



# Reductions in COQ2 Expression Relate to Reduced ATP Levels in Multiple System Atrophy Brain

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Multiple system atrophy (MSA) is a progressive neurodegenerative disease clinically characterized by parkinsonism and cerebellar ataxia, and pathologically by oligodendrocyte  $\alpha$ -synuclein inclusions. Genetic variants of COQ2 are associated with an increased risk for MSA in certain populations. Also, deficits in the level of coenzyme Q<sub>10</sub> and its biosynthetic enzymes are associated with MSA. Here, we measured ATP levels and expression of biosynthetic enzymes for coenzyme Q<sub>10</sub>, including COQ2, in multiple regions of MSA and control brains. We found a reduction in ATP levels in disease-affected regions of MSA brain that associated with reduced expression of COQ2 and COQ7, supporting the concept that abnormalities in the biosynthesis of coenzyme Q<sub>10</sub> play an important role in the pathogenesis of MSA.

**Keywords:** multiple system atrophy, parkinsonian disorders, COQ2, COQ7, ATP, coenzyme Q<sub>10</sub>, cerebellum

## INTRODUCTION

Multiple system atrophy (MSA) is a progressive neurodegenerative disease characterized by the clinical triad of parkinsonism, cerebellar ataxia and autonomic dysfunction (Wenning et al., 1997; Ozawa et al., 2001) and pathologically by abnormal  $\alpha$ -synuclein deposition in oligodendrocytes, called glial cytoplasmic inclusions (GCIs) (Papp et al., 1989; Spillantini et al., 1997; Gai et al., 1998). The sequence of pathological events in MSA is recognized as oligodendrocyte dysfunction first, followed by neurodegeneration and loss of neurons (Baker et al., 2006; Song et al., 2007; Huang et al., 2008). While the general consensus is that MSA is a highly sporadic disease, emerging evidence has suggested rare genetic variants increase susceptibility, although this appears to be dependent on the geographical distribution of sample patients (Soma et al., 2006; Hara et al., 2007; Stemmerger et al., 2011; Multiple-System Atrophy Research Collaboration, 2013).

One such gene is COQ2 (Multiple-System Atrophy Research Collaboration, 2013). COQ2 encodes a biosynthetic enzyme (coenzyme-Q2-polyprenyltransferase) in the production of coenzyme Q<sub>10</sub>, which is required for the production of ATP (Quinzii et al., 2006). Coenzyme

Q<sub>10</sub> is reduced in MSA and not in other parkinsonian disorders, although there is considerable variation in the amount of reduction noted (3–5% versus 40%) (Barca et al., 2016; Schottlaender et al., 2016) and the downstream deficits observed in electron chain transport enzymes (Barca et al., 2016; Schottlaender et al., 2016; Foti et al., 2019). Reductions in coenzyme Q<sub>10</sub> are likely be due to variations in other biosynthetic enzymes for coenzyme Q<sub>10</sub> production, as reductions in PDSS1 (the initiating enzyme) and COQ5 have been identified in MSA (Barca et al., 2016; Schottlaender et al., 2016). Interestingly, the level of COQ2 protein was not altered in MSA cerebellum in Tris-HCl buffer (Barca et al., 2016), a tissue fraction unlikely to contain mitochondrial proteins in abundance. To date, whether any of the changes to this pathway in MSA affect ATP production remains unknown. In this study, we assessed whether the levels of ATP are perturbed in MSA and reassessed whether biosynthetic enzymes for coenzyme Q<sub>10</sub>, including COQ2, are involved.

## MATERIALS AND METHODS

### Human Brain Tissues

Human brain tissues were obtained from the Sydney Brain Bank and NSW Tissue Resource Centre. Ethics approval was from the University of New South Wales Human Research Ethics Committee. Frozen brain tissues from 8 MSA cases and 10 controls were used in this study. MSA brains were clinically and pathologically diagnosed using international diagnostic criteria (Wenning et al., 2004). Controls were free of significant neuropathology. The mean age of MSA cases and controls were  $67.7 \pm 7.5$  and  $77.4 \pm 8.1$  years, respectively. The make up of gender (male/female) was 7/1 and 7/3, respectively. Approximately 50 mg of brain tissue from anatomically specified regions were collected using a 3-mm stainless steel biopsy needle from frozen brain slices (dissected on a bed of dry-ice).

