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# Delineation of erythropoietic intermediates by flow cytometry

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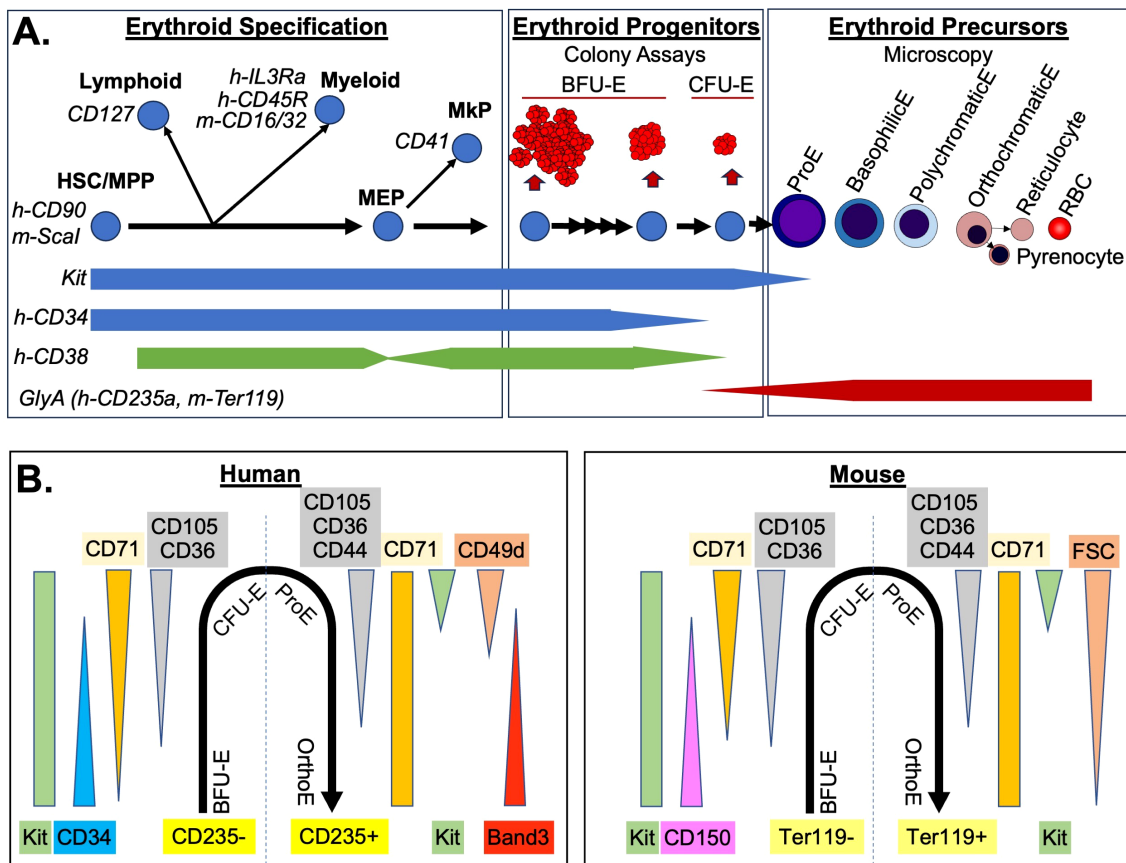
Erythropoiesis occurs through specification from multipotent progenitors to erythroid restricted potential, expansion of erythroid progenitors, and terminal maturation of precursors to red blood cells. Acute anemia can induce changes at multiple stages of erythropoiesis, thus delineation and comparison of intermediates is critical to understanding this regulation. Historically, erythropoietic intermediates have been defined by functional colony forming assays (progenitors) or microscopy (precursors). While these sensitive single cell techniques have allowed detailed studies of the erythron, they do not allow for prospectively identifying and isolating live cells for experimental analyses. This has fueled development of flow cytometric criteria for analyzing the erythron from many different research groups for both the human and mouse systems. With these data, models of the immunophenotypic continuum of the erythron can be generated progressing from the earliest erythroid specific progenitors through late erythroblasts revealing remarkable conservation between human and murine cells. Recent data have also uncovered issues with previous classification schemes of erythromyeloid progenitors that are particularly problematic for erythroid progenitors. Applying these flow cytometric tools requires consideration of gating on a continuum in a reproducible fashion, fragments of macrophages caused by tissue dissociation on a proportion of erythropoietic cells, and ultimately application in anemia where signaling may impact the range of expression of specific immunophenotyping markers.

