



# A Two-Zone Shear-Induced Red Blood Cell Migration Model for Blood Flow in Microvessels

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The Fåhræus and Fåhræus-Lindqvist effects are both associated with the concentration of red blood cells (RBCs) in the core region of microvessels. The annular region is a cell-free layer. Blood flow dynamics and both effects are related to the hematocrit level profile. The aim is to propose a model for blood flow in microvessels that is not compute intensive like many other models such as those using finite element methods. Modeling blood flow requires solving for both the hematocrit level and velocity profiles as blood viscosity depends on the hematocrit level. The two-zone shear-induced model for blood flow is adopted while including an annular cell-free layer, as in the marginal zone theory and in consistency with experimental observations. In the core region, the hematocrit level is not considered to be uniform, and the concentration and viscous fluxes are equal in magnitude and opposite in directions in the fully developed velocity and concentration profiles case. The momentum and hematocrit balance equations are solved. Both analytical and numerical solutions for the velocity and hematocrit level profiles are determined. The numerical results are found to exactly match the analytical solutions, and to be in very good agreement with published experimental data for the cell-free layer thickness, the velocity profile, and the hematocrit ratio.

**Keywords:** blood flow, blood viscosity, velocity profile, Fåhræus effect, Fåhræus-Lindqvist effect, cell-free layer, hematocrit level, hematocrit ratio

## OPEN ACCESS

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### Specialty section:

This article was submitted to  
Biophysics,  
a section of the journal  
Frontiers in Physics

**Received:** 10 August 2019

**Accepted:** 15 November 2019

**Published:** 06 December 2019

### Citation:

Chebbi R (2019) A Two-Zone Shear-Induced Red Blood Cell Migration Model for Blood Flow in Microvessels. *Front. Phys.* 7:206. doi: 10.3389/fphy.2019.00206

## INTRODUCTION

Resistance to blood flow mainly occurs in the microvascular system [1]. For tubes of small diameter, RBCs concentrate in the core region, leaving a cell-free layer near the capillary wall. The apparent viscosity decreases for  $D$  as low as about  $10\ \mu\text{m}$  (the size of red blood cells being about  $8\ \mu\text{m}$ ) [1]. The decrease in the tube hematocrit as compared to the discharge hematocrit is known as the Fåhræus effect, and the drop in the apparent viscosity as the tube diameter decreases below  $300\ \mu\text{m}$  is termed the Fåhræus-Lindqvist effect. The Fåhræus [2] and Fåhræus-Lindqvist effects [3, 4] are both associated with the concentration of red blood cells (RBCs) in the core region of microvessels, leading to lower tube hematocrit compared to the discharge hematocrit level, and to lower viscosity for vessel radius in the approximate range of  $15\text{--}500\ \mu\text{m}$  [5]. Further details about the two effects can be found in Fåhræus [2], Martini et al. [3], Fåhræus and Lindqvist [4], Fournier [5], Pries [6], Secomb and Pries [1], and Toksvang and Berg [7]. Models of blood viscosity including Newtonian and non-Newtonian models are reviewed in Hund et al. [8]. At small shear rates, aggregates of red blood cells of comparable size to the tube diameter form, and treating blood as homogeneous is improper [5]. However, shear rates are typically high, and the case of small shear rates is not a concern [5]. Using dissipation particle

dynamics, Lei et al. [9] concluded that using the continuum approach is not appropriate for stress analysis for capillary diameter less than  $100\ \mu\text{m}$ , and suggested the change from a no-slip to a slip model along with a continuum approach. The marginal zone model introduced by Haynes [10], in which the annular zone is a cell-free layer (with all the RBCs concentrated in the core region), is extended in Fournier [5], Sharan and Popel [11], Sriram et al. [12], and Chebbi [13] with blood flow in vessel bifurcations also addressed in Chebbi [13]. The core region is assumed of uniform hematocrit level, and the two layers are treated as continuum, assuming a Newtonian fluid behavior for the core region in Fournier [5], Sharan and Popel [11], Sriram et al. [12], and Chebbi [13], and a Non-Newtonian (Quemada) rheological model in Sriram et al. [12] along with a finite-element method to solve the problem [12]. The cell-free layer (CFL) is considered of higher viscosity than plasma in Sharan and Popel [11] to account for viscous dissipation at the interface between the two layers resulting from the roughness of the interface between the two layers.

