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[Soil porosity as a key factor of soil](https://www.frontiersin.org/articles/10.3389/fenvs.2024.1535193/full) [aggregate stability: insights from](https://www.frontiersin.org/articles/10.3389/fenvs.2024.1535193/full) [restricted grazing](https://www.frontiersin.org/articles/10.3389/fenvs.2024.1535193/full)

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Overgrazing leads to steppe degradation and soil structure deterioration, which is common in desert steppes. Restricted grazing is a sustainable practice, but the mechanisms by which soil structure responds to restricted grazing have received little attention. This study examined the effects of two different grazing management strategies, namely, restricted grazing and free grazing (CK), on soil structure indicators in the desert steppe. The restricted grazing further included grazing exclusion (GE) and seasonal grazing (SG). Additionally, a preliminary exploration was conducted to identify the main factors affecting the soil aggregate stability. Our results demonstrated that GE significantly increased clay (<0.002 mm) and silt $(0.002-0.02$ mm) in the 0-10 cm and 10–20 cm layers by an average of 71.27% and 70.64%, respectively. Additionally, SG significantly increased clay (<0.002 mm), silt (0.002–0.02 mm), and macroaggregates (>0.25 mm) in the 0–10 cm layer. GE significantly increased soil organic carbon in the 0–10 cm and 10–20 cm layers by 7.02 g/kg and 7.45 g/kg, respectively. In addition, SG had no significant effect on soil organic carbon. The findings obtained from the computations using the boosted regression tree (BRT) demonstrated that, within the study period, soil porosity significantly affects soil aggregate stability compared to other factors. Moreover, it possessed an average explanatory power that surpassed 45%. Overall, the soil structure is better under GE than under SG, and GE is the key to improving the soil structure of desert steppe. The research will contribute to a more profound comprehension of the impact of grazing on soil structure. Therefore, it is recommended that grazing closures be prioritized in desert grasslands to promote coordination between grassland restoration and livestock development.

KEYWORDS

soil aggregate stability, desert steppe, soil organic carbon, grazing exclusion, soil porosity

1 Introduction

Steppe ecosystems are a vital component of the natural environment, covering approximately 40% of the total land area and serving numerous ecological and productive roles [\(Tian et al., 2021;](#page-11-0) [Liu et al., 2023\)](#page-11-1). These ecosystems predominantly exist in arid and semiarid regions susceptible to global environmental changes, characterized by fragile ecosystems and a high risk of soil erosion. Soil dispersion and water permeability properties significantly contribute to soil erosion vulnerability. Good soil structure is critical for enhancing soil stability and effectively combating erosion [\(Abu-](#page-10-0)[Hamdeh et al., 2006](#page-10-0); [Kinnell, 2018](#page-11-2); [Gao et al., 2024\)](#page-11-3). The dual nature of soil structure can be delineated as the unity of aggregates and pores. In the long run, soil aggregates have a more comprehensive range of functions than pore space alone ([Yudina and Kuzyakov,](#page-12-0) [2023](#page-12-0)). Soil aggregate formation increases soil cohesion and reduces soil erosion ([Yudina and Kuzyakov, 2019;](#page-12-1) [Phefadu and Munjonji,](#page-11-4) [2024](#page-11-4)). Also, soil aggregates have comparable water-holding and aerated pore space, and the soil is highly permeable, which also favors erosion resistance [\(Ferreira et al., 2023\)](#page-11-5). As early as 1983, it was pointed out that soil aggregate stability indicates the indices of soil erodibility ([Egashlra et al., 1983\)](#page-11-6). In the Water Erosion Prediction Project (WEPP) model, Agglomerate stability is also recognized as one of the most critical soil indicators for soil erosion [\(Karlen and Stott,](#page-11-7) [2015](#page-11-7); [Xiao et al., 2017](#page-12-2); [Zhu et al., 2018](#page-12-3)).

The utilization of steppe ecosystems for grazing represents a pivotal aspect of their management, exerting a considerable influence on the configuration and functionality of these ecosystems [\(Reinhart et al., 2021](#page-11-8)). Soil erosion and degradation of grassland ecosystem services and functions caused by inappropriate grazing have become a global problem ([Zhang](#page-12-4) [et al., 2018](#page-12-4); [Bardgett et al., 2021\)](#page-10-1). It is estimated that the degraded grassland area in China has reached 90% ([Zhu et al.,](#page-12-5) [2021\)](#page-12-5). It is imperative to identify suitable grazing practices that can alleviate grassland degradation and ensure the long-term stability of grassland ecosystems ([Rojas-Briales, 2015\)](#page-11-9).

