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Influences of water velocity on ovarian maturation and antioxidant capacity in adult grass carp (*Ctenopharyngodon idellus*)

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Ecological operation of hydraulic engineering is essential for the conservation of fishery resources. Water velocity is known to affect the spawning of fishes delivering drifting eggs. This study aims to explore the effects of water velocity stimulation on the ovarian maturation and antioxidant capacity of adult grass carp (*Ctenopharyngodon idellus*) through laboratory experiments in order to understand the physiological mechanism underlying the response of natural reproduction to ecological flows. We examined the histology, sex hormones and vitellogenin (VTG) concentrations of ovary, and the transcripts of key genes in the hypothalamus-pituitary-gonad (HPG) axis, as well as the antioxidant activities of ovary and liver in grass carp. The results showed that although there was no discernible difference on the ovarian development characteristics of grass carp under water velocity stimulation, estradiol, testosterone, progesterone, 17 α ,20 β -dihydroxy-4-pregnen-3-one (17 α ,20 β -DHP), and VTG concentrations were elevated, which was related to the transcriptional regulation of the HPG axis genes. The gene expression levels (*gnrh2*, *fsh β* , *lh β* , *cga*, *hsd20b*, *hsd17b3*, and *vtg*) in the HPG axis were significantly elevated under water velocity stimulation, while those of *hsd3b1*, *cyp17a1*, *cyp19a1a*, *hsd17b1*, *star*, and *igf3* were suppressed. In addition, appropriate water velocity stimulation could enhance body health status by increasing the activities of antioxidant enzymes in the ovary and liver. The results of this study provide the fundamental knowledge and data support for ecological operation of hydropower projects and river ecological restoration.

KEYWORDS

water velocity, ovarian maturation, sex hormones, oxidative stress, grass carp

Introduction

The Three Gorges Dam (TGD), located in the middle stretch of the Yangtze River, is the world's largest hydropower project and plays a crucial role in harnessing and exploiting the river's power (Tang et al., 2016). However, the operation of the TGD not only significantly alters the hydrological processes of rivers but also threatens aquatic habitats both upstream and downstream of the dam site, thereby contributing to the degradation of riverine ecosystems (Zhang et al., 2021). In detail, the regulation of reservoirs homogenizes the flow processes of rivers and weakens or eliminates the natural flood peaks, thus leading to a decrease in fish eggs (She et al., 2023).

Fish spawning activity is likely influenced by a variety of environmental factors, including water velocity, water temperature, and dissolved oxygen. By influencing hormone synthesis and secretion, these environmental factors affect the gonadal development of fish (Liu et al., 2021). In particular, water velocity has been recognized to affect the spawning of fishes delivering drifting eggs in rivers (Chen et al., 2021a). In order to mitigate the adverse effects of dam operations on fish spawning, it is necessary to establish specific eco-hydrological processes to stimulate fish spawning (Wang et al., 2020).

The four major Chinese carps (FMCC), including black carp (*Mylopharyngodon piceus*), grass carp (*Ctenopharyngodon idellus*), silver carp (*Hypophthalmichthys molitrix*), and bighead carp (*Hypophthalmichthys nobilis*), which are highly sensitive to hydrological processes, represent the most economically important fishes in China. The FMCC population would migrate to the spawning sites and start spawning in response to high-flow pulses from March to June, while the construction and operation of TGD alter the natural hydrological rhythm and hinder fish migration (Zhang et al., 2023). Therefore, incorporating ecological flow into the operation scheme of TGD would be a mitigation measure to protect the spawning of FMCC. It has been demonstrated that implementing controlled man-made floods as part of the TGD operation enhances the reproductive success of FMCC in downstream regions (Xiao et al., 2022). Since 2011, several attempts have been organized to promote the spawning behavior of FMCC in order to mitigate the decline in FMCC from the Yangtze River. It was found that the water velocity that induces FMCC spawning ranged from 1.11 to 1.49 m/s (Cao et al., 2022), with an optimal flow velocity of 1.31 m/s was identified for the spawning of FMCC in rivers (Chen et al., 2021a). Although water velocity plays a crucial role in the reproduction of FMCC, there is a notable scarcity of research on the physiological mechanism underlying the response of natural reproduction to ecological flows.

In this study, we took adult grass carp as target species to assess the effects of water velocity stimulation on the ovarian maturation and antioxidant capacity through laboratory experiments. Histology, sex hormones and vitellogenin (VTG) concentrations of ovary, and the transcripts of key genes in the hypothalamus-pituitary-gonad (HPG) axis, as well as antioxidant activities of ovary and liver in grass carp were measured. The findings of this study will provide a theoretical basis for ecological operation.

