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Causal relationship between beta-2 microglobulin and B-cell malignancies: genomewide meta-analysis and a bidirectional two-sample Mendelian randomization study

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Background: Beta-2 microglobulin (β 2M) is acknowledged as a prognostic biomarker for B-cell malignancies. However, insights into the impact of β 2M on B-cell malignancy risk, and vice versa, are limited.

Methods: We conducted a genome-wide meta-analysis (GWMA), bidirectional two-sample Mendelian randomization (TSMR) analysis, and pathway enrichment analysis to explore the causal relationship between β 2M and B-cell malignancies and the underlying biological processes.

Results: The GWMA identified 55 lead SNPs across five genomic regions (three novel: WDR72, UMOD, and NLRC5) associated with β 2M. In the UKB, genetically predicted β 2M showed a positive association with diffuse large B-cell lymphoma (DLBCL; odds ratio [OR]: 1.742 per standard deviation increase in B2M; 95% confidence interval [CI]: 1.215–2.498; $P = 3.00 \times 10^{-3}$; FDR = 7.50× 10⁻³) and Hodgkin lymphoma (HL; OR: 2.270; 95% CI: 1.525–3.380; $P = 5.15 \times 10^{-5}$; FDR =2.58 \times 10⁻⁴). However, no associations were found with follicular lymphoma (FL), chronic lymphoid leukemia (CLL), or multiple myeloma (MM). Reverse TSMR analysis revealed no association between genetically predicted B-cell malignancies and ß2M. In FinnGen, ß2M was found to be associated with an increased risk of DLBCL (OR: 2.098; 95% CI: 1.358-3.242; P = 8.28 × 10⁻⁴; FDR = 4.14×10^{-3}), HL (OR: 1.581; 95% CI: 1.167-2.142; P = 3.13×10^{-3} ; FDR = 5.22×10^{-3} 10^{-3}), and FL (OR: 2.113; 95% CI: 1.292-3.455; $P = 2.90 \times 10^{-3}$; FDR = 5.22×10^{-3}). However, no association was found with CLL or MM. Reverse TSMR analysis indicated that genetically predicted DLBCL, FL, and MM may perturb β 2M levels. Pathway enrichment analysis suggested that the innate immune system represents a convergent biological process underlying β2M, DLBCL, and HL.

Conclusions: Our findings suggested that elevated levels of β 2M were associated with an increased risk of DLBCL and HL, which is potentially linked to dysfunction of the innate immune system.

KEYWORDS

Beta-2 microglobulin, B-cell malignancies, causal relationship, Mendelian randomization, innate immune system



1 Introduction

The worldwide occurrence of B-cell malignancies is increasing annually (1, 2). Identifying risk factors improves B-cell malignancy risk assessment in the general population. Observational studies have reported that male sex, autoimmune diseases, obesity, and smoking are risk factors for B-cell malignancies (3–8). Additionally, an association between serum C-reactive protein and an increased risk of non-Hodgkin lymphoma suggested that serum biomarkers could be crucial in assessing the risk of B-cell malignancies (9).

Beta-2 microglobulin (β 2M) is a component of the major histocompatibility complex (MHC) class I molecule, which is present on the surface of almost all nucleated cells. Blood levels of β 2M may have varied clinical implications as a biomarker. β 2M is a prognostic marker in patients with B-cell malignancies. Observational studies have shown that β 2M is independently associated with poor survival in patients with various B-cell malignancies, including diffuse large B-cell lymphoma (DLBCL; hazard ratio [HR]: 2.9-6.5) (10, 11), Hodgkin's lymphoma (HL; 5-7 year overall survival rates were 52%-73%) (12, 13), follicular lymphoma (FL; HR: 2.9) (14), chronic lymphocytic leukemia (CLL; HR: 1.2-2.3) (15–17), and multiple myeloma (MM; HR: 1.8) (18). Despite evidence of elevated β 2M levels in B-cell malignancies, no studies have yet published findings on the association between β 2M and the risk of B-cell malignancies in the general population.

Due to confounding factors and reverse causation in observational studies, determining whether $\beta 2M$ influences the risk of developing B-cell malignancies or vice versa is challenging. Mendelian randomization (MR) analysis identifies causal relationships between risk factors and outcomes by using genetic variants, thereby avoiding confounding factors and reverse causation (19–21). In 2020, Kleinstern et al. used MR analysis and found no causal relationship between lipid traits and non-Hodgkin lymphoma (22). Recently, through MR analysis, Wang et al. reported that inflammatory factors, including interleukin-7 and interleukin-10, were associated with an increased risk of MM (23). In summary, MR analysis serves as a vital tool for assessing the causal effects of $\beta 2M$ on the risk of B-cell malignancy and vice versa.

