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Disease spectrum and prognostic factors in patients treated for tuberculous meningitis in Shaanxi province, China

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Background: Tuberculous meningitis (TBM) is the most severe form of tuberculosis (TB) and can be difficult to diagnose and treat. We aimed to describe the clinical presentation, diagnosis, disease spectrum, outcome, and prognostic factors of patients treated for TBM in China.

Methods: A multicenter retrospective study was conducted from 2009 to 2019 enrolling all presumptive TBM patients referred to Xijing tertiary Hospital from 27 referral centers in and around Shaanxi province, China. Patients with clinical features suggestive of TBM (abnormal CSF parameters) were included in the study if they had adequate baseline information to be classified as "confirmed," "probable," or "possible" TBM according to international consensus TBM criteria and remained in follow-up. Patients with a confirmed alternative diagnosis or severe immune compromise were excluded. Clinical presentation, central nervous system imaging, cerebrospinal fluid (CSF) results, TBM score, and outcome—assessed using the modified Barthel disability index—were recorded and compared.

Findings: A total of 341 presumptive TBM patients met selection criteria; 63 confirmed TBM (25 culture positive, 42 Xpert-MTB/RIF positive), 66 probable TBM, 163 possible TBM, and 49 "not TBM." Death was associated with BMRC grade III (OR = 5.172; 95%CI: 2.298–11.641), TBM score \geq 15 (OR = 3.843; 95%CI: 1.372–10.761), age > 60 years (OR = 3.566; 95%CI: 1.022–12.442), and CSF neutrophil ratio \geq 25% (OR = 2.298; 95%CI: 1.027–5.139). Among those with confirmed TBM, nearly one-third (17/63, 27.0%) had a TBM score <12; these patients exhibited less classic meningitis symptoms and signs and had better outcomes compared with those with a TBM score \geq 12. In this group, signs of disseminated/miliary TB (OR = 12.427; 95%CI: 1.138–135.758) and a higher TBM score (\geq 15, OR = 8.437; 95%CI: 1.328–53.585) were most strongly associated with death.

Conclusion: TBM patients who are older (>60 years) have higher TBM scores or CSF neutrophil ratios, have signs of disseminated/miliary TB, and are at greatest risk of death. In general, more effort needs to be done to improve early diagnosis and treatment outcome in TBM patients.

KEYWORDS

tuberculous meningitis, prognostic factors, disease spectrum, diagnostic, CSF

Introduction

Tuberculous meningitis (TBM) is the most severe form of tuberculosis (TB). The best way to improve TBM outcome is early diagnosis and timely effective treatment (Donovan et al., 2020). Most patients with TBM are diagnosed based on their clinical features, neuroimaging findings, and characteristic changes in their cerebrospinal fluid (CSF). The methods that are currently available for diagnosis (Wang et al., 2016) have their strengths and weaknesses (Marais et al., 2010) but remain sub-optimal (Ho et al., 2013; Seddon and Thwaites, 2019). Difficulties include frequent atypical clinical manifestations, the need for invasive CSF sampling, and poor microbiological yield (Arshad et al., 2020). Therefore, early diagnosis and timely treatment of TBM remains challenging (Huynh et al., 2022).

Microbiological confirmation requires M. tuberculosis to be cultured from CSF or a positive World Health Organization (WHO)-approved commercial nucleic acid amplification test (NAAT) (Marais et al., 2010). CSF culture is limited by low sensitivity and slow turn-around time. Liquid culture using the mycobacteria growth indicator tube (MGIT) method is more sensitive and faster than traditional Lowenstein-Jensen (LJ) solid medium used in most TB endemic settings (Koh et al., 2012; Tayyab et al., 2018). Commercial NAATs, such as Xpert MTB/RIF and Xpert MTB/RIF Ultra (Dorman et al., 2018; Kohli et al., 2021), have sensitivity comparable to culture and can be completed within 2h, but it is relatively expensive. Although it is extremely useful as a 'rule in' test, its sensitivity is too low to serve as a reliable 'rule out' test (Kohli et al., 2021). Microscopic acid-fast staining, including modified Ziehl-Neelsen (MZN) staining (Chen et al., 2012), is convenient and fast but hampered by poor accuracy (Wang et al., 2016).

To improve TBM management in China, it is important for doctors to consider the relative value of different diagnostic approaches and the factors associated with poor outcome. Therefore, we conducted a study to describe the clinical presentation and outcome of patients treated for TBM, with specific emphasis on diagnostic approaches and prognostic factors.

Materials and methods

Study design, setting, and ethics approval

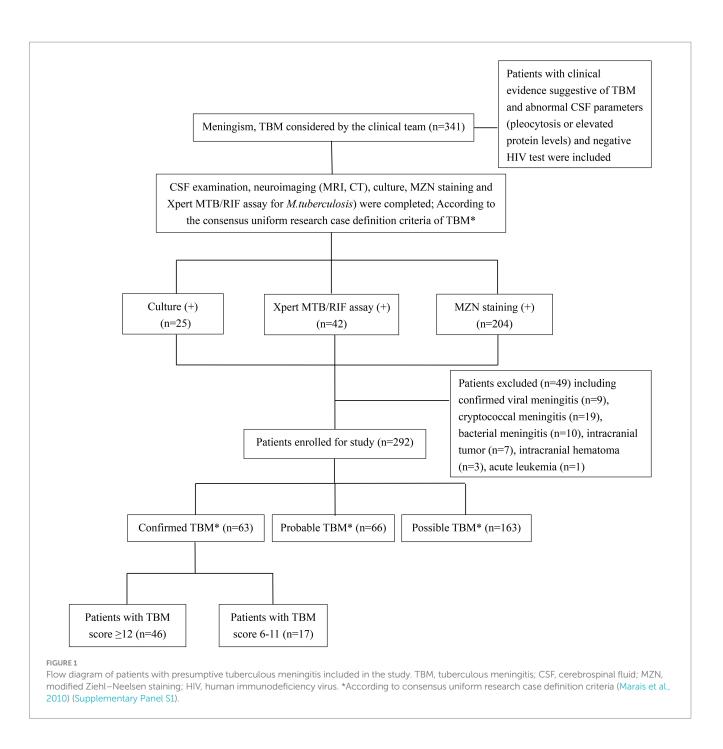
We performed a multicenter retrospective study from May 2009 to April 2019, including all patients with presumptive TBM referred to Xijing tertiary Hospital from 27 referral centers in and around Shaanxi province, China, which was coordinated by Xijing hospital of the Air Force Medical University; one of the largest medical centers in China (a 3,218-bed university-affiliated hospital). All patients underwent chest X-ray (CXR), lumber puncture, brain magnetic resonance imaging (MRI), and/or computed tomography (CT) scanning and were tested for human immunodeficiency virus (HIV) using an enzyme-linked immunosorbent assay. The study protocol was approved by the Ethics Committee of Xijing Hospital of Air Force Medical University (Study No. KY20105255-1 and No. KY20163367-1) and the Ethics Committee of Guangzhou First People's Hospital (Study No. K-2022-054-01).

