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*CORRESPONDENCE Baoquan Li ⊠bqli@yic.ac.cn

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Distribution and influencing factors of macrobenthos on three seagrass beds in the intertidal zone of Shandong province, China

Yinglu Ji^{1,2}, Bo Song³, Jiangling Xu¹, Shaoyu Jiang³, Linlin Chen³ and Baoquan Li³*

¹Shandong Provincial Key Laboratory of Marine Ecology and Environment & Disaster Prevention and Mitigation, Qingdao, China, ²Key Laboratory of Ecological Prewarning, Protection and Restoration of Bohai Sea, Ministry of Natural Resources, Qingdao, China, ³Yantai Institute of Coastal Zone Research, Chinese Academy of Science, Yantai, China

Introduction: The macrobenthos plays a vital role within the ecosystem of seagrass beds, with its characteristics and spatial distribution serving as indicators of the well-being of the seagrass beds.

Methods: In August 2018, three seagrass beds located in the Yellow River Estuary of Dongying, the west coast of Yantai, and Swan Lake of Weihai, were investigated to compare the ecological influences of seagrass habitat on the benthic environment and macrobenthic community. Within each seagrass bed, porewater, sediment, and macrobenthos were sampled from three separate stations (center of seagrass bed, edge of seagrass bed and bare area).

Results and discussion: One-way ANOVA showed significant differences (p < 0.05) in environmental factors and macrobenthos species, abundance, biomass and diversity indices among the three seagrass beds. The present data did not show significant impacts on habitat and macrobenthos in the different coverage areas of seagrass beds at the investigated spatial scales, though crustacea and some carnivores were relatively more inclined to inhabit areas with higher seagrass densities. Aquaculture and eutrophication may trigger the loss of seagrass bed habitats, that affects macrobenthic biodiversity, and conservation measures are needed to protect seagrass bed habitats.

KEYWORDS

seagrass bed, macrobenthos, community structure, biodiversity, environmental factor

Introduction

Seagrass beds, as a crucial component of marine ecosystems, play a vital role in estuarine and coastal environments due to their rich biodiversity and productivity (Phillips and McCroy, 1980; Stoner, 1980; Costanza et al., 1997). Extensive research conducted over several decades attests to the importance of seagrass beds in delivering essential ecosystem services, including nutrient and carbon cycling and storage, coastal stabilization, and providing habitats and protection for marine organisms (Gartner et al., 2013). They can also alter water flow patterns and sedimentation rates, thereby impacting food supplies for macrobenthos (Jankowska et al., 2019). Furthermore, the ability of seagrass roots to absorb nutrients from sediments that are inaccessible to other primary producers allows the seagrass bed to create a substantial carbon reservoir (Huang et al., 2006).

Over the past few years, seagrass beds have experienced varying degrees of damage and are currently facing numerous artificial threats, resulting in a significant decrease in area, particularly in regions where humans have developed (Norris et al., 1997). The deterioration of seagrass ecosystems has now become a critical coastal protection issue that governments and scientists worldwide are anxiously trying to address. Habitat destruction of seagrass beds severely jeopardizes the existence of macrobenthic communities (Li et al., 2007). Synthesizing previous international findings, the most common response variables of macrobenthic populations and community structure to changes in seagrass bed habitats are density and number of species. Two-thirds of studies of individual or species functional processes showed significant correlations between seagrass bed size and benthic density, growth and mortality, significant effects on benthic habitat density were found in 80% of edge effect studies, and seagrass bed fragmentation was a significant predictor of benthic density in 75% of studies. However, different studies presented different results for the same reflective variables due to the compounding effects of study location, season, and target taxa (Boström et al., 2006). The macrobenthic community is a vital element of seagrass bed ecosystems, and its characteristics and distribution are closely connected to the area and density of seagrass beds (Blanchet et al., 2004), making it useful in assessing the health of these beds (Smith, 1981). Additionally, macrobenthic communities are crucial to seagrass bed ecosystem services as they impact biogenic structure, nutrient fluxes, and indirect effects like predation, food webs, and detritus cycling (Lundquist et al., 2018).

Prior studies have predominantly concentrated on seagrass beds in southern China, where a larger variety of species and denser plants are present, such as Guangxi (Li et al., 2007) and Hainan (Tu et al., 2016). However, few reports have focused on the effect of human activities on seagrass habitats in intertidal zones, which significantly impact macrobenthic assemblages. In Dongying Yellow River Estuary, Yantai west coast and Weihai Swan Lake, the growth and distribution of seagrass beds varies in different regions as a result of human activities such as coastal tourism and aquaculture. Therefore, it is essential to study macrobenthic communities in various areas of seagrass beds to evaluate the ecological service status of degraded seagrass beds in coastal intertidal ecosystems. Our study aims are to 1) explore the differences in macrobenthic community structure in seagrass beds at different sampling areas (center, edge and bare areas) and 2) reveal the relationship between macrobenthic communities and the habitat environment in seagrass beds at the intertidal zone of three different regions. This study hopes to provide essential information and data support for the protection and restoration of seagrass beds.

