



The Role of Calcium–Calcineurin–NFAT Signaling Pathway in Health and Autoimmune Diseases

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Calcium (Ca²⁺) is an essential signaling molecule that controls a wide range of biological functions. In the immune system, calcium signals play a central role in a variety of cellular functions such as proliferation, differentiation, apoptosis, and numerous gene transcriptions. During an immune response, the engagement of T-cell and B-cell antigen receptors induces a decrease in the intracellular Ca²⁺ store and then activates store-operated Ca²⁺ entry (SOCE) to raise the intracellular Ca²⁺ concentration, which is mediated by the Ca²⁺ release-activated Ca²⁺ (CRAC) channels. Recently, identification of the two critical regulators of the CRAC channel, stromal interaction molecule (STIM) and Orai1, has broadened our understanding of the regulatory mechanisms of Ca²⁺ signaling in lymphocytes. Repetitive or prolonged increase in intracellular Ca²⁺ is required for the calcineurin-mediated dephosphorylation of the nuclear factor of an activated T cell (NFAT). Recent data indicate that Ca²⁺-calcineurin–NFAT1 to 4 pathways are dysregulated in autoimmune diseases. Therefore, calcineurin inhibitors, cyclosporine and tacrolimus, have been used for the treatment of such autoimmune diseases as systemic lupus erythematosus and rheumatoid arthritis. Here, we review the role of the Ca²⁺-calcineurin–NFAT signaling pathway in health and diseases, focusing on the STIM and Orai1, and discuss the deregulated calcium-mediated calcineurin–NFAT pathway in autoimmune diseases.

Keywords: calcium, calcineurin, nuclear factor of an activated T-cell, Ca²⁺ signaling, autoimmune disease

INTRODUCTION

Calcium (Ca²⁺) is a second messenger that performs various functions, including cell division, activation, proliferation, and apoptosis in many cells (1) (Table 1). Ca²⁺ levels in the extracellular fluid (ECF) and endoplasmic reticulum (ER) lumen are maintained in the several millimolar (mM) range. However, the cytosolic Ca²⁺ levels are approximately in the range of 100 nM, which is 10,000 times lower than ECF Ca²⁺ concentrations (2). The resulting Ca²⁺ gradient is kept by intracellular Ca²⁺ stores, various types of Ca²⁺ channels, Ca²⁺/H⁺ ATPase, and Na⁺/Ca²⁺ exchangers. The cytosolic Ca²⁺ level is low in resting cells, but Ca²⁺-mobilizing agonists, such as hormones

TABLE 1 | Role of elevated intracellular calcium (Ca^{2+}) levels in various cells.

Cell type	Effects
Endothelial cells	Increase vasodilation
Secretory cells	Increase secretion, stimulate vesicle fusion
Juxtaglomerular cells	Decrease secretion
Parathyroid chief cells	Decrease secretion
Neurons	Stimulate transmission, vesicle fusion, and increase neural adaptation
Myocytes	Increase contraction and activation of protein kinase C
Keratinocytes	Stimulate differentiation
Lymphocytes	Stimulate T cells: Activation, anergy, motility, synapse formation, cytotoxicity, development, differentiation, and gene expression Stimulate B cells: Activation and maturation
Mast cells	Stimulate degranulation and histamine release
NK cells	Increase cytolytic activity in response to target cell recognition
Macrophage	Increase gene expression of pro-inflammatory cytokine, iNOS, and TNF
Dendritic cells	Stimulate maturation, migration of immature dendritic cells to secondary lymphoid organs Increase expression of MHC class II and co-stimulatory molecules
Neutrophils	Increase phagocytosis, production of reactive oxygen species, degranulation, cytoskeletal rearrangement, and migration
Osteoclasts	Osteoclast activation, differentiation, and survival

NK, natural killer; iNOS, inducible nitric oxide synthase; TNF, tumor necrosis factor; MHC, major histocompatibility complex.

and growth factors, induce changes in the intracellular Ca^{2+} current dynamics. Cytosolic Ca^{2+} concentrations are balanced by the influx and efflux of Ca^{2+} . There are two major routes of cytosolic Ca^{2+} influx: (1) from the intracellular stores, such as ER and mitochondria and (2) from the ECF. Ca^{2+} entry from the ECF is needed for the sustained elevation of cytosolic Ca^{2+} levels and full activation of Ca^{2+} -dependent processes (1). On the other hand, emissions of Ca^{2+} occur through $\text{Na}^+/\text{Ca}^{2+}$ exchangers and plasma membrane Ca^{2+} -adenylpyrophosphatase (ATPase).

Various Ca^{2+} -permeable channels are involved in the influx of extracellular Ca^{2+} : voltage-operated Ca^{2+} channels (VOCCs), receptor-operated channels (ROCs), store-operated channels (SOCs) like Ca^{2+} release-activated Ca^{2+} (CRAC) channels, and second messenger-operated channels (SMOCs) (1). VOCCs and ROCs are mainly located in electrically excitable cells, while SMOCs are in some excitable and non-excitable cells. In nerve and muscle fibers, electrically excitable cells, VOCCs and ROCs are the principal routes of Ca^{2+} entry. ROCs open in a few milliseconds when a neurotransmitter binds to them (3). SOCs are activated by second messenger molecules, usually inositol phosphates (IPs), diacylglycerol (DAG), and arachidonic acid and its metabolites (4). SOCs are found in all eukaryotes. CRAC channels are the main routes of Ca^{2+} entry in non-excitable cells, especially immune cells. When intracellular Ca^{2+} stores

are decreased, store-operated Ca^{2+} entry (SOCE) is mediated by activated CRAC channels (1).

The intensity and length of Ca^{2+} signaling generated by SOCE and CRAC channels play different roles in immune cells. Short-duration functions occur within minutes. Short-duration types of Ca^{2+} signal transduction are not related to new gene expression, but to motility and the degranulation of T cells (5–7). In contrast, long-duration types of Ca^{2+} signaling sets to work on activation if the cytoplasmic Ca^{2+} levels are at higher-than-basal concentrations for hours through continuous Ca^{2+} entry. The long-duration types are associated with lymphocyte proliferation, expression of activation-related genes, cytokine or chemokine production, differentiation of T cells, and anergy (8).

Signaling between the plasma membrane and ER, or between ER and mitochondria, is required for the regulation of a direct Ca^{2+} transfer (9). It has long been recognized that inositol triphosphate serves Ca^{2+} release from the intracellular stores through inositol-1,4,5-triphosphate (IP_3) receptor activation (4). However, recent discoveries of two essential regulators of CRAC channel functions have brought some new perspectives of cell functions regulated by Ca^{2+} . The first regulator is stromal interaction molecule 1 (STIM1), a Ca^{2+} sensor protein presented in the ER, which is responsible for CRAC channel activation. The second regulator is Orai1, one subunit of CRAC channels. This review focuses on the roles of Ca^{2+} and the signal pathway upstream and downstream of Ca^{2+} flow in the immune cells and its involvement in autoimmunity and immunologic diseases.

CALCIUM CHANNELS

Voltage-Operated Ca^{2+} Channels

VOCCs are located in electrically excitable cells, and they are activated by membrane depolarization. Usually, VOCCs function as the major passages of Ca^{2+} influx to the cells. However, their physiological importance or function in immune cells remains unclear.

