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## Major contributors to FLASH sparing efficacy emerge from murine skin studies: dose rate, total dose per fraction, anesthesia and oxygenation

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**Background:** Normal tissue sparing from radiation damage upon ultra-high dose rate irradiation, known as the FLASH effect with an equivalent tumor response, has been widely reported in murine skin models, and translation of this type of radiotherapy to humans has already begun, with skin sparing being a primary outcome expected.

**Methods:** This study reviews the status of the field, focusing on the proposed mechanisms and skin response assays, outlining what has become known in terms of input parameters that might control the magnitude of the FLASH effect.

**Results:** Murine studies have largely focused on acute damage responses, developing over 3–8 weeks, to single doses of FLASH versus conventional dose rate (CDR), suggesting that at dose rates above tens of Gray per second, with a total dose of more than 20 Gy, the FLASH effect is induced. Fractionated delivery appears to be possible, although fraction sizes >17 Gy appear to be needed for sparing efficacy. The interplay between the dose rate and total dose per fraction remains to be fully elucidated. Oxygen is a modulator of efficacy, with both hypoxia and hyperoxia diminishing the effect of FLASH. Measurement of transient changes in oxygen levels is possible and may be a marker of treatment efficacy.

**Conclusion:** Taken together, murine skin data provide important information for translational studies, despite the associated limitations. Studies of later-term sparing effects, as well as studies on pig skin, are needed to take the next step in assessing translational FLASH efficacy. The control of biological factors, such as tissue oxygenation, may be required to understand and control the response.

#### KEYWORDS

radiotherapy, skin, FLASH radiotherapy, dosimetry, radiobiology, radiation response biomarkers, radiation response

## **1** Introduction

Discovery of the 'FLASH effect,' which comprises normal tissue sparing in radiation therapy (RT) with an equivalent tumor response when delivered at ultra-high dose rate (UHDR) (1-3), termed FLASH RT, has spurred significant interest in testing this phenomenon in translational studies (4-6). Larger cohort human trials have already been started for skin cancers with electron UHDR RT (7) and bone metastases with proton UHDR RT (8). Other phase I trials began at multiple research centers. While the initial focus of many early phase trials will be to assess the safety of FLASH RT, the most interesting efficacy measure will be the extent of normal skin sparing (9). The utility of the skin as a normal tissue to determine sparing is due to two main reasons: 1) the skin is a low-risk and relatively easy to assay organ, and 2) nearly all radiation treatments, without intraoperative delivery, necessarily involve normal skin. Skin irradiation is also a good match for electron FLASH studies, where the penetration of electron depth is modest, or for shoot-through proton irradiation, where there is no benefit from a Bragg peak in the tumor, leading to higher skin doses (10-12). Skin damage as a measure is inherently safer for patients than damage to most other organ systems, which could potentially reveal the sparing effect (13, 14), such as the lung, brain, or colon (1-3, 15). Skin damage is also relatively easy to assay using numerous non-invasive tools, such as dermatoscopes and subclinical erythema meters, which are readily available in dermatology clinics. Skin erythema is a well-characterized biological function, both in timeline and severity, characterized by reddening of the skin to its extreme, moist desquamation (16). Preclinically, most skin irradiation studies focus on moist desquamation or ulceration measured in % of subjects or at a defined time point as quantitative endpoints. Given that nearly all systematic skin response data were obtained using murine models, the murine skin response to RT was reviewed here with the goal of quantifying and establishing the key factors that affect the efficacy of FLASH sparing.