Materials and methods

Study area

Macrobenthos samples were collected from three intertidal seagrass beds in Shandong Province, China (37°50'N-37°58'N, 119°15'E-122°55'E). The sampling locations and areas of the three seagrass beds are shown in Figure 1 and Table 1. The sampling stations of seagrass beds were determined according to the distribution and biomass of seagrass, the center area with flourishing seagrass (labeled C), the edge area with sparse seagrass (E) and the bare area with no seagrass (B). For example, DC means the center area of the seagrass bed in the intertidal zone of Dongying.

Sampling methods and procedure

In August 2018, seagrass growth was prolific, and comprehensive surveys were conducted in three intertidal seagrass beds to collect water, sediment and macrobenthos samples. Additionally, the YSI Pro multimeter was utilized to measure the oxygen concentration, salinity and temperature at each station *in situ*.

Three replicates of porewater samples were collected by using capillaries (Agro Business Park, Netherland) and 20 ml syringes at each station, then stored in 50 ml bottles. Porewater refers to the free water in the sediment voids, based on which the relevant hydrochemical parameters were determined. Samples were transported into iceboxes before being frozen at the laboratory. The NO₃⁻, NO₂⁻, NH₄⁺ and SiO₃²⁻ were measured using a nutrient autoanalyzer utilizing gas-segmented continuous flow analysis (AutoAnalyzer 3, Branluebbe, Germany).

Three parallel samples of seagrass and macrobenthos samples were collected using a 33× 30 cm stainless steel sample box at each station. During the process of sampling, large macrobenthic individuals were picked out first and then washed through a 0.5 mm mesh sieve, after which the remaining macrobenthos were separated from seagrass plants. The macrobenthos were preserved in 75% alcohol with a tag, and the seagrass plants were kept in an ice box for further identification and measurement in the laboratory. The macrobenthos samples were identified to the lowest possible taxon (usually species level), counted and weighed. Bivalve biomass was calculated as the whole animal including shell. The seagrass components (roots, stems, and leaves) were carefully separated using forceps and a scalpel. Each component was then weighed separately, and the recorded weight was an average of parallel samples.



Locations of three sampling stations in Shandong Province, China (C means center of seagrass beds, E means edge of seagrass beds, B means bare area).

Sediment samples were collected by inserting a clean and single use plastic 20 ml syringe into the sediment to collect the top 5 cm of sediment. Three parallel samples were taken from each station, once sampled, sediment was placed into individual plastic bottles and conserved in iceboxes for transportation to the laboratory, where it was stored in a freezer before analysis. Sediment grain size measurements were performed on freezedried samples using a Mastersizer 2000 Laser particle Sizer (Malvern Instruments Limited, UK). TN and TOC in sediment were analyzed by a CNS Analyzer (Vario MACRO CN) on dry and ground samples.

TABLE 1 Coordinates of the 9 sampling stations in Shandong Province, China (DC means the center area of seagrass bed in intertidal zone of Dongying, and so on).

	Pl acea	Station	Latitude(°N)	Longtitude(°E)	
	center	DC	37°51′10′′	119°6′43′′	
Dongying	edge	DE	37°50′59′′	119°6′41′′	
	bare	DB	37°51′04′′	119°6′33′′	
Yantai	center	YC	37°35′33′′	121°20′54′′	
	edge	YE	37°35′55′′	121°21′12′′	
	bare	YB	37°35′36′′	121°21′12′′	
Weihai	center	WC	37°20′58′′	122°35′10′′	
	edge	WE	37°20′56′′	122°35′03′′	
	bare	WB	37°21′04′′	122°35′06′′	

Data analysis

Three biodiversity indices, diversity index H, species richness index d and evenness index J, were calculated to analyze the dynamics of macrobenthic community structure, species composition and abundance. The following three formulas were adopted (Shannon and Weaver, 1949; Margalef, 1968; Pielou, 1975):

$$H' = -\sum_{i=1}^{s} P_i \times \log_2 P_i$$
$$d = (s-1)/\log_2 N$$
$$J' = H'/\log_2 s$$

where *s* is the species number at each station; *N* is the total abundance at each station; P_i is the percentage of the abundance of the *i*-th species to the total abundance (Bi et al., 2023).

Multivariate analysis was conducted using Primer 7.0 software (Plymouth Routines in Multivariate Ecological Research) to analyze the community structure and its relationship with environmental factors in the BIOENV and BVSTEP analyses. Furthermore, cluster analysis and multidimensional scaling (MDS) were conducted by using Bray–Curtis similarity data after square root transformation of the species abundance data. A distance-based linear model (DistLM) was used to analyze the relationship between benthic traits and environmental factors among different sampling places, distance-based redundancy analysis (dbRDA) was used to visualize the fitted model, and stepwise regression (Stepwise) was used to select a subset of optimal environmental factors.

