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# Interference of daratumumab and efficacy of plerixafor on haematopoietic stem cell collection in Multiple Myeloma

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The impact of daratumumab on CD34+ hematopoietic stem cell (HSC) mobilization has recently been a matter of concern. To address this issue, we compared CD34+ HSC-related outcomes in patients with multiple myeloma treated with daratumumab-based quadruplets (N = 44) and bortezomib/ thalidomide/dexamethasone (N = 50) before cyclophosphamide-based mobilization. Plerixafor was more often required in the daratumumab group (52% vs. 20%, p = 0.002) and, despite a lower total yield, retained its efficacy in boosting HSC harvesting (+90% vs. +79%, p = 0.463). As a result, the same proportion of patients reached their planned collection goal in the two groups, suggesting its potential to overcome the interference of daratumumab on HSC mobilization. No clinically significant differences were observed in the immediate post-autologous HSC transplant interval in the two groups.

KEYWORDS

multiple myeloma, mobilization, hematopoietic stem cell (HSC), daratumumab, plerixafor

# **1** Introduction

Daratumumab (D)-based combination therapies have become the new standard of care in newly diagnosed multiple myeloma (NDMM), with autologous stem cell transplantation (ASCT) remaining an essential phase in the treatment paradigm for eligible (TE) patients (pts). Concerns have been recently raised about the adverse impact of D on CD34+ hematopoietic stem cell (HSC) mobilization: sub-analyses of clinical trials (1, 2) and retrospective studies (3–10) have shown lower peaks circulating CD34+ cells, increased use of plerixafor (PLX), higher number of days of leukapheresis, lower yields of collected HSCs, and more mobilization failures in D-treated compared with non-D-treated pts. A delayed engraftment after ASCT in pts in the D-groups has also been discussed (1, 3, 7).

## 2 Methods

We ran a retrospective analysis of 44 TE-NDMM pts who received D-based induction therapies before ASCT between 2019 and 2022 at our institution. Twenty-six pts (59%) were treated with D-bortezomib/thalidomide/dexamethasone (DVTd) outside clinical studies, as per our institutional practice after its approval in Italy in December 2021; the remaining 18 pts (41%) were randomly assigned to the D-bortezomib/cyclophosphamide/ dexamethasone (DVCd) arm of the phase 2 EMN18 trial (NCT03896737). Pts exposed to lenalidomide as part of induction were excluded, to specifically assess the impact of D on HSCs. Fifty TE-NDMM pts matched for age and sex who had received VTd induction between 2017 and 2021 served as the control group.

At the end of induction, all pts received mobilization therapy on an outpatient basis, consisting of cyclophosphamide (CY) at 2 g/m<sup>2</sup>, as per our policy, or 3 g/m<sup>2</sup>, according to the EMN18 trial design, followed by 10 mcg/kg/day granulocyte-colony stimulating factor (G-CSF) from day +6. Circulating CD34+ cells were assessed starting on day +11 after CY with the BD<sup>TM</sup> stem cell kit and cytofluorimetric assay. Pts with >40 CD34+ cells/µL underwent daily leukapheresis with the Spectra Optia<sup>®</sup> Apheresis System for up to three consecutive days. Poor mobilizers (<20 CD34+ cells/µL) and pts with 20–40 CD34+ cells/µL after an additional day of G-CSF therapy received PLX at the dose of 0.24 mg/kg, followed by leukapheresis on the next day. PLX was also administered after the first or second day of HSC collection in case of suboptimal harvesting.

The minimum target of CD34+ cells/kg to safely perform a single or double ASCT was set at  $3 \times 10^6$  and  $6 \times 10^6$ , respectively. The indication for single or double ASCT has changed over time based on the results of the EMN02 trial (11) and the most recent EHA/ESMO guidelines (12); accordingly, the EMN18 trial design required tandem ASCT only in pts with high-risk cytogenetics. CD34+ cells were cryopreserved in liquid nitrogen with homologous plasma and dimethyl sulfoxide; before each ASCT, post-thaw CD34+ cell vitality was assessed by trypan blue staining. Neutrophil recovery was defined as >500/µL and platelet recovery was defined as >20,000/µL without transfusions.

The primary endpoints of our analysis were the number of total harvested CD34+ cells and the achievement of the collection goal; secondary endpoints included other collection outcomes, PLX use and efficacy, and post-ASCT engraftment and complications. Univariate analyses were performed with the Kruskal–Wallis test for numerical variables and Fisher's exact test for categorical variables.

# **3 Results**

Baseline characteristics were comparable between the two groups (Supplementary Table 1). The majority of pts in both groups received four cycles of induction therapy; in the remaining pts, two additional cycles were administered to maximize the depth of response, or as a bridge in case of delayed HSC collection (Supplementary Table 2).

