



Physiologically based pharmacokinetic modeling of tamoxifen and its metabolites in women of different CYP2D6 phenotypes provides new insight into the tamoxifen mass balance

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Tamoxifen is a first-line endocrine agent in the mechanism-based treatment of estrogen receptor positive (ER⁺) mammary carcinoma and applied to breast cancer patients all over the world. Endoxifen is a secondary and highly active metabolite of tamoxifen that is formed among others by the polymorphic cytochrome P450 2D6 (CYP2D6). It is widely accepted that CYP2D6 poor metabolizers exert a pronounced decrease in endoxifen steady-state plasma concentrations compared to CYP2D6 extensive metabolizers. Nevertheless, an in-depth understanding of the chain of cause and effect between CYP2D6 genotype, endoxifen steady-state plasma concentration, and subsequent tamoxifen treatment benefit still remains to be evolved. In this study, physiologically based pharmacokinetic (PBPK)-modeling was applied to mechanistically investigate the impact of CYP2D6 phenotype on endoxifen formation in female breast cancer patients undergoing tamoxifen therapy. A PBPK-model of tamoxifen and its pharmacologically important metabolites *N*-desmethyltamoxifen (NDM-TAM), 4-hydroxytamoxifen (4-OH-TAM), and endoxifen was developed and validated. This model is able to simulate the pharmacokinetics (PK) after single and repeated oral tamoxifen doses in female breast cancer patients in dependence of the CYP2D6 phenotype. A detailed model-based analysis of the mass balance offered support for a recent hypothesis stating a more prominent role for endoxifen formation from 4-OH-TAM. In the future this model provides a good basis to further investigate the linkage of PK, mode of action, and treatment outcome in dependence of factors such as phenotype, ethnicity, or co-treatment with CYP2D6 inhibitors.

Keywords: tamoxifen, endoxifen, CYP2D6, pharmacokinetics, PBPK, population simulation

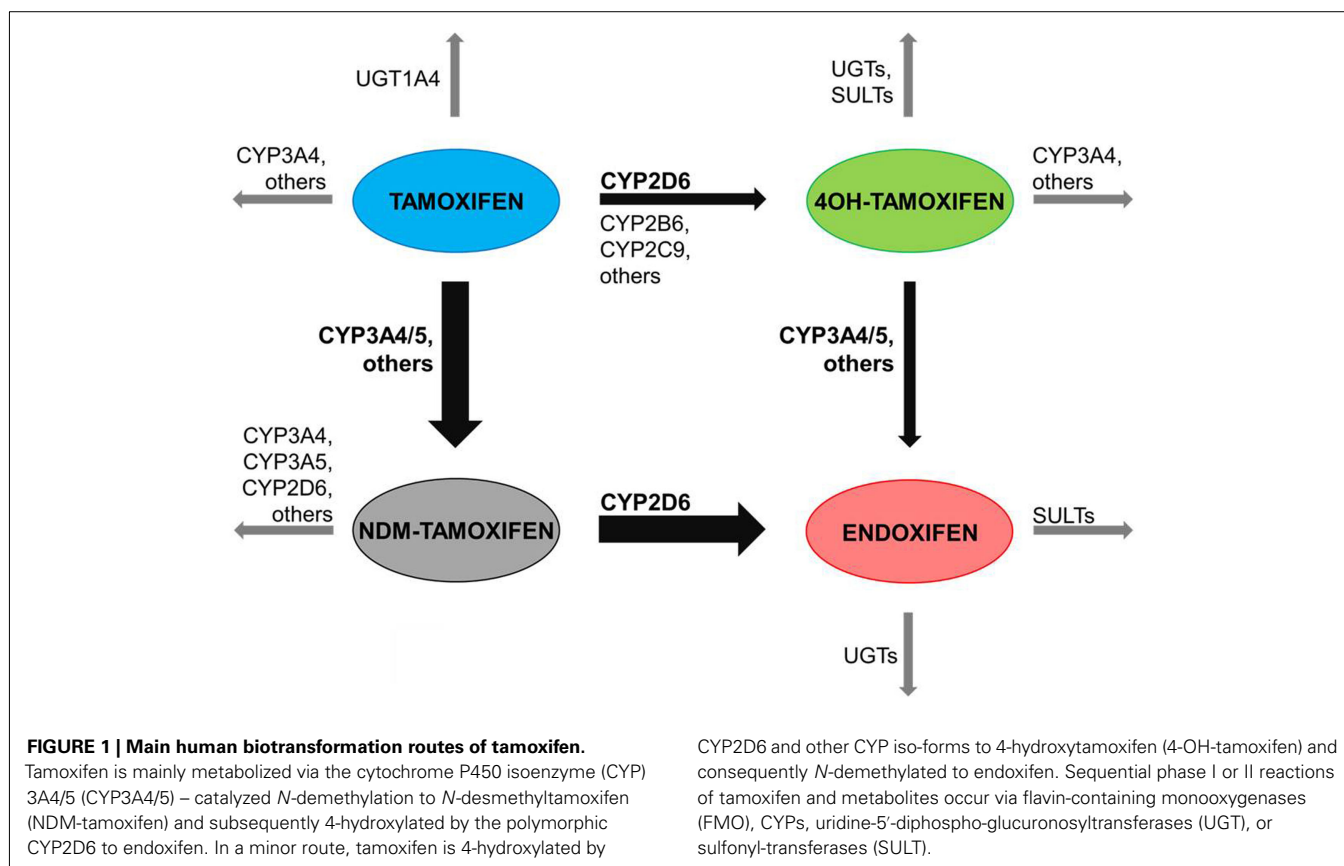
INTRODUCTION

Tamoxifen is a first-line endocrine agent in the adjuvant treatment of estrogen receptor positive (ER⁺)-mammary carcinoma and applied within a regular 5 year therapy regimen to patients all over the world (Fisher et al., 2001; Goetz et al., 2008). Although it represents a milestone in the mechanism-based treatment of ER⁺-breast cancer, there is evidence that not all patients benefit from therapy (Jordan, 2006, 2007). In this context, the question of whether or not cytochrome *P450 2D6* (CYP2D6) polymorphisms significantly affect treatment outcome still remains controversially discussed (Hoskins et al., 2009; Seruga and Amir, 2010; Brauch et al., 2011; Rae, 2011).

An extensive hepatic metabolism of tamoxifen via CYP-catalyzed phase I reactions leads to the formation of primary and secondary metabolites (Coller et al., 2002; Desta et al., 2004). These are further glucuronidated or sulfated in phase II reactions catalyzed by uridine-5'-diphospho-glucuronosyltransferases (UGT) and sulfonyl-transferases (SULT; Nishiyama et al., 2002; Kaku et al., 2004; Sun et al., 2007; **Figure 1**). The involvement of the polymorphic CYP2D6 in the formation of the active secondary

metabolite endoxifen leads to inter-individual variability in its plasma concentration due to for example single nucleotide polymorphisms affecting CYP2D6 enzyme activity (Zanger et al., 2001; Coller et al., 2002; Stearns et al., 2003; Johnson et al., 2004; Lim et al., 2006). It has been reported in the literature that CYP2D6 poor metabolizers (PM) show a pronounced decrease in endoxifen steady-state plasma concentrations in comparison to CYP2D6 extensive metabolizers (EM; Stearns et al., 2003; Jin et al., 2005; Gjerde et al., 2008; Irvin et al., 2011; Madlensky et al., 2011; Murdter et al., 2011). Most clinical trials reported up to now, either assessed the correlation between CYP2D6 genotype and endoxifen steady-state plasma concentration, or between CYP2D6 genotype and therapy outcome (Goetz et al., 2005, 2007; Borges et al., 2006; Bijl et al., 2009; Lammers et al., 2010). However, the linkage between CYP2D6 genotype, endoxifen steady-state plasma concentration, and subsequent treatment benefit needs further investigation to achieve an in-depth understanding of the chain of cause and effect (Lash et al., 2009; Fleeman et al., 2011).

