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A study of high dose furmonertinib in EGFR exon 20 insertion mutation-positive advanced non-small cell lung cancer

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Background: The epidermal growth factor receptor (EGFR) ex20ins mutation, as a rare subtype of mutation, has gradually attracted attention. Its heterogeneity is high, its prognosis is extremely poor, and the efficacy of existing traditional treatment plans is limited. In this study, we aimed to evaluate efficacy of high dose furmonertinib as a first-line treatment for EGFR ex20ins-positive NSCLC.

Methods: This is a retrospective, multi-center, non-interventional study. From May 2021 to March 2023, 9 NSCLC patients with EGFR ex20ins were enrolled. Efficacy and safety of 160 mg furmonertinib were evaluated. Objective response rate (ORR), disease control rate (DCR), median progression-free survival (PFS) and treatment related adverse events (TRAEs) were assessed.

Results: Of the evaluated patients, six patients experienced partial remission (PR), two patients experienced stable disease (SD) and one patient experienced progress disease (PD). Data indicated 66.7% ORR and 88.9% DCR. The median progression free survival (PFS) was 7.2 months (95% CI: 6.616 - 7.784). Besides, a longgest PFS with 18 months was found in one patient with p.H773_V774insGTNPH mutation. No \geq level 3 adverse events have been found.

Conclusions: The study proved the potential efficacy of 160mg furmonertinib in patients with advanced NSCLC with EGFR ex20ins. Meanwhile, 160mg furmonertinib had a good safety profile.

KEYWORDS

the epidermal growth factor receptor, exon 20 insertion, furmonertinib, non-small cell lung cancer, first-line treatment

1 Introduction

According to the global cancer statistics in 2020, the incidence of lung cancer ranks second in the world, with 2.2 million new cases per year, accounting for 11.4% of the total number of new tumors, and the death rate of lung cancer is the first cause of cancer death, accounting for 14.3% of the total number of tumor deaths (1). Lung cancer has become one of the most tumors threatening human health, among which non-small cell lung cancer (NSCLC) is the main pathological type of lung cancer, accounting for 80%-85%, and most patients are found to be in advanced stages of the disease. Platinum-based chemotherapy is the main treatment for advanced NSCLC. In recent years, the epidermal growth factor receptor (EGFR) is gradually being recognized. Multiple studies have shown that targeted therapy, represented by EGFR tyrosine kinase inhibitors (EGFR-TKIs), not only significantly prolongs the progression free survival (PFS) of patients with advanced NSCLC, but also improves their quality of life, which has revolutionized the treatment of patients with advanced NSCLC.

The EGFR gene is cmposed of 28 exons, and most of the mutations occur in exons 18-21. Common mutations include exon 19 inframe deletion (ex19del) and exon 21 L858R alterations (ex21L858R), which accounts for 80%-85% of all EGFR mutations (2). These two classical EGFR mutations have good sensitivity to first-generation EGFR-TKIs (erlotinib, gefitinib), second-generation EGFR-TKIs (afatinib, dacotinib) and third-generation EGFR-TKIs (osimertinib) drugs. The remaining EGFR mutations are known as rare mutations. Among rare mutations, EGFR ex20ins mutation is the most common. The incidence of EGFR ex20ins in EGFR mutated NSCLC patients is 4% -12%, while in NSCLC patients, the incidence is 1.8% -2.3% (3).

Before Mobosetinib and Amivantamab were approved for EGFR ex20ins NSCLC by FDA, the main treatment for patients with EGFR ex20ins mutation were traditional EGFR-TKIs, platinum-containing chemotherapy and immunotherapy. However, these treatment options have limited benefits (4–6). Hence, better treatment plans are needed for these patients.

Furmonertinib is an irreversible, selective, third-generation EGFR-TKI. The FURLONG study (NCT03787992) (7) showed that first-line treatment with furmonertinib in Chinese patients with advanced EGFR gene mutation NSCLC resulted in a median PFS of 20.8 months, which was 9.7 months longer than the 11.1 months in the gefitinib group. In terms of safety, the median drug exposure time of patients in the furmonertinib group was longer than that in the gifitinib group (18.3 months vs. 11.2 months), but the incidence of \geq Level 3 adverse events in the furmonertinib group was lower than that in the gifitinib group (11% vs. 18%). On March 3, 2021, the National Medical Products Administration (NMPA) approved the use of furmonertinibb for second-line treatment in adult patients with locally advanced or metastatic NSCLC carrying EGFR 20 exon T790M (T790M) resistance mutations. Nowadays, the efficacy of furmonertinib as a first-line treatment for EGFR ex20ins-positive NSCLC is currently being studied. Preclinical data and Phase Ib study results published by furmonertinib showed that receiving 240 mg/d of furmonertinib treatment resulted in an ORR of 60% and a DCR of 100%, with no \geq grade 3 adverse events occurring (8). However, there is still a lack of results about the effect of 160 mg/d of furmonertinib on EGFR ex20ins-positive NSCLC.

