

# Rice Productivity, Zn Biofortification, and Nutrient-Use Efficiency as Influenced by Zn Fertilization Under Conventional Transplanted Rice and the System of Rice Intensification

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The northwestern Himalayas (NWH) in India have low rice productivity (~2 t ha<sup>-1</sup>) and quality due to poor crop and nutrient management in predominantly Zn-deficient soils. Hence, a field experimentation in the NWH compared the conventionally transplanted rice (CTR) and the system of rice intensification (SRI) under three nutrient management practices (NMPs), viz., 1) farmers' fertilization practice, FYM @ 5 t ha<sup>-1</sup> + N:P<sub>2</sub>O<sub>5</sub>:K<sub>2</sub>O @ 50:40:20 kg ha<sup>-1</sup> (FFP); 2) recommended dose of fertilization, FYM @ 10 t ha<sup>-1</sup> + N:  $P_2O_5$ :K<sub>2</sub>O @ 90:40:40 kg ha<sup>-1</sup> (RDF); and 3) RDF + Zn fertilization using ZnSO<sub>4</sub> @ 25 kg ha<sup>-1</sup> (RDF + Zn). The results revealed that SRI practice harnessed a significantly higher rice yield under different NMPs (6.59-8.69 t ha<sup>-1</sup>) with ~1.3–1.4- and ~3.3–4.3-fold enhancements over the CTR and average rice productivity in NWH, respectively. SRI had the greatest improvement in panicle number hill<sup>-1</sup> by ~2.4 folds over the CTR. RDF + Zn had a significantly higher grain (10.7; 7.9%) and straw yield (28.9; 19.7%) over FFP and RDF, respectively, with significant augmentation of Zn biofortification in grains (11.8%) and Zn uptake (23.9%) over the RDF. SRI also enhanced the Zn concentrations in rice grains and straws by ~4.0 and 2.7% over CTR with respective increases of 36.9 and 25.9% in Zn uptake. The nutrient harvest index and partial factor productivity of applied nutrients (NPK) had a higher magnitude under SRI and RDF + Zn over their respective counterparts, i.e., CTR and RDF. In addition, SRI had higher AE-Zn, CRE-Zn, and PE-Zn to the tune of 119.6, 63.4, and 34%, respectively, over the CTR. Overall, SRI coupled with RDF + Zn in hybrid rice assumes greater significance in enhancing the rice productivity with better

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Choudhary AK, Sood P, Rahi S, Yadav DS, Thakur OC, Siranta KR, Dass A, Singh YV, Kumar A, Vijayakumar S, Bhupenchandra I, Dua VK, Shivadhar, Bana RS, Pooniya V, Sepat S, Kumar S, Rajawat MVS, Rajanna GA, Harish MN, Varatharajan T, Kumar A and Tyagi V (2022) Rice Productivity, Zn Biofortification. and Nutrient-Use Efficiency as Influenced by Zn Fertilization Under Conventional Transplanted Rice and the System of Rice Intensification. Front. Environ. Sci. 10:869194. doi: 10.3389/fenvs.2022.869194 Zn-biofortified grains besides higher nutrient use efficiencies to combat widespread malnutrition and acute Zn deficiencies in humans and livestock in the northwestern Himalavas.

Keywords: conventionally transplanted rice, Zn-use efficiency, Zn biofortification, system of rice intensification, nutrient management, rice productivity, grain quality

# INTRODUCTION

Rice (Oryza sativa L.) is an important food crop of Asia where it provides ~35-80% of the total calorie intake (Pooniya et al., 2019). Again, in India, rice is the staple food to tackle the widespread malnutrition and hunger in the nation (Narayanan, 2017), where it provides ~43% of the calorie requirement for more than 70% of the Indian population (Choudhary and Suri, 2018a; 2018b). Demographic projections reveal that India would require ~130 million ton (mt) rice by 2025 (Rao, 2012), with ~14 mt additional rice to the current levels with an annual hike of  $\sim 3 \text{ mt year}^{-1}$  to ensure national food and nutritional security vis-à-vis achieving the United Nations' Sustainable Development Goals (SDGs). The Indo-Gangetic plain region (IGPR), the food bowl of India, has been the major contributor in the nation's rice production (Biswakarma et al., 2021). However, the conventional rice-wheat cropping system followed for over 6 decades in IGPR is already facing acute decline in factor productivity and yield stagnation owing to acute nutrient deficiencies, nutrient mining, poor soil health, and degradation of natural resources. (Singh P. et al., 2021, Singh et al., 2021 U.; Biswakarma et al., 2021; Harish et al., 2022; Pooniva et al., 2022). The IGPR also faces severe water shortage due to poor and uneven rainfall patterns and depleting groundwater table (Heba et al., 2021; Rajpoot et al., 2021; Kumar et al., 2021, 2022), thus posing a threat to rice sustainability owing to its high water requirement ~1,566-2,262 mm under conventionally transplanted rice (CTR) (Dass et al., 2017). These resource and production vulnerabilities in the IGPR have made India to focus on nonconventional rice areas such as the northwestern Himalayas (NWH) and northeastern India. However, the non-use of high-yielding cultivars/hybrids, poor crop and nutrient management, and inappropriate water management practices have again led to stagnant rice yield in the Indian subcontinent in general and in the NWH (~2 t ha<sup>-1</sup>) in particular (Choudhary and Suri, 2018a, 2018b; Kakraliya et al., 2018; Singh P. et al., 2021). In order to boost the rice production in the NWH region (Himachal Pradesh, Uttarakhand, and Jammu and Kashmir provinces), we have to rely on high-yielding rice hybrids coupled with efficient crop and nutrient management practices (Adhikari et al., 2018; Choudhary and Suri 2018a, 2018b).

During the last 2 decades, Asian rice systems have undergone many technological breakthroughs to boost rice production (Barison and Uphoff 2011). One such technological innovation has been a shift from CTR to SRI for more rice with less water (Adhikari et al., 2018). The SRI technique utilizing ~50% less seed and ~25–50% less irrigation water than CTR (Choudhary et al., 2010) has greatly enhanced the rice productivity in various agroecologies across the globe (Stoop et al., 2002; Latif et al., 2005; Uphoff 2010; Barison and Uphoff 2011; Sharif 2011; Styger et al., 2011; Dass et al., 2016a; Thakur and Uphoff 2017; Uphoff 2017; Choudhary and Suri 2018a; and Adhikari et al., 2018). Under SRI, transplanting single young seedlings (8-15 days old, two to three leaf stage) in  $25 \times 25$  cm wider square spacing immediately after uprooting minimizes the transplant shock and also reduces the initial inter-plant competition for light, space, nutrients, and water, later resulting in a prolific root-shoot system (Dass et al., 2016a) and improved soil microbiome and nutrient bioavailability (Thakur et al., 2010; Dass et al., 2017), leading to profuse tillering with greater yields (Kassam et al., 2011; Adhikari et al., 2018). Another game-changing technology has been the hybrid rice cultivation (Yamauchi 1994; Choudhary and Suri 2018a, 2018b). Rice hybrids possess vigorous root and shoot systems with higher yields compared to conventional varieties (Yamauchi 1994). Hybrid rice cultivation under SRI may further result in a more robust root and shoot system with better yield traits due to their genetic make-up and favorable soil microbiome and nutrient bio-availability under SRI as reported by various researchers (Thakur et al., 2010; Veeramani and Singh 2011; Wu and Uphoff 2015; Dass et al., 2016a, 2017; and Choudhary and Suri 2018a, 2018b). Rice grain yield is a quantitative trait characterized by low heritability and a high genotype × environment ( $G \times E$ ) interaction (Farooq et al., 2009). Hence, it is pertinent to use high-yielding genotypes and rice hybrids with efficient crop and nutrient management to harness the benefits of SRI innovation (Stoop et al., 2009; Choudhary and Rahi, 2018). As rice hybrids are nutrient-exhaustive, it inevitable to revisit their fertilizer management schedules both for CTR and SRI methods of rice farming (Styger et al., 2011; Dass et al., 2016a; Choudhary and Suri 2018a). Thus, the SRI technology coupled with rice hybrids under appropriate nutrient management practices primarily essential for rice hybrids may hold the key to harness their full benefits (Choudhary and Suri 2018b). Already, the conventional rice-wheat cropping system of north-west India including the NWH followed for over 6 decades is facing an acute decline in factor productivity, food quality, yield stagnation owing to acute nutrient deficiencies, nutrient mining, poor soil health, and degradation of natural resources. (Choudhary and Suri 2014; Paul et al., 2014, 2016; Sharma et al., 2020; Singh et al., 2020, Singh et al., 2021 U.; Harish et al., 2022; Pooniya et al., 2022).