This study conducted a genome-wide meta-analysis (GWMA) of β 2M with 40,927 Europeans, identifying additional novel loci for β 2M. Using the expanded list of genetic risk alleles as an instrument for identifying β 2M, we conducted further bidirectional two-sample MR (TSMR) analyses between β 2M and B-cell malignancies

Abbreviations: β2M: Beta-2 microglobulin; CI: Confidence interval; CLL: Chronic lymphoid leukemia; DLBCL: Diffuse large B-cell lymphoma; FDR: False discovery rate; GWAS: Genome-wide association studies; GWMA: Genome-wide meta-analysis; FL: Follicular lymphoma; HL: Hodgkin lymphoma; IVs: Instrumental variables; IVW: Inverse variance-weighted; MHC: Major histocompatibility complex; MM: Multiple myeloma; MR: Mendelian randomization; NK: Natural killer; OR: Odds ratio; PP: Posterior probability; SNPs: Single-nucleotide polymorphisms; TSMR: Two-sample Mendelian randomization.

(DLBCL, FL, HL, CLL, and MM). Additionally, we performed pathway enrichment analysis for genes overlapping between β 2M and B-cell malignancies. We identified three novel loci associated with β 2M and observed that elevated β 2M was associated with an increased risk of DLBCL and HL, potentially due to dysfunction of the innate immune system.

2 Materials and methods

2.1 Study design

As shown in Figure 1, we first conducted a genome-wide metaanalysis (GWMA) of β 2M by combining a GWAS from the GWAS Catalog and deCODE. This combination resulted in a total sample size of 40,912. Functional annotation of the GWMA summary was performed using the Functional Mapping and Annotation of Genome-Wide Association Studies (FUMA GWAS) web-based tool. Tissue specificity expression analysis was performed using the "Gene Page" of the Genotype-Tissue Expression (GTEx) portal. To investigate the causal relationship between B2M and B-cell malignancies (DLBCL, FL, HL, CLL and MM), we performed a bidirectional TSMR analysis. Briefly, we conducted forward and reverse TSMR analyses to explore the causal relationship between β2M levels and B-cell malignancies using GWMA summary statistics for B2M levels and UK Biobank (UKB) GWAS data for B-cell malignancies. Additionally, we used FinnGen GWAS data on B-cell malignancies for bidirectional TSMR to validate the causal association. Furthermore, we conducted pathway enrichment analysis using overlapping genes between B2M and B-cell malignancies to investigate the convergence of biological processes underlying β 2M and B-cell malignancies.

2.2 Data sources

Similar genetic variant-phenotype associations in separate samples are the basic assumption of TSMR. This assumption may be violated if samples are from different populations (e.g., populations of different ages, sexes or ethnicities). To hold the assumption, we selected B2M and B-cell malignancy GWASs in which participants were mainly of European ancestry for both sexes. The detailed GWAS summary statistics used for the TSMR analyses are described in Supplementary Table S1. Briefly, the GWAS summary statistics of B2M were obtained from two published studies on GWAS of plasma or serum protein levels involving 35,559 and 5,353 individuals of European descent, respectively (24, 25). The GWAS summary statistics for B-cell malignancies were obtained from the UKB and FinnGen consortia. The UKB cohort included over 500,000 adult individuals recruited from the UK population between 2006 and 2010. Lee et al. analyzed ~1,400 binary phenotypes in 400,000 white British participants, including DLBCL (573 patients and 404,466 controls), FL (371 patients and 404,466 controls), HL (258 patients and 404,466 controls), CLL (506 patients and 404,466 controls) and MM (552 patients and 361,060 controls) patients. All analysis summary statistics are available from https://www.leelabsg.org/resources. FinnGen collects and analyses genome and phenotypic data from hundreds of thousands (aiming at 500,000 individuals in the end of 2023) of Finnish biobank participants. For FinnGen release 7, a total of



A schematic diagram of the study design. Briefly, a GWMA was conducted to detect loci associated with β2M (Step1). SNPs significantly and independently associated with the exposure (β2M/B-cell malignancies) were subjected to TSMR to identify the causal relationship between β2M and B-cell malignancies (Step2). Finally, pathway enrichment analysis was utilized to explore the underlying biological processes linking β2M and B-cell malignancies (Step3). β2M, beta-2 microglobulin; CLL, chronic lymphoid leukemia; DLBCL, diffuse large B-cell lymphoma; eQTL, expression quantitative trait locus; FL, follicular lymphoma; HL, Hodgkin lymphoma; GWAS, genome-wide association study; GWMA, genome-wide meta-analysis; MM, multiple myeloma; TSMR, two-sample Mendelian randomization; UKB, UK Biobank.

