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[Cost-effectiveness analysis of](https://www.frontiersin.org/articles/10.3389/fimmu.2024.1477146/full) [benmelstobart, anlotinib, and](https://www.frontiersin.org/articles/10.3389/fimmu.2024.1477146/full) [chemotherapy in extensive-stage](https://www.frontiersin.org/articles/10.3389/fimmu.2024.1477146/full) [small-cell lung cancer](https://www.frontiersin.org/articles/10.3389/fimmu.2024.1477146/full)

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Background: The ETER701 trial assessed the efficacy and safety of benmelstobart combined with anlotinib plus etoposide/cisplatin (BEN-AL-EC) as a first-line therapy for extensive-stage small-cell lung cancer (ES-SCLC). Results indicated that BEN-AL-EC, when compared with placebo in combination with etoposide/ cisplatin (PLB-EC), significantly enhanced both progression-free and overall survival rates, while demonstrating an acceptable safety profile among patients with ES-SCLC. However, BEN-AL-EC is expensive, necessitating its costeffectiveness analysis.

Methods: A Markov model with three health states was developed to evaluate the cost-effectiveness of BEN-AL-EC, AL-EC and PLB-EC for the treatment of ES-SCLC from the perspective of the Chinese healthcare system. Drug costs were derived from national tender prices, whereas other costs and utility values were derived from published literature. The key outcomes assessed included total costs, quality-adjusted life years (QALYs), and incremental cost-effectiveness ratios (ICERs). Sensitivity analyses, including one-way and probabilistic analyses, were performed to assess the robustness of the model.

Results: The total cost of BEN-AL-EC was \$55,117.42, yielding 1.09 QALYs, whereas that of PLB-EC was \$15,238.15, yielding 0.71 QALYs. The ICER of BEN-AL-EC compared with PLB-EC was \$106,249.42 per QALY gained. At a willingness-to-pay threshold of \$38,133 per QALY, BEN-AL-EC had a 0% probability of being cost-effective relative to PLB-EC. The key parameters influencing these outcomes included utility values for PFS, the cost of benmelstobart, and the discount rate.

Conclusion: From the perspective of the Chinese healthcare system, BEN-AL-EC as a first-line treatment for ES-SCLC is unlikely to be cost-effective when compared with PLB-EC.

KEYWORDS

cost-effectiveness, benmelstobart, anlotinib, chemotherapy, first-line treatment, extensive-stage small-cell lung cancer

1 Introduction

Small-cell lung cancer (SCLC) is a highly aggressive subtype of lung cancer, accounting for approximately 15% of all lung cancer cases ([1](#page-7-0)). It is characterized by rapid cell proliferation and a tendency to quickly spread to other parts of the body, leading to a poor prognosis [\(2\)](#page-7-0). More than 60% of patients with SCLC have extensive-stage disease at the initial diagnosis ([3](#page-7-0)). Platinum-based chemotherapy combined with etoposide is the standard first-line treatment for extensive-stage SCLC (ES-SCLC); however, most patients have a median survival of only 9–11 months after treatment ([4\)](#page-7-0). Moreover, recent clinical studies have shown that the addition of immune checkpoint inhibitors (ICIs) to platinumbased chemotherapy increases the median survival of patients with ES-SCLC by only 2–4 months ([5](#page-7-0)–[8](#page-7-0)). Therefore, developing novel treatment strategies for ES-SCLC is necessary.

Anti-angiogenic drugs, such as anlotinib, can synergize with ICIs, thereby enhancing the therapeutic efficacy of the latter in various cancers [\(9,](#page-7-0) [10](#page-7-0)). Recently, a phase III clinical trial (ETER701) evaluated the efficacy and safety of benmelstobart, an ICI, combined with anlotinib plus etoposide/cisplatin (BEN-AL-EC) as a first-line treatment for ES-SCLC. The results indicated that compared with placebo combined with etoposide/cisplatin (PLB-EC), BEN-AL-EC significantly increased the median progression-free survival (PFS) (4.2 months versus 6.9 months) and overall survival (OS) (11.9 months versus 19.3 months) in patients with ES-SCLC, with an acceptable safety profile ([11](#page-8-0)).

