



# Corrigendum: Neuroinflammation and Cytokines in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS): A Critical Review of Research Methods

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## A Corrigendum on

**Neuroinflammation and Cytokines in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS): A Critical Review of Research Methods**

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In the original article, there was a mistake in Appendix **Table A1**, Cytokine studies of ME/CFS as published. In the “Montoya et al. (2017)” row, the words “and plasma” should have been removed from the “Sample matrix” column as only the serum was analyzed. The words “kit not specified” from the “Kits” column should also be removed. The specific model/catalog number of their 51-multiplex array was not specified, but the table’s wording could be misinterpreted because Montoya et al. (2017) specified other assay details.

The corrected **Table A1**, Cytokine studies of ME/CFS appears below.

The authors apologize for this error and state that this does not change the scientific conclusions of the article in any way. The original table in the article has been updated.

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**TABLE A1 |** Cytokine studies of ME/CFS.

Study	Diagnostic criteria	Sample handling and processing			Assays			Assay results				
		Sample matrix	Collection (Specifications or note)	Time of collection	Storage	Method	Manufacturer	Kits	Increase	Decrease	No difference	
Lynn et al. 2018 (109)	Fukuda et al. 1994 (71)	Plasma	samples taken at 30 min intervals on two consecutive days	10:00 a.m.–12:00 p.m.	–80°C	Multiplex	BD Biosciences	Human CBA kit	IL-6, TNF- $\alpha$ (response to low dose dex, LPS)	IP-10, IL-12/23p40		
Richardson et al. 2018 (110)	Carruthers et al. 2003 (223)	Serum	non-fasting blood samples collected after 20-min standing test	–	–	Both	BD Biosciences; activin ELISA supplied by Oxford Brookes University	Human CBA kit 560484	serum activin B		IL-2, IL-4, IL-6, IL-10, TNF, IFN- $\gamma$ , IL-17A, activin A	
Oka et al. 2018 (111)	Fukuda et al. 1994 (71), Carruthers et al. 2011 (225), and SEID, 2015 (230)	Serum and plasma (TGF- $\beta$ 1, BDNF)	after 8 weeks of intervention, blood sampling before and after the last session	2:00–4:00 p.m.	–80°C	ELISA	Fujirebio, R&D, pbl assay science, BioSource Europe S.A.; R&D Multi-Subtype Serum ELISA kit; MEDGENIX human IFN $\gamma$ EASIA kit; Quantikine; Quantikine ELISA human TGF- $\beta$ 1 kit, BDNF kit	IL-6 CLEIA cartridge; Quantikine high-sensitivity ELISA human TNF- $\alpha$ immunoassay; VentriKine Human Interferon Alpha		TNF- $\alpha$	IL-6; IFN- $\alpha$ ; IFN- $\gamma$ ; TGF- $\beta$ 1, BDNF	
Moneghetti et al. 2018 (112)	Fukuda et al. 1994 (71) and Carruthers et al. 2011 (225) for PEM	Serum	fasting blood sample	morning	–80°C	Multiplex	Aifymetrix	51-Plex Lumindex bead kit	CXCL10	IL-8, CXCL10, CCL4, TNF- $\beta$ , ICAM-1	IL-1 $\alpha$ , IL-1 $\beta$ , IL-1RA, IL-2, IL-4, IL-5, IL-6, IL-7, IL-8, IL-10, IL-12p40, IL12p70, IL-13, IL-15, IL-17, IL-17F, IL-18, LIF	
Milrad et al. 2018 (115)	Fukuda et al. 1994 (71)	Plasma	–	11:00 a.m.–3:00 p.m.	–80°C	Multiplex	Quareys (R&D)	Q-plex Human cytokine screen	IL-2, IL-6, TNF- $\alpha$			
Wyller et al. 2017 (113)	Fukuda et al. 1994 (71) and Carruthers et al. 2003 (223)	Plasma	fasting blood sample, no tobacco	7:30–9:30 a.m.	–80°C	Multiplex	Bio-Rad Laboratories	Bio-Plex Human TGF- $\beta$ 3-Plex			TGF- $\beta$ 1, TGF- $\beta$ 2, TGF- $\beta$ 3	
Roerink et al. 2017 (114)	Fukuda et al. 1994 (71) and Carruthers et al. 2003 (223)	Plasma	before and after 4 weeks of treatment	–	–80°C	Multiplex	Olink Proteomics AB; R&D	Proseek Multiplex Inflammation panel; TGF- $\beta$ duo-set DY240	Positively associated with risk of being an ME/CFS patient: CXCL10, CXCL9, CCL4, IL12 $\beta$ , CCL28, CCL25, CCL20, CCL11, FGF5, IL6, CCL23, CX3CL1, IL10, CXCL5	Negatively associated with risk of being an ME/CFS patient: CXCL6, IL-17c, TSLP, PD-L1, IL-24, IL-13, IL-20, IL-33, LIF, IL-5		IFN- $\gamma$ , IL-1 $\alpha$ , IL-2, IL-4, IL-17A, TNF, MCP-3, IL-17c, TSLP, PD-L1, IL-24, IL-13, IL-20, IL-33, LIF, IL-5
Montoya et al. 2017 (116)	Fukuda et al. 1994 (71)	Serum	–	8:30 a.m.–3:30 p.m.	–80°C	Multiplex	Aifymetrix	51-multiplex array	TGF- $\beta$ ; IL-13 in severe group (when stratified by severity); significant upward linear trend across severity: CCL11, CXCL1, CXCL10, G-CSF, GM-CSF, IFN- $\gamma$ , IL-4, IL-5, IL-7, IL-12p70, IL-13, IL-17F; leptin, LIF, NGF, SOF; TGF- $\alpha$	resistin; significant nonlinear inverted trend: ICAM1, resistin	34 others from 51-multiplex array	

