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Objective: We investigated the effects of the maintenance of angiotensinconverting enzyme inhibitors (ACE inhibitors) the day of the surgery on the incidence of postoperative acute kidney injury (AKI) and cardiac events in patients undergoing cardiac surgery.

Methods: We performed a multicentric observational study with propensity matching on 1,072 patients treated with ACE inhibitors. We collected their baseline demographic data, comorbidities, and operative and postoperative outcomes. AKI was defined by KDIGO (Kidney Disease: Improving Global Outcome).

Results: Maintenance of an ACE inhibitor was not associated with an increased risk of AKI (OR: 1.215 (Cl_{95%}:0.657–2.24), p = 0.843, 71 patients (25.1%) vs. 68 patients (24%)). Multivariate logistic regression and sensitive analysis did not demonstrate any association between ACE inhibitor maintenance and AKI, following cardiac surgery (OR: 1.03 (Cl_{95%}:0.81–1.3)). No statistically significant difference occurs in terms of incidence of cardiogenic shock (OR: 1.315 (Cl_{95%}: 0.620–2.786)), stroke (OR: 3.313 (Cl_{95%}:0.356–27.523)), vasoplegia (OR: 0.741 (Cl_{95%}:0.419–1.319)), postoperative atrial fibrillation (OR: 1.710 (Cl_{95%}:

Abbreviations: ACE, angiotensin-converting enzyme; AKI, acute kidney injury; CABG, coronary artery bypass graft; CPB, cardiopulmonary bypass; eGFR, glomerular filtration rate; LVEF, left ventricular ejection function.

0.936–3.122)), or mortality (OR: 2.989 (Cl_{95%}:0.343–26.034)). ICU and hospital length of stays did not differ (3 [2; 5] vs. 3 [2; 5] days, p = 0.963 and 9.5 [8; 12] vs. 10 [8; 14] days, p = 0.638).

Conclusion: Our study revealed that maintenance of ACE inhibitors on the day of the surgery was not associated with increased postoperative AKI. ACE inhibitor maintenance was also not associated with an increased rate of postoperative major cardiovascular events (arterial hypotension, cardiogenic shock, vasopressors use, stroke and death).

KEYWORDS

acute kidney injury, angiotensin-converting enzyme inhibitors, cardiac surgery, cardiopulmonary bypass, atrial fibrillation

Introduction

Angiotensin-converting enzyme inhibitors (ACE inhibitors) are fundamental in cardiologic practice, serving as a primary therapeutic approach for hypertension management and cardiac remodeling in patients with conditions such as coronary artery disease, heart failure, and chronic kidney disease (Pfeffer et al., 1992; Randomized placebo-controlled trial of effect of ramipril on decline in glomerular filtration rate (eGFR) and risk of terminal renal failure in proteinuric, non-diabetic nephropathy; The GISEN Group (Gruppo Italiano di Studi Epidemiologici in Nefrologia), 1997). Additionally, they play a crucial role in managing common conditions like hypertension and diabetes, becoming indispensable in cases of cardiac or renal complications (Williams et al., 2018).

Due to their involvement in the renin-angiotensin-aldosterone system, ACE inhibitors induce sustained vasodilation through a complex mechanism. However, their mechanism of action also gives rise to adverse effects, including hypotension and hyperkalemia (Randomized placebo-controlled trial of effect of ramipril on decline in eGFR and risk of terminal renal failure in proteinuric, non-diabetic nephropathy. The GISEN Group (Gruppo Italiano di Studi Epidemiologici in Nefrologia), 1997; Coca, 2020). In perioperative settings with anesthesia, fluid shifts, and blood loss, the maintenance of ACE inhibitors has been linked to an increased risk of arterial hypotension and acute kidney injury (AKI) (Kellow, 1994; Roshanov et al., 2017; Hollmann et al., 2018). Consequently, withholding ACE inhibitors for 24 h before surgery is generally recommended to prevent persistent hypotension, especially in patients treated for arterial hypertension (Sousa-Uva et al., 2018; Sahai et al., 2022).