The dominant factors that appear to affect the magnitude of the FLASH effect are still debated, but there appears to be agreement that the dose rate (17, 18) and the total dose delivered per treatment are among the key parameters (19). These two factors are not necessarily linked, although it might be surprising if they were not, but they appear to be implicated in the magnitude of skin-sparing efficacy. The fractionation relationship with the total dose per treatment is equally important because of fractionation relationships with late effects (20, 21) and discrepancies between the onset of acute effects when acute time points such as erythema tend to be dose-independent. Another key factor that has emerged in the last couple of years is the level of oxygenation (22-24), which is quantified by the inspired gas level, choice of anesthesia, or direct measurement of tissue oxygen. Tissue oxygenation is likely to be the key contributing factor; however, inspired gas is often used as the observed factor for simplicity. Tissue oxygen is complex to measure, but it may be critical because it can be highly variable and uncontrolled in murine skin studies. However, methods to quantify tissue oxygenation have emerged such that it is possible to measure it *in vivo*, and in fact, oxygen is one of the few biological factors that can be reliably measured *in situ* at the time of irradiation (25-27). Data on the type of anesthesia, carrier gas, and direct oxygenation measurement were examined in published murine FLASH studies.

The hypothesis here is that most causal conclusions about skin FLASH effects must be inferred from murine studies because relatively little has been published on the FLASH effect in skin in species higher than mice with systematic variation of these input parameters. There are single-arm studies in veterinary medicine and limited porcine data (28), but little mechanistic information can lead to conclusions about dose rate, total dose, or oxygenation parameters, and how they might affect isodose skin-sparing trials. The goal of this study was to outline as many definitions of the input control parameters as possible in order to inform the design of trials in higher-level species or humans. A summary of all key input parameters for each study reviewed here is presented in Table 1.

# 2 Review of studies and dosimetry effects

#### 2.1 Dose rate effects

The dose rate is one of the key factors in FLASH skin-sparing efficacy. The first modern report of a dose–response study in murine skin toxicity was by Soto et al. (29), in 8 week old C57BL/6 mice anesthetized with ketamine/xylazine, who found that UHDR (180 Gy/s) irradiation led to both lower incidence and lower severity of skin ulceration than CDR (0.075 Gy/s). The response was assayed at 8 weeks after single-fraction hemi-thoracic irradiation, and differences were found at 30 Gy and 40 Gy, but not at doses of 10 Gy, 16 Gy, and 20 Gy. They suggested a shift in the dose–response curve for UHDR compared to CDR for this ulceration assay of the FLASH effect at single high-dose values of >20 Gy.

Sorensen et al. (18, 30, 31) conducted extensive studies on FLASH pencil beam scanning (PBS) 250 MeV proton irradiation in a 16-20week-old CDF1 mouse model. Comparing CDR (0.33 Gy/s-0.63 Gy/ s) and UHDR (71 Gy/s-89 Gy/s) to the murine foot with a total dose range of 23 Gy-60 Gy. They measured acute moist desquamation (MD), and one study (30) examined radiation-induced fibrosis as the measured endpoint, plotting data across a range of doses to show logistic function effects with dose. In a study quantifying both acute and long-term effects, both assays showed a sparing effect, with a dose modifying factor of >1.3, acute skin effects and 1.14 in long term fibrosis with doses ranging from 40 Gy to 60 Gy, depending on the study. Focusing on the acute damage data (31), a range of doses allowed them to quote a dose-modifying factor of 1.44-1.58, or approximately 50% more dose could be delivered by FLASH for equivalent biological damage. The dose values for observable acute skin damage were 24.7 Gy for CDR and 39.1 Gy for UHDR, for a dose modifying factor of 1.58. Most recently Sorensen et al. (18) examined varying dose rates (0.37 Gy/s-80 Gy/s) at a fixed 39.3 Gy total dose. The time structure of the PBS beam was also varied by introducing repainting of the field while keeping the field dose rate constant,