(Continued)

**TABLE A1 | Continued**

Study	Diagnostic criteria	Sample handling and processing				Assays		Assay results					
		Sample matrix	Collection (Specifications of note)	Time of collection	Storage	Method	Manufacturer	Kits	Increase	Decrease	No difference		
Nagy-Szakal et al. 2017 (117)	Fukuda et al. 1994 (71) and Caruthers et al. 2003 (223)	Plasma	-	-	-80°C	Multiplex	Alfymetrix	Customized Procarta immunoassay (61-plex)			IL1 $\alpha$ , IL1 $\beta$ , IL1RA, IL18, IL2, IL4, IL7, IL9, IL13, IL15, IL5, IL6, IL6, ILF, IL31, IL10, IL21, IL22, IL12p40, IL12p70, IL23, IL27, IL17A, IL17F, IFN $\alpha$ 2, IFN $\beta$ , IFN $\gamma$ , TNF $\alpha$ (TNFSF2), TNF $\beta$ (TNFSF1), sFasL (TNFSF6), TRAIL (TNFSF10), CCL2 (MCP1), CCL3 (MIP1a), CCL4 (MIP1b), CCL5 (RANTES), CCL7 (MCP3), CCL11 (eotaxin), CXCL1 (GRO $\alpha$ ), CXCL8 (IL8), CXCL9 (MIG), CXCL10 (IP10), CXCL12a (SDF1a), PDGFBB, VEGFA, VEGFD, sICAM1 (CD54), VCAM1 (CD106), serpin E1 (PAI1), leptin, resistin, TGF $\alpha$ , TGF $\beta$ , FGF8, $\beta$ NGF, HGF, SOF, MCSF (CSF1), GMCSF(CSF2), GCSF (CSF3), PIGF1, EGF, BDNF		
Hornig et al. 2017 (118)	Fukuda et al. 1994 (71) and/or Caruthers et al. 2003 (223)	CSF	CSF samples from biobank	-	-80°C	Multiplex	Alfymetrix	Customized Procarta immunoassay (51-plex)	FGFb in Classical-ME/CFS-short duration compared to Atypical-ME/CFS-short duration; SOF in Classical-ME/CFS duration compared to illness duration	IL1 $\beta$ , IL5, IL7, IL13, IL17A, IFN $\alpha$ 2, IFN $\gamma$ , TNF $\alpha$ , TRAIL (TNFSF10), CCL2, CCL7, CXCL5, CXCL9, CSF3 (GCSF), $\beta$ NGF, resistin, serpin E1 (PAI1) in Atypical-ME/CFS-short duration compared to Classical-ME/CFS duration; IL7, IL17, CXCL9, in Atypical-ME/CFS-long duration compared to Classical-ME/CFS-short duration; IL6, IL17, in Atypical-ME/CFS-long duration compared to Classical-ME/CFS-long duration	IL1ra, IL1 $\alpha$ , IL2, IL4, CXCL8 (IL8), IL10, IL12p40, IL12p70, IL15, IL17F, TNF $\beta$ , CD40L, sFasL, CCL3 (MIP1a), CCL4 (MIP1b), CCL5 (RANTES), CCL11 (eotaxin), CXCL10 (IP10), TGF $\alpha$ , TGF $\beta$ , CSF1 (MCSF), CSF2 (GMCSF), PDGFBB, HGF, VEGFA, ILF, leptin, sICAM1 (CD54), VCAM1 (CD106)		