To better understand the mass balance of tamoxifen and the rate and extent of formation of its active metabolites, a



physiologically based pharmacokinetic (PBPK)-model is desirable. PBPK-modeling comprises substance-specific as well as anatomical and physiological species-specific parameters within the mechanistic framework of a generic model structure (Willmann et al., 2003a). In short, every compartment represents a single organ which is defined by its physiological volume and is further divided into sub-compartments representing the intracellular, vascular (plasma and red blood cells), and interstitial space (Figure 2; sub-compartments not shown). In the context of such a PBPK-model, the influence of CYP2D6 enzyme activity on endoxifen pharmacokinetics (PK) can be studied (Zanger et al., 2001; Coller et al., 2002). The PBPK-model described in this study will further provide a starting point to investigate the pharmacogenomics of tamoxifen treatment response after integration of a mechanistic description of the mode of action of tamoxifen and its active metabolites.

MATERIALS AND METHODS

PBPK-MODEL DEVELOPMENT WORKFLOW

To establish a PBPK-model for tamoxifen, plasma concentration-time data after intravenous (i.v.) administration of tamoxifen was highly desirable. Because – to the best of our knowledge – no human data following i.v. dosing of tamoxifen is publically available, a PBPK-model for the rat, for which i.v. data is available, was first developed in order to describe the disposition kinetics of tamoxifen. The rat PBPK-model was subsequently scaled to an average European female individual of CYP2D6 EM

phenotype receiving oral tamoxifen. This female subject PBPK-model was in the next step extended by PBPK-models for *N*-desmethyltamoxifen (NDM-TAM), 4-hydroxytamoxifen (4-OH-TAM), and endoxifen. Finally, the CYP2D6 EM-specific PBPK-model was scaled to CYP2D6 PM using prior knowledge about phenotype-specific CYP2D6 enzyme activity.

The *modus operandi* during each PBPK-model development step was kept consistent and constant. A PBPK-model was built with reference data in terms of species- and substance-specific parameters (i.e., other generic parameters were kept on default values) and model predictions were compared to corresponding experimental data taken from the literature. If necessary, fine-tuning of parameters in a reasonable order of magnitude was performed to improve model adequacy as detailed in the results.

SOFTWARE

Physiologically based pharmacokinetic-models were developed and coupled by means of the computational systems biology software platform including PK-Sim® 4.2.4 and MoBi® 2.3.5 (Bayer Technology Services GmbH, Leverkusen, Germany)¹. Subsequent population simulations were conducted using the MoBi® Toolbox for MATLAB® 2.2 (Bayer Technology Services GmbH, Leverkusen, Germany; see text footnote 1 with MATLAB® from The MathWorks, Inc., Natick, USA)².

¹www.systems-biology.com/products

²www.mathworks.com/products/matlab

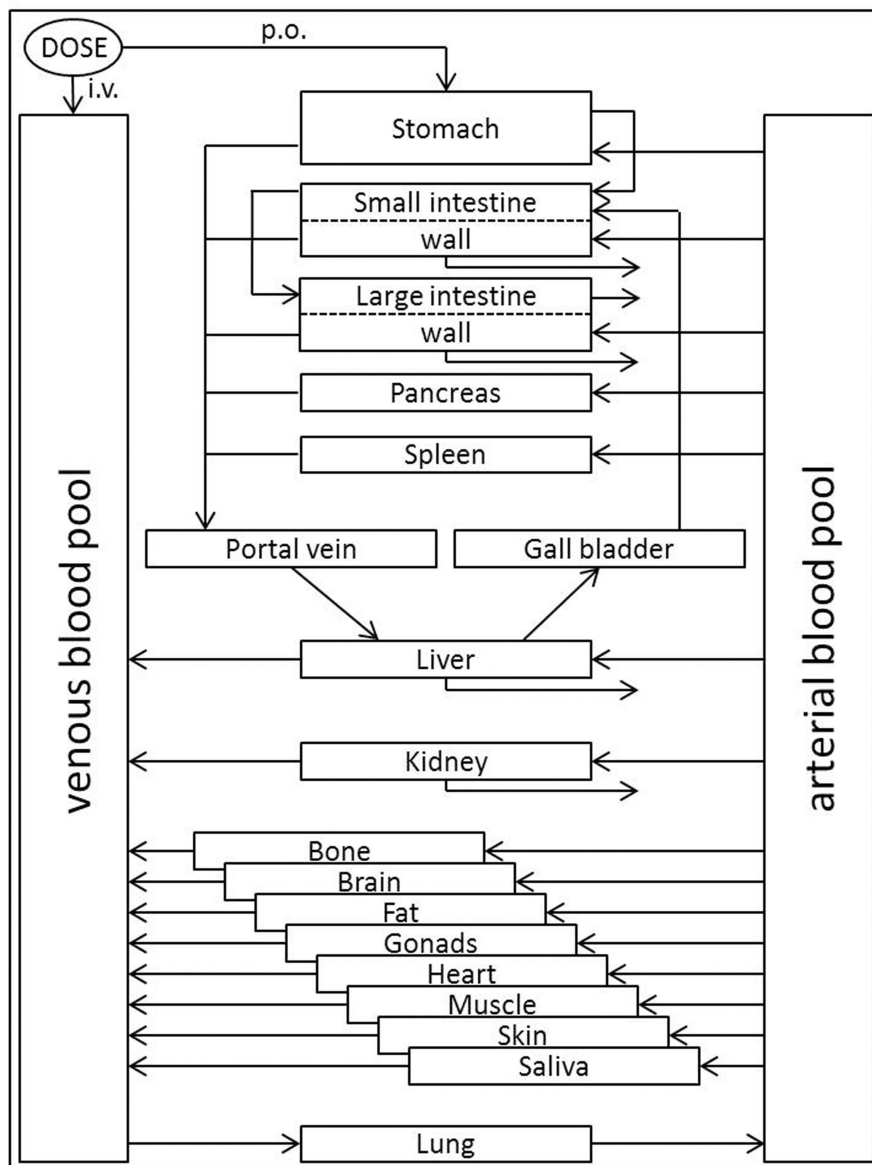


FIGURE 2 | Generic structure of the whole-body PBPK-model. The model organism is built by compartments, each typically representing a single organ defined by its physiological volume. Organs are interconnected via respective blood flows which occur, except for pulmonary circulation, from the arterial blood pool to the venous blood pool thus accounting for inter-compartmental

mass-transfer. Application of substances can be defined as intravenous (i.v.), per oral (p.o.), or into any desired compartment. In addition to clearance events in intestinal wall, liver, and kidney, metabolism processes can be implemented into any compartment. Transport processes that significantly influence a compound's PK may be inserted between compartments.

A detailed description of the development of a coupled parent-metabolite PBPK-model and population simulations comprising explicitly modeled metabolites formed via polymorphic enzymes was recently published (Eissing et al., 2011).

RESULTS

PBPK-MODEL DEVELOPMENT AND RESULTS

PBPK-model in rat

The physico-chemical parameters of tamoxifen that served as input parameters for PK-Sim® are summarized in **Table 1**. As can be seen in **Figure 3**, however, the volume of distribution

of tamoxifen in rats was not adequately described by the set of physico-chemical parameters. After re-adjustment of the lipophilicity input parameter in PK-Sim® (clog MA = 4.23 instead of 3.43; **Table 1**), the plasma kinetics of tamoxifen in rat could be very well described. The available experimental data demonstrated an influence of gender on tamoxifen PK that could solely be attributed to a gender-specific clearance in the model (**Figure 3**; **Table 4**).

In summary, the established PBPK-model is able to correctly describe tamoxifen disposition kinetics in rats on the basis of the adjusted lipophilicity parameter.

Table 1 | Substance-specific physico-chemical parameters of tamoxifen used in the PBPK-model development.