#### TABLE 1 Key parameters in murine skin assessment studies related to a FLASH effect.

Study	Assay	Metric	Mouse model	Beam param	Avg Dose rate (Gy/s)	Total dose (Gy)	Fractionation	Anesthesia/ gas	Location
Soto et al. (29)	Visual Skin toxicity at 8 weeks with histopathological post evaluations.	0 = normal 1 = <50%  depigment. $2 = \ge 50\% \text{ depigment.}$ 3 = <50%  alopecia $4 = \ge 50\% \text{ alopecia}$ 5 = <50%  ulceration $6 = \ge 50\% \text{ ulceration}$	Female C57BL/ 6 mice	Electron, 16 MeV	CDR: 0.0747 UHDR: 180	10, 16, 20, 30, 40	1	Ketamine & xylazine.	Right hemithorax
Sorensen et al. (30)	Visual skin toxicity in 25 days Radiation-induced fibrosis (RIF) leg contraction model from 4-24 weeks.	<ol> <li>1.5 = Moist desq. small/toes partly stuck togeth. &gt;75% hair loss</li> <li>2.0 = Moist desq. 25% Toes stuck together</li> <li>2.5 = Moist desq. 50% Toes stuck &amp; shape change.</li> <li>3.0 = Moist desq. 75% Foot shapeless, 1 or 2 toes identified.</li> <li>3.5 = Moist desq. entire area. Foot shapeless, no toes identified.</li> </ol>	Female CDF1	Proton, 250 MeV, PBS	CDR: 0.33-0.66 UHDR: 81-89	40-60	1	None	Hind leg
Sorensen et al. (31)	Visual skin toxicity in 25 days	<ol> <li>1.5 = Moist desq. small/toes partly stuck togeth. &gt;75% hair loss</li> <li>2.0 = Moist desq. 25% Toes stuck together</li> <li>2.5 = Moist desq. 50% Toes stuck &amp; shape change.</li> <li>3.0 = Moist desq. 75% Foot shapeless, 1 or 2 toes identified.</li> <li>3.5 = Moist desq. entire area. Foot shapeless, no toes identified.</li> </ol>	Female CDF1	Proton, PBS, 250 MeV	CDR: 0.35–0.4 UHDR: 65–92	CDR: 23.2-39.2 FLASH: 31.2-53.5	1	None	Hind leg
Sorensen et al. (18)	Visual Skin toxicity in 25 days	<ol> <li>1.5 = Moist desq. small/toes partly stuck togeth. &gt;75% hair loss</li> <li>2.0 = Moist desq. 25% Toes stuck together</li> <li>2.5 = Moist desq. 50% Toes stuck &amp; shape change.</li> <li>3.0 = Moist desq. 75% Foot shapeless, 1 or 2 toes identified.</li> <li>3.5 = Moist desq. entire area. Foot shapeless, no toes identified.</li> </ol>	Female CDF1	Proton, PBS, 250 MeV	0.4 0.7 2 5.5 20 40 60 80	39.3	CDR: $1 \times 39.3$ $6 \times 6.6$ UHDR: $1 \times 39.3$ $2 \times 19.7$ $3 \times 13.1$ $4 \times 9.8$ $6 \times 6.6$	None	Hind Leg
Duval et al. (32)	Visual Skin toxicity with histopathological post evaluations.	0: Normal pretreatment shaved mouse 1: Dry pre-moist desquamation 2/3: Partial/full thickness epidermal lysis/ moist desquamation.	Female C57BL/ 6 mice	Electron, CDR: 9 MeV UHDR	CDR: 0.12 UHDR: 270	11-25	$   \begin{array}{r}     1 \times 11 \\     1 \times 15 \\     1 \times 25 \\     3 \times 6 \\     3 \times 8   \end{array} $	Isoflurane with 100% oxygen	Right flank

(Continued)

