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# Black soldier fly larvae replace traditional iced trash fish diet to enhance the delicious flavor of Chinese mitten crab (*Eriocheir sinensis*)

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Chinese mitten crabs (Eriocheir sinensis) are traditionally fed iced trash fish, but the industry is facing problems such as low breeding safety. Black soldier fly (Hermetia illucens) is an alternative protein source in animal diets, including diets for aquatic animals, due to its high nutritional value. However, studies on the effects of black soldier fly on the flavor characteristics of aquatic animals are still limited. In the present study, we investigated the effects of the complete replacement of iced trash fish with black soldier fly larvae during the fattening period of Chinese mitten crab on the flavor molecule contents and evaluation indices. The levels of free amino acids and nucleotides were determined in three edible parts (muscle, hepatopancreas, and gonads) of crab. Taste activity value analysis showed that glutamic acid, glycine, alanine, and arginine were the main amino acids contributing to the umami taste and sweetness, while histidine, lysine, valine, and methionine were the main amino acids contributing to the bitterness. Equivalent umami concentration (EUC) analysis showed that female gonads had the strongest umami taste, followed by the hepatopancreas and muscle. Sweetness value (SWT) analysis showed that the sweetness of muscle was the highest. Feeding black soldier fly larvae affected the flavor characteristics of crabs with tissue and sex differences. The EUC of the female gonads and SWT of the muscle were significantly increased. Meanwhile, the EUC of the hepatopancreas and SWT of the gonads were slightly decreased in male crabs. Our results indicate that the complete replacement of iced trash fish with black soldier fly larvae during the fattening period significantly enhances the flavor characteristics of crabs based on the contents of flavoring amino acids and nucleotides. It is important for sustainable aquaculture to replace animal protein with alternative protein sources such as black soldier fly larvae.

### KEYWORDS

Chinese mitten crab, animal diet, black soldier fly, umami, sweet

# Introduction

Chinese mitten crab (Eriocheir sinensis) is an aquaculture product that is highly efficiently produced in bulk. The crab farming area has reached 47000 hectares in China, with an annual yield of up to 80000 tons (CFSY, 2021). The Yangtze River system is the main production area of Chinese mitten crab, with the aquaculture output exceeding 90% of the national output. Jiangsu Province has a crab breeding area of 24000 hectares, and the production is more than 50% of the national production (CFSY, 2021). Farming practice, including feed composition, affects the taste, nutrition, and health of crabs (Wu et al., 2020). Iced trash fish is the traditional food of Chinese mitten crab, which plays an important role in the growth, nutritional quality, and taste characteristics of crabs. However, the use of iced trash fish as feed is associated with safety problems such as feed unstable sources and uncontrollable quality (Bunlipatanon et al., 2014). It has been reported that trash fish may carry bacterial and viral pathogens, causing the death of farmed aquatic species. In addition, uneaten trash fish in water may deteriorate the water quality, leading to environmental problems such as eutrophication (Kim et al., 2007; Xu et al., 2007). Based on the requirements of stable feed quality and safety monitoring in food production processes, it is necessary to explore the expansion or even replacement of trash fish and other animal protein feed sources. Some important achievements are mainly based on the application of formulated feed (Feng et al., 2021). However, there is a lack of research on the possibility to feed cultured crabs directly with iced (fresh) insects instead of trash fish or other animal bait.

Black soldier fly (Hermetia illucens; BSF) is an ideal alternative protein source for animal feed due to its high nutritional value. BSF has a short life cycle, high yield, and sufficient supply. BSF larvae (BSFL) contain 55% crude protein (dry weight), 35% fat (dry weight), and a balanced amino acid structure, which can meet the nutritional requirements of animals (Magalhães et al., 2017). They do not concentrate pesticides or mycotoxins, and the risk of transmitting zoonotic diseases is low (Čičková et al., 2015; Wang and Shelomi, 2017; Chia et al., 2019; Proc et al., 2020). All of these advantages make BSF a practical, sustainable source of animal feed. BSFL has been used to feed economic animals such as poultry and predatory fish as a partial alternative to corn- or soy-based feeds (Kroeckel et al., 2012). In an experiment of broiler quails (Coturnix japonica), the addition of BSFL to the diet improved the amino acid content of quail meat and the nutritional value without affecting the production performance and yield (Cullere et al., 2016; 2018). Partial or total replacement of soybean cake with BSFL has similar effects and has no effect on the health or performance of broiler chickens and laying hens (Maurer et al., 2016; Schiavone et al., 2017). Partial or complete replacement of the fish diet by BSF pupa has no significant effect on the growth and vision of rainbow trout (Oncorhynchus mykiss) and has no

adverse effect on trout fillet (Sealey et al., 2011; Renna et al., 2017). Similarly, feeding BSFL or prepupae has no adverse effect on the growth and health of zebrafish (Danio rerio) (Lanes et al., 2021). There are few reports on the study of BSF as crustacean feed. The replacement of 50% fish meal in the diet by BSF for the breeding of Scylla paramamosain shows that it is beneficial to the survival rate, growth rate, and aquaculture water environment. Moreover, when the BSF completely replaces the fish meal, it will not affect the growth of crabs, and the ammonia nitrogen content in the water (Huang et al., 2021). Feeding BSFL can meet the nutritional requirements of the sub-adult growth of Portunus trituberculatus, and will not have negative effects on its growth (Zhou et al., 2021). The results showed that the BSFL, as a food, could not affect the growth and development of crabs. However, to the best of the authors' knowledge, no studies have evaluated the BSFL to replace iced trash fish for the purpose of improving crab flavor characteristics.

