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3D skin mapping for personalized dermatological treatment

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3D skin mapping, personalized medicine, advanced imaging, dermatological diagnosis, aesthetic medicine

Introduction

Historically, dermatological diagnosis and treatment planning have relied on subjective observations and basic imaging techniques. While these approaches have yielded significant advancements, their limitations are increasingly evident in a world moving toward precision medicine (Seck et al., 2020). Two-dimensional imaging fails to capture the skin's complex topography and depth, often leading to a mono-dimensional understanding of multifaceted conditions (Xu et al., 2019; Yew et al., 2014). This gap is now being addressed by the advent of 3D skin mapping technology. Using innovative imaging techniques, 3D skin mapping generates high-resolution, three-dimensional models of the skin, offering a detailed representation of surface and subsurface features (Gevaux et al., 2019). This technology facilitates a deeper understanding of individual skin characteristics, allowing for highly personalized treatment strategies. Beyond its transformative impact in medical dermatology, 3D mapping is also gaining prominence in aesthetic applications, where precision and patient satisfaction are equally critical.

The mechanics and capabilities of 3D skin mapping

At its core, 3D skin mapping utilizes advanced imaging technologies such as structured light scanning, photogrammetry and laser-assisted imaging (Quinzi et al., 2022). These methods create intricate, multi-layered representations of the skin, capturing parameters such as texture, elasticity, pigmentation and vascularity, while incorporating depth and spatial relationships into the analysis (Gevaux et al., 2019). Dynamic 3D mapping tools go further by visualizing changes in skin morphology over time, providing valuable insights into the progression of conditions and the efficacy of treatments (Voegeli et al., 2019; Shaiek et al., 2023). For example, in acne scars, these tools measure scar depth and volume to assess improvements following treatments like subcision or fractional laser therapy (Salameh et al., 2022). Psoriasis patients benefit from detailed monitoring of lesion thickness and affected area distribution, facilitating objective evaluations of therapeutic response. Similarly, in melasma, 3D mapping quantifies pigmentation density and irregularities, enabling clinicians to customize laser parameters for optimal results (Kallipolitis et al., 2025; Gaurav et al., 2024). By quantitatively measuring parameters such as wrinkle depth or scar volume, 3D mapping enables dermatologists to track patient progress with scientific accuracy, moving beyond subjective descriptions to data-driven outcomes. Beyond these conditions, hyperspectral imaging combined with AI algorithms, enhances early detection and characterization of skin cancers like melanoma and basal cell carcinoma. By utilizing these advanced capabilities, clinicians can deliver highly targeted and effective treatments tailored to individual patients' needs.

Comparison between 2D and 3D skin mapping technologies

Two-dimensional (2D) imaging has been a foundational tool in dermatology, offering valuable insights into surface-level features such as pigmentation, texture, and vascular abnormalities. While effective for basic assessments, 2D mapping tools are inherently limited by their inability to capture depth, volume, and the spatial relationships of skin structures. This limitation often results in incomplete analyses, particularly for conditions that require a detailed understanding of skin morphology, such as scars, wrinkles, or deep pigmentation disorders (Cerminara et al., 2023).

In contrast, 3D skin mapping provides a comprehensive representation of the skin by integrating depth and spatial data into multi-layered models. These detailed visualizations enable dermatologists to quantify parameters such as wrinkle depth, scar volume, and pigmentation density, offering a level of precision unattainable with 2D imaging. For instance, while a 2D photograph can document pigmentation patterns, a 3D scan can measure the thickness and distribution of the pigment across multiple layers, facilitating more targeted treatment planning (Kurzyk et al., 2024). Furthermore, 3D mapping tools allow for dynamic tracking of changes over time, making them invaluable for monitoring treatment efficacy or the progression of chronic skin conditions. The ability to visualize improvements in three dimensions enhances clinical accuracy and improves patient communication and satisfaction by providing tangible evidence of progress (Bannister et al., 2023).