Regarding our primary endpoints, a trend toward lower total median CD34+ collected cells was observed in D pts over controls (6.74 vs.  $8.03 \times 10^6$  CD34+ cells/kg, p = 0.06) (Supplementary Figure 1); overall, 84% of pts met their planned collection goal and more than 90% of pts harvested enough CD34+ cells to perform at least one ASCT in both groups.

The median number of days of leukapheresis was similar (1.94 vs. 1.68, p = 0.08), but D pts had a significantly lower HSC yield on the first day of collection (3.48 vs.  $5.92 \times 10^6$  CD34+ cells/kg, p = 0.004), which resulted in a significantly higher proportion of D pts needing more than a single apheresis (78% vs. 56%, p = 0.047) to reach the collection goal. Mobilization failure was observed in three D pts vs. no patient in the control group, but the difference was not significant. One D-treated patient and 4 VTd pts successfully underwent a second mobilization attempt to reach their planned collection target; this difference was not statistically significant (Table 1).

The three D pts who failed mobilization were likely to have lower hemoglobin concentration at diagnosis (6.2, 6.4, and 10.8 g/dL, respectively) than the other pts in the same group (median, 11.6 g/dL). No other baseline characteristics and neither the number of induction cycles (hence of D doses), D-free interval before CY, use of CY as part of induction therapy, nor response to induction or mobilizing CY dose showed a significant impact on harvest outcomes.

PLX was used in 23 D and 10 VTd pts (52% vs. 20%, p = 0.002), of whom 8 and 5 received two doses, respectively (not significant). Timing and indications for PLX were similar: the first dose (PLX1) was mostly given to poor mobilizers, while the second dose (PLX2) was mostly administered after the first day of leukapheresis, aimed at reaching the  $6 \times 10^6$  CD34+ cells/kg goal (Table 1). No patient-, disease-, or therapy-related variables were associated with the use of PLX in D pts.

The median peak of circulating CD34+ cells/ $\mu$ L on the first planned collection day was significantly lower in the D group than in the control group (21 vs. 81, *p* < 0.001). We analyzed the kinetics of circulating CD34+ cells in the D subgroup upon PLX use: the median CD34+ cell concentration was significantly higher after PLX1 and PLX2 compared to pre-PLX (42 and 30 vs. 9 CD34+ cells/ $\mu$ L with *p*<sub>adj</sub> < 0.001 and 0.034, respectively; the decrease after PLX2 was not significant) (Figure 1). Notably, these data were not available for all D pts.

Among D pts who received PLX, the median yield of CD34+ collected cells was null,  $3.48 \times 10^6$  cells/kg, and  $1.94 \times 10^6$  cells/kg before PLX, after PLX1, and after PLX2, respectively. The benefit was similar in controls: the median increase in collected CD34+ cells after PLX1 was of +90% and +79% in D and VTd pts, respectively, and of +10 and +16% after PLX2, compared with pre-PLX (Figure 2; Supplementary Figure 2). PLX enabled 83% of D pts and 40% of controls to reach their collection goal and ensured the harvesting of enough cells for at least one ASCT in all but two pts in the D group.

To date, all VTd pts and 93% of D pts have undergone one ASCT (ASCT1). The rate of a suboptimal stem cell yield hampering a second planned ASCT (ASCT2) was 16% in both groups. The proportion of pts who actually received a double ASCT in the D group (11%) was lower than that in the control group (44%),

