



# Modulating Iron for Metabolic Support of TB Host Defense

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Tuberculosis (TB) is the world's biggest infectious disease killer. The increasing prevalence of multidrug-resistant and extensively drug-resistant TB demonstrates that current treatments are inadequate and there is an urgent need for novel therapies. Research is now focused on the development of host-directed therapies (HDTs) which can be used in combination with existing antimicrobials, with a special focus on promoting host defense. Immunometabolic reprogramming is integral to TB host defense, therefore, understanding and supporting the immunometabolic pathways that are altered after infection will be important for the development of new HDTs. Moreover, TB pathophysiology is interconnected with iron metabolism. Iron is essential for the survival of *Mycobacterium tuberculosis* (*Mtb*), the bacteria that causes TB disease. *Mtb* struggles to replicate and persist in low iron environments. Iron chelation has therefore been suggested as a HDT. In addition to its direct effects on iron availability, iron chelators modulate immunometabolism through the stabilization of HIF1 $\alpha$ . This review examines immunometabolism in the context of *Mtb* and its links to iron metabolism. We suggest that iron chelation, and subsequent stabilization of HIF1 $\alpha$ , will have multifaceted effects on immunometabolic function and holds potential to be utilized as a HDT to boost the host immune response to *Mtb* infection.

**Keywords:** immunometabolism, host-directed therapy, host-directed prevention, iron chelation, tuberculosis, iron metabolism, *Mycobacterium tuberculosis*, HIF1 $\alpha$

## INTRODUCTION

Tuberculosis (TB) is an infectious disease caused by the bacterium *Mycobacterium tuberculosis* (*Mtb*) and it is estimated that just under one quarter of the global population may be latently infected with *Mtb* (1, 2). TB is responsible for approximately 1.7 million deaths annually (2), making it the biggest infectious cause of death. *Mtb* is an airborne pathogen, spread through aerosols created by coughing. After inhalation and infection with *Mtb*, people attempt to mount an adequate innate immune response to eradicate the bacteria without the help of adaptive immunity (so called "early clearance") (2, 3). Only 5–10% of infected immunocompetent people progress to TB disease (4, 5). These figures suggest that the vast majority of immunocompetent people exposed to TB produce a robust and adequate immune response to clear the infection asymptotically. This gives credence to the idea that a defective immune response causes TB disease, and can therefore be therapeutically corrected with host-directed therapies (HDT). We suggest that supporting macrophage metabolism, by manipulating iron availability, has potential as a HDT strategy.

The treatment regimen for TB is based on a combination of up to 4 drugs which have to be taken over protracted periods of time. Inadequate treatment and poor compliance however, have resulted in increasing incidences of multiple and extensively drug resistant TB (MDR and XDR TB respectively) (6). MDR and XDR TB patients have very limited treatment alternatives, thus there is an unmet clinical need for better therapeutic options (6). Basic cellular human research has shed light on many aspects of immunity to *Mtb* and has unveiled immune pathways that may be manipulated therapeutically (7–9). Early in *Mtb* infection, both pro and anti-inflammatory pathways are activated at the same time (7, 10). The aims of some HDT approaches are to manipulate this balance— in other words, to reduce the immune braking system and give the immune accelerator more gas. With this approach, a desired clinical outcome is to reduce the time required to clear the infection. A shorter, better treatment regimen would increase compliance and may reduce incidences of MDR and XDR TB. “Immunometabolism,” (the metabolic changes that underpin the ability of immune cells to mount an immune response) has informed many aspects of immunity to *Mtb*. By understanding and manipulating metabolic pathways, we are seeking to redirect or accelerate the host to yield better clinical outcomes for patients. Iron plays a central role in modulating metabolic pathways (11–13). In this review, we present the evidence suggesting that iron chelation, and its effects on immunometabolism, may be a plausible adjunctive HDT option for TB.

## AN OVERVIEW OF IMMUNOMETABOLISM

Recent studies on macrophages and metabolic function have linked intermediate metabolism to immune phenotypes (14). It is now considered that immune cell function and cellular energy metabolism are closely coupled and that alterations in metabolic pathways are integral to the immune response, since they strongly influence cell fate and effector functions; these links have been thoroughly reviewed in T cells, macrophages, NK cells, dendritic cells (DCs), and neutrophils (15–20). The metabolic pathways of these cells must be tightly regulated to provide energy and biosynthetic precursors to meet the cells’ functional requirements upon activation (21). It has been shown that, upon activation, various immune cells undergo metabolic reprogramming similar to oncogenic cells. For example, in 1927, Otto Warburg observed that neoplastic cells change their metabolism from oxidative phosphorylation (OXPHOS) to aerobic glycolysis (22). This switch to glycolysis also occurs in immune cells that are activated by pro-inflammatory signals, which differ depending on the cell type, and allows them to produce adenosine triphosphate (ATP) more rapidly (albeit less efficiently) and provides the necessary metabolic intermediates needed for cell growth, proliferation and effector mechanisms (23). Glycolytic shifts that take place in activated immune cells are not always classically Warburg (increased glycolysis and reduced OXPHOS) as both glycolysis and OXPHOS can be enhanced simultaneously (24). Increased activity of both glycolysis and OXPHOS is often observed in human immune cells upon activation (24). Furthermore, the

metabolic profile of certain immune cells has also been shown to change during different stages of activation. The complex metabolic phenotype defines the function of the immune cell. For example, glycolytic metabolism is associated with classically activated pro-inflammatory macrophages (termed “M1”), effector T cells, cytokine activated NK cells and toll-like receptor (TLR) activated DCs (21, 23–26). This metabolic reprogramming toward increased glycolysis, resulting in increased inflammation, is mediated by two main signaling molecules; mTOR and HIF1 $\alpha$ . On the other hand, OXPHOS is generally associated with the phenotype of tissue-resident and alternatively activated macrophages (termed “M2”), long-lived memory T cells, regulatory T cells and mature DCs in their antigen presenting phase (27). It is also worthwhile noting that oxidative metabolism supports immune cell longevity. For example, preserving OXPHOS in activated DCs results in an increased lifespan, and switching cellular metabolism from glycolysis to oxidative metabolism promotes a shift from short-lived M1 macrophages to longer-lived M2 macrophages (28, 29). Human alveolar macrophages (AMs), which are thought to be M2-like, demonstrate greater metabolic plasticity toward glycolytic metabolism upon inhibition of OXPHOS; this is despite a greater reliance of human AMs on OXPHOS at baseline compared to untreated human monocyte-derived macrophages (hMDMs) and IL4 treated hMDMs (30). However, this glycolytic reserve is attenuated in AMs from smokers and in AMs infected with both live attenuated *Mtb* H37Ra and irradiated *Mtb* H37Rv strains (30).

## Monocytes and Macrophages

Monocytes are phagocytic and are capable of antigen presentation but are best known as the precursor cells to macrophages and DC. Two key regulators of monocyte metabolism are mTOR and HIF1 $\alpha$ , both of which enhance glycolysis (31). The activity and gene expression of these two molecular mediators is enhanced by  $\beta$ -glucan, one of the main components of the fungal cell wall, known to upregulate glycolysis in human monocytes (31). Interestingly, *M.bovis* BCG is also capable of inducing these changes to prime monocytes to respond more rapidly and with heightened activity when challenged by other pathogens, in a process known as innate training (32). The phenomenon of innate training relies fundamentally on changes in glycolytic and glutamine metabolism of monocytes which are crucial for the induction of histone modifications underlying BCG-induced trained immunity (32).

Monocytes extravasate from the blood into the tissue where they differentiate into macrophages or DCs (33, 34). Macrophages can have pro-inflammatory or pro-resolution phenotypes depending on the cytokine milieu they experience and pathogen- or damage- associated molecular patterns (PAMP/DAMP) signals they receive *in situ* (35). These are broadly classified as classically activated or M1-type macrophages and alternatively activated or M2-type macrophages (36). M1- and M2-type macrophages differ in terms of function and in the metabolic pathways they utilize; in fact, differences in metabolic function direct their differentiation and phenotype

(36, 37). M1 macrophages confer protection against bacterial infection via a pro-inflammatory response, involving several cytokines, nitrogen species and pro-inflammatory reactive oxygen species (ROS) (38). Murine macrophages, activated with LPS, have been demonstrated to rely on glycolysis to produce ATP, which is primarily mediated by HIF1 $\alpha$  (39). Glycolysis in LPS-IFN $\gamma$  stimulated murine bone marrow-derived macrophages (BMDMs) is also directed toward the pentose phosphate pathway (PPP) and the malate-aspartate shuttle to support NADPH synthesis, essential for ROS production (40). M2 macrophages, involved in tissue homeostasis and wound healing, mediate Th<sub>2</sub> cell immunity to parasitic infections, which are usually chronic and therefore energy demanding (41). In keeping with the longevity of their role, M2 macrophages independently stimulated with IL4, signal transducer and activator of transcription 6 (STAT6) and PPAR $\gamma$ -coactivator-1 $\beta$  (PGC-1 $\beta$ ) engage an anti-inflammatory phenotype and rely on fatty acid oxidation (FAO) to generate ATP (42).