Applications in dermatology and aesthetic medicine

The applications of 3D skin mapping span the spectrum of dermatological practice, encompassing both medical and cosmetic domains (Fu et al., 2021; Fu et al., 2018). In medical dermatology, it is proving invaluable for diagnosing and managing chronic skin conditions such as acne scars, psoriasis and melasma. By offering a comprehensive understanding of the distribution and depth of affected areas, 3D mapping enhances the precision of interventions. For example, in excisions and biopsies, 3D imaging provides high-resolution visualizations of skin lesions, allowing clinicians to accurately define lesion margins and assess their depth. This precision ensures biopsies target the most diagnostically relevant areas and excisions are performed with clear boundaries, reducing the risk of incomplete removal while optimizing cosmetic outcomes (Selkin et al., 2001; Guitera et al., 2012). 3D skin mapping also plays a critical role in dermatologic surgery, providing detailed pre-operative insights into the structure, elasticity, and vascularity of the surrounding tissue. These insights help surgeons tailor their approaches for procedures such as tumor removal or skin grafting, minimizing scarring and ensuring natural results, particularly in cosmetically sensitive areas like the face. Postoperatively, 3D imaging facilitates precise monitoring of healing, scar formation, and recurrence, enhancing patient care and satisfaction (Breuninger and Adam, 2014).

In aesthetic medicine, where precision and natural outcomes are crucial, 3D skin mapping has become a cornerstone for personalized

treatment. It enables clinicians to analyze facial symmetry, contour, and volume loss, creating bespoke plans for dermal fillers, botulinum toxin, and other interventions (Seck et al., 2020). Another example is the detailed evaluation of wrinkle depth which can guide the selection of treatment modalities, such as fractional lasers, radiofrequency devices or dermal fillers, ensuring precise application tailored to the severity and location of the wrinkles. Furthermore, 3D imaging can identify subtle asymmetries and imperfections that may not be apparent to the naked eye, empowering clinicians to refine their techniques and deliver superior results. Another emerging application is in laserbased treatments, where the success of procedures often hinges on precise targeting. 3D skin mapping can optimize laser settings based on the unique attributes of the skin, reducing the risk of complications such as post inflammatory hyperpigmentation (PIH), especially in patients with darker skin tones. Moreover, the technology enhances post-treatment evaluations, enabling clinicians to assess outcomes objectively and adjust protocols for subsequent sessions. As technology evolves, integration with artificial intelligence (AI) is poised to revolutionize the field further. AI-powered 3D skin analysis can provide predictive insights, helping clinicians forecast treatment outcomes with greater accuracy and refine their strategies in real time.

Additionally, the development of portable and cost-effective 3D imaging systems promises to make these advancements accessible to a broader range of practitioners, democratizing precision medicine in aesthetics. Furthermore, 3D skin mapping has demonstrated remarkable utility in patient education (Frommherz et al., 2023). By providing a visual representation of the patient's skin condition and the potential benefits of treatment, 3D skin mapping also fosters better understanding and alignment of expectations. That is to say, patients who see their skin in three dimensions often feel more engaged and reassured, leading to higher satisfaction and compliance with treatment plans.

Recent studies demonstrate the efficacy of these modalities in skin cancer diagnostics. Lin et al. assessed the Spectrum-Aided Vision Enhancer (SAVE) for detecting melanoma subtypes, achieving high sensitivity and specificity. This study focused on four melanoma types, acral lentiginous melanoma, melanoma in situ, nodular melanoma, and superficial spreading melanoma, using spectral information to enhance visualization and diagnostic accuracy. The researchers highlighted SAVE's ability to detect early-stage melanomas that may otherwise evade traditional imaging techniques (Lin et al., 2024). Similarly, Huang et al. employed hyperspectral imaging combined with YOLOv5, a state-of-the-art machine learning algorithm, for automated skin cancer classification. This study demonstrated the robustness of combining imaging technology with AI by accurately categorizing various types of skin cancer. The integration of YOLOv5 enabled real-time image processing, offering clinicians a highly efficient diagnostic tool. The findings underscored the potential for hyperspectral imaging in routine clinical workflows, particularly for screening high-risk populations (Huang et al., 2023). The broader implications of these findings are reflected in reviews such as those by Lu, Parasca, and Dhawan et al., which highlighted the potential of hyperspectral imaging in automated tumor classification, demonstrating improved diagnostic accuracy in skin cancer detection (Lu and Fei, 2014; Parasca et al., 2024; Dhawan et al., 2009). These contributions collectively underscore the transformative potential of hyperspectral and multispectral imaging in clinical and research settings.