Although BEN-AL-EC may prolong the survival of patients with ES-SCLC, its cost-effectiveness should be carefully considered when adopting it as a therapeutic regimen, as it is inevitably more expensive than PLB-EC. To date, the cost-effectiveness of BEN-AL-EC as a firstline treatment for ES-SCLC has not been evaluated. Therefore, this study aims to assess the cost-effectiveness of BEN-AL-EC, relative to PLB-EC, as a first-line therapeutic strategy for ES-SCLC in the context of the Chinese healthcare system. The findings are reported by the CHEERS 2022 guidelines [\(Supplementary Table A\)](#page-7-0) [\(12\)](#page-8-0).

2 Methods

2.1 Model construction

The TreeAge Pro 2022 software was used to construct a Markov model to assess the cost-effectiveness of BEN-AL-EC, anlotinib plus etoposide/cisplatin (AL-EC), and PLB-EC in the treatment of ES-SCLC (Figure 1). The model incorporated three health states, namely, PFS, disease progression (PD), and death. The length of each cycle of the model was set at 21 days, totaling 130 cycles over an approximate duration of 7.5 years, by which 99% of patients were expected to be deceased. We assume that all patients enter the model in a PFS state [\(13\)](#page-8-0). During the model's operation, patients exhibit a unidirectional health trajectory, where they can either sustain their present health status or transition to a subsequent state of health improvement, without the possibility of regression to a prior health condition. We incorporate background mortality rates from China into the model as well ([14](#page-8-0)). Model outcomes included the total costs, quality-adjusted life years (QALYs), and incremental cost-effectiveness ratios (ICERs). Consistent with the Chinese Pharmacoeconomic Evaluation Guideline ([15](#page-8-0)), the willingness-topay (WTP) threshold was set at three times the 2023 Chinese per capita GDP (i.e., \$38,133 per QALY). A treatment strategy was considered cost-effective if its ICER was below this threshold.

2.2 Clinical information

Data on drug efficacy and safety were obtained from the ETER701 trial ([11](#page-8-0)), a randomized, double-blind, phase 3 clinical trial conducted at 72 centers across China. The inclusion criteria

were as follows: 1) patients aged 18–75 years and 2) patients who had histologically confirmed ES-SCLC and did not previously receive systemic therapy. Eligible patients were randomly allocated to the BEN-AL-EC, AL-EC or PLB-EC treatment regimen. Patients preferred to undergo 4 cycles of induction therapy, with each cycle lasting 3 weeks. Patients who achieved a complete or partial response and those who had stable disease with manageable toxicity subsequently received maintenance therapy. During induction therapy, benmelstobart was administered intravenously at a dose of 1200 mg on day 1 of each cycle, anlotinib orally at 12 mg once daily for the first 2 weeks of each cycle, etoposide intravenously at 100 mg/m² on days 1-3 of each cycle, and carboplatin intravenously at an area under the curve of 5 mg/mL/min on day 1 of each cycle. During maintenance therapy, patients in the BEN-AL-EC group continued to receive benmelstobart and anlotinib, and patients in the AL-EC group continued to receive anlotinib, whereas those in the PLB-EC group received the placebo until PD or unacceptable toxicity occurred. Following PD or unacceptable toxicity in patients, we assume that some patients undergo chemotherapy as second-line treatment, while others receive the best supportive care (BSC). According to the ETER701 trial ([11](#page-8-0)), in the BEN-AL-EC group, the median time to discontinuation of benmelstobart due to drug toxicity was 1.45 months, and for anlotinib it was 1.38 months. In the AL-EC group, the median time to discontinuation of anlotinib due to drug toxicity was 1.25 months. In the PLB-EC group, the median time to discontinuation of placebo due to drug toxicity was 1.35 months.

2.3 Survival or transition probabilities

The GetData Graph Digitizer (version 2.26) was used to extract PFS and OS data from the Kaplan–Meier survival curves reported in the ETER701 trial and reconstruct individual patient data. As described by Hoyle et al. ([16](#page-8-0)), various survival distributions were fitted to the reconstructed individual patient data using the R software to generate survival curves beyond the follow-up period reported in the trial. These distributions included exponential, gamma, gen.F, gen. gamma, Gompertz, Weibull, log-logistic, and log-normal [\(Supplementary Table B\)](#page-7-0). Based on Akaike and Bayesian information criteria [\(17,](#page-8-0) [18\)](#page-8-0), we selected the log-logistic distribution as the best fit for the original survival curves ([Supplementary Figure A](#page-7-0), [Table 1\)](#page-3-0), which enabled the estimation of transition probabilities between different health states.