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TABLE	1	Continued
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Study	Assay	Metric	Mouse model	Beam param	Avg Dose rate (Gy/s)	Total dose (Gy)	Fractionation	Anesthesia/ gas	Location
Rudigkeit et al. (33)	Ear thickness. Skin reaction via summation of desquamation and erythema scores for 180 days. Inflammation Cytokine analysis	Erythema Score: 0 = none 0.5 = Mild 1.5 = Definite 3.0 = severe Desquamation Score: 0 = None 1 = Dry 2 = Crust formation 3 = Moist	Female Balb/c mice	Proton, 20MeV	CDR: 0.06 lower UHDR: 9.3 UHDR: 930	23, 33	1	Medetomidine, midazolam, fentanyl.	Central part of the ear.
Mascia et al. (35)	Acute Skin toxicity via visual scoring Long term Skin toxicity via leg contracture.	1 = Normal $2 = alopecia$ $3 = erythema$ $4 = dry desquamation$ $5 = 30% moist desq.$ $6 = 70% moist desq.$	Female C57Bl/6j	Proton, 250 MeV, PBS	CDR: 1 UHDR: 100	30, 35, 40, 45	$ \begin{array}{r} 1 \times 30 \\ 1 \times 35 \\ 1 \times 40 \\ 1 \times 45 \\ 2 \times 15 \\ 2 \times 17.5 \\ 3 \times 10 \\ 3 \times 11.6 \\ \end{array} $	Isoflurane	Right hindlimb
Zhang et al. (43)	Skin Contraction Histopathologic examination	Skin Contraction via the measurement between two ink dots. Histopathology was evaluated for epidermis thickness and collagen deposition.	Female FVB/N	Proton, 230 MeV	CDR: 0.4 UHDR: 130	25, 27, 30, 45	1	All mice: Ketamine/ Xylzine. Set 1: Room air Set 2: Low Oxygen Set 3: Pure Oxygen.	Rear Leg.
Tavakkoli et al. (44)	Visual Skin toxicity.	# days to Ulceration.	Male and Female C57BL/ 6 mice	Electron, 9 MeV	CDR: 0.17 UHDR 200	27	1	Isoflurane Set 1: Room air Set 2: 100% Oxygen	Right Hind Leg
S. Cunningham et al.	<ul> <li>Acute plasma and skin TGF-β1</li> <li>Visual skin score</li> <li>Delayed skin response via Cytokine Analysis</li> <li>Leg contracture.</li> </ul>	Visual Skin Scoring: 1 = Normal 2 = Alopecia 3 = Erythema 4 = Dry Desquamation 5 = <30% Moist Desq. 6 = >30% Moist Desq.	Female C57Bl/6j	Proton 250 MeV, PBS	CDR: 1 UHDR: 57 and 115	35	1	Isoflurane Room air	Right Hind leg

which resulted in a higher dose rate needed to induce the FLASH effect. In this study, the dose rate was shown to have a sparing effect by the dose rate in which 50% (DR50) of the mice developing skin damage, wherein mild skin damage had a DR50 of 55 Gy/s, while severe skin damage showed a DR 50 of 2 Gy/s at an identical total dose. Thus, in this tissue model, the single-dose values for observation of skin sparing were quite high, but the conclusiveness of skin sparing was highly convincing at these levels.

Duval et al. (32), compared temporal kinetics and degree of flank skin damage and tumor response in 7–10-week-old C57BL/6 mice, using both single and fractionated dose delivery. Skin sparing was observed from a single dose of 25 Gy with electron beams UHDR (270 Gy/s) versus CDR (0.12 Gy/s), leading to a 7 day (21  $\pm$  3 days UHDR vs 29  $\pm$  3 CDR, p-value = 0.02) increased latent period to MD, although no significant change was seen after 30 Gy dose. This latency of onset of skin damage points to a significant biological change rather than a simple dose-modifying effect.

Rudigkeit et al. (33) examined skin response in ear of Balb/c mice irradiated with 20 MeV protons CDR of 0.06 Gy/s and two UHDRs, 9.3 Gy/s and 930 Gy/s, using total dose of either 23 Gy or 33 Gy. Measurements of ear thickness, MD, and erythema were recorded, peaking approximately 3 weeks post-irradiation. This showed no difference in the 23 Gy group, but ear swelling and inflammation were reduced by  $57\% \pm 12\%$  and  $67\% \pm 17\%$  for the lower UHDR and  $40\% \pm 13\%$  and  $50 \pm 17\%$  for the higher UHDR as compared to CDR.

