



Use of Mass Cytometry to Profile Human T Cell Exhaustion

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Mass cytometry has become an important technique for the deep analysis of single cell protein expression required for precision systems immunology. The ability to profile more than 40 markers per cell is particularly relevant for the differentiation of cell types for which low parametric characterization has proven difficult, such as exhausted CD8⁺ T cells (T_{EX}). T_{EX} with limited effector function accumulate in many chronic infections and cancers and are subject to inhibitory signaling mediated by several immune checkpoints (e.g., PD-1). Of note, T_{EX} represent considerable targets for immune-stimulatory therapies and are beginning to be recognized as a major correlate of successful checkpoint blockade approaches targeting the PD-1 pathway. T_{EX} exhibit substantial functional, transcriptomic and epigenomic differences compared to canonical functional T cell subsets [such as naïve (T_N), effector (T_{EFF}) and memory T cells (T_{MEM})]. However, phenotypic distinction of T_{EX} from T_{EFF} and T_{MEM} can often be challenging since many molecules expressed by T_{EX} can also be expressed by effector and memory T cell populations. Moreover, significant heterogeneity of T_{EX} has been described, such as subpopulations of exhausted T cells with progenitor-progeny relationships or populations with different degrees of exhaustion or homeostatic potential that may directly inform about disease progression. In addition, T_{EX} subsets have essential clinical implications as they differentially respond to antiviral and checkpoint therapies. The precise assessment of T_{EX} thus requires a high-parametric analysis that accounts for differences to canonical T cell populations as well as for T_{EX} subset heterogeneity. In this review, we discuss how mass cytometry can be used to reveal the role of T_{EX} subsets in humans by combining exhaustion-directed phenotyping with functional profiling. Mass cytometry analysis of human T_{EX} populations is instrumental to gain a better understanding of T_{EX} in chronic infections and cancer. It has important implications for immune monitoring in therapeutic settings aiming to boost T cell immunity, such as during cancer immunotherapy.

Keywords: T cell differentiation, systems immunology, mass cytometry (CyTOF), T cell exhaustion, chronic infections, cancer, immune checkpoint blockade, immunotherapy

INTRODUCTION

Mass cytometry has become a transformative technology for human immune cell profiling. The use of purified metal isotopes as labels for specific antibodies to stain individual cells and detection of these label isotopes on ionized cells by time-of-flight mass spectroscopy allows the analysis of the protein expression of >40 insightful markers on single cells. The lack of relevant spectral overlap

of metal isotopes is a major advantage over traditional fluorescence-based flow cytometry, in which multiplexing of reagents is frequently limited by the need to compensate for overlapping emission spectra of different fluorophores. The ability to integrate the information from more than 40 detection channels for single-cell profiling has been particularly valuable for comprehensive immune monitoring (i.e., analysis of many immune cell lineages) in the setting of translational studies that involve patient cohorts with limited sample access. However, in addition to this “horizontal” profiling approach, mass cytometry also represents a key tool suitable for deep “vertical” profiling of a given immune cell population and may reveal previously unknown heterogeneity within this population, such as complexity within CD8⁺ T cells (1). In this review, we will discuss how deep immune profiling of exhausted CD8⁺ T cells by mass cytometry has led to significant insights into their heterogeneity and role in pathophysiology across chronic infections and disease. Characterization of exhausted T cells using mass cytometry is of particular relevance in many immunologic trials that aim to enhance T cell function.

T CELL EXHAUSTION: BACKGROUND AND MAIN CONCEPTS

Exhausted T cells (T_{EX}) are increasingly recognized as a distinct T cell population with a key role in many chronic infections and cancer. T_{EX} were initially described in chronic viral infection, and many subsequent reports have highlighted the accumulation of T_{EX} in the context of ongoing bacterial and parasitic infection, as well as cancer and autoimmunity (2). T_{EX} are characterized by the co-expression of inhibitory receptors and reduced effector function preventing optimal control of viral infection or tumor progression. Targeting inhibitory signaling, such as by interference with inhibitory receptor PD-1 signaling or other immune checkpoints, can reinvigorate T_{EX} function and contribute to disease control or elimination. Consequently, T_{EX} have recently been identified as a major correlate of the clinical response of patients undergoing checkpoint therapy (3, 4), highlighting the need for better immune profiling of T_{EX} as a relevant biomarker for immune therapy trials.

Based on the reduced effector function due to inhibitory signaling in T_{EX} compared to canonical effector T cells (T_{EFF}), T_{EX} have been perceived long-term as a population of suppressed effector T cells according to a “loss-of-function” model (5–7). However, in recent years, it has become clear that the signals inducing T cell exhaustion following T cell activation can drive these cells dynamically into a distinct differentiation fate compared to T_{EFF} and memory T cells (T_{MEM}) that is characterized by massive changes in their metabolism, transcriptome, and epigenome (8–16) (**Figure 1**).

