



# Levetiracetam use in the critical care setting

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Intravenous (IV) levetiracetam (LEV) is currently approved as an alternative or replacement therapy for patients unable to take the oral form of this antiepileptic drug (AED). The oral form has Food and Drug Administration (FDA) indications for adjunctive therapy in the treatment of partial onset epilepsy ages 1 month or more, myoclonic seizures associated with juvenile myoclonic epilepsy starting with the age of 12 and primary generalized tonic-clonic seizures in people 6 years and older. Since the initial introduction, oral and IV LEV has been evaluated in various studies conducted in the critical care setting for the treatment of status epilepticus, stroke-related seizures, seizures following subarachnoid or intracerebral hemorrhage, post-traumatic seizures, tumor-related seizures, and seizures in critically ill patients. Additionally, studies evaluating rapid infusion of IV LEV and therapeutic monitoring of serum LEV levels in different patient populations have been performed. In this review we present the current state of knowledge on LEV use in the critical care setting focusing on the IV uses and discuss future research needs.

**Keywords:** intravenous levetiracetam, status epilepticus, pediatric population, stroke-related seizures, post-traumatic seizures, loading dose, therapeutic monitoring

## INTRODUCTION

Currently, intravenous (IV) levetiracetam (LEV) is approved only as an alternative or replacement therapy for patients unable to take the oral form of this antiepileptic drug (AED). The oral form of LEV is also approved for use in patients with multiple types of seizures and epilepsies. But, this AED has been increasingly used in the critical care setting (e.g., emergency rooms or intensive care units) due to its relative ease of use, positive outcomes, and the low side effects profile which are thought to be better than some of the other commonly used in this setting AEDs, e.g., phenytoin (PHT) (1, 2). When it was introduced to the market, LEV was marketed as an AED with a novel structure and mechanism of action – its main mechanism of action is modulating neurotransmitter release via binding to the synaptic vesicle protein 2A and, thus, via inhibiting calcium release from intracellular stores. Other mechanisms of action include opposition of the negative modulation of gammaaminobutyric acid (GABA-) and glycine-gated currents, inhibition of the neuronal synchronization and of the N-type calcium channels (3). Oral LEV is rapidly and almost completely absorbed with plasma peak concentration reached within 1 h of intake but food can delay and reduce the peak concentration without an effect on bioavailability (4). In ICU patients who have received LEV for seizure prophylaxis (500 mg every 12 h) the clearance of LEV was faster when compared to the similar values obtain in healthy controls and patients in status epilepticus (SE); Monte Carlo simulation determined the most optimal LEV doses in these patients to achieve appropriate serum concentration should be either 1,000 mg every 8 h or 1,500–2,000 mg every 12 h (5). In patients with or without preexisting epilepsy who presented with SE and who were taking between none and several concomitant AEDs the pharmacokinetic data of IV infusion were comparable to the previously published values derived from healthy volunteers (6) while doses of IV LEV that were antiepileptogenic in animal

models of epilepsy (55 mg/kg/day) administered to patients with traumatic brain injury (TBI) resulted in comparable pharmacokinetics (PK) in children, adults, and elderly with similar results observed between days 3 and 30 of treatment (delay in  $T_{max}$  in elderly was observed but this was of unclear clinical significance) (7). One study in patients with subarachnoid hemorrhage (SAH) compared the plasma concentrations of LEV while receiving IV or parenteral forms for seizure prevention – when switched to parenteral form the levels decreased to 70% of the IV levels but complications in response to this change were not observed (8). Finally, LEV is known to suppress seizures in the animal models of epilepsy and pretreatment with LEV can delay or altogether prevent the development of kindled seizures (9–12). Thus, the overall very favorable clinical and pharmacokinetic profiles make LEV a desirable treatment option for the use in the critical care setting. The goal for this invited commentary was to review the available literature focusing on the use of LEV in the critical care setting and to provide recommendations for future research.

## MATERIALS AND METHODS

An extensive literature search was performed evaluating studies for IV LEV use in critical setting for the management of SE in adults, stroke-related seizures, TBI, SAH, intracranial hemorrhage, seizure prophylaxis in patients undergoing surgery for brain tumors and its use in neonates, and children and blood levels and therapeutic monitoring.

