



Mid-Ocean Ridge and Storm Enhanced Mixing in the Central South Atlantic Thermocline

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We investigate the spatial distribution of diapycnal mixing and its drivers in the central South Atlantic thermocline between the Rio-Grande Rise to the Mid-Atlantic Ridge. Diapycnal mixing in the ocean interior influences the slowly evolving meridional circulation, yet there are few observations of its variability with space and time or its drivers. To overcome this gap, seismic reflection data are spectrally analyzed to produce a 1,600 km long full-thermocline vertical section of diapycnal diffusivity, that has a vertical and horizontal resolution of O(10) m and spans a period of 4 weeks. We compare seismic-derived diffusivities with CTD-derived diffusivities and direct observations from 1996, 2003, and 2011. In the mean and on decadal scales, we find that thermocline diffusivities have changed little in this region, retaining a background value of 1×10^{-5} $m^2 s^{-1}$. Imprinted upon the background rates, mixing is heterogeneous at mesoscales. Enhanced mixing, exceeding 10×10^{-5} m² s⁻¹ and spreading between 200 and 700 m depth, is found above the Mid-Atlantic Ridge suggesting the ridge enhances diffusivity by at least one order of magnitude across the entire water column. Rapid decay of diffusivities within 30 km of the ridge implies local dissipation of tidal energy. Above smooth topography, patches of enhanced mixing are possibly caused by a recent storm that injects near-inertial energy into the water column and elevates mixing from 3×10^{-5} $m^2 s^{-1}$ to 50 x 10⁻⁵ $m^2 s^{-1}$ down to depths of more than 600 m. The propagation speed of near-inertial energy varies substantially from 17 to 27 m/day. Faster speed, and therefore greater penetration depths of 800 m, are probably facilitated by an eddy. Together, these data extend the observational record of central South Atlantic thermocline mixing and provide insights into drivers of mesoscale variability.

Keywords: seismic oceanography, diapycnal diffusivity, mid-ocean ridge, storm, South Atlantic

INTRODUCTION

Turbulent diapycnal mixing maintains global overturning circulation (Munk and Wunsch, 1998). Diapycnal mixing is primarily caused by breaking of internal waves that transfer energy from large to small scales, ultimately leading to irreversible mixing. Understanding the spatial and temporal distribution of mixing is important in developing ocean circulation and climate models (Harrison and Hallberg, 2008). Analytical modeling suggests that an average diffusivity of $O(10 \times 10^{-5})$ m² s⁻¹ is required to maintain abyssal stratification (Munk and Wunsch, 1998), while $O(1 \times 10^{-5})$ m² s⁻¹

OPEN ACCESS

Edited by:

Qunshu Tang, South China Sea Institute of Oceanology, Chinese Academy of Sciences (CAS), China

Reviewed by:

Zhao Jing, Ocean University of China, China Qingxuan Yang, Ocean University of China, China

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Specialty section:

This article was submitted to Ocean Observation, a section of the journal Frontiers in Marine Science

Received: 07 September 2021 Accepted: 09 December 2021 Published: 20 January 2022

Citation:

Wei J, Gunn KL and Reece R (2022) Mid-Ocean Ridge and Storm Enhanced Mixing in the Central South Atlantic Thermocline. Front. Mar. Sci. 8:771973. doi: 10.3389/fmars.2021.771973

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is required in the main thermocline (Lumpkin and Speer, 2007). However, diapycnal mixing is extremely patchy in the real world and presents a unique observational challenge.

Enhanced mixing is mostly concentrated above rough topography such as ridges (Polzin et al., 1997; Klymak et al., 2006) and seamounts (Kunze and Toole, 1997), and is associated with sustained wind input (Price et al., 1986). Barotropic tidal energy converts to internal tide energy when it flows over topography (Munk, 1966; Munk and Wunsch, 1998; St. Laurent et al., 2001) and energy input from wind propagates into the ocean interior by generating near-inertial energy in the upper ocean mixed layer (Gill, 1984; D'Asaro, 1985; D'Asaro et al., 1995; Alford, 2003a). It is clear that external energy supply for the internal wave continuum comes from tides and winds primarily. Less is known about mixing in the ocean interior, away from rough topography and strong coastal winds, in particular in the central South Atlantic thermocline due to a historical lack of observations.

Via a subtropical gyre, the South Atlantic transports surface water equatorward to compensate the southward flow of the North Atlantic Deep Water (Garzoli and Matano, 2011; Cabré et al., 2019) (Figure 1 inset). Previous research in the South Atlantic has mostly focused on low-frequency variability of its large-scale circulation (Stramma and England, 1999; Dong et al., 2015), or mesoscale variability near boundaries like the Brazil-Falkland confluence (Garzoli, 1993; Valla et al., 2018). The Brazil Basin Tracer Release Experiment (BBTRE) is the only microstructure survey in the mid-ocean of the South Atlantic (Polzin et al., 1997). The BBTRE collected microstructure measurements and discovered heightened mixing throughout much of the water column above the Mid-Atlantic Ridge (MAR). Diffusivities exceeding $100 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$ were found within 150 m of the sea floor, while rates of 1 \times 10 $^{-5}$ m 2 s $^{-1}$ are found above smooth plains (Polzin et al., 1997; Ledwell et al., 2000; St. Laurent et al., 2001). Since this experiment in the late 1990s, there have been no further direct observations of diffusivity above the MAR, so it is unknown if the observed enhanced mixing rates are representative of the mean state. At basin scales, finescale parameterization applied to Argos and Conductivity-Temperature-Depth (CTD) probes has shown that the distribution of mixing in the South Atlantic interior is spatially patchy and temporally intermittent (Sloyan, 2005; Whalen et al., 2012). However, these studies mostly focus on the global pattern of mixing; the origin and evolution of the patchy mixing in the quiescent mid-ocean remain unknown.

More recently, studies have shown that storms are an effective method of wind energy injection (Dohan and Davis, 2011). In the wake of storms, diapycnal diffusivity is enhanced by 9×10^{-5} m² s⁻¹ (Jing et al., 2015). Quantifying the effect of storms on oceanic mixing is especially difficult as they are moving, short-duration events. Conventional one-dimensional (1D) hydrographic measurements such as CTDs and Vertical Microstructure Profilers (VMPs) are unlikely to capture their effects. In particular, little is known about how storms contribute to mixing in the quiescent ocean interior, especially in basins like the central South Atlantic that are not covered by storm tracking system such as NOAA. In a warming world with increasing storm

intensity (Walsh et al., 2019), it is important to develop twodimensional (2D) tools that can yield a deeper understanding of the effects of storms on ocean mixing.