## KEYWORDS

erythropoiesis, flow cytometry, anemia, progenitor, precursor

## Introduction

The generation of red blood cells (RBCs), erythropoiesis, can be divided into three stages ([Figure 1A](#)). First, multipotential hematopoietic progenitors differentiate to an erythroid fate. Second, erythroid specific progenitors expand massively while maturing. Third, visually distinct erythroid precursors undergo a limited number of cell divisions during terminal maturation. There is evidence that each of these stages can be modified during anemia. During terminal maturation, early release of immature erythrocytes into circulation can cause a short-term increase in RBCs ([1, 2](#)). Prolonged increases in erythroid output are achieved by increased erythroid-specific progenitors due to preservation of late



**FIGURE 1** Immunophenotyping of the Erythron. **(A)** Three stages of erythropoiesis are diagrammed. Common immunophenotyping markers used during erythroid specification (left) to remove non-erythroid intermediates are indicated in italic. General progenitor marker levels are indicated below. If specific for human or mouse, they are designated with h- or m- respectively. Erythroid specific progenitors (middle) were defined by size of colonies produced in semi-solid media and the requirement for early for burst-forming activity (BFU-E vs CFU-E). Terminal maturation of precursors (right) was defined by microscopy including reduced cell size and nuclear size of erythroblasts (E), as well as loss of basophilic (blue) staining and increase acidophilic (red) staining. Enucleated erythrocytes include the immature reticulocytes which then lose remaining organelles becoming RBC. **(B)** Immunophenotype of the erythron from erythroid specific progenitors (negative for glycoprotein A i.e h-CD235a, m-Ter119) through terminal erythroblast stages (glycoprotein A positive). Changes in common antibodies and scatter (FSC) parameters are indicated.

progenitors normally lost to apoptosis and increased number of divisions in progenitors before terminal maturation (3–6). Signals in response to anemia have also been proposed to shift multipotential progenitors more towards an erythroid fate (7–9). In contrast, when anemia occurs in combination with inflammation, inflammatory signals prioritize upstream progenitors towards myeloid output and concomitant shifts in the type and environment of early erythroid progenitors compensate to produce a bolus of erythroid cells (10). It is this orchestrated response across the erythron that produces both rapid and sustained increases in erythroid output required to resolve acute anemia. Thus, the study of response to anemia requires resolving the breadth of erythroid intermediates.

Our understanding of the various stages of the erythron has been facilitated by a long history of single cell analytical techniques. Indeed, single cell analysis of RBC began over almost 400 years ago at the dawn of microscopy when single blood “cells” were first discovered (11). The progression of erythroid precursors during terminal maturation were defined by microscopy. Decrease in cell

size and nuclear condensation are key delineators of this progression, along with changes in staining characteristics as basophilic ribosomes are lost and eosinophilic hemoglobin accumulates. The legacy of this visual classification is apparent in the names of the erythroblasts that begin as proerythroblasts then sequentially go through basophilic, polychromatophilic, and orthochromatic erythroblast stages before enucleating into visibly reticulated erythrocytes, and finally mature RBC lacking all internal organelles (Figure 1A).