(Continued)

TABLE A1 | Continued

Study	Diagnostic criteria	Sample handling and processing				Assays			Assay results		
		Sample matrix	Collection (Specifications of note)	Time of collection	Storage	Method	Manufacturer	Kits	Increase	Decrease	No difference
Hanevik et al. 2017 (119)	Fukuda et al. 1994 (71)	PBMC	fasting blood samples	8:00-9:00 a.m.	-80°C	Multiplex	Bio-Rad Laboratories	Bioplex assays, kits not specified	sCD40L in Gardia-exposed vs. unexposed ME/CFS subjects, and in post-infective-ME/CFS vs. no post-infective fatigue group		IFN- $\gamma$ , TNF- $\alpha$ , IL-1 $\beta$ , IL-2, IL-4, IL-6, IL-9, IL-10, IL-13, IL-17A, IL-22, MIP-1 $\alpha$ , MIP-1 $\beta$ , TGF $\beta$ 1, TGF $\beta$ 2, TGF $\beta$ 3, GM-CSF
Lidbury et al. 2017 (120)	Caruthers et al. 2003 (223)	Serum	non-fasting samples collected after 20-min standing test	-	-	Both	BD Biosciences; activin kit supplied by Oxford Brookes University	Human CBA kit 560484	Activin B		IL-2, IL-4, IL-6, IL-10, IL-17A, TNF, IFN- $\alpha$ , activin A, follistatin
Milrad et al. 2017 (121)	Fukuda et al. 1994 (71)	Plasma	x	11:00 a.m.-3:00 p.m.	-80°C	ELISA	Quanays Biosciences	Q-plex Human cytokine screen	IL-1 $\beta$ , IL-6, TNF- $\alpha$ within CFS patients associated with poor sleep quality in ME/CFS		
Lunde et al. 2016 (122)	Fukuda et al. 1994 (71) and Caruthers et al. 2003 (223)	Serum and plasma	x	-	-80°C	ELISA	R&D; Invitrogen/Life technologies	BAFF and APRIL kits	BAFF in intervention group relative to baseline		APRIL
Huth et al. 2016 (123)	Fukuda et al. 1994 (71)	PBMC	x	7:30-10:00 a.m.	-	Neither	BD Biosciences; Biologend	intracellular staining of stimulated and unstimulated PBMC cultures			IFN- $\gamma$ , TNF- $\alpha$ and GM-CSF increased in culture after challenge, but no difference between groups
Russell et al. 2016 (124)	Jason et al. 2006 (226) and Fukuda et al. 1994 (71) and ICD	Plasma	fasting blood sample	morning	-80°C	ELISA	Quanays Biosciences	Q-plex Human cytokine screen (16-plex)	IL-4, IL-5, IL-12, IL-13, IL-15, IL-17, IL-18, IL-23 in patients relative to healthy controls; IL-23 in ME/CFS adolescents		IL-1 $\alpha$ , IL-1 $\beta$ , IL-2, IL-6, IL-10, IL-13, IL-17, IFN $\gamma$ , TNF $\alpha$
