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EDITED BY

Yan Zhao,
Chinese Academy of Agricultural Sciences,
China

REVIEWED BY

Lei Wang,
Ocean University of China, China
Ruijie Deng,
Sichuan University,
China
Hao Dong,
Zhongkai University of Agriculture and
Engineering, China

*CORRESPONDENCE

Li Li
✉ hxskincos2017@qq.com
Lidan Xiong
✉ xionglidan@wchscu.cn

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Effects of donkey milk on UVB-induced skin barrier damage and melanin pigmentation: A network pharmacology and experimental validation study

Anqi Li^{1,2,3}, Hailun He^{1,2,3}, Yanjing Chen^{1,2,3}, Feng Liao⁴, Jie Tang^{1,2},
Li Li⁵, Yumei Fan⁴, Li Li^{1,2,3*} and Lidan Xiong^{1,2*}

¹Cosmetics Safety and Efficacy Evaluation Center, West China Hospital, Sichuan University, Chengdu, Sichuan, China, ²NMPA Key Laboratory for Human Evaluation and Big Data of Cosmetics, Chengdu, China, ³Department of Dermatology, West China Hospital, Sichuan University, Chengdu, Sichuan, China, ⁴National Engineering Research Center for Gelatin-based Traditional Chinese Medicine, Dong-E-E-Jiao Co. Ltd., Shandong, China, ⁵Laboratory of Pathology, West China Hospital of Sichuan University, Chengdu, Sichuan, China

Introduction: Dairy products have long been regarded as a controversial nutrient for the skin. However, a clear demonstration of donkey milk (DM) on skincare is required.

Methods: In this study, spectrum and chemical component analyses were applied to DM. Then, the effects of DM on UVB-induced skin barrier damage and melanin pigmentation were first evaluated *in vitro* and *in vivo*. Cell survival, animal models, and expression of filaggrin (FLG) were determined to confirm the effect of DM on UVB-induced skin barrier damage. Melanogenesis and tyrosinase (TYR) activity were assessed after UVB irradiation to clarify the effect of DM on whitening activities. Further, a network pharmacology method was applied to study the interaction between DM ingredients and UVB-induced skin injury. Meanwhile, an analysis of the melanogenesis molecular target network was developed and validated to predict the melanogenesis regulators in DM.

Results: DM was rich in cholesterol, fatty acids, vitamins and amino acids. The results of evaluation of whitening activities *in vitro* and *in vivo* indicated that DM had a potent inhibitory effect on melanin synthesis. The results of effects of DM on UVB-induced skin barrier damage indicated that DM inhibited UVB-induced injury and restored skin barrier function *via* up-regulation expression of FLG (filaggrin). The pharmacological network of DM showed that DM regulated steroid biosynthesis and fatty acid metabolism in keratinocytes and 64 melanin targets which the main contributing role of DM might target melanogenesis, cell adhesion molecules (CAMs), and Tumor necrosis factor (TNF) pathway.

Discussion: These results highlight the potential use of DM as a promising agent for whitening and anti-photoaging applications.

KEYWORDS

donkey milk, UVB, skin barrier function, melanogenesis, network pharmacology

Introduction

Exposure to ultraviolet (UV) radiation from sunlight accounts for a global rise in premature skin aging and skin cancer (1). UV rays are separable into three types through wavelength: UVC is 200–280 nm, UVA is 320–400 nm and 280–320 nm is UVB (2). Since shorter UV wavelengths

bring about more terrific impairment to the human body, the impairment induced by UVC is more pernicious than that caused by UVA and UVB (3). UVC has been mostly absorbed by the ozone layer in the atmosphere. Therefore, UVB is the most dominant UV radiation for resulting in wrinkles, laxity, coarseness, and mottled pigmentation (4). In the sunburn response, vasodilation and increased blood flow, endothelial cell activation, formation of “sunburn cells” (i.e., keratinocytes undergoing p53-dependent apoptosis), and release of inflammatory mediators occur in the epidermis and dermis before erythema and edema (5, 6). Proinflammatory cytokines, i.e., TNF- α , PGE2, PGE3, COX-2, IL-6, and IL-8, may play several roles in UVB-induced inflammation, including activation of transcription factors, upregulation of endothelial adhesion molecules, and recruitment of neutrophils to the skin (7–9).

Acute skin damage due to tanning manifests as sunburn (4). Melanogenesis, on the other hand, may protect skin from the damages caused by UV irradiation (10). Exposure to UV radiation, keratinocytes secrete an important melanogenesis regulator, α -melanocyte stimulating hormones (α -MSH), which may trigger the microphthalmia-associated transcription factor (MITF) activation through the melanocortin 1 receptor (MC1R) signaling pathway in melanocytes (11). Then, the tyrosinase (TYR) activity and melanin production are subsequently upregulated in the melanosome. Finally, melanin, which is produced and stored in melanocytes, is transferred to their attached keratinocytes. UVB-mediated pigmentation (delayed tanning) can also be triggered by an inflammatory cascade, suggesting that inflammation and sunburn are also important in the tanning response (12–14). Furthermore, UV damage to the skin triggers inflammation that decreases the expression of genes associated with permeability barrier repair (15). Filaggrin (FLG), which is thought to be a major factor in the skin barrier, is reduced by sunburn (4, 16). During the past decade, safeguarding against UV radiation has been highly studied and was promoted in lots of public health education programs (17). Researchers have frequently concentrated on how to forbid excessive UV exposure, and seldom pay attention to sunburn repairing, post-basking recovery, and pigmentation mechanisms (14, 18).

Milk, one of the most significant provisions for mammals, is the preferred form of feed supplying nutrients and energy (19). Dairy products have been regarded as a conventional nutrient for the skin and milk bath remains popular. Dairy protein allergy, nevertheless, is the most prevailing food allergy in infants, that often experience crossed sensitivity to the present substitute formulae including sheep, goats, milk hydrolysate, and soya bean milk (20). Donkey milk (DM), as a valid natural substitute for cow milk, is similar to human milk in chemical components and organoleptic characteristics (21), which draws our attention. To our knowledge, no allergic reaction to DM has been reported so far. It is said that Cleopatra took DM for a shower to lighten the skin around 3,000 years ago (22). Many milk compositions have shown promise in preclinical studies and have been undergoing active clinical trials (23). DM may benefit overall skin health and cure some skin diseases because DM is rich in vitamin A, vitamin C, niacin, phosphorus, magnesium, zinc, glycine, glutamic acid, ω 3-polyunsaturated fatty acids, lipidic prostaglandins, leukotrienes (22), all of which occur in pharmaceuticals and cosmetics.

Until now, the anti-photo damage activities of DM, especially skin barrier protection and melanin production inhibitory activities, have

not been reported yet. This paper aimed at exploring the protective effects of DM on UVB-induced skin barrier damage and melanin pigmentation *via in vitro* and *in vivo* studies. In the animal model study, DM was applied topically on the UVB-irradiated dorsum skin of mice. The thickness and integrity of these irradiated skin were evaluated at definite time points. *In vitro* study, we added DM in the culture medium of UVB-irradiated HaCaT cells and observed the viability and protein expression. Meanwhile, B16 cells were applied to evaluate TYR activity and melanogenesis with or without DM after UVB-irradiated. Besides, the mechanisms of DM on UVB-induced skin barrier damage and melanin pigmentation were evaluated *via* a network pharmacology method. Overall, DM has considerable potential as a functional ingredient in food, cosmetic and pharmaceutical applications.