Parameter	Unit	Reference value	Used in simulation	Reference
SUBSTANCE-SPECIFIC PARAMETERS USED IN THE RAT PBPK-MODEL OF TAMOXIFEN				
Molecular weight	g/Mol	371.52	371.52	PubChem
Clog MA* ¹	log unit	3.43	4.23	In-house method* ²
Log D 37°C* ³	log unit	3.48		Custódio et al. (1991)
pK _a	log unit	8.36	8.36	Fagerberg et al. (2010)
f _u (rat)* ⁴	–	0.011	0.011	Yang et al. (2010)
SUBSTANCE-SPECIFIC PARAMETERS ADDITIONALLY USED IN THE PBPK-MODEL OF TAMOXIFEN IN FEMALE INDIVIDUALS				
<i>In vitro</i> intestinal permeability	cm/s	2.067 ^{–5}	2.067 ^{–5}	Willmann et al. (2004)
Solubility (tamoxifen citrate)	mg/L	329	329	Buchanan et al. (2007)
Clog K _d HSA* ⁵	M	–4.52		In-house method
K _a HSA* ⁶	M ^{–1}	1.8*10 ⁴		Bourassa et al. (2011)
K _d HSA	M	5.56*10 ^{–5}		Bourassa et al. (2011)
Log K _d HSA	M	–4.26	–4.26	Bourassa et al. (2011)
f _u (human)* ⁷	–	0.00726	0.005	Bourassa et al. (2011)
50% Dissolution time* ⁸	H	–	4.3	
Dissolution shape* ⁸	–	–	0.9	

*¹Clog MA: calculated (c) logarithmic (log) value of the membrane affinity (MA).

*²ClogMA as a measure for lipophilicity was calculated *in silico* based on the chemical structure of tamoxifen by a Bayer in-house cheminformatics tool that uses a fragment-based quantitative structure-activity relationship (QSAR)-method.

*³Log D 37°C: experimentally determined logarithmic (log) value of tamoxifen distribution (D) between buffer of pH 7.4 and dimyristoylphosphatidylcholine liposomes at 37°C.

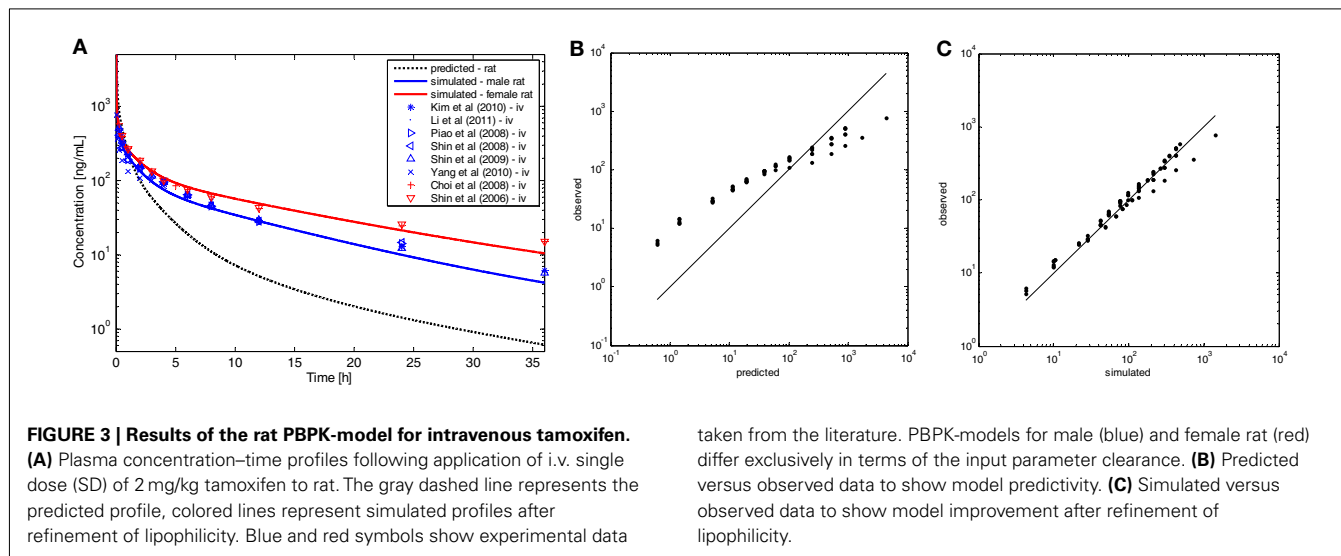
*⁴f_u (rat): fraction unbound in rat plasma.

*⁵Clog K_d HSA: calculated (c) logarithmic (log) value of the dissociation constant (K_d) of tamoxifen of human serum albumin (HSA).

*⁶K_a HSA: association constant (K_a) of tamoxifen to human serum albumin (HSA).

*⁷f_u (human): fraction unbound in human plasma calculated internally in PK-Sim[®] based on log K_d HSA calculated from K_a (Bourassa et al., 2011).

*⁸Parameters of the Weibull function.



PBPK-model in a female individual

The rat PBPK-model was subsequently scaled to human physiology (i.e., to an average European female breast cancer patient; **Table 2**), while the substance-related physico-chemical input parameters remained unchanged. The fraction unbound of tamoxifen in plasma (f_u) differs between rat and human and was,

therefore, also adapted (Yang et al., 2010; Bourassa et al., 2011; **Table 1**).

According to the current dose regimen of tamoxifen for breast cancer patients, simulations were conducted for 20 mg tamoxifen *per os* (p.o.) and compared to literature data. These data were either taken from investigations following administration of 20 mg

Table 2 | Species-specific model parameters for the European female individuals.

Parameter	Unit	Reference value	Used in simulation	Range used in population simulation	Reference
Age	Years	60	60	40–80	Demographic data from literature*1
Body weight	kg	65.4	65.4	50.4–80.4	
Body height	cm	163.4	163.4	153.4–173.4	
Body mass index	kg/m ²	24.5	24.5		
Gastric emptying time	h	0.5	1		
Intestinal transit time	h	4	24*2		

*1 Mean demographic data taken from the literature (Fabian et al., 1981; Bratherton et al., 1984; Soininen et al., 1986; De Vos et al., 1992, 1998; Johnston et al., 1993; Buzdar et al., 1994; Lien et al., 1995; Peyrade et al., 1996; Dowsett et al., 1999, 2001; Guerrieri-Gonzaga et al., 2001; Decensi et al., 2003; Gallicchio et al., 2004; Kisanga et al., 2004; Hutson et al., 2005; Jin et al., 2005; Borges et al., 2006; Gjerde et al., 2008, 2010).

*2 An intestinal transit time of 24 h was integrated into the PBPK-model of oral dosing tamoxifen to female breast cancer patients in order to take into account absorption of the substance additionally from distal segments of the intestine as indicated by the data and further discussed in the text.

tamoxifen p.o. or data were normalized to a dose of 20 mg tamoxifen p.o. assuming linear PK in the applied dose range (Etienne et al., 1989; Fuchs et al., 1996; Stearns et al., 2003; Kisanga et al., 2004; Jin et al., 2005; Furlanut et al., 2007; Gjerde et al., 2008, 2010; Jaremko et al., 2010; Madlensky et al., 2011; Murdter et al., 2011).

As tamoxifen is a Biopharmaceutics Classification System (BCS) Class II compound and hence poorly soluble, an empirical dissolution function was integrated into the PBPK-model (Table 1) in order to account for solubility limitation of oral absorption (Tukker et al., 1986; Bergstrom et al., 2003; Kasim et al., 2003; Choi and Kang, 2008; Fagerberg et al., 2010). Furthermore, tamoxifen and its metabolites have been reported to undergo entero-hepatic circulation and subsequent re-absorption (Fromson et al., 1973a,b; Lien et al., 1988; Buckley and Goa, 1989; Kisanga et al., 2005). This phenomenon was described in the model assuming prolonged intestine transit time (ITT; Table 2). As the model was built with the continuous tube model of the gastrointestinal tract (GI-tract), which does not include the large intestine, this prolonged ITT additionally takes into account the probability that absorption processes may not only occur in proximal segments of the intestine but also in distal parts of the GI-tract (Willmann et al., 2003b, 2004).

