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Risk factors related with avascular necrosis after internal fixation of femoral neck fractures in children: a systematic review and meta-analysis

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Background: Less than 1% of children develop femoral neck fractures (FNF), making them uncommon. However, they may have dangerous side effects, like avascular necrosis. Even though several risk factors for postoperative avascular necrosis have been identified, there is still debate regarding them. In this investigation, a meta-analysis was performed to examine the potential causes of postoperative avascular necrosis in children with FNF.

Methods: We conducted a thorough literature search to find risk factors for avascular necrosis (AVN) after internal fixation of pediatric FNF. Until December 2022, we searched several databases, including PubMed, Embase, Cochrane Library, Web of Science, CNKI, Orthosearch, and Sinomed. Software Zotero 6.0 and Stata 17.0 were used to organise and synthesise the data. Finally, a sensitivity and publication bias test was carried out.

Results: Our study includes a total of 15 case-control studies involving 814 patients. The risk of postoperative AVN increased with age at fracture encounter (95% CI: 0.64-1.88, P = 0.0003), initial fracture displacement (95% CI: 1.87-9.54, P = 0.0005), and poor fracture reduction (95% CI:1.95-22.34, P = 0.0024) were risk factors for postoperative AVN. There was no significant relationship between gender and postoperative AVN (95% CI: 0.52-1.31, P = 0.41). Conversely, Postoperative AVN and reduction methods have no connection with each other (95% CI: 0.77-2.66, P = 0.25), procedure time (95% CI: 0.43-2.99, P = 0.16), or injury mechanism (95% CI: 0.32-2.26, P = 0.75). The incidence of post-operative AVN varies between Delbet fracture types (95% CI: 0.15-0.31, P < 0.0001), with the overall trend being that the incidence of post-operative AVN is highest for type II, lowest for type IV, and close for types I and III, but it is not clear which type of fracture is the independent risk factor. Funnel plots indicate no significant publication bias.

Conclusions: In line with this study, About 26% of children who underwent surgery for a femoral neck fracture suffered postoperative AVN. The main risk factors for AVN were the child's age, the initial displacement of the fractures, and poorly reduced fractures. The risk of AVN did not significantly correlate with gender, the time of the procedure, reduction methods or the mechanism of injury. The overall trend in the incidence of postoperative AVN for the different Delbet types of fracture is that the incidence of postoperative AVN is highest for type II, lowest for type IV, and close for types I and III, but it is not clear which type of fracture is the independent risk factor.

KEYWORDS

femoral neck fracture, AVN, children, risk factors, internal fixation, meta-analysis

Introduction

Less than 1% of cases of high-energy accidents to schoolchildren result in fractures of the neck of the femur, which are rare but serious injuries (1–4). AVN is a frequent side complication postoperatively to heal these fractures. The prognosis is poor and can rapidly result in the downturn of the femoral head if treatment is ineffective. This can damage the child's physical and emotional health and strain the family and society. It can also result in osteoarthritis of the hip joint during adolescence and may ultimately necessitate a hip replacement. For these fractures, there aren't any proven predictors or treatments.

Recently, researchers have attempted to identify the impacts of AVN in children with postoperative FNF. However, the outcomes of these investigations might be more reliable and conclusive. This study aims to collect data from published literature on AVN obeying pediatric FNF, analyse the data using meta-analysis, and assess the importance of the probable risk factors. This information will help prevent and treat this complication.

Methodology and information

Search procedure

The PRISMA guidelines in the conduct of this investigation (5) and the Epidemiological Observational Studies Meta-Analysis Group (6). The study was based on previously available data, so neither patient permission nor ethics approval was required. Two researchers (BHQ and XWW) searched for pertinent literature on postoperative AVN in children with FNF. From its commencement through December 2022, the examination encompassed various data, including PubMed, Embase, Cochrane Library, Web of Science, CNKI, Orthosearch, and Sinomed.

Medical subject headings (MeSH) and non-MeSH terms were used in both English and Chinese for the search, including keywords such as "children", "pediatric", "adolescents", "hip fracture", "femoral neck fracture", "internal fixation", "osteonecrosis of the femoral head" or "ONFH" or "avascular necrosis" or "AVN". If there is any uncertainty or disagreement, discuss it and find a solution together, possibly with a third investigator. For instance, **Table 1** displays the literature search approach for the PubMed database.