Bohlen et al. (34) summarized data from many decades of FLASH studies to quantify the Dose-Modifying Factor of FLASH. They converted data from the CDR and UHDR effects to a common scale using isoeffect dose ratios and referred to them as the FLASH-modifying factor (FMF = (CDR/UHDR)|isoeffect). They found that FMF decreased with increased sparing as a function of the single-fraction dose. FMF values were  $0.95 \pm 0.11$  for all data were <10 Gy, and  $0.96 \pm 0.07$  (25 Gy) and  $0.71 \pm 0.06$  (25 Gy). Thus, the magnitude of the effect is thought to be in the range of 29% for skin sparing, but only at higher single doses, based on the data reviewed.

Although not yet demonstrated in the skin, there is evidence of an incremental benefit in tissue-sparing with increasing dose rates above 30 Gy/s. Montay-Gruel et al. (17) irradiated whole brains of mice with 10 Gy of 6 MeV electrons at dose rates ranging from 0.1 Gy/s to 500 Gy/s. Cognitive function was assayed based on performance on a novel object recognition test. Sparing of cognitive performance was first observed at 30 Gy/s, with additional gains at 60 Gy/s and 100 Gy/s, a dose rate at which mice performed equally well as the non-irradiated controls. Although it is likely to be organ- and end-point-specific, this suggests that a threshold may exist after which increases in dose rate do not translate into clinically meaningful improvements in tissue sparing. More work using sensitive radiation damage assays across different organs is needed before definitive conclusions can be drawn.

## 2.2 Total dose per fraction and split dose studies

The doses used for observation of FLASH skin sparing have depended upon the mouse model, but also appear to vary by nearly

a factor of 2 between different investigators. Further complications include the location of these skin assays (ear, hind leg, and tail), as well as the volume irradiated. The key factor is not necessarily that these specific dose levels are required for the benefit of FLASH, but perhaps that these doses are required to observe the benefit of FLASH in a particular skin response assay. However, this is the crux of the debate, if a large total single fraction dose is required to see the benefit of FLASH, or if this might also be observed with smaller fractions of dose, which would align with the common practice in clinical radiotherapy.

A critically important recent study by Mascia et al. (35) reported on proton UHDR in the skin, where reduced mouse skin toxicity and fibrosis were observed only for single, uninterrupted, high-dose fractions, and not for the same dose delivered in shorter split doses on the same day. This study utilized an approach of multiple split doses separated by 2 min each to examine how even short separations of time between split doses could reduce the skin-sparing effect. Irradiating the hind legs of C57Bl/6j mice at CDR (1 Gy/s) or UHDR (100 Gy/s) values, skin toxicity was scored skin at 7 weeks. Irradiation was either a single delivery or divided into two or three equal split doses with an interruption of 2 min. At a total dose of 35 Gy, splitting the dose in half (2  $\times$  17.5 Gy) preserved the FLASH sparing effect, although this was not seen at 30 Gy ( $2 \times 15$  Gy). Choosing the splitting dose in three deliveries appeared to always negate the FLASH effect (3  $\times$  10 Gy or 3  $\times$  11.7 Gy), which is a seminal discovery that splitting doses are a new parameter that is shown to modulate the FLASH effect, and delivery of large total doses appears to be needed to see the benefits of FLASH. However, the choice of the number of splits and potentially conventional fractions is still convolved with the total dose delivered, and both are critical to see a difference in outcome between CDR and UHDR.

This was followed by Sorensen et al. (18) who studied split doses separated by an identical 2 min. The irradiation of hind legs of CDF1 mice to a total dose of 39.3 Gy at both CDR (0.37 Gy/s) and UHDR (60 Gy/s) with skin damage scored between 11 and 25 days. In this study doses were split in steps from  $1 \times 39.3$  Gy,  $2 \times 19.7$  Gy,  $3 \times 13.1$  Gy,  $4 \times 9.8$  Gy, and  $6 \times 6.6$  Gy for UHDR showing an increase in sparing as the number of split doses decreases, while in CDR  $1 \times 39.3$  Gy and  $6 \times 6.6$  Gy showed no significant difference. Together, these studies help confirm that the total dose per split is a necessary planning parameter for inducing the FLASH effect.