Ligand-Gated, Transient Receptor Potential (TRP) Channels

Ligand-gated Ca^{2+} channels are mostly non-selective ion channels. Among them, TRP channels consist of six subfamilies according to the amino acid sequence: the TRPC (canonical), TRPV (vanilloid), TRPA (ankyrin), TRPM (melastatin), TRPML (mucolipin), and TRPP (polycystin) groups (10). The TRPC1 was cloned to be the first mammalian member of the TRPC channel (11). Since then, TRPC2 and TRPC7 have been found. TRP channels are expressed in many cells and are expected to perform various biological functions. Usually, TRP channels function as polymodal cell sensors, but they also contribute to Ca^{2+} homeostasis. First, TRP channels function as Ca^{2+} entry via the plasma membrane (12). Second, when activated, they cause cell depolarization, which is the driving force for Ca^{2+} entry, and generate changes in the intracellular Ca^{2+} concentration (10). Third, TRP channels are also found in the ER and mitochondria and function as intracellular Ca^{2+} -release channels (13).

There are a number of studies demonstrating the association between TRP and CRAC channels. For example, ORAI1, a

CRAC channel, interacts with TRPCs and acts as a regulatory subunit that confers STIM1-mediated store depletion sensitivity to TRP channels (14). STIM1 also binds to TRPC1, TRPC4, and TRPC5 and is involved in SOCE (14). In unstimulated cells, TRPC1 does not display constitutive activation of the cells, and its levels in the plasma membrane are relatively low. However, TRPC1-containing vesicles can be found in the sub-plasma membrane region close to ER-plasma membrane junctions, in which Orai1 and STIM1 aggregate upon ER Ca²⁺ store depletion (15). This proximity enables TRPC1-containing vesicles to detect Ca²⁺ signals, the detection of which induces their recruitment to the plasma membrane (9). In the case of STIM1 knockdown, endogenous TRPC1-mediated SOCE and Ca²⁺ flow are significantly decreased (16). In contrast, exogenous co-expression of STIM1 with TRPC1 increases SOCE (16). If the store is sufficiently filled, TRPC1 is separated from STIM1 and TRPC1 is inactivated (16, 17). Activation of TRPC1 also relies on the presence of functional Orai1 since knockdown of Orai1 induces the complete elimination of TRPC1-mediated SOCE (14). Together, the previous studies suggest that plasma membrane expression of TRPC1 controls the Ca²⁺ signals in the cells in concert with STIM1 and Orai1. Further details regarding STIM1 and Orai1 are discussed below.

Ca²⁺ RELEASE-ACTIVATED Ca²⁺ CHANNELS

Stromal Interaction Molecule 1

Before the discovery of STIM proteins through the large-scale RNA interference (RNAi) screen (18), there were at least three models to regulate SOCE: conformational coupling (19), soluble Ca²⁺ influx factor (20), and vesicle fusion (21). However, these models could not fully explain the SOCE mechanism. STIM was identified through two RNAi screens carried out in *Drosophila* and mammalian cells (22). Unlike *Drosophila*, mammals express two STIM proteins, STIM1 and STIM2 (23). Both STIM proteins are single-pass transmembrane proteins with paired N terminal exchange factor (EF) hands located in the ER lumen (1). Protein interaction domains of STIM are found in both the ER lumen and the cytoplasm, while the Ca²⁺ binding EF-hand motif is placed in the portion of STIM1 facing the ER lumen (8). Mutations of Ca²⁺-binding glutamate and aspartate residues activate SOCE and CRAC channels independent of the filling state of the ER Ca²⁺ stores (18, 24), suggesting that STIM proteins serve as sensors of Ca²⁺ levels in the ER.

Both STIM1 and STIM2 can detect depletion Ca²⁺ stores in ER and lead to the activation of SOCE via Orai1. However, RNAi-mediated knockdown of STIM2 selectively decreases baseline levels of Ca²⁺ cytosolic and ER Ca²⁺ concentrations. Oh-Hora et al. (25) found that T cells and fibroblasts with a conditional deletion of STIM1 could result in a significant reduction of SOCE and CRAC channel function in C57BL/6 mice, which could be restored sufficiently by STIM1, but not recovered sufficiently by STIM2. The authors demonstrated that STIM1-deficient T cells showed only a transient nuclear localization of NFAT, whereas STIM2-deficient T cells demonstrated a normal,

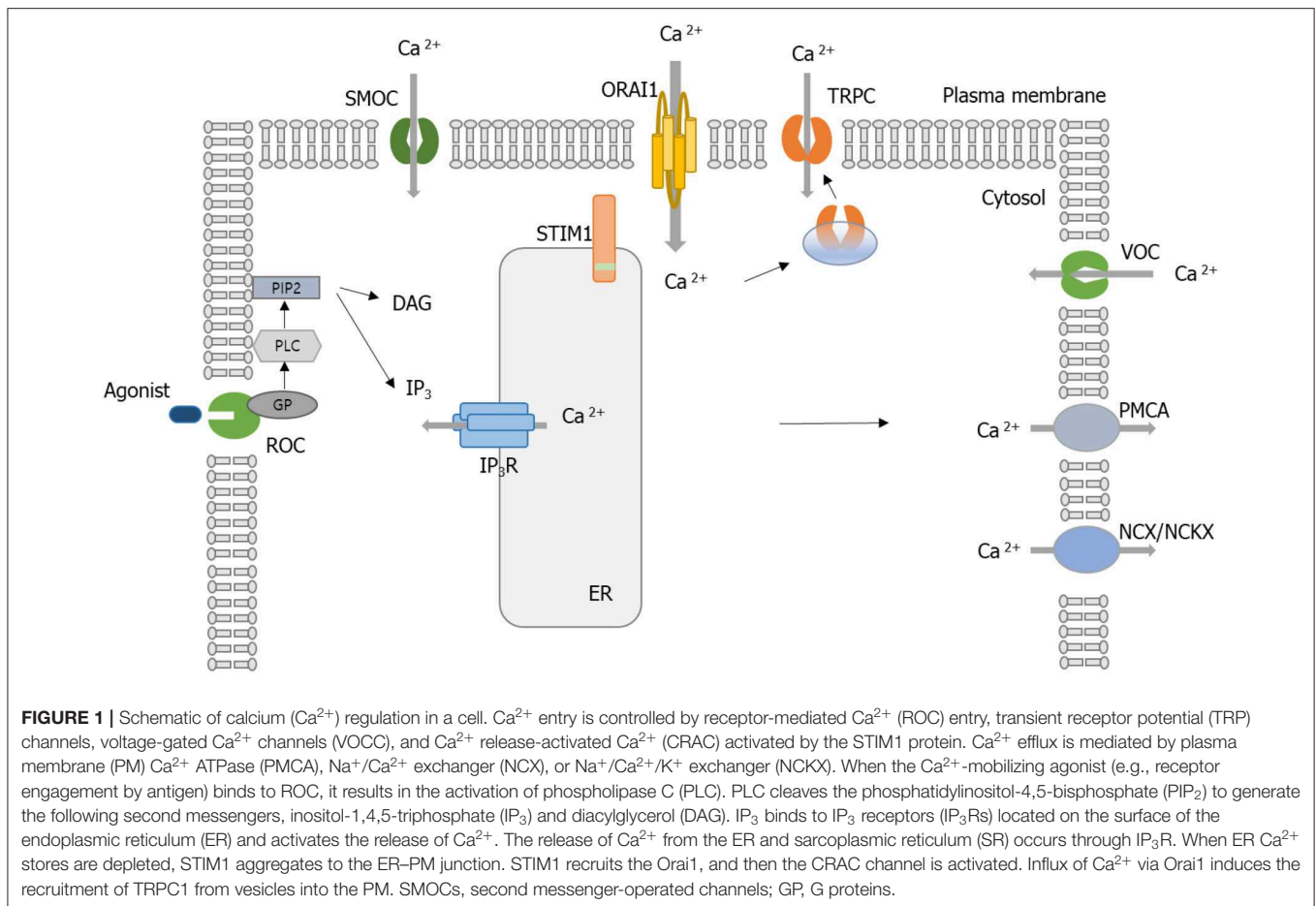
although unsustained, initial phase of nuclear localization of NFAT (25). Moreover, naive T cells lacking STIM2 performed normal SOCE and cytokine production (25). They concluded that STIM1, rather than STIM2, is the major functional Ca²⁺ sensor in ER that can trigger SOCE through CRAC channels in activated immune cells.