Furthermore, most parts of the rice-dominated north-west India and NWH are facing a widespread zinc (Zn) deficiency causing numerous health risks to both humans and animals (Heba et al., 2021; Sharma et al., 2021). Ozkutlu et al. (2006) reported that Zn deficiency may cause yield losses by ~40% in



various field crops in Turkey. Likewise, Zn nutrition holds prime importance in rice farming as it induces drought tolerance and improves plant-water relations and photosynthesis due to better stomatal regulation and cell membrane stability (Hassan et al., 2020; Heba et al., 2021; Kumar et al., 2021). Zn nutrition also enhances the protein content due to its vital role in tryptophan amino acid and protein biosynthesis (Hanafy-Ahmed et al., 2012; Kumar et al., 2021). Hence, Zn fertilization may play a vital role in enhancing the crop productivity, quality, and Zn biofortification in the field crops (Hussain et al., 2010, 2012; Kumar et al., 2021, 2022; Bana RC. et al., 2022, Bana et al., 2022 RS.). As earlier stated, the NWH soils are Zn deficient (Sharma et al., 2021). Likewise from the viewpoint of curtailing the malnutrition and hunger in the NWH (Rasul et al., 2018; FAO 2019), it is again essential to devise Zn-imbedded nutrient management practices to harvest more rice with enhanced quality and better Zn-biofortified grains. In alluvial soils of north Indian plains, soil application of ZnSO4 @  $25 \text{ kg ha}^{-1}$  have been proved to be highly beneficial in enhancing the rice productivity and Zn-biofortification in rice grains (Pooniya et al., 2012, 2019). Hence, the soil application of Zn may also prove equally effective in hybrid rice in the NWH. Likewise, the performance of the SRI technique is also reported to be favorably influenced by the organic manure additions (Stoop et al., 2009; Choudhary and Suri 2018a). As rice hybrids are nutrient-exhaustive (Dass et al., 2017), it inevitable to revisit their fertilizer management schedules both for CTR and SRI to ensure higher productivity and soil-health sustenance (Styger et al., 2011; Dass et al., 2016a; and Choudhary and Suri 2018a). However, pertinent information on the comparative performance of rice hybrids under CTR and SRI under such efficient nutrient management schedules is entirely lacking for the NWH region. Therefore, the current study assessed the influence of three nutrient management practices under CTR and SRI with

respect to rice productivity, grain quality, Zn-biofortification, and nutrient-use efficiency to tackle widespread malnutrition and Zndeficiency in the Himalayan region; besides abridging the yield gaps when we are outbidding to ensure the country's food and nutritional security targets by 2025.

# MATERIALS AND METHODS

# Study Area, Site Description, and Climate

The present investigation was conducted during Kharif 2010-2013 in Himachal Pradesh, a northwestern Himalayan state of India. The Mandi district [31°13′20″-32°04′30″N latitude; 76°37′20″-77°23'15" E longitude; 700-4,000 m altitude] of Himachal Pradesh geographically located centrally in the state and representing the wet-temperate agro-climatic conditions of the whole NWH region of India was selected as the study area (Figure 1). This district also constitutes the major rice producing district of Himachal Pradesh in terms of acreage and production (Figure 2A), besides falling under the rice suitability zone of the state (Figure 2B); hence, qualified for selecting as the study area for the current experimentation in the NWH. For carrying out the study during Kharif 2010-2013 in the study area, 05 rice-dominated Community Developmental Blocks (CDB) of Mandi district (Sundernagar, Balh, Sadar, Gopalpur, and Karsog) in Himachal Pradesh were selected randomly. Thereafter, 10 representative villages/locations/farmers' fields having irrigation facility were selected randomly in these 6 CDBs to continuously conduct the field experimentation during 2010-2013. For this purpose, farm soils having medium nutrient status with respect to available nitrogen (N), phosphorus (P2O5), and potassium (K2O) were selected after analytical scrutiny (Table 1). These soils were silty-clay loam in texture, acid Alfisol in nature with high soil organic carbon (SOC),



FIGURE 2 | Map of the Himachal Pradesh province of India showing (A) major/moderate rice producing areas and (B) rice suitability areas (Graphics Source: GIS Centre, CSKHPKV, Palampur, India).

TABLE 1	Physico-chemical	properties of expe	rimental soils at the	initiation of field	experimentation in th	ne wet-temperate north	vestern Himalayas.
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S. no.	Parameter	Status/value	Methods employed
1	Textural class	Silty-clay loam	International pipette method (Piper, 1950)
2	Soil reaction (pH)	5.9-6.5	1:2.5 soil: water suspension (Jackson, 1967)
3	Soil organic carbon (g kg <sup>-1</sup> )	8.1–9.6	Rapid titration method (Walkley and Black, 1934)
4	Available-N (kg ha <sup>-1</sup> )	312.5–381.8	Alkaline permanganate method (Subbiah and Asija, 1956)
5	Available-P (kg ha <sup>-1</sup> )	18.9-22.1	0.5 M NaHCO <sub>3</sub> , pH = 8.5 (Olsen et al., 1954)
6	Available-K (kg ha <sup>-1</sup> )	241.3-268.2	Ammonium acetate method (Hanway and Heidel, 1952)
7	DTPA-extractable Zn (mg kg <sup>-1</sup> soil)	0.59 <sup>a</sup>	Lindsay and Norvell (1978)

<sup>a</sup>Critical level of DTPA-extractable Zn for crops grown on alluvial soils in north India varies from 0.38 to 0.90 mg kg<sup>-1</sup> soil (Takkar and Walker 1993).

while DTPA extractable-Zn ranged between 0.59–0.68 mg kg<sup>-1</sup> soil (**Table 1**). The response of rice to Zn was expected in these soils as the critical level of DTPA-extractable Zn in north India varies from 0.38 to 0.90 mg kg<sup>-1</sup> soil (Takkar and Walker 1993; Heba et al., 2021). Rainfall and temperature data was recorded at "*Agro-Meteorological Observatory*" of CSKHPKV, Farm Science Centre, Sundernagar, India (**Supplementary Figure S1**). The study area receives an average annual rainfall of 1,700 mm, ~75% of which is received during July to September, and the rest is received during December to February. The hottest months are May to July with the mean daily maximum temperature ranging between 32 and 35°C, whereas December to February are the coldest months, with a mean daily minimum temperature ranging between 2.6 and 3°C.