Materials and methods

Materials and reagents

DM was provided by Dong-E E-Jiao Co. Ltd (Shandong, China). B16 and HaCaT cell lines were from Kunming Institute of Zoology, Chinese Academy of Sciences. Dulbecco's modified Eagle's Medium (DMEM), penicillin and streptomycin solution and trypsin (0.25%) were obtained from HyClone (GE Health Care Life Science, Little Chalfont, Buckinghamshire, United Kingdom). Ascorbic acid (Vitamin C), tyrosinase, and L-dopa were purchased from Sigma (Sigma, United States). Fetal bovine serum (FBS) was from Gibco (Thermo Fisher, Waltham, MA, United States). Phosphate-buffered saline (PBS) was purchased from Zsbio Commerce CO (Zsbio, China). CCK-8 (Cell Counting Kit-8) was gained from Dojindo (Dojindo Laboratories, Kumamoto, Japan). Trizol reagent was acquired from Invitrogen Life Technologies (Carlsbad, CA). FLG primary antibody and corresponding secondary antibody (all from rabbit, 1: 2000) were procured from Abcam company (Abcam, United Kingdom). HE Stain assay kit was procured from Solarbio (Solarbio Inc., China). All other chemicals and solvents were of analytical grade.

Microplate spectrophotometer was Bio-Rad (Bio-Rad Inc., Hercules, CA, United States). Chromatography instruments were Agilent 7890A, Agilent ICP-OES5110, Agilent 1,200, and Thermo U3000, respectively. High-speed amino acid analyzer is Hitachi L-8900. Fluoro spectrophotometries are AFC062 and AFC045. Potentiometric titrator is AFC057.

Determination of main active ingredients in donkey milk

Total amino acids composition analysis

AAs concentrations in DM were analyzed by a Hitachi L-8900 AAs analyzer (Hitachi, Ltd., Japan). A mixture of basic, acid, and neutral AAs of known concentrations (Sigma Chemical Co., St. Louis, MO) was used as standard. The samples were hydrolyzed in 6 mol HCl at 110°C for 22 h and filtered through a filter (pore size, 0.22 μ M). AAs were derived through reactions with the ninhydrin reagent and detected by the absorbances at 440 nm (proline and hydroxyproline) or 570 nm (total AAs except for proline and hydroxyproline).

Determination of fatty acids content

Fatty acids of DM were determined by Gas chromatography (GC) analysis. The fatty acids were obtained with sodium hydroxide in methanol and injected into an Agilent 7890A gas-chromatograph device (Agilent Technologies, United States), equipped with a flame ionization detector. The chromatographic column (Supelco SP-2560, China) was performed. Purified helium was used as a carrier gas with a split ratio of 1: 100. A 1.0 μ l aliquot of each sample was injected at an initial temperature of 100°C and held constant for 13 min before being increased to 180°C at 10°C/min and held for 6 min, then ramped to 200°C at 1°C/min held for 20 min and then increased to 230°C at 4°C/min held for 10.5 min. The injector and detector temperatures were set at 270°C and 280°C, respectively.

Determination of mineral content

Determination of Ca, Fe, K, Mg, Na, and Zn was carried out with an inductively coupled plasma optical emission spectrometer (Agilent Technologies, United States). For plasma generation, nebulization, and auxiliary gas, argon with a purity of 99.996% was used. Digestion of samples was also performed using HNO₃ (5% v/v) in a microwave dissolver (MARS, USA). After the digestion procedure, clear solutions were obtained, and the analytes were determined by ICP-OES. The ICP-OES operating conditions are listed in [Supplementary Table S1](#).

Determination of cholesterol content

The cholesterol content was determined according to the National Standards of the PRC. DM was saponified with methanolic potassium hydroxide, and the unsaponifiable matter was extracted by ligarine and diethyl ether, separated, and determined by HPLC. Analysis of cholesterol was performed by Agilent 1,200 (Agilent Technologies, United States) adapted a ZORBAX SB-C18 (4.6 mm \times 150 mm, 5.0 μ M) column and detected at 205 nm. The samples were filtered before injection (Millipore 0.45 μ M). Injected volume was 50 μ l, flow rate 1.0 ml/min, isocratic mode with methanol.

The determination of other chemical components (vitamin C, vitamin D2, vitamin D3, taurine, phosphorus, and chloride) of DM powder was provided in this section [Supplementary Materials and Methods](#).

Cell viability assay

Cytotoxic effect of DM on B16 or HaCaT cells was determined by the CCK-8 assay. The B16 or HaCaT cells were seeded at 2–8 \times 10⁴ cells/well in 24 well plates and incubated in a humidified incubator at 37°C under 5% CO₂ for 24 h. The cells then were cultured for 24 h with or without DM (0.1–25 mg/mL). Cell survival was calculated as the percentages of that of control. Each sample was tested for three independent analyses.

Evaluation of donkey milk on melanin pigmentation *in vitro*

Determination of melanin content

B16 cells were seeded at a density of 2–5 \times 10⁵ cells/mL in 6-well plates and incubated for 24 h. Cells were then exposed to increasing doses of DM or ascorbic acid (VC) for 48 h in the presence or absence of 100 nM α -MSH. Then harvesting and centrifugation for 10 min at

4°C, the cells were dissolved in 1 M NaOH at 80°C for 1 h. The melanin content was gauged by the absorbance of microplate reader at 405 nm.

Assay of tyrosinase activity

The cells were seeded at a density of 2–5 \times 10⁵ cells/mL in 6-well plates and cultured for 24 h. Cells were then exposed to increasing doses of DM or VC for 48 h in the presence or absence of 100 nM α -MSH. Then, cells were washed twice with PBS and lysed in 1.0% Triton X in a refrigerator at -80°C for 30 min. 0.5% L-DOPA was added to each cell lysate and incubated at 37°C for 3 h. All the values of absorbance were gauged with a spectrophotometer at 475 nm. The inhibitory activity of TYR activity was expressed as inhibition ratios of that of control.

Tyrosinase, dopachrome tautomerase, tyrosinase-related protein 1, and microphthalmia-associated transcription factor mRNA expression assay

An amount of 1 \times 10⁵ B16 cells per well were cultured in 24-well plates for 24 h and then incubated with PBS after washing for twice. Cells were then exposed to increasing doses of DM for 48 h in the presence or absence of 100 nM α -MSH. The Trizol method was applied to extract total cellular RNA according to the manufacturer's instruction. NovoScript Kit (Novoprotein, China) was then used for the amplification with real-time PCR (Bio-Rad Inc., United States). The 2- Δ CT approach was performed to investigate gene Tyr, Dopachrome tautomerase (Dct), Tyrosinase-related protein 1 (TYRP1), MITF expression and β -actin mRNA served as an endogenous control to evaluate the relative expression levels of target mRNAs. The sequences of primers were listed in [Table 1](#).