Seismic oceanography (SO) is a powerful tool that can be used to overcome these observational gaps. SO provides observations of physical processes across a horizontal length scale of $\sim O(10^5)$ m to $\sim O(10^2)$ m (Ruddick, 2018). The method utilizes low frequency (e.g., 5-120 Hz) acoustic sources and towed cable(s) containing a dense array of hydrophones to receive acoustic energy that is transmitted and reflected at boundaries created by temperature and salinity differences. Nandi et al. (2004) demonstrated that SO is able to capture temperature difference as small as 0.03°C. Sallarès et al. (2009) further confirmed that reflectivity has a stronger correlation with temperature than salinity. The frequency bandwidth of the acoustic source is capable of imaging thermohaline fine structure with lateral and vertical resolutions on the order of 10 m, meaning that the method is capable of mapping mesoscale structures such as fronts, internal waves, and eddies that are always missing in conventional hydrographic measurements. This relatively high resolution makes SO an ideal method for turbulence mixing analysis. Studies that calculated turbulent diffusivities from slope spectra of seismic reflections demonstrate the suitability of the method in exploring spatial and temporal changes of mixing (Sheen et al., 2009; Fortin et al., 2016; Mojica et al., 2018; Tang et al., 2019; Dickinson et al., 2020). The instantaneous spatial distribution of mixing derived from seismic data represents a near-full energy cascade from internal waves to turbulence (Ruddick, 2018), implying the potential use of seismic derived parameterization in future ocean models (Tang et al., 2021). When combined with hydrographic data, seismic oceanography studies can be used to overcome significant observational gaps.

Here, we present and analyze a \sim 1,600 km-long 2D seismic transect starting from the eastern edge of the Rio Grande Rise (RGR) to the MAR, covering one of the major pathways of the Atlantic meridional overturning circulation (**Figure 1**). We calculate diapycnal diffusivities across the thermocline using the slope spectra method with seismic sections, as well as using finescale parameterization with CTD and Argo data. Our primary objective is to examine the spatial distribution of mixing in the central South Atlantic thermocline and extend its observational record. We also present the most likely hypotheses for drivers of enhanced mixing. Our results extend the observational record of diapycnal mixing in the central South Atlantic thermocline by providing diffusivities in 2003, 2011, and 2016, and provide further insights into the drivers of mesoscale mixing variability.

DATA AND METHODS

Seismic Data and Processing

This research uses seismic reflection data collected during the Crustal Reflectivity Experiment Southern Transect (CREST) experiment aboard the R/V Marcus G. Langseth (Estep et al., 2019). The primary goal of the CREST survey was to investigate the evolution of oceanic crust at 30° S, and it spans the eastern edge of the RGR to the MAR, including a \sim 1,600 km-long



CTDs within 0.5° of 2011 CTDs and are not shown); red dots = Argo float trajectories between January 4 and March 5, 2016, labeled a–e; green and cyan dots = Argo floats used for mixing calculation to compare with seismic results in **Figure 6**. RGR, Rio-Grande Rise; MAR, Mid-Atlantic Ridge. Inset shows regional setting, with red box marking the location of the study area.

continuous east-west data transect (**Figure 1**). The transect sits at the center of the South Atlantic subtropical gyre and provides an opportunity to investigate the change of mesoscale mixing processes along a significant distance in a region that contains the returning limb of the Atlantic meridional overturning circulation (Cabré et al., 2019).

Seismic data were collected between January and February of 2016 (**Figure 4**). The acoustic source was a 36 bolt air-gun array with a total volume of 6,600 in³ and 37.5 m shot spacing. Acoustic records were collected using a 12.6 km acoustically sensitive cable (i.e., streamer). The streamer contained 1,008 hydrophones with 12.5 m spacing. This survey design collects repeat reflections from the same subsurface point (i.e., common mid-points, CMPs) every 6.25 m. To ensure the maximum depth of imaging to be more than 1,000 m, while maintaining a high signal-to-noise ratio for turbulence analysis, we used the first 400 near-source acoustic records.

Seismic data were processed with a standard, but adapted, processing sequence typically used to image the solid earth (Yilmaz, 2001): geometry definition, noise attenuation, CMP sorting, sound speed analysis, stacking, amplitude correction, and migration (Fortin and Holbrook, 2009; Hobbs et al., 2009). Particular adaptations were made in the noise attenuation step to produce a high-quality image of oceanic fine structures. First, an eigenvector filter is applied to remove the direct waves that overprint the first 1 s of data. Second, the relatively small shot spacing (37.5 m) generates reverberations between the sea surface and seafloor which share the same frequency range with primary signals. We filter out reverberations in the frequency-wavenumber domain based on the curvature differences between these coherent noises and primary signals in shot gathers. Thirdly, to reliably extract turbulent regimes from seismic data, random noise must be attenuated, we follow the recommendations of Holbrook et al. (2013) by applying a 30– 80 Hz band-pass filter. Lastly, shot-generated harmonic noise is suppressed by applying a notch filter centered at harmonic spikes (every 0.0267 cpm, cpm = cycles per meter) in the wavenumber domain (Holbrook et al., 2013). In addition, we implement a denoising convolutional neural network (DnCNN) to suppress random noise after stacking. We use the recommended steps and parameters of 17 layers and a mini-batch size of 128 (Zhang et al., 2017; Jun et al., 2020). We train the DnCNN model for 40 epochs and the number of iterations within each epoch is 220. After a series of noise attenuation, the signal-to-noise ratio of the entire seismic data increases by a factor of 6.