The Chinese mitten crab has a strong umami taste and high sweetness, which is a unique flavor pursued by consumers (Tao et al., 2018; Wang et al., 2020; Yang et al., 2021). The umami taste and sweetness of edible tissues are largely due to delicious amino acids and nucleotides, such as glutamic acid (umami), glycine (sweet), arginine (bitter/sweet), and adenosine monophosphate (AMP). Many types of free amino acids have synergistic effects with nucleotides to produce a strong umami taste (Kong et al., 2012). Studies have shown that fish-source protein intake affects the amino acid composition of crabs (Zeng et al., 2021). In the present study, industrially cultured BSFL was used to replace iced trash fish and other animal bait in the diet of Chinese mitten crab during the fattening period, and the effects on the flavor molecule contents and evaluation indices were investigated. It is important for aquaculture sustainability to replace animal protein with alternative protein sources such as BSFL.

# Materials and methods

# Crab rearing conditions and sample preparation

Chinese mitten crabs were bred in Diaoyu Town, Xinghua, Jiangsu Province. The pond sizes were 2.0–3.0 hectares, and the stocking density was 13000–15000 crabs per hectare. The crabs were raised with traditional diets before the fattening period. During the fattening period (beginning on 25 August), when the crabs had just finished their last molt, the initial mass of the crabs was 125  $\pm$  10 g for females and 150  $\pm$  10 g for males. The iced trash fish has completely replaced with BSF last instar larvae (prepupa) in the BSF group, but not in the control group (CK). Plant-based feed such as corn and sweet potato and formulated feed were not changed.

On 25 October, three female or male Chinese mitten crabs (female:  $150 \pm 19$  g, male:  $200 \pm 22$  g) were collected from a single pond as one sample. A total of nine female or male Chinese mitten

crabs were collected from three adjacent ponds as three samples. The water quality and feeding management of the three ponds were consistent. The water grass coverage rate in the pond was 50%-60%, and the water transparency was 30-50 cm. Crabs were reared at 26  $\pm$  2 °C, pH 7.5-8.5, dissolved oxygen  $\geq$  5mg/L, ammonia nitrogen content  $\leq$  0.2mg/L. The crab samples were quickly transported to the laboratory at a normal temperature in a water-free environment, and the abdominal muscle (body meat), hepatopancreas, and gonad tissues of mitten crabs were isolated. Edible tissues of three crabs of the same sex were mixed as one sample, and three samples were collected for both sexes. The samples were frozen in liquid nitrogen and stored at  $-80^{\circ}$ C before amino acid and nucleotide analysis.

# Free amino acid analysis

Free amino acids were extracted from edible tissues according to the method of Konosu et al. (1974). Tissue samples (1.00 g) were mashed with liquid nitrogen and then 2.00 mL of 3% trichloroacetic acid (v/v) was added, followed by centrifugation at 12000 g for 15 min at 4°C. The supernatant was filtered with a 0.22-µm filter membrane. The free amino acids were then separated by an Agilent 1100 HPLC (Thermo Fisher Scientific, MA, USA) (Chen and Zhang, 2007). The column was an ODS HYPERSIL (250 mm × 4.6 mm, 5  $\mu$ m), at a temperature of 25°C. Mobile phase A was prepared by mixing 1000 mL of 0.65% (w/v) sodium acetate aqueous solution (pH 7.2) with 200  $\mu$ L triethylamine and 5 mL tetrahydrofuran. Mobile phase B was prepared by mixing 800 mL acetonitrile and 800 mL methanol with 400 mL of 1.625% (w/v) sodium acetate aqueous solution (pH 7.2). Settings were as follows: elution time, 0-36 min; flow rate, 1.0-1.5 mL/min; detection wavelengths, 338 nm and 262 nm (hydroxyproline). The quantities of different amino acids were determined by comparing retention times and peak areas with those of amino acid standards.

## Nucleotide analysis

The nucleotides were extracted from edible tissues according to the method of Kong et al. (2012), with some modifications. Briefly, 2.00 g tissue was mashed with liquid nitrogen and then 25.0 mL of 0.1% (v/v) trichloroacetic acid solution was added, followed by mixing for 30 min and centrifugation at 12000 g for 5 min. The supernatant was taken and sterile water was added to 50 mL. The supernatant was taken and sterile water was added to 50 mL. The sample solution was filtered with a 0.45- $\mu$ m filter membrane. An LC20AD HPLC system (Shimadzu, Japan) equipped with a C18 column (4.6 mm × 250 mm, 5  $\mu$ m) (Thermo Fisher Scientific, MA, USA) was used for HPLC analysis at a temperature of 40°C. Mobile phase A was prepared by mixing 960 mL of 0.01 M potassium dihydrogen phosphate with 40 mL of 0.1 M dipotassium hydrogen phosphate. Mobile phase B was pure methanol. The flow rate was 0.6 mL/min and the detection wavelength was 254 nm.

