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# Effects of artificial diets on lipid and glucose metabolism, antioxidative capacity, and inflammation in the liver of mandarin fish (*Siniperca chuatsi*)

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The mandarin fish (Siniperca chuatsi) is a typical carnivorous fish, which has been able to consume artificial diets after domestication in recent years. However, the potential health consequences of artificial diets in mandarin fish remain unclear. This study aimed to elucidate the molecular mechanisms underlying these concerns. Fish (initial weight: 25.1 ± 0.1 g) were fed with natural (CON group) or artificial diets (AF group) for 8 weeks. Each diet was randomly distributed to sextuplicate circular tanks (300 L) with 40 fish in each tank. The transcriptome analysis revealed significant changes in metabolism-related pathways, particularly those involved in lipid and carbohydrate metabolism. Further investigation confirmed that the artificial diets significantly increased hepatic triglyceride content and fatty acid synthase activity. The artificial diets also significantly increased hepatic glycogen and glucose-6-phosphatase activity. Furthermore, the artificial diets significantly increased hepatic malondialdehyde levels, indicating increased oxidative stress. Antioxidant defense enzyme activities and the expression of antioxidant stress-related genes were significantly decreased. Additionally, the artificial diets significantly increased the expression of proinflammatory genes, including interleukin 1 beta and interferon-gamma. These findings collectively demonstrated that the artificial diets disrupted hepatic lipid and glucose metabolism, leading to oxidative stress and inflammation, thus affecting the health status of mandarin fish.

#### KEYWORDS

mandarin fish, lipid and glucose homeostasis, oxidative stress, inflammation, transcriptome

### Introduction

Mandarin fish (Siniperca chuatsi) is highly sought after for its delicious taste and rich nutritional value (Song et al., 2017; Li et al., 2019). With a thriving market and annual farming production exceeding 400,000 tons in China (2022), mandarin fish aquaculture significantly contributes to the country's food security (Li et al., 2017). Mandarin fish have a very peculiar feeding habit, as they only accept live prey fish and refuse dead prey fish or artificial feed in the wild (Yi et al., 2013). Traditionally, mandarin fish have been fed with live prey fish. However, this method presents several challenges. The supply of live prey fish is unreliable, and the prey fish might be a source of pathogens or parasites (Tao et al., 2007), potentially jeopardizing the health of farmed fish. These limitations hinder the sustainable development of mandarin fish aquaculture. Exploring nutrient metabolism and related signaling pathways is essential in order to achieve precise nutrient regulation and meet the demand for fish health. Meanwhile, the level of domestication of mandarin fish in the juvenile stage has been greatly improved (Liang et al., 2001). Therefore, mandarin fish can be farmed with an artificial diet in recent years (Li et al., 2015). According to incomplete statistics, approximately 1/10 of mandarin fish in China have been fed with artificial diets. However, studies into the precise feed nutrition of mandarin fish have just started, and there are great differences in the nutritional composition of artificial diets from different companies. Moreover, concerns have emerged regarding its potential impact on fish health and potential farming failures during the feeding process.

The liver plays a central role in regulating lipid and glucose metabolism throughout the body (Watt et al., 2019). In mammals, metabolic imbalances leading to abnormal accumulation of lipids and glycogen in the liver can trigger the production of proinflammation cytokines, ultimately contributing to chronic liver inflammation (Badmus et al., 2022). Similar observations have been made in several fish species, such as large yellow croaker (*Larimichthys crocea*) (Fang et al., 2021), blunt snout bream (*Megalobrama amblycephala*) (Dai et al., 2019), spotted seabass (*Lateolabrax maculatus*) (Guo et al., 2023), and largemouth bass (*Micropterus salmoides*) (Zhao et al., 2024). In these cases, unsuitable artificial diets disrupt hepatic metabolism and induce oxidative stress and inflammation. However, the specific molecular mechanisms by which artificial diets affect mandarin fish remain unclear.

Therefore, this study aimed to investigate the effects and the underlying mechanisms of artificial and natural diets on the metabolism and immune response in the liver of mandarin fish. By designing an artificial diet formulated to completely replace live prey fish, we sought to establish a theoretical basis for optimizing mandarin fish feeds.

## Materials and methods

### Animals and diets

Four hundred eighty healthy and similar-sized mandarin fish juveniles  $(25.1 \pm 0.1 \text{ g})$  were bought from Guangdong Bairong Aquatic Varieties Group Co., Ltd., and were divided into two groups. The control group (CON) was kept on live prey fish (Table 1), whereas the artificial diet group (AF) was kept on an artificial diet (Table 2), according to a previous study in our lab (Fang et al., 2024). White fish meal and Antarctic krill powder were the major protein sources. Fish oil was the major lipid source in the feed. All fish were fed twice daily for 8 weeks (at 6:00 a.m. and 6:00 p.m.). Each feeding session was limited to 30 min.

