 3 shows the impacts of parameters on the final epidemic size. In Figure 3A, Figure 3B and Figure 3C, the contours of the final epidemic size are depicted as the function of contact tracing rate and distribution parameters of awareness process. We find that the trends of these contours are similar, that is, the final epidemic size increases when the contact tracing rate increases and the mean awareness period decreases. Besides, the increase in the final epidemic size by increasing τ is greater when τ is larger. This indicates that it is relatively easy to increase the final epidemic size by increasing the contact tracing rate when the contact tracing rate is large. In Figure 3D, the awareness processes have the same mean but different variances. The results indicate that larger variance in awareness process contributes to larger final epidemic size when the tracing rate and the mean of awareness process are fixed.

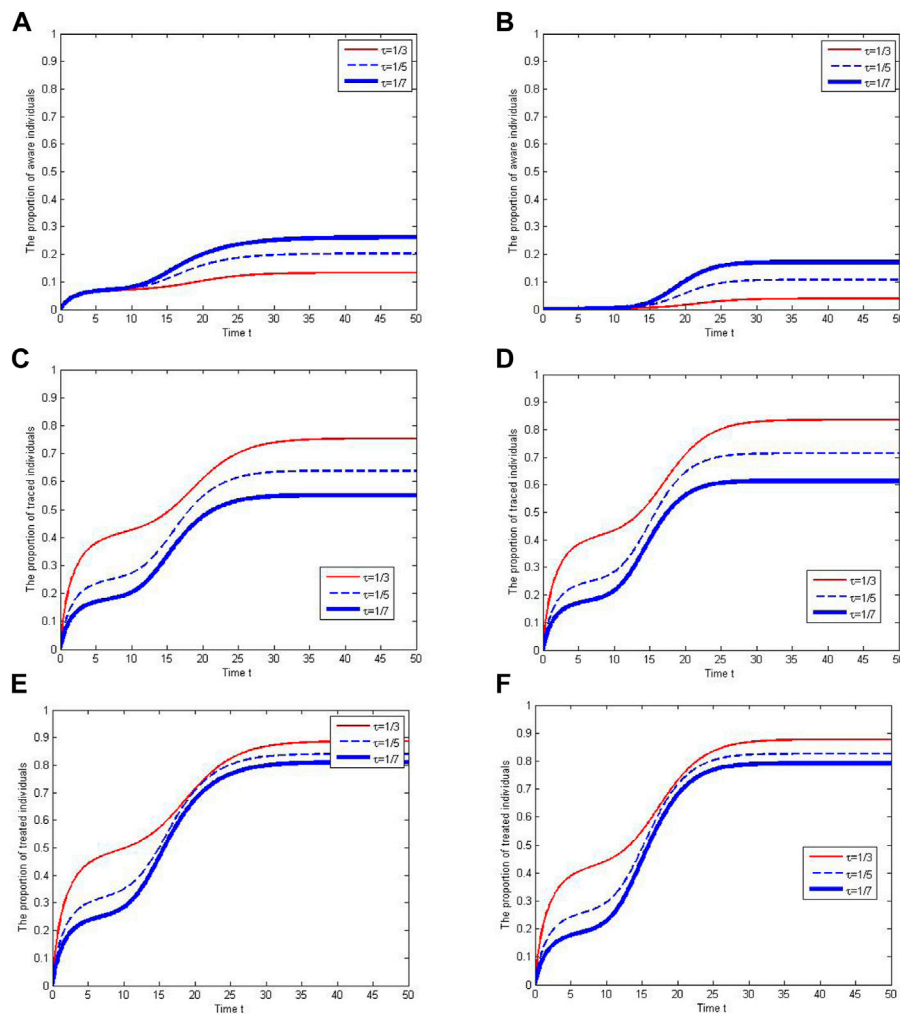


FIGURE 6 The cumulative proportions of aware and traced individuals under different tracing rates and awareness processes. In (A), (C) and (E), the awareness process follows the uniform distribution, $U(0, 20)$. In (B), (D) and (F), the awareness process follows the gamma distribution, $\text{Gamma}(10, 1)$. Treated individuals refer to aware individuals and traced individuals.

The proportions of infection in the total population are shown in Figure 4 for different contact tracing rates and different distributions of the awareness process all having the same mean. Two observations can be obtained. First, larger contact tracing rate leads to a smaller and later peak of the proportion of infected individuals. Second, obvious differences exist in proportions of infected individuals despite the mean length of awareness periods is the same. In particular, when the contact tracing rate is fixed, the exponential distribution has the largest variance and leads to the lowest and latest peak in infection proportion.

Further, we are interested in the dynamics of contact behavior and awareness behavior of humans under different contact tracing rates and awareness processes. Here, we consider two non-Markovian distributions of awareness processes, $U(0,$

$20)$ and $\text{Gamma}(10, 1)$, which have the same mean but different variances. Note that the variance of $U(0, 20)$ is larger than that of $\text{Gamma}(10, 1)$.

The number of contacts between susceptible and infected individuals can be reduced by increasing contact tracing rates and the variance of awareness processes. In particular, Figure 5A and Figure 5B show that the number of $S-I$ links has a lower and later peak when the contact tracing rate and the variance of awareness process are larger. The average number of contacts per susceptible individual with infectious individuals has similar characteristics, which is shown in Figure 5C and Figure 5D, respectively. The results indicate that a susceptible individual has less contacts with infectious individuals when the tracing rate is larger or the awareness process has a fixed mean but a larger variance.

TABLE 1 Impacts of contact tracing and awareness of infection.