These modalities complement 3D mapping by offering additional layers of diagnostic precision, particularly in detecting subtle changes in pigmentation and vascularity. Their ability to analyze spectral signatures provides a more nuanced understanding of skin conditions, making them valuable tools for both research and clinical practice.

Practical tools and applications

Several advanced 3D skin mapping devices are available on the market, offering cutting-edge imaging solutions for clinical and aesthetic dermatology. The VECTRA WB360 Imaging System by Canfield Scientific captures the entire skin surface in high resolution in a single shot, making it ideal for monitoring pigmented lesions and dispersed skin diseases (Marchetti et al., 2023). Similarly, the 3D Next MP Series provides total-body mapping, creating a 3D avatar for detecting skin cancer and other disorders, offering detailed insights within seconds (Cerminara et al., 2023). For facial analysis, the LifeViz® Mini by QuantifiCare is a portable and precise tool widely used in aesthetic practices, while the VISIA® Skin Analysis System excels in comprehensive skin assessments, capturing high-resolution images to analyze features such as texture, pigmentation, and vascularity (Goldie et al., 2021; Salti et al., 2023). These devices highlight the integration of advanced imaging technologies into dermatology, enhancing diagnostic accuracy and enabling highly personalized treatment plans significantly. Adding to these tools, Line-field Confocal Optical Coherence Tomography (LC-OCT) represents a significant advancement in non-invasive imaging technology. By combining optical coherence tomography and confocal microscopy, LC-OCT delivers quasiisotropic spatial resolution at the cellular level, enabling detailed in-vivo visualization of the skin's structure (Jdid et al., 2024). LC-OCT is particularly effective in diagnosing and monitoring conditions such as basal cell carcinoma, where its ability to differentiate malignant lesions from benign growths offers clinicians an unparalleled level of precision (Michielon et al., 2024). Moreover, LC-OCT has proven valuable in assessing inflammatory skin diseases, pigmentation disorders, and even treatment responses, expanding its utility further in both clinical and aesthetic dermatology. Together, these advanced imaging tools underline the transformative role of three-dimensional graphing of the skin in enhancing diagnostic accuracy, treatment planning, and overall patient outcomes.

Aesthetic applications: case studies and clinical trials

A prime example of clinical utility of 3D skin mapping is wrinkle analysis and treatment optimization. In patients seeking anti-aging treatments, the technology provides precise measurements of wrinkle depth, length, and distribution across the face (Matias et al., 2015). For instance, a patient depicting pronounced nasolabial folds and periorbital fine lines may undergo a 3D scan to quantify these features. This data can guide the selection of energy-based device parameters, such as fractional laser or radiofrequency microneedling settings, ensuring that energy is concentrated on deeper wrinkles while avoiding unnecessary treatment of unaffected areas. Over successive sessions, the same technology allows clinicians to track reductions in wrinkle depth and improvements in skin texture, providing objective data to evaluate treatment efficacy. In the case of melasma, where pigmentation patterns are irregular and diffused, 3D skin mapping offers a detailed visualization of melanin distribution across the skin (Kurzyk et al., 2024; Ahmedt-Aristizabal et al., 2023; Ghose et al., 2023). This feature could enable clinicians to develop laser treatment protocols optimized for each patient's pigmentation density and depth. For example, a dermatologist could use 3D imaging to adjust the parameters of a picosecond laser for a patient with melasma on their cheeks, ensuring safe and effective treatment with minimal risk of PIH. In aesthetic medicine, 3D skin mapping is revolutionizing procedures such as dermal filler treatments. Consider a patient seeking midface volume restoration. While traditional methods rely on manual palpation and subjective visual assessment, 3D imaging allows the clinician to visualize the loss of volume in the cheeks and nasolabial folds in detail. Using this data, the injector can plan precise filler placement to restore volume symmetrically (Musolff et al., 2024). Posttreatment scans provide immediate feedback, allowing the patient to see the subtle yet impactful changes achieved. Another compelling example is skin tightening procedures, such as those using ultrasound or radiofrequency devices, which could also benefit from 3D mapping. For instance, a patient undergoing treatment for lower face laxity might have their skin's elasticity and collagen density measured pre-treatment. These baseline images guide the clinician in selecting appropriate treatment parameters. Follow-up scans, taken months later, objectively demonstrate improvements in skin tightness, helping to quantify treatment outcomes and reinforce patient satisfaction (Hua et al., 2018). In patients requiring correction from previous malconducted aesthetic procedures, 3D devices capacitate clinicians to spot clear-cut scope of the damage, thus exact solutions to these complications.