### Histological analysis

The fixed liver samples were soaked twice with distilled water. The samples were then dehydrated with xylene and 50%–100% ethanol and treated transparently with xylene. The transparent samples were embedded in molten paraffin and solidified into blocks. The paraffin was cut into 5  $\mu$ m flakes using a slicer (Leica, Germany). Hematoxylin–eosin (H&E) staining was subsequently performed on the sections using an automatic staining instrument (Thermo Fisher Scientific, USA). Finally, the stained sections were examined under a light microscope (Nikon, Japan).

### **Biochemical analysis**

The hepatic triglyceride (TG) and glycogen levels and antioxidant capacity were determined by commercially available kits, according to our previous study (Fang et al., 2024).

### Gene expression

The total RNA of frozen liver issues was extracted with TRIzol reagent (TaKaRa, Japan). Then, cDNA was synthesized using RNA as a template using the PrimerScript<sup>TM</sup> RT reagent kit (TaKaRa, Japan). Primers for the target genes and the control gene beta-actin ( $\beta$ -actin) were designed with the NCBI Primer-BLAST, which are listed in Table 3. The gene levels were determined by RT-qPCR and calculated by the 2- $\Delta$ CT method (Livak and Schmittgen, 2001).

TABLE 1 Chemical proximate analysis of the whole body of Cirrhina mrigala (% on fresh basis).

Name	Moisture	Crude protein	Crude lipid	Crude ash
Cirrhina mrigala	75.05 ± 0.14	17.20 ± 0.03	4.27 ± 0.03	3.44 ± 0.03

Results were presented as mean  $\pm$  S.E.M, n = 3.

## Transcriptome sequencing and analysis

RNA-seq was performed by Majorbio Co., Ltd. (Shanghai, China). The differentially expressed genes (DEGs) were defined as

TABLE 2	Formulation	and	chemical	proximate	analysis	of the
experime	ntal artificial	feed	(% dry we	eight).		

Ingredients <sup>a</sup>	Content		
White fish meal	50.0		
Antarctic krill powder	10.0		
Corn gluten meal	8.0		
Squid offal powder	5.0		
Wheat meal	13.0		
Fish oil	8.0		
Monocalcium phosphate	2.0		
Vitamin premix	2.0		
Mineral premix	2.0		
Total	100.0		
Proximate analysis (% dry weight)			
Crude protein	49.6		
Crude lipid	12.1		
Carbohydrate	10.1		
Ash	15.4		

<sup>a</sup>All ingredients were purchased from Guangdong Haid Group Co., Ltd., Guangzhou, Guangdong 511400, People's Republic of China.

# P < 0.05. Furthermore, scatter plots, heatmap sequencing, etc. were processed and analyzed by an online software (www.majorbio.com).

## Statistical methods

All experimental data were expressed as mean  $\pm$  S.E.M. The significance of the difference between the two groups was analyzed using the independent *t*-test (*P* < 0.05) in SPSS 19.0 (IBM, USA).

# Results

# Effects of artificial diets on hepatic gene expression profiling

Transcriptome analysis was employed to identify DEGs. Compared with fish fed with the control diet, the livers of fish fed with an artificial diet exhibited 1,597 upregulated and 1,271 downregulated DEGs (Figure 1A). A heatmap was generated to visualize the expression patterns of these DEGs, with distinct subgroups identified based on expression levels (Figure 1B). GO enrichment indicated that most DEGs were associated with metabolic processes, including the cholesterol biosynthetic process and the lipid biosynthetic process (Figure 1C). Similarly, analysis of biological processes indicated significant enrichment for DEGs involved in cellular processes, biological regulation, and metabolism (Figure 1D). According to the KEGG enrichment analysis, a significant enrichment of DEGs within metabolism-related pathways was identified (Figure 1E). Notably, pathways associated with lipid and carbohydrate metabolism were significantly enriched (Figure 1F).