## Flavor evaluation indices

*Taste activity value*: Taste activity value (TAV) analysis was conducted according to the method of Scharbert and Hofmann (2005). The TAV was calculated as the ratio of the concentration of amino acids or nucleotides measured in edible tissues to a threshold value. Compounds with TAV greater than 1 were considered to contribute to food taste.

Sweetness: The sweetness value (SWT) of 10% sucrose aqueous solution at 20°C was taken as 1.0, and the relative SWT (sweetness coefficient) of other substances was obtained by comparison. The content of free amino acids with TAV greater than 1.0 contributing to the sweetness was used to calculate the relative SWT based on sucrose as follows: SWT =  $\Sigma$ AsSt. As represents the content of sweet free amino acids in tissues (g/ 100 g) and St is the sweetness coefficient. The sweetness coefficients of alanine, glycine, and arginine were set as 1.2, 0.8, and 1.7, respectively (Kong et al., 2017).

*Equivalent umami concentration*: The intensity of the umami taste due to the synergistic effects of amino acids and nucleotides was compared with that produced by monosodium glutamate (MSG; g MSG/100 g) (Yamaguchi et al., 1971). The equivalent umami concentration (EUC) was calculated as follows:

$$EUC = \Sigma a_i b_i + 1218 (\Sigma a_i b_i) (\Sigma a_j b_j),$$

 $a_i$  is the concentration of umami amino acid (Asp/Glu, g/ 100 g),  $b_i$  is the ratio of the umami taste of an amino acid to that of MSG (Glu, 1; Asp, 0.077),  $a_j$  is the concentration of umami 5'nucleotide (inosine monophosphate [IMP], guanosine monophosphate [GMP], or AMP, g/100 g),  $b_j$  is the ratio of the umami taste of a 5'-nucleotide to that of IMP (IMP, 1; GMP, 2.3; AMP, 0.18), and 1218 is a synergistic constant based on the concentration of g/100 g used.

## Statistical analysis

GraphPad Prism version 8 (GraphPad, San Diego, CA, USA) was used for statistical computations and graph construction. Data are presented as the mean  $\pm$  SD. Significance analysis was performed using *t*-tests and *P*< 0.05 was considered as significant.

# Results

# Feeding black soldier fly larvae affected the amino acid composition of edible tissues of crabs

Iced trash fish in the feed of mitten crabs was completely replaced with BSFL during the fattening period. Two months later, the free amino acid composition in the edible tissues of crabs was investigated. The results showed that 21 amino acids, including eight essential amino acids (EAAs), were detected in the muscle, hepatopancreas, and gonads of mitten crabs (Table 1). The amino acid content in the edible tissues of mitten crabs showed significant tissue and sex differences after BSFL feeding. In male mitten crabs, the total free amino acid (TAA) of muscle was highest, followed by the hepatopancreas and gonads. BSFL feeding significantly increased the TAA levels in male gonads (Figure 1A). In female mitten crabs, the TAA levels were highest in muscle and hepatopancreas, and the lowest in gonads. BSFL feeding decreased the TAA levels in the female

hepatopancreas (Figure 1B). The EAA levels were the highest in the hepatopancreas of both sexes. BSFL feeding greatly affected the EAA levels of edible tissues of male mitten crabs, and the EAA levels in the hepatopancreas and gonads were significantly increased (Table 1). Further analysis of delicious amino acids (DAAs) in edible tissues showed that the muscle had the highest DAA levels in both sexes. BSFL feeding increased DAA levels in the muscle and gonads of male mitten crabs, but significantly decreased DAA levels in the hepatopancreas of female mitten crabs (Figures 1C, D). These results indicate that the complete replacement of iced trash fish by BSFL not only affected the TAA

TABLE 1 Effects of BSFL feeding on amino acid concentrations in edible tissues of mitten crabs (mg/g wet weight).