50 years ago, functional single cell erythroid progenitor assays were developed based on colony growth in blood clots (12). Now carried out in semi-solid methylcellulose, erythroid progenitors are classified based on the colonies they produce with more immature progenitors producing larger colonies that take longer to mature. Additionally, cytokine requirements shift as more immature burst-forming units erythroid (BFU-E), which require “burst forming activity” cytokines such as IL-3, GM-CSF and SCF, mature into colony forming units (CFU-E) that only require erythropoietin (13, 14, Figure 1A). Most commonly, BFU-E are assayed at day 7 and 14

for mouse and human systems, respectively, whereas CFU-E are enumerated at day 2 and 7 for mouse and human systems (15). However, progenitors exist in a continuum of maturation: for example, late BFU-E have been counted at day 12 and 3 for human and mouse systems (16, 17) where murine day 3 BFU-E have been shown, along with CFU-E, to respond to erythropoietin (5, 16). Similar intermediates have been described as early CFU-E that require SCF (18). Variations of these progenitors have been associated with anemia, including inflammation-induced large immature “stress-BFU-E” that don’t require burst forming activity cytokines, and the recently defined “stress-CFU-E” which has intermediate colony size and growth characteristics similar to day 3 BFU-E (19–21).

As powerful as these historical single cell techniques are, they do not allow prospective analysis and isolation of live cell intermediates. This has fueled the development of flow cytometric criteria to identify erythroid intermediates. Flow cytometry allows investigators rapidly quantifying millions of cells, as well as sort immunophenotypically defined cell populations. This review will present the flow cytometric criteria that have been developed for all three stages of erythropoiesis, as well as address the challenges of integrating different staining approaches under conditions of acute anemia.

## Flow cytometric distinction of erythroid progenitors within the hematopoietic hierarchy

The hierarchy of hematopoietic stem and progenitor cells has been intensively investigated for many years leading to alternate models of cellular intermediates along the path to unipotential progenitors (22–26). In general, the path of generation of erythropoietic progenitors is thought to be through hematopoietic stem cell/multipotential progenitors (HSC/MPP), which first lose potential for myeloid and lymphoid fates as they become restricted megakaryocyte/erythroid progenitors (MEPs), which then differentiate into megakaryocyte progenitors (MkP) or erythroid progenitors (Figure 1A). The first step in flow cytometric gating of this hierarchy is to separate progenitors from maturing precursors by utilizing negative selection for a mix of “lineage” markers for myeloid and lymphoid cells, as well as glycophorin A (CD235a in human, Ter119 in mouse) for erythroid cells. This is paired with a positive selection for a widely expressed marker of progenitors such as kit (CD117, receptor for SCF) or CD34 (27, 28). A challenge for discriminating erythroid progenitors is that glycophorin A begins to be expressed at low levels on late-stage erythroid progenitors, and kit, as well as other late erythroid progenitor markers (such as CD36 and CD105), are still expressed on the most immature erythroid precursor, the proerythroblast (29–31). The functional colony-forming assay of CFU-E can be used to check the accuracy of the progenitor/precursor boundary based on glycophorin A in different staining protocols. A second challenge for this initial gating strategy is that CD34 is decreased on later erythroid progenitors, which

would cause them to be excluded from many standard human hematopoietic gating strategies (31, 32).

Once hematopoietic progenitors are identified, it is necessary next to query markers that separate them based on their lineage potential (Figure 1A). Commonly these markers include CD127 (IL7R) for lymphoid progenitors, and CD16/32 (FcγRII/III) in mouse, or CD45RA (B220) or IL3RA (CD123) in human for myeloid progenitors (29, 31). For the upstream compartment, HSC/MPP, Sca1 is used as a marker in mice, and in human CD38 is used as a negative marker (28, 33). However, CD38 is variable in megakaryocyte/erythroid progenitors decreasing in MEP, increasing in BFU-E only to decrease again by CFU-E stage causing potential issues with discriminating intermediates of erythroid specification (31, 32, 34, 35). Other markers that can be included are CD41 (integrin αIIb) for megakaryocyte progenitors, or in mice Esam for HSC/MPP and megakaryocytes and CD49f (integrin α6) for non-erythroid progenitors (36, 37).

