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© 2024 Keskinkilic, Semiz, Yavuzsen and Oztop. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms. Is the percentage of hormone receptor positivity in HR+ HER2metastatic breast cancer patients receiving CDK 4/6 inhibitor with endocrine therapy predictive and prognostic?

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Purpose: There is no clear information in the literature about the relationship between the efficacy of CDK 4/6i combined with ET and HR positivity. However, we know that the longest overall survival was in the ER-strong positive/PR intermediate or strong positive groups. Therefore, we aimed to investigate CDK4/6i treatments that create positivity in HR.

Methods: Patients with the diagnosis of HR+/HER2- MBC who were treated with CDK 4/6i and HR >10% were retrospectively evaluated. To analyze the role of HR positivity, ER was moderately positive (10-49%) and ER was strongly positive (50-100%); PR was grouped as moderately positive (10-49%) and PR strongly positive (50-100%).

Results: Median follow-up of 150 patients included in the study was 15.2 months (95% CI, 2.1-40.9 months). The highest response in the whole group was obtained in the ER-strong positive/PR moderate or strong positive group, and the ER moderate positive/PR moderate or strong group. This was followed by the ER strong positive/PR negative group, and then the ER moderate positive/PR negative group. Although these advantages were not statistically significant, they were numerically higher (ORR: 83.8% vs. 83.3% vs. 77.4% vs. 62.5%, p=0.488, respectively). The highest survival in the whole group was achieved in the ER strong positive/PR moderate or strongly positive group, followed by the ER moderately positive/PR moderate or strongly positive group, the ER strongly positive/PR negative group followed by the ER moderate positive/PR negative group followed by the ER moderate positive/PR negative group. However, these advantages were not statistically significant.

Conclusion: As a result, HR+/HER2- MBC patients receiving CDK 4/6i combined with ET suggest that the percentage of HR positivity may have a predictive and prognostic role.

KEYWORDS

CDK 4/6 inhibitor, hormone receptor positivity, metastatic breast cancer, palbociclib, ribociclib

Introduction

Breast cancer is the most common type of cancer in women and is an important public health problem worldwide (1). Although significant improvements in survival have been achieved in recent years thanks to the advances in systemic treatments, metastatic disease still remains a serious problem affecting prognosis. The main treatment options for metastatic disease have historically been chemotherapy, targeted therapies, and hormone therapy, but in recent years cyclin-dependent kinase 4/6 inhibitor (CDK 4/6i) and immunotherapy have been added to these (2, 3). Breast cancer is classified into three main subgroups according to hormone receptor (HR) (estrogen receptor (ER) and progesterone receptor (PR)) status and human epidermal growth factor 2 (HER2) status: HR+ group, HER2+ group and triple negative group (4). The HR+/HER2- group constitutes approximately two-thirds of patients with metastatic breast cancer (MBC) (5). In this group, endocrine therapy (ET) constitutes the main framework of treatment (6). Aromatase inhibitors (AI) (Anastrozole, Letrozole, Exemestan, etc.), selective estrogen modulators (Tamoxifen), and selective estrogen degraders (Fulvestrant) are widely used as ET (7-9). However, intrinsic or acquired resistance is also encountered in endocrine treatments (10). In order to overcome this problem, combinations with targeted agents, especially CDK 4/6i, have been sought in recent years.

By inactivating the CDK-D-cyclins (CCND) complex, CDK 4/ 6i increase retinoblastoma protein (pRb), which negatively affects the E2F transcriptional factor, and ultimately induces tumor cell apoptosis by inhibiting cell cycle progression (11). In the vast majority of phase III trials combining CDK 4/6i and ET (AI (Anastrozole, Letrozole) and selective estrogen degraders (Fulvestrant)), progression free survival (PFS) and overall survival (OS) have been significantly improved in the front line as well as in subsequent lines of therapy. Thus, CDK 4/6i have become the main treatment model in the HR+ HER2- patient group with their unique mechanism of action, consistent survival advantages in phase III studies, and different toxicity characteristics (12–14).