Variable	Muscle					Hepatop	oancreas	Gonad					
	Ma	ale	Ferr	nale	Ma	ale	Fen	nale	Ма	ale	Fen	nale	
	СК	BSF	СК	BSF	CK	BSF	CK	BSF	CK	BSF	CK	BSF	
Asp	0.03 ±	0.02 ±	0.03 ±	0.03 ±	0.36 ±	0.38 ±	0.38 ±	0.33 ±	0.16 ±	0.51 ±	0.04 ±	0.03 ±	
	0.01a	0.00a	0.01a	0.00a	0.04a	0.02a	0.10a	0.08a	0.02a	0.07b	0.00a	0.01a	
Glu	0.61 ±	0.42 ±	0.47 ±	0.34 ±	0.90 ±	0.82 ±	1.01 ±	0.86 ±	0.43 ±	0.66 ±	0.57 ±	0.57 ±	
	0.05a	0.03b	0.11a	0.01a	0.03a	0.04b	0.10a	0.11a	0.06a	0.07b	0.14a	0.15a	
Asn	0.05 ±	0.08 ±	0.07 ±	0.06 ±	0.29 ±	0.25 ±	0.34 ±	0.28 ±	0.05 ±	0.07 ±	0.07 ±	0.05 ±	
	0.02a	0.01a	0.03a	0.01a	0.02a	0.01b	0.07a	0.05a	0.01a	0.01b	0.02a	0.01a	
Ser	0.05 ± 0.00a	0.05 ± 0.00a	0.05 ± 0.01a	$0.05 \pm 0.00a$	0.15 ± 0.01a	0.16 ± 0.00a	0.17 ± 0.01a	0.14 ± 0.01b	0.02 ± 0.00a	0.03 ± 0.00b	0.06 ± 0.02a	0.06 ± 0.00a	
Gln	0.46 ± 0.16a	$0.38 \pm 0.06a$	0.47 ± 0.08a	0.37 ± 0.05a	0.32 ± 0.01a	0.31 ± 0.02a	0.35 ± 0.03a	0.30 ± 0.01a	0.09 ± 0.01a	0.08 ± 0.00a	0.18 ± 0.07a	0.13 ± 0.03a	
His	0.15 ±	0.13 ±	0.12 ±	0.14 ±	0.21 ±	0.29 ±	0.34 ±	0.28 ±	0.04 ±	0.06 ±	0.16 ±	0.17 ±	
	0.02a	0.02a	0.04a	0.01a	0.02a	0.00b	0.03a	0.01b	0.00a	0.01b	0.04a	0.01a	
Gly	3.23 ± 0.47a	3.73 ± 0.18a	2.78 ± 0.43a	3.82 ± 0.17b	0.98 ± 0.22a	0.58 ± 0.02b	0.83 ± 0.17a	0.68 ± 0.16a	0.16 ± 0.02a	0.29 ± 0.08a	0.31 ± 0.05a	0.27 ± 0.06a	
Thr	0.21 ±	0.21 ±	0.25 ±	0.21 ±	0.46 ±	0.53 ±	0.68 ±	0.55 ±	0.10 ±	0.09 ±	0.29 ±	0.24 ±	
	0.03a	0.03a	0.07a	0.02a	0.01a	0.01b	0.05a	0.02b	0.01a	0.01a	0.09a	0.01a	
Arg	3.20 ±	4.00 ±	3.31 ±	4.21 ±	1.29 ±	1.53 ±	1.62 ±	1.71 ±	0.22 ±	0.34 ±	1.43 ±	1.49 ±	
	0.25a	0.19b	0.64a	0.13a	0.05a	0.11b	0.13a	0.12a	0.02a	0.09a	0.24a	0.16a	
Ala	2.69 ±	2.89 ±	2.64 ±	2.91 ±	1.02 ±	0.99 ±	1.09 ±	0.92 ±	0.46 ±	0.85 ±	0.46 ±	0.43 ±	
	0.06a	0.34a	0.56a	0.13a	0.02a	0.06a	0.04a	0.05b	0.06a	0.05b	0.08a	0.01a	
Tyr	0.09 ±	0.08 ±	0.09 ±	0.09 ±	0.46 ±	0.61 ±	0.56 ±	0.55 ±	0.04 ±	0.08 ±	0.11 ±	0.11 ±	
	0.01a	0.00b	0.03a	0.01a	0.02a	0.02b	0.05a	0.07a	0.00a	0.00b	0.02a	0.02a	
Cys-s	0.03 ±	0.00 ±	0.00 ±	0.00 ±	0.16 ±	0.01 ±	0.45 ±	0.49 ±	0.00 ±	0.00 ±	0.00 ±	0.00 ±	
	0.02a	0.00a	0.00a	0.00a	0.03a	0.00b	0.49a	0.71a	0.00a	0.00b	0.00a	0.00a	
Val	0.17 ±	0.13 ±	0.17 ±	0.13 ±	0.56 ±	0.52 ±	0.70 ±	0.57 ±	0.02 ±	0.10 ±	0.15 ±	0.13 ±	
	0.00a	0.00b	0.04a	0.01a	0.03a	0.01a	0.12a	0.06a	0.04a	0.01b	0.05a	0.01a	
Met	0.19 ± 0.03a	0.09 ± 0.01b	0.19 ± 0.06a	0.13 ± 0.02a	0.34 ± 0.03a	0.39 ± 0.01b	0.41 ± 0.03a	0.38 ± 0.05a	0.03 ± 0.00a	0.04 ± 0.00a	0.18 ± 0.04a	0.15 ± 0.02a	
Trp	0.02 ±	0.01 ±	0.01 ±	0.01 ±	0.17 ±	0.18 ±	0.20 ±	0.16 ±	0.01 ±	0.02 ±	0.16 ±	0.12 ±	
	0.00a	0.00a	0.01a	0.00a	0.02a	0.01a	0.02a	0.02a	0.00a	0.00b	0.04a	0.01a	
Phe	0.10 ±	0.06 ±	0.07 ±	0.07 ±	0.55 ±	0.66 ±	0.66 ±	0.62 ±	0.04 ±	0.06 ±	0.13 ±	0.12 ±	
	0.02a	0.00b	0.02a	0.01a	0.04a	0.01b	0.07a	0.11a	0.00a	0.00b	0.03a	0.01a	
		1			1			1			(1	Continued)	