2.4 Costs and utilities

This study focused exclusively on direct medical expenses, encompassing the costs of medications, tests, routine follow-up, BSC, management of grade ≥3 adverse events occurring at rates exceeding 5%, and end-of-life care ([Table 1\)](#page-3-0). The costs of drugs were determined based on national tender prices, whereas data on other expenses were obtained from published literature and adjusted to reflect the values in 2023 using the medical price index of the National Bureau of Statistics of China ([14](#page-8-0)). All costs

were calculated in US dollars and converted to CNY (1 USD = 7.03 CNY, for the year 2023). Given the lack of quality-of-life data from the ETER701 trial, utility values for PFS and PD were obtained from existing Chinese studies ([20\)](#page-8-0). Additionally, we accounted for disutilities associated with grade ≥3 adverse events occurring at rates exceeding 5% to mitigate the potential bias resulting from the inclusion of identical utility values for both treatment groups in the model. All costs and utilities were discounted at 5% ([29](#page-8-0)).

2.5 Sensitivity analysis of BEN-AL-EC compared with PLB-EC

One-way and probabilistic sensitivity analyses were used to validate the robustness of the model. In one-way sensitivity analysis, parameter values were adjusted within their reported 95% confidence intervals. For parameters lacking specific data, benchmark values were varied by ±20%. The discount rate ranged from 0% to 8% ([Table 1\)](#page-3-0). The results were visualized on tornado plots. To evaluate the influence of parameter uncertainty on the outcomes, a total of 1,000 Monte Carlo simulations were performed based on predefined distributions ([Table 1\)](#page-3-0). Scatter plots were generated to visualize the results of probabilistic sensitivity analysis. Furthermore, we recalculated the ICER comparing BEN-AL-EC with PLB-EC while systematically reducing the price of benmelstobart.

2.6 Scenario analysis of BEN-AL-EC compared with PLB-EC

Scenario 1 involved varying the duration of the model to 2, 4, and 6 years to evaluate its impact on the results. In Scenario 2, we assumed that only 30% or 50% of patients received subsequent therapies after PD to simulate the real-life phenomenon that some patients discontinue treatment for various reasons in clinical settings.

3 Results

3.1 Basic analysis results

The BEN-AL-EC group achieved 1.09 QALYs at a cost of \$55,117.42, the AL-EC group achieved 0.83 QALYs at a cost of \$22,936.64, and the PLB-EC group achieved 0.71 QALYs at a cost of \$15,238.15. The incremental efficacy of BEN-AL-EC compared with PLB-EC was 0.38 QALYs, with an incremental cost of \$39,879.28. Similarly, AL-EC had an incremental efficacy of 0.12 QALYs and an incremental cost of \$7,698.49 compared with PLB-EC. The ICER per QALY was estimated to be \$106,249.42 for BEN-AL-EC compared with PLB-EC and \$66,733.19 per QALY for AL-EC compared with PLB-EC [\(Table 2\)](#page-4-0). At the WTP threshold of \$38,133 per QALY, neither BEN-AL-EC nor AL-EC was considered cost-effective as a first-line therapeutic strategy for the treatment of ES-SCLC in China compared with PLB-EC.

TABLE 1 Economic parameters of the model and the range of sensitivity analysis.

(Continued)

TABLE 1 Continued

AE, adverse event; AL-EC, anlotinib plus etoposide/carboplatin; AL-EC, anlotinib plus etoposide/carboplatin; BEN-AL-EC, benmelstobart combined with anlotinib plus etoposide/carboplatin; BSC, the best supportive care; PD, disease progression; PLB-EC, placebo combined with etoposide/cisplatin; PFS, progression-free survival.

3.2 Sensitivity analysis of BEN-AL-EC compared with PLB-EC

The results of the one-way sensitivity analysis are presented in the tornado plot [\(Figure 2](#page-5-0)). In particular, the parameters that had the greatest impact on the outcomes of the model are the utility values of PFS, cost of benmelstobart, and discount rate. However, even if these parameters are varied within a certain range, the ICER is always higher than the predefined WTP threshold. This finding indicated that changes in the aforementioned parameters did not alter the outcomes of the model, whereas the influence of other parameters on the outcomes was relatively minor. The results of probabilistic sensitivity analysis are shown in the scatter plot in [Figure 3](#page-5-0). At a WTP threshold of \$38,133, BEN-AL-EC had a 0% probability of being cost-effective when compared with PLB-EC. BEN-AL-EC may become a cost-effective treatment strategy if the price of benmelstobart (1200 mg) decreases below \$24.1.