Evaluation of donkey milk on UVB-induced skin barrier damage

Filaggrin protein expression assay

An amount of 5 \times 10⁵ HaCaT cells per well were cultured in 6-well plates for 24 h. After PBS washing three times, the cells were covered with PBS and a dose of 20 mJ/cm² UVB irradiation. The cells were then cultivated in serum-free DMEM culture medium with DM added at varying concentrations for 24 h, or untreated (control, with neither

TABLE 1 The sequences of primers used for reverse transcription.

Gene	Nucleotide sequence	Size
TYR	F: 5'-CCTTCTGTCCAGTGCACCAT-3'	20
	R: 5'-TCCGCAGTTGAAACCCATGA-3'	20
DCT	F: 5'-CTTGGGGTGTGCTGGCTTTTC-3'	20
	R: 5'-CGCTGAAGAGTTCCACCTGT-3'	20
TYRP1	F: 5'-GCTTCACTTGCTGGAACACA-3'	20
	R: 5'-CGCAGGCCCTCTAAGATACGA-3'	20
MITF	F: 5'-TGCACTGGGGAGAAGTTGAT-3'	20
	R: 5'-GCTGCGGACCATACAGAAAAG-3'	20
β -actin	F: 5'-ACAGCTGAGAGGGAAATCGTG-3'	21
	R: 5'-AGAGGTCTTTACGGATGTCAACG-3'	23

F, forward primer; R, reverse primer.

UVB radiation nor DM supplement). The HaCaT cells were then acquired on an ice plate and added the lysis buffer to lyse for 30 min. Cellular extracts were then centrifuged at temperature 4°C for 15. The BCA assay (Beyotime, China) was then applied to evaluate collected total proteins' amount. Commercial SDS-PAGE gels (Beyotime, China) were utilized to separate whole proteins and protein bands, the proteins were then electro-transferred to PVDF membranes (Millipore, United States). After transferring, PVDF membranes were blocked for 30 min with the quick confining liquid (Beyotime, China). To probe corresponding target proteins, PVDF membranes were incubated with GAPDH and filaggrin (FLG) antibodies for 24 h at 4°C, subsequently incubated with secondary antibody for 1 h at 20°C. The iBright system (iBright FL1500, Thermo Fisher, USA) was employed to assess the protein bands in this study. Relative expression of objective protein (GAPDH as an internal control) was observed by electrophoresis bands' optical density and calculated with Image J (National Institutes of Health, Germany).

In vivo experiments

Six-week-old female C57BL/6 mice (Chengdu Dashuo Inc., China) were raised under standard animal husbandry conditions. This study was approved by the Ethical Committee of the West China Hospital of Sichuan University (Chengdu, China). The mice were separated randomly into five groups: a negative control group (n = 3), which was exposed to no UVB irradiation; a positive control group (n = 3), which received UVB irradiation and with no treatments; a hydrocortisone group (n = 3), which received UVB rays and treated with hydrocortisone cream; a concentration of 5 mg/ml DM treatment group (n = 3), which was exposed to UVB irradiation and treated with 5 mg/ml DM; a concentration of 10 mg/ml DM treatment group (n = 3), which was exposed to UVB irradiation and treated with 10 mg/ml DM. those external productions were applied once a day. After the treatment process, the animals were sacrificed on the 7th day, and skin lesion specimens were immersed in 4% paraformaldehyde. Hematoxylin and eosin (H&E) staining was used to demonstrate the general histopathological variations in the skin.

Network pharmacology study

Relevant targets data collection

The test report of DM ingredients was released as described above. GeneCards¹ (updated on December, 2019) (24), DrugBank² (updated on December, 2019) (25), and ChEMBL³ (updated on Dec, 2019) were used. In order to acquire integrated and accurate data, substantial work of data mining and literature searching needed to be explored to ascertain the construction of the database.

Network analysis

The targets databases for ingredients of DM and UVB-induced skin barrier damage and melanin pigmentation were utilized to mine the potential UVB-protective targets. The ingredients of DM and relevant targets databases were utilized to mine the targets. To determine the connection between ingredients and target for DM, a

network study was developed using STRING⁴ (updated on August, 2019) and plotted using Cytoscape⁵ (version 3.7.1) (26). We used Cytoscape 3.7.1 software to construct protein-protein (PPI) and component-target interaction networks. Target protein molecules were displayed by "nodes" and interrelationships by "edges." With excellent visual interface, the interaction between components and targets can be clearly shown. Pasted targets into the list of genes on the right and submitted them. We performed several gene ontology (GO) analyses ($p < 0.05$) and used Kyoto Encyclopedia of Genes and Genomes (KEGG) automatic annotation database⁶ (KAAS) to analyze the obtained targets and related signaling pathways ($p < 0.05$).

Statistical analysis

The results were shown as the mean \pm standard error (mean \pm S). Data were determined by one-way analysis of variance (one-way ANOVA) and Kruskal-Wallis H rank sum test. A value of p less than 0.01 was considered statistically significant. IBM SPSS Statistics 23 was applied.

Results

Chemical composition analysis of main active ingredients in donkey milk

Table 2 presents the experimental data on the main active components content. As shown in Table 2, the content of mineral was the highest, followed by the amino acids and fatty acids. Of the 16 amino acids identified, the most abundant were glutamic acid (Glu), Aspartic acid (Asp), leucine (Leu), lysine (Lys), valine (Val), and Arginine (Arg), which accounted for over 66% of the total amino acids (Figure 1A). The results showed that 28 kinds of fatty acids were detected in DM (Figure 1B). The content of fatty acids in DM powder was 4.5%. The content of saturated fatty acids and unsaturated fatty acids was 2.16 and 2.34%, respectively (1.12% for unsaturated fatty acids and 1.22% for polyunsaturated fatty acids). The content of unsaturated fatty acids of DM, including myristoleic (C14:1), palmitoleic (C16:1), trans-elaidic (C18:1n9t), oleic (C18:1n9c), linoleic (C18:2-9c,12c), α -linolenic acid (C18:3; ALA), cis 11-eicosenoic acid (C20:1n11c), all cis-11,14-eicosadienoic acid (C20:2-11,14c), all cis-8,11,14-eicosatrienoic acid (C20:3-8,11,14c), all cis-5,8,11,14-eicosateraenoic acid (C20:4-5,8,11,14c; ARA), all cis-13,16-docosadienoic acid (C22:2-13,16c), nervonic (C24:1).

The determination of other chemical components of DM was provided in the section [Supplementary Results](#).

