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# [Reinvesting the cellular](https://www.frontiersin.org/articles/10.3389/fimmu.2024.1466529/full) [properties of human amniotic](https://www.frontiersin.org/articles/10.3389/fimmu.2024.1466529/full) [epithelial cells and their](https://www.frontiersin.org/articles/10.3389/fimmu.2024.1466529/full) [therapeutic innovations](https://www.frontiersin.org/articles/10.3389/fimmu.2024.1466529/full)

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Human amniotic epithelial cells (hAECs) have shown promising therapeutic effects in numerous studies on various diseases due to their properties such as low immunogenicity, immunomodulation, paracrine effect, and no teratoma formation in vivo. Nevertheless, there are still many problems in archiving the large-scale clinical application of hAECs, ranging from the vague definition of cell properties to the lack of clarification of the motion of actions in cell therapies, additionally, to the gap between cell quantities with limited proliferation capacity. This review provides a detailed overview of hAECs in the aspects of the lineage development of amniotic epithelial cell, cell characteristics and functional roles, ex vivo cell cultivation and expansion systems, as well as their current status and limitations in clinical applications. This review also discusses the advantages, limitations and feasibility of hAECs, and anticipates their prospects as cell therapy products, with the aim of further promoting their clinical applications.

KEYWORDS

human amniotic epithelial cells (hAECs), cell therapy, epithelial-mesenchymal plasticity (EMP), cell expansion, clinical trials, therapeutic mechanisms

# 1 Introduction

Human amniotic epithelial cells (hAECs) are derived from the amniotic ectoderm which differentiates from the epiblast around day 8 after fertilization. The cell morphology and transcriptome of amniotic ectoderm are distinctly different from epiblast. As the differentiation and expansion proceed, amniotic ectoderm gradually gets apart from epiblast, forming amniotic cavity filled up with amniotic fluids, and this structure is called amniotic sac. Amniogenesis occurs prior to the formation of primitive streak, the hallmark of the initiation of gastrulation, making amniotic ectoderm cells one of the primordial extraembryonic cells. hAECs are tightly packed as a monolayer, constituting the innermost layer of amnion, directly in contact with amniotic fluid ([1](#page-12-0), [2](#page-12-0)). It has been reported that pluripotency markers such as TRA1-60, TRA1-81, SSEA3, and SSEA4 are expressed in hAECs isolated from early gestational amnion, then are gradually lost over the pregnancy period [\(3\)](#page-12-0). Although many clinical studies have shown that hAECs are of promising therapeutic potential in various diseases, the specific cell biological features and mechanisms for the treatments still remain elusive. In addition, it has been shown that hAECs have limited proliferation capability due to the scarce telomerase activity, impeding their development as a cellular product in the large-scale clinical applications and their further industrialization. To address these problems, it is critical to have a comprehensive understanding of hAECs, including cellular properties, the intrinsic proliferative capacity, and the therapeutic potentials.

# 2 Lineage maturation of human amniotic epithelial cells

Amniotic epithelial cells are derived from epiblast around day 8 post fertilization. During the early embryogenesis, a zygote is a totipotent cell having the potentials to develop into both embryonic and extra-embryonic tissues. Once it forms, it rapidly undergoes successive divisions including the 2-cell, 4 cell, 8-cell, 16-cell (morula), and blastocyst stages. At the morula stage, the cells exhibit differential division rates that fasterdividing cells forming a non-polarized inner cell mass (ICM) in the interior of embryo while the slow-dividing cells tightly aligning in the exterior to encompass the ICM and eventually differentiating into trophectoderm (TE), forming the blastocyst. As the blastocoel expands, the ICM predominantly aggregates on one side of the embryo, establishing an overall polarized embryo ([4](#page-12-0), [5](#page-12-0)). The ICM further differentiates into epiblast and hypoblast (primitive endoderm), forming the bilaminar disk. Amniotic ectoderm, is believed as the primordial amniotic epithelial cells, emerges during peri-implantation from the differentiation of epiblast. Subsequently, the primitive streak will arise from the derivation of the non-amniotic origin epiblast, which represents the initiation of the three embryonic germ-layers and organogenesis [\(Figure 1A](#page-2-0)).

The amnion, a crucial extraembryonic tissue, is an important milestone in animals' evolutionary transitions from aquatic to terrestrial environment. Amnion provides mechanical protection to the fetus and secretes cytokines and hormones, contributing to the embryo development. Although the underlying mechanisms of amniogenesis and amniotic epithelial lineage development are not fully understood yet, the specifications of amniogenesis have been reported with two different patterns: folding and cavitation ([6\)](#page-12-0). In species such as bats, monkeys, and higher primates, the amnion emerges by delamination from pluripotent epiblast around the periimplantation, followed by epithelialization and cavitation, forming the amniotic sac [\(7](#page-12-0), [8\)](#page-12-0). In contrast, in mice, rabbits, Pteropodid bats, dogs, pigs, cows, and lower primates, the amnion is formed by the

folding of embryonic tissues during or shortly after gastrulation, whereby the amniotic folds extend and merge to form a closed sac ([9](#page-12-0)–[11](#page-12-0)). It is noteworthy that despite these different amniogenesis patterns, the anatomical structures and functions of amnion are similar across various species. Because of the ethical concerns, the investigations of human amniotic epithelial cells lineage development were restricted in the stage of formation of amniotic ectoderm. The entire process remains unclear; therefore, the substitute models using pluripotent stem cells in vitro have been established to learn its lineage development and to comprehensively understand the amniotic epithelial cells biological features and therapeutic potentials as a promising cellular drug candidate.