The outcome of these experiments is not ideal for the value of translational FLASH because it suggests that fractionated delivery of UHDR can limit its efficacy in terms of skin sparing. This implies that the FLASH effect requires high total doses to be delivered in a short period of time, that is, faster than minutes. However, this study was carried out in mouse models with a high threshold for radiation damage and short-term metrics of damage. The timeline of split doses may be an extremely useful tool to determine the origins of FLASH, because it can be combined with the biological assay of skin sparing to determine the temporal kinetics of whatever causes the reduced damage. Further investigation of this is warranted in other models of radiation damage and clinical fractionation schemes.

# 3 Review of anesthesia and inspired gas effects

#### 3.1 Oxygen and anesthesia

Oxygen is a well-known modulator of radiation damage (36, 37), and after the actual dose delivery, it is perhaps the largest effector of damage (38-40). The quantification of this has been conventionally described by the Oxygen Enhancement Ratio (OER) (39, 41), and this class has a value of 2.7 in in vitro cell death with full normal tissue oxygenation, as compared to air complete hypoxia. This effect has been observed in vivo in mouse skin (40); however, the OER value is highly variable with tissue type, and it should be noted that many tissues have temporally and spatially varying oxygen, which varies on a microscopic distance scale between capillaries. Thus, given all this complexity, making hard conclusions about the role of oxygen is challenging, especially for the skin, which has reasonably low regulation in the homeostasis of oxygen. The efficacy of FLASH sparing has been shown to be modulated and reduced by inhaled oxygen during anesthesia (42), and its effect on the skin has not been well documented until recently.

Zhang et al. (43) examined the proton FLASH effect (UHDR 130 Gy/s and CDR 0.4 Gy/s with 25 Gy and 30 Gy total dose) on skin shrinkage in FVB/N mice as marked by tattooed dots, and also by varying inhaled gas with 100%  $O_2$  versus air, and then ligated the leg to suppress blood flow effectively, achieving transient 0% oxygenation. UHDR irradiation resulted in a 15% reduction in skin contraction compared to CDR, with epidermal thickness and collagen deposition showing less damage to UHDR. Interestingly, both enhanced oxygen and restricted blood flow by ligation removed this dose-rate difference in the skin response. These data show the complexity of the role of oxygen in that high and zero values do not allow observation of the FLASH effect, but mid-level normoxia values do.

A critical observation in skin is that skin oxygen is highly variable and dependent upon the anesthesia and mouse physiology. Tavakkoli et al. (44) evaluated gender and gas anesthesia in the FLASH effect. C57BL/6 mice were anesthetized using isoflurane mixed with either room air or 100% oxygen. Mice that received 27 Gy of either UHDR or CDR and the time to ulceration were significantly shorter in mice that received 100% oxygen than in air, and female mice ulcerated sooner than males. The measured tissue oxygen was higher using 100% oxygen in the anesthesia carrier gas than in air, and female mice showed higher  $pO_2$  than males under 100% oxygen. Thus, UHDR skin-sparing required normal air to be used for breathing, suggesting that intermediate oxygen values were optimal for this effect (22–24).