In a first simulation, the elimination of tamoxifen in humans was predicted from the specific hepatic clearance (CL_{spec}) of a female rat in combination with a scaling factor of 0.434 that was taken from reported differences of initial formation rates of tamoxifen metabolites between female rat liver microsomes and female human liver microsomes (Lim et al., 1994; Table 4). This approach turned out to slightly over-predict the clearance observed in humans (Figure 4). Therefore, the input parameter for the total hepatic clearance was re-adjusted in a second step in order to match the experimental data (Table 4; Etienne et al., 1989; Fuchs et al., 1996; Furlanut et al., 2007). In addition, a slight decrease of f_u (Table 1) improved the agreement between the simulated and experimentally observed data (Figure 4). This tamoxifen PBPK-model for an average female breast cancer patient formed the basis for the coupled model that also includes the three metabolites.

Development of a CYP2D6 EM-specific coupled tamoxifen–tamoxifen metabolites PBPK-model in a female individual

At first, PBPK-models for the three metabolites (NDM-TAM, 4-OH-TAM, and endoxifen) in the average European female individual (Table 2) had to be established according to the PBPK-model for tamoxifen. As – to the best of our knowledge, no plasma concentration–time data following i.v. dosing of the three metabolites are available, neither in rats nor in humans, the input parameters were taken from the literature and integrated into the respective PBPK-models. Lipophilicity values predicted with the in-house method were scaled by the same difference of reference versus simulated as described for tamoxifen. Likewise, f_u values were scaled by the same factor of reference versus simulated as for tamoxifen (Tables 1 and 3). For endoxifen, plasma concentration–time data following single oral administration of endoxifen were recently determined in healthy male volunteers. In addition, the total body clearance of endoxifen was reported by the authors, which was taken as reference input parameter to describe endoxifen clearance (Table 5; Ahmad et al., 2010). These data were used to optimize the lipophilicity value of endoxifen in the same way as described above for tamoxifen (data not shown). It was found that a lipophilicity value of 3.8 yields the best agreement with the reported data (Table 3). Hence, the value was used for all further simulations of endoxifen.

To couple the tamoxifen model with the models for NDM-TAM, 4-OH-TAM, and endoxifen, first the total hepatic clearance of tamoxifen was split into several processes. Each process serves as a source for the metabolites, which are consequently formed in the intracellular space of the liver. All hepatic clearance processes were implemented as Michaelis–Menten kinetic processes (Table 4). V_{max} -values derived from Desta et al. (2004) for implemented biotransformation routes of tamoxifen via CYPs and V_{max} -values derived from Kaku et al. (2004) for glucuronidation of tamoxifen were scaled by two specific factors (10 and 2, respectively; Table 4) to be consistent with the previously determined total hepatic CL_{spec} of tamoxifen in human female liver and observed data. The biotransformation steps thus provide the link between the two PBPK-models of NDM-TAM and 4-OH-TAM to the parent drug PBPK-model (Tables 4 and 5). In terms of NDM-TAM

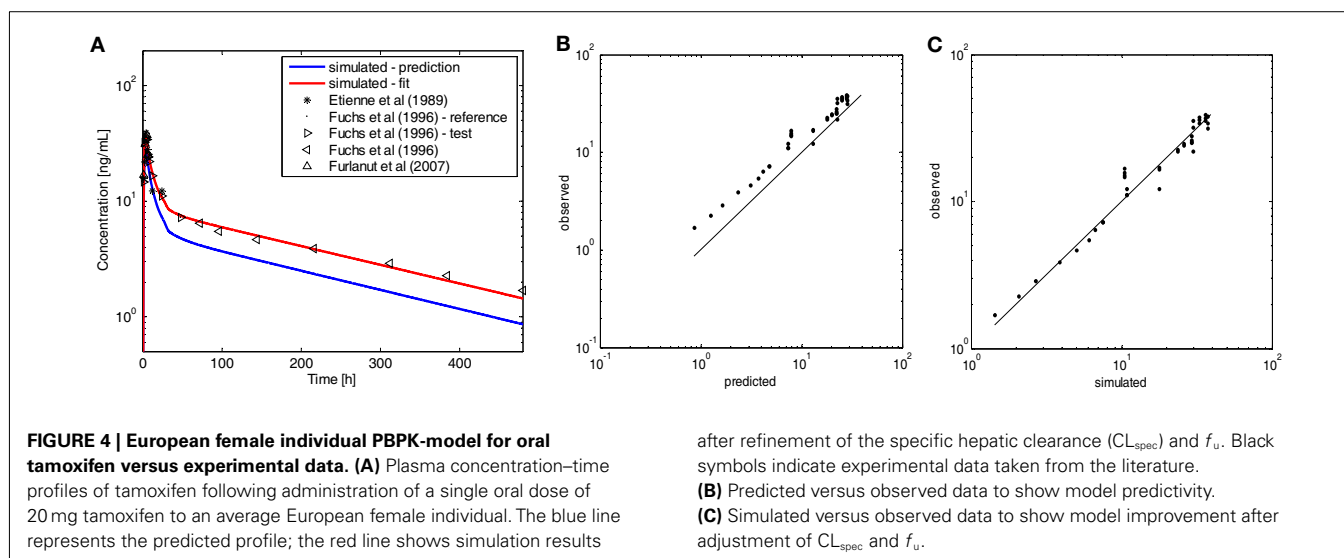


Table 3 | Substance-specific parameters for PBPK-model development of NDM-TAM, 4-OH-TAM, and endoxifen in European female individuals.

Parameter	Unit	Reference value	Used in simulation	Reference
N-DESMETHYLTAMOXIFEN-SPECIFIC PARAMETERS				
Molecular weight	g/mol	357.49	357.49	PubChem
Clog MA	log unit	3.57	4.37	In-house method
Clog K_d HSA	Mol/L	−4.55	−4.24	In-house method
f_u *	–	0.00549	0.00378	
4-HYDROXYTAMOXIFEN-SPECIFIC PARAMETERS				
Molecular weight	g/Mol	387.52	387.52	PubChem
Clog MA	log unit	3.37	4.17	In-house method
Log D 37°C	log unit	4.52		Custódio et al. (1991)
Clog K_d HSA	M	−4.59		In-house method
K_a HSA	M^{-1}	1.8×10^4		Bourassa et al. (2011)
K_d HSA	M	5.56×10^{-5}		Bourassa et al. (2011)
Log K_d HSA	M	−4.26	−4.26	Bourassa et al. (2011)
f_u	–	0.00817	0.00563	Bourassa et al. (2011)
ENDOXIFEN-SPECIFIC PARAMETERS				
Molecular weight	g/Mol	373.49	373.49	PubChem
Clog MA	log unit	3.5	3.8	In-house method
Clog K_d HSA	M	−4.63		In-house method
K_a HSA	M^{-1}	2×10^4		Bourassa et al. (2011)
K_d HSA	M	5×10^{-5}		Bourassa et al. (2011)
Log K_d HSA	M	−4.3	−4.3	Bourassa et al. (2011)
f_u	–	0.00624	0.0043	Bourassa et al. (2011)

*The value of f_u for NDM-TAM was calculated from the predicted value taken from in-house method and the calculated mean difference between predicted and experimental values from tamoxifen, 4-OH-TAM, and endoxifen since NDM-TAM binding to HSA was not investigated (Bourassa et al., 2011).

and 4-OH-TAM clearance processes, Michaelis–Menten kinetics from human liver microsome assays were integrated following the same logic (Nishiyama et al., 2002; Desta et al., 2004), thereby establishing a link to the endoxifen PBPK-model. All implemented clearance processes are deemed to best represent a CYP2D6 EM phenotype (Figure 1, Tables 4 and 5).

In vitro data indicate that about 45% of total 4-OH-TAM are formed via CYP2D6 out of tamoxifen and that

CYP2C9 catalyzes the formation of 46% of total 4-OH-TAM, whereas the remaining 9% of total 4-OH-TAM is formed out of tamoxifen via other CYP iso-enzymes (Coller et al., 2002). This mass balance of 4-OH-TAM-formation out of tamoxifen was integrated into the coupled PBPK-model (Table 4).

The coupled PBPK-model was subsequently used to simulate the plasma concentration–time profiles of tamoxifen and the

Table 4 | Parameters describing tamoxifen clearance in rat and European female individuals.