Previous studies have employed single-cell transcriptome sequencing (scRNA-seq) to analyze three stages of primate embryonic development, including the cultured human pregastrulation embryos, in vitro cultured Cynomolgus monkey gastrulating embryos, and a human gastrulating embryo implanted in utero. The integrated scRNA-seq analysis revealed that amniogenesis occurred in two distinct waves of epiblast differentiation during early embryonic development. The two waves occur independently and develop in different routes, amniotic epithelial cells-early (AME-E) and amniotic epithelial cells-late (AME-L), respectively. AME-E follows a trophectoderm-like route and the amniotic cavity is formed during the early wave, whereas AME-L follows a nonneural ectoderm-like transcriptional program [\(9](#page-12-0)). Similar results were also observed in the differentiation of human pluripotent stem cells (hPSCs) from different states. The naïve and primed hPSCs could model the two waves of amniogenesis [\(9\)](#page-12-0).

Due to the "14-day rule", referring to the International Society for Stem Cell Research (ISSCR) recommendation that human embryos created by in vitro fertilization, either frozen or unfrozen, cannot survive outside the body beyond the 14th day after fertilization without embryo transfer, and technological constraints, the studies of embryonic development remain quite limited, as well as a similarly scant comprehension to amniotic development. The amnion is composed of epithelium, basement membrane, the compact stromal layer, fibroblast layer, and the intermediate spongy layer [\(Figure 1B\)](#page-2-0). The amniotic epithelial layer localizes at the innermost of amnion and directly contacts with the amniotic fluid. The protein secreted by amniotic epithelial cells, such as glycoproteins and collagens, constitute the underlying basement membrane ([12](#page-12-0)). Amniotic epithelial cells and amniotic mesenchymal cells primarily reside in the epithelium and the fibroblast layer, respectively [\(13](#page-12-0)). These two cell types have distinct origins. Amniotic epithelial cells are derived from amniotic ectoderm [\(14](#page-12-0)), in contrast, amniotic mesenchymal cells originate from extra-embryonic mesoderm, which is developed posterior to amniotic epithelial cells [\(15\)](#page-12-0). As the two major cell types derived from the amnion membrane, both cells have the advantages of low immunogenicity, no tumorigenicity, and limited ethical considerations. The characterized markers of hAECs and human amniotic mesenchymal stem cells (hAMSCs) are listed in [Table 1.](#page-3-0) It has been demonstrated that the epithelial markers, such as cytokeratins, E-cadherins, and CD9, are highly expressed in hAECs but not in hAMSCs. Multiple mesenchymal markers like CD90, CD29, and CD105 are also expressed in hAECs, indicating <span id="page-2-0"></span>the spontaneous occurrence of epithelial-mesenchymal transition (EMT) during the cell cultivation in vitro. Both of them low express HLA-A, -B, -C, and are negative in the detection of hematopoietic stem cell markers, representing their low immunogenic potential. Although some pluripotency markers (SSEA4, OCT4, TRA1-60, and REX1) have been detected in hAECs and hAMSCs, the expression levels are extremely low compared with that of induced pluripotent stem cells (iPSCs).

Pluripotent stem cells, including embryonic stem cells (ESCs) and iPSCs, have been often employed in the studies of early embryonic development because of their differentiation potentials to the three-germ layers. It has been demonstrated that PSCs possess of the formative naive-to- primed transition in vitro. As widely recognized, naive PSCs are akin to the pre-implantation epiblast, having the differentiation potentials for both embryonic and some extra-embryonic tissues, while primed PSCs are more like



#### FIGURE 1

Schematic representation of early embryonic development and the structure of human amniotic membrane. (A). A zygote goes through rapid divisions. At the morula stage, the cells exhibit differential division rates, resulting in the formation of inner cell mass (ICM) and trophectoderm. ICM further differentiates into epiblast and hypoblast, forming the bilaminar disk prior to the embryo implantation. Amniotic sac is instantly developed during peri-implantation, which precedes the formation of primitive streak, the hallmark of gastrulation. Hypoblast develops into yolk sac to provide nutrients for the early embryo development before the maturation of placenta. Trophectoderm, on the other side, forms trophoblast and then eventually develops into placenta. a-d shows the stages of early embryonic development. (B). Human amniotic membrane is composed of 5 layers: 1) an epithelial monolayer, 2) a basement membrane layer, 3) a compact layer, 4) a fibroblast layer and 5) a spongy layer. hAECs are arranged on the basement membrane which is mostly made up by collagen (type III, IV, V), fibronectin and laminin. The compact layer is the main fibrous skeleton containing collagen (type I, III, V, VI) and fibronectin. Human amniotic mesenchymal cells locate in the fibroblast layer consisting of collagen (type I, III, IV), fibronectin, laminin and nidogen. The spongy layer as the intermediates between amnion and chorion are mainly comprised collagen (type I, III, IV) and proteoglycans.

<span id="page-3-0"></span>the post-implantation epiblast and differentially develop into the embryonic tissues ([16](#page-12-0)). Fu and his team established the first 3D model of amniotic sac embryoid using microfluidic devices and human PSCs, known as microfluidic platform for analysis of single embryos (µPASE), to explore the early development of amniotic sac, and found that the activation of BMP-SMAD signaling enabled the self-organization of hPSCs into amniotic sacs ([17\)](#page-12-0).

In another study, Wu et al. likewise induced the organization of hPSCs into structures resembling to the early embryos, termed Blastoids, which expressed the amniotic genes, exhibiting the morphological similarities to human blastocyst. Unlike µPASE, which collapsed within 48h, Blastoids were able to be maintained up to 4 days in vitro [\(18\)](#page-12-0). Same results were also obtained using iPSCs, named as iBlastoids [\(19](#page-12-0)). On the basis of the previous research, Qin and his associates upgraded the microfluidics amniotic sac platform and exerted a perfuse-able microfluidic device to fabricate an advanced 3D amnion microchip. The constant-rate perfusion of culture medium prolonged the presence and integrity of the amniotic sac-like structure to 20 days. It offers a great strategy and model to investigate human amniotic development in mid-gestation ([20\)](#page-12-0).