### Detection of GCIs

Formalin-fixed coronal blocks of white matter underlying motor cortex were paraffin-embedded, cut at 10  $\mu$ m on a microtome, and mounted on 3-aminopropyltriethoxysilane-coated slides. Following pretreatment with 99% formic acid for 3 min, immunoperoxidase staining was performed using antibodies to  $\alpha$ -synuclein (mouse mAb42, BD Transduction Labs, United States; diluted 1:100) and an avidin-biotin-peroxidase detection system (Vector Laboratories, Burlingame, CA, United States). Sections were counterstained with 0.5% cresyl violet to identify cell constituents. Labeled sections were evaluated and photographed using an Olympus BX51 fluorescence microscope fitted with specific filter systems and a computerized image analysis system (SPOT camera, Image Pro Plus software).

### ATP Assay

Colorimetric ATP assay was carried out following the manufacturer's protocol (Abcam, Melbourne, VIC, Australia). Briefly, 10 mg of pulverized frozen tissues were homogenized in 100  $\mu$ l of ATP assay buffer using a motorized pestle, centrifuged

at 13,000 *g* for 5 min at 4°C, and the supernatant collected for analysis. The samples and the standards were added to a 96-well plate containing the ATP Probe reagents and incubated at room temperature in the dark for 30 min. The plate was read using a microplate reader at 570 nm and ATP levels normalized to protein concentration.

### RNA Isolation, Reverse Transcription and Quantitative PCR

RNA was isolated using TRI Reagent (Sigma, Castle Hill, NSW, Australia) following the manufacturer's protocol from control ( $n = 10$ ) and MSA ( $n = 8$ ) tissues. RNA integrity was assessed with high resolution capillary electrophoresis (Agilent Technologies) and only RNA with RNA Integrity Number value  $>6.0$  was used in the cDNA synthesis. All procedures were carried out using RNase-free reagents and consumables. Five micrograms of RNA was reverse transcribed into cDNA using Moloney-murine leukemia virus reverse transcriptase and random primers (Promega, Annandale, NSW, Australia) in a 20  $\mu$ l reaction volume. cDNA was used as a template in the quantitative real-time PCR (qPCR) assay, which was carried out using a Mastercycler ep realplex S (Eppendorf) and the fluorescent dye SYBR Green (Bio-Rad), following the manufacturer's protocol. Briefly, each reaction (20  $\mu$ l) contained 1 $\times$  RealMasterMix, 1 $\times$  SYBR green, 5 pmoles of primers and 1  $\mu$ l of template. Amplification was carried out with 40 cycles of 94°C for 15 sec and 60°C for 1 min. Gene expression was normalized to the geometric mean of three housekeeper genes,  $\beta$ -actin, GAPDH and glucuronidase- $\beta$ . The level of expression was calculated using the comparative threshold cycle (Ct) value method using the formula  $2^{-\Delta\Delta Ct}$  (where  $\Delta\Delta Ct = \Delta Ct \text{ sample} - \Delta Ct \text{ reference}$ ).