Seismic-Derived Diffusivities Background

Based on the assumption that seismic reflections are a reasonable approximation of isopycnal surfaces (Krahmann et al., 2009; Holbrook et al., 2013), studies have shown that turbulent diffusivity can be accurately measured from vertical displacement spectra of tracked reflections (e.g., **Figure 3A**) from both the internal wave subrange (Sheen et al., 2009; Dickinson et al., 2017) and turbulent subrange (Holbrook et al., 2013; Fortin et al., 2016; Mojica et al., 2018; Tang et al., 2019; Gunn et al., 2021). To clearly recognize the transition from internal wave regimes to turbulent regimes in log-log space, the vertical displacement spectra are multiplied by $(2\pi k_x)^2$ to produce the slope spectra. Here we estimate the turbulent dissipation rate ε through the slope spectra method in the turbulent subrange, φ_{ζ}^{Turb} , via a model proposed by Klymak and Moum (2007):

$$\varphi_{\zeta_x}^{Turb} = 4\pi \frac{\Gamma \varepsilon}{N^2} [C_T \varepsilon^{-\frac{1}{3}} (2\pi k_x)^{\frac{1}{3}}]$$
(1)



where $\Gamma = 0.2$ is the empirical mixing efficiency (Osborn and Cox, 1972), *N* is the horizontally averaged buoyancy frequency calculated from 22 historical CTD casts within the survey area (**Figure 2C**, black line), $C_T = 0.4$ is the Kolmogorov constant, and k_x is the horizontal wavenumber. Equation (1) produces a turbulence subrange with a slope of +1/3 in log-log space. Diapycnal diffusivity, *K*, is then calculated using the Osborn relationship (Osborn, 1980):

$$K = \Gamma \varepsilon / N^2 \tag{2}$$

where ε is spectrally estimated from seismic data and varies as a function of distance along the section and depth.

To generate high-resolution maps of diffusivity across the entire seismic section, two complementary methods are used to calculate K. These methods allow us to extract turbulent information across a range of depths and scales, as they take advantage of both low and high amplitude reflectivity (Fortin et al., 2016).

Relative Turbulent Energy From Amplitude Spectra

First, amplitude spectra are calculated following Holbrook et al. (2013) through direct Fourier data transform. These spectra are calculated directly from seismic amplitudes (i.e., no tracking) along depth slices, and are first used to identify whether the turbulent subrange exists. For the CREST data, the turbulent subrange exists between k_x 0.025–0.045 cpm (22.2–40 m) (**Figure 3B**). The advantage of using amplitude spectra is reflected in its preservation of all horizontal wavenumbers, therefore relative turbulent energy from all reflections can be extracted. In other words, amplitude spectra can provide relative levels of turbulence across the entire seismic section. However, amplitude spectra cannot provide absolute diffusivities because they are

affected by the variation of seismic amplitudes, it is necessary to scale them with absolute diffusivities calculated from slope spectra of tracked reflections (hereafter, reflector slope spectra).

Absolute Diffusivities From Reflector Slope Spectra

Reflector slope spectra are calculated based on vertical displacement of undulating reflections that follows isopycnals, they are independent of seismic amplitude and thus can be used to estimate absolute diffusivity. We calculate reflector slope spectra using Fourier transform lengths of 256 points as recommended by Holbrook et al. (2013), equivalent to a reflection length of 1.6 km. Turbulent dissipation is then estimated by fitting reflector slope spectra to model (1) within the previously identified turbulent subrange (0.025–0.045 cpm) using least square inversion. Diffusivity is then calculated using equation (2) (Figure 3C).

Using reflector slope spectra also has its limitations. Tracked reflections, that yield slope spectra, must have high amplitude and good continuity, corresponding to the steepest temperature and salinity gradients (Ruddick et al., 2009). This limitation implies that absolute diffusivities cannot be estimated from weaker and discontinuous reflections that still possess turbulent information. Lower reflection amplitudes represent lower temperature and salinity gradients, corresponding to weaker stratification regions that are prone to mixing. Discontinuous reflections could be caused by mixing instabilities such as interleaving, internal wave breaking, turbulence, and double diffusion (Tang et al., 2018). Therefore, a simple spatial smoothing of diffusivities calculated from stronger and continuous reflections over the entire seismic section could result in underestimation of diffusivities in areas of weaker and discontinuous reflections. As discussed above, because amplitude spectra preserve all horizontal wavenumbers



regardless of the strength of the reflections, we can overcome this limitation by joining and applying these two techniques in different window sizes to honor turbulent information in both types of reflections.

Combining Amplitude and Reflector Slope Spectra

The seismic section is divided into regional windows of size 6.25 km wide and 50 m deep for reflector slope spectra analysis. The size of the window is chosen to include enough reflections to minimize artifacts and provide accurate estimations of absolute diffusivities. An average reflector slope spectrum is calculated from all the tracked reflections within each regional window, and an absolute diffusivity is estimated for that window (Figure 3C). To complement the reflector slope spectra method, we calculate amplitude spectra in a much smaller window size of 400 m wide and 10 m deep. The window width is determined to include at least 10 horizontal wavelengths as calculated from the lower bound of the identified turbulent subrange (Fortin et al., 2017). Then, by integrating amplitude spectra energy over the turbulent subrange within each window, a map of relative turbulent energy across the entire seismic section can be obtained. Finally, relative turbulent energy is scaled by the absolute diffusivities within each regional window to produce the final high-resolution diffusivity map which has a horizontal and vertical resolution of 400 and 10 m, respectively (Figure 5). Fortin et al. (2016, 2017) have shown that this technique can reliably measure turbulent diffusivities from weaker reflections and seismically transparent zones where mixed water resides. Thus, these complementary techniques are able to produce high-resolution 2D maps of diffusivities. To avoid inaccurate estimation of diffusivity, seismic data shallower than 200 m are discarded because of the contamination caused by residual direct wave energy.

Depth- and Zonally-Averaged Diffusivity

We investigate the distribution of thermocline diffusivities as functions of longitude and depth by taking appropriate means (Figure 6). So that seismic-derived diffusivities are comparable with lower resolution hydrographic data, we calculate depth-averaged, zonally varying diffusivities in rolling half overlapping windows. The window starts at the beginning of line 1A to the end of line 1F, covering a total length of 1,625 km and has a width of 12.5 km, with an overlap of 6.25 km. The depth range of each window is 300–1,000 m, for which the starting depth is chosen to match Argos and CTDs depth limitations. Within each window, depth-averaged diffusivity is estimated using the average reflector slope spectrum (e.g., Figure 3C), rather than the amplitude spectra. The average diffusivity within each window is assigned to the center longitude of that window. Ultimately, we obtain depth-averaged diffusivities that span longitudes 28.3° W to 12.4° W with a sampling interval of 6.25 km (Figure 6).

Zonal-averaged, depth-varying diffusivities are calculated based on their topographic setting. Each seismic section is divided vertically into 256 m half-overlapping windows and into regions above smooth and rough topography. Within each window, an average spectrum is calculated to estimate diffusivity. Diffusivities derived from different seismic sections are normalized by the lengths of the sections then horizontally averaged to produce zonal-averaged, depth-varying diffusivities.