# 3 Characterization and expansion of hAECs

Although the therapeutic effects of hAECs have been evidenced in many clinical studies, their applications are restricted by the





(Continued)



#### TABLE 1 Continued

current in vitro culture expansion systems. The yield and biological characteristics of primary hAECs are affected by various factors like the physical condition of parturients, placental size and quality, origins from different amnion regions, gestation stages, isolation and preservation procedures ([3](#page-12-0), [21](#page-12-0), [22](#page-12-0)). The average quantity of hAECs isolated from an amnion is approximately  $1\times10^8$ , whereas a single treatment typically requires the amount in the range of  $0.5~1\times10^{8}$ , leading to the homogenous cells might not be sufficient for multiple treatments in one patient. Therefore, the requirement to obtain adequate hAECs complying with Good Clinical Laboratory Practice (GCLP) standards has become an absolute challenge. Developing a system that is sufficient to expand hAECs in vitro requires understanding the properties of hAECs, as well as their proliferation mechanisms. However, regardless of the extensive clinical studies of hAECs in various diseases, the lack of typical markers and standard production process for the quality control of hAECs still are the most urgent issues to be addressed.

## 3.1 Cellular markers of hAECs

Unlike the other parts of the placenta, hAECs lineage development occurs prior to the formation of primitive streak. Therefore, it is reasonable to speculate that a certain proportion of hAECs may retain the biological properties of pre-gastrula embryonic cells. Indeed, recent studies have shown that the

pluripotency factors NANOG, OCT4, and SOX2 are not completely silenced in hAECs, as their promoters are only partially methylated. hAECs exhibit similar epigenetic profiles compared to hiPSCs, and their post-transcriptional expression is regulated by specific miRNAs [\(23](#page-12-0)). Although these stem cell markers are lost over time, a few hAECs may still partially retain them in the full-term amnion, and the expression of these pluripotency markers varies at different cell passages and different culture conditions [\(24](#page-12-0)–[26](#page-12-0)). Other than the pluripotency markers, hAECs also low express classical HLA class I molecules (-A, -B, and -C) and non-classical HLA-I molecules (-E, -F, and -G) [\(27](#page-12-0)–[29\)](#page-12-0). Co-cultivation of hAECs and allogeneic peripheral blood mononuclear cells (PBMC) or T lymphocytes did not stimulate T lymphocytes proliferation. Instead, they reduce the proliferation and activation of T and B lymphocytes and inhibit the functions of active NK cells and T lymphocytes, thus exerting systemic immune regulation [\(30](#page-12-0), [31\)](#page-12-0). Moreover, transplantation of hAECs into human and mice via either the direct injection or intravenous infusion has not resulted into significant occurrences of immune rejections ([32](#page-12-0), [33](#page-12-0)), suggesting that hAECs have the low immunogenic property and eminent immunomodulatory effect. Furthermore, hAECs also secrete a variety of soluble immune regulatory factors, such as macrophage migration inhibitory factor (MIF), Transforming growth factor- $\beta$  (TGF- $\beta$ ), interleukin (IL)-10, prostaglandin E2 (PGE2) and hepatocyte growth factor (HGF), inhibiting the chemotactic migration activities of neutrophils and macrophages [\(30,](#page-12-0) [31\)](#page-12-0).

Other studies are also striving to use scRNA-seq and in vitro models of embryonic development to discover more markers that can specifically characterize hAECs. By integrating existing sequencing data, including transcriptome and proteome sequencing, and combining them with the studies on amniotic cell phenotypic properties to establish a specific database for amnion-derived cells, these works would facilitate the understandings of hAECs and provide more specific markers when preparing cells for their therapeutic application in disease treatments.

## 3.2 In vitro culture systems for hAECs

Ever since the first report of the isolation and cultivation of hAECs by C. A. Akle [\(34\)](#page-12-0), considerable effort has been invested in the area of hAECs isolation and in vitro expansion culture systems. The quantity, quality, and biological properties of hAECs are technically challenged by various factors, such as parturient individual heterogeneity [\(35](#page-12-0)), size and mass of placenta [\(36](#page-12-0)), regional area of placenta ([37](#page-12-0)), and gestational age [\(21\)](#page-12-0). The effects of these parameters on cell phenotype and marker expression profiles have been discussed in detail [\(38\)](#page-12-0). To ensure sterility and quality, the placenta has to be obtained from C-section, HBV, HCV, HIV infection and prediagnosed genetic abnormalities are excluded. Furthermore, it is crucial to scrape off chorion and the residual blood from amniotic membrane prior to the tissue digestion steps. With a view to the clinical applications, an optimized culture system using xeno-free culture media has been studied and adapted to medical-applied bioproduction of hAECs [\(39\)](#page-12-0).

However, there is no consolidated protocol adopted in diverse laboratories till now, and the difference ranges from the basal medium, nutrient supplements to cell density and culture conditions ([2](#page-12-0), [26\)](#page-12-0). On the basis of the numerous studies focusing on refining the in vitro cultivation for hAECs, a comprehensive analysis of the outcomes in these studies reveals common issues, including the low cell-matrix adherence activity of primary hAECs, rapid aging, transformation of cells via EMT, and a relatively low cell proliferation coefficient ([1](#page-12-0), [40\)](#page-12-0). Given the needs of hAECs in the clinical transitional research and applications, an optimized strategy for hAECs large-scale expansion is urgently needed. Although several commercialized products of hAECs have been marketed (Table 2), their methodological issues, like exogenous serum, cryopreservation conditions, and the unknown cultivation procedures, have greatly confined their medical translations.

