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T memory stem cell characteristics in autoimmune diseases and their promising therapeutic values

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Memory T cells are conventionally subdivided into T central memory (T_{CM}) and T effector memory (T_{EM}) cells. However, a new subset of memory T cells named T memory stem cell (T_{SCM}) cells has been recognized that possesses capabilities of both T_{CM} and T_{EM} cells including lymphoid homing and performing effector roles through secretion of cytokines such as interleukin-2 (IL-2) and interferon-gamma (IFN- γ). The T_{SCM} subset has some biological properties including stemness, antigen independency, high proliferative potential, signaling pathway and lipid metabolism. On the other hand, memory T cells are considered one of the principal culprits in the pathogenesis of autoimmune diseases. T_{SCM} cells are responsible for developing long-term defensive immunity against different foreign antigens, alongside tumor-associated antigens, which mainly derive from self-antigens. Hence, antigen-specific T_{SCM} cells can produce antitumor responses that are potentially able to trigger autoimmune activities. Therefore, we reviewed recent evidence on T_{SCM} cell functions in autoimmune disorders including type 1 diabetes, systemic lupus erythematosus, rheumatoid arthritis, acquired aplastic anemia, immune thrombocytopenia, and autoimmune uveitis. We also introduced T_{SCM} cell lineage as an innovative prognostic biomarker and a promising therapeutic target in autoimmune settings.

KEYWORDS

T memory stem cell, autoimmune diseases, type 1 diabetes, rheumatoid arthritis, sickle cell disease, hepatitis C virus

1 Introduction

T cells are identified as key members of the adaptive immune system defending against a wide range of pathogens while making a sharp distinction between self- and non-self-antigens (Ags) (1, 2). The feature “memory” potentiates T cells to produce stronger and more rapid responses during reexposure to the corresponding Ag (1). Memory T cells are also capable of preserving their protectiveness against recognized Ags for several decades without restimulation by those Ags (2, 3). Conventionally, memory T cells are divided into T

central memory (T_{CM}) and T effector memory (T_{EM}) cells according to the expression of their phenotypic markers such as CD45RO/RA, CCR7, and CD62L (3). However, a new subset of memory T cells has been recently recognized during the investigation of the graft-versus-host disease translational model, which possesses features of both T_{CM} and T_{EM} cells including lymphoid homing and effector role performance through secreting effector cytokines like interleukin-2 (IL-2) and interferon-gamma (IFN- γ) named T memory stem cell (T_{SCM}) cells. Unlike other memory T-cell subsets, T_{SCM} cells have two main characteristics including stemness and Ag independency along with some biological properties such as high proliferative potential and lipid metabolism (1, 2, 4). Recent investigations extensively reviewed the roles and applications of T_{SCM} cells in malignancies, including melanoma, gastric cancer, B-cell lymphoma, and adult T-cell leukemia as well as infectious disorders such as human immunodeficiency virus type 1 and simian immunodeficiency virus (1–3), but few literatures have focused on properties of T_{SCM} cells in the setting of autoimmune diseases.

An autoimmune disorder is a well-known condition that typically stems from hyperactivation of cells producing inflammatory cytokines accompanied by the disruption of immunoregulatory pathways leading to a persistent response to self-Ags (1). Despite immunosuppressor and anti-inflammatory drugs being routinely used to control autoimmune diseases, no complete success has been achieved with this approach, which can be pertinent to the existence of immune memory cells, specifically T_{SCM} cells (2). Gaining insight into the novel concept of T_{SCM} cells, developing our knowledge regarding T_{SCM} cell's differentiation, molecular mechanism, signal transduction, and regulation pathways can aid clinicians in designing efficient immunotherapeutic strategies against autoimmune diseases. Therefore, in this study, we review the characteristic features of these innovative memory T cells with their recognized roles in some autoimmune diseases.

2 T_{SCM} cells

T_{SCM} cells constitute approximately 2%–3% of circulating T cells (5), with a distinctive gene expression profile that is closely related to that of conventional memory T cells (1, 2, 4). Further investigations showed that T_{SCM} functional roles are apparently different from those of classical memory T subsets (3). T_{SCM} cells emerge mostly in peripheral blood and secondary lymphoid organs (SLOs) and quietly fade at mucosal surfaces (3, 6). Currently, T_{SCM} cells were identified in mice, humans, and nonhuman primates (NHPs) (1–3). According to their life span, T_{SCM} cells are categorized into two subgroups; shorter-lived T_{SCM} cells survive less than 1 year and can be reconstituted rapidly, but another subgroup that is estimated to have at least 9 years of longevity can perfectly preserve their self-renewal and memory abilities even above 25 years (1, 2, 4). The difference between the life span of these two subgroups can be attributed to methylation/demethylation of the promoters of their transcriptional factors, which can switch on/off their self-renewal molecular machinery (1, 4, 7). More importantly, the telomeres of the long-lived T_{SCM} cells are protected by the high levels of telomerase against erosion (1, 2).

2.1 T_{SCM} cell differentiation

Different models are proposed on the conversion of T_{SCM} into effector cells. Even though some literature acknowledges the linear model of T_{SCM} cell differentiation (6, 8, 9), circular (on-off-on) and asymmetric models are also suggested (6). Herein, we briefly explain each model and discuss which one is more plausible at least in the context of autoimmune diseases like type 1 diabetes (T1D) (10).

In the linear model, the cell differentiation in each phase depends on the T-cell receptor (TCR) potential signal and extent and persistence of antigenic stimulation on the cells. This model explains that while T cells are directed straightly toward the memory and effector phases, they gradually lose their memory strength and develop remarkably effector capabilities, which is also termed as the “decreasing potential” model (Figure 1A). However, it seems that this model is in conflict with the primary definition of T_{SCM} cells in regard to the preservation of memory capacities over long periods of time (6).