Error Analysis

Following Dickinson et al. (2020), we conservatively estimate an uncertainty for seismically derived diffusivities as ± 0.4 logarithmic units. This value combines sampling and methodological errors. The sampling error mostly derives from the uncertainty in *N*, which we estimate as 0.28 cph using the standard deviation of CTD data. Methodological errors include the assumption of constant C_T and Γ and the process of fitting a straight-line model to reflector slope spectra. These uncertainties have been quantified by Dickinson et al. (2020), and are 0.25 log units. Combined in quadrature, the total uncertainty is ± 0.4 logarithmic units.



Conductivity-Temperature-Depth- and Argo-Derived Diffusivities

Diffusivities are estimated from CTD and Argo data and can be seen as representative of mean and spot measurements of mixing, respectively. We estimate diffusivities from five nearby Argos and 44 co-located CTDs (Figure 1). We use CTD datasets from two repeat surveys occupying GO-SHIP A10 transect in 2003 and 2011 at 30° S (Sloyan et al., 2019). Argos were collected around the same time as the seismic survey (data downloaded from Global Argo Data Repository). All of the Argo profiles used in this study record depths larger than 1,000 m, and have vertical resolution less than 10 m. Argos b and e are ideally placed to provide spot measurements of mixing above smooth and rough topography conditions, respectively. Argo b was collected 176 km from the western end of line 1A, above the RGR, and only 2 days before the start of seismic acquisition (Figure 1, green dot). Argo e traveled across the MAR during January 2016 and is used to compare with seismically derived and depth-averaged diffusivities across the MAR (Figure 1, cyan dot). Although the Argo data are not co-located with the seismic survey, they provide meaningful measurements of the oceanic field above similar geological settings at two key locations.

From these hydrographic profiles, we computed potential density and buoyancy frequency. The selected profiles were then divided into 256 m half-overlapping segments. Following Kunze et al. (2006), the shallowest segment (0–256 m) is discarded due to the presence of sharp pycnoclines. For the remaining segments, we use a strain-based finescale parameterization to estimate ϵ (Kunze et al., 2006):

$$\varepsilon = \varepsilon_0 \frac{\overline{N^2}}{N_0^2} \frac{\left(\xi_z^2\right)^2}{\left(\xi_z^2\right)_{GM}^2} H(R_\omega) L(f, N)$$
(3)

 $\varepsilon_0 = 6.73 \times 10^{-10} \text{ m}^2 \text{ s}^{-2}$, $N_0 = 5.24 \times 10^{-3} \text{ rad s}^{-1}$, $\langle \xi_z^2 \rangle$ is the observed strain variance, $\langle \xi_z^2 \rangle_{GM}^2$ is the strain variance from the Garrett-Munk model spectrum (Garrett and Munk, 1975). $\overline{N^2}$ is the vertically averaged buoyancy frequency for each segment, which is estimated as linear fits to the specific volume anomaly depth profiles using the adiabatic leveling method (Bray and Fofonoff, 1981). $H(R_{\omega})$ is a function related to the shear-to-strain ratio R_{ω} , which is set to 7 in this study (Kunze et al., 2006). L(f, N) is a correction for the effects of latitude (Gregg et al., 2003). Finally, the diffusivity is given by equation (2).

RESULTS

Thermocline Structure

The thermocline is visible as a 1,000 m thick band of reflectivity that extends 1,600 km across all seismic sections and is consistent with the regional temperature structure (**Figures 2A**, **4**). Between 0 and 800–900 m depth, we observe stronger reflections and weaker reflectivity at greater depths. This vertical distribution of reflection amplitude corresponds to highly stratified SACW and weakly stratified AAIW, respectively (**Figure 2**). At 800–900 m depth, weakening reflection amplitude shows zonal variability indicating that the depth of the SACW/AAIW boundary shoals eastward by 100 m (**Figure 4,1A**).

Within the thermocline, reflectivity varies greatly in the lateral direction, changing from longer, higher amplitude to, shorter, lower amplitude and more disrupted reflectivity. Mesoscale patches of high-amplitude and more continuous reflectivity suggest the presence of eddy-scale processes, these patches extend to depths of 900 m and across tens of kilometers zonally (**Figure 4**, red boxes). Between 90 km and 150 km (**Figure 4**, blue boxes), a set of shorter, discontinuous reflections dip to the east which we interpret as a shear event typical of the region.

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We do not observe submesoscale structures here, although these are often found in more energetic ocean environments such as boundary currents.

Above the MAR, reflections are clearly disrupted. In line 1F from 80 to 150 km weaker discontinuous reflections can only be seen from the surface down to 700 m (**Figure 4**, black box and arrow). This anomalous patch of low reflectivity extends approximately 30 km on either side of the ridge. Data below 700 m are severely contaminated by noise that has been diffracted by the hard igneous seafloor of this mid-ocean ridge and is too complicated to be sufficiently removed using noise attenuation.

Diffusivity of the Central South Atlantic Thermocline

Across the 1,600 km section of the central South Atlantic thermocline, the mean seismic-derived diffusivity is 3.96×10^{-5} $m^2 s^{-1}$ (Figure 5). The value is similar to the microstructure observations made almost 20 years earlier in the Brazil Basin at longitudes of 28° W to 16° W (Polzin et al., 1997). The authors found a mean diffusivity of $1-5 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$ in the upper 1,000 m of the water column. These seismic-derived (2016) and microstructure (1996) values are also consistent with CTDderived diffusivities, which can be seen as representative of means for 2003 and 2011. The mean CTD estimates for 2003 and 2011 are 7.45×10^{-5} m² s⁻¹ and 4.15×10^{-5} m² s⁻¹, respectively. The 2003 estimate is biased high by an anomalously elevated diffusivity around 13.5° W (Figure 6, green line). When this point is removed, the mean decreases to $3.57 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$ which is remarkably consistent with the 2011 measurement and the mean seismic-derived diffusivity.

