

# Increased Coastal Nutrient Loading Enhances Reproductive Intensity of *Zostera marina*: Implications for Seagrass Meadow Resilience

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Suonan Z, Kim SH, Qin L-Z, Kim H, Zhang F and Lee K-S (2022) Increased Coastal Nutrient Loading Enhances Reproductive Intensity of Zostera marina: Implications for Seagrass Meadow Resilience. Front. Mar. Sci. 9:832035. doi: 10.3389/fmars.2022.832035 Because sexual reproduction is essential for the establishment and persistence of seagrass meadows, flowering intensity is an important trait that influences the resilience and stability of seagrass populations. Although the effects of excessive coastal nutrient loading on seagrass vegetative growth have been extensively documented, the effects on seagrass reproductive phenology and intensity remain unclear. To examine the reproductive responses of seagrass populations to increased coastal nutrient loading, the flowering phenology and intensity of Zostera marina were compared between sites with high-nutrient, low-light conditions (Deukryang Bay and Dongdae Bay) and lownutrient, high-light conditions (Koje Bay) on the southern coast of Korea. Nutrient contents of the above- and below-ground tissues of Z. marina reflected in situ nutrient and light availability at the study sites. Reproductive shoot density and biomass, as well as flowering frequency and reproductive effort, were much higher (1.5-4.6-fold) at the high-nutrient, low-light study sites of Deukryang Bay and Dongdae Bay than at the lownutrient, high-light site of Koje Bay. Consequently, potential seed production was higher in Deukryang Bay and Dongdae Bay than in Koje Bay. Chronic high-nutrient and low-light conditions significantly increased the reproductive intensity of Z. marina, supporting the persistence and resilience of Z. marina populations. The results of this study could provide insights into the conservation and management of seagrass meadows under increased coastal nutrient loading.

Keywords: coastal eutrophication, flowering intensity, nutrient loading, population resilience, seagrass, Zostera marina

# INTRODUCTION

Seagrasses are marine flowering plants forming persistent meadows in shallow coastal areas, which provide numerous ecological functions in the marine environment (Duarte, 2002; Orth et al., 2006; Fourqurean et al., 2012; Olsen et al., 2016; Yue et al., 2020; Johnson et al., 2021; Pazzaglia et al., 2021). However, seagrass meadows are among the most threatened ecosystems on the planet,

because they have been disappearing worldwide at an accelerating loss rate of approximately 7% per year since 1990 (Waycott et al., 2009). Water quality degradation, driven by anthropogenic disturbance such as coastal development or nutrient input, has been largely responsible for the losses thus far (Hemminga and Duarte, 2000; Duarte, 2002; Orth et al., 2006; Fraser and Kendrick, 2017; Moreno-Marín et al., 2018; Thomsen et al., 2020; Rodemann et al., 2021). Coastal eutrophication caused by anthropogenic nutrient overloading via increased anthropogenic N deposition, benthic nutrient release from aquacultural sediments, and nutrient runoff from agricultural lands, can lead to the deterioration of seagrass ecosystems via increased light attenuation and harmful algae blooms (Duarte, 2002; Lee, 2004; Orth et al., 2006; Burkholder et al., 2007; Lee et al., 2007b; Waycott et al., 2009; Fraser and Kendrick, 2017; Lee et al., 2018; Qin et al., 2021). Although excessive nutrient enrichment in coastal areas leads to reduced underwater light availability through the overgrowth of epiphytes, macroalgae, and phytoplankton, consequently decreasing the growth and survival of seagrasses (Short et al., 1995; Lee et al., 2007b; Fraser and Kendrick, 2017; Moreno-Marín et al., 2018), moderate increases in surrounding nutrient availability may stimulate seagrass performance under pristine conditions (Udy and Dennison, 1997; Armitage et al., 2005; Burkholder et al., 2007; Moreno-Marín et al., 2018; Qin et al., 2021).

Seagrasses can reproduce both asexually via clonal growth and sexually via flowering and seed production (den Hartog, 1970). Although asexual reproduction is the dominant process that sustains seagrass populations, sexual reproduction through seedling recruitment (via germination of the sediment seed bank) is critical for rapid recolonization and meadow extension after natural and anthropogenic disturbances (Inglis, 2000; Plus et al., 2003; Greve et al., 2005; Lee et al., 2007a; Jarvis and Moore, 2010; Kendrick et al., 2012; Jarvis et al., 2014; Kim et al., 2014). Recent molecular studies have highlighted the essential role of sexual reproduction in the maintenance and persistence of seagrass habitat through genetic diversity enhancement in seagrass populations (Kendrick et al., 2012; Kendrick et al., 2017; Kim et al., 2019; Zhang et al., 2020a; Pazzaglia et al., 2021). Thus, sexual reproduction plays significant roles in assuring the stability and resilience of seagrass populations in dynamic coastal environments (Rasheed, 2004; Lee et al., 2007a; Macreadie et al., 2014; Suonan et al., 2017; Zhang et al., 2020b; Johnson et al., 2021). Because ecosystem services provided by seagrass meadows are threatened by increasing levels of natural and anthropogenic disturbance, it is evolutionarily and ecologically important to understand the dependencies of sexual reproduction, especially flowering intensity and seed production, on the resistance of seagrass populations to disturbance (Johnson et al., 2020; Qin et al., 2021). Reproductive intensity-assessed by measuring flowering phenology, flowering frequency, and seed production-could influence the health and resilience of seagrass populations by supporting seedling recruitment and increasing genetic diversity (Kendrick et al., 2012; Smith et al., 2016; Kim et al., 2019; Zhang et al., 2020b). Flowering phenology and relative investment in

asexual versus sexual reproduction of seagrasses vary significantly within and among geographic locations depending on local environmental conditions (e.g., water temperature, nutrient availability, and light intensity) (Phillips et al., 1983; Cabaço and Santos, 2012; Kendrick et al., 2012; Kim et al., 2014; Suonan et al., 2017; Blok et al., 2018; Qin et al., 2020a; Qin et al., 2020b; Qin et al., 2021). Consequently, seagrass generally displays variability in reproductive intensity across environmental gradients (Darnell and Dunton, 2017; Johnson et al., 2017; Johnson et al., 2020; von Staats et al., 2020).

Reproductive plasticity, which usually pronounced under contrasting environmental conditions, is an important trait for the maintenance of seagrass meadows (Harper, 1977; Darnell and Dunton, 2017; Johnson et al., 2020). Water temperature has been considered the major factor that controls flowering phenology and intensity in seagrass populations; seasonal temperature anomalies, latitude-induced temperature differences, elevated sea surface temperature, and other thermal stress conditions affect the formation and development of seagrass flowering shoots (Diaz-Almela et al., 2007; Potouroglou et al., 2014; Zimmerman et al., 2017; Blok et al., 2018; Moreno-Marín et al., 2018; Qin et al., 2020a; Qin et al., 2020b). According to the results of sediment nutrient enrichment experiments, nutrient availability may affect the reproductive strategies of seagrasses, but the patterns of flowering intensity and potential seed production along nutrient gradients are unclear (van Lent et al., 1995; Darnell and Dunton, 2017; Jackson et al., 2017; Johnson et al., 2017; Qin et al., 2021). Although numerous nutrient enrichment experiments have been performed in situ or in mesocosms to examine the relationships between seagrass vegetative growth and nutrient conditions (Peralta et al., 2003; Lee et al., 2007b; Carroll et al., 2008; Leoni et al., 2008), few studies have provided observational evidence of reproductive plasticity in response to in situ nutrient conditions. Furthermore, light availability may regulate sexual reproduction of seagrasses (Kim et al., 2014; Johnson et al., 2017; Peñalver et al., 2020), but few studies have demonstrated reproductive responses of seagrasses to chronic low-light conditions. Thus, the roles of these environmental factors in controlling seagrass reproductive phenology and intensity continue to be debated. Since increased nutrient availability and reduced light may directly influence the maintenance and resilience of seagrass populations by altering the growth and reproduction of seagrasses, the examination of seagrass reproductive responses to high-nutrient and low-light conditions (observable at early stages of coastal eutrophication) is essential for effective management and protection of seagrass ecosystems affected by ongoing anthropogenic disturbance.