In murine BMDMs, LPS stimulation results in increased glycolysis (39) and a break in the tricarboxylic acid (TCA) cycle at two points; one at citrate and another at succinate. Succinate drives the production of IL1 $\beta$ , mediated by HIF1 $\alpha$  (39) whereas citrate accumulation leads to the production of itaconate, a potent inhibitor of isocitrate lyase, which is necessary for *Mtb* persistence (43). Itaconate has anti-inflammatory and anti-oxidant properties, mediated by NRF2 signaling (44), as well as being directly able to effect *Mtb* growth (45). It has also long been known that lipid metabolism is significantly altered during infection and inflammation (46–48). Increased lipid uptake leads to foam cell formation, or foamy macrophages, which is characteristic of certain diseases such as atherosclerosis and TB (49, 50). Many experimental models also utilize LPS as a stimulus, however, the use of LPS can have its limitations (51).

Macrophages, especially alveolar macrophages, are crucial in *Mtb* infection as they are probably the first cell to encounter *Mtb* and become infected. Macrophages are both critical to the eradication of the infection but are also culpable of harboring *Mtb* thus, propagating the infection. We hypothesize that these divergent processes are hinged on the metabolic potential of the macrophage. Macrophage metabolism during *Mtb* infection will be further explored in the section below entitled “*Metabolic alterations within immune cells during Mtb infection.*”

## Neutrophils

Neutrophils play vital roles during infection, since they contribute directly to the elimination of pathogens via phagocytosis, the release of antimicrobial molecules such as hydrogen peroxide and netosis, a process whereby activated neutrophils form net-like structures to trap the pathogens (52). These key features of neutrophil activity rely on neutrophil phagocytosis and the switch toward aerobic glycolysis (52, 53). Interestingly, neither glucose nor glutamine are fully oxidized to produce ATP in these cells, indicating that glycolysis may be supporting alternative metabolic pathways through the production of intermediates to generate antimicrobial molecules (53). Indeed, glucose is metabolized to fuel the PPP to generate NADPH in healthy human neutrophils stimulated with PMA

and amyloid fibrils (54). Moreover, degradation of glutamine to malate via the TCA cycle and the malate-aspartate shuttle, contributes to the generation of NADPH. NADPH production is essential for the microbicidal cytosolic NADPH oxidase (NOX) system, required for netosis and for production of antimicrobial molecules (55, 56). HIF1 $\alpha$  also mediates glycolytic metabolism in murine neutrophils as conditional knockout of HIF1 $\alpha$  drastically reduced ATP levels resulting in impaired bacterial killing (57). Neutrophils are implicated in early TB host defense but also contribute to tissue pathology, especially later on in disease. The metabolic profile of neutrophils during *Mtb* infection is not yet known, however; targeting metabolic pathways in these cells may help to fine-tune the immune response to promote clearance or inhibit tissue damage.

## Natural Killer Cells

Natural killer (NK) cells, activated by IL2, IL12, IL15 or combinations thereof, have increased glucose metabolism through aerobic glycolysis, which is necessary to meet the requirements for rapid growth and proliferation (58–60). Specifically, healthy human NK cells are classified into two distinct subsets based on their levels of CD56 receptor; CD56<sup>DIM</sup> cells are considered more cytotoxic whereas CD56<sup>HI</sup> cells are potent producers of IFN $\gamma$  (24). Flow cytometric analysis showed that CD56<sup>HI</sup> cells express higher levels of the glucose transporter GLUT1 and exhibit higher glycolytic metabolism than CD56<sup>DIM</sup> cells. Although OXPHOS supports both CD56 cell subtypes, limiting glycolysis in CD56<sup>HI</sup> cells significantly impairs the production of IFN $\gamma$ , a pro-inflammatory cytokine also central to host defense during *Mtb* infection (24). Both subpopulations of NK cells respond to *Mtb* and can directly kill *Mtb* infected phagocytes through the production of perforin, granzyme and the ligation of death receptors (24, 61). Indirectly, healthy human NK cells promote host defense in *Mtb* H37Ra-infected T cells by producing IFN $\gamma$  and inducing CD8<sup>+</sup> T cell responses (62). Interestingly, memory-like antigen-specific CD45RO<sup>+</sup> NK cells, isolated from the pleural fluid from patients with tuberculosis, exhibit features of innate memory to *Mtb* antigens and may participate in the recall immune response to *Mtb* infection by producing IL22 (63, 64). This is similar to BCG-induced innate training observed in human and murine monocytes *in vitro*, which are dependent on glycolytic and glutamine metabolism (32). The metabolic changes in NK cells during *Mtb* infection are not yet characterized but are likely to be integral to its host defense mechanisms.

## Dendritic Cells

In DCs, similar to other immune cells, cell function is coupled to immunometabolism with the aim of meeting the bioenergetic and biosynthetic requirements for successful TLR induced activation and function (25, 65). TLR-activated DCs stimulated with LPS, heat killed *Propionibacterium acnes* or CpG, rely on aerobic glycolysis to generate ATP (65, 66). This switch to glycolysis is primarily regulated by HIF1 $\alpha$  and the PI3K/Akt pathway (65, 67). Additionally, in real-time extracellular metabolic flux assays, the change to glycolytic metabolism has been shown to enhance nitric oxide (NO)

synthesis via the enzyme nitric oxide synthase 2 (NOS2), which inhibits OXPHOS in some populations of LPS stimulated human DCs (66). Therefore, glucose plays two roles in DC activation post TLR stimulation; in the early stages of activation, glucose provides the metabolic intermediates needed for DC maturation. However, in subsequent stages, NO production inhibits OXPHOS, making glycolysis necessary to synthesize ATP and support cell survival (66). Linking DC metabolism and function to adaptive immunity, glycolysis has also been shown to repress the pro-inflammatory output of BMDM-derived LPS-stimulated murine DCs and limit DC-induced T cell responses (27). Therefore, the lifecycle of the DC is marked by differences in metabolism intrinsic to the function of the DC at that stage. DCs play a crucial role in propagating T cell responses during *Mtb* infection, however, their metabolic phenotype is understudied. For example, one study characterized the cooperation between *Mtb*-infected human CD1c<sup>+</sup> DCs and plasmacytoid DCs which favors the stimulation of CD4<sup>+</sup> T cells, and another study has identified the rapid induction of glycolysis as an integral component of TLR signaling that is essential for the anabolic demands of the activation and function of murine DCs (25, 68). We hypothesize that metabolism may underpin DC function during *Mtb* infection, based on such observations.