Clinical data

Clinical data (including demographics, clinical, radiological, and routine CSF laboratory results) were collected through medical record review using a standard data capture tool, while trained interviewers completed telephone follow-ups after the patient was discharged from hospital on TB treatment using a standard questionnaire. Patients with clinical signs and symptoms and abnormal CSF parameters (pleocytosis or elevated protein levels) suggestive of TBM are classified as "confirmed," "probable," or "possible" TBM based on international uniform consensus diagnostic criteria for TBM research (Marais et al., 2010) (Supplementary Panel S1). Patients were only included if meet minimum data quality and completeness criteria were met. Confirmed TBM required a positive M. tuberculosis culture or Xpert MTB/RIF on CSF, and given that all patients received brain imaging, probable TBM required a TBM score of \geq 12 and possible TBM score of 6–11. Severity grading was done using revised British Medical Research Council (BMRC, 1948) TBM severity grade criteria (Solomons et al., 2015). MZN was not considered as evidence of microbiological confirmation given sub-optimal specificity and the possibility of false positives (Wang et al., 2016; Heemskerk et al., 2018). Patients with confirmed viral, cryptococcal, or bacterial meningitis, intracranial tumor, intracranial hematoma, underlying malignancy, or HIV infection were excluded from the study (Figure 1). People living with HIV were excluded because there were only a small number representing a very specific subgroup with unique and well-described risk factors (Marais et al., 2011).

The modified Barthel Index assesses a person's functional independence in daily activities and is useful to track neurological recovery over time (Collin et al., 1988). The Barthel Index consists of 10 items with a designated numerical value that corresponds to the level of assistance required to perform specific tasks. The total score ranges from 0 to 20, with higher scores indicating greater independence. We conducted telephonic outcome assessments, utilizing the modified Barthel Index (Supplementary Panel S2) (Collin et al., 1988), 9–24 months post treatment completion (Jha et al., 2015). Patients who were 'lost to follow up' after completing TBM treatment were excluded from comparative outcome analyses. A modified Bathel Index score of <12 was categorized as "poor outcome," indicating diminished functional status. Poor outcome was only measured in those in whom an outcome was recorded. In general, TB treatment was only commenced after diagnostic work-up and collection of CSF samples, but in some instances, documentation was unclear.

All patients received standard WHO-recommended TBM treatment with isoniazid (300 mg/d), rifampicin (450-600 mg/d),



pyrazinamide (20–30 mg/kg/d), and ethambutol (15–20 mg/kg/d) orally during the 2-month intensive phase (World Health Organization, 2010; Thwaites, 2013), with isoniazid and rifampicin during the 7–12 month continuation phase (Thwaites, 2013; Thwaites et al., 2013; Jullien et al., 2016; Falzon et al., 2017). Intravenous dexamethasone (0.4 mg/kg/day) or oral prednisone (40 mg/day) was given for severe disease at baseline (judged by the treating clinician), if a patient's condition worsened after the start of treatment (Gilpin et al., 2018; Mirzayev et al., 2021). Additional adjuvant treatments, including mannitol, hypertonic saline, acetazolamide, and external CSF drainage or ventriculoperitoneal shunt, were used as clinically indicated. A combination of rifampicin (600 mg/kg/d) and levofloxacin (500–1,000 mg/d) or moxifloxacin (400–800 mg/d) was given intravenously if patients were unable to take oral medication or

worsened on treatment. Patients with drug-resistant TBM received standard treatment since drug susceptibility testing (DST) was conducted retrospectively. Response to treatment was assessed by clinical examination during treatment and telephone follow-up 9–24 months after treatment completion.

Specimen collection and testing

CSF was collected for routine, biochemical, cytological, and microbiological analyses. CSF protein and glucose were determined by immunoturbidimetry (Beckman Coulter DXA5000). CSF cell counts included total white blood cells, lymphocytes, neutrophils, and monocytes. CSF microscopy and MZN staining were performed using $0.5 \,\text{mL}$ of CSF loaded into a cytospin chamber with poly-lysine-coated slides and centrifuged at 70×g for 5 min, according to a standard protocol (Wang et al., 2016). The slide was fixed with 4% paraformaldehyde for 15 min at room temperature and sent to Xijing Hospital of the Fourth Military Medical University for reading. They were permeabilized with 0.3% TritonX-100 for 30 min, before staining with carbolfuchsin containing 0.3% TritonX-100 and counterstained with methylene blue. All slides stained by the modified method were observed under oil immersion at a magnification of 1,000 (Chen et al., 2012). Three hundred fields on each slide were examined documenting the number of fields in which acid-fast bacilli and their intracellular or extracellular location were observed. All positive slides were confirmed by an experienced technician, and 25% of slides were selected for random quality assurance review (Feng et al., 2014; Wang et al., 2016).

A WHO-approved NAAT (Xpert MTB/RIF, Cepheid, Sunnyvale, CA, United States) (Boehme et al., 2010) or M. tuberculosis culture (BACTEC MGIT 960, Bio-Rad Laboratories, Hercules, CA, United States) using standard operating procedures (Krüüner et al., 2006) was performed on all patients. At least 2 mL of CSF was collected. This was first sent to Xijing Hospital where MGIT 960 culture was performed on all specimens. Xpert MTB/RIF was performed at the same time if locally available, but there were periods of interruption when the test was unavailable or unfunded. Remaining CSF and cultured strains were stored at -80°C before transfer to the National Tuberculosis Reference Laboratory of the Chinese Center for Disease Control and Prevention (CDC) in Beijing, where batch Xpert MTB/RIF testing was performed on frozen CSF specimens if an adequate volume was available, and no previous Xpert MTB/RIF test result recorded. Phenotypic DST, as well as gene sequencing and spoligotyping were performed on all viable strains if an adequate amount of DNA could be harvested. Batched phenotypic DST was performed for isoniazid (H), rifampin (R), ethambutol (E), streptomycin (S), kanamycin (K), amikacin (A), capreomycin (C), moxifloxacin (Mfx), levofloxacin (Lfx), para-aminosalicylic acid (PAS), and prothionamide (Pto) on solid LJ medium, according to standard protocols (World Health Organization, 2011). Following resistance detection, the MGIT 960 system (Krüüner et al., 2006) was used to determine the mean inhibitory drug concentration (MIC) (Woods et al., 2011). DNA was extracted from freshly cultured colonies on LJ medium and processed using standard methodology for gene sequencing and spoligotyping (Gori et al., 2005). Strains were identified by 16-23467, rrs1690, and 16s555 gene sequencing (Supplementary Panel S3) (Clarridge, 2004), compared with the M. tuberculosis reference strain H37Ry, and deposited in GenBank¹ (Wang et al., 2016); whole genome sequencing was not performed. Genotypic DST was performed using standard primers for the inhA, katG, rpoB, embB, gyrA, gyrB, rrs-KAN, eis, rpsL, and gidB genes (Supplementary Panel S4) (Maus et al., 2005; Avalos et al., 2015; Cohen et al., 2015).