309,154 participants were evaluated for 3,095 phenotypes, including DLBCL (352 patients and 308,802 controls), FL (816 patients and 308,338 controls), HL (586 patients and 308,568 controls), CLL (437 patients and 308,717 controls), and MM (914 patients and 308,240 controls). All analysis summary statistics are available from https://www.finngen.fi/en/access results.

The β 2M assessment method and diagnostic criteria for B-cell malignancy are available in Supplementary Table S1.

2.3 β 2M genome-wide meta-analysis

We searched for publicly available β 2M GWASs before November 4, 2023, with "beta-2-microglobulin", " β 2M", and "B2M" as keywords in the GWAS Catalog. We found that 5 GWASs on β 2M have been published, but summary statistics are available for only 1 GWAS (N=5,353), which focused on European populations (Supplementary Table S2) (24). DeCODE genetics has also published a GWAS on β 2M involving 35,559 individuals (Supplementary Table S2) (25). We performed a genome-wide meta-analysis (GWMA) combining these 2 independent GWASs focused on β 2M, encompassing a total of 40,912 subjects. GWMA was performed using a fixed-effect inverse variance-weighted model with METAL. (26) The autosomal SNPs that showed the same direction of effect and had a P value for heterogeneity greater than 0.05 across the 2 GWASs were utilized in subsequent research.

2.4 Functional annotation of genome-wide meta-analysis

We employed the web-based tool FUMA GWAS to identify genomic risk loci and to acquire functional information about the relevant SNPs within these loci (27). First, lead SNPs were defined using a genome-wide significant P value (5×10^{-8}) and linkage disequilibrium (LD) r² <0.05. All SNPs with a significant P value (0.05) in LD (r² ≥0.05) with one of the lead SNPs were candidate SNPs. Furthermore, genomic risk loci were identified by merging LD blocks that were less than 250 kb apart.

Gene mapping was based on positional mapping and expression quantitative trait locus (eQTL) mapping. First, positional mapping was performed by applying a maximum distance of 10 kb between SNPs and genes. Second, eQTL mapping was conducted using data generated in GTEx v8. The Benjamini-Hochberg false discovery rate (FDR) method, with a threshold of 0.05, was employed to define significant eQTL associations. Tissue specificity expression analysis was performed using the "Gene Page" of the Genotype-Tissue Expression (GTEx) portal.

2.5 Bidirectional TSMR analysis

MR analysis was based on three core assumptions: (1) relevance: single-nucleotide polymorphisms (SNPs) are associated with exposure; (2) independence: SNPs are not associated with confounders; and (3) exclusion restriction: SNPs affect the outcome only through the exposure. The SNPs satisfying these assumptions are known as valid instrumental variables (IVs).

In this study, SNPs significantly and independently associated with exposure were selected as IVs. Briefly, we used significant, independent lead SNPs in GWMA as IVs to proxy β 2M levels. We chose SNPs under a lenient threshold of $P < 1 \times 10^{-5}$ to predict B-cell malignancies because few SNPs with $P < 5 \times 10^{-8}$ were available. To ensure that these SNPs were independent of each other, we pruned them based on LD ($r^2 < 0.05$; within a 10 Mb distance).

We performed the primary analysis via an inverse varianceweighted (IVW) approach, which assumes that all SNPs are valid IVs (28). MR-Egger regression and Cochran's Q test were used to estimate SNP pleiotropy and heterogeneity effects. The estimates were considered robust when P > 0.05 for both the regression intercept and Q test. However, the pleiotropy effects of IVs are common and difficult to avoid. To minimize the bias of the pleiotropy effects, we conducted sensitivity analyses using MR-Egger (29), weighted median (30) and the Mendelian randomization pleiotropy residual sum and outlier (MR-PRESSO) (31) approach, as detailed in our previous study (32). In addition, leave-one-out analysis was used to identify potential influential SNPs that may drive causal associations. The TSMR analysis was conducted using the "TwoSampleMR" package of R (version 0.5.6). A false discovery rate (FDR) of 0.05 was used to define significant associations.