Landi et al. 2016 (125)	Fukuda et al. 1994 (71) and Caruthers et al. 2003 (223)	Plasma	samples from Solve ME/CFS BioBank	-	-80°C	ELISA	Meso Scale Discovery	MSD Human V-PLEX Plus Kits: Chemokine Panel 1, Cytokine Panel 1, and Pro-inflammatory Panel 1; Human Eotaxin-2 Kit, a custom-designed 3-Plex kit, a custom-designed 1-Plex kit	CCL24 univariate analysis	IL-1 $\beta$ , IL-7, VEGF-A, CXCL9, CXCL10, CXCL11, CXCL12, CXCL13, CXCL16, CXCL17, CXCL20, CXCL21, CXCL22, CXCL23, CXCL24, CXCL25, CXCL26, CXCL27, CXCL28, CXCL29, CXCL30, CXCL31, CXCL32, CXCL33, CXCL34, CXCL35, CXCL36, CXCL37, CXCL38, CXCL39, CXCL40, CXCL41, CXCL42, CXCL43, CXCL44, CXCL45, CXCL46, CXCL47, CXCL48, CXCL49, CXCL50, CXCL51, CXCL52, CXCL53, CXCL54, CXCL55, CXCL56, CXCL57, CXCL58, CXCL59, CXCL60, CXCL61, CXCL62, CXCL63, CXCL64, CXCL65, CXCL66, CXCL67, CXCL68, CXCL69, CXCL70, CXCL71, CXCL72, CXCL73, CXCL74, CXCL75, CXCL76, CXCL77, CXCL78, CXCL79, CXCL80, CXCL81, CXCL82, CXCL83, CXCL84, CXCL85, CXCL86, CXCL87, CXCL88, CXCL89, CXCL90, CXCL91, CXCL92, CXCL93, CXCL94, CXCL95, CXCL96, CXCL97, CXCL98, CXCL99, CXCL100	IL-17A, TNF $\alpha$ , CCL19, CCL11, IL-1 $\beta$ , TNF $\alpha$ , CCL3, CCL17, CCL2, IFN- $\gamma$ , IL-15, CCL26, IL-6, IL-12/23p40, CCL22, IL-5, CCL13, IL-1 $\alpha$ , CCL4, GM-CSF, IL-10, IL-4, IL-13, IL-2, CXCL10, IL-12p70, IL-8, B2M
Hardcastle et al. 2015 (126)	Fukuda et al. 1994 (71)	Serum	non-fasting blood sample	8:30-11:30 a.m.	-	Multiplex	BioRad	BioPlex Pro human cytokine	IL-1 $\beta$ in moderate compared to severe ME/CFS; IL-7, IL-8, RANTES in moderate compared to severe ME/CFS and healthy controls; IFN- $\gamma$ in severe compared to moderate ME/CFS	IL-6 in moderate compared to severe ME/CFS and healthy controls, PDGF-BB, TNF- $\alpha$ and VEGF	IL-1 $\alpha$ , IL-2, IL-4, IL-5, IL-6, IL-9, IL-10, IL-12p70, IL-13, IL-17, FGF, eotaxin, G-CSF, GM-CSF, IP-10, PDGF-BB, TNF- $\alpha$ and VEGF