To improve hAECs in vitro expansion efficiency and acquire abundant cells for clinical therapies, a few innovative approaches have been employed, such as 3D cultivation, cell reprogramming, iPSCs differentiation, and gene editing [\(41](#page-12-0)–[43](#page-13-0)). In recent research, multiple biomimetic microcarriers have been constructed and applied to hAECs expansion cultivation in vitro. The proliferative capacity of hAECs was better maintained and the amplification was significantly improved. Moreover, the intrinsic mechanisms in the regulation of cell proliferation in hAECs were explored in depth via transcriptome sequencing. The critical pathways involved in hAECs proliferation were then manipulated to achieve cell reprogramming. On the other side, utilizing iPSCs to differentiate into hAECs has also been investigated.

Product	<b>Brand</b>	Cat.	Info.	Cultivation
HAEpiC	Innoprot	P10957	· HAEpiC were cryopreserved at passage one and delivered in frozen.	Collagen type I-coated vessel.
HAEpiC	ScienCell	7110	HAEpiC were cryopreserved at passage one and delivered in frozen.	Poly-L-lysine-coated culture vessel (2 µg/cm2. Epithelial Cell Medium (EpiCM, Cat. #4101): EpiCM consists of 500 ml of basal medium, 10 ml of fetal bovine serum (FBS, Cat. No. 0010), 5 ml of epithelial cell growth supplement (EpiCGS, Cat. No. 4152), and 5 ml of Antibiotic Solution (P/S, Cat. No. 0503).
Human Amniotic Epithelial Stem Cells	<b>BIO TREND</b>	HAEC- 100	Human Amniotic Epithelial (HAE) Cells were isolated from the surface layer of the amniotic membrane of fresh placentas.	HyClone media and supplements: cat. SV30103.01.
Human amnion- derived multipotent progenitor (AMP)	Noveome Biotherapeutics, Inc.	N/A	A novel, cultured cell population derived from AECs, termed human amnion-derived multipotent progenitor (AMP) cells, secrete numerous cytokines and growth factors that enhance tissue regeneration and reduce inflammation. This AMP cell secretome, termed ST266.	N/A
Human Placental Epithelial Cells (HPlEpC)	Creative bioarray	PCELL- 0123	Human Placental Epithelial Cells (HPlEpC) were derived from the inner surface of amniotic membrane and have physiology related to fetal development and neurogenesis. 500,000 HPlEpC (primary culture) frozen in Basal Medium w/10% FBS, 10% DMSO	Cryovial frozen HPlEpC (230-05), Growth Medium (215-500), Subcltr Rgnt Kit (090K)

TABLE 2 Currently available commercial products of hAECs.

## 3.3 The proliferative mechanisms of hAECs

The primary hAECs isolated from termed-pregnancy amnion are known of lacking the telomerase activity. Typically, telomerase activity is exhibited in stem cells, reproductive cells, and tumor cells. Telomeres and telomerase activity are often implied to cell proliferative capacity. Interestingly, although hAECs do not express TERT, a critical catalytic subunit of telomerase ([39](#page-12-0), [44](#page-13-0)), and cannot undergo unlimited proliferation, they are involved in regulating the telomerase activity of human corneal endothelial cells through Wnt/ b-catenin pathway, promoting their proliferation ([45](#page-13-0)). Besides, hAECs have relative long-length telomeres compared to bone marrow-derived mesenchymal stem cells (BM-MSCs), but it is less than human embryonic stem cells (hESCs) ([46\)](#page-13-0). Exogenously overexpressing TERT would enhance hAECs proliferative capacity but was not enough for the unlimited growth. Down-regulating the expression of p16INK4a and p53, along with activating telomerase, is necessary to establish an immortalized hAECs cell line [\(42\)](#page-12-0). These indicated that hAECs might achieve cell proliferation via a telomerase-independent mechanism.

The studies revealed that during the limited expansion in vitro, hAECs expressed both epithelial and mesenchymal markers, and were considered in pEMT (Partial epithelial mesenchymal transition, pEMT) state ([39](#page-12-0), [47\)](#page-13-0), suggesting that hAECs might achieve the proliferative capacity via regulating their EMT states ([48\)](#page-13-0). EMT refers to the biological process where epithelial cells transform into cells with mesenchymal phenotypic characteristics through a specific program. While pEMT, or EMP (Epithelial mesenchymal plasticity) refers to the intermediate state during EMT process ([49](#page-13-0), [50](#page-13-0)). It manifests as cells partially owning both epithelial and mesenchymal characteristics. Recent studies in the field of cancer have found that cells in pEMT, rather than cEMT (complete EMT), are more closely related to cancer stem cells [\(51\)](#page-13-0). Similarly, the stem cell properties of trophoblast cells also have been reported to be associated with pEMT ([52](#page-13-0), [53\)](#page-13-0).

The typical features of EMT are the reduced expression of cell adhesion molecules (such as E-cadherin), transformation of keratin cytoskeleton into a vimentin, and cell morphologic changes. During EMT process, cells exist in three different states: epithelial (E) state, intermediate (E/M) state, and mesenchymal (M) state (Figure 2). As cells transition from epithelial state to mesenchymal state, they sequentially lose apical-basal polarity and cell-cell adhesion, gain anterior-posterior polarity and enhanced cell-matrix adhesions. As a result, they acquire increased abilities of migration, invasion, anti-apoptosis and extracellular matrix degradation ([54](#page-13-0), [55\)](#page-13-0). The scratch assays have demonstrated that hAECs undergo EMT to migrate, further promote cell proliferation and would healing ([56](#page-13-0)).



#### FIGURE 2

Signaling pathways involved in epithelial-mesenchymal transition (EMT). EMT is a biological process that allows an epithelial cell to undergo phenotypic and biochemical transitions that enable it to present a mesenchymal cell phenotype, losing the interaction with basement membrane while gaining the characteristics like migratory capacity and invasiveness. MET is, on the other side, an exact reversed process. The epithelial and mesenchymal cell markers commonly used are listed. Co-expression of the two sets of distinct markers during EMT indicates an intermediate/hybrid state, termed as EMP. Recent studies have shown that during embryogenesis and epithelia homeostasis, certain epithelial cells appear to be plastic and thus able to move back and forth between epithelial and mesenchymal states via the processes of EMT and MET. The activation of TGF- $\beta$ signaling has been proved to induce the initiation of EMT.