2.6 Colocalization analysis

To detect whether the identified causal associations are driven by causal variants that are in linkage disequilibrium (LD) within a genomic region, we further performed colocalization analyses using the 'coloc' package (https://github.com/chr1swallace/coloc) to detect shared causal variants for the significant associations in the TSMR analyses. We focused on the genomic region within 5 kb on both sides of the IVs used in the TSMR analyses. We utilized the coloc.abf algorithm and identified SNPs within the region with a posterior probability greater than 0.95 as candidate causal variants. Those candidates showing LD $r^2 > 0.8$ with IVs and an association P value < 0.05 were determined to be causal variants.

2.7 Pathway enrichment

To investigate the convergence of biological processes underlying β 2M and B-cell malignancies, we performed pathway enrichment analysis on overlapping genes between β 2M and five Bcell malignancies. B-cell malignancy GWAS SNP-associated genes were identified based on positional and eQTL mapping, as mentioned above. Pathway enrichment analysis of the overlapping genes was conducted using the 'gene2func' module in the FUMA GWAS. The pathways used in this study were derived from GO biological processes, KEGG, and canonical pathways of the MsigDB C2 collection. Single-cell gene expression analyses were performed using the "Multi Gene Single-Cell Query Page" of the GTEx Portal. The TIMER2.0 online database was used to investigate the relationships between the NLRC5 expression level and B2M and innate immune system genes in DLBCL (33).

3 Results

3.1 Identification and functional annotation of genetic loci associated with β 2M in GWMA

The GWMAs of 2 independent GWASs on B2M revealed 5 genetic loci associated with β 2M (Figure 2A). Of the 5 identified loci, 2, rs2853975 in HCP5 (HLA complex P5) and rs3184504 in SH2B3 (SH2B adaptor protein 3), were previously reported by Tin A et al. (34) The 3 newly identified loci were rs4776161 in WDR72 (WD repeat domain 72), rs34882080 in UMOD (Uromodulin), and rs74439742 in NLRC5 (NLR family CARD domain containing 5). HCP5, SH2B3, and NLRC5 were highly expressed in EBVtransformed lymphocytes, as well as in whole blood and spleen tissues enriched with lymphocytes. In contrast, WDR72 and UMOD exhibited high expression levels in kidney tissues (Figure 2B). There were 55 lead SNPs, with 25 associated with higher β 2M levels and 30 associated with lower β 2M levels (Supplementary Table S3), along with 21,025 candidate SNPs located within these 5 loci (Supplementary Table S4). The majority of these SNPs are located in intergenic and intronic regions (Supplementary Figure S1). A total of 526 genes mapped to SNPs associated with β 2M were identified through positional mapping and eQTL mapping, and these genes were subsequently used for pathway enrichment analysis (Supplementary Table S5).

3.2 Discovery of associations between β 2M and B-cell malignancies in the UKB

Initially, we conducted forward Mendelian randomization (MR) analyses using 55 lead SNPs associated with β 2M levels and UKB GWAS data for B-cell malignancies to explore the causal effects of genetically predicted β 2M levels on B-cell malignancies.

As shown in Figure 3A and Supplementary Table S6. The IVW estimates showed that β 2M was positively associated with DLBCL (odds ratio [OR]: 1.742 per standard deviation increase in β2M; 95% confidence interval [CI]: 1.215–2.498; $P = 3.00 \times 10^{-3}$; FDR = 7.50×10^{-3}), HL (OR: 2.270; 95% CI: 1.525-3.380; $P = 5.15 \times 10^{-5}$; FDR = 2.58×10^{-4}), and CLL (OR: 1.387; 95% CI: 1.032-1.864; P = 3.00×10^{-2} ; FDR = 5.00×10^{-2}) but was not associated with FL (OR: 0.785; 95% CI: 0.476-1.294; P = 0.255; FDR =0.342) or MM (OR: 0.913; 95% CI: 0.706-1.180; P = 0.131; FDR =0.486). Cochran's Q test revealed heterogeneity in the associations of β 2M with DLBCL $(P = 1.37 \times 10^{-5})$ and FL $(P = 1.06 \times 10^{-8})$. MR-PRESSO identified one outlier SNP in the association between β 2M and DLBCL, indicating that the corrected causal relationship was still significant. Furthermore, three outlier SNPs were identified in the association between β 2M and FL, with the corrected causal relationship remaining insignificant. The results from weighted median estimates or MR-Egger were consistent with the IVW estimation results. The leave-one-out analysis (Supplementary Figure S2D) demonstrated that the association between β 2M and CLL was driven by potentially influential SNPs. After removing potentially influential SNPs, the association between β 2M and CLL (OR: 1.139; 95% CI: 0.837-1.549; P = 0.409) was found to be nonsignificant. Colocalization analyses revealed that the associations between β 2M and DLBCL, between β 2M and HL, and between β 2M and CLL may be attributed to causal SNPs (Supplementary Table S7). After removing causal SNPs, significant associations remained between β 2M and DLBCL (OR: 1.477; 95% CI: 1.000-2.183; P = 5.00×10^{-2}) and between β 2M and HL (OR: 2.167; 95% CI: 1.430-3.284; P = 2.67×10^{-4}), but the association with CLL was not significant (OR: 1.262; 95% CI: 0.938-1.699; P = 0.124). These findings suggested that elevated β 2M was associated with an increased risk of DLBCL and HL but not FL, CLL, or MM.