After Ca²⁺ store depletion, the relocation and aggregation of STIM1 forms small clusters (“puncta”) in the ER membrane (26). When ER Ca²⁺ has depleted, STIM1 starts dimerization or oligomerization and then forms plasma membrane clusters. STIM1 forms homo-multimers and hetero-multimers with itself and STIM2 (26, 27). These protein–protein interactions are mediated by protein interaction domains of STIM1, including a sterile α -motif (SAM), a coiled-coil ezrin, radixin, and moesin (ERM) domain, a serine- and proline-rich region, and a lysine-rich region (28). The location of puncta in or near the plasma membrane suggests that STIM1 may interact with CRAC channels (1, 24). Indeed, STIM1 puncta co-localizes with the lesion of Ca²⁺ entry and the CRAC channel subunit Orai1 (29). In contrast to STIM1, which can trigger SOCE, STIM2 seems to be involved in stabilizing basal cytosolic and ER Ca²⁺ levels (30). Parvez et al. (31) and Bema-Erro et al. (32) have reported that overexpressing STIM2 in cultured HEK293 cells increases resting intracellular Ca²⁺ levels, while cortical neurons, lacking STIM2, decreases them.

Orai1

Genome-wide RNAi screens in *Drosophila* S2 cells revealed that depletion of the *olf186-F* gene (renamed *Drosophila* Orai) abrogates Ca²⁺ influx (33, 34). Again, RNAi-mediated knockdown of FLJ14466 (renamed ORAI1) (33), human homologs of *olf186-F*, interferes with CRAC channel functions and SOCE (34). *Orai1* is located on chromosome 12q24 in humans (33). Homozygosity for a missense mutation in *Orai1*, replacement of arginine with tryptophan at position 91 of the protein, abolishes the CRAC channel flow in T cells from patients with severe combined immunodeficiency (SCID) (8). Conversely, in T cells isolated from patients with SCID, overexpression of wild-type *Orai1* reconstitutes SOCE and CRAC channel flows (33). In this respect, Orai1 is considered to play a major role in the SOCE pathway.

When Orai1 was discovered, researchers wondered if Orai1 could be a component of the CRAC channel or a protein that relates the opening of CRAC channels. Several groups investigated the site-directed mutagenesis of conserved glutamates in the first and third predicted transmembrane domains of *Drosophila* and human Orai1 to show that both *Drosophila* and human Orai1 are elements of the CRAC channel pore (33–35). Human Orai1 shares 73% sequence homology with *Drosophila* Orai (36). Based on the *Drosophila* Orai structure, human Orai1 channels are expected to have a hexameric structure comprising three dimeric subunit pairs (36). The central aqueous pore of Orai1 is created from the six pore-forming N-terminal transmembrane helices (TM1). TM2 and TM3 surround TM1, while TM4 forms the periphery of the channel. Previous Orai1 mutagenesis studies have indicated that a set of conserved acidic amino acids in TM1 and TM3 and in the TM1-TM2 loop (E106,



E190, D110, D112, D114) is essential for the Ca^{2+} selectivity filter of the CRAC channel (37). Prakriya et al. (35) replaced the corresponding glutamates (E106 and E190) in human *Orai1* with alanine (A), aspartate (D), or glutamine (Q). The mutant proteins were transduced into SCID T cells, and then SOCE was analyzed (35); as mentioned earlier, SCID disease is characterized by the absence of SOCE and CRAC channel currents (33). The authors found that mutations at E106 and E190 significantly decreased SOCE. Moreover, E106D and E190Q mutation greatly decreased Ca^{2+} selectivity of the CRAC channel (35). Similar observations were reported by a study using *Drosophila* Orai (38), where overexpression of *Drosophila* Orai in S2 cells resulted in a great increase in SOCE and CRAC currents (38). Another human study using overexpressed human Orai1 in HEK293 cells also confirmed that E106 and E190 are essential sites for CRAC channel function (39). Taken together, Orai1 has been considered a critical component of the pore of the CRAC channel. **Figure 1** shows the above Ca^{2+} channels associated with Ca^{2+} homeostasis.

Ca^{2+} SIGNALING IN LYMPHOCYTES

Among the various Ca^{2+} channels, CRAC channels function uniquely in immune cells, especially lymphocytes (1). CRAC

channels are opened differently depending on a lengthy signaling cascade. Short-duration functions are generally established within minutes. They are involved in modulation of lymphocyte motility, and the degranulation of cytotoxic CD8^+ T cells (5–7). The engagement of T cell receptor (TCR) or B cell receptor (BCR) with antigen-presenting cells (APCs) bearing antigenic peptides leads to a quick elevation of intracellular concentrations of Ca^{2+} . As Ca^{2+} levels increase, T cells stop their movement and form stable immunological synapses. The long-duration functions include cell proliferation, expression of activation-related genes, production of cytokines/chemokines, and differentiation of lymphocytes (40). The continuous Ca^{2+} influx is required since this long-duration function occurs when Ca^{2+} concentration maintains higher-than-basal levels for several hours.

Ca^{2+} Upstream Signaling in Lymphocytes

When antigen/major histocompatibility complex (MHC) complexes bind to TCR, protein tyrosine kinases are activated. This binding induces the tyrosine phosphorylation and the activation of phospholipase C, gamma 1 (PLC- γ 1) (4). PLC- γ 1 catalyzes the formation of IP_3 and DAG from the membrane phospholipid phosphatidylinositol-4,5-bisphosphate (PIP_2). IP_3 opens IP_3 receptors (IP_3R) and allows Ca^{2+} efflux from

the ER Ca^{2+} reservoir (4). STIM proteins recognize decreased Ca^{2+} concentration in the ER through their canonical EF hands located within the ER lumen, acting as Ca^{2+} sensors of the ER (1). When the Ca^{2+} is detached from the EF hands, STIM forms clusters in the ER membrane. This conformation contacts the Orai1 pore channel subunit, triggering SOCE (1).

Ca^{2+} Downstream Signaling Pathway After Ca^{2+} Influx

Once Ca^{2+} influx increases intracellular Ca^{2+} concentration, intracellular Ca^{2+} activates other signaling pathway and transcription factors. The pathway known to date is (1) the calmodulin–calcineurin pathway, with the final activation of the NFAT1 to (2, 4) Ca^{2+} -dependent kinase-calmodulin (CaMK), and (3) nuclear factor κB (NF- κB). Calmodulin is a Ca^{2+} -binding messenger protein expressed in all eukaryotic cells. When Ca^{2+} binds to calmodulin, it forms the Ca^{2+} -calmodulin complex (1). This complex activates Ca^{2+} pumps, which then removes Ca^{2+} from the cytoplasm or stores Ca^{2+} in the ER. The Ca^{2+} -calmodulin complex also activates calmodulin-dependent kinase (CaMK), which phosphorylates several effector proteins by transferring phosphates from ATP to serine and threonine residues on the proteins (1). Calcineurin is a calmodulin-dependent serine/threonine phosphatase. Calcineurin is composed of a calmodulin-binding catalytic subunit, calcineurin A, and a regulatory subunit, calcineurin B (1).