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Results

Environmental variables analysis

The NO₃⁻, PO₄³⁻ of porewater as well as sediment grain size and TOC among the three seagrass beds showed significant variations (p < 0.05) (Tables 2, 3). Of the total, porewater PO₄³⁻ and sediment MGS (median grain size) in Dongying seagrass bed were both highly significantly lower than those in Yantai and Weihai (p < 0.01), and sediment TOC content was significantly higher than that in Weihai (p < 0.05), while porewater NO₃⁻ in Weihai was highly significantly higher than those in Dongying and Yantai (p < 0.01). However, the results of investigations at different stations in the same seagrass bed showed that no significant differences were exhibited in the environmental factors, except that porewater PO₄³⁻ in the edge area of the seagrass bed in Yantai was significantly lower than that in the center and bare area (p < 0.05), and sediment MGS in the edge area of the seagrass bed in Dongying was significantly higher than

that in the center area (p< 0.05). It is noteworthy that porewater DO (dissolved oxygen) and salinity as well as sediment MGS and TOC in the three seagrass beds showed a slight decreasing trend from the center, edge to bare areas, although the differences were not significant.

C/N is a vital indicator for identifying the origin of organic matter in sediments, making it a common method for discerning the source of organic matter. It is widely employed to determine the endogenous and exogenous sources of vegetation in sediment organic matter (Talbot, 1990). The C/N in the surface sediments of the three intertidal seagrass beds ranged from 5.2 to 13.5, with Dongying having significantly higher values compared to the other two regions (p < 0.01). In Dongying, the C/N of the seagrass beds showed that the bare area had higher values than the edge and center areas (p < 0.05), all exceeding 12. In Weihai, the C/N exhibited a decreasing trend from the center area to the bare area (p < 0.01). However, the difference between sampling sites of the seagrass beds in Yantai was not significant (p > 0.05).

TABLE 2 Results of water temperature, pH, DO, salinity, sediment median grain size (MGS) and seagrass biomass at 9 sampling sites.

Stations	Tem(°C)	pН	DO(mg/L)	Salinity	MGS(µm)	Seagrass biomass (g/m ²)
DC	28.2	8.0	5.3	24.5	67.4	74.3
DE	28.0	8.2	5.1	23.6	97.9	37.0
DB	27.9	8.2	4.9	23.9	71.5	0
YC	26.5	7.9	5.5	21.3	155.5	60.6
YE	26.4	8.1	5.3	21.0	160.1	40.1
YB	26.4	8.1	5.2	20.9	154.9	0
WC	29.4	7.7	5.1	38.7	176.0	56.4
WE	29.1	8.0	4.9	38.2	204.5	33.0
WB	28.9	8.2	4.8	37.9	519.3	0

TABLE 3 Results of sediment total organic carbon (TOC), total nitrogen (TN) and water nutrients at 9 sampling sites.

Stations	TOC (mg/g)	TN (mg/g)	C/N	NO2 ⁻ (μg/L)	NO₃ [−] (μg/L)	NH4 ⁺ (mg/L)	PO ₄ ^{3–} (μg/L)	SiO ₃ ^{2–} (mg/L)
DC	46.1 ± 0.5	4.4 ± 0.1	12.3 ± 0.5	0.7 ± 0.1	97.9 ± 2.6	1.4 ± 0.8	2.8 ± 0.4	2.5 ± 1.1
DE	32.4 ± 0.6	2.9 ± 0.1	12.9 ± 0.5	0.9 ± 0.6	108.4 ± 11.3	3.9 ± 1.3	4.5 ± 1.2	2.4 ± 0.4
DB	37.7 ± 0.1	3.3 ± 0.1	13.5 ± 0.5	0.7 ± 0.7	106.0 ± 15.2	2.3 ± 0.8	4.0 ± 2.3	2.4 ± 0.8
YC	34.0 ± 0.9	4.0 ± 0.1	10.0 ± 0.1	0.9 ± 0.0	91.0 ± 12.5	1.8 ± 2.1	161.6 ± 79.4	2.5 ± 1.3
YE	25.2 ± 0.3	3.4 ± 0.2	8.7 ± 0.5	0.6 ± 0.1	90.7 ± 0.6	0.2 ± 0.0	13.5 ± 6.5	0.2 ± 0.1
YB	24.0 ± 0.7	3.5 ± 0.3	8.0 ± 0.4	0.4 ± 0.1	99.0 ± 5.9	1.0 ± 0.3	128.3 ± 49.3	1.9 ± 0.2
WC	26.8 ± 0.3	3.8 ± 0.2	8.2 ± 0.5	0.6 ± 0.2	150.3 ± 35.1	0.6 ± 0.0	85.8 ± 0.8	2.9 ± 0.1
WE	22.5 ± 0.5	3.4 ± 0.1	7.6 ± 0.0	0.5 ± 0.1	130.3 ± 5.2	0.9 ± 0.4	114.3 ± 87.0	2.3 ± 1.2
WB	10.4 ± 0.6	2.3 ± 0.3	5.2 ± 0.4	0.6 ± 0.3	112.8 ± 76.1	2.1 ± 1.2	179.0 ± 65.0	4.4 ± 2.3