Hematocrit level gradients were accounted for by using one of the two following models:

- (i) The shear-induced migration model in Weert [14] Mansour et al. [15], and Chebbi [16] using the model of Phillips et al. [17], which is an extension of a previous model by Leighton and Acrivos [18] to analyze blood flow
- (ii) The elastic-stress induced migration model in Moyers-Gonzalez et al. [19], Moyers-Gonzalez and Owens [20] and Dimakopoulos et al. [21], which is an extension of a previous model by Mavrantzas and Beris [22, 23] to examine blood flow.

The models in Weert [14] and Mansour et al. [15] use the Quemada model of blood viscosity [24] and were solved using finite element methods. In contrast, the treatment in Chebbi [16] extends the Krieger-Dougherty viscosity model of viscosity, used by Phillips et al. [17] to analyze blood flow while considering analytic and numerical solutions of the ordinary differential equations governing velocity and hematocrit level gradients for the fully developed profiles case. The results are in good agreement with published velocity profiles and hematocrit ratio, and match closely with the results obtained in Weert [14] and Mansour et al. [15] using finite element methods and considering the same model of viscosity (Krieger-Dougherty viscosity model).

In contrast to the previous model [16], not including the cell-free layer, the present one includes two zones as in the marginal zone theory: an annular cell-free layer in consistency with experimental observations, and a core region. However, in contrast to models based on Haynes model [5, 11–13] including a core region of uniform hematocrit level and a CFL, the core region has a non-uniform hematocrit level in the present model, with both the shear-induced migration model and the Krieger-Dougherty model of viscosity used to find the velocity profile and the hematocrit-level variations. Both analytical and numerical solutions are provided, and the results are validated against published experimental data for the cell-free layer thickness, the velocity profile and the hematocrit ratio.

## GOVERNING EQUATIONS

### Hematocrit Level Profile

The tube and discharge hematocrit levels are obtained by applying the formulas in Roselli and Diller [25] while accounting for the absence of RBCs in the cell-free layer

$$H_T = \frac{\int_A H \, dA}{A} = \frac{\int_0^{R-\delta} 2\pi r H \, dr}{\pi R^2} \quad (1)$$

$$H_D = \frac{\int_A H v_z \, dA}{\int_A v_z \, dA} = \frac{\int_0^{R-\delta} 2\pi r H v_z \, dr}{\pi R^2 v_{av}} \quad (2)$$

The limits of integration account for the cell-free layer thickness  $\delta$ .

### Core Region

The developments in Chebbi [16] and Phillips et al. [17] are only valid in the core region. The core zone extends from the centerline ( $r = 0$ ) to  $r = R - \delta$ , where  $\delta$  is the cell-free layer thickness.

The RBC conservation equation for the fully developed hematocrit level and velocity profiles case yields [16]

$$0 = -\frac{1}{r} \frac{d}{dr} [r (J_c + J_\mu)] \quad (3)$$

where the concentration and viscosity hematocrit fluxes are [17]

$$J_c = -K_c a^2 \left( H^2 \frac{d\sigma}{dr} + H\sigma \frac{dH}{dr} \right); \quad J_\mu = -K_\mu \sigma H^2 a^2 \frac{d\mu}{dr} \quad (4)$$

in which  $a$  is the RBC size and  $\sigma$  is the shear rate [26]

$$\sigma = -\frac{dv_z}{dr} \quad (5)$$

Integrating Equation 3 while using the requirement that  $J_c$  and  $J_\mu$  are finite at the centerline yields

$$J_c + J_\mu = 0 \quad (6)$$

The velocity profile is governed by the momentum balance [26]