In mammals, there are three isoforms of calcineurin A (calcineurin A α , calcineurin A β , and calcineurin A γ) and two isoforms of calcineurin B (calcineurin B1 and calcineurin B2) (40, 41). When intracellular Ca^{2+} concentration increases the calmodulin binding to calcineurin, NFAT translocates to the nucleus (40–42) and then upregulates transcription of its target genes that are essential for innate and adaptive immunity. All NFAT1 to NFAT4, except NFAT5, are activated by calcineurin. They have conserved the N-terminal domain containing calcineurin binding sites (43). Peripheral lymphocytes express NFAT1, NFAT2, and NFAT4. Single-positive thymocytes preferentially expressed NFAT1. NFAT2 is expressed in double-negative thymocytes and B cells, and NFAT4 is expressed in double-positive thymocytes (44, 45), suggesting that NFAT isoforms of NFAT play different roles at the stage of the development and in the maturation of T cells in the thymus. Such a notion is supported by a recent study showing that NFAT1 and NFAT4 require distinct subcellular InsP_3 and Ca^{2+} signals for physiologically sustained activation (46).

Ca^{2+} SIGNALING IN OTHER IMMUNE CELLS

Neutrophils

It is widely accepted that the Ca^{2+} signal is crucial to a variety of functions of neutrophils as well as lymphocytes. In neutrophils, Ca^{2+} signaling starts with the binding of various cell surface receptors, including Fc-gamma receptors (Fc γ Rs), G-protein-coupled receptors (GPCRs), and integrins (47). Adhesion of

neutrophils generates Ca^{2+} influx, which controls exocytic events associated with the movement of neutrophils (48). Increased Ca^{2+} generated by integrin engagement triggers a rapid change in neutrophil morphology and accelerates the neutrophil spreading (49). Intracellular Ca^{2+} also is involved in the assembly and disassembly of actin during neutrophil adhesion and phagocytosis (50, 51). Moreover, the Ca^{2+} signal seems to mediate the exocytic process as evidenced by studies demonstrating that the release of different granules depends on the Ca^{2+} concentration in neutrophils (52).

As expected, two CRAC channels, STIM1 and Orai1, have been implicated in neutrophil functions. For example, inhibition of STIM1-induced SOCE using siRNAs leads to a marked decrease in NADPH oxidase activity in neutrophil-like HL-60 cells, while STIM2 siRNA has no effect (53). STIM1 siRNAs also reduce the polarization of HL-60 cells possibly through the Akt/Src/Rac pathways (54). In addition, STIM1 interacts with Ca^{2+} channels on phagosomes to promote localized Ca^{2+} elevations that drive high-efficiency phagocytosis in neutrophils (55). Moreover, knockdown of Orai1 using siRNA reduces SOCE and ROS production in HL-60 cells (56, 57), suggesting that Orai1 also mediates the SOCE in neutrophils. Collectively, it seems likely that Ca^{2+} flux mediated by STIM1 and Orai1 is required for adequate functions of neutrophils, including phagocytosis.

Unlike phagocytosis, there is a discrepancy whether STIM1 regulates neutrophil migration. In the psoriatic inflammation animal model, conditional knockout mice lacking STIM1 have less neutrophil infiltration in the epidermis than controls (58), indicating that STIM1 is essential for chemotaxis. In a sharp contrast, Zhang et al. (59) have reported that neutrophils of *stim1*^{-/-} mice display no defect in adhesion and migration. Moreover, in a human study of patients with loss-of-function mutations in ORAI1 and STIM1 genes, Ca^{2+} influx is only modestly reduced in ORAI1- and STIM1-deficient neutrophils (60). Moreover, antibacterial cellular functions, including phagocytosis, adhesion, and chemotaxis, are preserved in human neutrophils mutated in ORAI1 and STIM1 genes (60). Therefore, it is not conclusive that STIM1 and ORAI1 are actually so critical for effector functions of neutrophils. There might be another possibility that other Ca^{2+} channels or membrane proteins mediate SOCE and effector functions of human neutrophils. Further research will be required to clarify this issue.

Osteoclasts

It is well-known that signaling by the receptor activator of nuclear factor- κB ligand (RANKL) critically regulates the differentiation of monocytes/macrophages to osteoclasts, the key immune cells involved in bone resorption and destruction. An increasing body of evidence suggests that the Ca^{2+} -calcineurin–NFAT pathway is also essential for the activation and differentiation of osteoclasts. A decrease in cytosolic Ca^{2+} by extracellular protons promotes the expression of cell matrix attachment structures (61). The Ca^{2+} sensing receptor is also directly involved in osteoclast differentiation and apoptosis (62). Interestingly, RANKL evokes Ca^{2+} oscillation, then leads

to calcineurin-mediated activation of NFATc1, and promotes osteoclast differentiation in NFATc1-dependent manners. Yang and Li (63) also have demonstrated that RANKL sequentially induces Ca^{2+} oscillation, NFATc1 activation, and osteoclast differentiation, which is almost completely dependent on the regulator of G-protein signaling 10, a regulatory molecule that acts as GTPase activating proteins, which suggests that the Ca^{2+} -dependent NFAT pathway is the key downstream signaling pathway of RANKL for osteoclast differentiation.

Like in lymphocytes and neutrophils, there are studies showing that STIM1 and Orai1 are required for osteoclastogenesis. STIM1 is highly expressed in osteoclasts at an early stage (64). *Stim1* and *Orai1* silencing inhibits RANKL-induced Ca^{2+} oscillation in RAW264.7 macrophages (65). Moreover, knockdown of Orai1 suppresses multi-nucleation of osteoclast precursor cells and consequently inhibits osteoclastogenesis of RAW264.7 cells (66). Besides STIM1 and Orai1, TRP channels also are expressed in osteoclasts (67) and contribute to osteoclastogenesis (68). Knockdown of TRP5 in human osteoclasts reduces RANKL-induced Ca^{2+} influx (69). In an experiment using TRPV4^{-/-} mice, it has been demonstrated that TRPV4 regulates Ca^{2+} signaling, activates NFATc1, and enhances the differentiation and survival of osteoclasts (70).

ASSOCIATION OF Ca^{2+} -CALCINEURIN-NFAT AXIS WITH IMMUNOLOGIC DISEASES

These autoimmune diseases are characterized by the presence of autoreactive T cells that lead to the generation of the inflammatory process. Intracellular Ca^{2+} signaling in T cells has been implicated in the pathogenesis of autoimmune disease (1). In the thymus, immature T cells develop from progenitors through positive and negative selection. Even when autoreactive T cells happen to have escaped from such selection in the thymus, they can be suppressed by regulatory T cells (Tregs) to maintain peripheral tolerance. Of note, the Ca^{2+} signal is thought to be an important modulator of TCR signaling strength as well as a regulator of T cell development and selection (1). In fact, Ca^{2+} oscillations are found under positively selecting conditions in thymic slices (1, 71, 72). Strong Ca^{2+} influx is associated with negative selection of T cells induced by high-affinity peptide ligands, but moderate Ca^{2+} influx is related to positive selection by weak peptide-MHC-TCR interactions (73). Recently, patients with a mutation of STIM1 have been reported (74). They develop autoimmune diseases due to a severe reduction in peripheral Foxp3⁺ Treg cells. Meanwhile, after encountering APCs loaded with the appropriate peptide, naive Th cells differentiate into specific Th cell subsets, including Th1, Th2, and Th17, depending on the local cytokine milieu. In such a polarization step, intracellular Ca^{2+} levels can be measured differently according to Th subtype. For example, intracellular Ca^{2+} concentrations in resting state are higher in Th2 cells than in Th1 cells and intermediate in Th17 cells (75), which suggests that a defect of Ca^{2+} signaling can affect Th cell differentiation and polarization. In this section, we describe the functional

TABLE 2 | Association of calcium (Ca^{2+}) channels and various autoimmune diseases.