Since the 1960s, grassland privatization has led to the loss of selfrecovery of desert steppe in northern China and reduced soil productivity ([Conte and Tilt, 2014](#page-10-2); [Ye et al., 2023\)](#page-12-6). This severe consequence has prompted the government to prioritize this issue. In 2003, a 'Returning Grazing Land to Grassland' policy was introduced to restore degraded steppe, including grazing bans and seasonal grazing [\(Li et al., 2013](#page-11-10)). The objective of these measures is twofold: firstly, to enhance plant diversity and, secondly, to restore the functioning of steppe ecosystems by improving soil structure through a series of reciprocal mechanisms ([Franzluebbers et al., 2012](#page-11-11); [Enriquez](#page-11-12) [et al., 2021;](#page-11-12) [Nael et al., 2024](#page-11-13); [Blanco-Sepúlveda et al., 2024\)](#page-10-3). Different grazing patterns affect the degree of soil disturbance, which in turn causes dynamic changes in soil structure indicators ([Blanco and Lal,](#page-10-4) [2023](#page-10-4)). Therefore, research on grassland restoration should focus on the response of soil structure indicators to changes in grazing patterns ([De Boer et al., 2018](#page-10-5); [Lai and Kumar, 2020\)](#page-11-14). Conversely, the evidence suggests that moderate grazing can help offset these impacts, although this approach does result in a corresponding decrease in soil organic carbon ([Lai and Kumar, 2020\)](#page-11-14). A reduction in grazing levels results in a notable decrease in soil compaction, primarily caused by livestock trampling [\(Romero-Ruiz et al., 2023](#page-11-15)). A systematic framework has been developed to predict changes in soil structural properties associated with livestock-induced soil compaction [\(Romero-Ruiz](#page-11-15) [et al., 2023\)](#page-11-15). Seasonal grazing promotes sustained restoration of grassland soils by reducing the duration of grazing, but scientists have paid little attention to it [\(Chen and Baoyin, 2024\)](#page-10-6). One of the few examples is a study in a typical steppe in China, which demonstrated that seasonal grazing can reduce the adverse effects of grazing on pore characteristics ([Yang et al., 2024\)](#page-12-7).

Many studies have been conducted on the effects of grazing on grassland soil aggregates. These studies have shown that grazing exclusion significantly increases the number and stability of soil aggregates, as well as the erosion resistance of soils. These studies have attributed the improved stability of soil aggregates to increased organic carbon [\(Deng et al., 2018](#page-10-7); [Dong et al., 2022\)](#page-10-8). Other studies point out that soil texture controls the formation of specific aggregates, where larger-diameter aggregates are positively correlated with increased clay content [\(Schweizer et al., 2019\)](#page-11-16). Some other studies have shown a significant positive correlation between porosity and soil aggregate stability. During the decomposition of plant residues by microorganisms, phenolic acids are released. At the same time, the decomposition of amino acids in the residues triggers an instantaneous stabilization of the aggregates. The interaction of phenolic acids with the instantly formed aggregates further enhances the soil aggregates stability ([Martens, 2000\)](#page-11-17). The contradictory results of these studies prompted us to explore the main factors affecting the soil aggregate stability.

This study utilizes a 20-year-long field experiment to fill this gap in the mechanisms by which soil structure indicators respond to restricted grazing and to explore differences in scores of factors influencing soil aggregate stability in a desert steppe. Three field observation sites were established using fences to desert steppe in Inner Mongolia, these were designated as grazing exclusion (GE), seasonal grazing (SG), and free grazing (CK), each defined by fenced boundaries. Therefore, the research objectives of this study were defined as follows: (1) To assess the effects of different grazing practices on soil structure indicators, quantitatively evaluate soil particle size composition, soil bulk density, soil aggregate composition, soil aggregate stability, and soil organic carbon under varying grazing practices; and (2) To explore the primary factors influencing changes in soil aggregate stability. The results of this experiment aim to provide a theoretical foundation for the adaptive management of steppe ecosystems and contribute to efforts to slow down or reverse steppe degradation.

2 Materials and methods

2.1 Overview of the Study area

The study area is in Baotou, Inner Mongolia, within the southeastern portion of Darhan Muminggan United Banner (coordinates: 41° 21′3.96″N, 111° 12′35.79″E) ([Figure 1](#page-2-0)). It is at approximately 1600 m and has a semiarid continental climate. The annual mean temperature is 3.4°C, the annual mean rainfall is 282 mm, and the annual mean evapotranspiration is 2,225 mm. The soil in this area is calcareous, with a thin humus layer and low organic matter content, and the soil layer is about 40 cm deep. The dominant plant taxa are Stipa grandis, Leymus chinensis, Agropyron cristarum, and Cleistogenes squarrosa.

2.2 Experimental design and soil sampling

The experiment was conducted at the Yinshanbeilu Grassland Eco-hydrology National Observation and Research Station

(Yinshanbeilu Station). Three grazing plots were established: restricted grazing (GE and SG) plots were set up on flat terrain under similar natural conditions, and CK in the periphery was set as a control. According to the Yinshanbeilu Station records, the area has been grazed since 1960. The three plots were adjacent and at the same altitude to prevent climate and other factors from influencing the experimental results.

