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*CORRESPONDENCE Rong Xu 1622488681@qq.com Bing Fan 26171381@qq.com

[†]These authors have contributed equally to this work and share first authorship

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Zhikang Deng^{1,2†}, Wentao Dong^{3†}, Situ Xiong^{4†}, Di Jin^{1,3†}, Hongzhang Zhou², Ling Zhang^{1,2}, LiHan Xie^{1,2}, Yaohong Deng⁵, Rong Xu^{2*} and Bing Fan^{3*}

³Medical College of Nanchang University, Nanchang University, Nanchang, China, ²Department of Nuclear Medicine, Jiangxi Provincial People's Hospital, The First Affiliated Hospital of Nanchang Medical College, Nanchang, China, ³Department of Radiology, Jiangxi Provincial People's Hospital, The First Affiliated Hospital of Nanchang Medical College, Nanchang, China, ⁴Department of Urology, The First Affiliated Hospital of Nanchang University, Nanchang, China, ⁵Department of Research & Development, Yizhun Medical AI Co. Ltd., Beijing, China

Objective: The purpose of this research was to develop a radiomics model that combines several clinical features for preoperative prediction of the pathological grade of bladder cancer (BCa) using non-enhanced computed tomography (NE-CT) scanning images.

Materials and methods: The computed tomography (CT), clinical, and pathological data of 105 BCa patients attending our hospital between January 2017 and August 2022 were retrospectively evaluated. The study cohort comprised 44 low-grade BCa and 61 high-grade BCa patients. The subjects were randomly divided into training (n = 73) and validation (n = 32) cohorts at a ratio of 7:3. Radiomic features were extracted from NE-CT images. A total of 15 representative features were screened using the least absolute shrinkage and selection operator (LASSO) algorithm. Based on these characteristics, six models for predicting BCa pathological grade, including support vector machine (SVM), k-nearest neighbor (KNN), gradient boosting decision tree (GBDT), logical regression (LR), random forest (RF), and extreme gradient boosting (XGBOOST) were constructed. The model combining radiomics score and clinical factors was further constructed. The predictive performance of the models was evaluated based on the area under the receiver operating characteristic (ROC) curve, DeLong test, and decision curve analysis (DCA).

Results: The selected clinical factors for the model included age and tumor size. LASSO regression analysis identified 15 features most linked to BCa grade, which were included in the machine learning model. The SVM analysis revealed that the highest AUC of the model was 0.842. A nomogram combining the radiomics signature and selected clinical variables showed accurate prediction of the pathological grade of BCa preoperatively. The AUC of the training cohort was 0.919, whereas that of the validation cohort was 0.854. The clinical value of the combined radiomics nomogram was validated using calibration curve and DCA.

Conclusion: Machine learning models combining CT semantic features and the selected clinical variables can accurately predict the pathological grade of BCa, offering a non-invasive and accurate approach for predicting the pathological grade of BCa preoperatively.

KEYWORDS

bladder cancer, pathological grade, combined radiomics nomogram, textural features, non-enhanced computed tomography

Introduction

Bladder cancer (BCa) is a malignant tumor of the bladder mucosa. It is the 11th most prevalent malignant tumor in the world (1) and the most common malignancy of the urinary system (2). In 2022, an estimated 81,180 new BCa cases were reported in the United States, resulting in 17,100 deaths in the year (3). The pathological grade is a critical parameter in determining the sensitivity to treatment and prognosis (4). BCa is classified into low grade and high grade based on the morphological differences in the nucleus and the mitotic image of tumor cells (5). Low-grade BCa progresses slowly and rarely threatens the life of patients. It requires initial endoscopic treatment and monitoring. However, some cases of low-grade BCa can be invasive (6, 7). Highgrade BCa has a high malignant potential associated with rapid progression and high mortality (8, 9). Given the high risk of highgrade BCa progression, full dose Bacillus Calmette-Guerin (BCG) vaccine is recommended for 1 to 3 years in the bladder, and radical cystectomy may also be considered (10). The risk of low-grade and high-grade BCa progression has been reported to be approximately 2.6 and 13.7%, respectively (11). In general, the overall survival time of patients with high-grade BCa is poorer compared with that of patients with low-grade BCa (12). The pathological grade of BCa is mainly obtained through pathological examination. However, pathological sampling is inadequate due to the physical nature of biopsy and transurethral excised specimens. Therefore, other methods are needed to accurately distinguish between low- and high-grade Bca preoperatively, which can significantly shorten the diagnosis and treatment pathway.