Disease	Channels and Cells	Effects
Rheumatoid arthritis	Upregulation of CRAC on T cells Upregulation of TRPV1 and TRPM8 on synoviocytes Activation of TRPV4 on synoviocytes Activation of TRPV2 on synoviocytes	Increase Ca^{2+} influx and NFAT transcription → stimulation of secretion of inflammatory cytokines Activate caspase enzyme → induce apoptosis of FLS Increase Ca^{2+} influx reduce → chemokine production Increase intracellular Ca^{2+} concentration → reduce joint inflammation
Systemic lupus erythematosus	Altered motility of Kv1.3 on T cells	Activate T cell proliferation and T cell-mediated autoimmune responses
Sjogren syndrome	Downregulation of CRAC on T regs Inhibition of TRPC3 on salivary gland	Reduce SOCE and Treg functions → decrease salivary gland secretion Reduce Ca^{2+} influx → reduce cell-mediated toxicity → decrease inflammation
Psoriasis	Downregulation of TRPV6 on keratinocytes Downregulation of STIM1	Reduce Ca^{2+} influx → inhibit keratinocyte differentiation and proliferation Reduce Ca^{2+} influx → decrease chemotaxis of neutrophils
Multiple sclerosis	Upregulation of CRAC on T cells	Change Ca^{2+} entry Stimulate T cell activation and proliferation → increase cytokine production

CRAC, Ca^{2+} release-activated Ca^{2+} ; NFAT, nuclear factor of activated T cell; TRPV, transient receptor potential vanilloid; TRPM, transient receptor potential melastatin; FLS, fibroblast-like synoviocyte; SOCE, store-operated Ca^{2+} entry; Tregs, regulatory T cells; TRPC, transient receptor potential canonical.

role of Ca^{2+} signaling in the pathogenesis of autoimmune diseases, including rheumatoid arthritis (RA), systemic lupus erythematosus (SLE), Sjögren's syndrome (SS), and psoriasis, focusing on dysregulated Ca^{2+} signaling in autoreactive T cells (Table 2).

Rheumatoid Arthritis

RA is a chronic systemic inflammatory disease. Pathologically, chronic inflammation in the synovia spreads to the surrounding cartilage and bone, and if left untreated, causes joint destruction, deformity, and disability. Genetic and environmental factors, including human leukocyte antigen (HLA) DR1 and 4 subtypes, smoking, and infectious agents, are thought to contribute to RA etiology and pathogenesis (76). Most RA patients have autoantibodies to self-antigens, which include the rheumatoid factor (RF) and anti-cyclic citrullinated peptide antibodies (ACPA), indicating that humoral immunity is involved in disease pathogenesis (77). There is also ample evidence of the presence of autoreactive T cells in the synovium (78), the association of autoreactive T cells with HLA-DR1/4 and T cell-derived cytokines, including interferon gamma (IFN- γ) and interleukin-17 (IL-17) (78), and the clinical efficacy of anti-T cell therapy in

RA patients (79). When chronically exposed to various cytokines and growth factors derived from activated lymphocytes and other types of immune cells, resident synoviocytes are activated, proliferated abnormally, and de-differentiated to an aggressive phenotype, reminiscent of cancer cells (80).

Although CD4⁺ T cells are thought to be the principal mediators of RA progression, how CD4⁺ T cells are induced and activated needs clarification. Sakaguchi et al. (81) reported that spontaneous point mutation of the gene encoding an SH2 domain of ZAP-70, an important signal transduction molecule in T cells, leads to chronic autoimmune arthritis similar to RA in mice. In this animal model, TCR signals, including Ca²⁺ signaling, are markedly impaired (81). Altered signal transduction from TCR through the ZAP-70 mutation changes the thresholds of T cells for thymic selection, leading to the positive selection of otherwise negatively selected autoimmune T cells. Together, those findings imply that Ca²⁺ signals are involved in fine-regulating TCR signals in thymocytes, and accordingly in the selection of functionally healthy T cells, and the depletion of autoreactive T cells.

Since RA has a strong genetic background, there is research into whether it is associated with Ca²⁺ regulatory genes. Yen et al. (82) investigated 400 RA patients and 621 healthy controls for a case-control genetic association study to find whether *Orai1* is involved in RA susceptibility. Five tagging single-nucleotide polymorphisms (SNPs) within *Orai1* were selected for genotyping. As a result, the SNP rs7135617 has a significant correlation with the risk of RA, indicating that genetic polymorphism of *Orai1* contributes to the susceptibility to RA.

Because Ca²⁺ is a key regulator of a variety of transcription factors, control of Ca²⁺ influx is essential for the activation and function of the adaptive immune response. Liu et al. (83) studied whether CRAC channels contribute to the abnormal behavior of T cells in RA. They found a significant positive correlation between Ca²⁺ influx in naive T cells and RA activity. Moreover, functionally aberrant naive CD4⁺ T cells from active RA patients were found to show different cytokine release patterns, enhanced Ca²⁺ influx, and increased expression and function of CRACM1, a CRAC protein (83).

As a downstream target of Ca²⁺, the calcineurin–NFAT pathway is required for RA pathogenesis. NFAT is expressed in RA synovium at high levels (80). The presence of calcineurin has also been demonstrated in monocytes/macrophages and vascular endothelial cells in RA synovium (84). Moreover, calcineurin upregulates the expression of pathogenic T cell-derived cytokines, including IL-17 and tumor necrosis factor- α (TNF- α), in RA (84). Beyond its role in T cells, calcineurin induces the activation of synoviocytes and chondrocytes (85, 86). We have reported that calcineurin expression is higher in the synoviocytes of RA patients than in those of osteoarthritis patients (86). Pro-inflammatory cytokines increase calcineurin activity in synoviocytes, and in turn, increased calcineurin activity triggers the production of IL-6 and matrix metalloproteinases (MMPs). Ca²⁺ stores in the non-ER compartment are increased in the synoviocytes of RA patients, which underlies the altered Ca²⁺ signaling in RA, thus making these cells hyperresponsive to external stimuli,