Evaluation of whitening activities of donkey milk *in vitro*

The cytotoxicity of donkey milk in B16 cells

The cytotoxic effects of DM were evaluated by CCK-8 assay and light microscopic observation (Figures 2A,B). At DM concentrations

1 <https://www.genecards.org/>

2 <https://www.drugbank.ca/>

3 <https://www.ebi.ac.uk/chembl/>

4 <https://string-db.org/>

5 <https://cytoscape.org/>

6 <https://www.kegg.jp/blastkoala/>

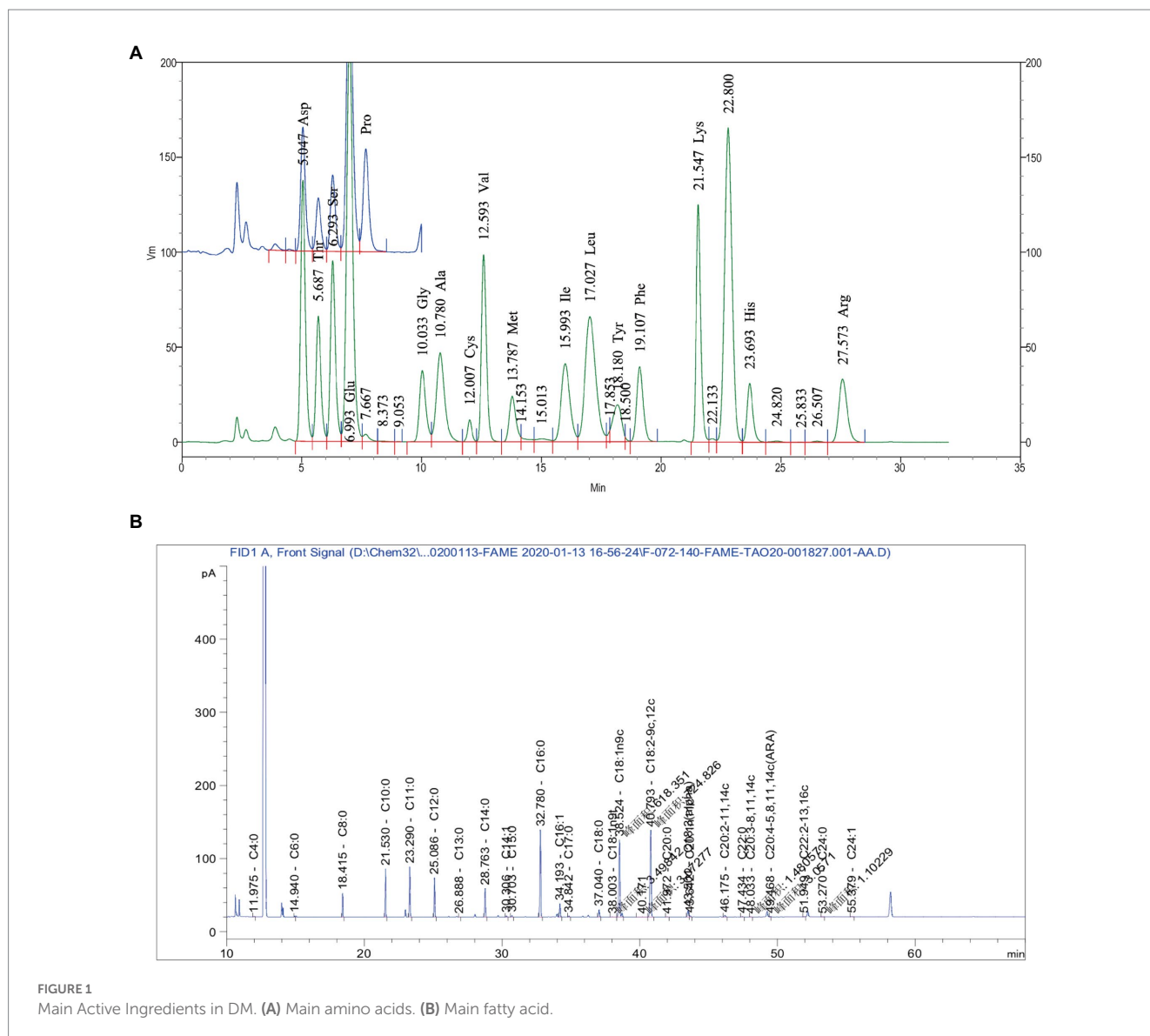
TABLE 2 The main contents of DM.

Items	Unit	Testing methods	Molecular formula	Molecular weight	Values
MUFA	g/100 g	GC	–	–	1.6
PUFA	g/100 g	GC	–	–	0.25
SFA	g/100 g	GC	–	–	3.08
LA	g/100 g	GC	C ₁₈ H ₃₀ O ₂	278.43	0.21
ALA	g/100 g	GC	C ₁₈ H ₃₀ O ₂	278.43	0.08
linoleic acid	g/100 g	GC	C ₁₈ H ₃₂ O ₂	280.44	1.12
AA	g/100 g	GC	C ₂₀ H ₃₂ O ₂	304.46	ND
DHA	g/100 g	GC	C ₂₂ H ₃₀ O ₂	328.48	ND
Vitamin C	mg/100 g	Fluoro spectrophotometry	C ₆ H ₈ O ₆	176.12	48.1
Vitamin D ₂	ug/100 g	HPLC	C ₂₈ H ₄₄ O	396.65	ND
Vitamin D ₃	ug/100 g	HPLC	C ₂₇ H ₄₄ O	384.64	ND
P	mg/100 g	Fluoro spectrophotometry	–	–	580
Cl	g/100 g	Zeta	–	–	0.58
Ca	mg/kg	ICP-OES	–	–	8.81*10 ³
K	mg/kg	ICP-OES	–	–	8.27*10 ³
Na	mg/kg	ICP-OES	–	–	2.59*10 ³
Mg	mg/kg	ICP-OES	–	–	826
Fe	mg/kg	ICP-OES	–	–	ND
Zn	mg/kg	ICP-OES	–	–	22.7
Cho	mg/100 g	HPLC	C ₂₇ H ₄₆ O	386.65	21.7
Tau	mg/100 g	HPLC	C ₂ H ₇ NO ₃ S	125.15	12.3
Glu	g/100 g	HPLC	C ₅ H ₉ NO ₄	147.13	3.48
Gly	g/100 g	HPLC	C ₂ H ₅ NO ₂	75.07	0.33
Ile	g/100 g	HPLC	C ₆ H ₁₃ NO ₂	131.17	0.86
Tyr	g/100 g	HPLC	C ₉ H ₁₁ NO ₃	181.19	0.55
Lys	g/100 g	HPLC	C ₆ H ₁₄ N ₂ O ₂	146.19	1.33
Arg	g/100 g	HPLC	C ₆ H ₁₄ N ₄ O ₂	174.20	0.9
Thr	g/100 g	HPLC	C ₄ H ₉ NO ₃	119.12	0.72
Ser	g/100 g	HPLC	C ₃ H ₇ NO ₃	105.09	0.91
Pro	g/100 g	HPLC	C ₅ H ₉ NO ₂	115.13	1.41
Ala	g/100 g	HPLC	C ₃ H ₇ NO ₂	89.09	0.61
Met	g/100 g	HPLC	C ₅ H ₁₁ O ₂ NS	149.21	0.41
Leu	g/100 g	HPLC	C ₆ H ₁₃ NO ₂	131.18	1.62
Phe	g/100 g	HPLC	C ₉ H ₁₁ NO ₂	165.19	0.81
Val	g/100 g	HPLC	C ₅ H ₁₁ NO ₂	117.15	1.06
Asp	g/100 g	HPLC	C ₄ H ₇ NO ₄	133.10	1.73
His	g/100 g	HPLC	C ₆ H ₉ N ₃ O ₂	155.00	0.49