As shown in Figure 3B and Supplementary Table S6, the IVW estimates of the reverse TSMR analysis on the effects of B-cell malignancies on β 2M revealed that FL showed a positive association with β 2M (β : 0.014; 95% CI: 0.002–0.026; P = 0.029; FDR =0.145), although the association did not remain significant after FDR correction. Neither DLBCL (β: 0.039; 95% CI: -0.020-0.098; P = 0.188; FDR =0.400), HL (β : -0.001; 95% CI: -0.017-0.015; P = 0.856; FDR=0.898), CLL (β: 0.010; 95% CI: -0.006–0.026; *P* = 0.240; FDR = 0.400), nor MM (β : -0.001; 95% CI: -0.023–0.021; P = 0.898; FDR = 0.898) were associated with β 2M. Cochran's Q test revealed heterogeneity in the associations of β 2M with DLBCL ($P = 8.69 \times$ 10^{-24}) and CLL (P = 1.20×10^{-2}). MR-PRESSO identified four outlier SNPs in the association between DLBCL and β 2M, with the corrected causal relationship remaining insignificant. Furthermore, no outlier SNPs were detected in the association between CLL and β2M. The results from weighted median estimates or MR-Egger were consistent with the IVW estimation results. The leave-one-out analysis (Supplementary Figure S3C) demonstrated that the causality between FL and β 2M was driven by potentially influential SNPs. After removing potentially influential SNPs, the association between FL and β2M (β: 0.001; 95% CI: -0.011-0.014; P = 0.821) was not significant. These findings suggested that B-cell malignancies do not affect β2M levels.

The associations of IVs with β 2M and B-cell malignancies are available in Supplementary Table S8.

3.3 Validation of the associations between β 2M and B-cell malignancies in FinnGen

We performed TSMR analyses based on FinnGen to validate the causal association between β 2M and B-cell malignancies.

As shown in Figure 4A and Supplementary Table S9. The IVW estimates replicated the TSMR results on the causal effects of genetically predicted β 2M on B-cell malignancies, confirming that β 2M was associated with increased risk of DLBCL (OR: 2.098; 95% CI: 1.358-3.242; $P = 8.28 \times 10^{-4}$; FDR = 4.14 × 10⁻³) and HL (OR: 1.581; 95% CI: 1.167-2.142; $P = 3.13 \times 10^{-3}$; FDR = 5.22 × 10⁻³) but was not associated with CLL (OR: 0.870; 95% CI: 0.608-1.246; P = 0.448; FDR = 0.448) or MM (OR: 1.189; 95% CI: 0.943-1.498; P = 0.144; FDR = 0.180). Contrary to the UKB results, the FinnGen



nearestGene, the nearest gene of the SNP based on ANNOVAR annotations; Pos, position of top lead SNP based on the human genome build hg19; P value, the p value of the association; SE, standard error of Beta; Top lead SNP, lead SNP that has the most significant P value in the locus.

findings suggested that β 2M was also positively associated with FL (OR: 2.113; 95% CI: 1.292-3.455; $P = 2.90 \times 10^{-3}$; FDR = 5.22 × 10⁻³). Cochran's Q test revealed heterogeneity in the associations of β 2M with DLBCL ($P = 2.00 \times 10^{-3}$), HL ($P = 4.40 \times 10^{-2}$), FL ($P = 9.92 \times 10^{-28}$) and CLL ($P = 2.70 \times 10^{-2}$). MR-PRESSO identified one, one, and six outlier SNPs in the association of β 2M with