Case selection

To gather pertinent information on the risk factors of AVN after children's FNF, two researchers (BHQ and XWW) independently analysed articles. The studies' inclusion criteria were: (1) Study type: Original studies may be case-control studies, cohort studies, cross-sectional research, randomised controlled trials, or nonrandomized controlled trials. (2) Study population: Children and adolescents under 18 with subsequent traumatic, non-pathological FNF who underwent internal fixation procedures within two weeks of the injury constitute the study population. (3)

-
#1 "Femoral Neck Fractures" [Mesh]; #2 Femur Neck Fracture; #3 Femur Neck
Fractures; #4 Femoral Neck Fracture; #5 Femoral Neck Fractures
#6 #1 OR #2 OR #3 OR #4 OR #5
#7 "Fracture Fixation" [Mesh]; #8 Internal fixation; #9 sliding hip screws; #10 cancellous screws
#11 #7 OR #8 OR #9 OR #10
#12 "Femur Head Necrosis" [Mesh]; #13 Femur Head Necrosis; #14 osteonecrosis of the femoral head; #15 Avascular Necrosis of Femur Head: #16 ONFH; #17 AVN
#18 #12 OR #13 OR #14 OR #15 OR #16 OR #17
#19 "Child" [Mesh]); # 20 children
#21 #19 OR #20
 #22 "Adolescent" [Mesh]); #23 Male Adolescents; #24 Male Adolescent; #25 Adolescent, Male; #26 Adolescents, Male; #27 Female Adolescents; #28 Female Adolescent; #29 Adolescent, Female; #30 Adolescents, Female; #31 Youths; #32 Youth; #33 Teenager; #34 Teenagers; #35 Teen; #36 Teens; #37 Adolescence; #38 Adolescents
#39 #22 OR #23 OR #24 OR #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32 OR #33 OR #34 OR #35 OR #36 OR #37 OR #38
#6 AND #11 AND #18 AND #21 AND #39

Intervention: Internally fixed surgery with at least a six-month follow-up. (4) Outcome indicators: AVN after an FNF in children, covering the number of cases with various age ranges, genders, fracture types, initial displacements, reduction quality, reduction method, injury mechanism, and procedure timing.

The exclusion criteria were: (1) studies on patients who underwent internal fixation of FNF before 2000. (2) Studies with a patient population included patients with bilateral inter-rotor fractures, subrotor fractures, femoral stem fractures, tumour metastases, or longterm high-dose hormone use. (3) Study types include case reports, animal studies, reviews, conference papers, and studies with full texts or sufficient data. (4) Herbal therapy and autologous vascular and bone flap transplantation are examples of treatment options. (5) Studies utilising a sample size of 20 cases or less. (6) Duplicate publication of study data. (7) Studies with poor or moderate literature quality ratings. The researchers and corresponding author would discuss differences and reach a consensus.

Data extraction

Two researchers (BHQ and XWW) used a standardised form to collect and organise data from the selected studies. The discussion was used to settle any disagreements. A standardised table was used to record the study's design, demographic characteristics (such as average age and length of follow-up), and relevant risk variables. To ensure accuracy, the data was carefully reviewed and verified. The results of the study are presented in a PRISMA flow chart.

Methodological quality assessment

Two researchers (BHQ and XWW) evaluated the papers' quality in this study using the modified Newcastle–Ottawa Scale (NOS) (7). In the final standings, a third researcher (Qiang Jie, the corresponding author) made the ultimate determination. They each assigned a score based on a set of criteria. Studies

scoring 6–9 out of a potential nine stars were considered relatively high quality. The studies included in this study were supposed to be of high quality, as they each received a score of 6 stars or higher.

Statistical analysis

For the statistical analysis and meta-analysis, Stata 17.0 was employed. The odds ratio (OR) was utilised for statistical analysis, and the impact of heterogeneity on the outcomes of the meta-analysis was evaluated using the I-square (I^2) test. The fixed-effect model was preferred if the *P*-value was more significant than 0.1 and the I^2 was lower than 50%, demonstrating no statistical heterogeneity among the studies. But in cases where there was much heterogeneity, the random-effects model was utilised. To evaluate the consistency of the findings, a sensitivity analysis was performed by excluding each study separately. Statistical significance was defined as a *P*-value of 0.05. Data conversion, the funnel plot, and Egger's and Begg's tests were used to assess the publication bias in research that omitted important data (8).

Results

Study selection process

The selection process began with 940 references. After removing duplicates (407 contacts) and those not meeting the inclusion criteria (107 references), 351 authorities remained. After carefully examining the remaining references, 60 articles were eliminated because they contained dubious data, were published more than once, or were judged to be of moderate or low quality. Finally, the study included 15 articles that satisfied all the criteria. **Table 2** provides a summary of the selection procedure's specifics.

Basic characteristics and assessment of the listed studies' quality

It should be noted that all 15 case-control studies included in the research selection process were published between the years 2008 and 2022. The research was conducted in several nations, including China (7 studies), the United States (3 studies), India (2 studies), Turkey (2 studies), and Serbia (1 study). The sample size of the selected clinical trials varied, ranging from 21 to 241 patients. 51.96 per cent of the patients with FNF were men. All included studies had a minimum follow-up period of six months, with the most extended period being 314.4 months. 215 patients in total suffered AVN. The three primary internal fixation techniques were proximal femoral splint internal fixation with open and closed reduction, hollow screw internal fixation. Utilising the modifications, the studies' quality was assessed. All the listed studies received six stars or better on the Newcastle–Ottawa Scale. Table 3 displays the studies' broad information.