(Continued)

**TABLE A1 |** Continued

Study	Diagnostic criteria	Sample handling and processing				Assays			Assay results		
		Sample matrix	Collection (Specifications of note)	Time of collection	Storage	Method	Manufacturer	Kits	Increase	Decrease	No difference
Peterson et al. 2015 (127)	Fukuda et al. 1994 (71)	CSF	CSF samples via lumbar puncture	-	-80°C	Multiplex	BioRad	BioPlex Pro human cytokine	IL-10		IL-1ra, IL-2, IL-6, IL-7, IL-8, IL-9, IL-12p70, IL-13, IL-15, IL-17, basic FGF, eotaxin, G-CSF, GM-CSF, IFN-γ, IP-10, MCP-1, RANTES, TNF-α, and PDGF-BB
Khaibouline et al. 2015 (128)	Fukuda et al. 1994 (71) or ICC 2011	Serum	x	-	-80°C	Multiplex	Bio-Rad Laboratories	Bio-Plex Human Cytokine 27-Plex Panel	CCL1, CCL2, CCL20, CCL3, CXCL10, IFNγ, IL-1, IL-10, IL13, IL-1β, IL25, IL-31, IL-4, IL-6, IL-7, IL12 (p75), TNF	CCL11, CCL17, CCL19, CCL21, CCL25, CCL26, CCL3, CCL4, CCL5, CCL8, CSF1, CSF3, CXCL11, CXCL12a, CXCL12ab, CXCL13, CXCL16, CXCL2, CXCL5, CXCL9, FGF (p40), IL-15, IL-16, IL-17A, IL-18, IL-1RA, IL-1α, IL-1b, IL-2, IL-21, IL-22, IL-23, IL-3, IL-33, IL-6, IL-2RA, LIF	CCL13, CCL22, CCL23, CCL24, CCL27, CCL7, CXCL11, CXCL12a, CXCL12ab, CXCL13, CXCL16, CXCL2, CXCL5, CXCL9, FGF, GMCSF, IFN-α, IL-12
Wyller et al. 2015 (129)	Fukuda et al. 1994 (71)	Plasma	fasting blood samples	7:30-9:30 a.m.	-80°C	Multiplex	Bio-Rad Laboratories	Bio-Plex Human Cytokine 27-Plex Panel		IL-1β, IL-1RA, IL-2, IL-4, IL-5, IL-6, IL-7, IL8, IL-9, IL-10, IL-12, IL-13, IL-17, IFN-c, CCL2, CCL3, CCL4, CCL5, CXCL10, PDGF-BB, VEGF, FGF, TNF	IL-1β, IL-1RA, IL-2, IL-4, IL-5, IL-6, IL-7, IL8, IL-9, IL-10, IL-12, IL-13, IL-17, IFN-c, CCL2, CCL3, CCL4, CCL5, CXCL10, PDGF-BB, VEGF, FGF, TNF
Hornig et al. 2015 (130)	Fukuda et al. 1994 (71) and Caruthers et al. 2003 (223)	Plasma	-	10:00 a.m.-2:00 p.m.	-80°C	ELISA	Atymethix	customized Procarta immunoassay	Leptin	IL-6, IL-8, IL-10, IL-1a, IL17A, sFasL, CXCL10, MCSF.	TGF-β, IL-1β, IL-1α, TNF, IFN-α, IL-2, IL-12, IFN-c, IL-4, IL-13, IL-5, IL-15, IL-7, IL-13, IL-9, GMCSF, LIF, CD40L, TRAIL, CCL2, CCL3, CCL4, CCL5, CCL7, CCL11, CXCL1, CXCL5, CXCL9, PDGF-BB, VEGFA, sICAM-1, VCAM-1, TGF-α, FGFb, bNGF, HGF, SCF, GCSF
Neu et al. 2014 (131)	Fukuda et al. 1994 (71)	Serum	samples collected after 2nd night of polysomnography (in-dwelling cannula)	early morning	-20°C	Multiplex	BD Biosciences	CBA Human flex-set kit	IL-1β, TNF, IL8, IL-10	IL-6, IFNc	
Nakatomi et al. 2014 (8)	Fukuda et al. 1994 (71) and ICC 2011	Serum	-	-	-80°C	-	analyzed by the Mitsubishi Chemical Medience Corps	-		IL-1β, IL-6, TNF, IFN-c	
Garcia et al. 2014 (132)	Fukuda et al. 1994 (71)	Serum	x	-	-	Multiplex	Millipore	-	IL-6, IL-2, IL12, IFN-c, GMCSF, CXCL10		IL-1β, IL-1α, IL-6, TNF, IL-8, IL-10, IFN-α, IL-4, IL-5, IL-7, IL-8, CCL2, CCL3, CCL4

(Continued)