Interestingly, the same mechanism and phenomenon have also been revealed in vivo. Previous studies indicated that there is an agerelated inflammation caused cellular senescence of hAECs. Especially when the gestation is closed to the termination, the inflammatory environments will promote the amniotic cell senescence and the happening of an irreversible EMT, leading to the loss of amniotic structure integrity and fetus delivery, which further reconfirmed the importance of EMT during the proliferation and senescence of hAECs ([57,](#page-13-0) [58\)](#page-13-0).

## 4 Current landscape of cell therapies

Stem cell-based therapy has recently emerged as a key player in regenerative medicine. The commonly used cell types include pluripotent stem cells, extraembryonic tissue-derived cells and adult stem cells. Among those stem cell-based clinical applications, hematopoietic stem cells (HSCs) transplantation takes the leading position, and the second place goes to mesenchymal stem cell (MSC) based studies. Autologous or allogeneic HSC transplantation is a revolutionary life-saving procedure after irradiation or chemotherapy. The first bone marrow transplantation was reported in 1957 and it currently has become the most effective treatment for leukemia. However, HSCs extraction requires the invasive procedures to human bodies. More severely, post-operative complications are often occurred to patients. As per the statistic study of a retrospective analysis over 11 years after HSCs transplantation, of all patients, 74.2% suffered of early or late compilations, including infections, graft-versus-host disease (GVHD), CNS disorders and cardiovascular complications, etc ([59](#page-13-0)).

Human pluripotent stem cells (hPSCs) are defined as selfrenewable cell types conferring the ability to differentiate into various cellular phenotypes of the human body, including three germ layers, and have gained significant interest and attention in regenerative medicine field. Multiple clinical trials using hPSCderived cells have been launched (clinicaltrials.gov). The therapeutic potential of hPSCs is tremendous, but there are still some challenges that need to be overcome. One of them is the teratoma formation because of their potential for infinite proliferation. Another challenge is the need for standardization. hPSCs, especially iPSCs, are greatly heterogeneous due to their origins and preparation methods. On that account, a set of critical quality procedures and evaluation systems have to be established.

MSCs are multipotent progenitor cells possessing self-renewal ability (limited in vitro) and differentiation potential into mesenchymal lineages, according to the International Society for Cell and Gene Therapy (ISCT). To date, a total of 12 MSCs products have received regulatory approval for commercial use worldwide, including autologous and allogenic, to be used for spinal cord injury, osteoarthritis, GVHD, acute myocardial infarction, and Crohn's disease. MSCs are commonly derived from umbilical cord blood, bone marrow, and adipose tissue. The cell sources are relatively limited, and their cell isolation requests higher technical skills.

Compare to all the stem cells motioned above, hAECs are morphological epithelial cells, possessing low immunogenicity, immunomodulatory and anti-inflammatory effects. Moreover, hAECs lack the telomerase activity and the potential for sustainable cell divisions, making them have a low risk of tumorigenicity. Consequently, hAECs have been considered a promising candidate for cell therapy ([Figure 3](#page-8-0)). Despite of some uncertainty about the molecular mechanisms by which hAECs act effective on diseases, whether they are in vivo engrafted and differentiated or they modulate the biochemical reactions and cellular responses to injuries, the work of Wallace team has clear demonstrated that hAECs can exert a reparative effect without the need for engraftment or differentiation [\(60\)](#page-13-0). They suggested that the primary mechanism of hAECs for lung injury repair was likely to be paracrine signaling to the surrounding tissues to reduce proinflammatory and profibrotic mediators. Similar results were also found in the studies in brain ischemia, Parkinson's disease, spinal cord injury and wound healing ([61](#page-13-0)–[64\)](#page-13-0). Furthermore, the transcriptome sequencing results have revealed that hAECs transplantation lead to the upregulation of several angiogenesis and inflammation molecules, such as interferon regulatory factor 7 (IRF7), Mx dynamin-like GTPase 1 (Mx1), vascular endothelial growth factor receptor 1 (VEGFR1) and VEGFR2 ([65](#page-13-0)). Coculture of hAECs and freshly isolated human blood neutrophils significantly attenuated the level of oxidative burst of neutrophils ([66](#page-13-0)), but directly inhibited the proliferation of naïve CD4 T cells and the production of Th1 and Th17 cytokines [\(67](#page-13-0)). All these cellular properties have led hAECs ideal candidate cells for various disease cell therapies.

# 5 Studies of hAECs "From Bench To Bedside"

In 1981. Akle, C.A., et al. firstly isolated primary hAECs and transplanted subcutaneously into the upper arms of 7 volunteers. Four weeks later, it was observed that none of the participants exhibited detectable HLA antibodies in their blood samples, and no lymphocyte reaction was shown in 2 of the participants, indicating the transplantation of hAECs would not cause acute immune rejection ([34](#page-12-0)). Since then, cell therapy using hAECs has become an emerging treatment for diseases ([68](#page-13-0)–[70](#page-13-0)). Since then many studies have shown satisfactory effects of hAECs in the preclinical treatments, however, very little outcomes were revealed on the clinical research [\(71,](#page-13-0) [72](#page-13-0)). As of January 2024, there are 25 clinical trials listed in the database (ClinicalTrials.gov, Anzctr.org.au, etc.) using "human amniotic epithelial cells" as biological interventions for the treatments of various diseases ([Table 3\)](#page-9-0), most promising include neurological disorders, immune diseases and tissue repairs.