Meta-analysis results

Risk factors associated with postoperative AVN

Gender

Seven of the 15 studies (9–15) included in the analysis evaluated the relationship between gender and AVN. Since these studies had no significant heterogeneity, a fixed effects model was utilised to analyse data ($I^2 = 0\%$, P = 0.95). Figure 1 illustrates the results, which revealed no statistically significant gender difference between patients with AVN and those without AVN (OR = 0.82, P = 0.41, 95% CI: 0.52–1.31).

Age

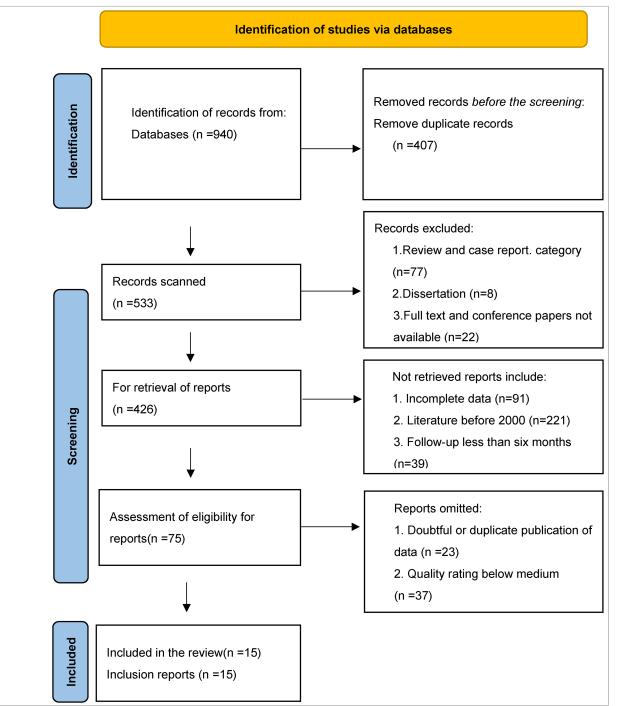
There were nine studies (9–11, 13, 14, 16–19); Patients' ages, as well as a mean and standard deviation, were recorded in the raw data by the study data. Utilising a weighted mean difference (WMD), a meta-analysis was conducted, and it presented no proof of study heterogeneity ($I^2 = 0\%$, P = 0.89). The results showed that the 95% confidence interval was 0.64–1.88, with a *P*-value of 0.0003. According to these results, individuals who experienced AVN after surgery were older than those who did not, as shown in **Figure 2**.

Delbet typing of fractures

The data on fracture Delbet typing was available in 12 studies (9–11, 13, 14, 16–22) and was analysed through Meta-analysis. Two studies (13, 22) did not report any cases of type I fractures, and six studies (9–11, 17, 19, 20) did not report any cases of type IV fractures. Type II and III fractures were reported in all included studies. Due to heterogeneity among studies, a random-effects model was used ($I^2 = 79.93\%$), as shown in Figure 3. The findings showed a 23 per cent overall incidence of postoperative AVN (95% CI: 0.15–0.31, P < 0.0001). The results indicate that AVN occurs after different types of Delbet fractures, and the incidence of AVN after type II fractures is the highest, and type IV fractures are the lowest, Types I and III are close, but it cannot be determined which type of fracture is an independent factor for postoperative AVN.

Initial fracture displacement

The data on initial fracture displacement from 10 studies (9–11, 14, 16–19, 21, 23) was analysed. The results indicate a mild heterogeneity between the studies ($I^2 = 20.64\%$, P = 0.25) was applied, as seen in **Figure 4**. The information shows that a risk





factor for postoperative AVN is the initial fracture displacement (OR = 4.23, 95% CI: 1.87–9.54, P = 0.0005).

Quality of reduction

Six studies (13, 17–19, 21, 22) were the subject of our metaanalysis. To evaluate the quality of fracture reduction. $I^2 = 27.08\%$, P = 0.23 was used, and the results demonstrate a mild heterogeneity amongst the studies, as shown in Figure 5. The results revealed a statistical difference between the two groups (OR = 6.58 95% CI: 1.95-22.34, P = 0.0024). These results suggest that poor fracture reduction may raise the risk of postoperative AVN.