Materials and methods

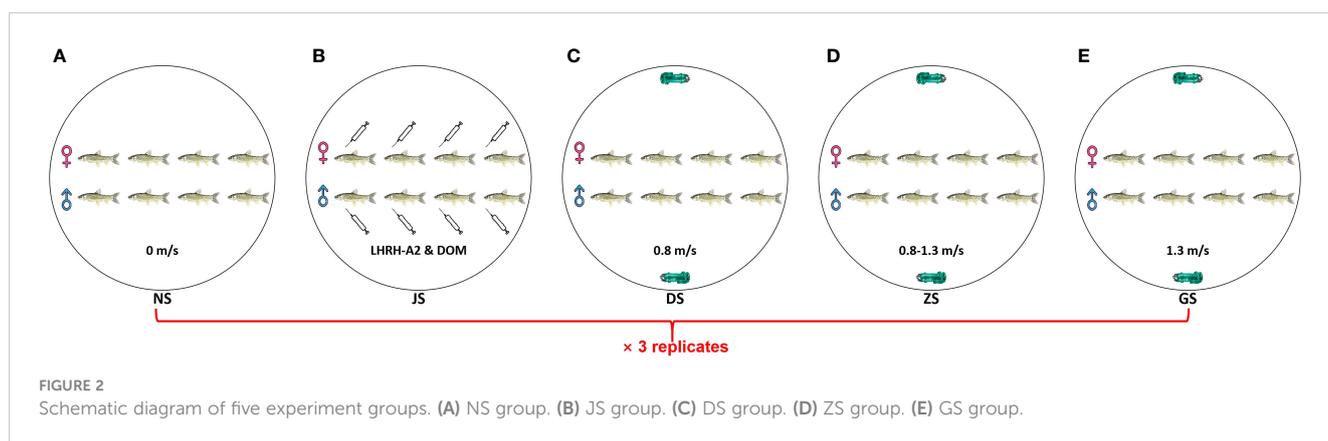
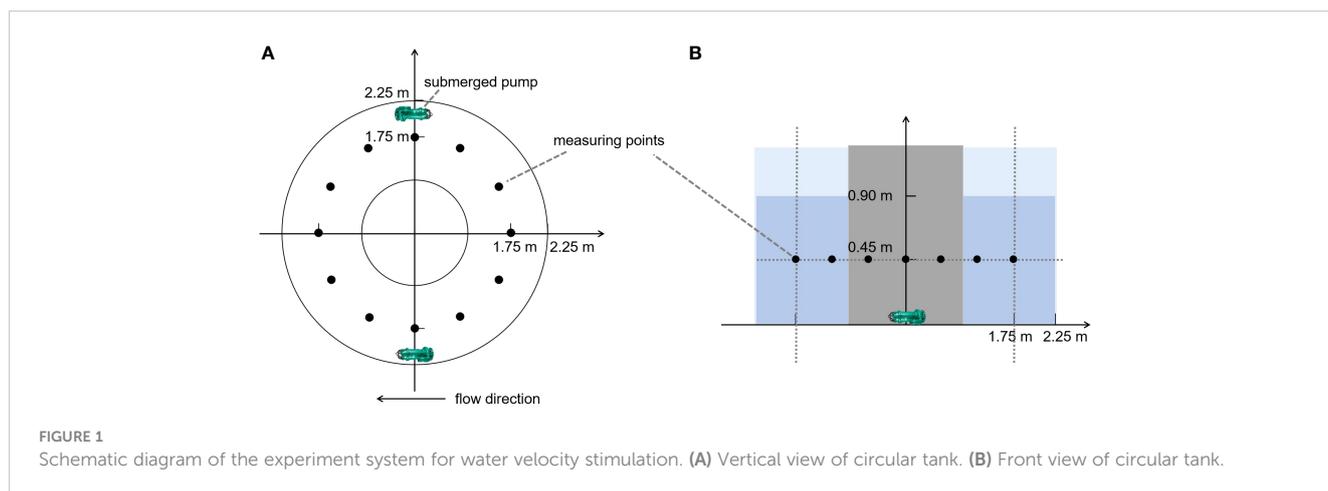
Experimental fish and hormones

In the present study, five-year-old sexually mature grass carp were purchased from Tengda Ecological Agriculture Development Co., Ltd. in Zhijiang City, Hubei Province, China. The average weight of female grass carp was 4.66 ± 0.75 kg ($n = 60$) while male grass carp was 4.50 ± 0.82 kg ($n = 60$). Before the experiment, all fish were acclimatized in the laboratory facility for one week. Next, a total of 120 healthy grass carp were allocated into five groups randomly with three replicates per group (fifteen 20,000 L PVC circular tanks in total, 4 females and 4 males in each tank). During the acclimatized and experimental period, the fish were fed in excess duckweed twice daily at 9:00 and 16:00. Water temperature, pH, and dissolved oxygen was maintained at $23 \pm 1^\circ\text{C}$, 7.0–7.5, and 6.0–6.5 mg/L, respectively, and the light conditions followed a natural light/dark cycle (approximately 12/12 h).

Two hormones or agents were used in this study: luteinizing hormone-releasing hormone analogue (LHRH-A2) and domperidone (DOM), purchased from Ningbo Second Hormone Factory (Ningbo, China), and dissolved in physiological saline.

Experimental design

Research showed that an optimal water velocity of 1.3 m/s was identified for the spawning of FMCC in rivers, and no spawning activity was observed in flume at a velocity of 0.8 m/s (Chen et al., 2021a). Therefore, we set water velocities ranging from 0.8 to 1.3 m/s to explore the influence of water velocity on the gonad development in fish. Two submerged pumps (SHIMGE, China) were installed to accelerate the flow of water in a PVC circular tank with an inner diameter of 4.5 m and a water depth of 0.9 m (Figure 1A). Since the water velocity at the center of the tank was quite different from that at other locations, an isolation net with a diameter of 1.0 m was placed at the center to limit the swimming area of the grass carp. Twelve measuring points were arranged around the tank, and the velocity at a depth of 0.45 m was measured using a portable current meter (LS300-A, China) (Figure 1B). In artificial propagation, LHRH-A2 and DOM, which efficiently induce ovulation in females, have been utilized as oxytocic drugs in Cyprinid fishes (Hu et al., 2020; Zhong et al., 2021). Thus, hormone injection was chosen as the positive control. In detail, the experiment consisted of five groups: a control group with no water velocity (negative control), a low water velocity group at 0.8 m/s, a graded water velocity group with velocities increasing from 0.8 to 1.3 m/s gradually, a high water velocity group at 1.3 m/s, and a hormone injection group where females were injected with 2 mg/kg DOM and 2.5 µg/kg LHRH-A2 at the base of the pectoral fin, with a half dose for males (positive control), labeled NS, DS, ZS, GS, and JS, respectively (Figure 2). Flow stimulation was carried out from 8:00 to 11:00 and 15:00 to 18:00 every day for five days. The experiment was conducted at Hubei Key Laboratory of Three Gorges Project for Conservation of Fishes.



Sample collection

At the end of the experiment, females were anesthetized by immersion in a benzocaine solution at a concentration of 200 mg/L according to the previous procedure (Shu et al., 2023). The fish were then slaughtered, and their hypothalami, pituitaries, ovaries, and livers were promptly dissected. One part of each ovary was put into Bouin's solution for subsequent histological analysis, while the hypothalami, pituitaries, livers, and the remaining ovary tissue were frozen immediately in liquid nitrogen, then transferred and stored at -80°C for the subsequent determination of various parameters.

Histological examination

The ovary slides were performed following the methods described previously (Lau et al., 2016). Briefly, ovary tissues of grass carp were put into Bouin's solution for 24 h, then dehydrated through graded ethanol solutions, infiltrated with xylene, embedded in paraffin, and subsequently sliced into 5 μm thick sections for hematoxylin-eosin (H&E) staining. These sections were examined using a Nikon Eclipse Ni-U microscope (Nikon, Japan) for histopathological analysis. Scale bars are provided in the lower left corner of each image.