Variable		Mu	scle			Hepatop	ancreas	Gonad					
	Male		Female		Male		Fen	nale	Ma	ale	Female		
	CK	BSF	CK	BSF	CK	BSF	CK	BSF	CK	BSF	CK	BSF	
Ile	0.07 ± 0.00a	0.04 ± 0.00b	0.07 ± 0.02a	0.05 ± 0.01a	0.45 ± 0.04a	0.42 ± 0.00a	0.55 ± 0.09a	0.45 ± 0.06a	0.07 ± 0.01a	0.13 ± 0.01b	0.07 ± 0.02a	0.06 ± 0.00a	
Leu	0.17 ± 0.00a	0.10 ± 0.00b	0.16 ± 0.05a	0.13 ± 0.01a	1.14 ± 0.07a	1.30 ± 0.02b	1.28 ± 0.03a	1.23 ± 0.15a	0.07 ± 0.01a	0.10 ± 0.01b	0.11 ± 0.03a	0.10 ± 0.01a	
Lys	0.20 ± 0.02a	0.15 ± 0.03b	0.19 ± 0.05a	0.19 ± 0.03a	1.16 ± 0.07a	1.39 ± 0.03b	1.40 ± 0.02a	1.35 ± 0.16a	0.07 ± 0.01a	0.10 ± 0.01b	0.36 ± 0.12a	0.21 ± 0.01a	
Pro	$2.04 \pm 0.06a$	1.10 ± 0.17b	1.72 ± 0.27a	1.28 ± 0.07a	1.40 ± 0.06a	0.89 ± 0.11b	1.14 ± 0.17a	1.16 ± 0.18a	0.50 ± 0.05a	0.31 ± 0.02b	0.97 ± 0.12a	0.74 ± 0.12a	
TAA	13.75 ± 0.23a	13.68 ± 0.76a	12.87 ± 2.25a	14.22 ± 0.16a	12.37 ± 0.29a	12.21 ± 0.10a	14.14 ± 0.20a	13.02 ± 0.44b	2.60 ± 0.26a	3.93 ± 0.25b	5.83 ± 1.21a	5.16 ± 0.52a	
EAA	1.12 ± 0.03a	0.80 ± 0.05b	1.12 ± 0.30a	0.93 ± 0.09a	4.84 ± 0.29a	5.39 ± 0.06b	5.88 ± 0.36a	5.31 ± 0.59a	0.43 ± 0.00a	0.65 ± 0.04b	1.46 ± 0.41a	1.13 ± 0.05a	
NEAA	12.63 ± 0.26a	$12.88 \pm 0.76a$	11.75 ± 1.96a	13.29 ± 0.25a	7.54 ± 0.09a	6.82 ± 0.11b	8.26 ± 0.53a	7.71 ± 0.54a	2.17 ± 0.26a	3.28 ± 0.21b	4.37 ± 0.79a	4.03 ± 0.53a	
EAA/TAA	0.08	0.06	0.09	0.07	0.39	0.44	0.42	0.41	0.17	0.17	0.25	0.22	
EAA/ NEAA	0.09	0.06	0.1	0.07	0.64	0.79	0.71	0.69	0.2	0.2	0.33	0.28	

### TABLE 1 Continued

Asp, aspartic acid; Glu, glutamic acid; Asn, aspartic acid; Ser, serine; Gln, glutamine; His, histidine; Gly, glycine; Thr, threonine; Arg, arginine; Ala, alanine; Tyr, tyrosine; Cys-s, cysteines; Val, valine; Met, methionine; Trp, tryptophan; Phe, phenylalanine; Ile, isoleucine; Leu, leucine; Lys, lysine; Pro, proline. TAA, total amino acids; EAA, essential amino acids; NEAA, non-essential amino acids; EAA/TAA, essential amino acids/total amino acids; EAA/NEAA, essential amino acids/non-essential amino acids. Data were as mean ± SD. Data in the same row with different letters indicate significant differences.



FIGURE 1

Effects of BSFL feeding on total free amino acid and delicious amino acid levels in edible tissues of mitten crabs. Total amino acid contents (A, B) and delicious amino acid contents (C, D) in edible tissues of male and female crabs. CK, control group; BSF, experimental group. \* $P \le 0.05$ ; \*\* $P \le 0.01$ . n = 3.

and EAA contents of edible tissues but also changed the flavor characteristics.

# Feeding black soldier fly larvae affected the flavor amino acid and nucleotide contents

According to the taste of amino acids, the contents of DAAs and bitter amino acids in edible tissues of mitten crabs after BSFL feeding were analyzed. The results showed that the contents of sweet amino acids Gly, Arg, and Ala in the muscle tissue of mitten crabs were higher, and the contents of Gly and Arg were significantly increased in the BSF group (Figures 2A, B). Conversely, the contents of most DAAs in the hepatopancreas were slightly decreased in the BSF group, and only the content of Arg was increased (Figures 2C, D). The contents of umami amino acids (Asp and Glu) and sweet amino acids (Ala) in male gonads of the BSF group were significantly increased (Figure 2E). The DAA levels of the female gonads were not affected (Figure 2F).