## 5.1 Neurological disorders

Many studies have shown that hAECs have certain biochemical characteristics of neurons and, although suspicious, are of the potential to differentiate into neural cells [\(26,](#page-12-0) [73\)](#page-13-0). Most common accepted perspectives of hAECs in the treatment of neurologic diseases are associated with their paracrine signals. hAECs are

<span id="page-8-0"></span>

proven to be capable of synthesizing and secreting neurotrophic factors, growth factors and neurotransmitters such as catecholamine and dopamine, which are functional in promoting the regeneration of damaged neural cells ([74,](#page-13-0) [75\)](#page-13-0). hAECs also secrete anti-inflammatory factors, contributing to reducing neuroinflammation, improving the cellular microenvironment, and alleviating the progressive course of diseases ([64,](#page-13-0) [76](#page-13-0)). Mounting evidence has shown that hAECs administration in the animal model of neurological diseases can reduce cell apoptosis, repair damaged neurons, and re-establish damaged neural connections [\(77](#page-13-0)–[81](#page-13-0)). It is suggested that hAECs could be a promising candidate for cell-based therapy of neurological diseases. Here, we will focus on the studies of hAECs in Parkinson's disease and Alzheimer's disease.

## 5.1.1 Parkinson's disease

Parkinson's disease (PD) is an age-related neurodegenerative disorder. To date, PD is still incurable, and the currently available clinical treatments aim to slow down the course of disease progression and alleviate the motor symptoms. In the past decades, besides the traditional treatments of medication and surgery, an increasing number of novel therapies have been used for PD. The cell therapies have played an important role in those therapies and shown remarkable outcomes.

Many animal studies have illustrated the promising therapeutic potential of hAECs for PD treatment. In the 1990s, Kakishita transplanted hAECs into the striatum of PD rats and found that hAECs were able to alleviate the rat's motor deficits, prevent the loss

of dopaminergic neurons in substantia nigra pars compacta (SNpc) ([82,](#page-13-0) [83](#page-13-0)). It has also been revealed that hAECs can effectively prevent the loss of TH-positive cells and dopamine in SNpc when they were transplanted into PD rats, along with ameliorating the behavioral deficits ([84](#page-13-0), [85](#page-13-0)). Studies carried out by Zhang et al. revealed that hAECs stereotactic transplantation into PD mice striatum facilitated the outgrowth of neurites and axonal fibers and inhibited the apoptosis of damaged dopaminergic neurons, contributing to the maintenance of the biological function of neuronal cells ([64\)](#page-13-0). Meanwhile, hAECs conditional medium could also improve the outgrowth of neurite in vitro, suggesting that hAECs might enhance the self-repair of neural cells through secreting neurotrophic factors.

Although many studies have shown that hAECs are able to relieve PD symptoms, the underlying mechanisms are not yet clearly understood. Neurotrophic factors, such as Brain-derived neurotrophic factor (BDNF), Glial cell line-derived neurotrophic factor (GDNF), Ciliary neurotrophic factor (CNTF), Oncostatin M (OSM) and Granulocyte-macrophage colony-stimulating factor (GM-CSF), secreted by hAECs, have been illustrated to promote the survival and regeneration of neural cells in the aspects of neurites outgrowth, axonal growth, synaptic plasticity, and neural cell phenotype ([86](#page-13-0), [87\)](#page-13-0). Besides, hAECs were also considered to be beneficial to neuroinflammation, another main pathological feature of PD. The postmortem examinations of PD patients showed that microglia and astrocytes in the midbrain were highly activated, and a large amount of pro-inflammatory factors were detected [\(88,](#page-13-0) [89\)](#page-13-0).



<span id="page-9-0"></span>TABLE 3 Summarized registrations of clinical trials utilizing human amniotic epithelial cells as biological interventions.

Similar results were also found in PD animal models. hAECs grafts could reduce the occurrence of neuroinflammation by inhibiting microglia activation and lowering the level of TNF $\alpha$  and IL-1 $\beta$  in the PD mice striatum, additionally, hAECs secreted IL-1ra, one of the IL-1 receptor antagonists, involving in the regulation of neuroinflammation [\(64](#page-13-0)).

Many studies suggested that apoptosis and neuroinflammation would result into the production of oxidative stress in neural cells, further impairing neurons and exacerbating the disease progression ([90](#page-13-0), [91](#page-13-0)). Excessive amount of reactive oxygen species (ROS) was detected in substantia nigra region of PD mice, strikingly, hAECs transplantation significantly reduced the production of ROS in SNpc. In addition, the co-culture of hAECs also distinctly decreased the intracellular ROS of isolated neural cells from the midbrain of PD mice. Conversely, the intracellular ROS in hAECs levels were elevated, suggesting that hAECs to some extent might be resistant to oxidative stress [\(64](#page-13-0)). These studies provide a viewpoint that hAECs are promising to be a novel therapeutic approach for PD. However, more studies are still needed to reveal the specific molecular mechanisms of hAECs for the treatment.

### 5.1.2 Alzheimer's disease

Alzheimer's disease (AD) is an age-related progressive neurodegenerative disorder associated with memory loss and cognitive impairment. The pathogenesis and causes of AD have not been fully understood. The prevailing proposal in the field suggests that the progressive accumulation of Amyloid beta  $(A\beta)$  might trigger a complicated cascade of reactions eventually leading to nerve death, synaptic deficits, and cholinergic neurotransmitter loss, which is widely known as "amyloid hypothesis" ([92](#page-14-0), [93\)](#page-14-0). A $\beta$  is produced through the proteolytic processing of amyloid precursor protein (APP) by  $\beta$ - and  $\gamma$ -secretases. The misfolding of the extracellular <sup>A</sup>b protein forming senile plaques, concomitant with the intracellular deposition of misfolded tau protein in neurofibrillary tangles cause memory loss and confusion and result in personality and cognitive decline over time ([92](#page-14-0)). There is no definitive cure for AD yet, and the current available therapeutic interventions could not reverse, or even stop, the progressive course of AD.