Statistical analyses

Continuous variables (age, TBM score, leukocytes, lymphocytes, neutrophils, monocytes, protein, glucose, intracranial pressure, and

Barthel score) were expressed as the median and interquartile range (IQR). Categorical variables (female sex, fever, headache, vomiting, neck stiffness, seizures, BMRC grade, CXR suggestive of active cavitating disease or disseminated/miliary TB, reported diabetes, hydrocephalus, infarcts, basal meningeal enhancement, granulomas/tuberculomas, any drug resistance detected, Beijing genotype, TBM treatment completed, lost to follow-up, death, and poor outcome) were expressed as counts and proportions. Differences between microbiologically confirmed TBM cases that had a TBM score of ≥ 12 and < 12 were assessed by the χ^2 test for categorical variables, and the Mann-Whitney U test was performed to assess continuous variables. Continuous variables were also assessed using the Kruskal-Wallis test (non-parametric one-way analysis of variance, ANOVA), and categorical variables were assessed using the χ^2 test, with Bonferroni adjustments. Multivariate logistic regression was used to analyze risk factors for poor outcome, including all factors significantly associated (p < 0.05) with univariate analyses. Comparative results were presented as odds ratios (ORs) with 95% confidence interval (CI). Receiver operating characteristic (ROC) curves were constructed to assess diagnostic accuracy. All statistical analyses were performed using statistical package for social sciences (SPSS) version 20.0 and GraphPad Prism 7.0. Instances with missing data (n=42) were excluded from the particular analysis, instead of imputing missing values.

Results

A total of 341 presumptive TBM patients met selection criteria; 63 confirmed TBM (25 culture positive, 42 Xpert-MTB/RIF positive), 66 probable TBM, 163 possible TBM, and 49 "not TBM" according to uniform research TBM case definition criteria (Marais et al., 2010) (Figure 1). Among 292 patients started on TBM treatment, 93.1% (270/292) had an outcome reported and were included in comparative analyses. In total, 83.3% (50/60) confirmed TBM, 64.6% (42/65) probable TBM, and 33.1% (48/145) possible TBM patients completed TBM treatment. The 49 patients with presumptive TBM who were excluded had an alternative cause (9 viral meningitis, 19 cryptococcal meningitis, 10 bacterial meningitis, 7 intracranial tumor, 1 intracranial hematoma, an 1 acute leukemia) identified. Table 1 provides an overview of the TBM cohort comparing patients with confirmed, probable, and possible TBM. Key differences are shown in Figure 2. Female sex, CXR suggestive of active cavitating disease, hydrocephalus, basal meningeal enhancement, CSF neutrophils, all death, and all poor outcomes were significantly associated with confirmed TBM compared with probable or possible TBM.

Table 2 compares the baseline characteristics of patients with confirmed TBM (culture and/or Xpert MTB/RIF positive) with those who were MZN-positive, but culture and Xpert-MTB/RIF-negative, on CSF. A chest X-ray suggestive of active cavitating disease, hydrocephalus, basal meningeal enhancement, CSF protein \geq 1.4 mg/ dL, CSF glucose <2.2 mmol/L, TBM score \geq 12, and all poor outcomes was significantly associated with confirmed TBM compared with MZN staining-positive but culture and Xpert MTB/RIF-negative cases. Nearly one-third (17 of 63; 27.0%) of patients with confirmed TBM had a TBM score of <12. Since no patients with a TBM score of <6 were included in the study, we can only compare those with a score of \geq 12 and 6–11. Supplementary Table S1 compares the characteristics of patients with confirmed TBM who had a TBM score of \geq 12 and 6–11. Among confirmed TBM patients, those with a TBM score of

¹ http://www.ncbi.nlm.nih.gov/BLAST/

TABLE 1 Comparison of baseline characteristics between confirmed, probable, and possible TBM patients.

Characteristic	Confirmed TBMª, <i>N</i> = 63(%)	Probable TBM ^b , N = 66(%)	Possible TBM ^c , N = 163(%)	p	Multiple comparisons
Median age-years (IQR)	26 (3-82)	34.5(2-64)	29 (1-80)	0.513	-
Female sex	35 (55.6)	32 (48.5)	53 (32.5)	0.003	a>b>c
Median TBM score (IQR) ^d	14 (6–20)	13 (12–19)	8 (6-11)	<0.001	a = b > c
Reported diabetes	1 (1.6)	2 (3.0)	1 (0.6)	0.357	-
History					
Fever	43 (68.3)	54 (81.8)	113 (69.3)	0.125	-
Headache	48 (76.2)	56 (84.9)	109 (66.9)	0.017	b>a>c
Vomiting	27 (42.9)	39 (59.1)	85 (52.2)	0.180	-
Neck stiffness	24 (38.1)	45 (68.2)	95 (58.3)	0.002	a < b = c
Seizures	6 (9.5)	10 (15.2)	27 (16.6)	0.405	-
BMRC grading ^e		1	, ,		
I	32 (50.8)	23 (34.9)	72 (44.2)	0.182	-
II	21 (33.3)	24 (36.4)	67 (41.1)	0.521	-
III	10 (15.9)	19 (28.8)	24 (14.7)	0.038	b>a>c
Imaging		1			
CXR suggestive of active cavitating disease	27 (42.9)	15 (22.7)	18 (11.0)	<0.001	a > b = c
CXR indicative of disseminated/miliary TB	6 (9.5)	8 (12.1)	1 (0.6)	<0.001	a = b > c
Hydrocephalus	20 (31.8)	13 (19.7)	15 (9.20)	<0.001	a>b>c
Infarcts	15 (23.8)	17 (25.8)	17 (10.4)	0.005	a=b>c
Basal meningeal enhancement	18 (28.6)	13 (19.7)	14 (8.6)	0.001	a>b>c
Granulomas/tuberculomas	1 (1.6)	1 (1.5)	0	0.280	-
CSF findings		1			
Median leukocyte count—cells/µL (IQR)	141.5 (0-6,100)	94.0 (0-1,355)	96.0 (0-5,450)	0.360	-
Leukocyte (50–500)—cells/µL	43 (68.3)	42 (63.6)	85 (52.2)	0.053	_
Median lymphocytes—% (IQR)	60.8 (1.0-98.0)	77.0 (3.5–98.5)	74.0 (2.0-99.0)	0.053	-
Lymphocytes >50 (%)	38 (60.3)	52 (78.8)	112 (68.7)	0.074	-
Median neutrophils—% (IQR)	26.0 (0-94.5)	5.5 (0-95)	1.5 (0-94)	<0.001	a > b = c
Median monocytes—% (IQR)	8.5 (0-53)	7.5 (0-47)	10.5 (0-85)	0.014	b <c< td=""></c<>
Median protein—mg/dL (IQR)	1.5 (0.2–7.4)	1.3 (0.07-9.3)	0.8 (0.04-6.0)	<0.001	a = b > c
Protein >1.0 mg/dL	37 (58.7)	41 (62.1)	47 (28.8)	<0.001	a = b > c
Median glucose—mmol/L (IQR)	1.8 (0.4–4.5)	2.1 (0.4–5.2)	2.5 (0.03-6.2)	<0.001	a=b <c< td=""></c<>
Glucose <2.2 mmoL/L	37 (58.7)	38 (57.6)	36 (22.1)	<0.001	a = b > c
Median intracranial pressure (mmH ₂ O) (IQR)	260 (100-400)	240 (60-600)	190 (60-400)	<0.001	a = b > c
Intracranial hypertension (>180 mmH ₂ O) ^f	43 (68.3)	47 (71.2)	76 (46.6)	<0.001	a = b > c
Outcome	N=60 (95.2)	N=65 (98.5)	N=145 (89.0)	0.030	_
TBM treatment completed ^g	50 (83.3)	42 (64.6)	48 (33.1)	<0.001	a = b > c
Lost to follow up	3 (5.0)	1 (1.5)	18 (12.4)	0.017	-
Death (on treatment)	5 (8.3)	5 (7.7)	16 (11.0)	0.696	_
Death (post treatment) ^h	12 (20.0)	1 (1.5)	2 (1.4)	<0.001	a > b = c
All death	17 (28.3)	6 (9.2)	18 (12.4)	0.005	a > b = c
Alive with poor outcome ⁱ	6 (10.0)	9 (13.8)	7 (4.8)	0.073	_
Median Barthel score (IQR) ^j	14 (2-20)	14 (2-20)	16 (2-20)	<0.001	a=b <c< td=""></c<>
All Poor outcome ^k	23 (38.3)	15 (23.1)	25 (17.2)	0.005	a>b>c

