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SPECIALTY SECTION

this work

This article was submitted to Autoimmune and Autoinflammatory Disorders: Autoimmune Disorders, a section of the journal Frontiers in Immunology

RECEIVED 18 January 2023 ACCEPTED 17 March 2023 PUBLISHED 29 March 2023

CITATION

Wu Y, Li Y, Luo Y, Zhou Y, Liang X, Cheng L, Wu T, Wen J, Tan C and Liu Y (2023) Proteomics: Potential techniques for discovering the pathogenesis of connective tissue diseases-interstitial lung disease. Front. Immunol. 14:1146904. [doi: 10.3389/fimmu.2023.1146904](https://doi.org/10.3389/fimmu.2023.1146904)

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[Proteomics: Potential](https://www.frontiersin.org/articles/10.3389/fimmu.2023.1146904/full) [techniques for discovering](https://www.frontiersin.org/articles/10.3389/fimmu.2023.1146904/full) [the pathogenesis of connective](https://www.frontiersin.org/articles/10.3389/fimmu.2023.1146904/full) [tissue diseases-interstitial](https://www.frontiersin.org/articles/10.3389/fimmu.2023.1146904/full) [lung disease](https://www.frontiersin.org/articles/10.3389/fimmu.2023.1146904/full)

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Interstitial lung disease (ILD) is one of the most serious lung complications of connective tissue disease (CTD). The application of proteomics in the past decade has revealed that various proteins are involved in the pathogenesis of each subtype of CTD-ILD through different pathways, providing novel ideas to study pathological mechanisms and clinical biomarkers. On this basis, a multidimensional diagnosis or prediction model is established. This paper reviews the results of proteomic detection of different subtypes of CTD-ILD and discusses the role of some differentially expressed proteins in the development of pulmonary fibrosis and their potential clinical applications.

KEYWORDS

proteomics, interstitial lung disease, connective tissue diseases-interstitial lung disease, differentially expressed proteins, rheumatoid arthritis, systemic sclerosis, idiopathic inflammatory myopathies

1 Introduction

Interstitial lung disease (ILD) is a group of common heterogeneous lung diseases characterized by inflammation and fibrosis of lung tissue, which is usually progressive and fatal [\(1](#page-7-0), [2](#page-7-0)). ILD is one of the most common complications of connective tissue disease (CTD), and studies have shown that approximately 32% of CTD patients have ILD [\(3\)](#page-7-0). Approximately 30% of ILD cases are associated with CTD, and approximately 15% of ILD patients develop CTD after diagnosis [\(4](#page-7-0)). Therefore, the concept of CTD-ILD was proposed to include any diffuse parenchymal lung disease in patients with CTD [\(5\)](#page-7-0). The CTDs associated with ILD include systemic sclerosis (SSc), rheumatoid arthritis (RA), dermatomyositis (DM), polymyositis (PM), Sjogren's syndrome (SS), and systemic lupus erythematosus (SLE) [\(5,](#page-7-0) [6](#page-7-0)). ILD in CTD is associated with a number of adverse outcomes, such as reduced quality of life, disability, and death [\(7](#page-7-0)–[9\)](#page-7-0). Notably, the etiology and pathogenesis of different subtypes of CTD-ILD are not fully understood, hindering accurate diagnosis and precise treatment in clinical practice. Therefore, it is critical to explore the potential pathological mechanism and new diagnostic and therapeutic targets of each CTD-ILD subtype.

Proteomics is a relatively mature "omics" field that refers to the study of protein expression, quantification, localization, function, changes in molecular form, posttranslational modification, conformation, chemical modification, and protein−protein interactions at specific times and under specific conditions ([10\)](#page-7-0). In particular, the advent of gel-based and gel-free proteomics techniques and advances in mass spectrometry (MS) allow rapid, unbiased, systematic, and high-throughput identification and quantification of samples of a variety of complex protein mixtures, such as bronchoalveolar lavage fluid (BALF), serum, and lung tissue ([11](#page-7-0)). Therefore, proteomics technology is suitable for exploring the mechanism of complex diseases such as CTD-ILD and helping to clarify pathogenesis and pathological changes, which is vital for establishing accurate clinical diagnosis and prognosis models and identifying therapeutic targets for different CTD-ILD subtypes. Therefore, we summarized the results of proteomic studies on different types of CTD-ILD [\(Table 1](#page-2-0)), in addition to the functions of several important proteins and their correlation with CTD-ILD [\(Table 2\)](#page-4-0), to provide references for future basic research or clinical application of CTD-ILD.