Antioxidant index analysis

Superoxide enzyme (SOD), glutathione peroxidase (GSH-Px), catalase (CAT), total antioxidant capacity (T-AOC), and peroxidase (POD) activities, as well as malondialdehyde (MDA) concentration in the ovaries and livers of grass carp were determined according to the kit instructions (Nanjing Jiancheng, China) via spectrophotometric analysis with a microplate reader. The serial numbers of SOD, GSH-Px, CAT, T-AOC, and POD enzyme activity kits, as well as MDA concentration kit were A001-3-2, A005-1-2, A007-1-1, A015-2-1, A084-1-1, and A003-1-2, respectively. The 0.1 g ovary or liver samples were isolated and homogenized in 900 μL of 0.9% sodium chloride solution (1:9 w/v) in a TGrinder H24R Tissue Homogenizer (TIANGEN, China) at 4°C , and then centrifuged at 2,000 rpm for 10 min. The supernatants were collected and allocated for antioxidant index analysis.

Sex hormones and VTG analysis

The concentrations of sex hormones [estradiol, testosterone, progesterone, and $17\alpha,20\beta$ -dihydroxy-4-pregnen-3-one ($17\alpha,20\beta$ -DHP)] and VTG in ovaries were determined using commercial ELISA kits (Shanghai mlbio, China). The serial numbers of estradiol, testosterone, progesterone, $17\alpha,20\beta$ -DHP, and VTG

ELISA kits were ml003452, ml025781, ml003449, ml625990, and ml103464, respectively. The 0.1 g ovary samples were isolated and then mixed with 1 mL PBS before homogenization at 4°C. Following homogenization, the sex hormones and VTG were extracted with an organic solvent four times according to the manufacturer's protocols. The layers were separated by vortexing and centrifugation, and then the organic phase was immediately transferred into a new tube and evaporated at 30°C under a gentle stream of nitrogen. Finally, the extracts were dissolved in 200 μ L ELISA buffer, and the sex hormone and VTG concentrations were determined according to the manufacturer's protocols.

Gene expression analysis

Total RNA extraction, reverse transcription, and quantitative real-time PCR (qRT-PCR) were carried out according to our recent study (Shu et al., 2023). Briefly, total RNA was extracted from hypothalamus, pituitary, ovary samples by TRIzol reagent (Ambion, America). The integrity and quality of extracted RNA were assessed by agarose gel electrophoresis, meanwhile, the concentration was measured using NanoDrop One (Thermo Scientific, America). Then, EasyScript[®] One-Step gDNA Removal and cDNA Synthesis SuperMix kit (TransGen, China) was used to reverse transcribe 1.5 μ g RNA to synthesize cDNA. qRT-PCR was conducted using the TransStart[®] Tip Green qPCR SuperMix (TransGen, China) and StepOnePlus[™] real-time system (ABI, America).

Partial sequences of gonadotropin-releasing hormone 2 (*gnrh2*), gonadotropin-releasing hormone 3 (*gnrh3*), follicle stimulating hormone beta polypeptide (*fsh β*), luteinizing hormone beta polypeptide (*lh β*), glycoprotein hormones alpha polypeptide (*cg α*), cytochrome P450-mediated side-chain cleavage enzyme (*cyp11a1*), 3-beta-hydroxysteroid dehydrogenase 1 (*hsd3b1*), cytochrome P450c17 (*cyp17a1*), ovarian cytochrome P450 aromatase (*cyp19a1a*), 20-beta-hydroxysteroid dehydrogenase (*hsd20b*), 17-beta-hydroxysteroid dehydrogenase 1 (*hsd17b1*), 17-beta-hydroxysteroid dehydrogenase 3 (*hsd17b3*), steroidogenic acute regulatory protein (*star*), vitellogenin (*vtg*), and insulin-like growth factor 3 (*igf3*) were obtained from the previous transcriptome of grass carp (Shu et al., 2023). Based on our previous study on the assessment of internal control genes (Shu et al., 2023), *β -actin* was used as a reference gene. All specific primers used for qRT-PCR were either designed by Primer-BLAST in National Center for Biotechnology Information (NCBI) or obtained from previous studies and synthesized commercially, and were confirmed approximately 100% effective. The sequences of the primers are listed in Table 1. Each sample was run in triplicate and the relative gene expression was normalized to *β -actin* compared to the control group and calculated using the $2^{-\Delta\Delta CT}$ method (Schmittgen and Livak, 2008).

Statistical analysis

Statistical analysis was analyzed in GraphPad Prism 8.0 software (GraphPad software, America). All results are presented as mean \pm standard deviation (SD) for each experimental group.

Differences were assessed using one-way ANOVA followed by Fisher's least significant difference (LSD) test for multiple comparisons. For all statistical comparisons, $P < 0.05$ was identified as statistically significant.

Results

Ovarian histology analysis

To evaluate the effect of water velocity on the ovarian development characteristics of grass carp, we performed dissections and histological analysis of females to observe the ovarian morphology and the development of each oocyte types by H&E staining. Histological examination revealed that the oocyte type at different developmental stages existed in ovaries of all sampled female grass carp, including primary growth oocytes (PGs), pre-vitellogenic oocytes (PVs), and full-grown oocytes (FGs), primarily composed of full-grown oocytes (Figure 3). After the hormone injection and 5-day water velocity stimulation, respectively, the ovarian development characteristics were similar to those of the control group. To be specific, during this stage, the nuclear membrane vanished, and the nucleoplasm and cytoplasm started to integrate, accompanied by the yolk protein granules of a large size filling the entire oocyte, and zona radiata proteins form the inner layer of the envelope surrounding the oocyte, indicating the fulfillment of vitellogenesis. In maturing and growing oocytes, the zona radiata is overlaid with follicle cells (granulosa and theca cells) (Arukwe and Goksoyr, 2003; von Schalburg et al., 2023). The cortical alveoli were mainly present in the cytoplasm (Lubzens et al., 2017; Zhang et al., 2017). No discernible difference was observed in the histological sections among the five groups.

Sex hormones and VTG concentrations in ovary tissue

A total of four sex hormones, including estradiol, testosterone, progesterone, and 17 α ,20 β -DHP, as well as VTG concentrations, were detected in the ovary tissue. The estradiol concentration in the NS group was observed as 0.3649 ± 0.0146 pmol/g, which significantly increased to 0.5318 ± 0.0195 pmol/g and 0.5016 ± 0.0415 pmol/g in the JS and ZS groups, respectively. The estradiol concentrations in the DS and GS groups were slightly increased, although they were not statistically significant. Besides, the distribution of ovary estradiol concentration was significantly higher in the JS group than the distribution in the DS group (Figure 4A). The testosterone concentrations in the JS, DS, ZS, and GS groups ranged from 2,444 to 2,781 pg/g, which was significantly higher than that in the NS group (1905 ± 88.15 pg/g). However, no significant differences in testosterone concentrations were detected between the hormone injection and water velocity stimulation groups (Figure 4B). The progesterone concentrations in the NS, JS, DS, ZS, and GS groups were 71.43 ± 6.13 , 87.13 ± 4.68 , 84.22 ± 3.23 , 130.2 ± 3.17 , 105.1 ± 2.39 ng/g, respectively. Although progesterone concentrations were higher in the JS, DS, ZS, and GS groups

TABLE 1 Primer sequences used for qRT-PCR analysis.