## T Cells

Resting T cells rely primarily on OXPHOS, however, once activated by the T cell receptor and costimulatory molecule ligation, T cell subsets undergo a distinct metabolic reprogramming (69). In the early stages of inflammation, cytokines direct the differentiation of naïve CD4<sup>+</sup> T cells into effector (T<sub>eff</sub>: Th<sub>1</sub>, Th<sub>2</sub> or Th<sub>17</sub>) or inducible regulatory T cell (T<sub>reg</sub>) subsets (70–76). Effector T cell subsets show an increase in glycolytic metabolism following activation, namely Th<sub>17</sub> cells, Th<sub>1</sub> and Th<sub>2</sub> cells (21, 23, 77). Consistent with the different functions of these subsets, T<sub>eff</sub> and T<sub>reg</sub> cells utilize distinct metabolic programmes. Murine T<sub>eff</sub> cells depend on aerobic glycolysis to enable the rapid growth and proliferation essential for clonal expansion, migration and effector functions (21). Alternatively, T<sub>reg</sub> cells have less of the glucose transporter GLUT1 on the surface and rely on lipid oxidation and OXPHOS to generate ATP (21). Extracellular flux and flow cytometry analyses demonstrate that murine CD8<sup>+</sup> memory T cells primarily rely on lipid oxidation, the TCA cycle and OXPHOS, utilizing extracellular glucose to synthesize lipids rather than using extracellular fatty acids directly (78, 79) whereas activated effector CD8<sup>+</sup> T cells shift their metabolism toward glycolysis. Myc, HIF1 $\alpha$ , estrogen related receptor- $\alpha$  and mTOR are some of the molecular mediators critical to driving these alterations in T-cells. Myc upregulates various genes involved in glucose and glutamine metabolism in the initial stages of T cell activation in primary murine cells (69). Similarly, the mTOR pathway promotes glucose metabolism in human T<sub>eff</sub> cells while inhibiting T<sub>reg</sub> generation (80). Moreover, in an mTOR dependent manner, HIF1 $\alpha$  is a critical regulator of the Th<sub>17</sub> and T<sub>reg</sub> axis through the modulation of glycolytic metabolism in murine cells (77). In recent years, it has emerged that, in certain

settings of inflammation, significant plasticity occurs between Th<sub>1</sub>, Th<sub>17</sub> and T<sub>reg</sub> cell lineages (81, 82). Given their differential metabolic states, it is plausible that metabolic reprogramming underpins and directs the plasticity of these cells. The metabolic status of CD3<sup>+</sup> T cells was recently examined in an *in vivo* mouse model of *Mtb* infection where the authors showed that the T cell compartment in granulomatous regions of the lungs have increased transcripts encoding glucose transporters, glycolytic enzymes and enzymes of the pentose phosphate pathway (83). These alterations, and further increases in the expression of hexokinase-3 and lactate dehydrogenase A in co-localization analyses, may be indicative of increased glycolytic metabolism (83). Even though further studies are warranted to explore this link, T cell exhaustion in *Mtb* infection is postulated to be linked to metabolism, especially in the oxygen-deprived environment of the granuloma. Modulating T cell metabolism may therefore be beneficial in promoting a specific T cell response with the capacity to support *Mtb* clearance, particularly during the early stages of infection.

## METABOLIC ALTERATIONS WITHIN IMMUNE CELLS DURING *MTB* INFECTION

### Glycolysis and Oxidative Phosphorylation

Upon *Mtb* infection, the immune system aims to contain and eradicate the pathogen. However, infected cells such as macrophages, are sometimes unable to eliminate *Mtb*, thus favoring the formation of granulomas to contain the infection (84). As immune cells in these granulomatous structures need to be functionally committed to controlling the infection, it is crucial that their metabolic activity meets the bioenergetic and biosynthetic requirements needed to efficiently clear or contain the pathogenic burden. Infection of hMDMs, AMs and murine BMDMs with the irradiated *Mtb* H37Rv strain of *Mtb* is associated with increased extracellular lactate levels, indicative of an increase in glycolysis (7). Increased extracellular lactate levels were also enhanced in all macrophage cell types when infected with the live attenuated *Mtb* H37Ra strain and the live *Mtb* H37Rv strain (7). In addition, transcriptomic analysis of murine lungs infected with *Mtb* has revealed that during infection, genes involved in glucose metabolism are upregulated whilst genes that encode enzymes from the TCA cycle and OXPHOS are downregulated, indicating the occurrence of a Warburg effect (83). This switch is further evidenced in a NMR-based metabolomic profiling study showing increased concentrations of lactate in granulomas from *Mtb*-H37Rv-infected C57BL/6 mice (85). Moreover, the shift toward aerobic glycolysis during *Mtb* infection is linked to the ability of human macrophages to produce mature IL1 $\beta$ , subsequently demonstrated to be essential for bacteriocidal activity against *Mtb* when glycolysis was blocked with the glycolytic inhibitor 2-deoxyglucose (2-DG) (7).

Depending on their ontogeny, tissue resident macrophages and infiltrating macrophages have distinct roles, phenotypes and display differential metabolic profiles. In a mouse model of *Mtb* Erdman infection, *Mtb* has been shown to trigger

the accumulation of interstitial macrophages (IMs) (Ly6C<sup>high</sup>, CX<sub>3</sub>CR1<sup>+</sup>, and CD11b<sup>high</sup>) derived from blood monocytes that are phenotypically distinct from tissue resident AMs (Siglec F<sup>+</sup> and CD11c<sup>high</sup>) (86). In this murine model, IMs were found to be more glycolytically active than AMs, with the latter cells relying more on FAO and fatty acid uptake (86). Interestingly, depletion of AMs reduced bacterial burden whereas deletion of IMs increased bacterial burden suggesting that AMs are permissive to *Mtb* (86). Furthermore, inhibition of glycolysis by 2-DG decreased the number of IMs and concomitantly increased bacterial burden thereby coupling metabolism with cellular function.

Human AMs exhibit significantly higher extracellular lactate levels, indicative of increased glycolysis, upon infection with the *Mtb* H37Ra and *Mtb* H37Rv strains (7). We have recently found that human AMs are also just as energetically responsive as hMDMs, which describes the ability of a cell to respond metabolically when stressed (30). For example, upon oligomycin-induced inhibition of OXPHOS in human AMs and hMDMs, AMs compensate by increasing glycolytic metabolism just as effectively as hMDMs (30). Others have also shown that human AMs contain *Mtb* better than monocytes (87). Furthermore, blocking glycolysis using the alternative carbon source, galactose, resulted in increased bacterial load in the human AMs, suggesting that this metabolic shift is required in AMs to allow them to exert bacillary killing (7). 2-DG reduced IL1 $\beta$  production in murine BMDMs, hMDM and human AMs, further supporting the idea that the switch to glycolysis is essential for optimal IL1 $\beta$  production, crucial to the control of bacillary replication (7). Production of IL1 $\beta$  is regulated by HIF1 $\alpha$ , which is stabilized upon inhibition of the prolyl hydroxylase domain (PHD) proteins (88). As HIF1 $\alpha$  lies at the crux of the glycolytic switch, HDTs that target PHD proteins and stabilize HIF1 $\alpha$  may effectively boost glycolytic metabolism thereby supporting defense mechanisms within infected host immune cells.

## Amino Acid Metabolism

In addition to this glycolytic switch in energy metabolism, amino acid availability in the granuloma plays a key role in *Mtb* infection in human and murine studies (89–92). Amino acids are not only essential for cytokine and chemokine synthesis, but they play a role in the production of anti-microbial agents. More specifically, three amino acids, L-arginine, L-tryptophan and L-glutamine are key regulators of immunometabolism in TB (93–97). During TB infection, L-arginine is implicated in several immune cell effector functions, including the production of NO, and may therefore be important in the outcome of the infection (95). It has also been demonstrated that M2 macrophages express arginase-1 (Arg1), an enzyme that hydrolyses L-arginine to ornithine and urea (90). When macrophages express both Arg1 and inducible nitric oxide synthase (iNOS), NO synthesis is limited as both enzymes consume L-arginine. Abrogation of macrophage Arg1 exacerbates *Mtb* H37Rv growth and pathology in murine TB lung granulomas (89). Moreover, Arg1 plays an important role in L-arginine withdrawal from T cells within the same granuloma, leading to T cell inhibition (89). Hence these two functions of

Arg1 may contribute in limiting the host cell's response to TB infection and protect the host from immune-mediated damage.

In response to *Mtb* infection, macrophages strongly upregulate the expression of indoleamine 2,3-dioxygenase enzymes (IDO1, IDO2, and TDO), that convert L-tryptophan into L-kynurenine. L-tryptophan catabolism has been demonstrated in transcriptomic and flow cytometry analyses to inhibit murine T<sub>eff</sub> cell function and induce CD25<sup>+</sup>Foxp3<sup>+</sup>T<sub>reg</sub> subsets, reducing immune activity, limiting tissue damage and favoring pathogen survival (98). Furthermore, IDO-expressing DCs are essential for maintaining granulomas, which contain *Listeria monocytogenes* and enable mycobacterial survival (99). More recently, cerebral tryptophan metabolism has also been shown to be important for the outcome of tuberculous meningitis, where low cerebrospinal fluid tryptophan concentrations strongly predicted patient survival (100). Hence, modulating L-tryptophan metabolism could be used as a potential HDT strategy.