**TABLE A1 | Continued**

Study	Diagnostic criteria	Sample handling and processing				Assays			Assay results		
		Sample matrix	Collection (Specifications of note)	Time of collection	Storage	Method	Manufacturer	Kits	Increase	Decrease	No difference
Nakamura et al. 2013 (133)	Fukuda et al. 1994 (71)	Plasma	venous sampling throughout two nights, twice asleep and once awake (indwelling cannula)	1:00, 3:00, 5:00, 8:00 a.m.	-80°C	Multiplex	Millipore	Milliplex human multip cytokine detection system			IL-1 $\beta$ , IL-6, TNF, IL-8, IL-10, IL-4
Maes et al. 2013 (134)	Fukuda et al. 1994 (71)	Plasma	fasting blood samples	8:30–11:30 a.m.	-	ELISA	R&D, GE Healthcare UK Ltd.	Quantikine Human TNF- $\alpha$ Immunoassay; Amersham Interleukin-1 alpha ((h) IL-1 $\alpha$ ); Amersham Interleukin-1 beta ((h) IL-1 $\beta$ )	IL-1 $\beta$ , IL-1 $\alpha$ , IFN- $\alpha$		
Lattle et al. 2012 (135)	Fukuda et al. 1994 (71)	Plasma	x	11:00 a.m.–3:00 p.m.	-80°C	ELISA	Quansys Biosciences and R&D	Q-Plex Human Cytokine Screen; assayed in duplicate with R&D standard	IL-1 $\beta$ , IL-6		TNF, IL-10, IL-2
Smyle et al. 2013 (136)	Fukuda et al. 1994 (71)	Plasma	blood drawn 3x during exercise challenge	-	-80°C	ELISA	Quansys Biosciences	Q-Plex Human Cytokine Screen (16-plex)	Males: IL-2, IL23		Females: IL-1 $\beta$ , IL-1 $\alpha$ , IL-6, TNF, IL-8, IL-10, IL-2, IL-12, IFN- $\gamma$ , IL-4, IL-13, TNF- $\beta$ , IL-5, IL-23, IL-17, IL-15; Males: IL-1 $\beta$ , IL-1 $\alpha$ , IL-6, TNF, IL-8, IL-10, IL-12, IFN- $\gamma$ , IL-4, IL-13, TNF- $\beta$ , IL-5, IL-17, IL-15
Brodnick et al. 2012 (137)	ICD (Reeves et al. 2005 (231) and Fukuda et al. 1994 (71))	Plasma	fasting blood samples	Morning	-80°C	ELISA	Quansys Biosciences	Q-Plex Human Cytokine Screen (16-plex)	IL-8	IL-23	IL-1 $\beta$ , IL-1 $\alpha$ , IL-6, TNF, IL-10, IFN- $\alpha$ , IL-2, IL-12, IFN- $\gamma$ , IL-4, IL-13, TNF- $\beta$ , IL-5, IL-17, IL-15
Maes et al. 2012 (138)	Fukuda et al. 1994 (71)	Plasma	fasting blood samples	8:30–11:30 a.m.	-	ELISA	R&D, GE Healthcare UK Ltd.	Quantikine Human TNF- $\alpha$ Immunoassay; Amersham Interleukin-1 alpha ((h) IL-1 $\alpha$ ); Amersham Interleukin-1 beta ((h) IL-1 $\beta$ )	IL-1 $\beta$ , IL-1 $\alpha$ , TNF		
Nas et al. 2011 (139)	Fukuda et al. 1994 (71)	Serum	-	-	-	ELISA	DPC Immulite 1,000 Chemistry Analyzer	IMMULITE 10,00 analyzers, kits not specified	IL-6		IL-8
White et al. 2010 (140)	Fukuda et al. 1994 (71)	Plasma	blood samples at baseline, 0.5, 8, 24, and 48h post exercise	-	-80°C	Multiplex	Developed at the ARUP Institute for Clinical and Experimental Research (Salt Lake City, UT)	-			IL-1 $\beta$ , IL-6, TNF, IL-8, IL-10, IL-2, IL-12, IFN- $\gamma$ , IL-4, IL-13
Nakamura et al. 2010 (141)	Fukuda et al. 1994 (71)	Plasma	venous sampling throughout the night while asleep (indwelling cannula)	1:00, 3:00, 5:00, 8:00 a.m.	-80°C	Multiplex	Millipore	Beadlyte human multip cytokine detection system 2			IL-1 $\beta$ , IL-6, TNF, IL-8, IL-10, IL-4
Nijs et al. 2010 (142)	Fukuda et al. 1994 (71)	Plasma	blood samples taken before and 1h after exercise	-	-	ELISA	Amersham Biosciences Europe GmbH, Pierce Biotechnology Inc.	Biotrak Easy ELISA PPN5971, Endogen Human IL-1 $\beta$ ELISA kit			IL-1 $\beta$