Cardiac surgery and cardiopulmonary bypass (CPB) further complicate the perioperative scenario as patients require cardioprotective medications while being vulnerable to hemodynamic instability due to factors like heart failure, CPB, hypovolemia, and vasoplegia. These conditions can lead to tissue perfusion imbalance and organ dysfunction, notably AKI (Brown et al., 2023). The European Association of Cardiothoracic Surgery (EACTS) guidelines recommend discontinuing ACE inhibitors 24–48 h before cardiac surgery due to the risk of postoperative AKI or vasoplegic shock (Sousa-Uva et al., 2018). However, these recommendations lack definitive evidence, and some authors propose a potential protective role for ACE inhibitors (Dag et al., 2013). The debate between withholding or continuing ACE inhibitors is still ongoing (Tempe and Hasija, 2020). Moreover, it is worth noting that many of these studies were conducted in the context of older technical skills and outdated technologies, with limited hemodynamic optimization and the use of antiquated CPB devices, potentially impacting the outcomes observed (De Bono et al., 2020).

This study aims to investigate the association between the maintenance of ACE inhibitors and postoperative AKI in patients undergoing cardiac surgery with CPB. Additionally, we will explore the relationship between ACE inhibitor maintenance and mortality, as well as cardiac complications.

Methods

Ethics

The study was approved by the French ethical committee for human subjects (2017-A01324-49). All patients have received a written document for research purposes and gave their consent prior to participation. The study was performed in accordance with the ethics standards laid down in the 1964 Declaration of Helsinki. The manuscript was drafted according to the STROBE guidelines.

Study design and patients

We performed a *post hoc* analysis of a multicentric study comprising four tertiary university hospitals (Dijon, Amiens, Rouen, and Strasbourg, France), including adult patients who underwent cardiac surgery with CPB between January 2017 and December 2021 (Guinot et al., 2023b).

The inclusion criteria were as follows: patient age \geq 18 years, following angiotensin-converting enzyme inhibitor treatment, cardiac surgery with the use of CPB: coronary artery bypass graft (CABG), the surgical correction of valve disease (aortic, mitral, tricuspid, and pulmonary), combined surgery, ascending aortic disease, and others.

The non-inclusion criterion was off-pump cardiac surgery. The exclusion criteria were left ventricular assist devices and heart transplantation.

Data collection

All data were anonymously extracted from each center's following institutional database. The baseline patient characteristics were prospectively collected: demography (age, gender, and BMI) and comorbidities (arteriopathy, stroke, chronic obstructive pulmonary disease, and atrial fibrillation). Cardiovascular risk factors include the type of surgery (valvular surgery, CABG, combined surgery, aortic disease, and other), the presence of a critical preoperative condition, the American Society of Anesthesiology (ASA) score, and special operative status (emergency, redux, and endocarditis). Intraoperative data were also collected. EuroSCORE II (European System for Cardiac Operative Risk Evaluation) was calculated for each patient.

ACE inhibitor

ACE inhibitors were captopril, enalapril, lisinopril, ramipril, and perindopril. Withholding ACE was defined by discontinuation over 24 h before the surgery (Sousa-Uva et al., 2018).

Endpoints

The primary endpoint was the occurrence of postoperative AKI during the first week in the ICU. Secondary endpoints were death, vasopressor (norepinephrine and/or vasopressin) use, occurrence of cardiogenic shock, stroke, new-onset postoperative atrial fibrillation, and ICU and hospital stays.

Definition of endpoints

AKI was defined as an increase in serum creatinine greater than 27 μ mol/L compared with preoperative baseline or urine output less than 0.5 mL kg⁻¹·h⁻¹ according to the KDIGO (Kidney disease improving global outcomes) definition (Kellum et al., 2013). Cardiogenic shock was defined as any inotropic drug requirement to obtain hemodynamic stability with left and/or right ventricular dysfunction. Postoperative atrial fibrillation was defined as a new onset of irregularly irregular heart rate in the absence of P-waves lasting at least 30 s or for the duration of the ECG recording (if < 30 s) during the postoperative period (Campbell et al., 2022). Patients were continuously monitored for the first 48–72 postoperative hours. A new episode was defined as any episode of atrial fibrillation in patients naïve to preoperative atrial fibrillation.