Similar as it is for PD, hAECs have shown a good therapeutic effect on animal models of AD. It has been reported that hAECs transplantation into the lateral ventricle of AD mice models (Tg transgenic mice) via either stereotactic injection or IV injection could significantly improve their behavioral performance, along with the attenuated spatial memory deficits, the growth of cholinergic neurons in the hippocampal region of the forebrain, and the elevation of acetylcholine production. Furthermore, hAECs transplantation reduced the plaques formed by  $A\beta$  deposition and lowered the beta-secretase enzyme (BACE) activity, which is critical in regulating the production of A $\beta$ 40 and A $\beta$ 42 ([94](#page-14-0), [95\)](#page-14-0). A ChIPseq analysis has demonstrated that hAECs treated with verbenalin would highly express AD- related gene sets and the genes involved in neurogenesis ([96](#page-14-0)). Verbenalin has neuroprotective effects against A $\beta$  induced neurotoxicity and has sleep-promoting and antioxidant effects [\(96\)](#page-14-0). Similarly, hAECs in combination with lycopene (LYCO) could effectively reduce the neuroinflammatory factors, such as TNF- $\alpha$  and IL-1 $\beta$ , in cerebrospinal fluid and hippocampus tissue of AD rats, concomitant with the increased level of anti-inflammatory factors, IL-10 and TGF- $\beta$ 1. This united therapy significantly improved the cognitive impairments of AD rats. Importantly, it inhibited the upregulation of TLR4 and NF- $\kappa$ B caused by A $\beta$ 1-42 in the choroid plexus. TLR4 and NF-kB could affect the immune regulatory ability of the choroid plexus ([97](#page-14-0)). These studies indicated that hAECs would be a promising candidate drug for AD treatment.

## 5.2 Immunological disorders

hAECs have immunomodulatory properties. They express low levels of major histocompatibility complex (MHC) class I surface antigens and barely express MHC class II antigens or costimulatory molecules, such as CD80 (B7-1), CD86 (B7-2), and CD40, regardless of the presence or absence of interferon gamma (IFN-γ). hAECs express neither programmed cell death receptor 1 (PD-1), an inhibitory receptor normally expressed on activated T and B cells, nor its two ligands, programmed death ligands 1 and 2 (PD-L1, PD-L2) under IFN- $\gamma$  stimulation ([30\)](#page-12-0). Moreover, the expressions of immune inhibitory receptors, immunoglobulin-like transcript receptors 2, 3, and 4 (ILTR-2, ILTR-3, and ILTR-4) were also undetectable ([30\)](#page-12-0), indicating hAECs might be tolerogenic to immunological rejection. Therefore, hAECs are expected to expand their therapeutic potential in clinical applications of immunological diseases. In our previous work, transplantation of hAECs into the acute GVHD mouse models, which were established through injecting human PBMC in NCG mice, significantly reduced the infiltration of inflammatory cells into target organs and organ lesions, improved the mice survival rate, and prolonged their life span. Based on these animal studies, in 2022, the first application of Investigation of New Drug (IND) of hAECs for aGVHD treatment was approved by Center for Drug Evaluation (CDE), National Medical Products Administration (NMPA) in China and a phase I clinical trial was initiated in Nov. 2023. The outcome of this phase I clinical study will enforce the application potential of hAECs for the treatment of other immunological disorders.

Numerous studies have demonstrated the diverse immunomodulatory and anti-inflammatory properties of hAECs and hAECs conditional medium (hAECs-CM). They secrete various anti-inflammatory factors, such as MIF, TGF-β, IL-10, and PGE2, therefore, hAECs can effectively inhibit T cell proliferation and activation, reducing pro-inflammatory cytokines productions ([31,](#page-12-0) [67](#page-13-0)). Furthermore, hAECs prevent the differentiation of monocyte to dendritic cells through cell directcontact, and significantly decrease the oxidative stress of neutrophils ([98\)](#page-14-0). Similarly, hAECs-CM can also inhibit the chemotactic activity of neutrophils and reduce the proliferation of T cells and B cells after mitotic stimulation [\(66\)](#page-13-0).

hAECs have been employed in a variety of immune-mediated inflammatory diseases, such as autoimmune uveitis, Hashimoto's thyroiditis, systemic lupus erythematosus, diabetes, and Multiple sclerosis (MS) ([99](#page-14-0)–[102\)](#page-14-0). Transplantation of hAECs inhibited myelin oligodendrocyte glycoprotein (MOG)-induced experimental autoimmune encephalomyelitis (EAE), an animal model widely used to study the pathogenesis of MS by inducing symptoms of paresthesia and CNS demyelination associated with perivascular single nucleated cell infiltration. TGF- $\beta$  and PGE2 secreted by hAECs could effectively inhibit the proliferation of splenocytes. Notably, splenocytes isolated from hAECs-treated mice generated more IL-5 than the untreated group. These results indicate that hAECs may treat MS through their immunosuppression effects ([103](#page-14-0)). Intradermal injection of hAECs into diabetic mice significantly accelerated diabetic wound healing and granulation tissue formation, in the meanwhile, hAECs could modulate macrophage phenotype toward M2 macrophage, promote switch from proinflammatory status to pro-healing status of wounds, and increase capillary density in diabetic wounds, which suggested hAECs could promote diabetic wound healing, at least partially, through paracrine effects to regulate inflammation and promote neovascularization ([104](#page-14-0)).