Computed tomography (CT) examination is one method for examining the bladder for tumors. The difference between CT and non-enhanced computed tomography (NE-CT) is mainly the use or absence of contrast media. CT uses contrast media to provide higher resolution, sharper images, accurate lesion localization, and more comprehensive diagnostic information. However, CT also carries the risk of adverse reactions such as hypersensitivity to contrast media and renal impairment, and is costly. In contrast, the advantages of NE-CT include lower cost, no need to inject contrast agent and does not cause uncomfortable reactions due to allergy to contrast agent. However, because no contrast agent is used, NE-CT may lead to poor image quality, difficulty distinguishing lesions from normal tissue, and inability to detect certain lesions in some cases. Zhang et al. (13) investigated the feasibility of using unenhanced and enhanced images to differentiate low-grade and high-grade urothelial cancer. However, based on diagnostic performance, quantitative CT texture analysis revealed that it was impossible to differentiate the pathological grade of urothelial carcinoma of the bladder and upper tract urothelial carcinoma. Magnetic resonance imaging (MRI) technology has a multiparameter, multi-angle, and multi-azimuth imaging and overcomes the shortcomings of CT. Zhang et al. (14) demonstrated that textural features from apparent diffusion coefficient (ADC) and diffusion-weighted image (DWI) maps can reflect the discrepancy between low-grade and high-grade BCa. Wang et al. (15) revealed that the MRI-based multiparametric radiomics method could be used as a non-invasive imaging tool for evaluating the pathological grade of BCa preoperatively. Zheng et al. (16) showed that the multi-parameter MRI (mpMRI) radiomics approach could predict the pathological grade of BCa preoperatively. Nevertheless, CT is more common than MRI in clinical practice, especially in third-world countries. To date, no model has been reported for predicting the pathological grade of BCa using NE-CT. In the present study, a model for predicting the pathological grade of BCa was developed using NE-CT data.

Tumor heterogeneity cannot be reliably evaluated visually. Radiomics is a new method in radiology that extracts and applies data in a clinical decision support system to promote the prognosis, prediction, and accuracy of diagnosis (17, 18). Radiomics is a non-invasive method that evaluates tumors and their microenvironment and monitors tumor characteristics. Several studies have demonstrated that this new method for predicting the pathological grade of BCa can be used as an alternative for MRI and CT qualitative analysis and can identify information that is invisible to the human eye (14–17). Therefore, this research developed a nomogram that combines several radiomic features to predict the pathological grade of BCa.

Materials and methods

Study setting and participants

One hundred and seventy-seven BCa patients attended treatment at the Nanchang Medical College Hospital between January 2017 and August 2022. The data had been reviewed and formally accepted. The protocol for this study was approved by the Ethics Committee of the First Affiliated Hospital of Nanchang Medical College. Informed consent was not required. All relevant codes and regulations for this study are applied worldwide. The inclusion criteria for the patients were as follows: (1) There were clear pathological grading data of BCa, (2) the NE-CT image was complete for lesion evaluation, and (3) CT examination was performed 14-30 days before operation. The exclusion criteria for the patients were as follows: (1) The CT imaging quality was not ideal, mainly due to the presence of significant artifacts; (2) patients undergone immunotherapy or chemotherapy before CT examination; (3) the size of the lesion was less than 5 mm or only showed thickening of the bladder wall; (4) missing or incomplete clinical and pathological data. In the end, 105 patients were included in the study. The subjects were randomly divided into training (n = 73) and validation (n = 32) cohorts at a ratio of 7:3. The study cohort comprised 44 low-grade and 61 high-grade BCa patients.

Examination methods

Siemens SOMATOM Definition dual source CT was used for routine plain scanning of the abdomen or pelvis. Scanning parameters were as follows: tube voltage of 120 Kv, tube current of 150 As, scanning layer thickness of 5 mm, a reconstruction layer thickness of 1 mm, and layer spacing of 1 mm.

Region of interest segmentation

The CT image was segmented by an experienced radiologist (Reader A, with 5 years of experience in urogenital imaging). Areas of interest were outlined using DARWIN intelligent scientific research platform (19). One senior radiologist (Reader B, with 15 years of experience in urogenital imaging) reviewed all the region of interest (ROI) segmented by Reader A. If ROI was diverse, the senior radiologist determined the lesion boundary (Figures 1, 2).