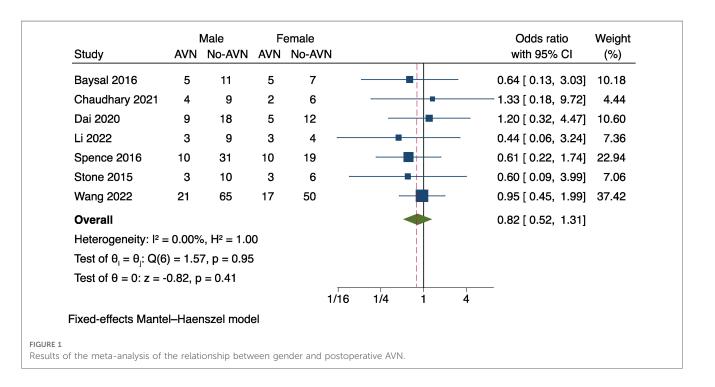
Reduction methods

"Reduction methods" in medical literature refers to the two procedures of closed or opened reduction of fractures; data on

Author	Year	characteristics	No. of cases	Follow-up visits (mo.)	Risk Factor	NOS score
Wu (9)	2019	10 males, 1–14 years	21	10-58	1, 3, 4, 8	7★
Wang (10)	2019	136 males, 2–17 years	241	6–86	1, 3, 4, 6, 8	8★
Wang (11)	2022	86 males, 3–17 years	153	6–86	1, 2, 3, 4, 6, 7, 8	8★
Varshney (12)	2009	14 males, 5–15 years	21	66-129	6, 8	6★
stone (13)	2015	13 males, 4.5–17.4 years	22	12-104.4	1, 2, 3, 5, 6, 7	8★
Spence (14)	2016	41 males, 1.3–18.1 years	72	Average 33.5	1, 2, 3, 4, 8	8★
Bukva (15)	2015	16 males, 4–14 years	28	48-216	8	8★
Baysal (16)	2016	16 males, 2–16 years	28	15-217	1, 2, 3, 4, 6, 8	8★
Dai (17)	2020	27 males, 2–14 years	44	11-224	1, 2, 3, 4, 5, 6, 7	8★
Riley (18)	2015	28 males, 0.9–17 years	44	12-314.4	1, 3, 5, 6, 8	9★
Xu (19)	2008	18 males, 3.7–14.1 years	33	12-146.4	1, 3, 4, 5	8★
Chaudhary (20)	2021	13 males, 5–16 years	21	12–20	1, 2, 3, 6, 8	7★
Li (21)	2022	21 males, 4.4–14 years	28	12-36	2, 3, 4, 5, 7, 8	9★
Chen (22)	2017	16 males, 4–16 years	24	6-48	3, 5, 6, 8	7★
Akar (23)	2022	25 males, 1–17 years	34	24-98	4, 7	7★

TABLE 3 Basic characteristics of the included studies.

1 age; 2 genders; 3 Delbet fracture type; 4 initial fracture displacement; 5 quality of reduction; 6 methods of reduction; 7 mechanisms of injury; 8 the timing of the procedure.



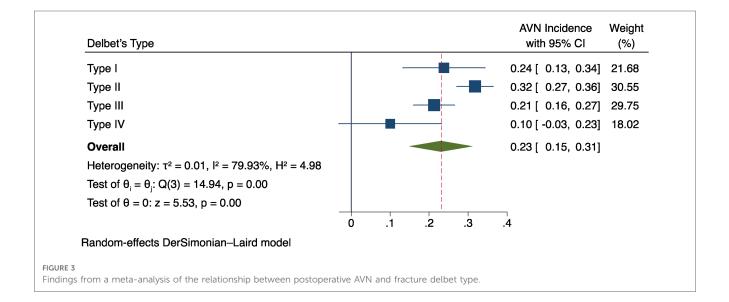
the reduction methods from nine studies (10–13, 16–18, 20, 22) were available for Meta-analysis. Considering that the studies had a small amount of heterogeneity ($I^2 = 36.90\%$, P = 0.12), see **Figure 6**. The results showed: OR = 1.44, 95% CI: 0.77–2.66, P = 0.25. The two data groups did not differ statistically significantly from one another. This suggests no discernible difference in the effects of various fracture methods on postoperative AVN.

Timing of the procedure

In nine studies, we investigated how the timing of the procedure of pediatric FNF impacted the risk of

postoperative AVN. Differences in cut-off values for the timing of surgery, two studies (9, 20) used a cutoff of 48 h after the injury, respectively, In the remaining seven studies (13–16, 18, 21, 22), The cutoffs for the procedure timing were 12 and 24 h after the injury respectively, and subgroup analyses were done using such data. The outcomes of the three subgroups in the various effect models did not significantly differ. No significant statistical difference between the three groups was found in the results (OR = 1.05, 95% CI: 0.52–2.11, P = 0.15). These results imply that in children with internal fixated FNF, the procedure time does not significantly alter the risk of AVN (**Figure 7**).