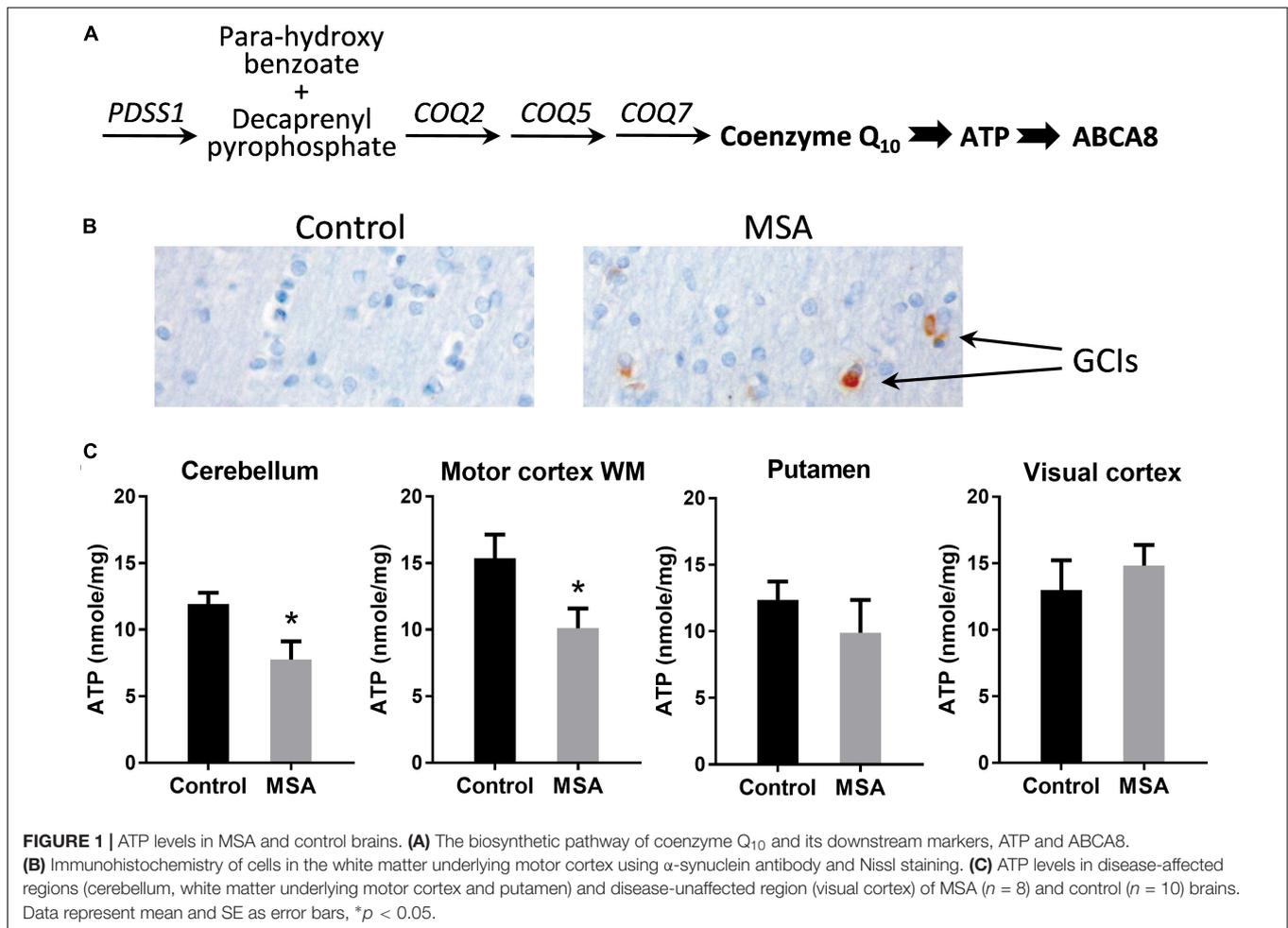
### Statistical Analysis

MSA and control tissue samples examined were  $n = 8$  and  $n = 10$ , respectively. Data presented are expressed as mean  $\pm$  SE shown by the error bars. Statistical significance was analyzed using the Student's *t*-test with a  $p < 0.05$  considered significant.

## RESULTS AND DISCUSSION

### Decreased ATP Levels in MSA Brain

Coenzyme Q<sub>10</sub> is responsible for ATP production (Figure 1A). Here, we analyzed brain tissues from eight clinically and pathologically characterized MSA cases (Wenning et al., 2004) and ten controls without significant neuropathology. Frozen tissue from four specific brain regions were analyzed – disease-affected degenerating gray matter (cerebellum and putamen), disease-affected without significant degeneration (white matter underlying motor cortex) and an unaffected region of the brain (visual cortex). Firstly, we confirmed, by immunohistochemistry, that GCIs were present in the disease-affected regions of MSA brain (Figure 1B). We then measured ATP levels and found that they were significantly decreased in the cerebellum and motor cortex with a non-significant decrease in the putamen, and no differences in the visual cortex (Figure 1C).