2 Proteomics studies in different CTD-ILD subtypes

2.1 Proteomics studies in RA-ILD

RA is a chronic systemic autoimmune and inflammatory disease characterized by synovitis and vasculitis [\(33](#page-8-0)). RA-ILD is a common and serious complication of RA. Approximately 40% to 58% of patients with RA develop ILD [\(34](#page-8-0), [35\)](#page-8-0), and the 5-year mortality rate is estimated at 35% [\(36](#page-8-0)). Therefore, it is crucial to determine the etiology, pathogenesis, and prognostic factors of RA-ILD, which can be assisted by proteomics.

To investigate the pathogenesis of RA-ILD, Wu et al. compared the serum proteome of RA patients with or without ILD using SOMA scan analysis and found 234 differentially expressed proteins (DEPs). These DEPs provide a good direction to study the pathogenesis of ILD in patients with RA [\(13](#page-7-0)). In clinical practice, RA-ILD is associated with various pulmonary imaging manifestations, such as usual interstitial pneumonia (UIP), nonspecific interstitial pneumonia (NSIP), organizing pneumonia (OP), and lymphocytic interstitial pneumonia (LIP), with each having its treatment and prognosis ([37](#page-8-0)). Suhara et al. analysed the BALF of patients with UIP and OP subtypes of RA-ILD by twodimensional gel electrophoresis (2-DE) and liquid spectrometry (LC−MS/MS). They found that in BALF, the immunoglobulin k chain level in UIP was significantly higher than that in OP. In addition, α -1 antitrypsin, CRP, haptoglobin β , and surfactant protein A were higher in OP than in UIP. This suggests that these proteins have different pathological mechanisms in different subtypes of RA-ILD. Interestingly, there was no significant difference in gelsolin in BALF, but C-gelsolin and N-gelsolin were significantly increased in UIP ([12](#page-7-0)), which was also observed by Oikonomou et al. in animal models. It is speculated that C-gelsolin and N-gelsolin are gelsolin fragments mediated by caspase-3 [\(38\)](#page-8-0). Proteomic studies can help to explore the specific molecular mechanism and solve related clinical problems by analyzing RA-ILD with different imaging manifestations.

Proteomics is also of great significance for diagnosing or monitoring RA-ILD. Wu et al. calculated the correlation between DEPs and clinical lung function indicators using a linear regression model and found that two proteins, paired immunoglobulin-like type two receptor-associated neural protein (PIANP) and secretory leukocyte peptidase inhibitor (SLPI), were related to the percentage of carbon monoxide diffusion capacity ([13\)](#page-7-0). This finding is significant for the clinical monitoring of disease progression in RA-ILD patients, but its specific practical effect needs to be verified in a large clinical cohort. In addition to this traditional method, Ma et al. used matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF-MS) and found an overall change trend of serum protein changes between RA-non-ILD and RA-ILD patients, rather than quantifying the changes in each specific protein. Thirteen protein peaks were detected to be downregulated in RA-ILD patients, and the mass-to-charge value of protein peaks was used to establish the best tree model to distinguish RA-ILD from RA, with a sensitivity of 86.36%, a specificity of 84.09%, and an area under the ROC curve of 0.856 ([14\)](#page-7-0). However, the authors did not perform functional analysis of specific DEPs in protein peaks but verified that the model can be established using the overall change trend of proteins to distinguish whether RA patients are complicated with ILD.

In addition, proteomics is also an efficient technology for basic research to explore the treatment of RA-ILD. Wu et al. compared 98 DEPs between IPF and healthy controls. Sixteen proteins increased, while five decreased, and showed similar trends of change in RA-ILD and IPF compared with various control groups. However, four proteins were increased in RA-ILD but not in IPF [\(13\)](#page-7-0). The results suggest that the pathogenesis of ILD in RA patients is similar to that in IPF patients, but there are also significant differences. These differences in proteins suggest that in the clinical treatment of RA-ILD, in addition to anti-pulmonary fibrosis treatment similar to IPF, other treatments for RA-specific lesions, such as specific autoantibodies and autoinflammation, should also be considered. In the same experiment, gene set enrichment analysis (GSEA) was performed on 234 DEPs between RA and RA-ILD. Signaling receptor binding, extracellular matrix, and negative regulation of proteolysis may play an important role in RA-ILD [\(13\)](#page-7-0). These may be alternative drug targets for studying RA-ILD patients to strengthen anti-RA-based therapy.