Glutamine is synthesized in a reaction catalyzed by the enzyme glutamine synthetase from L-glutamate, ammonia and ATP (96). Given the importance of this enzyme in nitrogen metabolism, it is believed to influence *Mtb* pathogenesis by altering ammonia levels within infected cells and thus may contribute to *Mtb*-mediated inhibition of phagosome-lysosome fusion and acidification (101). Conversely, L-glutamate exhibits potential to be utilized in the production of additional succinate, a TCA cycle intermediate now known to play an important role in the production of IL1 $\beta$  in LPS-stimulated murine BMDMs, mediated by the reverse electron transport process, in a ROS-HIF1 $\alpha$  dependent manner (39, 102).

## Fatty Acid Metabolism

Fatty acid metabolism is another key aspect of TB that effects both *Mtb* and the infected host. Lung resident AMs are influenced by ongoing exposure to and uptake of surfactant, a lipid-protein complex that lowers surface tension and aids inhalation. When hMDMs are treated with surfactant *in vitro*, the growth of *Mtb* H37Rv is increased due to increased intracellular levels of the lipid, which the bacteria can use as a carbon source (103). Lipids serve as a key nutrient and energy source, but they also participate in regulating other immune responses. For instance, triacylglycerols (TAGs) can reduce *Mtb* H37Rv growth and antibiotic sensitivity, and the equilibrium between fatty acid synthesis and degradation may alter redox homeostasis in the cytosol (104, 105). Several studies have also demonstrated that *Mtb* utilizes cholesterol and fatty acids as essential nutrients during infection and *Mtb* preferentially metabolizes host lipids, although it can utilize a variety of nutrients to obtain energy (106, 107). Flow cytometry and co-localization analyses show that intra-phagosomal lipolysis is also markedly reduced in conjunction with the retention of host lipids further providing a potential source of nutrients for hMDMs and murine BMDMs infected with the *Mtb* CDC1551 strain (108).

The ability of *Mtb* to perturb fatty acid metabolism during infection results in the formation of foamy macrophages (106, 107). This is thought to be mediated by TLR2 signaling and increased PPAR $\gamma$  in human macrophages infected with *Mtb*

H37Rv, killed *Mtb* H37Rv, *M. smegmatis* and *M. bovis* resulting in lipid droplet accumulation (109). Low density lipoproteins containing cholesterol, TAGs and phospholipids, are sequestered within macrophages. Whilst TAGs and phospholipids are metabolized, the cholesterol is then either exported through ATP-binding cassette transporters, or esterified and accumulates as droplets, which leads to the formation of foamy macrophages (110). Traditionally, the function of foamy macrophages was thought to be restricted to lipid storage, however, it has now been shown that they may be essential for mycobacterial persistence and reactivation (111–113). For example, the bacterial glyoxylate shunt enzymes isocitrate lyase 1 and 2 are required for bacterial growth and virulence of *Mtb* Erdman-infected hMDMs and murine BMDMs *in-vitro*, and in an *in-vivo* murine model (111). *Mtb* H37Rv-infected murine BMDMs also require the utilization of cholesterol for survival during prolonged infection (112). Moreover, the accumulation of lipids has a significant impact on the metabolic pathways within *Mtb*, as the mycobacteria must produce more lipolytic enzymes to degrade these host lipids, especially cholesterol (107). Cholesterol degradation generates propionyl-CoA, which is a potential source of toxic metabolites that could compromise *Mtb* survival. Hence *Mtb* metabolizes this precursor toward different metabolites, by balancing acetyl-CoA and propionyl-CoA concentrations, some of which can be used to build the lipid elements of the cell wall, which not only support the structure, but are also important virulence factors (114). Thus the ability of *Mtb* to utilize host-derived lipids effectively is key to its success as a pathogen. Beyond providing a nutrient source and building blocks for bacterial growth, this accumulation of lipids in human cells can also block host autophagy and lysosome acidification, two other essential mechanisms for the control of *Mtb* (115). Others suggest that the accumulation of lipid droplets is the result of macrophage activation (not *Mtb*-induced perturbations) as it is dependent on IFN $\gamma$  and HIF1 $\alpha$  mediated glycolytic reprogramming in murine BMDMs (116). Interestingly, *Mtb* Erdman is able to acquire host lipids in the absence of lipid droplets, but not in the presence of IFN $\gamma$ -induced host derived lipid droplets, thereby uncoupling macrophage lipid formation from bacterial acquisition of host lipids (116). These IFN $\gamma$ -induced lipids, which require HIF1 $\alpha$  for their synthesis, support the production of host protective eicosanoids including LXB4 and PGE2 (116). In addition, it has been demonstrated that lipid droplet formation is necessary for the production of host protective eicosanoids. Taken together, these changes in FA metabolism during *Mtb* infection suggest that targeting FA metabolism could result in the development of new and improved HDTs.

## HIF1 $\alpha$ IS A KEY REGULATOR OF IMMUNOMETABOLISM DURING *MTB* INFECTION

HIF1 $\alpha$  is central to reprogramming metabolism toward utilizing aerobic glycolysis; a process that functions as a key gate keeper in immune cell activation. As HIF1 $\alpha$  is central to various preneoplastic and neoplastic diseases, it is not surprising

therefore that HIF1 $\alpha$  has been identified as a crucial molecular mediator during *Mtb* infection in humans and mice (8, 116–118). HIF1 $\alpha$  is required for the production of NO, IL1 $\beta$  and prostaglandin E2 (PGE2) as demonstrated by murine HIF1 $\alpha$  knockout macrophages which exhibit impaired production of these key cytokines in response to *Mtb* infection (8). HIF1 $\alpha$  is also self-sustaining as stabilized HIF1 $\alpha$  expression promotes glycolysis during *Mtb* infection, and this enhanced aerobic glycolysis promotes further stabilization of HIF1 $\alpha$  (8). NO modulates macrophage responses to *Mtb* infection in murine BMDMs, through transcriptional and protein activation of HIF1 $\alpha$  (119). HIF1 $\alpha$  and iNOS are linked by a positive feedback loop that elicits further macrophage activation and regulate aerobic glycolysis (119). Specifically, *Nos2*<sup>-/-</sup> and *HIF1 $\alpha$* <sup>-/-</sup> knockout results in significant transcriptional defects in various glycolytic genes including *GLUT1*, *LDHA*, and *PFKFB3* by RNAseq analysis (119). This results in significant reductions in extracellular glucose consumption in these BMDMs (119). Moreover, when murine BMDMs are activated with LPS, this results in an increase in the TCA metabolite succinate (39). Succinate is implicated in various different cellular mechanisms, such as inducing TLR synergy, participating in important post-translational modifications and in propagating further enhancement of glycolysis (39). Accumulation of succinate promotes the stabilization of HIF1 $\alpha$  resulting in increased IL1 $\beta$  production from murine BMDMs (39).

HIF1 $\alpha$  is also capable of binding to the promoter region of *pfkfb3* (120). The gene *pfkfb3* encodes an isoform of 6-phosphofructo-2-kinase/fructose-2,6-biphosphatase (PFKFB3). This enzyme regulates the production of fructose-2,6-biphosphate, a glycolysis intermediate which activates 6-phosphofructo-1-kinase, and this increases glucose uptake (121). Several studies have shown that *pfkfb3* levels increase after infection with *Mtb* in mouse, rabbit and human lungs (83, 122, 123). This upregulation is thought to be strongly dependent on HIF1 $\alpha$  (83).

HIF1 $\alpha$  is also crucial for the IFN $\gamma$ -dependent control of *Mtb* in an *in vitro* and *in vivo* study of mice, as it mediates the metabolic switch to glycolysis in *Mtb* Erdman-infected BMDMs (8). IFN $\gamma$  promotes M1-type macrophage polarization, cytokine production and synthesis of microbicidal mediators such as NO during infection with *Mtb* Erdman (124). Furthermore, HIF1 $\alpha$  acts a positive feedback mediator during this process and acts to sustain the role of IFN $\gamma$  in macrophage activation, helping to control and restrain the infection. This sustained metabolic transition to aerobic glycolysis is thought to be vital for IFN $\gamma$  to successfully control the immune response to *Mtb* (8).