The spatial standard deviation of the seismic estimates is of a similar magnitude, $2.9 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$, to the mean revealing

the heterogeneity of the thermocline diffusivities. Variability is clearly related to variations in the thermocline structure, as we observe a strong correlation between seismic reflection amplitudes (i.e., strength of stratification) and corresponding diffusivity maps. Weaker and discontinuous reflections are found to have an average diffusivity of $4.79 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$, a factor of four greater than locations dominated by stronger and more continuous reflections that have a mean value of 1.2×10^{-5} $m^2 s^{-1}$. This spatial correlation is most apparent in lines 1A,B. From the beginning of line 1A to about 90 km [Figure 4,1A (red box)], where seismic reflections appear to be stronger and laterally continuous, the corresponding diffusivity map shows low diffusivities close to the canonical value of $1 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$ [Figure 5,1A (red box)]. However, starting at 100 km and moving eastward into line 1B, the strength of seismic reflections diminish as they become discontinuous [Figures 4,1A,B (blue boxes)], while diffusivities start to increase to the level of $10 \times 10^{-5} \text{ m}^2$ s⁻¹ from shallower water (\sim 250 m) into deeper water (\sim 900 m). In line 1B, at about 120 km, diffusivities start to gradually increase from deeper water (\sim 800 m) to shallower water (\sim 300 m), and eventually form a bowl-shape region populated by diffusivity hotspots across lines 1A,B [Figures 5,1A,B (blue boxes)]. Similar correlation patterns between the seismic images and diffusivity maps can also be observed in all remaining profiles.

Taken as a whole, there are identifiable mesoscale patterns in the diffusivity. In areas that show elevated diffusivities, diffusivity hotspots of 7.5–10 \times 10⁻⁵ m² s⁻¹ largely dominate, while scattered higher diffusivities of 20–50 \times 10⁻⁵ m² s⁻¹ also exist. These hotspots are mostly located in the upper 600 m, with an exception in line 1B from 50 to 100 km where they spread deeper than 800 m. In lower diffusivity regions, we see the canonical background value of 1 \times 10⁻⁵ m² s⁻¹ that mostly resides in



the mid-depth from 400 to 800 m; diffusivities are slightly higher outside of this depth range.

Above the MAR, we observe the highest diffusivities of 25– 50 × 10⁻⁵ m² s⁻¹ that are densely distributed from 80 to 150 km within the 300 to 700 m depth range (**Figure 5,1F**). These estimates show that diffusivities are enhanced by an order of magnitude compared with background values. No reflections were tracked below 700 m because of severe noise contamination, which hinders our ability to reliably calculate diffusivities at deeper depths (**Figures 4, 5,1F**). Nevertheless, the signal-to-noise ratio for the 300–700 m depth range is high enough for diffusivity estimation. Away from the ridge crest, diffusivities rapidly decay to about 1×10^{-5} m² s⁻¹ within ~30 km.

Zonal Variability of Diffusivities

Depth-averaged diffusivities reveal zonal variability in thermocline diffusivity, which is heterogenous of mesoscale length scales. Depth-averaged diffusivities vary from 0.9×10^{-5} to 12.6×10^{-5} m² s⁻¹, with the highest diffusivity above the MAR. Around 26° W, there is a second region of elevated diffusivity of 6.5×10^{-5} m² s⁻¹. Diffusivities are lowest in the west at approximately 1×10^{-5} m² s⁻¹. These depth-averaged diffusivities serve as an instantaneous snapshot of mixing during February 2016. They reveal that there is no zonal trend in diffusivities, rather diffusivities are enhanced in localized patches.

We now compare seismic-derived diffusivities to hydrographic-derived and depth-averaged diffusivities. CTDderived and depth-averaged (mean taken over 300-1,000 m) diffusivities that vary with longitude range between 0.6×10^{-5} $m^2 s^{-1}$ and $85 \times 10^{-5} m^2 s^{-1}$ (GO-SHIP 2003, 2011; Figure 6, green and yellow line). The CTD estimates increase by one order of magnitude at the MAR. Two Argo profiles above smooth and rough topographic conditions serve as spot measurements of turbulence tuned to differing bathymetric conditions (Figure 6, magenta squares). The diffusivity calculated from Argo b (smooth) is 0.5×10^{-5} m² s⁻¹, it has a similar magnitude to the western end of line 1A, which has a seismic-derived diffusivity of 0.9×10^{-5} m² s⁻¹. Diffusivities above the rough topography of the MAR calculated from Argo e $(37 \times 10^{-5} \text{ m}^2 \text{ s}^{-1})$ and seismic $(12 \times 10^{-5} \text{ m}^2 \text{ s}^{-1})$ are both one order of magnitude higher than over smooth topography and are within error of each other (Figure 6).

Depth Variability of Diffusivities Over Different Topographic Settings

Zonally averaged diffusivities reveal the depth response of thermocline diffusivities over smooth (Figures 7A-C) and rough (Figures 7D-F) topographic settings. Above smooth topography, diffusivities are fairly constant with depth and are typically $1 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$. There is little difference between the seismicand CTD-derived diffusivities here. Above rough topography, diffusivities are enhanced everywhere in the upper 700 m, and are 5.5 \times 10⁻⁵ m² s⁻¹ for seismic-derived estimates and 2.7×10^{-5} m² s⁻¹ to 17×10^{-5} m² s⁻¹ for CTD-derived estimates (Figures 7D,E). Below 700 m, seismic data cannot reliably recover diffusivities because of noise contamination, and the CTD data are used to fill this gap. The deep CTD-derived estimates show a sharp increase from 600 to 1,000 m (Figure 7D). We find that, at 30° S in the South Atlantic Ocean, diffusivities across the entire thermocline (up to 1,000 m depth) are modified by the presence, or lack of, rough topography (e.g., compare Figures 7C,F).

DISCUSSION

Here, we extend the observational record of ocean interior diapycnal mixing in the central South Atlantic, and, for the first time, we resolve diffusivities at mesoscale lengths for this location. High-resolution seismic diffusivity maps provide an unprecedented view of the variability of diapycnal mixing across 1,600 km of the thermocline. By combining high-resolution seismic-derived diffusivities with low spatial resolution CTDderived and low temporal resolution Argo-derived diffusivities, we can assess the likely drivers of mixing in this location.

Temporal and Spatial Variability of South Atlantic Thermocline Diffusivities

At synoptic (~1,000 km) and decadal scales, the background diffusivity of the South Atlantic thermocline has changed little at this location. In 1996, direct turbulent diffusivities measurements across the Brazil Basin revealed that the upper 1,000 m of the South Atlantic typically had diffusivities of around 1– 5×10^{-5} m²s⁻¹ (Polzin et al., 1997). CTD-derived mixing estimates from 2003 and 2011 also show a mean diffusivity of $3-4 \times 10^{-5}$ m²s⁻¹, while seismic data collected in 2016 show



a similar mean diffusivity in the upper 1,000 m of 4×10^{-5} m² s⁻¹. Taken together, these four decadal snapshots (1996, 2003, 2011, and 2016) suggest that there is little variability in the mean diffusivity of the thermocline. Using a global coupled climate model, Hieronymus et al. (2019) found that oceanic background diffusivity has a significant impact on the climate. They found that increased background diffusivity leads to increased meridional heat transport and stronger overturning in the ocean. Our observations suggest that on decadal time-scales the mean thermocline diffusivity has changed little in this location, which may imply steady meridional overturning circulation in the South Atlantic thermocline.

