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# Molecular characteristics, clonal transmission, and risk factors of *Clostridioides difficile* among hospitalized patients in a tertiary hospital in Ningbo, China

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**Background:** Nosocomial transmission of *Clostridioides difficile* infection (CDI) has been documented in Ningbo, China. However, data on molecular characteristics, clonal transmission, and risk factors of CDI in this region remain limited.

**Methods:** A cross-sectional study enrolled hospitalized patients with diarrhea during September to November 2021. Stool samples from all patients were tested for *C. difficile*, and isolated strains underwent toxin gene identification, genotyping, and antibiotic susceptibility testing. Whole-genome sequencing and epidemiological variables were analyzed in patients infected with *C. difficile* strains of the same sequence types (STs) to identify nosocomial transmission and risk factors for CDI.

Results: Of the 907 investigated patients, 115 (12.7%) had microbiologically proven CDI, as their diarrhea was associated with toxigenic C. difficile strains, which comprised 106 A<sup>+</sup>B<sup>+</sup>CDT<sup>-</sup>, 3 A<sup>-</sup>B<sup>+</sup>CDT<sup>-</sup>, and 6 A<sup>+</sup>B<sup>+</sup>CDT<sup>+</sup>. Predominant genotypes (ST2, ST3, ST35, and ST54) exhibited distinct antibiotic resistance patterns. ST54 strains showed higher resistance to erythromycin (100%) but lower resistance to moxifloxacin (18.2%) and gatifloxacin (18.2%) ( $\chi^2 = 10.24$ -16.65, p < 0.05). ST35 strains exhibited higher resistance to ciprofloxacin (66.7%) and tetracycline (33.3%) than other STs ( $\chi^2 = 13.30 - 20.19$ , p < 0.05). Genomic and epidemiological analysis revealed two nosocomial clonal transmission events caused by 5 ST35 strains (with  $\leq$ 2 single nucleotide polymorphism differences), elucidating clonal transmission among different floors and buildings within the hospital. Prolonged hospitalization (> 10 days) (odds ratio [95% confidence interval], 1.76 [1.05-2.93]) and penicillin-class antibiotics (1.69 [1.11-2.58]) were risk factors for CDI, with the latter being an independent risk factor (1.57 [1.02-2.42]). For C. difficile ST35 infection, intensive care unit (12.00 [2.77-52.05]) and neurology departments (8.08 [1.46-44.65]) admissions were risk factors, with the latter as an independent risk factor (1.56 [1.01-2.40]).

**Conclusion:** Multiple *C. difficile* genotypes with varied antibiotic resistance patterns circulated in Ningbo, with ST35 causing nosocomial clonal transmission among different floors and buildings within the hospital. These findings and the identified risk factors necessitate enhanced surveillance and infection control in the region.

#### KEYWORDS

*Clostridioides difficile* infection, molecular characteristics, whole-genome sequencing, clonal transmission, risk factors

# **1** Introduction

*Clostridioides difficile*, a major nosocomial pathogen causing antibiotic-associated diarrhea, produces highly resistant spores that persist in hospital environments (Bi et al., 2023). *C. difficile* infection (CDI) manifests clinically from mild diarrhea to pseudomembranous colitis and even death (Shu et al., 2023). Posing an urgent threat to the U.S. healthcare system and public health, CDI resulted in approximately 223,900 cases, 12,800 deaths, and US\$ 1 billion in medical costs in 2019 (Wu et al., 2022). Therefore, continuous surveillance of CDI and monitoring of its molecular epidemiology is crucial to detection of outbreaks and intuition of mitigation efforts toward its associated public health burden.

CDI has been an escalating concern in China, with nosocomial infection rates exceeding 10% (Wen et al., 2023). Despite variations in genotypes and antibiotic resistance among Asian countries (Luo et al., 2019), data on molecular characteristics of CDI across China still remain limited. Whole-genome sequencing (WGS) has revealed several nosocomial transmissions of specific STs in China. Previous studies have identified nosocomial transmission of ST1 in Beijing (Jia et al., 2016), ST81 in Shanghai (Qin et al., 2017), ST35 and ST37 in Zhejiang (Bi et al., 2023; Luo et al., 2024), suggesting both localized distribution and widespread dissemination of CDI. Common risk factors for CDI include advanced age, inappropriate antibiotic use, and proton pump inhibitor (PPI) administration (McDonald et al., 2018). In China, additional unique risk factors have been identified, such as lower age thresholds (Jin et al., 2017) and chronic diseases (Dai et al., 2020), and comorbidities (Saldanha et al., 2020). However, the risk factors of patients infected with nosocomial transmission-associated genotypes remain to be elucidated.