It is known that the estrogen signal, which has a fundamental role in breast cancer, has a significant effect on the Cyclin D1-CDK4/6-RB1 complex. This constitutes the rationale for combination therapy based on inhibition of this interaction by combined with ET and CDK 4/6i (15, 16). In this direction, the first studies were carried out in patients with HR+/HER2- MBC (12–14).

In general, those with ER positive staining percentage >1% in the pathology material are defined as endocrine sensitive, but those with 1-9% ER+ are called ERlow positive according to the American Society of Clinical Oncology/College of American Pathologists Guideline (ASCO/CAP). However it is well known that these tumors often gain little benefit from ET (17–20). Therefore, in studies evaluating the combination of ET and CDK 4/6i, patients with an ER+ of 10% and above were included (12–14). In these studies, patients were grouped as ER+/PR+ and ER+/PR- according to their HR+, but the percentage of HR positivity was not further categorized in terms of endocrine sensitivity.

On the other hand, when the meta-analysis of the Early Breast Cancer Trialists' Collaborative Group (EBCTCG) is evaulated it is observed that ER positivity is categorized and the benefit from ET is highest especially in the group with ER+>50% (18). In different studies, it has been reported that the therapeutic effect and survival are correlated with the rate of ER positivity in breast cancer patients who is receiving ET (19-22). Similarly, there is information regarding the predictive and prognostic role of a high percentage of predictive biomarker positivity in other tumor groups. For example, in the TOGA study, in which the addition of trastuzumab to systemic chemotherapy in metastatic gastric cancer was investigated the most benefit was observed in the group with immunohistochemically (IHC) HER2-positive 3+/insitu hybridization (ISH)+ with proportionately less benefit in the IHC 2+/ISH+ and IHC1+/ISH+ subgroups (23). Similarly, it has been reported that the percentage of ALK-positivity in anaplastic lymphoma kinase (ALK)-positive non-small cell lung cancer (NSCLC) is correlated with response and survival (24).

Therefore, when all these results were evaluated together, we suggested that the percentage of hormone positivity in patients receiving CDK 4/6i together with ET may affect the response and overall outcome.

Methods

Patient characteristics

In this study, patients who were followed up and treated in Dokuz Eylul University Faculty of Medicine, Department of Medical Oncology between January 01, 2020 and January 01, 2023, with the diagnosis of HR+ HER-2- MBC, who received ET plus CDK 4/6i, were retrospectively evaluated. Demographic characteristics of the patients, complete blood count, biochemical laboratory parameters, clinicopathological features of the tumor were recorded from the hospital database. Patients were included on the basis of the following criteria: (1) patients with breast cancer based on core needle biopsy before treatment; (2) having diagnosed with HRpositive HER2-negative MBC; (3) patients who is receiving CDK 4/6i with (palbociclib or ribociclib) ET a for at least 2 months, (4) performance status (ECOG-PS) ranging from 0 to 2; (5) having complete medical record and follow-up information; (6) be 18 years or older; (7) to be survived more than 3 months. Patients were excluded on the basis of the following criteria: (1) Patients with synchronous and metachronous tumors; (2) having diagnosed with HR-negative HER2positive and triple-negative breast cancer.

Ethics committee approval

This study was performed in line with the principles of the Declaration of Helsinki. Approval was granted by Non-Invasive Research Ethics Committee of Dokuz Eylul University Faculty of Medicine (Date: 09.02.2022/No: 2022/05-09).

Endocrine therapy + CDK 4/6 inhibitor therapy

Patients who were started on CDK 4/6i combined with ET with the diagnosis of HR+ HER2- MBC were included in the study. Those receiving endocrine therapy were categorized as either AI (anastrozole or letrozole) or selective estrogen degrader (fulvestrant). Those receiving CDK 4/6i therapy were also grouped as those receiving palbociclib or ribociclib. Then, the patients were subcategorized as two groups by receipt of AI plus CDK4/6i or fulvestrant plus CDK4/6i.