To ensure the greatest possible consistency in grazing intensity, the specifications of plots were varied. Among them: (1) The GE plot has been closed to grazing since 2002, using a 2.0 m wire mesh fence to exclude livestock. The sample plot size was 400 m \times 300 m, with no grazing activities, and the vegetation coverage is approximately 92.10%. (2) The SG plot, seasonal grazing (November to April), was introduced in 2002 and enclosed with a 2.0 m barbed wire fence. The sample plot size was 300 m \times 250 m, with a grazing intensity of 0.5-1 sheep ha-1, and the vegetation coverage is approximately 60.10%. (3) The CK plot has been fenced off with barbed wire since 2002 and has been under continuous grazing by local herders. The size of the sample plot was 400 m \times 200 m. The grazing intensity ranges from 0.5 - 1 sheep ha⁻¹ between November and April and $1-1.5$ sheep ha⁻¹

from May to October, and the vegetation coverage is approximately 48.80%. Each plot adopts the same grazing system as the local herders, feeding from 7:00 to 19:00 and driving back to the sheepfolds to rest in the evening. Three 20 m \times 20 m test plots were randomly established as replicates within each grazing method sample plot.

Three 1 $m \times 1$ m sample plots were randomly picked from each grazing area, swith a slope of 2.2° –3.0°. Subsequently, the soil samples were collected in layers from different depths, including 0–10 cm, 10–20 cm, 20–30 cm, and 30–40 cm, by utilizing a 100 cm³ sampling ring. It is worth noting that no rainfall occurred during the initial 10 days at the sampling locations, nullifying any potential influence that rain could have exerted on the soil characteristics.

2.3 Analysis of soil samples

The mechanical composition of the soil was determined as follows: First, the air-dried soil was crushed, and any foreign matter was removed. Then, the resulting material was passed through a 2 mm sieve. After that, a Malvern Mastersizer-3000 (Malvern Instruments Ltd., Malvern, UK) model laser particle sizer was used to determine the soil particle size composition for further analysis. Finally, the results were classified by the International Standard Classification of Soils (ISCS). SOC was measured with $K_2Cr_2O_7-H_2SO_4$ [\(Noulèkoun et al., 2021](#page-11-18)). The samples collected by the ring knife ($V = 100$ cm³) were divided into two groups. A group of soil samples was placed in an oven at a temperature of 105°C \pm 2°C, dried to a constant weight, and then weighed (Gs, g). The other set of soil samples was divided into two, weighed and soaked in static water for 1–2 h and 6 h and taken out for weighing respectively. Based on the above measurement, soil bulk density (BD), total porosity (TP), capillary porosity (CP), and non-capillary porosity (NCP) were calculated by [Equations 1](#page-3-0)–[4](#page-3-1).

$$
BD = G_s/V \tag{1}
$$

$$
TP = (W_{6H} - W_1 - W_D)/V
$$
 (2)

$$
CP = (W_{2H} - W_1 - W_D)/V
$$
 (3)

$$
NCP = TP - CP
$$
 (4)

Where: W₁:weight of ring cutter(g); W_{6H} is weight of ring cutter with soil after 6 h of water absorption (g); W_{2H} is weight of ring cutter with soil after 2 h of water absorption (g).

The soil clumps within the soil samples were manually fragmented into pieces with a diameter of approximately 10 mm. After air-drying, extraneous substances were meticulously removed with the assistance of tweezers. Subsequently, a 50 g sample was procured and placed into the sieve set of the DIK-2012 Aggregate Analyzer. The sieve set is configured with apertures of 2 mm, 1 mm, 0.5 mm, and 0.25 mm. Distilled water was gradually added along the bucket's rim until it covered the soil samples completely. Following a stationary period of 2 min, the shaking process was initiated at 30 oscillations per minute with a shaking amplitude of 38 mm. The shaking operation was concluded after 5 min. The remaining soil particles in the various sieves were then dried to a constant weight on an electric hot plate maintained at 60° C. They were subsequently weighed, and the proportions of water-stable aggregates of different particle sizes were accurately calculated. The soil aggregates were weighed and used to calculate soil aggregate fractions. To assess the aggregate stability, three metrics, $WSA_{>0.25}$ (water-stable aggregate >0.25 mm), MWD (mean weight diameter), and GMD (geometric mean diameter), were calculated. Calculations were made by means of [Equations 5](#page-3-2)–[7.](#page-3-3)

$$
WSA_{>0.25} = \frac{M_s}{M_t}
$$
 (5)

Where: M_s is the amount of >0.25 mm water stable aggregates (g), and M_t is the total amount of aggregate before wet sieving (g).

$$
MWD = \sum_{i=1}^{n} (\overline{x_i}W_i) / \sum_{i}^{n} W_i
$$
 (6)

Where: x_i is the average diameter of aggregate of particle size i and ω_i is the percentage content of aggregate of particle size i.

$$
GMD = \exp\left(\sum_{i=1}^{n} \omega_i \ln \overline{x_i} / \sum_{i=1}^{n} \omega_i\right)
$$
 (7)

Where: x_i is the average diameter (mm) of aggregate of particle size i, and ω_i is the percentage content (%) of particle size i.