CXR, chest X-ray; TBM, tuberculous meningitis; TB, tuberculosis; CSF, cerebrospinal fluid; BMRC, British Medical Research Council; IQR, interquartile range.

Continuous variables are presented as median (interquartile range), and categorical variables are presented as counts (proportions). The Bonferroni method was used to adjust the significance level to perform multiple testing. If statistically significant, continuous variables were analyzed by the Kruskal-Wallis test followed by post-hoc analysis with Bonferroni adjustment to compare differences between confirmed TBM, probable TBM, and possible TBM. Categorical parameters were analyzed using χ^2 test with Bonferroni adjustment for multiple testing. p-values < 0.05 were considered statistically significant (shown with bold). *Confirmed TBM defined by a positive M. tuberculosis culture or Xpert MTB/RIF on CSF (Marais et al., 2010). ^bProbable TBM required a TBM score of \geq 12 given that all patients received brain imaging (3).

^cPatients with a TBM score of 6–11 was classified as possible TBM (3).

^dAccording to the consensus uniform research case definition criteria (Marais et al., 2010) (see Supplementary Panel S1).

"TBM severity grade according to the revised British Medical Research Council disease severity grade (BMRC 1948) with stage 3 being most severe (Solomons et al., 2015). ^fNormal intracranial pressure typically ranges between 80 and 180 mmH₂O. Values exceeding 180 mmH₂O are indicative of intracranial hypertension (Gomez-Beldarrain and García-Moncó, 2018; Wang et al., 2023).

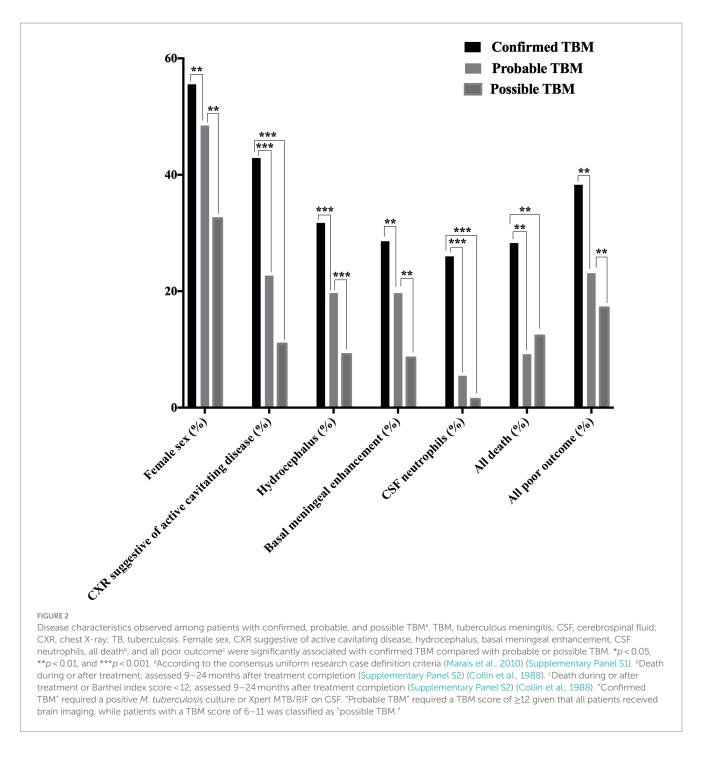
^gPatients were treated for TBM for 9-12 months.

^hAssessed 9–24 months after treatment completion.

Modified Barthel Index score < 12 (excluding dead); assessed 9–24 months after treatment completion.

See Supplementary Panel S2 for calculation of Modified Barthel Index score (excluding dead) (Collin et al., 1988).

^kDeath during or after treatment or Barthel index score < 12; assessed 9–24 months after treatment completion. Only reported for those in whom an outcome was reported; lost to follow-up excluded.



<12 exhibited less classic meningitis symptoms and signs and had better outcomes compared with those with a TBM score of \geq 12. Interestingly, two patients (1 male of 23 years with fever, headache, vomiting, and reduced consciousness and 1 female of 47 years without any classic meningitis symptoms) with confirmed TBM (both CSF Xpert MTB/RIF positive, but culture-negative) had pristine CSF (total leukocyte count <1 × 10⁶ cells/L, normal protein, and glucose levels) and normal CNS imaging. One had a good outcome without completing TBM treatment and one was lost to follow up.