Hormone receptor status

ER and PR analyzes of tumor materials of the patients were performed by IHC, based on the American Society of Clinical Oncology/College of American Pathologists Guideline (ASCO/CAP) (17). The results obtained according to the immune reactivity status in the tumor cell nucleus were categorized as follows for both ER and PR: ERnegative: 0% or <1%, ERlow: 1-9%, ERpositive: 10-100%; PRnegative: 0% or 1%, PRlow: 1-9%, PRpositive: 10-100%. To analyze the role of high hormone receptor positivity in this study, ERpositive (10-100%) and PRpositive (10-100%) groups were also categorized as an ERmoderately positive (10-49%) and ERstrongly positive (50-100%); PR moderately positive (10-49%) and PR strongly positive (50-100%). The status of the aforementioned ER and PR analyzes from primary tumor or metastasis was recorded. ER and PR analyzes of all patients were evaluated and recorded before starting CDK 4/6i combined with ET.

Response and toxicity assessment

Tumor staging was performed according to "Eighth Edition of American Joint Committee on Cancer (AJCC) and the Union for International Cancer Control (UICC) TNM stage classification" (25). Response assessments were made according to the "Response Evaluation Criteria in Solid Tumors (RECIST) v1.1 guidelines" (26). Toxicity assessments were made according to the National Cancer Institute Common Toxicity Criteria (NCI-CTC) (27).

Statistical analysis

Demographic characteristics, clinicopathological features, and blood sample results were collected from the hospital database. Since our study was a retrospective, cross-sectional study, the sample size was not calculated. In addition to descriptive statistics, Chi-square and Fisher's exact tests were used for categorical variables in the evaluation of the data. The effect of ER and PR positivity percentage and clinicopathological features of breast cancer on treatment response and survival were analyzed with Chi-square and Fisher's Exact tests. Student's t test, Mann-Whitney U test and Kruskal Wallis test were used to determine the differences between the measured variables according to their suitability. As progression-free survival time (PFS), the time from the start of ET plus CDK 4/6i therapy to the date of progression; The overall survival time (OS) was taken as the time from the start of ET plus CDK 4/6i therapy to death/last follow-up date. Kaplan-Meier method and Log-rank test were used for survival analysis. The suitability of the data for normal distribution was evaluated with the Kolmogorov Smirnov test and it was found that it did not have a normal distribution. Therefore, median values were used when reporting OS and PFS data. Therefore, mean values were used when reporting OS and PFS data. The prognostic and predictive effect of ER and PR positivity percentage was analyzed with univariate and multivariate Cox Regression model. The median follow-up time in the study was calculated using the reverse Kaplan-Meier. IBM SPSS for analysis of all data (Sciences Statistical Package for the Social, version 24.0) package program was used. Statistical significance was determined as p<0.05.

Results

Patient characteristics

A total of 150 patients with HR+ HER2- MBC who received CDK 4/6i combined with ET were evaluated. The median age of the patients was 55.0 years (26.2-90.2), of which 147 (98%) were female and 3 (2%) were male. Of the 147 female patients, 109 (74.1%) were postmenopausal. The most common site of metastasis was bone (n=119, 79.3%), followed by lymph nodes (n=91, 60.7%) and liver (n=42, 28%). The characteristics of the patients are shown in Table 1.

TABLE 1 Sociodemographic and clinicopathologic characteristics of patients.