## RESULTS

### SPECIAL PATIENT POPULATIONS

#### Status epilepticus

The initial reports of the use of LEV in the setting of SE utilized oral doses administered via feeding tube in patients ages 16–91 years. One study reported complete seizure control in all patients within

12–96 h of the initial LEV administration and the other study reported good outcomes in 11/13 episodes of SE (13, 14). Since then and since the IV form of LEV became available in 2006, this AED has been frequently favored in the critical care setting over other AEDs because of the simplicity of administration, linear PK, lack of significant cardiovascular side effects and lack of interactions with other medications (1, 3). This includes the use of IV LEV for the treatment of all types of seizures and SE. Four open-label prospective clinical studies evaluated use of IV LEV in adults with convulsive SE and found IV LEV to be effective in terminating SE with minimal side effects (6, 15–17). In the first study, Fattouch et al. used LEV as first-line therapy to demonstrate resolution or significant reduction in SE and seizures in 8/9 elderly patients who had no seizure recurrence within 24 h and who did not report any adverse events (16). The study by Misra et al. randomized 79 patients with seizures lasting >5 min to an initial therapy with IV LEV 20 mg/kg over 15 min or IV lorazepam (LZP) 0.1 mg/kg over 2–4 min with switch-over in case of lack of efficacy (17). This study demonstrated similar efficacy for the treatment of SE between LEV (29/38; 76.3%) vs. LZP (31/41; 75.6%); after switch-over 88.9% were controlled with LZP vs. 70% with LEV. The 24-h seizure-free rate was 23/29 for LEV and 21/31 for LZP. However, LZP patients experienced a higher need of artificial ventilation (17). In another study, Uges et al. determined that IV LEV added to standard SE treatment [IV clonazepam and/or rectal diazepam followed as needed by PHT or valproic acid (VPA)], was feasible and safe (6). Finally, in the study by Eue et al. 43 patients with SE were treated with IV LEV 1,000 or 2,000 mg after treatment with benzodiazepines was deemed to be ineffective. IV LEV was well tolerated and terminated SE in 19/43 patients; LEV was more effective in simple focal, complex focal, and myoclonic SE than in non-convulsive, subtle, or secondarily generalized SE (0/8) (15).

Several retrospective studies of IV LEV for the treatment of various forms of SE were conducted in 236 adults (18–22). For example, one study found that LEV was effective in controlling SE in 57.5% of patients with higher chance of seizure control if used as initial therapy or add-on to benzodiazepines (BZD; 78.5%) than as an add-on to treatment (BZD plus PHT, VPA, or both; 46.1%) (18). A study by Alvarez et al. compared benzodiazepines plus second-line treatment with PHT, VPA, or LEV to find LEV to be less effective in controlling SE than VPA at 51.7 vs. 74.6% but there were no differences in outcomes at discharge between the three groups (19). Another study by Möddel et al. found that IV LEV (bolus or continuous infusion) resolved refractory SE in 69% of 36 patients; higher incidence of failures was associated with doses >3,000 mg/day, lack of bolus, treatment initiated >48 h after diagnosis, non-convulsive SE with coma, periodic lateralized epileptiform transients, acute cerebral lesion, and intubation narcosis (21). Overall, these studies used variable doses of LEV between 1,000 and 9,000 mg/day with or without initial bolus. Of importance, these studies reported low numbers of patients with side effects due to LEV which typically included nausea and vomiting (20, 21), elevated liver enzymes (20), and transient thrombocytopenia (22). The reported mortality was 17% (responders 4%, non-responders 45%) (21). The message from these prospective and retrospective data collections appears to be fairly clear – the efficacy of IV LEV for the management of SE

appears to be between 48 and 94% (probably closer to 50%) with better efficacy reported with early LEV initiation and with pre-treatment with BDZ as seen in studies of other AEDs in animal and human SE (23, 24).