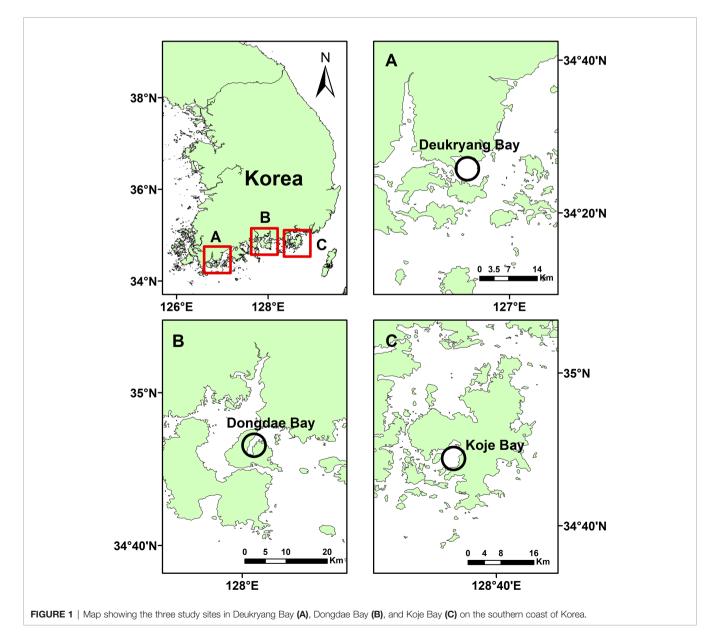
The goal of this study was to investigate changes in sexual reproduction of the seagrass *Zostera marina* in response to highnutrient and low-light conditions at natural ecosystems with increased coastal nutrient loading. Flowering phenology, flowering frequency, reproductive effort, and potential seed production of *Z. marina* populations at study sites with higher nutrient and lower light levels (Deukryang Bay and Dongdae Bay) were compared with those characteristics measured at a study site with lower nutrient and higher light levels (Koje Bay) on the southern coast of Korea. We hypothesized that *Z. marina* populations grown under highnutrient and low-light conditions, representing an early stage of coastal eutrophication, would increase their reproductive intensity to ensure the persistence of seagrass meadows through enhancing population resilience under these stressful conditions.

# MATERIALS AND METHODS

### **Study Site**

Three study sites were selected in Deukryang Bay (34°26'N, 126° 54'E), Dongdae Bay (34°53'N, 128°01'E), and Koje Bay (34°48' N, 128°35'E) on the southern coast of Korea (**Figure 1**). *Z. marina* was the dominant seagrass species at all three study sites. In Deukryang Bay and Dongdae Bay, *Z. marina* formed

monospecific meadows covering areas of approximately 4.5 km<sup>2</sup> and 1.6 km<sup>2</sup>, respectively. In contrast, three seagrass species (Zostera japonica, Z. marina, and Zostera caespitosa) were distributed sequentially from the intertidal zone to a depth of approximately 4 m below mean lower low water (MLLW) in Koje Bay, with Z. marina coverage of 0.8 km<sup>2</sup>. Z. marina was distributed at water depths of 2-3 m in Deukryang Bay and 1.5-2 m at the other two study sites. All sampling was carefully conducted in selected monospecific Z. marina meadows at the three study sites. The sediments in Deukryang Bay and Dongdae Bay were characterized by high mud content (11.8% sand and 88.2% silt + clay in Deukryang Bay; 7.6% sand and 92.4% silt + clay in Dongdae Bay), while the sediments in Koje Bay had a high sand content (87.9% sand and 12.1% silt + clay). Large-scale shellfish and seaweed farming is present in the shallow waters of Deukryang Bay, where local residents also participate in



seagrass-dependent fisheries (Cho et al., 1982; Kim et al., 2015). Deukryang Bay is in an early stage of eutrophication caused by excessive nutrient loading from land sources since the 1990s (Cho et al., 1982; Cho, 1991; Kang et al., 1999). Many oyster and fish farms are located in adjacent waters of the Dongdae Bay site, where discharges of sewage from local residences and freshwater from land also occur (Kwak and Cho, 2020; Choi et al., 2020). The *Z. marina* meadow in Koje Bay is well protected, and no sewage or industrial waste inputs were observed in this area (Lee et al., 2019).

### **Environmental Parameters**

Water temperature was monitored every 15-min interval at each study site using a Hobo data logger (Onset Computer Corp., Bourne, MA, USA) during the experimental period from January 2018 to December 2019. Underwater photosynthetic photon flux density (PPFD) was monitored at 15-min intervals using an Odyssey photosynthetic irradiance recording system (Dataflow Systems Ltd., Christchurch, New Zealand). Water temperature was averaged daily. The Odyssey logger was calibrated using an LI-1400 data logger and an LI-193SA spherical quantum sensor (Li-Cor, Lincoln, NE, USA). Daily irradiance (mol photons m<sup>-2</sup>  $d^{-1}$ ) was calculated as the sum of the quantum flux over each 24h period. The duration of irradiance above the compensation point  $(H_{comp})$  and duration of irradiance above the light saturation point  $(H_{sat})$  were estimated based on the compensation irradiance of 20  $\mu$ mol photons m<sup>-2</sup> s<sup>-1</sup> and saturation irradiance of 100  $\mu$ mol photons m<sup>-2</sup> s<sup>-1</sup> required for photosynthesis of Z. marina (Lee et al., 2007b).

In each sampling month, four water column samples were collected using 50-mL polypropylene bottles from each study site for analysis of nutrient concentrations. Sediment samples were collected in the vicinity of a randomly thrown quadrat for Z. marina shoot sampling using a plexiglass corer (5-cm diameter, 10-cm length; n = 4) at each study site for determination of nutrient concentrations in sediment pore water. Sediment pore water was obtained through centrifugation  $(8000 \times \text{g for } 20 \text{ min})$ , and pore water nutrient concentrations were determined after dilution with low-nutrient seawater (< 0.1 µM). Dissolved inorganic nitrogen (i.e.,  $NH_4^+$  and  $NO_3^- + NO_2^-$ ) and  $PO_4^{3-}$ concentrations in both the water column and sediment pore water were measured using standard colorimetric techniques (Parsons et al., 1984). The  $NO_3^- + NO_2^-$  concentration was determined after running samples through a column containing copper-coated cadmium, which reduces NO<sub>3</sub><sup>-</sup> to NO<sub>2</sub><sup>-</sup>. Annual occurrences of red tide events in adjacent water of the three study sites were obtained from annual reports by the National Institute of Fisheries Science (www.nifs.go.kr); these data are represented as the cumulative frequency of red tide events in each year for 2010-2019.