TABLE 1 Proteomics study of various CTD-ILD.

(Continued)

TABLE 1 Continued

SFTPD, surfactant protein D; CADM1, cell adhesion molecule 1; ACSL4, long-chain fatty acid CoA ligase 4; WIPF1, Wiskott–Aldrich syndrome protein interacting protein family member 1; VCAM-1, vascular cell adhesion molecule 1; JAML, junctional adhesion molecule-like; GALNT1, polypeptide N-acetylgalactosaminyltransferase 1; NDPKB, nucleoside diphosphate kinase B; CPB2, Carboxypeptidase B2.

2.2 Proteomics studies in SSc-ILD

SSc is characterized by immune dysregulation leading to inflammation and fibrosis of the skin and multiple internal organs [\(39\)](#page-8-0). ILD is the most common and serious pulmonary complication of SSc, occurring in 47.0 to 66.4% of SSc patients and accounting for 35% of SSc-related mortality [\(40,](#page-8-0) [41](#page-8-0)). The pathogenesis of SSc-ILD may be multifactorial and is not fully understood.

Rottoli et al. compared the BALF protein composition in SSc-ILD, IPF, and sarcoidosis and found similar changes in many kinds of proteins among the three. Most plasma proteins (complement C3B, transthyretin, A-1-B glycoprotein, and serum retinol-binding protein (SRBP)) were the most highly expressed in sarcoidosis, followed by SSc-ILD, and IPF had the lowest expression. However, locally produced low molecular weight proteins, such as galectin 1, ubiquitin, and thioredoxin peroxidase 2, were more abundant in IPF [\(15](#page-7-0)). These findings suggest that the pathological mechanism of SSc-ILD differs from that of IPF. IPF is a generalized fibrotic disease confined to the lungs, while SSc-ILD is a local manifestation of systemic immune-inflammatory disease. In fibrotic lesions, the overexpression of extracellular matrix (ECM) proteins is considered a molecular marker of fibrosis [\(42\)](#page-8-0). Mullenbrock et al. used LC−MS to specifically detect the protein composition of ECM in the lungs of patients with SSc-ILD and IPF. It was found that the soluble matrix proteins in the ECM of the lungs of SSc-ILD and IPF patients were significantly different compared to those in the healthy control group, but there were no differences in insoluble matrix proteins ([25](#page-7-0)). Interestingly, SSc-ILD and IPF had a high

overlap of lung ECM, especially several proteins related to fibrogenesis, such as PLOD2, LUM, POSTN, IGFBP5, and GREM1. The above results suggest that ECM protein signatures may be more reflective of fibrosis and less likely to indicate other SSc-associated pathologies ([25](#page-7-0)).

In addition, Landi's team found that 14-3-3ϵ was increased in the BALF proteome of SSc-ILD patients compared with nonsmokers [\(18,](#page-7-0) [20\)](#page-7-0). In inflammatory and autoimmune diseases, 14-3-3-€, as a component of the TNFR2 complex, restricts the activation of NF-kB through PI3K/Akt/mTOR signaling and stimulates the activation of $C/EBP-\beta$, thus guiding the plasticity of macrophages [\(43\)](#page-8-0). However, studies on $14-3-3\epsilon$ in pulmonary fibrosis, especially in CTD-ILD, are scarce. Similarly, the level of transthyretin in the BALF of patients with SSc-ILD was elevated, as detected by proteomic methods ([15](#page-7-0), [18,](#page-7-0) [20](#page-7-0)). One study found that transthyretin stimulates the production of collagen I and immunoglobulin-binding proteins in fibroblasts, which participate in endoplasmic reticulum stress activation and profibrosis through mitochondrial oxidative stress in cardiac amyloidosis [\(44\)](#page-8-0). However, its function in CTD-ILD needs further confirmation. In addition to using BALF as a sample, Ryu et al. performed proteomic detection of extracellular vesicles (EVs) precipitated in plasma by LC-MS. The results showed that EVs from SSc-ILD patients contained significantly higher levels of MT-A TP6, and its protein was mainly involved in platelet activation, cell adhesion, and immune responses [\(23\)](#page-7-0).