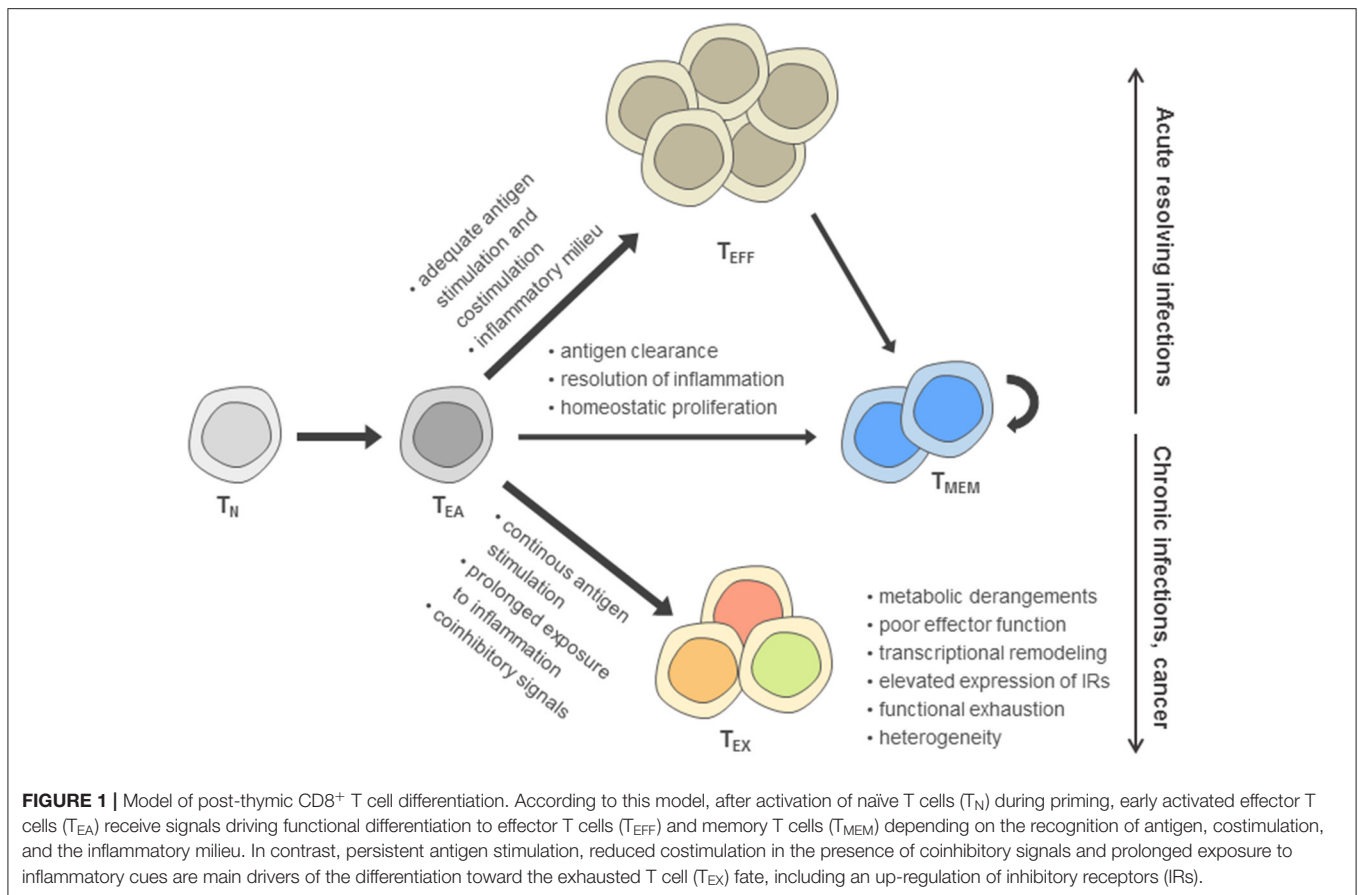
Exhausted T cells as well as functional effector and memory T cell differentiation are most thoroughly characterized in the Lymphocytic choriomeningitis virus (LCMV) models of acute and chronic viral infection. In these models, genetic differences between acute and chronic LCMV strains are minimal and immunodominant T cell epitopes are identical, facilitating

cross-comparison of T cell phenotypes at the level of endogenous responses or by analysis of transferred virus-specific T cells sharing the same T cell receptor. During acute resolving viral infection, viral clearance after induction of functional effector T cells is followed by the establishment of a pool of memory T cells (17, 18) (**Figure 1**). In sharp contrast, antigen-specific T cells during chronic infection progressively develop major features of exhaustion, including the up-regulation of inhibitory receptor expression and functional impairment (e.g., consecutive loss of IL-2, TNF and IFN- γ production) (6, 7, 19, 20). While in the first week of chronic infection, the exhaustion program appears to remain flexible and can be altered, as evidenced after transfer of T cells into non-chronically infected hosts, exhaustion appears to become more fixed following the second week of infection (21, 22). Notably, at later time points, the global differentiation program of T_{EX} assessed on the transcriptional and epigenetic level remains stable even after checkpoint blockade intervention and functional reinvigoration (12).