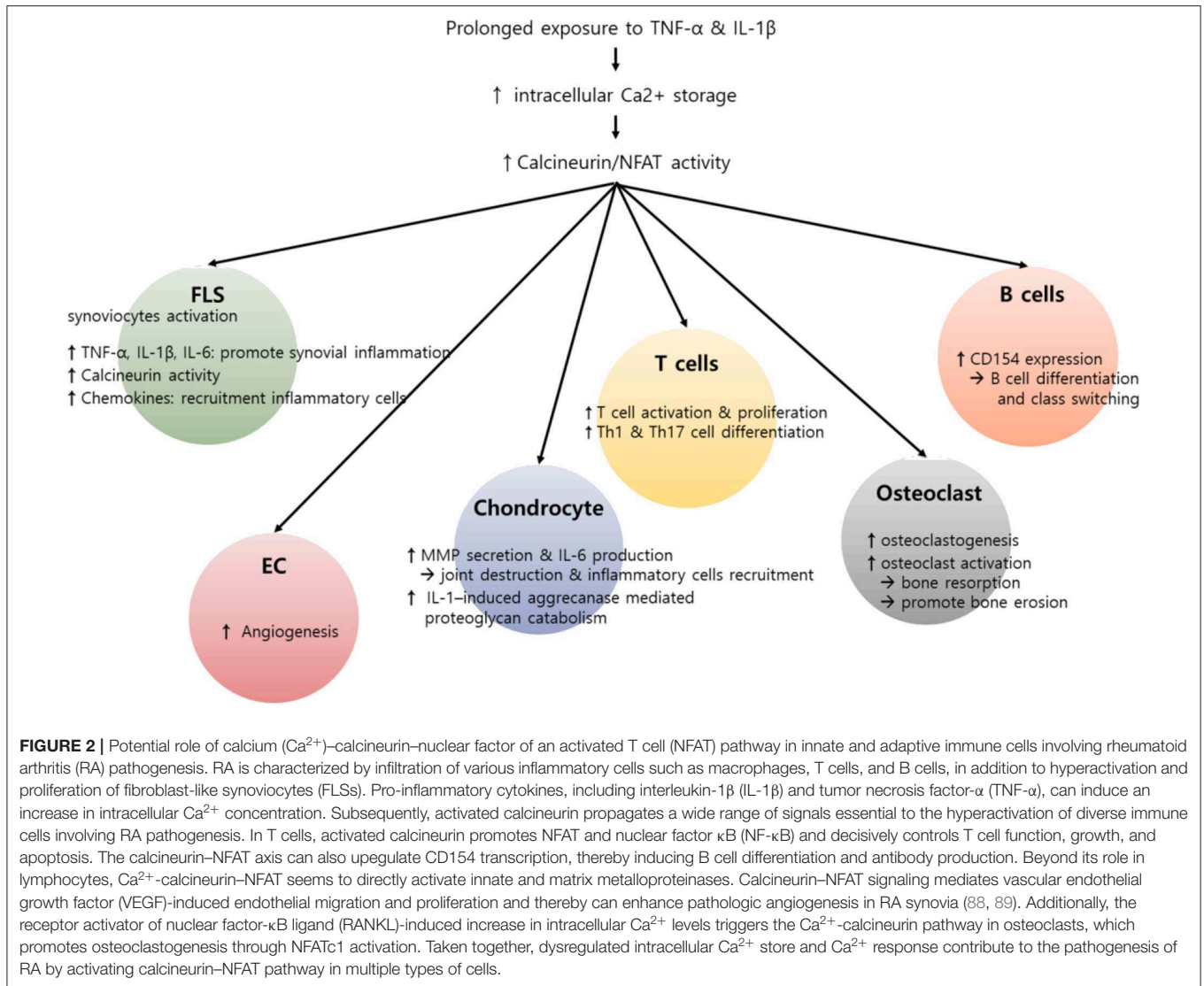
including TNF- α . Calcineurin is also expressed in chondrocytes. The inhibition of calcineurin decreases IL-1 β , MMP1, and MMP3 production while increasing type II collagen, tissue inhibitor of metalloproteinases-1, and transforming growth factor- β (TGF- β) expressions, suggesting that calcineurin regulates the catabolic and anabolic activities of chondrocytes (85).

Taken together, the Ca²⁺-calcineurin–NFAT axis is upregulated in various types of synovial inflammatory cells of RA patients, promotes the production of pro-inflammatory cytokines and MMPs, and thereby plays an important role in maintaining chronic inflammation in RA. In fact, calcineurin inhibitors, including cyclosporine and tacrolimus, have been widely used over recent decades with great efficacy in the treatment of RA (87). We believe that the action of such inhibitors is not limited to T cells but also targets non-T cells, including macrophages and synoviocytes, and therefore the therapeutic efficacy of calcineurin inhibitors in RA comes from their combinatory action on multiple types of pathologic immune cells. **Figure 2** summarizes the role of the Ca²⁺-calcineurin–NFAT pathway in RA pathogenesis.

Systemic Lupus Erythematosus

SLE is a systemic autoimmune disorder involved in multiple organs, leading to tissue damage to any part of the body with diverse clinical manifestations. The pathologic findings of SLE occur through inflammation, blood vessel abnormality, and immune complex deposition. In SLE, the major immunologic disturbance is autoantibody production (e.g., anti-double-strand DNA, anti-Sm, anti-ribonucleoprotein, anti-SSA, and anti-SSB), which is caused by a generalized immune cell dysfunction that promotes B cell hyperactivity. Several studies have demonstrated abnormal signaling through BCR, and this modified signaling results in increased Ca²⁺ signals (90–94). It has been reported that B cell stimulation in SLE patients with antibodies against surface IgM shows an elevated intracellular Ca²⁺ response compared to healthy controls (90). Such increased Ca²⁺ entry was found to be associated with impaired Fc γ RIIB signaling and reduced expression levels of Src-homology 2-domain phosphatase-1 (SHIP-1) (91).

Physiologically, Fc γ RIIB diminishes Ca²⁺ signals via the activation of SHIP and hydrolysis of phosphatidylinositol-3,4,5-trisphosphate and also by inhibiting CD19-mediated Ca²⁺ responses (92). Therefore, a point mutation in the murine *phospholipase C γ 2* (*PLC γ 2*) can lead to severe spontaneous inflammation and systemic autoimmunity (94). This underlying mechanism is a gain-of-function mutation in *PLC γ 2*, resulting in increased Ca²⁺ responses in B cells and the expansion of innate inflammatory cells. Such mutation leading to autoimmunity is also noted in another animal model that is deficient of inhibitors of BCR signaling, including SHP1 and LYN, where Ca²⁺ responses in B cells increase and, in parallel, autoimmune symptoms resembling SLE develop (93). Similarly, it has been documented that B cells from CD22-deficient mice lead to elevated Ca²⁺ influx on BCR ligation and autoantibody production (95). Taken together, the aforementioned reports support the notion that abnormal B cell signaling linked to the increased Ca²⁺ responses can break B cell tolerance down



and induce autoimmunity and autoimmune symptoms related to SLE.

It is well-known that T cells inappropriately help B cells to produce pathogenic autoantibodies. Recent studies on the detailed mechanisms of T cell differentiation have provided better understanding of the more complicated role of T cells in the pathogenesis of SLE (96–100). In particular, Th1, Th17, and follicular helper T cells are activated and expanded, whereas Tregs are dysfunctional in SLE patients (96), and such imbalance in Th cell subtypes is believed to play a major role in SLE pathogenesis (97). Interestingly, nuclear NFAT levels are abnormally elevated in activated T cells from patients with SLE (98), although which type of Th cells shows such abnormality in SLE remains elusive. Once SLE T cells are activated through their TCR, Ca^{2+} influx increases, which induces calcineurin-mediated NFAT translocation to the nuclei, and then promotes transcriptional upregulation of CD40 ligand, a co-stimulatory molecule that induces antibody production

and dendritic cell activation (99). Since CD40-CD154 signaling induces the differentiation of T cells into Th17 subtype (98, 100), it can be postulated that the increase in NFAT signaling may contribute to the Th17 polarization noted in SLE by upregulating the CD40 ligand expression.