### **Stroke-related seizures**

The American Stroke Association's guidelines for early management of adults with ischemic stroke state that prophylactic use of AEDs in patients with stroke who have not had seizures is not recommended (Class III, Level of Evidence C); but, if seizures after stroke occur, treatment should follow the guidelines for the management of seizures in other neurological conditions (Class I, Level of Evidence B) (25). Overall, three studies reported on treating 98 patients with post-stroke seizures with LEV (ages 57–89 years) (26–28). In one prospective study, 82.4% of patients were seizure-free on LEV doses ranging from 1,000 to 2,000 mg/day (27). Another study, reported on the treatment of early and late seizures in the setting of ischemic or hemorrhagic stroke and found that in ~90% of patients seizures were controlled (26/29) with LEV dosed at 1,000–2,000 mg/day (28). Finally, Belcastro et al. treated 35 post-stroke seizure patients with LEV to report seizure freedom of 77.1% (26). Additional retrospective studies evaluated the efficacy of LEV in a total of 92 patients with early or late post-stroke seizures in doses of up to 3,000 mg/day (29–31). In either monotherapy or adjunctive therapy, in the majority of patients seizures were controlled. While the incidence of early and late seizures in patients with stroke (ischemic or hemorrhagic) is fairly high, reaching in some studies 10% or more (32, 33), and many calls made for the development of randomized controlled trials for seizure treatment or seizure prevention in these patients, such studies have not been conducted to date (34).

### **Post-traumatic seizures**

According to the published guidelines, the prophylactic use of PHT may reduce early post-traumatic seizures (within 7 days; Class I) but this or other AEDs are not recommended for preventing late post-traumatic seizures (>7 days of injury; Class I) (35, 36). One open-label, non-randomized phase II study compared prophylactic LEV for 30 days ( $N = 66$ ) to no AED use (observation;  $N = 60$ ) in 86 adults and 40 children following TBI (37). Patients with early presentation (within 8 h of TBI) received LEV while patients presenting >8 h after TBI did not receive LEV. The severity of TBI was higher in the LEV-treated group ( $p = 0.03$ ). This study reported seizure incidence of 10.9% in the treated group (more severe TBI group) vs. 20% in the observation group at 2 years but the difference was not significant ( $p = 0.18$ ) (37). Two-year follow-up of the pediatric group ( $N = 40$ ) revealed that only one patient developed late seizures/epilepsy (defined as seizures after the initial 7 days period) (38).

Several prospective studies of seizure prevention in adults following TBI focused on the use of LEV up to the dose of 4,000 mg/day. Szaflarski et al. in a prospective, single-blinded, randomized clinical trial compared LEV to PHT within 24 h of TBI or SAH in 52 patients (39). While there were no differences in seizure or mortality outcomes between the groups, patients dosed with LEV had better outcomes including lower Disability Rating Scale (DRS) scores at 3 months and higher Glasgow

Outcomes Scale at 6 months when compared to patients treated with PHT. In this study, seizure incidence was based on the results of video/EEG monitoring conducted for up to 72 h after the initial dose of AED was administered which is considered standard in the setting of severe TBI (40). In another prospective non-randomized and not blinded study, Inaba et al. evaluated 813 patients with blunt TBI who were treated prophylactically with LEV ( $N = 406$ ) or PHT ( $N = 407$ ) and then monitored for the development for clinical seizures (no EEG monitoring) within 7 days (41). Further, patient distribution in the treatment arms was unbalanced with each center following local practice patterns and one of the centers preferentially utilizing LEV and the other PHT. Results demonstrated no differences in mortality (5.4 vs. 3.7%,  $p = 0.236$ ), seizure rate (1.5 vs. 1.5%,  $p = 0.997$ ), or adverse drug reactions (7.9 vs. 10.3%,  $p = 0.227$ ) between the two groups. Jones et al. prospectively evaluated 32 patients who had received LEV for seizure prevention in the setting of severe TBI and compared them to 41 patients treated with PHT (42). While only some patients in each group received EEG, increased “seizure tendency” on EEG was observed in patients who have received LEV when compared to PHT ( $p = 0.003$ ); seizure incidence between groups was similar ( $p = 0.556$ ). In another report, 6/7 patients with post-traumatic epilepsy became seizure-free after initiation of add-on therapy with LEV but only a relatively short (10–16 months) follow-up period was reported (43). Adverse outcomes reported in these studies included headache, somnolence, memory impairment, irritability, dizziness, depression, and ataxia with some of the studies reporting higher incidence of adverse outcomes in patients receiving PHT (39, 41, 42).

Approximately 30% of the use of LEV in the critical care setting is for seizure prophylaxis in patients with TBI (1) but the data to support such use are incomplete. Randomized and double-blinded studies are needed to address this unmet need and to provide unambiguous data regarding the short- and long-term outcomes (seizures/epilepsy, cognitive, quality of life, etc.) in patients with TBI.