## 5.3 Tissue injuries and repairing

With respect to hAECs biological functions, that is to prevent the fetus from mechanical damages and to secrete hormones and factors, supporting embryonic development, hAECs might also be favorable to tissue repair. The studies about the use of hAECs in tissues repair are abundant, including the injuries in uterus, ovary, kidney, cornea, liver, and lung. Clinical research about hAECs as biological interventions in tissue repair is also ongoing in the areas of intrauterine adhesion (NCT03381807), Asherman's syndrome (NCT03223454), primary ovarian insufficiency/premature ovarian failure/Infertility (NCT02912104, NCT03207412), bronchial fistula (NCT02959333), spastic cerebral palsy (NCT03107975), and nonunion fracture (NCT03031509). In a clinical study of persistent corneal epithelial defects (PEDs), hAECs have been found to promote the regression of PEDs when in combination with collagen shields. Complete resolution of PEDs was seen after two cycles of hAECs-seeded collagen shield in one case, and four cycles in two cases, from 7 to 12 weeks following treatment in all patients. No loss of visual acuity was reported, and clinical improvement was maintained in all cases, with a mean follow-up of 6.3 months ([105\)](#page-14-0).

Animal studies have been further conducted to expand the therapeutic application potential of hAECs in other tissue injuries. hAECs transplantation has been reported to functionally repair the uterine injury and collagen degradation of the scar. Following transplantation into the rats with uterine scars, hAECs induced the upregulation of VEGF1 and matrix metalloproteinase-8 (MMP-8), which facilitated angiogenesis and collagen degradation, respectively. Moreover, hAECs promoted the recovery of myometrium and endometrium ([106\)](#page-14-0), as well as improved the condition of intrauterine adhesion (IUA) in rats and mice models. These results showed hAECs effectively restored the facts of pregnancy and the number of fetuses, additionally, they increased the endometrial thickness and endometrial glands, reconstituted capillary regeneration, promoted stromal cell proliferation and reduced tissue fibrosis [\(107](#page-14-0), [108\)](#page-14-0).

In the treatment of primary ovarian insufficiency (POI), hAECs were found having an effect on regulating steroid biosynthesis and follicular development, promoting angiogenesis and reducing inflammation. In the rat models, post hAECs transplantation, the irregular estrous cycles tended to be normal, follicle stimulating hormone (FSH) level was decreased while anti-Mullerian hormone (AMH) and the count of mature follicles were increased, and rats' body weights and ovaries sizes were also raised [\(65\)](#page-13-0). It has been demonstrated that intravenously injected hAECs in mice with chemotherapy-induced ovarian damage were able to migrate to damaged locations and differentiated into granulosa cells, facilitating the recovery of follicle generation [\(109](#page-14-0), [110\)](#page-14-0).

Interestingly, hAECs were found to be able to suppress the systemic inflammation and maintain renal endothelial integrity in septic mice ([111](#page-14-0)). Therefore, systemic administration of hAECs can improve mortality and renal function in ischemic-reperfusion injuryinduced acute kidney injury (IRI-AKI) mice and reduce the number of apoptotic cells [\(112,](#page-14-0) [113](#page-14-0)). hAECs have nephroprotective effects against cisplatin-induced acute kidney injury (cisplatin-AKI) without compromising the anti-tumor activity of cisplatin ([114\)](#page-14-0).

Other than the applications in the conditions above, hAECs have exhibited therapeutic potentials to myocardial infarction ([115,](#page-14-0) [116\)](#page-14-0), cerebral hemorrhage [\(117](#page-14-0)), retinal degeneration [\(118](#page-14-0), [119\)](#page-14-0), alveolar defects [\(120](#page-14-0)), lung injury ([121\)](#page-14-0), chronic liver failure ([122\)](#page-14-0), gland injury ([123\)](#page-14-0), inner ear injury [\(124](#page-14-0)), and more. All these are required for future clinical research before their transformation into a therapeutic product to help the patients.

## 6 Conclusions and future challenges

Despite recent advances in stem cell-based therapies for various disease, including ESCs, iPSCs, and MSCs, there are many unclear questions and unsolved issues regarding to their potency, stability, oncogenicity, immune response, cell sources, and ethics. The major concerns for their therapeutic potentials are the high risk of tumorigenicity and invasive extraction procedures. hAECs are

derived from the human amnion, which as a medical waste are readily available and under less ethical dispute, and have no tumorigenic and low immunogenic potential. The applications of hAECs on various diseases have been studied and relevant underlying mechanisms have also been explored, making them a better alternative cell source for diseases.

Although hAECs have exhibited a good efficacy in various clinical studies, their limited intrinsic capacity of proliferation lets the expansion in vitro and industrial manufacture challenging. Another common question about hAECs in clinical applications is the shortness of comprehensive knowledge of cell properties. Therefore, cell quality assessment for therapeutic effectiveness could not be controlled, which might lead to inconsistent outcomes in treatments.

These issues can be addressed by establishing optimized in vitro expansion strategies. Simultaneously, it is crucial to establish a complete and standardized evaluation system for cell properties and qualities. In the studies of hAECs lineage development and therapeutical mechanisms, by adopting new analytical methods such as single-cell transcriptome sequencing, machine learning, etc. Numerous research has looked into the deep insights of hAECs composition, as well as, cell fates and attributes during development, fundamentally solving the challenges in developing cell therapy products. On the other hand, by exploring new methods, such as combined therapy, and gene editing, the therapeutic potential of hAECs has been enhanced. In future research, the exploration of the functional features of hAECs will be the prime work to better target the disease treatment.

# Author contributions

JY: Funding acquisition, Writing – original draft, Writing – review & editing. YL: Writing – original draft. JZ: Writing – original draft. YL: Writing – original draft. WH: Writing – original draft. WZ: Funding acquisition, Supervision, Writing – review & editing. ZH: Funding acquisition, Supervision, Writing – review & editing.

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# Conflict of interest

Authors JY, YL, JZ, YL, WH, WZ, and ZH were employed by the company Shanghai iCELL Biotechnology Co., Ltd.

## <span id="page-12-0"></span>Publisher's note

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# **Glossary**