The “circular” or “on-off-on” model is opposite the linear one, as it explains that once T cells are exposed to an Ag, they differentiate into effector T cells, and upon the response contraction, the participated effector T cells dedifferentiate into different memory subsets until reencountering with the cognate Ag, by which the cells are able to remember and redifferentiate into the effector T cells (Figure 1B). This model could be relatively accepted in the context of some infectious diseases (6).

The third model proposes that the formation of memory and effector T cells is predetermined from the first division via asymmetric distribution of critical transcriptional and epigenetic modulators between two daughter cells whereby one acquires memory ability and another one develops its effector potency. This pattern, called the “asymmetric division model,” can be more conceivable in autoimmune diseases such as T1D in which the full activation signal is received by one daughter cell, while the weak stimulation signal is picked up by another one (Figure 1C) (6, 10).

2.2 Biological characteristics of T_{SCM} cells

Likewise, in other immune cells, immunophenotyping is a helpful technique to identify the T_{SCM} cell subset (3). The subset is characterized in humans and NHPs by expressing the combination of effector and memory T-cell markers, including CD45RA⁺, CD45RO⁻, CD27⁺, CD28⁺, CCR7⁺, CD62L⁺, CD95⁺, CD122⁺, and CD127⁺ (1, 2, 4). Nevertheless, CD45RA⁺, CD45RO⁻, CD27⁺, CD28⁺, CCR7⁺, CD62L⁺, and particularly CD95⁺ are considered distinctive markers between naive and T_{SCM} cells (Figure 2) (1, 2, 4). The equivalent markers of T_{SCM} cells in mice are known as CD62L⁺, stem cell marker (Sca-1)⁺, CD122⁺, antiapoptotic marker molecule (Bcl-2)⁺, CCR5⁺, and CXCR3⁺ (Figure 2). Given that memory T cells are typically identified by CD45RO⁺ and CD27⁺, contrary to effector T cells expressing CD45RA (1–4), the markers CD27⁺ and CD45RA⁺ by T_{SCM} cells

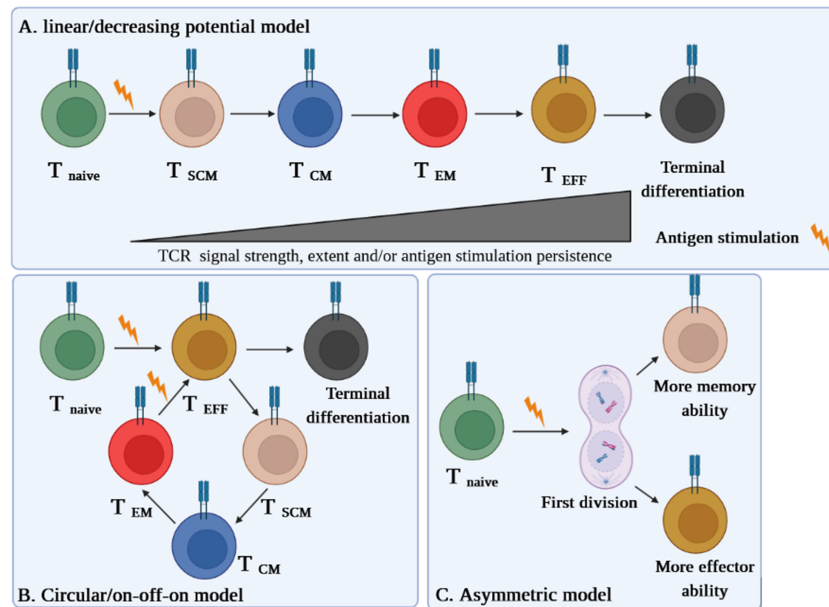


FIGURE 1

Three suggested models of T_{SCM} cell differentiation. (A) The “linear model” stipulates that a T cell loses its memory strength and develops remarkable effector capabilities during differentiation based on the T-cell receptor (TCR) potential signal and extent and persistence of antigenic stimulation on the cells. (B) The “circular model” claims that effector T cells should emerge before memory T-cell dedifferentiation. (C) The “asymmetric division model” proposes that the formation of memory and effector T cells is predetermined from the first division via asymmetric distribution of key modulators between two daughter cells.

indicate both memory and effector abilities of this subset (4). CCR7 (through binding to CCL19 and CCL21) along with CD62L drive T_{SCM} cells to SLO homing. Not only does CD57 expression reflect telomere shortage (cell senescence) due to repetitive proliferation, but it also enhances either degranulation ability or inflammatory cytokine secretion of T_{SCM} cells (1, 2, 4). Cell imaging techniques showed that normal T cells that express CXCR3 have higher proliferation, multipotency, and polyfunctionality alongside highly released cytokines tumor necrosis factor-alpha (TNF-α), IFN-γ, and IL-2, which are also seen in T_{SCM} cells (2, 4). Obviously, the chemokine receptor helps T_{SCM} cells in lymph

node homing (2, 4). Moreover, the expression of CD122 (IL-2R) and CD127 (IL-7R) on T_{SCM} cells indicates that IL-2, IL-15, and IL-7 play critical roles in boosting proliferation and survival of the cells (1–4). The function of T_{SCM} cell human markers has been expressed in Table 1.