Mechanistically, the stabilization and subsequent activity of HIF1 $\alpha$  is tightly regulated by a family of PHD proteins which continually target HIF1 $\alpha$  for proteasomal degradation during homeostasis (125). If HIF1 $\alpha$  is degraded, this turns off the regulation of all metabolic pathways where HIF1 $\alpha$  is involved, such as the metabolic switch toward aerobic glycolysis. PHD enzymes require oxygen and  $\alpha$ -ketoglutarate ( $\alpha$ KG) as co-substrates, in addition to iron and ascorbate (126), hence the regulation of HIF1 $\alpha$  by PHD enzymes is tightly associated with iron availability. Therefore, we suggest that the therapeutic

chelation of iron may serve to disable PHD activity and promote the stabilization of HIF1 $\alpha$  which may in turn promote bacterial clearance during *Mtb* infection through enhanced immunometabolism and increased effector functions.

## IMMUNOMETABOLISM AND IRON ARE INTRINSICALLY LINKED.

### Controlling Physiological Levels of Iron

The activity of HIF1 $\alpha$  can be significantly influenced by iron availability (127). Iron is crucially important for many physiological processes. The most common forms of iron in the human body are ferrous (Fe<sup>2+</sup>) and ferric (Fe<sup>3+</sup>) iron; under physiological O<sub>2</sub> concentrations, the most stable form is Fe<sup>3+</sup> (128). Body stores of iron are usually assessed by transferrin saturation levels (normal range 20–30%), serum ferritin levels (normal range above 150 ng/mL), serum iron levels (normal range 60–110 ng/mL) and total iron binding capacity (normal range 240–300 ng/mL) but these levels can also vary between sexes (129, 130). Recent data examining iron distribution in freshly resected lungs of TB patients and healthy controls showed that the lungs of *Mtb*-infected patients contain more iron (54.7  $\pm$  6.9  $\mu$ g/g tissue) than healthy controls (19.4  $\pm$  2.9  $\mu$ g/g tissue) (131). Dietary iron is absorbed from the duodenum and upper jejunum (132). Here, the divalent metal transporter-1 (DMT1) transports Fe<sup>2+</sup> and H<sup>+</sup> into the cell. In the cell, Fe<sup>2+</sup> is stored within ferritin heavy and light chains, the primary iron storage protein, or it is transported into the blood when required. The iron exporter, ferroportin-1 enables the movement of iron out of cells (132). In the blood, oxidized Fe<sup>3+</sup> binds to transferrin and can be transported in this state until it reaches its target cell and binds to transferrin receptor-1 on the cell's surface (133). The transferrin-bound iron-transferrin receptor-1 (TBI-TfR1) complex is taken into the cell through the process of endocytosis, ultimately resulting in the release of Fe<sup>3+</sup> and recycling of transferrin and its receptor (133). Next, iron enters the mitochondria where it is a fundamental component in the synthesis of heme and iron-sulfur cluster-containing proteins which have a central function in the operation of the electron transport chain (134, 135). Thus iron metabolism plays a central role in regulating mitochondrial metabolism pathways. On a cellular level, iron levels are regulated by the iron regulatory protein (IRP)/ iron response element (IRE) system which controls the expression of several proteins essential for iron homeostasis, including DMT1 (136). The expression of hepcidin, a key regulator of the entry of intracellular iron stores into the circulation, is dependent on systemic iron levels (137). Hepcidin binds to ferroportin-1, inhibits it by promoting its internalization and degradation, thus negating iron export out of the cell subsequently lowering the amount of iron entering the circulation (136, 137). Iron is also responsible for oxygen transport and therefore regulates the bioavailability of oxygen in the cell (12). The presence of oxygen promotes the TCA cycle and OXPHOS (12). Conversely, when iron levels are low, there is less oxygen transport, and cells have a reduced oxygen supply. This can result in a

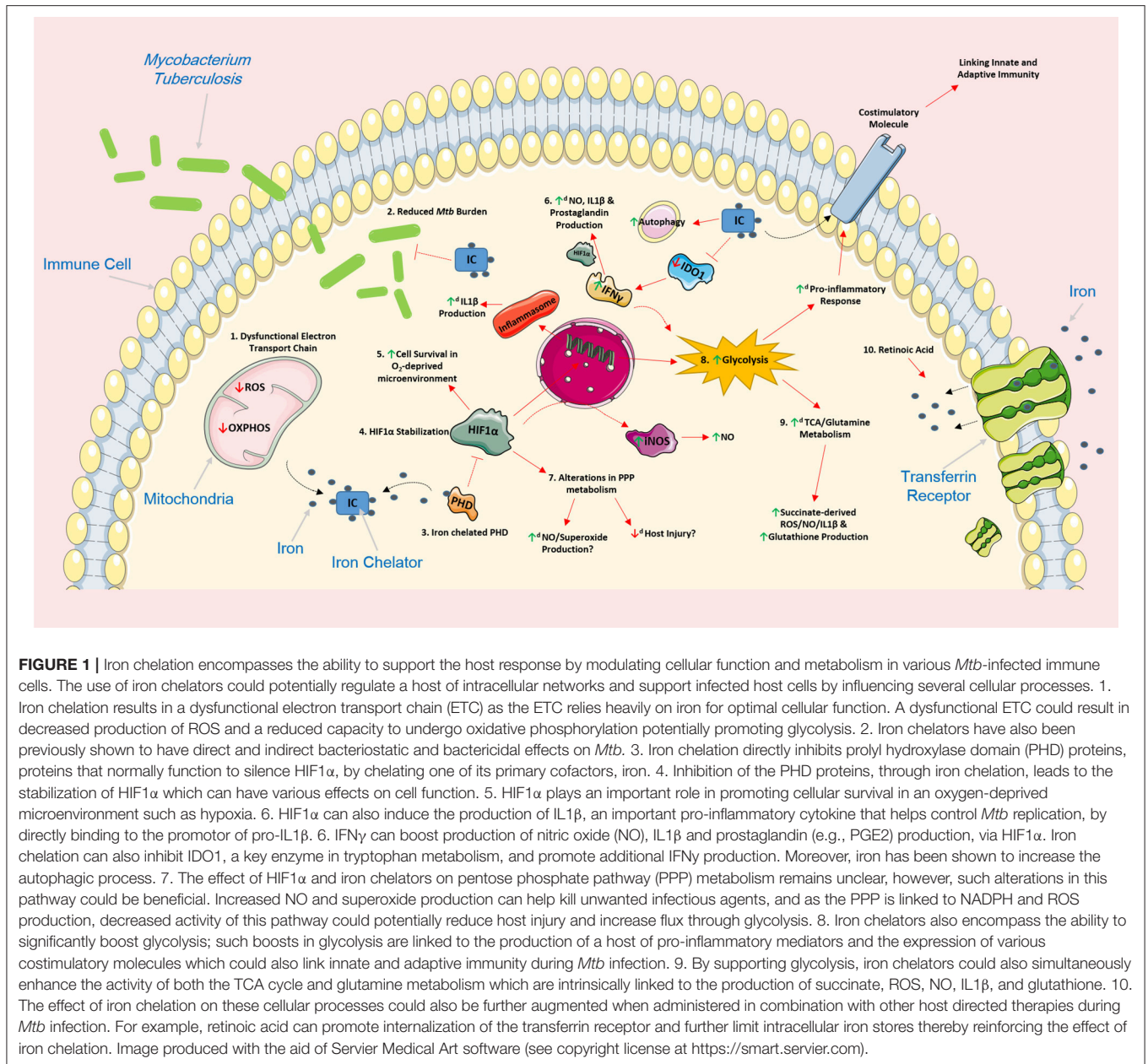
decrease in mitochondrial metabolism, and an upregulation in anaerobic glycolysis to compensate for the reduction in ATP generated (12). Thus iron can be intrinsically linked to cellular metabolism and cell function in various ways, as **Figure 1** illustrates.