Ningbo, a major southeastern port city, has reported nosocomial transmission of multiple *C. difficile* genotypes, including ST3 and ST54 (Shu et al., 2023). To comprehensively understand the regional epidemiology of CDI, a cross-sectional study was conducted in a tertiary hospital. CDI prevalence, molecular characteristics, and clonal transmission were studied through genomic and epidemiological data. Furthermore, risk factors for CDI and for genotypes associated with nosocomial transmission were investigated to inform possible strategies for preventing and controlling CDI outbreaks.

## 2 Materials and methods

# 2.1 Study design and collection of stool samples

From September to November 2021, hospitalized patients with diarrhea were enrolled in this cross-sectional study at the Ningbo First Hospital, an academic tertiary care medical center. Diarrhea was defined as more than 3 loose, watery, or unformed stool passages within 24 h (McDonald et al., 2018). Stool samples were collected from hospitalized patients presenting with diarrhea. Only the first stool sample from each patient was included, exclusively for the purpose of research testing.

A case of CDI was defined as the presence of diarrhea concomitant with either a positive stool assay for toxigenic *C. difficile* or endoscopic/ histopathological evidence of pseudomembranous colitis (McDonald et al., 2018). Parallel to stool collection, a standardized questionnaire was completed by clinicians for each patient with CDI to record clinical data (e.g., age, gender, previous antibiotic treatment within 8 weeks, hospital stay before sampling, and past medical history) as previously described (Jin et al., 2017). Ethical approval for this study was obtained from the Ethics Committee of Ningbo First Hospital (2021-R177).

## 2.2 C. difficile culture

Stool samples were treated with 95% alcohol, and the mixture was inoculated on cycloserine-cefoxitin-fructose agar with a selective supplement (Oxoid Inc., Basingstoke, UK), as previously described (Jin et al., 2017). After incubation for 48 h at 37°C in an anaerobic chamber (DW Microbiology Co., Ltd., Hangzhou, China), *C. difficile* strains were identified as described previously and stored at  $-80^{\circ}$ C in brain-heart infusion broth with 10% glycerol until subsequent analysis (McDonald et al., 2005).

### 2.3 Detection of C. difficile toxin genes

Genomic DNA was extracted using a QIAamp DNA Mini Kit (Qiagen Inc., CA, USA). The housekeeping gene *tpi*, toxin genes *tcdA* and *tcdB*, and binary toxin genes (CDT) *cdtA* and *cdtB* were detected by PCR using previously described primer sequences (Persson et al., 2008). For the *tcdA* primers, a 369-bp amplicon was obtained for the *tcdA*-positive/*tcdB*-positive (A<sup>+</sup>B<sup>+</sup>) strains, and a 100-bp amplicon was obtained for the *tcdA*-negative/*tcdB*-positive (A<sup>-</sup>B<sup>+</sup>) strains. Standard *C. difficile* strains (ATCC 43255, ATCC 700057, BAA-1801, BAA-1803, and BAA-1870) were used as positive and negative controls (Jin et al., 2017). Blank, positive, and negative controls were examined in parallel for each test.

### 2.4 Multi-locus sequence typing (MLST)

Seven housekeeping genes (*adk*, *atpA*, *dxr*, *glyA*, *recA*, *sodA*, and *tpi*) were amplified by PCR and MLST was performed as previously reported (Griffiths et al., 2010). The sequencing results were submitted

to the MLST database<sup>1</sup> to obtain the *C. difficile* alleles and STs. Based on the STs, the minimum spanning tree was constructed using the MSTree V2 algorithm with the GrapeTree software (Fernandes et al., 2018).

### 2.5 WGS and assembly

Genomic DNA was extracted from strains with identical STs collected from the same ward, using the method described previously. WGS libraries were prepared using the TruePrep<sup>™</sup> DNA library prep kit V2 (Illumina, Santiago, CA, USA), and WGS was performed by the Illumina Hiseq X Ten platform with 150-base paired end reads. Sequence data were processed and quality controlled according to a standard pipeline as previously described (Preston et al., 2014). Raw sequence data were processed and quality controlled, as previously described (Bolger et al., 2014). Briefly, FASTQ-formatted Illumina sequence reads were quality controlled with a minimum quality Phred score of 30 (as a rolling average over four bases), and adapters and low-quality sequences were removed using Trimmomatic v0.36, as previously described (Bolger et al., 2014). Totally, 96 Gb of clean bases were ultimately generated (1.32 Gb/per isolate,  $Q20 \ge 95\%$ ). Genomic sequence data were de novo assembled using Velvet 1.2.10. Raw data were deposited in the NCBI database under the BioProject accession number PRJNA902108.

# 2.6 SNP calling and identification of clonal transmission

The genome sequences of all sequenced strains were aligned to the *C. difficile* publicly available completed genomes as described in the "Results" section. Single nucleotide polymorphism (SNP) identification was performed using a section of the recombination event tree (SaRTree) pipeline at a proportion threshold of 100 (Hu et al., 2020). In accordance with the guiding principles, pairs of strains that differed by 0–2 SNPs and were separated by less than 124 days were considered the result of direct clonal transmission, whereas pairs of strains that differed by 3–10 SNPs were considered potential clonal transmission (Eyre et al., 2013).