Although it has been demonstrated that human T_{SCM} cells are capable of immediately releasing TNF-α, IFN-γ, perforin, and high amounts of IL-2, Zhang et al. demonstrated that murine T_{SCM} cells are not able to produce cytotoxic molecules and IFN-γ (1, 5). Gene expression profiling studies revealed alterations in the genes expressed in human and mouse T_{SCM} cells. Among them, higher

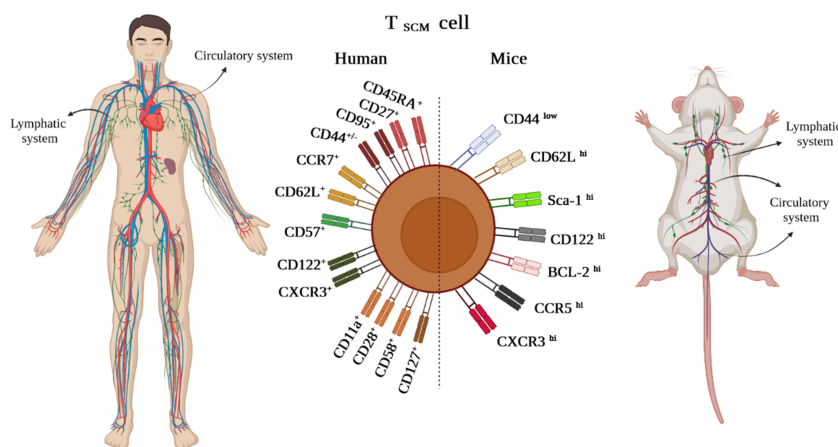


FIGURE 2

T_{SCM} cell phenotypic expression markers in humans and mice existing in lymphatic and circulatory systems.

TABLE 1 The functions of human T_{SCM} cell markers.

CD marker(s)	Function(s)	Ref.
CD45RA ⁺ , CD45RO ⁻ , CD27 ⁺	Are related to both memory and effector ability of T _{SCM} cell	(4)
CCR7 ⁺ , CD62L ⁺	Drive T _{SCM} cell homing in SLO	(1, 2, 4)
CD57 ⁺	1) Telomere shortening (cell senescence) 2) Enhances degranulation ability 3) Enhances inflammatory cytokine secretion	(4)
CD11α ⁺ , CD28 ⁺ , CD58 ⁺	T cell pan markers	(1-4)
CD44 ⁺ , CD95 ⁺	Distinguished markers among naive, effector, and memory T cells	(1-4, 11)
CD43 ⁻	Distinguished marker between effector and memory T cells	(4, 12)
CD122 ⁺ , CXCR3 ⁺	1) Lead to higher proliferation, multipotency, and polyfunctionality 2) Augment the production of TNF-α, IFN-γ, and IL-2 by T _{SCM} cell 3) CXCR3 also helps in T _{SCM} cell LN homing	(4)
CD127 ⁺	Helps in T _{SCM} cell survival and proliferation	(2, 4)

SLO, secondary lymph organ; LN, lymph node; TNF-α, tumor necrosis factor-alpha; IFN-γ, interferon-gamma; IL-2, interleukin-2.

expression levels of the transcription factors including TCF-1/LEF, Forkhead box protein O1 (FOXO-1), the inhibitor of DNA binding-3 (Id-3), and B-cell lymphoma-6 (BCL-6) were reported in T_{SCM} cells. In contrast, the levels of T-bet, B lymphocyte-induced maturation protein 1 (BLIMP-1), signal transducer and activator of transcription (STAT)-4, inhibitor of DNA binding-2 (Id-2), Eomes, and zinc finger E-box binding homeobox 2 (ZEB-2) genes were revealed to be partially low (Figure 3A). Notably, TCF-1/LEF, Eomes, and Id-3 are regarded as master regulators of the wnt-β-catenin signaling pathway (1, 2, 4, 13).

Among the molecules involved in the development of T_{SCM}, it has been suggested that inhibition of lactate dehydrogenase (LDH) along with IL-21 could be effective in this process. Notably, pieces of literature reported that T_{SCM} cells can be generated via the IL-10-IL-21-STAT-3 signaling pathway (Figure 3B.1) (4, 14); however, it is unclear how the IL-10-IL-21-STAT-3 signaling pathway plays a proliferative role in this cell subset production. Although IL-2 is

defined as the most prevalent growth factor for T cells, it has been demonstrated that high concentrations of IL-2 lead to the expansion of effector T-cell subsets while decreasing early memory T-cell generation through abating T_{CM} cell populations (1, 4). Some studies reported that lower levels of IL-2 in the presence of IL-21 could improve the early memory T-cell proliferation and also could be effective in boosting T_{SCM} cell populations (Figure 3B.2) (1, 4). Additionally, IL-7 can accelerate the proliferation of T_{SCM} cells through different mechanisms (Figures 3A, B.3). These mechanisms consist of 1) inhibition of programmed cell death-1 (PD-1) and forkhead box p3 (FoxP3) expressions, 2) epigenetic modification through histone acetylation of gene promoters of effector T cells in order to convert to “naive-revertant cells” that can be phenotypically considered T_{SCM} cells, and, more importantly, 3) maintenance of T_{SCM} cell’s phenotype by IL-7 and IL-15 supplementation in the cell culture (Figure 3B.4). Similar to IL-7, IL-21 can directly and indirectly enhance T_{SCM} cell populations (4).