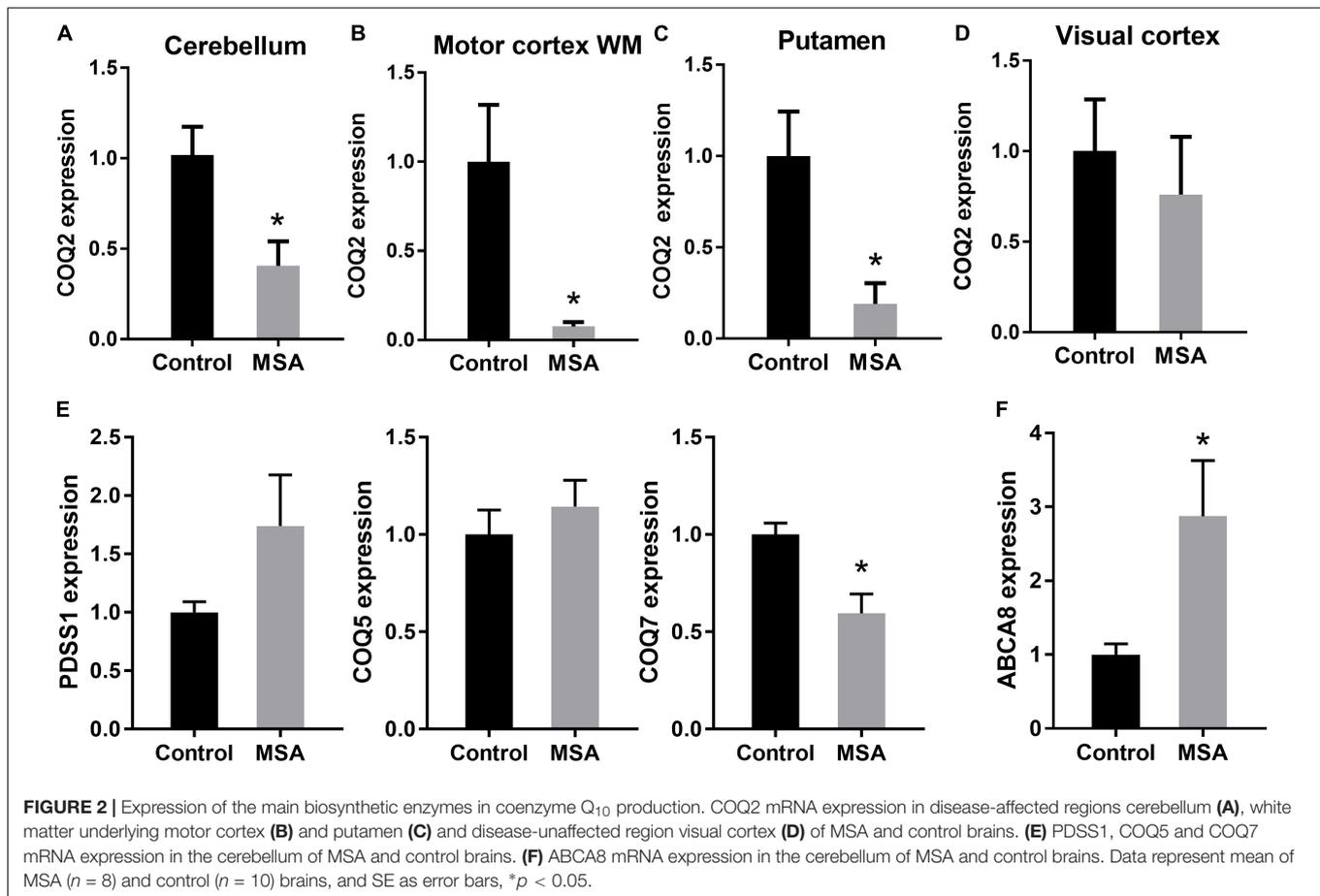


*In vivo* magnetic spectroscopic imaging evaluation of ATP levels in the basal ganglia in early MSA patients also showed no significant reduction (Stamelou et al., 2015), but our results suggest that ATP levels are affected in the cerebellar pathways, at least over the disease course. This is consistent with the reliable reduction in coenzyme Q<sub>10</sub> measured in cerebellar samples, as compared with striatal samples (Barca et al., 2016; Schottlaender et al., 2016). The cerebellum has the highest density of ATP binding sites in the brain (Balcar et al., 1995), using ATP to upregulate synaptic activity (Deitmer et al., 2006). Of note, lower ATP levels are found in the human cerebellum compared with other brain regions (Hetherington et al., 2001) and our data suggests a further reduction in MSA similar to the previously described 30–40% reduction in enzymatic activity in the electron transport chain in MSA (Barca et al., 2016; Schottlaender et al., 2016).

### Decreased COQ2 and COQ7 Expression in MSA Brain

To account for the decreased ATP levels in MSA, we then analyzed the expression of COQ2 in the same four tissues.

COQ2 plays a pivotal role in the biosynthesis of coenzyme Q<sub>10</sub>, combining two essential components, para-hydroxybenzoate and decaprenyl-pyrophosphate (Figure 1A). We found that COQ2 mRNA levels were significantly decreased in MSA compared to controls in all three disease-affected regions and unaltered in the visual cortex (Figure 2A). In addition, we analyzed the expression of PDSS1, COQ5, and COQ7 mRNAs in the cerebellum. We found that COQ7 mRNA levels were significantly decreased in MSA compared to controls, whereas PDSS1 and COQ5 mRNA levels were unchanged (Figure 2B). While this contrasts with previous data using the most soluble protein fraction of MSA cerebellar tissue (Barca et al., 2016; Schottlaender et al., 2016), our data show significantly reduced expression of COQ2 and COQ7 mRNAs and not PDSS1 and COQ5 mRNAs in this region in MSA. The loss of soluble PDSS1 and COQ5 protein described previously (Barca et al., 