The changes in bitter amino acid content in edible tissues of mitten crabs after BSFL feeding were further analyzed. As shown

in Figure 3, BSFL feeding during the fattening period mainly affected bitter amino acid levels in male crabs, but had little effect in female crabs. In the BSF group, the levels of seven bitter amino acids, such as Val, Met, Leu, and Lys, were significantly decreased in the male muscles (Figure 3A). Unexpectedly, the levels of most bitter amino acids in the male hepatopancreas and gonads, such as Leu and Lys, were significantly increased in the BSF group (Figures 3C, E). The hepatopancreas of mitten crabs contains the highest content of bitter amino acids (Figure 3).

These results indicate that BSFL feeding significantly increased the levels of sweet amino acids and decreased the levels of bitter amino acids in muscles of mitten crabs, increased the umami amino acids in male gonads, and did not significantly change the DAA levels, but increased the levels of bitter amino acids in the hepatopancreas.

Next, the levels of umami nucleotides, including AMP, IMP, and GMP in edible tissues of mitten crabs were analyzed (Figure 4). In muscle and gonads, only AMP and IMP were detected. AMP and GMP were detected in the hepatopancreas. The levels of other nucleotides were so low that they were undetectable. The results showed that IMP levels were significantly increased in the muscle tissue of mitten crabs in the BSF group (Figures 4A, B). There was no difference in the



### FIGURE 2

Effects of BSFL feeding on delicious amino acid levels in edible tissues of mitten crabs. Levels of amino acid with a sweet/umami taste in male and female muscles (A, B), hepatopancreas (C, D), and gonads (E, F). CK, control group; BSF, experimental group. H, hepatopancreas; Asp, aspartic acid; Glu, glutamic acid; Ser, serine; Gly, glycine; Thr, threonine; Arg, arginine; Ala, alanine.  $*P \le 0.05$ ;  $**P \le 0.01$ . n = 3.



nucleotide content of the hepatopancreas (Figures 4C, D). It is worth noting that although there was no significant change in AMP levels in the gonads, IMP levels in the gonads of female crabs were significantly increased (Figures 4E, F).

# Effects of feeding black soldier fly larvae on flavor evaluation indices in the edible tissues of crabs

To comprehensively evaluate the taste characteristics of edible tissues of Chinese mitten crab fed BSFL, the TAVs of amino acids and nucleotides were analyzed. TAV > 1 was considered to indicate a contribution to the flavor characteristics of tissues. The results showed that Glu was the main amino acid contributing to the umami taste of muscle, hepatopancreas, and gonadal tissues. Ala and Arg play important roles in the sweetness of muscle and the hepatopancreas, Gly only increases muscle sweetness, and Arg mainly contributes to female gonad sweetness. His, Lys, Val, and Met contribute to the bitterness of the

hepatopancreas (Table 2). Compared with CK, the TAV of Ala in male gonads in the BSF group was greater than 1.

Nucleotide TAV analysis showed that the TAVs of IMP and AMP were the highest in the female gonads, i.e., more than 10 times higher than those in muscle. However, the TAV of GMP was greater than 1.0 only in the hepatopancreas. The TAVs of IMP in muscle and female gonads were significantly increased in the BSF group (Figure 5A). Next, the intensity of the umami taste produced by the synergistic effect of amino acids and nucleotides was analyzed. According to the EUC, the female gonads had the strongest umami taste, followed by the hepatopancreas, and the male gonads had the weakest umami taste. BSFL feeding during the fattening period has a great influence on the umami taste of edible tissues of mitten crabs, and the EUC of the female gonads was significantly increased in the BSF group (Figure 5B). Unexpectedly, the EUC of the male hepatopancreas in the BSF group was significantly reduced, and the EUCs of muscle and male gonads were not significantly affected. These results indicate that BSFL feeding could significantly improve the umami taste of female gonads.



#### FIGURE 4

Effects of BSFL feeding on umami nucleotide levels in edible tissues of mitten crabs. Umami nucleotide levels in male and female muscles (A, B)), hepatopancreas (C, D), and gonads (E, F). CK, control group; BSF, experimental group. H, hepatopancreas; AMP, adenosine monophosphate; IMP, inosine monophosphate; GMP, guanosine monophosphate. \* $P \le 0.05$ ; \*\* $P \le 0.01$ . n = 3.