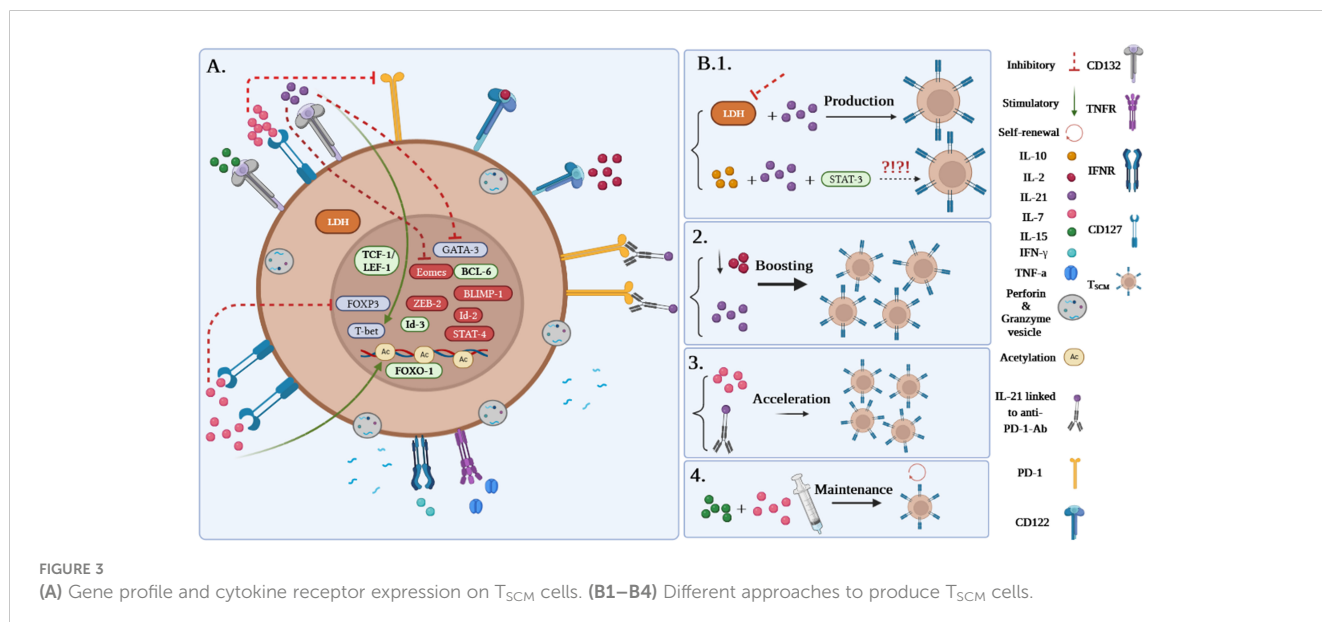


FIGURE 3 (A) Gene profile and cytokine receptor expression on T_{SCM} cells. (B1–B4) Different approaches to produce T_{SCM} cells.

According to Chen et al., IL-21 coincidentally upregulates T-bet and suppressor of cytokine signaling gene expression and downregulates Eomes and GATA binding protein 3 to promote T_{SCM} cell proliferation (Figure 3A) (4, 14). Another study has also demonstrated that IL-21 linked to anti-PD-1 antibody (Ab) can prompt T_{SCM} cell development (Figure 3B.3) (4, 15).

2.3 $CD4^+$ and $CD8^+$ T_{SCM} cell properties

Human $CD8^+$ T_{SCM} cells express not only the surface antigens related to naive T lymphocytes ($CD45RO^-CD62L^+CCR7^+$) but also markers exclusive for the memory subclass, including CD95, CXCR3, lymphocyte function-associated antigen 1 (LFA-1), and the β chain of IL-2 and IL-15 receptors (16). These cells enjoy similar superior potential for self-renewal and multipotentiality realized in $CD4^+$ T_{SCM} (17). $CD8^+$ T_{SCM} cells also show a robust response to IL-7 and possess a memory function that causes instant cytokine release after TCR stimulation (18). Meanwhile, from a comparative point of view, *in vivo* studies show that $CD4^+$ T_{SCM} cells favorably respond to IL-7, while $CD8^+$ T_{SCM} cells are amplified by both IL-7 and IL-15 (19). Gattinoni et al. (20) found that the glycogen synthase kinase-3 β (GSK-3 β) inhibitor TWS119 or Wnt3a prompts the formation of $CD8^+$ T_{SCM} cells through the Wnt/ β -catenin/TCF-1 signaling pathway. However, $CD8^+$ and $CD4^+$ T_{SCM} cells proliferated more efficiently once cocultured with anti-CD3/anti-CD28 conjugated beads alongside low concentrations of IL-7 and IL-15 in comparison with TWS119 exposure (20). Likewise, the generation of $CD8^+$ T_{SCM} cells can be improved by IL-21 through the Janus kinase 2 (JAK-2)/STAT-3 pathway (14). Nevertheless, suppressors of cytokine signaling (SOCS) can restrict the impacts of these cytokines. For instance, upon activation of SOCS1, the formation of T_{SCM} cells from naive T cells via IL-21 induction is intensely inhibited (21).

Despite sporadic literature on the characterization of the $CD4^+$ subset, a study revealed that $CD4^+$ T_{SCM} cells are sensitive to the external environment. That is, during aging and chronic infections, the numbers and the functions of $CD4^+$ T_{SCM} cells defect in the circulation. Inflammation can also affect $CD4^+$ T_{SCM} cells via the induction of Wnt/ β -catenin signaling, which culminates in an improved $CD4^+$ T_{SCM} cell proliferative rate. Thus, the T_{SCM} differentiation by promotion of the Wnt/ β -catenin pathway with a high concentration of agonist drives the acquisition of a $CD4^+$ T_{SCM} phenotype (22).