Study	N	AVN Mean	٩D	N	No-AVN Mean	-		Mean diff. with 95% Cl	Weight
Sludy	IN	wean	30	IN	wear	30			(%)
Baysal 2016	14	11.2	3.2	14	10.6	4.3		0.60 [-2.21, 3.41]	5.66
Dai 2020	14	9.6	3.2	30	8.7	3.9		0.90 [-1.45, 3.25]	8.10
Riley 2105	9	12.7	2	35	10.9	5.1		- 1.80 [-1.62, 5.22]	3.81
Spence 2016	20	12.3	3.8	50	12.3	4		0.00 [-2.05, 2.05]	10.65
Stone 2015	8	11.7	4	14	11.4	2.7		0.30 [-2.49, 3.09]	5.72
Wang 2019	59	11.1	3.7	182	9.5	3.9		1.60 [0.47, 2.73]	34.85
Wang 2022	38	12	3.7	115	10.2	3.7		1.80 [0.44, 3.16]	24.22
Wu 2019	4	10.3	3.6	12	10.4	4.2 —		-0.10 [-4.72, 4.52]	2.09
Xu 2008	12	11.2	2.6	4	10.1	2.9		1.10 [-1.92, 4.12]	4.90
Overall							-	1.24 [0.57, 1.91]	
Heterogeneity	: l² =	0.00%,	H² =	1.00					
Test of $\theta_i = \theta_i$:	Q(8)	= 3.60,	p = 0	0.89					
Test of $\theta = 0$:									
						-5	0	⊤ 5	
Fixed-effects in	verse	-varian	ce m	odel					



Injury mechanisms

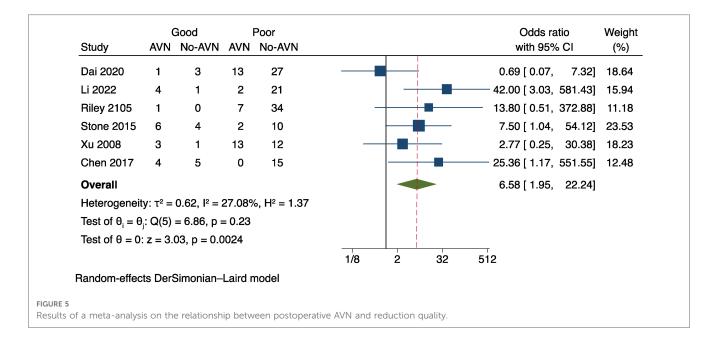
Data on the mechanism of injury was provided in 5 studies (11, 13, 17, 21, 23), and the data were sorted and transformed into dichotomous variables of high-energy injury (such as vehicle accidents and height-related incidents) and low-energy injury (such injuries during regular activities and simple falls) using an odds ratio (OR) for Meta-analysis. As that revealed mild heterogeneity between studies, the random effects model was preferred (I^2 = 34.04%, P = 0.19); see Figure 8. The outcomes

were OR = 0.85, 95% CI: 0.32–2.26 and P = 0.75. Therefore, the impact of various fracture injury mechanisms on the incidence of postoperative AVN was not statistically different.

The overall incidence of AVN

Since the postoperative AVN meta-analysis of the 15 papers (11) with more than 5 cases demonstrated no heterogeneity between studies, the fixed effects model has been adopted (P =

	Displ	acement	Non-dis	placement	t				Odds ra	atio	Weight
Study	AVN	No-AVN	AVN	No-AVN	1				with 95%	6 CI	(%)
Akar 2022	6	13	3	14		-	╶┼═╾╴		2.15 [0.44,	10.44]	17.27
Baysal 2016	9	9	1	9					9.00 [0.94,	86.52]	10.24
Dai 2020	13	24	1	6		-		_	3.25 [0.35,	29.98]	10.54
Li 2022	6	6	0	16					- 33.00 [1.62,	673.68]	6.34
Riley 2105	7	23	2	12		_			1.83 [0.33,	10.19]	15.40
Spence 2016	19	35	1	15					8.14 [1.00,	66.49]	11.51
Wang 2019	59	152	0	28					22.24 [1.34,	370.14]	7.16
Wang 2022	38	97	0	18					14.61 [0.86,	248.49]	7.06
Wu 2019	3	13	1	0		_			0.09 [0.00,	2.61]	5.11
Xu 2008	14	12	1	3		-	┼┉╴		3.50 [0.32,	38.23]	9.38
Overall									4.23 [1.87,	9.54]	
Heterogeneity:	$\tau^{2} = 0.3$	5, l² = 20.6	4%, H² =	1.26							
Test of $\theta_i = \theta_j$: 0	Q(9) = 1 ⁻	1.34, p = 0	.25								
Test of $\theta = 0$: z	= 3.47,	p = 0.0005	i								
					1/256	1/8	4	128	_		
Random-effects	DerSim	onian-Lair	d model								
4											
• of a meta-analysis o	on the co	onnection be	etween initi	al fracture	displace	ment an	d nostone	erative AV	N.		



0.87, $I^2 = 0\%$). The incidence of AVN overall was 26% [95% CI (0.22–0.31)]. Look at Figure 9.

effect size, demonstrating that the overall results were reliable and consistent. Look at Figure 10.