Characteristics	n (%)		
Sex			
Female	147 (98%)		
Male	3 (2%)		
Comorbidity			
None	75 (50%)		
One	47 (31.3%)		
Two or more	28 (18.7%)		
Menopause Status			
Postmenopausal	109 (74.1%)		
Pre/peri menopausal	38 (25.9%)		
Histological Subtype			
Invasive ductal carcinoma (IDC)	51 (34.0%)		
Invasive carcinoma	38 (25.3%)		
Invasive lobular carcinoma (ILC)	24 (16.0%)		
Mixed type (IDC+ ILC)	17 (11.3%)		
Mucinous	5 (3.3%)		
Tubuloalveoler	1 (0.7%)		
Unknown	14 (9.4%)		
Metastasis Site			
Bone	119 (79.3%)		
Lymph node	91 (60.7%)		
Liver	42 (28%)		
Lung	37 (24.7%)		
Brain	5 (3.3%)		
Others	32 (21.3%)		

CDK 4/6 inhibitor and endocrine therapy

Seventy five (50.0%) of 150 patients received AI plus CDK 4/6i treatment and 75 (50.0%) received fulvestrant plus CDK 4/6i. Patients receiving AI plus CDK 4/6i receive this treatment as first-line therapy while those receiving fulvestrant + CDK 4/6i were being treated in second-line therapy after progression on AI treatment. Median duration of treatment for AI plus CDK 4/6i was 14.0 months; for fulvestrant plus CDK 4/6i was 16.1 months.

Hormone receptor status

All 150 patients in total were HR+/HER2-, and their distribution according to the percentage of ER and PR positivity was as follows in Table 2.

TABLE 2 Hormone receptor status of study population.

Characteristics	Total n (%)
ER strong positive/PR strong positive	49 (32.7%)
ER strong positive/PR moderate positive	31 (20.7%)
ER strong positive/PR low positive	19 (12.7%)
ER strong positive/PR negative	31 (20.7%)
ER moderate positive/PR strong positive	2 (1.3%)
ER moderate positive/PR moderate positive	4 (2.7%)
ER moderate positive/PR low positive	6 (4%)
ER moderate positive/PR negative	8 (5.3%)

Response evaluation

Among all patients, 86 (57.3%) obtained partial response, 38 (25.3%) had stable disease and 22 (14.7%) had progression. Response assessment could not be performed in four patients (2.7%) at 3 months.

When the response rates according to use of endocrine partner (AI vs fulvestrant respectively) were examined, partial responses were seen in 45 (60%) vs 41 (54.7)%), stable disease in 18 (24%) vs 20 (26.7%), and progression in 9 (12%) vs 13 (17.3%), respectively.

Toxicity

Grade 3 toxicity was observed in 57 (38%) patients with the most common adverse effect being neutropenia. While no dose reduction was required for ET in the whole group, CDK 4/6i dose reduction was performed in 17 (53.1%) patients in the group receiving AI plus CDK 4/6i and in 15 (46.9%) patients in the group receiving fulvestrant plus CDK 4/6i. Treatment was discontinued in 2 (2.8%) patients in the group receiving AI plus CDK 4/6i due to side effects.

Survival analysis

Median follow-up was 15.2 months (95% CI, 2.1-40.9 months). The median PFS obtained with ET plus CDK 4/6i among all patients was 23.4 months (95% CI, 21.2-25.6) and the median OS was 29.4 months (95% CI, 26.3-32.3) (Figures 1A, B).

When outcomes were examined based on endocrine partner (AI vs fulvestrant, respectively) median PFS was 24.4 months (95% CI, 21.8-26.9) vs 22.5 months (95% CI, 20.2-25.8) and medial OS was 25.4 months (95% CI, 22.7-28.2) vs 28.8 (95% CI, 25.0-32.6).

Effect of hormone receptor positivity percentage on treatment response

The highest response rates were seen in the group with ER^{-strong} positive/PR moderate or strong positive, ER moderate positive/PR moderate or



strong positive group, ER ^{strong positive}/PR ^{negative} group, and then ER ^{moderate positive}/PR ^{negative} group followed in descending order. Although these advantages were not statistically significant, they were numerically higher (ORR: 83.8% vs. 83.3% vs. 77.4% vs. 62.5% p=0.488, respectively). Responses were similar for the first three subgroups, but significantly lower for the ERmoderate positive/ PRnegative group (Table 3).