2.4 The metabolism of T_{SCM} cells

Naive T cells are inactive in the peripheral blood and have low metabolic supplies. Thus, they principally use oxidative phosphorylation (OXPHOS) to produce ATP. However, differentiated T cells employ glycolysis to multiply, whereas memory T cells tend to benefit from fatty acid oxidation-dependent OXPHOS to provide ATP, which aids in performing prolonged immune response and heightened longevity (23, 24). Another study on T1D reported that *in vitro* formation of T_{SCM}

cells from naive T cells occurred under IL-7 stimulation through overexpression of the glucose transporter GLUT1 to sustain glycolysis and subsequent oxidation of pyruvate in the mitochondria. Thus, targeting glucose metabolism by means of the selective inhibitor for GLUT1 (WZB117) can efficiently diminish the T_{SCM} differentiation in T1D subjects (25). Pilipow et al. (26) displayed that circulating T_{SCM} cells possess an important reservoir of reduced glutathione (GSH) *ex vivo* and limiting ROS with antioxidants in activated $CD8^+$ T cells stops terminal differentiation while permitting the generation of long-lived T_{SCM} cells. In this case, N-acetylcysteine was capable of inducing $CD8^+$ T_{SCM} cells from naive T precursors *in vitro* (26). In the research conducted by Kondo et al., (27) it has been observed that coculturing T cells with stromal OP9 cells expressing the NOTCH ligand professionally differentiated conventional human T cells into T_{SCM} cells through mitochondrial metabolic reprogramming. NOTCH signaling along with its downstream target, forkhead box M1 (FOXO1), stimulated mitochondrial biogenesis and fatty acid synthesis during T_{SCM} formation, notifying that NOTCH/FOXO1 pathway might be a beneficial target for T_{SCM} cell formation via metabolic alternations (27).

It is stated that imperative transcription factors and cytokines, accompanied by some inhibitors during the process of T-cell differentiation, stimulate T_{SCM} cell production through regulating T cell-related metabolic enzymes (28, 29). Good et al. (30) have declared that blocking the mTOR pathway such as inhibitors of Bruton's tyrosine kinase (BTK) and IL-2-inducible T-cell kinase (ITK) can direct T cells to T_{SCM} cell differentiation (31). Scholz et al. (31) achieved that inhibition of mTOR complex 1 (mTORC1) by rapamycin or TWS119 in activated human naive T cells eventuates in the induction of T_{SCM} cells via T-cell metabolism alternation toward fatty acid oxidation. As rapamycin is routinely used in the treatment of autoimmune diseases (32), it seems that the usage of rapamycin may adversely exaggerate autoimmune diseases in the long run. Additionally, recent evidence indicates that T_{SCM} cells can be induced by Mek1/2 inhibitor (Meki) through regulating the metabolism regardless of affecting TCR-mediated activation (33). These studies point out that the regulation of metabolism and glycolysis is the fundamental factor in prompting the T_{SCM} formation. Hence, targeted metabolic checkpoints can bring about T cells differentiating into memory and afford more fresh T cells for immunotherapy.

3 T_{SCM} cell in autoimmune diseases

Undoubtedly, memory T cells are one of the principal culprits in the pathogenesis of autoimmune diseases. T_{SCM} cells are responsible for developing long-term defensive immunity against different foreign Ags involving viral, bacterial, parasitic, and, in particular, tumor-associated Ags (1, 4). Since tumor-associated Ags mainly derive from self-Ags, once T_{SCM} cells trigger antitumor responses, it can ultimately cause autoimmune diseases (1, 2, 4). Notably, Hosokawa et al. (34) and our team separately showed that T_{SCM} cells are the least exhausted population than other memory T-cell subsets, which may be due to self-renewal potency and possessing

high-length telomeres (34, 35). This evidence may justify the chronic and progressive hallmarks of autoimmune disorders. Meanwhile, Hosokawa et al. (34) exposed that upregulation of PD-1 on CD8⁺ T_{SCM} cells in aplastic anemia patients parallel to elevated IFN- γ secretion could be an indicator of autoreactive CD8⁺ T_{SCM} cell's clonal expansion. PD-1, as one of the core costimulatory molecules (36), is expressed on various immune cells, in particular, exhausted and activated T cells to derive inhibitory signals, modulate T-cell response, and maintain peripheral tolerance (36, 37). Recent studies demonstrated that CD4⁺ and/or CD8⁺ T_{SCM} cells play a vital role in the pathogenesis of autoimmune diseases such as systemic lupus erythematosus (SLE) (34, 38), aplastic anemia (AA) (34), autoimmune uveitis (34), T1D (25, 35), rheumatoid arthritis (RA) (39, 40), and immune thrombocytopenia (ITP) (41). However, the question whether the increased frequency of T_{SCM} cells results from immune activation or *vice versa* remains unanswered. Most investigators in the context of autoimmune diseases consistently speculated that due to the ability of T_{SCM} cells to recreate all memory and effector T-cell subsets, the increased frequency of T_{SCM} cells could lead to autoimmune disease progression. Therefore, T_{SCM} cell subsets can be a potential biomarker for autoimmune diseases and their response prediction (25, 34, 35, 38–

41). Here, we explain the role of T_{SCM} cells in some autoimmune diseases (Table 2).

3.1 T_{SCM} cells and AA

Acquired AA is a rare condition of bone marrow failure syndrome in which hematopoietic stem/progenitor cells (HSPCs) are destroyed by mechanisms unrelated to the inherited syndrome (42). Despite the exact pathophysiology mechanism of AA still being blurred and the specificity of some recognized auto-Ags such as diazepam-binding related protein-1 not being proven *in vivo*, the immune attack to allogeneic hematopoietic cells by autoreactive T cells is considered as an underlying mechanism of autoimmunity in AA (43). Some features of autoreactive T cells in AA encouraged Hosokawa et al. (34) to explore the role of T_{SCM} cells in the immunopathogenesis of AA. It has been shown that the recognition of HSPC-restricted Ags through major histocompatibility complex (MHC) class I or II by oligoclonal CD8⁺ autoreactive T cells leads to pro-inflammatory cytokine secretion like IFN- γ against HSPC cells. Following immunosuppressive therapy (IST) with anti-thymocyte globulin (ATG) and cyclosporine A (CsA), the regeneration of oligoclonal T

TABLE 2 The role of CD4⁺ and/or CD8⁺ T_{SCM} in the pathogenesis of autoimmune diseases.