### 2.7 Antibiotic susceptibility testing

Antibiotic susceptibility testing was performed using the agar dilution assay according to the Clinical and Laboratory Standards Institute (CLSI) guidelines (CLSI, 2020). The 12 tested antibiotics were clindamycin, ciprofloxacin, erythromycin, fusidic acid, gatifloxacin, levofloxacin, metronidazole, moxifloxacin, piperacillin, rifampicin, tetracycline, and vancomycin, with *C. difficile* ATCC 700057 and *Bacteroides fragilis* ATCC 25285 included as control strains. Minimal inhibitory concentration (MIC) results were interpreted using the CLSI M100 recommendations for clindamycin, metronidazole, moxifloxacin, piperacillin, and tetracycline (CLSI, 2020); EUCAST guidelines<sup>2</sup> for fusidic acid, rifampicin, and vancomycin; and CLSI recommendations for moxifloxacin in anaerobes applied to ciprofloxacin, gatifloxacin, and levofloxacin. The erythromycin breakpoint was set at  $8 \mu g/mL$  as previously reported (Mutlu et al., 2007). Multidrug resistance (MDR) was defined as resistance to at least three antibiotic classes (Magiorakos et al., 2012).

### 2.8 Data analysis

Statistical analysis was conducted using SPSS Statistics 26.0 (IBM Corp., NY, USA). The  $\chi^2$  test or Fisher's exact test was employed to assess correlations between STs and antibiotic susceptibility patterns. Bivariate analysis used the  $\chi^2$  test or Fisher's exact test to evaluate differences between CDI and non-CDI cases, and Fisher's exact test to evaluate differences between nosocomial transmission STs and non-nosocomial transmission STs. For these comparisons, odds ratios (ORs), 95% confidence intervals (CIs), and *p*-values were calculated. Variables showing significance in bivariate analysis were further examined using bivariate logistic regression to identify independent risk factors for CDI. A *p*-value <0.05 was considered statistically significant.

## **3** Results

### 3.1 Molecular characteristic

# 3.1.1 Collection and genotyping of *C. difficile* strains

A total of 907 investigated patients with diarrhea from the Ningbo First Hospital were enrolled in this cross-sectional study. The flow diagram and clinical information were shown in Figure 1 and Supplementary Table S1, respectively. Among them, 115 *C. difficile* strains were recovered with a prevalence of 12.7%. Toxin gene analysis revealed that 106 (92.2%) strains were A<sup>+</sup>B<sup>+</sup>CDT<sup>-</sup>, 3 (2.6%) were A<sup>-</sup>B<sup>+</sup>CDT<sup>-</sup>, and 6 (5.2%) were A<sup>+</sup>B<sup>+</sup>CDT<sup>+</sup>, and non-toxigenic strains were not found. MLST analysis identified 25 different STs, with ST3 (n = 16, 13.9%), ST35 (n = 15, 13.0%), and ST2 (n = 12, 10.4%) being the predominant genotypes.

### 3.1.2 Antibiotic susceptibility testing

The summary MIC distributions of the 115 *C. difficile* strains for the 12 antibiotics were presented in Figure 2, and the values of the MIC<sub>50</sub>, MIC<sub>90</sub>, MIC mode and geometric mean MIC (GM) were shown in Table 1. ST35 had higher GM values for ciprofloxacin ( $6.35 \mu g/mL$ ) and tetracycline ( $6.33 \mu g/mL$ ) compared to all the other STs ( $2.84 \mu g/mL$ ,  $0.43 \mu g/mL$ , respectively). The ST54 had higher GM values for clindamycin ( $56.42 \mu g/mL$ ) and erythromycin ( $105.95 \mu g/mL$ ) compared to all the other STs ( $18.61 \mu g/mL$ ,  $12.54 \mu g/mL$ , respectively). The GM values of ST1 against metronidazole, vancomycin, rifampicin, piperacillin, and three quinolones (levofloxacin, moxifloxacin, and gatifloxacin) were higher than those of other STs.

<sup>1</sup> http://pubmlst.org/cdifficile

<sup>2</sup> www.eucast.org



Correlations between antibiotic resistance and predominant STs were also determined (Supplementary Table S2). For ST54, the rate of erythromycin resistance (100%) was significantly higher than those in other STs ( $\chi^2 = 10.24$ , p = 0.02). However, the rates of resistance to moxifloxacin (18.2%) and gatifloxacin (18.2%) were significantly lower than those in other STs ( $\chi^2 = 16.65$  and 14.91, p = 0.001 and 0.002, respectively). For ST35, the rates of ciprofloxacin resistance (66.7%) and tetracycline resistance (33.3%) were distinctly higher than those in other STs ( $\chi^2 = 13.30$  and 20.19, p = 0.004 and <0.001, respectively). Notably, of 7 tetracycline-resistant strains, 5 belonged to ST35. Moreover, 80 (69.6%) of strains were MDR with significant differences in the distribution of STs ( $\chi^2 = 9.88$ , p = 0.02).