Feature extraction and selection in radiomics

A total of 1,781 radiomic features were using DARWIN intelligent scientific research platform (Figure 3). Extracted features included 14 shape features, 18 first-order features, 24 GLCM features, 14 GLDM features, 16 GLRLM features, 16 GLSZM features, 5 NGTDM features, and 18 groups of transformed features, which had 93 features. The platform extracted a group of LoG features, which sigma was 3.0 besides default transformed features in pyradiomics. The Force 2D extraction (A default parameter in the Feature Class Level) was configured on the platform. For classification, the attributes of each dimension were linearly stretched to an interval through standardization and variance threshold filter. The data were preprocessed to obtain an appropriate model. The computergenerated data set was randomly allocated, with 70% of the data set assigned to the training cohort (30 low-grade groups and 43 high-grade groups) and 30% allocated to the validation cohort (13 low-grade groups and 19 high-grade groups). In the training of classifier, we added feature selection. Linear correlation between each feature and the category label was evaluated through the optimal feature filter, and the 45 most relevant features from the 1,781 features were selected. The LASSO algorithm was used to select the most relevant feature from the 45 features (20) (Figure 4). Finally, we selected a total of 15 most relevant features for the pathological grade of BCa (Figure 5).

Radiomics signature construction

The optimal subset was selected by decreasing the proportion. Six machine learning models, namely, support vector machine (SVM), k-nearest neighbor (KNN), gradient boosting decision tree (GBDT), logical regression (LR), random forest (RF), and





FIGURE 2

Low-grade (left) and high-grade (right) regions of interest (ROIs). They were manually outlined in all layers of bladder cancer on the NE-CT images using image processing software (DARWIN intelligent scientific research platform), which were merged into a three-dimensional ROI diagram (yellow).





extreme gradient boosting (XGBOOST), were constructed. The predictive performance of the six models was further tested in the independent validation cohort using the same threshold data set in the training cohort. The 10-fold cross-validation method was used to verify the accuracy of the model. Receiver operating characteristic (ROC) and area under the curve (AUC) were used to evaluate the performance of the six models, and the accuracy, sensitivity, and specificity of the models were determined. The best model was then selected from six machine-learning models.

Statistical analysis

The statistical analysis was performed using SPSS software version 25.0 and R statistical tool (Version 3.4.4). Wilcoxon ranksum test (skewed distribution) and t-test (normal distribution) were used to compare probability scores of low-grade and high-grade BCa. The chi-square test was used to compare data between the two groups. The predictive performance of the model was evaluated by calculating accuracy, sensitivity, specificity, and AUC value.

Results

Patient characteristics

In this study, 105 patients were randomly assigned to the training cohort (n = 73) and the validation cohort (n = 32). All patients had definite pathological findings, including 44 cases of low-grade BCa and 61 cases of high-grade BCa. There were no significant differences between patients in the training cohort and those in the validation cohort in terms of gender, number, number_multiple, smoothing, hematuria, and neutrophil to lymphocyte ratio (NLR). However, in low-grade and high-grade BCa patients, age and tumor size were significantly different (Table 1). Univariate logistic regression (LR) analysis was performed to determine the effect of each variable on the pathological grade of BCa. The results showed that age (P < 0.01), size (P < 0.01) and NLR (P < 0.05) were significantly correlated with the pathological grade of BCa, while other variables were not. Multivariate LR analysis was conducted based on the univariate LR analysis. It was observed that only age, OR = 1.08, 95% CI [1.02,1.15], *P* < 0.05, and size, adjusted *OR* = 1.75, 95% CI [1.07; 2.84], *P* < 0.05,