First author (Year)	Patient	HC	Method	Results	Conclusion	Ref.
	(N)					
Hosokawa (2016)	55 AA	41	Flowcytometry	CD8 ⁺ T _{SCM} cells in AA > HC	The role of T _{SCM} cells in the regulation of AID pathogenesis	(34)
	34 AU			CD8 ⁺ T _{SCM} cells in uveitis > HC		
	43 SLE			CD4 ⁺ T _{SCM} cells in SLE > HC		
	5 SCD			CD8 ⁺ T _{SCM} cells in SCD > HC		
Lee (2018)	65 SLE	72	Flowcytometry qRT-PCR ELISA	CD4 ⁺ and CD8 ⁺ T _{SCM} cells in SLE > HC	The role of T _{SCM} cells in the pathogenesis of SLE by maintaining TFH cells	(38)
Vignali (2018)	14 T1D	16	Flowcytometry CSFE proliferation assay Confocal microscopy	Ag-specific CD8 ⁺ T _{SCM} cells in T1D > HC	Long-lived autoreactive T _{SCM} cells can be considered as a reservoir of pathogenic effector T cells exacerbating T1D	(25)
Fazeli (2022)	30 T1D	15	Flowcytometry	CD4 ⁺ T _{SCM} cells in T1D > HC	Regarding the capacities of T _{SCM} cells to create all memory and effector subsets, their high frequency aggravates the disease.	(35)
Takeshita (2019)	311 RA	73	Flowcytometry RNA sequencing	CD4 ⁺ and CD8 ⁺ T _{SCM} cells in RA > HC	T _{SCM} cells contribute to the RA pathogenesis by producing pathogenic T cells with self-renewal	(40)
Cianciotti (2020)	27 RA	20	Flowcytometry HLA-typing	Cit-vimentin-specific CD4 ⁺ T _{SCM} cells in RA > HC	Increased Cit-vimentin-specific CD4 ⁺ T _{SCM} cells in RA patients is not exposed to TNF- α blockade and might be involved in the natural history of the disease	(39)
Cao (2019)	20 ITP	26	Flowcytometry	CD8 ⁺ T _{SCM} cells in ITP > HC	CD8 ⁺ T _{SCM} cells cause the disease progression	(41)

HC, healthy control; AA, acquired aplastic anemia; AU, autoimmune uveitis; SLE, systemic lupus erythematosus; SCD, sickle cell disease; T1D, type 1 diabetes; RA, rheumatoid arthritis; ITP, immune thrombocytopenia; qRT-PCR, quantitative real-time PCR; HLA, human leukocyte antigen; AID, autoimmune disease; TFH, T follicular helper cell; T_{SCM}, T memory stem cell.

cells and even the new ones can occur (34). Accordingly, Hosokawa et al. (34) displayed that, in comparison to healthy individuals, the rate of CD8⁺ T_{SCM} cells in AA patients was higher at the onset of diagnosis and after IST in responder (complete and partial response) and non-responder patients, respectively. This indicates a favorable response to IST when CD8⁺ T_{SCM} cell frequency is high at the time of diagnosis in responders and inversely bringing about disease aggravation in non-responders to IST. Moreover, their intracellular staining revealed that both CD4⁺ and CD8⁺ T_{SCM} cells have more elevated levels of IL-2 and IFN- γ than those in healthy controls (34).

3.2 T_{SCM} cells and autoimmune uveitis

AU is an organ-specific disorder in which immune cells and, in particular, CD4⁺ and CD8⁺ Ag-specific memory T cells reside within the ocular tissue (44). The study of Hosokawa et al. (34) on AU patients showed that CD8⁺ T_{SCM} cell frequencies in these patients are significantly higher than those in healthy individuals. They also displayed that IST (combination of prednisolone and anti-TNF- α antibody) can be effective in reducing the CD8⁺ T_{SCM} cell population in patients with AU (34), suggesting CD8⁺ T_{SCM} cells as a potential marker associating with a better response to IST following lower frequency of the cells.

3.3 T_{SCM} cells and SLE

Systemic lupus erythematosus (SLE) is a complex autoimmune disease affecting multiple organs. Despite that the pathogenesis of SLE is still not fully understood, it is believed that factors, including environmental, hormonal, genetic, and immunological, serve a role in SLE development. Among others, the role of immunological dysregulation seems more prominent. In fact, immunological dysregulation can disrupt the balance of T helper (TH)1/TH2 and TH17/T regulatory (Treg) cell and ultimately shift them toward autoreactive T cells (45). T follicular helper (TFH) cells also interact with B cells, to boost their autoantibody (auto-Ab) production (38, 45). Auto-Abs and autoreactive T-cell activity are considered the major hindrance to achieving complete remission in SLE patients, despite long-lasting IST that indicates the emergence of the T_{SCM} cell population in SLE patients (38, 45). Recently, Hosokawa et al. (34) demonstrated that the CD4⁺ T_{SCM} cell population in SLE patients is lower than that in healthy controls due to receiving IST during sampling (34). Furthermore, Lee et al. (38) found that CD4⁺ and CD8⁺ T_{SCM} cell frequencies in SLE patients were remarkably elevated than those in the controls. They also observed that the CD4⁺ T_{SCM} cells of SLE patients can differentiate into TFH cells through BCL6, CXCR5, PD1, ICOS, LEF1, TCF-1, and IL-21 (as TFH cell inducer) gene overexpression, and BLIMP-1 gene encoding downregulation, leading to pathogenic auto-Ab formation (38). Strikingly, they declared that the CD4⁺ T_{SCM} cell population in SLE patients participates in the inflammatory process by producing higher levels of TNF- α , IFN- γ , IL-2, and IFN- α than those in normal individuals (38).