Gene	Forward primers $(5'-3')$	Reverse primers (5'-3')	Amplicon size (bp)	Amplification efficiency	Accession number
$\beta$ -actin	TGCGTGACATCAAGGAGAAGC	GAGGAAGGAAGGCTGGAAGAG	176	1.92	XM_044169301.1
srebp1c	TCAACGGTATTCTGGTGTCA	CAACTGGGATATGGGTAAGG	209	1.90	XM_044180668.1
fas	CCTATGAGGCTATTGTAGATGG	GCCGCTGAAGTCAAAGAA	200	1.96	XM_044177553.1
dgat1	CAGTGAACAAGAACATCCCTAT	TTGGCAGCCAGTATGAGG	258	1.87	XM_044194263.1
dgat2	TCCGCTTGCCAGTCCTTC	CACAGCATTTCCCGTCCC	107	1.87	XM_044223167.1
plin2	TCACCACTGCTTCACCCAT	TGACACTCCCACTGACAACA	297	1.92	XM_044184785.1
pparα	CAGTGACCTGGCTCTGTTT	TGTCGTCAGGGTGATTGG	143	1.94	XM_044194385.1
cpt1α	TAAAGTGCCTGTTGTCGTG	ATCCGTTCATACTGCTCATC	229	1.91	XM_044193168.1
g6pase	AGGTAGGCCTGTGGATGCTA	CAAATCCAGCAGAGAGCCCA	586	1.89	XM_044177989.1
рс	AAGTCCCTTTCCCGTATT	CTCCACCTCAAACTCCTCT	249	1.90	XM_044184728.1
pfk	TGGGTCAAGACTCAACATTA	TAGAGGCAGACGAACAGC	286	1.94	XM_044218097.1
pk	CTTCGCCTCCTTCATCCG	CTCGTGGTTCTCCAGTTTGC	106	1.92	XM_044192989.1
nrf2	ACGAAAGCGAAAGCTCCTCA	GCTCTCTTCCAGAATGGCGT	90	1.89	XM_044216334.1
keap1	GTGGCAACCCAGGAGGAG	GGGAATGGCAACGGACA	187	1.82	XM_044189604.1

#### TABLE 3 Primer sequences used for RT-qPCR.

(Continued)

Gene	Forward primers (5′–3′)	Reverse primers (5'-3')	Amplicon size (bp)	Amplification efficiency	Accession number
sod	CACGCTCCCTGACCTGACA	GGAGGGCAACCTGTGCTG	176	1.83	XM_044168059.1
cat	GCGTTTGGCTACTTTGAGGT	CACAGTGGAGAAGCGGACA	108	1.82	XM_044194118.1
gpx	GCCCATCCCCTGTTTGTG	AACTTCCTGCTGTAACGCTTG	185	1.92	XM_044172415.1
il-1β	TGATCTGACACCGTCGTTCC	TGTCTGACAAGAAGCCGACC	291	1.88	XM_044173728.1
ifn-γ	AGAGAGATTTAACGGGCGGC	ACACCATCTTTGCCTCGGTT	71	1.92	XM_044186663.1
tnfα	ACACAACCGCACTAGGTGAC	AGGGCCACAACGAGAATGAG	121	1.91	XM_044208266.1

#### TABLE 3 Continued



#### FIGURE 1

Effects of artificial diets on hepatic gene expression profiling. Scatter plot (A), heatmap sequencing (B), GO enrichment analysis (C), GO annotation analysis (D), KEGG enrichment analysis (E), and histogram of KEGG analysis (F) in the liver of mandarin fish after different treatments with different diets (n = 6).

# Effects of artificial diets on hepatic lipid metabolism

H&E staining revealed that the vacuoles in the liver of mandarin fish fed with an artificial diet were larger and more numerous than those of the control group (Figure 2A). Meanwhile, the artificial diets significantly increased hepatic TG levels (P < 0.05) (Figure 2B). To confirm the effect, we examined related enzyme activity and gene expression of lipid metabolism. Artificial diets significantly increased the activity of fatty acid synthase (FAS) (P < 0.05) (Figure 2C). However, the mRNA levels of sterol regulatory element binding protein 1c (*srebp1c*), *fas*, diacylglycerol O-acyltransferase 2 (*dgat2*), and perilipin 2 (*plin2*) were significantly decreased in the fish fed with an artificial diet (P < 0.05) (Figure 2D). The mRNA levels of peroxisome proliferationactivated receptor alpha (*pparo*) and carnitine palmitoyltransferase 1 alpha (*cpt1a*) were not remarkably changed between the two groups (P> 0.05) (Figure 2E).