Parameter	Unit	Reference value	Used in simulation	Reference	Geo SD V_{\max_spec} used in population simulation* ¹
RAT-SPECIFIC CLEARANCE PARAMETERS					
Total plasma CL* ²	mL/min/kg	18.7 ± 4.49	–	Shin et al. (2008)	–
		18.8 ± 3.11	–	Piao et al. (2008)	–
		22.4 ± 1.33	–	Yang et al. (2010)	–
Mean total plasma CL _{male}	mL/min/kg	19.97	19.97	Mean value* ³	–
Hepatic CL _{spec male}	1/min	–	92.7	–	–
Mean total plasma CL _{female}	mL/min/kg	–	13.6	–	–
Hepatic CL _{spec female}	1/min	–	50	–	–
EUROPEAN FEMALE INDIVIDUALS-SPECIFIC CLEARANCE PARAMETERS					
Hepatic CL _{spec scaled rat}	1/min	21.7	–	Lim et al. (1994)	–
Hepatic CL _{spec adjusted}	1/min	–	19.8	–	–
K_m tam → NDM-tam* ⁴	μM	2.7	2.7	Desta et al. (2004)	–
V_{\max} tam → NDM-tam* ⁵	pmol/min/mg protein	77.75	*10	Desta et al. (2004)	1.5
K_m tam → 4-OH-tam* ⁶	μM	0.75	0.75	Desta et al. (2004)	–
V_{\max} all tam → 4-OH-tam	pmol/min/mg protein	2.5	*10	Desta et al. (2004)	–
V_{\max} CYP2D6 tam → 4-OH-tam	pmol/min/mg protein	1.125	*10	Coller et al. (2002)	1.6
V_{\max} CYP2C9 tam → 4-OH-tam	pmol/min/mg protein	1.15	*10	Coller et al. (2002)	1.45
V_{\max} others tam → 4-OH-tam	pmol/min/mg protein	0.225	*10	Coller et al. (2002)	1.4
K_m tam → M-I* ⁷	μM	4.85	4.85	Desta et al. (2004)	–
V_{\max} tam → M-I	pmol/min/mg protein	7.4	*10	Desta et al. (2004)	1.5
K_m tam → α-OH-tam* ⁸	μM	1.5	1.5	Desta et al. (2004)	–
V_{\max} tam → α-OH-tam	pmol/min/mg protein	6.5	*10	Desta et al. (2004)	1.5
K_m tam → 3-OH-tam* ⁹	μM	4.9	4.9	Desta et al. (2004)	–
V_{\max} tam → 3-OH-tam	pmol/min/mg protein	1.45	*10	Desta et al. (2004)	1.5
K_m tam → 4'-OH-tam* ¹⁰	μM	13.1	13.1	Desta et al. (2004)	–
V_{\max} tam → 4'-OH-tam	pmol/min/mg protein	3.45	*10	Desta et al. (2004)	1.4
K_m tam → N-gluc-tam* ¹¹	μM	35.8	35.8	Kaku et al. (2004)	–
V_{\max} tam → N-gluc-tam	pmol/min/mg protein	89.3	*2	Kaku et al. (2004)	1.4

*¹ Geo SD V_{\max_spec} : geometrical (geo) standard deviation (SD) of the specific (spec) V_{\max} used in population simulations (Dorne et al., 2003).

*² CL: clearance.

*³ Mean value calculated from (Piao et al., 2008; Shin et al., 2008; Yang et al., 2010).

*⁴ K_m : Michaelis–Menten constant; substrate concentration at 50% of maximum velocity of reaction; measurement for substrate affinity; tam: tamoxifen; NDM-tam: N-desmethyltamoxifen.

*⁵ V_{\max} : maximum velocity of reaction.

*⁶ 4-OH-tam: 4-hydroxytamoxifen.

*⁷ M-I: metabolite I.

*⁸ α-OH-tam: alpha-hydroxytamoxifen.

*⁹ 3-OH-tam: 3-hydroxytamoxifen.

*¹⁰ 4'-OH-tam: 4'-hydroxytamoxifen.

*¹¹ N-gluc-tam: tamoxifen-N-glucuronide.

metabolites included over a period of 12 months with a once daily administration of 20 mg tamoxifen. The simulation results were compared to observed data (Figure 5; Etienne et al., 1989; Fuchs et al., 1996; Stearns et al., 2003; Jin et al., 2005; Furlanut et al., 2007; Gjerde et al., 2008, 2010; Jaremko et al., 2010; Irvin et al., 2011; Madlensky et al., 2011; Murdter et al., 2011). Data collected later than 12 months were used as if they were collected after 12 months assuming that steady-state kinetics are reached by 1 year (Buzdar et al., 1994). The simulated tamoxifen plasma concentration was well in line with the observed data (Figure 5; solid blue line). However, the profiles of the metabolites (Figure 5; dashed lines) were

still over-predicted due to the not yet scaled metabolites' clearance processes (Table 5).

Consistent with the PBPK-model development of the parent drug, clearance data taken from Desta et al. (2004) were subsequently scaled by a factor of 10 (Tables 4 and 5). Data taken from Nishiyama et al. (2002) was adjusted in terms of V_{\max} by a factor of 5 (Table 5). No further refinement of endoxifen clearance proved necessary (Table 5).

The final comparison of simulated and experimental data reveals that the PBPK-model describes the formation and maintenance of tamoxifen and metabolites steady-state kinetics (Figure 5;

Table 5 | Parameters describing the clearance of NDM-TAM, 4-OH-TAM, and endoxifen in European female individuals.

Parameter	Unit	Reference value	Simulated value	Reference	Geo SD V_{\max_spec} used in population simulation
EUROPEAN FEMALE INDIVIDUALS-SPECIFIC CLEARANCE PARAMETERS					
<i>N-desmethyltamoxifen-specific clearance parameters</i>					
K_m NDM-tam \rightarrow α -OH-NDM-tam ^{*1}	μ M	5.3	5.3	Desta et al. (2004)	–
V_{\max} tam \rightarrow α -OH-NDM-tam	pmol/min/mg protein	57	*10	Desta et al. (2004)	1.5
K_m NDM-tam \rightarrow NDDM-tam ^{*2}	μ M	6.55	6.55	Desta et al. (2004)	–
V_{\max} NDM-tam \rightarrow NDDM-tam	pmol/min/mg protein	44.4	*10	Desta et al. (2004)	1.5
K_m NDM-tam \rightarrow endoxifen	μ M	5.2	5.2	Desta et al. (2004)	–
V_{\max} NDM-tam \rightarrow endoxifen	pmol/min/mg protein	19.1	*10	Desta et al. (2004)	1.6
<i>4-Hydroxytamoxifen-specific clearance parameters</i>					
K_m 4-OH-tam \rightarrow 3,4-DOH-tam ^{*3}	μ Mol	4.4	4.4	Desta et al. (2004)	–
V_{\max} 4-OH-tam \rightarrow 3,4-DOH-tam	pmol/min/mg protein	85.5	*10	Desta et al. (2004)	1.5
K_m 4-OH-tam \rightarrow endoxifen	μ Mol	7.9	7.9	Desta et al. (2004)	–
V_{\max} 4-OH-tam \rightarrow endoxifen	pmol/min/mg protein	102	*10	Desta et al. (2004)	1.5
K_m 4-OH-tam \rightarrow <i>cis</i> -gluc-4-OH-tam ^{*4}	μ Mol	7.85	7.85	Desta et al. (2004)	–
V_{\max} 4-OH-tam \rightarrow <i>cis</i> -gluc-4-OH-tam ^{*5}	pmol/min/mg protein	6284.29	*5	Nishiyama et al. (2002)	1.4
K_m 4-OH-tam \rightarrow <i>trans</i> -gluc-4-OH-tam	μ Mol	38.95	38.95	Nishiyama et al. (2002)	–
V_{\max} 4-OH-tam \rightarrow <i>trans</i> -gluc-4-OH-tam ^{*5}	pmol/min/mg protein	175.41	*5	Nishiyama et al. (2002)	1.4
K_m 4-OH-tam \rightarrow <i>cis</i> -sulf-4-OH-tam ^{*6}	μ Mol	44.15	44.15	Nishiyama et al. (2002)	–
V_{\max} 4-OH-tam \rightarrow <i>cis</i> -sulf-4-OH-tam ^{*5}	pmol/min/mg protein	42.12	*5	Nishiyama et al. (2002)	1.4
K_m 4-OH-tam \rightarrow <i>trans</i> -sulf-4-OH-tam	μ Mol	17.6	17.6	Nishiyama et al. (2002)	–
V_{\max} 4-OH-tam \rightarrow <i>trans</i> -sulf-4-OH-tam ^{*5}	pmol/min/mg protein	765.58	*5	Nishiyama et al. (2002)	1.4
<i>Endoxifen-specific clearance parameters</i>					
total plasma CL	L/h/kg	0.085	0.085	Ahmad et al. (2010)	–
hepatic CL _{spec}	1/min	–	17.197		1.4

^{*1} α -OH-NDM-tam: *alpha*-hydroxy-*N*-desmethyltamoxifen.