(Continued)

TABLE A1 | Continued

Study	Diagnostic criteria	Sample handling and processing				Assays			Assay results		
		Sample matrix	Collection (Specifications of note)	Time of collection	Storage	Method	Manufacturer	Kits	Increase	Decrease	No difference
Robinson et al. 2010 (143)	Fukuda et al. 1994 (71)	Plasma	blood sampled at rest, at point of exhaustion, and 24h post exercise (indwelling cannula); after overnight fast	-	-	ELISA	BD Biosciences	OptEIA			IL-6
Scully et al. 2010 (144)	Fukuda et al. 1994 (71)	Plasma	x	-	-80°C	Multiplex	Meso Scale Discovery	-	IL-1 $\beta$ , IL-6, IL-8		TNF, IL-10, IFN- $\gamma$ , IL-12p70, IL-13
Fletcher et al. 2009 (145)	Fukuda et al. 1994 (71)	Plasma	x	Morning	-80°C	Multiplex	Quareys Biosciences	Q-Plex Human Cytokine-Screen (16-plex)	IL-1 $\beta$ , IL-1 $\alpha$ , IL-6, IL-12, IL4, IL-5	IL-8, TNF- $\beta$ , IL-15	TNF, IL-10, IL-2, IFN- $\gamma$ , IL-13, IL-23, IL-17
Jammes et al. 2009 (146)	Fukuda et al. 1994 (71)	Plasma	sampling throughout exercise protocol (indwelling cannula)	-	-	ELISA	R&D	Quantikine HS Human IL-6 Immunoassay D6050; Quantikine HS Human TNF- $\alpha$ DTAD00C			IL-6, TNF
Nater et al. 2008 (147)	Fukuda et al. 1994 (71)	Plasma	fasting blood samples taken 30 minutes after indwelling cannula was placed	7:30 a.m.	-80°C	ELISA	R&D	Quantikine HS Human IL-6 Immunoassay			IL-6
Spence et al. 2008 (148)	Fukuda et al. 1994 (71)	Plasma and Serum	x	-	-70°C	ELISA	Mercodia, Kalon Biological, R&D	-			IL-1 $\beta$ , TNF
Vollmer-Comas et al. 2007 (149)	Fukuda et al. 1994 (71)	PBMC, Serum	blood samples taken 1, 2, 3, 6, and 12 months after infection onset	-	-80°C	Multiplex	Bioplex, BioRad	-			IL-1 $\beta$ , IL-2, IL-6, IL-10, IL-12, TNF, IFN- $\gamma$
Kennedy et al. 2004 (150)	Fukuda et al. 1994 (71)	Platelet poor plasma	x	same time of day	-	ELISA	R&D	-	TGF- $\beta$		
White et al. 2004 (151)	Fukuda et al. 1994 (71)	Plasma	blood collected 3 days after exercise	9:30 a.m. – 12:30 p.m.	-	ELISA	R&D	-	TGF- $\beta$		
Vesser et al. 2001 (152)	Fukuda et al. 1994 (71)	WBC	x	-	-20°C	ELISA	Pharmingen, R&D, Biorad	method from Cheney et al. 1989 (153)			TNF- $\alpha$ , IL-10, IL-12, IFN- $\gamma$
Cammon et al. 1999 (154)	Holmes et al. 1988 (80)	Plasma	collected 24 h post exercise	9:00 a.m.	-	ELISA, radio-immunoassay (IL-1 $\beta$ )	R&D	-			IL-6
Buchwald et al. 1997 (155)	Fukuda et al. 1994 (71) and Holmes et al. 1988 (80)	Serum	x	-	-	ELISA	Genzyme Diagnostics	Predicta			IL-6
Bennett et al. 1997 (156)	Holmes et al. 1988 (80)	Serum	samples shipped on dry ice for 1 year before analysis	-	-20°C	Bioassay	R&D (IL-4-dependent HT-2 cell proliferation bioassay)	-	TGF- $\beta$		
MacDonald et al. 1996 (157)	Holmes et al. 1988 (80)	Serum	x	7:00–10:00 a.m.	-	ELISA	COC (158)	For TGF $\beta$ : specially developed in a co-investigators lab; others not specified			TGF- $\beta$ , IL-1 $\beta$ , IL-6, TNF
Swanink et al. 1996 (159)	Sharpe et al. 1991 (228)	WBC, Serum (TGF $\beta$ )	x	8:30–11:30 a.m.	-	ELISA	R&D, Endogen	Measured as previously described in Drenth et al. 1995 (160); Quantikine (TGF $\beta$ )			TGF- $\beta$ , IL-1 $\beta$ , IL-1 $\alpha$ , TNF
Peterson et al. 1994 (161)	Holmes et al. 1988 (80)	Serum	blood collected at rest, immediately after exercise, and 40 min after exercise	-	-70°C	ELISA, bioassay (TGF $\beta$ )	R&D (ELISA and IL-4-dependent HT-2 cell proliferation bioassay)	Measured as previously described in Chiao et al. 1991 (158)	TGF- $\beta$		IL-1 $\beta$ , IL-6, TNF- $\alpha$