Sensitivity analysis

The 15 included studies were eliminated for sensitivity analysis using the leave-one-out method. However, no specific studies with comparable findings were found that significantly altered the total

Analysis of publication bias

The results of the fracture Delbet type and initial fracture displacement funnel plots were utilised as an example to assess for publication bias in a meta-analysis of more than ten included

Study		pened No-AVN	-	losed No-AVN						Odds ra with 95%		Weight (%)
Baysal 2016	8	6	2	12				-		8.00 [1.28,	50.04]	8.67
Chaudhary 2021	3	9	1	8			-∦∎-			2.67 [0.23,	31.07]	5.40
Dai 2020	10	21	4	9		-				1.07 [0.26,	4.34]	12.74
Riley 2105	4	9	4	26			- 			2.89 [0.60,	14.02]	10.79
Stone 2015	0	6	8	8		-				0.08 [0.00,	1.59]	3.74
Varshney 2009	3	5	0	10				-		13.36 [0.58,	308.02]	3.51
Wang 2019	35	103	24	79						1.12 [0.62,	2.03]	27.31
Wang 2022	20	55	18	60			-			1.21 [0.58,	2.53]	24.14
Chen 2017	0	8	4	12		-	- <u> -</u> -			0.16 [0.01,	3.45]	3.69
Overall							-			1.44 [0.77,	2.66]	
Heterogeneity: τ ²	= 0.27,	l ² = 36.90	%, H ² :	= 1.58								
Test of $\theta_i = \theta_i$: Q(8)	B) = 12.0	68, p = 0.1	2									
Test of $\theta = 0$: $z = 1$	1.15, p	= 0.25										
					1/256	1/8	4		128			
Random-effects De	erSimor	ian–Laird	model									
of a meta-analysis on	the relat	ionship bet	ween re	eduction te	chniques	and post	operativ	ve AVN.				

studies (Figure 11). The included studies were mostly symmetrically distributed and fell within the 95% confidence interval, according to the funnel plots. Initial fracture displacement: Egger's test result: t = 0.50, P = 0.63, Begg's test result: z = 1.43, P = 0.15. Fracture Delbet type: t = 1.39, P = 0.19, Begg's test result: z = 1.71, P = 0.87. The findings revealed no consistent evidence of publication bias. Despite this, publication bias could not be assessed for each risk factor due to the scant amount of literature (less than 10) used to study the other risk variables. This calls for caution when using the study's findings in quotes.

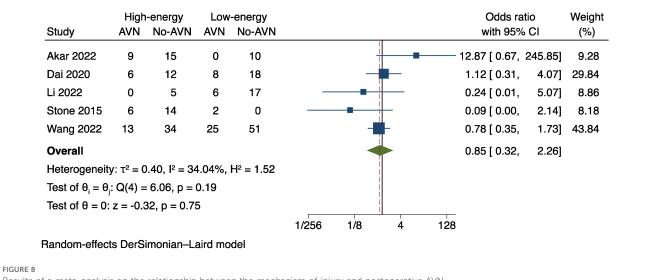
Discussion

In this study, we examined the risk variables for avascular necrosis (AVN) after internal fixation of children patients' FNF by performing a meta-analysis of 15 studies. To get accurate results, we carefully reviewed, examined, and incorporated past studies on AVN following the internal fixation of pediatric FNF. We included only high-quality research to address clinical questions about this illness. Our research indicates that age, Delbet type I/II fracture, initial fracture displacement, and relatively poor fracture reduction are important risk factors for postoperative AVN after internal fixation of pediatric FNF. Contrarily, the occurrence of AVN was unaffected by gender, the timing of fracture reduction. Furthermore, the funnel plot's visual data representation discovered no discernible publication bias.

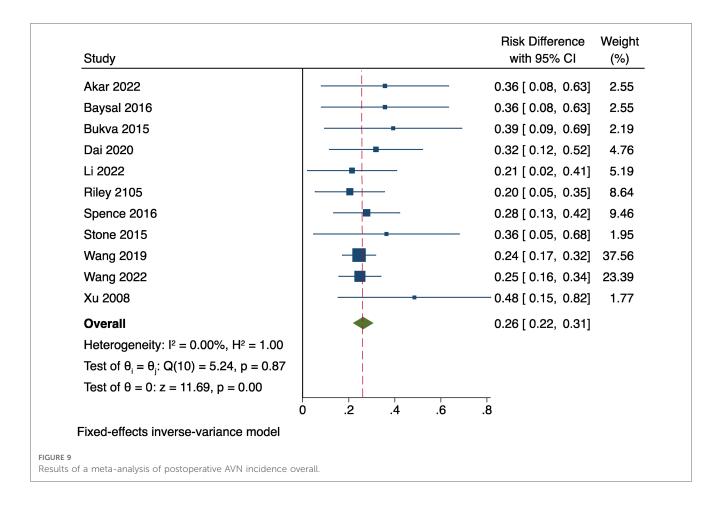
Pediatric orthopaedic surgeons face enormous difficulty when treating FNF in children because of the severe dangers associated with post-operative AVN and non-union, which can endanger the child's health. However, more research is needed to understand how to treat these fractures fully. Incisional reduction is a common alternative to a closed reduction in cases where it fails. In particular, two or three hollow screws are suggested for internal fixation of Delbet I, II, and III fractures. To reduce vascular injury at the fracture site when closed reduction is impossible, conversion to opened reduction should be done immediately (24). Opened PHP plate internal fixation is often recommended for Delbet IV. It is essential to perform secure fixation of the fracture ends and anatomical reduction, whether closed or incisional internal fixation is utilised, to rebuild or protect the femoral head's fragile blood supply and prevent problems, including non-union and ischemia necrosis, As Tan et al. (25) concluded, the incidence of postoperative AVN is associated with anatomical reduction and secure fixation of the fracture end. Opened internal fixation is recommended to achieve this goal-the outcomes of studies by Bernstein (26), Barreto et al. (1), Tian et al. (27), Ju et al. (28), and Zheng et al. (29) are generally consistent with these findings (95% CI: 0.77-2.66, P = 0.25). The study's outcomes may have been biased by the included literature's inconsistent use of the incisional reduction approach and the operational variations amongst operators. In an attempt to explain the relationship between the selection of various incisional approaches and the occurrence of postoperative AVN, more research is necessary.