Gene	Direction ^a	Primer Sequences (5' to 3')	Primer Length (bp ^b)	Amplicon Length (bp)
<i>gnrh2</i>	F	TGTGTCTAGGTGCCAGTTTG	21	187
	R	GCATCCAGCAGTATTGTCTTCA	22	
<i>gnrh3</i>	F	ACTGGTCATACGGTTGGCTTC	21	202
	R	CCTCGTCTGTTGGGAAATCTCT	22	
<i>lhβ</i>	F	ACATCCTCCTTCTTATTCTG	22	251
	R	CAAGCGGACCGTCTCATAG	19	
<i>fshβ</i>	F	TTCGTTGTTATGGTGATGCT	20	282
	R	CGTGAAAACCGAGTCAGTCC	20	
<i>cgα</i>	F	GATATGACTAACTTGGATGTG	22	263
	R	TAGTAACAGGTGCTACAGTGG	21	
<i>cyp19a1a</i>	F	CATCATACTGAATGTGGGTC	20	113
	R	CGAACGGCTGAAAGAA	16	
<i>igf3</i>	F	CTCGTGGGAAAGGGATC	17	165
	R	TCTGGTATTGCCTCAGAAAC	20	
<i>cyp17a1</i>	F	TGAGGAACACAAGGTGACCTACAG	24	109
	R	GACATCACAGTGTCTGTG	19	
<i>hsd17b1</i>	F	GGCACCATCCGCACCA	16	111
	R	CTCGTTGAATGGCAAACCT	20	
<i>star</i>	F	CTGGACCTGGACCTAGTCT	20	176
	R	CTCAGTTGCCAGCCATCCT	20	
<i>hsd17b3</i>	F	TTATCTTGACCGGGACTTGCAC	22	212
	R	GCTGATGACGATCAGCTCA	20	
<i>hsd3b1</i>	F	AGCTTGCTGAGATCAGATTG	20	208
	R	AATCACTGTATTCAACTGCTCC	23	
<i>cyp11a1</i>	F	CACCTCACCCATGCTGTACCTA	22	107
	R	GGTCAGCCTGGTTAAAGATGC	21	
<i>hsd20b</i>	F	TGGAGAACAGGCTGAGGTGAC	21	81
	R	CGTAGTATCGGCAGAAGAGCAT	22	
<i>vtg</i>	F	GTGATGCACCTGCCAGATTG	21	159
	R	CCTTGAAGTACGAGACCAGATAGCCTC	25	
<i>β-actin</i>	F	TGGACTCTGGTGTGGTGTGAC	22	247
	R	GAGGAAGAAGAGGCAGCGGTTTC	22	

^aF, Forward; R, Reverse.^bbase pairs.

compared to the NS group, significant differences were detected only in the ZS and GS groups. Moreover, the ZS and GS groups showed significantly higher progesterone concentrations than the JS group (Figure 4C). The 17 α ,20 β -DHP concentrations in the JS and GS groups were 135.6 \pm 6.396, 134.1 \pm 7.626 ng/g, respectively, which showed obviously higher levels than that in the NS group (100.2 \pm 8.276 ng/g), wherein no significant differences in 17 α ,20 β -DHP

concentrations were observed among the NS, DS, and ZS groups. And hormone injection and water velocity stimulation groups display no significant differences in 17 α ,20 β -DHP concentrations (Figure 4D). The VTG concentration reached 3152 \pm 47.04 ng/g in the NS group and was highest at 4267 \pm 112.3 ng/g in the ZS group. The distribution of ovary VTG concentration was significantly higher in the ZS group than the distribution in the NS and JS groups. No

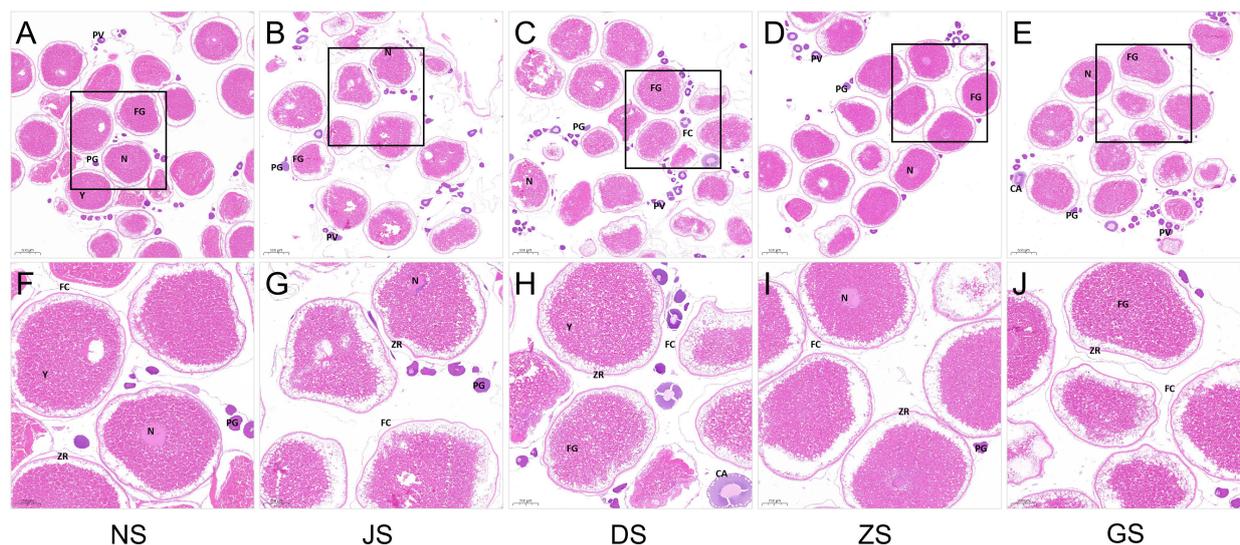


FIGURE 3

Histological sections of the ovarian status of grass carp ($n = 6$ for each group). (A, F) NS group. (B, G) JS group. (C, H) DS group. (D, I) ZS group. (E, J) GS group. PG, primary growth follicle; PV, previtellogenic follicle; FG, full-grown follicle; N, nucleus; Y, yolks; FC, follicle cells; ZR, zona radiata; CA, cortical alveoli. Scale bars: (A–E) 500 μm ; (F–J) 200 μm .

significant differences were observed among the NS, JS, DS, and GS groups (Figure 4E).