One particularly problematic scheme for derivation of intermediate progenitors within erythroid/myeloid specification is the initial gating of GMP (granulocyte-macrophage progenitor), CMP (common myeloid progenitor), and MEP that is still found broadly utilized in the literature. In this scheme all myeloid/erythroid/megakaryocyte progenitors are divided into these three populations, based on high versus low expression of two markers (CD16/32 and CD34 in mouse, or IL3Ra and CD45RA in human systems) (38, 39). These three populations were termed “GMP”, “CMP”, and “MEP”, despite being mainly comprised of more abundant downstream unipotential progenitors, as evidenced by colony forming assays and later confirmed in single cell transcriptomics (25, 26, 40). “MEP” population in particular, defined as being low in both markers, contain rare bipotential MEP and unipotential MkP, as well more abundant erythroid progenitors. In mouse, more immature BFU-E with higher levels of CD34<sup>+</sup> are also found in the “CMP” population along with all other combinations of myeloid single and bipotential progenitors (38). This significant mixture of cells makes shifts in these populations difficult to interpret. More recent studies have highlighted specific markers that better discriminate erythroid megakaryocyte progenitors within these “MEP” and “CMP” populations (29, 32, 35, 41–43). In these protocols, initial gating for broad progenitors is followed by negative selection for non-erythroid lineages (Figure 1A) including CD41 for MkP and then erythroid-specific progenitors can be analyzed by combining markers such as CD150 (Slamf1), CD105 (endoglin), CD36 and CD71 (transferrin receptor) (see below).

## Flow cytometric markers of erythroid progenitor maturation

Approximately 15 years ago, groundbreaking work in the mouse demonstrated that the that had been negatively selected against HSC, lymphoid, myeloid, and megakaryocyte progenitors (Lin<sup>-</sup>kit<sup>+</sup>, Sca1<sup>-</sup>, CD127<sup>-</sup>, CD16/32<sup>-</sup>, CD41<sup>-</sup>) could be further subdivided into erythroid progenitors using CD105 (endoglin)

and CD150 expression (29). Single-positive CD150 contained bipotential MEP, as well as some BFU-E; double-positive CD150 CD105 cells contained later BFU-E and some CFU-E (termed Pre-CFU-E); and single positive CD105 cells contained mainly CFU-E. More recently, single cell transcriptomic analysis has been used to derive a variation of this gating strategy with initial gating of erythroid progenitors as CD55<sup>+</sup>, CD49f<sup>+</sup>, CD105<sup>+</sup>. Then early to late erythroid progenitors are gated based on decreasing CD150 expression, as well as increasing expression of CD71 (37). Similar maturational series of human erythroid progenitors have also been published. Starting with Lin<sup>-</sup>, CD45<sup>+</sup>, CD235a<sup>-</sup> progenitors, BFU-E can be gated as positive for CD34 and negative for CD36, with CFU-E having the reverse pattern and also expressing high CD71 (32). More recently, in a similar gating strategy to the murine system, it was found human erythroid progenitors can be gated from Kit<sup>+</sup>, CD235a<sup>-</sup> cells that were additionally negative for other lineage progenitors (CD45RA<sup>-</sup>, IL3Ra<sup>-</sup>, CD41<sup>-</sup>), and low to high for CD71. Then erythroid progenitors can be gated on a continuum using CD105 and CD34 (29, 31).

Combination these different flow cytometry strategies demonstrates two overarching conclusions about the immunophenotype of erythroid progenitors (Figure 1B). First, there is an overall conserved pattern of marker expression in human and mouse. Of the few differences, CD150 expression appears to be species-specific in murine erythroid progenitors (32, 44). Other differences may possibly be related to differences in antibody affinity. For example, despite similar onset of CD71 expression in human and murine erythroid progenitors at the RNA level, human BFU-E are CD71<sup>low</sup>, while murine BFU-E are CD71 negative (32, 37, 45). Second, examination of the flow cytometry profiles of erythroid progenitors demonstrate that they transition through these changes in marker expression along a continuum without discrete breaks in staining pattern (29, 31, 37). This continuum, reflected also in the range of size and maturation times of erythroid progenitor colony formation (Figure 1A), proves to be a distinct challenge for consistent gating using flow cytometry. Ultimately, what is critical is that cells are ranked by maturity and then segmentation of progenitor populations is consistently applied and reported in a fashion that allows others to replicate it. This can be facilitated by utilizing and reporting a biological gating control (46). For example, normal bone marrow samples can serve as a control for each experiment with gates established to derive similar percentages of maturational intermediates, and then applied to the experimental samples. For erythroid progenitor populations derived from *in vitro* differentiation, control cells with defined growth conditions could also serve a similar control function. While there will still be variability, especially with primary human samples, consistent guidelines for normal proportions will provide our best option for longitudinal studies and sharing of protocols across different machine platforms and staining panels.