2.4 Statistics and analysis of data

Before conducting an Analysis of Variance (ANOVA), the data's normal distribution and homogeneity of variance were tested. Least Significance Difference (LSD) and Duncan tests are employed for multiple comparisons to analyze the differences among different grazing practices. The significance of all differences is tested using SPSS version 25.0 at a significance level of $p < 0.05$.

The relative effects of the factors on overall stability were quantitatively assessed using a Boosted Regression Tree (BRT) model by selecting parameter combinations that ensured an R^2 greater than 0.8 and a Mean Squared Error (MSE) less than 0.1. The specific parameters are "distribution = gaussian,trees = 5000,interaction.depth = 1,shrinkage = 0.06, bag.fraction = 0.8 " ([Sidhu et al., 2023\)](#page-11-19). The BRT model was implemented using the Dismo package in R version 4.2.3.

3 Results

3.1 Soil particle size composition and soil texture characteristics

The soil particle size composition for different grazing regimes is shown below [\(Table 1](#page-4-0)). The composition of the soil particle size of the soil (excluding 20–30 cm) differed significantly ($p < 0.05$) among the three grazing methods. The percentages of the total volume of different grain sizes in the sample graphs for the grazing methods showed the same pattern: sand > silt > clay. Under GE and SG, the volume distribution of soil grain sizes decreased in the sand and increased in silt and clay compared with the CK ($p < 0.05$). At 0–10 cm, the sand in GE and SG was significantly lower than in CK ($p < 0.05$). The reduction in sand in SG (72.85% \pm 2.36%) was more significant than that in GE (75.66% \pm 4.64%). Similarly, the clay and silt were significantly increased, and the increase in SG was higher than that in GE ($p < 0.05$). Nevertheless, at depths of 10–20 cm and 30–40 cm, the impact of the reduction in sand and the increase in silt and clay was more pronounced in GE than in SG. Conversely, at a depth of 20–30 cm, no statistically significant difference was observed in the sand, silt, and clay among GE, SG, and CK ($p >$ 0.05). Nevertheless, it is worth noting that the soil texture within the GE and SG plots has improved when juxtaposed with that of the CK plot ([Figure 2\)](#page-4-1).

3.2 Soil bulk density and porosity characteristics

[Table 2](#page-5-0) summarizes the BD, TP, CP, and NCP for the three different grazing management practices at various soil depths. At 0–10 cm, BD and TP showed no statistically significant differences among GE, SG, and CK ($p > 0.05$). At 10-20 cm, 20-30 cm, and 30–40 cm, BD in GE was significantly lower than in CK, with an average of 11.92%, while TP in GE was significantly higher than in

Soil depth cm	Grazing practices	Sand $(0.02 - 2 \text{ mm})$ %	Silt (0.002-0.02 mm) %	$\sqrt{C$ lay (<0.002 mm) %
$0 - 10$	GE	$75.66 \pm 4.54B$	18.92 ± 3.64 A	5.39 ± 0.91 A
	SG	$72.85 \pm 2.36B$	$21.42 \pm 1.82A$	$5.71 \pm 0.55A$
	CK	84.65 ± 1.40 A	$11.84 \pm 1.14B$	$3.49 \pm 0.30B$
$10 - 20$	GE	$70.45 \pm 6.42B$	23.21 ± 5.04 A	6.32 ± 1.38 A
	SG	$83.34 \pm 2.22A$	$13.13 \pm 1.91B$	$3.49 \pm 0.31B$
	CK	$83.82 \pm 1.85A$	$12.79 \pm 1.27B$	$3.36 \pm 0.59B$
$20 - 30$	GE	$78.17 \pm 1.79A$	17.42 ± 1.48 A	4.37 ± 0.30 A
	SG	$77.33 \pm 7.22A$	18.14 ± 6.13 A	4.49 ± 1.08 A
	CK	$81.56 \pm 4.55A$	$14.22 \pm 3.33A$	$4.18 \pm 1.25A$
$30 - 40$	GE	$73.86 \pm 2.65B$	20.94 ± 1.94 A	5.17 ± 0.82 A
	SG	$76.9 \pm 4.31B$	$18.48 \pm 3.37A$	4.58 ± 0.93 A
	$\mathrm{C}\mathrm{K}$	85.58 ± 1.40 A	$11.18 \pm 1.48B$	$3.22 \pm 0.13B$

TABLE 1 Characteristics of the soil mechanical composition under different grazing regimes.

Note: Different letters represent significant differences at p < 0.05. GE, grazing exclusion; SG, seasonal grazing; CK, free grazing.

