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RETRACTED: Corrigendum: The association between diet and cardio-metabolic risk on cognitive performance: A cross-sectional study of middle-aged Australian adults

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diet, cognition, cardio-metabolic risk, mediterranean diet, MIND diet, DASH diet

A corrigendum on

The association between diet and cardio-metabolic risk on cognitive performance: A cross-sectional study of middle-aged Australian adults

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In the published article, there was an error in Table 1, Dietary scores for MedDiet, DASH, and MIND as published. There were some typos and errors in the serves per day for the MedDiet, DASH and MIND dietary patterns. The corrected Table 1. Dietary scores for MedDiet, DASH, and MIND and its caption appear below.

The authors apologize for this error and state that this does not change the scientific conclusions of the article in any way. The original article has been updated.

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TABLE 1 Dietary scores for MedDiet, DASH, and MIND.

Food group	MedDiet			DASH			MIND		
	Item	Serves	Score	Item	Serves	Score	Item	Serves	Score
Oil and fat	Olive oil,% kcal from oil and fats	<50%	0	% kcal from fat	≥33	0	Olive oil	<50%	0
		≥50%	1		>30 to <33	0.5		≥50%	1
		fats and oils			≤30	1		fats and oils	
	Olive oil	<13.5 g	0	% kcal from saturated fatty acids	≥13	0			
		≥13.5 g	1		>10 to <13	0.5			
					≤10	1			
Fruit and vegetables	Vegetables	<2	0	Vegetables	<2	0	Green leafy vegetables	≤0.29	0
		≥2	1		≥2 to <4	0.5		>0.29 to <0.86	0.5
					≥4	1		≥0.86	1
	Fruit	<3	0	Fruits	<2	0	Other vegetables	<0.71	0
		≥3	1		≥2 to <4	0.5		≥0.71 to <1	0.5
					≥4	1		≥1	1
							Berries	<0.14	0
								≥0.14 to <0.29	0.5
								≥0.29	1
Meat	Red meat, hamburger, and meat products	>1	0	Meats, poultry and fish	≥4	0	Red meat and products	≥1	0
		≤1	1		>2 to <4	0.5		≥0.57 to <1	0.5
					≤2	1		<0.57	1
	Chicken,% kcal from meat intake	≤50%	0				Fish	<0.033	0
		>50%	1					≥0.033 to <0.14	0.5
								≥0.14	1
	Fish and shellfish	<0.43	0				Poultry	<0.14	0
		≥0.43	1					≥0.14 to <0.29	0.5
								≥0.29	1
Dairy	Butter, margarine and cream	>1	0	Dairy	<1	0	Butter and margarine	>2	0
		≤1	1		≥1 to <2	0.5		≥1 to ≤2	0.5
					≥2	1		<1	1

(Continued)

TABLE 1 (Continued)

Food group	MedDiet			DASH			MIND		
	Item	Serves	Score	Item	Serves	Score	Item	Serves	Score
							Cheese	≥1	0
								≥0.14 to <1	0.5
								<0.14	1
Nuts and legumes	Nuts	<0.43	0	Nuts, seeds, and dry beans	<0.29	0	Nuts	<0.033	0
		≥0.43	1		≥0.29 to <0.57	0.5		≥0.033 to <0.71	0.5
					≥0.57	1		≥0.71	1
	Legumes	<0.43	0				Beans	<0.14	0
		≥0.43	1					≥0.14 to ≤0.43	0.5
								>0.43	1
Grains				Total grain intake	<5	0	Whole grains	<1	0
					≥5 to <7	0.5		≥1 to <3	0.5
					≥7	1		≥3	1
				Whole grain intake	<1	0			
					≥1 to <2	0.5			
					≥2	1			
Other	Sofrito	<0.29	0	Sodium (mg/d)	>2,401	0			
		≥0.29	1		>1,500 to ≤2,401	0.5			
					≤1,500	1			
Discretionary food	Commercial sweets or pastries	≥0.43	0	Sweets	≥1.14	0	Pastries, sweets	≥1	0
		<0.43	1		>0.71 to <1.14	0.5		≥0.71 to <1	0.5
					≤0.71	1		<0.71	1
	Sweet carbonated beverages	≥1	0				Fast/fried foods (times/day)	≥0.57	0
		<1	1					≥0.14 to <0.57	0.5
								<0.14	1
Alcohol	Wine	<1	0				Wine	>1 or 0	0
		≥1	1					>0 to <1	0.5
								1	1

All in serves per day except those labeled differently. Definition of a serve was based on the original scoring of the diet, for serving sizes not reported in the original score, the USDA National Nutrient Database for Standard Reference dietary guidelines (2015–2020) was used to define a serve or the NIAA for alcohol (a more detailed description of scoring will be published elsewhere).