Perioperative clinical management

The patients were managed based on local protocols, according to national and international guidelines. Following surgery, all patients were monitored in the intensive care unit and managed by a specialized team, which included a cardiologist trained in the care of postoperative cardiac surgery. Hemodynamic support was guided by institutional protocols to achieve mean arterial pressure > 65 mmHg, cardiac index > 2.2 L min⁻¹·m⁻², and urine output > 0.5 mL kg⁻¹·h⁻¹. They also benefited from permanent monitoring of the electrocardiogram, oxygen saturation, and central venous pressure. Biological monitoring was performed several times a day at a frequency determined by the attending physician.

Statistical analyses

A sample size of 564 patients can demonstrate an absolute difference of 5% of AKI between the two groups (for an incidence of AKI of 25%) with a risk alpha of 0.05 and a power of 0.8. Normality was assessed visually using histograms and with the Shapiro–Wilk test. The quantitative variables were presented as mean \pm standard deviation (SD) or as median [25%–75% interquartile range], as appropriate. The qualitative variables were presented as numbers (percentages).

We used a combined statistical approach to assess the association between preoperative ACE inhibitor discontinuation and postoperative AKI. First, we performed propensity score matching using a nearest-neighbor algorithm with 1:1 matching without replacement and a caliper distance of less than 0.2 of the standard deviation of the logit of the propensity score, to reduce the influence of potential confounders between the two groups. Only complete datasets were used. Seventeen covariates were selected and entered: center, age, dyslipidemia, coronary artery disease, smoking, renal function, preoperative atrial fibrillation, statin, metformin, number of procedures, valvular surgery, length of aortic clamping, glucose-insulin-potassium, hypothermia, del Nido cardioplegia, custodial cardioplegia, and perioperative blood transfusion. The choice of these variables was performed considering the already validated prognostic scores in perioperative setting (EuroSCORE II) and the clinically pertinent and non-redundant status with a higher baseline disequilibrium between the two groups. The baseline disequilibrium and the adequacy of covariate balance in the matched sample were assessed using absolute standardized mean differences (mean difference expressed in units of SD). In the matched cohort, the comparison regarding the primary endpoint between the two groups of treatment was performed using the McNemar test. The comparisons regarding the secondary endpoints between the two groups were performed using the McNemar test or the Wilcoxon signed-rank test, as appropriate. Because we tested multiple outcomes, the threshold for statistical significance was corrected by using a Bonferroni correction and set at p < 0.006 (0.05 divided by 8, the number of assessed outcomes). Second, we performed a sensitivity analysis using a logistical model approach and an unmatched cohort. We performed a univariable logistical model with the apparition of postoperative AKI as a dependent variable and each preoperative factor as an independent variable. To take in account the effect of the center, we include the center in the multivariate logistic regression model. Non-redundant and clinically pertinent variables with a p-value <0.2 in univariate analyses were introduced in a multivariable logistic regression model. The association between risk factors and AKI was evaluated by the odds ratio (OR) and its 95% confidence interval. The calibration of the final logistic model was assessed using the Hosmer-Lemeshow statistic. The validity conditions for the logistic regression were checked in order to have at least 5-10 events for each independent variable in the multivariable model. All analyses were performed using R software version 3.4.4 (R Foundation for Statistical Computing,

Wien, Austria). We used the "MatchIt" package for propensity score matching.

Results

Baseline characteristics

In total, 3,000 patients underwent cardiac surgery with CPB during the study period, of whom 1,072 were observing ACE inhibitor therapy. One-to-one propensity score matching has led to two matched cohorts of 283 patients (Figure 1).

The mean age was 68.6 years (SD 9.4) in the ACE inhibitor continuation group and 68.7 years (SD 9.42) in the ACE inhibitor withholding group. The mean left ventricular ejection function (LVEF) was 55% (SD 12.5 and 11.9) in both groups. The mean estimated eGFRs were 78 mL·min⁻¹·1.73m⁻² (SD 25.8) in the ACE inhibitor continuation group and 79 mL·min⁻¹·1.73m⁻² (SD 25.7) in the ACE inhibitor withholding group. The groups were considered well-balanced after matching for several variables (Table 1).