There is currently no consensus on whether the length of time between the onset of the fracture and surgery increases the incidence of postoperative AVN. Different studies use different

e . 1		arly		elayed					Odds ra		Weight
Study		No-AVN	AVN	No-AVN					with 95%	CI	(%)
Cut-off value of 12 hou							_				
Bukva 2015	3	13	4	8					0.46 [0.08,		
Riley 2105	2	12	7	23					0.55 [0.10,	-	16.47
Heterogeneity: $I^2 = 0.00$									0.50 [0.15,	1.71]	
Test of $\theta_i = \theta_j$: Q(1) = 0.0	02, p = 0.89										
Cut-off value of 24 hou	Irs										
Baysal 2016	8	16	2	2		—		_	0.50 [0.06,	4.23]	10.67
Li 2022	0	6	6	16			_	-	0.20 [0.01,	3.99]	5.35
Spence 2016	18	30	2	20				-	6.00 [1.25,	28.74]	19.84
Stone 2015	7	11	1	3			╶┼╍		1.91 [0.16,	22.20]	8.09
Chen 2017	3	8	1	12			_		— 4.50 [0.39,	51.30]	8.22
Heterogeneity: I ² = 35.69	9%, H² = 1.5	5							2.03 [0.77,	5.34]	
Test of $\theta_i = \theta_j$: Q(4) = 6.2	22, p = 0.18										
Cut-off value of 48 hou	irs										
Wu 2019	1	3	3	9			-+		1.00 [0.07,	13.64]	7.13
Chaudhary 2021	1	9	3	8			_	-	0.30 [0.03,	3.45]	8.08
Heterogeneity: I ² = 0.009	%, H² = 1.00								0.52 [0.09,	3.14]	
Test of $\theta_i = \theta_j$: Q(1) = 0.4	I4, p = 0.51										
Overall							+		1.05 [0.52,	2.11]	
Heterogeneity: I ² = 23.43	3%, H² = 1.3	1									
Test of $\theta_i = \theta_j$: Q(8) = 10	.45, p = 0.24	1									
Test of group differences	s: Q _b (2) = 3.7	77, p = 0.	15								
					1/64	1/8	1	8			
- ixed-effects inverse-varia											



Results of a meta-analysis on the relationship between the mechanism of injury and postoperative AVN.



time cutoffs, such as 12 h (15, 18), 24 h (13, 14, 16, 21, 22) and 48 h (9, 20), which generally suggests that the occurrence of AVN is positively correlated with the timing of the procedure, and early surgical treatment is recommended. However, a meta-analysis (30) showed that the occurrence of postoperative AVN is not related to the timing of surgery (≤ 24 h, >24 h).which is similar to the results of this meta-analysis. Given the numerous complicating factors, more research using large sample sizes is required to elucidate the correlation between postoperative AVN and the timing of the procedure.

For pediatric FNF, the Delbet categorisation system is extensively used, depending on the precise location of the fracture line, which divides the fractures into four categories: Type I is an epiphyseal separation through the growth plate, either with or without femoral head displacement from the acetabulum; Type II is transcervical; Type III is basicervical, and Type IV is intertrochanteric. Considering the anatomical characteristics of the blood supply to the femoral head (31-34), the growth plate's nutritional artery progressively communicates to the femoral head's ligament artery; as the kid grows and the growth plate ossifies, the growth plate becomes the main blood supply to the femoral head. The extracapsular arteries, on the other hand, play a gradually weakening or disappearing role until the growth plate is closed. The medial and lateral circumflex femoral arteries unite with the artery of the femoral head ligament to form a vascular network that delivers blood to the femoral head after passing through the ossified growth plate. Therefore, the insufficient blood supply to the femoral head, the joint capsule, and concomitant vascular obstruction may be the pathophysiological basis for avascular necrosis (AVN) post-fracture (35). Delbet Type I/II fractures meet the above two conditions. The analysis results of this study show that the overall trend in the incidence of postoperative AVN for the different Delbet types of fracture is that the incidence of postoperative AVN is highest for type II, lowest for type IV, and close for types I and III, but it is not clear which type of fracture is the independent risk factor.