Species composition

A total of 23 different species were identified, of which 12 species belonged to the mollusca, 5 to polychaeta, 5 to crustacea, and 1 to another category. The number of species in the three seagrass beds had a common pattern, i.e., the number of species decreased from the center area to the bare area, but only the number of species in the center area of Weihai seagrass bed was significantly higher than that in the bare area (p < 0.05) (Figure 2). In addition, ANOVA analysis showed that the number of macrobenthos species in the three seagrass beds differed significantly (p < 0.05). Mollusca species were found to be the dominant taxa in the three intertidal seagrass beds, encompassing over 50% of the total species number in both Dongying and Yantai. Specifically, *Umbonium thomasi* was prevalent across all sampling stations in Dongying, *Amphitrite rubra* was the dominant species in Yantai, whereas *Ruditapes philippinarum* was found at every sampling station in Weihai.

In terms of species composition, crustacea were most common in the center area, accounting for 35.7% of the species composition, and were not found or occurred less frequently in the edge and bare areas. Certain larger polychaete and crustacea species, such as *Pyrhila pisum* and *Hemigrapsus penicillatus*, were only found in the center area, and *Hemigrapsus sanguineus* was identified only in areas with high seagrass biomass.

Feeding habit

Table 4 outlines the feeding habits of macrobenthos present within three distinct seagrass beds. The table indicates that 11 of the 23 species are categorized as carnivorous (C). Additionally, 6 species fall under the planktophagous habit (Pl), while 3 species are classified as detritivorous (D) and omnivorous (O). Notably, we did not observe any herbivorous crab species within the seagrass beds. Spatially, we identified a greater presence of carnivorous species in central areas of the seagrass beds. Conversely, planktophagous and omnivorous species appeared to be concentrated within the edge and bare regions of the beds. Distinct variations were observed in the feeding habits present in the three seagrass beds. Specifically, in Dongying, three feeding habits (Pl, O, and C) were detected, with the carnivorous group holding the largest representation of 66.7% of the total species. Weihai, on the other hand, revealed four feeding habits (Pl, O, C, and D), with the carnivorous group being prominent, accounting for 50% of the total species. Yantai also presented four habits (Pl, O, C, and D), but no dominant habit was identified.

Abundance and biomass

The results of one-way ANOVA showed that the differences in macrobenthic abundance in the center, edge and bare areas of the seagrass beds were not statistically significant (p > 0.05), while the differences in macrobenthic abundance among the three seagrass beds were highly significant (p < 0.01), as shown by a highly significant higher abundance in Dongying than in Yantai and Weihai (p < 0.01) (Figure 3). The average abundance in Dongying area was 1558.0 ± 550.3 ind/m², among which the single mollusca Potamocorbula laevis had an average abundance value as high as 963.3 ± 486.3 ind/m². In addition, the mollusca abundance from the center area to the bare area showed a decreasing trend. The average abundance of Yantai was 277.8 ± 86.1 ind/m², and the abundance of polychaeta was slightly higher than that of mollusca. The dominant species Amphitrite rubra was mainly distributed in the center and edge areas. Finally, in Weihai, the average abundance of macrobenthos was 236.7 \pm 55.2 ind/m², with mollusca showing a dominant abundance of 195.6 ± 67.6 ind/m². Ruditapes philippinarum was the most important contributing species.

Similar to the abundance results, although there were differences in biomass among the three sampling stations (center, edge, and bare areas), the differences were not statistically significant (p > 0.05), whereas the differences in macrobenthic biomass among the three seagrass beds were significant (p < 0.05) (Figure 4). In Dongying, the mean biomass was 214.4 ± 40.6 g/m², with mollusca having the largest biomass of 202.1 ± 48.4 g/m². In Yantai, the mean biomass was 140.9 ± 16.7 g/m², and the dominant