Postoperative outcomes

Seventy-one (25.1%) patients developed postoperative AKI in the withholding ACE inhibitor group and sixty-eight (24%) in the ACE inhibitor maintenance group, which was not a statistically significant difference (p = 0.843). The postoperative outcomes are presented in Tables 2, 3 and Figure 2, according to ACE inhibitor group management.

We did not observe a statistically significant difference in terms of mortality (3.18% vs 4.24%, p = 0.646). In addition, there was no statistically significant difference in postoperative atrial fibrillation (24.4% vs 24.0%, p = 1) and postoperative cardiogenic shock (15.9% vs 20.5%, p = 0.184), despite the group. The incidence of severe hypotension requiring vasopressor use was similar between the two groups (72,4% vs. 67,1%, p = 0.214). Finally, the ICU and hospital length of stays did not differ between the two groups (3 [2; 5] vs. 3 [2; 5] days, p = 0.963 and 9.5 [8; 12] vs. 10 [8; 14] days, p = 0.638).

Sensitivity analysis and postoperative AKI predictors

The continuation of the ACE inhibitor was not associated with postoperative AKI in univariable logistic regression (OR: 1.2 (0.9–1.5), p = 0.246). The logistic regression results regarding the factors associated with postoperative AKI are presented in Figure 3. These factors comprise age, high blood pressure, atrial fibrillation, diabetes on insulin, critical state, LVEF, estimated eGFR, P2Y12 inhibitor use, endocarditis, number of procedures, only valvular surgery, only CABG surgery, length of CPB time, norepinephrine use, and intraoperative blood transfusion.



TABLE 1 Baseline characteristics.