### **Biological Measurements**

All Z. marina shoots, including above- and below-ground tissues, were collected within four randomly thrown quadrats  $(30 \times 30 \text{ cm})$  at each study site, which were used to measure shoot density, biomass, and reproductive phenology from January 2018 to December 2019. Z. marina tissues from each

quadrat sample were thoroughly cleaned of sediments, then separated into vegetative (lateral shoots + terminal shoots) and reproductive shoots. The numbers of vegetative and reproductive shoots were counted to estimate shoot density (shoots  $m^{-2}$ ). Flowering frequency was estimated as the percentage of reproductive shoot density relative to total shoot density. All vegetative and reproductive tissues in the quadrat were cleaned of epiphytes using a razor blade and oven-dried separately at 60°C to a constant weight. Biomass was expressed on a dry weight per unit area basis (g DW  $m^{-2}$ ). Reproductive effort (RE) was estimated as the percentage of reproductive shoot biomass to total shoot biomass. The proportion of lateral shoot density to vegetative shoot density and the proportion of lateral shoot biomass to vegetative shoot biomass were calculated to represent the relative contribution of asexual reproduction.

To measure the morphological characteristics of reproductive shoots and potential seed production, five reproductive shoots were randomly chosen from each quadrat sample collected when the reproductive shoots were mature. The numbers of spathes per shoot and seeds per spathe were measured for each reproductive shoot. The number of seeds per shoot was estimated by multiplying the number of spathes per shoot by the number of seeds per spathe. Potential seed production per unit area was determined by multiplying the number of seeds per shoot by the maximum reproductive shoot density. To estimate the relative contribution of seedling recruitment to the maintenance of *Z. marina* populations at the study sites, *Z. marina* seedlings within four randomly thrown quadrats ( $30 \times 30 \text{ cm}$ ) at each study site were carefully collected in January 2019, then counted to estimate seedling density (shoots m<sup>-2</sup>).

To measure the morphological characteristics of vegetative shoots, 2 to 3 vegetative shoots were collected in the vicinity of the four randomly thrown quadrats at each study site (n = 8-12 per study site) from January 2018 to December 2019. The number of leaves per shoot was counted. Shoot height was measured from the meristem to the tip of the longest leaf to the nearest 1.0 mm; the width of the longest leaf was measured to the nearest 0.1 mm. Sheath length was measured from the meristem to the tip of the third rhizome internode was measured to nearest 0.1 mm; rhizome internode length was estimated as the mean of the first 6 internode lengths.

### Nutrient Contents of Z. marina Tissues

To determine carbon (C), nitrogen (N), and phosphorous (P) contents of above- and below-ground tissues, 2 to 3 vegetative shoots were randomly collected in the vicinity of the four quadrats in each site (n = 8-12 per study site) biannually before (January) and after (July) the flowering season from 2018 to 2019. The second or third youngest leaf (with sheath) and rhizome internode (with roots) were dried at 60°C to constant weight. Dried tissues were ground using an agate mortar and pestle; approximately 2 mg of ground tissue was placed in a tin capsule for determination of tissue C and N contents using a CHN elemental analyzer (Fisons NA1500). Approximately 10 mg of ground tissue was subjected to determination of tissue P content using a modified version of

the method described by Fourqurean et al., 1992. The C, N, and P contents of above- and below-ground tissues were calculated on a dry weight basis. C:N, C:P, and N:P ratios were calculated on a molar basis.

### **Statistical Analyses**

Significant differences in physical and chemical environmental factors, shoot density, biomass, morphological characteristics of vegetative shoots, and nutrient contents of seagrass tissues among study sites and sampling months were tested using two-way ANOVAs; differences in the frequencies of red tide events among study sites and years were tested using a two-way ANOVA without replication. When significant differences were found among study sites, a post hoc Tukey's test was performed to determine where the differences occurred. Differences in the morphological characteristics of reproductive shoots, potential seed production, and seedling density among study sites were identified using one-way ANOVAs. Separated one-way ANOVA, followed by Tukey's test, was performed to test for differences in above- and below-ground tissue nutrient contents among study sites at each sampling time. Prior to analysis, all variables were individually checked for normality and homogeneity of variance using Q-Q plots and residual plots, respectively. If the assumptions of parametric statistics were not satisfied, the measurements were either square root- or logtransformed. A significance level of 0.05 was used in all cases. All statistical analyses were performed with SPSS software, ver. 23.0.

# RESULTS

### **Environmental Parameters**

Differences in mean water temperature among the three study sites were < 1°C (**Table 1**, **Supplementary Figure 1**). Daily water temperature exhibited distinct seasonal variations at all three study sites (**Supplementary Figure 1**, **Supplementary Table 1**). The water temperature in Dongdae Bay exhibited stronger seasonal variations, such that it was colder in winter and warmer in summer than Deukryang Bay and Koje Bay (**Supplementary Figure 1**). Mean daily PPFD was highest in Koje Bay, where it was approximately three-fold higher than in Deukryang Bay and two-fold higher than in Dongdae Bay throughout the sampling period (**Table 1**). Underwater PPFD at the *Z. marina* canopy level showed significant (ANOVA, p < 0.001) temporal variations with high degree of fluctuations at all three study sites; it was higher in winter and spring than in summer and fall (**Figures 2A–C**; **Supplementary Table 1**).  $H_{comp}$  and  $H_{sat}$  were significantly longer in Koje Bay than in Deukryang Bay and Dongdae Bay (**Table 1**).  $H_{comp}$  and  $H_{sat}$  displayed temporal patterns similar to the patterns of PPFD (**Figures 2D–I**; **Supplementary Table 1**).

All nutrient concentrations in the water column and sediment pore water significantly (ANOVA, all p < 0.001) varied among study sites and over time (Figure 3; Supplementary Table 1). Mean water column  $NH_4^+$ ,  $NO_3^- + NO_2^-$ , and  $PO_4^{3-}$  concentrations were significantly (Tukey's test, all p < 0.05) higher in Deukryang Bay and Dongdae Bay than in Koje Bay (Table 1). Sediment NH<sub>4</sub><sup>+</sup> and PO<sub>4</sub><sup>3-</sup> concentrations were also higher in Dongdae Bay and Deukryang Bay than in Koje Bay throughout the experimental period (Figure 3; Table 1). The mean sediment  $NO_3^- + NO_2^$ concentration was highest in Deukryang Bay (2.02 µM), followed by Koje Bay (1.48  $\mu$ M), and lowest in Dongdae Bay (1.11  $\mu$ M). No nutrient concentrations in the water column and sediment pore water exhibited clear seasonal trends, with the exception of sediment  $NH_4^+$  concentrations (Figure 3). Sediment  $NH_4^+$ concentrations were higher in summer and fall than in winter and early spring. Annual occurrences of red tide events during 2010-2019 in adjacent waters of the study sites significantly (ANOVA, all p < 0.05) varied among study sites. The total occurrence of red tide events was highest in Dongdae Bay, followed by Deukryang Bay, and lowest in Koje Bay (Supplementary Table 2).

### **Seagrass Shoot Density and Biomass**

Reproductive and total shoot density, as well as the corresponding flowering frequency, significantly (ANOVA, all p < 0.05) differed among the three study sites and markedly (ANOVA, all p < 0.001) varied among sampling months (**Figures 4A–C, Table 2**; and **Supplementary Table 3**). Mean reproductive shoot density was higher at the high-nutrient and

**TABLE 1** Water temperature, underwater photosynthetic photon flux density (PPFD), daily period of light compensation (*H*<sub>comp</sub>), daily period of light saturation (*H*<sub>sat</sub>), and nutrient concentrations in Deukryang Bay, Dongdae Bay, and Koje Bay on the southern coast of Korea.