Index	Distribution of awareness process	$\tau = \frac{1}{7}$	$\tau = \frac{1}{5}$	$\tau = \frac{1}{3}$	Reduction ($\tau = \frac{1}{5}$ relative to $\tau = \frac{1}{7}$)	Reduction ($\tau = \frac{1}{3}$ relative to $\tau = \frac{1}{7}$)
Peak value of [I]	$U(0, 20)$	349	269	132	22.9%	62.2%
	$Gamma(10, 1)$	435	342	180	21.4%	58.6%
Total number of [I]	$U(0, 20)$	36641	29106	17220	20.6%	53%
	$Gamma(10, 1)$	41758	33715	20758	19.3%	50.3%
Peak value of [SI]	$U(0, 20)$	1263	1067	641	15.5%	49.2%
	$Gamma(10, 1)$	1458	1257	813	13.8%	44.2%
Total number of [SI]	$U(0, 20)$	95103	91087	76036	4.2%	20.0%
	$Gamma(10, 1)$	97082	94325	82700	2.8%	14.8%
Peak value of $\frac{[SI]}{[S]}$	$U(0, 20)$	3.1	2.3	1.1	25.8%	64.5%
	$Gamma(10, 1)$	3.9	3.0	1.5	23.1%	61.5%

Considering the variation of human awareness, we investigate the impacts of parameters on the proportions of aware individuals and traced individuals in Figure 6. Here, the proportion of aware individuals is the ratio of the cumulative number of aware individuals to the cumulative number of infected individuals, and the proportion of traced individuals is the ratio of the cumulative number of traced individuals to the cumulative number of infected individuals. We find that the proportion of aware individuals is larger when the awareness process has a fixed mean but a larger variance. However, the proportion of aware individuals is lower when the contact tracing is larger, which is possible because more infected individuals are traced in this case.

Finally, we investigate the performance of different contact tracing rates and awareness processes in containing epidemic spread in Table 1. Here, five characteristics of the epidemic, namely, the peak value of infected individuals, the total number of the infected individuals, the peak value of [SI], the total number of S-I links, and the peak value of [SI]/[S], are considered. The results indicate that larger reductions can be obtained by using larger contact tracing rates when the awareness process has a larger variance and a fixed mean, which is the combined effects of contact tracing and awareness process on the epidemic. Hence, enhancing contact tracing is more effective in reducing the number of infected individuals and the contacts between susceptible and infected individuals, when the awareness process has larger variance and a fixed mean.

6 Discussion

The objective of this work is to determine the impacts of contact tracing strategy and awareness behavior among infectious individuals on the epidemic. Due to the

complexity of human behavior, the non-Markovian awareness process is incorporated into the pairwise model in this work.

Through analyzing the SIR pairwise network model theoretically, we derive the basic reproduction number and an expression of final epidemic size. Moreover, we present the threshold for effective contact tracing rate, such that the basic reproduction number is less than one if the contact tracing rate is larger than the threshold. We prove that when the mean awareness period is fixed, a larger variance in awareness process contributes to a smaller basic reproduction number, a larger final epidemic size and a greater threshold of effective contact tracing rate. Further, two common non-Markovian distributions (Gamma and Uniform) are considered in numerical simulations to verify the analytic results.

We find that the enforcement of contact tracing has great impacts on the transmission of airborne diseases. Increasing the contact tracing rate can decrease the basic reproduction number, increase the final epidemic size, reduce the number of infections, thereby control the spread of disease. When the contact tracing rate is large, increasing contact tracing rate can greatly enlarge the final epidemic size. When the contact tracing rate is small, increasing tracing rate can reduce the basic reproduction number by a larger scale. To reduce the basic reproduction number to be less than one and finally curb the epidemic spread, an effective tracing rate that is larger than the threshold can be employed. Moreover, we find that susceptible individuals reduce their contacts with infectious individuals and more infectious individuals are traced when the contact tracing rate is larger. Hence, effective tracing strategies contribute to contain epidemic spread and reduce the contacts of susceptible individuals with infectious individuals, while the efficiencies of contact tracing vary.

The awareness on the state of infection among infected individuals is another important factor that affects the efficiency of disease control. When the mean awareness period is fixed, larger variance in the awareness process indicates that more infected individuals are aware of their infection in a shorter time. In this case, larger variance in the awareness process leads to smaller basic reproduction number, lower threshold of effective contact tracing rate, and larger treated (aware and traced) proportion of the infected population. Our study suggests that the public health authorities should improve the availability of rapid antigen testing and raise awareness of infectious status, so that more infected individuals are aware of their infected states and seek treatment in a short time. In particular, when the awareness process of infectious status has a larger variance and a fixed mean, contact tracing strategies have better performances in mitigating the spread of disease.

Our study incorporates contact tracing and the non-Markovian awareness process in a pairwise model. The analytical and simulation results help us understand the roles of contact tracing and awareness of humans in controlling the spread of disease. Since the economic costs of implementing contact tracing strategies are high especially when there are a large number of contacts with infected and treated people, public health authorities should also educate the population to maintain awareness about the infection. Rational allocation of resources for implementing contact tracing and awareness education can lead to rapid identification of infections and relieve the financial burden on the health authorities. In addition, our work can be extended by incorporating the non-Markovian infection process and recovery process into the epidemic model, which makes the model more realistic. Furthermore, the homogeneous network in our work is an approximation of the actual contact network. Hence, modelling heterogeneous networks to investigate the role of contact tracing and awareness education in controlling the epidemic of infectious diseases will also be studied in our future work.

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Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Author contributions

WS and LX conceived the study and performed the theoretical studies. WS, LX, and JR carried out the numerical analysis. WS, LX, JR, and XS discussed the numerical results and interpreted the biological relevance. WS, LX, and JR wrote the manuscript. All authors reviewed and revised the manuscript.

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