# Effects of artificial diets on hepatic glucose metabolism

The content of hepatic glycogen in the AF group was significantly upregulated (P < 0.05) (Figure 3A). The artificial diets significantly

enhanced the activities of glucose-6-phosphatase (G6Pase) and pyruvate kinase (PK) (P < 0.05) (Figures 3B, C). Furthermore, the mRNA level of *g6pase* was significantly lower in the AF group (P < 0.05) (Figure 3D). The artificial diets upregulated the mRNA levels of genes related to glycolysis, including phosphofructokinase (*pfk*) and *pk* (P < 0.05) (Figure 3E).

# Effects of artificial diets on hepatic antioxidative capacity and inflammation

Abnormal accumulation of hepatic lipids and glycogen has been previously linked to oxidative stress and inflammation. The levels of total antioxidant capacity (T-AOC) and reduced glutathione (GSH) were significantly decreased in the AF group (P < 0.05) (Figures 4A, B). The activities of superoxide dismutase (SOD) and catalase (CAT) were remarkably decreased in the AF group (P < 0.05) (Figures 4C, D). Moreover, the level of malondialdehyde (MDA) was remarkably increased in the AF group (P < 0.05) (Figure 4E). Furthermore, the expression of genes related to antioxidant stress, including Kelch-like ECH-associated protein 1 (*keap1*), *cat*, and glutathione peroxidase (*gpx*), was significantly decreased (P < 0.05) (Figure 4F). However, there was no significant change in the gene expression of nuclear factor erythroid2-related factor 2 (*nrf2*) and *sod* (P > 0.05). In addition, we



Effects of artificial diets on hepatic lipid metabolism. Hepatic H $\Theta$ E staining image (scale bar: 100 µm) (**A**), content of hepatic TG (**B**), and activity of FAS (**C**) of mandarin fish after different treatments with different diets. Relative mRNA expression of lipid synthesis (**D**) and fatty acid  $\beta$ -oxidation (**E**) in the liver of mandarin fish after different treatments with different diets. \**P* < 0.05, \*\**P* < 0.01 (*n* = 6).



different treatments with different diets. P < 0.05, \*P < 0.01 (n = 6).

examined the mRNA expression of proinflammatory genes. Relative to the control group, the artificial diets significantly increased the gene expression of interleukin 1 beta (*il-1β*) and interferon-gamma (*ifn-γ*) (P < 0.05) (Figure 4G).

# Discussion

In the past decade, advancements in mandarin fish feed nutrition research (Li et al., 2023; Xie et al., 2023) and improved domestication techniques for juveniles (Guan et al., 2020; Lu et al., 2023) have opened the door for using artificial diets in mandarin fish aquaculture. However, feeding artificial diets might affect the health status of mandarin fish and increase the probability of farming failure. The underlying mechanisms of these effects required further investigation.

This study therefore employed liver transcriptome analysis of mandarin fish fed with an artificial or natural diet to explore the dietary effects on metabolism and immunity. The transcriptome analysis revealed significant changes in the metabolism-related pathways after feeding different diets, particularly those involving lipid and carbohydrate metabolism. These findings were consistent with a previous study demonstrating altered transcript levels of several genes related to fatty acid biosynthesis pathway in hybrid mandarin fish fed with an artificial diet (Guan et al., 2020). The transcriptome analysis revealed that artificial diets affected the Tolllike receptor signaling pathway and NOD-like receptor signaling pathway. These receptors are responsible for recognizing and initiating the response of the immune system to defend against infectious pathogens (Dasari et al., 2008; Chu and Xu, 2020). Dysregulation of these receptors, along with their downstream signaling pathways, may lead to uncontrolled inflammation or pathogen transmission (Cook et al., 2004). According to the results of transcriptome analysis, in this study we systematically investigated the effects and mechanism of artificial diets on hepatic lipid and glucose metabolism and immunity response in mandarin fish.

In the present study, the artificial diets increased hepatic lipid accumulation by promoting FAS activity, which may be attributed to a potentially higher fat content in the artificial diets than in live prey fish. However, mRNA expression of lipid synthesis was inhibited in fish fed with an artificial diet, suggesting a potential feedback



different treatments with different diets. \*P < 0.05. \*\*P < 0.01 (n = 6).

regulatory mechanism to protect against lipotoxicity. The results were similar to our previous study where artificial diets induced excessive TG accumulation in the muscle of mandarin fish (Fang et al., 2024). The regulation of lipid metabolism in an intertissue manner needs further study. In addition, previous studies have demonstrated that unsuitable artificial diets induced hepatic *de-novo* lipogenesis (Pang et al., 2021) and inhibited lipid secretion (Cao et al., 2019), leading to abnormal lipid accumulation. These results collectively indicated that artificial diets disrupt lipid metabolism in mandarin fish, leading to abnormal lipid accumulation in the liver.