Parameters	Deukryang Bay	Dongdae Bay	Koje Bay
Water temperature (°C)	16.5 (5.0 – 28.3)	17.2 (2.8 – 29.9)	16.8 (5.9 – 28.1)
PPFD (mol photos m <sup>-2</sup> d <sup>-1</sup> )	2.5 (0.0 – 17.4) <sup>a</sup>	5.5 (0.0 – 30.6) <sup>b</sup>	8.8 (0.1 – 34.0) <sup>c</sup>
H <sub>comp</sub> (h)	4.8 (0.0 – 13.3) <sup>a</sup>	6.6 (0.0 - 13.8) <sup>a</sup>	10.1 (0.0 – 13.5) <sup>b</sup>
H <sub>sat</sub> (h)	1.9 (0.0 – 10.8) <sup>a</sup>	3.5 (0.0 – 11.8) <sup>b</sup>	6.3 (0.0 – 12.0) <sup>c</sup>
Water column			
NH <sub>4</sub> <sup>+</sup> (μM)	1.14 (0.01 – 10.41) <sup>b</sup>	2.19 (0.02 – 8.17) <sup>c</sup>	0.78 (0.22 – 2.31) <sup>a</sup>
$NO_{2}^{-} + NO_{3}^{-} (\mu M)$	4.01 (0.53 – 19.16) <sup>b</sup>	4.33 (0.36 - 13.50) <sup>c</sup>	1.34 (0.22 – 4.88) <sup>a</sup>
ΡΟ <sub>4</sub> <sup>3-</sup> (μΜ)	0.55 (0.01 – 2.78) <sup>c</sup>	0.43 (0.07 – 1.38) <sup>b</sup>	0.18 (0.01 – 0.43) <sup>a</sup>
Sediment pore water			
NH <sub>4</sub> <sup>+</sup> (μM)	71.95 (12.02 – 224.07) <sup>b</sup>	85.17 (10.18 – 272.48) <sup>b</sup>	60.99 (8.95 – 207.26) <sup>a</sup>
$NO_{2}^{-} + NO_{3}^{-} (\mu M)$	2.02 (0.30 – 9.30) <sup>c</sup>	1.11 (0.22 – 4.46) <sup>a</sup>	1.48 (0.13 – 12.38) <sup>b</sup>
PO <sub>4</sub> <sup>3-</sup> (μM)	5.93 (1.68 – 18.41) <sup>b</sup>	9.17 (2.68 – 32.06) <sup>c</sup>	2.47 (0.56 – 14.89) <sup>a</sup>

Data are means (range) (n = 3-31). Different superscript lower-case letters denote significant (p < 0.05) differences among the three study sites

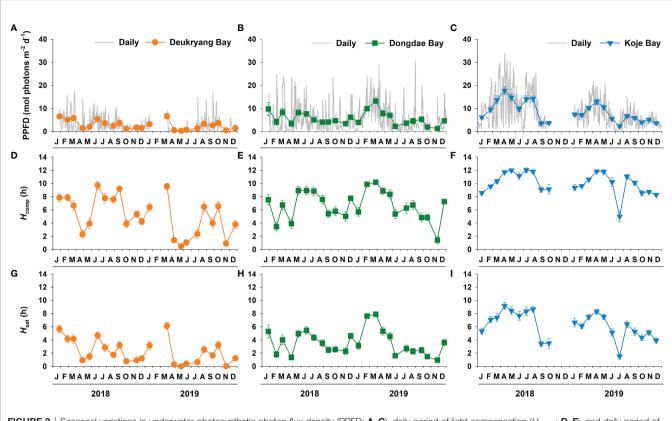


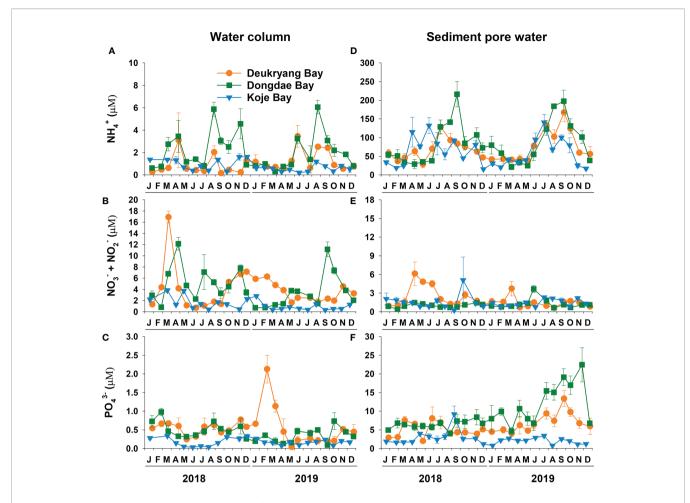
FIGURE 2 | Seasonal variations in underwater photosynthetic photon flux density (PPFD; A–C), daily period of light compensation (H<sub>comp</sub>; D–F), and daily period of light saturation (H<sub>sat</sub>; G–I) in Deukryang Bay, Dongdae Bay, and Koje Bay on the southern coast of Korea from January 2018 to December 2019.

low-light sites in Dongdae Bay (20 shoots m<sup>-2</sup>) and Deukryang Bay (16 shoots m<sup>-2</sup>) than at the low-nutrient and high-light site in Koje Bay (10 shoots m<sup>-2</sup>) during the flowering period, whereas mean total shoot density was significantly (Tukey's test, p < p0.001) higher in Koje Bay than in Dongdae Bay and Deukryang Bay (Table 2). Consequently, mean flowering frequency was higher in Deukryang Bay (10.5%) and Dongdae Bay (9.5%) than in Koje Bay (3.7%; Table 2). The maximum flowering frequency was 2.5- and 4.6-fold higher in Deukryang Bay than in Koje Bay during 2018 and 2019, respectively; it was 3.7- and 1.5-fold higher in Dongdae Bay than in Koje Bay during 2018 and 2019, respectively (Figure 4C). No significant differences in reproductive shoot density or flowering frequency were found between Deukryang Bay and Dongdae Bay (Table 2). The highest reproductive shoot density and flowering frequency were observed from March to April at all three study sites (Figures 4A, C). Total shoot density usually peaked in late winter and spring, with the lowest values in fall and early winter (Figure 4B). In 2019, low reproductive shoot density and flowering frequency occurred in Dongdae Bay because young lateral shoots comprised the majority of Z. marina shoots during the period of flowering shoot formation (Figures 4A, C, and Supplementary Figure 2).

Reproductive and total shoot biomass, as well as the corresponding reproductive effort, significantly (ANOVA, all p < 0.001) differed among the three study sites and markedly

(ANOVA, all p < 0.001) varied among sampling months (Figures 4D-F; Table 2, and Supplementary Table 3). Mean reproductive shoot biomass was highest in Deukryang Bay (48.0 g DW m<sup>-2</sup>), followed by Dongdae Bay (32.6 g DW m<sup>-2</sup>), and lowest in Koje Bay (13.0 g DW m<sup>-2</sup>; Table 2). Mean total shoot biomass was lowest in Dongdae Bay and highest in Koje Bay (Table 2). Consequently, mean values of reproductive effort were higher in Deukryang Bay and Dongdae Bay than in Koje Bay (Table 2). Maximum reproductive effort was greatest in Dongdae Bay (37.7%), followed by Deukryang Bay (27.7%), and lowest in Koje Bay (11.3%) during the flowering period of 2018. In contrast, maximum reproductive effort was highest in Deukryang Bay (38.4%), followed by Koje Bay (11.1%), and lowest in Dongdae Bay (8.0%) during the flowering period of 2019 (Figure 4F). The highest values of reproductive effort were observed during March or May in Deukryang Bay and Dongdae Bay, whereas they were observed during February or March in Koje Bay (Figure 4F).