3.4 T_{SCM} cells and ITP

ITP is an acquired autoimmune disease that is characterized by platelet devastation due to T-cell dysfunction (46). Indeed, autoreactive T cells, including TH1 and TH17, give rise to auto-Ab production against platelets, and cytotoxic CD8⁺ T cells invade the surface glycoprotein GPIIb/IIIa of platelets. Additionally, the number and function of CD4⁺CD25⁺Treg cells decrease, resulting in the development and progression of ITP (46). In the investigation conducted by Cao et al., (41) it was disclosed that the population of CD8⁺ T_{SCM} cells in ITP patients outnumbered that of controls. Moreover, they found that prednisolone prescription, an IST, reduces the CD8⁺ T_{SCM} cell frequency and alleviates platelet destruction in responder groups (complete and partial) (41). They suggested that the higher frequency of this T-cell memory subset can lead to ITP exacerbation (41).

3.5 T_{SCM} cells and T1D

T1D is another chronic autoimmune disease in which autoreactive T cells attack β -cell auto-Ags such as glutamic acid decarboxylase 65 (GAD65), (pro)insulin, and islet-specific glucose-6-phosphatase catalytic subunit-related protein (IGRP) (25). Some autoreactive T cells in T1D patients exhibit distinguishable characteristics, including memory marker expression like CD95 and the presence of IL-7, which prolongs the survival and maintenance of autoreactive T cells, particularly T_{SCM} cells. More importantly, similar to other autoimmune diseases, a high dosage of IST during and after pancreas transplantation fails to eliminate autoreactive memory T cells in these patients (25). The mechanism of T_{SCM} cells in T1D is explainable by the "asymmetric division model" by which activation of T cells through β -cell auto-Ag presentation in an immune synapse between DC and naive T-cell undertakes mitosis simultaneously in the immune synapse. After polarization, the daughter cell receiving a continuous strong signal from the immune synapse becomes fully activated and consequently differentiates into CD25^{hi} CD127^{low} effector T cell (6). Another daughter cell with a faint signal expressing CD25^{low} CD127^{hi} (T_{SCM} cell) migrates via chemokine receptor CXCR-4 upregulation linking to CXCL-12 (stromal derived factor-1) into bone marrow (BM) where the stromal cells immensely produce IL-7 (6). A hemostatic cytokine IL-7 not only upregulates CXCR-4 on T cells but also assists T_{SCM} cells in self-renewal. It is postulated that the T1D autoreactive T cells arrested in BM and decreased their turnover by IL-7 can reconstitute specific effector and memory autoreactive T cells (Figure 4) (6). Vignali et al. (25) measured the frequency of autoreactive CD8⁺ T_{SCM} cells against GAD65, insulin, and IGRP in new-onset (<6 months T1D) and long-term (>20 years T1D) patients. They observed that the frequency of circulating specific CD8⁺ T_{SCM} cells against GAD65 and insulin in the new-onset patients was significantly higher than that in healthy controls (25). They also found that IL-7 can considerably amplify their frequency by GLUT-1 upregulation in T1D patients compared to the controls (25). Our study revealed that in new-onset (<1 year T1D), the frequency of CD4⁺ T_{SCM} cells is noticeably higher than that in long-term (>5 years T1D) and

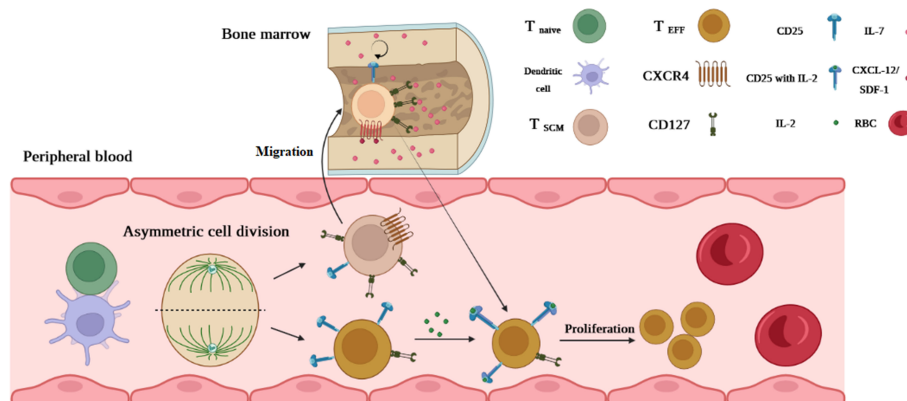


FIGURE 4

The possible mechanism of T_{SCM} cell generation in T1D. An activated T cell undergoes mitosis coincidentally in the immune synapse forming between DC and naive T cells. After polarization, one of which becomes a fully activated daughter cell (because of permanent interaction with DC and receiving stimulatory signals) differentiating into $CD25^{hi}$ $CD127^{low}$ effector T cells. Another daughter cell (resting cell) without receiving a full-activation signal expressing $CD25^{low}$ $CD127^{hi}$ (T_{SCM} cell) migrates via chemokine receptor CXCR-4 upregulation linking to CXCL-12 into the bone marrow (BM). IL-7 in BM assists T_{SCM} cells in self-renewal by reducing their turnover. Once a second Ag stimulation occurs, T1D T_{SCM} cells that arrested in BM can reconstitute specific effector and memory autoreactive T cells.

normal individuals (35). Therefore, both studies stated that T_{SCM} cell subsets can lead to disease progression (25, 35).