CK, with an average of 16.09% ($p < 0.05$). In all four soil horizons, CP in GE was significantly higher than in CK, with an average of 27.42% ($p < 0.05$), and SG and CK had no statistically significant difference ($p > 0.05$). A significant difference in NCP at 0-10 cm was only found between GE and $CK(p < 0.05)$. NCP showed no statistically significant differences among GE, SG, and CK in the remaining three soil horizons ($p > 0.05$).

3.3 Soil aggregate composition distribution and stability characteristics

As shown in [Figure 3](#page-5-1), grazing practices significantly influenced soil aggregate composition. In the GE and SG, the >2 mm fraction was predominant (accounting for 43.36% and 36.57%, respectively), while in the CK, the <0.25 mm fraction was predominant (35.59%). The >2 mm

Soil depth cm	Grazing practices	BD g/cm^3	TP _%	CP _%	NCP %
$0 - 10$	GE	1.46 ± 0.05 A	$45.69 \pm 1.57A$	$29.75 \pm 2.20A$	$15.94 \pm 0.73B$
	SG	$1.51 \pm 0.05A$	44.06 ± 1.67 A	$27.42 \pm 1.57AB$	$16.64 \pm 0.37AB$
	CK	1.55 ± 0.04 A	$42.67 \pm 1.46A$	$25.14 \pm 2.19B$	$17.53 \pm 0.56A$
$10 - 20$	GE	$1.44 \pm 0.08B$	$46.42 \pm 2.53A$	$31.18 \pm 4.12A$	15.24 ± 1.62 A
	SG	$1.54 \pm 0.02AB$	$42.89 \pm 0.68AB$	$26.35 \pm 0.65AB$	$16.55 \pm 0.52A$
	CK	1.67 ± 0.09 A	$38.71 \pm 2.94B$	$22.20 \pm 3.18B$	$16.51 \pm 0.29A$
$20 - 30$	GE	$1.40 \pm 0.08B$	47.86 ± 2.71 A	$32.29 \pm 4.21A$	$15.57 \pm 1.54A$
	SG	$1.48 \pm 0.04AB$	$45.01 \pm 1.27AB$	$29.29 \pm 1.65AB$	$15.72 \pm 0.50A$
	CK	1.60 ± 0.08 A	$41.10 \pm 2.85B$	$24.69 \pm 2.53B$	16.41 ± 0.21 A
$30 - 40$	GE	$1.43 \pm 0.09B$	46.79 ± 2.83 A	$30.35 \pm 4.16A$	$16.44 \pm 1.39A$
	SG	$1.45 \pm 0.06B$	$45.12 \pm 2.66AB$	29.13 ± 3.08 A	15.82 ± 0.72 A
	CK	1.58 ± 0.02 A	$41.81 \pm 0.78B$	25.27 ± 0.83 A	$16.54 \pm 1.33A$

TABLE 2 Characteristics of soil bulk density and porosity under different grazing practices.

Note: Different letters represent significant differences at p < 0.05. BD, soil bulk density; TP, soil total porosity; CP, soil capillary porosity; NCP, soil non-capillary porosity; GE, grazing exclusion; SG, seasonal grazing; CK, free grazing.

fraction content at 0–10 cm in the GE showed a statistically significant increase of 62.77% compared to the CK ($p < 0.05$). For GE, the content of the >2 mm fraction at a depth of 10–20 cm was significantly higher than that in SG and CK ($p < 0.05$), with the increases being by a factor of 1.32 and 1.61, respectively. Regarding the <0.25 mm fraction at 0–10 cm, 10–20 cm, and 20–30 cm, the values in GE were significantly lower than those in SG and CK ($p < 0.05$), while no statistical difference was detected at 30–40 cm ($p > 0.05$). In particular, for the >2 mm fraction of GE, SG, and CK, there was no statistical difference at $20-30$ cm ($p > 0.05$). However, at 30–40 cm, the value for SG was significantly higher than that for $CK(p < 0.05)$, reaching 1.96 times that of CK.

ANOVA of the water stability of soil aggregates in [Figure 4](#page-6-0) indicated that soil aggregate stability indicators varied significantly among different grazing methods, yet the stability indicators

FIGURE 4

Effects of different grazing practices on WSA_{>0.25} (A), MWD (B), GMD (C), water-stability. NOTE: Different letters represent significant differences at $P < 0.05$. WSA_{>0.25}: content of soil aggregate >0.25 mm particle size; MWD: mean weight diameter; GMD: geometric mean diameter; GE: grazing exclusion; SG: seasonal grazing; CK: free grazing.

exhibited a consistent trend. For the 0–30 cm layer, the following results were obtained for WSA>0.25, MWD, and GMD: GE > SG > CK. However, at a soil depth of 30–40 cm, the results changed to $SG > GE > CK$. For GE, the values of $WSA>_{0.25}$, MWD, and GMD were significantly higher than those of CK at soil depths of 0–10 cm and 20–30 cm ($p < 0.05$). For SG, WSA $>_{0.25}$ and MWD values were significantly higher in 0–10 cm than in CK ($p < 0.05$). At a 0–30 cm depth, the WSA>0.25 of GE was significantly higher than that of CK $(p < 0.05)$. The highest MWD values of GE, SG, and CK were 3.38 mm, 2.70 mm, and 2.30 mm, respectively, and occurred at

10–20 cm. However, they did not reach the significance level between them ($p > 0.05$). At a depth of 30-40 cm, only the MWD of SG was significantly higher than that of CK ($p < 0.05$).