Larsen et al. conducted an interesting study on the detection modes. They compared the proteomics results of fibroblasts obtained from BALF and biopsies from SSc-ILD patients and

TABLE 2 Summary of important proteins.

SSc, systemic sclerosis; ILD, interstitial lung disease; RA, rheumatoid arthritis; PM/DM, polymyositis/dermatomyositis; CTD, connective tissue disease; UIP, usual interstitial pneumonitis; BALF, bronchoalveolar lavage fluid; EV, extracellular vesicles; IIM, idiopathic inflammatory myopathy.

found only three DEPs, indicating that BALF and biopsy fibroblast cultures from SSc-ILD patients were similar in protein composition ([17](#page-7-0)). To some extent, we could use noninvasive BALF to replace biopsied active SSc-ILD-associated proteomic results.

Lung tissue is also an ideal sample type for CTD-ILD proteomic studies. Previous studies have demonstrated a genetic association between connective tissue growth factor (CTGF) and SSc [\(45](#page-8-0), [46\)](#page-8-0). This suggests that subclinical pathologic changes take place in the lungs of SSc patients even without established ILD. In addition, it was found that the response of the proteome of lung fibroblasts in non-ILD SSc patients had an excessive response to CTGF [\(24](#page-7-0)). This suggests that subclinical pathologic changes take place in the lungs of SSc patients even without established ILD. In addition to lung tissue or BALF for proteomic study samples from SSc-ILD patients, serum samples with a more extensive and convenient clinical application can be used. Van Bon et al. adopted the SELDI-TOF-MS examination of plasma from SSc patients with and without ILD and showed that S100A8 (calprotectin) levels were significantly increased in patients with SSc-ILD [\(21](#page-7-0)), which was consistent with the findings by Fietta et al. using BALF [\(19\)](#page-7-0). Van Bon's team also isolated plasmacytelike dendritic cells from patients' peripheral blood and used SELDITOF MS to analyze the whole proteome of the supernatant after cell lysis. It was found that SSc patients with higher CXCL4 levels in plasmacyte-like dendritic cell supernatant developed ILD significantly earlier, with a relative decline in forced vital capacity of over 30%, significantly faster decline in lung carbon monoxide diffusion capacity, and bilateral fibrosis on CT ([22](#page-7-0)). Therefore, for long-term follow-up of SSc patients, detecting S100A8 and CXCL4 levels in plasmacytoid dendritic cell supernatant may be an efficient and convenient way to assess the risk of ILD.

The comorbidity rate of ILD in SSc patients is high, but there is still a lack of effective drug treatments, and the therapeutic mechanism of drugs is unclear. Notably, Shirahama et al., through 2-D gel electrophoresis of BALF, found that the number of protein species in SSc patients with ILD was greater than that in patients without ILD. In addition, five proteins were increased, while nine were decreased in patients with SSc-ILD. Specifically, glutathione S-transferase (GST) was increased in each patient with SSc-ILD compared with those without ILD [\(16\)](#page-7-0). This result is consistent with the findings of Fietta et al. [\(19\)](#page-7-0). Meanwhile, He et al. reported GST levels in bleomycin-induced pulmonary fibrosis mouse models ([47](#page-8-0)). Strange et al. confirmed that GST contributes to the protection of biological macromolecules from oxidative stress by repairing damage to membrane phospholipids and inhibiting the induction of microsomal peroxidation [\(48\)](#page-8-0). This point may provide evidence to support the treatment of pulmonary fibrosis with GST inhibitors. Sun et al. decellularized lung tissues from patients with SSc-ILD to obtain the lung cytoskeleton. The protein composition of the cytoskeleton was examined using the bottom-up label-free LC −MS quantitation technique, and periostin in SSc-ILD was found to be similar to previously reported changes in decellularized IPF lungs ([49](#page-8-0)). However, the changes in Fibulin 3, Tinag-like 1, and Elastin were more significant in SSc-ILD ([27](#page-7-0)), and drugs targeting these proteins may be considered SSC-ILD-specific therapies.