$$\frac{1}{r} \frac{d}{dr} (r\tau) = -\frac{dP}{dz} \quad (7)$$

where the shear stress  $\tau$  is equal to the product of  $\mu$  and  $\sigma$ . The requirement that the shear stress must be finite at  $r = 0$  yields after integration of Equation 7 and in consistency with Fournier [5]

$$\tau = \mu\sigma = -\frac{dP}{dz} \frac{r}{2}$$

Combining the hematocrit balance and the momentum balance equations yields as in Chebbi [16]

$$r \frac{dH}{dr} \left[ 1 + \frac{\zeta - 1}{\mu} H \frac{d\mu}{dH} \right] = -H; \quad \zeta = K_\mu / K_c \quad (8)$$

## Cell-Free Layer

The viscosity in the annular layer is assumed equal to the plasma viscosity. The zone is annular and extends from  $r = R - \delta$  to  $R$ . The hematocrit level is zero, while the velocity profile satisfies a similar momentum balance to the one above for the core region

$$\tau = \mu_p \sigma = -\frac{dP}{dz} \frac{r}{2} \quad (9)$$

where  $\mu_p$  is the plasma viscosity.

## DIMENSIONLESS EQUATIONS

### Viscosity Model

The viscosity of the core region is assumed to satisfy the Krieger-Dougherty model [27]

$$\frac{\mu}{\mu_p} = \left(1 - \frac{H}{H_m}\right)^{-n} \quad (10)$$

where  $H_m$  is the maximum hematocrit level.

The dimensionless velocity, radial coordinate and viscosity are defined as

$$\bar{v}_z = \frac{v_z}{\Omega v_{av}}; \bar{r} = \frac{r}{R}; \bar{\mu} = \frac{\mu}{\mu_p}; \Omega = -\frac{dP}{dz} \frac{R^2}{v_{av} \mu_p} \quad (11)$$

Using Poiseuille equation yields the following expression for  $\Omega$  as a function of the reduced apparent viscosity

$$\Omega = 8 \frac{\mu_{app}}{\mu_p} \quad (12)$$

Combining Equations 11 and 12 while using the definition of the average velocity yields as in Chebbi [16]

$$\frac{\mu_{app}}{\mu_p} = \frac{1}{16 \int_0^1 \bar{v}_z \bar{r} d\bar{r}} \quad (13)$$

### Cell-Free Layer

The dimensionless velocity profile satisfies

$$\frac{d\bar{v}_z}{d\bar{r}} = -\frac{\bar{r}}{2} \quad (14)$$

subject to the no-slip boundary condition

$$\text{at } \bar{r} = 1, \bar{v}_z = 0 \quad (15)$$

The hematocrit level is zero in the cell-free layer.

### Core Region

The viscosity is hematocrit-level dependent, and the dimensionless velocity profile satisfies

$$\frac{d\bar{v}_z}{d\bar{r}} = -\frac{\bar{r}}{2} \left(1 - \frac{H}{H_m}\right)^n \quad (16)$$

subject to the velocity continuity condition at the interface between the two zones

$$\text{at } \bar{r} = 1 - \bar{\delta}, \bar{v}_z = \bar{v}_{z,\delta} \quad (17)$$

where  $\bar{v}_{z,\delta}$  is the velocity at the edge of the cell-free layer.

Substituting for the viscosity expression from Equation 10 into Equation 8, gives as in Chebbi [16]

$$\bar{r} \frac{dH}{d\bar{r}} \left[1 + \frac{(\zeta - 1)n}{H_m} H \left(1 - \frac{H}{H_m}\right)^{-1}\right] = -H \quad (18)$$

However, this is subject to the following boundary condition.

