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Gamma delta T cells in cancer therapy: from tumor recognition to novel treatments

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Traditional immunotherapies mainly focus on $\alpha\beta$ T cell-based strategies, which depend on MHC-mediated antigen recognition. However, this approach poses significant challenges in treating recurrent tumors, as immune escape mechanisms are widespread. $\gamma\delta$ T cells, with their ability for MHC-independent antigen presentation, offer a promising alternative that could potentially overcome limitations observed in traditional immunotherapies. These cells play a role in tumor immune surveillance through a unique mechanism of antigen recognition and synergistic interactions with other immune effector cells. In this review, we will discuss the biological properties of the V δ 1 and V δ 2 T subsets of $\gamma\delta$ T cells, their immunomodulatory role within the tumor microenvironment, and the most recent clinical advances in $\gamma\delta$ T cell-based related immunotherapies, including cell engaging strategies and adoptive cell therapy.

KEYWORDS

gamma delta T cell, tumor microenvironment, immunotherapy, adoptive cell therapy, CAR- $\gamma\delta$ T cell

1 Introduction

T cells are pivotal in the realm of cancer immunotherapy research (1). They can be classified into $\alpha\beta$ T cells and $\gamma\delta$ T cells, distinct by their T cell receptor structures. $\gamma\delta$ T cells possess a unique TCR composed of γ and δ chains (2), enabling $\gamma\delta$ T cells to recognize various antigens, performing multiple roles, including antitumor activities, immune surveillance, and anti-infection capabilities (3–5). Additionally, activated $\gamma\delta$ T cells secrete different cytokines depending on the local microenvironment and interact with other cells to participate in the host's antitumor immune response (6, 7). While $\gamma\delta$ T cells show immense therapeutic promise, their biological functions and clinical applications remain relatively understudied. Recent research has started to reveal the various roles of $\gamma\delta$ T cells in the tumor microenvironment (TME) and explore novel approaches for their clinical application, including the expansion of $\gamma\delta$ T cells and the development of chimeric antigen receptor (CAR)- $\gamma\delta$ T cells (8–10).

This review provides a comprehensive overview of the current understanding of the mechanisms of $\gamma\delta$ T cell recognition and their immunomodulatory role in TME. We will also explore recent advances in $\gamma\delta$ T cell-based immunotherapy and discuss the barriers and future directions for $\gamma\delta$ T cell research. The primary aim is to connect fundamental research with clinical application to optimize the efficacy of $\gamma\delta$ T cell therapy for cancer.

2 Tumor recognition mechanisms of $\gamma\delta$ T cells

$\gamma\delta$ T cells consist of three main functional subsets: V δ 1, V δ 2, and V δ 3 (11, 12). In humans, V δ 2 T cells mainly express the V δ 2 chain and often pair with V γ 9 to form V γ 9V δ 2 T cells, primarily found in peripheral blood (13, 14). V γ 9V δ 2 T cells have been extensively studied due to multiple tumor cell recognition receptors and their ease of expansion *in vitro* (15–17). V δ 1 T cells are the second most abundant type in the peripheral blood (18, 19). These cells recognize MHC class I-related polymorphic molecules through natural killer group 2 member D (NKG2D) receptors (20). Proteins encoded by MHC class I-chain related genes A and B (MICA and MICB), along with UL16-binding proteins (ULBP) (21), are expressed under conditions of cellular stress, damage, or transformation and bind to NKG2D receptors, serving as “kill me” signals to cytotoxic T cells (22, 23). V δ 3 T cells comprise a relatively rare subpopulation in the peripheral blood, liver, and intestines (24, 25). They multiply in reaction to cytomegalovirus infection and are involved in developing dendritic cells (DCs) and B cells. The diverse distribution of different $\gamma\delta$ T cell types in various tissues highlights their versatile function in immune responses. More research has been conducted on V δ 2 and V δ 1 T cells in cancer immunotherapy, so this review specifically focuses on these subsets.

2.1 BTN3A1 and BTN2A1 mediate recognition of phosphoantigens by $\gamma\delta$ T cells

The process by which $\gamma\delta$ T cells identify tumor-associated antigens (TAAs) primarily involves the TCR and NKR pathways (6). Under conditions of cellular stress, V γ 9V δ 2 TCR recognizes phosphoantigens (pAgs) to initiate immune responses (26). pAgs products produced by the isoprene biosynthetic pathway. For instance, a common pAg, isoprene pyrophosphate (IPP), is present in all living organisms. Another potent activator, (E)-4-hydroxy-3-methyl-but-2-enyl pyrophosphate (HMBPP), originating from specific microbes and parasites (27, 28). HMBPP activates the V γ 9V δ 2 T cell receptor much more effectively than IPP (29). The level of pAgs in normal cells is extremely low. However, tumor cell development can lead to the accumulation of endogenous pAgs, making them rapidly identifiable and targetable by V δ 2 T cells. Clinical studies have demonstrated that increasing the IPP levels promotes the activity of farnesyl pyrophosphate synthase in the isoprenoid pathway. Various strategies involve the use of aminobisphosphonates, such as zoledronate (ZOL) and pamidronate, or synthetic pAg analogs to directly activate V γ 9V δ 2 T cells. Studies have shown that $\gamma\delta$ T cells exhibit moderate cytotoxicity against tumor cells without pAg. However, when HMBPP or ZOL is added, it induces TCR-dependent cytotoxicity in $\gamma\delta$ T cells (30).