MUFA, monounsaturated fatty acid; PUFA, polyunsaturated fatty acid; SFA, saturated fatty acid; LA, linolenic acid; ALA, α -linolenic acid; DHA, docosahexaenoic acid; AA, arachidonic acid oil; Cho, cholesterol; Tau, taurine; Glu, glutamic acid; Gly, glycine; Cys, cystine; Ile, isoleucine; Tyr, tyrosine; Lys, lysine; Arg, arginine; Trp, tryptophan; Thr, threonine; Ser, serine; Pro, proline; Ala, alanine; Met, methionine; Leu, leucine; Phe, phenylacetic acid; Val, valine; Asp, aspartic acid; His, histidine; ICP-OES, inductively coupled plasma optical emission spectrometry; HPLC, high performance liquid chromatography.

of 25 mg/ml, light microscopy revealed significant toxicity as cells became round shaped and uniformly detached from the surface. CCK-8 assay demonstrated that the difference between 25 mg/ml DM

and control group was statistically significant ($P < 0.01$). Overall, a safe concentration of DM of under 10 mg/ml was used for the next stage of the experiment.



Effect of donkey milk on melanin content in B16 cells

To explore the effect of DM, an experiment *in vitro* was applied to check whether DM activated or inhibited melanogenesis in cells that turn related-genes and proteins on and off. Treatment with various dosages of DM (0.1, 1, 10 mg/ml) showed inhibitory effect on melanogenesis in a dose-dependent manner in the B16 cells. The melanin content was 90.36% at 0.1 mg/ml, 68.67% at 1 mg/ml, and 52.81% at 10 mg/ml compared with the level of the 100 nM α -MSH group (Figure 2C). Meanwhile, B16 cells were treated with 1 mM VC as a positive standard (Figure 2C). The results indicated that DM had a potent inhibitory effect on melanin synthesis in B16 cells.

Effect of donkey milk on tyrosinase activity in B16 cells

As presented in Figure 2D, DM inhibited the TYR activity notably in a dose-dependent manner, by 81.78, 72.12, and 56.57% compared with 100 nM α -MSH at concentrations of 0.1, 1, and 10 mg/ml,

respectively. Meanwhile, the TYR activity was decreased to 71.02% after the cells were exposed to 1 mM VC.

Effect of donkey milk on the expression of melanogenesis-related genes in B16 cells

As shown in Figure 2E, inhibition of Tyr, Trp1, Dct (Trp2), and Mitf expression with 1 mM VC was observed by 0.95-, 0.88-, 0.17- and 0.48-fold of 100 nM α -MSH, respectively. The inhibitory effects of DM (0.1, 1, 1 mg/ml) on mRNA expression of Mitf were equivalent to the effects of 1 mM VC, which served as a well-known effective melanogenesis inhibitor, while the effects of 10 mg/ml DM was superior to that of 1 mM VC ($P < 0.01$). DM (0.1, 1, 1 mg/ml) inhibited mRNA expression of Dct in a dose-dependent manner. In addition, the inhibitory effects of 0.1 mg/ml DM on TYR and TRP1 were inferior to the effects of 1 mM VC, while DM (1 and 10 mg/ml) on TYR and TRP1 was superior to the effects of 1 mM VC ($P < 0.01$), further indicating that DM has a potential whitening effect.

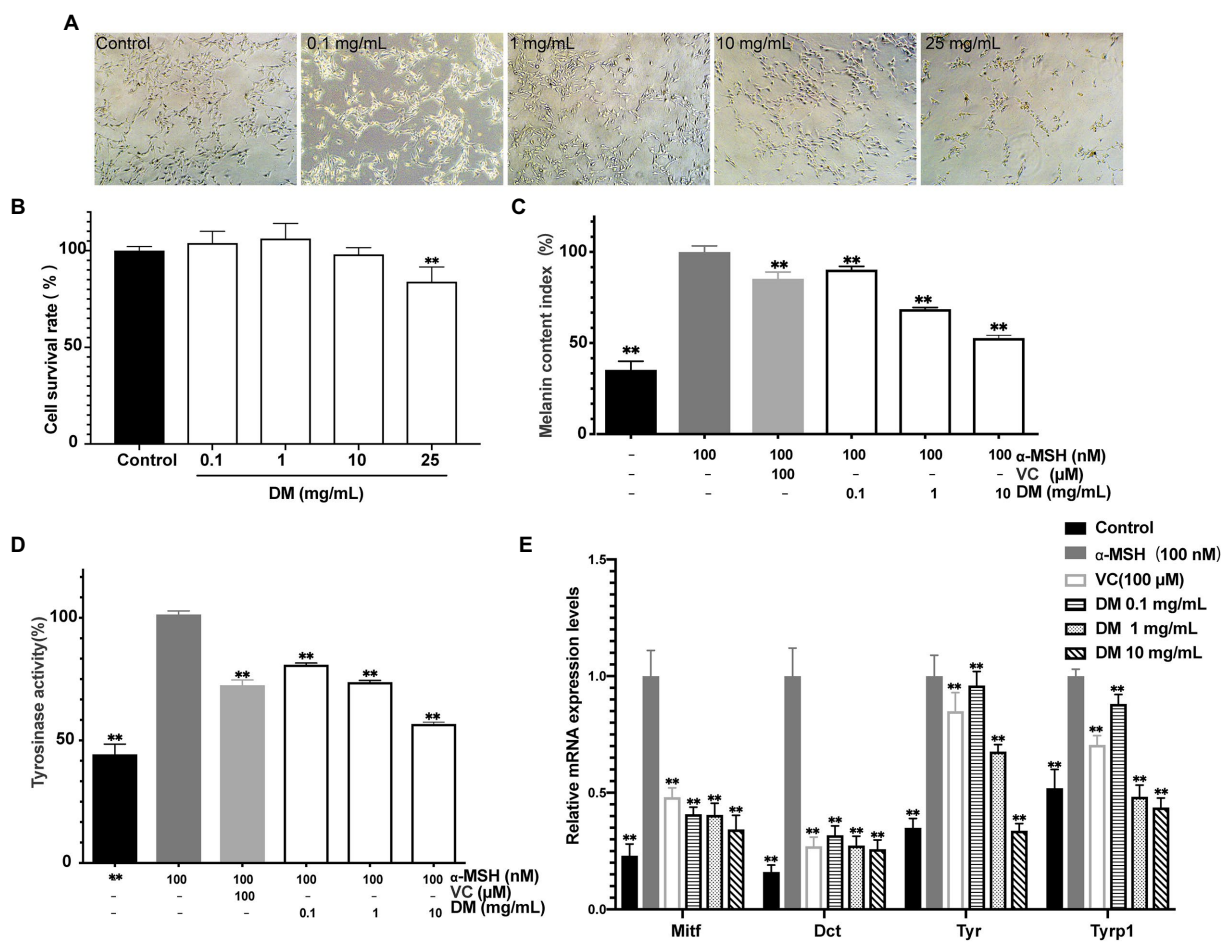


FIGURE 2 Whitening efficacy *in vitro*. (A) Light microscope image. (B) Effects of DM on B16 cell viability. (C) Effects of DM on melanin synthesis in B16 cells. (D) Effects of DM on TYR activity in B16 cells. (E) Effects of DM on expression of Mitf, Dct, Tyr, and Tyrp1 in B16 cells. The asterisk (**) indicated a significant difference ($p < 0.01$) compared to the control of (B). The asterisk (**) indicated a significant difference ($p < 0.01$) compared to the 100nM α -MSH of (C–E).