| | Unmatched cohort | | Matched cohort | | | |
|---|--------------------------|------------------------------|----------------|--------------------------|------------------------------|-------|
| | Maintained ACE inhibitor | Withholding ACE inhibitor | SMD | Maintained ACE inhibitor | Withholding ACE inhibitor | SMD |
| | n = 658 | n = 414 | | n = 283 | n = 283 | |
| Age (years), mean (SD) | 66.9 (10.2) | 68.1 (9.5) | 0.126 | 68.6 (9.9) | 68.7 (9.4) | 0.010 |
| BMI kg.m ⁻² , mean (SD) | 27.79 (5.12) | 29.08 (21.62) | 0.082 | 27.60 (5.00) | 28.02 (5.09) | 0.083 |
| Gender (male), n (%) | 501 (76.1) | 304 (73.4) | 0.062 | 203 (71.7) | 205 (72.4) | 0.016 |
| EuroSCORE 2, mean (SD) | 4.27 (7.97) | 4.23 (7.45) | 0.004 | 4.89 (8.52) | 4.92 (8.48) | 0.003 |
| High blood pressure, n (%) | 513 (78.0) | 314 (75.8) | 0.050 | 218 (77.0) | 216 (76.3) | 0.017 |
| Diabetes, n (%) | | | | | | |
| - Type 1 | 49 (7.4) | 25 (6.0) | 0.056 | 24 (8.5) | 23 (8.1) | 0.013 |
| - Type 2 | 164 (24.9) | 121 (29.2) | 0.097 | 78 (27.6) | 86 (30.4) | 0.062 |
| Dyslipidemia, n (%) | 345 (52.4) | 193 (46.6) | 0.116 | 128 (45.2) | 136 (48.1) | 0.057 |
| Arteriopathy, n (%) | | 1 | | | 1 | |
| - Peripheral artery disease | 84 (12.8) | 55 (13.3) | 0.015 | 36 (12.7) | 40 (14.1) | 0.041 |
| - Abdominal aortic aneurysm | 22 (3.3) | 7 (1.7) | 0.106 | 9 (3.2) | 6 (2.1) | 0.066 |
| - Carotid stenosis | 45 (6.8) | 24 (5.8) | 0.043 | 26 (9.2) | 20 (7.1) | 0.078 |
| Chronic rand failure a (%) | 362 (55.0) | 252 (60.9) | 0.119 | 50 (17.7) | 57 (20.1) | 0.029 |
| Chronic renai failure, n (%) | 106 (16.1) | 82 (19.8) | 0.096 | 50 (17.7) | 57 (20.1) | 0.063 |
| Smoking, n (%) | 217 (33.0) | 94 (22.7) | 0.231 | 91 (32.2) | 93 (32.9) | 0.015 |
| Chronic obstructive pulmonary disease, n (%) | 46 (7.0) | 19 (4.6) | 0.141 | 20 (7.1) | 18 (6.4) | 0.028 |
| Stroke, n (%) | 66 (10.0) | 37 (8.9) | 0.037 | 41 (14.5) | 28 (9.9) | 0.141 |
| Atrial fibrillation, n (%) | 109 (16.6) | 86 (20.8) | 0.108 | 75 (26.5) | 61 (21.6) | 0.116 |
| Critical state, n (%) | 34 (5.2) | 27 (6.5) | 0.058 | 17 (6.0) | 24 (8.5) | 0.096 |
| Intra-aortic balloon pump, n (%) | 6 (0.9) | 3 (0.7) | 0.021 | 1 (0.4) | 3 (1.1) | 0.084 |
| Right ventricular dysfunction, n (%) | 31 (4.7) | 14 (3.4) | 0.068 | 17 (6.0) | 14 (4.9) | 0.047 |
| LVEF (%), (mean (SD)) | 55.2 (11.7) | 55.7 (11.6) | 0.044 | 54.1 (12.5) | 54.5 (11.9) | 0.034 |
| PHT, n (%) | | | | | | |
| - Moderate (30–50 mmHg) | 122 (18.5) | 73 (17.6) | 0.024 | 64 (22.6) | 54 (19.1) | 0.087 |
| - Severe (>50 mmHg) | 74 (11.2) | 45 (10.9) | 0.012 | 33 (11.7) | 31 (11.0) | 0.022 |
| eGFR (ml·min ⁻¹ ·1.73m ⁻²), mean (SD) | 80.79 (26.73) | 77.19 (26.53) | 0.135 | 78.23 (25.79) | 79.02 (25.73) | 0.030 |
| Medications | | | | | | |
| Beta-blocker, n (%) | 465 (70.7) | 285 (68.8) | 0.040 | 213 (75.3) | 194 (68.6) | 0.150 |
| Calcium channel blocker, n (%) | 155 (23.6) | 99 (23.9) | 0.008 | 67 (23.7) | 70 (24.7) | 0.025 |
| Amiodaron, n (%) | 30 (4.6) | 32 (7.7) | 0.132 | 23 (8.1) | 18 (6.4) | 0.068 |
| Aspirin, n (%) | 395 (60.0) | 271 (65.5) | 0.112 | 175 (61.8) | 188 (66.4) | 0.096 |
| Aldosterone antagonist, n (%) | 36 (5.5) | 19 (4.6) | 0.040 | 20 (7.1) | 16 (5.7) | 0.058 |

(Continued on following page)

TABLE 1 (Continued) Baseline characteristics.