Species	Sampling area	Places	Feeding habit
Iridona iridescens	C,E,B	Dongying	Pl
Lumbrineris latreilli	C,E,B	Dongying, Weihai	С
Dosinia japonica	C,E,B	Dongying	С
Potamocorbula laevis	C,E,B	Dongying	Pl
Umbonium thomasi	C,E,B	Dongying	С
Mactra quadrangularis	C,E,B	Dongying	0
Ruditapes philippinarum	C,E,B	Weihai, Yantai	Pl
Macoma incongrua	C,E,B	Yantai	Pl
Amphitrite rubra	C,E,B	Weihai, Yantai	D
Hediste japonica	C,E,B	Yantai	0
Glauconome angulata	C,E,B	Yantai	Pl
Epitonium latifasciatum	C,E	Dongying, Yantai	С
Baseodiscus delineatus	C,E	Yantai	D
Glycera capitata	C,B	Dongying, Yantai	С
Pyrhila pisum	C,B	Dongying	0
Batillaria cumingi	E,B	Dongying	С
Hemigrapsus penicillatus	С	Dongying	С
Ligia (Megaligia) exotica	С	Dongying	С
Hemigrapsus sanguineus	С	Dongying, Weihai, Yantai	С
Palaemon gravieri	С	Dongying	С
Solen strictus	С	Dongying, Yantai	Pl
Littorina brevicula	С	Weihai	С
Euclymene annandalei	С	Weihai	D

TABLE 4 Feeding habits and species composition of macrobenthos in three seagrass beds.

taxon was mollusca, with a mean value of $113.9 \pm 11.6 \text{ g/m}^2$. In Weihai, the mean biomass was $364.5 \pm 76.8 \text{ g/m}^2$, which was significantly higher than that in Dongying (p < 0.05) and highly significant than that in Yantai (p < 0.01). The contribution of mollusca was more than 99.0% in all three sampling stations, with the dominant species *Ruditapes philippinarum* having a high biomass of $358.0 \pm 72.7 \text{ g/m}^2$.

H' (Shannon-Weiner diversity index) and *d* (Margalef richness index) of the three seagrass beds were significantly different (p< 0.05), and the lowest of both indices was in Weihai (Table 5). The *H*' and *J*'

(Pielou evenness index) showed a tendency to increase from the center to the bare area in Dongying (p < 0.05). In Yantai, the H' and d increased from the center to the bare area, of which the H' differed highly significantly among the three sampling stations (p < 0.01).

Community structure

Cluster analysis based on Bray-Curtis similarity with abundance combined with Simprof analysis (Figures 5A–C) showed that macrobenthos of different sampling stations in seagrass beds were classified into the same group, and the center, edge, and bare areas did not show obvious regional divisions. In Dongying (Figure 5A) and Yantai (Figure 5B), stations in the center and edge areas of the seagrass beds were the first to be clustered together, while in Weihai (Figure 5C), there was a crossover in the cluster of sampling stations in different regions. In terms of spatial distribution, macrobenthic communities differed significantly (p< 0.05) among the three intertidal seagrass beds (as shown in Figure 5D), which was also confirmed by multidimensional scaling (MDS) analyses (Figure 6), with a stress value of 0.01 indicating a good sorting result.

SIMPER analysis of macrobenthic communities in three seagrass beds revealed significant differences in dominant taxa or species between locations. Specifically, in the Dongying group, the three stations exhibited an average similarity of 69.5%, with *Potamocorbula laevis* and *Umbonium thomasi* as the dominant species contributing 32.7% and 27.1%, respectively. In the Yantai group, the average similarity was 72.8%, and *Amphitrite rubra, Macoma incongrua*, and *Glauconome angulata* were the dominant species, with contribution rates of 28.9%, 19.7%, and 19.4%, respectively. Last, in the Weihai group, the average similarity was 69.3%, with *Ruditapes philippinarum* and *Lumbrineris latreilli* as the dominant species contributing 72.9% and 20.0%, respectively.

Relationship between macrobenthos and environmental factors

The BIOENV and BVSTEP analyses of environmental factors and macrobenthic abundance data revealed significant correlations between nutrient concentration, sediment median grain size, and macrobenthic abundance. The combination of environmental factors with the highest contribution were sediment median grain size (MGS), total organic carbon (TOC), and porewater salinity.

The dbRDA analysis revealed that a set of environmental factors, including salinity, temperature, pH, MGS, TOC, NO₂⁻, and TN, played a crucial role in determining macrobenthos distribution. The first two dbRDA axes captured a considerable portion of the variability in the data, with 91.2% of the variability accounted for in the fitted model and 90.9% represented in the data cloud (Figure 7). Specifically, the first dbRDA1 axis (that explained 58.1% of the total variation) was negatively associated with salinity, MGS, and TN and positively correlated with the remaining four environmental factors. On the other hand, the second dbRDA2 axis (32.8% of the total variation) was positively correlated with salinity, MGS, and temperature. The spatial arrangement of the sampling stations revealed that Weihai stations



were located in the upper left region of the ordination diagram, indicating higher tolerance to higher salinity and larger substrate sizes. The Dongying stations were positively correlated with pH, NO₂⁻, and TOC, while the Yantai stations were associated with TN only. Importantly, environmental elements demonstrated a salient relationship with the benthic community's distribution, with temperature, pH, and salinity significantly impacting the distribution characteristics of benthic communities (F = 22.13, *p*< 0.01; F = 5.17, *p*< 0.05; F = 3.49, *p*< 0.05, respectively), as demonstrated by the results of the ordination diagrams.