CHALLENGES FOR THE ASSESSMENT OF EXHAUSTED T CELLS IN HUMANS

Many insights into T_{EX} have been obtained by the study of antigen-specific T cells in chronic infection and cancer, and multiplexed tetramer analysis together with surface and intracellular markers by mass cytometry has allowed important insights into antigen-specific T cells (1, 23). Identification of T_{EX} without prior knowledge of antigen specificity has remained challenging and is a major obstacle for immune phenotyping in human disease—in particular in cancer—where many tumor antigens especially neoantigens are unknown and tools for assessment of antigen-specific T cell populations are limited. Moreover, established models for T cell differentiation in humans based on markers such as CCR7/CD62L, CD45RA/CD45RO, or CD27/CD28 that allow assessment of naïve T cells (T_N), T_{EFF}, and T_{MEM} and additional subpopulations (e.g., central and effector memory T cells) cannot reliably distinguish T_{EX} from the effector or effector memory T cell phenotype (24). A likely explanation is that T_{EX}, similar to T_{EFF}, initially undergo T cell activation programs that include the downregulation of markers of naïvety (such as lymph node homing markers CCR7 and CD62L or preferential CD45RA to CD45RO alternative splicing linked to activation and memory programs), while activation markers, such as CD38 are also induced.

Many investigators have therefore turned to the profiling of inhibitory receptors with a relevant role in T_{EX} biology, such as PD-1 (alone or in combination with other inhibitory receptors such as CTLA-4, Tim-3, Lag-3, 2B4, CD160, TIGIT, and others) for the assessment of exhausted T cells in chronic infections and cancer (20, 25–35). However, it has become clear that those inhibitory receptors can also be expressed by functional effector T cells and may also be present on memory T cell populations and therefore lack specificity (36–39). Moreover, heterogeneous subpopulations of T_{EX} exist for which progenitor-progeny relationships or partial expression of memory-related programs has been described that present further challenges



for phenotypic characterization (40–44). Nevertheless, while no single phenotypic marker can reliably assess T_{EX} in humans, the utility of combining several inhibitory receptors for the analysis of differences in antigen-specific exhausted T cells suggests that a combinatorial strategy integrating several exhaustion markers might overcome the limitations for immune profiling.

SELECTION STRATEGY FOR SUITABLE MARKERS TO IDENTIFY T_{EX} USING MASS CYTOMETRY

Markers convenient for the identification of T_{EX} and discrimination from T_N, T_{EFF}, and T_{MEM} cells display different levels of expression on T_{EX} compared to these canonical functional T cell populations and across several disease models. To identify such appropriate exhaustion-specific markers, differences in the transcriptional and epigenomic programs between canonical T cell populations and exhausted T cells from the well-controlled LCMV model can be harnessed as specific candidate genes.

Following such an approach, sets of epigenomically regulated exhaustion-specific genes have been recently identified, including 313 genes specifically up-regulated in T_{EX} compared to T_N, T_{EFF}, and T_{MEM} that displayed higher gene expression by transcriptome analysis and concomitant changes in enhancer

accessibility (45). Moreover, 182 genes down-regulated in T_{EX} were identified that were specifically suppressed on a transcriptional level and lacked accessibility of adjacent enhancers. These exhaustion-specific genes identified in the LCMV infection model were thus predicted as sufficient markers of T_{EX}. The authors then validated individual genes by comparing them for their enrichment in other murine and human settings of infection and cancer, for which T cell exhaustion has been described. Specific genes for exhaustion-directed immune profiling with strong enrichment of gene expression in multiple settings of exhaustion for which suitable reagents were available for cytometry were then selected for further analysis (Table 1).

This approach confirmed several markers of exhausted T cells frequently used for the profiling of T_{EX}, such as inhibitory receptors PD-1, 2B4, Lag-3, TIGIT, or transcription factor Eomes. Interestingly, CD38 and CD39, which are also frequently used as activation markers due to their induction on T_{EFF} cells, displayed further exhaustion-specific up-regulation and enhancer changes compared with functional T cell populations. These observations suggest that the interpretation as activation markers indicative for T_{EFF} cells may need to be reevaluated. Furthermore, this analytic approach also identified additional exhaustion markers induced on T_{EX}, such as surface proteins CD7, CXCR5, cytotoxic molecule granzyme K or transcription factors Helios and TOX, many of which are also found enriched

TABLE 1 | Exhaustion markers for T_{EX} profiling.

Exhaustion markers	Predicted expression vs. T _N T _{EFF} T _{MEM}	Functional role	Minimal exhaustion panel
2B4	UP	Co-regulatory receptor	X
Amphiregulin	UP	Cytokine	
CCL3	UP	Chemokine	
CCR7	DN	Chemokine receptor	
CD38	UP	Ectoenzyme	
CD39	UP	Ectoenzyme	X
CD7	UP	Co-regulatory receptor	
CD73	DN	Ectoenzyme	
CD127	DN	Interleukin receptor	X
CTLA-4	UP	Co-regulatory receptor	X
CXCL10	UP	Chemokine	
CXCR5	UP	Chemokine receptor	X
Eomes	UP	Transcription factor	X
Granzyme K	UP	Cytotoxic molecule	
Helios	UP	Transcription factor	
IFN- γ	ns	Cytokine	
IL-2	DN	Cytokine	
IL-10	UP	Cytokine	
IL-21	UP	Cytokine	
Lag-3	UP	Co-regulatory receptor	
PD-1	UP	Co-regulatory receptor	X
Ptger2	UP	Prostaglandin receptor	
TCF1	DN	Transcription factor	X
TIGIT	UP	Co-regulatory receptor	X
TNF	ns	Cytokine	X
TOX	UP	Transcription factor	X
XCL-1	UP	Chemokine	