Imprinted upon the background diffusivity, we show that diffusivities are heterogeneous and can be enhanced by up to one order of magnitude. Regions of high mixing correspond to seismic transparent zones or disrupted reflections. The correlation between seismic reflectivity and turbulent mixing is typical of seismic oceanography studies (Dickinson et al., 2017; Fortin et al., 2017; Tang et al., 2021) and these observations have shown that higher reflectivity is caused by sharper temperature and salinity gradients, hence stronger stratification, while lower reflectivity represents weaker stratification that facilitates mixing or homogeneous water masses. Weakened reflectivity above the MAR corresponds to enhanced mixing and weaker stratification (Figure 4, black box). Seismic-derived, CTD-derived, and Argoderived diffusivities are all enhanced by an order of magnitude. This result is consistent with lower resolution diffusivity measurements made by Polzin et al. (1997), who showed that diffusivities exceed $1 \times 10^{-5} \text{ m}^2 \text{s}^{-1}$ in the thermocline above the ridge. Depth-averaged N shows stronger stratification (2.13) cph) above smooth plains compared to weaker stratification (2.01 cph) above the MAR (Figure 2C). The high resolution and depth coverage of the seismic data also reveal that mixing across the entire thermocline (200-1,000 m) is enhanced within 30 km of the ridge. Away from the ridge, several other patches

of high-diffusivity are observed that also correspond with low amplitude and disrupted reflectivity.

The spatial heterogeneity of mixing suggests that the midocean thermocline is not quiescent. Enhanced mixing in the ocean interior is primarily caused by breaking of internal waves (Gregg et al., 2003) for which the energy input generally comes from tidal flows impinging upon topography (Munk and Wunsch, 1998) and wind forced near-inertial waves below the mixed layer (D'Asaro, 1985; Alford, 2003b). We discuss the possible drivers of observed enhanced mixing below.

Drivers of Enhanced South Atlantic Thermocline Diffusivities

Rough Topography at the Mid-Atlantic Ridge

Enhanced mixing in the thermocline above the MAR is most likely driven by barotropic tides impinging on the rough bathymetry of the ridge. Due to a lack of observations, the effect of the MAR on upper water column (<1,000 m) mixing has been less clear than its effect on abyssal water. Here, both seismic-derived and hydrographic-derived estimates of K show that diffusivities across the entire water column are enhanced by at least one order of magnitude compared with background values. These rates are consistent with shallow microstructure observations above mid-ocean ridges (Polzin et al., 1997; Mauritzen et al., 2002; St Laurent and Thurnherr, 2007) and recent work by Li and Xu (2014) who found the influence of rough topography on turbulent mixing can extend 3,300 m upward into the ocean interior. Seismic estimates (limited to 700 m) show larger diffusivities at shallow depths (Figure 5,1F), while microstructure measurements show that diffusivities increase significantly below 700 m depth, as found by Polzin et al. (1997). Therefore, it is also possible that an upward source or mesoscale oceanic process is enhancing the shallow mixing further and is only captured by the high-resolution siemsic data. Due to the presence of the ridge and consistency of these high diffusivities over time, we conclude that at 30° S, the MAR enhances diffusivities across the entire water column by at least one order of magnitude.

The rapid decay of diffusivities within \sim 30 km away from the MAR is shorter than similar decays of \sim 60 km at the Hawaiian Ridge and the Mariana Ridge (Klymak et al., 2006; Tang et al., 2021). This discrepancy indicates that at the Hawaiian Ridge and the Mariana Ridge, a large portion of tidal energy radiates away, while at the MAR, a significant portion of tidal energy is dissipated locally, which is consistent with previous interpretations (Waterhouse et al., 2014).

Storm and Eddy

The causes of enhanced mixing over smooth topography are less clear. Irregular patches of enhanced mixing in these seismic lines could be caused by a variety of mechanisms, such as dissipation of high-mode near-inertial energy, breaking of low-mode tidal or near-inertial waves through wave-wave interactions, and energy dissipation through mesoscale eddy fields (MacKinnon et al., 2013). Numerical studies predict enhanced mixing caused by dissipation of semidiurnal tides near latitudes of 29° N/S (MacKinnon and Winters, 2005; Simmons, 2008).

Of these mechanisms, wind-induced mixing is the most pervasive globally (Alford et al., 2016). Winds inject energy into the ocean through wind stress impulses such as traveling midlatitude storms. These storms can excite frequency response in the near-inertial band and generate near-inertial internal waves (Pollard, 1970; Gill, 1984; Alford et al., 2016). Horizontal convergence and divergence of the ocean's mixed layer can provide pathways for wind injected energy to propagate downward and eventually generate near-inertial waves in the stratified water below (D'Asaro, 1985; D'Asaro et al., 1995; Young and Jelloul, 1997). Much of the energy exerted by winds goes into low-mode near-inertial waves that propagate for great distances (D'Asaro et al., 1995; Alford, 2003b), while the remaining portion oscillates as high-mode near-inertial waves that promote mixing because of their potential for higher shear (Alford and Gregg, 2001; Alford, 2010). Thus, in our study, enhanced mixing over smooth topography may reveal the energy cascading process of high-mode near-inertial waves breaking into small-scale turbulence during downward propagation. In addition, using Lagrangian observations, Chaigneau et al. (2008) showed that winds inject near-inertial energy into the mixed layer in the subtropical South Atlantic. Given this knowledge and our observations of mixing hotspots are mostly above 600 m depth, we hypothesize that the observed enhanced mixing above smooth topography is wind-induced and modified by mesoscale currents in the mixed layer. We explore this hypothesis by analyzing wind stress data and sea-surface geostrophic currents.