### Exploiting Iron Chelators for Therapeutic Gain

The therapeutic utilization of iron chelators has been widely reviewed (138–140). Iron-related pathologies occur when there is an excessive or insufficient level of iron (140). For example, iron overload typically arises from hereditary haemochromatosis. Iron chelation therapy is administered to prevent this, or reverse complications that may have already developed (138, 139). FDA-approved iron chelators, such as desferrioxamine (DFX), bind to free reactive iron in circulation (139). This complex is excreted from the body, thus reducing iron levels (139). Iron chelation therapy currently has many alternative applications. For example, deferiprone has been used in murine models of chronic obstructive pulmonary disease to transfer iron out of the mitochondria, and has been shown to ameliorate cigarette smoke-induced bronchitis and emphysema (141). Iron chelation also holds promise for the treatment of *Plasmodium falciparum*, which causes malaria, as use of deferiprone has been shown to reduce recovery time and increase clearance of the infection (142). DFX has also been shown to reduce the replication of HIV (143). Moreover, the iron chelators deferiprone, Apo6619, and VK28 have all been shown to possess antibacterial qualities against *Staphylococcus aureus* and *Escherichia coli* (144). Unsurprisingly, in addition to their chelating ability, specific iron chelators probably encompass additional properties that functionally set them apart from other iron chelators, elements of which are yet to be determined. For example, deferiprone is known to prevent the growth of coagulase-negative staphylococci but DFX promotes its growth (145). Therefore, the novel approach to treating bacterial infections with iron chelators could prove beneficial in TB, and may even hold promise against multi-drug resistant strains of the bacteria.

### Ironing out *Mycobacterium tuberculosis*

*Mtb* requires iron for survival and competes with the host for the same iron pool. To compete for iron, *Mtb* releases siderophores, namely exochelins, which have a high-affinity for iron and can remove it from the host's iron-binding molecules (146). Exochelins subsequently transfer iron to mycobactins in the cell wall of *Mtb* (146). Once iron is accessed, it is strictly controlled for the same reasons as seen in host cells; to maintain homeostatic levels, while preventing toxic accumulations. *Mtb* has readily evolved to utilize iron and controls iron uptake at a transcriptional level (147). The mycobacterial iron-dependent regulator (IdeR) is crucial to the maintenance of iron homeostasis in *Mtb* as experimentally-induced lack of IdeR results in an accumulation of iron, leading to oxidative damage and subsequent death of the mycobacterium, thus highlighting the importance of exochelins and IdeR as *Mtb*-survival mechanisms (147).

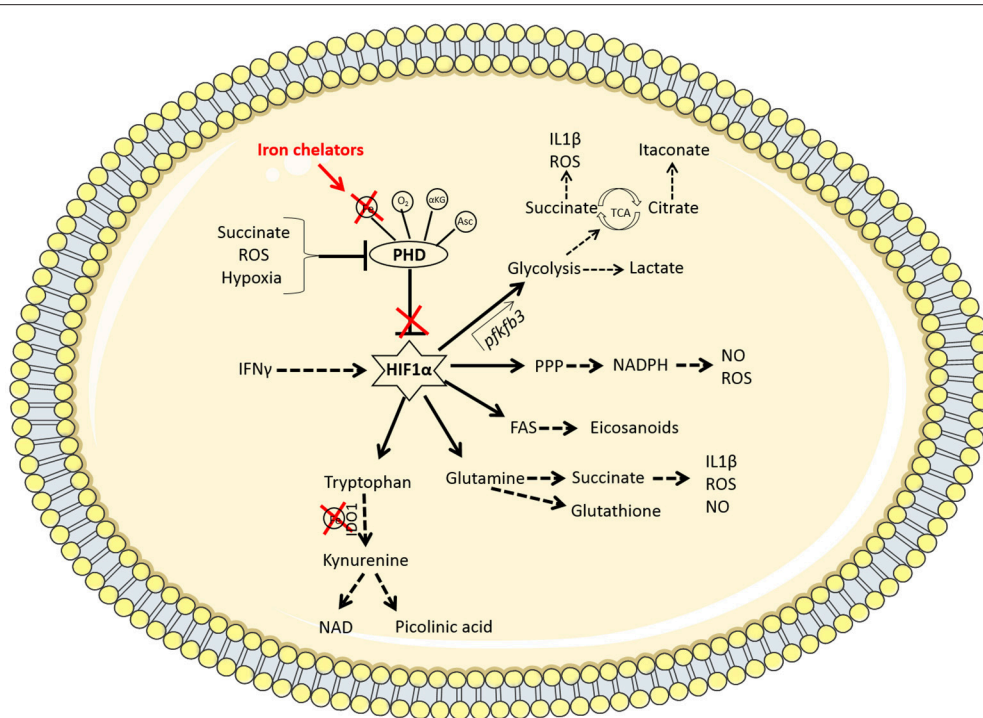


Macrophages play a key role in recycling iron. Excessive levels of iron have been documented in macrophages and hepatocytes from populations in Sub-Saharan Africa (148, 149). These populations are linked with a 3.5-fold increase in the probability of developing pulmonary TB (149). Excessive levels of iron are also seen in the macrophages of HIV patients, due to chronic blood transfusions or inflammation (150). Additionally, smoking increases the risk of developing active TB; this may be due in part to increased iron loading AMs. In fact, iron levels in AMs are over 3.2-fold higher in asymptomatic smokers and up to 5.6-fold higher in symptomatic smokers compared with nonsmokers; this could rise to 5.4-fold and 9.2-fold respectively when experimental variation is taken into account (151). It is also well known that

iron starvation greatly affects *Mtb*'s ability to proliferate. *Mtb* also adapts to low iron levels by upregulating the expression of various factors such as the ESX-3 secretion system, which facilitates its survival (152). Although there is no direct proof of cause or effect, clinicopathological analysis of iron distribution within human lung tissue shows that *Mtb* severely disrupts iron homeostasis in distinct microanatomic locations of the human lung thus potentially contributing to lung immunopathology (131).

Targeting the hepcidin-ferroportin axis may have clinical utility and could be exploited as a means to alter intracellular iron levels. TLR agonists, except TLR2, were shown to polarize murine BMDMs into pro-inflammatory macrophages and upregulate hepcidin transcript levels (153). By measuring a





**FIGURE 2 |** Iron chelators modulate multiple immunometabolic pathways via the stabilization of HIF1 $\alpha$ . Under homeostatic conditions, the PHD enzymes hydroxylate HIF1 $\alpha$  marking it for degradation. These enzymes require oxygen (O<sub>2</sub>), iron (Fe),  $\alpha$ -ketoglutarate ( $\alpha$ KG), and ascorbate (Asc) as cofactors to function. When oxygen is low (hypoxia), the PHD enzymes are disabled, resulting in the stabilization of hypoxia-inducible factor 1 $\alpha$  (HIF1 $\alpha$ ). Other factors such as the accumulation of the metabolite succinate or reactive oxygen species (ROS) can also inhibit PHD enzymes. The therapeutic use of iron chelators will reduce the availability of iron inside the cell and therefore deny the PHD enzymes of the iron they require to function. Iron chelators thereby stabilize HIF1 $\alpha$  which promotes enhanced flux through glycolysis by binding to the promoter region of the *pfkfb3* gene. This increased rate of glycolysis produces lactate and synthesizes the required building blocks for cellular proliferation and effector function. PAMP or DAMP signals in the macrophage (such as LPS stimulation or infection with *Mtb*, for example) leads to increased aerobic glycolysis and a break in the TCA cycle at 2 points; succinate (which promotes IL1 $\beta$  and ROS production as well as further inhibiting PHD enzymes) and citrate (which leads to the accumulation of the anti-bacterial metabolite, itaconate, via the enzyme IRG-1). HIF1 $\alpha$  also mediates increased flux through the pentose phosphate pathway (PPP) which provides NADPH required from NO and ROS production. HIF1 $\alpha$  promotes fatty acid synthesis (FAS), leading to the accumulation of lipid droplets and the production of eicosanoids. There is also a role for HIF1 $\alpha$  in promoting amino acid metabolism. Glutamine can be used to produce succinate or the antioxidant glutathione. Tryptophan is processed by the iron-dependent enzyme IDO1, which results in a net anti-inflammatory response but can also produce NAD or picolinic acid, which has anti-microbial properties. Thus iron chelation may be a useful tool for manipulating macrophage metabolism during *Mtb* infection through the stabilization of HIF1 $\alpha$ .

combination of transcript and protein levels of hepcidin and ferroportin, another study showed that differential TLR signaling can induce intracellular iron sequestration in THP-1 human macrophages (154). Specifically, agonists to TLR1/2, TLR2, and TLR6 significantly reduced transcript levels of ferroportin in THP-1 cells without affecting transcript levels of hepcidin (154). Conversely, TLR4, TLR7, and TLR8 agonists significantly induced both transcript and protein levels of hepcidin without affecting transcript levels of ferroportin (154). More significantly however, both alterations in hepcidin and ferroportin resulted in iron sequestration, suggesting that targeting these may be therapeutically beneficial. For example, by targeting hepcidin, this may reduce intracellular iron sequestration potentially affecting the growth of siderophilic bacteria, such as *Mtb*, while enhancing metabolism through HIF1 $\alpha$  stabilization. Indeed, the same study shows that hMDMs infected with the *Mtb* Erdman strain induce high protein levels of hepcidin (154). Interestingly, heparin treatment has recently been shown to reduce hepcidin

transcript and protein levels in THP-1 human macrophages infected with BCG and *Mtb* Erdman (155). Moreover, heparin treated macrophages exhibited higher ferroportin transcript and protein levels, promoting iron export and decreasing iron availability to intracellular bacilli. These infected heparin-treated cells also induce increased protein levels of IL1 $\beta$  further rendering hepcidin and ferroportin as attractive therapeutic targets (155).