Markers were selected based on exhaustion-specific expression patterns using transcriptomic and epigenomic profiling and validated using mass cytometry. Markers associated with T cell exhaustion, their predicted expression on T_{EX} compared to other cell populations, their functional role as well as their utility for a minimal exhaustion panel is noted. Moreover, cytokines required for the assessment of T_{EX} function are included.

in tumor-infiltrating lymphocytes by single-cell transcriptomics (46, 47). In agreement with the high levels of TOX on exhausted T cell populations, TOX was recently identified as a master regulator of exhaustion required for the longevity and persistence of exhausted T cells that acts via epigenetic mechanisms facilitating the expression of exhaustion-related gene programs

(48, 49). In addition to these novel markers of T_{EX}, it has to be noted that other molecules which are also frequently expressed by T_{EX} were not identified as exhaustion-specific candidates by this approach, including inhibitory receptors Tim-3, KLRG1, CD160, or transcription factor T-bet. This was due to lack of significant differences to canonical T cell subsets at the level of gene expression or associated enhancer changes. Similarly, additional immunoregulatory molecules such as CD72 and CD100 which have been previously described as linked to T cell exhaustion have not been identified by this pipeline, suggesting reduced specificity across T cell populations or context-dependent roles (50). It has to be noted that in this analysis of the specific expression patterns on exhausted cells, individual “exhaustion-specific” molecules can still be expressed to some degree on other T cell subsets (although with a significantly different expression level). Moreover, this strategy also predicted down-regulation of markers associated with naïve and/or memory T cells, such as CCR7, CD73, CD127 and transcription factor TCF-1 on T_{EX} (Table 1). The integration of a high number of phenotypic “exhaustion-specific” markers into mass cytometry analysis is expected to allow a better discrimination of T_{EX} populations from T_N, T_{EFF}, or T_{MEM}.

FUNCTIONAL ASSESSMENT OF T_{EX} ON A SINGLE-CELL OR POPULATION LEVEL

Functional impairment is a key characteristic of exhausted T cells. Indeed, the term exhaustion was initially used to describe complete loss of effector function and disappearance of the antigen-specific CD8⁺ T cell response (5, 51). However, it has since become clear that in comparison to functional effector and memory T cells, T_{EX} frequently experience a more gradual loss of effector function that can range from mild impairments in antiviral cytokine production to complete deletion. Typically, mildly exhausted cells exhibit impaired ability to produce IL-2, followed by loss of TNF production in more severe exhaustion, while the ability to produce IFN- γ is frequently maintained and lost usually only in severe exhaustion (52). Reduced expression of anti-apoptotic molecules (i.e., Bcl2) and higher levels of pro-apoptotic Bim have been reported in T_{EX} and might be linked to a pre-apoptotic phenotype in more severely exhausted cells (53–55). Moreover, reduced cytotoxicity and impaired proliferation have been announced for T_{EX}, and successful reinvigoration by checkpoint blockade is frequently measured using metrics of cell cycle activity and proliferation (7). However, it has to be noted that T cell exhaustion is not simply a “loss-of-function” phenotype affecting all T cell functions. On the contrary, higher induction of some chemokines, such as CCL3 and XCL-1, and higher message of other cytokines, such as IL-10 or IL-21, by T_{EX} has been reported (8, 45, 56).

Mass cytometry has been instrumental in the comprehensive characterization of T_{EX} function. For example, differences in the cytotoxic program of T_{EX} with an increased expression of granzyme K, but reduced granzyme B and perforin can be readily assessed in combination with phenotypic profiling (57). Similarly, cell cycle activity assessed by Ki-67 combined

with exhaustion marker phenotyping has been pivotal in mass cytometry analysis of responding T_{EX} during checkpoint therapies (3). Nevertheless, the unbiased per-cell assessment of complex exhaustion-related patterns of impaired cytokine production with phenotypic analysis has remained challenging. For example, analyses focusing on the ability of T cells to express effector cytokines frequently struggle to differentiate between cells that never expressed those molecules (i.e., antigen-naïve T cells) or those that lost expression (including T_{EX}). To address these challenges, the characteristic impairment of polyfunctionality with regards to cytokine (e.g., IFN- γ , TNF, IL-2) but increased chemokine production (e.g., CCL3/4, XCL-1) can be used to rate individual T cells for their functional chemokine/cytokine exhaustion profile on a single-cell level using a function-passed exhaustion score. Combined with a comprehensive phenotypic exhaustion profiling possible through the use of mass cytometry, the integration of T_{EX} function as a separate metric of T cell exhaustion was able to reliably discriminate T_{EX} from T_{EFF}, T_N, and T_{MEM} (45). The combination of high-parametric functional and phenotypic exhaustion profiling may thus represent a helpful tool for the assessment of individual T_{EX} populations but also for the general degree of CD8⁺ T cell immune dysfunction in chronic disease.