Discussion

Differences in seagrass species and seagrass bed habitats among the three regions

Zostera japonica is the seagrass species prevalent in Dongying, while Zostera marina is the dominant seagrass species in Yantai and

Weihai. Zostera japonica has a small body size, prefers substrates with high sand content and is able to live in shallow intertidal zones with large fluctuations in water temperature and light and relatively strong environmental disturbances (Zhang et al., 2013). Zostera marina, on the other hand, is the most widespread seagrass in the northern hemisphere, primarily found in shallow intertidal and subtidal waters with high water transparency and slow currents (Neckles et al., 2005). Unlike Zostera japonica, it is less tolerant to environmental changes. During the field survey, the seagrass beds in Dongying were located far from the towns and there was no aquaculture. However, there were numerous petroleum extraction facilities in close proximity. Although there was no direct river confluence in the seagrass bed area, the estuary of the Yellow River, Chinese second-largest river, was approximately 15km northeast of the region. The Yellow River is responsible for depositing approximately 1.1×10^9 t of sediment into the ocean annually, which constitutes around 5.5% of the global river sediments that reach the sea (Milliman and Syvitski, 1992). Additionally, the amount of particulate organic carbon that the river transports into the sea ranges from 1.76×10^6 to 8.14×10^6 t per year,



	DC	DE	DB	YC	YE	YB	WC	WE	WB
H'	1.37	1.56	2.31	1.76	1.91	2.51	0.995	1.07	0.227
d	0.726	1.03	1.06	0.894	0.926	1.20	0.577	0.436	0.210
J'	0.517	0.499	0.790	0.762	0.821	0.918	0.492	0.779	0.227

TABLE 5 Biodiversity indices of macrobenthos at the 9 sampling stations in the three seagrass beds.

accounting for 0.4% to 1.9% of the world's total organic carbon from rivers that reaches the ocean (Schlünz and Schneider, 2000). The seagrass bed at Swan Lake in Weihai was located in an aquaculture plant and was strongly influenced by the aquaculture activities of *Apostichopus japonicus* and *Ruditapes philippinarum*, especially during the harvesting seasons of sea cucumbers and clams. Finally, human activities in the seagrass bed in Yantai, which located in the intertidal zone of bathing beach, were more frequent than the other two seagrass beds, and tourists and beach combers could be seen at the site traveling around the area of the seagrass beds, which caused somewhat negative impacts on the growth of the local seagrasses.

The results of this study showed that the sediment MGS and porewater $PO_4^{3^-}$ concentration were the lowest in Dongying seagrass bed, while the sediment TOC content was the highest, and the porewater NO_3^- concentration was the highest in Weihai seagrass bed. The sediment MGS in Dongying and the porewater $PO_4^{3^-}$ concentration in Yantai showed significant differences across the center, edge, and bare areas of the seagrass beds. Specifically, the sediment MGS was found to be the smallest in the center area of the seagrass bed in Dongying, while the porewater $PO_4^{3^-}$ concentration was the lowest in the edge area of the seagrass bed in Yantai. It has been shown that coastal tourism and aquaculture may have noteworthy environmental consequences, including reduced seawater quality, red tide hazards, and increases in macroalgae and attached plants (Burdick and Short, 1999). The higher nutrient salt concentration of seagrass beds in Yantai and Weihai verified the above observation. The lowest MGS and highest TOC content in the sediments of the Dongying seagrass beds can be attributed to two factors. Firstly, the fine-grained sediments from the Yellow River settle in the peripheral waters of the Yellow River estuary due to tidal currents and near-shore circulation. These sediments undergo chemical and biological modifications before settling, resulting in higher TOC content in the adjacent sea area (Qiao et al., 2011). Secondly, the large surface area of the fine particles promotes microbial growth and organic film adsorption, leading to the enrichment of more nutrients (Hyland et al., 2005). In addition, seagrass beds can affect water flow, dissipate turbulence, and reduce wave action, which reduces sediment resuspension and increases sedimentation in seagrass beds (Lundquist et al., 2018), so the sediment MGS in the center of the different seagrass beds in this study were relatively smaller and the TOC content decreased slightly from the center to the bare area. There were no significant differences in environmental factors measured in the center, edge, and bare areas of the three seagrass beds surveyed. According to Edgar et al. (1994), differences between seagrasscovered and unvegetated areas in terms of key physicochemical parameters, such as temperature, salinity, light, and nutrients, may be small compared to the direct and indirect differences caused by the vegetative structure.



Cluster analysis based on the Bray–Curtis similarity of the abundance of macrobenthos at 9 sampling stations (A-C) refer to the r Dongying, Yantai, Weihai, respectively, and (D) refer to three locations together).



MDS analysis based on the Bray–Curtis similarity of the abundance

at three sampling stations.