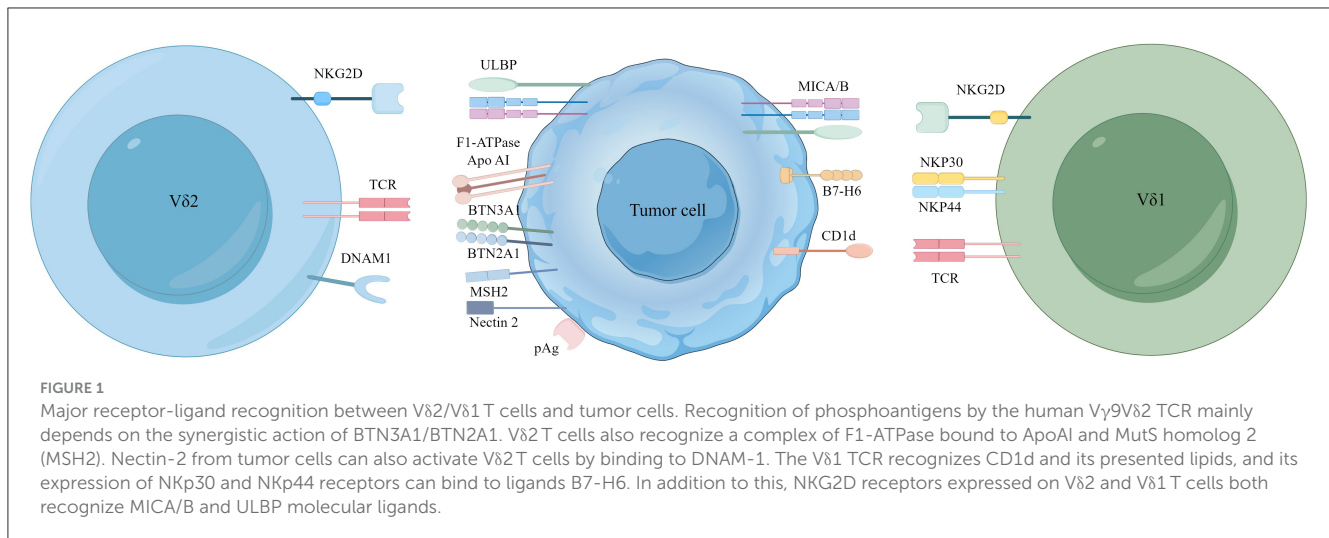
V δ 2 T cells do not directly recognize pAgs but depend on the combined action of butyrophilin subfamily 3 member A1 (BTN3A1) and BTN2A1 (31) (Figure 1). The pioneering study by Harly and colleagues first identified a crucial role of BTN3A1 in regulating pAgs responses in V δ 2 T cells (32). BTN3A1 (CD277)

and BTN2A1 are members of the butyrophilin family. They are part of the immunoglobulin-like molecules with extracellular segments containing IgV and IgC domains, and intracellular segments consisting of B30.2/SPRY cytoplasmic domains (33). The interaction mechanism among these molecules is still debated, but the prevailing hypothesis supports an “inside-out signaling” model. According to this hypothesis, after the increase of intracellular IPP levels, BTN3A2 or BTN3A3 form heterodimers with a unique surface topology different from the homodimers of BTN3A1. In this process, these heterodimers allow structurally diverse pAg molecules to bind to the intracellular B30.2 domain of BTN3A1, forming a molecular glue complex interface (34). pAgs directly bind to BTN2A1 through this interface. pAgs directly bind to BTN2A1 through this interface. By varying affinities, BTN2A1 articulates onto the V γ 9 chain of the $\gamma\delta$ TCR, forming a complex with distinct BTN3A1-V and BTN2A1-V domain topologies (35), initiating TCR-mediated $\gamma\delta$ T cell activation (36). This mechanism operates independently of $\alpha\beta$ T cells, offering potential for therapeutic development. However, further in-depth studies are required to clarify whether the V δ 2 chain of the V γ 9V δ 2 TCR is involved in recognizing the antigenic process. Recent studies have identified AMPK regulating BTN2A1 and BTN3A interactions within V δ 2 T cells, unveiling a stress-mediated regulatory mechanism that enhances the cytotoxic capabilities of V δ 2 T cells (37). Overall, the mechanism by which V δ 2 T cells recognize TAAs through BTN3A1 and BTN2A1 provides new opportunities for antitumor therapy. The V γ 9V δ 2 TCR can also recognize F1-ATPase (which binds to apolipoprotein AI, referred to as Apo AI) (38). F1-ATPase is ectopically expressed on the cell membrane of specific tumor cells, for instance human leukemia (K562) cells and lymphoma (Raji) cells. ZOL can bind to ApoA1 as a presenting molecule after high-dose ZOL treatment, enhancing its stimulatory effect on V δ 2 T cells (39). Furthermore, aberrantly expressed MutS homolog two composed complex (MSH2) has also been discovered to mediate $\gamma\delta$ T cells recognition, thereby triggering cytolysis of tumor cells (40–42).

2.2 Role of NKG2D and its ligands in $\gamma\delta$ T cell activation

$\gamma\delta$ T cells recognize TAAs not only through the $\gamma\delta$ TCR but also through various natural killer receptors (NKR) expression, such as natural killer group 2 member D (NKG2D) and DNAX accessory molecule-1 (DNAM1) (43). NKG2D in V δ 2 T cells binds to MHC class I polypeptide-related sequence A/B (MICA/B) (44), retinoic acid early inducible 1 (Rae-1) and UL16 binding proteins (ULBP) found on tumor cells (45). Concurrently, DNAM1 interacts with Nectin-5, Nectin-2, and the poliovirus receptor (PVR) on the surface of tumor cells. Such interactions mediate the cytotoxic response, targeting killing tumor cells via the perforin-granzyme pathway (46, 47) (Figure 1).

NKG2D, an activating cell surface receptor, is primarily found in cytotoxic immune cells, including NK cells, NKT cells, and specific $\gamma\delta$ T cell subsets (43). The ligand for this receptor is absent in normal cells but is frequently present in malignant cells. Upon encountering tumor cells, the V δ 2 T cell subset undergoes



rapid proliferation and upregulates NKG2D expression, bolstering immune surveillance (48). Nadia et al. demonstrated that mice deficient in NKG2D have a higher prevalence of highly malignant prostate cancer and promote tumor progression (49). Moreover, a rapid response of NKG2D to its ligand Rae-1 was observed in mouse $\gamma\delta$ T cells. Persistent overexpression of Rae-1 downregulates NKG2D expression, thereby attenuating the antitumor functions of T cells (50). Moreover, the DNAM-1 receptor is pivotal in mediating $\gamma\delta$ T cell targeting tumor cells. The antitumor response of human $\gamma\delta$ T cells strongly correlates with the presence of DNAM-1 ligands on tumor cells (51, 52). The study found that the inhibition of PVR and Nectin-2 led to a marked decrease in the cytotoxic capabilities and cytokine secretion activities of $\gamma\delta$ T cells (47).