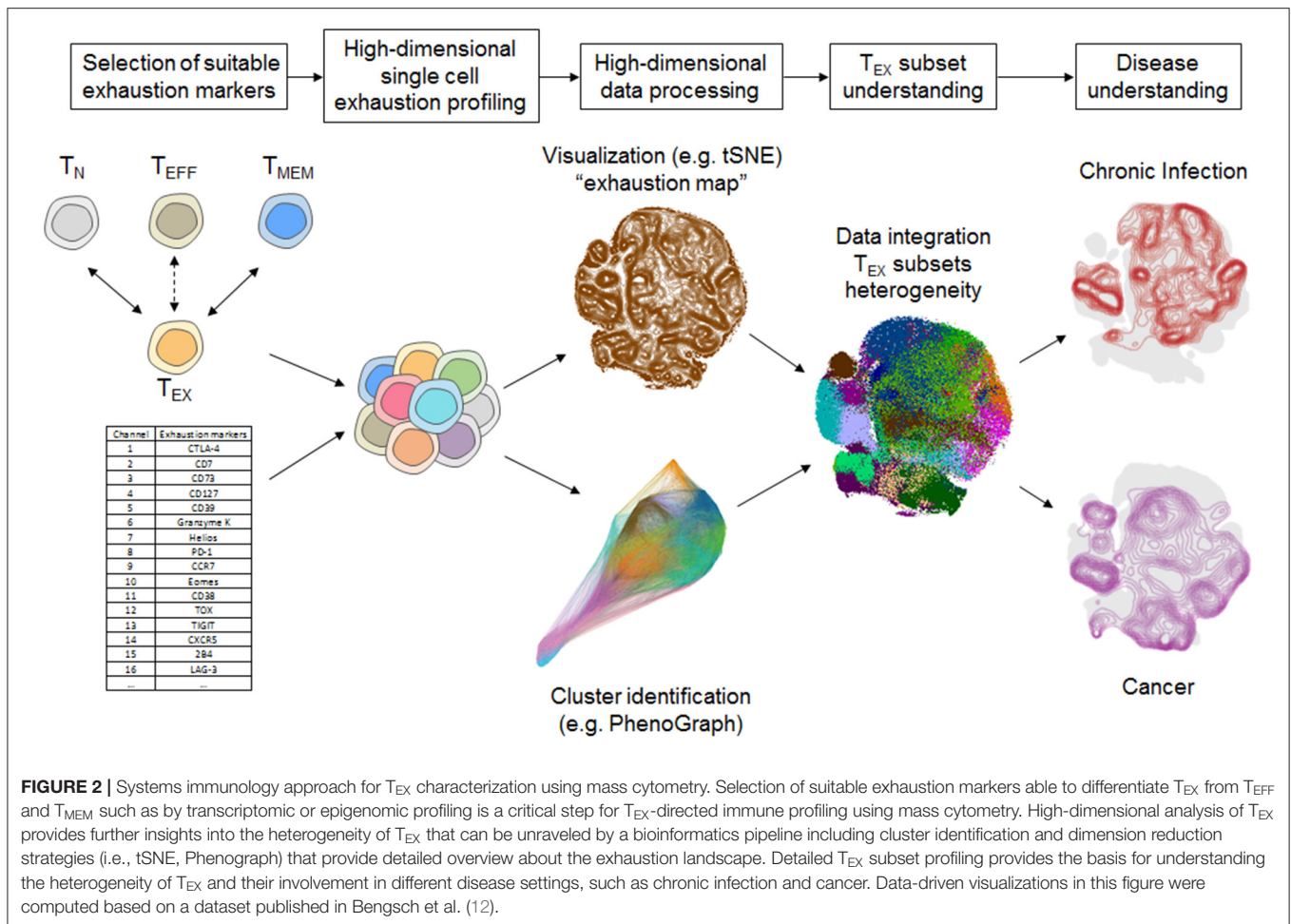
IDENTIFICATION OF CLINICALLY RELEVANT HIGH-DIMENSIONAL T_{EX} PHENOTYPES USING MASS CYTOMETRY

The integration of a larger set of exhaustion markers in mass cytometry panels creates novel challenges in data evaluation. In flow cytometry-based studies with few exhaustion markers, data evaluation relies heavily on manual gating and boolean analysis of inhibitory receptor co-expression or polyfunctionality (e.g., using SPICE software analysis) (29, 58, 59). These approaches remain valuable for the assessment of T_{EX} using mass cytometry, but have disadvantages compared to bioinformatics algorithm-aided pipelines suitable for the higher data dimensionality generated by mass cytometry. Several bioinformatic strategies have been developed that allow more intuitive visualization of the high-dimensional data using dimension reduction approaches [most prominently based on visualization of “t stochastic neighborhood embedding,” tSNE (60)], and cluster identification strategies in high-dimensional data [e.g., SPADE (61), FlowSOM (62), PhenoGraph (63) and many more] or trajectory inferences that are reviewed elsewhere (64–66). For example, tSNE can be used to generate an “exhaustion map” by calculating a two-dimensional representation of the high-dimensional complexity of T_{EX} phenotypes based on exhaustion marker expression (Figure 2). This approach helps in the identification of T_{EX} heterogeneity and points toward differences of the exhaustion landscape in clinical settings (Figure 2), including the detection of specific populations of exhausted T cells enriched in the tumor microenvironment (45). Moreover, one-dimensional tSNE implementation (“OneSense”) has been used to reduce high-dimensional exhaustion phenotypes to a single parameter and compare them with other sets of marker categories (such as