Gene expressions along the HPG axis

The relative mRNA expression levels of key genes along the HPG axis were systematically examined using qRT-PCR. Hormone injection and water velocity stimulation significantly upregulated the transcript levels of *gnrh2* in the hypothalamus (Figure 5A), accompanied by elevated expressions of *fsh β* , *lh β* , and *cg α* in the pituitary, compared with those in the NS group (Figures 5C–E). Moreover, the transcription of *hsd20b* in the ovary was markedly upregulated in response to hormone injection and water velocity stimulation when compared to the control group (Figure 5J). Specifically, the transcriptions of *gnrh2*, *fsh β* , *lh β* , *cg α* , and *hsd20b* in the JS group increased by 14.4-, 457.5-, 3.1-, 4.6-, and 1.4-fold, respectively, while in fish stimulated by water velocity, the levels were elevated up to 2.0-, 1854.0-, 4.2-, 10.8-, and 1.5-fold, respectively (Figures 5A, C–E, J). Accordingly, apart from hypothalamus *gnrh2* and ovary *hsd20b* (Figures 5A, J), water velocity stimulation caused significantly greater levels of mRNA for pituitary *fsh β* , *lh β* , and *cg α* than hormone injection (Figures 5C–E). However, there were no significant differences in gene expression of *gnrh3* in the hypothalamus (Figure 5B), as well as *cyp11a1* in the ovary of female grass carp among the five groups (Figure 5F). The expressions of *hsd3b1*, *cyp17a1*, *cyp19a1a*, *hsd17b1*, and *igf3* in the ovary were significantly downregulated following hormone injection and water velocity stimulation in comparison with the control group (Figures 5G–I, K, O). Additionally, no significant differences were observed for ovary *hsd3b1*, *hsd17b1*, and *igf3* between the hormone injection and water velocity stimulation groups (Figures 5G, K, O), while the transcriptions of *cyp17a1* and *cyp19a1a* were significantly higher in the DS, ZS, and GS groups compared to the JS group (Figures 5H, I). Although the gene

expression levels of *hsd17b3*, *star*, and *vtg* in the ovary of female grass carp did not show significant differences between the JS and NS groups (Figures 5L–N), water velocity stimulation led to a notable increase in *hsd17b3* transcript levels in the DS group and elevated *vtg* levels in the ZS and GS groups (Figures 5L, N), while reducing the expression of *star* mRNA at all velocities (Figure 5M).

Antioxidant enzyme activities in ovary and liver tissues

We examined the antioxidant enzyme capacities in the ovary of female grass carp. Compared with the NS group, ovary SOD and CAT activities were significantly higher in the JS, ZS, and GS groups. However, ovary SOD and CAT activities in the DS group were not different from those in the NS group (Figures 6A, B). Ovary POD activity in the NS group was obviously lower than that in the treated groups (Figure 6C). Additionally, no significant differences in ovary SOD and POD activities were observed between the hormone injection and water velocity stimulation groups (Figures 6A, C). A significant increase in ovary CAT activity was detected in the ZS group compared to the other experimental groups (Figure 6B). No significant differences in ovary GSH-Px activity were found among the five groups (Figure 6D). The ZS group had the highest ovary T-AOC activity, but there was a non-significant increase compared to the NS group. Overall, various types of water velocity stimulation had no effect on ovary T-AOC activity compared to the control group, but ovary T-AOC activity significantly increased in the ZS group compared to the JS group (Figure 6E). Ovary MDA concentration in the GS group was significantly lower than that in the NS and JS groups, while there were no significant differences in ovary MDA concentration among the NS, JS, DS, and ZS groups (Figure 6F).

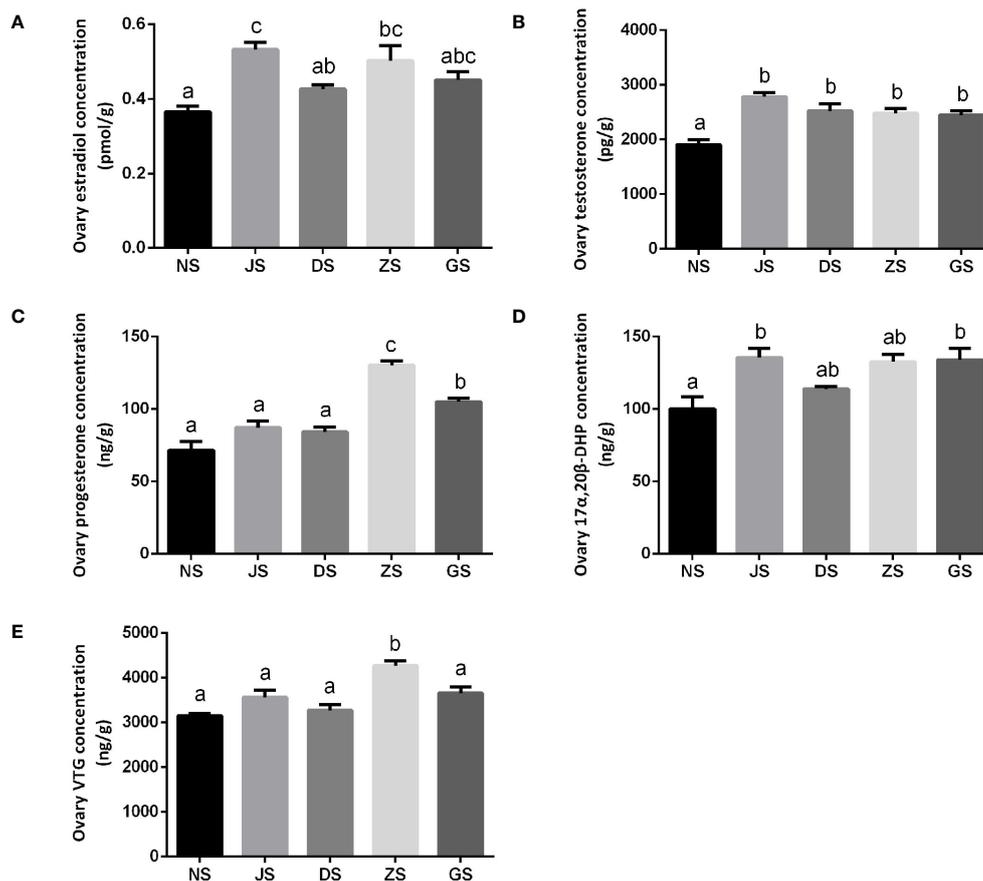


FIGURE 4
The sex hormones and VTG measurements (n = 6 for each group). Ovary concentrations of estradiol (A), testosterone (B), progesterone (C), 17 α ,20 β -DHP (D), and VTG (E) in the NS, JS, DS, ZS, and GS groups. The letters in the bar charts represent significant differences.