Distribution of macrobenthos in seagrass beds

Seagrasses exhibit a structural heterogeneity which serves as a valuable habitat for some macrobenthos species that would not be capable of surviving on exposed surfaces. Additionally, variations in substrate composition and water flow amongst different locations offer a diverse array of microhabitats for macrobenthos (Edgar et al., 1994). Consequently, Dense seagrass areas are generally considered to provide favorable environmental conditions for the growth of macrobenthos, ultimately leading to higher biodiversity indices. Conversely, areas with less seagrass and low primary productivity

tend to result in poor habitat conditions, leading to slower growth of macrobenthos and lower biodiversity indices (Hillman et al., 1995). There were few notable distinctions in the diversity indices among the center, edge, and bare areas of the two seagrass beds, except for Weihai. Surprisingly, the bare area exhibited higher biodiversity. The seagrass beds in Weihai were positioned within the aquaculture zone, where Ruditapes philippinarum dominated, comprising over 80% of the biomass and abundance at each sampling site. This dominance contributed to a decline in macrobenthic biodiversity indices. Also, no significant differences in macrobenthos species, abundance, and biomass were found across the center, edge, and bare areas of the seagrass beds, with the exception of a significantly higher number of species in the center area of the seagrass bed in Weihai than in the bare area. The study found that the variations in benthic biodiversity across the sampling sites in the three seagrass beds were relatively small when compared to previous research. Bell et al. (2001) proposed that detecting the effects of seagrass bed habitat change on benthos might be challenging due to the limited spacing between seagrass bed patches, which allows for the active and passive dispersal of organisms in currents. Reed and Hovel (2006) supported this notion by demonstrating that small-scale seagrass habitat changes had minimal impact on the composition of benthic communities. However, when the area of existing seagrass beds in the region was significantly reduced beyond a threshold level (90%), there was a rapid decline in species richness and abundance of macrobenthos. A study in Barker Inlet found that the differences between unvegetated and seagrass-covered areas, as observed by human samplers, were primarily influenced by the above-ground portion of the seagrass. Interestingly, the edge of the



seagrass beds may extend 2 m beyond the marked area due to the presence of substantial below-ground seagrass biomass in the sediments (Webster et al., 1998; Tanner, 2005). The absence of substantial variations in the macrobenthos composition of seagrass beds across different sampling sites may be attributed to several factors. Firstly, despite the varying sizes and levels of human-induced disruptions among the three intertidal seagrass beds, none of them reached a critical point of diminishing in size. Additionally, the bare areas were sampled not far from seagrass beds (\sim 5 m), and seagrass root biomass may remain in the sediments.

Analysis of macrobenthos taxa and feeding habits showed that crustacea were almost exclusively found in the center of seagrass beds compared to edge and bare areas, and that the feeding habits of macrofauna in the center areas were mainly omnivorous and carnivorous, a feature that might be related to seagrass density. In a field experiment, it was found that decapods were more common in dense seagrasses with or without predators, and that low decapod abundance in patches with low seagrass coverage density was not due to an increase in predation, but rather because decapods preferred high-density seagrass habitats, where more food was available (Connolly, 1997). Similarly, as the primary food for associated fish species in shallow waters, small fish spent more time in seagrass-covered areas where more food was available, i.e., fish preferred vegetated habitats or congregated where food utilization was higher (Connolly, 1994). Thus, the effects of seagrass bed patchiness may be magnified for larger organisms that are more dependent on the size of seagrass beds, such as fish (Frost et al., 1999). Based on the above studies, it can be hypothesized that although the center, edge, and bare areas of seagrass beds in the three regions investigated were not clearly distinguished in macrobenthic abundance, biomass, and clustering analyses, it is possible that high densities of seagrasses protect and provide food for organisms with a variety of feeding habits, including a number of high trophic level predators, which can influence the population structure and productivity of organisms within the seagrass beds.

Correlation between macrobenthic communities and environmental factors

Our study showed that the macrobenthic communities in seagrass beds in the three regions showed obvious differentiation, with the Shannon-Weiner diversity index and Margalef richness index in Dongying and Yantai being significantly higher than that in Weihai, and the combination of the results of BIOENV, BVSTEP and dbRDA analyses suggests that the main environmental factors affecting the distribution of macrobenthos are porewater salinity, sediment MGS and TOC content. Sediment TOC content in Dongying either exceeded or approached established upper TOC thresholds (about 3.5% TOC) considered to pose a high risk of benthic fauna impairment (Hyland et al., 2005), but the biodiversity and species richness remained high. By comparing the environmental data, no obvious exceedance or eutrophication was found in the seagrass bed in Dongying for all nutrient salt indicators except for the high sediment TOC content, and the DO concentration in water was all above 2 mg/L, which would not cause potential hazards to the benthic fauna. In transitional waters, the degradation of organic matter at the sediment surface can lead to oxygen depletion and the production of toxic by-products such as ammonia and sulphides. These processes can have a significant impact on the distribution of benthos. However, these negative effects can be mitigated by the oxygen produced through photosynthesis by autotrophs and the uptake of oxygen from the atmosphere. Additionally, the reuse of decomposition products by microbes and water exchange can lower the concentration of toxic metabolites in the sediment, reducing the stress on benthos (Tagliapietra et al., 2012). The high TOC content in Dongying's surface sediments does not pose a significant issue due to the seagrass beds' location in the intertidal zone. The exposed sediments and tidal action, along with the high concentration of DO and alkaline pH in the water, create oxidizing conditions that restrict the accumulation of biologically detrimental by-products.