Along with this, LC-OCT has emerged as a promising non-invasive imaging modality, with studies demonstrating its efficacy in various dermatological and systemic applications (Musolff et al., 2024). Literature reports highlight its high sensitivity and specificity in the diagnosis of skin cancers, including melanoma and basal cell carcinoma through detailed visualization of the dermo-epidermal junction and cellular morphology (Latriglia et al., 2023; Perez-Anker et al., 2024). In Assi et al.'s studies, LC-OCT, combined with deep learning, enabled precise quantification of facial dermal aging in healthy Caucasian females (Assi et al., 2024; Ali et al., 2024). The imaging technique captured key markers of aging, offering objective and reproducible measurements that could enhance diagnostics and treatment monitoring. In inflammatory skin diseases, such as psoriasis and eczema, LC-OCT has been shown to accurately depict epidermal thickening, vascular changes, and inflammatory infiltrates, facilitating precise disease staging and treatment monitoring (Cappilli et al., 2024). Additionally, research has underscored its potential in detecting early microvascular changes associated with systemic conditions like lupus and diabetes (Ferreira et al., 2023). In aesthetic dermatology, LC-OCT has also been used to assess structural changes post-treatment, such as collagen remodeling and epidermal texture improvements following laser therapy or injectable procedures (Dryżałowska et al., 2024). By

providing detailed, real-time insights into these changes, LC-OCT demonstrates its capacity to guide and refine treatment protocols. Therefore, LC-OCT is a cutting-edge imaging tool that enables highly personalized treatment strategies in aesthetic and dermatological care. By quantifying markers such as collagen density, elastin integrity, and dermal thickness, LC-OCT provides clinicians with precise, patient-specific insights into the aging process. These detailed assessments allow for tailored interventions that address the unique skin characteristics of each individual. For example, patients with thinning dermal layers or decreased skin density may be addressed with injectable biostimulators or dermal fillers, optimizing placement to achieve natural, balanced results. The ability to map these aging markers ensures treatments are neither overtreating nor underperforming.

These findings underscore the versatility of LC-OCT, offering a reliable, real-time, and non-invasive solution for diagnosis and treatment monitoring across a broad spectrum of clinical applications.

Patient monitoring and engagement

One of the most practical benefits of 3D skin mapping lies in its ability to engage patients and monitor their progress over time. By offering a detailed, three-dimensional visualization of their skin, patients gain a clearer understanding of their conditions and the potential benefits of proposed treatments. This transparency builds trust as areas of concern and projected outcomes are made tangible, fostering confidence in the treatment process. For example, a patient undergoing anti-aging treatments such as fractional lasers or chemical peels can see before-and-after images that objectively highlight changes in wrinkle depth, skin texture, and pigmentation. Another key advantage is that it is a non-invasive and painless method, ensuring patient comfort and making it ideal for sensitive skin conditions and regular follow-ups. This blend of precision, visual clarity, and comfort not only enhances satisfaction, but also empowers patients to actively engage in their care (Shaiek et al., 2023). For patients, 3D models offer an unparalleled educational tool, offering a deeper understanding of their treatment journey (Fuentes et al., 2020). A patient considering botulinum toxin for forehead lines may feel uncertain about the procedure. By showing them a 3D model of their current wrinkles and demonstrating how the treatment will affect the underlying musculature, clinicians can provide a clearer picture of expected results, addressing concerns and managing expectations (Fuentes et al., 2020). By integrating 3D skin mapping into their practice, clinicians create a more engaging and reassuring experience for patients. This process would empower patients to make informed decisions and actively participate in their care, ultimately driving higher satisfaction and compliance.