2.3 CD1d is the key driver of v δ 1 T cell activation

In human V δ 1 T cells, CD1d has emerged as a critical antigen-presenting molecule (53). CD1d, a glycolipid antigen-presenting molecule, is expressed in various cancers, including renal cell (54), medulloblastoma (55), glioma (56), multiple myeloma (57), breast (58), and prostate (59). The V δ 1 TCR can recognize CD1d and its lipid antigens (5), which may facilitate tumor growth by prompting type 1 NKT cells to release immunosuppressive cytokines, thereby aiding protumor NKT cell subsets (60). Besides CD1d, V δ 1 T cells depend on the expression of NKp30 and NKp44 receptors (61). Researchers have shown that the targeted knockdown of the B7-H6 ligand, bound to the NKp30 receptor, utilizing the CRISPR/Cas9 gene-editing technology significantly diminishes the antitumor response of $\gamma\delta$ T cells in acute myeloid leukemia (AML) (62). In addition, it is reported that NKp46 is expressed explicitly on intraepithelial V δ 1 T cells in the intestine (63). Remarkably, the V δ 1 T cells can also recognize MICA/B via NKG2D, and direct binding of MICA/B to V δ 1 has been demonstrated (64). These findings provide new insights into the role of V δ 1 T cells in tumor

immunity and offer potential new targets for cancer therapy (Figure 1).

3 Immunomodulatory role of $\gamma\delta$ T cells in the TME

3.1 Cytokine-mediated modulation of $\gamma\delta$ T cell functions

$\gamma\delta$ T cells induce apoptosis of tumor cells mainly through the perforin-granzyme mechanism or the Fas/FasL and TRAIL pathways (65, 66). They can also target tumor cells for killing through antibody-dependent cell-mediated cytotoxicity in tumor immunosurveillance (67, 68). $\gamma\delta$ T cells stimulate immune responses indirectly by secreting cytokines like interferon- γ (IFN- γ), tumor necrosis factor- α (TNF- α), interleukin (IL)-2, IL-10, IL-12, and IL-15, impacting both tumor cells and the microenvironment (69, 70) (Figure 2).

$\gamma\delta$ T cells serve as a primary and early source of pro-inflammatory cytokines upon activation, both *in vitro* and *in vivo* (71). Activated $\gamma\delta$ T cells secrete IFN- γ and TNF- α to inhibit tumor cell growth. Upon activation, they secrete IFN- γ and TNF- α , which inhibit tumor cell growth. IFN- γ release stimulates cancer stem cells (CSCs) to upregulate MHC class I molecules and intercellular cell adhesion molecule-1 (ICAM-1), enhancing CD8+ T cell-mediated cytotoxicity against tumor cells (72, 73). In the presence of pAgs, IL-15-cultured dendritic cells (DCs) significantly boost the anti-tumor activity of $\gamma\delta$ T cells through the secretion of soluble IL-15. This secretion upregulates cytotoxic molecules (CD16) and co-stimulatory molecules (CD80/86) on $\gamma\delta$ T cells (74). Adding IL-12 and vitamin C (VitC) to the culture medium significantly enhances proliferation of $\gamma\delta$ T cells and production of IFN- γ (75–77). Under the influence of VitC, expanded $\gamma\delta$ T cells *in vitro* display heightened antitumor response in preclinical humanized mouse models and tumor cell assays (78).

$\gamma\delta$ T cells producing IL-17 and those producing IFN- γ in the TME have opposing effects on patient prognosis (79). Elevated levels of IL-17 are closely linked with tumor metastasis and poor