In this study, we retrospectively analyzed the efficacy and safety of first-line treatment with 160 mg/d of furmonertinib in patients with advanced NSCLC harboring EGFR ex20ins mutations. We also collected and analyzed the clinical pathological and molecular characteristics of NSCLC patients with EGFR ex20ins mutations.

2 Material and methods

2.1 Study design

This was a retrospective, multi-center, non-interventional study. Patients received furmonertinib 160mg once daily for firstline treatment. We collected the clinical information of patients, including age, sex, pathological type, smoking history, metastatic site, gene status, efficacy assessment, and adverse events (AEs). Our study was approved by the ethics committee of the First Hospital of Changzhou.

2.2 Inclusion criteria

a) Non-small cell lung cancer (NSCLC) diagnosed by histology or cytology at the age of 18 or older. b) Tumor driven gene testing has confirmed the presence of EGFR20 exon insertion mutations in tissue or blood samples. c) Stage IV NSCLC patients who did not undergo any systemic treatment before their first medication. d) Having at least one measurable tumor lesion (according to RECIST 1.1). e) The ECOG score was 0-1, and there was no significant deterioration of the disease within the two weeks prior to screening.

2.3 Efficacy and safety assessments

All patients who received at least one dose of furmonertinib were included in the efficacy and safety assessment. Patients with measurable disease at baseline and had been re-examined were evaluated for efficacy analysis. Radiographic tumor assessments were completed every 4–8 weeks. Response was assessed by the investigators according to the Response Evaluation Criteria in Solid Tumors (RECIST), version 1.1. Adverse events were recorded from the clinical data. The PFS was calculated from the first day of treatment with furmonertinib to disease progression or death or the last follow-up visit. Adverse events were graded according to the NCI Common Terminology Criteria for Adverse Events (CTCAE), version 4.0.

2.4 Statistical analyses

The descriptive statistics for clinical and demographic characteristics were summarized with numbers and percentages of categorical variables. The ORR and DCR were indicated by the rate of responses. The PFS were calculated by Kaplan-Meier method. All statistical analyses were performed using SPSS software version 26.0 (IBM Corp., NY, USA).

3 Results

3.1 Patient characteristics

Between May 2021 to March 2023, 9 patients were enrolled in this study. The characteristics of 9 patients evaluated in this study are summarized in Table 1. Median age was 59 years (range 49–75), 33.3% (n=3) of patients were female, 66.7% (n=6) of patients were male, and 44.4% (n=4) were never-smokers. The most common sites of metastasis at baseline were bone (55.6%) and lung (44.4%). In addition, the most common progressive lesion is brain metastasis.

3.2 Molecular characterization of EGFR ex20ins mutations

NGS (Next-generation sequencing technology) analysis determined the mutation types of 9 patients. Three patients harbored EGFR p.S768_D770dup, two patients harbored p.P771_P772insT, one patient harbored p.H773_V774insGTNPH, one patient harbored p.P772_H773insT, one patient harbored p.V769_D770insCV and one patient harbored p.P772_H773insPNP mutations (Figure 1). Besides, more than 20 co-mutations detected by NGS and the most common co-mutation is TP53 (66.7%), TERT (33.3%) (Figure 2).

3.3 Efficacy analysis

Of the nine evaluated patients, six patients experienced PR, two patients experienced SD and one patient experienced PD. These data indicated 66.7% ORR and 88.9% DCR. Besides, median PFS time was 7.2 months (95% CI: 6.616 - 7.784) (Figure 3A). PFS of one patients with H773_V774insGTNPH is up to 18 months. In four patients with H773_V774insGTNPH, S768_D770dup, V769_D770insCV and P772_H773insT, lung cancer remained stable for more than 10 months. In two patients with p.P771_P772insT, the tumor was progressing rapidly. Besides, in two patients without co-mutation, they each obtained longer PFS (18 months and 12.7 months) (Figure 3B). These data indicate variable efficacy pattern among patients with EGFR ex20ins positive NSCLC.

3.4 Safety analysis

In general, furmonertinib treatment was well tolerated. The safety profile of this study is summarized in Table 2. Increased γ -glutamyl transpeptidase (GGT) was observed in one patient. Patient's liver function returns to normal after dose reduction to 120 mg once daily. One patient developed diarrhea and one patient developedoral ulcers. In summary, safety profile of furmonertinib 160 mg is well accepted.