| | Unmatched cohort | | | Matched cohort | | |
|---|--------------------------|------------------------------|-------|--------------------------|------------------------------|---------|
| | Maintained ACE inhibitor | Withholding ACE inhibitor | SMD | Maintained ACE inhibitor | Withholding ACE inhibitor | SMD |
| | n = 658 | n = 414 | | n = 283 | n = 283 | |
| P2Y12 inhibitors, n (%) | 70 (10.6) | 54 (13.0) | 0.074 | 31 (11.0) | 34 (12.0) | 0.033 |
| Statin, n (%) | 423 (64.3) | 242 (58.5) | 0.120 | 164 (58.0) | 171 (60.4) | 0.050 |
| Loop diuretic, n (%) | 168 (25.5) | 116 (28.0) | 0.056 | 76 (26.9) | 78 (27.6) | 0.016 |
| Metformin, n (%) | 63 (9.6) | 58 (14.0) | 0.138 | 40 (14.1) | 40 (14.1) | < 0.001 |
| Insulin, n (%) | 48 (7.3) | 31 (7.5) | 0.007 | 25 (8.8) | 23 (8.1) | 0.025 |
| Operative | | | | | | |
| Emergency, n (%) | 96 (14.6) | 69 (16.7) | 0.057 | 44 (15.5) | 57 (20.1) | 0.120 |
| Redo surgery, n (%) | 31 (4.7) | 18 (4.3) | 0.017 | 16 (5.7) | 12 (4.2) | 0.065 |
| Endocarditis, n (%) | 19 (2.9) | 9 (2.2) | 0.045 | 9 (3.2) | 6 (2.1) | 0.066 |
| Number of procedures (mean (SD)) | 1.39 (0.63) | 1.30 (0.53) | 0.149 | 1.34 (0.59) | 1.32 (0.55) | 0.025 |
| Valvular surgery, n (%) | 316 (48.0) | 211 (51.0) | 0.059 | 131 (46.3) | 131 (46.3) | < 0.001 |
| Only valvular surgery, n (%) | 131 (19.9) | 113 (27.3) | 0.175 | 58 (20.5) | 64 (22.6) | 0.052 |
| Mitral, n (%) | 96 (14.6) | 55 (13.3) | 0.038 | 43 (15.2) | 31 (11.0) | 0.126 |
| Aortic, n (%) | 239 (36.3) | 162 (39.1) | 0.058 | 95 (33.6) | 104 (36.7) | 0.067 |
| Tricuspid, n (%) | 31 (4.7) | 17 (4.1) | 0.029 | 15 (5.3) | 9 (3.2) | 0.105 |
| Only CABG, n (%) | 300 (45.6) | 184 (44.4) | 0.023 | 134 (47.3) | 134 (47.3) | < 0.001 |
| Combined surgery, n (%) | 204 (31.0) | 111 (26.8) | 0.093 | 82 (29.0) | 80 (28.3) | 0.016 |
| Ascending aorta, n (%) | 66 (10.0) | 32 (7.7) | 0.081 | 21 (7.4) | 24 (8.5) | 0.039 |
| Other type, n (%) | 62 (9.4) | 27 (6.5) | 0.107 | 33 (11.7) | 24 (8.5) | 0.106 |
| Length of aortic clamping (min), (mean SD) | 84.8 (38.3) | 79.6 (35.3) | 0.142 | 80.5 (36.6) | 80.3 (34.6) | 0.003 |
| Hypothermia, n (%) | 420 (63.8) | 192 (47.1) | 0.342 | 147 (51.9) | 155 (54.8) | 0.057 |
| Glucose, insulin, potassium, n (%) | 199 (30.2%) | 86 (20.8%) | 0.365 | 90 (31.8) | 85 (30.0) | 0.038 |
| Blood cardioplegia, n (%) | 225 (34.5) | 156 (39.6) | 0.107 | 133 (47.0) | 131 (46.3) | 0.014 |
| Custodiol cardioplegia, n (%) | 80 (12.3) | 30 (7.7) | 0.153 | 30 (10.6) | 24 (8.5) | 0.072 |
| Del Nido cardioplegia, n (%) | 325 (49.8) | 114 (29.2) | 0.431 | 104 (36.7) | 114 (40.3) | 0.073 |
| Type of anesthesia, n (%) | | | | | | 0.122 |
| - OFA | 312 (40.7) | 201 (48.6) | | 125 (44.2) | 109 (38.5) | |
| - Opioid use | 390 (59.3) | 213 (50.5) | 0.158 | 158 (55.8) | 175 (61.5) | |
| Blood transfusion, n (%) | 137 (20.8) | 113 (27.3) | 0.152 | 63 (22.6) | 63 (22.6) | < 0.001 |

BMI, body mass index; CABG, coronary artery bypass graft; LVEF, left ventricular ejection fraction; OFA, opioid-free anesthesia; PHT, pulmonary hypertension.

Discussion

Our study sheds light on the preoperative management of ACE inhibitors in cardiac surgery patients. Notably, our research revealed that continuing ACE inhibitors neither exhibited a significant

association with postoperative AKI or postoperative cardiac events, such as vasopressor use, postoperative atrial fibrillation, or stroke nor did they impact the length of hospital stays. These findings challenge prior assumptions and underline the need for a nuanced understanding of ACE inhibitor use in contemporary cardiac surgical practices.