### **Seizures following subarachnoid or intracerebral hemorrhage**

The published guidelines recommend prophylactic anticonvulsant use in the immediate post-hemorrhagic period in patients with aneurysmal SAH (Class IIb, Level of Evidence B) but discourage routine long-term use of anticonvulsants (Class III, Level of Evidence B) (44, 45). Prospective studies in this population include one that compared IV LEV ( $N = 18$ ) to IV VPA ( $N = 17$ ) and demonstrated no difference in seizure occurrence between the groups and no adverse effects in the group using LEV (8). In a convenience sample of 442 consecutive patients with SAH ( $N = 297$ ) treated before ICU protocol change with IV PHT load followed by 14 days of PHT treatment with doses adjusted based on the presence of low levels or seizures and  $N = 145$  treated with IV LEV 500 mg twice daily without loading dose for 3 days after protocol change) Murphy-Human et al. found no difference in early seizures, mortality rate, and intensive care unit or total hospital stay in patients with SAH. There was an increased likelihood of late seizures ( $\geq 3$  days post-SAH) and in-hospital seizures in the LEV group. However, the significant differences in treatment pattern between AEDs in this study (lack of loading and much shorter

treatment with LEV) make the comparison of efficacy for seizure prevention between the groups difficult which the authors recognize as a shortcoming (46). A prospective observational study in patients with intracerebral hemorrhage (ICH) found similar risk of seizures between patients who had received PHT ( $N = 28$ ) and LEV ( $N = 18$ ) for seizure prevention ( $p > 0.1$ ) but patients treated with PHT fared overall worse with increased risk of poor outcome ( $p = 0.02$ ) and more adverse events of treatment; (47) these results have confirmed their previous findings of poorer outcomes in patients with SAH treated for seizure prophylaxis with PHT (48).

A retrospective study of the prophylactic use of PHT ( $N = 25$ ; loading dose 15–20 mg/kg with later adjustments of the dose) or LEV ( $N = 60$ ; dose 500–2,000 mg/day) in patients with ICH ( $N = 40$ ), SAH ( $N = 26$ ) or subdural hemorrhage (SDH;  $N = 19$ ) found patients treated with LEV to have higher Glasgow Coma Scale (GCS) scores at discharge, lower seizure incidence, and higher percentage discharge home when compared to the PHT group (2). Trend toward better cognitive outcomes in the LEV group was also observed ( $p = 0.08$ ). Shah and Husain retrospectively evaluated 176 patients with post-aneurysmal SAH who received prophylactic treatment with PHT (loading dose 20 mg/kg and maintenance dose 5–7 mg/kg/day) who were later transitioned to LEV (1,500 mg twice daily) due to adverse events including elevated transaminases, thrombocytopenia, rash, unexplained fever, mental status decline, or gastrointestinal (GI) disturbance; all but one patient switched to LEV with GI disturbance and three patients with mental status abnormalities had subsequent improvement or resolution of symptoms at discharge or by the first follow-up visit (14–41 days following discharge). Adverse events occurred more frequently in the PHT group and there were no clinical seizures in the LEV group (49).

### **Tumor-related seizures**

It should not be a surprise to note LEV being used in the setting of seizure prevention or seizure treatment in patients with central nervous system (CNS) malignancies – several early studies reported positive experiences in this setting (50, 51). The main reason for this switch in practice pattern is the fact that the newer AEDs (including LEV) do not interfere with the metabolism of chemotherapeutics and, thus, do not negatively affect their efficacy (52). Overall, seizures/epilepsy is common in patients with brain malignancies ranging from ~10% in patients with CNS lymphomas and up to 100% in dysembryoplastic tumors (53). Generally, initiation of therapy with an AED is warranted in patients who had at least one seizure in the setting of a brain tumor but whether an AED should be initiated in patients with brain tumors who have not experienced a seizure is less clear. Depending on type of tumor, age, location, etc., patients diagnosed with CNS malignancies have 20–45% chance of developing seizures (53). Some authorities suggest the use of LEV or gabapentin as first-line therapy for the treatment of seizures in patients with brain tumors (54). One of the first LEV studies in this population enrolled 26 patients with gliomas – LEV was used as an add-on therapy from 2,000 to 4,000 mg/day to achieve seizure reduction of >50% in 65% of the patients (4/20 previously refractory patients became seizure-free) (51). A prospective