TABLE 1 Basic characteristics of the patients included in this study.

	No. of patients	(%)		
Total enrolled	9			
Aged (years)				
Median(range)	59(49-75)			
Sex				
Male	6	66.7		
Female	3	33.3		
ECOG performance status (pre-treatment)				
0	6	66.7		
1	3	33.3		
Histology				
Adenocarcinoma	8	88.9		
Squamous	1	11.1		
Disease stage				
IV A	1	11.1		
IV B	8	88.9		
Site of metastasis				
Bone	5	55.6		
Pleura	3	33.3		
Lung	4	44.4		
adrenal	1	11.2		
Central nervous system	2	22.2		
smoking history				
Yes	5	55.6		
No	4	44.4		
EGFR mutation status				
p.H773_V774insGTNPH	1	11.1		
p.P772_H773insT	1	11.1		
p.S768_D770dup	3	33.3		
p.P772_H773insPNP	1	11.1		
p.V769_D770insCV	1	11.1		
p.P771_P772insT	2	22.2		

ECOG, Eastern Cooperative Oncology Group.

4 Discussion

The majority of EGFR ex20ins mutations occur on the Cterminal loop after the C-helix, with a few occurring within the C-helix (9). According to the different positions of insertion mutations, EGFR ex20ins mutations can be divided into C-helix insertion, proximal insertion, and distal insertion. In our study, mutations in eights patients were located in near-loop and just one patients was located in far-loop. It is worth noting that EGFR



ex20ins has strong molecular heterogeneity. To date, over 100 EGFR ex20ins variant types have been reported (10, 11). Studies shown that the most frequent variant was A767_V769dup (34.9%), S768_D770dup (15.5%) and N771_H773dup (6.2%). However, our study shown that the most frequent variant was S768_D770dup (33.3%) and P771_P772insT (22.2%), which may be related with a smaller sample size of our study. We also found that the most frequent co-mutation were TP53 (66.7%), which was consistent with literature (12, 13). As we know, TP53 is closely related to prognosis of advanced NSCLC with EGFR mutation. A study showed that TP53 was associated with faster resistance in EGFRmutant NSCLC and mediated acquisition of resistance mutations to EGFR tyrosine kinase inhibitors (14). In our study, we also found that neither of the two patients with the longest PFS had TP53 mutations. However more cases are needed to ensure the impact of co-occurring TP53 mutations.

In the real-world, the first-line treatment of patients with advanced EGFR ex20ins NSCLC mostly use chemotherapy.

A retrospective study showed that the ORR and DCR at 6 months of advanced NSCLC patients with EGFR ex20ins treated with firstline platinum based chemotherapy were 19.2% and 41.3% (10). The median PFS was 6.4 months. The first generation TKI drugs (gefitinib, erlotinib) are a reversible ATP competitive inhibitor that can selectively inhibit the ex19del and ex21L858R mutant EGFR, but have almost no effect on the ex20ins mutation. Previous studies have shown that the median PFS of advanced NSCLC patients with EGFR ex20ins mutations receiving first-generation EGFR-TKIs treatment was only 1.9 months (15). As the third-generation orally highly efficient and irreversible EGFR-TKIs, the therapeutic effect of osimitinib on EGFR ex20ins is quite controversial in various studies. A small sample study reported that six advanced EGFR ex20ins NSCLC patients treated with osimitinib with an objective response rate (ORR) of 100%, mPFS of 6. 2 months and a good safety profile (16). A single arm phase II study was conducted on NSCLC patients with EGFR ex20ins mutation, in which the dose of osimitinib was increased to 160 mg. The results showed that the ORR of 20





patients was 25%, with a median PFS of 9.7 months and a median DOR was 5.7 months (17). This result indicates that high-dose osetinib can be used as a treatment option for patients with good tolerance. However, there are unreasonable aspects to this research data, such as the median DOR is much smaller than the median PFS. Considering that the survival curve of small sample studies often presents a stepped shape, it indicates that the estimation of median PFS may not be stable. Besides, VAN VEGGEL et al. (18) found that osimitinib had limited effect on EGFR ex20ins NSCLC. After increasing the dose of osimitinib, they found that the ORR was 6.5% and median PFS was only 2.3 months, which did not show a better treatment effect. In September 2021, the FDA accelerated the approval of mobocertinib for the treatment of locally advanced or metastatic NSCLC patients with EGFR ex20ins mutations confirmed by FDA approved testing methods during or after platinum chemotherapy. The data from a phase I/II multicenter study (NCT02716116) showed that among advanced EGFR ex20ins mutant NSCLC patients who had previously received containing platinum chemotherapy, the ORR receiving mobocertinib (160 mg/d) was 43%, the median DOR was 13.9 months, the DCR was 86%, and the median PFS was 7.3 months (19). Another Phase I/II study published at the 2022 European Society for Medical Oncology (ESMO) conference showed a confirmed ORR of 28.1%, DCR of 78%, median PFS of 7.3 months, and median OS of 20.2 months (20). However, it lacks more data on first-line treatment.