#### TABLE 1 CD34+ collection outcomes and plerixafor use.

	D group N = 44	VTd group N = 50	<i>p</i> -value	
Total stem cell yield, ×10 <sup>6</sup> CD34+ cells/kg, median (range)	6.74 (0.00-14.83)	8.03 (1.05–16.38)	0.06	
Stem cell yield on 1° leukapheresis day, ×10 <sup>6</sup> CD34+ cells/kg, median (range)	3.48 (1.14–14.83)	5.92 (1.05-16.38)	0.004	
Collection goal met, n (%)	37 (84)	42 (84)	1	
Stem cell yield >3 × $10^6$ CD34+ cells/kg, $n$ (%)	40 (91)	49 (98)	0.285	
Stem cell yield >6 × $10^6$ CD34+ cells/kg, $n$ (%)	32 (73)	41 (82)	0.327	
Collection days, median (range)	1.94 (1-3)	1.68 (1-3)	0.08	
Collection days >1, $n$ (%)	32 (78)	28 (56)	0.047	
Mobilization failure, n (%)	3 (7)	0 (0)	0.198	
Circulating CD34+ cells on 1° planned leukapheresis day, cells/mm <sup>3</sup> , median [IQR]	20.90 [7.10, 42.50]	81.17 [32.98, 129.79]	< 0.001	
PLX, n (%)	23 (52)	10 (20)	0.002	
1 dose, n (%)	15 (65)	5 (50)	0.664	
2 doses, n (%)	8 (35)	5 (50)	0.664	
PLX administration	N = 23	<i>N</i> = 10		
Before 1° leukapheresis, n (%)	14 (61)	5 (50)		
After 1° leukapheresis, n (%)	7 (39)	4 (40)	0.841	
After 2° leukapheresis, n (%)	2 (9)	1 (10)		
PLX1 goals				
To reach $3 \times 10^6$ CD34+ cells/kg, $n$ (%)	6 (26)	3 (30)	0.917	
To reach $6 \times 10^6$ CD34+ cells/kg, $n$ (%)	3 (13)	2 (20)	0.017	
PLX2 administration	<i>N</i> = 8	<i>N</i> = 5		
Before leukapheresis, n (%)	0 (0)	0 (0)		
After 1° leukapheresis, n (%)	6 (75)	4 (80)	1	
After 2° leukapheresis, n (%)	2 (25)	1 (20)		
PLX2 goals				
To reach $\geq 3 \times 10^6$ CD34+ cells/kg, <i>n</i> (%)	3 (37)	1 (20)	0.285	
To reach $\geq 6 \times 10^6$ CD34+ cells/kg, <i>n</i> (%)	5 (62)	3 (60)	0.363	
ASCT1 performed, n (%)	39 (93)	50 (100)	0.183	
ASCT2 performed, n (%)	5 (11)	22 (44)	0.001	
ASCT2 not performed for insufficient collection, $n$ (%)	7 (16)	8 (16)	1	

ASCT, autologous stem cell transplant; D, daratumumab; IQR, interquartile range; n, number; PLX, plerixafor; PLX1, first dose of plerixafor; PLX2, second dose of plerixafor; VTd, bortezomib/ thalidomide/dexamethasone.

reflecting the aforementioned data from the literature (11, 12) and the EMN18 trial design; five D pts were waiting to undergo the procedure at the time of analysis.

Post-thaw CD34+ cell vitality was higher in the D vs. VTd group prior to ASCT1 (75% vs. 67%, p = 0.024), and the median number of reinfused CD34+ cells/kg was similar in the two groups. Nevertheless, hematopoietic recovery was slower in D pts after ASCT1, for both neutrophils (12 vs. 11 days, p < 0.001) and platelets

(14 vs. 12 days, p < 001), and more erythrocyte transfusions (36% vs. 14% of pts requiring  $\ge 2$  units, p = 0.031) were needed in D pts. However, no significant difference was found in terms of platelet transfusions, incidence of febrile neutropenia, life-threatening infectious complications, antibiotic therapy duration, or length of hospitalization among the two groups (Table 2). The comparison of the same variables for ASCT2 showed no statistical difference between the two groups.



#### FIGURE 1

Circulating CD34+ cells in daratumumab-treated patients who received plerixafor (PLX). In daratumumab-treated pts, circulating CD34+ cells increased from 9 CD34+ cells/µL pre-PLX (range 3–30 CD34+ cells/µL) to 42 CD34+ cells/µL after the first dose of PLX (PLX1, range 10–92 CD34+ cells/µL,  $p_{adj} < 0.001$ ) and to 30 CD34+ cells/µL after the second dose (PLX2, range 10–50 CD34+ cells/µL,  $p_{adj} = 0.034$ ); the decrease after PLX2 was not statistically significant. Pre-PLX, N = 14; after PLX2, N = 5.

## 4 Discussion and conclusions

Collectively, our analysis confirmed the interference of D-based induction therapies on the subsequent HSC mobilization, which was not affected by the cumulative D dose, or by the D-free interval before mobilization or CY dose in the range between 2 and 3 g/m<sup>2</sup>. This is in line with the results of two other monocentric studies showing no impact of D-free interval before leukapheresis (6),

number of D doses, or both (9). A Swedish multicentric study found an impact of age and radiation on the total stem cell yield (13), while a recently published case report from the Mayo Clinic group presented a case of a successful mobilization after a 3-month washout period from prolonged D administration (20 doses) following two previous mobilization failures closer to D (14). CY at the dose of 4 g/m<sup>2</sup> combined with on-demand PLX has recently been reported to be effective in most pts receiving DVTd induction



#### FIGURE 2

CD34+ cells collected in patients who received PLX. The median CD34+ cell yield in D vs. VTd pts was 0 (range 0-1.52) vs. 0.60 (range 0-3.19) CD34+ cells/kg pre-PLX; 3.48 (range 0-9.93) vs. 2.95 (range 0.88-6.05) CD34+ cells/kg after PLX1; 1.94 (range 0.69-3.06) vs. 1.70 (range 1.09-4.19) CD34+ cells/kg after PLX2. The median increase in CD34+ cell yield was similar in the two groups: by 1.9 times in D pts vs. 1.8 times in VTd pts (p = 0.463) after PLX1 and by 1.1 vs. 1.2 times (p = 1) after PLX2, compared to pre-PLX. Pre-PLX D, N = 22; VTd, N = 10; after PLX1 D, N = 22; VTd, N = 10; after PLX2 D, N = 8; VTd, N = 5. D, daratumumab; PLX, plerixafor; PLX1, first dose of plerixafor; PLX2, second dose of plerixafor; VTD, bortezomib/thalidomide/dexamethasone.