$$\text{at } \bar{r} = 1 - \bar{\delta}, H = H_\delta \quad (19)$$

### Dimensionless Expressions for Tube and Discharge Hematocrit Levels

In the cell-free layer, the hematocrit level is zero. Therefore, the integration domain extends from 0 to  $1 - \bar{\delta}$  in the following dimensionless expressions for  $H_T$  and  $H_D$  obtained from Equations 1 and 2

$$H_T = 2 \int_0^{1-\bar{\delta}} \bar{r} H d\bar{r} \quad (20)$$

$$H_D = \frac{\int_0^{1-\bar{\delta}} \bar{r} H \bar{v}_z d\bar{r}}{\int_0^1 \bar{v}_z \bar{r} d\bar{r}} \quad (21)$$

## ANALYTICAL SOLUTION FOR THE HEMATOCRIT LEVEL AND VELOCITY PROFILES

### Hematocrit Level Profile

In the core region, the hematocrit level varies from  $H_\delta$  to  $H_m$ . Integration of Equation 18 using the boundary condition (Equation 19) yields.

$$\bar{r} = (1 - \bar{\delta}) \frac{H_\delta}{H} \left[ \frac{H_m - H}{H_m - H_\delta} \right]^{(\zeta-1)n} \quad (22)$$

### Velocity Profile

#### Cell-Free Layer

Integrating Equation 14 while using the no-slip boundary condition (Equation 15) gives.

$$\bar{v}_z = \frac{1}{4} (1 - \bar{r}^2) \quad (23)$$

#### Core Region

Substituting for  $\bar{r}$  from Equation 22 into Equation 16 and using the velocity continuity condition, Equation 17, along with Equation 23 gives

$$\bar{v}_z = \frac{1}{4} \bar{\delta} (2 - \bar{\delta}) + (1 - \bar{\delta})^2 \frac{H_\delta^2}{2H_m^n (H_m - H_\delta)^{2q}}$$

$$\times \int_{H_\delta}^H \frac{(H_m - H)^s}{H^3} [H_m + (q - 1) H] dH;$$

$$s = (2\zeta - 1)n - 1; q = (\zeta - 1)n \tag{24}$$

Using a Taylor series expansion for H near H<sub>m</sub>, and integrating Equation 24 yields

$$\bar{v}_z = \frac{1}{4} \bar{\delta} (2 - \bar{\delta}) + (1 - \bar{\delta})^2 \frac{H_\delta^2 H_m^{s-n}}{2(H_m - H_\delta)^{2q}} [H_m A + (q - 1) B] \tag{25}$$

where

$$A = \frac{1}{2} (H_\delta^{-2} - H^{-2}) + b_1 (H_\delta^{-1} - H^{-1}) + b_2 \ln\left(\frac{H}{H_\delta}\right) + \sum_{k=3}^{\infty} \frac{b_k}{k-2} (H^{k-2} - H_\delta^{k-2});$$

$$B = -\frac{1}{H} + \frac{1}{H_\delta} + b_1 \ln\left(\frac{H}{H_\delta}\right) + \sum_{k=2}^{\infty} \frac{b_k}{k-1} (H^{k-1} - H_\delta^{k-1}) \tag{26}$$

and

$$b_k = \left(\frac{-1}{H_m}\right)^k \frac{s(s-1)(s-2)\dots(s-k+1)}{k!} \tag{27}$$

Substituting for the velocity profile in the cell-free layer, Equation 23, into Equation 21 gives.

$$H_D = \frac{\int_0^{1-\bar{\delta}} \bar{r} H \bar{v}_z d\bar{r}}{\frac{1-2(1-\bar{\delta})^2+(1-\bar{\delta})^4}{16} + \int_0^{1-\bar{\delta}} \bar{v}_z \bar{r} d\bar{r}} \tag{28}$$

### SOLUTION PROCEDURE

The correlation of Pries et al. [6] for the apparent blood viscosity is given by the following expression

$$\bar{\mu} = \frac{\mu}{\mu_p} = F(H_D, D) = 1 + \left(220 e^{-1.3D} + 3.2 - 2.44 e^{-0.06D^{0.645}} - 1\right) \frac{(1 - H_D)^C - 1}{(1 - 0.45)^C - 1};$$

$$C = (0.8 + e^{-0.075D}) \left(-1 + \frac{1}{1 + 10^{-11} D^{12}}\right) + \frac{1}{1 + 10^{-11} D^{12}} \tag{29}$$

The above equation defines F as a function of H<sub>D</sub> and vessel diameter D in μm.