All 341 presumed TBM patients underwent CSF culture, and 323 underwent Xpert-MTB/RIF testing. Figure 3A reflects the concordance of CSF culture and Xpert-MTB/RIF results (282 of 323; 87.3%), among all patients who underwent both tests. Figure 3B shows the overlap of positive culture and Xpert-MTB/RIF and MZN results. Among 63 confirmed TBM patients, 21 (33.3%) were culture-positive and Xpert-MTB/RIF-negative, while 38 (60.3%) were Xpert-MTB/ RIF-positive and culture-negative. Among those who had both tests performed at the same time, 57.1% (4/7) culture-positive CSF specimens tested Xpert MTB/RIF-positive compared with zero (0/18) when tests were performed more than 30 days apart. While 95.2% (60/63) of confirmed TBM cases were MZN-positive, only 29.3% (60 of 204) of MZN-positive cases were culture or Xpert MTB/ RIF-positive. Using data from all 341 presumptive TBM cases, with confirmed TBM as the reference standard, the ROC area under the curve (AUC) for MZN was 0.71 (95% CI: 0.66–0.78) with diagnostic sensitivity of 95.2% and specificity of 48.2%. The AUC for TBM score \geq 12 was 0.74 (95% CI: 0.67–0.81) with diagnostic sensitivity of 73.0% and specificity of 75.5%. The AUC for TBM score \geq 12 and positive MZN combined using binary logistic prediction was 0.81 (95%CI: 0.76–0.86), with diagnostic sensitivity of 70.0% and specificity of 79.1% (Figure 3C and Supplementary Table S2).

Table 3 reflects the multivariable logistic regression analysis of risk factors associated with poor outcome (including death) in 270 patients treated for TBM. BMRC grade III (OR = 4.369; 95%CI: 1.949-9.792) and hydrocephalus (OR = 2.520; 95%CI: 1.044-6.084) were associated with poor outcome, while BMRC grade III (OR=5.172; 95%CI: 2.298–11.641), TBM score \geq 15 (OR = 3.843; 95%CI: 1.372–10.761), age > 60 years (OR = 3.566; 95%CI: 1.022-12.442), and CSF neutrophil ratio≥25% (OR=2.298; 95%CI: 1.027-5.139) were most strongly associated with death (Table 4). Among those with confirmed TBM, CXR signs indicating disseminated/miliary TB (OR = 19.183; 95%CI: 1.601-229.896) was mostly associated with poor outcome (Supplementary Table S3). Moreover, CXR signs indicating disseminated/miliary TB (OR = 12.427; 95%CI: 1.138-135.758) and a higher TBM score (≥15, OR = 8.437; 95%CI: 1.328-53.585) were most strongly associated with death (Supplementary Table S4). In addition, BMRC grade III (OR = 5.129; 95%CI: 2.152-12.222), which essentially reflects a depressed level of consciousness, was strongly associated with poor outcome in probable and possible TBM cases (Supplementary Table S5). However, detected drug resistance was not associated with poor outcome or death in those with confirmed TBM (Supplementary Tables S3, S4).

Resistance to at least one TB drug was documented in nearly one-third (16 of 63; 25.4%) of confirmed TBM cases (Supplementary Table S1), and 50% (8 of 16) had rifampicin resistance identified by Xpert-MTB/RIF. Drug resistance was detected in 48.0% (12 of 25) of all cultured strains and 3 had multidrug-resistance (MDR; resistance to isoniazid and rifampicin). All four strains with phenotypic isoniazid resistance had high-level resistance with mutations in the *katG* gene (S315T, R463L). One case with phenotypic low-level rifampin resistance was not detected by Xpert MTB/RIF, and no mutations could be identified upon rpoB gene sequencing. Notably, there was no phenotypic fluoroquinolone resistance detected, despite the presence of non-synonymous mutations in the gyrA gene (Supplementary Table S6). All cultured strains belonged to *M. tuberculosis* complex, with the Beijing lineage being most common (20 of 25; 80%), including 80.0% (10 of 12) of all drug-resistant strains detected by culture.

Discussion

This study represents the most comprehensive investigation of demographic, clinical, radiological, and laboratory descriptors associated with TBM diagnosis and outcome in Shaanxi province, China. The detailed description of prognostic factors in an HIV-uninfected population provides valuable new insight, especially in an Asian context. The fact that nearly one-third (27.0%) of confirmed TBM cases had a TBM score of <12, highlighting the difficulty of early accurate diagnosis and the shortcoming of traditional diagnostic methods. Our results indicate that a high TBM score (\geq 12) combined with a positive MZN result indicates reasonable diagnostic accuracy compared with a reference

TABLE 2 Comparison of baseline characteristics in patients with confirmed TBM^a and those that were MZN staining-positive but culture and Xpert-MTB/RIF-negative on cerebrospinal fluid.

Characteristic	Confirmed TBM (culture or Xpert positive)	MZN positive; culture and Xpert negative	p
	N = 63 (%)	N = 130 (%)	
Median age-years (IQR)	26 (3-82)	33 (1-74)	0.263
Female sex	35 (55.6)	58 (44.6)	0.154
Median TBM score (IQR) ^b	14 (6–20)	10 (6–19)	<0.001
TBM score≥12	46 (73.0)	57 (43.8)	<0.001
Reported diabetes	1 (1.6)	2 (1.5)	0.979
History			
Fever	43 (68.3)	98 (75.4)	0.295
Headache	48 (76.2)	98 (75.4)	0.903
Vomiting	27 (42.9)	72 (55.4)	0.103
Neck stiffness	24 (38.1)	81 (62.3)	0.002
Seizures	6 (9.5)	14 (10.8)	0.790
BMRC grading ^c		`	^
Ι	32 (50.8)	52 (40.0)	0.156
II	21 (33.3)	52 (40.0)	0.371
III	10 (15.9)	26 (20.0)	0.490
Imaging			
CXR suggestive of active	27 (42.9)	18 (13.8)	<0.001
cavitating disease		()	
CXR indicative of disseminated/	6 (9.5)	8 (6.2)	0.415
miliary TB	22 (21 7)	22 (1 = 1)	
Hydrocephalus	20 (31.7)	20 (15.4)	0.009
Infarcts	15 (23.8)	22 (16.9)	0.254
Basal meningeal enhancement	18 (28.6)	17 (13.1)	0.009
Granulomas/tuberculomas	1 (1.6)	1 (0.8)	0.599
CSF findings Median total leukocyte count— cells/µL (IQR)	141.5 (0-6,100)	110 (0-5,450)	0.857
Median lymphocytes—% (IQR)	60.8 (1.0-98.0)	69.8 (2.0– 98.5)	0.272
Median neutrophils-% (IQR)	26.0 (0-94.5)	7.3 (0–95.0)	0.093
Median monocytes—% (IQR)	8.5 (0-53.0)	8.3 (0-62.5)	0.896
Median protein—mg/dL (IQR)	1.5 (0.2–7.4)	1.0 (0.04–9.3)	0.029
Protein $\geq 1.4 \text{ mg/dL}$	33 (52.4)	41 (31.5)	0.005
Median glucose—mmol/L (IQR)	1.8 (0.4-4.5)	2.3 (0.3-6.2)	0.012
Glucose <2.2 mmoL/L	37 (58.7)	56 (43.1)	0.041
Median intracranial pressure— mmH ₂ O (IQR)	260 (100-400)	210 (60–600)	0.001
Intracranial hypertension (>180 mmH ₂ O) ^d	43 (68.3)	75 (57.7)	0.158
Outcome	N=60 (95.2)	N=123 (94.6)	0.855