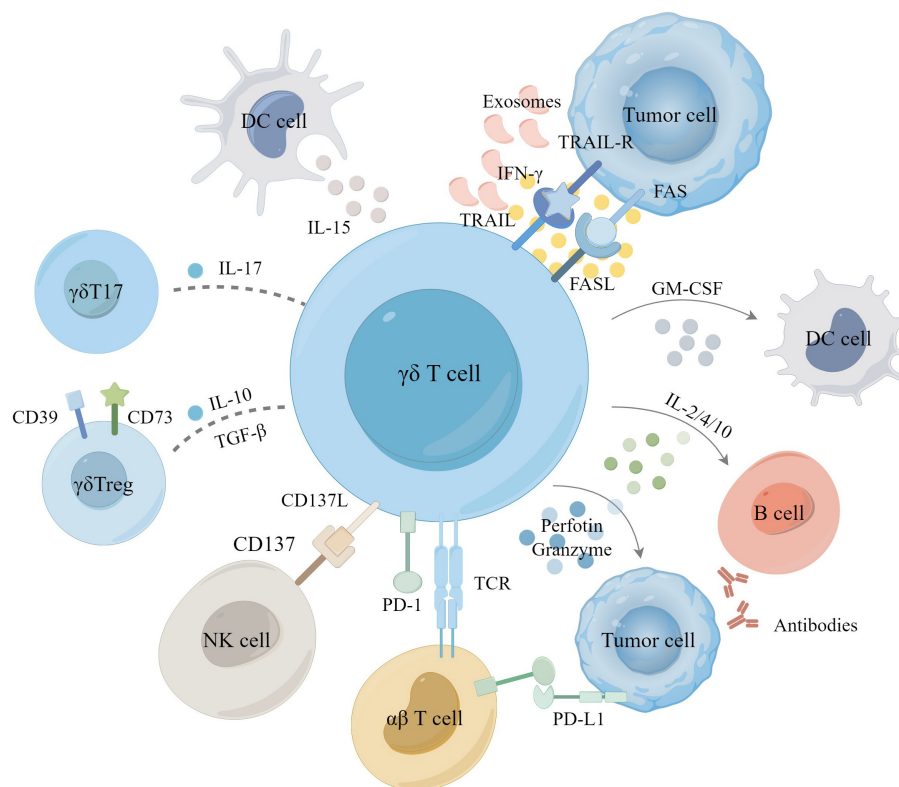


FIGURE 2

The role of $\gamma\delta$ T cell in tumor microenvironment. Activation of $\gamma\delta$ T cells induces tumor cell apoptosis primarily through the perforin-granzyme mechanism, Fas/FasL, and TRAIL pathways. Additionally, $\gamma\delta$ T cells eliminate tumor cells by releasing cytokines such as IFN- γ and TNF- α , synergizing with the activation of $\alpha\beta$ T cells and NK cells and promoting the conversion of antibodies in B cells as well as the antigen-presenting role of DC cells. In certain instances, $\gamma\delta$ T cells differentiate into $\gamma\delta$ T17 or $\gamma\delta$ Treg cells, which secrete IL-17, IL-10, and TGF- β to facilitate the proliferation of tumor cells, playing an immunosuppressive role. Tumor-derived exosomes (TDE), immunosuppressive receptors have also been shown to modulate $\gamma\delta$ T cell immunoregulation in TME.

outcomes (80). IL-10 and transforming growth factor- β (TGF- β) within the TME facilitate the differentiation of $\gamma\delta$ T cells into different functional subsets, such as $\gamma\delta$ T17 cells and $\gamma\delta$ Tregs (81, 82). Numerous studies in mice have demonstrated that IL-17 promotes cancer progression through various mechanisms, including promoting angiogenesis, increasing endothelial cell permeability, and upregulating adhesion molecules (83). Liu et al. further reported that in multiple myeloma (MM), bone marrow stromal cells (BMSC) produce CXCL10, recruiting peripheral blood $\gamma\delta$ T cells to the bone marrow microenvironment. Hypoxic conditions within the TME promote IL-17 secretion by $\gamma\delta$ T cells via the SRC3/ROR γ t/IL-17 pathway. Interestingly, there are conflicting findings regarding colorectal cancer (CRC) (84). Wu et al. observed high levels of $\gamma\delta$ T17 cells in $\gamma\delta$ T tumor-infiltrating lymphocytes (TILs) in CRC (83). At the same time, Meraviglia et al. found very low IL-17 secretion by $\gamma\delta$ T cells in different CRC patient cohorts (85). However, a recent study suggested that IL-17 could be linked to antitumor activity. In a KIT-driven mouse model of gastrointestinal stromal tumor (GIST), $\gamma\delta$ T cells were activated and highly expressed programmed cell death protein-1 (PD-1) and secreted IL-17. It was observed that $\gamma\delta$ T17 cells could be further activated to release IL-17 with tyrosine kinase inhibitors (86). The improved antitumor efficacy indicated that IL-17 might contribute to antitumor effects. Within the TME, $\gamma\delta$ Tregs may

suppress $\gamma\delta$ T cell proliferation and cytotoxicity by producing immunosuppressive molecules such as IL-10, IL-8, and adenosine (ADO) (87, 88). $\gamma\delta$ Treg cells exhibit high surface expression of CD39 and CD73 (89, 90), suppressing other effector cells in an ADO-dependent manner. This suppression involves upregulating programmed cell death ligand-1 (PD-L1) and activating the STAT3 signaling pathway in DCs, leading to DCs senescence to promote tumor growth (91).

3.2 Innate immunity and antigen presentation of $\gamma\delta$ T cells

$\gamma\delta$ T cells, recognized for their MHC-independent activity, exhibit innate immune functions and antigen-presenting capabilities, similar to NK cells, DCs, macrophages, and B cells (92, 93). Upon activation, $\gamma\delta$ T cells secrete pro-inflammatory cytokines and chemokines, creating an inflammatory environment that promotes the presentation of MHC class I- and II-restricted peptides on tumor cells (94). This enhances the expression of co-stimulatory molecules, such as CD80/86, and robustly stimulates CD4 $^{+}$ /CD8 $^{+}$ $\alpha\beta$ T cell activation and proliferation (95). Additionally, activated $\gamma\delta$ T cells indirectly promote $\alpha\beta$ T

cell proliferation by co-stimulating NK cells via the ICOS/ICOS-L and CD137/CD137L pathways, thereby increasing IFN- γ and TNF- α production (96). Notably, following IL-21 and HMBPP stimulation, $\gamma\delta$ T cells induce B cell homing, migration, and aggregation in lymph nodes, facilitating antibody production and class switching (97–99). Mature DCs synergize with ATP, IPP, and BTN3A1 to activate $\gamma\delta$ T cells by secreting cytokines like IL-12, IL-18, IFN- γ , and TNF- α (100, 101). In turn, $\gamma\delta$ T cells promote DC maturation by secreting IFN- γ and TNF- α , thereby enhancing the activation of both $\alpha\beta$ and $\gamma\delta$ T cells and amplifying antitumor responses (102). However, COX-2-expressing MSCs and Prostaglandin E2 (PGE2) from tumor cells can inhibit $\gamma\delta$ T cell cytotoxicity (81). Furthermore, galectin-9 on $\gamma\delta$ T cells and tumor cells drives the polarization of M2-like tumor-associated macrophages, which secrete immunosuppressive molecules that impede the antitumor activity of $\gamma\delta$ T cells (103). In conclusion, understanding the intricate relationship between immunity effector cells and $\gamma\delta$ T cells within the TME is crucial for harnessing the therapeutic $\gamma\delta$ T cells in cancer treatment.

3.3 Exosome-mediated modulation of $\gamma\delta$ T cells

The interaction between tumor-derived exosomes (TDEs) and $\gamma\delta$ T cell responses within the TME plays a dual role in promoting and inhibiting tumor immunity (104). *In vitro*, stimulation of $\gamma\delta$ T cells with TDEs significantly upregulated PD-1 expression, unaffected by miR-21 overexpression or anti-PD-L1 agents, to induce tumor immune escape. Hypoxic TDEs further enhanced the immunosuppressive functions of myeloid-derived suppressor cells (MDSCs) and inhibited $\gamma\delta$ T cell proliferation (105). In contrast, gastric cancer cell-derived exosomes enriched with THBS1 enhanced V γ 9V δ 2 T cell cytotoxicity against gastric cancer, increasing the production of IFN- γ , TNF- α , perforin, and granzyme B both *in vivo* and *in vitro* (106). Additionally, exosomes from V δ 2 T cells (V δ 2-T-Exos) activate FasL and TRAIL pathways, effectively killing EBV-associated tumor cells while expanding EBV-specific CD4+ and CD8+ T cells. In a mouse model, administration of Vd2-T-Exos effectively controlled EBV-associated tumors (107). Despite these promising findings, further research is necessary to fully utilize exosomes for enhancing the clinical effectiveness of $\gamma\delta$ T cells. A thorough understanding of the exact interactions and optimal utilization of TDEs may lead to more efficacious $\gamma\delta$ T cell-based immunotherapies.