The correlation of Pries et al. [6] is based on extensive data for the apparent viscosity of blood, expressed in terms of the discharge hematocrit H<sub>D</sub> and the tube diameter D. The correlation was used for calibration either directly or indirectly in a number of studies. Calibration of the CFL relative thickness in Sharan and Popel [11] was performed using the correlation of Pries et al. [6] for the apparent viscosity of blood. The same correlation was also used by Chebbi [16]. A depleted cell region with lower (but nonzero) hematocrit level was modeled in Mansour et al. [15] (**Figure 3**) using published results for the relative size of the CFL in Sharan and Popel [11] (also using Pries et al. correlation as mentioned above) and in Bagchi [28] (based on mesoscale simulation).

The flow rate Q affects the pressure drop ΔP according to Hagen-Poiseuille equation [5] defining the apparent viscosity

$$\Delta P = \frac{8\mu_{app} L Q}{\pi R^4} \tag{30}$$

For given values of the discharge hematocrit, and capillary radius and length, higher flow rate increases the pressure drop.

The parameter n is taken equal to 1.82 as in Phillips et al. [17]. However, the values of ζ and H<sub>m</sub> are taken as 8 and 0.85, respectively.

Combining Equations 13 and 28 yields as in [16]

$$F(H_D, D) = \frac{1}{16 \int_0^1 \bar{v}_z \bar{r} d\bar{r}} \tag{31}$$

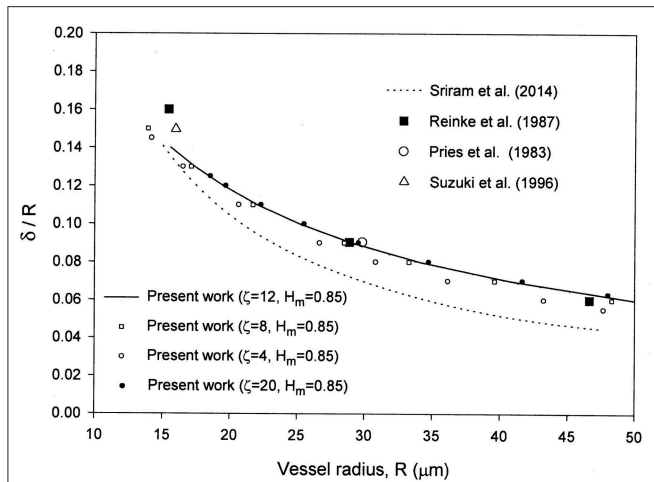
To integrate Equations 16 and 18, the two unknowns δ̄ and H<sub>δ</sub>, required for integration, are calculated iteratively to satisfy both Equations 27 and 29.

### RESULTS AND CONCLUSIONS

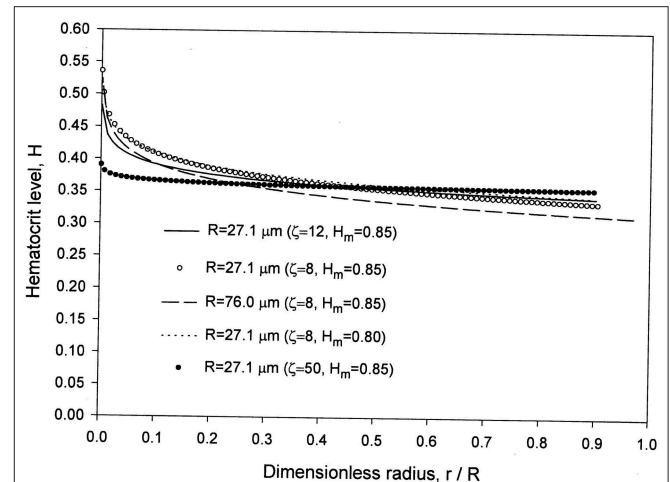
The model results are compared with published experimental and numerical results. In addition, the analytical solutions for the velocity and hematocrit level profiles are validated.