### 3.2 Clonal transmission

# 3.2.1 Genetic relatedness of STs across different departments

The minimum spanning tree revealed the same STs distributed across multiple departments (Figure 3). Among these, ST48 detected in the neurology department (NEU), was identified as a putative ancestor of all STs. Further analysis showed that ST48 exhibited one allelic difference from both ST42 and ST3. Specifically, ST42 was detected in the infectious disease department (INF) and NEU, while ST3 was detected in INF, cardiothoracic surgery (CTS), hepatobiliary surgery (HBS), intensive care unit (ICU), hematology (HEM), gastroenterology (GAS), and other departments. The distribution of the main hospitalized departments was illustrated in Supplementary Figure S1. Building A mainly contained ICU, HBS, GAS, and NEU, while Building B mainly contained ICU, CTS, and HEM. A connecting platform linked Building A and Building B. The two INF were situated in Buildings.

# 3.2.2 Analysis of genetic relationship and identification of clonal transmission of CDI

WGS and SNP analysis was performed on 21 strains with identical STs from the same ward, including 7 strains of ST35, 6 of ST36, 4 of ST3, 2 of ST14, and 2 of ST54. These strains were collected within a 124-day period. The genome sequences of the seven ST35 strains were aligned to the C. difficile ST35 complete genome A9 (SRR18235872). Among these, three strains (NB184, NB191, and NB197) showed ≤2 SNP differences, while no SNP difference was found between NB375 and NB437 (Figure 4A). By integrating SNP results with patient hospitalization timelines (Figure 4B), two nosocomial clonal transmission events were identified (Figure 4C). The first event occurred between September 9 and 17, involving the spread of C. difficile ST35 between patient NB197 and NB191 in the NEU, and subsequently to NB184 in the CTS. The second event, occurring between October 4 and 11, involved the clonal transmission of C. difficile ST35 between patient NB437 in the CTS and NB375 in the ICU. In addition, two ST36 strains (NB454 and NB647), which were isolated less than 124 days apart, had 8 SNP differences. The genome sequences of the other non-ST35 strains were aligned to the C. difficile 630 genome (AM180355.1) (Supplementary Figure S2).

### 3.3 Risk factors

Risk factors for CDI were assessed through a blinded review of each patient's medical records. Bivariate analysis was performed between the 115 CDI cases and 792 non-CDI cases, as shown in Table 2. The following parameters were found to be statistically significant between CDI cases and non-CDI cases: hospitalization over 10 days before sampling (OR=1.757, 95% CI=1.053–2.931, p=0.029),



MIC distributions for 12 antibiotics among different STs, red: ST2, orange: ST3, green: ST35, pink: ST54 and blue: other STs. MTZ, metronidazole; VAN, vancomycin; CLI, clindamycin; ERY, erythromycin; FuA, fusidic acid; RIF, rifampicin; LFX, levofloxacin; MFX, moxifloxacin; GAT, gatifloxacin; TET, tetracycline; PIP, piperacillin; CFX, ciprofloxacin. Established susceptible and resistant breakpoints were indicated by vertical green and red lines, respectively, where available.

the use of penicillin-class antibiotics (OR = 1.690, 95% CI = 1.107–2.579, p = 0.019), and use of esomeprazole (OR = 1.942, 95% CI = 1.159–3.253, p = 0.014). Subsequent bivariate logistic analysis showed that the use of penicillin-class antibiotics remained a significant factor associated with CDI (OR = 1.573, 95% CI = 1.020–2.424, p = 0.040).

Significant differences were revealed between 15 ST35 and 100 non-ST35 CDI cases in rates of admission to the ICU (OR = 12.000, 95% CI = 2.767-52.047, p = 0.002) and the NEU (OR = 8.083, 95% CI = 1.463-44.648, p = 0.037). Subsequent bivariate logistic analysis showed that admission to the NEU was a significant risk factor between ST35 and non-ST35 CDI cases (OR = 1.556, 95% CI = 1.011-2.396, p = 0.044).

### 4 Discussion

The previous study did not address CDI risk factors among hospitalized patients in Ningbo, China (Shu et al., 2023). To fill this knowledge gap, we conducted a further analysis of molecular characteristics, clonal transmission, and risk factors in a tertiary hospital. Our study provided the first genomic evidence of *C. difficile* ST35 among different floors and buildings within the hospital. Notably, NEU admission was identified as an independent risk factor for *C. difficile* ST35 infection, informing prevention strategies for large-scale outbreaks in this region.