2.3 Proteomics studies in idiopathic inflammatory myopathies

Idiopathic inflammatory myopathy (IIM) is an autoimmune disease characterized by skeletal muscle weakness and inflammation, including DM, PM, anti-synthetase syndrome (ASS), and other subtypes. The skeletal muscle is usually affected, and lung changes are represented by ILD, which is the leading cause of death ([50](#page-8-0)). In order to better explore the possible mechanism between the development of ILD in IIM patients, Fernandes-Cerqueira et al. performed proteomic analysis of peripheral serum from IIM and IIM-ILD patients by LC−MS/MS analysis. Among them, the abundance of Fc-agalactosylated glycan of IgG is increased in IIM patients compared to the general population. Intraindividual normalization of the main agalactosylated glycan (FA2) of IgG1 vs FA2-IgG2 was used to distinguish IIM-ILD from IIM-nonILD, which showed that the area under the curve (AUC) of this standard was $88 \pm 6\%$. Moreover, the increase in Fcagalactosylated glycan was not correlated with other extramuscular manifestations of IIM, further suggesting that the overexpression of Fc-agalactosylated glycan has a lung-specific

propensity ([28](#page-8-0)). In the same study, Fernandes-Cerqueira et al. performed a subgroup analysis of IIM with positive anti-Jo1 autoantibodies in the same group of samples and found that the abundance of Fc-glycan contained in JO1-specific IgG was lower than that of total IgG; that is, the proportion of Fc-agalactosylated glycan increased ([28](#page-8-0)). This is consistent with the conclusion of previous studies that anti-Jo1 autoantibodies are common in IIM with ILD ([51](#page-8-0), [52\)](#page-8-0).

In addition, Passadore et al. used 2-DE and LC−MS/MS to analyze the BALF proteomics of DM/PM patients with ILD. The samples were compared with those of ASS patients with anti-Jo1+ and ILD patients with myositis overlap syndrome. There were 24 specific protein spots among the three groups: nine spots were only present in DM/PM-ILD, three in ASS-ILD, and 12 in myositis overlap syndrome with ILD ([29](#page-8-0)). In this experiment, the authors found that gelsolin was also increased in DM/PM-ILD, which was similar to that found by Suhara et al. in RA-ILD [\(12](#page-7-0)). However, Passadore et al. have a different understanding of the role of gelsolin in ILD and are more inclined to believe that gelsolin may maintain the inherent antimicrobial activity of the airway surface [\(53](#page-8-0)) and improve airway mucus viscosity by degrading a large amount of filamentous actin released by dead cells during inflammation [\(54\)](#page-8-0). Similar to the findings of Fietta et al. using BALF of patients with SSc-ILD ([19\)](#page-7-0), calgranulin B was also increased in ILD patients with myositis overlap syndrome. Studies have shown that calgranulin B plays a role in endothelial inflammation and participates in the recruitment of white blood cells to the inflammatory site ([55](#page-8-0), [56\)](#page-8-0), and its expression is related to the inflammatory activity of systemic vasculitis [\(57\)](#page-8-0). These findings suggest that there may be a common pathological pathway among different CTD-ILD subtypes, but the role of various proteins needs further classification research.

2.4 Proteomics studies in other subtypes of CTD-ILD

Primary Sjögren's syndrome is a chronic inflammatory autoimmune disease of unknown origin that particularly affects the tear and salivary glands [\(58\)](#page-8-0). Li et al. also examined serum proteomics in patients with primary Sjogren's syndrome (pSS) complicated with ILD. Seven protein peaks were significantly different between pSS-ILD and pSS. There were three peaks with ILD high expression and the rest with ILD low expression. Similar to the findings of Ma et al. ([14](#page-7-0)), three differential protein peaks were selected to form a diagnostic model, with a sensitivity of 84% and a specificity of 85.7% ([59](#page-8-0)). These results suggest that searching differential protein peaks using combinations of proteomics and statistical screening can effectively identify alternative diagnostic models of diseases.

