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Viral reactivation was previously reported after severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2) infection but was seldom documented after SARS-CoV-2 vaccination, except varicella-zoster virus and cytomegalovirus. Here, we present a case of reactive Epstein–Barr virus (EBV)-associated hemophagocytic lymphohistiocytosis (HLH) and thrombosis with thrombocytopenia syndrome after receiving SARS-CoV-2 mRNA vaccination. Antiplatelet factor 4 antibody was detected, and the bone marrow study showed hemophagocytosis and was positive in the immunohistochemistry staining for EBV-encoded small nuclear RNAs and negative staining for CD3 and CD56 markers of small lymphocytes. The high percentage of CD38 ^{high}/HLA-DR⁺ cells among CD8⁺ T cells further confirmed HLH. After intravenous administration of immunoglobulin, the clinical symptoms, D-dimer level, fibrinogen, platelet count, EBV-DNA titer, and anti-PF4 level were all improved. Further investigation into the pathogenesis of vaccine-associated EBV reactivation, such as TNF- α , interleukin-1 β (IL-1 β), and interleukin-6 (IL-6), is warranted.

KEYWORDS

hemophagocytic lymphohistiocytosis, Epstein Barr virus, thrombosis with thrombocytopenia syndrome, SARS-CoV-2 vaccination, intravenous immunoglobulin (IVIG)

Introduction

In the era of severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2), vaccination remains one of the essential prevention strategies to mitigate SARS-CoV-2 spread. Several kinds of vaccination are available worldwide, including nucleoside-modified messenger RNA (mRNA)-based vaccines, adenovirus-based DNA vector vaccines, and protein-based vaccines. Certain rare adverse events including thrombosis with thrombocytopenia syndrome (TTS), myocarditis, and Guillain-Barré syndrome were reported following SARS-CoV-2 vaccination (1, 2). Further, vaccine-associated viral reactivation was also reported. Varicella-zoster virus (VZV) reactivation was reported directly associated with the mRNA vaccine (3). Cytomegalovirus (CMV) reactivation was noted in a patient who received the adenovirus-based DNA vector vaccine ChAdOx1 nCoV-19 (4). Viral reactivation including VZV, CMV, and Epstein-Barr virus (EBV) was previously documented in patients with SARS-CoV-2 infection (5). Particularly, EBV reactivation in these patients correlates with higher mortality, and they suffer from long-lasting complications including fatigue, brain fog, and rashes (6). Nonetheless, whether EBV could be reactivated after SARS-CoV-2 vaccination remains unknown

TTS is a rare but severe side effect of SARS-CoV-2 vaccination (1, 7). This complication is characterized by severe thrombosis with moderate-to-severe thrombocytopenia. The presence of antiplatelet factor 4 (PF4) antibodies is essential for both TTS diagnosis and intravenous immunoglobulin (IVIG) treatment.

Hemophagocytic lymphohistiocytosis (HLH) is a rare disease (8) (8). The pathogenesis of HLH mainly results from excessive immune activation, where activation of T cells, natural killer (NK) cells, and macrophages aberrantly induce tumor necrosis factor- α , interferon- γ , interleukin (IL)-1, IL-2, and IL-6. Consequently, a cytokine storm occurred, and immune homeostasis is disrupted. Limited cases regarding HLH triggered directly by influenza or SARS-CoV-2 vaccinations have been reported (9, 10). Since HLH is life threatening, immediate diagnosis and effective intervention are crucial. Herein, we present a case of reactive EBV-associated HLH and TTS following BNT162b2 mRNA SARS-CoV-2 vaccination and was successfully treated by IVIG treatment.

Case description

A 25-year-old Chinese man has a history of infectious mononucleosis with EBV at the age of 16 years based on the serology study. He had his second vaccination with the BNT162b2 mRNA COVID-19 vaccine on December 2, 2021. He remained well until 2 months later. He had a fever at 40°C with diffused headache and fatigue on February 17, 2022. The