Vegetative shoot density and biomass, the percentage of lateral shoot density to vegetative shoot density, and the percentage of lateral shoot biomass to vegetative shoot biomass significantly (ANOVA, all p < 0.001) differed among the three study sites and markedly (ANOVA, all p < 0.001) varied among sampling months (**Table 2**; **Supplementary Figure 2**, and **Supplementary Table 3**). Mean vegetative shoot density and biomass were significantly (Tukey's test, p < 0.001) higher in



**FIGURE 3** | Seasonal variations in  $NH_4^+$ ,  $NO_2^-+NO_3^-$ , and  $PO_4^{3-}$  concentrations of the water column (A–C) and sediment pore water (D–F) in Deukryang Bay, Dongdae Bay, and Koje Bay on the southern coast of Korea from January 2018 to December 2019. Values are means  $\pm$  SE (n = 3–4).

Koje Bay than in Deukryang Bay and Dongdae Bay (**Table 2**). The percentage of lateral shoot density to vegetative shoot density and the percentage of lateral shoot biomass to vegetative shoot biomass were significantly (Tukey's test, p < 0.001) higher in Dongdae Bay than in Deukryang Bay and Koje Bay (**Table 2**). The above- to below-ground biomass ratio was highest in Deukryang Bay and lowest in Koje Bay (**Table 2**). Vegetative shoot density and biomass generally peaked in late winter and spring; they were lowest in fall and early winter (**Supplementary Figure 2**). The highest vegetative shoot density and biomass occurred in late winter and spring, primarily due to highest lateral shoot formation during that period (**Supplementary Figure 2**).

### **Flowering Phenology**

The duration of flowering events was not consistent among the three study sites (**Figure 4A**). In 2018, the flowering duration was longest in Deukryang Bay, followed by Dongdae Bay, and shortest in Koje Bay (**Figure 4A**). The flowering season lasted from February to July in Deukryang Bay and from March to June in Koje Bay (**Figure 4A**). Reproductive shoots were observed first

in January, then persisted until May in Dongdae Bay (**Figure 4A**). In 2019, reproductive shoots were observed from March to June in Deukryang Bay, while they occurred from February to June in Dongdae Bay and from February to May in Koje Bay (**Figure 4A**). The mean flowering period was 5 months in both Deukryang Bay and Dongdae Bay; it was 4 months in Koje Bay. Despite the difference in flowering period among study sites, water temperature during flowering events was relatively consistent (10.4–15.5°C) among the three study sites.

# Reproductive Shoot Morphology, Seed Production, and Seedling Density

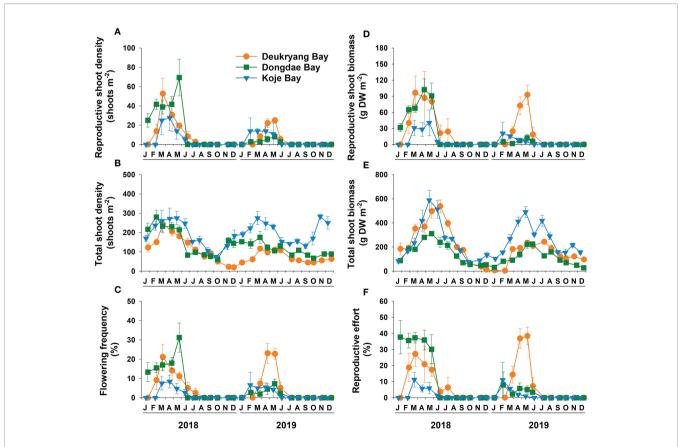
The number of spathes per shoot did not significantly (ANOVA, p = 0.425) differ among study sites in 2018, but it significantly (ANOVA, p < 0.05) varied among study sites in 2019. The number of spathes per shoot was higher in Deukryang Bay than in Dongdae Bay and Koje Bay during the flowering period of 2019 (**Table 3**). The number of seeds per spathe was significantly (Tukey's test, p < 0.05) higher in Deukryang Bay than in Dongdae Bay and Koje Bay during the flowering periods of both 2018 and 2019 (**Table 3**). Thus, the estimated number of

**TABLE 2** *|* Zostera marina. Mean values of shoot density and biomass and the corresponding flowering frequency and reproductive effort, the percentage of lateral shoot density to vegetative shoot density, the percentage of lateral shoot biomass to vegetative shoot biomass, and above- to below-ground biomass ratio in Deukryang Bay, Dongdae Bay, and Koje Bay on the southern coast of Korea.

Variable	Deukryang Bay	Dongdae Bay	Koje Bay
Shoot density (shoots m <sup>-2</sup> )			
Reproductive shoot	16.2 (0.0 – 77.8) <sup>b</sup>	19.9 (0 – 100.0) <sup>b</sup>	10.4 (0.0 – 66.7) <sup>a</sup>
Total shoot	97.9 (11.1 – 266.7) <sup>a</sup>	134.6 (44.4 – 344.4) <sup>b</sup>	196.6 (55.6 – 411.1) <sup>c</sup>
Flowering frequency (%)	10.5 (0.0 – 37.5) <sup>b</sup>	9.5 (0.0 – 45.0) <sup>b</sup>	3.7 (0.0 – 26.3) <sup>a</sup>
Vegetative shoot	89.7 (11.1 – 222.2) <sup>a</sup>	124.6 (44.4 - 300.0) <sup>b</sup>	191.4 (55.6 – 344.4) <sup>c</sup>
% of lateral to vegetative shoot density	27.5 (0.0 – 90.0) <sup>a</sup>	37.2 (0.0 - 84.0) <sup>c</sup>	31.6 (0.0 – 70.6) <sup>b</sup>
Shoot biomass (g DW m <sup>-2</sup> )			
Reproductive shoot	48.0 (0.0 – 196.4) <sup>c</sup>	32.6 (0.0 - 146.0) <sup>b</sup>	13.0 (0.0 – 95.0) <sup>a</sup>
Total shoot	204.4 (0.6 - 605.9) <sup>b</sup>	131.6 (18.7 – 360.3) <sup>a</sup>	256.2 (64.5 – 830.4) <sup>c</sup>
Reproductive effort (%)	16.8 (0.0 – 53.6) <sup>b</sup>	16.8 (0.0 – 63.9) <sup>b</sup>	3.7 (0.0 – 44.2) <sup>a</sup>
Vegetative shoot	180.1 (0.6 – 605.9) <sup>b</sup>	115.2 (18.7 – 360.3) <sup>a</sup>	249.7 (64.5 – 735.4) <sup>c</sup>
% of lateral to vegetative shoot biomass	13.4 (0.0 – 77.8) <sup>b</sup>	20.4 (0.0 – 64.0) <sup>c</sup>	10.7 (0.0 – 37.5) <sup>a</sup>
Above- to below-ground biomass ratio	$5.4(0.5-10.4)^{\circ}$	3.6 (1.1 – 10.5) <sup>b</sup>	2.9 (1.0 - 6.0) <sup>a</sup>

Data are means (range) (n = 3-4). Different superscript lower-case letters denote significant (p < 0.05) differences among the three study sites.

seeds per shoot was highest in Deukryang Bay, followed by Dongdae Bay, and lowest in Koje Bay in both 2018 and 2019 (**Table 3**). Potential seed production was highest in Deukryang Bay during the flowering periods of both 2018 and 2019; it was lowest in Koje Bay during 2018 and in Dongdae Bay during 2019 (**Table 3**). Annual mean potential seed production was over 4fold higher in Deukryang Bay than in Koje Bay; it was over 2-fold higher in Dongdae Bay than in Koje Bay. In January 2019, seedling density was significantly (Tukey's test, p < 0.05) higher in Dongdae Bay and Deukryang Bay than in Koje Bay; no



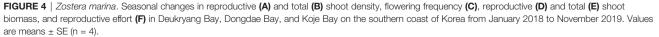


TABLE 3   Zostera marina. Mean values of maximum reproductive shoot density, maximum spathes per shoot, number of seeds per spathe, seed production per
shoot, and potential seed production during 2018 and 2019, and seedling density during January 2019 in Deukryang Bay, Dongdae Bay, and Koje Bay on the southern
coast of Korea.