(Continued)

TABLE 2 (Continued)

Characteristic	Confirmed TBM (culture or Xpert positive)	MZN positive; culture and Xpert negative	p	
	N = 63 (%)	N = 130 (%)		
TBM treatment completed ^e	50 (83.3)	63 (51.2)	<0.001	
Lost to follow-up	3 (5.0)	7 (5.7)	0.847	
Death (on treatment)	5 (8.3)	11 (8.9)	0.891	
Death (post treatment) ^f	12 (20.0)	2 (1.6)	<0.001	
Alive with poor outcome ^g	6 (10.0)	12 (9.8)	0.959	
Median Barthel score (IQR) ^h	14 (2-20)	16 (2-20)	<0.001	
All poor outcome ⁱ	23 (38.3)	25 (20.3)	0.009	

CXR, chest X-ray; TBM, tuberculous meningitis; MZN, modified Ziehl–Neelsen staining; TB, tuberculosis; CSF, cerebrospinal fluid; BMRC, British Medical Research Council; IQR, interquartile range.

Continuous variables are presented as median (IQR), and categorical variables are presented as counts (proportions). Differences were assessed by the χ^2 -test for categorical variables and the Mann-Whitney U test for continuous variables. *p*-values <0.05 were considered statistically significant (shown with bold). ^aConfirmed TBM defined by a positive M. tuberculosis culture or Xpert MTB/RIF on CSF (Marais et al., 2010).

^bAccording to consensus uniform research case definition criteria (Marais et al., 2010) (see Supplementary Panel S1).

^cTBM severity grade according to the revised British Medical Research Council disease severity grade (BMRC 1948) with stage 3 being most severe (Solomons et al., 2015). ^dNormal intracranial pressure typically ranges between 80 and 180 mmH₂O. Values exceeding 180 mmH₂O are indicative of intracranial hypertension (Gomez-Beldarrain and García-Moncó, 2018; Wang et al., 2023).

 $^{\rm e} {\rm Patients}$ were treated for TBM for 9–12 months.

^fAssessed 9-24 months after treatment completion.

 $^{\rm g}$ Modified Barthel Index score < 12 (excluding dead); assessed 9–24 months after treatment completion.

^hSee Supplementary Panel S2 for calculation of Modified Barthel Index score (excluding dead) (Collin et al., 1988).

¹Death during or after treatment or Barthel index score < 12; assessed 9–24 months after treatment completion. Only reported for those in whom an outcome was reported; lost to follow-up excluded.

of confirmed TBM (as defined), but poor specificity remains a particular limitation of MZN (Wang et al., 2016; Heemskerk et al., 2018). A definitive CSF test with high sensitivity, such as Xpert-MTB/RIF Ultra (Cresswell et al., 2020) or culture (Hannan et al., 2010), should always be included in the diagnostic work-up. A study of 204 Ugandan adults with meningitis reported that the sensitivity of Xpert MTB/RIF Ultra was 76.5% (95% CI: 62.5–87.2) while that of Xpert MTB/RIF was 55.6% (44.0–70.4; p=0.001 for the comparison of sensitivity between tests) compared with a reference standard of definite or probable TBM. The reduced sensitivity of Xpert MTB/RIF compared with Ultra is well established (Donovan et al., 2020) and also corresponds to our findings, where only 57.1% of culturepositive CSF specimens were Xpert MTB/RIF-positive if both tests were performed at the same time. Negative cultures in the presence of a positive Xpert MTB/RIF result might be related to low CSF bacillary load and sample processing that affected viability (Thuong et al., 2019). Samples were generally collected before TB treatment initiation, but this was not accurately recorded in all instances, and discrepancies may also represent a treatment effect.

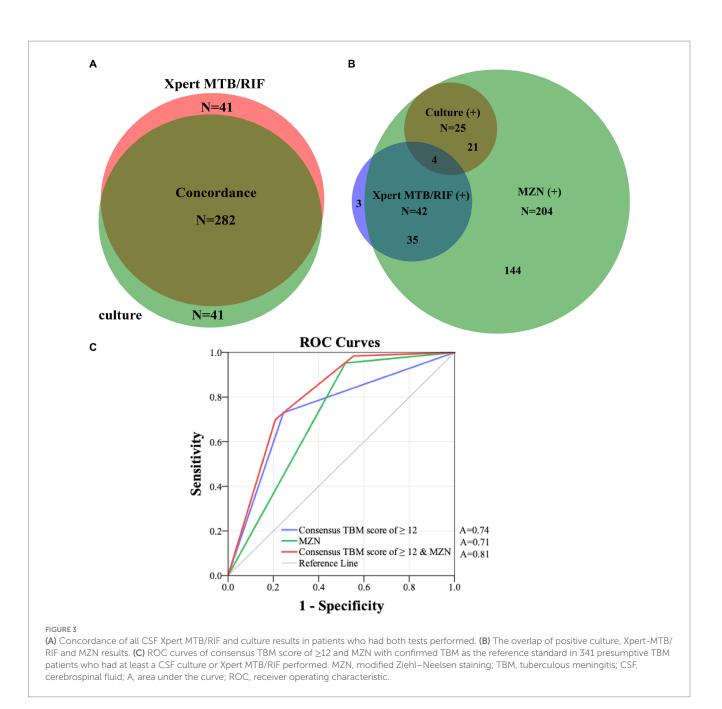
Several studies served to highlight the key distinguishing features of TBM, including non-acute symptom onset (>5 days),

low CSF leukocytes (<1,000 cells per mm³), elevated CSF protein (>100 mg/dL), and a low CSF: blood glucose ratio (<0.5) (Wilkinson et al., 2017). The association of a CSF glucose level of <2.2 mmol/L with confirmed TBM supports the findings from a UK study (Heemskerk et al., 2018), although comparative assessment of CSF and serum glucose is considered most informative (Solomons et al., 2016). Basal meningeal exudates, identified on contrast enhanced CT imaging, have been found to be highly specific for TBM and predictive of poor outcome (Bullock and Welchman, 1982). Although it was significantly associated with both confirmed TBM and probable TBM in our study, it was present in less than one-third of cases.