observational study enrolled 30 patients with brain tumors and epilepsy who were treated with LEV administered for 4 weeks prior to and for 4 weeks following respective procedure ( $N = 25$  for the post-surgical group) (55). Initial doses were 1,000 mg/day with dose escalation in case of seizures up to 3,000 mg/day. Of the 25 patients, 88% were seizure-free at 48 h and 84% were seizure-free at 4 weeks following surgery (55). Another prospective open-label study evaluated treatment with LEV monotherapy for the first post-resection month in 17 patients with brain tumors who had >1 seizure within 1 month prior to surgery (56). Postoperatively, all patients received IV LEV for 48 h at 500 mg BID or pre-surgery dose, then titrated up by 500 mg/day to goal 3,000 mg/day as tolerated. There was a >50% reduction in seizures in 11/12 patients who completed the study. Lim et al. conducted a prospective, open-label study of transition from monotherapy with PHT to monotherapy with LEV in 29 patients for postoperative control of glioma-related seizures (1/3 continued on PHT while 2/3 transitioned to LEV) (57). At 6 months after surgery, 87% (13/15) of patients on LEV and 75% (6/8) of patients on PHT were seizure-free. Both groups had similar incidence of excessive sleepiness, sleeping difficulty, and lack of energy or strength, although increased incoordination in PHT group and increased slurred speech in LEV group.

Finally, Milligan and colleagues performed a retrospective analysis on the incidence of early seizures and postoperative epilepsy in 315 adults following supratentorial surgery who received prophylactic monotherapy LEV (500–3,000 mg/day) vs. monotherapy PHT (200–800 mg/day). Ninety-nine patients had a primary brain tumor and in those patients, early seizures occurred in 2.3% on LEV and 3.6% on PHT. Fifty-five of the 99 patients were followed >12 months and 5/11 on LEV and 24/44 on PHT developed epilepsy. Thirty-eight patients on PHT vs. one patient on LEV discontinued AED treatment due to side effects ( $p = 0.03$ ) (58). Another retrospective study evaluated prophylactic use of LEV (1,000–3,000 mg/day) in 78 patients with supratentorial brain tumors. Preoperative seizure incidence was 38.5% and postoperative seizures occurred in 2.6% (2/78) patients with 91% of patients being seizure-free at the end of the mean follow-up to 10.5 months (59). Finally, Hildebrand et al. reported on the use of various AEDs in the setting of brain tumors including LEV to find epilepsy in 80% of their patients; the typical dose was 1,000–3,000 mg/day but the treatment of LEV was not compared specifically to other AEDs (60).

While substantial body of evidence is available regarding the treatment of seizures in the setting of brain tumors or supratentorial surgery for the management of brain tumors and some have advocated the use of LEV in this setting after the data by Milligan et al. were published (58, 61), careful prospective studies are needed to assess the use of LEV as a preventive AED in this setting, to evaluate complex interaction between surgery, chemotherapy, and AEDs and, finally, whether LEV should be the preferred AED in this setting instead of PHT or VPA (53, 54).

### **Geriatric population**

There were no observed safety differences between 347 geriatric patients (age  $\geq 65$ ) and younger patients treated with LEV for seizures, although the number of the elderly patients enrolled

in the controlled trials of epilepsy is insufficient to determine the effectiveness of LEV in this population [package insert (62)]. Nevertheless, geriatric patients have been enrolled in many of the retrospective and prospective studies of LEV including studies that used IV doses of LEV. For example, Uges et al. analyzed safety and PK of IV infusion of LEV in patients with SE ages 44–75 years of age (median 60 years) to show PK values in the studied group similar to norms obtained from healthy (and younger) volunteers (6). Another study by Klein et al. showed that  $T_{max}$  was longer in subjects older than 65 years of age when compared to children and young adults at the initiation of the therapy and at 30 days (7). In the elderly LEV appears to be safe and associated with a relatively low level of adverse events. In part, this is related to lack of significant drug–drug interactions. Overall, PK studies and safety/efficacy studies of LEV in the elderly are needed as the incidence and prevalence of epilepsy, and thus the use of AEDs in this population are increasing.