symptoms were aggravated at night, but there was no neurologic motor deficit of the head and limbs. He denied travel history and contact with wild animals and people showing similar symptoms. He also denied bowel habit change or urination abnormality. Physical examination did not reveal abnormality on the skin and joints. Laboratory data revealed elevated liver function (alanine aminotransferase, 323 U/L; reference, 10-50 U/L), thrombocytopenia (platelet, 75×109 cells/L; reference, 150-400 cells/L), elevated ferritin level (19,353 ng/mL; reference, 30-400 ng/mL), elevated D-dimer level (30.35 mg/L; reference, <0.55 mg/L), elevated lactate dehydrogenase (LDH) (283 U/L, reference value: ≦250 U/L) and low fibrinogen (63 mg/ dL, reference value: 190-380 mg/dL). The abdominal echogram showed splenomegaly (75 × 54 mm), and computed tomography of the chest and abdomen revealed marked splenomegaly. He initially received a 2-week course of empirical antibiotics with ceftriaxone plus doxycycline. However, the fever fluctuated with episodic transient loss of consciousness. Ecchymosis and skin rash gradually developed all over the extremities. All cultures yielded no growth of pathogens.

We then conducted serological screening for viruses, atypical pathogens, and rheumatic illness (Supplementary Table 1). The EBV-DNA level was 25, 004 copies/mL (reference value: not detected). Otorhinolaryngologic examination and positron emission tomography of the whole body found neither active lesion over the field of ear, nose, and throat nor EBV-associated malignancies (lymphoma and nasopharyngeal carcinoma). There were positive IgG to the EBV early antigen and capsid antigen and negative IgM to the EBV capsid antigen, indicating chronic EBV reactivation. The anti-PF4 IgG test showed a positive result (optical density (OD), 0.6; reference, <0.4 OD), indicating probable TTS. The bone marrow study revealed the presence of hemophagocytosis (Figures 1A, B). Through immunohistochemistry (IHC) staining, EBV-encoded small nuclear RNAs were positive (Figure 1C) and small lymphocytes with no expression of CD3 and CD56 (Figures 1D, E). Modified flow cytometry for active T-cell phenotype was performed to distinguish the HLH or early sepsis (11). There were 44.2% CD8-positive T cells in the sample, and 19.2% of CD8+ T cells were composed of CD38 high/HLA-DR+ cells. For HLH diagnosis, the threshold was >7% CD38 high//HLA-DR+ among CD8+ T cells (Figure 1F). Therefore, the diagnosis of HLH was confirmed. We titrated the steroid dose and administered IVIG on March 4, 2022. The follow-up laboratory data revealed improvement in hepatic enzymes, platelet count, LDH, EBV-DNA titer, fibrinogen, Ddimer, and anti-PF4 antibody (Figure 2). The intravenous dose of dexamethasone was titrated every week and was shifted to oral administration before discharge. We arranged discharge on April 6, 2022. The written informed consent for publication was obtained from the patient. The institutional review board of the Chang Gung Memorial Hospital approved this study (IRB no. 202200809B0).



FIGURE 1

Bone marrow study. (A) Hemophagocytes were present. The red arrow indicated hemophagocytes. (B) The red arrow indicated foamy histocyte. Hemophagocyte was typically presented in hematoxylin and eosin staining (50× magnification). One histiocyte phagocytosed a nucleated red blood cell located in the middle of the figure (Red arrow). (C) Presence for EBV by IHC staining. The red arrow indicated that some lymphocytes were positive for EBV-encoded small RNA (EBER). (D) IHC staining for CD3-positive T cells. Unlike EBER-positive lymphocytes, CD3-positive cells (red arrow) were scarce with no aggregation, which excluded the possibility of T-cell lymphoma. (E) IHC staining for CD56-positive cells. There was no CD56-positive lymphocyte in the patient's bone marrow. The purple part (B) was the bony structure of bone marrow. IHC, immunohistochemistry. (F) HLH was confirmed by flow cytometric analysis in peripheral blood T-cell phenotypes at diagnosis. In the left panel, the percentage of CD8⁺ T-cell was up to 44.2% in the red square, and 19.2% of CD8⁺ T-cells were composed of CD38 ^{high}/HLA-DR⁺ cells. We showed the difference in the percentage of CD38 ^{high}/HLA-DR⁺ cells in CD8⁺ T-cells between a case with HLH (the middle panel) and a case without HLH (the right panel) by using the same gating strategy. Only 0.17% CD8⁺/CD38 ^{high}/HLA-DR⁺ cells is found in the patient without HLH but 8.5% CD8⁺/CD38 ^{high}/HLA-DR⁺ cells is found in our patient with HLH. The yellow dots represent the cells with CD8⁺/CD38 ^{high}/HLA-DR⁺ cells and the green dots represent the cell with CD8⁺/CD38 ^{low} or HLA-DR⁻ cells.