^{*2} NDDM-tam: *N*-didesmethyltamoxifen.

^{*3} 3, 4-DOH-tam: 3, 4-dihydroxytamoxifen.

^{*4} Gluc-4-OH-tam: glucuronides of 4-hydroxytamoxifen.

^{*5} V_{\max} -values have been calculated by means of the given K_m values and the specific formation rate determined in the human liver microsomes assay measured at a known substrate concentration using the Michaelis–Menten equation.

^{*6} Sulf-4-OH-tam: sulfates of 4-hydroxytamoxifen.

solid lines) very well. It is noticeable from the observed data that tamoxifen and its metabolites show a high inter-individual variability in plasma concentrations (Langan-Fahey et al., 1990; Peyrade et al., 1996). To address the inter-individual variability, PBPK-population simulations were set up for both, the CYP2D6 extensive metabolizer and the poor metabolizer.

PBPK-population model for CYP2D6 EM and PM phenotypes

The coupled PBPK-model of tamoxifen, NDM-TAM, 4-OH-TAM, and endoxifen representing an average European female subject of CYP2D6 EM phenotype was adapted to a CYP2D6 PM phenotype by integrating known CYP2D6 PM phenotype-specific enzyme activities (Coller et al., 2002).

In the CYP2D6 EM phenotype-specific coupled PBPK-model, it is assumed that CYP2D6 catalyzes the formation of 4-OH-TAM out of tamoxifen to an extent of 45% and is exclusively responsible for endoxifen formation out of NDM-TAM (Coller et al., 2002; Desta et al., 2004; Murdter et al., 2011; **Figure 1, Tables 4 and 5**). The two CYP2D6 EM phenotype-specific CYP2D6 V_{\max} -values were thus scaled by a factor of 0.015 in order to represent

the negligible enzyme activity of CYP2D6 in female individuals of PM phenotype (Coller et al., 2002). All other parameters of the CYP2D6 EM phenotype-specific PBPK-model parameterization were kept constant. Simulations of 20 mg tamoxifen daily for a period of 12 months were performed as described above.

The implemented mass balance of metabolite formation resulting from the enzyme kinetics reported by several groups assumes that approximately 10% of endoxifen is formed via 4-OH-TAM (Coller et al., 2002; Nishiyama et al., 2002; Desta et al., 2004; Kaku et al., 2004). Recently, one group postulated that 20–30% of total endoxifen is formed via 4-OH-TAM (Murdter et al., 2011). In order to evaluate this hypothesis, the coupled CYP2D6 EM phenotype-specific PBPK-model was modified to alternatively reflect the formation of 20, 30, and 40%, respectively, of total endoxifen from 4-OH-TAM. Each model variant was scaled to the CYP2D6 PM phenotype by the procedure described above (see also **Table 6**).

Based on a few simple input parameters (ethnicity, gender, age, weight, and height; **Table 2**), generic populations of individuals were created taking into account inter-individual variability in

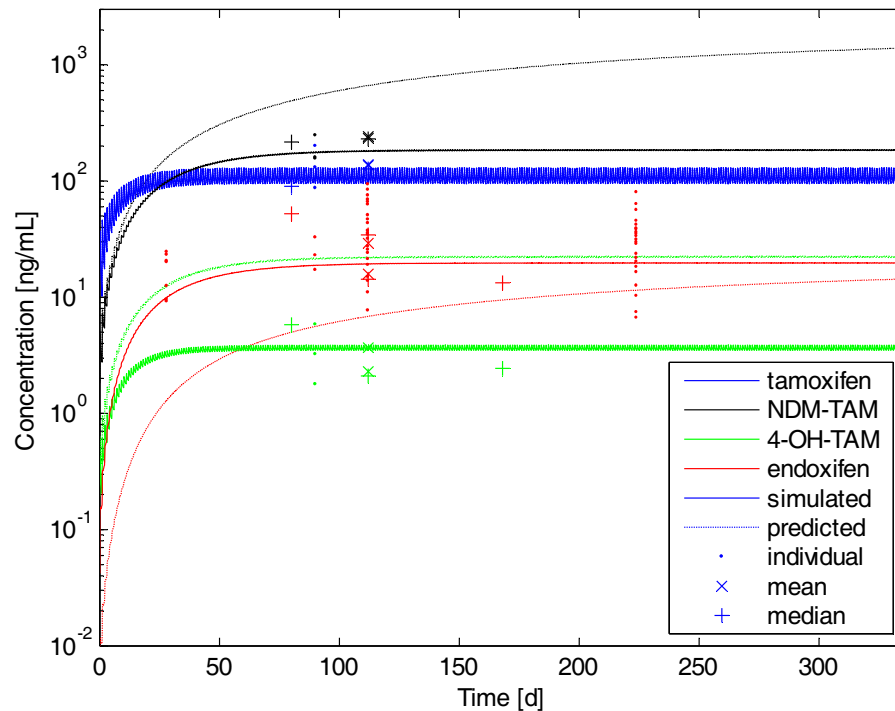


FIGURE 5 | Tamoxifen and metabolites steady-state kinetics in an average European female individual of CYP2D6 EM phenotype. Resulting plasma concentration–time profiles of tamoxifen (blue), *N*-desmethyltamoxifen (NDM-TAM; black), 4-hydroxytamoxifen (4-OH-TAM; green), and endoxifen (red) following once daily administration of 20 mg

tamoxifen p.o. to an average European female individual of CYP2D6 extensive metabolizer phenotype over a period of 12 months. Dashed lines represent predicted profiles of metabolites, solid lines show simulated profiles after adjustment of V_{max} -values. Dots represent individual data, stars represent mean data, and plus' represent median data taken from the literature.

Table 6 | Modification of the coupled CYP2D6 EM phenotype-specific PBPK-model parameterization to alternatively reflect the formation of 20–40% of total endoxifen formation out of 4-OH-TAM and subsequent scale factors for the CYP2D6 PM phenotype-specific PBPK-model parameterization.

Parameter	Unit	EM value	PM value	Reference
~10% ENDOXIFEN OUT OF 4-HYDROXYTAMOXIFEN				
PM factor V_{max} CYP2D6	–	–	0.015*	Coller et al. (2002)
20% ENDOXIFEN OUT OF 4-HYDROXYTAMOXIFEN				
V_{max} 4-OH-tam → endoxifen	pmol/min/mg _{protein}	2.385*	2.385*	
V_{max} NDM-tam → endoxifen	pmol/min/mg _{protein}	0.85*	0.01275*	
V_{max} 4-OH-tam → Gluc/Sulf	pmol/min/mg _{protein}	3.5*	3.5*	
30% ENDOXIFEN OUT OF 4-HYDROXYTAMOXIFEN				
V_{max} 4-OH-tam → endoxifen	pmol/min/mg _{protein}	3.57*	3.57	
V_{max} NDM-tam → endoxifen	pmol/min/mg _{protein}	0.73*	0.01095*	
V_{max} 4-OH-tam → Gluc/Sulf	pmol/min/mg _{protein}	2.25*	2.25*	
40% ENDOXIFEN OUT OF 4-HYDROXYTAMOXIFEN				
V_{max} 4-OH-tam → endoxifen	pmol/min/mg _{protein}	4.76*	4.76*	
V_{max} NDM-tam → endoxifen	pmol/min/mg _{protein}	0.62*	0.0093*	
V_{max} 4-OH-tam → Gluc/Sulf	pmol/min/mg _{protein}	0.9*	0.9*	

*Gluc, glucuronides; Sulf, sulfates.

physiological parameters such as organ volumes and blood flow rates (Willmann et al., 2007). In addition, variability can be superimposed on non-generic parameters. Tables 1, 4, and 5 present

the chosen settings for generic and non-generic parameters that were applied to create 1000 female individuals. These can be used to re-parameterize each of the different coupled PBPK-models of

tamoxifen, NDM-TAM, 4-OH-TAM, and endoxifen for an average European female subject of CYP2D6 EM phenotype accounting for ~10–40% of endoxifen formation out of 4-OH-TAM, as well as the PM variants thereof (Table 6). Daily dosing of 20 mg tamoxifen for a period of 12 months was simulated in each individual.