### **The use of IV LEV in the pediatric population**

When initially approved by the FDA, IV LEV was not indicated for use in children less than 16 years of age. Since then, prospective studies using IV LEV to treat acute seizures in neonates and children have assessed the safety and efficacy of LEV use in these age groups (63, 64). Ramantani et al. conducted a prospective feasibility study in 38 newborns with LEV applied as first-line treatment for EEG-confirmed seizures (64). In this study the initial IV dose was 10 mg/kg with gradual increase up to 45–60 mg/kg over 7 days; 30/38 infants were seizure-free at the end of the evaluation period (22 had to receive additional doses of phenobarbital). Another study evaluated a single dose of IV LEV 50 mg/kg infused over 15 min in 30 children (mean age 6.3 years; range 6 months to 14.8 years) diagnosed with epilepsy (29/30) or a single seizure related to a brain lesion. The mean blood level 10 min after infusion was 83.3 mcg/mL (47–128 mcg/mL); administration of LEV was associated with a subsequent reduction of all seizure types for up to 24-h after the infusion (63). Adverse events in both studies included sleepiness and/or fatigue, drowsiness with titration, and thrombocytopenia with concurrent VPA use. Further studies utilizing IV LEV for the treatment of acute seizures in 189 pediatric patients (1 day to 18 years) in eight retrospective case series and two case reports resulted an improved clinical seizure control; 118/189 reported concurrent EEG monitoring which demonstrated improved electrographic seizure control (65–74).

## **METHODS OF INFUSION AND MONITORING**

### **Rapid infusion**

Intravenous LEV is supplied in a concentrated form that needs to be diluted in compatible diluent prior to administration. While the IV formulation is reported to be bioequivalent to the oral formulation and doses should be interchangeable some differences in bioavailability between the IV and parenteral doses have been reported (8). There are also some age-related differences in PK (7) but it is unclear whether these differences are of clinical significance. In one study, Wheless et al. assessed rapid infusion (over 5–6 min) of 20, 40, and 60 mg/kg ( $N = 15$  per group) of IV LEV in children and adults (4–32 years of age). Maximum

plasma concentration peaked 15 min after infusion. The infusion was well tolerated with minimal side effects including non-pruritic rash ( $N = 1$ ) and infusion site pain ( $N = 2$ ); there were no electrocardiographic changes reported (75).

### **Therapeutic monitoring of serum LEV levels in different patient populations**

Although therapeutic serum concentration ranges and a schedule for blood level monitoring for LEV have not been established, monitoring is recommended, e.g., from pregnancy through the postpartum period due to physiologic changes leading to gradual decreases in LEV plasma levels with the advancement of the pregnancy (62). One prospective study in 30 epilepsy patients on >2 AEDs, including LEV in doses ranging from 2,000 to 3,000 mg/day, defined the therapeutic LEV plasma range of 10–40 mcg/mL (76). Eighteen patients were either seizure-free ( $N = 5$ ) or had >50% seizure reduction ( $N = 13$ ). The majority of patients had an associated therapeutic LEV range in the low-therapeutic range. In patients with LEV level within the low-therapeutic range adjustments in dose produced either further therapeutic response or allowed for the patients to be weaned from one of the other AEDs without any ill effects. Another study in 297 inpatients using LEV in doses 250–7,000 mg/day demonstrated serum concentrations 1.5–48.2 mcg/mL with the level to dose ratio (LDR) lower in LEV monotherapy compared to concurrent use of enzyme inducing AEDs (77). In this study, the median LDR was significantly lower when patients were co-medicated with enzyme inducer (e.g., PHT, carbamazepine, or oxcarbazepine) when compared to LEV monotherapy whereas the LDR of patients co-medicated with VPA or lamotrigine did not differ significantly from the LDR of LEV of patients on LEV monotherapy ( $p > 0.05$ ); children had lower LEV concentrations than adults on the same dose per body weight (77).

In a pooled analysis of LEV levels in 1,023 patients enrolled in four Phase III double-blind trials and during which patients receiving one to three concomitant AEDs were treated with LEV ( $N = 672$ ) or placebo ( $N = 351$ ) as adjunctive therapy to treat seizures (78–81), LEV concentrations were normalized to a dose of 1 mg/kg twice daily with mean plasma concentration at 1 h ranging between 1.74 and 2.27  $\mu\text{g/mL}$  at 1,000–4,000 mg/day and a mean plasma LEV level concentration of 2.09  $\mu\text{g/mL}$  (95% CI 1.99, 2.19) (82). The mean plasma LEV concentration at 12 h ranged from 0.7 to 0.88  $\mu\text{g/mL}$  at 1,000–4,000 mg/day and a mean plasma LEV level concentration of 0.82  $\mu\text{g/mL}$  (95% CI 0.19, 0.85). LEV concentrations were lower (<25% on average) in patients using concurrent enzyme inducing AEDs and moderately higher in patients using concurrent VPA (12 h post-dose). Two retrospective studies in 73 adults with epilepsy reported LEV doses ranging from 1,000 to 4,000 mg/day with therapeutic plasma concentrations between 6 and 65  $\mu\text{g/mL}$  (83, 84). Adverse events leading to LEV discontinuation included behavioral changes ( $N = 3$ ), gait disturbance ( $N = 1$ ), and depression ( $N = 1$ ) (83, 84). Two retrospective studies in pediatric patients reported LEV doses in 93 children ranging from 12.7 to 84 mg/kg/day with blood levels in responders ranging from 5 to 60  $\mu\text{g/mL}$  (85, 86). None of these pediatric and adult studies reported dose – level – seizure response relationship.