#### 3.2 Measuring in vivo tissue oxygenation

Other related measurements have shown that oxygen is depleted by radiation, and the level of this depletion has been quantified to be in the range of 0.1 mmHg/Gy–0.6 mmHg/Gy in FLASH radiotherapy (27, 45). These values also depend on the dose rate (25, 26) and, perhaps surprisingly, are a strong function of the initial oxygen present in the tissue. The large range of variation (0.1 mmHg/Gy-0.6 mmHg/Gy) is likely dominated by the latter issue, where tissue oxygenation, especially in skin, can be highly variable based upon the physiological condition of the animal. Fluctuations in the second to second timescales have been documented. The direct link between these observations or oxygen consumption and the FLASH effect in vivo remains unclear if there is a causative relationship, but there is some implication that they could be linked by oxygen consumption leading to reactive oxygen species that contribute to tissue damage and cell death (22-24). Conclusive work in this area remains to be done; however, given the low amount of oxygen consumption, the actual oxygenation drop from a FLASH dose of 20 Gy-30 Gy is in the range of 2 mmHg to 6 mmHg, which has shown both in vivo and in vitro. Thus, these values are not at the level of inducing radiobiological hypoxia in most normal tissues; therefore, the hypothesis that flash induces a lowering of the OER based upon the loss of ambient oxygen seems unlikely given these measured data. Additionally, if oxygen was lowered to induce a lower OER, it is likely to be more dominant in the tumor than in normally oxygenated tissues. The fact that an acute drop in oxygenation can be measured during UHDR irradiation and that this change is dose rate-dependent is an indicator that it may be a surrogate measure for the more complex radiation chemistry occurring in vivo.

### 4 Discussion

#### 4.1 Dose rate, total dose, and oxygenation

The efficacy of FLASH skin sparing will become critical to understanding as translational human studies are underway at a number of research centers, because many will focus on studies of skin lesions as a safe choice for first in human work. The collective mouse data that exist has some important lessons of the dominant factors, although it comes with significant limitations as well, given how different mouse skin is to human skin. Much data appear to focus on average dose rates, and there is no clear conclusion on what dose rate is required for the FLASH effect, but most assume that higher dose rates are nearly always better than lower, but data suggest that there may not be benefits beyond dose rates above a certain level, although this remains to be studied in detail (17, 18). The dose rate is intertwined with the total dose delivered and the fractionation approach, but it is not clear if higher total doses are required to take advantage of the FLASH effects and/or if any fractionation scheme can be achieved, which preserves the efficacy as well. However, recent data by Mascia et al. suggest that two brief fractions or fields of delivery might be acceptable, although three fractions were apparently not as efficacious in sparing. Furthermore, Sorensen et al. (18) showed that fractionation reduces the FLASH effect, with some sparing still observed in six fields. Further study using this single approach is warranted, especially in larger animal translational studies.

The role of tissue oxygenation may also be critical, although making a conclusive discovery of its role has been challenging, largely because many measurements may not directly sample the right compartment of the tissue or the right time scale. Transient changes in oxygenation in the skin can occur on the second to second timescale; therefore, dealing with this as a factor is much more challenging than measuring stable dosimetric parameters of the irradiation. However, it is likely that oxygen has been a confounding factor in some FLASH studies, and a better understanding of both inspired gas and tissue oxygen is needed to clearly understand how UHDR effects are linked to the FLASH effect. Additionally, the transient depletion observed in oxygen in vivo during UHDR irradiation indicate that this measurement is possible. Second, it is plausibly linked to the magnitude of the FLASH effect. However, this hypothesis remains to be tested in mechanistic studies. However, given that oxygen is one of the few diagnostic biological measures that can be translated into humans in radiotherapy, it may be as critical as measurement of the delivered dose itself.