Population simulation results of the four CYP2D6 EM European female individual populations and the four scaled CYP2D6 PM European female individual populations were compared to reported data from female patients of known CYP2D6 phenotype (Figure 6; Gjerde et al., 2008, 2010; Irvin et al., 2011; Madlensky et al., 2011; Murdter et al., 2011).

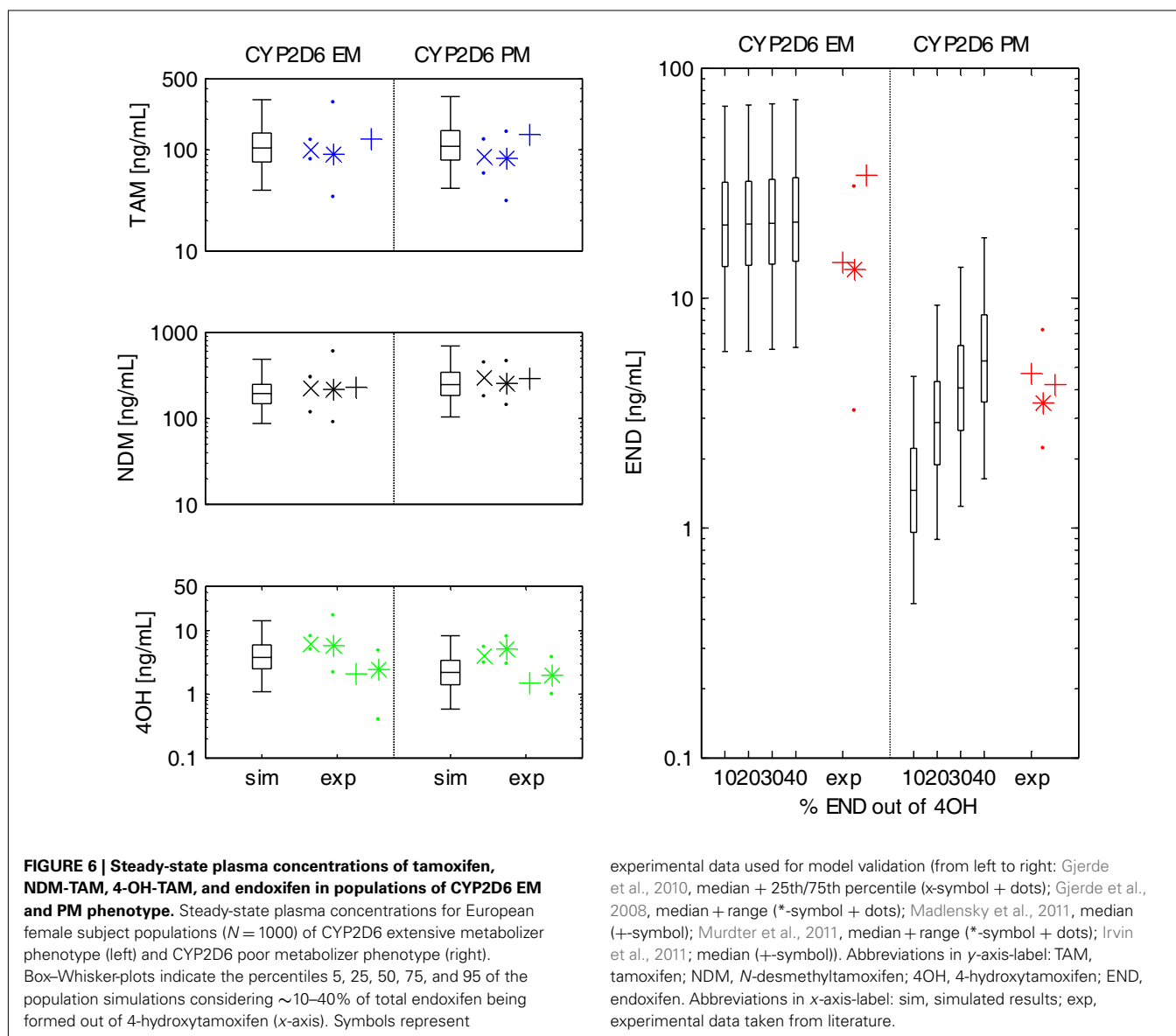
Simulation results of the four CYP2D6 EM individual populations show that the model parameterizations are able to account for the high inter-individual variability in PK of tamoxifen and match all reported median plasma concentration data of NDM-TAM, 4-OH-TAM, and endoxifen. There is no obvious difference in simulation results between the four assumed mass balances of

endoxifen formation out of 4-OH-TAM (Figure 6; not all data shown).

Predictions following the four population simulations of tamoxifen and metabolites PK in 1000 European female subjects of CYP2D6 PM phenotype sufficiently describe the corresponding plasma concentration data of tamoxifen, NDM-TAM, and 4-OH-TAM in all four assumed mass balances (Figure 6; left column, not all data shown). Endoxifen plasma concentration data is best reflected in the scaled PBPK-model of CYP2D6 PM phenotype from the CYP2D6 EM phenotype-specific PBPK-model assuming 30% endoxifen formation out of 4-OH-TAM (Figure 6; right column) thereby supporting the hypothesis postulated by Murdter et al. (2011).

DISCUSSION

Tamoxifen was approved by the U.S. food and drug administration (FDA) for the treatment of metastatic breast cancer in 1977 and



its indication has been expanded gradually during the following years (Desta et al., 2004). Although millions of women worldwide have been treated with the drug, there is still a lot to be learnt about tamoxifen.

First, tamoxifen has neither been investigated in terms of optimal biological dose-finding nor has its PK been determined following an i.v. administration to humans, leaving basic PK parameters such as volume of distribution, total plasma clearance, and absolute bioavailability after oral administration undetermined (Decensi et al., 2003). Second, biotransformation routes of tamoxifen are complex and lead to the formation of a number of active metabolites that significantly contribute to its anti-tumoral activity (Murdter et al., 2011).

Several polymorphic enzymes are involved in tamoxifen biotransformation, most importantly CYP2D6 that determines endoxifen exposure in tamoxifen-treated women. Nevertheless, after stratifying for CYP2D6 polymorphisms, endoxifen steady-state plasma concentration remains variable. Murdter et al. demonstrated that CYP2D6 genotype explains about 38% of endoxifen variability, which is well in line with results published by another group (Madlensky et al., 2011; Murdter et al., 2011). This leads to the assumption that there could be further influencing factors such as CYP2C9/2C19 or UGT polymorphisms that may also have a significant impact on tamoxifen PK and biotransformation to endoxifen (Blevins-Primeau et al., 2009; Ruiter et al., 2010; Murdter et al., 2011; Van Schaik et al., 2011).

Besides the long use of tamoxifen, the consequences of the high inter-individual variability in the metabolite pattern on treatment outcome, in particular in CYP2D6 PM and IM individuals, is still a subject of vivid discussions.

The presented coupled PBPK-model of tamoxifen and its most important metabolites provides a useful starting point to investigate the influence of certain covariates on tamoxifen PK and biotransformation to endoxifen such as CYP2D6 phenotype, ethnicity, or co-administration of other drugs.