## Delineating erythroid precursors by flow cytometry

Erythroid precursor progression can also be assayed in a by flow cytometry (Figure 1B). Indeed, as soon as flow cytometric analysis of

precursors was reported it rapidly was incorporated in quantitative analysis of erythropoiesis (47). Initial gating of glycophorin A positive is used, with the same caveat that low levels may be detected on CFU-Es as discussed above. Proerythroblasts are poised at the transition between progenitor and precursor and can be recognized by their staining for kit and lower levels of CD235a or Ter119 (29, 31). The intermediate erythroblasts are more difficult to gate by flow cytometry. Studies using imaging flow cytometry to overlap morphological definitions with immunophenotype have shown that they express maximal levels of glycophorin A and markers such as CD71 and CD44 change very little between basophilic and orthochromatic erythroblast stages (46). Perhaps not surprisingly, a powerful flow cytometric assay for discriminating mid-erythroblasts is light scattering measured by forward scatter (FSC). FSC is not a direct measurement of cell size but detects how much light is deflected around the cell which is affected by object size. However, FSC is also affected the light that is blocked by the cell and so is also sensitive to cell density including nuclear/cytoplasmic ratios. In murine samples, FSC decreases due to the morphological changes associated with maturation has been used and may be helpful in human erythropoiesis as well (41, 48, 49). Other measurements also correlated with morphological changes in precursor maturation include reduced staining of the vital DNA stain Hoechst, which is impeded by nuclear condensation, paired with decreased RNA in later erythroblasts detected by thiazole orange (50). In the human system, decreased expression of CD49d ( $\alpha 4$ -integrin) during erythroid maturation has been paired with the increase of Band 3 (51). As with FSC, this is another example that variations in analysis between human and mouse terminal maturation are often due to convention as mouse RBC are also rich in band3 but a commercial antibody is not yet commonly used for murine analysis. The numbers of cells in each of the erythroblast compartment increases due to a combination of precursors division to the next stage of maturation modified by differences in cell cycle between stages. Thus, accurately assigning intermediate stage erythroblast, as described by microscopy, to these flow cytometric defined subsets requires quantitative microscopy on sorted cells, or imaging flow cytometry. For the final stages of maturation, DNA stains can easily detect loss of nuclei between erythroblasts and erythrocytes. Stains for cellular components such as mitochondria (e.g. mitotracker) or RNA (e.g. thiazole orange), as well as loss of CD71 can resolve reticulocytes from RBCs (52, 53).

All together this diversity of metrics for precursor stages allows different aspects of maturation to be assayed. However, as with progenitor maturation, comparisons of precursor maturation will be most robust when used in combination with biological gating controls as described above. Finally, when proportions of erythropoietic intermediates are determined, it is important to remember that mature RBCs (Glycophorin A<sup>+</sup>, CD71<sup>-</sup>) are not an intermediate of marrow erythropoiesis but are produced from reticulocytes after they enter the circulation, and thus should not be included in the denominator of total erythropoiesis in the marrow. Instead, the RBCs in marrow samples is an indication of the circulating blood and reflects the degree of anemia, which is more accurately and directly measured by the RBC count or hematocrit from a sample of peripheral blood.