3.4 PD-1/PD-L1-mediated $\gamma\delta$ T cell regulation

While activated $\gamma\delta$ T cells can enhance $\alpha\beta$ T cell responses, they may also negatively regulate them by upregulating PD-1/PD-L1 (61). Meanwhile, $\gamma\delta$ T17 cells secrete cytokines like IL-17 and TNF- α , promoting IL-6 secretion and activating the STAT3 pathway, which induces PD-L1 expression and contributes to immunosuppression (108–110). Upon stimulation by ZOL and IL-2, the PD-1 expression of V δ 2 T cells returns to baseline levels after

the temporary increase (111). Research shows that PD-1-expressing $\gamma\delta$ T cells produce less IFN- γ post-stimulation, reducing their antitumor efficacy (112). In contrast, pembrolizumab treatment rapidly expands $\gamma\delta$ T cells, enhancing their recruitment to tumors and IFN- γ and TNF- α secretion (113). Rancan et al. showed that non-V δ 2 T cells are the primary population expressing PD-1, TIGIT, and TIM3 within tumor tissues. Higher transcriptional scores in these cells correlate with improved 5-year survival rates in patients. Additionally, V δ 2- T cells can express 4-1BB, CD39, and CTLA-4, promoting the secretion of IFN- γ , perforin, and granzymes A/K (17). Overall, $\gamma\delta$ T cells exert antitumor effects through multiple direct and indirect mechanisms, and their demonstrated function in the tumor microenvironment makes them essential players in cancer therapy.

4 Cancer immunotherapy with $\gamma\delta$ T cells

$\gamma\delta$ T cells are uniquely positioned to recognize and target killing tumor cells, enriched within tumor tissues are correlated with improved clinical outcomes, under-scoring their potential as a promising target for immunotherapeutic strategies. Currently, immunotherapy for $\gamma\delta$ T cell tumors primarily involves killing tumor cells by activated $\gamma\delta$ T cells using cell engagers. Another approach is adoptive cellular therapies (ACTs), which involves selectively expanding $\gamma\delta$ T cells in patients using small molecule pAgs or reintroducing *in vitro*-expanded allogeneic $\gamma\delta$ T cells into the human body. Moreover, tumor-targeted activation of CAR- $\gamma\delta$ T cells have demonstrated potential in addressing both hematological malignancies and solid tumors (114, 115).

4.1 $\gamma\delta$ T cell engagers target and kill tumor cells directly

Cell engagers involve using monospecific or bispecific antibodies to connect $\gamma\delta$ T cells with tumor targets, resulting in highly targeted tumor destruction. V γ 9V δ 2 T cells can interact with dystrophin via TCR-mediated interactions, and the BTN3A1 antibody induces mimicry of pAg-induced conformational changes to activate the targeting and killing of tumor cells by $\gamma\delta$ T cells (116) (Figure 3). Payne et al. demonstrated that anti-BTN3A antibodies induced activation of V γ 9V δ 2 T cells and eliminated inhibition of $\alpha\beta$ T cells by BTN3A1 (117). BTN3A1 binds to N-mannosylated residues in CD45 residues on the surface of $\alpha\beta$ T cells, hindering their antigen-specific activation. The research on a humanized monoclonal antibody ICT01 targeting BTN3A indicates its ability to rapidly activate non-pAg-dependent V γ 9V δ 2 T cells migrating to tumor tissue. Initial findings from the Phase I/IIa EVICTION trial (NCT04243499; Table 1) of ICT01 in 26 patients with advanced recurrent or refractory cancers revealed a promising safety profile, with no occurrence of serious adverse events. Furthermore, BTN3 antibodies selectively enhance the antitumor function of V γ 9V δ 2 T cells and NK cells without inducing exhaustion of V γ 9V δ 2 T cells caused by ICT01 *in vitro* studies. These findings suggest that treatment with ICT01 can enhance the recruitment and retention

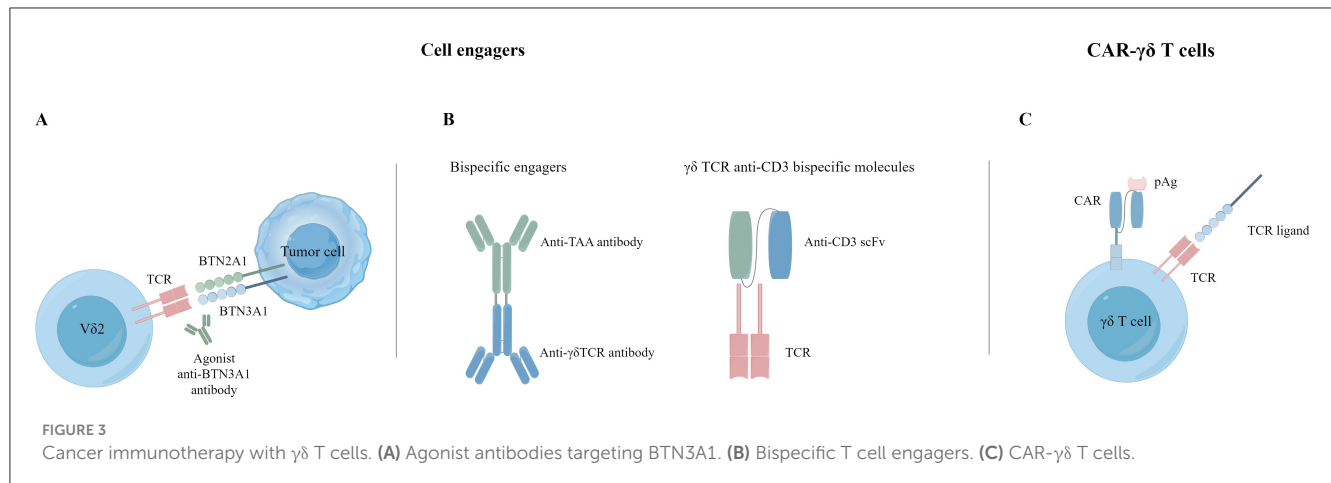


TABLE 1 Current clinical trials of cell engagers.