Carbohydrates are an important non-protein energy source that are commonly incorporated into artificial diets (Hatlen et al., 2005). However, the ability of fish to utilize dietary carbohydrates varies, especially in carnivorous species, such as largemouth bass (Liu et al., 2017) and yellowtail kingfish (*Seriola lalandi*) (Booth et al., 2013). Carnivorous fish are characterized by continuous postprandial hyperglycemia after feeding with a high-carbohydrate diet (Stone, 2003). In the present study, the proportion of carbohydrates in artificial diets is higher than in live prey fish. The artificial diets induced excess glycogen accumulation in the liver by activating the gluconeogenesis pathway. However, the activity of PK and mRNA levels of genes was related to the glycolysis pathway, which might be a feedback regulation of the fish to decrease hepatic glycogen accumulation to some extent. These results indicated that the artificial diets disrupted glucose metabolism in the liver of mandarin fish.

Reactive oxygen species (ROS) are primarily generated in the mitochondria (Thannickal and Fanburg, 2000). While normal levels

of ROS play a role in cellular functions (Lee et al., 2012), excessive production of ROS under stress conditions can induce oxidative stress, a highly toxic state for cells (Cichoż-Lach and Michalak, 2014). Previous studies have found that increased levels of hepatic lipid and glycogen will generate more substrates entering mitochondrial respiration, leading to increased production of ROS (Styskal et al., 2012; Sun et al., 2020). In the present study, long-term feeding of artificial diets significantly decreased the transcription level of antioxidative stress-related genes and the enzymatic activities of antioxidant defense systems and increased MDA content in the liver. MDA is an important biomarker of oxidative stress (Ding et al., 2015). Artificial diets significantly increased the hepatic MDA level in mandarin fish hybrid (Siniperca chuatsi  $\mathcal{Q} \times$  Siniperca scherzeri  $\mathcal{J}$ ) (Li et al., 2017). Thus, artificial diets destroyed the balance of oxidation and antioxidation, leading to oxidative stress in the liver. In addition, oxidative stress is largely thought to negatively affect lipid and glucose homeostasis, which might further aggravate metabolic homeostasis disorder (Sekiya et al., 2008; Zhang et al., 2024).

Numerous studies have found that oxidative stress induces inflammation by activating multiple pathways. The excessive ROS activate NF- $\kappa$ B, leading to TNF- $\alpha$  secretion (Anderson et al., 1994). ROS activate NOD-like receptor protein 3 (NLRP3) inflammasome, resulting in the release of more proinflammatory cytokines (Schroder and Tschopp, 2010; Zhou et al., 2011). In the present study, the artificial diets upregulated the *il-1* $\beta$  and *ifn-* $\gamma$ transcriptional levels. Previous studies have shown that the activities of alkaline phosphatase and lysozyme in the serum of mandarin fish hybrid fed with an artificial diet were lower than those in the serum of fish fed with a natural diet, which indicated that the artificial diets reduced the immunity of fish (Li et al., 2017). Collectively, the artificial diets induced inflammation in the liver of mandarin fish. Supplementation with suitable additives is an important way to improve the health of fish. For example, bile acid alleviated hepatic lipid accumulation and oxidative stress induced by high-fat diets (Ding et al., 2020). Supplementation with exogenous bile acids improved intestinal immune function in grass carp (Peng et al., 2019). Chinese herbal additives have been proven to have positive effects on improving fish health (Ji et al., 2021; Xia et al., 2022). Thus, in our future study, we will study several additives that can mitigate the issues caused by the replacement of live prey fish with artificial diets.

## Conclusion

The artificial diets disrupted hepatic lipid and glucose metabolism, leading to oxidative stress and inflammation, thus affecting the health status of mandarin fish. Thus, the effects of artificial diets replacing live prey fish for the feeding of mandarin fish need further study, especially in metabolism, oxidative stress, inflammation, and additives.

## Data availability statement

The original contributions presented in the study are included in the article/supplementary material. Further inquiries can be directed to the corresponding author.

## **Ethics statement**

The animal study was approved by the experimental animal ethics committee of Shanghai Ocean University. The study was conducted in accordance with the local legislation and institutional requirements.

## Author contributions

WF: Writing – review & editing, Writing – original draft. XL: Writing – review & editing. BY: Writing – review & editing. LW: Writing – review & editing. XQ: Writing – review & editing.

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# **Conflict of interest**

Authors WF, BY, LW, and XQ were employed by the company Guangdong Haid Group Co., Ltd.

The author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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