# Experimentation Details and Crop Management

In the current study, two crop establishment methods (CEMs) of rice cultivation, *viz.*, conventionally transplanted rice (CTR) and system of rice intensification (SRI), were considered as factor A, and three nutrient management practices (NMPs), *viz.*, 1) farmers' fertilization

practice (FFP), i.e., FYM @ 5 t  $ha^{-1}$  + N:P<sub>2</sub>O<sub>5</sub>:K<sub>2</sub>O @ 50:40:20 kg  $ha^{-1}$ (FYM<sub>5</sub>+N<sub>50</sub>P<sub>40</sub>K<sub>20</sub>); 2) recommended dose of fertilization (RDF), i.e., FYM @ 10 t ha<sup>-1</sup> + N:P<sub>2</sub>O<sub>5</sub>:K<sub>2</sub>O @ 90:40:40 kg ha<sup>-1</sup> (FYM<sub>10</sub> + N<sub>90</sub>P<sub>40</sub>K<sub>40</sub>); and 3) recommended dose of fertilization + Znfertilization (RDF + Zn), i.e., FYM @ 10 t  $ha^{-1}$  + N:P<sub>2</sub>O<sub>5</sub>:K<sub>2</sub>O @ 90:40:40 kg ha<sup>-1</sup> + ZnSO<sub>4</sub> @ 25 kg ha<sup>-1</sup> (FYM<sub>10</sub> + N<sub>90</sub>P<sub>40</sub>K<sub>40</sub> + Zn<sub>25</sub>), constituted as factor B, making six treatment combinations with a gross plot size of 400 m<sup>2</sup> under each treatment at 10 locations in the NWH. Field experimentation was conducted under factorial randomized block design (FRBD); where six treatments were randomized logically for an analysis of variance (ANOVA) while considering 10 locations as 10 replications (Choudhary and Suri 2018a; Choudhary et al., 2021). Since the temperature in NW Himalayas after rice flowering goes down, long duration rice hybrids do not perform well. The short and medium duration rice hybrids can thrive well in wet-temperate NWH; hence, a promising medium-duration hybrid (Arize-6129) was selected as the test cultivar/hybrid for current experimentation. This rice hybrid (Arize-6129) was sown in the third week of May in the case of CTR and in the first week of June in the case of SRI during 2010-2013 in nursery plots at respective locations following CTR (CSKHPKV

Technology component	Brief details of CTR technology components	Brief details of SRI technology components
Nursery raising	<ul> <li>Seed: 30 kg for translating in 1 ha</li> <li>Bed size: well-leveled 4–5 cm raised bed and 1–1.5 m width of convenient length with 30 cm furrows between the beds. Make 10 such beds using 30 kg healthy seed for 1 ha area</li> </ul>	<ul> <li>Seed: select 12.5 kg healthy and bold seeds for 1 ha</li> <li>Bed size: well-leveled 10 cm raised bed and 1–1.2 m width of convenient length with 50 cm furrows between the beds</li> </ul>
	<ul> <li>Fertilizers: add 650 g urea and 1.5 kg SSP per 100 m<sup>2</sup> bed using 3 kg healthy seed/bed</li> </ul>	<ul> <li>Fertilizers: mix 25–30 kg well rotten FYM, 65 g urea and 150 g SSP per 10 m<sup>2</sup> bed area. Prepare 15–18 such beds using 12.5 kg healthy seed ha<sup>-1</sup> transplanting. Sow pre-sprouted seeds in 10 cm rows apart at 1.5–2.0 cm depth during the 1st week of June</li> </ul>
	Herbicides: use Butachlor @ 1.5 kg a.i./ha or any suitable pre- emergence herbicide after nursery sowing	<ul> <li>Herbicides: use Butachlor @ 1.5 kg a.i.ha<sup>-1</sup> or any other suitable pre- emergence herbicide after nursery sowing and cover the seed beds with residue mulch</li> </ul>
	• Irrigation: flood irrigation in nursery beds as and when required	• Irrigation: impound water in furrows of nursery beds as and when required
Field preparation and wet-tillage	One deep ploughing	Same as CTR
	Accumulate sufficient water in the fields 2-3 days prior to	
	<ul> <li>transplanting</li> <li>Puddle (wet-tillage) and level the fields 1 day before transplanting</li> </ul>	
Nutrient management Transplanting	<ul> <li>As per treatments</li> <li>Transplant 2–3 seedlings (30 days old) per hill at 20 × 15 cm spacing during the 2nd fortnight of June</li> </ul>	<ul> <li>As per treatments</li> <li>Transplant single seedling (15-days old; 2–3 leaf stage) per hill at 25 × 25 cm spacing in a square pattern during the 2nd fortnight of June</li> <li>Do not turn the root ends upwards while transplanting</li> <li>Transplant seedlings within 1 h of uprooting</li> <li>Gap filling after 4–6 days after transplanting (DAT)</li> </ul>
Water management	Flood irrigation for continuous water standing during the vegetative phase	• Intermittent irrigation following alternate wetting and drying (AWD). Avoid field cracks due to water scarcity
Weed management	<ul> <li>Pretilachlor @ 0.75 kg a.i. ha<sup>-1</sup>orButachlor @ 1.5 kg a.i.ha<sup>-1</sup>or any other suitable herbicide after transplanting followed by two hand weeding (HW) at 15–20 and 30–35 DAT.</li> </ul>	<ul> <li>Pretilachlor @ 0.75 kg a.i. ha<sup>-1</sup> or Butachlor @ 1.5 kg a.i.ha<sup>-1</sup> or any other suitable herbicide after transplanting followed by one HW at 30–35 DAT and weed incorporation in field</li> <li>Two intercultural operations at 10–12 and 20–22 DAT using conoweeder</li> </ul>

TABLE 2 | Crop management followed under conventionally transplanted rice (CTR) and SRI in the northwestern Himalayas, India.

2011) and SRI principles (Choudhary and Suri 2018a) (**Table 2**). The 30- and 15-day 4) old seedlings were then transplanted on the same dates in the third week of June during 2010–2013 both in CTR and SRI in their respective plot locations<sup>-1</sup> at 20 × 15 cm and 25 × 25 cm spacing using two to three seedlings hill<sup>-1</sup> and single seedling hill<sup>-1</sup> in CTR and SRI, respectively (**Table 2**; **Supplementary Figure S2**).

Nutrient management was done strictly as per the treatment plan. Well-rotten FYM was added in respective treatments on fresh weight basis (35% moisture on an av.) during land preparation, which contained N, P, K, and Zn to the tune of 0.81, 0.45, 0.65% and 42.1 mg kg<sup>-1</sup> (on oven dry-weight basis), respectively. The 1/3rd N and entire P, K, and Zn doses were applied basally at puddling time in the rice through urea (46% N), single super phosphate (16% P<sub>2</sub>O<sub>5</sub>), muriate of potash (60% K2O), and Zn-sulfate heptahydrate (21% Zn), respectively; while the remaining 2/3rd N was applied through broadcasting in two equal splits at maximum tillering and flowering stages following the treatment plan. Weeds were controlled by using Pretilachlor @ 0.75 kg a.i. ha<sup>-1</sup> both in CTR and SRI. Two hand-weeding (HW) was done in CTR at 15-20 DAT and 30-35 DAT. In the SRI method, two mechanical weeding operations (at 10-12 and 20-22 DAT) using a manually-operated country-made cono-weeder in both directions followed by one HW (30-35 DAT) (Table 2), were performed to control the weeds, to add weed biomass into soil, and to promote the rhizosphere aeration (Choudhary and Suri 2018a). In case of CTR, continuous water standing was kept during the vegetative phase through flood irrigation. Under SRI, keeping in view the monsoon rains, the off and on irrigation scheduling was done at 3-day after the disappearance of ponded water (DADPW) to maintain saturation up to the panicle initiation stage so as to promote the aerobic soil conditions by alternate wetting and drying (AWD) (**Supplementary Figure S2**). However, right from panicle emergence to 10-days before crop maturity, a shallow submergence (2 cm) was continuously maintained in all the plots. The plots were also drained before N top-dressing and 1 week before harvest if it rained. Both CTR and SRI plots received uniform plant protection practices throughout the cropping season.

# **Growth and Yield Parameters**

For recording the number of tillers  $hill^{-1}$  and the number of panicles  $m^{-2}$ ; three observational units of 1 m row length each were selected randomly for counting from the net-plots and the mean value was converted into the number of panicles  $hill^{-1}$ , and the number of panicles  $m^{-2}$ . Plant height and the panicle-length measurements were done from 10 randomly selected tagged plants in the net-plot area at the time of harvest. Samples

were drawn from the rice grains produced from the net-plot after weighing, and the 1,000-grain weight was determined at 14% moisture content. Rice crop was harvested from each farm plot, dried in the sun, threshed, and then weighed. The rice grain, straw, and biological yield were determined using standard procedures (Rana et al., 2014), and expressed as t ha<sup>-1</sup>. Grain yield was expressed at 14% moisture content.