Type of therapy	Phase	Malignancy	Status	Start	Study identifier
PSMA-V2TCR bispecific antibody	1/2a	R/R mCRPC	Recruiting	20220627	NCT05369000/LAVA-1207
CD1d-V2TCR bispecific antibody	1/2a	R/R CLL MM AML	Advanced	20210712	NCT04887259/LAVA-051
BTN3A agonist antibody+VEN/AZA	1/2a	Newly diagnosed AML	Recruiting	20200210	NCT04243499
BTN3A agonist antibody+IL-2	1/2a	Solid Tumors	Recruiting	20220419	NCT05307874/ICT01-102

of V δ 2 T cells in the TME. Compared to bisphosphonates, ICT01 has a longer plasma half-life, potentially offering greater tumor penetration (118). The EVICTION trial also explores the use of ICT01 in combination with pembrolizumab. Concurrently, an additional clinical trial EVICTION-2 (NCT05307874; Table 1) aims to assess the synergistic effects of ICT01 combined with subcutaneous IL-2 in augmenting T cell responses.

Recent work by Mamedov et al. provided further insight into how AMPK regulates the expression of BTN2A1 and BTN3A, thereby influencing the cytotoxicity of $\gamma\delta$ and $\alpha\beta$ T cells (37). In cellular models and patient tumor tissues, small molecule activation of AMPK increased the expression of BTN2A1-BTN3A complexes and enhanced V γ 9V δ 2 TCR-mediated cytotoxicity. Ongoing clinical trials focused on TEG001 (a hyperactive V γ 9V δ 2 TCR variant, NTR6541) indicate that AMPK agonist treatment heightened the sensitivity of breast cancer organoids and Duodi cells (a typical B lymphoblast) to V γ 9V δ 2 T cell-mediated antitumor response (37). These results emphasize the profound impact of AMPK-dependent metabolic stress-induced upregulation of ligand expression on the interaction of cancer cells with the V γ 9V δ 2 TCR.

Another type $\gamma\delta$ T cell engagers consist of two single-chain variable fragments (scFvs) that combine V δ 2 TCR specificity with tumor-targeting VHH antibodies (Figure 3). These engagers target specific molecules such as CD40, CD1d (119), EGFR, and HER2. CD40 is overexpressed on malignant B cells. Researchers have created bispecific T-cell engagers (BiTEs) targeting CD40, such as the CD40-specific V γ 9V δ 2 T cell engager (LAVA-1278). Study have demonstrated its effectiveness in activating and inducing cytotoxicity against malignant B lymphocytes *in vitro* and *in vivo* trials. The fraction targeting the CD40 receptor was observed

to inhibit the CD40L-induced pro-survival signaling pathways, subsequently diminishing the resistance of Chronic Lymphocytic Leukemia (CLL) cells toward Bcl-2 inhibitors. A noticeable increase in survival rates was observed in mouse models treated with a combination therapy of both CD40 and V γ 9V δ 2 T-cell dual-specific antibodies, compared to those treated with V γ 9V δ 2 T cells alone (120). CD1d is also expressed upregulated on hematological malignant cells. A BiTE targeting CD1d and Vd2 activates V γ 9Vd2 T cells and type 1 NK T cells, leading to the targeting and eliminating malignant and immunosuppressive cells through the perforin/granzyme pathway. In contrast, cytotoxicity against B cells and monocytes is relatively controllable, implying a low risk of on-target-tumor toxicity (60).

Furthermore, the EGFR-V γ 9V δ 2 TCR bispecific engager has successfully activated V γ 9V δ 2 T cells and killed tumor cells *in vitro* and a mouse model, extending the survival of the mice (121). Presently, LAVA-1207, a BiTE that binds with PSMA, activates V γ 9V δ 2 T cells to eliminate PSMA-expressing tumor cells effectively. This agent is currently being evaluated in a Phase I/IIa clinical trial for treating patients with metastatic castration-resistant prostate cancer (NCT05369000; Table 1).

Novel $\gamma\delta$ TCR anti-CD3 bispecific molecules (GABs) present an innovative approach to T cell engagers (Figure 3). They link the extracellular domain of the V γ 9V δ 2 TCR, with the CD3 binding domain to form a V γ 9V δ 2 TCR-CD3 complex (122). Traditional BiTEs face challenges in efficacy against solid tumors and often induce relatively high cytokine release syndrome (CRS) toxicity. GABs can potentially reduce toxicity while achieving better efficacy and safety profiles (123). In mouse xenograft models, the V γ 9V δ 2 TCR of GABs redirects $\alpha\beta$ T cells to tumor tissues through pAg recognition, significantly inhibiting tumor growth.

Cibisatamab (RO6958688) is a GAB that binds carcinoembryonic antigen (CEA) and CD3, promoting T cell infiltration and cytokine release within tumor tissues (124). Notably, cibisatamab can also convert PD-L1-negative tumor cells to PD-L1-positive (125). Moreover, combining cibisatamab with anti-PD-L1 antibodies has demonstrated better control of tumor progression in various tumor types and mouse models (126). Current clinical trials in cell engagers are summarized in Table 1.