Unfortunately, TBM treatment outcomes remain poor outcome despite some recent treatment improvement (Méchaï and Bouchaud, 2019; Donovan et al., 2020; Huynh et al., 2022). In a study from Singapore, 38.9% (7 of 18) of TBM patients had a poor outcome (Modi et al., 2017), which was similar to a large series from India where 32.5% (165 of 507) had poor outcomes, 17.0% (86 of 507) died, and 15.6% (79 of 507) suffered from severe neurological sequelae (Erdem et al., 2015). In our study, 38.3% (23 of 60) of those with confirmed TBM had a poor outcome and 28.3% (17 of 60) died. Interestingly, only 31.3% (5 of 16) and 25% (4 of 16) of drug-resistant TBM patients died despite receiving suboptimal therapy. Similar to our findings TBM prognosis has been associated with old age, disease severity (Schoeman and Donald, 2013), hydrocephalus, disseminated/miliary TB (Gu et al., 2015), and a high neutrophil-tolymphocyte ratio (Chan et al., 2003; Török, 2015; Li et al., 2017; Kamat et al., 2018; Gu et al., 2023). Detected drug resistance was not associated with poor outcome in our study, aligning with some past observations (Seddon et al., 2012), but in contrasts to studies where multidrug resistance (combined resistance to isoniazid and rifampicin) was strongly associated with mortality (Thwaites et al., 2005). This discrepancy could be attributed to the small number of drug-resistant strains, and the predominance of mono-resistant strains in our study.

In our study, Beijing lineage strains were predominated, broadly reflecting the percentage (990 of 1,189; 83.3%) of *M. tuberculosis* isolates obtained from pulmonary TB patients in another study from China (Liu et al., 2018) and in 71.1% (32 of 45) of isolates from relapsed TB cases in Singapore (Sun et al., 2006). These data is very different from India where only 8.9% (11/124) of isolates from North India (Mathuria et al., 2017), were identified as Beijing genotype and most strains were from lineage 3 (Singh et al., 2021). Beijing lineage strains have been associated with poor TB treatment outcome in some studies (Feng et al., 2008; Liu et al., 2020), but the association with TBM has been variable (Maree et al., 2007; Buu et al., 2010; Liu et al., 2018). Our analysis was limited by small sample size, but we could not demonstrate an association between Beijing genotype and TBM outcome.

It is important to acknowledge major study limitations. Retrospective data collection was conducted over an extended observation period, with risk of missing data and data inconsistency. These risks were minimized by comprehensive assessment of all clinical notes using a standard data collection template. We excluded those cases in whom baseline data was inadequate for accurate disease classification and those in whom outcomes could not be assessed. This excluded many patients and may have introduced selection bias, with the outcomes representative of those who received optimal care under the local circumstances. While adjunctive corticosteroid use is recommended by WHO guidelines (World Health Organization, 2010; Thwaites, 2013) during the initial



6–8 weeks of TBM treatment, there is currently no consensus on its routine use in China (Prasad et al., 2016; Brett et al., 2020; Huynh et al., 2022). Some clinicians argue that adjunctive corticosteroid use does not significantly improve the prognosis in mild cases (Schoeman et al., 1997), and that the risk of complications such as infection resulting from immune compromise, hyperglycemia, and stress ulcers (Török, 2015; Wilkinson et al., 2017) may outweigh the benefit. A Cochrane systematic review concluded that adjunctive corticosteroids reduce death from TBM by almost a quarter, but no effect on disabling neurological deficits could be demonstrated (Wilkinson et al., 2017; Huynh et al., 2022). In addition, due to variations in the LHA4 genotype, certain patients may experience worsening symptoms after corticosteroid administration (Donovan et al., 2018), and at present, we do not have a mechanism to identify this risk group.

Since MGIT 960 culture and Xpert MTB/RIF were not consistently performed at the same time and before TB treatment initiation, it is difficult to compare between diagnostic yield and accuracy. However, at least one confirmatory test (MGIT 960 culture or Xpert MTB/RIF) was performed in all cases included in the comparative analyses. Unfortunately, Xpert MTB/RIF Ultra®, which is the most sensitive NAAT for CSF diagnosis (Donovan et al., 2020), was not available at the time of the study. WHO first recommended the use of the Xpert MTB/RIF assay in the diagnosis of TB and extrapulmonary TB in 2013 (World Health Organization, 2014), while the Xpert-MTB/RIF Ultra only became available in 2017 (Chakravorty et al., 2017). Since our data collection period extended from May 2009 to April 2019, and in order to ensure internal consistency, we only performed the Xpert MTB-RIF test. Finally, since DST was only performed

TABLE 3 Multivariable logistic regression analysis for risk factors of poor outcome^a in 270 patients treated for TBM^b.

Characteristic	Univariate Multivariate mode		Multivariate model	
	OR (95%CI)	p	Adjusted OR (95% CI)	p
Neck stiffness	2.146 (1.072-4.294)	0.031	-	0.396
Seizures	2.502 (1.252-4.998)	0.009	-	0.072
BMRC grading ^c				
I	0.214 (0.106-0.432)	<0.001	0.332 (0.136-0.810)	0.015
III	6.307 (3.238-12.283)	<0.001	4.369 (1.949-9.792)	< 0.001
TBM score ^d ≥12	2.558 (1.437-4.552)	0.001	-	0.193
TBM score ^d ≥15	3.657 (1.763-7.584)	<0.001	-	0.623
Imaging				
Hydrocephalus	3.735 (1.928-7.237)	<0.001	2.520 (1.044-6.084)	0.040
Basal meningeal enhancement	3.006 (1.527-5.917)	0.001	-	0.618
CXR suggestive of active cavitating disease	-	0.729	-	_
CXR indicative of disseminated/miliary TB	-	0.125	-	_
CSF findings				
Total leukocyte count >100 (cells/µL)	-	0.798	-	_
Lymphocytes (%)	-	0.144	-	-
Neutrophils (%)	-	0.143	-	_
Glucose <2.2 mmoL/L	1.819 (1.030-3.213)	0.039	-	0.404
Protein >1 mg/dL	-	0.810	-	-
Intracranial pressure (mmH ₂ O)	1.004 (1.001–1.007)	0.009	-	_
Intracranial hypertension (>180mmH ₂ O) ^e	1.942 (1.014-3.719)	0.045		0.319

CXR, chest X-ray; TBM, tuberculous meningitis; OR, odds ratio; CI, confidence interval; BMRC grade, British Medical Research Council disease severity grade; CSF, cerebrospinal fluid; TB, tuberculosis. Age, Female sex, BMRC grade II, fever, headache, vomiting, CXR suggestive of active cavitating disease or disseminated/miliary TB, infarcts, granulomas/tuberculomas, CSF total leukocyte count, lymphocytes, monocytes, neutrophils, and protein were non-significant controlled covariates. *p*-values <0.05 were considered statistically significant (shown with bold). *Death during or after treatment or Barthel index score <12; assessed 9–24 months after treatment completion (see Supplementary Panel S2) (Collin et al., 1988).

^bAmong 292 patients started on TBM treatment, 270 patients followed for outcome (22 patients lost to follow-up) and included in comparative analyses.