This study revealed a CDI prevalence of 12.7%, comparable to rates reported among Chinese patients with diarrhea in a

## TABLE 1 MIC parameters of genotypes against 12 antibiotic agents.

Antibiotic	MIC value (μg/mL)	Total no. of strains (n = 115)	Genotypes						
agent			ST1 (n = 3)	ST2 (n = 12)	ST3 (n = 16)	ST35 (n = 15)	ST54 (n = 11)	Other STs ( <i>n</i> = 58)	
Metronidazole	MIC <sub>range</sub>	0.06-2	0.25-2	0.06-1	0.125-1	0.125-0.5	0.125-0.5	0.06-1	
	MIC <sub>50</sub>	0.25	_	0.25	0.25	0.25	0.25	0.25	
	MIC <sub>90</sub>	0.5	_	1	0.5	0.25	0.5	0.5	
	MIC <sub>mode</sub>	0.25	0.25	0.25	0.25	0.25	0.25	0.125	
	GM	0.23	0.50	0.26	0.23	0.20	0.22	0.22	
Vancomycin	MIC <sub>range</sub>	0.25-2	1–2	0.5-2	0.5-2	0.25-1	0.5-2	0.25-2	
	MIC <sub>50</sub>	1	_	1	1	1	1	1	
	MIC <sub>90</sub>	2	_	1	2	1	1	2	
	MIC <sub>mode</sub>	1	2	1	1	1	1	1	
	GM	0.85	1.59	0.84	0.92	0.76	1.00	0.82	
Clindamycin	MIC <sub>range</sub>	0.06-128	8-128	1–128	0.06-128	0.06-128	0.5-128	0.06-128	
	MIC <sub>50</sub>	32	_	8	128	8	128	16	
	MIC <sub>90</sub>	128	_	128	128	128	128	128	
	MIC <sub>mode</sub>	128	_	4	128	8	128	128	
	GM	18.91	25.40	14.25	25.70	10.53	56.42	17.17	
Erythromycin	MIC <sub>range</sub>	0.06-128	1-128	0.5-128	0.06-128	0.06-128	16-128	0.06-128	
	MIC <sub>50</sub>	128	_	1	128	2	128	2	
	MIC <sub>90</sub>	128	_	128	128	128	128	128	
	MIC <sub>mode</sub>	128	128	0.5	128	128	128	128	
	GM	11.40	25.40	5.66	15.28	7.98	105.95	8.39	
Fusidic acid	MIC <sub>range</sub>	0.25-8	2-4	2-4	0.25-8	1-8	1-4	0.5-4	
	MIC <sub>50</sub>	2	_	2	2	4	2	2	
	MIC <sub>90</sub>	4	_	4	4	4	4	4	
	MIC <sub>mode</sub>	2	_	2	2	4	4	4	
	GM	2.53	2.52	2.38	2.09	2.89	2.30	2.63	
Rifampicin	MIC <sub>range</sub>	0.06-128	0.06-128	0.06-0.06	0.06-0.06	0.06-0.06	0.06-8	0.06-128	
	MIC <sub>50</sub>	0.06	_	0.06	0.06	0.06	0.06	0.06	
	MIC <sub>90</sub>	0.06	_	0.06	0.06	0.06	0.06	2	
	MIC <sub>mode</sub>	0.06	0.06	0.06	0.06	0.06	0.06	0.06	
	GM	0.09	0.77	0.06	0.06	0.06	0.09	0.11	
Tetracycline	MIC <sub>range</sub>	0.06-16	0.06-0.125	0.06-8	0.06-16	0.06-16	0.06-4	0.06-16	
	MIC <sub>50</sub>	1	_	0.125	1	8	1	0.125	
	MIC <sub>90</sub>	8	_	2	8	16	2	8	
	MIC <sub>mode</sub>	0.06	0.06	0.06	0.06	8	2	0.06	
	GM	0.53	0.08	0.21	0.73	6.33	0.82	0.32	
Piperacillin	MIC range	0.06-32	8-16	4-16	0.125-16	0.125-8	0.06-8	0.06-32	
	MIC <sub>50</sub>	8	_	8	8	8	8	8	
	MIC <sub>90</sub>	16		16	8	8	8	16	
	MIC <sub>mode</sub>	8	16	8	8	8	8	8	
	GM	7.09	12.70	8.48	5.66	6.06	4.24	8.09	

(Continued)