“function”) (67, 68). However, despite the advantages of tSNE-based analysis and high accuracy regarding local neighborhood relationships, tSNE performs different transformations on different regions of a map, resulting in possible challenges regarding interpretation of distance relationships on a tSNE map. Thus, use of tSNE for the discovery of discrete high-dimensional clusters as a crucial correlate of subsets with distinct biology is challenging. Other dimension reduction strategies with manifold approximation, such as uMAP, may address some of these limitations, but loss of information inherent to dimension-reduction strategies cannot be completely avoided (69). As a consequence, cluster identification based on the complete high-dimensional data is often preferred. For example, 25 high-dimensional clusters of CD8⁺ T cells were identified using PhenoGraph analysis based on the analysis of exhaustion markers in a large and diverse cohort of patients with chronic HIV infection, lung cancer and healthy controls (45). These clusters often projected to discrete regions of a tSNE exhaustion map that was calculated using the same exhaustion parameters but also displayed cluster affiliations that were not obvious from a tSNE map (Figure 2). Clearly, such an exhaustion marker-based clustering approach will also identify functional T cells, such as T_N, T_{EFF}, or T_{MEM} cells, but will have increased granularity for T_{EX} subset identification.

The characterization of discrete T cell clusters in high-dimensional “exhaustion data space” thus serves as a foundation that requires further detailed analysis of their functional and clinical role. In particular, a combination with functional profiling following short term stimulation is valuable to assess the extent of cellular exhaustion and can be used to determine the single-cell chemokine or cytokine pattern necessary for calculation of a “functional exhaustion score” discussed above. Such a functional profiling combined with a scaffold of phenotypic markers allowed appropriate mapping of chemokine/cytokine functionality to the high-dimensional exhaustion clusters, suggesting that 9–12 of the 25 phenotypically defined discrete CD8⁺ T cell subpopulations fit functional properties of T cell exhaustion (45).

Several of the identified exhausted clusters enriched in severe disease contexts, such as severe HIV infection with possible AIDS, or in the tumor microenvironment of lung cancer patients. Phenotypically, these disease-associated exhausted T cells displayed co-expression of exhaustion-specific receptors such as PD-1, CD38 and a transcription factor signature characterized by high Eomes and TOX but low TCF-1 expression (Figure 3). Interestingly, disease-associated T_{EX} in chronic infection were further characterized by co-expression of inhibitory receptors TIGIT and 2B4 (as well as some KLRG1 and CD160) while in cancer, T_{EX} more frequently exhibited higher expression of CTLA-4, Lag-3, and CD39. These data suggest a conserved biology of exhausted T cells in chronic infection and cancer but also highlight specific differences in exhaustion programs with potentially large translational relevance. For example, the altered co-expression patterns of immuno-regulatory molecules on different T_{EX} populations across different disease entities or even across different stages of disease suggest that the therapeutic efficacy of combination therapies (i.e., combined



targeting of PD-1 and CTLA-4) could vary according to the T_{EX} subset composition. Importantly, not all subsets of functionally exhausted T cells enrich with disease progression. For example, subsets with expression of PD-1 and co-expression of CD127, TCF-1, and CXCR5 were found enriched in HIV patients with relatively good disease control (i.e., high CD4 counts, CD4/CD8 ratio and low viral load) and these “health-associated” T_{EX} subsets were also detected in large amounts in tumor-surrounding macroscopically non-infiltrated lung compared to the tumor tissue.

These T_{EX} subpopulations identified by high-dimensional analysis using mass cytometry are in agreement with reports about severely exhausted T cells co-expressing several inhibitory receptors being linked to severe disease in chronic infection and cancer in HIV, HCV, HBV, and melanoma patients (29–32, 70–75). They are also in agreement with findings of progenitor and progeny relationships within exhausted T cell populations based on PD-1, Eomes and T-bet expression and the enrichment of T_{EX} populations with high homeostatic potential expressing TCF-1 and CD127 in scenarios of disease control (e.g., clearance of HCV infection) (40, 44, 76). Moreover, T_{EX} expressing CXCR5 have been linked to better control of HIV infection and are thought to constitute a major subset responding to checkpoint therapy (41, 42, 77). Precursor populations of exhausted tumor-infiltrating

T cells with higher TCF-1 and CXCR5 expression were also identified to be linked to better clinical outcomes after checkpoint blockade therapy (78).

Thus, mass cytometry is perfectly suited for the interrogation of the clinically significant T_{EX} heterogeneity. A model of T_{EX} heterogeneity including potential lineage relationships and the suggested markers required for minimal T_{EX} immunoprofiling via mass cytometry is displayed in **Figure 3** and **Table 1**.