# Plant Chemical Analysis and Protein Estimation

Plant samples of rice grains and straw collected from all the netplots just after the crop harvest from different locations were airdried and then dried in an hot air oven at  $60 \pm 2^{\circ}$ C for 6–8 h. These dried plant samples were ground in a Macro Willey-Mill fitted with stainless steel parts and passed through a 40 mesh sieve and then subjected to chemical analysis for NPK and Zn. Plant samples and FYM both were analyzed for total N using the Kjeldahl digestion unit, while total P and K were determined using di-acid digestion [4:1 ratio of HNO<sub>3</sub> and HClO<sub>4</sub> (v/v)] as per standard procedure (Rana et al., 2014). The protein content (%) in grains was determined by multiplying respective grain–N content (%) by a factor 6.25. The respective N, P, and K uptakes (kg ha<sup>-1</sup>) were determined by multiplying grain and straw yield (kg ha<sup>-1</sup>) with their respective grain and straw nutrient concentrations (%) as follows:

Nutrient uptake  $(kg ha^{-1}) = Grain \text{ or straw yield} (kg ha^{-1})$ 

 $\times$  nutrient concentration (%).

#### Zn Biofortification Assessment

Zn content in both rice grains and straw  $[g kg^{-1} dry matter (DM)]$ were determined after *di-acid digestion* [4:1 ratio of HNO<sub>3</sub> and HClO<sub>4</sub> (v/v)] of the above Macro Willey-Mill ground samples and then estimated using an atomic absorption spectrophotometer (Rana et al., 2014). The Zn uptake (g ha<sup>-1</sup>) was determined by multiplying grain and straw yield (kg ha<sup>-1</sup>) with their respective grain and straw nutrient concentrations (g kg<sup>-1</sup> DM) as follows:

Zn uptake  $(g ha^{-1}) = Grain \text{ or straw yield} (kg ha^{-1})$ 

 $\times$  nutrient concentration (g kg<sup>-1</sup> DM).

# Estimation of Nutrient-Use Efficiencies of Applied Nutrients (N, P, K and Zn)

*Nutrient harvest index of applied nutrients* (N, P, K, and Zn) were computed by the following equation as suggested by Fageria and Baligar (2003):

 $NHI/PHI/KHI/ZnHI(\%) = (GU_{N/P/K/Zn}/U_{N/P/K/Zn}) \times 100$ 

where NHI, PHI, KHI, and ZnHI refer to nitrogen harvest index, phosphorus harvest index, potassium harvest index, and zinc harvest index, respectively.  $GU_{N/P/K/Zn}$  refers to respective N/P/

K/Zn uptake (kg or g ha<sup>-1</sup>) in grains, while  $U_{N/P/K/Zn}$  refers to the respective total N/P/K/Zn uptake (kg or g ha<sup>-1</sup>) both in rice grains and straw in respective N/P/K/Zn applied plots, both through chemical fertilizers and FYM.

Partial factor productivity (PFP) of applied nutrients (N, P and K) as  $PFP_n/PFP_P/PFP_k$  (kg  $ha^{-1} kg^{-1}$  of applied N/P/K) were calculated by computing the total applied nutrients (N/P/K) both through chemical fertilizers and FYM as suggested by Fageria and Baligar (2003) hereunder:

$$PFPn / PFPp / PFPk = \frac{Yt}{Na/Pa/Ka}$$

Where  $PFP_n$ ,  $PFP_P$ , and  $PFP_k$  refer to the partial factor productivity (PFP) of the applied N, P, and K, respectively.  $Y_t$  refers to grain yield (kg ha<sup>-1</sup>) of rice while N<sub>a</sub>, P<sub>a</sub>, K<sub>a</sub> refer to respective N, P, or K applied (kg ha<sup>-1</sup>) both through chemical fertilizers and FYM.

Agronomic efficiency (AE-Zn), crop recovery efficiency (CRE-Zn,) and physiological efficiency (PE-Zn) of applied-Zn were computed by the following equations as suggested by Fageria and Baligar (2003):

$$\begin{split} AE - Zn &= (Y_{Zn} - Y_0)/F_{Zn} \\ CRE - Zn &= (U_{Zn} - U_0)/F_{Zn} \\ PE - Zn &= (Y_{Zn} - Y_0)/(U_{Zn} - U_0) \end{split}$$

where  $Y_{Zn}$  and  $Y_0$  refer to grain yield (kg ha^{-1}) in Zn-applied and non-Zn-applied plots/treatments, respectively.  $F_{Zn}$  refers to fertilizer-Zn applied (kg ha^{-1}) which worked out to be 5.25 kg ha^{-1} in ZnSO\_4 supplied plots both under CTR and SRI.  $U_{Zn}$  and  $U_0$  refer to the total Zn uptake (kg ha^{-1}) both in rice grains and straw in Zn-applied and non-Zn-applied plots/treatments, respectively. Here, the AE-Zn, CRE-Zn, and PE-Zn were worked out for Zn-applied treatment, i.e., recommended dose of fertilization + Zn fertilization (RDF + Zn:  $FYM_{10}$  +  $N_{90}P_{40}K_{40}$ +  $Zn_{25}$ ), and non-Zn-applied treatment, i.e., recommended dose of fertilization (RDF:  $FYM_{10}$  +  $N_{90}P_{40}K_{40}$ ), in the current study.

#### **Statistical Analysis**

The experimental design was factorial randomized block design (FRBD) replicated 10 times (considering ten locations as the replications) and the statistical analysis was done by the standard procedure suggested by Gomez and Gomez (1984). Significance of differences among different treatments was tested using the standard F-test. Least significance difference (LSD) values at p = 0.05 were used to determine the significant differences between treatment means.

# RESULTS

### Weather and Production Environment

In general, the growing conditions at all the experimental locations were favorable for rice crop during all the 4 years (2010–2013) with an average annual rainfall of 1,503 mm across the four cropping seasons, except during the June months of 2010 and 2012, and the September month of 2013 which received a relatively scanty rainfall of 60, 90, and 72 mm, respectively (**Supplementary Figure S1**). About 80% of annual rainfall was received through the *south-west* 

Treatments	Plant height (cm)	Panicles (no. hill <sup>-1</sup> )	Panicles (no. m <sup>-2</sup> )	Panicle length (cm)	1000-grain weight (g)
CEMs					
CTR	87.4 <sup>b</sup> ± 6.71	$8.5^{b} \pm 0.26$	284.4 <sup>b</sup> ± 7.58	18.7 <sup>b</sup> ± 0.47	$23.4^{b} \pm 0.44$
SRI	91.0 <sup>a</sup> ± 5.20	20.7 <sup>a</sup> ± 0.52	$352.3^{a} \pm 7.54$	23.0 <sup>a</sup> ± 0.51	26.1 <sup>a</sup> ± 0.34
NMPs					
FFP	$85.4^{b} \pm 4.96$	12.7 <sup>c</sup> ± 0.31	286.3 <sup>c</sup> ± 11.08	18.7 <sup>c</sup> ± 0.57	$23.8^{b} \pm 0.50$
RDF	$88.4^{b} \pm 5.63$	$14.2^{b} \pm 0.37$	315.1 <sup>b</sup> ± 9.24	21.1 <sup>b</sup> ± 0.66	$24.8^{b} \pm 0.53$
RDF + Zn	$93.9^{a} \pm 6.32$	$16.8^{a} \pm 0.61$	$353.6^{a} \pm 7.50$	$22.8^{a} \pm 0.74$	$25.9^{a} \pm 0.36$

TABLE 3 | Effect of different crop establishment methods (CEMs) and nutrient management practices (NMPs) on the growth and yield attributes of rice (4 years av.).

The mean data ( $\pm$ SD) followed by a similar designator letter within a column are not significantly different at p  $\leq$  0.05 level of significance. However, the mean data ( $\pm$ SD) followed by different designator letters within a column are significantly different at p  $\leq$  0.05 level of significance.

*monsoons* during the fourth week of June to mid-September. During the cropping seasons of 2010–2013, the hottest month was June followed by July with the mean daily maximum temperature ranging between 28–37°C, whereas the mean daily minimum temperature ranged between 11–23°C. This set of production environments is highly congenial for yield expression of tested rice hybrid Arize-6129 in the NW Himalayas.