	Training co	hort (n = 73)	P-value	Validation cohort (n = 32)	P*-value	
	Low-grade	High-grade				
Age	61.47 ± 11.34	68.79 ± 9.87	0.005	72.09 ± 9.035	0.005 0.33	
Sex	2 (2.74%)		0.386		0.338	
female	28 (38.36%)	7 (9.59%)		7 (21.88%)	0.231	
male	1.75 (1.25, 2.76)	36 (49.32%)		25 (78.12%)	0.349	
Size	1.97 ± 1.65	3.09 (1.84, 3.95)	0.002	2.59 (1.76,4.47)	0.178	
Number	19 (26.03%)	1.72 ± 1.75	0.548	1.50 ± 1.39		
Number_Multiple	11 (15.07%)	31 (42.47%)	0.428	26 (81.25%)	0.016	
NO		12 (16.44%)		6 (18.75%)		
YES	24 (32.88%)				0.970	
Smoothing	6 (8.22%)	33 (45.21%)		1 (3.10%)		
No		10 (13.70%)	0.741	31 (96.90%)	0.326	
Yes	5 (6.85%)				0.302	
Hematuria	25 (34.25%)	13 (17.81%)		8 (25.00%)		
No	2.43 (1.71, 3.15)	30 (41.10%)	0.186	24 (75.00%)		
Yes	-0.45 ± 0.63	2.73 (2.00, 5.00)		2.69 (2.12, 4.40)		
NLR		0.73 ± 0.58	0.050	0.39 ± 0.55		
Rad-score			< 0.001			

TABLE 1 Clinical and imaging characteristics of the training and validation cohorts.

NLR, neutrophil to lymphocyte ratio.

P < 0.05: significant difference between the low-grade and high-grade groups in the training cohort.

P* represents < 0.05: significant difference between training and validation cohorts.

were significantly correlated with the pathological grade of BCa (Table 2).

Predictive performance of machine learning models

The AUC values of SVM, KNN, GBDT, LR, RF, and XGBOOST in the training cohort were 0.909, 0.895, 1.000, 0.908, 1.000, and

1.000, respectively. The AUC values of SVM, KNN, GBDT, LR, RF, and XGBOOST in the validation cohort were 0.842, 0.753, 0.785, 0.789, 0.820, and 0.777, respectively (Table 3). The ROC curves of the six machine-learning models are shown in Figure 6. The SVM was the best radiomics model in the validation cohort, with the most effective performance. The accuracy, sensitivity, specificity, and AUC values were 0.844, 0.947, 0.692, and 0.842, 95% CI: [0.699, 0.985], respectively. Cross-validation was performed in the training cohort to obtain a series of optimal hyperparameters. The sample difference

TABLE 2 Logistic regression analysis for predicting the pathological grade of bladder cancer.

Variable	Univariate regression			Multivariate regression			
	Odds ratio	(95% CI)	P-value	Odds ratio	(95% CI)	P-value	
Age	1.07	[1.02;1.12]	0.008	1.08	[1.02;1.15]	0.013	
Sex	0.37	[0.07;1.91]	0.233	NA	NA	NA	
Size	1.94	[1.23;3.05]	0.004	1.75	[1.07;2.84]	0.025	
Number	0.92	[0.70;1.21]	0.544	NA	NA	NA	
Number_multiple	0.67	[0.25;1.81]	0.429	NA	NA	NA	
Smoothing	1.21	[0.39;3.79]	0.741	NA	NA	NA	
Hematuria	0.46	[0.14;1.47]	0.191	NA	NA	NA	
NLR	1.42	[1.04;1.93]	0.028	1.41	[0.99;2.01]	0.061	

NA, Not Available.

	Training cohort				Validation cohort			
	ACC	SEN	SPE	AUC	ACC	SEN	SPE	AUC
SVM	0.849	0.93	0.767	0.909	0.843	0.947	0.692	0.842
LR	0.876	0.884	0.867	0.908	0.781	0.684	0.846	0.789
RF	1	1	1	1	0.843	0.947	0.692	0.82
GBDT	0.986	1	1	1	0.75	0.789	0.769	0.785
KNN	0.835	0.837	0.8	0.895	0.687	0.789	0.615	0.753
XGBOOST	0.986	1	1	1	0.718	0.579	0.923	0.777

TABLE 3 Predictive performance of six machine learning models in the training and validation cohorts.

between low-grade and high-grade radiomics score during training and testing was significant (Figure 7). This demonstrated that the radiomics features were related to the pathological grade of BCa.

Combined radiomics model

Based on the clinical variables, multivariate LR analysis revealed that only age and tumor size were independent predictive variables

of low-grade and high-grade BCa. Subsequently, the clinical model was established and confirmed in the validation cohort according to the above predictive variables. The AUC values of the training and validation cohorts were 0.760 and 0.753, respectively. The AUC value of the radiomics model was 0.909 in the training cohort, whereas that in the validation cohort was 0.842. To establish a clinically applicable and more accurate model to predict the pathological grade of BCa, the LR algorithm was used to construct a nomogram that combined age, tumor size, and NE-CT radiomics features (Figure 8).