### TABLE 1 (Continued)

Antibiotic agent <sup>a</sup>	MIC value (μg/mL)	Total no. of strains (n = 115)	Genotypes						
			ST1 ( <i>n</i> = 3)	ST2 (n = 12)	ST3 (n = 16)	ST35 ( <i>n</i> = 15)	ST54 (n = 11)	Other STs ( <i>n</i> = 58)	
Levofloxacin	MIC <sub>range</sub>	1–128	4-128	1-8	1-128	1-4	1-32	1-128	
	MIC <sub>50</sub>	4	_	4	4	4	4	4	
	MIC <sub>90</sub>	64	_	8	64	4	32	64	
	MIC <sub>mode</sub>	4	128	4	4	4	4	4	
	GM	6.64	40.32	4.00	12.88	3.03	4.54	7.36	
Moxifloxacin	MIC <sub>range</sub>	0.125-128	1-32	0.125-2	1-32	1-2	0.5-16	0.125-128	
	MIC <sub>50</sub>	1	_	1	1	1	1	1	
	MIC <sub>90</sub>	16	—	2	32	2	8	16	
	MIC <sub>mode</sub>	1	_	1	1	1	1	1	
	GM	1.98	8.00	0.84	4.18	1.15	1.37	2.20	
Gatifloxacin	MIC <sub>range</sub>	0.06-128	1-32	0.25-2	0.5-32	0.5-2	0.06-32	0.25-128	
	MIC <sub>50</sub>	1	_	1	2	1	1	2	
	MIC <sub>90</sub>	16	_	2	32	2	8	16	
	MIC <sub>mode</sub>	1	32	1	1	1	1	1	
	GM	2.18	10.08	1.12	4.00	1.32	1.28	2.45	
Ciprofloxacin	MIC <sub>range</sub>	0.25-32	2-8	0.5-8	0.5-8	2-16	0.25-8	1-32	
	MIC <sub>50</sub>	4	—	1	4	8	1	4	
	MIC <sub>90</sub>	8	—	8	8	8	4	8	
	MIC <sub>mode</sub>	8	_	1	4	8	1	4	
	GM	3.20	4.00	2.24	3.36	6.35	1.21	3.38	

-, data not calculated.



#### FIGURE 3

The minimum spanning tree based on the distribution of STs across different departments. Each circle represents an ST, with the size of the circle and the number of its segments indicating the quantity of corresponding isolates. The numerical values on the lines connecting the circles represent the number of allelic differences between adjacent STs. CTS, cardiothoracic surgery department; GAS, gastroenterology department; HBS, hepatobiliary surgery department; HEM, hematology department; ICU, intensive care unit; INF, infectious diseases department; NEU, neurology department.



meta-analysis (11.4%) (Wen et al., 2023). Our previous crosssectional study (2013–2015) identified *C. difficile* ST37 as a dominant genotype (16.5%) (Jin et al., 2017), contrasting with the current study, which found ST37 at a prevalence of 1.7%. *C. difficile* ST81, a singleallelic *atpA* variant of ST37, has been predominant in Shanghai for a decade (Yang et al., 2020), but our study found only 0.9% of strains were ST81. A recent meta-analysis observed significant molecular differences in *C. difficile* between northern and southern China (Wen et al., 2023). Regional variations might be attributable to differences on genotypes and antibiotic use patterns in *C. difficile* epidemiology (Luo et al., 2019). Therefore, further regional studies are crucial to fully elucidate CDI molecular characteristics in this region and understand the factors driving these regional variations in China.

Our study revealed significant changes in antibiotic resistance patterns of *C. difficile* strains, highlighting the dynamic nature of CDI epidemiology in this region. The antibiotic resistance pattern in this study showed that the rates of resistance to ciprofloxacin, levofloxacin, and tetracycline were significantly lower than data from our previous study (Jin et al., 2017). While the rates on clindamycin resistance were prevalent in Asia-Pacific countries (80.7%) and China (70.8–87.9%), the quinolone resistance rates (24.3–34.8%) in this study were lower than those reported in China (Luo et al., 2019; Wu et al., 2022). Similarly, the tetracycline resistance rate (6.1%) aligned with the coastal region data but differed from other domestic studies (6.0–46.9%) (Yan et al., 2017; Wu et al., 2022). These findings highlighted variations in CDI epidemiology and antibiotic resistance patterns in this region. Notably, we identified one ST1 isolate with a metronidazole MIC value of  $2 \mu g/mL$ . The emergence of metronidazole-resistant *C. difficile*, predominantly *C. difficile* ST1, has been a growing concern worldwide (Abdrabou et al., 2021). Given that metronidazole is currently not recommended as a first-line drug according to the IDSA/SHEA guideline in 2017 (McDonald et al., 2018), dynamic changes in its MIC values should be continuously monitored.