Applications beyond dermatology: multidisciplinary uses of 3D skin mapping and the path forward

The future of 3D skin mapping lies in its continued evolution and integration with complementary technologies. Advances in AI are set to enhance the capabilities of 3D imaging by automating analysis and identifying patterns that may elude human observation (Haykal, 2024a). For instance, AI algorithms could predict the likelihood of treatment success based on the unique attributes of the patient's skin, paving the way for reliably predictive dermatology. This is a transformative development, as it moves dermatology from a reactive approach to a proactive one, allowing clinicians to select the most effective treatments tailored to individual needs (Haykal, 2024b). By integrating real-time data from imaging, AI can forecast outcomes such as wrinkle reduction, scar improvement, or pigmentation correction with remarkable accuracy, minimizing trial-and-error in treatment plans (Grech et al., 2024). AI's impact is driven by advanced techniques like deep learning and machine learning models. Deep learning algorithms, especially convolutional neural networks (CNNs), excel at recognizing complex dermatological patterns in imaging data, such as early signs of melanoma or subtle pigmentation changes (Singh et al., 2024). Machine learning models analyze multi-dimensional patient data including age, skin type, and lesion characteristics to predict treatment responses and optimize protocols. Generative adversarial networks (GANs) simulate realistic "before-and-after" outcomes, improving patient communication and expectation management (Chan et al., 2020). These AI techniques not only refine diagnostic precision, but also enable dynamic adaptation of treatments based on real-time imaging and patient feedback. This synergy between AI and 3D imaging enables highly personalized treatment plans, more accurate monitoring of progress, and optimized protocols, ensuring superior and efficient patient care (Li et al., 2022).

Additionally, the development of portable, cost-effective devices is another promising avenue. As hardware becomes more compact and affordable, the barriers to entry will diminish, democratizing access to this technology (Balado et al., 2025). Such advancements could bring 3D skin mapping into the realm of primary care or remote dermatology, where its potential for improving diagnostic accuracy and patient outcomes is immense (Luo et al., 2023). Integration with wearable devices and other biometric tools could also expand the scope of 3D skin mapping (Haykal, 2024c). By combining imaging data with realtime metrics such as hydration levels, UV exposure, and temperature fluctuations, through which clinicians could gain a more holistic understanding of skin health. This multidimensional approach would enable the creation of highly personalized skincare regimens that address not only the current state of the skin, but also its dynamic responses to environmental and lifestyle factors.

While currently hypothetical, integrating 3D skin mapping with diagnostic tools like spectral imaging or biomarkers has the potential to 1 day support the early detection of systemic conditions with skin manifestations. For example, combining lesion imaging with systemic biomarkers might aid in monitoring diseases like lupus or diabetes. Although such applications are not yet realized, they underscore the potential of 3D skin mapping to advance personalized and multidisciplinary healthcare (Giavina-Bianchi and Ko, 2024).

Regulatory approvals and clinical validation of 3D skin mapping devices

Several 3D skin mapping devices have received regulatory approvals, such as FDA clearance in the United States and CE

marking in Europe, demonstrating their safety and efficacy for clinical use. For instance, the VECTRA WB360 Imaging System by Canfield Scientific is FDA-cleared for clinical applications, including monitoring pigmented lesions and early detection of skin cancer (VECTRA® WB360s, 2024). Similarly, the VISIA Skin Analysis System, which is both FDA-approved and CEmarked, is widely used in aesthetic practices for comprehensive facial assessments, analyzing features like wrinkles, pigmentation, and vascularity (Canfieldsci, 2024). The LC-OCT device is CE-marked in Europe and has been validated in clinical studies for non-invasive imaging of basal cell carcinoma and other dermatological conditions (Musolff et al., 2024). These regulatory certifications highlight the reliability and clinical relevance of 3D skin mapping technologies, enabling their adoption in both medical and aesthetic dermatology.