### TABLE 2 Effects of BSFL feeding on the TAVs of free amino acids in edible tissues.

FAA	Taste attribute*	Taste threshold (mg/mL)			Ma	ale		Female						
			Mu	scle	le H		Gonad		Muscle		н		Gonad	
			CK	BSF	CK	BSF	CK	BSF	CK	BSF	CK	BSF	CK	BSF
Asp	Umami (+)	1.0	0.03	0.02	0.36	0.38	0.16	0.51	0.03	0.03	0.38	0.33	0.04	0.03
Glu	Umami (+)	0.3	2.04	1.41	3.01	2.74	1.43	2.19	1.56	1.14	3.37	2.88	1.90	1.89
Thr	Sweet (+)	2.6	0.08	0.08	0.18	0.20	0.04	0.04	0.10	0.08	0.26	0.21	0.11	0.09
Ser	Sweet (+)	1.5	0.03	0.03	0.10	0.10	0.01	0.02	0.03	0.03	0.11	0.09	0.04	0.04
Gly	Sweet (+)	1.3	2.48	2.87	0.75	0.45	0.13	0.22	2.14	2.94	0.64	0.53	0.24	0.20
Ala	Sweet (+)	0.6	4.48	4.81	1.70	1.66	0.77	1.42	4.41	4.85	1.82	1.53	0.76	0.71
Pro	Sweet/bitter (+)	3.0	0.68	0.37	0.47	0.30	0.17	0.10	0.57	0.43	0.38	0.39	0.32	0.25
Arg	Sweet/bitter (+)	0.5	6.39	8.00	2.58	3.06	0.44	0.68	6.62	8.41	3.23	3.42	2.86	2.98
Leu	Bitter (-)	1.9	0.09	0.05	0.60	0.69	0.04	0.05	0.09	0.07	0.67	0.65	0.06	0.05
Phe	Bitter (-)	0.9	0.11	0.07	0.61	0.73	0.05	0.07	0.08	0.08	0.73	0.69	0.14	0.14
Ile	Bitter (-)	0.9	0.08	0.04	0.50	0.47	0.08	0.15	0.08	0.05	0.61	0.50	0.08	0.07
His	Bitter (-)	0.2	0.75	0.64	1.03	1.46	0.21	0.29	0.62	0.71	1.70	1.42	0.82	0.85
Tyr	Bitter (-)	n.d.												
Trp	Bitter (-)	n.d.												
Lys	Sweet/bitter (-)	0.5	0.41	0.29	2.32	2.79	0.15	0.21	0.38	0.37	2.80	2.70	0.72	0.42
Val	Sweet/bitter (-)	0.4	0.41	0.33	1.40	1.30	0.06	0.25	0.43	0.34	1.75	1.42	0.37	0.32
	(Continued)													tinued)

FAA	Taste attribute*	Taste threshold (mg/mL)			М	ale		Female						
			Muscle		н		Gonad		Muscle		н		Gonad	
			CK	BSF	CK	BSF	CK	BSF	CK	BSF	CK	BSF	СК	BSF
Met	Bitter/sweet/sulfurous (-)	0.3	0.62	0.31	1.14	1.29	0.11	0.13	0.63	0.43	1.38	1.26	0.61	0.51
Cys-s	Bitter/sweet/sulfurous (-)	n.d.												
Asn	Flat/tasteless	_	-	-	-	-	-	-	-	-	-	-	-	-
Gln	Flat/tasteless	_	-	-	-	-	-	-	-	-	-	-	-	-
(+) indic	(+) indicates a pleasant taste, (-) indicates an unpleasant taste. "n.d." indicates not detected; "-" indicates that the value cannot be calculated. Red letters indicate amino acids with TAV													

### TABLE 2 Continued

Furthermore, SWT values were calculated to quantify the sweetness produced by various sweet amino acids in different Bunlipatanon et al., 2014).

tissues. As shown in Figure 6, SWT was the highest in muscle and the lowest in male gonads in both the CK and BSF groups. After BSFL feeding, SWT in the muscle of crabs of both sexes was significantly increased, while SWT in other tissues did not change significantly (Figure 6). These results indicate that BSFL feeding could significantly increase the sweetness of muscle.

greater than 1. CK, control group; BSF, experimental group. H, hepatopancreas.

# Discussion

Chinese mitten crabs are favored by consumers in East and Southeast Asia, including China, South Korea, and Japan, due to their unique delicious flavor (Wang et al., 2016; Wang et al., 2020). At present, with the increasing scale of mitten crab breeding, the demand for trash fish for use as traditional bait is increasing, causing problems such as fishery depletion, low breeding safety, and water pollution, which limits the further development of crab breeding (Kim et al., 2007; Xu et al., 2007; Bunlipatanon et al., 2014). BSF has been widely tested and applied as bait in animal husbandry and aquatic animal cultures (Kroeckel et al., 2012). However, studies on the effects of BSF on the flavor characteristics of aquatic animals, including mitten crabs, are limited. In this study, BSFL from industrial culture was used to replace the iced trash fish in Chinese mitten crab feed during the fattening period. The results showed that BSFL feeding significantly enhanced the flavor characteristics of crabs based on the contents of flavoring amino acids and nucleotides.