DLBCL, HL, and FL, respectively, and the corrected causal relationships were still significant. Furthermore, no outliers were detected in the association between $\beta 2M$ and CLL. The results from weighted median estimates or MR-Egger were consistent with the IVW estimation results. Plots of the leave-one-out analysis (Supplementary Figure S4) demonstrated that there were no



potentially influential SNPs driving the causal association. Colocalization analyses revealed that the associations between β 2M and DLBCL and between β 2M and FL may be attributed to causal SNPs (Supplementary Table S10). After removing causal SNPs, significant associations remained between β 2M and DLBCL (OR: 1.946; 95% CI: 1.242-3.049; $P = 3.68 \times 10^{-3}$) and between β 2M and FL (OR: 1.805; 95% CI: 1.096-2.972; $P = 2.03 \times 10^{-2}$). These findings suggested that elevated β 2M was associated with an increased risk of DLBCL, HL, and FL but not CLL or MM.

As shown in Figure 4B and Supplementary Table S9, the reverse TSMR analysis of the effects of B-cell malignancies on β 2M showed a consistent association, as noted in the UKB findings. Briefly, the

IVW estimates showed that DLBCL (β:-0.003; 95% CI: -0.087– 0.081; P = 0.936; FDR = 0.936), HL (β: 0.009; 95% CI: -0.007–0.025; P = 0.314; FDR = 0.523), FL (β: 0.046; 95% CI: -0.017–0.109; P =0.148; FDR = 0.370), CLL (β: -0.006; 95% CI: -0.022–0.010; P =0.427; FDR = 0.534) and MM (β: 0.045; 95% CI: 0.000–0.090; P =5.00 × 10⁻²; FDR = 0.250) were not associated with β2M. Cochran's Q test revealed heterogeneity in the associations of DLBCL (P =1.16× 10⁻⁴), FL ($P = 1.50 \times 10^{-70}$), and MM ($P = 1.00 \times 10^{-3}$) with β2M. The effects of DLBCL on β2M could not be inferred using MR-PRESSO due to an insufficient number of SNPs. In the association between FL and β2M, MR-PRESSO identified seven outlier SNPs, and the corrected causal relationship was significant.



were not associated with $\beta 2M$. β , effect size of B-cell malignancies on $\beta 2M$; CLL, chronic lymphoid leukemia; DLBCL, diffuse large B-cell lymphoma; FL, follicular lymphoma; HL, Hodgkin lymphoma; MM, multiple myeloma.

In the association between MM and B2M, MR-PRESSO identified two outlier SNPs, and the corrected causal relationship remained insignificant. The results from weighted median estimates or MR-Egger were consistent with the IVW estimation results. Leave-oneout analysis (Supplementary Figure S5A, C, E) demonstrated that the associations of DLBCL, FL, and MM with β 2M were driven by potentially influential SNPs. After removing potentially influential SNPs, DLBCL was negatively associated with β 2M (β : -0.049; 95% CI: -0.085–0.014; $P = 6.12 \times 10^{-3}$). In contrast, FL (β : 0.060; 95% CI: 0.003–0.118; *P* = 0.038) and MM (β: 0.077; 95% CI: 0.049–0.105; *P* = 5.30×10^{-8}) showed positive associations with β 2M. These findings suggest that DLBCL, FL, and MM may affect β 2M levels.

The associations of IVs with β 2M and B-cell malignancies are available in Supplementary Table S11.

3.4 Potentially biological mechanisms underlying the role of β 2M in DLBCL and HL

We identified 525, 316, 193, 477, 303, and 166 genes associated with β2M, DLBCL, HL, FL, CLL, and MM, respectively, as listed in Supplementary Table S12. Pathway enrichment analysis was conducted on genes overlapping between β 2M and DLBCL (228



Potentially biological mechanisms underlying the role of β 2M in DLBCL and HL. (A) The innate immune system is the pathway uniquely shared by β 2M, DLBCL, and HL, as illustrated in the Venn diagram. (B) Single-cell gene expression analyses of B2M and NLRC5 in typical representative tissues. B2M was highly upregulated in innate immune cells, particularly in natural killer cells. A similar upregulation pattern was observed for the B2M transcription factor NLRC5. (C) Correlation analysis of NLRC5 with B2M and innate immune system genes. NLRC5 exhibited a strong correlation with both B2M and HLA-E (r > 0.6), as indicated by the red boxes.