Effect of hormone receptor positivity percentage on survival

When the effect of ER and PR positivity percentage on survival in the whole group was analyzed, it was observed that the highest survival was obtained in the ER-^{strong positive}/PR ^{moderate or strongly} ^{positive} group before treatment, followed by the ER ^{moderate positive}/PR ^{moderate} or ^{strongly positive} group, the ER ^{strongly positive}/PR ^{negative} group and followed by ER^{moderate positive}/PR^{negative} group (mPFS 24.5 vs 23.3 vs 22.6 months vs 17.8 months, p=0.469; mOS 29.6 vs 27.0 months vs 24.7 months vs 18.5 months, p=0.410, respectively). However, these advantages were not statistically significant. Overall survival was similar for the first three subgroups, but significantly shorter for the ER ^{moderate-positive}/PR^{negative} group (Figure 2). The survival advantage observed in the ER ^{strongly positive}/PR ^{moderately or} ^{strongly positive} group was similar in both the AI plus CDK 4/6i group and the fulvestrant plus CDK 4/6i group.

TABLE 3 The relationship between hormone positivity and treatment response.

Characteristics	Response Rate	P value
ER ^{-strong positive} /PR moderate or strong positive	83.8%	P= 0.488
ER ^{moderate} positive/PR moderate or strong positive	83.3%	
ER ^{strong positive} / PR ^{negative}	77.4%	
ER ^{moderate} positive/ PR ^{negative}	62.5%	

Clinicopathological and therapeutic features that may have an impact on survival, and the role of ER and PR positivity percentage were evaluated in univariate and multivariate analysis. The effects of ECOG Performance status, type of endocrine therapy, lung metastases, liver metastases, presence of bone metastases, and percentage of ER and PR positivity on survival in both univariate and multivariate analysis were evaluated. However, no statistical significance was found.

Discussion

In this study, it was determined that the percentage of baseline HR positivity affected the prognosis in patients with HR+ HER2-MBC treated with CDK 4/6i in combination with an ET. It was observed that the group with ER strong positive/PR moderate or strong positive before treatment was the best prognostic group, followed by the ER moderate positive/PR moderate or strong positive group, followed by the ER moderate positive/PR negative group with a decreasing rate.

One of the most basic features of cancer is the loss of control in cell cycle regulation (28). Normally, the transition from G1 to S phase in the cell cycle is controlled by the Rb gene, through the sequestration of the E2F family transcriptional factor. CDK 4/6, on the other hand, inactivates the Rb gene by forming a complex with Dtype cyclins, thus inducing the transition from G1 to S phase (11). Since Cyclin D1 is a direct transcriptional target of estrogen, it has been reported that ER+ tumor cells are particularly dependent on CDK 4/6 activation in cell proliferation (29). In addition, it has been reported that Cyclin D1 amplification is widely observed (29 to 58%) in ER+ breast cancer (30). All these features have paved the way for clinical trials with CDK 4/6i in patients with HR+ HER2- breast cancer. In this sense, studies were conducted in which palbociclib, ribociclib and abemaciclib were combined with ET (12-14). It is observed that these studies were primarily carried out in postmenopausal patients with HR+ HER2- MBC, followed by premenopausal patients, and also studies on its use in the adjuvant setting. In studies in the postmenopausal group, AI or Fulvestrant was used as ET in both metastatic and adjuvant periods; In studies in the premenopausal group, it is seen that tamoxifen or AI is used together with the LHRH analogue. In all these studies, the addition of



CDK 4/6i to ET has been shown to contribute significantly to survival and has become one of the main treatment models for MBC.