The ROC analysis confirmed the identification effect of the nomogram that combines radiomics features with an AUC value of 0.919 for the training cohort and 0.854 for the validation cohort (Figure 9). AUC values of radiomics and clinical models were lower than those of the training and validation cohorts. The P-value for the difference between the clinical and combined models in the validation cohort based on the DeLong test was higher than 0.05. The stratification accuracy of the nomogram that combined radiomics features was significantly higher than the radiomics and clinical models. The difference in AUC values between the two models was statistically significant (p < 0.05), otherwise not (Table 4). The calibration curves of the three models, namely, clinical, radiomics, and combined models, demonstrated an outstanding consistency in the actual and predicted pathology grade of BCa (Figure 10). DCA showed that the nomogram that combined radiomics features had maximum clinical practicability,

indicating that it was a reliable clinical tool for predicting the pathological grade of BCa (Figure 11).

Discussion

Even though cystoscopy biopsy plays an important role in predicting BCa prognosis, it may sometimes underestimate pathological grade (21). The proposed radiomics model can extract information from the whole tumor, enhancing accurate diagnosis. Zhang et al. (22) predicted the pathological grade of BCa using the LR machine learning model. The AUC value of the model in the training cohort was 0.950 and 0.860 for the validation cohort. However, clinical indicators were not included in the LR model. Feng et al. (23) used a nomogram that combines radiomics features to predict the pathological grade of BCa. The AUC value of the ADC1700 model for differentiating low-grade BCa from high-grade BCa was 0.920 in the training cohort and 0.745 in the testing cohort. However, only the LR model was used to explore the nomogram that combines radiomics features without analyzing the possibility of other models. Therefore, based on the six machine learning models, this study selected the optimal model to analyze the clinical features of BCa combined with radiomics and constructed a nomogram that combines radiomics features. The radiomics model incorporated clinical features, which further enhanced the classification accuracy. The radiomics features can only reflect the information displayed in NE-CT images, whereas the clinical features provide other indicators for identifying disease risks. In our study, we combined radiomics and clinical factors to obtain the best performance.

The clinical features selected in this study were age and tumor size, which were obtained using multivariate LR analysis. There was no significant difference in other features in predicting the pathological grade of BCa (Table 2). The reason may be because the proportion of poorly differentiated tumor cells gradually

FIGURE 9

The AUC values for the clinical, radiomics, and combined models used to distinguish between low-grade and high-grade bladder cancer. Training cohort (left); validation cohort (right).

TABLE 4 Comparison of the stratification prediction accuracy of the clinical, radiomics, and combined models.

Group	Model 1	Model 2	P-value				
Training							
	Clinical	Radiomics	0.016				
	Clinical	Combined	0.002				
	Radiomics	Combined	0.520				
Validation							
	Clinical	Radiomics	0.395				
	Clinical	Combined	0.200				
	Radiomics	Combined	0.761				

decreases, and the proportion of highly differentiated tumor cells gradually increases with age. The older the patient, the higher the pathological grade and the higher the risk of cancer invasiveness. The accumulation of carcinogenic factors occurs over time and space. Low-grade BCa tumors are usually small, with regular bladder contour, uniform density, and clear fat space around the bladder. In contrast, high-grade BCa is a large mass with irregular bladder contour, uneven internal density or signal, and partial narrowing or disappearance of fat space around the bladder.

This research used a NE-CT-based nomogram that combines radiomics features to differentiate between low-grade and highgrade BCa. The constructed nomogram based on clinical independent factors and radscore was non-invasive, convenient, and rapid. CT radiomics image analysis can objectively evaluate the heterogeneity of lesions and organs, revealing information on the tissue microenvironment more accurately than subjective visual interpretation. Tumors can show heterogeneity in many aspects, such as cellular, genetic, and phenotypic levels (24). Cancers are challenging to categorize using subjective and traditional approaches due to their diverse tumor heterogeneity. Radiomic imaging techniques are presently employed to anticipate the cancerousness of different solid tumors and the pathological degree, extent of invasion, or response to therapy of malignant tumors.