Variables	Year	Deukryang Bay	Dongdae Bay	Koje Bay
Maximum reproductive shoot density	2018	53 ± 16ª	69 ± 19 <sup>a</sup>	28 ± 13 <sup>a</sup>
(shoots m <sup>-2</sup> )	2019	$25 \pm 3^{b}$	8 ± 3 <sup>a</sup>	14 ± 5 <sup>ab</sup>
Maximum spathes per shoot	2018	$25.0 \pm 6.2^{a}$	$20.9 \pm 1.7^{a}$	19.5 ± 1.6 <sup>a</sup>
	2019	$32.0 \pm 4.5^{b}$	$20.6 \pm 3.3^{a}$	15.4 ± 1.6 <sup>a</sup>
Number of seeds per spathe	2018	$8.0 \pm 0.4^{b}$	$7.7 \pm 0.4^{b}$	$4.5 \pm 0.2^{a}$
	2019	$11.9 \pm 0.5^{\circ}$	$8.2 \pm 0.4^{a}$	$9.7 \pm 0.4^{b}$
Seed production per shoot	2018	200	160	88
	2019	380	169	149
Potential seed production (seed m <sup>-2</sup> )	2018	10600	11104	2457
	2019	9520	1351	2091
Seedling density (shoots m <sup>-2</sup> )	2019	$36 \pm 5^{b}$	$42 \pm 14^{b}$	0 <sup>a</sup>

Values are means  $\pm$  SE (n = 4–79). Different superscript lower-case letters denote significant (p < 0.05) differences among the three study sites.

significant (Tukey's test, p = 0.892) difference in seedling density was observed between Dongdae Bay and Deukryang Bay (**Table 3**).

## Vegetative Shoot Morphological Characteristics

All morphological characteristics of vegetative shoots significantly (ANOVA, all p < 0.001) differed among the three study sites and markedly (ANOVA, all p < 0.001) varied over the study period (**Supplementary Figure 3**; **Supplementary Table 4**, and **Supplementary Table 5**). The number of leaves per shoot was higher in Dongdae Bay than in Deukryang Bay and Koje Bay, while leaf width was greater in Deukryang Bay and Dongdae Bay than in Koje Bay (**Supplementary Table 4**). Mean shoot height and sheath length were highest in Deukryang Bay, followed by Koje Bay, and lowest in Dongdae Bay (**Supplementary Table 4**). Rhizome diameter was higher in Deukryang Bay and Koje Bay than in Dongdae Bay (**Supplementary Table 4**). Rhizome internode length was longest in Koje Bay, followed by Dongdae Bay, and lowest in Deukryang Bay (**Supplementary Table 4**). Rhizome internode length was longest in Koje Bay, followed by Dongdae Bay, and lowest in Deukryang Bay (**Supplementary Table 4**).

# Nutrient Contents of *Zostera marina* Tissues

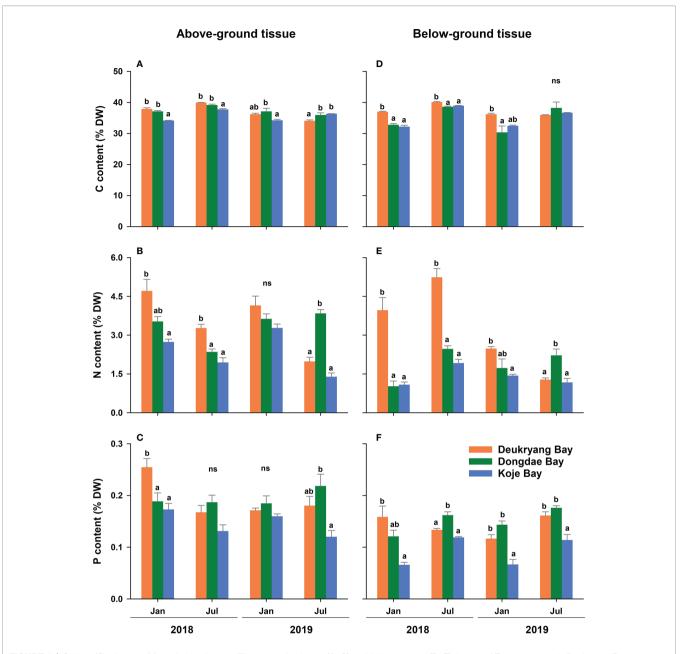
All nutrient contents and elemental ratios in above- and belowground tissues of Z. marina shoots significantly (ANOVA, all p < 0.05) differed among the three study sites and markedly (ANOVA, all p < 0.05) varied among sampling months (Figure 5; Table 4, and Supplementary Table 6). In aboveground tissues, C, N, and P contents were significantly (Tukey's test, all p < 0.05) higher in Deukryang Bay and Dongdae Bay than in Koje Bay; no significant (Tukey's, all p > 0.05) difference was found between Deukryang Bay and Dongdae Bay (Table 4). In below-ground tissues, the C content was higher in Deukryang Bay than in Dongdae Bay and Koje Bay; no significant (Tukey's test, p = 0.989) difference was found between Dongdae Bay and Koje Bay (Table 4). N and P contents of below-ground tissues exhibited spatial variations similar to the variations in aboveground tissues (Table 4). In both above- and below-ground tissues, C:N and C:P ratios were significantly (Tukey's test, all *p* <

0.05) higher in Koje Bay than in Deukryang Bay and Dongdae Bay; the N:P ratio was higher in Deukryang Bay than in Dongdae Bay and Koje Bay (**Table 4**).

# DISCUSSION

### Influences of Increased Nutrient Availability on Seagrass Reproductive Strategy

Inorganic nutrient concentrations in both the water column and sediments, with the exception of nitrite and nitrate concentrations in sediments, were significantly higher in Deukryang Bay and Dongdae Bay than in Koje Bay in this study. Tissue nutrient contents of Z. marina were also significantly higher in Deukryang Bay and Dongdae Bay than in Koje Bay; the C:N and C:P ratios of Z. marina tissues were significantly lower in Deukryang Bay and Dongdae Bay than in Koje Bay. The nutrient contents of seagrass tissues can be used as a bioindicator of environmental nutrient conditions, allowing for assessment of in situ nutrient availability (Fourgurean and Zieman, 2002; Lee et al., 2004; Fourqurean et al., 2005; Campbell and Fourgurean, 2009; Yang et al., 2018; Xu et al., 2021). Seagrasses have significantly higher C:N and C:P ratios when grown under low-nutrient conditions than when grown under high-nutrient conditions (Fourqurean et al., 1997; Lee and Dunton, 1999; Campbell and Fourqurean, 2009; Xu et al., 2021). Although *in situ* inorganic nutrient measurements represent the instantaneous nutrient status after dilution or rapid uptake by primary producers, seagrass tissue nutrient contents have been suggested as an indicator of environmental nutrient history (Lee and Dunton, 1999; Fourgurean and Zieman, 2002; Lee et al., 2004; Qin et al., 2020b). Thus, measurement of seagrass tissue nutrient contents in this study indicated that Z. marina shoots have been exposed to more enriched nutrient conditions in Deukryang Bay and Dongdae Bay than in Koje Bay. Red tide algal bloom events have also occurred more frequently in adjacent waters of the study sites in Deukryang Bay and Dongdae Bay than in such areas of Koje Bay over the past decade, suggesting that the study sites in Deukryang Bay and





Dongdae Bay are more nutrient-enriched than the site in Koje Bay. Reproductive shoot density, biomass, as well as the corresponding flowering frequency and reproductive effort of *Z. marina* were 1.5–5.0-fold higher under high-nutrient conditions in Deukryang Bay and Dongdae Bay than under the comparatively low-nutrient conditions of Koje Bay. The flowering period of *Z. marina* was longer and consequently seed production was higher in Deukryang Bay and Dongdae Bay than in Koje Bay. Abundant seedlings were observed at the study sites with high flowering intensity and seed production in Deukryang Bay and Dongdae Bay, whereas no seedlings were observed in Koje Bay during the seed germination period of 2019. These results suggest that *Z. marina* populations under more nutrient-enriched conditions exhibit increased reproductive intensity and investment in sexual reproduction, leading to increased seedling recruitment *via* seed germination, which may enhance the resilience of seagrass meadows.