4.2 Adoptive cellular therapies

4.2.1 Expanding V γ 9V δ 2 T cells for enhanced tumor immunotherapy

Compared to $\alpha\beta$ T cells, $\gamma\delta$ T cells offer unique advantages in ACT due to their distribution across various tissues, rapid target response, and swift effector function production (127). V δ 2 T cells were the initial subset of $\gamma\delta$ T cells tested in ACT studies. ZOL and IL-2 are the most commonly utilized stimulants. ZOL affects the isoprene biosynthesis pathway by explicitly targeting farnesyl pyrophosphate synthase (FPPS), leading to the accumulation of intracellular pAgs (128). This approach effectively expands and activates V γ 9V δ 2 T cells *in vitro*. Another pAg, 2-methyl-3-butenyl-1-pyrophosphate (2M3B1PP), efficiently stimulates and expands V γ 9V δ 2 T cells (129). Several clinical studies have investigated the co-administration of bisphosphonates or synthetic antibodies alongside IL-2, yet the results regarding their effectiveness *in vivo* have generally failed to meet expectations. Yan Xu et al. combined IL-15 and vitC with ZOL and IL-2, significantly expanding V γ 9V δ 2 T cells *in vitro* and improving antigen presentation to effector T cells, thus correlating with intense immune response. In addition, experiments in a mouse transplantation tumor model demonstrated that this regimen effectively suppressed tumor growth *in vivo* and notably extended the survival time of tumor-bearing mice (76). Using bisphosphonate prodrugs and nanotechnology-based Nitrogen-containing bisphosphonate (N-BP) delivery vectors shows great promise in enhancing V γ 9V δ 2 T cell-based immunotherapy. Bisphosphonate prodrugs utilize phosphate groups with chemical masks, facilitating the cellular entry of these compounds (130). On the other hand, nanotechnology-based drugs can enhance the efficacy of killing malignant cells by increasing NKG2D expression in V γ 9V δ 2 T cells and triggering the release of cytokines (131).

4.2.2 Allogeneic V γ 9V δ 2 and v δ 1 T cells represent a dual approach to cancer therapy

Allogeneic treatment involves the transfer of allogeneic $\gamma\delta$ T cells, which have been grown and activated outside the body, from a healthy donor to a patient with neoplastic conditions. The first team to conduct allogeneic treatment performed a clinical study on 132 patients with advanced liver and lung cancer, utilizing V γ 9V δ 2 T cells from healthy donors. The results demonstrated that after 414 cell infusions, no patients experienced severe adverse effects, with only transient and mild clinical reactions observed in some cases. Furthermore, 18 patients with liver and lung cancer who received multiple cell infusions experienced significantly prolonged

survival (76). V δ 1 T cells are also emerging as potential candidates for cancer therapy. However, the lack of reliable methods for their expansion and differentiation has posed a challenge. Sebestyen's team has developed a rapid clinical translation method to produce antitumor effector V δ 1 T cells, called Delta One T (DOT) cells. These cells were expanded and differentiated to increase the expression of multiple NKR, including NKP30, NKG2D, and DNAM-1, and to maintain the expression of immunosuppressive molecules, such as PD-1 and CTLA-4, at low levels or not at all. *In vitro* and xenograft models have demonstrated that DOT cells exhibit significant anti-AML activity (132). The research team has initiated a clinical trial for relapsed/refractory AML (NCT05886491) and is exploring their potential applications in solid tumors. Additionally, a study has suggested that V δ 1 T cells may possess superior tumor cytotoxicity compared to V δ 2 T cells in mouse xenograft tumor models (133). Hence, a deeper understanding of the functional disparities between these two isoforms could aid in fully exploiting their respective clinical benefits. Current clinical trials in ACT using $\gamma\delta$ T cells are summarized in Table 2.

4.2.3 CAR-modified V δ 2 and V δ 1 T cells

Genetically modified $\gamma\delta$ T-cells (CAR) are at the forefront of cancer immunotherapy. Initially, CAR- $\gamma\delta$ T cell therapies primarily targeted the V δ 2 subset (Figure 3). Around 20 years ago, Rischer and colleagues were the first to describe CAR- $\gamma\delta$ T cells. They used recombinant retroviruses to introduce G(D2) or CD19-CARs $\gamma\delta$ T cells. These cells were then expanded in a laboratory setting under ZOL activation, resulting in an enriched V γ 9V δ 2 T cell population. Upon encountering antigen-expressing tumor target cells, these cells upregulated CD69 and secreted large amounts of IFN- γ , eliminating Burkitt lymphoma cells *in vitro*. In subsequent studies, Deniger et al. utilized the Sleeping Beauty transposon system for gene transfer to indicate that CD19-CAR- $\gamma\delta$ T cells could form a highly polyclonal population with dual specificity. These cells exhibited continuous proliferation, secretion of proinflammatory cytokines, improved lysis of CD19 tumor targets, and demonstrated anti-leukemic activity in xenograft mouse models. Another approach uses mRNA electroporation to modify $\gamma\delta$ T cells, which show potent anticancer activity against CD19-positive cancer cell lines *in vitro* and *in vivo* (134).

Compared to V δ 2 T cells, V δ 1 T cells have a reduced sensitivity to their activation-induced cell death (AICD), implying a longer survival time *in vivo* (135). Hence, allogeneic CAR-V δ 1 T cells have recently been developed. DOT cells transduced with CD123-directed CAR showed high efficiency in inhibiting AML growth *in vitro* and *in vivo* (136). A single dose of CAR-DOT cells in combination with IL-15, achieved robust tumor control even after rechallenge. Makkouk et al. has developed CAR-V δ 1 T cells in preclinical studies that were genetically modified to target phosphatidylinositol proteoglycan 3 (glypican-3, GPC-3) and release IL-15 in laboratory conditions. This development aims to treat hepatocellular carcinoma and other solid tumors that may exhibit overexpression of GPC-3. Further research has shown that GPC-3 CAR/sIL-15 V δ -1 T cells exhibited significant anti-tumor effects in live mouse models without inducing GvHD

TABLE 2 Current clinical trials of expanded $\gamma\delta$ T cell subsets.