Another example of abnormalities in the Ca^{2+} -calcineurin pathway in SLE would be with $\text{CD4}^-\text{CD8}^-$ (double-negative) T cells. These double-negative T cells produce more inflammatory cytokines, including IL-17 and IFN- γ (101). They are expanded in SLE patients and can directly invade such diverse organs as the kidneys and the skin. Intriguingly, double-negative T cells are characterized by early and robust Ca^{2+} influx, and these cells help B cells in a calcineurin-dependent manner (102), raising the possibility that the Ca^{2+} signal contributes to the SLE pathogenesis by promoting the activity of double-negative T cells.

Taken together, the aforementioned studies suggest that the Ca^{2+} -calcineurin-NFAT axis is abnormally activated in the T and B cells of SLE patients, breaks B cell tolerance, and induces T

cell differentiation toward pathogenic Th17 subtype, and so can thus be a therapeutic target of SLE. In fact, dipyrindamole, which is accompanied by a decrease in the frequency of the double-negative T cells (101), inhibits the calcineurin–NFAT pathway, suppresses the production of pro-inflammatory cytokines and co-stimulatory molecules by T cells, and alleviates lupus nephritis and skin ulcers. In parallel, cyclosporine A and tacrolimus, calcineurin inhibitors, show a significant renal protective effect and have been widely used in SLE patients (103, 104).

Sjögren's Syndrome

SS is a systemic autoimmune disease caused by the lymphocytic infiltration of T cells into exocrine glands, including lacrimal and salivary glands, leading to the destruction of the glands. Pathologically, the earliest lymphocytic infiltrates are composed of T cells, mostly of the CD45RO primed memory Th phenotype and CD20⁺ B cells (105). The majority of patients with SS complain of dry eye and xerostomia. The extra-glandular features of SS include arthralgia, thyroid disease, peripheral neuropathy, renal involvement (e.g., renal tubular acidosis), and cutaneous vasculitis. Most patients with SS show an increased frequency of circulating autoantibodies, including two specific antibodies directed against the Ro (SS-A) and La (SS-B) antigen.

Several studies in animal models have unveiled the potential involvement of STIM1 and STIM2 in SS pathogenesis (24, 106). STIM1 and STIM2 knockout mice exhibit decreased salivary gland secretion, decreased Ca²⁺ entry, and dysfunction of Tregs, but they also show elevated levels of salivary gland-specific antibodies (106), which demonstrate a possible link between STIM1/2 deficiency and T cell dysfunction associated with SS pathogenesis. Moreover, in an animal model with T lymphocyte-targeted deletion of STIM1 and STIM2, SOCE and SOCE-dependent cytokine productions are significantly decreased, and the number and function of Tregs are substantially reduced (24). Those mice display signs of autoimmunity, including increased infiltration of lymphocytes into glandular tissues, suggesting that the loss of STIM proteins and subsequent impairment of SOCE in T lymphocytes lead to defects in Treg function and autoimmune glandular destruction (106). Of note, STIM1 protein levels, STIM2 protein levels, and SOCE function are all decreased in peripheral blood mononuclear cells from SS patients (106). In aggregate, the previous studies suggest that the dysfunction of STIM proteins could be the basis for the onset and progression of SS. In accordance with this, there are some pilot studies that demonstrate that the calcineurin inhibitor, cyclosporine A, is effective in SS patients with ocular symptoms or articular involvement (107).

Psoriasis

Psoriasis is a chronic inflammatory skin disease characterized by various sized thick scaly erythematous plaques (108). The histopathology of psoriatic plaques shows epidermal proliferation and inflammation of the dermis (109). Both innate and adaptive immune cells, including keratinocytes and T cells, participate in the initiation and perpetuation of psoriasis (58, 110). Psoriasis is a well-established T cell-mediated skin disease (110, 111). In particular, various cytokines induce the activation

of immune cells, particular Th1 and Th17 cells (111), and the functional imbalance of Th1 or Th17 over Tregs is considered a key pathway for the progression of psoriasis (111). For example, psoriatic skin lesions show a strong IFN- γ signature and have an abundance of IFN- γ (+) Th1 cells (112). An imbalance between Tregs and effector T (Teff) cells is observed in the peripheral blood of psoriasis patients (113). Moreover, the Tregs of psoriasis patients are functionally deficient in suppressing Teff cells (114). Recently, the association between IL-9 and the Th17 pathway has been reported in psoriasis. Expressions of IL-9 and IL-9R are markedly increased in psoriatic skin lesions (115), and IL-9 stimulates the production of IL-17A by CD4⁺ T cells isolated from patients with psoriasis (116).

It is well-established that calcineurin inhibitors suppress T cell activation and the differentiation of naive T cells to memory T cells (117). In particular, calcineurin inhibitors downregulate the expression of *STAT1*, *IFN- γ* , and several *IFN- γ* -downstream genes, repressing the generation of Th1 cells (118). Moreover, the expressions of *IL-17*, *IL-22*, and *IL-17*-inducible genes, including *DEFB-2*, *LCN2*, *IL-1 β* , *S100A12*, and *CCL20*, are markedly suppressed by calcineurin inhibitors (119). Given the importance of Th1 and Th17 cells in psoriasis pathogenesis, the inhibition of the calcineurin–NFAT pathway seems to be therapeutically relevant to psoriasis. Interestingly, the actions of calcineurin inhibitors are not limited to T cells. NFAT1 expression was first described by Northrop et al. (120) in mice skin, and then calcineurin expression was subsequently reported in the human epidermis (121). Calcineurin inhibitors reduce antigen presentation by Langerhans' cells and suppress neutrophil chemotaxis through the inhibition of psoriatic monocytes (122). Epidermal IL-1 and IL-8 expressions in psoriatic skin can be blocked by the calcineurin inhibitor cyclosporine (123). Indeed, cyclosporine and tacrolimus, both calcineurin inhibitors, have been widely used in psoriasis treatment with high efficacy (124).

STIM1 and Orai1 in keratinocytes, CRAC channels, have been implicated in the proliferation and differentiation of keratinocytes. It has been demonstrated that keratinocyte differentiation is induced by the change of extracellular Ca²⁺ concentration (125). Increased extracellular Ca²⁺ concentration triggers phospholipase C-mediated intracellular Ca²⁺ signals, which activate SOCE. Moreover, siRNA-mediated knockdown of either STIM1 or Orai1 suppresses SOCE and almost completely abolishes the Ca²⁺-mediated keratinocyte differentiation and growth (125). Menon and Elias (126) reported a defective Ca²⁺ gradient in the keratinocytes of psoriasis patients. Keratinocytes isolated from psoriasis patients showed a decreased response after Ca²⁺ store depletion as well as reduced mRNA/protein expression of CRAC channels (127, 128). In line with these findings, another study reported reduced mRNA and protein expression of TRPC channels (128), and the incubation of keratinocytes isolated from psoriasis patients with the TRPC6 agonist partly restores their differentiation and proliferation defect (129). Therefore, it remains to be determined whether Ca²⁺ sensing and signaling pathway plays an inductive or protective role in the pathologic differentiation and proliferation of keratinocytes in psoriasis.

Taken together, the earlier reports indicate that Ca^{2+} sensing and signaling pathway can be an excellent target for the treatment of psoriasis. Currently, phase 1 of a clinical trial of CRAC channel inhibitor for plaque psoriasis is in progress. CRAC channel inhibitors, a new class of oral immunomodulatory drugs, potently inhibit Orai1, Th1, Th2, and Th17-derived cytokine production and T cell proliferation, which are involved in chronic inflammatory responses in psoriasis (130).