As seen from **Figure 1**, the present results are in very good agreement with the experimental data for the cell-free layer thickness reported in Reinke et al. [30], Pries et al. [31], and Suzuki et al. [32] as reported in Sriram et al. [12] for the case H<sub>D</sub> = 0.45. For a given discharge hematocrit level, the relative CFL thickness decreases at higher capillary radius.

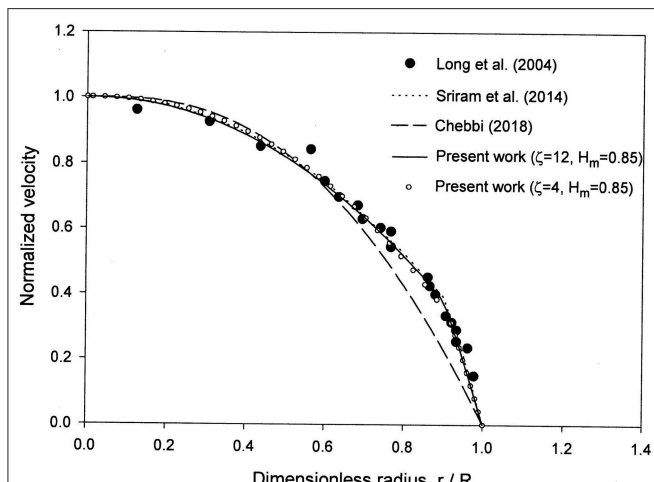
The velocity profile obtained is in very good agreement with the numerical results in Sriram et al. [12] and the reported experimental data of Long et al. [29] for the case H<sub>D</sub> = 0.335 and R = 27.1 μm as noticed from **Figure 2**. The values of δ̄ and H<sub>δ</sub> were found to be 0.096 and 0.3335, respectively. An excellent matching was found between the analytical solutions (Equations 22 and 25) and the numerical solutions both obtained using the proposed model for the velocity and hematocrit level profiles. The results are shown in **Figures 2, 3**. Although the matching is excellent between the present velocity profile results and those in Sriram et al. [12], there are deviations in the CFL thickness results (**Figure 1**). This can be understood based on the fact that



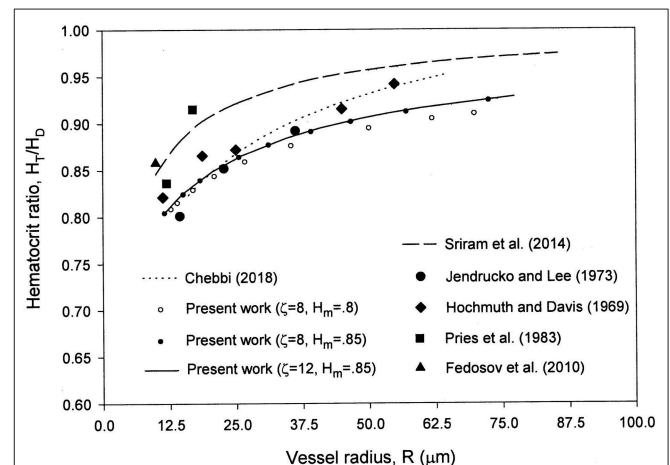
**FIGURE 1** | Comparison of the present model with the numerical results in Sriram et al. [12] and the cell-free layer thickness experimental data in Long et al. [29] reported in Sriram et al. [12] for  $H_D = 0.45$ .



**FIGURE 3** | Present model results for the hematocrit level in the core region for  $H_D = 0.335$  and two values of  $R = 27.1$  and  $76.0 \mu m$ .



**FIGURE 2** | Comparison of the present model with the numerical results in Sriram et al. [12] and the experimental data in Reinke et al. [30], Pries et al. [31], and Suzuki et al. [32] reported in Sriram et al. [12] for the normalized velocity profile for  $H_D = 0.335$  and  $R = 27.1 \mu m$ .