T_{EX} PROFILING BY MASS CYTOMETRY: INSIGHTS FOR CHECKPOINT THERAPY MONITORING

T_{EX} are emerging as a central correlate and useful biomarker of successful immune checkpoint blockade therapies. In clinical trials with patients receiving checkpoint therapies, special attention has to be directed to immune-profiling panels, as therapeutic antibodies and staining reagents may compete for the same epitope. While combination stainings with secondary antibodies against the checkpoint reagents are established, these remain to provide challenges for bioinformatic analysis. Moreover, transient permeabilization protocols frequently used for intracellular barcoding in mass cytometry trials can reduce

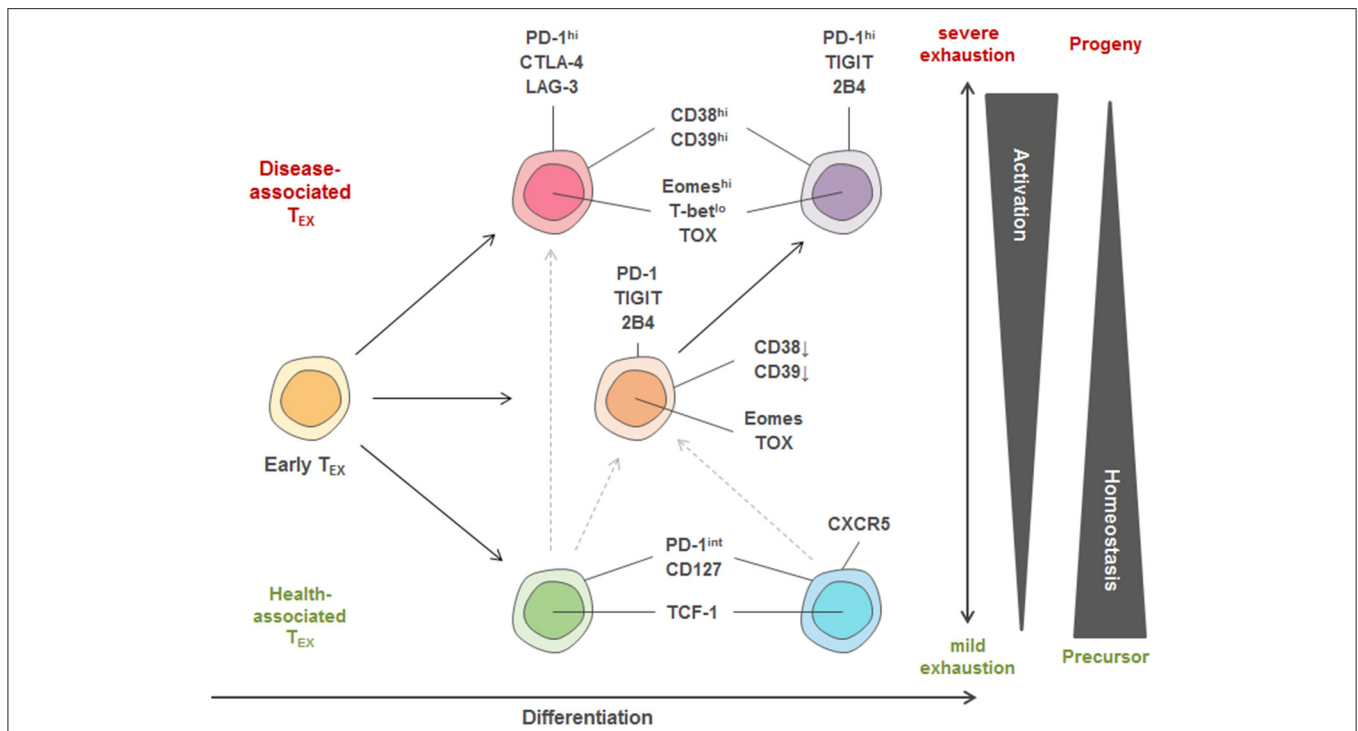


FIGURE 3 | Model of T_{EX} heterogeneity and key markers linked to individual subsets. Within the pool of exhausted T cells, three major trajectories of T_{EX} subsets are proposed. Early T_{EX} can give rise to a pool of disease-associated or health-associated T_{EX} that massively differ in their activation program as well as in their transcriptional signature, while between both extremes, a balanced pool of differentiated T_{EX} can be observed. One differentiation trajectory leads to populations with high homeostatic potential that are identified in settings of disease control (“health-associated T_{EX}”) and can have memory-like features, such as high TCF-1 and CD127 expression. Strong expression of activation markers also found on T_{EFF} cells (e.g., CD38, CD39) and co-expression of many inhibitory receptors (IRs) is a key feature of T_{EX} populations identified in progressive disease in chronic infection and cancer. According to this model, T_{EX} with recent history of activation and severe exhaustion after priming express a different set of IRs (e.g., PD-1, CTLA-4, Lag-3) more frequently observed in cancer compared to highly activated T cells arising in many chronic infections. These highly activated T cells in chronic infection are thought to arise from an intermediate trajectory of T_{EX} (expressing e.g., PD-1, 2B4, TIGIT) after encountering additional antigen stimulation and inhibitory signals. Furthermore, a precursor-progenitor relationship between health- and disease-associated T_{EX} important for cancer immunotherapy has been described, and is indicated by the dotted lines. The different T_{EX} trajectories also reflect differential transcriptional programming by varying T-bet, TCF-1, TOX and Eomes expression.