Effects of donkey milk on UVB-induced skin barrier damage

The protective effect on UVB-induced damage of donkey milk in mouse

After UVB irradiation, mice were topically treated with DM for 7 days. Figures 3A–F showed histological results of mouse skin exposed to UV and then treated with DM. After staining by hematoxylin and eosin (H&E), the control group demonstrated normal cutaneous histology which had the integrated epidermal structure and basement membrane zone without inflammatory cell infiltration. When exposed to UVB only, there was a significant acanthosis with liquefaction degeneration in basal cells, consistent with the exfoliation of epidermal and stratum corneum, severe inflammatory cells infiltration could be observed both in derma and epidermis. Hyperplasia of the spinosum and strata granulosum was illustrated as the histological alterations in UVB-irradiated skin. Compared to control group, there were significant differences when treated with DM from H&E photomicrographs. Considerable hyperplastic epidermis alterations were observed by after UVB

radiation, and an increased thickness of epidermis in DM groups were observed, suggesting that DM provided a protective effect after UVB exposure *via* enhancing the structure of keratinocytes and the epidermal thickness. Compared to the group of hydrocortisone, the DM group showed less irritation.

Effect of donkey milk on cell viability after UVB irradiation in HaCaT cells

After UVB (20 mJ/cm²) exposure, cell survival rate of HaCaT cells gradually declined to 36.2% after 24 h (Figure 3G). A concentration-dependent protective effect was indicated *via* analysis of cells survival while treated with DM. In comparison with control group (without UVB exposure), the amount of HaCaT cells after exposed to UVB was declined to exactly 73.1, 49.6 and 35.7%, after treated to DM for 1, 0.5 and 0.1 mg/ml, respectively. And the cell viability of UVB-exposed group without DM was only 36.2%. Compared to UVB group, the DM (0.1 mg/ml) group indicated no significant difference ($p > 0.05$). The results for viability of HaCaT cells after UVB exposure indicated that DM could play an important role in protecting keratinocytes against UVB injury.

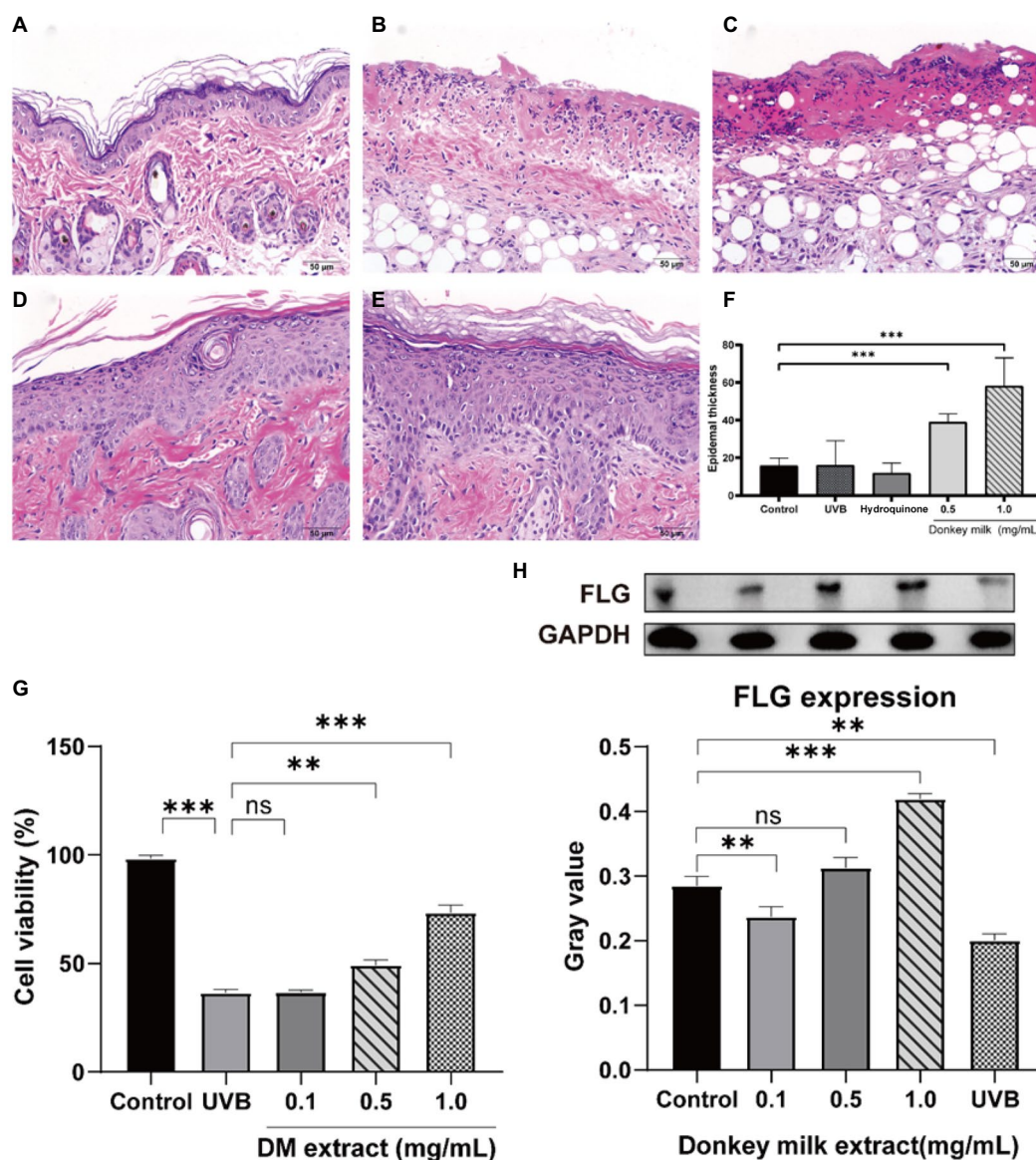


FIGURE 3 Effects of DM on UVB-induced skin barrier damage. The protective effect of DM in mouse through HE staining. (A) Control group. (B) UVB group. (C) Hydroquinone group. (D) 0.5mg/mL DM group. (E) 1mg/mL DM group. (F) Epidermal thickness. (G) Effects of DM on HaCaT cell viability after UVB exposure. (H) Effects of DM on expression of FLG in HaCaT cells. The asterisk (** and ***) indicated a significant difference ($p < 0.01$ and $p < 0.001$), the symbol (ns) indicated no significant difference.