Macrophage membrane-bound compartments, such as phagosomes and lysosomes, contain the natural resistance-associated macrophage protein-1 (NRAMP1). Murine studies using *M. avium*-infected BMDMs have shown that NRAMP1 acts to protect the host (156, 157). Moreover, several 3'UTR polymorphisms in this protein in humans have been shown to increase susceptibility to TB in specific populations (158–160). Mechanistically, NRAMP1 creates Fe<sup>2+</sup> efflux from the cell, and TB patients with these NRAMP1 polymorphisms are deprived of this protective method which would normally restrict *Mtb*

growth (156, 158, 161). The use of iron chelators on individuals with NRAMP1 polymorphisms could potentially provide the protection that they require. It is also likely that current anti-TB drugs, and other HDTs, administered in combination with iron chelators may result in better clinical outcomes. For example, retinoic acid has re-emerged as a potential HDT as it has been shown to promote cell-mediated clearance of *Mtb* H37Ra-infected BMDMs, hMDMs and human AMs (162). Moreover, retinoic acid has been reported to significantly reduce transferrin receptors on the membrane of macrophages, thus reducing the amount of iron available to the cell (163). Furthermore, as iron levels have also been shown to significantly reduce the efficacy of the anti-TB antibiotics isoniazid and ethambutol, the use of iron chelators may restore the effectiveness of such antibiotics (164). Targeting iron metabolism has the potential to directly inhibit the growth of *Mtb*, by interfering with *Mtb*-specific iron pathways and its survival mechanisms. Additionally, restricting iron availability in host immune cells may also serve to fight *Mtb* infection by stabilizing HIF1 $\alpha$  to enhance important inflammatory and metabolic processes central to eradicating the infection. Therefore, we hypothesize that therapeutic iron chelation will function as a double-edged sword by boosting host immunometabolism via the stabilization of HIF1 $\alpha$  and by directly starving *Mtb* of iron.

## FINE-TUNING HIF1 $\alpha$ AND IRON; A MECHANISM TO SUPPORT INNATE HOST CELL FUNCTION DURING *MTB* INFECTION?

Iron chelation may be utilized to artificially trigger HIF1 $\alpha$ -mediated pro-inflammatory and glycolytic pathways in host immune cells during *Mtb* infection. In normoxia, HIF1 $\alpha$  is usually undetectable due to the inhibitory action of the PHD proteins (165). PHD proteins act by hydroxylating the oxygen-dependent degradation (ODD) domain on HIF1 $\alpha$  (166). To function optimally, PHD proteins require oxygen, 2-oxoglutarate, ascorbate and Fe<sup>2+</sup> to successfully modify the ODD domain on HIF1 $\alpha$  (126). When Fe<sup>2+</sup> levels are low, the activity of the PHD proteins is reduced (167). This is in contrast to hypoxic conditions, where the lack of oxygen inhibits the PHD proteins, thus stabilizing HIF1 $\alpha$  (126). This allows heterodimerization of HIF1 $\alpha$  with its  $\beta$ -subunit, and translocation into the nucleus where HIF1 $\alpha$  binds to hypoxia-response elements linked with a variety of genes involved in various cellular processes, including inducing *pfkfb3* and *IL1 $\beta$*  transcription (168, 169). Moreover, GLUT1, as well as a number of other glycolytic enzymes such as phosphofructokinase, are upregulated to promote anaerobic glycolysis, to compensate for the lack of OXPHOS (170–172). Iron chelator-induced inhibition of PHD proteins and the resulting HIF1 $\alpha$  stabilization encompasses the potential to trigger this molecular cascade during *Mtb* infection under aerobic conditions, thus, boosting the pro-inflammatory response of the infected host macrophage and promoting clearance of the infection. Indeed, several studies have shown that HIF is stabilized upon iron chelation

in various cell types, including human renal Hep3B cells, human breast cancer MDA468 cells, and hMDMs (173–177). If iron chelation could induce such pro-inflammatory and pro-glycolytic effects during *Mtb* infection, then one may expect the opposite to occur with the addition of iron itself. Indeed, iron has been shown to promote intracellular and extracellular growth of *Mtb* H37Rv in J774A.1 macrophages (178). Moreover, addition of iron significantly reduces TNF $\alpha$ , IL1 $\alpha$ , IL1 $\beta$ , and IL6 transcripts, along with TNF $\alpha$  protein levels, during *Mtb* infection (178). Hence, this work demonstrates that the modulation of iron metabolism can potentially regulate the functional relationship between the infected host cell and *Mtb*. Additionally, DFX has been shown to boost the autophagic process, to promote eradication of *Mtb* (179, 180). Western blot and immunofluorescence analyses of murine BMDMs incubated with the iron chelators deferiprone or desferasirox have also been shown to reduce the intracellular growth of *Chlamydia psittaci* and *Legionella pneumophila* further suggesting that iron chelation may be therapeutically beneficial in the context of *Mtb* infection (181). Even though host-directed iron chelation may bring about reductions in intracellular iron levels, stabilize HIF1 $\alpha$ , and trigger pro-inflammatory and glycolytic responses, intrinsic homeostatic mechanisms are still in place to correct for low iron levels thereby limiting host cell stress and toxicity. For example, ferritin, a key intracellular iron storage protein, helps to maintain optimal cellular function upon iron deprivation (154). Indeed, extensive flow cytometry analysis, extracellular metabolic flux analysis and mass spectrometry analysis show that complete ferritin deficiency in myeloid cells dysregulates host energy metabolism and increases susceptibility to *Mtb* H37Rv infection (131). Furthermore, the use of iron chelators have been shown to have no effect, and even reduce, the production of superoxide in *Mtb* H37Rv-infected U937 macrophage cells and THP-1 monocytes while simultaneously reducing the number and viability of *Mtb* mycobacteria (182, 183). Harnessing the potential of PHD proteins and their interconnectivity with HIF1 $\alpha$ , through the use of iron chelators, may hold future promise for the development of HDTs for the treatment of TB infection and other infectious diseases. It must also be acknowledged that prolonged induction of HIF1 $\alpha$  may cause detrimental damage to lung tissue by promoting excessive inflammation and oxidative stress. For example, in hMDMs and human respiratory A549 cells, HIF1 $\alpha$  enhances the expression and secretion of matrix metalloprotease-1 (MMP-1), the main protease implicated in the uncontrolled destruction of lung tissue in TB (184). In fact, HIF1 $\alpha$ , which is expressed highly in lung biopsies from patients with pulmonary TB, is necessary for MMP-1 gene expression and secretion (184). Moreover, HIF1 $\alpha$ , and DFX, has been shown to positively regulate transcript levels of heme oxygenase-1 (HO-1), an oxidative stress response protein that catalyzes the degradation of heme to Fe<sup>2+</sup> and other intermediaries (185, 186). HO-1 expression is also markedly increased in rabbits, mice, and non-human primates during experimental *Mtb* Erdman and *Mtb* H37Rv infection and its expression gradually decreases during subsequent successful therapy (187). Moreover, systemic levels of HO-1 are dramatically increased in individuals with active pulmonary

and extra-pulmonary tuberculosis (188). Therefore, a thorough understanding of the underlying molecular mechanisms governed by HIF1 $\alpha$  during *Mtb* infection would undoubtedly help fine-tune the development of combinatorial host-directed therapeutic approaches, while helping to reduce damage caused to the lung, thus preventing further TB dissemination. Another advantage of stabilizing HIF1 $\alpha$  through the use of iron chelators is the potential ability to also boost host immune cell function through the modulation of alternative metabolic pathways such as the PPP, fatty acid metabolism and amino acid metabolism.