Some proteomic studies have not been subdivided into subtypes of CTD-ILD, and the results are of great concern. For instance, cell adhesion molecule 1 (CADM1) was found to be downregulated in CTD-ILD ([30\)](#page-8-0). It has been suggested that it is a key adhesion receptor regulating human lung mast cells (HLMCs) and primary human lung fibroblasts [\(30,](#page-8-0) [60\)](#page-8-0). SIL1 in DEPs is a nucleotide exchange factor for endoplasmic reticulum (ER) heat shock proteins in eukaryotic cells ([61](#page-8-0)). ER stress is associated with various fibrotic diseases, including cystic fibrosis and idiopathic pulmonary fibrosis [\(62](#page-8-0), [63\)](#page-8-0). Nsulfoglucosamine sulfohydrolase (SGSH) has been reported to be involved in the desulfation of glycosaminoglycan chains on proteoglycans [\(64\)](#page-8-0). Glycosaminoglycans are important components of lung ECM turnover, and abnormalities in the ECM are one of the main pathologies of pulmonary fibrosis ([65](#page-8-0)). However, the pathological mechanism of the above DEPs in CTD-ILD has not been elucidated. This is also the most important difference between nonoffset proteomics and traditional experiments targeting specific proteins, which can more comprehensively identify the types of proteins that may be involved in the disease and provide more comprehensive and powerful clues for related basic research.

In addition, the correlation between some proteins and the occurrence and development of diseases has been studied more clearly, which can help to diagnose or monitor clinical diseases. Ye et al. detected 132 DEPs in the BALF of CTD-ILD patients using an LC−MS proteomic method. Surfactant protein D (SP-D), a humoral molecule of the congenital immune system, was found ([30](#page-8-0), [66](#page-8-0)), and Hant et al. pointed out in their pathological studies that it reflected the status of pulmonary fibrosis and could be used as an alternative indicator to evaluate lung involvement ([67](#page-8-0)). Meanwhile, multiple studies have found that increased SP-D is associated with ILD in patients with SSc, RA, and DM/PM using serum samples [\(32](#page-8-0), [67,](#page-8-0) [68](#page-8-0)). The presence of SP-D was also found in the subsynovium and microvascular endothelium of the pannus of the diseased joints in RA patients and was more common than in osteoarthritis patients ([69](#page-8-0)). These findings suggest that the SP-D protein may be involved in the common pathogenesis and development of multiple CTD-ILD, primarily related to fibrosis, and may play a role in extrapulmonary organs. Recently, Bowman et al. explored possible proteins involved in the development of progressive ILD by performing proteomic analysis of peripheral blood from patients with ILD other than IPF, including CTD-ILD. They selected 12 DEPs as biomarkers to construct a risk assessment model for the development of progressive ILD (71). The detection results of CTD-ILD proteomics may not only be used as a guide for targeted research. All DEPs can be divided into a single object for study, and they can also be combined through statistical methods to conduct more direct clinical value transformation.

3 Conclusion

Different CTD-ILD subtypes have different proteomic changes (Figure 1). The development of proteomic detection technology can help obtain relevant data from various samples to the maximum extent, explore specific pathogenesis, and search for clinical diagnosis and treatment biomarkers. However, uncertainties persist about the proteomic detection of many types of CTD-ILD, the changes in the protein composition of CTD-ILD patients before and after treatment, and the specific molecular mechanism of the participation of specific kinds of proteins in CTD-ILD. These questions need to be answered by future proteomic studies based on larger sample cohorts, prospective clinical studies, and sufficient clinical evidence.

D differences were found in the three types of ILD, gelsolin differences were found in IIM and RA. IIM, idiopathic inflammatory myopathies; Fc-ag IgG, Fc-agalactosylated glycan of IgG; SP-D, surfactant protein D; SSc, systemic sclerosis; GSTP, glutathione S-transferase P; RA, rheumatoid arthritis; PIANP, paired immunoglobulin-like type two receptor-associated neural protein; SLPI, secretory leukocyte peptidase inhibitor.

Author contributions

YLW and YHL wrote the review. CYT and YL contributed to the theme and structure of the review. YZ, JW, LC, XPL, and TW contributed to the literature search and summary. CYT, YL, and YBL made important modifications to important intellectual content. All authors read and approved the final manuscript.

Funding

This work was supported by the National Natural Science Foundation of China (82001728 and 81973540), 1·3·5 project for Outstanding interdisciplinary project of West China Hospital, Sichuan University (ZYGD18015, ZYJC18003, and ZYJC18024), Sichuan Science and Technology Program (20YYJC3358), and from zero to one Innovative Research Program of Sichuan University (2022SCUH0020).

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: [https://www.frontiersin.org/articles/10.3389/](https://www.frontiersin.org/articles/10.3389/fimmu.2023.1146904/full#supplementary-material)fimmu.2023. [1146904/full#supplementary-material](https://www.frontiersin.org/articles/10.3389/fimmu.2023.1146904/full#supplementary-material)

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