"TBM severity grade according to the revised British Medical Research Council disease severity grade (BMRC 1948) with stage 3 being most severe (Solomons et al., 2015).

^dAccording to the consensus uniform research case definition criteria (Marais et al., 2010) (see Supplementary Panel S1).

*Normal intracranial pressure typically ranges between 80 and 180 mmH₂O. Values exceeding 180 mmH₂O are indicative of intracranial hypertension (Gomez-Beldarrain and García-Moncó, 2018; Wang et al., 2023).

at the end of the study, these results could not inform patient management and treatment was empirical. Patients who did not improve on standard therapy were treated with high-dose rifampicin and moxifloxacin, which does not represent optimal treatment in cases with drug resistant TBM. In addition, we were unable to correlate HIV infection (excluded), hyponatremia, and other unmeasured risk factors potentially associated with prognosis. Despite these limitations, the data obtained from this study offer valuable insights into TBM clinical presentation and prognostic factors in China.

Conclusion

TBM patients have variable presentations and those with a TBM score of <12 may be missed by traditional diagnostic approaches. Early TBM diagnosis remains challenging, but ready access to Xpert MTB/RIF Ultra should improve the accuracy of CSF testing. TBM patients that are older (>60 years) have higher TBM scores or CSF neutrophil ratios, have signs of disseminated/miliary TB, and are at

greatest risk of death. In general, more effort needs to be done to improve early diagnosis and treatment outcome in TBM patients.

Data availability statement

The original contributions presented in the study are publicly available. This data can be found in the NCBI BioProject repository (accession number PRJNA1069020) and in the article/Supplementary material.

Ethics statement

The studies involving humans were approved by the Ethics Committee of Xijing Hospital of Air Force Medical University (Study No. KY20105255-1 and No. KY20163367-1) and the Ethics Committee of Guangzhou First People's Hospital (Study No. K-2022-054-01). The studies were conducted in accordance with the local legislation and institutional requirements. Written TABLE 4 Multivariable logistic regression analysis of risk factors for death^a in 270 patients treated for TBM^b.

Characteristic	Univariate		Multivariate mo	Multivariate model	
	OR (95%CI)	p	Adjusted OR (95% CI)	p	
Headache	0.389 (0.190-0.798)	0.010	0.378 (0.161-0.888)	0.026	
Seizures	3.002 (1.401-6.432)	0.005	-	0.058	
Age (years)	1.023 (1.004-1.043)	0.019	-	-	
<15	-	0.055	-	-	
15-60	0.374 (0.186-0.752)	0.006	-	-	
>60	5.687 (1.938-16.693)	0.002	3.566 (1.022-12.442)	0.046	
Consensus TBM score ^c	1.154 (1.042–1.277)	0.006	-	-	
≥15	4.158 (1.894-9.129)	<0.001	3.843 (1.372-10.761)	0.010	
≥12	-	0.079	-	-	
BMRC grading ^d					
III	6.568 (3.179–13.571)	<0.001	5.172 (2.298-11.641)	<0.001	
Imaging					
Hydrocephalus	2.573(1.216-5.447)	0.013	-	0.598	
Infarcts	1.572 (0.712-3.469)	0.263	-	_	
Basal meningeal enhancement	2.458 (1.141-5.293)	0.022	-	0.752	
CXR suggestive of active cavitating disease	-	0.442	-	-	
CXR indicative of disseminated/miliary TB	-	0.212	-	-	
CSF findings					
Neutrophils (%)	1.011 (1.001–1.022)	0.034	-	-	
Neutrophils ≥25 (%)	3.049 (1.529-6.080)	0.002	2.298 (1.027-5.139)	0.043	
Intracranial pressure—mmH ₂ O	-	0.200	-	_	

CXR, chest X-ray; OR, odds ratio; CI, confidence interval; BMRC grade, British Medical Research Council disease severity grade; TBM, tuberculous meningitis; CSF, cerebrospinal fluid; TB, tuberculosis. Female, fever, vomiting, neck stiffness, BMRC grading I, II, CXR suggestive of active cavitating disease or disseminated/miliary TB, granulomas/tuberculomas, CSF leukocyte, CSF lymphocyte, CSF monocytes, CSF protein, CSF glucose, and intracranial pressure were non-significant controlled covariates. *p*-values <0.05 were considered statistically significant (shown with bold). *Death during or after treatment; assessed 9–24 months after treatment completion (see Supplementary Panel S2) (Collin et al., 1988).

^bAmong 292 patients started on TBM treatment, 270 patients followed for outcome (22 patients lost to follow-up) and included in the comparative analyses.

^cAccording to the consensus uniform research case definition criteria (Marais et al., 2010) (see Supplementary Panel S1).

^dTBM severity grade according to the revised British Medical Research Council disease severity grade (BMRC 1948) with stage 3 being most severe (Solomons et al., 2015).

informed consent for participation in this study was provided by the participants' legal guardians/next of kin.

Investigation, Methodology, Project administration, Resources, Supervision, Validation, Visualization, Writing – review & editing.

Author contributions

TW: Conceptualization, Data curation, Formal analysis, Funding acquisition, Investigation, Methodology, Project administration, Resources, Software, Supervision, Validation, Visualization, Writing original draft, Writing - review & editing. M-yL: Conceptualization, Data curation, Formal analysis, Funding acquisition, Writing - review & editing. X-SC: Data curation, Methodology, Resources, Supervision, Writing - review & editing. Q-sC: Conceptualization, Methodology, Supervision, Visualization, Writing - review & editing. ZL: Supervision, Validation, Visualization, Writing - review & editing. T-tL: Data curation, Supervision, Validation, Writing - review & editing. L-fZ: Data curation, Methodology, Supervision, Writing - review & editing. H-hW: Data curation, Methodology, Supervision, Writing - review & editing. G-dF: Data curation, Methodology, Supervision, Writing - review & editing. BM: Conceptualization, Data curation, Formal analysis, Investigation, Validation, Visualization, Writing - review & editing. GZ: Conceptualization, Data curation, Formal analysis, Funding acquisition,

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmicb.2024.1374458/ full#supplementary-material

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Glossary

MZN	modified Ziehl-Neelsen staining
TBM	tuberculous meningitis
CSF	cerebrospinal fluid
AUC	area under the curve
ТВ	tuberculosis
M. tuberculosis	Mycobacterium tuberculosis
MGIT	mycobacteria growth indicator tube
BMRC	British Medical Research Council
Н	isoniazid
R	rifampin
E	ethambutol
S	streptomycin
К	kanamycin
А	amikacin
С	capreomycin
Mfx	moxifloxacin
Lfx	levofloxacin
PAS	para-aminosalicylic acid
Pto	prothionamide
DST	drug sensitivity test
HIV	human-immunodeficiency-virus
CXR	chest X-ray
OR	odds ratio
CI	confidence interval
SPSS	statistical package for social sciences