Furmonertinib is one of the third generation EGFR-TKIs drug. The preclinical studies showed that the half-maximal inhibitory concentration (IC50) of furmonertinib for EGFR ex20ins type was 5-10 times lower than that of EGFR wild, which indicates furmonertinib has shown encouraging anti-tumor activity in

TABLE 2 Treatment-related adverse event	ABLE 2	ent-related ac	dverse event
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TRAEs,n (%)	Grades 1–2	Grades 3–5
Diarrhea	1	0
Oral ulcer	1	0
Liver function damage	1	0

EGFR 20ins (8). The FAVOUR Ib phase study targeting EGFR ex20ins mutant patients showed that the ORR of first-line treatment with furmonertinib 240 mg was 69%, the DCR was 96.6%, and the median PFS was 10.7 months (21). Another study targeting EGFR ex20ins mutant NSCLC patients with \geq 2 lines showed that the overall ORR and DCR of 15 patients receiving furmonertinib treatment were 53.5%, 100%, and the 3-month PFS rate was 100% (22). Moreover, both of the above studies have shown good safety and tolerability of furmonertinib, and no \geq level 3 adverse events have been found. However, they did not explore the efficacy of the furmonertinib 160mg as a first-line treatment on EGFR ex20ins mutant patients. In our study, we found that the ORR of first-line treatment with furmonertinib 160 mg was 66.7%, the DCR was 88.9% and the median PFS was 7.2 months (95% CI: 6.616 -7.784)months. Our results showed the first-line treatment efficacy of furmonertinib was superior to traditional chemotherapy and classic EGFR-TKI drugs, such as gefitinib, erlotinib and osimitinib. Moreover, compared with furmonertinib 240 mg daily, our study showed that furmonertinib 160 mg daily also could produce good therapeutic effects on EGFR ex20ins mutant patients.

As we known, EGFR ex20ins has strong molecular heterogeneity and different insertion sites result in different drug efficacy. John V Heymach et al. found that poziotinib sensitivity was highly dependent on the insertion location, with near-loop insertions (amino acids A767 to P772) being more sensitive than far-loop insertions (23). In our study, we also have an interesting discovery that the PFS of one patient with p.H773_V774insGTNPH is up to 18 months. We noticed that the patient only had an EGFR ex20ins mutation and there is no concomitant mutation, which may be one of the reasons why patients have long PFS. Moreover, we noticed that the patients with N771_H772insT are more likely to develop central nervous system metastases and have poor response to furmonertinib. So far, no literature has reported this result. This result also requires a larger sample size to confirm. Hence, we can pay more attentions on the therapeutic effect of furmonertinib on different insertion location of EGFR ex20ins.

In summary, this study has demonstrated that furmonertinib had good anti-tumor activity and tolerance in NSCLC patients with EGFR ex20ins mutation. In first-line treatment, it is superior to traditional targeted drugs and platinum containing chemotherapy regimens. Therefore, furmonertinib may be as a first-line treatment option for patients with advanced EGFR ex20ins NSCLC. In addition, the efficacy of furmonertinib may associated with different EGFR ex20ins variant types.

5 Conclusions

The study proved the potential efficacy of 160mg furmonertinib in patients with advanced NSCLC with EGFR ex20ins. Meanwhile, 160mg furmonertinib had a good safety profile.

Data availability statement

The original contributions presented in the study are included in the article/supplementary material. Further inquiries can be directed to the corresponding authors.

Ethics statement

The studies involving humans were approved by the ethics committee of the First Hospital of Changzhou. The studies were conducted in accordance with the local legislation and institutional requirements. Written informed consent for participation was not required from the participants or the participants' legal guardians/ next of kin because this is a retrospective, multi-center, noninterventional study.

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Author contributions

SH: Data curation, Writing – original draft. HM: Data curation, Writing – original draft. QH: Writing – original draft. MD: Writing – review & editing, Data curation. HD: Methodology, Writing – review & editing. CL: Methodology, Writing – review & editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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