3.6 T_{SCM} cells and RA

RA is a chronic inflammatory autoimmune disease in which synovial fluid (SF) is predominantly targeted by autoreactive T cells and leads to arthropathy (47). Besides autoreactive $CD4^{+}$ T cells serving a key role in the immunopathogenesis of RA through their TH1, TH17, and TFH cell subsets, autoreactive $CD8^{+}$ T cells are observed in the SF of new-onset patients (40). The study performed by Takeshita et al. (40) showed that the frequency of $CD4^{+}$ and $CD8^{+}$ T_{SCM} cells elevated in RA patients' peripheral blood and SF. Moreover, they found that among immunosuppressant drugs, not only does methotrexate (MTX) decline T_{SCM} cell frequency, but it also reduces other T-cell subsets (except for TFH cells), resulting in MTX's suppression effect on T-cell proliferation pathways including E2F, IL-2-STAT5, and mTORC1 (40). Consistent with this study, Cianciotti et al. (39) displayed that the citrullinated vimentin (Cit-vimentin)-specific $CD4^{+}$ T_{SCM} cell population is higher in the circulation of RA patients than that in controls. They also found that TNF- α blockade can attenuate this subset frequency and prohibit differentiation of circulating TH17 from $CD4^{+}$ T_{SCM} cells through blocking TNFII receptor (TNFRII) signaling, suggesting TNF- α as a prosurvival factor for T_{SCM} cells. Thereby, both mentioned studies implicated that the frequency of T_{SCM} cells can be a beneficial marker for disease development and response prediction (39).

4 T_{SCM} cells and hepatitis C virus

Chronic hepatitis C virus (HCV) is one of the most important viruses related to autoimmune diseases that can inflict destructive

effects on the liver, thyroid tissue, and platelets (48). Although the disease etiology is still not clarified, T_{SCM} cells, as a less-differentiated memory T-cell subset, play a fundamental role in the long-term immune defense against HCV (49, 50). Lu et al. (49) observed that the $CD8^{+}$ T_{SCM} cell population was raised in both mono-infected HCV and co-infected HCV/HIV patients. Their investigation also showed that the $CD8^{+}$ T_{SCM} cell population respectively has direct and indirect correlations with T_{CM} cells and T_{EM} cells, which can help maintain T-cell hemostasis (49). Moreover, they reported that a high incidence of $CD8^{+}$ T_{SCM} cells can effectively control HCV replication in mono-infected HCV patients, indicating that the $CD8^{+}$ T_{SCM} cell population has a protective impact in HCV infection and paving the way for T_{SCM} cell-based vaccine design to attain HCV clearance (49).

5 T_{SCM} cells and sickle cell disease

Sickle cell disease (SCD) is a nonspecific chronic inflammation that may occur due to environmental factors like transfusions leading to red blood cell (RBC) deformation, hemolysis, and vaso-occlusion development (34, 51, 52). Indeed, the physicochemical alterations of RBCs culminate in hemolysis and erythrocyte rupture, which in turn trigger the inflammatory responses and lymphocyte activation through necrotic particle production (52). Although SCD is not recognized as an autoimmune disease, Hosokawa et al. (34) surprisingly observed that the $CD8^{+}$ T_{SCM} cell frequency in SCD was significantly higher in comparison with controls despite their limited sample size (five patients). This can be justified by previous studies that demonstrated that permanent inflammation in SCD likely induces memory T-cell formation alongside various pro-inflammatory and inflammatory cytokines such as IL-2, IL-7, and IL-15 (51), requiring cytokines for $CD8^{+}$ T_{SCM} cell generation (1, 4).

Meanwhile, future studies are essential to definitively prove our explanation.

6 Therapeutic outlooks

The emerging role of T_{SCM} cells in the pathogenesis of autoimmune diseases presents new opportunities for prevention or even treatment of these diseases. Eliminating T_{SCM} cells, which are detected in high levels in various autoimmune disorders, can improve the efficacy of immunosuppressive therapeutics and alleviate autoreactive symptoms. Molecular regulation of the proliferation, metabolic behavior, and self-renewal of T_{SCM} cells can provide promising targets for treating autoimmune illnesses. In this regard, pharmaceutical inhibition of Wnt-β-catenin signaling, which is a crucial driver for the induction of T_{SCM} cells (20), might limit the expansion of these cells. Notwithstanding, few attempts have been made to target these key molecules in research. Implicating current treatment approaches, including adoptive cell transfer and gene therapy, will be noteworthy in the setting of targeted therapy of molecules restricting T_{SCM} cell generation. Ongoing studies might open new doors in this era for the treatment of autoimmune diseases.

On the other side, it is unclear what the limitations of manipulating T_{SCM} cells are in the setting of autoimmune diseases. Some questions that will arise include whether downregulation of these cells to treat autoimmunity induces detrimental effects such as the development of tumors and infections or how much these cells should be reduced and after how long will the amount of memory cells be restored in the context of various autoimmune diseases. Whether the manipulation of T_{SCM} cells will affect the function of other T cells in the circulation. It is speculated that targeting of T_{SCM} cells in autoimmune diseases is a form of personalized medicine, which can be prescribed based on the patient's age, weight, and disease condition. Further experiments are necessary to answer various questions surrounding the targeting of T_{SCM} cells in autoimmune diseases.

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7 Conclusion

T_{SCM} cells possess a unique capability for enhanced self-renewal and multidifferentiation along with performing effector functions. Given that T_{SCM} cells are newly discovered T cells that play roles in autoimmune diseases, gaining a deep understanding of their importance in the development and progression of autoimmune disorders may be at the forefront of research interests. Future attempts are also needed to analyze transcriptome profiles and effector molecules of T_{SCM} cells, with a precise exploration of pathways determining T-cell differentiation and function, and suggest strategies targeting specific molecules in the control or treatment of autoimmune disorders.

Author contributions

All authors contributed to the article and approved the submitted version.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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