Organic matter in marine sediments originates from marine and terrestrial sources. Marine input is derived from in situ primary production and decomposition processes, while terrestrial input comes from surface runoff, primarily from terrestrial plants and human activities (Yi et al., 2022). The composition of organic matter in sediments can be determined by the molar ratio of TOC to TN (TOC/TN). A higher TOC/TN suggests a greater presence of land-derived organic matter, whereas a lower TOC/ TN indicates a dominance of marine-derived organic matter (Meyers, 1997). Specifically, when the TOC/TN ratio falls between 4 to 8, marine sources predominate (Bordovskiy, 1965; Prahl et al., 1980), whereas a ratio above 12 signifies a land-based origin (Thornton and Mcmanus, 1994; Ogrinc et al., 2004). Ratios between 8 to 12 indicate a mixture of both marine and land sources (Milliman et al., 1984). The C/N value of surface sediments in the Dongying seagrass beds exceeds 12, suggesting that land-based inputs dominate the organic matter source in this region. This is likely due to the presence of the Yellow River estuary within Dongying's boundaries. Each year, a significant amount of sediment from the Yellow River accumulates near the estuary, resulting in land-based materials coated with Yellow River sand being the primary influence on the sediments in this area. Shellfish biodeposition, seaweed farming, and soil organic matter are potential sources of sediment organic matter in aquaculture areas (Xia et al., 2018; Sui et al., 2019). The seagrass beds in Weihai, located within the Ruditapes philippinarum aquaculture area, contain a significant amount of protein from shellfish and seagrass organisms. Despite the high nutrient concentration in the water column due to human activities, the organic matter content in the surface sediment is lower than that in the sea area adjacent to the Yellow River estuary in Dongying. This difference results in a relatively low C/N value, highlighting the influence of the Yellow River conveyance on the organic matter composition in the surrounding sea waters (Yu G. L. et al., 2019).

Conservation measures are needed to prevent ecological risks to the ecosystem caused by the degradation of seagrass beds. At present, the most common methods for restoring and conserving seagrass beds are habitat restoration, seeding, transplanting, and turfing. By boosting the number and density of seagrass plants in specific intertidal areas, new seagrass beds can be constructed to compensate for the reduction in existing beds (Yu S. et al., 2019). Furthermore, steps must be taken to protect existing seagrass beds from further loss and to restore their ecological functions and structures (Guo, 2019). One approach involves improving water quality within seagrass beds to increase water column transparency and encourage recovery (Short and Wyllie-Echeverria, 1996). This necessitates addressing the issue at the source by lowering landbased inputs, particularly industrial wastewater, domestic sewage, and other high-nutrient pollutant discharges. Along with close monitoring of seagrass beds, several additional measures merit attention, such as controlling anthropogenic factors, raising public awareness, conducting local seagrass studies and experiments, creating a knowledge base of seagrass characteristics in distinct locales, gathering data on seagrass bed habitats and biodiversity profiles, and adopting a site-specific approach to restore seagrass beds (Wu and Zhang, 2018).

Conclusion

A total of 23 macrobenthos species were collected and identified in the three intertidal seagrass beds. Through analysis, we can draw the following conclusions:

- There are significant differences in environmental factors and macrobenthos species composition, community structure and biodiversity in seagrass beds in Dongying, Yantai and Weihai.
- (2) The study revealed limited variation in environmental factors and the number, abundance, and biomass of macrobenthos among the sampling sites in seagrass beds. The distribution of crustacea and species that feed carnivorously and omnivorously were higher in the center of the seagrass beds.
- (3) Habitat loss and aquaculture may adversely affect the concentration of nutrients in the environment and the diversity of macrobenthos, and corresponding ecological protection measures are needed to ensure no further degradation of existing seagrass beds.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

The animal study was approved by Yantai Institute of Coastal Zone Research, Chinese Academy of Science. The study was conducted in accordance with the local legislation and institutional requirements.

Author contributions

YJ: Writing – original draft. BS: Writing – original draft. JX: Funding acquisition, Project administration, Writing – review & editing. SJ: Writing – original draft. LC: Writing – original draft. BL: Writing – review & editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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