AL-EC, anlotinib plus etoposide/carboplatin; BEN-AL-EC, benmelstobart combined with anlotinib plus etoposide/carboplatin; ICER, incremental cost-effectiveness ratio; PLB-EC, placebo combined with etoposide/cisplatin; QALY, quality-adjusted life year.

One-way sensitivity analyses of BEN-AL-EC in comparison with PLB-EC. BEN-AL-EC, benmelstobart combined with anlotinib plus etoposide/ carboplatin; ICER, incremental cost-effectiveness ratio; PD, disease progression; PFS, progression-free survival; PLB-EC, placebo combined with etoposide/cisplatin; WTP, willingness-to-pay.

3.3 Scenario analysis of BEN-AL-EC compared with PLB-EC

The results of the scenario analysis are shown in [Table 3](#page-6-0). In scenario 1, when the duration of the model was changed to 2, 4, and 6 years, the ICER of BEN-AL-EC compared with PLB-EC was \$195,270.13/QALY, \$127,592.74/QALY, and \$111,530.15/QALY, respectively. As the duration increased, the ICER gradually decreased. In scenario 2, when the proportion of patients

receiving subsequent therapies was 30% and 50%, the ICERs were \$101,794.35/QALY and \$103,067.23/QALY, respectively, showing a minimal difference.

4 Discussion

The ETER701 trial showed that compared with PLB-EC, BEN-AL-EC remarkably prolonged PFS and OS in patients with ES-

FIGURE 3

A probabilistic scatter plot of the ICER between the BEN-AL-EC and PLB-EC. Each point means the ICER for 1 simulation. Ellipses are used to indicate 95% confidence intervals. Points that lie below the ICER threshold represent cost-effective simulations. BEN-AL-EC, benmelstobart combined with anlotinib plus etoposide/carboplatin; ICE, incremental cost-effectiveness; PLB-EC, placebo combined with etoposide/cisplatin; WTP, willingness-to-pay.

TABLE 3 Results of scenario analysis.

BEN-AL-EC, benmelstobart combined with anlotinib plus etoposide/carboplatin; ICER, incremental cost-effectiveness ratio; PLB-EC, placebo combined with etoposide/cisplatin; QALY, qualityadjusted life year.

SCLC. These clinical benefits of BEN-AL-EC, coupled with its manageable safety profile, highlight its potential as a new first-line treatment strategy for ES-SCLC. However, the high cost of BEN-AL-EC may substantially limit its widespread application, particularly among economically disadvantaged patients. Therefore, the primary objective of this study was to assess the cost-effectiveness of BEN-AL-EC as a first-line treatment strategy for ES-SCLC in the context of the Chinese healthcare system. The results showed that compared with PLB-EC, BEN-AL-EC incurred an additional cost of \$106,249.42 per QALY, which largely exceeded the predefined WTP threshold of \$38,133 per QALY. Therefore, BEN-AL-EC as a first-line treatment for ES-SCLC is not costeffective in China. The lack of cost-effectiveness of the BEN-AL-EC regimen in treating ES-SCLC stems from its requirement for longterm maintenance therapy with benmelstobart and anlotinib, both of which are considerably more expensive than etoposide/cisplatin. This significantly increases the overall treatment costs of BEN-AL-EC without yielding sufficient incremental survival benefits. However, the cost-ineffectiveness of the BEN-AL-EC scheme should not be a reason to restrict its use, as this could deny patients the opportunity to benefit from a proven effective treatment. We should build upon the analysis results and seek multifaceted solutions. This includes exploring methods to reduce treatment costs, such as negotiating prices or seeking support from medical insurance to alleviate the financial burden on patients. Since the establishment of the National Health Security Bureau of China in 2018, multiple rounds of drug price negotiations with pharmaceutical companies have been conducted through the national procurement strategy to alleviate the medical burden on patients with cancer. Consequently, the prices of many anticancer drugs have decreased by 30–70% ([30](#page-8-0)). Similarly, the price of benmelstobart, approved for marketing in China in May 2024, may be reduced through negotiation. On adjusting the price of benmelstobart to assess its impact on cost-effectiveness, we found that BEN-AL-EC might be used as a cost-effective first-line treatment strategy for ES-SCLC if the price of benmelstobart (1200 mg) decreases below \$24.1. The findings of this study provide an important economic reference for negotiating the price of benmelstobart in China.