In many clonal species of terrestrial plants, environmental nutrient availability has been known to influence relative investments in sexual and asexual reproduction (Burkle and

Variables	Tissue type	Deukryang Bay	Dongdae Bay	Koje Bay
C (% DW)	Above-ground	37.0 ± 0.7 <sup>b</sup>	37.3 ± 0.4 <sup>b</sup>	35.6 ± 0.5 <sup>a</sup>
	Below-ground	$37.3 \pm 0.5^{b}$	$35.0 \pm 1.2^{a}$	$35.1 \pm 0.9^{a}$
N (% DW)	Above-ground	$3.5 \pm 0.3^{b}$	$3.3 \pm 0.2^{b}$	$2.3 \pm 0.2^{a}$
, , , , , , , , , , , , , , , , , , ,	Below-ground	$3.2 \pm 0.5^{\circ}$	$1.9 \pm 0.2^{b}$	$1.4 \pm 0.1^{a}$
P (% DW)	Above-ground	$0.193 \pm 0.012^{b}$	$0.195 \pm 0.008^{b}$	$0.146 \pm 0.008^{a}$
	Below-ground	$0.142 \pm 0.007^{b}$	$0.150 \pm 0.007^{b}$	$0.091 \pm 0.008^{a}$
C:N ratio	Above-ground	$13.6 \pm 1.4^{a}$	13.7 ± 1.0 <sup>a</sup>	$20.3 \pm 2.4^{b}$
	Below-ground	$17.5 \pm 3.0^{a}$	$25.1 \pm 3.2^{b}$	$30.9 \pm 2.2^{\circ}$
C:P ratio	Above-ground	513.9 ± 30.1 <sup>a</sup>	$505.1 \pm 20.9^{a}$	$655.7 \pm 44.6^{b}$
	Below-ground	$697.2 \pm 36.9^{a}$	$609.5 \pm 25.5^{a}$	1073.5 ± 86.6 <sup>b</sup>
N:P ratio	Above-ground	$40.7 \pm 3.4^{b}$	$38.4 \pm 2.4^{ab}$	$34.8 \pm 2.3^{a}$
	Below-ground	$51.9 \pm 7.6^{\circ}$	$27.0 \pm 2.2^{a}$	36.5 ± 3.8 <sup>b</sup>

TABLE 4 | Carbon (C), nitrogen (N), and phosphorous (P) contents, as well as their elemental ratios, in above- and below-ground tissues of *Zostera marina* in Deukryang Bay, Dongdae Bay, and Koje Bay on the southern coast of Korea.

Values are means  $\pm$  SE (n = 3–4). Different superscript lower-case letters denote significant (p < 0.05) differences among the three study sites.

Irwin, 2009; Liu et al., 2009; Grainger and Turkington, 2013). However, changes in nutrient availability can lead to conflicting results regarding reproductive investment in both terrestrial and seagrass ecosystems (Grainger and Turkington, 2013; Johnson et al., 2017; Qin et al., 2021). Plants can invest more resources into sexual reproduction when nutrient availability is high because of high metabolic costs incurred during construction of the flowering shoots, fruits, and seeds needed for sexual reproduction (Loehle, 1987; Grainger and Turkington, 2013). Thus, when nutrients are abundant and increasing, plants would allocate more resources to sexual reproduction (Gardner and Mangel, 1999; Burkle and Irwin, 2009; Liu et al., 2009; Grainger and Turkington, 2013). Conversely, decreased investment in sexual reproduction has been reported when environmental nutrients are abundant and increasing, since asexual reproduction produces genetically identical individuals with a proven genotype that can exploit favorable local conditions (Sakai, 1995; Grainger and Turkington, 2013).

In the present study, dissolved inorganic nitrogen concentrations in the water column at all study sites were consistently above the concentrations required for Z. marina growth (Zimmerman et al., 1987; Lee et al., 2007b); in contrast, the mean values of sediment ammonium concentrations were < 100 µM, which has been suggested as the threshold concentration for nitrogen limitation of seagrass growth (Dennison et al., 1987; Zimmerman et al., 1987; Lee et al., 2007b; Qin et al., 2021). Because Z. marina growth in Koje Bay has been described as nitrogen-limited (Qin et al., 2021), Z. marina in Koje Bay may benefit from greater resource investments into vegetative growth and clonal reproduction, which is less energetically expensive than sexual reproduction (Philbrick and Les, 1996; Johnson et al., 2020). However, with the comparatively higher nutrient availability of Deukryang Bay and Dongdae Bay, Z. marina may invest more resources into sexual reproduction, allowing production of more flowering shoots and seeds. Increased Z. marina flowering intensity has been reported under high sediment nutrient conditions in the Chesapeake Bay in Virginia, USA (Johnson et al., 2017). In addition, significant increases in flowering shoot height, number of spathes, and seed production per shoot in response to nutrient fertilization have

been observed in *Z. marina* meadows in Shinnecock Bay, New York, USA and Koje Bay, South Korea (Jackson et al., 2017; Qin et al., 2021). Thus, the increased coastal nutrient loading may be advantageous in enhancing seagrass sexual reproduction by providing resources to support the production of more flowering shoots and seeds.

Negative or null relationships between in situ environmental nutrient conditions and flowering intensity of seagrass also have been reported in previous studies (Short, 1983; Van Dijk and van Tussenbroek, 2010). Environmental variables such as water temperature and light intensity may confound the effects of nutrient availability on sexual reproduction of seagrass (Johnson et al., 2017; Qin et al., 2021). Additionally, because of differences in nutrient acquisition capacity among seagrass species (Lee et al., 2007b; Vonk et al., 2008), the reproductive responses of seagrasses to increased nutrient availability are presumably species-specific. Studies using manipulated nutrient enrichment have generally shown only weak effects of increased nutrient availability on sexual reproduction of seagrass, probably because of short-term exposure to increased nutrients (Darnell and Dunton, 2017; Johnson et al., 2017), suggesting that the duration of exposure to increased nutrient levels may have a critical effect on reproductive investment in seagrasses (Johnson et al., 2017).