To date studies of CDK4/6i with ET have been conducted in postmenopausal and premenopausal patients, both in the metastatic and adjuvant settings. In postmenopausal women, CDK4/6i is generally combined with AI or fulvestrant while in premenopausal women, CDK4/6i can be partnered with tamoxifen or AI with LHRH analogue. Across most studies CKD4/6i combined with ET has been shown to improve outcomes. Most Phase III studies with CDK4/6i have included patients with ER+ ≥ 10% and PR+/- (12-14). As a result, the benefit of adding CDK 4/6i to ET was demonstrated in the whole group, and subgroup analysis was also performed according to PR positivity versus negativity. And although there are differences in both analysis and results between studies, the ER+/PR+ group appears to benefit more than the ER+/PR- group. And also in the Paloma-2 study, patients were not stratified by PR positivity however they were in the Monaleesa-2 study (31, 32). In the latter study, a smaller benefit was seen in the PR+ patients when compared to the PR- patients, though the small PR- sample size may have confounded these results. On the other hand, in the Monarch-3 study no significant difference was observed in terms of PR status (33).

We also reviewed the impact of PR positivity or negative in second lines studies of CDK4/6i paired with fulvestrant. In the Paloma-3 study, the role of PR +/- was not found to impart a significant difference.

And neither the efficacy of fulvestrant plus palbociclib nor the likelihood of disease progression more than 6 months after study entry were significantly associated with the level of expression of estrogen or progesterone receptors (HR: 0.32 vs 0.54, respectively) (34). And also in the Paloma-3 study, it was also stated that endocrine

sensitivity was a prognostic factor in favor of CDK 4/6i in patients (35). In the Monaleesa-3 and Monarch-2 studies, no significant difference was found between the ER+/PR+ group and the other group (including PR- patients), as well as between the PR+ group and the PR- group, respectively (36, 37). In the Monaleesa-7 study in premenopausal patients receiving CDK4/6i with ET and ovarian function suppression (OFS) no difference was observed between the ER+/PR+ group and the other group (38). In a meta-analysis that included of all phase III studies on CDK 4/6i in metastatic disease, no significant difference was found between the groups in terms of PR status (39). On the other hand, in adjuvant studies of CDK4/6i, such as the MONARCH-E study, benefit was found independent of PR status, although more benefit was obtained in the PR+ group than the PR- group (HR 0.73 vs 0.81) (40).

Many studies in the literature suggest that patients with ER +/PR- tumors have a worse prognosis and higher risk of recurrence than ER+/PR+ tumors (41). In Gharib KE, et al. (42), predictive and prognostic factors were investigated in patients with MBC receiving palbocicilib and letrozole. They reported negative prognostic and predictive features including liver metastases, line of treatment, and absence of PR. The median PFS in PR+ vs PR- groups was 20.05 months vs 12.99 months (p= 0.046) (42).

Similarly, Canino F, et al. (43) evaluated the prognostic role of the intrinsic subtype detected by PAM50 in patients with HR +/HER2- MBC. As a result, it has been reported that the response to ET is low and the prognosis is worse in non-luminal subtypes. In addition, they stated that the response to endocrine therapy was significantly lower in patients whose non-luminal subtype was detected not from the primary tumor but from the metastatic area (43). In a biomarker study conducted in the intrinsic subtypes of the Monaleesa studies, it was stated that the addition of ribociclib to endocrine therapy contributed significantly in all subgroups except the basal-like group. Compared to the luminal A group, the risk of disease progression was found to be 1.44, 2.31 and 3.96 times higher in the Luminal B, HER2-enriched and basal-like groups, respectively (44). Although no separate analysis was performed in the Luminal B group according to PR percentage or Ki-67 index in this analysis, the high risk of progression in this group compared to Luminal A may be an indirect indicator of the importance of hormone receptor positivity.