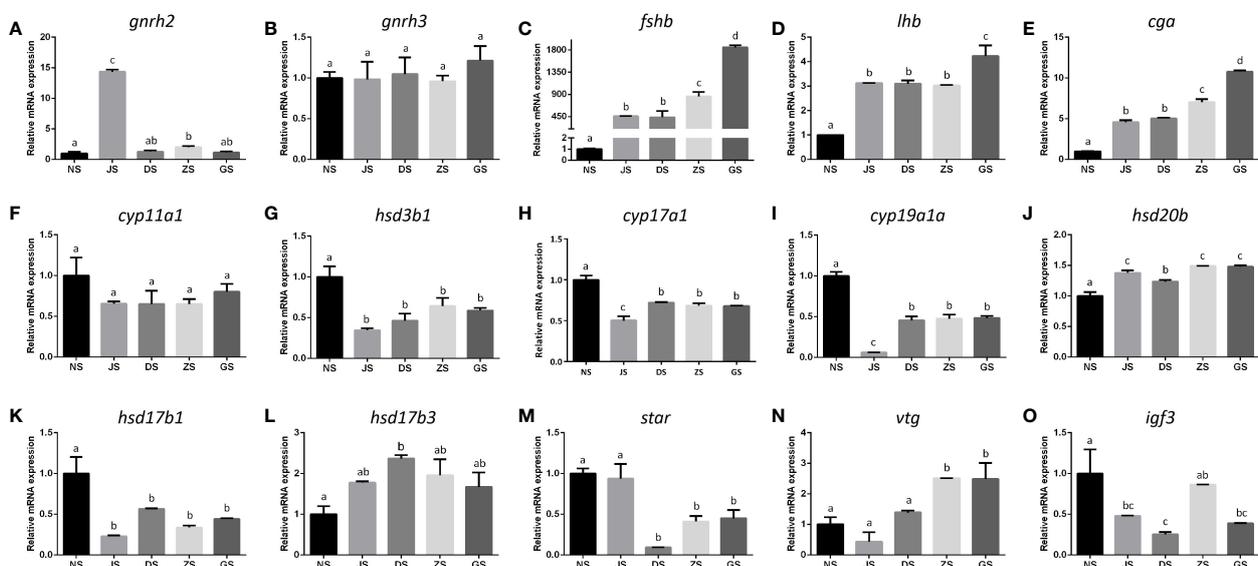


FIGURE 5
The mRNA expression levels of reproductive hormone genes in the HPG axis. All mRNA levels were calculated as the fold expression relative to β -actin (n = 6 for each group). *gnrh2* (A) and *gnrh3* (B) gene expression in the hypothalamus. *fshb* (C), *lhb* (D), and *cga* (E) gene expression in the pituitary. *cyp11a1* (F), *hsd3b1* (G), *cyp17a1* (H), *cyp19a1a* (I), *hsd20b* (J), *hsd17b1* (K), *hsd17b3* (L), *star* (M), *vtg* (N), and *igf3* (O) gene expression in the ovary. The letters in the bar charts represent significant differences.

Meanwhile, hepatic antioxidant enzyme capacities were also measured in female grass carp. Hepatic SOD activity in the ZS and GS groups increased significantly when compared to the NS group, while the values did not show significant differences among the NS, JS, and DS groups (Figure 7A). There were few changes in hepatic CAT activity among all treatments compared to the NS group, except for the ZS group (Figure 7B). Changes in hepatic POD activity in the JS and ZS groups were also not obvious when compared to the NS group. However, hepatic POD activity in the DS and GS groups increased significantly (Figure 7C). No significant changes in hepatic SOD, CAT, and POD activities were detected between the hormone injection and water velocity stimulation groups (Figures 7A–C). Hepatic GSH-Px activity was significantly higher in the JS and ZS groups than in the NS group, while no significant differences were found among the NS, DS, and GS groups. Moreover, the JS group showed significantly higher hepatic GSH-Px activity than the DS group (Figure 7D). Hepatic T-AOC activity was significantly higher in all treatments relative to the NS group, but no significant differences were observed between the hormone injection and water velocity stimulation groups for hepatic T-AOC activity (Figure 7E). However, hepatic MDA concentration was not significantly affected by hormone injection and water velocity stimulation (Figure 7F).

Discussion

We explored the effects of water velocity stimulation on the ovarian maturation and antioxidant capacity of adult grass carp through laboratory experiments. Our research provided evidence that a certain water velocity is necessary for the ovarian maturation of grass carp. Regrettably, no spawning activity was observed. In the natural spawning sites of Yangtze River, there are complicated hydrological conditions and habitat characteristics. It has been well known that environmental conditions, such as warm temperatures, long photoperiod, and rising discharge, are considered to be crucial

factors in controlling the reproductive cycles in teleost. In particular, a rising discharge serves as the primary cue for the spawning of FMCC (Chen et al., 2021a). Apparently, more research is needed to fully understand how environmental conditions influence grass carp spawning.

Estradiol, testosterone, progesterone, and $17\alpha,20\beta$ -DHP, along with VTG concentrations, are commonly utilized as important biomarkers to assess gonad development and maturation of fish in various studies (Gadekar, 2014; Tucker et al., 2020). VTG, a large-molecular-weight glycolipoprotein synthesized in the liver and transported to egg cells, has a significant effect on the development of oocytes (Liu et al., 2022). Estradiol can stimulate VTG synthesis and secretion from the liver to developing oocytes via the bloodstream (Ghiasi et al., 2023). Testosterone, serving as the androgenic precursor, is converted to estradiol under the action of aromatase, inducing maturation processes of post-vitellogenic oocytes (Golmoradzadeh et al., 2021; Wang et al., 2023). Progesterone, a precursor of $17\alpha,20\beta$ -DHP in the steroidogenic pathway, has been demonstrated to trigger final oocyte maturation and ovulation in fish species (Jéhannet et al., 2023). $17\alpha,20\beta$ -DHP, recognized as the main maturation inducing hormone (MIH), plays a crucial role in the final maturation of oocytes and the induction of spawning in fish (Barcellos et al., 2001). Our study showed that a suitable water velocity stimulation (ZS group) could significantly enhance the concentrations of estradiol, testosterone, progesterone, and $17\alpha,20\beta$ -DHP, as well as VTG in the ovaries of grass carp compared to the control group, indicating that water velocity stimulation could promote gonadal development and maturation. This agreed well with previous study, which showed that flow stimulation had a positive effect on the hormone rate of change for estradiol and testosterone (Liu et al., 2021). Furthermore, it has been proven that during ovarian development in the European eel (*Anguilla anguilla*), the estrogen receptor in the liver binds with estradiol and facilitates VTG synthesis (Morini et al., 2020). In female grass carp, water velocity may accelerate the accumulation of yolk by promoting VTG expression.