### Plant Growth and Yield Attributes

Plant height as well as the yield contributing characters of rice at harvest viz., number of panicles hill<sup>-1</sup>, panicles m<sup>-2</sup>, panicle length, and 1,000-grain weight remained significantly (p < 0.05) higher under SRI compared to the CTR crop establishment method (CEM) in the 4-year study with greatest improvement of ~2.4 folds in the number of panicles hill<sup>-1</sup> while other yield attributes were augmented by 11.5-23.9% under SRI (Table 3). Among different nutrient management practices (NMPs), the recommended dose of fertilization (RDF) + Zn-fertilization (RDF + Zn), i.e., FYM @  $10 \text{ tha}^{-1}$  + N:P<sub>2</sub>O<sub>5</sub>:K<sub>2</sub>O @ 90:40:  $40 \text{ kg ha}^{-1} + \text{ZnSO}_4 @ 25 \text{ kg ha}^{-1} (\text{FYM}_{10} + \text{N}_{90}\text{P}_{40}\text{K}_{40} + \text{Zn}_{25})$ significantly (p < 0.05) enhanced the growth and yield attributes over the second best treatment supplied with the recommended dose of fertilization (RDF), i.e., FYM @ 10 t  $ha^{-1} + N:P_2O_5:K_2O$  @ 90:40:40 kg ha<sup>-1</sup> (FYM<sub>10</sub> + N<sub>90</sub>P<sub>40</sub>K<sub>40</sub>), and the least performer, i.e., farmers fertilization practice (FFP) was supplied with 5 t FYM  $ha^{-1} + N:P_2O_5:K_2O @ 50:40:20 kg ha^{-1} (FYM_5+N_{50}P_{40}K_{20})$  in our current study. In general, RDF + Zn exhibited an increase of ~4.4–18.3% enhancement in the yield attributes viz., panicles hill<sup>-1</sup>, panicles m<sup>-2</sup>, panicle length, and 1,000-grain weight compared to RDF; while RDF had an enhancement of 4.2-12.8% in these attributes over FFP (Table 3).

# Four Years' Yield Trends and Pooled Rice Grain, Straw, and Biological Yield

The CTR and SRI crop establishment methods (CEMs) of rice had a significant (p < 0.05) effect on the rice grain and straw yield. Across the years, rice grain yield ranged between 5.62–5.95 and 7.34–7.90 t ha<sup>-1</sup> while straw yield ranged between 8.23–8.52 and 9.89–10.55 t ha<sup>-1</sup> under CTR and SRI, respectively (**Figures 3A,C**). Likewise among NMPs, the Zn-imbedded treatment RDF + Zn consistently and significantly (p < 0.05) outperformed over RDF and

FFP, with grain and straw yields ranging between 7.27-7.65 and 9.90–10.34 t ha<sup>-1</sup>, respectively (Figures 3B,D). Furthermore, the significant (p < 0.05) CTR vs. NMPs and SRI vs. NMPs interaction effects throughout the 4-year experimentation revealed that the CTR coupled with RDF + Zn could hardly produce higher grain and straw yield to the tune of 6.22-6.52 and 8.85-9.17 t ha<sup>-1</sup>, respectively (Figures 4A,C). However, compared to CTR, the SRI considerably enhanced the rice productivity under all NMPs with a significantly (p < 0.05) greater grain and straw yield under RDF + Zn to the tune of 8.32-8.88 and 10.94-11.58 t ha<sup>-1</sup>, respectively (Figures 4B,D). It was also noticed that the ill-distributed early monsoon rains and comparatively higher temperature during Kharif 2012 (Supplementary Figure S1), accounted for comparatively least rice grain and straw yields in the year 2012 over the normal rainfall rice seasons of Kharif 2010, 2011, and 2013 under all the CEMs and NMPs (Fig. 3, 4). The 4-year pooled data showed that the SRI had significantly (p < 0.05) higher grain (7.65 t ha<sup>-1</sup>), straw  $(10.29 \text{ t ha}^{-1})$ , and biological yield  $(17.95 \text{ t ha}^{-1})$ , and the harvest index (42.6%) over the CTR, with respective increases of 31.4, 22.5 and 26.2% in grain, straw, and biological yield over CTR (Table 4). The RDF + Zn consistently had the significant (p < 0.05) and greatest grain  $(7.54 \text{ t ha}^{-1})$ , straw  $(10.15 \text{ t ha}^{-1})$  and biological yield  $(17.69 \text{ t ha}^{-1})$ , and harvest index (42.5%); which was followed by RDF and FFP, respectively. On an average, the RDF + Zn had 10.7, 7.87, and 9.1%; and 28.9, 19.7, and 23.4% higher grain, straw, and biological yield compared to FFP and RDF, respectively (Table 4).

# NPK Nutrient Concentrations and Uptake

In general, the SRI proved superior to CTR with respect to (w.r.t.) NPK acquisition (pooled values) in rice grains and straw in the 4-year study (**Figure 5**). Between the two methods, SRI management for the same NMP level gave significantly (p < 0.05) larger concentrations of all nutrients (NPK) relative to the effects of CTR except for straw P content. Both in CTR and SRI, the NPK concentrations in rice grains and straw exhibited a consistent improvement under different NMPs following the trend of RDF + Zn > RDF > FFP, where RDF + Zn proved significantly (p < 0.05) superior to FFP but statistically at par to RDF, for NPK concentrations both in grains and straw. Among NMPs, the N, P, and K content in rice grains both under CTR and SRI varied between 1.261–1.345 and 1.319–1.373%; 0.319–0.331 and 0.322–0.342%; and 0.294–0.342 and 0.326–0.363%, respectively with highest grain NPK content under RDF + Zn under both CEMs (**Figure 5**).



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<b>TABLE 4</b> Effect of different CEMs and NMPs on the grain, straw, and biological yield and harvest index of rice (4 years
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Treatments	Grain yield (t ha <sup>-1</sup> )	Straw yield (t ha <sup>-1</sup> )	Biological yield (t ha <sup>-1</sup> )	Harvest index (%)
CEMs				
CTR	5.82 <sup>b</sup> ± 0.14	8.40 <sup>b</sup> ± 0.12	$14.22^{b} \pm 0.25$	40.9 <sup>b</sup> ± 0.40
SRI	$7.65^{a} \pm 0.24$	$10.29^{a} \pm 0.32$	$17.95^{a} \pm 0.56$	$42.6^{a} \pm 0.22$
NMPs				
FFP	5.85 <sup>c</sup> ± 0.20	8.48 <sup>c</sup> ± 0.26	14.34 <sup>b</sup> ± 0.46	40.8 <sup>b</sup> ± 0.12
RDF	6.81 <sup>b</sup> ± 0.22	$9.42^{b} \pm 0.24$	$16.22^{a} \pm 0.41$	41.9 <sup>a</sup> ± 0.57
RDF + Zn	7.54 <sup>a</sup> ± 0.18	10.15 <sup>a</sup> ± 0.19	$17.69^{a} \pm 0.36$	$42.5^{a} \pm 0.23$

The mean data ( $\pm$ SD) followed by a similar designator letter within a column are not significantly different at  $p \le 0.05$  level of significance. However, the mean data ( $\pm$ SD) followed by different designator letters within a column are significantly different at  $p \le 0.05$  level of significance.



Between the two CEMs, the N, P, and K uptakes both in rice grains and straw and the total NPK uptake (grains + straw) showed a significant (p < 0.05) variation with higher pooled values under SRI (**Figures 6A–C**). This was reflected in the higher concentrations of these elements in their respective plant parts, i.e., grains and straw. In general, SRI management had a higher grain–N and total–N uptake (103.2; 171.3 kg ha<sup>-1</sup>), P (25.45; 31.0 kg ha<sup>-1</sup>), and K uptake (26.4; 124.3 kg ha<sup>-1</sup>) with respective enhancements of 36.3 and 32.6%, 34.4 and 33.3%, and 42.7 and 28.7%, respectively, over CTR. Furthermore, the NMPs exhibited a consistent and significant (p < 0.05) increase in NPK uptake in rice grains and straw and a total uptake with the trend of RDF + Zn > RDF > FFP. Among NMPs, the RDF + Zn had an higher total N, P, and K uptake by 34.6, 35.1, and 12.5%; and 13.8, 13.7, and 6.43% over the FFP and RDF, respectively, in the 4-year study (**Fig. 6a, 6b, 6c**).