	D group N = 39	VTd group N = 50	<i>p</i> -value
CD34+ cells vitality, %, median [IQR]	75 [65–80]	67 [61-74]	0.024
CD34+ cells reinfused, ×10 <sup>6</sup> /kg, median (range)	3.09 [2.66, 3.62]	3.37 [2.88, 3.95]	0.12
Time to neutrophil engraftment*, days, median [IQR]	12 [11-13]	11 [11-12]	<0.001
Time to platelet engraftment°, days, median [IQR]	14 [13-15]	12 [11-13]	<0.001
Red blood cell units transfused, mean	0.64	0.24	0.019
Red blood cell units transfused >1, <i>n</i> (%)	14 (36)	7 (14)	0.031
Platelet units transfused, median [IQR]	1 [1-2]	1 [1-2]	0.216
Febrile neutropenia, n (%)	18 (46)	19 (38)	0.577
Grade 3 febrile neutropenia, <i>n</i> (%)	1 (5)	2 (10)	0.963
Antibiotic therapy duration, days, median [IQR]	6 [5-7]	6 [4-9]	0.93
Hospitalization, days, median [IQR]	20 [19–21]	19 [18–20]	0.063

TABLE 2 Hematopoietic recovery and complications after the first autologous stem cell transplant.

\*Absolute neutrophil count >  $500/\mu$ L.

°platelet count > 20,000/µL.

D, daratumumab; IQR, interquartile range; n, number; VTd, bortezomib/thalidomide/ dexamethasone.

therapy, though the lack of a control group hampered researchers to draw any firm conclusions (13).

Since numerous studies have demonstrated a higher requirement for PLX in D-treated pts, our analysis was aimed at evaluating its efficacy in this population compared with a non-Dtreated group. PLX has shown to be effective in improving circulating CD34+ cell levels and mitigating the effects of D on HSC collection outcomes, demonstrating efficacy in boosting the CD34+ cell yield similar to that of the control group. These data are consistent with recent findings showing upregulation of cell adhesion genes on CD34+ cells after D-based therapy, suggesting this mechanistic effect as potentially crucial in impairing the mobilization of HSCs (15).

Overall, the addition of D to the induction triplets did not significantly compromise the feasibility of planned ASCT(s). Engraftment was slightly delayed after ASCT1, but this did not translate into higher rates of complications.

The main limitations of our study include the small sample size reflecting the monocentric design and the retrospective nature, which may have limited the statistical power of several analyses. On the other hand, the case-match comparison somewhat increases the reliability of the study. Published experiences comprise a variety of D-based combinations, mobilization strategies, and collection targets, making a proper meta-analysis impractical. Prospective randomized studies are required to formally assess the optimal mobilization strategy for D-treated pts.

# Data availability statement

The raw data supporting the conclusions of this article will be made available by the corresponding author upon reasonable request, without undue reservation.

## **Ethics statement**

The studies involving humans were approved by Comitato Etico Area Vasta Emilia Romagna. The studies were conducted in accordance with the local legislation and institutional requirements. The participants provided their written informed consent to participate in this study.

## Author contributions

FB: Conceptualization, Formal analysis, Investigation, Writing original draft, Writing - review & editing. PT: Conceptualization, Investigation, Writing - review & editing. AG: Investigation, Writing - review & editing. GM: Data curation, Formal analysis, Writing - review & editing. VS: Data curation, Formal analysis, Writing - review & editing. SB: Writing - review & editing, Writing - original draft. BS: Investigation, Writing - review & editing. EC: Investigation, Writing - review & editing. EF: Investigation, Writing - review & editing. MT: Investigation, Writing - review & editing. MP: Investigation, Writing - review & editing. IR: Investigation, Writing - review & editing. SR: Investigation, Writing - review & editing. KM: Investigation, Writing - review & editing. LP: Investigation, Writing - review & editing. MC: Conceptualization, Formal analysis, Supervision, Writing - review & editing. EZ: Conceptualization, Formal analysis, Investigation, Project administration, Supervision, Writing - review & editing.

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# Conflict of interest

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The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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## Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/frhem.2024. 1386973/full#supplementary-material

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