3.4 Characteristics of soil organic carbon changes

The study demonstrated that SOC decreased as soil depth increased [\(Figure 5](#page-6-1)). The maximum SOC in the 0–20 cm layer

was observed in GE, and the maximum SOC in the 20–40 cm layer was observed in SG. SOC for each grazing method decreased with soil depth. In the GE, the SOC in the 0–10 cm was found to be 1.55 times and 1.81 times that of the 20–30 cm and 30–40 cm. In the SG, the increases in SOC for the 0–10 cm and 10–20 cm in comparison to the 30–40 cm were 19.76% and 13.20%. The mean increase in the 0–10 cm under the CK compared with the 10–20 cm, 20–30 cm, and 30–40 cm was 4.22 g/kg.

At the 0–10 cm and 10–20 cm depths, GE significantly increased SOC by 7.02 mg/kg and 7.45 mg/kg, respectively, compared to the CK ($p < 0.05$). However, there was no statistically significant difference between SG and CK ($p > 0.05$). At the 20-30 cm and 30–40 cm depths, there was no statistical difference among GE, SG, and CK ($p > 0.05$).

3.5 Relationship factors influencing soil aggregate stability

Correlation analyses were performed on eleven factors, including BD, soil porosity (TP, CP and NCP), soil particle size composition (Clay, Silt, and Sand), soil aggregate stability (WSA>0.25, MWD and GMD), and SOC [\(Figure 6\)](#page-7-0). The results showed that most of the selected vital factors significantly impacted soil aggregate stability ($p <$ 0.05). Soil porosity and particle size composition showed a significant and positive correlation with all three indicators of soil aggregates (P < 0.05). BD exhibited a significant negative correlation with $WSA_{0.25}$ and MWD ($P < 0.05$). A significant positive correlation was also detected between Clay and SOC.

We used BRT modeling to quantitatively assess other indicators' effects on soil aggregate stability ([Figure 7](#page-8-0)). In the process, we categorized all the relevant indicators into distinct groups. The first group is BD. The second group pertains to soil porosity and is divided into TP, CP, and NCP. The third group involves soil particle size composition consisting of clay, silt, and sand. Then, there is the SOC group. Finally, the soil aggregate stability group is characterized by WSA $_{>0.25}$, MWD, and GMD. The results indicated that porosity was the primary factor affecting soil aggregate stability, with effects of 60.05%, 40.86%, and 38.05% on WSA>0.25, MWD, and GMD, respectively. Subsequently, SOC exerted an influence exceeding 20% on MWD and GMD, while its impact on $WSA_{>0.25}$ was limited to 13.87%. Individually, SOC had the most significant impact on MWD and GMD.

4 Discussion

4.1 Effects of grazing practices on soil structure indicators

In studies of the effects of grazing on soil structure, the time span resolves the central variable in the response mechanisms of soil ecosystems. For example, short-term (<5 years) grazing samples showed only minor variations in properties such as soil porosity ([Batista et al., 2019\)](#page-10-9), whereas studies of 10-year grazing samples found significant decreases in BD and clay particle fraction, but such changes are still at a more surface stage [\(Liu J. et al., 2017\)](#page-11-20). In contrast, our observations from sample plots grazed for up to

20 years are more representative of the evolution of soil structure under long-term grazing. The effects of animal trampling on rangelands are complex and intertwined with other factors that need to be analyzed independently for changes in soil parameters ([Bayat et al., 2022](#page-10-10)).

The influence of grazing on soil structure is mainly due to livestock trampling, which can be divided into three main damage mechanisms: foraging, trampling, and excretion [\(Mayel et al., 2021\)](#page-11-21). Our study indicated that following 20 years of restricted grazing, the clay of GE and SG increased (mainly from 0 to 10 cm), leading to favorable changes in soil texture [\(Zhang H. et al., 2019\)](#page-12-8). For BD and soil porosity, we indicated that the average BD from 0 to 40 cm increased from 1.43 g/cm³ (GE) and 1.50 g/cm³ (SG) to 1.60 g/cm³ (CK), while soil porosity decreased from 46.69% to 44.27%–41.07%. The compaction of soil pore space due to trampling is a remarkable phenomenon, leading to CK pastures having the lowest soil porosity ([Carrero-González et al., 2012](#page-10-11)). As hypothesized by Zhang et al., the reduction in porosity resulting from grazing may be mainly due to the disappearance of macropores and larger pores ([Zhang B. et al.,](#page-12-9) [2019\)](#page-12-9). Since pores and soil particles are mutually exclusive, the decrease in porosity and the notably corresponding increase in particle volume consequently decrease BD ([Mayel et al., 2021\)](#page-11-21). We inferred that this may be due to the cumulative effect of livestock trampling on BD in desert steppe ([Negrón et al., 2019\)](#page-11-22). In the 20-year grazing sample plots, each trampling by livestock caused a small compression of the pore space between soil particles. Over time, this compression accumulated, resulting in a significant reduction in soil pore space and a consequent increase in BD.