Clinical response of the levels of (A) D-dimer, platelet count, fibrinogen, (B) anti-PF4 antibody, and (C) EBV-DNA titers after steroid and IV use. IVIG, intravenous immunoglobulin. After IVIG treatment, the levels of D-dimer, platelet, and fibrinogen returned to the normal range gradually. Meanwhile, the EBV-DNA titer decreased after the anti-PF4 antibody decreased.

Discussion

Certain viral reactivation following SARS-CoV-2 vaccination was previously reported including VZV and CMV (3, 4). We reported a rare case of reactivation of chronic EBV-associated HLH and TTS after the BNT162b2 mRNA SARS-CoV-2 vaccination. HLH is an aggressive syndrome of excessive immune activation that causes tissue destruction and multiple organ failure. The pathogenesis of HLH is associated with T cell activation with the excessive activation of immune cells and uncontrolled inflammation reaction (12). Infection is the common etiology (13, 14). Other possible causes for HLH development include malignancy and autoimmune disease (15). The EBV-associated HLH feature of the current case was shown at bone marrow biopsy

using IHC staining and was further confirmed by the specific T-cell phenotype using flow cytometry (>7% CD38 high/HLA-DR+ among CD8+ T cells) in Supplementary Figure 1. Patient's clinical presentations including high fever, cytopenia, and splenomegaly were also compatible with the clinical course of HLH. Moreover, the presence of anti-PF4 IgG and unusual coagulopathy (elevated D-dimer level and low fibrinogen level) were usually observed in patients with TTS presentation after SARS-CoV-2 vaccination (16). Immediate administration of high-dose steroid and IVIG alleviated the patient's clinical symptoms and gradually improved the levels of D-dimer, fibrinogen, EBV-DNA titer, and anti-PF4 IgG and platelet count. To our knowledge, this is the first case clearly presenting reactivated EBV-associated HLH and TTS following SARS-CoV-2 mRNA vaccination.

The diagnosis of HLH needs to exclude multiple organ failure, malignancy, and sepsis. Timely and accurate diagnosis is critical for immediate curative treatment. The finding of hemophagocytosis in bone marrow is neither sensitive nor specific for HLH. There are two essential diagnostic criteria (Table 1). According to the HLH-2004 diagnostic guidelines, the clinical features should meet five of eight items for HLH diagnosis (17). A total score of HScore over 169 indicates at least 93% sensitivity and 86% specificity for adult HLH (18). In the present case with EBV reactivation following vaccination, the patient had cultures negative for pathogen growth, no presence of malignancies and no organ failure. His clinical presentation met five of the eight items of the HLH-2004 criteria and the total HScore was 206, indicating the presence of HLH. Recently, the distribution of unique T-cell subtype investigated by flow

TABLE 1 Our case meets the HLH criteria at diagnosis.

HLH-2004 criteria	
Fever	Yes
Splenomegaly	Yes
Bicytopenia	No
Hypertriglyceridemia or hypofibrinogenemia (Fasting triglycerides≧265 mg/dl or Fibrinogen≦1.5 g/	Yes
L)	
Hemophagocytosis	Yes
Ferritin >500 mcg/L	Yes
Low/absent NK cell activity	Unavailable
Soluble CD25 elevation	Unavailable
HScore	
Known underlying immunosuppression	No
Temperature (>39.4°C)	Yes (> 40°C)
Organomegaly	Yes (splenomegaly)
Number of cytopenias	1
Ferritin, ng/mL (> 6,000)	Yes (19,353)
Triglyceride, mg/dL	No
Fibrinogen, mg/dL (≦250)	Yes

HLH, hemophagocytic lymphohistiocytosis; NK cell, natural killer.

cytometry helps clinicians differentiate HLH from early sepsis and healthy individuals (11). Patients with >7% of CD38 high/ HLA-DR+ cells among CD8+ T cells probably develop HLH (11). In our patient, 19.2% of CD8+ T cells were composed of CD38 high/HLA-DR+ cells in his T-cell distribution. Taken together, HLH is definitely present in this patient.