Effect of donkey milk on the expression of filaggrin after UVB irradiation in HaCaT cells

After exposure to UVB (20 mJ/cm²), HaCaT cells were incubated with 0, 0.1, 0.5 and 1 mg/ml DM for 24 h, then cells were collected. Filaggrin (FLG) expression, one of the key structural components of the epidermal barrier, was detected through Western blot. It illustrated that UVB irradiation led to down-regulation in FLG expression compared to untreated cells ($p < 0.05$, Figure 3H). Usage of DM (0.5 and 1 mg/ml) up-regulated the FLG expression vs. UVB group ($p < 0.05$). These results indicated DM inhibited UVB-induced injury and restored skin barrier function *via* up-regulating the expression of FLG.

Network pharmacology analysis

Donkey milk—target (ingredient) -melanin related targets network

To explore the relationship between DM and the effect of lightening pigmentations, a DM-target (ingredient)—melanin-related targets pharmacological network was used. A molecular target network was developed and validated to predict the melanogenesis regulators related to 64 melanin targets. Among the constructed and visualized target prediction database, 64 DM-related targets were observed, including TYR, TRP1, DCT (TRP2), and MITF which confirmed a high correlation with melanogenesis. There were several dozens of other proteins seemingly unrelated such as fatty acid

synthetase (FAS), catalase (CAT), KIT Proto-Oncogene, Receptor Tyrosine Kinase (KIT), and Lactoperoxidase (LPO). However, using Cytoscape to construct PPI network and component-target interaction network, we found that 53 PPI-related targets were mapped after 11 protein factors were excluded (Figure 4A). According to PPI enrichment $p < 1.0e-16$, three of the most interacting nodes were TYR, TRP1, DCT (TRP2), while MITE, FAS, CAT, KIT, LPO and killer cell immunoglobulin (Ig) like receptor, KIR3DL1 were the most potent factors. In accordance with the effect, the targets ranged from strong to weak. Component-target interaction network showed that 2 major categories of related active ingredients interacted with 53 gene targets. KEGG analysis was applied to enrich the related signaling pathways ($p < 0.05$), melanogenesis, cell adhesion molecules (CAMs), TNF signaling pathway, pathways in cancer tyrosine metabolism, gap junction, MAPK pathway, steroid biosynthesis, and cytokine-cytokine receptor interaction were dominant (Figure 4B).

To investigate the protective mechanism of DM on skin recovery after UVB exposure, a DM-target (ingredient)-UVB related targets pharmacological network was used. The potential targets data of DM were obtained from GeneCards. The potential targets data of UVB injury were obtained from mRNA sequencing of HaCaT cells after 20 mJ/cm² UVB exposure. There were 72 potential targets (score > 50) related to the protective effect of DM. The top 10 of them were APOA1, HADHA, HGF, LDLR, NPC1, F2, APOA2, APOB, IL10, APOE, which were related to lipid metabolism and inflammatory reaction. Ingredient-target gene interactions' network diagrams were plotted to employ Cytoscape (Figure 4C). As shown above, DM was rich in cholesterol, fatty acids, vitamins, minerals and amino acids. Component-target interaction network showed that 4 major categories of related active ingredients interacted with 72 gene targets, which were cholesterol, fatty acids, amino acids, and vitamins, respectively (Figure 4C).

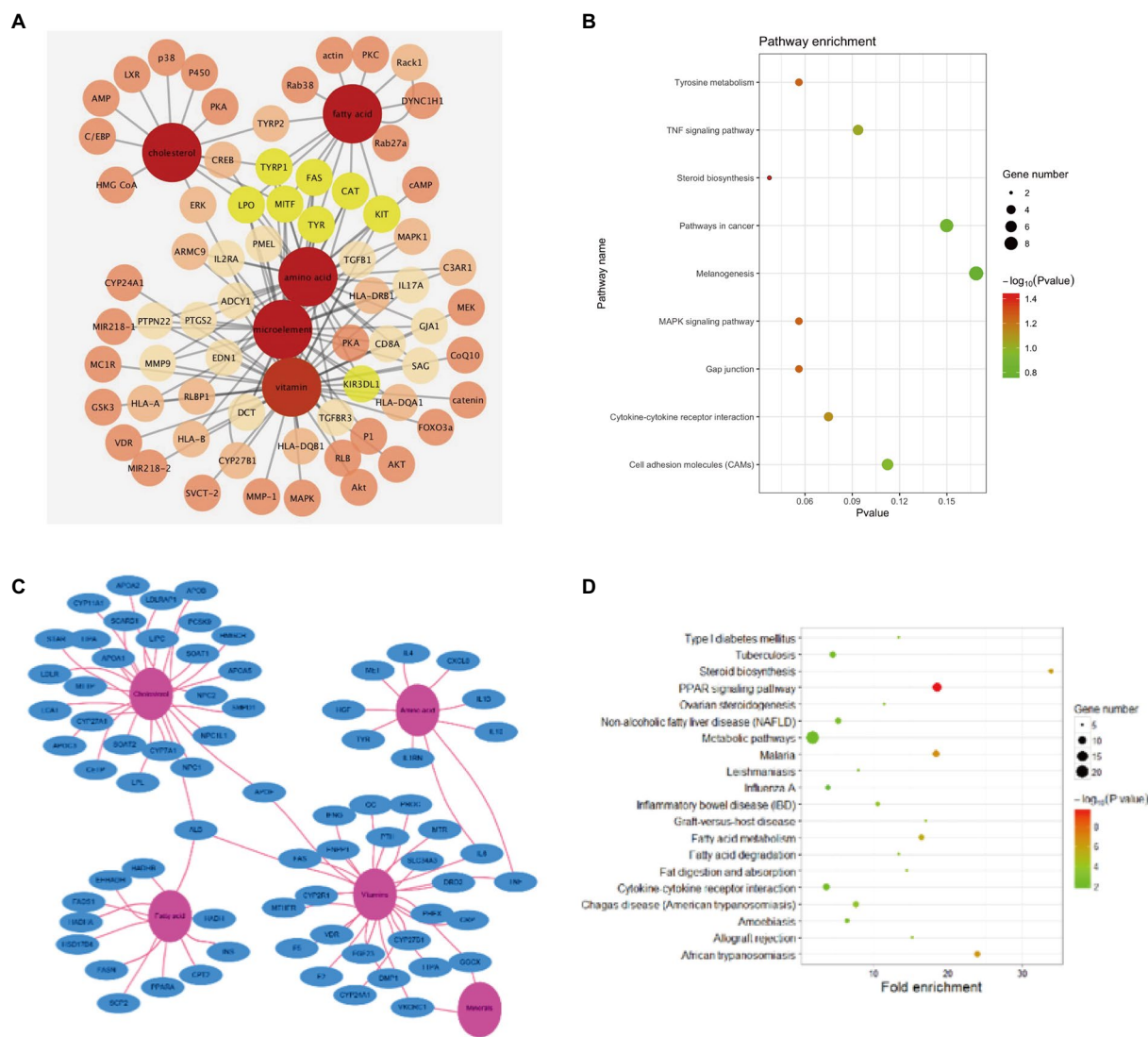


FIGURE 4 Network pharmacology analysis. (A) Components-melanin related targets interaction network. (B) Top 9 KEGG enrichment in DM components-melanin network pharmacology. (C) Components-skin barrier related targets interaction network. (D) Top 20 KEGG enrichment in DM components-skin barrier network pharmacology.