Type of therapy	Phase	Malignancy	Status	Start	Study identifier
Allogeneic V γ 9V δ 2 T cells	1	R/R AML	Recruiting	20200131	NCT03533816
Allogeneic V δ 1 T cells	1/2a	R/R AML	Recruiting	20230711	NCT05886491/TAK-012-1501
Allogeneic $\gamma\delta$ T cells	1/2	Solid Tumors	Recruiting	20210301	NCT04765462
$\gamma\delta$ T cell Infusion	1	AML	Recruiting	20220321	NCT05015426
Allogeneic expanded $\gamma\delta$ T cells with chemotherapy	1	Glioblastoma	Advanced	20200211	NCT04165941
Allogeneic $\gamma\delta$ T-lymphocytes	2	R/R AML MDS	Recruiting	20220815	NCT05358808/TCB008-001
Expanded $\gamma\delta$ T cell infusion	1/2	AML ALL MDS	Recruiting	20210912	NCT04764513
Allogeneic $\gamma\delta$ T cells combined with targeted therapy and immunotherapy	1	Hepatocellular Carcinoma	No yet	20240426	NCT06364787/NCT06364800
Allogeneic $\gamma\delta$ T cells with GD2 chemoimmunotherapy	1	Osteosarcoma Neuroblastoma	Recruiting	20231106	NCT05400603
Allogeneic or autologous $\gamma\delta$ T cells (DeltEx) combined with chemotherapy	1b/2	Glioblastoma	Recruiting	20230908	NCT05664243
Allogeneic $\gamma\delta$ T clls	1	R/R MDS AML	No yet	202501	NCT06463327
ZOL, IL-2 and dinutuximab beta	2	Leiomyosarcoma	Recruiting	20211115	NCT05080790

TABLE 3 Current clinical trials of CAR- $\gamma\delta$ T cells.

Type of therapy	Phase	Malignancy	Status	Start	Study identifier
Allogenic CD19-targeting CAR- $\gamma\delta$ T cell	1/2a	R/R NHL	Recruiting	20221211	NCT05554939
Allogenic B7H3-targeting CAR- $\gamma\delta$ T cell	1/2	R/R B7H3 Positive malignant brain glioma	Recruiting	20230601	NCT06018363
Allogenic CD20-specific CAR-V δ 1T cells	1	R/R B-cell NHL DLBCL	Recruiting	20210304	NCT04735471/NCT04911478
CAR- $\gamma\delta$ T Cells	1/2	R/R Solid Tumors	No yet	20240430	NCT06150885
Allogenic CD70-specific CAR-V δ 1T cells	1/2	R/R ccRCC	No yet	202309	NCT06480565

when used as a standalone treatment (137). Another ADI-001 targeting malignant B cells via the CD20 antigen showed an overall remission rate (ORR) of 75% in eight patients who had received multiple treatments in a Phase I study (NCT04735471; Table 1), with instances of complete remission (CR). ADI-001 exhibited considerable tolerance among subjects without reports of severe adverse reactions, demonstrating a favorable safety profile and substantial preliminary efficacy (138).

While traditional CAR- $\gamma\delta$ T cell therapy has shown significant progress in treating certain leukemia and lymphoma patients, its effectiveness in treating solid tumors remains limited (9). Consequently, there remains a persisting necessity to enhance both the structural design and the functional efficacy of CAR- $\gamma\delta$ T cells. Recent studies have indicated that second-generation CAR- $\gamma\delta$ T cells expressing the CD28 co-stimulatory domain enhance IFN- γ secretion and cytotoxicity against prostate cancer cells. In mouse models, CAR- $\gamma\delta$ T cell immunotherapy has been demonstrated to slow tumor growth, and when combined with ZOL, it enhances cytotoxicity and cytokine secretion (139).

Apart from the strategies mentioned above, new therapies based on $\gamma\delta$ T cells are continually emerging. Murai et al. have successfully generated nearly unlimited regenerative $\gamma\delta$ T cells from $\gamma\delta$ T-induced pluripotent stem cells (iPSCs) (140). iPSC-derived $\gamma\delta$ T cells (i $\gamma\delta$ -T) demonstrate MHC-unrestricted cytotoxicity against

cancer cells. However, challenges persist in clinical applications due to using heterologous serum and feeder cells in the i $\gamma\delta$ -T induction regimen (141). Lastly, to provide a comprehensive overview of current advances in CAR- $\gamma\delta$ T cell immunotherapy, we have compiled ongoing clinical trials as shown in Table 3. These trials cover a wide range of cancer types, further demonstrating the road promise of CAR- $\gamma\delta$ T cells immunotherapy.

5 Conclusion

The distinctive antigen recognition mechanism and immunoregulatory function of $\gamma\delta$ T cells render them highly advantageous in tumor immunotherapy. Nevertheless, the limited foundational research on $\gamma\delta$ T cells restricts their therapeutic efficacy and broader clinical application. Future research should investigate the mechanisms underlying $\gamma\delta$ T cell maturation, activation, and proliferation. It is crucial to comprehend the antigen recognition mechanisms of $\gamma\delta$ TCRs and to identify TAAs targeted by $\gamma\delta$ T cells. Understanding the dynamic functions of different $\gamma\delta$ T cell subsets within the complex TME will be pivotal in optimizing their clinical use. Addressing the significant challenges in clinical trials, including the limited expansion of $\gamma\delta$ T cells and their

exhaustion post-activation, is also essential. Comprehensive development and optimization of $\gamma\delta$ T cells from various perspectives are imperative to maximize the therapeutic potential of $\gamma\delta$ T cell-based immunotherapy. By overcoming these challenges and leveraging the unique properties of $\gamma\delta$ T cells, we can progress toward more effective and personalized cancer immunotherapies.

Author contributions

XL: Conceptualization, Data curation, Formal analysis, Funding acquisition, Methodology, Software, Validation, Writing – original draft, Writing – review & editing. YL: Writing – original draft, Writing – review & editing, Conceptualization. JY: Data curation, Formal analysis, Writing – review & editing. RL: Formal analysis, Methodology, Writing – review & editing. JQ: Formal analysis, Writing – review & editing. YD: Data curation, Writing – review & editing. GT: Methodology, Supervision, Writing – review & editing. CZ: Funding acquisition, Resources, Supervision, Writing – review & editing. JL: Software, Writing – review & editing. JZ: Resources, Writing – review & editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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