#### 4.2 What is needed? Further testing of clinically-relevant dosages, late-effect outcomes, and large animal models

The data in murine skin are ideal scientific evidence to determine if there is a useful FLASH effect in vivo, but they do not clearly point to all the information needed for clinical translation. Measures of moist desquamation and initial ulceration are acute measures that are not fully representative of the concerns in human studies. Skin fibrosis is a late endpoint that can show features of damage that are more relevant to humans. Early measures that can be quantified, such as skin inflammation (33), erythema, and post-inflammatory hyperpigmentation, should be included (46, 47). Another key issue is that murine skin may not lead to a useful long-term assessment of skin toxicity events, where there can be a second phase of damage occurring months after the first repair phase. In mice, with an epidermis that is only three cell layers thick, less than half the thickness of the human epidermis, skin damage, and repair kinetics and characteristics likely differ in translationally important ways. Therefore, translation to higherlevel organisms is essential, such as in porcine skin models. Porcine models are expensive, but are considered the standard for human translation to assess the types of long-term outcomes that are most concerning for human clinical trials and for testing the NCI Common Terminology Criteria for Adverse Events (CTCAE) skin toxicity scoring (28, 48). The ability to irradiate multiple areas on the same pig also allows for testing the efficacy of the FLASH effect while varying the discussed modulating factors and simultaneously reducing the between-animal variability inherent to murine studies. Several studies on pigs have been conducted and long-term data should be collected in the coming years.

Veterinary studies assaying skin damage in other larger animal models, such as feline and canine studies, are another valuable source of preclinical information on FLASH RT, predominantly because the skin is closer to human thickness and response. These studies are beneficial, as they can provide both tumor and skin tissue response data and have some inherent biological variability seen in human studies. However, these are limited because currently no large-scale CDR comparison to UHDR has been conducted in a veterinary large animal study. Most studies are phase I trials for clinical translation focusing primarily on safety as the endpoint, and none have addressed comparative efficacy (28, 48–51).

## 4.3 What are the opportunities? *In vivo* radiation chemistry-based dosimetry

FLASH UHDR irradiation presents an opportunity to directly measure radiation chemistry in vivo because the duration of irradiation is much faster than any biological phenomena. For example, the observation of an acute transient drop in oxygenation illustrates the occurrence of rapid radiation chemistry. The additional finding that this change is dependent on the dose rate and initial oxygenation is a fascinating part of quantifying what happens during radiotherapy. FLASH UHDR is a singular opportunity to utilize fast measurements in vivo to quantify what is happening in all radiotherapy and to hopefully parse out the mechanisms of what changes with dose rate and total dose in split dose choices. Translation of these measurements to humans is possible, providing molecular-specific information about radiotherapy. While oxygen is one parameter that can be measured all the way from solution work, through animals to humans, there may also be other parameters, such as acidity or free radical production.

#### 5 Summary

The large amount of murine skin reaction data provides ideal scientific findings for translational work on UHDR FLASH radiotherapy. The data are promising, although what is missing is data on late toxicity events were assessed to determine the minimum fraction size needed to retain the benefit of normal skin sparing while allowing hypofractionated delivery of the radiation. The fractionation of these deliveries will greatly influence the biological outcome of late effects (20, 21), requiring an enhanced understanding of the link between acute and late effects, specifically if and how the FLASH effect translates to varying onsets. Translational work on pig skin and veterinary studies is needed to assess this, where long-term outcomes are assessed in fractionation testing studies. To date the threshold for the FLASH effect across dose levels in the skin seems to be reliable at UHDRs >40 Gy/s and total dose values >20 Gy with fraction sizes >10 Gy. Although this has been measured in mice, the assays need to be duplicated in skin models that mimic human skin more, and with longer-term outcome assays of skin damage. The observation that oxygen transients can be captured from the skin is a fascinating opportunity to directly probe the radiation chemistry changes that occur during UHDR irradiation, and further translational

measurements in humans are feasible. Together, these mechanistic studies of oxygen consumption with skin reddening or damage might help provide quantitative biomarkers of the FLASH effect that have direct relevance to human dosimetry.

### Author contributions

BP: Conceptualization, Funding acquisition, Methodology, Project administration, Writing – original draft, Writing – review & editing. AT: Data curation, Validation, Writing – original draft, Writing – review & editing. WT: Data curation, Visualization, Writing – original draft, Writing – review & editing. PH: Writing – original draft, Writing – review & editing. LJ: Supervision, Writing – original draft, Writing – review & editing.

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## **Conflict of interest**

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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