It has also been postulated that the level of ER expression has a prognostic role in patients with breast cancer undergoing ET (19-22). In Yoon KH et al. patients with ERlow (ER 1-9%) benefitted less fromendocrine therapy and had a significantly higher risk of recurrence compared to the ERhigh group (20). Apart from this, the percentage of hormone receptor positivity as well as its presence or absence have prognostic importance, and in a study conducted by Bae et al., single HR+ tumors without HER2 overexpression (ER + PR-HER2- or ER-PR + HER2-) were found to be of prognostic importance. has been shown to have a poorer survival rate than triple-positive tumors, and this group even has a poorer prognosis comparable to triple-negative breast cancer (45). On the other hand, in the EBCTCG meta-analysis, it was observed that ER positivity was categorized and the benefit from endocrine therapy was highest especially in the group with ER+>50% (18). Similarly, in the P024 study, in which Letrozole and TMX were compared in neoadjuvant therapy in patients with ER+/PR+ breast cancer, patients with ER≥10% positive were included and a linear correlation was reported between ER expression levels and response (46). However, studies investigating the role of hormone receptor levels in the effectiveness of CDK 4/6i are limited in the literature.

Of these, Shikanaj A et al. (47), clinicopathological factors associated with efficacy in patients with MBC were analyzed. As a result, it was reported that tumor grade in the primary lesion and initial neutrophil/lymphocyte ratio (NLR) were associated with efficacy, while expression levels of hormone receptors had no significant effect. In this study, patients were divided into "high" and "low" groups according to the proportion of cells staining positive for ER and PR, and the cut-off value was taken as 66% for this distinction. Patients in which both ER and PR were expressed over 66% were termed the "high" group. However, while separate risk groups were defined for ER and PR, risk groups formed by combining the two were not defined (47). In our study, besides defining separate risk groups for ER and PR according to hormone receptor expression levels, combined risk groups were formed by combining these two. Thus, the prognostic risk groups were better defined and it was determined that the group with ER strong positive/ PR moderate or strong positive was the best prognostic group. This was followed by the ER^{moderate positive}/PR^{moderate or strongly positive} group, followed by the ER^{moderate positive}/PR^{negative} group in a decreasing fashion. In our study, the positive effect on the prognosis, especially of being ER-strong positive, was more remarkable. In this sense, it was observed that both the response and survival were better in the ER-positive group, even if it was PR-negative. Therefore, our results, although not statistically significant, pointed out the prognostic importance of a high ER positivity. In this respect, it can be thought that our work has a different originality. In the above-mentioned Monaleesa-2 study, the fact that the strong positivity of the ER in both groups was not fully known may also have a role in the lower benefit observed in the PR+ group compared to the PR- group.

In line with all these studies, cyclin D1 is a direct transcriptional target of estrogen and therefore it is known that patients with high hormone receptor expression may obtain more benefit from CDK4/ 6i when combined with ET.

Our study has some limitations, such as its relatively small sample size, reflecting a single center experience, and retrospective design.

In conclusion, the results of this study suggest that the percentage of HR positivity may have a predictive and prognostic role in patients with HR+ HER-2- MBC who received CDK 4/6i with ET. As far as we know, our study is one of the few studies in the literature conducted with CDK 4/6i in breast cancer patients. We believe that the percentage of hormone receptor positivity and especially the strong positive ER should be taken into account in defining the patient group who will benefit more from the treatment in patients treated with ET plus CDK 4/6i. Our results are hypothesis generating and more comprehensive studies may be needed to further elucidate our findings.

Data availability statement

The original contributions presented in the study are included in the article/supplementary material. Further inquiries can be directed to the corresponding author.

Ethics statement

The studies involving humans were approved by Non-Invasive Research Ethics Committee of Dokuz Eylul University Faculty of Medicine. The studies were conducted in accordance with the local legislation and institutional requirements. The participants provided their written informed consent to participate in this study.

Author contributions

MK: Formal analysis, Methodology, Writing – original draft, Writing – review & editing. HSS: Writing – original draft, Writing – review & editing. TY: Supervision, Writing – original draft, Writing – review & editing. IO: Supervision, Writing – original draft, Writing – review & editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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