Our study unveiled novel nosocomial clonal transmission among different floors and buildings within the hospital of *C. difficile* ST35, highlighting the complex dynamics of its spread in healthcare settings. *C. difficile* ST35 has caused severe outbreaks with high mortality in Sweden (Magnusson et al., 2022), and evidence suggested its widespread proliferation in Zhejiang through nosocomial and

### TABLE 2 Parameters and risk factors in 907 hospitalized patients with diarrhea.

Parameter	CDI cases (n = 115)	Non-CDI cases	Analysis results					
					Bivariate			
		(11 - 7 5 - 7	OR	95% CI	p value	OR	95% CI	p value
Age>60 yrs. (median, 60 yrs.)	52 (54.8)	386 (51.3)	1.152	0.778-1.706	0.480			
Gender, male	74 (64.3)	464 (58.6)	1.276	0.849-1.917	0.264			
Previous antibiotic treatment with	in 8 week							
Cephalosporin class (third and fourth								
generations)	49 (42.6)	330 (41.7)	1.039	0.700-1.544	0.919	_		
Quinolone class	11 (9.6)	60 (7.6)	1.290	0.657-2.534	0.578			
Carbapenem class	18 (15.7)	88 (11.1)	1.485	0.857-2.572	0.163		1	
Penicillin class	38 (33.0)	179 (22.6)	1.690	1.107-2.579	0.019	1.573	1.020-2.424	0.040
Others	4 (3.5)	15 (1.9)	1.867	0.609-5.725	0.286			
Hospital stay >10 days before sampling, yes	22 (19.1)	94 (11.9)	1.757	1.053-2.931	0.029	1.533	0.907-2.594	0.111
Past medical history								
Tumor	36 (31.3)	189 (23.9)	1.454	0.949-2.228	0.105			
Infectious diseases	31 (27.0)	173 (21.8)	1.320	0.846-2.061	0.232			
Surgery	22 (19.1)	218 (27.5)	0.623	0.382-1.017	0.070			
Chronic disease	26 (22.6)	212 (26.8)	0.799	0.502-1.272	0.367			
Ward type								
GAS	26 (22.6)	146 (18.4)	1.293	0.806-2.073	0.308			
HEM	12 (10.4)	64 (8.1)	1.325	0.692-2.539	0.470	1		
HBS	10 (8.7)	63 (8.0)	1.102	0.548-2.214	0.854	1		
INF	9 (7.8)	39 (4.9)	1.639	0.772-3.480	0.261			
ICU	9 (7.8)	61 (7.7)	1.017	0.491-2.109	1.000			
CTS	8 (7.0)	75 (9.5)	0.715	0.335-1.523	0.399	1		
NEU	6 (5.2)	63 (8.0)	0.637	0.269-1.507	0.352	1		
Others	35 (30.4)	281 (35.5)	0.796	0.521-1.215	0.298	1		
Surgery during hospitalization, yes	38 (33.0)	300 (37.9)	0.809	0.535-1.225	0.353			
Nasal feeding, yes	11 (9.6)	69 (8.7)	1.108	0.568-2.163	0.860	1		
Previous PPIs use								
Pantoprazole	37 (32.2)	301 (38.0)	0.774	0.510-1.174	0.257			
Esomeprazole	22 (19.1)	86 (10.9)	1.942	1.159-3.253	0.014	1.699	0.995-2.902	0.052
Omeprazole	21 (18.3)	163 (20.6)	0.862	0.521-1.426	0.621			1
Clinical laboratory tests								
WBC (cells ×10 <sup>9</sup> /L) >10	20 (17.4)	116 (14.6)	1.227	0.729-2.065	0.484			
Neutrophils >75%	36 (31.3)	201 (25.4)	1.340	0.876-2.050	0.211			
ALT (U/L)>50	12 (10.4)	84 (10.6)	0.982	0.518-1.861	1.000			
AST (U/L) > 40	14 (12.2)	96 (12.1)	1.005	0.552-1.828	1.000			
Albumin (g/L) < 40	48 (41.7)	289 (36.5)	1.247	0.838-1.856	0.302			
Urea (mmol/L)>9.5	11 (9.6)	70 (8.8)	1.091	0.559-2.128	0.861	1		
Creatinine (µmol/L)>111	10 (8.7)	74 (9.3)	0.924	0.463-1.845	0.866	1		
CK-MB (ng/ml) > 5	1 (0.9)	21 (2.7)	0.322	0.043-2.417	0.344			

Other antibiotics included glycopeptides, tetracyclines, and lincosamides; GAS, gastroenterology department; HEM, hematology department; HBS, hepatobiliary surgery department; INF, infectious diseases department; ICU, intensive care unit; CTS, cardiothoracic surgery department; NEU, neurology department; Other departments included obstetrics and gynecology, pediatrics, and geriatrics; PPI, Proton pump inhibitor; WBC, white blood cell; ALT, alanine aminotransferase; AST, aspartate aminotransferase; CK-MB, creatine kinase isoenzyme.

cross-species transmission (Luo et al., 2024). We identified two nosocomial clonal transmission events within a three-month period. This finding aligned with previous observations of *C. difficile* ST37 transmission among different floors in NEU departments in Zhejiang (Bi et al., 2023). Our epidemiological evidence suggested that crosscare provided by healthcare workers in the NEU likely served as the primary vector for this clonal transmission. Notably, we identified clonal transmission between patients NB191 and NB197 in the NEU and patient NB184 in the CTS, demonstrating bacterial spread among different floors and buildings within the hospital. Laboratory samples from both buildings were transported by the same staff, facilitating potential transmission among buildings. These observations indicated that healthcare worker mobility, environmental contamination, and indirect patient contact were key factors contributing to this clonal transmission.