In general, it is preferred to build at first a PBPK-model for i.v. administration in order to simulate the drug's distribution kinetic in the absence of absorption. This was not possible for tamoxifen, because i.v. PK data of this drug has – to the best of our knowledge – never been measured in humans. Therefore, a rat i.v. model has been developed based on preclinical PK data (Shin et al., 2006, 2008; Choi and Kang, 2008; Piao et al., 2008; Shin and Choi, 2009; Kim et al., 2010; Yang et al., 2010; Li et al., 2011). After determination of an appropriate lipophilicity input parameter, this model was scaled to human individuals by exchanging the species-specific physiological parameters while the species-independent physico-chemical parameters of tamoxifen remained unchanged. Based on this i.v. scaling approach, the volume of distribution of tamoxifen in an average adult female individual weighing 65 kg was calculated to be 34 L/kg which is largely in accordance with the apparent terminal distribution volume estimated by Lien et al. (1989; 52–61 L/kg) that was obtained after repeated oral tamoxifen dosing.

In the next modeling step, the route of drug delivery was changed to p.o. administration. After adjustment of model parameters that affect the dissolution rate, the absorption kinetics

could be very well described. The necessity for these adjustments arose from the fact that tamoxifen is a poorly soluble (BCS Class II) drug and thus, dissolution is very likely to determine the rate of absorption. Moreover, this adjustment has only a minor influence on the peak-trough ratios after repeated dosing, and does not drastically affect the average steady-state tamoxifen levels, because the bioavailability was not affected by the changes. Based on the presented model, oral absorption of tamoxifen is almost complete (97%). Together with a small first pass effect in the liver (3%), the simulated oral bioavailability of tamoxifen amounts to 94% (data not shown).

Overall, the resulting PBPK-model of tamoxifen SD in an average European female patient was able to describe the observed plasma concentration–time profiles (Figure 4). The slight adaptation of CL_{spec} (Table 4) is supported by the fact that the resulting total plasma clearance calculated with the model confers to a reported total plasma clearance reported in the literature as the model assumes a fraction absorbed of 0.97 (Fuchs et al., 1996). So far, the model has only demonstrated its applicability in European breast cancer patients and is – strictly speaking – limited to this ethnicity. A translation to other ethnicities, however, should be easily achievable on the basis of prior knowledge about anthropometric, physiological, and biochemical differences that are included in the databases of PK-Sim®.

Unfortunately, there were only few published plasma concentration–time profiles of SD tamoxifen in female breast cancer patients available. Data is most often presented in the form of steady-state plasma concentration in patients receiving tamoxifen. Consequently, the dosing schedule in the PBPK-model was adapted to a repeated daily dosing of 20 mg tamoxifen in an average European female patient. Using prior *in vitro* information about tamoxifen's biokinetics in the form of Michaelis–Menten constants, the total clearance was split into individual processes that formed the sources of metabolites. It proved to be necessary to scale reported V_{max} -values of integrated CYP and UGT metabolism of tamoxifen by scaling factors, respectively, in order to reach the dimension of the previously determined hepatic CL_{spec} and match observed plasma concentration–time profiles (Tables 4 and 5; Figures 4 and 5). Besides the fact that the scaled V_{max} -values led to a hepatic CL_{spec} that corresponds to the determined hepatic CL_{spec} of the parent drug, adjusting of absolute V_{max} -levels may be justified in terms of varying enzyme expression and activity. Human liver microsome assays performed to investigate the formation of tamoxifen's primary metabolites by Desta et al. (2004) already exerted a difference in CYP3A enzyme activity by a factor of approximately 10. Urinary excretion of tamoxifen was reported to be very low and hence was not included into the PBPK-model (Soininen et al., 1986).

After implementation of the individual clearance processes, the parent drug PBPK-model was extended by PBPK-models for its two most important primary metabolites and the sequential PBPK-model of endoxifen, which was performed via linkage of the PBPK-models through specific enzyme activities of hepatic intracellular metabolism (Figure 2; Coller et al., 2002; Nishiyama et al., 2002; Desta et al., 2004; Kaku et al., 2004). Simulation of 12 months daily dosing tamoxifen with the coupled PBPK-model showed a

good match of resulting metabolites plasma concentrations with experimental data after scaling V_{\max} -values in a similar approach as in the tamoxifen PBPK-model (Tables 4 and 5; Figure 5).

Thus, we have established a coupled PBPK-model that is able to reflect the mass balance based on reported enzyme kinetics and that links formation of endoxifen to preceding 4-hydroxylation or *N*-demethylation of tamoxifen (Desta et al., 2004). According to this model, the formation of 45% of total 4-OH-TAM out of tamoxifen proceeds via the polymorphic CYP2D6. In case of endoxifen formation from NDM-TAM, CYP2D6 is exclusively responsible for biotransformation. Performed simulations of tamoxifen, NDM-TAM, 4-OH-TAM, and endoxifen steady-state plasma concentration development during a period of 12 months of daily dosing 20 mg tamoxifen led to a good description of tamoxifen, NDM-TAM, and 4-OH-TAM in each of the two phenotype populations. Endoxifen steady-state plasma concentration was slightly underestimated only in the CYP2D6 PM phenotype population (Figure 6).

The quantitative contribution of the two primary tamoxifen metabolites to the formation of endoxifen has not been investigated *in vivo* so far. The mass balance integrated into the EM phenotype-specific PBPK-model of tamoxifen metabolism accounts for ~10% of total endoxifen formation out of 4-OH-TAM and is based on several published data (Coller et al., 2002; Nishiyama et al., 2002; Desta et al., 2004; Kaku et al., 2004). However, Murdter et al. (2011) postulated in their very recently published investigation of tamoxifen metabolism in breast cancer patients that approximately 20–30% of total endoxifen may be formed out of 4-OH-TAM.

Hence, the baseline PBPK-model of tamoxifen metabolism in a CYP2D6 EM phenotype was adjusted to reflect 20, 30, and 40% of total endoxifen formation out of 4-OH-TAM. All four EM phenotype-specific PBPK-model parameterizations were subsequently scaled to PM phenotype by the factor derived from Coller et al. (2002) and compared to observed data. The resulting model parameterizations revealed that an assumption of 30% of total endoxifen formed out of 4-OH-TAM provides best prediction of endoxifen steady-state plasma concentration in the CYP2D6 PM phenotype, thus supporting the hypothesis (Murdter et al., 2011). Further confirmation *in vitro* and *in vivo* may be promising.

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The role of CYP2C9 in 4-hydroxylation of tamoxifen – a matter of fact that has been already assessed in experimental settings *in vitro* – is further supported *in vivo* by Murdter et al. and could in addition be well described by the established CYP2D6 phenotype-specific PBPK-models leading to a less pronounced decrease of 4-OH-TAM in CYP2D6 PMs compared to endoxifen as also reported in the literature (Coller et al., 2002; Stearns et al., 2003; Murdter et al., 2011).

The results of population simulations that consider physiological variability in European female patient populations representing each of the two phenotypes are able to account to a large extent for the reported high inter-individual variability in plasma concentrations of tamoxifen and its metabolites.

CONCLUSION

A PBPK-model of tamoxifen and its pharmacologically important metabolites NDM-TAM, 4-OH-TAM, and endoxifen was developed. This model is able to simulate the PK after single and repeated oral tamoxifen doses in female breast cancer patients in dependence of the CYP2D6 phenotype. The analysis regarding the mass balance thereby supports a recent hypothesis stating a more prominent role for endoxifen formation from 4-OH-TAM. The established models can explain PK variability within a population and provide a basis for further investigations concerning tamoxifen PK under varying scenarios such as in populations of differing geographical origin that exert characteristic distributions of CYP2D6 phenotypes (Sistonen et al., 2007). Furthermore, the impact of concomitant treatment with compounds inhibiting CYP2D6 can in the future be elucidated with this model. Ultimately, by bridging the gap between CYP2D6 phenotype, PK, and resulting impact on tumor cell growth, a future PBPK/PD-model of tamoxifen and its metabolites may provide a useful tool to investigate the role of CYP2D6 phenotype on the outcome of breast cancer therapy using tamoxifen.

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