(Continued)

**TABLE A1 |** Continued

Study	Diagnostic criteria	Sample handling and processing				Assays			Assay results		
		Sample matrix	Collection (Specifications of note)	Time of collection	Storage	Method	Manufacturer	Kits	Increase	Decrease	No difference
Patarca et al. 1994 (162)	Holmes et al. 1988 (80)	Plasma	once a month for 3 months	7:30–10:30 a.m.	–20°C	ELISA	Endogen, R&D, Amersham, Genzyme	Interferon-4, Biotek	TNF		IL-1 $\beta$ , IL-1 $\alpha$ , IL-6, IL-2, IL-4
Lloyd et al. 1994 (163)	RACP, 2002 (229)	Serum	blood was collected prior to, during, 15 min after, 4, 24 h post exercise (in-dwelling cannula)	–	–70°C	ELISA	Sucrosep; Centocor; Cistron Biotechnology; Biotek TNF	–	–		IL-1 $\beta$ , TNF, IFN- $\alpha$ , IFN- $\gamma$
Linde et al. 1992 (164)	Holmes et al. 1988 (80)	Serum	serum collected <7 days and 6 months after onset of mono	–	–	ELISA	T-Cell Sciences; IMMUNOtest Neopterin; Delfia; Merck; Quantikine R&D	–	IL-1 $\alpha$		IL-1 $\beta$ , IL-6, IFN- $\gamma$
Chao et al. 1991 (159)	Holmes et al. 1988 (80)	PBMC, Serum (TGF $\beta$ )	1x a day, 5 consecutive days	8:00–9:00 a.m.	–20°C	ELISA, bioassay (TGF $\beta$ )	R&D (ELISA and IL-4-dependent HT-2 cell proliferation bioassay)	–	TGF- $\beta$		IL-1 $\beta$ , IL-6, TNF, IL-2, IL-4
Straus et al. 1989 (165)	Holmes et al. 1988 (80)	Serum	x	–	–20°C	ELISA	Genzyme	sent to same laboratory as in Cheney et al. 1989 (153), no specifications	–		IL-1 $\beta$ , TNF, IFN- $\alpha$ , IL-2, IFN- $\gamma$
Cheney et al. 1989 (153)	Holmes et al. 1988 (80)	Serum	biobank samples	–	–	ELISA	Genzyme	sent to Specialty Laboratories, LA, no specifications	IL-2		

The articles compared in the table include the studies reviewed by Blundell et al. (104), as well as studies published since then (distinguished by the horizontal double line in the table). Stringer et al. (166) was not reviewed by Blundell et al. (104) but is included in the table. The newer studies were found by searching “myalgic encephalomyelitis/chronic fatigue syndrome,” “chronic fatigue syndrome,” or “myalgic encephalomyelitis/chronic fatigue syndrome” with “cytokine.” Studies were selected if they included an ME/CFS group and used a cytokine assay. Though not a systematic literature review, the studies in the table serve to show the variance in methodology (from sample collection and storage to assay selection) and reported results across cytokine studies. –, not specified/reported; x, no specifications of note for sample collection; CCC, Canadian Consensus Criteria; ICC, International Consensus Criteria; ICD, International Case Definition; RACP, Royal Australasian College of Physicians; SEID, Systemic Exertion Intolerance disease.