TABLE 2 Postoperative outcomes in the matched cohort stratified by angiotensin-converting enzyme (ACE) inhibitor exposure.

| | Maintained ACE inhibitor | Withholding ACE inhibitor | <i>p</i> -value | | |
|---------------------------------------|--------------------------|---------------------------|-----------------|--|--|
| | n = 283 | n = 283 | | | |
| Primary endpoint | | | | | |
| AKI, n (%) | 68 (24.0%) | 71 (25.1%) | 0.843 | | |
| Dialysis, n (%) | 12 (4.24%) | 9 (3.18%) | 0.662 | | |
| Secondary endpoints | | | | | |
| Vasopressor use, n (%) | 190 (67.1%) | 205 (72.4%) | 0.214 | | |
| Cardiogenic shock, n (%) | 45 (15.9%) | 58 (20.5%) | 0.184 | | |
| Postoperative AF, n (%) | 69 (24.4%) | 68 (24.0%) | 1 | | |
| Stroke, n (%) | 13 (4.59%) | 8 (2.83%) | 0.358 | | |
| Death, n (%) | 9 (3.18%) | 12 (4.24%) | 0.646 | | |
| ICU Length of stay (days), [IQR] | 3 [2; 5] | 3 [2; 5] | 0.963 | | |
| Hospital Length of stay (days), [IQR] | 10 [8; 14] | 9.5 [8; 12] | 0.638 | | |

TABLE 3 Odds ratio for postoperative outcomes stratified by angiotensin-converting enzyme (ACE) inhibitor exposure.

| | Unadjusted OR (95%CI) | Propensity score matching (PSM)-adjusted OR (95%CI) |
|---|-------------------------------------|---|
| AKI, n (%) | $0.92 \ [0.83; \ 1.43] \ p = 0.191$ | $1.22 \ [0.66-2.24] \ p = 0.843$ |
| Dialysis, n (%) | $1.24 \ [0.64; \ 2.37] \ p = 0.518$ | $0.49 \ [0.11-2.18] \ p = 0.662$ |
| Vasopressor use, n (%) | $0.56 \ [0.43; \ 0.73] \ p = 0.001$ | $0.74 \ [0.42-1.32] \ p = 0.214$ |
| Cardiogenic shock, n (%) | 1.03 [0.74; 1.42] $p = 0.881$ | $1.32 \ [0.62-2.79] \ p = 0.184$ |
| Postoperative Atrial fibrillation (AF), n (%) | $0.71 \ [0.53; \ 0.95] \ p = 0.022$ | $1.70 \ [0.94-3.12] \ p = 1$ |
| Stroke, n (%) | 1.51 $[0.73; 3.12] p = 0.266$ | $3.31 \ [0.36-27.52] \ p = 0.358$ |
| Death, n (%) | $0.66 \ [0.30; \ 1.36] \ p = 0.269$ | 2.99 $[0.33-26.03] p = 0.646$ |

To interpret our results effectively, it is crucial to consider the broader literature landscape, often comprising retrospective studies focusing on the mere use or non-use of ACE inhibitors rather than their maintenance or discontinuation. Historical studies indicated increased postoperative AKI and mortality (Miceli et al., 2009; Bandeali et al., 2012; Yacoub et al., 2013), prompting guidelines from bodies like the European Association for Cardio-Thoracic Surgery (EACTS), with the support of the meta-analysis of Zhang and Ma (Zhang and Ma, 2015), to recommend withholding ACE inhibitors before cardiac surgery in 2017 (Sousa-Uva et al., 2018). However, subsequent research, including small, randomized trials, failed to establish a definitive correlation between ACE inhibitor maintenance and major cardiac events (van Diepen et al., 2018). Interestingly, studies showcasing a decrease in postoperative AKI in CABG patients continuing ACE inhibitors contrasted with our findings (Benedetto et al., 2008; Drenger et al., 2012; Dag et al., 2013).