anti-PD-1 staining. Despite these challenges, mass cytometry has been successfully applied in multiple studies profiling CD8⁺ T cells. Reinvigoration of T_{EX} compared to tumor mass was identified as a major correlate of the clinical response of patients with malign melanoma receiving checkpoint therapy with anti-PD-1 antibodies (3). Similar observations have been made using flow cytometry and in patients with non-small cell lung cancer (4). In a study comparing the differential effects of PD-1 and CTLA-4 checkpoint therapies, PD-1 blockade was found to preferentially induce a response in the CD8⁺ T_{EX} compartment, while anti-CTLA-4 therapy caused more profound changes in CD4⁺ T cells (79). These reports also highlight the utility of combining T_{EX}-directed panels with markers focusing on other immune cell populations. Indeed, further evidence for the on-treatment role of T_{EX} reinvigoration during anti-PD-1 checkpoint blockade therapies came from a study that also identified a pre-treatment biomarker for checkpoint response on the level of a CD14⁺ CD16⁻ HLA-DR⁺ monocyte population (80). However, improved and more focused exhaustion-directed profiling of the heterogeneity of T_{EX} subsets will be required for a detailed understanding of

T_{EX} dynamics during checkpoint therapies and personalized medicine approaches for combination therapies.

SUMMARY AND OUTLOOK

The inability to discriminate T_{EX} from T_{EFF} and T_{MEM} using conventional phenotyping approaches has been a longstanding problem, preventing optimal monitoring and understanding of the relevance of T_{EX} in disease. The use of high-parametric mass cytometry has been instrumental in addressing this issue and advanced the characterization of T_{EX}. The combinatorial information from several exhaustion markers is required to distinguish T_{EX} from T_{EFF} and T_{MEM} and has also informed our understanding of the heterogeneity of T_{EX}. One advantage of mass cytometry—the ability to integrate the higher parametric expression profile of T_{EX} with readouts for functional profiling allows the fine characterization of T_{EX} subpopulations and their involvement in human diseases. Induction of several molecular programs linked to recent T cell activation remains a shared feature of many T_{EX} populations with effector T cells (e.g., CD38, CD39, PD-1), while programs

of homeostasis and access to anatomic niches can be shared by other T_{EX} populations (including those linked to disease control) with memory T cells. Heterogeneous T_{EX} subsets with different clinical roles have now been described in several translational settings of human chronic infection and cancer and are implied in differential responsiveness to immune checkpoint blockade.

Other strategies that allow an in-depth profiling of the heterogeneity of exhausted T cell populations have been described, such as scRNA-Seq, which allows the analysis of T cell transcriptomes with single cell resolution. However, currently, these approaches have several limitations over the described mass cytometry approach as they are limited by the limited sensitivity for lowly expressed genes; low cell numbers that can be practically analyzed and therefore limited ability to identify rare populations and limited scaling toward cohort analysis; lack of information on protein expression missing potential post-transcriptional regulation; and, importantly, lack of testing for T cell function. It is further unclear whether excessively larger datasets of mRNA transcripts on a single cell level will reveal more relevant heterogeneity of T_{EX} populations, as the profiling approach outlined above already was designed to maximize utilization of markers informative for differences between T_{EX} and functional T cell subsets. Of note, the combinatorial complexity of high dimensional data generated during immunome analysis by mass cytometry is different from other omics approaches. For example, simultaneous analysis of mass cytometric immune profiling together with transcriptome, microbiome, proteome and metabolome analysis during pregnancy indicated that the mass cytometry dataset was more informative based on modularity analysis (as measured by the number of principal components needed to account for 90% variance of each dataset) compared to the other omics datasets assessing significantly larger numbers of parameters (81).

To date the most detailed profiling of T_{EX} has been performed in murine models of chronic infection or cancer. With detailed

resolution of T_{EX} heterogeneity in humans now accessible through the use of specialized mass cytometry analysis, more detailed identification of T_{EX} features associated with specific types of diseases and anatomical locations that will guide understanding of changes in T_{EX} cell populations in chronic infections, cancer and even autoimmunity is expected. The expression of many exhaustion-related proteins involved in many immuno-regulatory pathways amenable to therapeutic intervention also suggests that T_{EX} profiling might be required for adequate selection of combination therapies and could become indispensable for the rational design of personalized therapeutic treatments.

In sum, deep immune profiling of T_{EX} using mass cytometry is expected to provide further insights into the biology underlying this special T cell differentiation stage and its role in pathogenesis and response to immune therapies in cancer, viral infection and autoimmunity.

AUTHOR CONTRIBUTIONS

FW and BB conceived and wrote the manuscript, revising it critically for important intellectual content.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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