### **Protein Content and Protein Yield**

It was noticed that the SRI plots had a significantly (p < 0.05) higher protein content (8.41%) in rice grains and the protein yield (644.9 kg ha<sup>-1</sup>) compared to that of CTR (**Table 5**). Among NMPs, the RDF + Zn eventually resulted in protein-rich

grains with a significantly (p < 0.05) higher protein content (8.49%) and protein yield (641.9 kg ha<sup>-1</sup>) over RDF and FFP. Averaged over 4 years, the SRI significantly raised the protein yield by 40.5% over CTR, while RDF + Zn raised it by 35.6 and 14.2% compared to FFP and RDF, respectively. Hence, the SRI coupled with RDF + Zn may prove as a boon to combat the protein malnutrition through this intervention in NWH.

# **Zn Biofortification of Rice Grains and Straw**

Between the two methods, SRI gave significantly (p < 0.05) larger Zn concentrations (pooled values) both in rice grains (31.1 mg kg<sup>-1</sup> DM) and straw (52.6 mg kg<sup>-1</sup> DM) with respective enhancements of 4.0 and 2.7% over the CTR (**Table 5**). Among NMPs, the application of RDF + Zn proved highly beneficial for Zn biofortification of rice grains and straw both over RDF and FFP, respectively (**Table 5**). Both under CTR and SRI, the RDF + Zn nutrition expressed significantly (p < 0.05) higher Zn biofortification in rice grains (33.2 mg kg<sup>-1</sup> DM) and straw (54.7 mg kg<sup>-1</sup> DM), on an average, higher by 15.3 and 11.8% in grains; and 9.6 and 6.6% in straw over FFP and RDF, respectively (**Table 5**). RDF also had significantly (p < 0.05) higher Zn accumulation in grains and straw by 3.1 and 2.8%,



**FIGURE 6** Influence of different CEMs and NMPs on (A) N uptake, (B) P uptake, (C) K uptake, and (D) Zn uptake in rice grains and straw and total nutrient uptake, and respective nutrient harvest indices (4 years av.). The vertical bars indicate the LSD at p = 0.05.

TABLE 5   Effect of different CEMs and NMPs on the protein con	tent in grains, protein yield, and Zn concentration	in rice grains and straw (4 years av.).
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Treatments	Protein content in grains	Protein yield in	Zn concentration (mg kg <sup>-1</sup> DM)	
	(%)	grains (kg ha <sup>−1</sup> )	Grains	Straw
CEMs				
CTR	8.11 <sup>b</sup> ± 0.24	$473.4^{b} \pm 42.5$	$29.9^{b} \pm 0.12$	51.2 <sup>b</sup> ± 1.12
SRI	8.41 <sup>a</sup> ± 0.28	$644.9^{a} \pm 53.7$	31.1 <sup>a</sup> ± 0.32	52.6 <sup>a</sup> ± 1.36
NMPs				
FFP	$8.06^{b} \pm 0.17$	$473.4^{\circ} \pm 42.4$	$28.8^{b} \pm 0.89$	49.9 <sup>b</sup> ± 1.39
RDF	$8.23^{b} \pm 0.22$	562.1 <sup>b</sup> ± 51.9	29.7 <sup>b</sup> ± 1.24	51.3 <sup>b</sup> ± 2.41
RDF + Zn	8.49 <sup>a</sup> ± 0.24	641.9 <sup>a</sup> ± 52.4	$33.2^{a} \pm 2.19$	54.7 <sup>a</sup> ± 2.86

The mean data ( $\pm$ SD) followed by a similar designator letter within a column are not significantly different at  $p \le 0.05$  level of significance. However, the mean data ( $\pm$ SD) followed by different designator letters within a column are significantly different at  $p \le 0.05$  level of significance.

respectively, over FFP irrespective of the CEMs. Furthermore, the Zn uptake in rice grains, straw, and the total Zn uptake was significantly influenced by the CEMs and NMPs (**Figure 6D**). SRI was perceptibly the best performer for augmenting the Zn biofortification with a significantly (p < 0.05) greater Zn uptake in grains (239.9 g ha<sup>-1</sup>), straw (543.4 g ha<sup>-1</sup>), and the total uptake (783.3 g ha<sup>-1</sup>) with respective increases of 36.9, 25.9, and 29.1% over the CTR. The RDF + Zn significantly recorded (p < 0.05) the greatest Zn uptake in grains (251.3 g ha<sup>-1</sup>), straw (555.9 g ha<sup>-1</sup>), and total

uptake (807.2 g ha<sup>-1</sup>), on an average, higher by 23.9, 15.0, and 17.6%, respectively, over the RDF; while FFP had the least Zn uptake.

# Nutrient Harvest Index and Partial Factor Productivity of Applied Nutrients

The nitrogen harvest index (NHI), phosphorus harvest index (PHI), potassium harvest index (KHI), and Zn harvest index (ZnHI) had significantly (p < 0.05) higher magnitude (pooled



data) under SRI compared to CTR (Figures 6A-D). Among NMPs, there was a consistent but non-significant increase in NHI (59.3-59.6%) while KHI (19-21.3%) had significant (p < 0.05)increase right from FFP to RDF and then to RDF + Zn application (Figures 6A,C). It was interesting, but not surprising that the PHI reported significantly (p < 0.05) higher values at RDF; thereafter, it showed a non-significant decline using RDF + Zn (Figure 6C), most probably a P×Zn antagonistic effect. Nonetheless, the ZnHI showed a consistent and significant (p < 0.05) improvement (28.4-31%) right from FFP to RDF + Zn (Figure 6D). Partial factor productivity (PFP) of applied N (PFP<sub>n</sub>), P (PFP<sub>p</sub>), and K  $(PFP_k)$  showed a significant (p < 0.05) variation both under CEMs and NMPs (**Figure 7**). In general, the  $PFP_n$ ,  $PFP_p$ , and  $PFP_k$  were significantly higher under SRI cumulatively by 30.9-31.3% compared to CTR. Meanwhile, the FFP had significantly higher PFP<sub>n</sub>, PFP<sub>p</sub>, and PFP<sub>k</sub>, all of which then declined significantly under RDF, and again showed a slight improvement under RDF + Zn (Figure 7).

### Agronomic Efficiency, Crop Recovery Efficiency, and Physiological Efficiency of Applied Zn

Both under CTR and SRI, we assessed the agronomic efficiency (AE–Zn), crop recovery efficiency (CRE–Zn), and physiological efficiency (PE–Zn) of the applied Zn under RDF + Zn compared to RDF. It was again interesting to notice that the SRI had significantly higher AE-Zn (192.4 kg grain kg<sup>-1</sup> Zn applied), CRE-Zn (28.6 kg Zn accumulated kg<sup>-1</sup> Zn applied), and PE-Zn (6.7 kg grain kg<sup>-1</sup> Zn uptake) to the tune of 119.6, 63.4, and 34%, respectively, over CTR (**Figure 8**). This was already reflected in the higher concentrations of Zn in rice grains and straw consequently to Zn-fertilization and its better bio-availability under RDF + Zn compared to RDF in the current study (**Table 5**).