2016; Schottlaender et al., 2016) may reflect a compensatory redistribution of these proteins to mitochondrial tissue fractions. Importantly, we found that COQ2 (Spearman's correlation = 0.489;  $P < 0.05$ ) and COQ7 (Spearman's correlation = 0.555;  $P < 0.05$ ) expression levels were correlated to ATP levels in the cerebellum, supporting a relationship between reductions in COQ2 and COQ7 mRNA



levels and ATP levels in MSA tissue. Furthermore, COQ2 and COQ7 expression levels were correlated to each other (Spearman's correlation = 0.535;  $P < 0.05$ ).

To further investigate the impact of decreased COQ2/COQ7 mRNA levels on ATP production in MSA, we measured the expression of the ATP-dependent gene ABCA8 (ATP Binding Cassette A8), which is implicated in oligodendrocyte lipid dysregulation in MSA pathogenesis (Bleasel et al., 2013; Kim et al., 2013). We found that ABCA8 mRNA expression was significantly upregulated in MSA cerebellum compared to controls (Figure 2C) as a feedback response to the decreased ATP levels in MSA brain. When put together, these data suggest that the biosynthetic enzymes involved in the coenzyme Q<sub>10</sub> production are specifically altered in disease-affected regions of MSA brain, resulting in the reduction of coenzyme Q<sub>10</sub> and ATP levels, and a subsequent alteration in ATP-dependent activity. These results support further investigation into the role of biosynthetic enzymes in coenzyme Q<sub>10</sub> production in MSA pathogenesis.

## DATA AVAILABILITY STATEMENT

The datasets generated for this study are available on request to the corresponding author.

## ETHICS STATEMENT

The studies involving human participants were reviewed and approved by the University of New South Wales Human Research Ethics Committee. The patients/participants provided their written informed consent to participate in this study.

## AUTHOR CONTRIBUTIONS

WK conceived and designed the study. WK and GH wrote the manuscript. All authors participated in the acquisition and analysis of the data.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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