genes), HL (120), FL (337), CLL (130), and MM (38). As shown in Figure 5A and detailed in Supplementary Table S13, the GOBP and KEGG analyses did not identify specific pathways for DLBCL and HL. However, analysis of the canonical pathways from the MsigDB C2 collection revealed that the innate immune system was more specific for DLBCL and HL than for FL, CLL, and MM, involving 17 genes, including MHC class I molecules (HLA-A, B,C, and E),

complement system (C2, CFB, C4A, and C4B), heat shock protein family A (HSPA1A and HSPA1B), proteasome 20S subunit beta (PSMB8 and PSMB9), tubulin beta class I (TUBB), ATPase H+ transporting V1 subunit G2 (ATP6V1G2), casein kinase 2 beta (CSNK2B), neuraminidase 1(NEU1), and advanced glycosylation end-product specific receptor (AGER). This finding suggested that the innate immune system is a convergent biological process underlying β 2M, DLBCL, and HL. Figure 5B shows that B2M was highly upregulated in innate immune cells within typical representative tissues, particularly in natural killer cells. A similar upregulation pattern was observed for the B2M transcription factor NLRC5. This pattern was also evident in other tissue types not displayed, such as esophageal mucosa, skeletal muscle, and prostate. Furthermore, in DLBCL patient tumor tissues, NLRC5 showed significant associations not only with B2M but also with 11 genes involved in the innate immune system (Figure 5C). Among these genes, NLRC5 had a strong correlation with B2M and HLA-E (rho>0.6).

4 Discussion

We conducted a GWMA on β 2M and identified three novel loci associated with β 2M levels: WDR72, UMOD, and NLRC5. WDR72 and UMOD are highly expressed in kidney tissues, while NLRC5 is highly expressed in EBV-transformed lymphocytes, whole blood and spleen tissues. For the first time, we conducted bidirectional TSMR analyses to assess the causal relationship between β 2M and B-cell malignancies. Both the UKB and FinnGen forward TSMR analyses provided clear evidence of a risk-increasing effect of β 2M on DLBCL and HL, without supporting evidence for its causal effect on CLL and MM. Additionally, reverse TSMR analyses from both UKB and FinnGen showed that HL and CLL did not affect β 2M levels. Finally, we identified the innate immune system as a convergent biological process underlying β 2M, DLBCL, and HL.

We identified three novel loci (WDR72, UMOD, and NLRC5) associated with B2M levels. WDR72 and UMOD are highly expressed in the kidney, while NLRC5 is predominantly expressed in lymphocyte-enriched tissues. B2M freely passes through the glomerular filtration membrane, with 99.9% of the filtered B2M being reabsorbed by proximal convoluted tubule cells and subsequently degraded into amino acids, preventing its re-entry into the bloodstream (35). The rs4776161-T allele in WDR72 and rs34882080-A allele in UMOD were both associated with increased β2M levels. However, the rs17730281-G allele, which is in strong LD with rs4776161-T (r2>0.8), was negatively associated with logtransformed eGFR creatinine levels, and rs34882080-A was associated with a reduced glomerular filtration rate (36, 37). These observations indicate that impaired kidney function, particularly glomerular filtration dysfunction, may contribute to elevated B2M levels. Additionally, NLRC5 is highly expressed in lymphocyte-enriched tissues and serves as a key transcriptional regulator of B2M and MHC class I genes (HLA-A, B, C, and E) (38, 39). Previous study has reported that the rs74439742 in NLRC5 is associated with a reduced HLA-E/LILRB1 protein level ratio (40). Our study has further identified a novel association between rs74439742-T and reduced B2M levels. These findings suggest that rs74439742 may affect NLRC5 function, leading to changes in the expression of HLA-E and B2M. These findings suggest that β2M levels are influenced by two key factors: glomerular filtration function and protein synthesis. While our study has identified novel genetic loci significantly associated with β 2M, these findings necessitate validation through larger-sample GWAS to ensure their robustness and generalizability.

β2M is a well-recognized prognostic biomarker in various B-cell malignancies, including DLBCL, HL, FL, MM, and CLL, and it is even recommended by the International Staging System for stratifying MM patients (10-18). Furthermore, our study found that β 2M may be a susceptibility or risk factor for DLBCL and HL. This suggests that β 2M serves dual roles: it is a prognostic marker in already diagnosed patients and also potential role as a susceptibility or risk factor in the general population. In the context of MM, β 2M may not be involved in the early onset of the disease but rather in its progression once the disease has been established. This distinction is crucial and may also be relevant for patients with CLL. Conversely, in DLBCL and HL, B2M appears to play a role not only in the early onset of these diseases but also in regulating their progression. Additionally, our reverse TSMR analysis, based on UKB and FinnGen, showed no evidence of a causal effect of HL or CLL on β2M levels, and the impact of DLBCL, FL, and MM on β2M levels remains controversial. We cannot rule out the potential influence of these malignancies on β 2M levels, and further research is necessary to clarify these potential associations.