# DISCUSSION

Rice is a major food crop in the Indian Himalayas; however, nonadoption of high yielding cultivars, poor crop nutrition, and traditional rice farming practices (Choudhary and Suri 2018a; 2018b), coupled with low soil fertility, specifically Zn deficiency (Sharma et al., 2021), besides receding water resources and illdistributed wet season rains are the major causes of concern which result in low rice productivity (~2 t  $ha^{-1}$ ) and quality in this agro-ecology (Ceesav and Uphorr, 2003; Choudhary and Suri 2018a, 2018b). Hence, the widespread malnutrition and hunger among rural communities dependent on rice as a staple food in these remote hilly terrains (Sharma et al., 2021) has been a great cause of concern for the policy planners and the agricultural researchers in India. The current study validated the performance of conventionally transplanted rice (CTR) and the system of rice intensification (SRI) under three nutrient management practices (FFP, RDF, and RDF + Zn) to produce more rice with better Znbiofortified and quality grains with enhanced nutrient-use efficiency to tackle the aforementioned issues in the NWH. The most important finding of this study was that the hybrid rice coupled with SRI produced higher yield attributes and the rice yield (6.59-8.69 t ha<sup>-1</sup>) under three nutrient management practices (NMPs); with perceptibly ~3.3-4.3 fold higher yield compared to the average rice productivity ( $\sim 2 \text{ t ha}^{-1}$ ) in the NWH (Figure 9). Under the conventionally transplanted rice (CTR), proper plant nutrition in hybrid rice also produced more rice  $(5.12-6.4 \text{ t ha}^{-1})$  by ~2.6-3.2 folds compared to the average rice productivity in the NWH. However, the SRI significantly out yielded over the CTR by ~1.3-1.4 folds across the 4-year study in the wet-temperate environment spanning in India's northwestern Himalayas.

In NWH, comparisons were also made between CTR and SRI for growth and yield attributes where SRI produced taller plants with the greatest improvement by  $\sim$ 2.4 folds in number of



**FIGURE 8** Influence of Zn fertilization in rice on agronomic efficiency of applied Zn (AE-Zn) (kg grain kg<sup>-1</sup> Zn applied), crop recovery efficiency of applied Zn (CRE-Zn) (kg Zn accumulated kg<sup>-1</sup> Zn applied), and physiological efficiency of applied Zn (PE-Zn) (kg grain kg<sup>-1</sup> Zn-uptake) under CTR and SRI (4 years av.). The vertical bars indicate the standard deviation.



vertical bars indicate the LSD at p = 0.05.

panicles hill<sup>-1</sup> and 23.9% higher panicle number m<sup>-2</sup> under wider spacing (25 × 25 cm) with ~23% longer panicles and ~12% heavier grain test-weight compared to CTR, which finally led to a 31.4% higher grain and 22.5% higher straw yield over the CTR. This was most evidently reflected in their respective grain and straw yield trends in the 4-year study despite insufficient early-season rainfall during 2012 compared to normal rainfall years (2010, 2011, and 2013). Under SRI management, planting of the healthy younger seedlings at two to three leaf stage (15 days old, or before the fourth phyllochron) in wider square spacing (25 × 25 cm) with minimal root damage and transplanting shock into a moist but not flooded seedbed (Stoop et al., 2002; Latif et al., 2005; McDonald et al., 2008; Styger et al., 2011; Dass et al., 2016a, 2017; and Choudhary and Suri 2018a, 2018b), are the key factors which played a pivotal role in producing healthier plants with better root and shoot growth, better photosynthetic rate, higher panicle count, and other yield attributes, which ultimately harnessed higher rice yield in hybrid rice under SRI compared to CTR in current study (Dass et al., 2016a, 2017; Choudhary and Suri, 2018a, 2018b).

The single young seedling plantings at wider spacing and less weed completion due to an efficient weed management through a cono-weeder, led to greater PAR interception and photosynthetic efficiency, resulting in higher growth and yield (Thakur et al., 2010; Dass et al., 2016a, 2016b). Moreover, the greater yield in a plant genotype is related to its ability to produce more biomass with better development of plant parts, the pre-requisites for effective utilization of environmental, soil, and water resources to develop and produce its economic sink (Choudhary and Suri, 2014; Dass et al., 2016a; Choudhary and Rahi, 2018; Bhupenchandra et al., 2022). Furthermore, the rice hybrids have a higher yield advantage over the conventional varieties (Choudhary and Suri, 2018a; 2018b); hence, tested hybrid "Arize-6129" in all the three NMPs had more rice yield both under CTR and SRI (Dass et al., 2016a). The optimum temperature for vegetative growth, anthesis, and ripening in rice ranges between 25 and 31, 30 and 33, and 20 and 25°C, respectively (Chandrasekaran et al., 2008). Hence, the planting of younger seedlings of short- and medium-duration rice hybrids under SRI in the wet-temperate climate of the NWH may skip the mild cool temperatures at anthesis, mainly responsible for impaired grain filling and low rice yield in the region (Dass et al., 2016a, 2017; Choudhary and Suri, 2018a, 2018b; Choudhary et al., 2020).

Furthermore, the rice hybrids have more vigorous growth, profuse tillering capacity, and higher yields over the conventional varieties, hence, require more plant nutrition to express their higher genetic potential (Yamauchi, 1994; Dass et al., 2017). It further becomes more essential to supply the balanced plant nutrition when we grow them under SRI management, that too under marginal fertility soils like acid Alfisol predominant in the NWH (Choudhary et al., 2010). In our study, we found that better plant nutrition under RDF and RDF + Zn proved highly rewarding over the FFP to produce better growth and yield attributes to harness a higher yield over the FFP following the trend of RDF + Zn > RDF > FFP both under CTR and SRI, although, SRI outperformed the CTR at all the fertilization levels with superior plant attributes and the grain and biomass yield under RDF + Zn, owing to balanced nutrient supply both through organic manures and chemical fertilizers especially the Zn-fertilization. Since, the DTPA extractable-Zn ranged between 0.59 and 0.68 mg kg<sup>-1</sup> in the experimental soils; thus, we found a significant response under Zn-imbedded RDF + Zn treatment across the years (Takkar and Walker, 1993; Heba et al., 2021), making genotype × environment (G×E) interaction a reality for a better yield expression in our study (Farooq et al., 2009). Proper aeration and soil tilth and alternate wetting-drying (AWD) mechanism and efficient water-use under SRI, also resulted in better yields due to reduced leaching and deep percolation loses of N (Peng et al., 2010; Choudhary and Suri 2014, 2018a), enhanced nutrient bio-availability in the aerated rhizosphere (Santiago et al., 2011; Prasanna et al., 2012; Dass et al., 2016a, 2017; Singh U. et al., 2021, 2022), and better nutrient and water acquisition by the robust rooting system (Sharif, 2011; Styger et al., 2011; Adhikari et al., 2018); besides higher photosynthetic efficiency due to favorable stomatal regulation (Thakur et al., 2010; Dass et al., 2016a, 2017).