### **Neurocritical care patients**

In a prospective open-label, steady-state pharmacokinetic study 12 adults admitted to the neurocritical care unit with SAH, SDH, or TBI were treated prophylactically with IV LEV (5). Doses of 1,000 mg every 8 h and 1500–2000 mg every 12 h were most likely to achieve trough levels between 6 and 20  $\mu\text{g/mL}$  than doses of 500 mg twice daily; these critically ill patients demonstrated faster systemic clearance and shorter terminal elimination half-life compared to previously published data on healthy volunteers and adults in SE. Another prospective single-center registry in 35 critically ill patients with aneurysmal SAH reported decreased LEV plasma concentrations after transition from IV to parenteral dose with concurrent decrease in bioavailability by ~30% (8).

### **SUMMARY**

Intravenous LEV is a safe and effective treatment for acute seizures and SE and has fewer side effects than some traditional first-line agents. The evidence suggests that early treatment and use in focal and myoclonic SE may be more effective than in secondarily generalized SE. However, large controlled and blinded studies are needed to answer these questions. Most studies in patients with SAH or ICH demonstrated no difference in early seizures or mortality with prophylactic use of LEV when compared to other AEDs. Only one prospective study suggested increased rate of late seizures in patients on LEV compared to PHT, however IV formulation was changed to enteral formulation and it is unclear how that may have affected the outcome; the treatment with LEV in this study was overall shorter and the LEV dose substantially lower than the dose of the comparator – PHT which may have affected the results. Several studies in patients with SAH, ICH, or TBI found decreased side effects in patients on LEV vs. PHT or VPA. There was no difference in rate of post-traumatic seizures or mortality in patients with TBI whether treated with LEV or PHT, however reduced disability scores at 3 months and higher Glasgow Outcomes Scale scores at 6 months in patients on LEV suggest a potential neuroprotective effect of LEV which is in agreement with animal studies. IV LEV has proven to be effective and safe for use in treating acute seizures in children of all ages from premature neonates to teenagers. Rapid infusion of IV LEV over 5 min in children and adults is safe and well tolerated. Therapeutic LEV monitoring is important to perform in some patient populations, especially in those who are critically ill, but the relationship between the dose – level – seizure response has not been established. Neurocritical care patients may have increased clearance with a shorter half-life compared to patients who are healthy or in SE patients.

### **FUTURE DIRECTIONS**

The above presented data collected prospectively or retrospectively support further studies of the use of LEV in the setting of CNS emergencies whether for seizure prevention/treatment or for assessing the short- and long-term cognitive and societal outcomes (e.g., employment, quality of life, etc.). Further, randomized and double-blind studies of acute seizures and SE across ages appear to be warranted. Long-term neurological functional and disability status outcomes after administering IV LEV within 24 h of TBI should be performed to confirm the neuroprotective effects of LEV

observed in animal studies. Further studies should be performed to evaluate effective doses of LEV in critically ill patients and determine optimal schedule for therapeutic monitoring. Although some studies suggest IV LEV is safe and tolerable in geriatric patients, larger prospective studies are needed to determine the efficacy in this population, including potentially decreased renal function.

## KEY CONCEPTS

1. Intravenous LEV is effective in terminating many types of seizures and SE, including convulsive SE and partial SE and is well tolerated with minimal side effects unlike some typical first and second-line agents.
2. In patients with TBI or intracranial hemorrhage long-term prophylaxis with LEV vs. PHT may not alter the incidence of seizures or mortality, however, patients treated with LEV may have better long-term outcomes.

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## AUTHOR CONTRIBUTIONS

Jennifer L. DeWolfe and Jerzy P. Szaflarski are original authors of this manuscript.



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