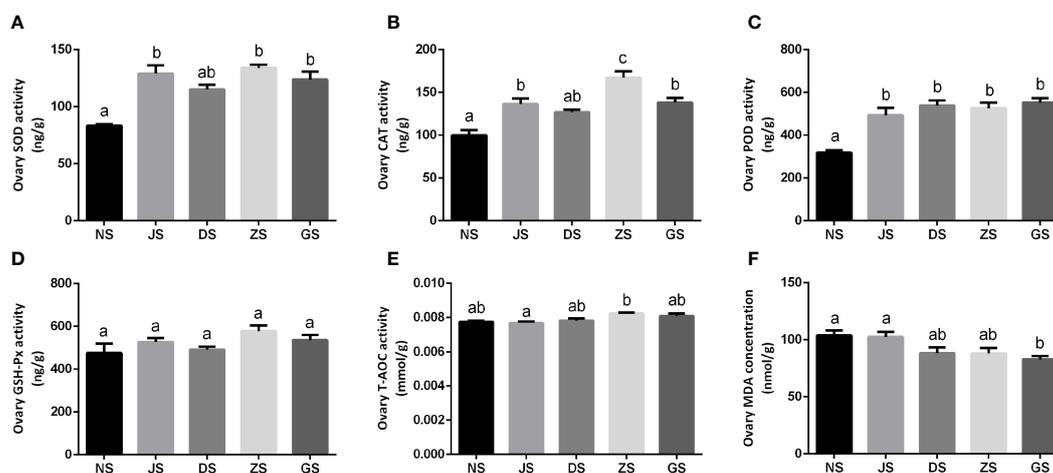


FIGURE 6

The ovary antioxidant enzyme activities measurements ($n = 6$ for each group). Ovary activities of SOD (A), CAT (B), POD (C), GSH-Px (D), T-AOC (E), and MDA (F) in the NS, JS, DS, ZS, and GS groups. The letters in the bar charts represent significant differences.

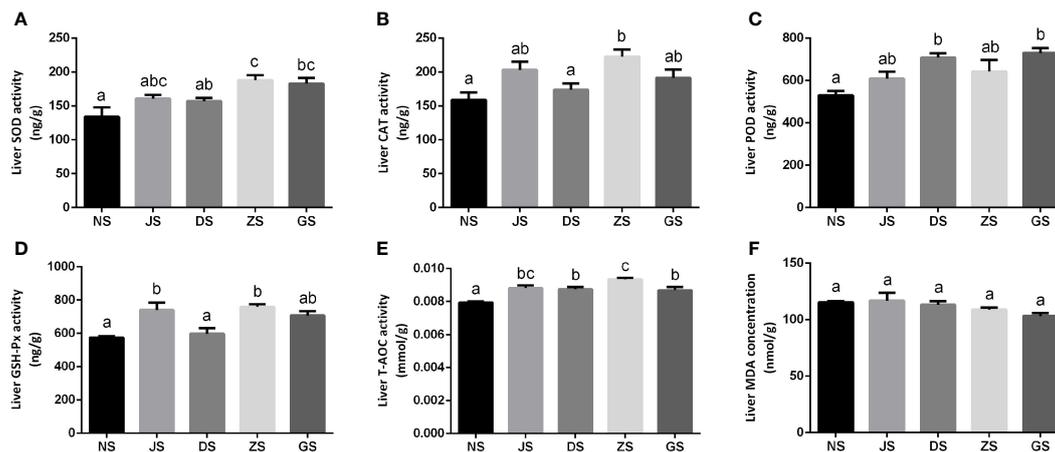


FIGURE 7

The hepatic antioxidant enzyme activities measurements ($n = 6$ for each group). Hepatic activities of SOD (A), CAT (B), POD (C), GSH-Px (D), T-AOC (E), and MDA (F) in the NS, JS, DS, ZS, and GS groups. The letters in the bar charts represent significant differences.

We utilized qRT-PCR to investigate the transcriptional changes of major genes associated with the HPG axis pathway, specifically concerning gonadotropin-releasing hormone (GnRH), gonadotropins (GTHs), and sex hormones. GnRH, an essential neuropeptide produced in the hypothalamus, plays a crucial role in regulating the levels of pituitary GTHs, referring to follicle-stimulating hormone (FSH) and luteinizing hormone (LH) in vertebrates. Several studies have reported that two GnRH variants, known as GnRH2 and GnRH3, could stimulate pituitary FSH and LH secretion in teleost (Li et al., 2022). In the present study, although the transcript level of *gnrh3* showed little difference, hormone injection and graded water velocity stimulation could significantly induce hypothalamus *gnrh2* mRNA expression in female grass carp. In goldfish (*carassius auratus*), GnRH2 elicited a stronger LH secretion compared to GnRH3 in sexually mature, pre-spawning fish (Khakoo et al., 1994; Murthy and Peter, 1994). Similarly, recent studies in grass carp pituitary cells, GnRH2 was found to significantly induce *fsh β* and *lh β* mRNA expression (Li et al., 2022). Moreover, the *gnrh2* deficiency leads to decreased oocyte quality in female zebrafish (*Danio rerio*) (Marvel et al., 2019). These results indicated that GnRH2 may play an important role in ensuring the integrity of reproduction.

Gonadotropins are complex heterodimers consisting of a common α -glycoprotein subunit (CG α) and a hormone-specific β subunit (FSH β or LH β), which are bound together by non-covalent interactions. We found that both hormone injection and water velocity stimulation could significantly induce pituitary-releasing hormones gene (*fsh β* , *lh β* , and *cg α*) mRNA expression. In Red Seabream (*Pagrus major*), the *cg α* mRNA expression was high during vitellogenesis and at the spawning phase but sharply declined in the regressed phase (Gen et al., 2000). Besides, the mRNA expression levels of *fsh β* and *lh β* showed a significant increase in the pituitary gland of mature tiger puffer (*Takifugu rubripes*) (Zahangir et al., 2021). In grass puffer (*Takifugu niphobles*), there was a sharp increase in the transcription of *fsh β* during the mature stage, while the transcription of *lh β* peaked

during the spawning period (Yamanoue et al., 2009). Studies have shown that the development of both ovary and testis in *fsh β* -deficient zebrafish was significantly retarded, and *lh β* -deficient females failed to spawn, rendering them infertile (Zhang, 2015). Therefore, we speculate that water velocity stimulation might play an important role in stimulating GTHs secretion and sexual maturation in female grass carp.