It should be noted that the results of this study indicate that AL-EC, as a first-line regimen for the treatment of ES-SCLC in China, is more cost-effective compared with PLB-EC than BEN-AL-EC, but it still higher our preset WTP value. Moreover, the survival benefit of AL-EC for treating ES-SCLC is not significant compared with PLB-EC ([11](#page-8-0)). Therefore, AL-EC is not recommended as a first-line treatment for ES-SCLC, considering both its efficacy and cost-effectiveness.

The results of the one-way sensitivity analysis showed that parameters such as the utility value of PFS, cost of benmelstobart, and discount rate had a significant impact on the outcomes of the model. Notably, varying these parameters within their specified ranges did not alter the outcomes. Probabilistic sensitivity analysis indicated that BEN-AL-EC as a first-line treatment for ES-SCLC had a 0% probability of being cost-effective when compared with PLB-EC. These results indicate that our modeling results are robust. In addition, we conducted scenario analysis to cover two real-life clinical practice scenarios, thereby enhancing the applicability and generalizability of the findings. In scenario 1, we found more than 80% of the cost of the BEN-AL-EC regimen was incurred during the first 2 years of treatment and the ICER values gradually decreased as the treatment duration increased. Therefore, once patients are initiated on BEN-AL-EC, they should try to adhere to the regimen, as the cost-effectiveness gradually increases with the continuation of treatment. In scenario 2, the ICER values for BEN-AL-EC compared with PLB-EC remained stable as the number of patients receiving subsequent therapies increased following disease progression. This suggests that opting for subsequent treatments after disease progression does not diminish the cost-effectiveness of BEN-AL-EC. This finding encourages patients to continue treatment after disease progression rather than discontinue it. Such results are likely to be well-received by both physicians and patients because they meet ethical and moral requirements.

This study should emphasize several strengths. Firstly, to our knowledge, it is the first evaluation from the perspective of the Chinese healthcare system assessing the cost-effectiveness of BEN-AL-EC as a first-line regimen for treating ES-SCLC compared with PLB-EC. This will provide a significant reference value for China and other countries. This represents the most important strengths and innovative aspects of this study. Second, although BEN-AL-EC was not found to be cost-effective when compared with PLB-EC, it notably demonstrated an improvement in QALYs in patients with ES-SCLC (1.09 versus 0.71 QALYs). Third, the inclusion of only Chinese patient cohorts in the ETER701 trial enhanced the applicability of the findings of this study specifically to Chinese populations. However, this study has several limitations that should be acknowledged. First, due to the fact that our study is based on the results of the ETER 701 trial, we did not include other ICIs that have been demonstrated to be clinically effective for ES-SCLC, such as atezolizumab. This may limit the comprehensiveness of our findings, as chemotherapy combined with ICIs is currently regarded as the standard treatment for ES-SCLC. Second, our reliance on survival models to simulate data beyond the follow-up period of the trial might have introduced inherent bias compared with actual long-term survival data. We intend to update this costeffectiveness analysis as long-term survival data becomes available. Third, the model developed in this study accounted for only grade ≥3 adverse events with an incidence exceeding 5%. However, sensitivity analysis indicated that variations in the probabilities of adverse events did not significantly affect the outcomes of the model.

5 Conclusion

From the perspective of the Chinese healthcare system, BEN-AL-EC as a first-line treatment strategy is not cost-effective when compared with PLB-EC for the treatment of ES-SCLC. A substantial reduction in the price of benmelstobart is required to make BEN-AL-EC cost-effective.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material. Further inquiries can be directed to the corresponding author.

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Author contributions

MY: Writing – review & editing. LL: Writing – review & editing. TL: Writing – review & editing. SC: Writing – original draft, Writing – review & editing. YH: Writing – original draft, Writing – review & editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: [https://www.frontiersin.org/articles/10.3389/](https://www.frontiersin.org/articles/10.3389/fimmu.2024.1477146/full#supplementary-material)fimmu.2024. [1477146/full#supplementary-material](https://www.frontiersin.org/articles/10.3389/fimmu.2024.1477146/full#supplementary-material)

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