The nutrients of the BSFL are not inferior to those of fish meals. On the contrary, they contain some special ingredients, such as microelements and chitin (Lu et al., 2022). Chitin is thought to improve the immune function of animals and is more conducive to animal growth (Swiatkiewicz et al., 2015). In addition, BSFL contains rich amino acids and is considered to be a more sustainable protein source than traditional soybean meal or fish meal (Crosbie et al., 2020). The most abundant



### FIGURE 5

Effects of BSFL feeding on umami evaluation indices in edible tissues of mitten crabs. (A) TAVs of nucleotides. White boxes indicate that TAV< 1.0. (B) EUC heatmap showing the effects of various umami amino acids and nucleotides on umami flavor. CK, control group; BSF, experimental group;  $\delta$ , female crabs;  $\varphi$ , male crabs. n = 3.



essential amino acids in BSFL are leucine, lysine, and valine. The content of these three amino acids is higher than that of soybean meal, and even the content of valine is higher than that of fish meal (Müller et al., 2017; Lu et al., 2022). Surprisingly, the content of these three amino acids did not increase when the mitten crabs were fed BSFL (Table 1). The contents of DAA in BSFL were not different from those of fish meal (Muller et al., 2017). However, after feeding BSFL, the DDA content of male mitten crabs was significantly increased in muscles and gonads (Figure 1), and the major contributions were Arg, Asp, Glu, and Ala (Figure 2). The content of DDA varies significantly with different tissues and genders, which may be because the amino acid absorption of mitten crabs is gender- and tissue-specific in order to meet the amino acid requirements of various tissues. The nucleotide content in BSFL was not determined. We speculate that similar to amino acids, mitten crabs also have a selective absorption of nucleotides. Our study shows that feeding BSFL does not lead to a significant increase in amino acid and nucleotide content of mitten crabs instead of the iced trash fish, but rather the tissue-specific absorption of required amino acids or nucleotides. Therefore, feeding the BSFL did not affect the growth and development of mitten crabs, but affected the taste characteristics of the edible tissues.

Farming practice, including animal protein sources in feed, affects the composition of amino acids and nucleotides of aquatic animals (Cheng et al., 2021; Zeng et al., 2021). Recent studies have shown that the replacement of traditional feed with formulated feed alters amino acid metabolism and the relative abundance of gut microbiota in mitten crabs (Feng et al., 2021). Compared with the traditional diet, the mixed diet could improve the amino acid balance in the edible tissues of juvenile crabs (Han et al., 2021). The palatability of the *Litopenaeus vannamei* diet was significantly improved by adding the BSFL protein hydrolysate, which may be due to the

high content of free amino acids and water solubility of BSFL protein hydrolysate (Terrey et al., 2021). In the present study, Glu was the only umami amino acid with TAV greater than 1.0 in edible tissues of mitten crabs after feeding the BSFL, and there was no difference with the CK group (Table 2). After feeding the BSFL, the content of umami nucleotides in the gonads of female mitten crabs was significantly increased. (Figure 4), and the TAVs of AMP, IMP, and GMP were greater than 1.0 in at least one edible tissue (Figure 5). We speculated that single amino acid or nucleotide contributed little to the formation of umami flavor in the edible tissues of Chinese mitten crab. EUC analysis showed that the umami taste of edible mitten crab tissues was strongest in the female gonads and weakest in the male gonads. This is consistent with previously reported tasting analysis results (Xie et al., 2021). Our results indicate that the synergistic effect of amino acids and nucleotides was the main contributor to the umami flavor of mitten crab. BSFL feeding during the fattening period significantly increased the EUC of female gonads of Chinese mitten crab.

The effect of feeding BSFL on the sweetness or bitter taste of animal tissue has not been reported. The sweet amino acids Arg, Ala, Gly, Pro, and Thr have effects on the sweetness characteristics of edible tissues of Chinese mitten crab (Kong et al., 2012; Zhuang et al., 2016). SWT was calculated to quantify the effects of sweet amino acids on sweetness. The results showed that the sweetness of the edible tissues was the highest in muscle and the lowest in male gonads. After BSFL feeding, SWT in muscle increased significantly, while SWT in male gonads decreased slightly (Figure 6). The hepatopancreas of mitten crabs is the most bitter, and the bitterness of muscles and gonads is almost impossible to taste (Zhang et al., 2022). After feeding the BSFL, the TAVs of bitter amino acids in the muscle and gonads of the mitten crab were less than 1.0, while the TAVs of bitter amino acids His, Lys, Val, and Met in the hepatopancreas were significantly higher than 1.0, which had no difference with CK group (Figure 3). These results indicated that BSFL feeding did not affect the levels of bitter amino acids in the hepatopancreas.

Taken together, the replacement of iced trash fish by BSFL significantly enhanced the flavor characteristics of Chinese mitten crab based on the contents of flavoring amino acids and nucleotides. The umami taste of female gonads and the sweetness of male and female muscles were significantly improved.

# Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

# Author contributions

J-FQ: Conceptualization, Methodology, Investigation, Data curation, Formal analysis, Writing original draft, Writing review and editing, Funding acquisition. CL: Conceptualization, Methodology, Investigation, Data curation, Formal analysis, Writing original draft. L-HR: Conceptualization, Methodology. WL: Conceptualization, Investigation. T-MD: Investigation, Funding acquisition. GW: Investigation, Data curation. X-NS: Investigation, Data curation. K-CC: Investigation, Data curation. Y-HS: Data curation, Writing review and editing. S-QX: Conceptualization, Writing original draft, Writing review and editing, Funding acquisition. All authors contributed to the article and approved the submitted version.

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# Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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