The 3D-ROI was used for feature extraction. A total of 15 radiomics features were selected (Figure 5). The SVM was used to obtain the best predictive radiomics model. An SVM is an effective, powerful, and robust machine learning classifier used primarily in radiology (25, 26). In this study, SVM had faster training and classification speed than RF, KNN, LR, GBDT, and XGBOOST, because it was most suitable for high-dimensional features (27). The SVM was superior to the RF, KNN, LR, GBDT, and XGBOOST, with the highest AUC value (0.842) in the relevant validation cohort (Table 3, Figure 6). A nomogram was constructed that combined relevant clinical features and radiomics scores. The AUC value based on the training cohort was 0.919 and 0.854 for the validation cohort, higher than those of the radiomics and clinical models (Figure 9). The stratification accuracy of the nomogram that combined radiomics features was superior to that of the models relying on radiomics or clinical risk factors alone. This result indicates that the nomogram that combined radiomics features based on limited sample information can be an optimal model for learning ability and model complexity. This model can solve nonlinearity, high dimensions, and small sample sizes (28). The combined model has been widely used in medical practice in recent years (29). Risk scores were used to represent the risk factors for predicting the treatment effect of different diseases. The combined model is simple and easier to understand than the radiomics and clinical models.

The constructed nomogram that combines radiomics features in this study can accurately predict BCa with different pathological grades based on clinical and radiomics features of NE-CT. In this research, 15 radiomics features, including second-order and higherorder texture features, were selected using the LASSO algorithm. NGTDM was the most accurate in distinguishing low-grade and high-grade BCa. Compared with other image features, NGTDM features can better reflect changes in the internal structure of the organization. It describes the difference in gray level between pixels in digital images and indicates the change in internal structure of different regions. For patients with bladder cancer, NGTDM features can effectively characterize differences between cancer cells and normal tissues. Therefore, it has higher accuracy and sensitivity for the pathological grade of bladder cancer.

NGTDM characteristics include roughness, busyness, strength, contrast, and complexity. Several studies have verified its accuracy. According to the study conducted by Gökçen Ç et al. (30), NGTDM was a technique that could be used to express the spatial diversity of pixel intensity. Song H et al. (31) reported that these characteristics can describe the local tumor texture based on differences between each voxel and the adjacent voxels in the adjacent image plane. A study by Liu J et al. (32) revealed that higher value of strength_{NGTDM} indicated an image with slower change in intensity but larger coarse differences in gray level intensities. However, this study did not combine most pathological and physiological radiomics features. Although the model combined radiomics features, information on the role and potential biological mechanism of these features in the model is scanty. Therefore, further studies are needed to explore its potential value.

This study had limitations. First, being a retrospective study, selection bias cannot be ruled out. Second, the sample size used in this research was relatively small. Therefore, studies utilizing large sample sizes are needed to validate our findings. Finally, this study was a single-center study. The multi-center collaborative study is still needed (33). To enhance the dependability of the nomogram developed in this investigation, it is necessary to validate it with data obtained from medical institutions in other geographical areas.

In conclusion, the SVM model based on NE-CT data radiomics feature extraction has excellent prediction accuracy and reliability and could be used for predicting the pathological grade of BCa preoperatively. The combined radiomics nomogram further enhances the pathological grade stratification accuracy of BCa. According to the different pathological grades of BCa, this model can be used to guide on the surgical methods. In the future, radiomics research is expected to become more advanced. By utilizing machine learning and deep learning techniques, imaging features can be automatically recognized and evaluated to provide clinical guidance, thereby streamlining the workflow of healthcare professionals and enhancing diagnostic efficiency (34). There are some problems with the quality and comparability of radiomics data due to technical differences and operational codes between different research institutions and laboratories. Hence, promoting standardization and normalization of radiomics will be a crucial area of advancement, as it can enhance the consistency and reliability of data, leading to better support for clinical practice (35).

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Data availability statement

The original contributions presented in the study are included in the article/supplementary material. Further inquiries can be directed to the corresponding authors.

Ethics statement

The studies involving human participants were reviewed and approved by Medical Ethics Committee of Jiangxi Provincial People's Hospital. Written informed consent for participation was not required for this study in accordance with the national legislation and the institutional requirements. Written informed consent was not obtained from the individual(s) for the publication of any potentially identifiable images or data included in this article.

Author contributions

The authors made the following contributions: ZD and RX made the conception for this research. Data collection and analysis were performed by ZD, WD, DJ, BF, YD and SX. ZD, WD,LX and HZ analyzed the data and drafted the article. RX, WD, SX and LZ reviewed/edited the manuscript. All the authors critically revised the article for important intellectual content. All authors contributed to the article and approved the submitted version.

Conflict of interest

Author YD wad employed by Yizhun Medical AI Co. Ltd. The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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