We compared our case with other previously reported vaccineassociated HLH cases following SARS-CoV-2 vaccination (Table 2). The salient clinical feature in the present case is the simultaneous presence of HLH and anti-PF4 antibody that was not reported in previous vaccine-associated HLH cases following SARS-CoV-2 vaccination (16). The presence of pathologic anti-PF4 antibody probably induced by the adenovirus vector or spike protein of SARS-CoV-2 leads to hyperinflammation syndrome mediated by macrophage-secreted IL-1 β (19) (18). Currently, the presence of anti-PF4 antibody is considered one of the major criteria for vaccine-associated TTS (7). The positive finding of anti-PF4 IgG in our case also offers an indication for IVIG treatment that could neutralize this pathological antibody (16, 20).

The goal of HLH management is to suppress a life-threatening hyperinflammation response. Several therapeutic strategies including chemotherapy, interferon-y, alemtuzumab (anti-CD52), anakinra (anti-IL-1), anti-IL-6, and ruxolitinib (JAK2 inhibitor) are clinically applied to modulate immune hemostasis (21-24). IVIG treatment for HLH is only recommended for patients with less disease severity (14). The possible mechanism of IVIG for anti-inflammation ability is through suppressing the complement activation, neutralizing cytokines, and blocking macrophage Fc receptors (14, 25). In our case, IVIG was applied to neutralize the pathologic anti-PF4 antibody, not to target the EBV-infected lymphocytes. EBVassociated HLH is commonly seen in Asia, and early chemotherapy with the HLH-94 protocol improves the outcome (14, 26, 27). However, chemotherapy is seldom utilized for patients with vaccine-associated HLH. Targeting the underlying causes that induce HLH such as infection, vaccination, or rheumatic illness and using a less toxic therapeutic regimen could be an alternative for clinically stable patients with HLH (13). In our case, high-dose steroids and lower-dose IVIG (0.5 mg/kg) showed good clinical benefit in all clinical parameters including symptoms, laboratory data, and anti-PF4 antibody. Hence, early intervention using steroid and IVIG to patients with HLH could improve the outcomes.

The lack of data pertaining to essential inflammatory cytokine levels and NK cell activity are limitations to this case report. For example, the plasma levels of inflammatory cytokines, including TNF- α , interleukin-1 β (IL-1 β), and interleukin-6 (IL-6) can help to identify the inflammatory phenotype. Further, the investigation regarding the correlation between SARS-CoV-2 vaccination and EBV reactivation is needed as the vaccination program remains one of the globally recognized policies for SARS-CoV-2 prevention. Although steroids and IVIG are effective in the current case, close surveillance for clinical symptoms and laboratory data are required since the triggers to HLH could be EBV reactivation,

Our Case (EBV)

TABLE 2 The differences between our case with EBV-associated HLH and TTS after SARS-CoV-2 mRNA vaccination and other cases after Covid-19 vaccinations.

	Our Case	HLH after Covid 19 vaccine
Vaccination type	mRNA	mRNA/ Adenoviral vector vaccine
HLH-2004 criteria	Yes	Yes
HScore	Yes	Yes
Viral reactivation	EBV	No
Unique CD8+T cells (CD38 high/HLA-DR+ cells) for HLH	Yes	Not available
Anti-PF4 antibody	Yes	Not available
Serological evidence for virus infection	Yes	Not available
Onset time	Nearly 2 months	Within 28 days

HLH, hemophagocytic lymphohistiocytosis; EBV, Epstein-Barr virus; Anti-PF4 antibody, anti-platelet actor 4 antibody;

anti-PF4 antibody, or both. Aggressive treatment including chemotherapy, anakinra, or ruxolitinib should be initiated immediately if the clinical presentation turns worse.

In conclusion, EBV-reactivated HLH and TTS could simultaneously occur following SARS-CoV2 vaccination. EBV has a malignant transformation potential and is associated with malignancies (28). The incidence of SARS-CoV2 vaccinationassociated EBV reactivation should be closely monitored in the era of COVID-19.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material. Further inquiries can be directed to the corresponding authors.

Ethics statement

The studies involving human participants were reviewed and approved by the institutional review board of the Chang Gung Memorial Hospital (IRB no. 202200809B0). The written informed consent for publication was obtained from the patient.

Author contributions

Y-SC and J-JY treated the patient. Y-SC also wrote the manuscript. T-CC provide us the pathology result of bone marrow. Y-HW interpreted the result of the flow cytometry. C-YH and K-YY organized the group and revised the article. All authors read and approved the final manuscript.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/ frhem.2022.983424/full#supplementary-material

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