Barriers to adoption

Despite its transformative potential, the integration of 3D skin mapping into routine dermatological practice faces several obstacles. One of the primary challenges is the high cost of technology. Advanced imaging systems, such as the VECTRA WB360, can cost upwards of €70,000, with additional expenses for maintenance, software updates, and staff training (Singh et al., 2024). These costs are often prohibitive for smaller clinics or practitioners in resource-limited settings. Clinical trials also encounter financial barriers, as they require multiple devices for different sites, skilled operators, and secure storage for the large datasets generated. Such expenses strain research budgets, particularly in smaller-scale studies, limiting the broader validation of 3D skin mapping in diverse populations (Ahmed et al., 2023). Another significant barrier is the lack of standardization in imaging protocols and data interpretation (Kukk et al., 2024). Different devices rely on varying algorithms and methodologies, leading to inconsistencies in results across practices and multi-centered studies. This variability undermines the reliability of 3D skin mapping as a universal tool and complicates collaborative decision-making. Additionally, data management poses logistical challenges. The detailed models generated by these systems produce large datasets that require secure storage and efficient retrieval systems. In an era where data privacy is a growing concern, ensuring the protection of patient information is paramount (Paul et al., 2023). For example, while maintaining records of a patient's skin morphology enables clinicians to assess condition progression or treatment efficacy, robust data storage solutions are essential. Moreover, limited awareness among practitioners often leads to underutilization, while insufficient clinical validation for certain applications reduces confidence in its broader use. Integration into existing workflows can be challenging due to the time required for imaging, analysis, and staff training (Mennella et al., 2024).

Moreover, the deployment of AI and machine learning models in dermatology raises critical ethical considerations. Patient privacy and data security are paramount, especially given the sensitivity of dermatological imaging data. Compliance with regulations like the General Data Protection Regulation (GDPR) is essential to ensure ethical data handling (Carmi et al., 2023). Transparency in AI decision-making processes is another critical aspect. Patients and clinicians should be informed about how algorithms generate recommendations to foster trust and accountability. Furthermore, the underrepresentation of diverse skin tones and conditions in training datasets poses a risk of exacerbating healthcare disparities, highlighting the need for inclusive data collection to create equitable and effective models. Informed consent for data use and the education of patients and clinicians about AI's capabilities and limitations are critical to prevent misconceptions and over-reliance. Ensuring diverse representation in training datasets is vital to create models that are effective across varied skin types and conditions (Daneshjou and Kittler, 2024). Ethical frameworks must prioritize fairness, inclusivity, and the mitigation of biases to achieve truly equitable care.

Conclusion

3D skin mapping is more than just an imaging tool; it signifies a transformative shift toward precision and personalization in dermatology. By offering detailed, objective insights into the skin's structure and condition, this technology enables clinicians to assess individual variations in skin health, from pigmentation and texture to vascular structures and volume loss. These insights empower practitioners to deliver targeted, customized treatments that address the unique concerns and aesthetic goals of each patient, enhancing both clinical outcomes and patient satisfaction. Another potential asset of adopting 3D imaging in dermatology is its possibility to integrate with AI, therefore laying firm grounds for clinicians and patients' education. However, challenges remain, particularly in areas such as the high cost of attaining and maintaining 3D imaging devices, the need for specialized training, and the lack of standardized protocols for data storage and interpretation. Additionally, future research must prioritize reducing costs, standardizing imaging protocols, and validating the technology across diverse populations. Expanding integration with AI, conducting longitudinal studies on chronic skin conditions, and improving workflow optimization are also critical steps toward seamless clinical adoption. Overcoming these barriers requires collaborative efforts among researchers, clinicians, and manufacturers to deem the technology more accessible and userfriendly. Despite these challenges, the potential benefits outweigh the obstacles by far, as 3D skin mapping stands poised to redefine diagnostics, treatment planning, and follow-up care.

Author contributions

DH: Conceptualization, Data curation, Formal Analysis, Funding acquisition, Investigation, Methodology, Project administration, Resources, Software, Supervision, Validation, Visualization, Writing-original draft, Writing-review and editing.

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Generative AI statement

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