KEGG analysis was utilized to enrich the relevant signal pathways ($p < 0.05$), and the signal pathway analysis indicated that the protective effects of DM compound against UVB-induced changes might aim at the metabolic pathway, PPAR pathway, fatty acid metabolism, and steroid biosynthesis (Figure 4D). These signal pathways were associated with cell proliferation and metabolism.

Discussion

Exposure to UVB has psychological and physical benefits, especially in the synthesis of vitamin D₃ and the prevention of diseases like osteoporosis (27). However, UVB is responsible for photocarcinogenesis and sunburn response (28). Recent investigations have disclosed UVB-induced skin injury's pathology, like sunburn, photoaging, and skin cancer utilizing cells, animals, and human studies (4, 29, 30). Previous studies also have shown that UVB affected epidermal morphology, disrupted the skin barrier, increased transepidermal water loss, and decreased stratum corneum hydration (31). Initially, melanin pigmentation plays a dual role in skin: it is suggested to render photoprotection from the DNA-damaging effects of UV (32, 33) while leading to acquired hyperpigmentation disorders such as melasma (34, 35). In this context, consumers have an increasing requirement for quality natural cosmetic material. In this study, we found that DM protected against sunburn and tanning. Milk has been used to treat skin wounds for thousands of years (36, 37). In the past few years, researchers' attention has been attracted to milk products due to several bioactive components' plenteous presence (21). In this study, HPLC was employed to evaluate the composition of DM. A network pharmacology method was used to find out the potential mechanism and active compounds in DM for restoring skin barrier and pigmentation UVB-induced detriment.

By network prediction, we could find that DM was closely related to melanin metabolism. HPLC analysis revealed that DM is rich in cholesterol, fatty acids, vitamins and amino acids. DM is rich in leucine, lysine, glutamic, isoleucine, threonine, tyrosine, serine, and valine. It has been reported that alanine, glycine, phenylalanine, and aspartic acid were shown to have different effects against melanin contents and TYR activity in B16 melanoma cells according to their chemical structures or their combinations (38). Another study showed glycine hydroxamate downregulated melanin synthesis and TYR activity through activating cAMP/ PKA pathways (39). As a tripeptide component, glutathione serves long as an intravenous anti-pigmentation product by inhibiting TYR activity (40). Moreover, nicotinic acid hydroxamate inhibited the TYR activity and melanogenesis by downregulating the MEK/ ERK and AKT/ GSK3 β pathways (41). Besides, the effect of cholesterol, fatty acids, and microelement in DM on lightening pigmentation has been controversial. Some reports demonstrated that fatty acids are able to regulate the post-Golgi proteasomal degradation in ubiquitinated TYR (42). Briefly, linoleic acid and docosahexaenoic acid (DHA) decrease melanin levels, while palmitic acid (PA) increases melanin levels (43). In addition, trace elements such as calcium (Ca), magnesium (Mg), copper (Cu) and zinc (Zn) are a kind of important nutrients,

which participate in the body's metabolism as the components or activators of enzymes and receptors (44). Additionally, TYR with copper binding is the rate-limiting enzyme in melanin biosynthesis and first catalyzes hydroxylation (45). In the present study, a molecular target network was developed and validated to predict the melanogenesis regulators related to 64 melanin targets. DM was evaluated for TYR activity and melanogenesis *in vitro* with experimental validation. Thus, DM was considered to have the potential skin-whitening effect and may be supposed to develop as a safe potentially depigmented agent.

By network prediction, we could find that the nutritious ingredients of DM are the indispensable base of skin barrier reconstruction and keratinocytes survival from UVB exposure. The lipid fraction of DM consists of several nutritional significant components, such as phospholipids and polyunsaturated fatty acids. DM lipids' importance in skin structure and skin barrier function has been revealed by continued research. Researchers fed hairless mice with milk phospholipids, and discovered mice supplemented with more phospholipids showed higher concentrations of covalently-bound ω -hydroxy ceramides and an improved skin barrier function due to skin inflammation's suppression (19). Our results revealed that the efficiency of DM is dependent on the concentration, and the potential target genes are APOA1, HADHA, HGF, LDLR, NPC1, F2, APOA2, APOB, IL10, and APOE. Apolipoprotein A-II is the second most plenteous protein in high-density lipoprotein particles, and it is related to lipid metabolism (45). HADHA is related to mitochondrial function and phospholipid metabolism and HADHA's loss leads to long-chain fatty acid accumulation (46). In summary, APOA1, APOA2, APOB, APOE, HADHA, and LDLR are genes related to lipid metabolism, which is important for keratinocytes proliferation and stratum corneum lipids formation. The significant beneficial effect of DM on sunburn can be explained. Furthermore, we observed that DM can reduce UVB-induced injury by increasing HaCaT cells' survival. In addition, DM can restore the skin barrier function by increasing the expression of FLG in keratinocytes and epidermal thickness of C57BL/6 mouse skin after UVB exposure. Changes in epidermal structural proteins like FLG are frequently related to damage to cutaneous barrier function. FLG play a fundamental part in skin barrier function, and gene mutations of FLG are usually associated with the deterioration of atopic dermatitis and ichthyosis vulgaris (47, 48). Excessive exposure to sunlight can diminish epidermal FLG and result in an acquired filaggrin insufficiency (49), which is consistent with our results.

Conclusion

In this study, we suggested that DM help the skin restore after UVB exposure. We conducted *in vitro* tests to reveal that DM was protected against sunburn and tanning. The whitening effect was mainly reflected in the good inhibitory effect of DM on synthesis of melanin, tyrosinase activity, and related gene expression. DM could not only prevent UVB-induced adverse effects but also restore skin barrier function by increasing FLG's expression and regulating metabolism procedures such as lipid and steroid metabolism. Hence,

DM is desirable for skin care cosmetics against UVB-induced skin barrier damage and melanin pigmentation.

Data availability statement

The original contributions presented in the study are included in the article/[Supplementary material](#), further inquiries can be directed to the corresponding authors.

Ethics statement

The animal study was reviewed and approved by Animal Ethical and Welfare, West China Hospital, Sichuan University.

Author contributions

AL, HH, and YC: data curation. JT and YF: formal analysis. FL: funding acquisition. LL (6th author) and LX: project administration, supervision, writing—review and editing, and conceptualization. AL, YC, and LX: investigation, validation, writing—original draft, and methodology. All authors have read and agreed to the published version of the manuscript.

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Conflict of interest

FL and YF were employed by Dong-E-E-Jiao Co. Ltd.

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

The reviewer RD declared a shared affiliation with the authors LX, AL, HH, YC, JT, and LL to the handling editor at the time of review.

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Supplementary material

The Supplementary material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fnut.2023.1121498/full#supplementary-material>

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