## THE POTENTIAL EFFECT OF IRON, IRON CHELATORS AND HIF1 $\alpha$ STABILIZATION ON ALTERNATIVE METABOLIC PATHWAYS

Alternative metabolic pathways are also crucial for cellular growth and function particularly during *Mtb* infection. These alternative metabolic pathways may play a crucial role in the host response to infection and could potentially be targeted by iron chelation therapy. As HIF1 $\alpha$  is a well-documented regulator of glycolysis, it is plausible that it can potentially regulate specific alternative metabolic pathways and support immunity during *Mtb* infection. These metabolic pathways include the PPP, fatty acid metabolism and the metabolism of important amino acids, namely glutamine and tryptophan.

The PPP is tightly coupled to glycolysis through the glycolytic intermediate glucose-6-phosphate (G6P), which can be shunted to the PPP to generate NADPH, ribose-5-phosphate and other biosynthetic intermediates also utilized in the glycolytic process (189). Coupled with the fact that glycolysis has been shown to be induced upon *Mtb* infection in human AMs, this may also be indicative of an upregulation of the PPP during *Mtb* infection (7). Indeed, the lungs of *Mtb*-infected mice exhibit upregulated gene expression of enzymes involved in both glycolysis and the PPP (83). In this study, transcript levels of the PPP genes *Gpi1*, *G6pdx*, and *Pgd* were analyzed (83). The first enzyme of the oxidative phase of the PPP, glucose-6-phosphate dehydrogenase (G6PD), is induced by HIF1 $\alpha$  in several different cancer cell lines (171, 190–192). Moreover, metabolomic analyses show that HIF1 $\alpha$  overexpression results in increased levels of PPP metabolites in murine BMDMs (26). Importantly, the PPP is a major source of NADPH, which is necessary for the production of free radicals like NO and superoxide, and for protecting the cells against oxidative stress (193). The importance of the PPP for ROS production during *Mtb* infection has also been suggested by one study linking G6PD deficiency in humans with increased susceptibility to BCG infections due to impaired ROS production by neutrophils and monocytes (194). Another study investigating metabolomic profiles in murine macrophages treated with iron show increased levels of NADPH and 6-phosphogluconic acid, indicating the potential involvement of other factors, in addition to HIF1 $\alpha$ , in the iron-mediated regulation of the PPP (195). Since the upregulation of glycolysis for rapid ATP production is an important host response against *Mtb*, downregulation of the PPP could further increase flux through the glycolytic pathway thus supporting host immune cells further. Whether

these observations reflect the findings in iron chelated-*Mtb*-infected host cells has yet to be examined and needs to be investigated.

HIF1 $\alpha$  has also been shown to be involved in fatty acid metabolism. Research shows that upon infection with *Mtb*, host cells differentiate into lipid forming foamy macrophages due to pathogen-induced dysregulations in lipid metabolism (113, 115). In an ESAT-6 mediated feedback mechanism, another study shows that *Mtb* actively manipulates host cells into metabolizing fatty acids, by diverting glycolytic metabolism toward ketone body synthesis, by enabling feedback activation of the anti-lipolytic G protein-coupled receptor GPR109A resulting in lipid body accumulation (115). Studies in cancer cells also show that hypoxia boosts the expression of fatty acid synthase and lipin-1 through HIF1 $\alpha$  and the sterol regulatory element binding protein resulting in elevated fatty acid synthesis and lipid storage (196, 197). In accordance with that, murine peritoneal macrophages exposed to hypoxia show increased accumulation of lipid droplets, fatty acid synthesis and TAG synthesis (198). Importantly, hypoxic conditions also result in the downregulation of acyl-CoA synthase and acyl-CoA dehydrogenase, two key enzymes of the fatty acid  $\beta$ -oxidation pathway (199). These metabolic conditions could favor growth of mycobacteria, which use host derived fatty acids as a major carbon source (107). However, it remains to be investigated if iron chelation, and subsequent stabilization of HIF1 $\alpha$  affects fatty acid metabolism in *Mtb*-infected host cells.

Glutamine metabolism represents another important metabolic pathway during *Mtb* infection. Glutamine metabolism is also a metabolic target of HIF1 $\alpha$  signaling. During *Mtb* H37Rv infection, nuclear magnetic resonance analysis of infected C57BL/6 murine lungs shows an upregulation of succinate, which can be generated from glutamine through glutaminolysis (85). Silencing of PHD2 in skeletal cells, which stabilizes HIF1 $\alpha$ , results in an increase in glutamine uptake and an increase in the expression of glutaminase-1, the enzyme that catalyzes the conversion of glutamine to glutamate. Glutamate can then be fed into the TCA cycle to produce  $\alpha$ KG and succinate. Importantly, glutamate-derived  $\alpha$ KG may also be used by the TCA cycle to produce succinate. Increased succinate oxidation by the succinate dehydrogenase (SDH) enhances the production of mitochondrial ROS, which in turn boosts HIF1 $\alpha$  and IL1 $\beta$  levels in LPS-stimulated murine BMDMs (102). Furthermore, metabolizing glutamate through the arginosuccinate shunt, which links the TCA cycle with the urea cycle, results in the production of NO (40). Thus, increases in glutamine metabolism may potentially support anti-microbial immune responses in *Mtb*-infected host cells. However, glutamine can be preferentially used for glutathione production rather than being shunted into the TCA cycle (200). Glutathione is known to be an important antioxidant and reducing agent protecting cells from being damaged by oxidizing conditions thus may be critical during *Mtb* infection to protect the delicate lung tissue (201). Whether HIF1 $\alpha$  stabilization through iron chelation has similar effects on glutamine metabolism in *Mtb*-infected host cells remains to be seen.

Tryptophan metabolism is another important metabolic pathway regulated through iron and HIF1 $\alpha$ . Tryptophan is a crucial amino acid for intracellular bacterial growth and depletion of tryptophan through activation of the kynurenine pathway has been shown to inhibit growth of *Toxoplasma gondii* and *Legionella pneumophila* in monocytes and fibroblasts (202). Mycobacterial growth, however, is unaffected by tryptophan starvation in murine peritoneal macrophages, due to the bacteria's capacity to synthesize tryptophan *de novo* (97). However, picolinic acid, a natural degradation product of tryptophan, inhibits intra-macrophagic growth of *M. avium* and *Mtb in vitro* (93, 202). Nevertheless, IDO1, the first rate-limiting enzyme in kynurenine metabolism, is upregulated in murine BMDMs upon infection with *M. avium*, however, its deficiency does not impact on the outcome of the infection (93). Increased IDO1 activity is known to suppress the protective immune response in rhesus macaques, particularly the production of IFN $\gamma$  by CD4<sup>+</sup> T cells, and correlates with a higher bacterial *Mtb* CDC1551 burden (203). Therefore, inhibition of IDO1 may be beneficial for TB, in the context of persistent live bacterial infection. Interestingly, IDO1 is a heme-containing enzyme; iron chelation reduces its activity and iron supplementation increases its activity thus the effect of iron chelation on tryptophan metabolism in *Mtb*-infected cells may be promising and warrants further investigation (204).

## CONCLUSION

Despite various treatment options available to treat active TB, the prevalence of drug-resistant TB is increasing, further highlighting the need for novel therapies to fight the bacteria.

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The majority of individuals infected with *Mtb* mount an adequate innate immune response which results in early clearance of the bacteria. This suggests that supporting myeloid cell function could serve as a host directed preventative or therapeutic strategy. We hypothesize that restricting iron availability, through the use of iron chelators, may be an effective host-directed approach to supporting protective *Mtb*-infected macrophage responses which may enhance early clearance of the infection. As **Figure 2** depicts, by depriving macrophages of iron and stabilizing HIF1 $\alpha$ , this could potentially function as a double-edged sword by boosting host immunometabolism and by directly starving *Mtb* of iron. In addition to boosting multiple metabolic pathways, HIF1 $\alpha$  can directly and indirectly support many key cellular mediators, such as the multi-functional effects of IFN $\gamma$ . Thus future studies need to investigate the use of iron chelators and their potential to be utilized as a HDT to boost the host immune response to *Mtb* infection.

## AUTHOR CONTRIBUTIONS

JP conceptualized, planned, wrote, proof read, and edited all drafts of the manuscript. SB and JK wrote, planned, proof read and edited all drafts of the manuscript. ST wrote and proof read the manuscript. SM and JS wrote the manuscript.

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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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