## Impact of macrophage fragmentation on analysis of the erythron

The recent finding that macrophages fragment during tissue dissociation in multiple tissues, including marrow and spleen, resulting in macrophage remnants on a wide variety of hematopoietic cells has implications for flow cytometry of erythroid cells (54). This is not an integration of macrophage membrane into the cells, i.e. trogocytosis as has been suggested for some HSC populations (55), but rather distinct, small pieces of F4/80+ macrophages attached to the outside of cells including macrophage cytoplasm. This was evident in re-analysis of single cell transcriptomic data which demonstrated contamination of macrophage-associated transcripts in a subset of all populations of hematopoietic cells (54). As erythroid cells mature *in vivo* in association with macrophages in erythroblastic islands, it is not surprising that this contamination specifically included erythroblasts, as well as progenitors (54, 56). Therefore, this must be considered when evaluating markers on erythroid cells that could be associated with macrophages. While no ameliorating dissociation protocols have been published thus far, the use of F4/80 in staining protocols could help remove those erythroid cells with macrophage remnants on them. Imaging flow cytometry or microscopic analysis of sorted cells can be used to validate the extent of macrophage contamination with this gating. However, an important consideration is this may also remove a non-random subset of erythroid intermediates based on association with macrophages and thus, depending on the downstream assay, this needs to be considered (57). While this phenomenon has not been quantitated in human primary samples, it could certainly also be an issue given macrophage erythroid interactions.

## Challenges applying erythron flow cytometry in anemia

It is important to remember that the cell surface markers used for flow cytometry are not on cells so that we can sort them but serve specific cellular functions. Therefore, under conditions that can alter function, such as anemia or inflammation, these markers may change their distribution on cells. Two known examples relevant to anemia are Sca1 and CD71. Inflammatory signals, found in many types of acute anemia, causes upregulation of Sca1 on more restricted progenitors outside of the HSC/MPP compartment (58). CD86 also marks HSC/MPP cells and is less altered by inflammation and can be used as an alternative (58). CD71 is directly regulated by erythropoietin, which is elevated in response to anemia (59). So, an increase in CD71<sup>high</sup> precursors might be due to a block in maturation, or to a delay in down-regulating CD71 in more mature erythroid precursors. Likewise, an increase in CD71<sup>+</sup> progenitors could be due to expansion of late-stage erythroid progenitors, or due to increased expression of CD71 on more immature progenitors. Thankfully, the historical single cell technologies of microscopy, imaging flow cytometry, and colony-forming assays can help clarify these alternatives and need to be

considered whenever translating steady-state immunophenotypic definitions of erythroid intermediates to anemic conditions. Interestingly, a recent paper utilizing imaging flow cytometry has shown shifts in size of erythroid progenitors downstream of erythropoietin signaling although nuclear placement was still predictive of stage (60). Culture conditions may also alter normal immunophenotypes as it is often carried out in higher oxygen, supraphysiological levels of erythropoietin, as well as a mixture of other cytokines and signaling molecules such as glucocorticoids. Additionally, while we use Ter119 staining to measure glycophorin A and it is dependent on glycophorin A expression, Ter119 actually may bind a protein closely associated with glycophorin A that can be sensitive to culture conditions (61–63). Altogether, this means that immunophenotyping of erythroid intermediates using steady-state parameters must be carefully tested when applied to anemic or *in vitro* culture conditions.

## Discussion

There are many different cell surface markers and staining approaches for focused analyses by flow cytometry of all cellular intermediates of the erythron. It is unlikely that anyone staining protocol will be optimal for all situations. Therefore, it is critical to provide transparent data on the staining panel, and gating, as well as provide verification when needed by colony-forming assays or microscopy that similar cells are being compared by different approaches and under altered conditions. However, the presence of overlapping patterns of markers in both human and mouse should facilitate comparison of current and past studies. Addition of flow cytometric analyses to the already powerful single cells analyses of microscopy and of functional colony-forming assays provide a powerful platform to interrogate the complex regulation of erythropoiesis in steady state and in response to anemia. This will only become more important as flow cytometry provides access to a wide array of biological assays of cell cycle, cell signaling, and cell death, and can provide purified cell populations for single cell assays of transcriptomics, proteomics and metabolomics.

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KM: Writing – original draft, Writing – review & editing.

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## Conflict of interest

The author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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