Spatial and Temporal Variability of Wind Stress

We now assess the likelihood of a storm driving unusually elevated diffusivities in the mid-ocean. Since rays of near-inertial waves propagate horizontally as well as downward, the location of wind energy input may not be the same as enhanced mixing. Theoretical modeling suggests that at 30° S, near-inertial waves travel \sim 330 km horizontally before reaching the seafloor (Garrett,

2001). Therefore, we evaluate if strong winds were present prior to and within ± 3 degree (in both zonal and meridional directions) of the seismic survey. Six hourly wind speed data from the NCEP reanalysis 2 (Kanamitsu et al., 2002) are converted to wind stress using the method of Large and Pond (1981). Wind stress is then averaged within the geographic boundary of 33° W, 9° W, 27° S, 33° S for 60 days before the survey (Figure 8). This time span of 60 days is chosen given a near-inertial wave propagating vertically to 800 m depth with a speed of 13 m day $^{-1}$. The depth limit of 800 m is determined from the maximum depth of enhanced mixing observed in profile line 1B (Figure 5,1B). 13 m day⁻¹ is chosen to approximate the mean downward propagation speed for near-inertial waves, and is based on a 2year record of acoustic Doppler current profilers (Alford et al., 2012). Given these time and space limits, we now investigate the temporal and spatial variability of wind around the seismic survey and its relation to enhanced mixing above smooth topography.

Over the 60-day period before the seismic survey, wind stresses greater than 8 standard deviations from the mean occur about 30 days prior to the survey between January 01 and January 08, 2016 (**Figure 8A**, upper panel). We interpret this high wind stress event as a storm. After linearly interpolating the wind stress on an hourly time grid, we use a Butterworth bandpass filter to extract the wind stress in the near-inertial band of 0.8f-1.2f, where f is the Coriolis frequency. Slight changes of lower and upper bounds of the near-inertial band do not significantly affect the results of this analysis. The storm shows a substantial increase in strength within the near-inertial band compared to the rest of the 60-day period (**Figure 8A**, lower panel), which indicates the important role of this storm in injecting near-inertial energy into the ocean interior.

We spatially track the storm across the seismic survey location by calculating average wind stress along 30° S with a series of rolling windows. Each window has size $4^{\circ} \times 4^{\circ}$ and is centered every 2° from 30° W to 12° W (Figures 8B-K). The movement of the storm correlates with the zonal trends of diffusivities. First, higher wind stresses with higher strength in the near-inertial band are shown from 32° W to 14° W during the time of the storm (Figures 8B-I), consistent with the locations of enhanced mixing in seismic derived diffusivity sections (Figure 5,1A-E). Second, the far eastern end of the seismic survey that is above the MAR (15° W to 12° W) did not experience wind forcing as high as regions further west (Figures 8J,K). Correspondingly, we observe lower diffusivities at this location (Figure 5, from the eastern end of lines 1E,F). We note that weaker wind forcing and lower diffusivities at both sides of the MAR provide additional support to our interpretation above - enhanced mixing directly above the MAR is caused by rough topography. The enhanced mixing on lines 1A-E is likely caused by this storm for three reasons: (i) there were no other wind stress peaks within the relevant time range, (ii) enhanced diffusivities track the movement of the storm, and (iii) this region is away from topographic boundaries.

Argo-derived diffusivities support our hypothesis of storminduced mixing (**Figures 1**, **9**). Argos a, b, c, d were selected because they are within the region of the storm during the time span of the analysis. All Argos show enhanced mixing over a depth range of 300–600 m after wind forcing (**Figure 9**, red



shading), although the timing and strength of these changes vary substantially. Argo a experienced a relatively high level of mixing throughout the time of our analysis. The reason of higher diffusivity of $8.1 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$ before the storm is unknown, however, there is a noticeable increase of mixing from 3.9×10^{-5} $m^2 s^{-1}$ to 9.9 × 10⁻⁵ m² s⁻¹ after the storm around January 15, then diffusivities maintained above the level of $5.2 \times 10^{-5} \text{ m}^2$ s^{-1} . Argo b shows enhanced mixing during and after the storm, diffusivities increased significantly from $2.4 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$ to 23×10^{-5} m² s⁻¹ in the time of December 26 to January 15. Argo c and d show enhanced mixing during the storm but diffusivities decrease immediately afterward. We also notice a significant increase of diffusivities in Argo a, b, and c about 50, 60, and 30 days after the storm, respectively, while there was no apparent increase in wind stress during these periods of time (Figure 8A). There are two possible reasons for the differences. The first is out

of plane effects and the second is local mesoscale flows. While we analyze the diffusivities as a function of time, Argo floats change their spatial location. All floats traveled about 100 km during the time span of analysis (**Figure 10**). Their Lagrangian behavior means that the diffusivities in **Figure 9** do not reflect changes in time at a fixed location. Therefore, other oceanic processes may affect the recovered diffusivities. For example, energy from other events such as wave-wave interactions and near-inertial waves propagating in from elsewhere can have effects on the observed mixing pattern (Plueddemann and Farrar, 2006). However, it is beyond the scope of this contribution to account for out-of-plane influences.

On the other hand, local mesoscale processes may cause differences between the distribution of ocean mixing and the presence of wind stress at the sea surface. For example, the presence, or lack thereof, of mesoscale eddies has been shown



storm. Error bars represent standard errors.

to play an important role in controlling downward propagation of near-inertial energy (Zhai et al., 2005), resulting in different speeds of downward propagation at different times and locations. From the seismic data, we use the different depths of enhanced mixing (Figure 5) and a period of 30 days to calculate the downward propagation speeds of near-inertial energy and find a large range of 17-27 m/day. Furthermore, mismatches between the patterns of wind stress and diffusivities suggest that local mesoscale flows are playing a role in distributing near-inertial energy. For example, the western end of the seismic survey (line 1A) shows the lowest diffusivities while the wind stress was high (Figure 8B). Similarly, we observe diffusivities slightly higher than the background level between 22° W and 20° W (**Figure 6**), but the wind stress around this region shows sharp spikes in the near-inertial band (Figures 8G,H). Since this region hosts an energetic eddy field, we now consider the possible impact of mesoscale eddies in the mixed layer on propagation of windinduced near-inertial energy.

Possible Contribution of Eddies

We use satellite observations of sea surface geostrophic current velocities to investigate mesoscale eddies in the mixed layer during the time of the storm. **Figure 10** shows the evolution of sea surface geostrophic current velocities from January 03, 2016 to February 14, 2016, covering the time period from the start of the storm to the end of the seismic survey (each plot is separated by 2 weeks). An anticyclonic eddy, centered around 30° W, 31° S and identified by high velocities of ~ 0.35 m s⁻¹, is present during the storm. The intensity of the eddy weakens as time goes by Figures 10A-D. The eastern and western portions of seismic lines 1A,B, respectively, cross the easterly side of the eddy. Here, we observe enhanced mixing that propagates to depths greater than \sim 800 m in line 1B (Figure 6,1B). The convergence of high velocity currents at this location suggests more complex structures of mesoscale flows compared to other locations (Figure 10A), which could be an explanation for the deeper penetration of enhanced mixing in line 1B. If we consider the eastern edge of the eddy as the input location of deep propagating energy, the location of the deepest penetration is at 50-100 km in line 1B, implying near-inertial energy propagates both vertically and laterally. These findings are consistent with limited previous observations (Jing et al., 2011; Whalen et al., 2018) and numerical studies (Danioux et al., 2008) that reveal the importance of mesoscale eddies in draining energy to great depths. Taken together, these observations suggest that mesoscale eddies enhance the depth-penetration of wind-induced mixing from 600 to 800 m.