Our findings do not favor any specific strategy regarding preoperative ACE inhibitor management; however, they did

not demonstrate an increased risk of AKI with the maintenance of ACE inhibitors. Several factors might explain our results. Notably, our study focused on modern cardiac care, where physicians employ proactive hemodynamic strategies and optimize cardiovascular states (Patel et al., 2020), potentially mitigating perioperative risks associated with ACE inhibitor maintenance. These strategies are part of enhanced recovery after surgery (ERAS) programs and are widely recommended (Mertes et al., 2022). These results, therefore, corroborate a previous pilot randomized controlled trial conducted by van Diepen et al. (2018). van Diepen et al. observed similar rates of events and vasopressor usage (approximately 70%) between patients with the continuation or withholding of ACE inhibitors. Taken together, these results suggest that medical strategies aimed at optimizing blood pressure, cardiac output, and fluid balance may play a more significant role in the pathogenesis of AKI during cardiac surgery than the use and/ or maintenance of ACE inhibitors. Although our findings do not endorse a specific preoperative ACE inhibitor management



strategy, they emphasize the importance of individualized patient care, particularly in high-risk cases (e.g., chronic renal impairment, atrial fibrillation, infective endocarditis, and severe heart failure), as recommended by international guidelines. Moreover, our results confirm that these factors remain associated with AKI (Peng et al., 2022).

Although our study challenges the routine withholding of ACE inhibitors, interpreting these findings requires caution. The rapidly evolving landscape of cardiac surgery, encompassing advancements in monitoring, surgical techniques, cardioplegia, and anesthesia, may influence postoperative outcomes (Guinot et al., 2019; 2023a). Future studies should consider the impact of postoperative reintroduction timing of ACE inhibitors, possibly in conjunction with other medications like beta-blockers, to reconcile the variability observed across the published literature. Interestingly, the perioperative management strategy of ACE inhibitors was not associated with other cardiovascular events such as atrial fibrillation or vasoplegia. Older studies suggested a contradictory association between these major cardiac events (Miceli et al., 2009; Bandeali

et al., 2012). However, we did not consider the potential mediation of the antiarrhythmic effect by ACE insertion/ deletion polymorphism.

Limitations

Because of its retrospective nature, we do not know the dosage and the type of molecule used. The use of the KDIGO definition, which gives a central place to serum creatinine in the definition of AKI, is not necessarily a reflection of structural renal damage (Coca et al., 2014). Cola et al. had demonstrated that despite an increase in postoperative creatinine levels, urinary biomarkers of tubular damage did not increase in patients who continued ACE inhibitors. It seems legitimate to ask whether the follow-up period is sufficient. Finally, it might be interesting to study the rate of long-term ACE inhibitor treatment in cases of temporary withdrawal for cardiac surgery. Indeed, analysis of the data from Antoniak's study on American veterans shows a lower rate of long-term ACE inhibitor treatment in cases of temporary



withdrawal, which could have a negative impact on the prognosis of patients (Antoniak et al., 2021).

Conclusion

Our study demonstrated that ACE inhibitor maintenance on the day of cardiac surgery with CPB was not associated with increased postoperative AKI. The continuation of ACE inhibitors was also not associated with an increase in the rate of major cardiac events. These results led to a reconsideration of the current recommendations on the perioperative management of ACE inhibitors, which need to be confirmed by further randomized controlled trials.

Data availability statement

The raw data supporting the conclusion of this article will be made available by the authors without undue reservation.

Ethics statement

The studies involving humans were approved by the French ethical committee for human subjects (2017-A01324-49). The studies were conducted in accordance with local legislation and institutional requirements. The participants provided their written informed consent to participate in this study.

Author contributions

PG: Conceptualization, Formal Analysis, Writing-original draft, Writing-review and editing, Methodology, Validation. SA: Conceptualization, Formal Methodology, Analysis, editing. Validation, Writing-review and MN: Conceptualization, Formal Analysis, Data curation, Validation, Writing-review and editing. OA-A: Conceptualization, Formal Analysis, Data curation, Validation, Writing-review and editing. EB: Conceptualization, Formal Analysis, Data curation, Writing-review Validation, editing. BB: and

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