The concentrations and uptakes of NPK and Zn were higher under SRI compared to CTR, which consistently and significantly improved with the increase in fertilization with greatest values under RDF + Zn. Hence, it indicates that efficient nutrient management is primarily essential for better root and shoot growth, higher nutrient acquisition by the plants and better yields, both resulting in higher nutrient uptake (Styger et al., 2011; Harish et al., 2021; Shrivas et al., 2021; 2022). In our study, Zn concentration enhancement in rice grains and straw under SRI was merely 4.0 and 2.7% over the CTR; however, these small increases in Zn concentration had pronounced an effect on the total Zn uptake, and hence, may prove beneficial biologically to eliminate the widespread Zn deficiency across South Asia in general and the NWH in particular with least farm investments (Paul et al., 2016; Heba et al., 2016, 2021; and Kumar et al., 2021, 2022). Furthermore, a distinct superiority of the RDF + Zn w.r.t. NPK and Zn concentrations and uptakes could be ascribed chiefly to higher NPK and Zn fertilization through soil application as compared to RDF and FFP (Pooniya et al., 2012, 2019). RDF + Zn increased the supply and bioavailability of the major (NPK) and Zn micronutrient in addition to improved soil organic matter (SOM) by the FYM addition making nutrients more bioavailable (Pooniya et al., 2019; Biswakarma et al., 2021). It further highlighted the vital role of adequate moisture and aeration, both for their nutrient bioavailability and their uptake (Santiago et al., 2011; Dass et al., 2017). Proper aeration and moisture regimes under AWD and mechanical cono-weeding under SRI, led to enhanced growth and activity of the soil microbes (Choudhary and Suri 2018a; 2018b), which in turn, mediated the nutrient transformations and dynamics, availability, and their uptake (Santiago et al., 2011; Prasanna et al., 2012; Singh U. et al., 2021, 2022). Zn availability is generally impaired by the frequent irrigations or continuous submergence (Sarwar and Khanif 2005; Xu et al., 2015). In contrast, the rhizospheric aeration under AWD is expected to make the plant nutrients more bio-available (Dass et al., 2017; Zulfigar et al., 2020), specifically Zn in the Znefficient NWH (Sharma et al., 2021), besides least N-losses compared to continuous submergence (Peng et al., 2010; Choudhary and Suri 2018a); all of which led to the higher acquisition of NPK and Zn under SRI compared to CTR. The latter resulted in a higher concentration of these nutrients both in rice grains and straw, resulting in a higher nutrient uptake. As Bana RC. et al. (2022) had reported, the foliar application of 4.0% Zn coated urea (ZnCU) + 0.2% ZnSO<sub>4</sub> (ZnSO<sub>4</sub>.7H<sub>2</sub>O) may prove effective in enhancing the rice yield and Zn concentrations in rice grains and straw. Thus, both under aerobic and submerged rice, the foliar application of Zn may prove equally effective. In our study, a higher FYM application under RDF and RDF + Zn enhanced the SOM, which is highly beneficial for higher nutrient holding and the Zn chelation (Lin et al., 2009; Pooniya et al., 2019; Biswakarma et al., 2021:; Faiz et al., 2022). It also releases organic acids which solubilize the fixed-P, bound in Al- and Fe-rich acid Alfisol of the NWH (Kumar et al., 2017; Bhupenchandra et al., 2022); thus, helped in more nutrient bio-availability, higher nutrient concentrations and the uptakes in rice grains and straw in the current study.

Higher N concentrations in rice grains under SRI compared to CTR, as well as under RDF + Zn compared to RDF and FFP, proved to be rewarding in enhancing the grain protein content and the protein yield. Zn fertilization was directly helpful in Zn biofortification of rice grains and straw and Zn uptake in Zn-fertilized plots (Heba et al., 2016, 2021; Kumar et al., 2021, 2022), being beneficial both for humans and livestock facing acute Zn deficiency in the Himalayan region.

The nutrient harvest index w.r.t. NHI, PHI, KHI, and ZnHI, as well as partial factor productivity (PFP) of applied nutrients (NPK) showed a significant improvement cumulatively by 30.9-31.3% under SRI compared to CTR, owing to better nutrient acquisition and accumulation in rice grains and straw in SRI plots where favorable soil and physico-chemical and enhanced microbiological properties the nutrient bioavailability in SRI management (Thakur et al., 2010; Dass et al., 2017). Furthermore, there was a consistent and significant increase in the NHI, KHI, and ZnHI under different NMPs with greatest values under RDF + Zn, due to a better supply of plant nutrients and their accumulation in rice grains and straw vis-a-vis a higher rice yield (Choudhary and Suri 2018b; Kumar et al., 2022). In contrast, PHI reported significantly higher values at RDF; thereafter, it showed a slight decline using RDF + Zn owing to a P×Zn antagonistic effect. In a nutshell, the higher nutrient harvest indices and PFPs are the obvious outcomes of higher rice productivity owing to better nutrient acquisition (Kumar et al., 2017), and the genetic ability of the rice cultivar for better yield expression under SRI management and the RDF + Zn nutrition (Dass et al., 2016a; Kumar et al., 2017). The PFP<sub>p</sub>, PFP<sub>p</sub>, and PFP<sub>k</sub> were higher under FFP, all of which then declined under RDF, and again showed a significant improvement under RDF + Zn. This trend can be attributed to the fact that the lesser doses of NPK under FFP brought higher incremental gains over the RDF; while under RDF + Zn, the Zn being the limiting factor amply enhanced the grain yield resulting in better  $PFP_n$ ,  $PFP_p$ , and  $PFP_k$ . The Zn-use efficiency in terms of agronomic efficiency (AE-Zn), crop recovery efficiency (CRE-Zn), and physiological efficiency of applied Zn (PE-Zn) were considerably higher under SRI to the tune of 119.6, 63.4, and 34%, respectively, over the CTR owing to better Zn bioavailability, Zn uptake, and rice grain yield of the applied and native Zn under SRI as earlier stated (Pooniya et al., 2019; Heba et al., 2016, 2021). Overall, Zn fertilization under RDF + Zn had greater significance in improving the rice productivity, quality, and Zn biofortification in rice grains and straw which has great potential in curtailing Zn malnutrition both in humans and animals in the NWH, also a prime objective of the United Nations' Sustainable Development Goals (SDGs). Likewise, the foliar application of Zn through Zn-coated urea (ZnCU) and ZnSO<sub>4</sub> could be another viable option to enhance the rice yield and Zn concentrations in rice grains and straw in the NWH, as per a recent study (Bana RC. et al., 2022).

# CONCLUSION

It is concluded that the system of rice intensification (SRI) proved highly beneficial over the CTR to harness higher rice

yield (6.59-8.69tha<sup>-1</sup>) under different nutrient management practices (NMPs); with a yield enhancement of ~1.3-1.4 folds over the CTR and ~3.3-4.3 folds compared to the average rice productivity in the NWH. Among NMPs, the rice grain yield ranged between 5.85 and 7.54 t  $ha^{-1}$  where RDF + Zn (FYM @  $10 \text{ tha}^{-1} + \text{NPK} @ 90:40:40 \text{ kg ha}^{-1} + \text{ZnSO}_4 @ 25 \text{ kg ha}^{-1}$ outperformed RDF and FFP. SRI also improved the respective Zn-uptake in rice grains and straw by 36.9 and 25.9% compared to CTR. The RDF + Zn enhanced the Znbiofortification of rice grains and grain Zn-uptake by 11.8 and 23.9% over the RDF, respectively. Nutrient harvest index and partial factor productivity of applied nutrients (NPK) had a higher magnitude under SRI and the RDF + Zn over their respective counterparts, i.e., CTR and RDF. The SRI also had higher AE-Zn (192.4 kg grain kg<sup>-1</sup> Zn applied), CRE-Zn (28.6 kg Zn accumulated kg<sup>-1</sup> Zn applied), and PE-Zn (6.7 kg grain  $kg^{-1}$  Zn uptake) to the tune of 119.6, 63.4, and 34%, respectively, over the CTR. Overall, SRI management coupled with RDF + Zn nutrition in promising rice hybrids provides ample opportunities to enhance rice productivity with better Zn-biofortified quality grains with higher nutrient-use efficiencies in the NWH to combat widespread malnutrition and hunger besides curtailing acute Zn deficiencies in humans and livestock in the northwestern Himalayas and collateral agro-ecologies across the globe. As the hybrid rice has shown higher response to soil applied-Zn in the NWH, the foliar application of Zn through ZnCU and ZnSO4 may also exhibit ample future prospects to correct the mid-season Zn nutrition deficiencies to further boost the rice yield with better Zn-biofortified rice grains and straw in NWH.

# DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**, further inquiries can be directed to the corresponding authors.

# AUTHOR CONTRIBUTIONS

AC conducted the all experiments. PS, SR, DY, OT, and KS supported in experimental work. AC, AK, and MR contributed in conceptualization, design of experiment, and manuscript writing. KS, AD, YS, SV, IB, VD, RB, VP, and SS contributed in statistical analysis and graphical representation. SK, GR, MH, VT, and AnK contributed in language corrections. SD and ViT contributed in manuscript editing.

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# SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fenvs.2022.869194/full#supplementary-material

 $\label{eq:superscription} \begin{array}{l} \mbox{Supplementary Figure S1} \ \mbox{I} \ \mbox{Ric} \ \mbox{value} \ \mbox{SRI} \ \mbox{in NW Himalayan state,} \\ \mbox{Himachal Pradesh, India.} \end{array}$ 

Supplementary Figure S2 | Monthly rainfall and mean temperature during rice crop growing seasons (2010–2013) [source: Agro-meteorological Observatory, CSKHPKV, Farm Science Centre, Sundernagar, India].

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