# Influences of Light and Temperature on Seagrass Reproduction

The duration and intensity of underwater irradiance have been demonstrated to regulate the investments in sexual reproduction of many seagrass species (McMillan, 1976; van Lent et al., 1995; Kim et al., 2014; Johnson et al., 2017; Olesen et al., 2017). *Z. marina* generally requires a minimum of 7 mol photons m<sup>-2</sup> d<sup>-1</sup> for non-light-limited growth (Thom et al., 2008). In the present study, underwater PPFD in Koje Bay was > 7 mol photons m<sup>-2</sup> d<sup>-1</sup> during winter to spring, which is the season for growth and colonization of *Z. marina* on the south coast of Korea (Lee et al., 2005; Kim et al., 2008; Kim et al., 2014). Underwater PPFD in Deukryang Bay and Dongdae Bay was lower than the light requirement for non-light-limited growth of *Z. marina* during winter and spring. The lengths of  $H_{comp}$  and  $H_{sat}$  have been

closely correlated with the growth and survival of seagrasses (Dennison and Alberte, 1982; Dennison and Alberte, 1985; Dennison, 1987; Zimmerman et al., 1991; Lee et al., 2007b; Kim et al., 2014). Monthly mean  $H_{\text{comp}}$  and  $H_{\text{sat}}$  values were shorter in Deukryang Bay and Dongdae Bay than in Koje Bay throughout the experimental period. The C:N and C:P ratios of seagrass above-ground tissues have been used as indicators of in situ light availability (Fourgurean et al., 1997; Campbell and Fourgurean, 2009). Higher C:N and C:P ratios in leaf tissues have been observed under high-light conditions (Abal et al., 1994; Grice et al., 1996; Fourgurean et al., 1997). In the present study, the C:N and C:P ratios of leaf tissues were significantly higher in the high underwater light conditions of Koje Bay than in Deukryang Bay and Dongdae Bay. These results indicate that Z. marina populations in Deukryang Bay and Dongdae Bay may have experienced greater stress because of low-light conditions. Seagrasses generally allocate a greater proportion of their resources to sexual reproduction in more stressful or disturbed environments (Cabaço and Santos, 2012; Kim et al., 2014; Suonan et al., 2017). Repetitive and acute light reduction combined with high summer temperature caused approximately 95% of Z. marina shoots to flower in a deep-water population (Kim et al., 2014). Much higher reproductive effort and potential seed production were observed under low underwater light conditions in Deukryang Bay and Dongdae Bay than under high underwater light conditions in Koje Bay, indicating possible adaptation to improve the persistence and maintenance of seagrass populations under chronic low-light conditions. These results suggest that underwater light conditions may have an important role in determining sexual reproduction investment by Z. marina. In addition, Z. marina population in Koje Bay may have reached apparent carrying capacity with high shoot density (ca. 230–270 shoots m<sup>-2</sup>) during March through May, when the other Z. marina populations in Dongdae Bay and Deukryang Bay flowered and reached the maximum reproductive shoot density. The high shoot density in Koje Bay during the flowering period may limit light and resources for the flowering shoots, consequently leading to lower sexual reproduction.

Variability in regional water temperature also can affect *Z. marina* flowering phenology and reproductive strategies (Qin et al., 2020b). *Z. marina* at study sites with milder winter and summer water temperatures had an extended flowering period and enhanced sexual reproduction, whereas *Z. marina* exposed to colder winter and warmer summer temperatures had a shorter flowering period and reduced sexual reproduction (Qin et al., 2020b). In the present study, differences in mean water temperature were < 1°C among the three study sites, and the reproductive intensity of *Z. marina* significantly differed. Thus, the prolonged flowering duration and high investment in sexual reproduction at the study sites in Deukryang Bay and Dongdae Bay were probably not driven by differences in water temperature.

### **Resilience of Seagrass Populations**

Differences in reproductive strategies among seagrass populations may facilitate seagrass colonization in diverse environments and habitats, thus enhancing the resilience of seagrass populations to natural and anthropogenic stressors and disturbances (Kim et al., 2014; Unsworth et al., 2015; Connolly et al., 2018; Johnson et al., 2020; Qin et al., 2021). Seagrass ecosystem resilience is related to the capacity to resist disturbances or stressors, as well as the ability to recover from loss or degradation (Unsworth et al., 2015; Johnson et al., 2021). The relative contributions of sexual and asexual reproduction to the maintenance of established seagrass meadows significantly vary with the magnitude of disturbances or stressors (Olesen et al., 2017; von Staats et al., 2020). Asexual reproduction is the main contributor to the preservation and recolonization of seagrass meadows after minor or small-scale disturbances through rhizome elongation and the regrowth of surviving shoots (Duarte et al., 2007; Boese et al., 2009; Macreadie et al., 2014; Olesen et al., 2017). However, seagrass populations rely primarily on sexual reproduction through seedling recruitment via seed germination to recover from intense and large-scale disturbances (Plus et al., 2003; Lee et al., 2007a; Park et al., 2011; Kim et al., 2014; Potouroglou et al., 2014; Johnson et al., 2021). In seagrass meadows that have become denuded by repetitive and acute unfavorable environmental conditions, recolonization and recovery have been reported to primarily depend on sexual reproduction through seedling recruitment (Inglis, 2000; Santamaría-Gallegos et al., 2000; Lee et al., 2007a; Jarvis et al., 2012; Kim et al., 2014). Thus, sexual reproduction of seagrasses can enhance the capability of seagrass populations to resist successive disturbances and stresses caused by anthropogenic activities and climate change, thereby increasing seagrass meadow resilience (Park et al., 2009; Kim et al., 2014; Macreadie et al., 2014; Johnson et al., 2020; Zhang et al., 2020b; Qin et al., 2021).

The high contribution of sexual reproduction to the persistence and maintenance of seagrass populations could lead to increased genetic diversity in established seagrass populations through the production of genetically distinct new shoots *via* seedling recruitment (Reusch, 2006; Procaccini et al., 2007; Kim et al., 2019). The genetic diversity of seagrass meadows may play a crucial role in enhancing the resilience of degraded seagrass populations (Ackerman, 2007; Ehlers et al., 2008; Kim et al., 2019; Qin et al., 2020a). Severe coastal eutrophication caused by excessive nutrient loading could result in extensive declines or dieoffs of seagrass populations in coastal areas (van Katwijk et al., 2010). Thus, increments of reproductive intensity and seed production under high-nutrient and low-light conditions may be essential for enhancing the resilience of degraded seagrass meadows under the stress of coastal eutrophication.

# Conclusion

The reproductive intensity of *Z. marina* varied in response to changes in nutrient and light availability. *Z. marina* populations at study sites with high-nutrient and low-light conditions showed higher flowering shoot density, biomass, flowering frequency, and reproductive effort than did populations at the study site with low-nutrient and high-light conditions (**Figure 6**). Thus, *Z. marina* populations under high-nutrient and low-light conditions increased their reproductive intensity and seed production; these changes are likely to improve the persistence and survival of their populations under stressful

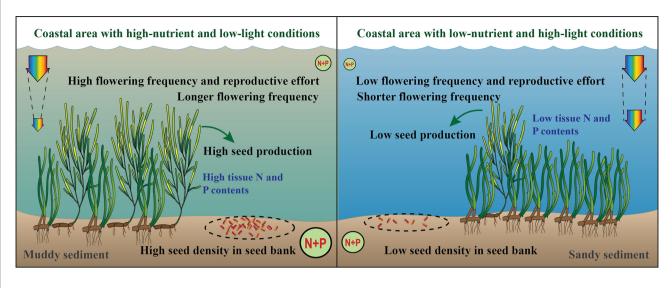


FIGURE 6 | A summary of the reproductives responses of Z. marina to changes in nutrient and light availability. Diagram symbols are from the Integration and Application Network, University of Maryland Center for Environmental Science (http://ian.umces.edu/imagelibrary/).

environmental conditions. Because the effects of nutrient and light availability on the reproductive strategies of *Z. marina* were not independently investigated in this study, high-nutrient and low-light stresses may simultaneously and/or interactively affect the sexual reproduction of *Z. marina*. Thus, the variation of reproductive intensity under differing nutrient and light conditions is an adaptation that may improve resilience and stability of seagrass populations, helping them to withstand the stresses of excessive coastal nutrient loading and light reduction.

# DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

# **AUTHOR CONTRIBUTIONS**

ZS, SK, L-ZQ, and K-SL conceptualized the experiments. ZS, SK, L-ZQ, HK, and FZ performed the experiments. ZS, SK, L-ZQ, and K-SL analyzed the results. All authors contributed to writing the manuscript and approved the submission.

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# SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmars.2022.832035/full#supplementary-material

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