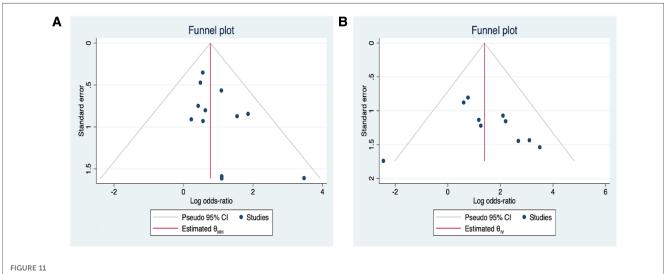
The benefits of this meta-analysis study are as follows. First, Given the controversy surrounding the factors that may increase the risk of avascular necrosis (AVN), which will occur after internal fixation of pediatric FNF, this meta-analysis rigorously assessed any possible correlations among AVN and eight other indicators (such as gender, age, Delbet fracture type, etc.). Secondly, this meta-analysis's overall sensitivity analysis results are excellent, reasonable, and reliable.

Limitations

Although this meta-overall analysis's sensitivity analysis was acceptable, as previously said, bias could not be completely ruled out. The following limitations may exist: (1) The research articles

Omitted study			with 95% CI	p-value
Akar 2022		•	0.24 [0.20, 0.28]	0.000
Baysal 2016		•	0.24 [0.20, 0.28]	0.000
Bukva 2015		•	0.24 [0.20, 0.28]	0.000
Dai 2020		•	0.24 [0.20, 0.28]	0.000
Li 2022		•	— 0.25 [0.21, 0.29]	0.000
Riley 2105		•	— 0.25 [0.21, 0.29]	0.000
Spence 2016		•	- 0.24 [0.20, 0.29]	0.000
Stone 2015		•	0.24 [0.20, 0.28]	0.000
Wang 2019			0.25 [0.20, 0.30]	0.000
Wang 2022			— 0.25 [0.20, 0.29]	0.000
Xu 2008		•	0.24 [0.20, 0.28]	0.000
Chaudhary 2021		•	— 0.25 [0.21, 0.29]	0.000
Varshney 2009		•	— 0.25 [0.21, 0.29]	0.000
Chen 2017		•	— 0.25 [0.21, 0.29]	0.000
Wu 2019		•	— 0.25 [0.21, 0.29]	0.000
	.2	.25	.3	

Sensitivity analysis utilising the leave-one-out approach.



(A) Correlation funnel plot between postoperative AVN and delbet type of fractures; (B) initial fracture displacement and postoperative AVN in a funnel plot.

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chosen for this analysis were released between 2008 and 2022. Most of these studies failed to account for confounding variables and thus could not report consistent impact factors. (2) Because selectable studies are all retrospective, the potential for bias remains. There were no randomised controlled studies, despite the thorough examination of the relevant literature in our analysis. (3) The original literature lacked several crucial evaluation indications, namely the number of internal fixations with hollow screws and access for incisional reduction. There was bias, and the related subgroup analysis could not be done. (4) The study only included references in Chinese and English. It was limited to published literature, subject to selection bias. In conclusion, the above limitations must be considered before adopting the results of this analysis.

Conclusion

To sum up, this meta-analysis revealed that internal fixation for pediatric FNF results in a 26% overall incidence of avascular necrosis (AVN). Age, initial displacement, and poor reduction are risk factors for AVN. However, due to the limitations of this study and the use of univariate analysis, it is still being determined whether these three factors are independent risk factors for AVN undergoing internal fixation for pediatric FNF. In this study, gender, timing of the procedure, reduction methods, and injury mechanism were excluded from consideration as factors related to AVN after internal fixation for pediatric FNF. The overall trend in the incidence of postoperative AVN for the different Delbet types of fracture is that the incidence of postoperative AVN is highest for type II, lowest for type IV, and close for types I and III, but it is not clear which type of fracture is the independent risk factor.

Data availability statement

Publicly available datasets were analyzed in this study. This data can be found here: Wang WT, Li YQ, Guo YM, et al. Risk factors for the development of avascular necrosis after femoral neck fractures in children: a review of 239 cases. Bone Jt J 2019;

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101-B(9): 1160-1167; doi: 10.1302/0301-620X.101B9.BJJ-2019-0275.R1.

Author contributions

B-HQ was involved in formulating the study's protocol, data collection, and article production. The study was directed by X-WW and X-MW, who also participated in the data analysis. Some of the data was acquired by HW and Y-tY The study protocol was proposed by QJ, who also oversaw its execution and reviewed the manuscript. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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