**FIGURE 4** | Comparison of the present model with the hematocrit ratio numerical results in Sriram et al. [12] and the experimental data in Pries et al. [31], Hochmuth et al. [33], Jendrucko and Lee [34], and Fedosov et al. [35] reported in Sriram et al. [12] for  $H_D = 0.405$ .

the two models are different as discussed in the introduction. The differences include different rheological models, and diffusion effects included in the present model versus a uniform hematocrit level assumed in the model of Sriram et al. [12]. A peak can be seen at the origin (Figure 3), even when increasing the capillary radius from  $27.1 \mu m$  to  $76.0 \mu m$ . The hematocrit profiles obtained with constant parameters for the hematocrit diffusion fluxes in Mansour et al. [15] also show peaks at the origin, attributed by the authors to deformation of RBCs (not accounted for in the model [15] when using constant parameters). The concentration flux parameter  $K_c$  was selected as a function of both  $H_D$  and the dimensionless radial coordinate

to eliminate the peak at the origin, while using calibration as indicated in the introduction [15].

At higher radius,  $76.0 \mu m$ , compared to  $27.1 \mu m$  (Figure 3), the hematocrit level is lower with a lower value of the CFL relative thickness. Reducing  $H_m$  from 0.85 to 0.80 provides very close and lower values for  $H$  near the centerline with slightly higher values elsewhere for the same capillary radius  $R = 27.1 \mu m$ .

The present hematocrit ratio numerical results are in good agreement with the experimental data [31, 33–35] reported in [12] for the case  $H_D = 0.405$  as seen from Figure 4.

The selection of  $\zeta = 8-12$  and  $H_m = 0.85$  is based on a comparison of the results with the experimental data in

**Figures 1, 2, 4.** Some of the results obtained are presented in those figures. Changing  $\zeta$  from 8 to 4, while keeping  $H_m = 0.85$  yields very close results for the velocity profile (**Figure 2**), whereas the results for the relative CFL thickness are close but less consistent with experimental data (**Figure 1**). Changing  $H_m$  from 0.85 to 0.8 while keeping  $\zeta = 8$  shows close values but less agreement with the experimental data for the hematocrit ratio (**Figure 4**). Changing  $\zeta$  from 8 to 12 and 50, makes the peak region in the hematocrit profile less pronounced (**Figure 3**). The change of  $\zeta$  from 8 to 12 has very little effect on the results for the relative cell-free layer (**Figure 1**) and those for the hematocrit ratio (**Figure 4**). The results for the velocity profile for  $\zeta = 8$  and 12 nearly coincide and only the ones for  $\zeta = 12$  are shown in **Figure 2** to limit the number of curves for the sake of clarity. At high values of  $\zeta$  like 20, no solution could be obtained at the lower end of the radii values (**Figure 1**).

The previous model of the same author [16] provides a better agreement for the hematocrit ratio with experimental data than the present one, while the present model provides excellent and better matching with experimental velocity profile data along with an overall excellent matching with experimental data for the dimensionless CFL thickness (not included in the previous model [16]).

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The present model is not compute-intensive like many other models such as those using finite element methods. The two-zone model proposed in the present investigation incorporates a cell-free layer in accordance with experimental observations. In addition, concentration gradients of the RBCs in the core region are accounted for using a shear-induced model [17] along with the Krieger-Dougherty viscosity model [27]. The model results are in very good agreement with published experimental data for the cell-free layer thickness, the velocity profile, and the hematocrit ratio. Furthermore, the present analytical and numerical results for the hematocrit level and velocity were found to exactly match. The model is computationally inexpensive and could be considered for solving blood flow dynamics in microvascular networks.

## DATA AVAILABILITY STATEMENT

Publicly available datasets were analyzed in this study. This data can be found here: Sriram et al. [12].

## AUTHOR CONTRIBUTIONS

The present investigation was fully conducted by RC.

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**Conflict of Interest:** The author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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