Additionally, livestock trampling also influences alterations in soil aggregate composition distribution. The level of pressure that livestock apply to soil particles varies depending on the particular grazing practices used. Soil structural function will inevitably deteriorate when the pressure exerted surpasses the soil's precompressive stress (Pc) [\(Dec et al., 2012](#page-10-12); [Negrón et al., 2019\)](#page-11-22). The main component is large aggregates (>0.25 mm), which suggests that soil aggregation is effective and enhances resistance to livestock trampling pressure [\(Wang et al., 2020a](#page-11-23)).

Soil aggregate stability is an essential indicator of soil degradation and soil quality. It is mainly characterized by the following parameters: WSA_{>0.25}, MWD, and GMD ([Boix-Fayos](#page-10-13) [et al., 2001;](#page-10-13) [Obalum et al., 2019](#page-11-24)). WSA₂₀₂₅ reflects soil structure, with higher values indicating better structure; MWD and GMD indicate the proportion and size of soil aggregates, with higher values indicating better stability. The data showed a significant increase in the density of macroaggregates (>0.25 mm) within the 0–20 cm layer following the implementation of GE. MWD and GMD increased by

an average of 1.05 mm in GE and 0.69 mm in SG compared to CK. It is worth noting that SG had the highest values of aggregate stability in 30–40 cm layer, followed by GE and CK, which had the lowest stability values. The GE site has >90% vegetation cover, which reduces the impact of raindrops or livestock on the soil, which in turn contributes to the stabilization of soil aggregates. Vegetation also intercepts soil particles (mainly clay) carried by wind-sand flow, which are bound at the base of the plants by the water lost by the plants and gradually form soil aggregates ([Jiang et al., 2022\)](#page-11-25). This may be due to the distribution of desert steppe vegetation roots related to the entanglement of roots and secretion of material that may have facilitated the formation of macroaggregates (>0.25 mm) in the region ([Six and Paustian, 2014](#page-11-26); [Baumert et al., 2018](#page-10-14)). The formation of soil aggregates is intimately associated with SOC [\(Xue](#page-12-10) [et al., 2019](#page-12-10)). The increase in SOC enhanced the generation of macroaggregates (>0.25 mm) and improved their stability, as evidenced by the increase in SOC from the 0–20 cm layer, as demonstrated in our study [\(Gu et al., 2024\)](#page-11-27). In CK, soil aggregates with a >0.25 mm dominated. This may be associated with increased BD and decreased SOC from livestock trampling on the pastureland [\(Yao et al., 2019](#page-12-11)). Disintegration of macroaggregates (>0.25 mm) may also be possible due to dry-wet cycles and freezethaw processes [\(Oztas and Fayetorbay, 2003](#page-11-28); [Jesús Melej](#page-11-29) [et al., 2024](#page-11-29)).

This study showed that grazing practices significantly affected surface soil organic carbon, especially at depths of 0–10 cm and 10–20 cm. The GE method significantly enhanced SOC, consistent with the observations reported by Shen ([Shen et al., 2023\)](#page-11-30). Macroaggregates (>2 mm) have a strong influence on SOC fixation and are the primary site of SOC storage ([Wang et al.,](#page-12-12) [2020b](#page-12-12); [Xi et al., 2022\)](#page-12-13). Macroaggregates (>2 mm) dominated, effectively storing large amounts of SOC. Grazing had a significant effect on these large aggregates (>2 mm) at depths of 0–10 cm and 10–20 cm, with the SOC gradually dissipating as the macroaggregates (>2 mm) decomposed. The primary reason was that the soil in the desert steppe of this study was more influenced by vegetation. During the grazing period, livestock consumed mainly rhizomatous grasses, resulting in a reduction in above-ground biomass and an increase in the density and complexity of the surface root system ([Li et al., 2014;](#page-11-31) [Wang et al., 2014](#page-12-14)). The growth of roots enhances the conservation of carbon [\(Yang et al.,](#page-12-15) [2023\)](#page-12-15). However, the effects of grazing on SOC remain controversial, with studies indicating that grazing can increase ([Hewins et al., 2018;](#page-11-32) [Shen et al., 2023\)](#page-11-30), decrease [\(Zhao et al., 2009;](#page-12-16) [Dlamini et al., 2016;](#page-10-15) [Ren et al., 2024\)](#page-11-33) or leave SOC unchanged [\(Derner et al., 2019\)](#page-10-16). This controversy may arise from differences in the climatic zones studied and the negative impact of climate change on livestock production ([Ghahramani et al., 2019;](#page-11-34) [Li et al., 2022\)](#page-11-35). The study area is in an arid and semi-arid zone and is severely constrained by water resources. Grazing increases greenhouse gas emissions and turns grasslands into carbon sources, and prolonged drought alters biogeochemical cycles and organic carbon storage ([Pinay et al., 2007](#page-11-36)). Under warm and humid climatic conditions, grazing favors SOC production due to the accelerated decomposition of plant residues and elevated soil microbial carbon [\(Abdalla et al., 2018](#page-10-17)). Another possibility is the effect of the stocking rate, where low stocking rate grazing promotes vegetation diversity and increases SOC due to increased aboveground biomass of communities [\(Gebregergs et al., 2019\)](#page-11-37). Conversely, large aggregations of livestock foraging cause significant vegetation reductions, leading to a reduction in readily decomposable herb litter mediates, ultimately reducing SOC [\(Liu S.](#page-11-38) [et al., 2017](#page-11-38)).