 β 2M, found on tumor cell membranes, is known to bind noncovalently to human leukocyte antigen-I and participate in immune regulation by forming MHC-I complexes (41). Patients with DLBCL often exhibit inactivating mutations and focal deletions in β 2M, leading to the inhibition of MHC class I molecules (HLA-A,B, and C) expression on the cell surface. The reduction in MHC class I complex expression facilitates immune escape by tumor cells, thereby contributing to tumorigenesis (42). Of interest, the HLA-E/B2M heterodimers can suppress the immune effector functions of NK cells and T cells by binding to the CD94/ NKG2A receptor on these cells, potentially leading to their functional exhaustion. This suppression significantly weakens the cytotoxic capabilities of NK cells and T cells, thereby facilitating immune evasion by tumor cells (43). NLRC5, as a transcription factor, regulates the expression of MHC class I genes and B2M. Our study found that the missense mutation rs74439742-T in the NLRC5 is associated with lower B2M levels, while rs74439742-C is associated with higher β2M levels. Additionally, UKB and FinnGen GWAS showed that the rs74439742-T variant exhibits a trend of negative correlation with DLBCL ($P_{FinGen}{=}0.302$ and $P_{UKB}{=}0.262$). These findings suggest that NLRC5 carrying the rs74439742-C allele may play an oncogenic role in the development of DLBCL, potentially through the elevation of β 2M levels. However, the detailed mechanisms underlying this association require further investigation.

The immunoregulatory potential of circulating β 2M remains relatively underexplored. Our findings reveal that the biological processes associated with β 2M levels, DLBCL, and HL are closely linked to the innate immune system, highlighting the significance of the tumor immune microenvironment (TIME). It has been reported that daily intravenous injections of recombinant human β 2M in mice for 3 days increased the percentage of proinflammatory monocytes in the plasma, which produce inflammatory factors such as C-X-C motif chemokine ligand 1 (CXCL1), tumor necrosis factor (TNF-a), and matrix metallopeptidase 9 (MMP9) (44). Further research is needed to determine whether these proinflammatory monocytes and their associated cytokines contribute to the pathogenesis of DLBCL and HL. Histopathologically, DLBCL and HL are characterized by a highly diverse and plastic TIME, typically consisting of various immune cell types. In contrast, MM and CLL are predominantly marked by the monoclonal proliferation of tumor cells with a deficiency in immune cell infiltration. This distinction may explain the observed association between elevated B2M levels and an increased risk of DLBCL and HL, an association not observed in CLL and MM. Future research should explore the relationship between B2M levels and clinicopathological features across these malignancies, with particular attention to immune cells within TIME, such as T cells and M2 macrophages. This could provide valuable insights into the biological mechanisms that define β2M's role as either a prognostic marker in diagnosed patients or a risk factor in the general population.

Some limitations of the current work should be acknowledged. First, although TSMR provides valuable insights into causal relationships, it is subject to inherent limitations. Specifically, the assumptions of independence and exclusion restriction not always be met, which may impact the validity of the findings. Therefore, further validation through prospective studies or randomized controlled trials (RCTs) is recommended. Moreover, the GWASs utilized in this study primarily involved populations of European descent. In the absence of available β 2M GWAS data for Asian populations, prospective studies in these groups are essential to validate our findings and determine their generalizability across different ethnic groups.

5 Conclusion

This study identified novel loci associated with β 2M, confirming its role as a susceptibility or risk marker for DLBCL and HL, as well as its underlying biological mechanisms. These findings can help in assessing the risk of DLBCL and HL, allowing for more targeted screening and early intervention.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material. Further inquiries can be directed to the corresponding author.

Ethics statement

Ethical approval was not required for the study involving humans as the research utilizes publicly available GWAS data, which does not require additional approval from the ethics committee of the institution where the study was conducted. Written informed consent to participate in this study was not required from the participants or the participants' legal guardians/next of kin in accordance with the national legislation and the institutional requirements.

Author contributions

JL: Conceptualization, Data curation, Formal analysis, Visualization, Writing – original draft, Writing – review & editing. YW: Funding acquisition, Project administration, Writing – review & editing. XZ: Project administration, Writing – review & editing. XW: Conceptualization, Funding acquisition, Supervision, Writing – review & editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fimmu.2024. 1448476/full#supplementary-material

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