The second clonal transmission event originated from patient NB437 from the CTS. Despite a one-day hospital stay, the patient, with three-year Crohn's disease history, multiple prior admissions, and long-term use of antibiotics and immunosuppressants, might have been infected by C. difficile ST35 from other healthcare facilities prior to this admission. Subsequently, patient NB437 transmitted ST35 to susceptible ICU patient NB375 through transmission among buildings, linked to the same healthcare worker who transported the laboratory samples. Notably, C. difficile ST35 exhibited strong spore formation, a characteristic that significantly enhanced its environmental persistence and facilitates rapid spread in healthcare setting (Luo et al., 2024). These findings highlighted the need for strict infection control among healthcare workers moving among hospital areas, including enhanced hand hygiene and frequent disinfection of high-touch surfaces. Screening and monitoring ST35 cases on admission, especially those with inflammatory bowel disease, are also crucial.

For CDI risk, our findings corroborated previous reports identifying prolonged hospitalization (>10 days) as a risk factor for CDI (Yang et al., 2020). Bivariate logistic regression analysis revealed penicillin-class antibiotics as an independent risk factor for CDI, consistent with a study conducted in Hong Kong (Guo et al., 2021). Notably, all CDI patients in our study had a history of piperacillin-tazobactam usage, underscoring the necessity for stringent control and monitoring of this antibiotic to mitigate CDI risk. Further analysis of all C. difficile ST35 cases revealed novel risk factors. ICU admission was associated with increased ST35 infection risk, possibly due to the compromised immune status of ICU patients and frequent use of broad-spectrum antibiotics (Murphy et al., 2022). Notably, admission to the NEU emerged as an independent risk factor for ST35 infection. Recent research has shown that neurons play a crucial role in regulating CDI-induced inflammation (Manion et al., 2023), indicating neurological dysfunction may influence host susceptibility to CDI. However, the exact mechanisms warrant further investigation. These findings underscored the importance of judicious piperacillin-tazobactam use, routine CDI screening in high-risk patients, especially in the NEU, and prompt implementation of infection control measures.

This study has some limitations. First, clinical samples were collected over a three-month period, potentially missing seasonal variations and long-term molecular trends. Second, the absence of environmental sampling limited the understanding of direct nosocomial transmission pathways for ST35 strains. Additionally, the

lack of clinical outcome data for ST35 cases limited the assessment of this genotype's impact on disease severity.

In conclusion, this study elucidated multiple *C. difficile* genotypes were prevalent with varied antibiotic resistance patterns in Ningbo, China, and provided the genomic evidence of *C. difficile* ST35 clonal transmission among different floors and buildings within the hospital. Our findings also highlighted the importance of enhanced surveillance and targeted interventions for penicillin-class antibiotics use, and *C. difficile* ST35 cases in the NEU. Further studies should be conducted to investigate long-term molecular trends, environmental reservoirs, and clinical outcomes to comprehensively understand CDI dynamics and inform prevention strategies.

# Data availability statement

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found in the article/Supplementary material.

## **Ethics statement**

The studies involving humans were approved by Ethics Committee of Ningbo First Hospital. The studies were conducted in accordance with the local legislation and institutional requirements. Written informed consent for participation in this study was provided by the participants' legal guardians/next of kin. Written informed consent was obtained from the individual(s), and minor(s)' legal guardian/ next of kin, for the publication of any potentially identifiable images or data included in this article.

# Author contributions

LH: Funding acquisition, Resources, Writing – original draft, Writing – review & editing. SL: Investigation, Methodology, Writing – original draft. MZ: Data curation, Methodology, Writing – original draft. MC: Data curation, Methodology, Writing – original draft. YS: Data curation, Methodology, Software, Validation, Writing – original draft. PZ: Data curation, Formal analysis, Software, Visualization, Writing – original draft. XS: Investigation, Methodology, Validation, Writing – original draft. QB: Conceptualization, Data curation, Writing – original draft. JG: Funding acquisition, Resources, Writing – original draft. YL: Data curation, Formal analysis, Visualization, Writing – review & editing. YC: Funding acquisition, Resources, Writing – original draft. DJ: Funding acquisition, Methodology, Supervision, Visualization, Writing – review & editing, Conceptualization, Investigation, Validation, Writing – original draft.

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## **Conflict of interest**

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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## **Generative AI statement**

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### Supplementary material

The Supplementary material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb.2024.1507128/ full#supplementary-material

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