4.2 Relationship factors influencing the soil aggregate stability

The correlation analysis and the results of the BRT analysis indicate that soil aggregate stability is mainly dependent on soil porosity ([Rabot et al., 2018;](#page-11-39) [Menon et al., 2020](#page-11-40); [Ajayi et al., 2021\)](#page-10-18). The data indicated that soil porosity contributed 60.05%, 40.86%, and 38.05% to the WSA>0.25, MWD, and GMD changes. Pore space accommodates air entering the soil aggregate. The increase in pore volume and connectivity reduces the expansion pressure of the pores, thus increasing the stability of the soil aggregates [\(Bisdom](#page-10-19) [et al., 1993](#page-10-19)). Furthermore, the pore space is an active area for soil microorganisms and microfauna communities. Microorganisms metabolize, reproduce, and secrete organic substances in the pore space. Exopolysaccharides secreted by soil microorganisms gel with clay particles to form soil aggregates ([Pokharel et al., 2013](#page-11-41); [Walshire](#page-11-42) [et al., 2024](#page-11-42)). In addition, the microorganisms carry an electrical charge that promotes soil particle adhesion and facilitates soil aggregates' formation through electrostatic attraction [\(Coban](#page-10-20) [et al., 2022\)](#page-10-20). Pores are conduits for physicochemical and biological processes ultimately work together to form soil aggregate stability ([Yudina and Kuzyakov, 2023](#page-12-0)).

SOC plays an essential and irreplaceable role in the formation mechanism of soil aggregates and in maintaining soil aggregate stability ([Dong et al., 2020;](#page-11-43) [Fei et al., 2021\)](#page-11-44). The outcomes of our research substantiated this claim, with an average impact of SOC on the soil aggregate stability amounting to 21.17%. This result is consistent with the findings in subtropical China that SOC is the driver factor of soil aggregate stability and plays the role of a cementing agent during soil aggregate formation ([Xue et al.,](#page-12-10) [2019\)](#page-12-10). A higher content of SOC can increase the negative charge density on the surface of soil particles and promote the repulsive force and attractive force between soil particles to reach a more stable equilibrium state ([Yu et al., 2017\)](#page-12-17). This is conducive to maintaining the structural integrity of soil aggregates in the face of disturbances caused by external environmental factors and reduces the risk of disintegration and dispersion [\(Kan et al., 2022\)](#page-11-45).

5 Conclusion

Following 2 decades of management, Both grazing practices enhanced soil structure, which exhibited variations at different soil depths. SG significantly improved the clay (<0.002 mm), silt (0.002–0.02 mm), macroaggregates (>0.25 mm), aggregate stability, and SOC within the 0–10 cm soil layer. However, for GE, the significant improvement of these indicators extends down to a depth of 20 cm. In particular, after 20 years of restricted grazing, BD decreased, soil porosity increased, and soil texture improved. Thus, soil structure can be enhanced by limiting grazing with optimal improvement in GE, which can be used to restore degraded desert steppe. Soil porosity exerts the most significant influence on the soil aggregate stability, with an average expanation of more than 45%, with SOC ranking second in terms of influence. Further insights into the interconnection between soil aggregate stability and soil porosity in desert steppe are offered.

Data availability statement

The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding author.

Author contributions

YY: Data curation, Formal Analysis, Investigation, Writing–original draft. ZM: Conceptualization, Funding acquisition, Methodology, Writing–review and editing. HL: Data curation, Investigation, Visualization, Writing–original draft. YG: Data curation, Investigation, Writing–original draft. TL: Investigation, Writing–original draft. LQ: Investigation, Writing–original draft.

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