Experimental Autoimmune Encephalomyelitis (EAE)

Experimental autoimmune encephalomyelitis (EAE) is an animal model of brain inflammation, where autoreactive T and B cells to neuro-antigens, such as myelin basic protein and myelin oligodendrocyte glycoprotein (MOG), play a major role. EAE is a representative Th1 and Th17 cell-mediated central nervous system (CNS) disease (131) and has been widely used as an animal model of human demyelinating diseases, including multiple sclerosis and acute disseminated encephalomyelitis.

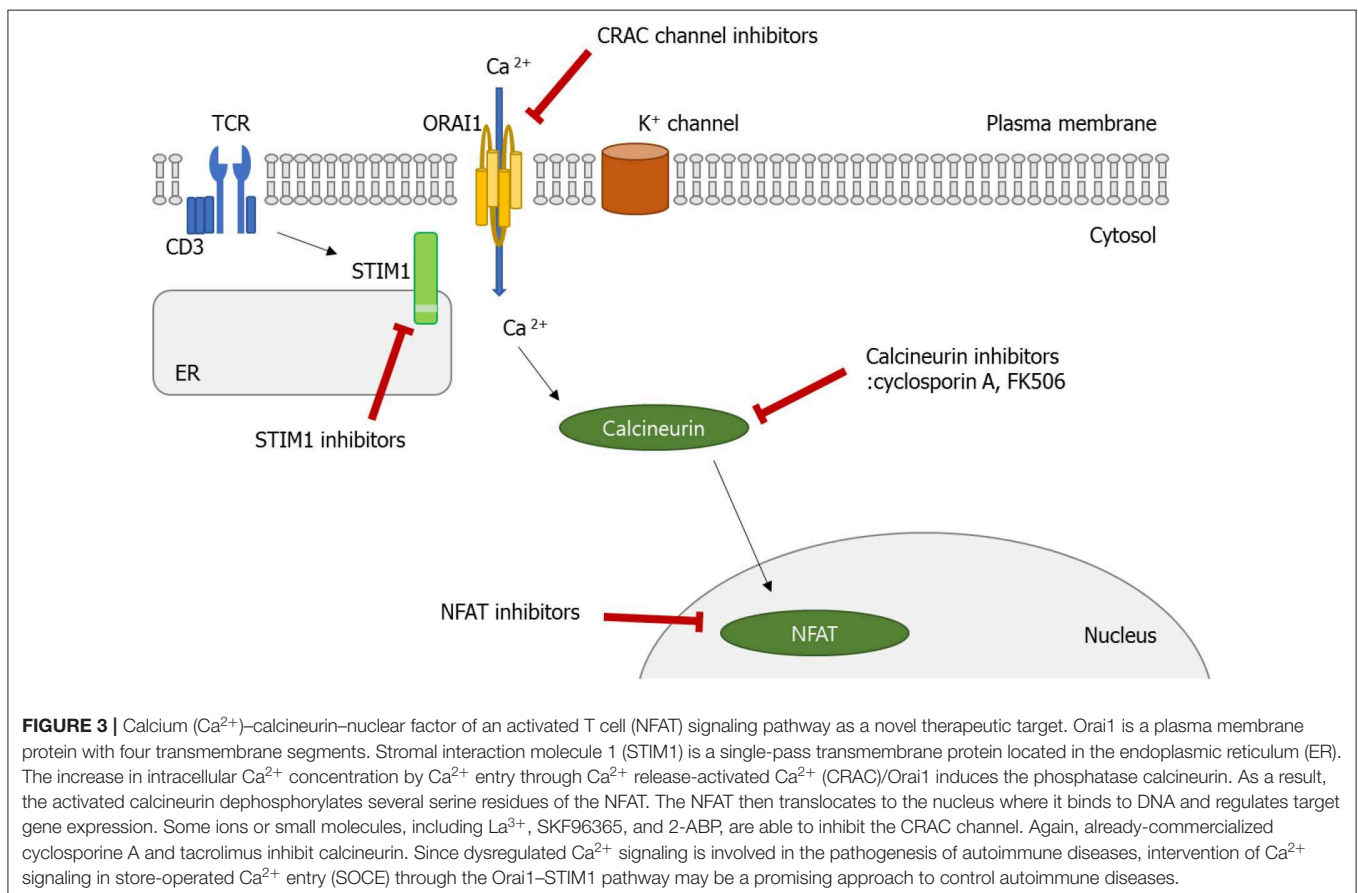
There are several studies demonstrating that dysregulated Ca^{2+} signal pathway is closely related to the development of EAE. For example, decreased levels of STIM1 protein greatly impair the production of neuro-antigen-specific T cell responses (reduced Th1/Th17 responses), and this results in complete protection from EAE (131). STIM2-deficient mice develop EAE, but the severity of disease is mild. Deficiency of STIM2 was thought

to be associated with the hypo-proliferation of lymphocytes and a reduction of $\text{IFN-}\gamma/\text{IL-17}$ production by neuro-antigen-specific T cells (132). In accordance with this, immunization of mice deficient in Orai1 in T cells with MOG peptide yields to improvement of EAE severity. These mice are shown to have almost completely suppressed the production of IL-17A, $\text{IFN-}\gamma$, and granulocyte macrophage-colony stimulating factor (GM-CSF) (133), suggesting that CRAC channels, including STIM and Orai1, modulate Th1 and Th17 responses and could therefore be a therapeutic target of EAE.

Interestingly, SOC influx induced by STIM1 and STIM2 is important to B cell regulatory function (134). B cell-specific deletion of STIM1 and STIM2 in mice causes a significant defect in BCR-induced Ca^{2+} entry and B cell proliferation and fails to produce IL-10 because of the defective activation of NFAT after BCR stimulation, resulting in the exacerbation of EAE. It therefore seems likely that STIM-dependent SOC influx is the major signal for Th cell differentiation and B cell activation, but the net *in vivo* effect of blockades of STIM1/2 activity in immune cells on EAE development and autoimmunity remains elusive.

CONCLUSION AND FUTURE PERSPECTIVES

In this review, we have discussed recent advances in understanding the role played by the Ca^{2+} signaling pathway



in the function of diverse immune cells, especially lymphocytes. Normally, decreased Ca^{2+} concentration in ER stimulates STIM1, which can translocate to the membrane, and binds to Orai1. Consequently, SOCE is promoted, which triggers various cellular functions including cell proliferation, migration, and activation. As discussed above, the dysregulated Ca^{2+} signaling pathway, particularly in Th and B cells, is involved in the pathophysiology of autoimmune diseases, indicating that a therapeutic effect can be made in these diseases if the Ca^{2+} -CRAC signaling pathway (from SOCE to the Orai1-STIM) is controlled (Figure 3). Moreover, inhibition of the Ca^{2+} -calcineurin-NFAT pathway with cyclosporine A and tacrolimus has been the established treatment options of RA, lupus nephritis, and psoriasis patients who show an insufficient response to methotrexate. Therefore, CRAC channels in addition

to the calcineurin-NFAT pathway are crucial to the lymphocyte function and development of autoimmunity, perhaps providing a new therapeutic target to treat human autoimmune diseases.

AUTHOR CONTRIBUTIONS

Y-JP, S-AY, MK, and W-UK conceptualized the article, reviewed the literature, and wrote the manuscript.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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