Vertebrate reproduction is controlled by sex hormones. Upon stimulation of GTHs, biologically active sex hormones such as estradiol, testosterone, progesterone, and 17 α ,20 β -DHP are abundantly produced in gonads, primarily derived from cholesterol (Tenugu et al., 2021). Moreover, sex hormones can regulate the transcription of gonadotropin subunit genes, either by acting on the GnRH-releasing hypothalamus or directly through the pituitary gonadotrope cells. Genes such as *cyp11a1*, *hsd3b1*, *cyp17a1*, *cyp19a1a*, *hsd20b*, *hsd17b1*, *hsd17b3*, and *star* are involved in the steroidogenesis pathway and play crucial roles during gonadal development. In this study, our data showed that *hsd20b* and *hsd17b3* mRNA expressions were significantly upregulated in response to water velocity stimulation. In Nile tilapia (*Oreochromis niloticus*), elevated expression of *hsd20b* in post-vitellogenic immature follicles during final oocyte maturation strongly suggests its crucial role in mediating the final gamete maturation (Senthilkumaran et al., 2002). High expression of *hsd17b3* at vitellogenesis was observed in zebrafish during ovarian follicular development (Ings and van der Kraak, 2006). However, *cyp17a1*, *cyp19a1a*, and *hsd17b1* mRNA expressions were significantly downregulated in the ovary under water velocity stimulation in this study and our previous study (Shu et al., 2023). Similar patterns were found in half-smooth tongue sole (*Cynoglossus semilaevis*), with reduced mRNA levels of *cyp17a1*, *cyp19a1a*, and *hsd17b1* during oocyte maturation (Dong et al., 2021). Studies also have reported that the transcription of *cyp19a1a* was found to be high during the vitellogenic phase, while a significant decline was observed during the final oocyte maturation in Nile tilapia (Yoshiura et al., 2003). In addition,

significant downregulation of *hsd3b1* and *star* were observed following water velocity stimulation. In zebrafish, the expressions of *star*, *hsd3b1*, *cyp17a1*, *hsd17b1*, and *cyp19a1a* were decreased in mature follicles (Ings and van der Kraak, 2006). Taken together, our data demonstrated that water velocity stimulation promoted the synthesis of sex hormones, which in turn activated the HPG axis pathway to ensure ovarian development and maturation in grass carp. However, the molecular mechanisms need to be further determined.

For oxidative stress regulation, it has been reported that reactive oxygen species (ROS) refer to highly oxidizing compounds, ions, and free radicals (Ma et al., 2023). Under normal physiological conditions, ROS maintain a dynamic balance between constantly being generated and removed to alleviate oxidative stress by antioxidant defense system in organisms, which helps maintain long-term health (Liao et al., 2023). SOD, CAT, POD, and GSH-Px are typical enzymes in the biological antioxidant defense system that play a crucial part in scavenging ROS within the body, thereby providing protection for cell membranes and nucleic acids from oxidative damage (Tse et al., 2004; Li et al., 2023). T-AOC reflects the body's ability to compensate for external stimuli and indicates the status of free radical metabolism (Tan et al., 2016; Kong et al., 2021). In our study, water velocity stimulation significantly enhanced the activities of hepatic SOD, CAT, POD, GSH-Px, and T-AOC, as well as ovary SOD, CAT, and POD in female grass carp. This phenomenon is consistent with the results obtained from a previous study on exercise training in juvenile qingbo (*Spinibarbus sinensis*) (Yu et al., 2014). The study by Liu et al. also shows similarities to this result (Liu et al., 2023). Furthermore, MDA is one of the most important decomposition products of membrane lipid peroxidation, and the MDA concentration can serve as a reliable bioindicator of the degree of cellular damage (Zhou et al., 2016). In this study, it was found that high water velocity stimulation significantly reduced the MDA concentration in the ovary, indicating that fish in the GS group possessed stronger antioxidant capacity. Similar to the results of the present experiment, previous work in juvenile largemouth bass (*Micropterus salmoides*) also reported that the MDA content of the high flow group was significantly lower than that of the middle flow and low flow groups (Chen et al., 2021b). This could be attributed to the fact that with the increase in water velocity, the fish's energy consumption increases and its metabolism is accelerated, thereby metabolizing oxygen-free radicals more quickly. These findings revealed that water velocity stimulation can significantly increase antioxidant enzyme activity in female grass carp, decrease the level of MDA, inhibit lipid peroxidation, and protect against damage caused by oxidative stress.

In summary, our comprehensive study demonstrates that a suitable water velocity stimulation (ZS group) can promote ovarian development and maturation by elevating sex hormones and VTG concentrations, as well as regulating the expression of HPG axis genes. It also can enhance the antioxidant activity in the ovary and liver of grass carp. We recommend graded water velocity (0.8–1.3 m/s, water velocity increased from 0.8 m/s to 1.3 m/s gradually) as an appropriate water velocity, which is suitable for gonadal development. This study

provides important evidence for understanding the response of fish's natural reproduction to ecological flows.

Data availability statement

The original contributions presented in the study are included in the article/supplementary material. Further inquiries can be directed to the corresponding authors.

Ethics statement

The animal study was approved by Animal Ethics Committee of Institute of Hydrobiology, Chinese Academy of Sciences (Approval ID: IHBL2017035; Approval Date: January 11, 2017). The study was conducted in accordance with the local legislation and institutional requirements.

Author contributions

TS: Conceptualization, Data curation, Formal analysis, Funding acquisition, Investigation, Methodology, Project administration, Resources, Software, Validation, Visualization, Writing – original draft, Writing – review & editing. JY: Conceptualization, Project administration, Writing – review & editing. ZXY: Data curation, Formal analysis, Investigation, Methodology, Software, Visualization, Writing – original draft, Writing – review & editing. KX: Investigation, Methodology, Resources, Validation, Writing – review & editing. HH: Investigation, Methodology, Writing – review & editing. LD: Funding acquisition, Writing – review & editing. ZY: Supervision, Writing – review & editing. WJ: Funding acquisition, Supervision, Writing – review & editing.

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Conflict of interest

Authors TS, JY, ZXY, KX, HH, LD, and WJ are employed by China Three Gorges Corporation.

The remaining author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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