Real-time (OSCAR) satellite measurements. Black lines = seismic survey lines. Orange dots = the trajectory of the Argo floats a-e shown in **Figure 1**. Red dots = the positions of the Argo floats closest to the date of the satellite measurements. **(B–D)** Same as **(A)** but separated 2 weeks apart following **(A)**.

To summarize, we hypothesize that wind generated nearinertial energy is a likely candidate for the enhanced mixing away from rough topography, with surface mesoscale flows playing an important role. The enhanced diffusivities we observe are higher than the background level by an order of magnitude in some cases. If our hypothesis of wind-induced mixing holds true, given that the seismic survey was conducted in a non-stormy season, our results demonstrate that wind-induced mixing plays an important role in the central South Atlantic thermocline diffusivities.

CONCLUSION

We map vertical diffusivities across 1,600 km of the central South Atlantic thermocline using six seismic reflectivity sections, CTD, and Argo data. Seismic reflectivity yields continuous high-resolution diapycnal diffusivity maps of the thermocline during February 2016. These data help to overcome observational limitations since they yield full-thermocline vertical sections that have a horizontal extent of 1,600 km length, vertical and horizontal resolution of O(10) m, and that span a period of 4 weeks. Meanwhile, CTD data from 2003 and 2011 provide low spatial resolution diffusivity estimates that can be seen as representative of the time mean. Argo data provide spot measurements and Lagrangian tracers of mixing over different topographic settings and at different times. Together, these data extend the observational record of diapycnal mixing in the ocean interior and provide insights into the variability and drivers of mixing.

The South Atlantic thermocline is seismically imaged as an 800–900 m band of reflectivity with no clear submesoscale patterns within it (**Figure 4**). Seismic-derived and CTD-derived diffusivities show that, in the mean, thermocline diffusivities have remained relatively consistent at close to or less than 1×10^{-5} m² s⁻¹ since the 1990s (**Figures 5**, **6**). We find low/high diffusivities over smooth/rough topography, and these values are particularly enhanced over the Mid-Atlantic Ridge $(25-50 \times 10^{-5} \text{ m}^2 \text{ s}^{-1})$. Imprinted upon the synoptic scale mean, mixing is heterogeneous, showing enhanced diffusivities that exceed the background level of $1 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$ in many regions where reflections are weaker and disrupted (**Figures 5**–7).

We examined the most likely drivers of mixing variability (Figures 8-10). Above the Mid-Atlantic Ridge, diffusivities are enhanced by barotropic tides impinging on the rough bathymetry of the ridge. The rapid decay of diffusivities within \sim 30 km away from the ridge implies local dissipation of tidal energy. Above smooth topography, we hypothesize that with limited hydrographic data, we cannot fully decipher what caused the enhanced mixing above smooth topography, however, our best assessment suggests it is likely caused by localized windgenerated near-inertial energy (i.e., a storm). The dissipation of such energy during downward propagation resulted in elevated diffusivities ranging from 3×10^{-5} m² s⁻¹ to 50×10^{-5} m² s⁻¹. The loci and depth of energy propagation vary substantially, possibly affected by the surface wind forcing and mesoscale flows in the mixed layer. The maximum depth of enhanced mixing is about 800 m, taking place close to the edge of an anticyclonic eddy, suggesting mesoscale eddies encourage deeper propagation of near-inertial energy.

The interaction between surface wind, mesoscale flows in the mixed layer, and high mode near-inertial waves is a complex process that remains poorly understood. It is beyond the scope of this study to fully explain the heterogeneity of mixing along the entire seismic survey with limited hydrographic measurements. However, high-resolution seismic observations along with concurrent hydrographic and wind measurements provide an opportunity to untangle these mechanisms. More simultaneous observations are needed in the vicinity of rough topography and strong storm forcing regions to improve our understanding of the global mixing budget and to contribute to more accurate ocean circulation and climate models.

DATA AVAILABILITY STATEMENT

Publicly available datasets were analyzed in this study. These data can be found here: Seismic field data are available at the NSF-sponsored Academic Seismic Portal hosted by Lamont-Doherty Earth Observatory (https://www.marine-geo.org/ tools/search/entry.php?id=MGL1601). GO-SHIP observations were downloaded from CLIVAR and Carbon Hydrographic Data Office (https://cchdo.ucsd.edu/) for expocodes A10 49NZ20031106 and 33RO20110926. Argo data were downloaded from the Global Argo Data Repository (https://www.ncei.noaa. gov/products/global-argo-data-repository). Ocean Surface Current Analysis Real-time (OSCAR) and NCEP 2 wind speed datasets were extracted from the following ERDDAP website, respectively: https://upwell.pfeg.noaa.gov/erddap/index.html and https://apdrc.soest.hawaii.edu/erddap/index.html.

AUTHOR CONTRIBUTIONS

JW and RR conceived the research project. JW carried out data analysis with guidance and wrote the manuscript with contributions from KG and RR. All authors contributed to the article and approved the submitted version.

FUNDING

CREST was supported by the National Science Foundation (NSF) grant OCE-1537108 to Texas A&M University.

ACKNOWLEDGMENTS

We thank the captain, crew, and science party of cruise MGL1601 of the R/V Marcus G. Langseth for their expert assistance during the CREST cruise. We are grateful to W. Fortin for generously providing codes and instructions for calculating highresolution diffusivity maps. We also thank Q. Tang, K. Sheen, R. Hobbs, J. Estep, H. Potter, R. Hetland, S. Holbrook, and R. Schmitt for their help. Seismic processing was carried out using Seismic Unix (https://github.com/JohnWStockwellJr/SeisUnix) and the Paradigm seismic software applications, Echos, provided by Emerson. Hydrographic measurements were analyzed using the GSW TEOS-10 equation of state for seawater (github.com/ TEOS-10/GSW-Python).

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